**Sunday 07 April 2019**

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| 06:00 | **Ten Dollar Dinners: Little Helpers, Big Brunch (R)**  Melissa d'Arabian cooks a weekend brunch menu with two enthusiastic helpers: her daughters. | **PG**  +TEDD07-006+ |

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| 06:30 | **Diners, Drive-Ins and Dives: Meat Lover's Paradise (R)**  Guy Fieri's signing up for a meat-crazed master class. | **PG**  +DDID18-002+ |

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| 07:00 | **Diners, Drive-Ins and Dives: Servin' Up San Francisco (R)**  Guy Fieri's cruisin' the San Francisco coast for a diverse culinary road trip. | **PG**  +DDID18-003+ |

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| 07:30 | **Guy's Grocery Games: GGG Judges And Their Spouses (R)**  Three of GGG's most beloved judges bring their significant others to Flavortown for some friendly competition. | **PG**  +GUGG16-010+ |

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| 08:30 | **Rachael Ray's Week In A Day: 2 For 1 (R)**  A double duty, hot and cold Sammy idea will help you kick off a great week of eating. | **PG**  +WIAD03-011+ |

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| 09:30 | **Diners, Drive-Ins and Dives: Meat Lover's Paradise (R)**  Guy Fieri's signing up for a meat-crazed master class. | **PG**  +DDID18-002+ |

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| 10:00 | **Diners, Drive-Ins and Dives: Servin' Up San Francisco (R)**  Guy Fieri's cruisin' the San Francisco coast for a diverse culinary road trip. | **PG**  +DDID18-003+ |

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| 10:30 | **Iron Chef America: Morimoto vs. Forgione (R)**  It's a battle of the Iron Chefs as Iron Chef Masaharu Morimoto faces off against Iron Chef Marc Forgione in an Iron Chef Grilling Battle set in Kitchen Stadium. | **PG**  +ICAM10-020+ |

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| 11:30 | **Iron Chef America: Zakarian vs. Gallante (R)**  Iron Chef Geoffrey Zakarian faces off against challenger Shea Gallante. | **PG**  +ICAM10-021+ |

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| 12:30 | **Rachael Ray's Week In A Day: 2 For 1 (R)**  A double duty, hot and cold Sammy idea will help you kick off a great week of eating. | **PG**  +WIAD03-011+ |

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| 13:30 | **Guy's Grocery Games: GGG Judges And Their Spouses (R)**  Three of GGG's most beloved judges bring their significant others to Flavortown for some friendly competition. | **PG**  +GUGG16-010+ |

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| 14:30 | **Anh Does Vietnam (R) ’CC’**  Anh Do returns to Vietnam to rediscover his birth land. He gives insight into modern day Vietnam, from local family life to incredible culinary delights and the best adventures Vietnam has to offer. | **PG**  +ANDV-001+ |

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| 15:30 | **Diners, Drive-Ins and Dives: Servin' Up San Francisco (R)**  Guy Fieri's cruisin' the San Francisco coast for a diverse culinary road trip. | **PG**  +DDID18-003+ |

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| 16:00 | **Iron Chef America: Morimoto vs. Forgione (R)**  It's a battle of the Iron Chefs as Iron Chef Masaharu Morimoto faces off against Iron Chef Marc Forgione in an Iron Chef Grilling Battle set in Kitchen Stadium. | **PG**  +ICAM10-020+ |

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| 17:00 | **Iron Chef America: Zakarian vs. Gallante (R)**  Iron Chef Geoffrey Zakarian faces off against challenger Shea Gallante. | **PG**  +ICAM10-021+ |

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| 18:00 | **Kid's Baking Championship: Comfort Food Dessert Imposters (R)**  The remaining 10 kid bakers must create a comfort food dessert imposter - meatloaf, fried chicken, mac and cheese, and more - to keep their place at the table. | **PG**  +KBAC03-003+ |

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| 19:00 | **Ridiculous Cakes: Big Tex's Texas-Sized Cake (R)**  Alton Brown narrates this sweet reality show in which talented cake designers are tasked with creating unique and unbelievable cakes for their clients. | **PG**  +RICA01-006+ |

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| 19:30 | **Cake Wars: Cobra's Curse (R) NEW EPISODE**  Brace yourself for a hair-raising ancient Egyptian adventure! The winning cake will be the center of a party celebrating the grand opening of Busch Gardens Tampa Bay's newest ride, Cobra's Curse. | **PG**  +CAKW03-006+ |

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| 20:30 | **Ramsay's Hotel Hell: Murphy's Historic Hotel (R) ’CC’**  Gordon Ramsay travels across the US to fix some of its most horrendous hotels, troubled inns and struggling resorts. He will endure hotels at their worst, all so unsuspecting guests don't have to. Starring:GORDON RAMSAY | **M (N,L)**  +HELL02-008+ |

