**Sunday 22 March 2020**

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| 06:00 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT20-081+ |

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| 07:00 | **Weekend Sunrise ’CC’** Wake up to a better breakfast with Matt Doran and Monique Wright, for all the latest entertainment, news, sport and weather. | +WSUN20-012+ |

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| 10:00 | **The Morning Show - Weekend ’CC’** Join Larry Emdur and Kylie Gillies to catch up on all the highlights from this week's program, including a variety of segments on the latest news and entertainment. | **PG** +TMSU20-009+ |

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| 12:00 | **House Of Wellness ’CC’** Entertaining everybody to live a healthier life. Hosted by Luke Darcy, Rachael Finch, Jo Stanley and Luke Hines. | **PG** +HOWL04-007+ |

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| 13:00 | **Helloworld (R) ’CC’** Join the all-star cast as they uncover the greatest travel experiences in the world today. | **PG** +HELW01-014+ |

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| 13:30 | **Habitus House of the Year ’CC’** Celebrating the diverse, vibrant design and architecture of the Indo-Pacific region. A deep dive into what it truly means to adopt design as a way of life within our unique part of the world. | **G** +HHTY02-003+ |

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| 14:00 | **Dog Patrol (R)** Palmerston North delta team Sam and Jet chase after offenders who broke into a workshop, Corrections team Nick and Ben spearhead a major operation at Rimutaka Prison. | **PG** +STFC07-006+ |

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| 14:30 | **TBA:**  | ++ |

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| 16:00 | **Better Homes And Gardens (R) ’CC’** Joh visits Shepherd's Ground to find out about their sustainable approach to life. Karen makes the perfect chicken ciabatta. Dr. Harry meets a fellow chook-a-holic and shares bird-keeping secrets. | **G** +BHAG26-005+ |

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| 17:00 | **Seven News At 5 ’CC’** Seven brings you the latest developments in today's top stories at home and around the world, plus sport, finance and weather updates. | +7NAF20-024+ |

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| 17:30 | **Sydney Weekender ’CC’** Mike heads to outback NSW to check out Lightning Ridge. Lizzy visits Broken Hill. Matt checks out Balranald.  | **G** +7SWE27-007+ |

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| 18:00 | **Seven News ’CC’** Seven News live and comprehensive coverage of breaking news and local, national and international top stories, plus sport, finance and weather updates. | +7NNS20-082+ |

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| 19:00 | **My Kitchen Rules: The Rivals ’CC’** The last Instant Restaurant of the Finals. Tonight’s team have a strategy to win, but will their confidence be their undoing? Expect a night of surprises as the Grand Final line up is decided. | **PG (L)**+MYKR11-028+ |

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| 20:30 | **Movie: Deadpool (R) ’CC’ (2015)** A fast-talking mercenary with a morbid sense of humour is subjected to a rogue experiment that leaves him with accelerated healing powers and a quest for revenge. Starring:GINA CARANO,RYAN REYNOLDS,MORENA BACCARIN,T.J. MILLER,ED SKREIN | **MA (V,S)**+FOXF02-013+ |

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| 22:45 | **The Resident: Nurses' Day ’CC’ DOUBLE EPISODE**On National Nurses' Day, the nurses are severely understaffed and overworked; Cain performs a dangerous surgery on a new patient. | **M (A)**+RESI03-006+ |

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| 23:45 | **The Resident: Woman Down ’CC’** When one of Chastain's own is brought into the emergency room with life-threatening injuries, the staff tries to save her life. | **M (V,A)**+RESI03-007+ |

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| 00:45 | **Black-ish: 40 Acres And A Vote (R) DOUBLE EPISODE**Junior runs for class president with Dre as his campaign manager. | **PG** +BLKI03-003+ |

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| 01:15 | **Black-ish: Who's Afraid Of The Big Black Man? (R)** After a situation arises at work, Dre's views on how black people are perceived now versus when he grew up are confronted. | **M (A)**+BLKI03-004+ |

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| 02:00 | **Home Shopping** | ++ |

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| 03:30 | **RSPCA Animal Rescue (R) ’CC’** A deserted wildlife sanctuary in the making is discovered by the RSPCA. But most alarming is what they find in the freezer. Narrated by ANTHONY FIELD. | **G** +ANRS-008+ |

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| 04:00 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT20-082+ |

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| 05:00 | **Seven Early News ’CC’** Latest news, sport and weather from Australia and around the world. | +7ENN20-059+ |

