**Sunday 23 February 2020**

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| 06:00 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT20-053+ |

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| 07:00 | **Weekend Sunrise ’CC’** Wake up to a better breakfast with Matt Doran and Monique Wright, for all the latest entertainment, news, sport and weather. | +WSUN20-008+ |

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| 10:00 | **The Morning Show - Weekend ’CC’** Join Larry Emdur and Kylie Gillies to catch up on all the highlights from this week's program, including a variety of segments on the latest news and entertainment. | **PG** +TMSU20-005+ |

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| 12:00 | **House Of Wellness ’CC’** Entertaining everybody to live a healthier life. Hosted by Luke Darcy, Rachael Finch, Jo Stanley and Luke Hines. | **PG** +HOWL04-003+ |

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| 13:00 | **Helloworld (R) ’CC’** Join the all-star cast as they uncover the greatest travel experiences in the world today. | **PG** +HELW01-010+ |

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| 13:30 | **My Road To Adventure: Patrick Dangerfield, Pt. 2 ’CC’** An intimate insight into the secret holidaying lifestyle of some of Australia’s most loved celebrities. | **PG** +MRTA01-004+ |

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| 14:00 | **My Road To Adventure: Patrick Dangerfield, Pt. 3 ’CC’** An intimate insight into the secret holidaying lifestyle of some of Australia’s most loved celebrities. | **PG** +MRTA01-005+ |

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| 14:30 | **Bathurst 12 Hour - Highlights: Bathurst 12 Hour - Highlights ’CC’ (2020)** Australia's International Endurance has grown to become one of the 'must win' events on the global GT schedule, with 12 hours of tough racing. | +SPSP20-013+ |

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| 15:30 | **Motorbike Cops (R) ’CC’** The good old Aussie humour and no-nonsense policing of these coppers are leaving a mark on Sydney's drivers- and their hearts. But what will they do when an unexpected van catches fire? | **PG** +MTCP01-002+ |

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| 16:00 | **Better Homes And Gardens (R) ’CC’** Joh and Pete visit the ultimate beach shack. Tara creates some unique pieces of abstract art. Karen makes deep fried prawn rice paper rolls. Dr Harry finds out all about the world of dog agility.  | **G** +BHAG26-001+ |

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| 17:00 | **Seven News At 5 ’CC’** Seven brings you the latest developments in today's top stories at home and around the world, plus sport, finance and weather updates. | +7NAF20-016+ |

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| 17:30 | **Sydney Weekender ’CC’** Mike checks out what's new and what's hot in Tweed. Teigan takes in the Nepean River. Fliss checks out Avoca Surf House. | **G** +7SWE27-003+ |

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| 18:00 | **Seven News ’CC’** Seven News live and comprehensive coverage of breaking news and local, national and international top stories, plus sport, finance and weather updates. | +7NNS20-054+ |

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| 19:00 | **Koala Rescue: Koala Rescue (2020) PREMIERE**Koala Rescue profiles the courage and determination of everyday Australians who went outof their way to rescue, treat and rehabilitate the koalas who survived the 2019 Australian mega fire.  | +SPEC98-001+ |

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| 20:30 | **The Good Doctor: Fractured ’CC’ SERIES RETURN**Following his father's death, Shaun must deal with the effects his intimacy with Lea will have on his relationship with Carly. Meanwhile, the team operates on a patient who is refusing all anesthesia. | **M** +GOOD03-011+ |

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| 21:30 | **God Friended Me: A New Hope ’CC’ SERIES RETURN**Miles discovers a new clue as to who is behind the God Account when Joy reveals that his friend suggestions have all been clients of the same insurance company.  | **PG** +GFME02-011+ |

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| 22:30 | **The Resident: From The Ashes ’CC’ SERIES RETURN**The doctors of Chastain are surrounded by new rules and doctors, as Red Rock Mountain Medical takes over the hospital. Conrad finds himself in a dangerous situation. | **M (A)**+RESI03-001+ |

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| 23:30 | **Autopsy USA: Corey Haim (R) ’CC’** Corey Haim was the poster boy of 1980's Hollywood. Forensic Pathologist Dr. Michael Hunter examines Corey's autopsy report to dispel the rumors, and reveal the real cause of the actor's tragic death. | **M (D,A)**+AUTU02-020+ |

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| 00:30 | **The Cosmetic Surgery Show** Follows one of Australia's leading Cosmetic and Dermatological Surgeons, Dr Daniel Lanzer, as he and his team perform incredible procedures. | **MA (A)**+CMCF02-005+ |