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| 21:30 | **Cupcake Wars: A Perfect Match.com NEW EPISODE**  It will be happily ever after for one cupcake maker when they win the opportunity to serve their cupcakes at a spectacular Match.com wedding event. | **PG**  +CUPW06-010+ |

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| 22:30 | **Outrageous Wedding Cakes Ep: 1: Outrageous Wedding Cakes Ep: 1 (2014) NEW EPISODE**  Extravagant, ornate, enormous and downright outrageous wedding cakes. | **PG**  +FONS02-001+ |

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| 23:30 | **Ridiculous Cakes: Big Tex's Texas-Sized Cake (R)**  Alton Brown narrates this sweet reality show in which talented cake designers are tasked with creating unique and unbelievable cakes for their clients. | **PG**  +RICA01-006+ |

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| 00:00 | **Cake Wars: Cobra's Curse (R)**  Brace yourself for a hair-raising ancient Egyptian adventure! The winning cake will be the center of a party celebrating the grand opening of Busch Gardens Tampa Bay's newest ride, Cobra's Curse. | **PG**  +CAKW03-006+ |

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| 01:00 | **The Great Day Out (R) ’CC’**  Laurel checks out Queensland's first library of things, Courtney enjoys some old-fashioned fun at The Ginger Factory while Sofie is in paradise, just off the coast of Brisbane. | **G**  +GDOT18-037+ |

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| 01:30 | **Creek To Coast (R) ’CC’**  Scotty is in the Hinchinbrook region with his son, Roger is getting out of trouble with new mate Jack and Olivia is taking on Rocky. | **G**  +7CTC18-020+ |

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| 02:00 | **SA Weekender (R) ’CC’**  Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. Presenters include Belinda Sloane, Callum Hann, Michael Keelan and Kelly Golding. | **G**  +SAWE18-008+ |

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| 02:30 | **Home In WA (R)**  Home in WA showcases builders, real estate, home services and products for our homes in WA. | **G**  +HIWA21-007+ |

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| 03:00 | **Queensland Weekender (R) ’CC’**  Olivia heads offshore, Lee explores Australia's most stunning stretch of sand by horseback while Bridget visits an island that is like something out of Jurassic Park. | **G**  +7QWE18-042+ |

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| 03:30 | **Sydney Weekender (R) ’CC’**  Mike goes to Cowra to preview the Cherry Blossom Festival. Jack checks out The Sausage Factory in Dulwich Hill. Lizzy heads to Broken Hill and Silverton. Starring:JACK YABSLEY,ERICA DAVIS,LIZZY LOVETTE,SALLY STANTON,MIKE WHITNEY | **G**  +7SWE25-032+ |

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| 04:00 | **The Great Day Out (R) ’CC’**  Laurel checks out Queensland's first library of things, Courtney enjoys some old-fashioned fun at The Ginger Factory while Sofie is in paradise, just off the coast of Brisbane. | **G**  +GDOT18-037+ |

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| 04:30 | **Creek To Coast (R) ’CC’**  Scotty is in the Hinchinbrook region with his son, Roger is getting out of trouble with new mate Jack and Olivia is taking on Rocky. | **G**  +7CTC18-020+ |

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| 05:00 | **SA Weekender (R) ’CC’**  Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. Presenters include Belinda Sloane, Callum Hann, Michael Keelan and Kelly Golding. | **G**  +SAWE18-008+ |

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| 05:30 | **Home In WA (R)**  Home in WA showcases builders, real estate, home services and products for our homes in WA. | **G**  +HIWA21-007+ |

**Monday 08 April 2019**

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| 06:00 | **Queensland Weekender (R) ’CC’**  Olivia heads offshore, Lee explores Australia's most stunning stretch of sand by horseback while Bridget visits an island that is like something out of Jurassic Park. | **G**  +7QWE18-042+ |

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| 06:30 | **Kid's Baking Championship: Comfort Food Dessert Imposters (R)**  The remaining 10 kid bakers must create a comfort food dessert imposter - meatloaf, fried chicken, mac and cheese, and more - to keep their place at the table. | **PG**  +KBAC03-003+ |

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| 07:30 | **Cupcake Wars: A Perfect Match.com (R)**  It will be happily ever after for one cupcake maker when they win the opportunity to serve their cupcakes at a spectacular Match.com wedding event. | **PG**  +CUPW06-010+ |

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| 08:30 | **Outrageous Wedding Cakes Ep: 1: Outrageous Wedding Cakes Ep: 1 (2014)**  Extravagant, ornate, enormous and downright outrageous wedding cakes. | **PG**  +FONS02-001+ |

