**Sunday 17 May 2020**

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| 06:00 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT20-137+ |

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| 07:00 | **Weekend Sunrise ’CC’** Wake up to a better breakfast with Matt Doran and Monique Wright, for all the latest entertainment, news, sport and weather. | +WSUN20-020+ |

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| 10:00 | **The Morning Show - Weekend ’CC’** Join Larry Emdur and Kylie Gillies to catch up on all the highlights from this week's program, including a variety of segments on the latest news and entertainment. | **PG** +TMSU20-017+ |

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| 12:00 | **House Of Wellness ’CC’** Entertaining everybody to live a healthier life. Hosted by Luke Darcy, Jo Stanley and Luke Hines. | **PG** +HOWL04-015+ |

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| 13:00 | **TBA:**  | ++ |

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| 14:30 | **TBA:**  | ++ |

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| 16:00 | **Better Homes And Gardens (R) ’CC’** Johanna Griggs takes on one of the biggest design trends - tiny house living. Dr Harry shares the brave story of wildlife keepers who took on the bushfires to save their animals. | **G** +BHAG26-013+ |

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| 17:00 | **Seven News At 5 ’CC’** Seven brings you the latest developments in today's top stories at home and around the world, plus sport, finance and weather updates. | +7NAF20-040+ |

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| 17:30 | **Sydney Weekender ’CC’** Mike checks out Hartley Historical Site in the Blue Mountains. Karen goes on a food and wine tour of Griffith. Mel visits Tenterfield. | **G** +7SWE27-015+ |

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| 18:00 | **Seven News ’CC’** Seven News live and comprehensive coverage of breaking news and local, national and international top stories, plus sport, finance and weather updates. | +7NNS20-138+ |

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| 19:00 | **House Rules: High Stakes ’CC’** Lenore and Bradley finally get a rest this week whilst teams get stuck into Lenore’s Greystanes house which is in desperate need of some love and affection. | **PG** +HOSR08-020+ |

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| 20:30 | **Movie: Cast Away (R) ’CC’ (2000)** A FedEx executive must transform himself physically and emotionally to survive a crash landing on a deserted island. Starring:CHRIS NOTH,HELEN HUNT,JENIFER LEWIS,NICK SEARCY,TOM HANKS | **M (A)**+PAFR02-001+ |

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| 23:30 | **The Blacklist: Katarina Rostova ’CC’** Red and the Task Force pay a visit to a former blacklister, as an explosive confrontation leads Liz to make a critical choice. | **M (V)**+BLKL07-010+ |

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| 00:30 | **Black-ish: What Lies Beneath (R)** Dre is jealous of his sister's relationship with Pops, Zoey is urged to take Junior to a party. | **M (D)**+BLKI03-020+ |

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| 01:00 | **Black-ish: All Groan Up (R)** When Zoey gets into several colleges around the country, Dre and Bow begin feeling worried and sentimental. | **PG (A)**+BLKI03-021+ |

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| 01:30 | **Black-ish: Sister, Sister (R)** Bow's sister visits and Bow wonders how they can possibly be related. Zoey explains the future to her dad. | **PG (L)**+BLKI03-022+ |

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| 02:00 | **Home Shopping** | ++ |

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| 03:30 | **RSPCA Animal Rescue (R) ’CC’** Inspectors attempt to subdue and help a terrier that has been tethered underneath a house. Meanwhile, the RSPCA receive an emergency call to help a pregnant cow stuck in a river. | **G** +ANRS2-003+ |

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| 04:00 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT20-138+ |

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| 05:00 | **Seven Early News ’CC’** Latest news, sport and weather from Australia and around the world. | +7ENN20-099+ |

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| 05:30 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR20-099+ |

 **Monday 18 May 2020**

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| 06:00 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR20-099+ |

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| 09:00 | **The Morning Show ’CC’** Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics. | **PG** +TMSW20-086+ |

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| 11:30 | **Seven Morning News ’CC’** Latest news, sport and weather from Australia and around the world. | +7MNN20-099+ |

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| 12:00 | **Midday Movie: She Made Them Do It (R) ’CC’ (2013)** The true story of convicted felon Sarah Pender who has been found guilty of masterminding a double murder. | **M (S,V,L)**+AETN03-023+ |

