**Sunday 25 August 2019**

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| 06:00 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-203+ |

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| 07:00 | **Weekend Sunrise ’CC’** Wake up to a better breakfast with Basil Zempilas and Monique Wright, for all the latest entertainment, news, sport and weather. | +WSUN19-034+ |

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| 10:00 | **The Morning Show - Weekend ’CC’** Join Larry Emdur and Kylie Gillies to catch up on all the highlights from this week's program, including a variety of segments on the latest news and entertainment. | **PG** +TMSU19-029+ |

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| 12:00 | **House Of Wellness ’CC’** Entertaining everybody to live a healthier life. Hosted by Luke Darcy, Rachael Finch, Jo Stanley and Luke Hines. | **PG** +HOWL03-027+ |

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| 13:00 | **Bricks & Clicks (R) ’CC’** Kochie's Business Builders transforms six local brick and mortar retailers into global online brands. They've been selected for an intensive course about how to take their businesses digital. | **G** +BRIK01-006+ |

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| 13:30 | **Australia's Got Talent (R) ’CC’ ENCORE**The best of the best return for the Semi-Finals! Judges Shane Jacobson, Lucy Durack, Nicole Scherzinger and Manu Feildel have selected 30 acts to come back and battle for a place in the Grand Final. | **PG (A)**+AGTA09-008+ |

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| 15:00 | **The Celebrity Chase (R) ’CC’** Australia’s 5 o'clock obsession comes to prime time with some of our brightest stars taking on some of our sharpest minds on The Celebrity Chase. This week - the hosts of Sunrise battle for charity.  | **G** +CHAS01-001+ |

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| 16:00 | **Better Homes And Gardens (R) ’CC’** Jo visits Australia's Got Talent judge Lucy Durack. Jason and Dr Harry team up to make a bird feeder. Karen makes a blackberry pear loaf.  | **G** +BHAG25-028+ |

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| 17:00 | **Seven News At 5 ’CC’** Seven brings you the latest developments in today's top stories at home and around the world, plus sport, finance and weather updates. | +7NAF19-068+ |

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| 17:30 | **Sydney Weekender ’CC’** Mike checks out Lightning Ridge. Lizzy discovers the vibrant shopping of Orange. Erica stops by NRMA Bathurst Panorama Holiday Park to check out this historic town and its growing foodie scene. | **G** +7SWE26-029+ |

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| 18:00 | **Seven News ’CC’** Seven News live and comprehensive coverage of breaking news and local, national and international top stories, plus Sport, Finance and Weather updates. | +7NNS19-237+ |

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| 19:00 | **Australia's Got Talent ’CC’** In the Semi-Final, special guest Joel Creasey joins judges Shane Jacobson, Lucy Durack, Nicole Scherzinger and Manu Feildel to determine which two acts will make it to the grand final. | **PG** +AGTA09-009+ |

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| 20:15 | **Sunday Night ’CC’** Sunday Night’s sits down with three teen entrepreneurs to discuss how they’re getting crazy rich. Also, Angela Cox visits Iceberg Alley, a stretch of ocean at the eastermost point of North America. | +SNIT19-030+ |

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| 21:15 | **What The Killer Did Next: Peter Fasoli ’CC’** In January 2013 Peter Fasoli was tortured and strangled by Jason Marshall, who posed as an MI5 agent during a 'meeting' between the pair at Fasoli's London home. | **M (A,V)**+WKDN01-005+ |

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| 22:15 | **Criminal Confessions: Tazewell, Wa ’CC’** After a hard working Virginia couple is brutally murdered on the eve of their anniversary, the ensuing investigation goes cold until detectives find the most unlikely of suspects. | **MA (V)**+CCON02-010+ |

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| 23:15 | **Autopsy USA: Bruce Lee (R) ’CC’** For more than forty years controversy has surrounded Bruce Lee's death, with numerous theories emerging as to what might have caused his death. | **M (D,A,V)**+AUTU02-006+ |