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| 09:30 | **Cake Wars: Cobra's Curse (R)**  Brace yourself for a hair-raising ancient Egyptian adventure! The winning cake will be the center of a party celebrating the grand opening of Busch Gardens Tampa Bay's newest ride, Cobra's Curse. | **PG**  +CAKW03-006+ |

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| 10:30 | **TBA:**  TBC | ++ |

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| 12:00 | **Cupcake Wars: A Perfect Match.com (R)**  It will be happily ever after for one cupcake maker when they win the opportunity to serve their cupcakes at a spectacular Match.com wedding event. | **PG**  +CUPW06-010+ |

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| 13:00 | **Outrageous Wedding Cakes Ep: 1: Outrageous Wedding Cakes Ep: 1 (2014)**  Extravagant, ornate, enormous and downright outrageous wedding cakes. | **PG**  +FONS02-001+ |

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| 14:00 | **Giada At Home: Career Day (R)**  Giada De Laurentiis visits her daughter, Jade's, school for a career day presentation. Giada creates a kid-friendly menu for the students to enjoy including Kids Sushi. | **PG**  +GIHO06-001+ |

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| 14:30 | **The Kitchen: Spooky Surprises (R)**  The Kitchen is serving up some tricks and even better treats for Halloween with Jeff Mauro's Monster Mac and Cheese and Katie Lee's Butternut Squash Soup. | **PG**  +TKIT15-001+ |

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| 15:30 | **The Pioneer Woman: Meatless Marvels (R)**  Ree Drummond has stocked her kitchen with all the ingredients to make some of her favourite meatless meals. | **PG**  +PIWO12-005+ |

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| 16:00 | **House Of Wellness (R) ’CC’**  Entertaining everybody to live a healthier life. Hosted by Luke Darcy, Rachael Finch, Jo Stanley and Luke Hines. | **PG**  +HOWL03-007+ |

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| 17:00 | **Kid's Baking Championship: Comfort Food Dessert Imposters (R)**  The remaining 10 kid bakers must create a comfort food dessert imposter - meatloaf, fried chicken, mac and cheese, and more - to keep their place at the table. | **PG**  +KBAC03-003+ |

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| 18:00 | **Ridiculous Cakes: Big Tex's Texas-Sized Cake (R)**  Alton Brown narrates this sweet reality show in which talented cake designers are tasked with creating unique and unbelievable cakes for their clients. | **PG**  +RICA01-006+ |

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| 18:30 | **Chopped: The Bold And The Baconful NEW EPISODE**  In the first basket, the chefs are shocked to find that a certain fun food has been wrapped in bacon, and in round two, the three remaining competitors present pork and noodle dishes. | **PG**  +CHPD27-012+ |

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| 19:30 | **Kid's Baking Championship: Color Me Wow! NEW EPISODE**  Valerie Bertinelli and Duff Goldman head back to the 1960s and ask the remaining nine kid bakers to "colour them wow" with mind-blowing tie-dye cakes. | **PG**  +KBAC03-004+ |

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| 20:30 | **Wedding Cake Championship: Tara And Todd NEW EPISODE**  The final three teams must make a first anniversary celebration cake for Tara Lipinski and her husband, Todd Kapostasy. | **PG**  +WECC01-004+ |

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| 21:30 | **Spring Baking Championship: Wedding Season**  A dessert table and a wedding cake are produced by the three remaining bakers competing for the $50,000 grand prize. | **PG**  +SPBC01-006+ |

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| 22:30 | **Kid's Baking Championship: Color Me Wow! (R)**  Valerie Bertinelli and Duff Goldman head back to the 1960s and ask the remaining nine kid bakers to "colour them wow" with mind-blowing tie-dye cakes. | **PG**  +KBAC03-004+ |

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| 23:30 | **Chopped: The Bold And The Baconful (R)**  In the first basket, the chefs are shocked to find that a certain fun food has been wrapped in bacon, and in round two, the three remaining competitors present pork and noodle dishes. | **PG**  +CHPD27-012+ |

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| 00:30 | **Sydney Weekender (R) ’CC’**  Mike heads to Norfolk Island. Karen discovers that green is the new black, after dining at two eateries in Sydney's Eastern suburbs which set the scene with green Erica visits Broome. Starring:ERICA DAVIS,KAREN LEDBURY,PETE WELLS,MIKE WHITNEY,TEIGAN NASH | **G**  +7SWE25-033+ |

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| 01:00 | **The Great Day Out (R) ’CC’**  Jillian enjoys a foodie trail on the Redlands Coast, 7 News sports presenter Ben Davis shares his Great Day Out while Courtney heads bush for a different take on a music festival. | **G**  +GDOT18-038+ |

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| 01:30 | **Creek To Coast (R) ’CC’**  Sally is in her element, Olivia uncovers the important work of the Volunteer Marine Rescue and the Coast Guard and Scotty is targeting a fish he hasn't caught in over 30 years. | **G**  +7CTC18-021+ |