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| 14:00 | **The Daily Edition ’CC’** Catch up on all of the hottest issues from today's news and entertainment with lively discussions, interviews and crosses to newsmakers around the country. | +TDED20-080+ |

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| 15:00 | **The Chase ’CC’** Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G** +CHSE09-071+ |

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| 16:00 | **Seven News At 4 ’CC’** Seven brings you the latest developments in today's top stories at home and around the world, plus sport, finance and weather updates. | +7ANN20-099+ |

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| 17:00 | **The Chase Australia ’CC’** It's a hit with audiences around the globe - now the general knowledge game show with a difference lands on our shores with The Chase Australia, Hosted by Andrew O'Keefe. | **G** +CHAU09-047+ |

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| 18:00 | **Seven News ’CC’** Seven News live and comprehensive coverage of breaking news and local, national and international top stories, plus sport, finance and weather updates. | +7NNS20-139+ |

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| 19:00 | **Home And Away ’CC’** Ryder refuses to let the past in. Jasmine finds it hard to face Colby. Roo tries to convince Ryder he may regret his decisions. | **PG (A)**+HAAW32-184+ |

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| 19:30 | **House Rules: High Stakes ’CC’** Teams get stuck into Lenore’s house and are tasked with creating a light Hampton’s styled home with a nursery fit for a prince, AKA her grandson Aiden. Will they be able to deliver her dream home? | **PG** +HOSR08-021+ |

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| 20:30 | **9-1-1: Fools ’CC’ DOUBLE EPISODE**The 118 responds to a viral stunt gone haywire, a disaster at a couple's fishing trip and an epic first date fail; Athena investigates a woman who doesn't remember being shot in the head. | **M (V,A)**+NINO03-012+ |

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| 21:30 | **9-1-1: Pinned ’CC’** The 118 responds to accidents at a bowling alley and a home renovation; Bobby and Michael take Harry camping; Chimney and Maddie rush into action when their romantic dinner date takes a wild-turn. | **M (V,A)**+NINO03-013+ |

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| 22:30 | **The Latest: Seven News ’CC’** Latest news, sport and weather from Australia and around the world. | +7NTL20-087+ |

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| 23:00 | **S.W.A.T.: Los Huesos ’CC’** Jessica and Chris go undercover in Mexico to save a Mexican federal agent, who was kidnapped by a drug-dealing gang that Jessica helped bring to justice. | **M (V)**+SSWA02-012+ |

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| 00:00 | **Cannonball (R) ’CC’** New teams must face a terrifying new challenge to make the big grand final! This is their last chance and time is running out! | **PG** +CANN01-003+ |

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| 01:00 | **The Zoo (R) ’CC’** A lion cub has a sore shoulder and the vets must discover why. Then, two White Rhinos are introduced and the keepers are hoping for a pregnancy. | **G** +ZOOT2-003+ |

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| 01:30 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-012+ |

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| 02:00 | **Home Shopping** | ++ |

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| 04:00 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT20-139+ |

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| 05:00 | **Seven Early News ’CC’** Latest news, sport and weather from Australia and around the world. | +7ENN20-100+ |

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| 05:30 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR20-100+ |

 **Tuesday 19 May 2020**

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| 06:00 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR20-100+ |

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| 09:00 | **The Morning Show ’CC’** Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics. | **PG** +TMSW20-087+ |

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| 11:30 | **Seven Morning News ’CC’** Latest news, sport and weather from Australia and around the world. | +7MNN20-100+ |

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| 12:00 | **Midday Movie: Nightstalker (R) ’CC’ (2016)** Known to many as the "Night Stalker," Richard Ramirez was a cruel and prolific serial killer who murdered 14 people and terrorized Los Angeles in the summer of 1985. | **M (D,V,S)**+AETN02-028+ |

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| 14:00 | **The Daily Edition ’CC’** Catch up on all of the hottest issues from today's news and entertainment with lively discussions, interviews and crosses to newsmakers around the country. | +TDED20-081+ |

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| 15:00 | **The Chase ’CC’** Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G** +CHSE09-072+ |

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| 16:00 | **Seven News At 4 ’CC’** Seven brings you the latest developments in today's top stories at home and around the world, plus sport, finance and weather updates. | +7ANN20-100+ |