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| 01:00 | **Tales From The Coast With Robson Green: Pembrokeshire (R) ’CC’** Join Robson Green as he explores the shores of Britain, on a journey to find out just what it is that makes the coast so special and how Britain has been defined by its relationship with the sea. | **PG** +TALE01-002+ |

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| 02:00 | **Home Shopping** | ++ |

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| 03:30 | **RSPCA Animal Rescue (R) ’CC’** RSPCA inspectors rescue an orphaned foal, go to great lengths to save a trapped kitten in a warehouse drainpipe, and it's a lucky day for a lonely dog. | **G** +ANRS-004+ |

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| 04:00 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT20-054+ |

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| 05:00 | **Seven Early News ’CC’** Latest news, sport and weather from Australia and around the world. | +7ENN20-039+ |

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| 05:30 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR20-039+ |

 **Monday 24 February 2020**

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| 06:00 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR20-039+ |

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| 09:00 | **The Morning Show ’CC’** Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics. | **PG** +TMSW20-026+ |

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| 11:30 | **Seven Morning News ’CC’** Latest news, sport and weather from Australia and around the world. | +7MNN20-039+ |

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| 12:00 | **Midday Movie: Bad Sister (R) ’CC’ (2015)** As a top student at St. Adeline's Catholic Boarding School, Zoe senses that something is not quite right about the school's new nun. | **M (S,V)**+AETN02-003+ |

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| 14:00 | **The Daily Edition ’CC’** Catch up on all of the hottest issues from today's news and entertainment with lively discussions, interviews and crosses to newsmakers around the country. | +TDED20-020+ |

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| 15:00 | **The Chase ’CC’** Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G** +CHSE09-035+ |

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| 16:00 | **Seven News At 4 ’CC’** Seven brings you the latest developments in today's top stories at home and around the world, plus sport, finance and weather updates. | +7ANN20-039+ |

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| 17:00 | **The Chase Australia ’CC’** It's a hit with audiences around the globe - now the general knowledge game show with a difference lands on our shores with The Chase Australia, Hosted by Andrew O'Keefe. | **G** +CHAU09-014+ |

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| 18:00 | **Seven News ’CC’** Seven News live and comprehensive coverage of breaking news and local, national and international top stories, plus sport, finance and weather updates. | +7NNS20-055+ |

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| 19:00 | **Home And Away ’CC’** Is Willow ready to make a big decision? Jasmine makes peace with Robbo’s gift. Shock when a mystery photo suggests Leah could be alive. | **PG** +HAAW32-142+ |

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| 19:30 | **My Kitchen Rules: The Rivals ’CC’** It's the second elimination cook-off of the season and there's a massive twist in store for the House on the chopping block. Which team will be eliminated tonight? | **PG (L)**+MYKR11-014+ |

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| 21:00 | **9-1-1: Triggers ’CC’** The team races to save workers in a high-rise during a fire drill, car accident victims, and siblings fighting over a family heirloom. Buck gives Bobby surprising news. | **M (A)**+NINO03-004+ |

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| 22:00 | **S.W.A.T.: Saving Face ’CC’** Hondo suspects an ulterior motive when his romantic interest's estranged husband requests the team's help in apprehending a fugitive, who is robbing drug cargo shipments. | **M (D,V)**+SSWA02-004+ |

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| 23:00 | **The Latest: Seven News ’CC’** Latest news, sport and weather from Australia and around the world. | +7NTL20-015+ |

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| 23:30 | **Proven Innocent: Acceptable Losses ’CC’** When the Injustice Defense Group is approached to exonerate a former frat boy charged with rape and murder, a turn in Davon Watkins' case forces Madeline to head back to Ohio. | **M (D,A)**+PRIN01-009+ |

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| 00:30 | **Hospital (R) ’CC’** This episode looks at pioneering treatments for some of the oldest and youngest patients in the hospital. | **PG (A)**+LADW01-005+ |

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| 02:00 | **Home Shopping** | ++ |

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| 04:00 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT20-055+ |

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| 05:00 | **Seven Early News ’CC’** Latest news, sport and weather from Australia and around the world. | +7ENN20-040+ |

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| 05:30 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR20-040+ |

 **Tuesday 25 February 2020**

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| 06:00 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR20-040+ |

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| 09:00 | **The Morning Show ’CC’** Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics. | **PG** +TMSW20-027+ |