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| 05:30 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR20-059+ |

 **Monday 23 March 2020**

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| 06:00 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR20-059+ |

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| 09:00 | **The Morning Show ’CC’** Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics. | **PG** +TMSW20-046+ |

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| 11:30 | **Seven Morning News ’CC’** Latest news, sport and weather from Australia and around the world. | +7MNN20-059+ |

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| 12:00 | **Midday Movie: Dreamhouse Nightmare ’CC’** A young couple find their dream home in New Orleans. Unfortunately, they outbid an obsessive woman who believes she deserves the home more, and she's willing to force them out. | **M (A,V,S)**+AETN06-004+ |

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| 14:00 | **The Daily Edition ’CC’** Catch up on all of the hottest issues from today's news and entertainment with lively discussions, interviews and crosses to newsmakers around the country. | +TDED20-040+ |

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| 15:00 | **The Chase ’CC’** Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G** +CHSE09-047+ |

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| 16:00 | **Seven News At 4 ’CC’** Seven brings you the latest developments in today's top stories at home and around the world, plus sport, finance and weather updates. | +7ANN20-059+ |

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| 17:00 | **The Chase Australia ’CC’** It's a hit with audiences around the globe - now the general knowledge game show with a difference lands on our shores with The Chase Australia, Hosted by Andrew O'Keefe. | **G** +CHAU09-026+ |

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| 18:00 | **Seven News ’CC’** Seven News live and comprehensive coverage of breaking news and local, national and international top stories, plus sport, finance and weather updates. | +7NNS20-083+ |

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| 19:00 | **Home And Away ’CC’** Maggie fears for her marriage when Marco blackmails her. Leah and Justin struggle to reconcile after her outburst. Jasmine is rocked by huge news. | **PG (S,A)**+HAAW32-158+ |

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| 19:30 | **My Kitchen Rules: The Rivals ’CC’ SEASON FINAL**The Grand Finalists open their own restaurant on Sydney Harbour where each team will create a four-course menu in the battle to be crowned ultimate MKR Champions and win $100,000.  | **PG (L)**+MYKR11-029+ |

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| 21:00 | **9-1-1: Malfunction ’CC’** A skating mishap at an ice show; an accident involving a self-driving car. A fulfillment warehouse robot goes rogue. Eddie's after-hours fight club gets out of control. | **M (V,A)**+NINO03-008+ |

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| 22:00 | **The Latest: Seven News ’CC’** Latest news, sport and weather from Australia and around the world. | +7NTL20-031+ |

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| 23:00 | **God Friended Me: The Last Little Thing ’CC’** As Ali begins chemotherapy, Miles is determined to convince Anna, a young woman also diagnosed with cancer, that there is more to live for than just completing her bucket list. | **PG (D,A)**+GFME02-015+ |

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| 00:00 | **Talking Footy** Luke Darcy, Tim Watson, Wayne Carey, Mick Warner dissect the week's AFL news and issues. | +TFOO20-001+ |

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| 01:00 | **Me, Myself & I: The Card (R) ’CC’** Young Alex attempts to impress his crush, Nori. Mid-life Alex struggles to find the money to take his daughter on a glamping trip with her friends. Older Alex tries to make plans for his birthday. | **PG (S)**+MEMI01-003+ |

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| 01:30 | **The Zoo (R) ’CC’** A panda is about to become a first-time mum. Then, an electrical storm leaves a flying fox orphaned, while an orangutan faces a cancer scare. | **G** +ZOOT3-006+ |

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| 02:00 | **Home Shopping** | ++ |

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| 04:00 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT20-083+ |

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| 05:00 | **Seven Early News ’CC’** Latest news, sport and weather from Australia and around the world. | +7ENN20-060+ |

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| 05:30 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR20-060+ |

 **Tuesday 24 March 2020**

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| 06:00 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR20-060+ |

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| 09:00 | **The Morning Show ’CC’** Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics. | **PG** +TMSW20-047+ |

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| 11:30 | **Seven Morning News ’CC’** Latest news, sport and weather from Australia and around the world. | +7MNN20-060+ |

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| 12:00 | **Midday Movie: The Preacher's Sin (R) ’CC’** A preacher begins to lose control of his seemingly perfect life after he discovers he has a son from an extramarital affair and learns that his live-in niece has been arrested. | **M (A,V)**+AETN06-011+ |

