**Sunday 16 June 2019**

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| 06:00 | **NBC Today ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-143+ |

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| 07:00 | **Weekend Sunrise ’CC’**  Wake up to a better breakfast with Basil Zempilas and Monique Wright, for all the latest entertainment, news, sport and weather. | +WSUN19-024+ |

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| 10:00 | **The Morning Show - Weekend ’CC’**  Join Larry Emdur and Kylie Gillies to catch up on all the highlights from this week's program, including a variety of segments on the latest news and entertainment. | **PG**  +TMSU19-019+ |

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| 12:00 | **House Of Wellness ’CC’**  Entertaining everybody to live a healthier life. Hosted by Luke Darcy, Rachael Finch, Jo Stanley and Luke Hines. | **PG**  +HOWL03-017+ |

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| 13:00 | **Kochie's Business Builders ’CC’**  David Koch provides practical advice to small and medium-sized business owners to help cement future growth and success. | **PG**  +KHBB19-011+ |

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| 13:30 | **My Greek Odyssey ’CC’**  Peter continues his travels on the island of Lefkada, before going on to Skorpios. | **PG**  +MYGO01-012+ |

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| 14:30 | **TBA:** | ++ |

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| 16:00 | **Better Homes And Gardens (R) ’CC’**  Dr Harry visits a Maltese dog looking to adjust after an accident. Adam ropes in Tim and Matt from House Rules to tackle a messy problem. Karen makes a zucchini cake. | **G**  +BHAG25-018+ |

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| 17:00 | **Seven News At 5 ’CC’**  Seven brings you the latest developments in today's top stories at home and around the world, plus sport, finance and weather updates. | +7NAF19-048+ |

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| 17:30 | **Sydney Weekender ’CC’**  Mike discovers how old meets new in Armidale. Rose visits Pocket City Farms in Camperdown. Karen checks out the Sydney Dance Company's Open Class Program. | **G**  +7SWE26-018+ |

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| 18:00 | **Seven News ’CC’**  Seven News live and comprehensive coverage of breaking news and local, national and international top stories, plus Sport, Finance and Weather updates. | +7NNS19-167+ |

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| 19:00 | **House Rules ’CC’**  Joh introduces the teams to a family torn apart by a devastating house fire. The remaining teams work harder than ever to give back and build a new home to bring this family back together. | **PG**  +HOSR07-027+ |

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| 20:30 | **Sunday Night ’CC’**  Melissa Doyle leads a team of Australia's best reporters, breaking the stories that matter. | +SNIT19-020+ |

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| 21:30 | **Code Blue: Murder: The Murder Of Katherine Smith ’CC’ PREMIERE**  This new two-part documentary series tells the story of how detectives solved two vicious murders, from the first 'Code Blue' call to the crime scene, through to the convictions of the killers. | **M (A,V,L)**  +CBMU01-001+ |

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| 22:30 | **Criminal Confessions: Mountain City, Tn ’CC’ SERIES RETURN**  A gruesome execution style double murder of a young couple shakes a small mountain community in Eastern Tennessee. | **MA (A,V)**  +CCON02-001+ |

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| 23:30 | **Women Who Kill (R) ’CC’**  This documentary secures incredible access to bring you behind the bars and into the cells to learn what drove these women to kill and how they now feel about their actions and their future. | **M (A,V)**  +WOKI01-001+ |

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| 00:30 | **American Crime: Episode Five (R) ’CC’**  Taylor has to defend his actions to the police; Anne struggles with a discovery about her son; a seemingly innocuous incident starts to take on racial overtones. | **M (A,V,L,S)**  +AMEC02-005+ |

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| 01:30 | **Travel Oz: George Bass Mountain (R) ’CC’**  Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG**  +TRAV3-022+ |

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| 02:00 | **Home Shopping** | ++ |

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| 03:30 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-170+ |