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| 00:15 | **Bates Motel: Bad Blood (R)** Norman helps Chick with a project; Romero makes his move; an apologetic Madeleine reaches out to Norman. | **MA (A,V)**+BATE05-003+ |

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| 01:15 | **Travel Oz: Newell Highway 2/Floriade (R) ’CC’** Today's show sees Greg take in the floral festival of Floriade, the wildlife wonders of the Antarctic, the Moooving Cows of Shepparton, as well as adventures along the Newell Highway. | **PG** +TRAV4-007+ |

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| 02:00 | **Home Shopping: Total Fit Gym (A2830TGF13S) (R)** Shopping program. | **G** +BDP-790+ |

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| 02:30 | **Home Shopping: Copper Chef (DZD263PSEVP) (R)** Shopping program. | **G** +7DZD2-190+ |

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| 03:00 | **Home Shopping: Age Fit (A2830AGF01S) (R)** Shopping program. | **G** +BDP-892+ |

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| 03:30 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-180+ |

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| 04:00 | **Meet The Press ’CC’** Chuck Todd interviews newsmakers from around the world. | +NBCM19-034+ |

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| 05:00 | **Seven Early News ’CC’** Latest news, sport and weather from Australia and around the world. | +7ENN19-170+ |

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| 05:30 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-170+ |

 **Monday 26 August 2019**

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| 06:00 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-170+ |

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| 09:00 | **The Morning Show ’CC’** Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics. | **PG** +TMSW19-159+ |

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| 11:30 | **Seven Morning News ’CC’** Latest news, sport and weather from Australia and around the world. | +7MNN19-164+ |

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| 12:00 | **Midday Movie: A Daughter's Revenge ’CC’** A woman devises a terrifying plan to use her friend, who will be released from jail soon, as the unknowing instrument of revenge on her stepfather. Starring:LINDEN ASHBY,JESSICA SIPOS,SIERRA WOOLDRIDGE | **M (A,V)**+AETN06-034+ |

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| 14:00 | **The Daily Edition ’CC’** Catch up on all of the hottest issues from today's news and entertainment with lively discussions, interviews and crosses to newsmakers around the country. | +TDED19-152+ |

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| 15:00 | **The Chase ’CC’** Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK.  | **G** +CHSE08-090+ |

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| 16:00 | **Seven News At 4 ’CC’** Seven brings you the latest developments in today's top stories at home and around the world, plus sport, finance and weather updates. | +7ANN19-170+ |

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| 17:00 | **The Chase Australia ’CC’** It's a hit with audiences around the globe - now the general knowledge game show with a difference lands on our shores with The Chase Australia, Hosted by Andrew O'Keefe. | **G** +CHAU08-017+ |

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| 18:00 | **Seven News ’CC’** Seven News live and comprehensive coverage of breaking news and local, national and international top stories, plus Sport, Finance and Weather updates. | +7NNS19-238+ |

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| 19:00 | **Home And Away ’CC’** Raffy's near drowning serves as a wake up call for everybody. Will the new lead provide Robbo with the answers he seeks? Irene is blown away by community support in the lead up to her trial. Starring:LYNNE MCGRANGER,OLIVIA DEEBLE,JAKE RYAN | **PG (V,A)**+HAAW32-046+ |

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| 19:30 | **Highway Patrol: Motorbike Mayhem ’CC’ NEW EPISODE**Officers Rob Jones and Matt Moohan spot a couple of motorbikes going at breakneck speed. Geelong is home to hoons and officer Rick Wilde pulls over a ute that looks to be full of them. | **PG** +HWYP11-001+ |

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| 20:00 | **Motorbike Cops ’CC’ NEW EPISODE**The Motorbike Cops are back for another season. Their Aussie humour and no-nonsense approach to the crazy things they see every day on the roads makes for an exciting ride. | **PG (L)**+MTCP02-001+ |