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| 14:00 | **The Daily Edition ’CC’** Catch up on all of the hottest issues from today's news and entertainment with lively discussions, interviews and crosses to newsmakers around the country. | +TDED20-041+ |

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| 15:00 | **The Chase ’CC’** Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G** +CHSE09-048+ |

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| 16:00 | **Seven News At 4 ’CC’** Seven brings you the latest developments in today's top stories at home and around the world, plus sport, finance and weather updates. | +7ANN20-060+ |

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| 17:00 | **The Chase Australia ’CC’** It's a hit with audiences around the globe - now the general knowledge game show with a difference lands on our shores with The Chase Australia, Hosted by Andrew O'Keefe. | **G** +CHAU09-027+ |

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| 18:00 | **Seven News ’CC’** Seven News live and comprehensive coverage of breaking news and local, national and international top stories, plus sport, finance and weather updates. | +7NNS20-084+ |

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| 19:00 | **Home And Away ’CC’** Maggie is blackmailed into a compromising position. Jasmine’s attempt to spread good news is unexpectedly tempered.Justin and Leah’s reconnection hits bumpy ground with an unexpected package. | **PG (S,A)**+HAAW32-159+ |

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| 19:30 | **Border Security - Australia's Front Line ’CC’ NEW EPISODE**An American man makes a shocking confession in one of Borders most dramatic busts. A strange package from Russia is found to contain an extremely rare and unusual item. | **PG** +BORD14-009+ |

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| 20:00 | **Border Security - Australia's Front Line ’CC’ NEW EPISODE**When a Chinese man is reluctant to answer officer's questions, they soon realise he's covering for a partner in crime. What a man has hidden in his bag could have a devastating effect on biosecurity. | **PG** +BORD14-010+ |

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| 20:30 | **The Good Doctor ’CC’** San Jose is rocked by a massive earthquake that puts the staff of St. Bonaventure Hospital on high alert as they race to assess the damage and account for the safety of their colleagues and friends. | **M** +GOOD03-019+ |

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| 21:30 | **World's Most Shocking Emergency Calls ’CC’** An insight into a tragic family massacre, a severely mental ill mother's horrific attack on her baby and the emergency response to the biggest road traffic accident in the UK. | **MA (V,D,A)**+WMSE01-008+ |

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| 22:30 | **The Latest: Seven News ’CC’** Latest news, sport and weather from Australia and around the world. | +7NTL20-032+ |

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| 23:00 | **Surveillance Oz (R) ’CC’** There's a heart-stopping moment as a child slips between the train and the track, all the things that can go wrong in a carpark and a budgie brings the train network to a halt. | **PG (N)**+SURV05-004+ |

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| 23:30 | **Temptation Island USA: Final Bonfire, Pt. 2 ’CC’ SEASON FINAL**The couples reunite at their final bonfire to make the most important decision of their lives. | **MA (L,S,A)**+TIUS01-011+ |

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| 00:30 | **American Crime: Episode Five (R) ’CC’** Carter is released on bond; Mark tells Barb something that surprises her. | **M (D,V)**+AMEC-005+ |

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| 01:30 | **The Zoo (R) ’CC’** Melissa Doyle returns with all new episodes of The Zoo, that takes a unique inside look behind-the- scenes at some of Australia's finest zoos. | **G** +ZOOT4-001+ |

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| 02:00 | **Home Shopping** | ++ |

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| 04:00 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT20-084+ |

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| 05:00 | **Seven Early News ’CC’** Latest news, sport and weather from Australia and around the world. | +7ENN20-061+ |

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| 05:30 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR20-061+ |

 **Wednesday 25 March 2020**

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| 06:00 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR20-061+ |

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| 09:00 | **The Morning Show ’CC’** Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics. | **PG** +TMSW20-048+ |

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| 11:30 | **Seven Morning News ’CC’** Latest news, sport and weather from Australia and around the world. | +7MNN20-061+ |

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| 12:00 | **Midday Movie: Indiscretion (R) ’CC’ (2016)** A married woman's affair comes back to haunt her when her obsessed lover infiltrates every part of her life. | **M (S,V,L)**+AETN03-014+ |

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| 14:00 | **The Daily Edition ’CC’** Catch up on all of the hottest issues from today's news and entertainment with lively discussions, interviews and crosses to newsmakers around the country. | +TDED20-042+ |

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| 15:00 | **The Chase ’CC’** Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G** +CHSE09-049+ |