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| 04:00 | **Meet The Press ’CC’**  Chuck Todd interviews newsmakers from around the world. | +NBCM19-024+ |

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| 05:00 | **Seven Early News ’CC’**  Latest news, sport and weather from Australia and around the world. | +7ENN19-120+ |

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| 05:30 | **Sunrise ’CC’**  Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-120+ |

**Monday 17 June 2019**

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| 06:00 | **Sunrise ’CC’**  Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-120+ |

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| 09:00 | **The Morning Show ’CC’**  Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics. | **PG**  +TMSW19-109+ |

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| 11:30 | **Seven Morning News ’CC’**  Latest news, sport and weather from Australia and around the world. | +7MNN19-114+ |

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| 12:00 | **Midday Movie: Tiny House Of Terror ’CC’**  After the tragic disappearance and presumed death of her tech mogul husband, a woman decides to move to a rustic and cosy tiny house. However, she soon feels that she's being watched. Starring:FRANCIA RAISA,JESSE HUTCH,NAZNEEN CONTRACTOR | **M (V)**  +AETN06-030+ |

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| 14:00 | **The Daily Edition ’CC’**  Catch up on all of the hottest issues from today's news and entertainment with lively discussions, interviews and crosses to newsmakers around the country. | +TDED19-102+ |

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| 15:00 | **The Chase ’CC’**  Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G**  +CHSE10-023+ |

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| 16:00 | **Seven News At 4 ’CC’**  Seven brings you the latest developments in today's top stories at home and around the world, plus sport, finance and weather updates. | +7ANN19-120+ |

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| 17:00 | **The Chase Australia ’CC’**  It's a hit with audiences around the globe - now the general knowledge game show with a difference lands on our shores with The Chase Australia. Hosted by Andrew O'Keefe. | **G**  +CHAU07-071+ |

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| 18:00 | **Seven News ’CC’**  Seven News live and comprehensive coverage of breaking news and local, national and international top stories, plus Sport, Finance and Weather updates. | +7NNS19-168+ |

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| 19:00 | **Home And Away ’CC’**  Tori and Robbo discover there is a problem with the pregnancy. Raffy's medical woes force Mason into action. Jasmine fears Robbo has done a runner. | **PG (D,A)**  +HAAW31-216+ |

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| 19:30 | **House Rules ’CC’**  Teams continue to build a new home to bring Graeme and Mary's family back together after a fire. In an unmissable House Rules event week, the remaining five teams will work harder than ever. | **PG**  +HOSR07-028+ |

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| 20:45 | **Movie: The Heat (R) ’CC’ (2013)**  FBI Special Agent Sarah Ashburn and Boston cop Shannon Mullins couldn’t be more incompatible. But when they join forces to bring down a drug lord, they become the last thing anyone expected: buddies. Starring:DEMIAN BICHIR,MARLON WAYANS,SANDRA BULLOCK,MELISSA MCCARTHY,MICHAEL RAPAPORT | **M (O,D,L,V)**  +FOXF02-015+ |

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| 23:15 | **The Latest: Seven News ’CC’**  Latest news, sport and weather from Australia and around the world. | +7NTL19-109+ |

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| 23:45 | **Me, Myself & I: Phil Ricozzi ’CC’**  Alex deals with his arch-nemesis, Phil Ricozzi across the three stages of his life. After Young Alex breaks up Phil and Nori, he is challenged to a fight. | **PG**  +MEMI01-011+ |

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| 00:15 | **Talking Footy ’CC’**  Luke Darcy, Tim Watson, Wayne Carey, Mick Warner dissect the week's AFL news and issues. | +TFOO19-013+ |

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| 01:15 | **Travel Oz: King Island Lobster Fishing (R) ’CC’**  Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG**  +TRAV3-023+ |

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| 02:00 | **Home Shopping** | ++ |

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| 04:00 | **NBC Today ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-144+ |