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| 20:30 | **The Rookie: The Switch ’CC’** The rookies are temporarily paired with new training officers; when Nolan and Lopez track down an escaped criminal, they discover a little kindness goes a long way. | **M (V)**+ROKE01-004+ |

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| 21:30 | **S.W.A.T.: Contamination ’CC’** Working again with FBI Agent DuBois, Hondo and the team are on the hunt for two Sovereigns who possess barrels of cyanide and are planning to use them to poison the city. | **M (V)**+SSWA01-012+ |

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| 22:30 | **The Latest: Seven News ’CC’** Latest news, sport and weather from Australia and around the world. | +7NTL19-148+ |

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| 23:00 | **Holiday Horrors: Caught On Camera (R) ’CC’** Packed full of amazing clips showing what goes wrong when you try to get it away from it all, Holiday Horrors: Caught on Camera might make you never want to take a break again. | **M (L)**+HHCC01-001+ |

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| 00:00 | **Talking Footy ’CC’** Luke Darcy, Tim Watson, Wayne Carey, Mick Warner dissect the week's AFL news and issues. | +TFOO19-023+ |

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| 01:00 | **Quantico: Kudove (R) ’CC’** While training at the CIA, Alex finds herself in the center of a deadly conspiracy that threatens countless people around the world. | **M (A,V)**+QUAN02-001+ |

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| 02:00 | **Home Shopping: Air Roaster Pro (A2830ARP02S) (R)** Shopping program. | **G** +BDP-910+ |

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| 02:30 | **Home Shopping: Gotham Steel Smokeless Grill (GOTG2830B17904) (R)** Shopping program. | **G** +GSD-035+ |

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| 03:00 | **Home Shopping: H20 HD - Free Trial (DZD228DSEVP) (R)** Shopping program. | **PG** +7DZD2-167+ |

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| 03:30 | **Home Shopping: Powerfit Powerlegs (A2830PWE02S) (R)** Shopping program. | **G** +BDP-856+ |

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| 04:00 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-204+ |

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| 05:00 | **Seven Early News ’CC’** Latest news, sport and weather from Australia and around the world. | +7ENN19-171+ |

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| 05:30 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-171+ |

 **Tuesday 27 August 2019**

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| 06:00 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-171+ |

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| 09:00 | **The Morning Show ’CC’** Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics. | **PG** +TMSW19-160+ |

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| 11:30 | **Seven Morning News ’CC’** Latest news, sport and weather from Australia and around the world. | +7MNN19-165+ |

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| 12:00 | **Midday Movie: Manson's Lost Girls (R) ’CC’ (2015)** A new piece of Charles Manson's world, as told through the stories of Linda Kasabian and the other women who fell under his demonic spell to create one of the most famous cults of all time. | **M (D,V,S)**+AETN02-022+ |

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| 14:00 | **The Daily Edition ’CC’** Catch up on all of the hottest issues from today's news and entertainment with lively discussions, interviews and crosses to newsmakers around the country. | +TDED19-153+ |

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| 15:00 | **The Chase ’CC’** Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK.  | **G** +CHSE08-091+ |

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| 16:00 | **Seven News At 4 ’CC’** Seven brings you the latest developments in today's top stories at home and around the world, plus sport, finance and weather updates. | +7ANN19-171+ |

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| 17:00 | **The Chase Australia ’CC’** It's a hit with audiences around the globe - now the general knowledge game show with a difference lands on our shores with The Chase Australia, Hosted by Andrew O'Keefe. | **G** +CHAU08-018+ |

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| 18:00 | **Seven News ’CC’** Seven News live and comprehensive coverage of breaking news and local, national and international top stories, plus Sport, Finance and Weather updates. | +7NNS19-239+ |

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| 19:00 | **Home And Away ’CC’** Ryder's shocked to learn Bella's secret. Irene makes a desperate decision regarding her future. Leah refuses to be held to ransom by Tommy. Starring:ADA NICODEMOU,LYNNE MCGRANGER,MARK LEE,LUKAS RADOVICH,COURTNEY MILLER | **PG (A)**+HAAW32-047+ |