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| 17:00 | **The Chase Australia ’CC’** It's a hit with audiences around the globe - now the general knowledge game show with a difference lands on our shores with The Chase Australia, Hosted by Andrew O'Keefe. | **G** +CHAU09-048+ |

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| 18:00 | **Seven News ’CC’** Seven News live and comprehensive coverage of breaking news and local, national and international top stories, plus sport, finance and weather updates. | +7NNS20-140+ |

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| 19:00 | **Home And Away ’CC’** Is the emotional cost too much for Jasmine to stay in Summer Bay? Ryder's wall drops, but is it enough? Tori turns on Justin to protect her friend. | **PG** +HAAW32-185+ |

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| 19:30 | **Border Security - Australia's Front Line ’CC’ NEW EPISODE**Biosecurity stop a woman entering the country with some extremely dangerous and prohibited goods. A Chinese teacher says he is here for an 11 day holiday but his suitcase is void of clothing.  | **PG** +BORD14-013+ |

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| 20:00 | **The Force - Behind The Line ’CC’ NEW EPISODE**Over 80 police conduct six dawn raids on homes scattered across western Sydney to arrest numerous targets for their involvement in the illegal supply and sale of firearms. | **PG** +TRUE12-006+ |

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| 20:30 | **Absentia: Comeback ’CC’ SEASON PREMIERE**After years of assuming FBI Agent Emily Byrne was a possible victim of serial killer Conrad Harlow, she is miraculously returned to her family. She has to struggle with the mysteries of her captivity. | **MA (V,A)**+ABSE01-001+ |

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| 21:30 | **Absentia: Reset ’CC’** Conrad Harlow is being released from jail, and Emily has not come close to solving the mystery of her kidnapping and time in captivity. A witness turns up and reinforces the suspicions of Emily. | **MA (V,A)**+ABSE01-002+ |

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| 22:30 | **The Latest: Seven News ’CC’** Latest news, sport and weather from Australia and around the world. | +7NTL20-088+ |

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| 23:00 | **The Resident: The Flea ’CC’** Cain feels disrespected by Logan Kim when he is left out of a major decision regarding Conrad; the doctors work together to try to save the lives of two big Red Rock donors. | **M (A)**+RESI03-014+ |

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| 00:00 | **Grey's Anatomy (R) ’CC’ DOUBLE EPISODE**Meredith and Carina question DeLuca's uncharacteristic behavior when he volunteers to perform a life-threatening task during a blizzard. | **M (A)**+GREY16-015+ |

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| 01:00 | **Grey's Anatomy (R) ’CC’** Bailey and Ben face a huge, life-altering decision while Meredith and several of the doctors reflect on the past. | **M (V,A)**+GREY16-016+ |

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| 02:00 | **Home Shopping** | ++ |

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| 04:00 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT20-140+ |

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| 05:00 | **Seven Early News ’CC’** Latest news, sport and weather from Australia and around the world. | +7ENN20-101+ |

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| 05:30 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR20-101+ |

 **Wednesday 20 May 2020**

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| 06:00 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR20-101+ |

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| 09:00 | **The Morning Show ’CC’** Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics. | **PG** +TMSW20-088+ |

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| 11:30 | **Seven Morning News ’CC’** Latest news, sport and weather from Australia and around the world. | +7MNN20-101+ |

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| 12:00 | **Midday Movie: Megachurch Murder (R) ’CC’ (2015)** After popular and charismatic megachurch leader Hamilton Spears commits suicide, his teenage daughter Hannah's life goes off the rails. Starring:CORBIN BLEU,SHANICA KNOWLES,TAMALA JONES | **M (S,A,V)**+AETN02-023+ |

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| 14:00 | **The Daily Edition ’CC’** Catch up on all of the hottest issues from today's news and entertainment with lively discussions, interviews and crosses to newsmakers around the country. | +TDED20-082+ |

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| 15:00 | **The Chase ’CC’** Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G** +CHSE09-073+ |

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| 16:00 | **Seven News At 4 ’CC’** Seven brings you the latest developments in today's top stories at home and around the world, plus sport, finance and weather updates. | +7ANN20-101+ |