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| 05:00 | **Seven Early News ’CC’**  Latest news, sport and weather from Australia and around the world. | +7ENN19-121+ |

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| 05:30 | **Sunrise ’CC’**  Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-121+ |

**Tuesday 18 June 2019**

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| 06:00 | **Sunrise ’CC’**  Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-121+ |

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| 09:00 | **The Morning Show ’CC’**  Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics. | **PG**  +TMSW19-110+ |

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| 11:30 | **Seven Morning News ’CC’**  Latest news, sport and weather from Australia and around the world. | +7MNN19-115+ |

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| 12:00 | **Midday Movie: A Sister's Revenge ’CC’**  A restaurateur has it all - a successful business, a beautiful house and a loving family - until a ravishing femme fatale with stiletto heels and an axe to grind walks into his life. Starring:ASHLEY JONES,TIM ROZON,BROOKE BURNS | **M (V,A)**  +AETN06-025+ |

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| 14:00 | **The Daily Edition ’CC’**  Catch up on all of the hottest issues from today's news and entertainment with lively discussions, interviews and crosses to newsmakers around the country. | +TDED19-103+ |

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| 15:00 | **The Chase ’CC’**  Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G**  +CHSE10-024+ |

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| 16:00 | **Seven News At 4 ’CC’**  Seven brings you the latest developments in today's top stories at home and around the world, plus sport, finance and weather updates. | +7ANN19-121+ |

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| 17:00 | **The Chase Australia ’CC’**  It's a hit with audiences around the globe - now the general knowledge game show with a difference lands on our shores with The Chase Australia. Hosted by Andrew O'Keefe. | **G**  +CHAU07-072+ |

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| 18:00 | **Seven News ’CC’**  Seven News live and comprehensive coverage of breaking news and local, national and international top stories, plus Sport, Finance and Weather updates. | +7NNS19-169+ |

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| 19:00 | **Home And Away ’CC’**  Bella stumbles in her schoolwork, and Irene wonders whether she’s a lost cause. Justin's desperate to stop Mason doing something stupid. John in unaware of how much his absence hurts those around him. | **PG (D,A)**  +HAAW31-217+ |

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| 19:30 | **The Super Switch ’CC’**  The dinner at the City Mansion continues as Tyler and Christie's sleeping arrangements come under intense scrutiny. They've chosen to share a bed which brings disapproval from Lachlan and Neesha. | **M (L,S)**  +SYSW03-003+ |

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| 20:30 | **Andrew Denton's Interview ’CC’**  Andrew Denton sits down with interesting, amazing people, and finds out what makes them tick. | **M**  +IVEW02-009+ |

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| 21:30 | **True Stories: True Stories: El Chapo (R) ’CC’ SEASON PREMIERE**  The worldwide exclusive of the largest drug deal ever filmed. Inside El Chapo's multi-billion-dollar drug empire. | **M**  +TRUS19-001+ |

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| 22:30 | **The Latest: Seven News ’CC’**  Latest news, sport and weather from Australia and around the world. | +7NTL19-110+ |

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| 23:00 | **The Goldbergs: I Coulda Been A Lawyer ’CC’ DOUBLE EPISODE**  Beverly decides their street needs another stop sign and pleads her case to the city comptroller. Barry panics when he realizes he's neglected his college applications. | **PG (L)**  +GOLB06-013+ |

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| 23:30 | **The Goldbergs: Major League ’CC’ NEW EPISODE**  Adam and his friends are recruited to the William Penn Academy baseball team. Barry is in denial about his pitching skills. Geoff's dad interferes in his relationship with Erica. | **PG (L)**  +GOLB06-014+ |

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| 00:00 | **Deception: Pilot (R) ’CC’**  Superstar Las Vegas magician Cameron Black's career may have been ruined by scandal, but he's found another place to put his skills of deception, influence and illusion to use: the FBI. | **M (V)**  +DECE01-001+ |

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| 01:00 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-090+ |