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| 19:30 | **Dogs Behaving (Very) Badly ’CC’** Graeme takes on a dog that's a bully, a dog fixated on food and a horrendous howler. | **PG** +DOBB01-004+ |

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| 20:30 | **The Proposal SEASON PREMIERE**From the producers of The Bachelor, this bold new series rewrites the Australian love story - first impressions to a marriage proposal in just one hour! But, will they say yes? | **PG (S)**+PROP01-001+ |

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| 21:30 | **Ramsay's 24 Hours To Hell And Back: The Trolley Stop Cafe NEW EPISODE**An investigation at the Trolley Stop Café, a classic Cajun-inspired New Orleans restaurant, reveals an absentee owner is to blame for the restaurant staff's lack of communication and discipline. | **M (L)**+GRHB02-001+ |

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| 22:40 | **The Latest: Seven News ’CC’** Latest news, sport and weather from Australia and around the world. | +7NTL19-149+ |

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| 23:10 | **Modern Family: The Late Show ’CC’** Jay pulled a lot of strings to get reservations at the hottest new restaurant for a family adults' night out. Unfortunately, in each household everyone is running late. | **PG** +MOFA05-005+ |

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| 23:40 | **The Goldbergs: I Lost On Jeopardy ’CC’** Having become obsessed with game shows since leaving college, Erica tries out for "Jeopardy"; a new crush makes Barry realize he might not be over Lainey. | **PG** +GOLB06-021+ |

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| 00:10 | **Quantico: Lipstick (R) ’CC’** The new CIA recruits begin running counter-surveillance exercises at The Farm while Alex and Ryan navigate their new relationship with each other. | **M (A,V)**+QUAN02-002+ |

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| 01:10 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-112+ |

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| 02:00 | **Home Shopping: Bowflex Max Trainer (A2830BM18S) (R)** Shopping program. | **G** +BDP-904+ |

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| 02:30 | **Home Shopping: H20 SteamFX Pro (DZD273LSEVP) (R)** Shopping program. | **G** +7DZD2-193+ |

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| 03:00 | **Home Shopping: Rock N Fit (A2830RNF3S) (R)** Shopping program. | **G** +BDP-883+ |

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| 03:30 | **Home Shopping: Gotham Steel Smokeless Grill (GOTG2830B17904) (R)** Shopping program. | **G** +GSD-035+ |

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| 04:00 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-205+ |

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| 05:00 | **Seven Early News ’CC’** Latest news, sport and weather from Australia and around the world. | +7ENN19-172+ |

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| 05:30 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-172+ |

 **Wednesday 28 August 2019**

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| 06:00 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-172+ |

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| 09:00 | **The Morning Show ’CC’** Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics. | **PG** +TMSW19-161+ |

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| 11:30 | **Seven Morning News ’CC’** Latest news, sport and weather from Australia and around the world. | +7MNN19-166+ |

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| 12:00 | **Midday Movie: The Hazing Secret (R) ’CC’ (2013)** Everyday Megan Harris wakes from the same horrific dream about a pledge dying in a hazing ritual only to have her memory wiped clean. Starring:SHENAE GRIMES,AMANDA THOMSON,KEEGAN ALLEN | **M (V,A)**+AETN02-013+ |

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| 14:00 | **The Daily Edition ’CC’** Catch up on all of the hottest issues from today's news and entertainment with lively discussions, interviews and crosses to newsmakers around the country. | +TDED19-154+ |

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| 15:00 | **The Chase ’CC’** Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK.  | **G** +CHSE08-092+ |

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| 16:00 | **Seven News At 4 ’CC’** Seven brings you the latest developments in today's top stories at home and around the world, plus sport, finance and weather updates. | +7ANN19-172+ |

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| 17:00 | **The Chase Australia ’CC’** It's a hit with audiences around the globe - now the general knowledge game show with a difference lands on our shores with The Chase Australia, Hosted by Andrew O'Keefe. | **G** +CHAU08-019+ |

