**Sunday 12 January 2020**

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| 06:00 | **NBC Today ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT20-011+ |

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| 07:00 | **Weekend Sunrise ’CC’**  Wake up to a better breakfast with Matt Doran and Monique Wright, for all the latest entertainment, news, sport and weather. | +WSUN20-002+ |

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| 10:00 | **The Morning Show Summer Series ’CC’**  Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics. | **PG**  +TMSS19-012+ |

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| 12:00 | **Special: Jabba's School Holiday Movie Special (R) ’CC’ (2019)**  Jason 'Jabba' Davis explores Summer’s best family films. Featuring Frozen 2, Cats, Jumanji 2, Dolittle, Spies In Disguise, The Addams Family, The Playmobil Movie & Star Wars: The Rise of Skywalker. | **PG**  +NFFI80-004+ |

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| 13:00 | **Surf Patrol (R) ’CC’**  Lifesavers are faced with the most critical medical emergency imaginable; a young man is found floating face-down in the surf. What transpires over the next 24 minutes is compelling and heroic. | **PG**  +SPTL3-001+ |

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| 13:30 | **Movie: Grand Prix (R) ’CC’ (1967)**  James Garner stars as a Grand Prix driver living life on the edge in this split-second, life-and-death story of world-class racecar drivers. Starring:BRIAN BEDFORD,JAMES GARNER,EVA MARIE SAINT,YVES MONTAND,TOSHIRO MIFUNE | **PG (L,A)**  +WBFF03-047+ |

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| 17:00 | **Seven News At 5 ’CC’**  Seven brings you the latest developments in today's top stories at home and around the world, plus sport, finance and weather updates. | +7NAF20-004+ |

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| 17:30 | **Sydney Weekender ’CC’**  Mike returns to Port Macquarie. Lizzy gets a taste of farm life in Wagga Wagga. Mel checks out Tenterfield. | **G**  +7SWE26-043+ |

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| 18:00 | **Seven News ’CC’**  Seven News live and comprehensive coverage of breaking news and local, national and international top stories, plus sport, finance and weather updates. | +7NNS20-012+ |

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| 19:00 | **Big Bash League: Melbourne Stars v Sydney Sixers ’CC’ LIVE**  Things are bound to get tense at the MCG when one of the BBL’s biggest rivalries takes centre stage, with the Stars determined to send the Sixers home with some wounded pride. Start time: 7.10pm AEDT | +BBLC19-067+ |

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| 22:30 | **Sunday Night: Summer Series ’CC’**  Melissa Doyle leads a team of Australia's best reporters, breaking the stories that matter. | +SNIT19-048+ |

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| 00:00 | **World's Deadliest Weather: Caught On Camera (R) ’CC’**  Explore the very personal stories of people caught in different meteorological phenomenon who in turn have caught the entire event on camera - from hurricanes to earthquakes, monsoons and more. | **PG (A)**  +WDWC01-001+ |

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| 01:00 | **Travel Oz: Cocos Malays (R) ’CC’**  Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG**  +TRAV2-013+ |

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| 01:30 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-129+ |

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| 02:00 | **Home Shopping** | ++ |

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| 03:30 | **Room For Improvement (R) ’CC’**  A loveable landlady joins forces with RFI, transforming an old warehouse flat into a cutting-edge high tech home. | **G**  +RFI4-013+ |

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| 04:00 | **NBC Today ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT20-012+ |

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| 05:00 | **Seven Early News ’CC’**  Latest news, sport and weather from Australia and around the world. | +7ENN20-009+ |

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| 05:30 | **Sunrise ’CC’**  Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR20-009+ |

**Monday 13 January 2020**

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| 06:00 | **Sunrise ’CC’**  Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR20-009+ |

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| 09:00 | **The Morning Show Summer Series ’CC’**  Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics. | **PG**  +TMSS19-013+ |

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| 11:30 | **Seven Morning News ’CC’**  Latest news, sport and weather from Australia and around the world. | +7MNN20-009+ |

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| 12:00 | **Midday Movie: Girl Happy (R) ’CC’ (1965)**  Elvis Presley stars as a singer on an undercover assignment to chaperone the rich and sexy daughter of a Chicago mob boss. Starring:HAROLD J. STONE,GARY CROSBY,ELVIS PRESLEY,NITA TALBOT,SHELLEY FABARES | **G**  +WBFF03-045+ |