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| 02:00 | **SA Weekender (R) ’CC’**  Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. Presenters include Belinda Sloane, Callum Hann, Michael Keelan and Kelly Golding. | **G**  +SAWE18-009+ |

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| 02:30 | **Home In WA (R)**  Home in WA showcases builders, real estate, home services and products for our homes in WA. | **G**  +HIWA21-008+ |

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| 03:00 | **Queensland Weekender (R) ’CC’**  Bridget is on a journey through tropical north Queensland in celebration of Indigenous culture. | **G**  +7QWE18-043+ |

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| 03:30 | **Sydney Weekender (R) ’CC’**  Mike heads to Norfolk Island. Karen discovers that green is the new black, after dining at two eateries in Sydney's Eastern suburbs which set the scene with green Erica visits Broome. Starring:ERICA DAVIS,MIKE WHITNEY,PETE WELLS,TEIGAN NASH,KAREN LEDBURY | **G**  +7SWE25-033+ |

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| 04:00 | **The Great Day Out (R) ’CC’**  Jillian enjoys a foodie trail on the Redlands Coast, 7 News sports presenter Ben Davis shares his Great Day Out while Courtney heads bush for a different take on a music festival. | **G**  +GDOT18-038+ |

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| 04:30 | **Creek To Coast (R) ’CC’**  Sally is in her element, Olivia uncovers the important work of the Volunteer Marine Rescue and the Coast Guard and Scotty is targeting a fish he hasn't caught in over 30 years. | **G**  +7CTC18-021+ |

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| 05:00 | **SA Weekender (R) ’CC’**  Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. Presenters include Belinda Sloane, Callum Hann, Michael Keelan and Kelly Golding. | **G**  +SAWE18-009+ |

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| 05:30 | **Home In WA (R)**  Home in WA showcases builders, real estate, home services and products for our homes in WA. | **G**  +HIWA21-008+ |

**Tuesday 09 April 2019**

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| 06:00 | **Queensland Weekender (R) ’CC’**  Bridget is on a journey through tropical north Queensland in celebration of Indigenous culture. | **G**  +7QWE18-043+ |

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| 06:30 | **The Pioneer Woman: Meatless Marvels (R)**  Ree Drummond has stocked her kitchen with all the ingredients to make some of her favourite meatless meals. | **PG**  +PIWO12-005+ |

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| 07:00 | **Giada At Home: Career Day (R)**  Giada De Laurentiis visits her daughter, Jade's, school for a career day presentation. Giada creates a kid-friendly menu for the students to enjoy including Kids Sushi. | **PG**  +GIHO06-001+ |

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| 07:30 | **The Kitchen: Spooky Surprises (R)**  The Kitchen is serving up some tricks and even better treats for Halloween with Jeff Mauro's Monster Mac and Cheese and Katie Lee's Butternut Squash Soup. | **PG**  +TKIT15-001+ |

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| 08:30 | **Spring Baking Championship: Wedding Season (R)**  A dessert table and a wedding cake are produced by the three remaining bakers competing for the $50,000 grand prize. | **PG**  +SPBC01-006+ |

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| 09:30 | **Wedding Cake Championship: Tara And Todd (R)**  The final three teams must make a first anniversary celebration cake for Tara Lipinski and her husband, Todd Kapostasy. | **PG**  +WECC01-004+ |

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| 10:30 | **TBA:**  TBC | ++ |

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| 12:00 | **Giada At Home: Career Day (R)**  Giada De Laurentiis visits her daughter, Jade's, school for a career day presentation. Giada creates a kid-friendly menu for the students to enjoy including Kids Sushi. | **PG**  +GIHO06-001+ |

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| 12:30 | **Spring Baking Championship: Wedding Season (R)**  A dessert table and a wedding cake are produced by the three remaining bakers competing for the $50,000 grand prize. | **PG**  +SPBC01-006+ |

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| 13:30 | **Chopped: The Bold And The Baconful (R)**  In the first basket, the chefs are shocked to find that a certain fun food has been wrapped in bacon, and in round two, the three remaining competitors present pork and noodle dishes. | **PG**  +CHPD27-012+ |

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| 14:30 | **The Kitchen: Feast Of Fall Flavor (R)**  The Kitchen is getting into the autumn spirit with a feast full of fall flavors. Katie Lee whips up comforting Creamy Chicken and Dumplings. | **PG**  +TKIT15-002+ |

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| 15:30 | **The Pioneer Woman: Hay Day (R)**  It's high summer and Ree Drummond's family has got a long, sweltering afternoon of hauling hay at her brother-in-law's house. | **PG**  +PIWO12-006+ |