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| 11:30 | **Seven Morning News ’CC’** Latest news, sport and weather from Australia and around the world. | +7MNN20-040+ |

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| 12:00 | **Midday Movie: Father Figures ’CC’ (2017)** Upon learning that their mother has been lying to them for years about their allegedly deceased father, two fraternal twin brothers hit the road in order to find him. | **M (L,S)**+WBFR08-009+ |

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| 14:00 | **The Daily Edition ’CC’** Catch up on all of the hottest issues from today's news and entertainment with lively discussions, interviews and crosses to newsmakers around the country. | +TDED20-021+ |

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| 15:00 | **The Chase ’CC’** Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G** +CHSE09-036+ |

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| 16:00 | **Seven News At 4 ’CC’** Seven brings you the latest developments in today's top stories at home and around the world, plus sport, finance and weather updates. | +7ANN20-040+ |

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| 17:00 | **The Chase Australia ’CC’** It's a hit with audiences around the globe - now the general knowledge game show with a difference lands on our shores with The Chase Australia, Hosted by Andrew O'Keefe. | **G** +CHAU09-015+ |

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| 18:00 | **Seven News ’CC’** Seven News live and comprehensive coverage of breaking news and local, national and international top stories, plus sport, finance and weather updates. | +7NNS20-056+ |

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| 19:00 | **Home And Away ’CC’** Justin is devastated as Leah’s photo leads to more questions than answers. Alex and Willow have big decisions to make. | **PG (A)**+HAAW32-143+ |

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| 19:30 | **My Kitchen Rules: The Rivals ’CC’** A brand-new round of restaurant takeovers sees House Manu serving flash pub grub at the iconic Imperial Hotel. As the Faves feel the heat, the Fans hatch a plan and rival judges lock horns. | **PG** +MYKR11-015+ |

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| 21:00 | **The Good Doctor: Mutations ’CC’** Audrey, Shaun and Morgan treat a 25-year-old runner suffering from severe swelling; but when things take a turn for the worse, Shaun enlists the help of Carly.  | **M** +GOOD03-012+ |

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| 22:00 | **Gold Digger ’CC’** When Julia's children accuse Benjamin of infidelity it threatens to split them up. But their relationship grows stronger as they move in together and Benjamin proposes. | **M (S,L,A)**+GODI01-003+ |

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| 23:10 | **The Latest: Seven News ’CC’** Latest news, sport and weather from Australia and around the world. | +7NTL20-016+ |

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| 23:40 | **Proven Innocent: SEAL Team Deep Six ’CC’** When a Navy SEAL is charged with murdering her superior, Madeline and the team are determined to prove her innocence. Levi presses harder for insight on Rosemary's life in high school. | **M (V,A)**+PRIN01-010+ |

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| 00:40 | **American Crime: Episode One (R) ’CC’** After a young couple is attacked in their home, the case sends shock waves into the community and stirs up tensions across racial lines. | **M (D,V)**+AMEC-001+ |

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| 02:00 | **Home Shopping** | ++ |

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| 04:00 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT20-056+ |

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| 05:00 | **Seven Early News ’CC’** Latest news, sport and weather from Australia and around the world. | +7ENN20-041+ |

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| 05:30 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR20-041+ |

 **Wednesday 26 February 2020**

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| 06:00 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR20-041+ |

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| 09:00 | **The Morning Show ’CC’** Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics. | **PG** +TMSW20-028+ |

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| 11:30 | **Seven Morning News ’CC’** Latest news, sport and weather from Australia and around the world. | +7MNN20-041+ |

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| 12:00 | **Midday Movie: The Wrong Woman (R) ’CC’ (2013)** A sweet, caring, working wife and mother, answers the door one afternoon to learn that she is under arrest for attempted murder. Starring:DANICA MCKELLAR,JALEEL WHITE,JONATHAN BENNETT | **M (V)**+AETN03-031+ |

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| 14:00 | **The Daily Edition ’CC’** Catch up on all of the hottest issues from today's news and entertainment with lively discussions, interviews and crosses to newsmakers around the country. | +TDED20-022+ |

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| 15:00 | **The Chase ’CC’** Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G** +CHSE09-037+ |

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| 16:00 | **Seven News At 4 ’CC’** Seven brings you the latest developments in today's top stories at home and around the world, plus sport, finance and weather updates. | +7ANN20-041+ |

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| 17:00 | **The Chase Australia ’CC’** It's a hit with audiences around the globe - now the general knowledge game show with a difference lands on our shores with The Chase Australia, Hosted by Andrew O'Keefe. | **G** +CHAU06-056+ |