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| 14:00 | **The Daily Edition Summer Series ’CC’**  Catch up on all of the hottest issues from today's news and entertainment with lively discussions, interviews and crosses to newsmakers around the country. | **PG**  +TDES20-004+ |

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| 15:00 | **The Chase (R) ’CC’**  Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G**  +CHSE07-055+ |

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| 16:00 | **Seven News At 4 ’CC’**  Seven brings you the latest developments in today's top stories at home and around the world, plus sport, finance and weather updates. | +7ANN20-009+ |

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| 17:00 | **The Chase Australia (R) ’CC’**  It's a hit with audiences around the globe - now the general knowledge game show with a difference lands on our shores with The Chase Australia. Hosted by Andrew O'Keefe. | **G**  +CHAU07-001+ |

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| 18:00 | **Seven News ’CC’**  Seven News live and comprehensive coverage of breaking news and local, national and international top stories, plus sport, finance and weather updates. | +7NNS20-013+ |

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| 19:00 | **Big Bash League: Hobart v Perth ’CC’ LIVE**  The Hurricanes are one of the BBL’s most explosive teams, but the Scorchers have plenty of firepower of their own and won’t back down in a game that should down to the wire. Start time: 7.10pm AEDT | +BBLC19-070+ |

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| 22:30 | **Modern Family: The Cold**  Phil must make creative edits in Cam and Mitch's wedding video when footage reveals that Phil is responsible for a terrible cold that has plagued the family. | **PG**  +MOFA06-003+ |

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| 23:00 | **Celebrity Botched Up Bodies ’CC’**  A former Miss England who nearly died of a clot caused by having her breast implants removed that led to her losing six pints of blood, and a reality TV contestant who received illegal injections. | **MA (A,N)**  +BOTB05-004+ |

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| 00:00 | **Movie: A Clean Kill (R) ’CC’ (1999)**  A woman claims that her lover killed his wife, but he insists they were never involved. Will the police be able to uncover the truth? Starring:COURTNEY GAINS,DANIEL BENZALI,PERRY KING,ROB ROY FITZGERALD,ROXANNA ZA,ROBERT HARVEY,MICHELE GREENE,TERRENCE T.C. CARSON,SUSAN BLAKELY | **M (S,V)**  +WILF-051+ |

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| 02:00 | **Home Shopping** | ++ |

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| 04:00 | **NBC Today ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT20-013+ |

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| 05:00 | **Seven Early News ’CC’**  Latest news, sport and weather from Australia and around the world. | +7ENN20-010+ |

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| 05:30 | **Sunrise ’CC’**  Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR20-010+ |

**Tuesday 14 January 2020**

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| 06:00 | **Sunrise ’CC’**  Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR20-010+ |

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| 09:00 | **The Morning Show Summer Series ’CC’**  Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics. | **PG**  +TMSS19-014+ |

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| 11:30 | **Seven Morning News ’CC’**  Latest news, sport and weather from Australia and around the world. | +7MNN20-010+ |

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| 12:00 | **Midday Movie: Harum Scarum (R) ’CC’ (1965)**  Elvis Presley stars as singing movie star Johnny Tyronne, who's kidnapped by a murderous band of assassins while on tour in the Middle East in this swashbuckling, musical comic adventure. Starring:FRAN JEFFRIES,ELVIS PRESLEY,MARY ANN MOBLEY,MICHAEL ANSARA | **G**  +WBFF03-056+ |

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| 14:00 | **The Daily Edition Summer Series ’CC’**  Catch up on all of the hottest issues from today's news and entertainment with lively discussions, interviews and crosses to newsmakers around the country. | **PG**  +TDES20-005+ |

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| 15:00 | **The Chase: Chase, The S7 Ep: 56. (R) ’CC’**  Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G**  +CHSE07-056+ |

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| 16:00 | **Seven News At 4 ’CC’**  Seven brings you the latest developments in today's top stories at home and around the world, plus sport, finance and weather updates. | +7ANN20-010+ |

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| 17:00 | **The Chase Australia (R) ’CC’**  It's a hit with audiences around the globe - now the general knowledge game show with a difference lands on our shores with The Chase Australia. Hosted by Andrew O'Keefe. | **G**  +CHAU07-002+ |

