**Sunday 24 November 2019**

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| 06:00 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-281+ |

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| 07:00 | **Weekend Sunrise ’CC’** Wake up to a better breakfast with Matt Doran and Monique Wright, for all the latest entertainment, news, sport and weather. | +WSUN19-047+ |

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| 10:00 | **Test Cricket: Australia v Pakistan: Test 1 Pre Game ’CC’** A look ahead at today's action between Australia and Pakistan in the first test.  | +CRIC19-122+ |

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| 11:00 | **Test Cricket: Australia v Pakistan: Test 1 - Day 4 ’CC’** Fresh from retaining the Ashes in England, the Australian team opens the Test match summer at the Gabba against a Pakistan side that has the raw talent to cause an upset. Start time: 11.00am AEDT | +CRIC19-123+ |

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| 13:00 | **Test Cricket: Australia v Pakistan: The Lunch Break ’CC’** A look at the day of play so far between Australia and Pakistan. | +CRIC19-124+ |

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| 13:40 | **Test Cricket: Australia v Pakistan: Test 1 - Day 4 ’CC’** Fresh from retaining the Ashes in England, the Australian team opens the Test match summer at the Gabba against a Pakistan side that has the raw talent to cause an upset. Start time: 11.00am AEDT | +CRIC19-125+ |

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| 18:00 | **Seven News ’CC’** Seven News live and comprehensive coverage of breaking news and local, national and international top stories, plus Sport, Finance and Weather updates. | +7NNS19-328+ |

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| 19:00 | **Zumbo's Just Desserts ’CC’** Zumbo's invited guest judges - the 'Zumbinos' - put our contestants through the ringer. Will their enchanted kids' party cakes, with hidden elements and whimsical flavours, impress? | **PG** +ZBJD02-005+ |

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| 20:00 | **Sunday Night ’CC’** Melissa Doyle leads a team of Australia's best reporters, breaking the stories that matter. | +SNIT19-042+ |

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| 21:00 | **Movie: The Commuter ’CC’ (2018) PREMIERE**An Insurance Salesman/Ex-Cop is caught up in a criminal conspiracy during his daily commute home. Starring:ELIZABETH MCGOVERN,LIAM NEESON,JONATHAN BANKS,SAM NEILL,PATRICK WILSON,VERA FARMIGA | **M (V,L,A)**+STUC07-001+ |

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| 23:15 | **Criminal Confessions: Mountain City, Tn (R) ’CC’** A gruesome execution style double murder of a young couple shakes a small mountain community in Eastern Tennessee. | **MA (A,V)**+CCON02-001+ |

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| 00:15 | **Quantico: Ghosts (R)** Conor Devlin continues to seek revenge as someone from Alex's past comes back into her life. | **M (S,V)**+QUAN03-012+ |

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| 01:15 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-121+ |

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| 02:00 | **Home Shopping** | ++ |

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| 03:30 | **Room For Improvement (R) ’CC’** It is a monster challenge today as the team turns an old hall into a comfortable family home. See the best deck ever and a top notch kitchen. | **G** +RFI4-005+ |

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| 04:00 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCS19-047+ |

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| 05:00 | **Seven Early News ’CC’** Latest news, sport and weather from Australia and around the world. | +7ENN19-235+ |

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| 05:30 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-235+ |

 **Monday 25 November 2019**

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| 06:00 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-235+ |

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| 10:00 | **Test Cricket: Australia v Pakistan: Test 1 Pre Game ’CC’** A look ahead at today's action between Australia and Pakistan in the first test. | +CRIC19-129+ |

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| 11:00 | **Test Cricket: Australia v Pakistan: Test 1 - Day 5 ’CC’** Fresh from retaining the Ashes in England, the Australian team opens the Test match summer at the Gabba against a Pakistan side that has the raw talent to cause an upset. Start time: 11.00am AEDT | +CRIC19-130+ |