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| 02:00 | **Home Shopping** | ++ |

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| 04:00 | **NBC Today ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-145+ |

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| 05:00 | **Seven Early News ’CC’**  Latest news, sport and weather from Australia and around the world. | +7ENN19-122+ |

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| 05:30 | **Sunrise ’CC’**  Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-122+ |

**Wednesday 19 June 2019**

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| 06:00 | **Sunrise ’CC’**  Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-122+ |

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| 09:00 | **The Morning Show ’CC’**  Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics. | **PG**  +TMSW19-111+ |

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| 11:30 | **Seven Morning News ’CC’**  Latest news, sport and weather from Australia and around the world. | +7MNN19-116+ |

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| 12:00 | **Midday Movie: Watch Your Back ’CC’**  A recently married woman starts receiving threatening text messages and photos of herself that quickly disappear from her phone, and becomes determined to find out who is stalking her and why. Starring:ANNALYNNE MCCORD,MARK GHANIME,GRACYN SHINYEI | **M (V,L)**  +AETN06-032+ |

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| 14:00 | **The Daily Edition ’CC’**  Catch up on all of the hottest issues from today's news and entertainment with lively discussions, interviews and crosses to newsmakers around the country. | +TDED19-104+ |

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| 15:00 | **The Chase ’CC’**  Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G**  +CHSE10-025+ |

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| 16:00 | **Seven News At 4 ’CC’**  Seven brings you the latest developments in today's top stories at home and around the world, plus sport, finance and weather updates. | +7ANN19-122+ |

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| 17:00 | **The Chase Australia ’CC’**  It's a hit with audiences around the globe - now the general knowledge game show with a difference lands on our shores with The Chase Australia. Hosted by Andrew O'Keefe. | **G**  +CHAU07-073+ |

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| 18:00 | **Seven News ’CC’**  Seven News live and comprehensive coverage of breaking news and local, national and international top stories, plus Sport, Finance and Weather updates. | +7NNS19-170+ |

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| 19:00 | **Home And Away ’CC’**  Bella makes a friend. Marilyn is feeling neglected but does John learn from his mistakes? Ben suspects Dean of foul play. | **PG**  +HAAW31-218+ |

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| 19:30 | **The Super Switch ’CC’**  After a confronting group therapy session, Marcus snapped and left the City Mansion in a shock walk out. As the rest of the house is left reeling, Lachlan tries to convince him to return. | **M**  +SYSW03-004+ |

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| 20:30 | **World's Most Shocking Emergency Calls ’CC’**  Hear the harrowing call from a woman attempting to escape her abductor, a toddler falls into the gorilla enclosure at the Cincinnati Zoo and a wedding day ends in a murder-suicide. | **MA (A,V)**  +WMSE01-002+ |

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| 21:30 | **The Latest: Seven News ’CC’**  Latest news, sport and weather from Australia and around the world. | +7NTL19-111+ |

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| 22:30 | **The Front Bar ’CC’**  Join Sam Pang, Mick Molloy and Andy Maher as they share a laugh about the AFL world and catch up with stars of yesteryear and today. | **M**  +FBAR19-014+ |

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| 23:30 | **Blindspot: Ca-Ca-Candidate For Cri-Cri-Crime ’CC’**  A congressman's murder triggers the tattoo database and reveals a political conspiracy of international magnitude that raises questions about FBI Director Weitz. | **M (V)**  +BDSP04-006+ |

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| 00:30 | **The Catch: Mockingbird (R) ’CC’ SEASON FINAL**  While Alice and Ben are forced to face their pasts, a shocking betrayal could change everything. | **M (V)**  +CATC02-010+ |

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| 01:30 | **Travel Oz: Canberra Balloons (R) ’CC’**  Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG**  +TRAV3-024+ |

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| 02:00 | **Home Shopping** | ++ |

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| 04:00 | **NBC Today ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-146+ |