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| 16:00 | **Giada At Home: Grilling With Bobby**  Giada De Laurentiis invites Bobby Flay over for a day of fun in the kitchen. The two create a colourful meal and Bobby shows Giada how to create one of his favorite cocktails. | **PG**  +GIHO06-002+ |

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| 16:30 | **Wedding Cake Championship: Tara And Todd (R)**  The final three teams must make a first anniversary celebration cake for Tara Lipinski and her husband, Todd Kapostasy. | **PG**  +WECC01-004+ |

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| 17:30 | **Kid's Baking Championship: Color Me Wow! (R)**  Valerie Bertinelli and Duff Goldman head back to the 1960s and ask the remaining nine kid bakers to "colour them wow" with mind-blowing tie-dye cakes. | **PG**  +KBAC03-004+ |

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| 18:30 | **Chopped: Bacon Boys (R)**  Four self-assured guys are lucky to get bacon as their theme, but how will these "bacon boys" do in the first round with bacon in the baskets alongside banana jam? | **PG**  +CHPD27-013+ |

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| 19:30 | **Mystery Diners: Cabin Fever**  Glen and Susan, the owners of the Gateway Restaurant and Lodge located near Sequoia National Park in California, contact Charles Stiles after hearing complaints of unauthorized parties taking place. | **PG**  +MYSD09-011+ |

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| 20:00 | **Mystery Diners: Train Robbery**  Missing supplies and unauthorized passengers are a concern for the owner of the Fillmore and Western Railway in California. | **PG**  +MYSD09-012+ |

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| 20:30 | **Restaurant: Impossible: Barely Edible NEW EPISODE**  Chef Robert makes his way to Edible's Restaurant & Pub in Horsham, Pa., to find a 26-year-old family restaurant suffering from a complete lack of inspiration and motivation. | **PG**  +RIMP06-011+ |

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| 21:30 | **Restaurant: Impossible: Good Food, Bad Vices NEW EPISODE**  Dorothy and Thom, owners of Benner Street Restaurant in Bethlehem, Pa., should be close to retirement but they are so far in debt, they may never be able to stop working. | **PG**  +RIMP06-012+ |

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| 22:30 | **Mystery Diners: Cabin Fever (R)**  Glen and Susan, the owners of the Gateway Restaurant and Lodge located near Sequoia National Park in California, contact Charles Stiles after hearing complaints of unauthorized parties taking place. | **PG**  +MYSD09-011+ |

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| 00:30 | **Sydney Weekender (R) ’CC’**  Mike visits Sierra Escape in Mudgee. Lea explores the vineyards of Orange. Matt gets the rundown on Seven's new show 'All Together Now' from some of the judges. Starring:ERICA DAVIS,LEA WILSON,MEL SYMONS,MIKE WHITNEY,MATT BASELEY | **G**  +7SWE25-034+ |

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| 01:00 | **The Great Day Out (R) ’CC’**  From public art, to private galleries Laurel is discovering the arts scene on the Redlands Coast. Jess is aboard the Mary Valley Rattler while Sofie is playing tourist in her own city. | **G**  +GDOT18-039+ |

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| 01:30 | **Creek To Coast (R) ’CC’**  Scott takes his good mate Nova breakfast radio presenter Ash Bradnam on a fishing trip south, from the Gold Coast to Ballina and Yamba. | **G**  +7CTC18-022+ |

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| 02:00 | **SA Weekender (R) ’CC’**  Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. Presenters include Belinda Sloane, Callum Hann, Michael Keelan and Kelly Golding. | **G**  +SAWE18-010+ |

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| 02:30 | **Home In WA (R)**  Home in WA showcases builders, real estate, home services and products for our homes in WA. | **G**  +HIWA21-009+ |

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| 03:00 | **Queensland Weekender (R) ’CC’**  Chris is on a luxury coach tour like no other. From sandstone gorges to reef wonders, it is proof that good times never get old. | **G**  +7QWE18-044+ |

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| 03:30 | **Sydney Weekender (R) ’CC’**  Mike visits Sierra Escape in Mudgee. Lea explores the vineyards of Orange. Matt gets the rundown on Seven's new show 'All Together Now' from some of the judges. Starring:ERICA DAVIS,LEA WILSON,MIKE WHITNEY,MEL SYMONS,MATT BASELEY | **G**  +7SWE25-034+ |

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| 04:30 | **Creek To Coast (R) ’CC’**  Scott takes his good mate Nova breakfast radio presenter Ash Bradnam on a fishing trip south, from the Gold Coast to Ballina and Yamba. | **G**  +7CTC18-022+ |

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| 05:00 | **SA Weekender (R) ’CC’**  Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. Presenters include Belinda Sloane, Callum Hann, Michael Keelan and Kelly Golding. | **G**  +SAWE18-010+ |

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| 05:30 | **Home In WA (R)**  Home in WA showcases builders, real estate, home services and products for our homes in WA. | **G**  +HIWA21-009+ |