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| 18:00 | **Seven News ’CC’** Seven News live and comprehensive coverage of breaking news and local, national and international top stories, plus sport, finance and weather updates. | +7NNS20-057+ |

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| 19:00 | **Home And Away ’CC’** Justin's losing his mind in his search for Leah. What now for Willow and Alex? | **PG (V,A)**+HAAW32-144+ |

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| 19:30 | **My Kitchen Rules: The Rivals ’CC’** House Colin's underdogs are serving sophisticated pub classics and they're pulling out all the stops to make their mentor proud in his own kitchen. Can one team’s secret weapon save the day? | **PG (L)**+MYKR11-016+ |

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| 21:00 | **First Dates Australia ’CC’ NEW EPISODE**Shadi has returned to the restaurant for the fourth time! But he’s back a different man. He’s lost a lot of weight, he’s found faith and his chastity belt is now back tightly in place. | **PG (L,S,A)**+FDAT04-006+ |

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| 22:10 | **First Dates Australia (R) ’CC’** Lingerie designer Jana dreams of a 'big bald guy' to carry her off into the sunset; Hip hop dancer Andrew attempts to seal the deal by showing Madeline his moves. | **PG (S)**+FDAT03-005+ |

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| 23:20 | **The Latest: Seven News ’CC’** Latest news, sport and weather from Australia and around the world. | +7NTL20-017+ |

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| 23:50 | **Temptation Island USA: Head In The Sand ’CC’** The couples reflect on their relationships and realise that coming to the island may have been a mistake. | **MA (L,S,A)**+TIUS01-006+ |

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| 00:50 | **The Real O'Neals: The Real Tradition (R) DOUBLE EPISODE**The O'Neals deal with a change to their Thanksgiving tradition when Pat and Eileen invite Gloria and VP Murray to dinner as their dates. | **M (A)**+REAL02-005+ |

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| 01:20 | **The Real O'Neals: The Real Fit (R)** Pat's brother Dwayne comes to town to help Pat build his new tiny house in the garage. Shannon realises Jodi and Dwayne still have chemistry, and tries to get them back together. | **M (A)**+REAL02-006+ |

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| 02:00 | **Home Shopping** | ++ |

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| 04:00 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT20-057+ |

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| 05:00 | **Seven Early News ’CC’** Latest news, sport and weather from Australia and around the world. | +7ENN20-042+ |

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| 05:30 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR20-042+ |

 **Thursday 27 February 2020**

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| 06:00 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR20-042+ |

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| 09:00 | **The Morning Show ’CC’** Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics. | **PG** +TMSW20-029+ |

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| 11:30 | **Seven Morning News ’CC’** Latest news, sport and weather from Australia and around the world. | +7MNN20-042+ |

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| 12:00 | **Midday Movie: Forever 16 (R) ’CC’ (2013)** Raven, a 16 year old vampire, alone and standoffish for years, must join the police force as an undercover cop when her vampire identity is found out. | **M (D,H,V)**+AETN02-010+ |

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| 14:00 | **The Daily Edition ’CC’** Catch up on all of the hottest issues from today's news and entertainment with lively discussions, interviews and crosses to newsmakers around the country. | +TDED20-023+ |

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| 15:00 | **The Chase (R) ’CC’** Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G** +CHSE07-074+ |

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| 16:00 | **Seven News At 4 ’CC’** Seven brings you the latest developments in today's top stories at home and around the world, plus sport, finance and weather updates. | +7ANN20-042+ |

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| 17:00 | **The Chase Australia ’CC’** It's a hit with audiences around the globe - now the general knowledge game show with a difference lands on our shores with The Chase Australia, Hosted by Andrew O'Keefe. | **G** +CHAU08-010+ |

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| 18:00 | **Seven News ’CC’** Seven News live and comprehensive coverage of breaking news and local, national and international top stories, plus sport, finance and weather updates. | +7NNS20-058+ |

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| 19:00 | **Home And Away ’CC’** Jasmine struggles with grief. Justin and Colby’s search for Leah takes a dramatic twist. | **PG (V,A)**+HAAW32-145+ |

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| 19:30 | **Rebel Wilson's Pooch Perfect ’CC’ SEASON PREMIERE**Pooch Perfect features 10 professional pet stylists competing in a series of pawsome themed challenges revealing epic transformations of adored family pets. Hosted by Rebel Wilson. | **PG (S,L)**+SDOG01-001+ |