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| 17:00 | **The Chase Australia ’CC’** It's a hit with audiences around the globe - now the general knowledge game show with a difference lands on our shores with The Chase Australia, Hosted by Andrew O'Keefe. | **G** +CHAU09-040+ |

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| 18:00 | **Seven News ’CC’** Seven News live and comprehensive coverage of breaking news and local, national and international top stories, plus sport, finance and weather updates. | +7NNS20-141+ |

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| 19:00 | **Home And Away ’CC’** Tori does her best to convince Jasmine she’s there for her. Ziggy finishes her final mechanic exam. Ben tells Ziggy the truth about his marriage. | **PG** +HAAW32-186+ |

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| 19:30 | **Britain's Got Talent: Audition 6 ’CC’** Auditions continue as weird, wacky and wonderful acts compete in front of celebrity judges Amanda Holden, Alesha Dixon and David Williams and series creator Simon Cowell. Hosted by Ant and Dec. | **PG** +BRGT14-006+ |

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| 20:45 | **Bodyguard ’CC’ SEASON PREMIERE**War veteran David Budd finds work as a police sergeant with London's Metropolitan Police Service. He is assigned to protect a controversial politician who may be the target of a terror plot. | **MA (A)**+BODY01-001+ |

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| 21:55 | **Bodyguard ’CC’** Home secretary Julia Montague's controversial policies make her a terrorist target and test the loyalty of specialist protection officer David Budd. | **MA (V,A,S,L)**+BODY01-002+ |

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| 23:05 | **The Latest: Seven News ’CC’** Latest news, sport and weather from Australia and around the world. | +7NTL20-089+ |

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| 23:35 | **The Resident: Last Shot ’CC’ NEW EPISODE**The new neurosurgery center opens, and Nic is forced to work alongside Cain again. A heart transplant has an unexpected result; Bell asks Conrad to examine three patients who may have been poisoned. | **M (A)**+RESI03-015+ |

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| 00:35 | **American Crime: Episode Four (R) ’CC’ DOUBLE EPISODE**A revelation leads to the members of the basketball team facing invasive DNA testing; Eric makes a painful confession; Taylor tries to return to normalcy. | **M (A,V,L,S)**+AMEC02-004+ |

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| 01:30 | **American Crime: Episode Five (R) ’CC’** Taylor has to defend his actions to the police; Anne struggles with a discovery about her son; a seemingly innocuous incident starts to take on racial overtones. | **M (A,V,L,S)**+AMEC02-005+ |

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| 02:30 | **Home Shopping** | ++ |

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| 04:00 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT20-141+ |

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| 05:00 | **Seven Early News ’CC’** Latest news, sport and weather from Australia and around the world. | +7ENN20-102+ |

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| 05:30 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR20-102+ |

 **Thursday 21 May 2020**

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| 06:00 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR20-102+ |

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| 09:00 | **The Morning Show ’CC’** Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics. | **PG** +TMSW20-089+ |

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| 11:30 | **Seven Morning News ’CC’** Latest news, sport and weather from Australia and around the world. | +7MNN20-102+ |

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| 12:00 | **Midday Movie: The Memory Keeper's Daughter (R) ’CC’ (2008)** A pair of twins are separated at birth when their father learns that one of them has Down's syndrome. | **M (A)**+SPCF08-020+ |

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| 14:00 | **The Daily Edition ’CC’** Catch up on all of the hottest issues from today's news and entertainment with lively discussions, interviews and crosses to newsmakers around the country. | +TDED20-083+ |

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| 15:00 | **The Chase (R) ’CC’** Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G** +CHSE09-012+ |

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| 16:00 | **Seven News At 4 ’CC’** Seven brings you the latest developments in today's top stories at home and around the world, plus sport, finance and weather updates. | +7ANN20-102+ |

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| 17:00 | **The Chase Australia ’CC’** It's a hit with audiences around the globe - now the general knowledge game show with a difference lands on our shores with The Chase Australia, Hosted by Andrew O'Keefe. | **G** +CHAU06-004+ |

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| 18:00 | **Seven News ’CC’** Seven News live and comprehensive coverage of breaking news and local, national and international top stories, plus sport, finance and weather updates. | +7NNS20-142+ |