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| 18:00 | **Seven News ’CC’** Seven News live and comprehensive coverage of breaking news and local, national and international top stories, plus Sport, Finance and Weather updates. | +7NNS19-240+ |

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| 19:00 | **Home And Away ’CC’** Irene's request has devastating consequences for Bella. Mackenzie has a proposition for Dean. Ben's depression and feelings of inadequacy continue until he meets a mysterious stranger. Starring:LYNNE MCGRANGER,ROHAN NICHOL,PATRICK OCONNOR,COURTNEY MILLER,EMILY WEIR | **PG (V,A)**+HAAW32-048+ |

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| 19:30 | **The Celebrity Chase ’CC’** Australia's 5 o'clock obsession comes to prime time with some of our brightest stars taking on some of our sharpest minds. This week features Kris Smith, Lisa Curry, Brendan Jones and Ricki-Lee. | **G** +CHAS01-002+ |

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| 20:40 | **Cheat ’CC’** Leah handles the fallout from Adam's betrayal, but unexpected news complicates things. A welcome distraction comes in the form of Michael and Angela's anniversary party but the truth will be exposed. | **M (V,L)**+CHET01-003+ |

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| 21:40 | **Cheat ’CC’ SEASON FINAL**Both Leah and Rose come under the spotlight as the police piece together the fatal sequence of events. As the investigation intensifies Leah realises she must come face to face with Rose one more time | +CHET01-004+ |

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| 22:40 | **The Latest: Seven News ’CC’** Latest news, sport and weather from Australia and around the world. | +7NTL19-150+ |

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| 23:10 | **Surveillance Oz (R) ’CC’** A Melbourne mother goes into a bizarre rage and kicks passing vehicles in the middle of a busy freeway. A lapse in concentration is captured on dash cam as a car spirals out of control.  | **PG** +SURV3-004+ |

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| 23:40 | **Blindspot: The Big Blast From The Past Episode ’CC’** To stop a series of bombings in Brooklyn, the team must look back to an old case, dredging up high-level secrets and old feelings along the way. | **M (V)**+BDSP04-014+ |

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| 00:40 | **Life Sentence: Who Framed Stella Abbott? (R) ’CC’** Stella and Wes agree to always tell each other the truth; Wes struggles when it comes to Dr. Grant; Stella helps Aiden get a job at her coffee shop. | **M (S)**+LISE01-006+ |

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| 02:00 | **Home Shopping: Powerfit Powerlegs (A2830PWE02S) (R)** Shopping program. | **G** +BDP-856+ |

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| 02:30 | **Home Shopping: Cop Cam (COPC2830A17904) (R)** Shopping program. | **G** +GSD-040+ |

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| 03:00 | **Home Shopping: Gotham Steel Smokeless Grill (GOTG2830B17904) (R)** Shopping program. | **G** +GSD-035+ |

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| 03:30 | **Home Shopping: Air Roaster Pro (A2830ARP02S) (R)** Shopping program. | **G** +BDP-910+ |

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| 04:00 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-206+ |

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| 05:00 | **Seven Early News ’CC’** Latest news, sport and weather from Australia and around the world. | +7ENN19-173+ |

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| 05:30 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-173+ |

 **Thursday 29 August 2019**

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| 06:00 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-173+ |

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| 09:00 | **The Morning Show ’CC’** Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics. | **PG** +TMSW19-162+ |

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| 11:30 | **Seven Morning News ’CC’** Latest news, sport and weather from Australia and around the world. | +7MNN19-167+ |

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| 12:00 | **Midday Movie: Girl Fight (R) ’CC’ (2011)** Inspired by a true story, a 16-year-old, stellar high school students life spirals downward when a shocking video of her getting beat up by her former friends surfaces on the Internet. Starring:ANNE HECHE,JAMES TUPPER,JODELLE FERLAND | **M (V,A)**+AETN02-011+ |