**Wednesday 10 April 2019**

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| 06:00 | **Queensland Weekender (R) ’CC’**  Chris is on a luxury coach tour like no other. From sandstone gorges to reef wonders, it is proof that good times never get old. | **G**  +7QWE18-044+ |

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| 06:30 | **The Pioneer Woman: Hay Day (R)**  It's high summer and Ree Drummond's family has got a long, sweltering afternoon of hauling hay at her brother-in-law's house. | **PG**  +PIWO12-006+ |

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| 07:00 | **Giada At Home: Grilling With Bobby (R)**  Giada De Laurentiis invites Bobby Flay over for a day of fun in the kitchen. The two create a colourful meal and Bobby shows Giada how to create one of his favorite cocktails. | **PG**  +GIHO06-002+ |

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| 07:30 | **The Kitchen: Feast Of Fall Flavor (R)**  The Kitchen is getting into the autumn spirit with a feast full of fall flavors. Katie Lee whips up comforting Creamy Chicken and Dumplings. | **PG**  +TKIT15-002+ |

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| 08:30 | **Restaurant: Impossible: Barely Edible (R)**  Chef Robert makes his way to Edible's Restaurant & Pub in Horsham, Pa., to find a 26-year-old family restaurant suffering from a complete lack of inspiration and motivation. | **PG**  +RIMP06-011+ |

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| 09:30 | **Restaurant: Impossible: Good Food, Bad Vices (R)**  Dorothy and Thom, owners of Benner Street Restaurant in Bethlehem, Pa., should be close to retirement but they are so far in debt, they may never be able to stop working. | **PG**  +RIMP06-012+ |

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| 10:30 | **TBA:**  TBC | ++ |

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| 12:00 | **Giada At Home: Grilling With Bobby (R)**  Giada De Laurentiis invites Bobby Flay over for a day of fun in the kitchen. The two create a colourful meal and Bobby shows Giada how to create one of his favorite cocktails. | **PG**  +GIHO06-002+ |

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| 12:30 | **Restaurant: Impossible: Barely Edible (R)**  Chef Robert makes his way to Edible's Restaurant & Pub in Horsham, Pa., to find a 26-year-old family restaurant suffering from a complete lack of inspiration and motivation. | **PG**  +RIMP06-011+ |

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| 13:30 | **Chopped: Bacon Boys (R)**  Four self-assured guys are lucky to get bacon as their theme, but how will these "bacon boys" do in the first round with bacon in the baskets alongside banana jam? | **PG**  +CHPD27-013+ |

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| 14:30 | **The Kitchen: Our Best Fall Finds (R)**  The Kitchen is sharing a love for autumn with new and creative recipes like Sunny Anderson's secret ingredient Red Eye Beef Stew and Geoffrey Zakarian's Thai Fried Riced Cauliflower. | **PG**  +TKIT15-003+ |

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| 15:30 | **The Pioneer Woman: Simple Meals (R)**  It's all about stunning five ingredient meals, and up first is Ree Drummond's Chicken Fennel Bake. Next, three varieties of sheet pan suppers: Sausage, Spanish Baked Salmon, and Teriyaki Pork. | **PG**  +PIWO12-007+ |

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| 16:00 | **Giada At Home: Dim Sum**  Giada De Laurentiis prepares a dim sum menu inspired by her recent trip to Hong Kong. She invites her travel companions over to enjoy the exotic dishes. | **PG**  +GIHO06-003+ |

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| 16:30 | **Restaurant: Impossible: Good Food, Bad Vices (R)**  Dorothy and Thom, owners of Benner Street Restaurant in Bethlehem, Pa., should be close to retirement but they are so far in debt, they may never be able to stop working. | **PG**  +RIMP06-012+ |

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| 17:30 | **Mystery Diners: Cabin Fever (R)**  Glen and Susan, the owners of the Gateway Restaurant and Lodge located near Sequoia National Park in California, contact Charles Stiles after hearing complaints of unauthorized parties taking place. | **PG**  +MYSD09-011+ |

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| 18:00 | **Mystery Diners: Train Robbery (R)**  Missing supplies and unauthorized passengers are a concern for the owner of the Fillmore and Western Railway in California. | **PG**  +MYSD09-012+ |

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| 18:30 | **Chopped: Food Truck Luck (R)**  Which food truck chef will fortune shine upon in this competition of determined mobile meal vendors? | **PG**  +CHPD35-001+ |

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| 19:30 | **Restaurant Redemption: King Yum NEW EPISODE**  Changing the face of Asian food in America one menu at a time, Ching-He Huang travels across the country to help struggling restaurants revamp their establishments. | **PG**  +RERE01-001+ |