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| 19:00 | **Home And Away ’CC’** Ziggy doesn't cope with the news of her parents. Ari’s conflicted about his past. Tane surprises Gemma with a new opportunity.  | **PG** +HAAW32-187+ |

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| 19:30 | **Home And Away ’CC’** A new opportunity for the Parata family becomes a divide. Is Summer Bay too small for the Astonis?John and Marilyn try to reconcile. | **PG** +HAAW32-188+ |

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| 20:00 | **Home And Away ’CC’** Ari and Tane's clash reaches boiling point. Roo is blindsided when Evan’s shocking secret is revealed. Marilyn struggles with being on her own. An old face shows back up in the bay. | **PG (S)**+HAAW32-189+ |

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| 20:30 | **Movie: The Proposal (R) ’CC’ (2015)** When a high-powered book editor faces deportation to her native Canada, the quick-thinking exec proposes to her young tormented assistant, he agrees with a few conditions of his own. Starring:BETTY WHITE,CRAIG T. NELSON,DENNIS OHARE,MALIN AKERMAN,MARY STEENBURGEN,RYAN REYNOLDS,SANDRA BULLOCK,MICHAEL MOSLEY,OSCAR NUNEZ | **PG (S,L)**+WDFR17-010+ |

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| 22:40 | **The Latest: Seven News ’CC’** Latest news, sport and weather from Australia and around the world. | +7NTL20-090+ |

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| 23:10 | **Flights From Hell: Caught on Camera (R) ’CC’** This shocking, surprising and entertaining documentary uses footage captured on passengers' cameras and phones to reveal extreme behaviour in airports and on planes | **M (L,A)**+FFHE01-003+ |

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| 00:10 | **Movie: Perfect High (R) ’CC’ (2014)** Inspired by a true story. A star high-school dancer starts using prescription painkillers after a knee injury sidelines her. | **MA (D,A)**+AETN02-029+ |

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| 02:00 | **Home Shopping** | ++ |

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| 04:00 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT20-142+ |

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| 05:00 | **Seven Early News ’CC’** Latest news, sport and weather from Australia and around the world. | +7ENN20-103+ |

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| 05:30 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR20-103+ |

 **Friday 22 May 2020**

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| 06:00 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR20-103+ |

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| 09:00 | **The Morning Show ’CC’** Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics. | **PG** +TMSW20-090+ |

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| 11:30 | **Seven Morning News ’CC’** Latest news, sport and weather from Australia and around the world. | +7MNN20-103+ |

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| 12:00 | **Midday Movie: Amish Witches: The True Story Of Holmes County (R) ’CC’ (2016)** A reality TV crew moves into Holmes County, Ohio to document the lives of an isolated sect of Swartzentruber Amish, production is halted by the death of a Brauchau, an Amish witch. Starring:HAYLEY PALMAER,NICOLE RODENBURG,CALEB CARLSON,KAYLYN SCARDEFIELD,MICHELLE YOUNG | **M (H,V)**+AETN02-001+ |

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| 14:00 | **The Daily Edition ’CC’** Catch up on all of the hottest issues from today's news and entertainment with lively discussions, interviews and crosses to newsmakers around the country. | +TDED20-084+ |

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| 15:00 | **The Chase (R) ’CC’** Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G** +CHSE06-132+ |

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| 16:00 | **Seven News At 4 ’CC’** Seven brings you the latest developments in today's top stories at home and around the world, plus sport, finance and weather updates. | +7ANN20-103+ |

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| 17:00 | **The Chase Australia ’CC’** It's a hit with audiences around the globe - now the general knowledge game show with a difference lands on our shores with The Chase Australia, Hosted by Andrew O'Keefe. | **G** +CHAU08-011+ |

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| 18:00 | **Seven News ’CC’** Seven News live and comprehensive coverage of breaking news and local, national and international top stories, plus sport, finance and weather updates. | +7NNS20-143+ |

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| 19:00 | **Better Homes And Gardens ’CC’** Johanna’s stopping by to get a sneak peek into beloved Aussie fashion designer Camilla Franks colourful world. Pete’s turning everyone’s favourite takeaway food into a healthy weeknight dinner. | **G** +BHAG26-016+ |