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| 16:00 | **Seven News At 4 ’CC’** Seven brings you the latest developments in today's top stories at home and around the world, plus sport, finance and weather updates. | +7ANN20-061+ |

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| 17:00 | **The Chase Australia ’CC’** It's a hit with audiences around the globe - now the general knowledge game show with a difference lands on our shores with The Chase Australia, Hosted by Andrew O'Keefe. | **G** +CHAU09-049+ |

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| 18:00 | **Seven News ’CC’** Seven News live and comprehensive coverage of breaking news and local, national and international top stories, plus sport, finance and weather updates. | +7NNS20-085+ |

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| 19:00 | **Home And Away ’CC’** An emotional farewell leads to a new beginning in the Morgan house. Willow’s breakup is causing her to lash out at friends. The town discovers Jasmine’s big news. Maggie tells Roo her big secret.  | **PG (S,A)**+HAAW32-160+ |

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| 19:30 | **Highway Patrol: Do As I Say, Not As I Do ’CC’ NEW EPISODE**A man whose vehicle is plastered with safety messages tries to pull off a dangerous manoeuvre – right in front of the Highway Patrol. | **PG (L)**+HWYP11-010+ |

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| 20:00 | **Highway Patrol: Taking a Dive (R) ’CC’** A learner bursts into tears when he's caught without a fully licensed driver beside him. And if that's not bad enough, he then follows it up with a full blown toddler-like tantrum. | **PG** +HWYP10-004+ |

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| 20:30 | **First Dates Australia (R) ’CC’** In this episode, Mr Right is looking for his Mr Right, a missing wallet spells embarrassment and a perpetual wink leaves a date feeling extra nervous. | **PG (S,L)**+FDAT03-009+ |

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| 21:40 | **The Latest: Seven News ’CC’** Latest news, sport and weather from Australia and around the world. | +7NTL20-033+ |

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| 22:10 | **The Front Bar ’CC’** Join Sam Pang, Mick Molloy and Andy Maher as they share a laugh about the AFL world and catch up with stars of yesteryear and today. | **M (L)**+FBAR20-002+ |

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| 23:10 | **Autopsy USA: Mindy McCready ’CC’ NEW EPISODE**This episode focuses on Mindy McCready's suicide in 2013. An overuse of prescription meds and a likely undiagnosed mental condition.  | **MA (V,A)**+AUTU03-002+ |

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| 00:10 | **The Real O'Neals: The Real Sin (R) DOUBLE EPISODE**Eileen and Pat's divorce papers come through, so Eileen realises she is free to be with VP Murray, but their attempts are plagued with obstacles that make Eileen doubt her desires. | **M (S,A)**+REAL02-009+ |

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| 00:40 | **The Real O'Neals: The Real Acceptance (R)** After Kenny and Brett officially become a couple, Kenny starts to plan how to break the news to his parents. Meanwhile, Jimmy surprises everyone when he scores a high SAT score. | **M (A)**+REAL02-010+ |

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| 01:10 | **The Zoo (R) ’CC’** Four Cheetah cubs have recently been born in Dubbo and two of them are extra special. And Taronga's chimp family moves house. | **G** +ZOOT4-002+ |

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| 02:00 | **Home Shopping** | ++ |

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| 04:00 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT20-085+ |

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| 05:00 | **Seven Early News ’CC’** Latest news, sport and weather from Australia and around the world. | +7ENN20-062+ |

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| 05:30 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR20-062+ |

 **Thursday 26 March 2020**

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| 06:00 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR20-062+ |

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| 09:00 | **The Morning Show ’CC’** Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics. | **PG** +TMSW20-049+ |

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| 11:30 | **Seven Morning News ’CC’** Latest news, sport and weather from Australia and around the world. | +7MNN20-062+ |

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| 12:00 | **Midday Movie: A Surrogate's Nightmare (R) ’CC’ (2017)** A woman acting as a surrogate for her estranged sister is put in peril when it turns out that someone doesn't want the baby to be born. | **M (V,A)**+AETN03-024+ |

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| 14:00 | **The Daily Edition ’CC’** Catch up on all of the hottest issues from today's news and entertainment with lively discussions, interviews and crosses to newsmakers around the country. | +TDED20-043+ |

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| 15:00 | **The Chase (R) ’CC’** Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G** +CHSE09-004+ |

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| 16:00 | **Seven News At 4 ’CC’** Seven brings you the latest developments in today's top stories at home and around the world, plus sport, finance and weather updates. | +7ANN20-062+ |