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| 20:30 | **Hell's Kitchen USA (R) ’CC’**  Aspiring chefs arrive at Hell's Kitchen with the hope and excitement of becoming the next winner of Hell's Kitchen. | **M (L)**  +HEKI10-011+ |

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| 21:30 | **Hell's Kitchen USA (R) ’CC’**  Aspiring chefs arrive at Hell's Kitchen with the hope and excitement of becoming the next winner of Hell's Kitchen. | **MA (L)**  +HEKI10-012+ |

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| 22:30 | **Restaurant Redemption: King Yum (R)**  Changing the face of Asian food in America one menu at a time, Ching-He Huang travels across the country to help struggling restaurants revamp their establishments. | **PG**  +RERE01-001+ |

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| 23:30 | **Chopped: Food Truck Luck (R)**  Which food truck chef will fortune shine upon in this competition of determined mobile meal vendors? | **PG**  +CHPD35-001+ |

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| 00:30 | **Sydney Weekender (R) ’CC’**  Mike visits the South Coast, and goes on a kayak trip with Total Eco Adventures. Fliss goes to Tilba for an insight into indigenous culture. Mel is in the Murrumbateman for a weekend of exploring. Starring:ERICA DAVIS,FELICITY URQUHART,SALLY STANTON,MEL SYMONS,MIKE WHITNEY | **G**  +7SWE25-035+ |

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| 01:00 | **The Great Day Out (R) ’CC’**  Sofie is enjoying a Great Day Out in beautiful Buderim, Laurel is trying her hand at the new sport of axe throwing. Country music star, Adam Brand shares his Great Day Out. | **G**  +GDOT18-040+ |

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| 01:30 | **Creek To Coast (R) ’CC’**  Olivia is in Rockhampton, a town full of mad keen fishers. Billy is getting down and dirty and Scott is pulling in big ones with mate Andrew. | **G**  +7CTC18-023+ |

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| 02:00 | **TBA:**  TBC | ++ |

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| 02:30 | **TBA:**  TBC | ++ |

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| 03:00 | **TBA:**  TBC | ++ |

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| 03:30 | **TBA:**  TBC | ++ |

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| 04:00 | **The Great Day Out (R) ’CC’**  Sofie is enjoying a Great Day Out in beautiful Buderim, Laurel is trying her hand at the new sport of axe throwing. Country music star, Adam Brand shares his Great Day Out. | **G**  +GDOT18-040+ |

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| 04:30 | **Creek To Coast (R) ’CC’**  Olivia is in Rockhampton, a town full of mad keen fishers. Billy is getting down and dirty and Scott is pulling in big ones with mate Andrew. | **G**  +7CTC18-023+ |

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| 05:00 | **SA Weekender (R) ’CC’**  Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. Presenters include Belinda Sloane, Callum Hann, Michael Keelan and Kelly Golding. | **G**  +SAWE18-011+ |

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| 05:30 | **Home In WA (R)**  Home in WA showcases builders, real estate, home services and products for our homes in WA. | **G**  +HIWA21-010+ |

**Thursday 11 April 2019**

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| 06:00 | **Queensland Weekender (R) ’CC’**  Kay is on an epic journey across the Gulf Savannah. It's remote, remarkable and full of surprises. | **G**  +7QWE18-045+ |

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| 06:30 | **The Pioneer Woman: Simple Meals (R)**  It's all about stunning five ingredient meals, and up first is Ree Drummond's Chicken Fennel Bake. Next, three varieties of sheet pan suppers: Sausage, Spanish Baked Salmon, and Teriyaki Pork. | **PG**  +PIWO12-007+ |

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| 07:00 | **Giada At Home: Dim Sum (R)**  Giada De Laurentiis prepares a dim sum menu inspired by her recent trip to Hong Kong. She invites her travel companions over to enjoy the exotic dishes. | **PG**  +GIHO06-003+ |

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| 07:30 | **The Kitchen: Our Best Fall Finds (R)**  The Kitchen is sharing a love for autumn with new and creative recipes like Sunny Anderson's secret ingredient Red Eye Beef Stew and Geoffrey Zakarian's Thai Fried Riced Cauliflower. | **PG**  +TKIT15-003+ |

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| 08:30 | **Rachael Ray's Week In A Day: Game On! (R)**  A feast that'll keep your team fed through an entire week of big games. Cincinnati Spaghetti; Pork and Broccoli Rabe Ciabatta Subs; Buffalo Turkey Sloppy Joes; Brisket Bowls | **PG**  +WIAD05-006+ |

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| 09:30 | **Guy's Grocery Games: GGG Judges And Their Spouses (R)**  Three of GGG's most beloved judges bring their significant others to Flavortown for some friendly competition. | **PG**  +GUGG16-010+ |

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| 10:30 | **TBA:**  TBC | ++ |