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| 21:00 | **Modern Family: The Last Halloween ’CC’ NEW EPISODE**Phil is determined to scare Claire on Halloween. Gloria feels self-conscious about her age when someone correctly assumes she is Jay's wife. | **PG (S,A)**+MOFA11-005+ |

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| 21:30 | **Modern Family: A Game Of Chicken ’CC’ NEW EPISODE**Gloria uses her alone time with the twins as an opportunity to secretly baptize them before Haley and Dylan get home. Claire deals with the fallout from the smart closet fiasco. | **PG** +MOFA11-006+ |

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| 22:00 | **Ramsay's 24 Hours To Hell And Back: Bayou On The Vine ’CC’** Ramsay and his team discover that the family dynamic is creating a challenging work environment at Bayou on the Vine, a family-owned-and-operated Cajun restaurant in Kansas City, Mo. | **M (L)**+GRHB02-006+ |

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| 23:00 | **The Latest: Seven News ’CC’** Latest news, sport and weather from Australia and around the world. | +7NTL20-018+ |

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| 23:30 | **Hooked On The Look (R) ’CC’** Meet the fierce, fabulous few who'll stop at nothing to get their perfect look - but how far is too far? | **M (A)**+HOTL01-001+ |

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| 00:00 | **Scandal: Fates Worse Than Death (R) DOUBLE EPISODE**In the midst of a national crisis, Cyrus’s fate is sealed. Meanwhile, Olivia and the gladiators will stop at nothing to get to the truth. | **M (V)**+SCAN06-003+ |

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| 01:00 | **Scandal: The Belt (R)** Cyrus faces his ultimate challenge but continues to stop at nothing to prove his innocence. Meanwhile, Olivia and the gladiators uncover shocking new evidence about the night Frankie was shot. | **M (V,A)**+SCAN06-004+ |

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| 02:00 | **Home Shopping** | ++ |

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| 04:00 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT20-058+ |

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| 05:00 | **Seven Early News ’CC’** Latest news, sport and weather from Australia and around the world. | +7ENN20-043+ |

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| 05:30 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR20-043+ |

 **Friday 28 February 2020**

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| 06:00 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR20-043+ |

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| 09:00 | **The Morning Show ’CC’** Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics. | **PG** +TMSW20-030+ |

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| 11:30 | **Seven Morning News ’CC’** Latest news, sport and weather from Australia and around the world. | +7MNN20-043+ |

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| 12:00 | **Midday Movie: Abducted: The Carlina White Story (R) ’CC’ (2012)** A baby abducted at birth and raised by the woman who took her, eventually discovers she is a missing child, reconnects with her birth parents, and struggles with choosing between her two identities. | **M (A)**+AETN03-003+ |

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| 14:00 | **The Daily Edition ’CC’** Catch up on all of the hottest issues from today's news and entertainment with lively discussions, interviews and crosses to newsmakers around the country. | +TDED20-024+ |

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| 15:00 | **The Chase (R) ’CC’** Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G** +CHSE07-075+ |

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| 16:00 | **Seven News At 4 ’CC’** Seven brings you the latest developments in today's top stories at home and around the world, plus sport, finance and weather updates. | +7ANN20-043+ |

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| 17:00 | **The Chase Australia ’CC’** It's a hit with audiences around the globe - now the general knowledge game show with a difference lands on our shores with The Chase Australia, Hosted by Andrew O'Keefe. | **G** +CHAU06-007+ |

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| 18:00 | **Seven News ’CC’** Seven News live and comprehensive coverage of breaking news and local, national and international top stories, plus sport, finance and weather updates. | +7NNS20-059+ |

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| 19:00 | **Better Homes And Gardens ’CC’** Joh meets up with BMX champions Kaia and Saya Sakakibara. Adam tackles some simple DIY fixes around the home. Fast Ed makes salmon saltimbocca. Dr. Harry meets a dog that constantly goes berserk.  | **G** +BHAG26-004+ |

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| 20:30 | **Movie: Batman v Superman: Dawn Of Justice (R) ’CC’ (2016)** Fearing the actions of a god-like superhero left unchecked, Batman takes on Metropolis’s most revered, modern-day saviour, Superman, while the world wrestles with what sort of hero it really needs. | **M (A,L,V)**+WBFR07-002+ |

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| 23:30 | **Surveillance Oz: Dashcam (R) ’CC’** Every day thousands of dashcam cameras in cars are monitoring what goes on across the roads of Australia. Tonight, see the shocking accidents, road rage incidents and dangerous driving on our roads. | **PG** +DCAM-005+ |