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| 05:00 | **Seven Early News ’CC’**  Latest news, sport and weather from Australia and around the world. | +7ENN19-123+ |

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| 05:30 | **Sunrise ’CC’**  Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-123+ |

**Thursday 20 June 2019**

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| 06:00 | **Sunrise ’CC’**  Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-123+ |

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| 09:00 | **The Morning Show ’CC’**  Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics. | **PG**  +TMSW19-112+ |

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| 11:30 | **Seven Morning News ’CC’**  Latest news, sport and weather from Australia and around the world. | +7MNN19-117+ |

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| 12:00 | **Midday Movie: Dying To Be Loved ’CC’**  Jill's daughter takes up with a bad boy whose violent behavior lands the couple in trouble. To avoid prison, they appear to commit a double suicide, but Jill sets out to prove they've gone on the run. Starring:DAN PAYNE,LINDSAY HARTLEY,PALOMA KWIATKOWSKI | **M (A,V)**  +AETN06-016+ |

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| 14:00 | **The Daily Edition ’CC’**  Catch up on all of the hottest issues from today's news and entertainment with lively discussions, interviews and crosses to newsmakers around the country. | +TDED19-105+ |

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| 15:00 | **The Chase ’CC’**  Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G**  +CHSE08-053+ |

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| 16:00 | **Seven News At 4 ’CC’**  Seven brings you the latest developments in today's top stories at home and around the world, plus sport, finance and weather updates. | +7ANN19-123+ |

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| 17:00 | **The Chase Australia ’CC’**  It's a hit with audiences around the globe - now the general knowledge game show with a difference lands on our shores with The Chase Australia. Hosted by Andrew O'Keefe. | **G**  +CHAU07-045+ |

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| 18:00 | **Seven News ’CC’**  Seven News live and comprehensive coverage of breaking news and local, national and international top stories, plus Sport, Finance and Weather updates. | +7NNS19-171+ |

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| 19:00 | **Home And Away ’CC’**  Mackenzie struggles to get to know Dean better. Bella’s decision to move home with Colby takes an unexpected twist. Ben and Dean are forced to think on their feet as the big board order gets underway. | **PG**  +HAAW31-219+ |

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| 19:30 | **Home And Away ’CC’**  Ziggy encourages Dean to get know Mackenzie. Dean and Mackenzie discover they have something in common. Jasmine makes a big decision. | **PG**  +HAAW31-220+ |

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| 20:00 | **Home And Away ’CC’**  Jasmine is thrilled when Robbo suggests a road trip. Tori decides to put Robbo and Jasmine's happiness first. Will an unhappy Mason Choose a new path? | **PG (A)**  +HAAW31-221+ |

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| 20:30 | **Britain's Got Talent: Semi Final 1 ’CC’**  With the last of auditions out of the way, the first of the finalists are chosen in this semi-final episode. | **PG**  +BRGT13-009+ |

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| 22:30 | **The Latest: Seven News ’CC’**  Latest news, sport and weather from Australia and around the world. | +7NTL19-112+ |

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| 23:00 | **TBA:** | ++ |

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| 00:00 | **Hannibal: Contorno (R) ’CC’**  Jack and Will along with Chiyoh arrive in Florence with different agendas for Hannibal while Detective Pazzi gets close. | **MA (V)**  +HANI03-005+ |

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| 01:00 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-092+ |

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| 01:30 | **Travel Oz: Sydney Harbour Bridge (R) ’CC’**  Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG**  +TRAV3-025+ |

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| 02:00 | **Home Shopping** | ++ |

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| 04:00 | **NBC Today ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-147+ |

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| 05:00 | **Seven Early News ’CC’**  Latest news, sport and weather from Australia and around the world. | +7ENN19-124+ |

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| 05:30 | **Sunrise ’CC’**  Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-124+ |

**Friday 21 June 2019**

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| 06:00 | **Sunrise ’CC’**  Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-124+ |