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| 14:00 | **The Daily Edition ’CC’** Catch up on all of the hottest issues from today's news and entertainment with lively discussions, interviews and crosses to newsmakers around the country. | +TDED19-155+ |

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| 15:00 | **The Chase ’CC’** Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK.  | **G** +CHSE08-093+ |

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| 16:00 | **Seven News At 4 ’CC’** Seven brings you the latest developments in today's top stories at home and around the world, plus sport, finance and weather updates. | +7ANN19-173+ |

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| 17:00 | **The Chase Australia ’CC’** It's a hit with audiences around the globe - now the general knowledge game show with a difference lands on our shores with The Chase Australia, Hosted by Andrew O'Keefe. | **G** +CHAU08-020+ |

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| 18:00 | **Seven News ’CC’** Seven News live and comprehensive coverage of breaking news and local, national and international top stories, plus Sport, Finance and Weather updates. | +7NNS19-241+ |

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| 19:00 | **Home And Away ’CC’** Dean attempts to hide Mackenzie's existence from his mum. Mackenzie and Bella are starting to form a cohesive family unit, much to Colby's delight. Starring:PATRICK OCONNOR,TIM FRANKLIN,COURTNEY MILLER,EMILY WEIR | **PG (V,S,A)**+HAAW32-049+ |

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| 19:30 | **Home And Away ’CC’** Karen makes a long-lasting impression on the Astonis. A heartbroken Maggie pleads with Ben to come home. Do Jasmine and Alex have a solution to unlock Robbo’s lost memories? Starring:GEORGIA ADAMSON,KESTIE MORASSI,ROHAN NICHOL,SOPHIE DILLMAN,JAKE RYAN,SAM FROST | **PG (V,S,A)**+HAAW32-050+ |

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| 20:00 | **Home And Away ’CC’** Alex attempts to hypnotise Robbo to find out the truth about Dylan Carter. After finding Maggie at rock bottom, Ziggy comes up with a new plan to help them all cope with Ben's depression. Starring:KESTIE MORASSI,SOPHIE DILLMAN,JAKE RYAN | **PG (V,S,A)**+HAAW32-051+ |

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| 20:30 | **Mighty Cruise Ships: Marina ’CC’ NEW EPISODE**The crew of the Marina, Oceania Cruises' largest ship, makes a 12-day, five port voyage. | **PG** +MCRU03-006+ |

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| 21:30 | **The Latest: Seven News ’CC’** Latest news, sport and weather from Australia and around the world. | +7NTL19-151+ |

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| 22:00 | **The Front Bar ’CC’** Join Sam Pang, Mick Molloy and Andy Maher as they share a laugh about the AFL world and catch up with stars of yesteryear and today. | **M (L)**+FBAR19-024+ |

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| 23:00 | **Mafia's Greatest Hits: Bugsy Siegel ’CC’** Bugsy Siegel, a gangster with charm and a killer's instinct, plays hard and dreams big; but when he stops playing by the Mafia's rules, Bugsy pays the ultimate price. | **MA (V)**+MAGH01-009+ |

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| 00:00 | **Grandfathered: Deadbeat (R) DOUBLE EPISODE**After Jimmy misses Edie's second birthday party, he decides to throw her a big bash at his restaurant to make it up to the family. | **PG** +GRAN01-003+ |

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| 00:30 | **Grandfathered: Guy's Night (R)** After Jimmy realises he doesn't know much about his new son, he decides to take him out for a night on the town. | **PG** +GRAN01-004+ |

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| 01:00 | **Quantico: Stescalade (R) ’CC’** The new CIA recruits continue training at The Farm; in the future, Alex infiltrates the terrorist group holding everyone hostage, and is shocked to learn not everyone is a stranger. | **M (A,V)**+QUAN02-003+ |

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| 02:00 | **Home Shopping: Renovator Better Grip (A2830RBG12S) (R)** Shopping program. | **G** +BDP-838+ |

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| 02:30 | **Home Shopping: Flavorstone Diamond (DZD277FSEVP) (R)** Shopping program. | **G** +7DZD2-196+ |