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| 00:00 | **Movie: Borderline Normal (R) ’CC’ (2000)** Two sensitive teenagers from broken homes find comfort in each other's arms as they help one another to cope with the emotional loss of their families. Starring:CATERINA SCORSONE,CORBIN BERNSEN,ERIC JOHNSON,EUGENE LIPINSKI,ROBIN DUNNE,MICHAEL IRONSIDE,WILL SANDERSON,STEPHANIE ZIMBALIST | **M (A,S)**+WILF-055+ |

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| 02:00 | **Home Shopping** | ++ |

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| 04:00 | **The Great Outdoors (R) ’CC’** ABBA EXCLUSIVE - Music legend Benny Andersson from ABBA shows us around his latest project - his very own luxury Hotel in Sweden. Plus Aunty Jack is back! Starring:AUNTY JACK,BENNY ANDERSSON | **G** +GO15-010+ |

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| 05:00 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT20-059+ |

 **Saturday 29 February 2020**

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| 06:00 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT20-059+ |

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| 07:00 | **Weekend Sunrise ’CC’** Wake up to a better breakfast with Matt Doran and Monique Wright, for all the latest entertainment, news, sport and weather. | +SSUN20-009+ |

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| 10:00 | **The Morning Show - Weekend ’CC’** Join Larry Emdur and Kylie Gillies to catch up on all the highlights from this week's program, including a variety of segments on the latest news and entertainment. | **PG** +TMSA20-006+ |

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| 12:00 | **Seven's Horse Racing: Randwick: Chipping Norton Stakes, Flemington: Australian Guineas ’CC’**   | +SHRC20-005+ |

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| 17:00 | **Seven News At 5 ’CC’** Seven brings you the latest developments in today's top stories at home and around the world, plus sport, finance and weather updates. | +7NAF20-017+ |

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| 17:30 | **Border Security - Australia's Front Line (R) ’CC’** A man arrives at the airport without any clothes in his bag and only has random objects that could be the perfect hiding place for illegal goods. Officers are called to investigate a suspicious looking x-ray. Narrated by | +BORD-162+ |

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| 18:00 | **Seven News ’CC’** Seven News live and comprehensive coverage of breaking news and local, national and international top stories, plus sport, finance and weather updates. | +7NNS20-060+ |

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| 19:00 | **Movie: The Day After Tomorrow (R) ’CC’ (2003)** When an ice-age threatens the world, a climatologist tries to figure out a way to save humanity and get to his young son in New York. Starring:JAY SANDERS,JAKE GYLLENHAAL,EMMY ROSSUM,DASH MIHOK,DENNIS QUAID,SELA WARD | **PG (A,L)**+FOXF01-008+ |

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| 21:30 | **Movie: Taken 2 (R) ’CC’ (2012)** When he is targeted by a mysterious figure seeking vengeance, Bryan Mills must employ his "particular set of skills" to protect his family against an army out to kill them. Starring:FAMKE JANSSEN,LIAM NEESON,MAGGIE GRACE,RADE SERBEDZIJA | **M (V)**+FOXF02-011+ |

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| 23:30 | **Surveillance Oz: Dashcam (R) ’CC’** Every day thousands of dashcam cameras in cars are monitoring what goes on across the roads of Australia. Tonight, see the shocking accidents, road rage incidents and dangerous driving on our roads. | **PG** +DCAM-004+ |

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| 00:00 | **The Catch: The Birthday Party (R) ’CC’** Alice is caught off guard when someone from her past resurfaces and is in need of her help. Meanwhile, Ben and Margot have to work together to keep a sweet sixteen party from getting out of hand. | **M (V)**+CATC02-007+ |

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| 01:00 | **The Catch: The Knock-Off (R) ’CC’** Alice's attention to her recent case forces Ben to confront her about their relationship, and Ben and Rhys help Justine solve the biggest case of her life. | **M (V,S)**+CATC02-008+ |

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| 02:00 | **Home Shopping** | ++ |

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| 04:00 | **My Greek Odyssey (R) ’CC’** Peter continues his travels on the island of Lefkada, before going on to Skorpios. | **PG** +MYGO01-012+ |

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| 05:00 | **House Of Wellness (R) ’CC’ ENCORE**Entertaining everybody to live a healthier life. Hosted by Luke Darcy, Rachael Finch, Jo Stanley and Luke Hines. | **PG** +HOWL04-003+ |