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| 20:30 | **Movie: Troy (R) ’CC’ (2004)** After Paris, a prince of Troy, has an affair with Menelaus's wife, Helen, he decides to take her with him. Later, Menelaus's brother uses that as an excuse to wage war against the city of Troy. | **M (N,S,V)**+WBFF04-006+ |

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| 00:00 | **Movie: Wuthering High School (R) ’CC’ (2014)** Based on the novel by Emily Bronte. A wayward teenager finds himself involved in a romance with his new stepsister.  | **M (D,A,V,S)**+AETN02-044+ |

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| 02:00 | **Home Shopping** | ++ |

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| 04:00 | **The Great Outdoors (R) ’CC’** Come away with Australia's favourite U.S soapie star Ron Moss. Starring:RON MOSS | **G** +GO15-029+ |

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| 05:00 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT20-143+ |

 **Saturday 23 May 2020**

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| 06:00 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT20-143+ |

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| 07:00 | **Weekend Sunrise ’CC’** Wake up to a better breakfast with Matt Doran and Monique Wright, for all the latest entertainment, news, sport and weather. | +SSUN20-021+ |

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| 10:00 | **The Morning Show - Weekend ’CC’** Join Larry Emdur and Kylie Gillies to catch up on all the highlights from this week's program, including a variety of segments on the latest news and entertainment. | **PG** +TMSA20-018+ |

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| 12:00 | **Seven's Horse Racing: Victory Stakes Day, National Jockeys Trust Day (R) ’CC’**   | +SHRC20-017+ |

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| 17:00 | **Seven News At 5 ’CC’** Seven brings you the latest developments in today's top stories at home and around the world, plus sport, finance and weather updates. | +7NAF20-041+ |

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| 17:30 | **Border Security - Australia's Front Line (R) ’CC’** A passenger travelling with a snow board during summer has officers concerned he's got something hidden inside. Later, a Hong Kong fisherman is found to be carrying live bait. | **PG** +BORD-211+ |

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| 18:00 | **Seven News ’CC’** Seven News live and comprehensive coverage of breaking news and local, national and international top stories, plus sport, finance and weather updates. | +7NNS20-144+ |

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| 19:00 | **The Latest: Seven News ’CC’** Latest news, sport and weather from Australia and around the world. | +7NTL20-092+ |

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| 19:30 | **Movie: Men In Black 3 (R) ’CC’ (2012)** In this third instalment, Jay will travel back in time to save the fate of the planet and his agent partner, Kay who has been assassinated by an alien with a personal vendetta. Starring:EMMA THOMPSON,JOSH BROLIN,JEMAINE CLEMENT,NICOLE SCHERZINGER,MICHAEL STUHLBARG,WILL SMITH,TOMMY LEE JONES | **PG (H,L,V)**+SPF9-003+ |

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| 21:45 | **Movie: I, Robot (R) ’CC’ (2004)** In 2035 a techno-phobic cop investigates a crime that may have been perpetrated by a robot, which leads to a threat to humanity. Starring:ALAN TUDYK,BRUCE GREENWOOD,BRIDGET MOYNAHAN,CHI MCBRIDE,JAMES CROMWELL,WILL SMITH | **M (V)**+FOXF01-013+ |

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| 00:00 | **Quantico: The Conscience Code (R) DOUBLE EPISODE**Alex has a peaceful, anonymous life in Italy. However, Alex must abandon this idyllic existence when Ryan persuades her to help him rescue Shelby from an international arms dealer, The Widow. | **M (D,V)**+QUAN03-001+ |

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| 01:00 | **Quantico: Fear And Flesh (R)** In tracking down the origin of a deadly strain of tuberculosis threatening Americans, Ryan must go undercover and infiltrate a white supremacist organisation. | **M (V,A)**+QUAN03-002+ |

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| 02:00 | **Home Shopping** | ++ |

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| 04:00 | **My Greek Odyssey (R)** In this episode, Peter explores the tiny island of Sifnos where he gets a cooking lesson from a master - the grandson of Greece’s famous chef Nikolaos Tselementes, father of the traditional moussaka. | **PG** +MYGO02-011+ |

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| 05:00 | **House Of Wellness (R) ’CC’ ENCORE**Entertaining everybody to live a healthier life. Hosted by Luke Darcy, Jo Stanley and Luke Hines. | **PG** +HOWL04-015+ |