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| 09:00 | **The Morning Show ’CC’**  Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics. | **PG**  +TMSW19-113+ |

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| 11:30 | **Seven Morning News ’CC’**  Latest news, sport and weather from Australia and around the world. | +7MNN19-118+ |

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| 12:00 | **Midday Movie: Maternal Instinct (R) ’CC’**  A teenage girl who sees her mother get shot goes into hiding with a police detective who grows attached to her, as she protects her from the killer who is hunting the girl. Starring:LAURA MENNELL,KARIN KONOVAL,MARCUS ROSNER | **M (V,A)**  +AETN06-036+ |

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| 14:00 | **The Daily Edition ’CC’**  Catch up on all of the hottest issues from today's news and entertainment with lively discussions, interviews and crosses to newsmakers around the country. | +TDED19-106+ |

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| 15:00 | **The Chase (R) ’CC’**  Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G**  +CHSE07-004+ |

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| 16:00 | **Seven News At 4 ’CC’**  Seven brings you the latest developments in today's top stories at home and around the world, plus sport, finance and weather updates. | +7ANN19-124+ |

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| 17:00 | **The Chase Australia ’CC’**  It's a hit with audiences around the globe - now the general knowledge game show with a difference lands on our shores with The Chase Australia, Hosted by Andrew O'Keefe. | **G**  +CHAU05-219+ |

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| 18:00 | **Seven News ’CC’**  Seven News live and comprehensive coverage of breaking news and local, national and international top stories, plus Sport, Finance and Weather updates. | +7NNS19-172+ |

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| 19:00 | **Better Homes And Gardens ’CC’**  Homes and gardens come alive in this lifestyle show packed full of home decorating tips, recipes, craft ideas, DIY projects and how tos. | **G**  +BHAG25-021+ |

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| 20:30 | **Movie: The Bourne Ultimatum (R) ’CC’ (2007)**  Jason Bourne dodges a ruthless CIA official and his agents from a new assassination program while searching for the origins of his life as a trained killer. Starring:ALBERT FINNEY,EDGAR RAMIREZ,MATT DAMON,JULIA STILES,JOAN ALLEN,PADDY CONSIDINE,DAVID STRATHAIRN,SCOTT GLENN | **M (V)**  +NBCR10-002+ |

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| 23:00 | **TBA:** | ++ |

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| 00:00 | **Time After Time: You Will Find Me (R) ’CC’**  An unwilling participant of Dr. Monroe's experiments, H.G. feels himself changing. Now on a more level playing field and finally able to take on John, H.G. and Jane race to escape the Island. | **MA (V)**  +TIMA01-009+ |

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| 01:00 | **Travel Oz: Gulf Air Longreach (R) ’CC’**  Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG**  +TRAV3-026+ |

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| 01:30 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-093+ |

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| 02:00 | **Home Shopping** | ++ |

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| 04:00 | **The Great Outdoors (R) ’CC’**  Ernie sets off on the New Zealand drive of a lifetime. Thinking of buying a caravan? Check out three new models from under $20,000. | **G**  +GO16-018+ |

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| 05:00 | **NBC Today ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-148+ |

**Saturday 22 June 2019**

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| 06:00 | **NBC Today ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-148+ |

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| 07:00 | **Weekend Sunrise ’CC’**  Wake up to a better breakfast with Basil Zempilas and Monique Wright, for all the latest entertainment, news, sport and weather. | +SSUN19-025+ |

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| 10:00 | **The Morning Show - Weekend ’CC’**  Join Larry Emdur and Kylie Gillies to catch up on all the highlights from this week's program, including a variety of segments on the latest news and entertainment. | **PG**  +TMSA19-020+ |

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| 12:00 | **RSPCA Animal Rescue (R) ’CC’**  Two former champion greyhounds are found neglected; the search is on for a missing calf and a cat is trapped and in pain. | **G**  +ANRS4-003+ |