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| 13:00 | **Test Cricket: Australia v Pakistan: The Lunch Break ’CC’** A look at the day of play so far between Australia and Pakistan. | +CRIC19-131+ |

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| 13:40 | **Test Cricket: Australia v Pakistan: Test 1 - Day 5 ’CC’** Fresh from retaining the Ashes in England, the Australian team opens the Test match summer at the Gabba against a Pakistan side that has the raw talent to cause an upset. Start time: 11.00am AEDT | +CRIC19-132+ |

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| 18:00 | **Seven News ’CC’** Seven News live and comprehensive coverage of breaking news and local, national and international top stories, plus Sport, Finance and Weather updates. | +7NNS19-329+ |

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| 19:00 | **Home And Away ’CC’** A betrayed and humiliated Ryder deals with the fallout of the allegations. An escalation in the case leaves Robbo vowing to protect his family and end things once and for all. | **PG (S,A)**+HAAW32-119+ |

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| 19:30 | **Zumbo's Just Desserts ’CC’** How does a dessert maker suspend time? Our contestants find creative solutions - from freezing one moment, to capturing a significant memory...and all in edible form. | **PG** +ZBJD02-006+ |

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| 20:30 | **The Rookie: The Checklist ’CC’ DOUBLE EPISODE**Sgt. Gray informs the rookies that they must track down a specific set of crimes in a 48-hour period to qualify for their final exam; Nolan and Bishop answer a silent alarm call at Will.I.Am's house. | **M (V)**+ROKE01-019+ |

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| 21:30 | **The Rookie: Free Fall ’CC’ SEASON FINAL**As the rookies prepare for a big exam to see who moves on to the next stage of training, Nolan and Bishop are called to the scene of a murder. | **MA (V,A)**+ROKE01-020+ |

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| 22:30 | **The Latest: Seven News ’CC’** Latest news, sport and weather from Australia and around the world. | +7NTL19-200+ |

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| 23:00 | **Chicago Fire: You Choose ’CC’** Foster faces blowback after pointing out a doctor's oversight. Brett helps Casey look for a new apartment. Kidd prepares Tuesday the Dalmatian for the Fire Safety Dog Competition. | **M (A)**+CHIF07-011+ |

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| 00:00 | **Quantico: Rainbow (R) ’CC’ DOUBLE EPISODE**After an impossible choice is made, a flood of new proposals shine a light on the final stages of the Collaborators' plan. | **M (A,V)**+QUAN02-021+ |

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| 01:00 | **Quantico: Resistance (R) ’CC’ SEASON FINAL**It's Alex and the team's last stand against the Collaborators at the Constitutional Convention, where a new amendment to the Constitution threatens every American's freedom. | **M (A,V)**+QUAN02-022+ |

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| 02:00 | **Home Shopping** | ++ |

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| 04:00 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-282+ |

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| 05:00 | **Seven Early News ’CC’** Latest news, sport and weather from Australia and around the world. | +7ENN19-236+ |

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| 05:30 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-236+ |

 **Tuesday 26 November 2019**

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| 06:00 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-236+ |

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| 09:00 | **The Morning Show ’CC’** Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics. | **PG** +TMSW19-222+ |

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| 11:30 | **Seven Morning News ’CC’** Latest news, sport and weather from Australia and around the world. | +7MNN19-227+ |

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| 12:00 | **Midday Movie: Sundays At Tiffany's (R) ’CC’ (2010)** A grown woman's imaginary friend from childhood returns with some very strange advice about her upcoming marriage. | **M (S)**+SPCF09-021+ |

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| 14:00 | **The Daily Edition ’CC’** Catch up on all of the hottest issues from today's news and entertainment with lively discussions, interviews and crosses to newsmakers around the country. | +TDED19-217+ |

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| 15:00 | **The Chase ’CC’** Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK.  | **G** +CHSE08-141+ |

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| 16:00 | **Seven News At 4 ’CC’** Seven brings you the latest developments in today's top stories at home and around the world, plus sport, finance and weather updates. | +7ANN19-236+ |