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| 18:00 | **Seven News ’CC’**  Seven News live and comprehensive coverage of breaking news and local, national and international top stories, plus sport, finance and weather updates. | +7NNS20-014+ |

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| 19:00 | **The Force - Behind The Line (R) ’CC’**  “Operation Roder” sees the cleaning up of a Methyl amphetamine syndicate in the Albury local area, with the 'Top Dog' arrested in Penrith. | **PG**  +TRUE10-015+ |

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| 19:30 | **Border Patrol: Vietnamese Drug Mule ’CC’ NEW EPISODE**  A convicted heroin smuggler takes objection to being thoroughly checked at the border. An interesting gift wrapped parcel at the mail center with a number of potential risk items. | **PG**  +BDPT09-012+ |

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| 20:00 | **Border Patrol ’CC’ NEW EPISODE**  Three Israeli men with admissions to sex pubs and rock & roll are found with large quantities of MDMA. A chartered flight of Ukrainian fishermen bring enough booze to sink their ship. | **PG**  +BDPT10-001+ |

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| 20:30 | **Movie: Sweet Home Alabama (R) ’CC’ (2002)**  A woman from Alabama moves to New York where she becomes a successful designer and becomes engaged to the Lord Mayor's son. But she must confront her past before she can begin her future. Starring:CANDICE BERGEN,JEAN SMART,FRED WARD,ETHAN EMBRY,MARY KAY PLACE,JOSH LUCAS,REESE WITHERSPOON,PATRICK DEMPSEY | **PG (L)**  +WDFR16-012+ |

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| 22:45 | **Behave Yourself ’CC’ SEASON FINAL**  Darren McMullen presents a mix of quick-fire buzzer rounds, experiments and hidden camera stunts to celebrity panellists as they compete to reveal fascinating facts behind why we do the things we do. | **PG (A)**  +BEHY01-010+ |

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| 23:45 | **The Goldbergs: Goldberg On The Goldbergs (R) ’CC’**  Beverly looks to set an example for her feuding sons by reuniting Coach Mellor and his estranged older brother. Murray enlists Erica's boyfriend to keep her from having too much fun in college. Starring:BILL GOLDBERG | **PG**  +GOLB05-003+ |

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| 00:10 | **The Family: Election Day (R) ’CC’ DOUBLE EPISODE**  Willa reveals a terrible secret to Claire right as the Gubernatorial election results are announced. Back in the cellar, Agent Clements tries to convince Jane to set him free. | **M (A,V)**  +FAMI01-011+ |

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| 01:05 | **The Family: What Took So Long (R) ’CC’ SEASON FINAL**  Nina closes in on Jane. Claire suffers an emotional breakdown when visiting Ben and Adam's prison. | **M (V,A)**  +FAMI01-012+ |

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| 02:00 | **Home Shopping** | ++ |

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| 04:00 | **NBC Today ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT20-014+ |

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| 05:00 | **Seven Early News ’CC’**  Latest news, sport and weather from Australia and around the world. | +7ENN20-011+ |

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| 05:30 | **Sunrise ’CC’**  Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR20-011+ |

**Wednesday 15 January 2020**

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| 06:00 | **Sunrise ’CC’**  Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR20-011+ |

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| 09:00 | **The Morning Show Summer Series ’CC’**  Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics. | **PG**  +TMSS19-015+ |

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| 11:30 | **Seven Morning News ’CC’**  Latest news, sport and weather from Australia and around the world. | +7MNN20-011+ |

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| 12:00 | **Midday Movie: Spinout ’CC’ (1966)**  Band singer/race driver Mike McCoy must choose between marrying a beautiful rich girl and driving her father's car in a prestigious race. Starring:CARL BETZ,ELVIS PRESLEY,DEBORAH WALLEY,DIANE MCBAIN,SHELLEY FABARES | **G**  +WBFF03-108+ |

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| 14:00 | **The Daily Edition Summer Series ’CC’**  Catch up on all of the hottest issues from today's news and entertainment with lively discussions, interviews and crosses to newsmakers around the country. | **PG**  +TDES20-006+ |

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| 15:00 | **The Chase (R) ’CC’**  Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G**  +CHSE07-057+ |