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| 12:30 | **Movie: Christmas Mix (R) ’CC’ (2014)**  When a cynical Los Angeles DJ is exiled to a quaint mountain town for the holiday season, the small-town charm and holiday cheer - not to mention his pretty new co-host begin to melt his icy demeanour Starring:HAYLIE DUFF,TILKY JONES,MAUREEN MCCORMICK | **PG (L,A)**  +MARV02-006+ |

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| 14:30 | **TBA:** | ++ |

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| 16:00 | **Better Homes And Gardens (R) ’CC’**  Joh meets with Adelaide cooking identity Poh Ling Yeow. Adam visits Gumeracha and makes a wooden rocking horse. Fast Ed makes a tuna tortilla. | **G**  +BHAG24-012+ |

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| 17:00 | **Seven News At 5 ’CC’**  Seven brings you the latest developments in today's top stories at home and around the world, plus sport, finance and weather updates. | +7NAF19-049+ |

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| 17:30 | **Border Security - Australia's Front Line (R) ’CC’**  Go behind-the-scenes of our Immigration Customs and Quarantine departments. | **PG**  +BORD-173+ |

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| 18:00 | **Seven News ’CC’**  Seven News live and comprehensive coverage of breaking news and local, national and international top stories, plus Sport, Finance and Weather updates. | +7NNS19-173+ |

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| 19:00 | **Movie: Ice Age: The Meltdown (R) ’CC’ (2006) FIRST TIME ON SEVEN**  Manny, Sid, and Diego discover that the ice age is coming to an end and join everybody for a journey to higher ground. | **PG (A)**  +FOXF08-038+ |

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| 21:00 | **Movie: Lucy (R) ’CC’ (2014)**  A woman, accidentally caught in a dark deal, turns the tables on her captors and transforms into a merciless warrior evolved beyond human logic. Starring:JULIAN RHIND-TUTT,AMR WAKED,ANALEIGH TIPTON,PILOU ASBAEK,LUCA ANGELETTI,MORGAN FREEMAN,SCARLETT JOHANSSON | **MA (V,A)**  +NBCF31-002+ |

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| 22:45 | **Autopsy: The Last Days Of Michael Jackson (R)**  Dr. Richard Shepherd investigates the sudden death of global superstar Michael Jackson through the use of medical evidence from his autopsy report and interviews with family and friends. | **MA (A,D)**  +AUTO-001+ |

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| 23:45 | **The Goldbergs: Dungeons And Dragons, Anyone? (R) ’CC’**  When Adam picks a team of popular jocks over his friends in gym class, they seek revenge by forcing them to play Dungeons & Dragons. Murray (Jeff Garlin) objects when Erica wants to go away to college | **PG**  +GOLB03-020+ |

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| 00:15 | **Time After Time: Turned To Gray (R) ’CC’**  Wells is shocked to see a familiar face when he and Jane return to present day New York City, while Jane makes a decision that will potentially change both of their lives. | **M (V)**  +TIMA01-010+ |

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| 01:15 | **Travel Oz: Canberra Kangaroos (R) ’CC’**  Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG**  +TRAV3-027+ |

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| 02:00 | **Home Shopping** | ++ |

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| 04:00 | **Sons And Daughters (R) ’CC’ DOUBLE EPISODE**  Alison's attempt to seduce Todd has a surprising result. | **PG**  +SAD-957+ |

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| 04:30 | **Sons And Daughters (R) ’CC’**  An outing with Beryl is pregnant with possibilities. Wayne sets a trap for Alison with bait she can't resist. | **PG**  +SAD-958+ |

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| 05:00 | **House Of Wellness (R) ’CC’ ENCORE**  Entertaining everybody to live a healthier life. Hosted by Luke Darcy, Rachael Finch, Jo Stanley and Luke Hines. | **PG**  +HOWL03-017+ |