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| 17:00 | **The Chase Australia ’CC’** It's a hit with audiences around the globe - now the general knowledge game show with a difference lands on our shores with The Chase Australia, Hosted by Andrew O'Keefe. | **G** +CHAU08-067+ |

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| 18:00 | **Seven News ’CC’** Seven News live and comprehensive coverage of breaking news and local, national and international top stories, plus Sport, Finance and Weather updates. | +7NNS19-330+ |

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| 19:00 | **Home And Away ’CC’** Tori is finally able to be a mother to her child. A fraught Jasmine struggles with being separated from Grace. Mackenzie learns of Jade’s allegations against Ryder.  | **PG (V,S,A)**+HAAW32-120+ |

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| 19:30 | **Zumbo's Just Desserts ’CC’** It’s fright night! Our contestants must create terrifying yet tasty desserts. From edible skulls to bleeding apples, the creations will send chills up your spine. | **PG** +ZBJD02-007+ |

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| 20:30 | **Movie: Geostorm ’CC’ (2017) PREMIERE**When a network of satellites designed to control the global climate starts to attack Earth, it's a race against the clock for its creator to uncover the real threat before a Geostorm wipes out existen | **M (V,A)**+WBFR08-007+ |

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| 23:00 | **The Latest: Seven News ’CC’** Latest news, sport and weather from Australia and around the world. | +7NTL19-201+ |

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| 23:30 | **Trial And Error: Bad Instincts ’CC’** Josh struggles with his defense for Jesse Ray Beaumont; Dwayne enjoys his new life as a Peck. | **M (L)**+TRAE02-008+ |

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| 00:00 | **Movie: Dying On The Edge (R) ’CC’ (2001)** An ex cop turned insurance investigator looks into the death of a music producer who he suspects was murdered. Starring:ANDREW HAWKES,AVERY SCHREIBER,HAROLD GOULD,JASMINE GUY,JAMES REMAR,LOCHLYN MUNRO,JOHN HEARD,JOE BOLOGNA,RENEE TAYLOR,RICHARD TYSON,WILLIAM SANDERSON,TONY CRANE | **M (S,V)**+WILF-035+ |

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| 02:00 | **Home Shopping** | ++ |

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| 04:00 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-283+ |

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| 05:00 | **Seven Early News ’CC’** Latest news, sport and weather from Australia and around the world. | +7ENN19-237+ |

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| 05:30 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-237+ |

 **Wednesday 27 November 2019**

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| 06:00 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-237+ |

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| 09:00 | **The Morning Show ’CC’** Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics. | **PG** +TMSW19-223+ |

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| 11:30 | **Seven Morning News ’CC’** Latest news, sport and weather from Australia and around the world. | +7MNN19-228+ |

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| 12:00 | **Midday Movie: The Tenth Circle ’CC’ (2008)** A father goes to extreme lengths to protect his daughter, after she claims her ex-boyfriend raped her. | **M (A,V)**+SPCF09-024+ |

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| 14:00 | **The Daily Edition ’CC’** Catch up on all of the hottest issues from today's news and entertainment with lively discussions, interviews and crosses to newsmakers around the country. | +TDED19-218+ |

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| 15:00 | **The Chase ’CC’** Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK.  | **G** +CHSE08-142+ |

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| 16:00 | **Seven News At 4 ’CC’** Seven brings you the latest developments in today's top stories at home and around the world, plus sport, finance and weather updates. | +7ANN19-237+ |

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| 17:00 | **The Chase Australia ’CC’** It's a hit with audiences around the globe - now the general knowledge game show with a difference lands on our shores with The Chase Australia, Hosted by Andrew O'Keefe. | **G** +CHAU08-068+ |

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| 18:00 | **Seven News ’CC’** Seven News live and comprehensive coverage of breaking news and local, national and international top stories, plus Sport, Finance and Weather updates. | +7NNS19-331+ |