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| 16:00 | **Seven News At 4 ’CC’**  Seven brings you the latest developments in today's top stories at home and around the world, plus sport, finance and weather updates. | +7ANN20-011+ |

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| 17:00 | **The Chase Australia (R) ’CC’**  It's a hit with audiences around the globe - now the general knowledge game show with a difference lands on our shores with The Chase Australia. Hosted by Andrew O'Keefe. | **G**  +CHAU07-004+ |

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| 18:00 | **Seven News ’CC’**  Seven News live and comprehensive coverage of breaking news and local, national and international top stories, plus sport, finance and weather updates. | +7NNS20-015+ |

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| 19:00 | **Big Bash League: Sydney Thun v Melbourne Ren (R) ’CC’ LIVE**  Canberra is renowned for its bitter rivalries and nothing will change when Manuka Oval hosts Thunder and Renegades teams that boast some of the BBL’s most combative players. Start time: 6.10pm AEDT | +BBLC19-073+ |

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| 21:00 | **Big Bash League: Perth v Melbourne Stars ’CC’ LIVE**  The Scorchers will give the Stars a hostile welcome at Optus Stadium, but the visitors have a star-studded team and will back themselves to pull off an important away win. Start time: 9.10pm AEDT | +BBLC19-076+ |

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| 00:30 | **World's Deadliest Weather: Caught On Camera (R) ’CC’**  A tornado tears a mile wide path through the American town of Moore, Oklahoma, destroying two schools while the pupils were inside. | **PG (A)**  +WDWC01-002+ |

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| 01:30 | **Travel Oz: Royal Flying Doctors Service (R) ’CC’**  Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG**  +TRAV-014+ |

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| 02:00 | **Home Shopping** | ++ |

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| 04:00 | **NBC Today ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT20-015+ |

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| 05:00 | **Seven Early News ’CC’**  Latest news, sport and weather from Australia and around the world. | +7ENN20-012+ |

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| 05:30 | **Sunrise ’CC’**  Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR20-012+ |

**Thursday 16 January 2020**

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| 06:00 | **Sunrise ’CC’**  Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR20-012+ |

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| 09:00 | **The Morning Show Summer Series ’CC’**  Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics. | **PG**  +TMSS19-016+ |

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| 11:30 | **Seven Morning News ’CC’**  Latest news, sport and weather from Australia and around the world. | +7MNN20-012+ |

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| 12:00 | **Midday Movie: Stay Away, Joe ’CC’ (1968)**  Elvis Presley and Joan Blondell star in this story of a young man who's part Native American and who wants to help his tribe ... but whose efforts always seem to backfire. Starring:BURGESS MEREDITH,ELVIS PRESLEY,KATY JURADO,JOAN BLONDELL,THOMAS GOMEZ | **G**  +WBFF03-109+ |

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| 14:00 | **The Daily Edition Summer Series ’CC’**  Catch up on all of the hottest issues from today's news and entertainment with lively discussions, interviews and crosses to newsmakers around the country. | **PG**  +TDES20-007+ |

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| 15:00 | **The Chase (R) ’CC’**  Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G**  +CHSE07-058+ |

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| 16:00 | **Seven News At 4 ’CC’**  Seven brings you the latest developments in today's top stories at home and around the world, plus sport, finance and weather updates. | +7ANN20-012+ |

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| 17:00 | **The Chase Australia (R) ’CC’**  It's a hit with audiences around the globe - now the general knowledge game show with a difference lands on our shores with The Chase Australia. Hosted by Andrew O'Keefe. | **G**  +CHAU07-007+ |

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| 18:00 | **Seven News ’CC’**  Seven News live and comprehensive coverage of breaking news and local, national and international top stories, plus sport, finance and weather updates. | +7NNS20-016+ |

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| 19:00 | **Big Bash League: Sydney Sixers v Hobart ’CC’ LIVE**  The Sixers are tough to beat at the SCG and boast one of the BBL’s most destructive batting orders, but the Hurricanes have the class and X-factor to fight fire with fire. Start time: 7.10pm AEDT | +BBLC19-079+ |

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| 22:30 | **Modern Family: Marco Polo**  The Dunphys stay in a cramped hotel room while the house is treated for mold and Gloria feels protective when Manny starts dating an older girl. | **PG**  +MOFA06-004+ |