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| 03:00 | **Home Shopping: Rock N Fit (A2830RNF3S) (R)** Shopping program. | **G** +BDP-883+ |

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| 03:30 | **Home Shopping: Thin Lizzy Flawless Liquid Foundation (A2830TFF23S)** Shopping program. | **G** +BDP-916+ |

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| 04:00 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-207+ |

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| 05:00 | **Seven Early News ’CC’** Latest news, sport and weather from Australia and around the world. | +7ENN19-174+ |

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| 05:30 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-174+ |

 **Friday 30 August 2019**

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| 06:00 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-174+ |

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| 09:00 | **The Morning Show ’CC’** Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics. | **PG** +TMSW19-163+ |

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| 11:30 | **Seven Morning News ’CC’** Latest news, sport and weather from Australia and around the world. | +7MNN19-168+ |

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| 12:00 | **Midday Movie: Smoke Screen ’CC’ (2010)** A newswoman shockingly wakes up in bed next to the dead body of a detective, and is suspected of foul play. Starring:CURRIE GRAHAM,JAIME PRESSLY,GARWIN SANFORD,LARISSA LASKIN | **M (V)**+SPCF09-020+ |

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| 14:00 | **The Daily Edition ’CC’** Catch up on all of the hottest issues from today's news and entertainment with lively discussions, interviews and crosses to newsmakers around the country. | +TDED19-156+ |

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| 15:00 | **The Chase (R) ’CC’** Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G** +CHSE07-014+ |

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| 16:00 | **Seven News At 4 ’CC’** Seven brings you the latest developments in today's top stories at home and around the world, plus sport, finance and weather updates. | +7ANN19-174+ |

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| 17:00 | **The Chase Australia ’CC’** It's a hit with audiences around the globe - now the general knowledge game show with a difference lands on our shores with The Chase Australia, Hosted by Andrew O'Keefe. | **G** +CHAU06-003+ |

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| 18:00 | **Seven News ’CC’** Seven News live and comprehensive coverage of breaking news and local, national and international top stories, plus Sport, Finance and Weather updates. | +7NNS19-242+ |

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| 19:00 | **Better Homes And Gardens ’CC’** Homes and gardens come alive in this lifestyle show packed full of home decorating tips, recipes, craft ideas, DIY projects and how tos. | **G** +BHAG25-031+ |

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| 20:30 | **Movie: Red (R) ’CC’ (2010)** When his peaceful life is threatened by a high-tech assassin, former black-ops agent Frank Moses reassembles his old team in a last-ditch effort to survive and uncover his assailants. | **M (L,V)**+ICNF12-001+ |

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| 22:45 | **TBA:**  | ++ |

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| 23:45 | **The Goldbergs: Have A Summer (R) ’CC’** Turning the tables on a high school hazing tradition makes Adam a hero at Barry's expense. Erica's time capsule contribution causes Beverly to panic. | **PG** +GOLB03-025+ |

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| 00:15 | **Movie: The End Of Eden (R) ’CC’ (1996)** A world-famous pianist returns to his home town only to be outcast by his strict family and swept into an illicit and torrid affair. Starring:JENNIE GARTH,POLLY HOLLIDAY,ROB ESTES,MIKE DOYLE,MICHAEL MILHOAN | **M (V)**+WILF-013+ |

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| 02:00 | **Home Shopping: Balance Arch Supports (A2830BAS02S) (R)** Shopping program. | **G** +BDP-871+ |

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| 02:30 | **Home Shopping: Gotham Steel Smokeless Grill (GOTG2830B17904) (R)** Shopping program. | **G** +GSD-035+ |

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| 03:00 | **Home Shopping: Cop Cam (COPC2830A17904) (R)** Shopping program. | **G** +GSD-040+ |

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| 03:30 | **Home Shopping: Renovator Better Grip (A2830RBG12S) (R)** Shopping program. | **G** +BDP-838+ |