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| 19:00 | **Home And Away ’CC’ SEASON FINAL**Lives hang in the balance as an unexpected threat arises. A reckless Bella takes desperate measures to prove her sickness.Can Robbo crack the case before more lives are lost? | **PG (V,S,A)**+HAAW32-701+ |

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| 20:30 | **The Good Doctor: Incomplete ’CC’** Shaun is ready for the next step in his relationship with Carly; however, he continues to struggle as they grow closer and more intimate, and is dealt troubling news about a deeply personal issue. | **M** +GOOD03-009+ |

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| 21:30 | **God Friended Me: Prophet & Loss ’CC’** After Miles gets the name of Cara's stepfather, they learn that he is potentially involved with an insider trading scheme. | **PG** +GFME02-009+ |

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| 22:30 | **The Latest: Seven News ’CC’** Latest news, sport and weather from Australia and around the world. | +7NTL19-202+ |

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| 23:00 | **Chicago Fire: Make This Right ’CC’** When the firehouse is called to a motorcycle crash, Casey and Severide sense that the details don't add up. A rift develops between Mouch and Otis. | **M (V)**+CHIF07-012+ |

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| 00:00 | **Code Black: Sleight Of Hand (R) ’CC’ DOUBLE EPISODE**Willis, Leanne and Jesse risk their lives to operate on an officer with an explosive bullet lodged in her leg. Also, Mario, Noa and Guthrie treat a magician who arrives with trouble breathing. | **M (A,D)**+CODE02-009+ |

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| 01:00 | **Code Black: Ave Maria (R) ’CC’** When a 13-year-old girl arrives at Angels Memorial following a seizure caused by spina bifida, the doctors are shocked to learn she is Campbell’s daughter. | **M (A)**+CODE02-010+ |

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| 02:00 | **Home Shopping** | ++ |

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| 04:00 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-284+ |

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| 05:00 | **Seven Early News ’CC’** Latest news, sport and weather from Australia and around the world. | +7ENN19-238+ |

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| 05:30 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-238+ |

 **Thursday 28 November 2019**

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| 06:00 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-238+ |

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| 09:00 | **The Morning Show ’CC’** Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics. | **PG** +TMSW19-224+ |

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| 11:30 | **Seven Morning News ’CC’** Latest news, sport and weather from Australia and around the world. | +7MNN19-229+ |

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| 12:00 | **Midday Movie: Double Daddy (R) ’CC’ (2015)** When 16-year-old Amanda learns her boyfriend Connor has impregnated a new girl at school, she is shocked...but even more so when she discovers that she too is pregnant!  | **M (A,V,S)**+AETN02-009+ |

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| 14:00 | **The Daily Edition ’CC’** Catch up on all of the hottest issues from today's news and entertainment with lively discussions, interviews and crosses to newsmakers around the country. | +TDED19-219+ |

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| 15:00 | **The Chase ’CC’** Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK.  | **G** +CHSE08-143+ |

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| 16:00 | **Seven News At 4 ’CC’** Seven brings you the latest developments in today's top stories at home and around the world, plus sport, finance and weather updates. | +7ANN19-238+ |

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| 17:00 | **The Chase Australia ’CC’** It's a hit with audiences around the globe - now the general knowledge game show with a difference lands on our shores with The Chase Australia, Hosted by Andrew O'Keefe. | **G** +CHAU08-066+ |

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| 18:00 | **Seven News ’CC’** Seven News live and comprehensive coverage of breaking news and local, national and international top stories, plus Sport, Finance and Weather updates. | +7NNS19-332+ |

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| 19:00 | **Better Homes And Gardens ’CC’ SEASON FINAL**Homes and gardens come alive in this lifestyle show packed full of home decorating tips, recipes, craft ideas, DIY projects and how tos. | **G** +BHAG25-044+ |

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| 20:30 | **The Front Bar: Cricket Edition ’CC’** Join Sam Pang, Mick Molloy and Andy Maher as they share a laugh about the Cricket world and catch up with stars of yesteryear and today. | **M** +FBAR19-030+ |