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| 23:00 | **Mafia's Greatest Hits: Vincent Gigante (R) ’CC’**  Under the disguise of mental illness, Vincent Gigante evaded the authorities and rose to become a powerful mobster in New York. | **M**  +MAGH01-003+ |

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| 00:00 | **Movie: Alien Abduction (R) (1998)**  In the middle of a Thanksgiving dinner, a flash of light marks the beginning of a terrifying night for the McPherson family. Starring:BENZ ANTOINE,EMMANUELLE CHRIQUI,KRISTIAN AYRE,MICHAEL BUIE | **M (V,L)**  +WILF-029+ |

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| 02:00 | **Home Shopping** | ++ |

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| 04:00 | **NBC Today ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT20-016+ |

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| 05:00 | **Seven Early News ’CC’**  Latest news, sport and weather from Australia and around the world. | +7ENN20-013+ |

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| 05:30 | **Sunrise ’CC’**  Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR20-013+ |

**Friday 17 January 2020**

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| 06:00 | **Sunrise ’CC’**  Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR20-013+ |

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| 09:00 | **The Morning Show Summer Series ’CC’**  Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics. | **PG**  +TMSS19-017+ |

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| 11:30 | **Seven Morning News ’CC’**  Latest news, sport and weather from Australia and around the world. | +7MNN20-013+ |

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| 12:00 | **Midday Movie: Speedway (R) ’CC’ (1968)**  Elvis Presley stars with Nancy Sinatra in this whirlwind romance that blossoms between a fast-living stock-car racer and the accountant sent by the IRS to audit his finances. Starring:BILL BIXBY,FRANK SINATRA,ELVIS PRESLEY,GALE GORDON,WILLIAM SCHALLERT | **PG (S)**  +WBFF03-107+ |

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| 14:00 | **The Daily Edition Summer Series ’CC’**  Catch up on all of the hottest issues from today's news and entertainment with lively discussions, interviews and crosses to newsmakers around the country. | **PG**  +TDES20-008+ |

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| 15:00 | **The Chase (R) ’CC’**  Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G**  +CHSE07-059+ |

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| 16:00 | **Seven News At 4 ’CC’**  Seven brings you the latest developments in today's top stories at home and around the world, plus sport, finance and weather updates. | +7ANN20-013+ |

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| 17:00 | **The Chase Australia (R) ’CC’**  It's a hit with audiences around the globe - now the general knowledge game show with a difference lands on our shores with The Chase Australia. Hosted by Andrew O'Keefe. | **G**  +CHAU07-022+ |

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| 18:00 | **Seven News ’CC’**  Seven News live and comprehensive coverage of breaking news and local, national and international top stories, plus sport, finance and weather updates. | +7NNS20-017+ |

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| 19:00 | **Better Homes And Gardens Summer: Summer Series ’CC’**  Karen makes some fragrant coconut mussels. Tara turns an old coffee table into a stylish ottoman. Dr Harry witnesses the return of a rehabilitated turtle back to its home on the Great Barrier Reef. | **G**  +BHGS16-009+ |

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| 20:30 | **Movie: The Fugitive (R) ’CC’ (1993)**  Harrison Ford stars as the wrongly convicted Dr. Richard Kimble, and Tommy Lee Jones is U.S. Marshal Sam Gerard, his relentless pursuer, in this intense thriller based on the 1960s television series. Starring:ANDREAS KATSULAS,HARRISON FORD,JOE PANTOLIANO,TOMMY LEE JONES,SELA WARD | **M (V)**  +WBFF03-042+ |

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| 23:15 | **Flights From Hell: Caught on Camera (R) ’CC’**  This shocking, surprising and entertaining documentary uses footage captured on passengers' cameras and phones to reveal extreme behaviour in airports and on planes | **PG**  +FFHE01-001+ |

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| 00:15 | **World's Deadliest Weather: Caught On Camera (R) ’CC’**  A holiday cruise ship sails into a Hurricane terrifying 4000 passengers as their cabins are plunged underwater. Also, a tornado bears down on two sisters, but only one of their homes survives. | **PG**  +WDWC01-003+ |