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| 17:00 | **The Chase Australia ’CC’** It's a hit with audiences around the globe - now the general knowledge game show with a difference lands on our shores with The Chase Australia, Hosted by Andrew O'Keefe. | **G** +CHAU06-020+ |

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| 18:00 | **Seven News ’CC’** Seven News live and comprehensive coverage of breaking news and local, national and international top stories, plus sport, finance and weather updates. | +7NNS20-086+ |

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| 19:00 | **Home And Away ’CC’** A reluctant Dean gets caught up in Mackenzie’s love triangle. Willow continues to emotionally struggle with her break-up. Leah and Justin try to move forward and get their groove back. | **PG (A)**+HAAW32-161+ |

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| 19:30 | **Rebel Wilson's Pooch Perfect ’CC’**   | **PG (L,S)**+SDOG01-005+ |

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| 21:00 | **Movie: Father Figures ’CC’ (2017) PREMIERE**Upon learning that their mother has been lying to them for years about their allegedly deceased father, two fraternal twin brothers hit the road in order to find him. | **M (L,S)**+WBFR08-009+ |

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| 23:15 | **The Latest: Seven News ’CC’** Latest news, sport and weather from Australia and around the world. | +7NTL20-034+ |

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| 23:45 | **Autopsy USA: Chris Farley (R) ’CC’** On December 18th 1997 Chris' body was found on the floor of his Chicago apartment, after four days of partying. He died alone aged 33. Now, Dr. Michael Hunter is taking a fresh look at his death. | **MA (D)**+AUTU02-001+ |

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| 00:45 | **Scandal: The Decision (R) DOUBLE EPISODE**With the ugly truth behind Frankie's assassination revealed, a torn Olivia wonders how different her life, and the country, would be if she, Mellie and Cyrus had never rigged Fitz's election. | **M (S)**+SCAN06-010+ |

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| 01:45 | **Scandal: Trojan Horse (R)** Olivia and the team are determined to bring down Peus, but as the Electoral College vote nears, the fight for power claims another victim. | **M (V)**+SCAN06-011+ |

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| 03:00 | **Home Shopping** | ++ |

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| 04:00 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT20-086+ |

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| 05:00 | **Seven Early News ’CC’** Latest news, sport and weather from Australia and around the world. | +7ENN20-063+ |

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| 05:30 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR20-063+ |

 **Friday 27 March 2020**

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| 06:00 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR20-063+ |

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| 09:00 | **The Morning Show ’CC’** Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics. | **PG** +TMSW20-050+ |

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| 11:30 | **Seven Morning News ’CC’** Latest news, sport and weather from Australia and around the world. | +7MNN20-063+ |

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| 12:00 | **Midday Movie: The Lost Wife Of Robert Durst (R) ’CC’** Young and wide-eyed, Kathie falls in love with charming yet quirky real estate scion Robert Durst, only to find their marriage turning stranger, darker and more disturbing as time passes. | **M (V,A)**+AETN06-013+ |

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| 14:00 | **The Daily Edition ’CC’** Catch up on all of the hottest issues from today's news and entertainment with lively discussions, interviews and crosses to newsmakers around the country. | +TDED20-044+ |

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| 15:00 | **The Chase (R) ’CC’** Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G** +CHSE06-124+ |

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| 16:00 | **Seven News At 4 ’CC’** Seven brings you the latest developments in today's top stories at home and around the world, plus sport, finance and weather updates. | +7ANN20-063+ |

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| 17:00 | **The Chase Australia ’CC’** It's a hit with audiences around the globe - now the general knowledge game show with a difference lands on our shores with The Chase Australia, Hosted by Andrew O'Keefe. | **G** +CHAU06-001+ |

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| 18:00 | **Seven News ’CC’** Seven News live and comprehensive coverage of breaking news and local, national and international top stories, plus sport, finance and weather updates. | +7NNS20-087+ |

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| 19:00 | **Better Homes And Gardens ’CC’** Joh and Pete check out a V-shaped property with stunning views and Brazilian style. Adam shows you some DIY shortcuts. Fast Ed makes a polenta, tomato and cheese traybake.  | **G** +BHAG26-008+ |

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| 20:30 | **Movie: Only The Brave ’CC’ (2017) PREMIERE**Based on the true story of the Granite Mountain Hotshots, a group of elite firefighters who risk everything to protect a town from a historic wildfire. | **M (L)**+STUC07-003+ |