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| 21:30 | **Sport Special: Beyond The Boundary ’CC’ (2019) PREMIERE**  | **PG** +AUMS79-001+ |

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| 22:30 | **The Latest: Seven News ’CC’** Latest news, sport and weather from Australia and around the world. | +7NTL19-203+ |

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| 23:00 | **Chicago Fire: The Plunge ’CC’** Cruz leads the charge in getting the firehouse to gear up for the Polar Plunge. Herrmann has a hard time bouncing back after dealing with a tough call. | **M (A)**+CHIF07-013+ |

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| 00:00 | **Movie: Target Earth (R) (1998)** A small-town policeman protects a woman and her child, who holds the key to defeating an alien invasion.  | **M (H,V)**+WILF-030+ |

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| 02:00 | **Home Shopping** | ++ |

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| 04:00 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-285+ |

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| 05:00 | **Seven Early News ’CC’** Latest news, sport and weather from Australia and around the world. | +7ENN19-239+ |

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| 05:30 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-239+ |

 **Friday 29 November 2019**

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| 06:00 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-239+ |

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| 09:00 | **The Morning Show ’CC’** Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics. | +TMSW19-225+ |

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| 11:30 | **Seven Morning News ’CC’** Latest news, sport and weather from Australia and around the world. | +7MNN19-230+ |

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| 12:00 | **Better Homes And Gardens Summer: Countdown To Christmas #1 (R) ’CC’** Joh catches up with MKR judge Pete Evans. Adam makes a great DIY obstacle course for kids. Karen makes a fennel spiced barbecue chicken salad.  | **G** +BHGS15-001+ |

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| 13:30 | **Test Cricket: Australia v Pakistan: Test 2 Pre Game ’CC’** A look ahead at today's action between Australia and Pakistan in the first test. | +CRIC19-201+ |

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| 14:30 | **Test Cricket: Australia v Pakistan: Test 2 - Day 1 ’CC’** Australian takes on Pakistan in the final match of their two Test series, a day-night fixture at the Adelaide Oval in which both sides will be tested batting under lights. Start time: 2.30pm AEDT | +CRIC19-202+ |

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| 16:30 | **Test Cricket: Australia v Pakistan: The Lunch Break ’CC’** Lunch break. | +CRIC19-203+ |

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| 16:50 | **Test Cricket: Australia v Pakistan: Test 2 - Day 1 ’CC’** Australian takes on Pakistan in the final match of their two Test series, a day-night fixture at the Adelaide Oval in which both sides will be tested batting under lights. Start time: 2.30pm AEDT | +CRIC19-204+ |

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| 18:00 | **Seven News ’CC’** Seven News live and comprehensive coverage of breaking news and local, national and international top stories, plus Sport, Finance and Weather updates. | +7NNS19-333+ |

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| 19:00 | **Test Cricket: Australia v Pakistan: Dinner Break ’CC’ LIVE**Dinner break. | +CRIC19-205+ |

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| 19:30 | **Test Cricket: Australia v Pakistan: Test 2 - Day 1 ’CC’ LIVE**Australian takes on Pakistan in the final match of their two Test series, a day-night fixture at the Adelaide Oval in which both sides will be tested batting under lights. Start time: 2.30pm AEDT | +CRIC19-206+ |

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| 22:00 | **Movie: Blood Father (R) ’CC’ (2016)** An ex-con reunites with his estranged wayward 17-year old daughter to protect her from drug dealers who are trying to kill her. Starring:ERIN MORIARTY,DIEGO LUNA,MICHAEL PARKS,MEL GIBSON,WILLIAM H. MACY | **MA (V,L)**+ICNF17-002+ |

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| 00:00 | **Movie: Miracle In The Woods (R) ’CC’ (1997)** Two estranged sisters are brought together by a strange old woman who helps them to see the world in perspective. Starring:ANNA CHLUMSKY,DELIA REESE,MEREDITH BAXTER,PATRICIA HEATON | **M (A)**+WILF-027+ |