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| 01:15 | **Travel Oz: Macquarie Island: Wildlife Paradise (R) ’CC’**  Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG**  +TRAV2-015+ |

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| 02:00 | **Home Shopping** | ++ |

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| 04:00 | **The Great Outdoors (R) ’CC’**  Ernie's beginners guide to swinging London. Tom Williams explores the secret world of the Geisha in a beautiful Japanese city. Australia's dinosaur trail - check out the latest amazing discovery. | **G**  +GO14-038+ |

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| 05:00 | **NBC Today ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT20-017+ |

**Saturday 18 January 2020**

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| 06:00 | **NBC Today ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT20-017+ |

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| 07:00 | **Weekend Sunrise ’CC’**  Wake up to a better breakfast with Matt Doran and Monique Wright, for all the latest entertainment, news, sport and weather. | +SSUN20-003+ |

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| 10:00 | **The Morning Show Summer Series ’CC’**  Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics. | **PG**  +TMSS19-018+ |

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| 12:00 | **Beretts' Tour de Cure: Beretts' Tour de Cure ’CC’ (2019)**  Join Sunrise’s Mark Beretta as he takes part in the annual Tour De Cure cycling event to raise money in the fight against cancer. | +AUMS83-001+ |

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| 13:00 | **World's Deadliest Weather: Caught On Camera (R) ’CC’**  Firefighters run out of water as an inferno rages through South Australia killing 70,000 livestock and chasing tourists at 30 miles per hour. | **PG (A)**  +WDWC01-006+ |

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| 14:00 | **Movie: Angel Flight Down (R) ’CC’ (1996)**  When an aeroplane crashes into the Aspen mountains, a group of adults risk their lives to save a child in a critical condition. Starring:CHRISTOPHER ATKINS,GARY GRAHAM,DAVID CHARVET,PATRICIA KALEMBER | **G**  +WILF-003+ |

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| 16:00 | **Better Homes And Gardens (R) ’CC’**  Joh catches up with singer Aled Jones and his son Lucas, ahead of Aled's Australian visit. Dr Harry helps a collie who reacts to noises such as the postie's bike. Adam makes a bedroom wall feature. | **G**  +BHAG24-033+ |

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| 17:00 | **Seven News At 5 ’CC’**  Seven brings you the latest developments in today's top stories at home and around the world, plus sport, finance and weather updates. | +7NAF20-005+ |

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| 17:30 | **Border Security - Australia's Front Line (R) ’CC’**  An x-ray of religious statues shows a strange shape hidden inside, a passenger gets in a sticky situation when officers discover a flammable item and an athlete is caught with nowhere to run. | **PG**  +BORD-141+ |

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| 18:00 | **Seven News ’CC’**  Seven News live and comprehensive coverage of breaking news and local, national and international top stories, plus sport, finance and weather updates. | +7NNS20-018+ |

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| 19:00 | **Big Bash League: Sydney Thun v Sydney Sixers ’CC’ LIVE**  The Sydney Derby always delivers plenty of big hits, classic catches and brilliant bowling as the Thunder and Sixers renew their fierce cross-town rivalry at Spotless Stadium. Start time: 7.10pm AEDT | +BBLC19-082+ |

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| 22:30 | **Movie: Payback (R) ’CC’ (1999)**  They took his money. They took his wife. And they tried to take his life. Now it's time for payback as one man starts his own personal war against the syndicate in this hard-edged thriller. | **MA (V,L)**  +WBFF03-089+ |

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| 00:45 | **World's Deadliest Weather: Caught On Camera (R) ’CC’**  Hurricane Patricia rips apart a Mexican holiday resort sending tourists fleeing for their lives. And we witness mountains of foam and other weird weather phenomena. | **PG**  +WDWC01-004+ |

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| 02:00 | **Home Shopping** | ++ |

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| 04:00 | **The Great Outdoors (R) ’CC’**  Jennifer goes on gourmet tour around the Greek Islands. Ernie plays a round of golf on one of the worlds best desert courses. Journey around LA's escape, Catalina Island. | **G**  +GO14-039+ |

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| 05:00 | **My Greek Odyssey (R) ’CC’**  After seeing the sites of Monemvaisa, Peter continues on to Elafonisos, before venturing to the island of Kythira. | **PG**  +MYGO01-006+ |