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| 04:00 | **The Great Outdoors (R) ’CC’** See where sport's greatest trophy - the Ashes - was born. Ernie Dingo shows us a side of China never before seen. Tom Williams finds Australia's "other" Great Barrier Reef deep inside Queensland. | **G** +GO17-011+ |

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| 05:00 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-208+ |

 **Saturday 31 August 2019**

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| 06:00 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-208+ |

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| 07:00 | **Weekend Sunrise ’CC’** Wake up to a better breakfast with Basil Zempilas and Monique Wright, for all the latest entertainment, news, sport and weather. | +SSUN19-035+ |

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| 10:00 | **The Morning Show - Weekend ’CC’** Join Larry Emdur and Kylie Gillies to catch up on all the highlights from this week's program, including a variety of segments on the latest news and entertainment. | **PG** +TMSA19-030+ |

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| 12:00 | **Seven's Horse Racing: Caulfield: Memsie Stakes, Rosehill: San Domenico Stakes ’CC’** A big day's racing in Melbourne and Sydney is highlighted by the Group 1 Memsie Stakes at Caulfield Racecourse over 1400m and the Group 3 San Domenico Stakes at Rosehill Gardens Racecourse over 1100m. | +SHRC19-018+ |

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| 17:00 | **Seven News At 5 ’CC’** Seven brings you the latest developments in today's top stories at home and around the world, plus sport, finance and weather updates. | +7NAF19-069+ |

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| 17:30 | **Border Security - Australia's Front Line (R) ’CC’** In Border's biggest drug bust, a shipment of narcotics is discovered in the most unlikely of places. Immigration suspect that an Indian man is trying to cross the border on a false French passport. | **PG** +BORD-188+ |

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| 18:00 | **Seven News ’CC’** Seven News live and comprehensive coverage of breaking news and local, national and international top stories, plus Sport, Finance and Weather updates. | +7NNS19-243+ |

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| 19:00 | **Movie: The Lego Batman Movie ’CC’ (2017) PREMIERE**Bruce Wayne must deal with the usual suspects as they plan to rule Gotham City, while discovering that he has accidentally adopted a teenage orphan who wishes to become his sidekick. | **PG (A,V)**+WBFR08-001+ |

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| 21:10 | **Movie: Batman Begins (R) ’CC’ (2005)** After training with his mentor, Batman begins his fight to free crime-ridden Gotham City from the corruption that Scarecrow and the League of Shadows have cast upon it. Starring:CHRISTIAN BALE,GARY OLDMAN,LIAM NEESON,KATIE HOLMES,MICHAEL CAINE | **M (A,V)**+WBFF02-007+ |

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| 23:50 | **The Goldbergs: Breakfast Club (R) ’CC’** Adam works on his new persona for the first day of high school that he hopes will up his coolness level. Meanwhile, Beverly gets her teaching certification to become a substitute teacher. | **PG** +GOLB04-001+ |

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| 00:15 | **Movie: Doomsday Man (R) ’CC’ (1998)** A professor is taken by government officials to help track down his brother who has stolen a deadly virus from a chemical plant. Starring:BARRY BELL,JAMES MARSHALL,ESAI MORALES,KERRY THORNTON,JILL GALLOWAY,RENEE GRIFFIN,RHODA GRIFFIS,RANDELL HAYNES,YANCY BUTLER,TODD SANDLER | **M (A,V)**+WILF-047+ |

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| 02:00 | **Home Shopping** | ++ |

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| 04:00 | **The Great Outdoors: Family Fun Special (R) ’CC’** Jennifer Hawkins takes a Gold Coast break with the Dreamworld tiger cubs and the new Mick Doohan motorcoaster. | **G** +GO17-012+ |

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| 05:00 | **House Of Wellness (R) ’CC’ ENCORE**Entertaining everybody to live a healthier life. Hosted by Luke Darcy, Rachael Finch, Jo Stanley and Luke Hines. | **PG** +HOWL03-027+ |