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| 02:00 | **Home Shopping** | ++ |

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| 04:00 | **The Great Outdoors (R) ’CC’** See Venice go wild during the famous Masked Ball, find the Aussie secret treasure and tour America in a motel on wheels. | **G** +GO14-022+ |

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| 05:00 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-286+ |

 **Saturday 30 November 2019**

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| 06:00 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-286+ |

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| 07:00 | **Weekend Sunrise ’CC’** Wake up to a better breakfast with Matt Doran and Monique Wright, for all the latest entertainment, news, sport and weather. | +SSUN19-048+ |

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| 10:30 | **Women's Big Bash League: Melbourne Stars v Melbourne Renegades ’CC’** With the finals just around the corner, the stakes will be huge when Melbourne's cross-town rivals square off in the familiar surrounds of the CitiPower Centre. Start time: 10.40am AEDT. | +WBBL19-037+ |

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| 13:30 | **Test Cricket: Australia v Pakistan: Test 2 Pre Game ’CC’** A look ahead at today's action between Australia and Pakistan in the second test.  | +CRIC19-208+ |

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| 14:30 | **Test Cricket: Australia v Pakistan: Test 2 - Day 2 ’CC’** Australian takes on Pakistan in the final match of their two Test series, a day-night fixture at the Adelaide Oval in which both sides will be tested batting under lights. Start time: 2.30pm AEDT | +CRIC19-209+ |

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| 16:30 | **Test Cricket: Australia v Pakistan: The Lunch Break ’CC’** Lunch break. | +CRIC19-210+ |

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| 16:50 | **Test Cricket: Australia v Pakistan: Test 2 - Day 2 ’CC’** Australian takes on Pakistan in the final match of their two Test series, a day-night fixture at the Adelaide Oval in which both sides will be tested batting under lights. Start time: 2.30pm AEDT | +CRIC19-211+ |

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| 18:00 | **Seven News ’CC’** Seven News live and comprehensive coverage of breaking news and local, national and international top stories, plus Sport, Finance and Weather updates. | +7NNS19-334+ |

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| 19:00 | **Test Cricket: Australia v Pakistan: Dinner Break ’CC’ LIVE**Dinner break. | +CRIC19-212+ |

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| 19:30 | **Test Cricket: Australia v Pakistan: Test 2 - Day 2 ’CC’ LIVE**Australian takes on Pakistan in the final match of their two Test series, a day-night fixture at the Adelaide Oval in which both sides will be tested batting under lights. Start time: 2.30pm AEDT | +CRIC19-213+ |

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| 22:00 | **Movie: Alien: Covenant (R) ’CC’ (2017)** The crew of the colony ship Covenant, bound for a remote planet on the far side of the galaxy, discovers what they think is an uncharted paradise, but is actually a dark, dangerous world. | **MA (V,A)**+FOXF10-005+ |

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| 00:35 | **Movie: Forgotten Sins (R) ’CC’ (1996)** The true story of the shocking accusations by two teenage girls who caused their father and two friends to be wrongfully imprisoned. Starring:BESS ARMSTRONG,BRIAN MARKINSON,BRANDON SMITH,GARY GRUBBS,DEAN NORRIS,LISA DEAN RYAN,JOHN M. JACKSON,JOHN SHEA,RAY MCKINNON,WILLIAM DEVANE,TIMOTHY PATRICK QUILL | **M (A)**+WILF-005+ |

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| 02:30 | **Home Shopping** | ++ |

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| 04:00 | **The Great Outdoors (R) ’CC’** Join Ernie on the trail of the new Harry Potter adventure in Britain and Tom tries out the latest adventure sport: 'dam dropping' in New Zealand. | **G** +GO14-023+ |

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| 05:00 | **House Of Wellness (R) ’CC’** Entertaining everybody to live a healthier life. Hosted by Luke Darcy, Rachael Finch, Jo Stanley and Luke Hines. | **PG (A)**+HOWL03-039+ |