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| 23:30 | **TBA:**  | ++ |

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| 00:30 | **Movie: Kid Cop (R) ’CC’ (1996)** Peter is obsessed with becoming a policeman and he's not willing to allow the fact he's just a kid stand in his way! Starring:ALEXANDRA PAUL,BETHANY RICHARDS,CINDY PICKETT,EDWARD ALBERT,JEREMY LELLIOTT,JOHN RUBINSTEIN,MICHAEL FAIRMAN,SONDRA CURRIE,TIM THOMERSON | **PG (V)**+WILF-009+ |

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| 02:30 | **Home Shopping** | ++ |

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| 04:00 | **The Great Outdoors: Ultimate Shopping Holidays (R) ’CC’** The world's new Number One Shopping paradise and Melbourne's latest and greatest shopping secrets. | **G** +GO15-017+ |

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| 05:00 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT20-087+ |

 **Saturday 28 March 2020**

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| 06:00 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT20-087+ |

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| 07:00 | **Weekend Sunrise ’CC’** Wake up to a better breakfast with Matt Doran and Monique Wright, for all the latest entertainment, news, sport and weather. | +SSUN20-013+ |

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| 10:00 | **The Morning Show - Weekend ’CC’** Join Larry Emdur and Kylie Gillies to catch up on all the highlights from this week's program, including a variety of segments on the latest news and entertainment. | **PG** +TMSA20-010+ |

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| 12:00 | **Seven's Horse Racing: Tancred Stakes Day, Bendigo Mile ’CC’** The Autumn Carnival action continues with another big day of racing that’s highlighted by the $1.5 million Group 1 Tancred Stakes over 2400m at Rosehill Gardens and the Golden Mile at Bendigo. | +SHRC20-009+ |

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| 17:00 | **Seven News At 5 ’CC’** Seven brings you the latest developments in today's top stories at home and around the world, plus sport, finance and weather updates. | +7NAF20-025+ |

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| 17:30 | **Border Security - Australia's Front Line (R) ’CC’** A French backpacker with a suspicious scent attracts the attention of Customs' sniffer dogs. A baby faced bandit is on the run from the law. A mirror arrives in the mail concealing pallets of heroin. | **PG** +BORD-172+ |

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| 18:00 | **Seven News ’CC’** Seven News live and comprehensive coverage of breaking news and local, national and international top stories, plus sport, finance and weather updates. | +7NNS20-088+ |

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| 19:00 | **Movie: Thor (R) ’CC’ (2015)** The powerful but arrogant god Thor is cast out of Asgard to live amongst humans in Midgard (Earth), where he soon becomes one of their finest defenders. Starring:ANTHONY HOPKINS,CHRIS HEMSWORTH,JAIMIE ALEXANDER,KAT DENNINGS,NATALIE PORTMAN,TOM HIDDLESTON | **PG (A,V)**+WDFR17-014+ |

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| 21:10 | **Movie: Die Hard: With A Vengeance (R) ’CC’ (1995)** John McClane and a Harlem store owner are targeted by German terrorist Simon Gruber in New York City, where he plans to rob the Federal Reserve Building. Starring:BRUCE WILLIS,COLLEEN CAMP,GRAHAM GREENE,JEREMY IRONS,SAMUEL L JACKSON,SAM PHILLIPS | **M (V,L)**+FOXF08-017+ |

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| 23:50 | **Surveillance Oz (R) ’CC’** In this week's episode a pedestrian dices with death on the freeway, a drunken man falls on the tracks in peak hour, thieves literally get a massive shock and a ram raid goes horribly wrong. | **PG** +SURV05-003+ |

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| 00:20 | **How To Make $10k In 20 Days: How To Make $10k In 20 Days (R) ’CC’ (2019)** Couples attempt to make $10k in 20 days. Plus, a team of experts show couples how to cut costs in the kitchen, turn your home into cash and make money from junk. | **PG** +AUMS61-001+ |

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| 02:00 | **Home Shopping** | ++ |

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| 04:00 | **My Greek Odyssey (R)** This episode continues Peter’s time in Samothrace. It’s an island frequented by adventure and nature lovers, where they unearthed the famous winged goddess statue of Nike.  | **PG** +MYGO02-003+ |

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| 05:00 | **House Of Wellness (R) ’CC’** Entertaining everybody to live a healthier life. Hosted by Luke Darcy, Rachael Finch, Jo Stanley and Luke Hines. | **PG** +HOWL04-007+ |