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| 12:00 | **Giada At Home: Dim Sum (R)**  Giada De Laurentiis prepares a dim sum menu inspired by her recent trip to Hong Kong. She invites her travel companions over to enjoy the exotic dishes. | **PG**  +GIHO06-003+ |

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| 12:30 | **Guy's Grocery Games: GGG Judges And Their Spouses (R)**  Three of GGG's most beloved judges bring their significant others to Flavortown for some friendly competition. | **PG**  +GUGG16-010+ |

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| 13:30 | **Chopped: Food Truck Luck (R)**  Which food truck chef will fortune shine upon in this competition of determined mobile meal vendors? | **PG**  +CHPD35-001+ |

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| 14:30 | **The Kitchen: Just Desserts (R)**  The Kitchen is satisfying every sweet tooth with a show full of holiday desserts, starting with Geoffrey Zakarian's Quick Caramelized Apple Tart. | **PG**  +TKIT15-004+ |

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| 15:30 | **The Pioneer Woman: For Pete's Sake (R)**  Cowboy Pete's had a long, hard summer working on the farm, so Ree Drummond is making a Tex-Mex dinner to thank him and his family. | **PG**  +PIWO12-008+ |

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| 16:00 | **Giada At Home: Jade's Sleepover (R)**  Giada De Laurentiis creates a delicious kid friendly menu for her daughter, Jade's, sleep-over party. | **PG**  +GIHO06-004+ |

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| 16:30 | **Rachael Ray's Week In A Day: Game On! (R)**  A feast that'll keep your team fed through an entire week of big games. Cincinnati Spaghetti; Pork and Broccoli Rabe Ciabatta Subs; Buffalo Turkey Sloppy Joes; Brisket Bowls | **PG**  +WIAD05-006+ |

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| 17:30 | **Restaurant Redemption: King Yum (R)**  Changing the face of Asian food in America one menu at a time, Ching-He Huang travels across the country to help struggling restaurants revamp their establishments. | **PG**  +RERE01-001+ |

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| 18:30 | **Chopped: Spooked (R)**  Creepy surprises and freaky finds - the chefs are sure to be spooked by what they get in the baskets for Halloween. | **PG**  +CHPD35-002+ |

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| 19:30 | **Ramsay's Kitchen Nightmares: Runaway Girl (R) ’CC’**  Follow chef Gordon Ramsay as he attempts to save failing restaurants across Britain. Tonight, Gordon is at the tapas bar and nightclub, The Runaway Girl where the owners are at war with each other. Starring:GORDON RAMSAY | **M (L)**  +RAKN05-002+ |

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| 20:30 | **Ramsay's Kitchen Nightmares: Bonapartes - Revisited ’CC’**  Gordon returns to Bonapartes, and discovers whether ambitious chef Tim has managed to maintain the same level of customers after his recommendations for improvement. | **MA (L)**  +RAKN01-008+ |

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| 21:30 | **Ramsay's Kitchen Nightmares: Lanterna (R) ’CC’**  Gordon travels to Lanterna, an Italian restaurant which in in desperate need of help. It has no customers, cookers that don't work and an expensive menu that's as authentically Italian as spag bol. | **MA (L)**  +RAKN02-001+ |

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| 22:30 | **Ramsay's Kitchen Nightmares: Runaway Girl (R) ’CC’**  Follow chef Gordon Ramsay as he attempts to save failing restaurants across Britain. Tonight, Gordon is at the tapas bar and nightclub, The Runaway Girl where the owners are at war with each other. Starring:GORDON RAMSAY | **M (L)**  +RAKN05-002+ |

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| 23:30 | **Chopped: Spooked (R)**  Creepy surprises and freaky finds - the chefs are sure to be spooked by what they get in the baskets for Halloween. | **PG**  +CHPD35-002+ |

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| 00:30 | **Sydney Weekender (R) ’CC’**  Mike visits Camden Produce Markets at Camden Town Farm and tries some of the delicious local-grown products. Jase and Beck head there to check out Ultimate Go Karts and the Alan Baker gallery. Starring:BECK STEVENS,JASON STEVENS,ERICA DAVIS,MIKE WHITNEY | **G**  +7SWE25-036+ |

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| 01:00 | **The Great Day Out (R) ’CC’**  Alastair has the difficult job of tasting Brisbane's best fish and chips. Jess gets the low-down on a new yoga craze while Sofie enjoys Brisbane's top animal encounters. | **G**  +GDOT18-041+ |

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| 01:30 | **Creek To Coast (R) ’CC’**  Olivia is up in Rocky with Women that Fish, Duane is swimming with whales, Andrew has an easy recipe and Scotty is testing his fear of heights over the Fraser Coast hidden gem, Rainbow Beach. | **G**  +7CTC18-024+ |

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| 02:00 | **SA Weekender (R) ’CC’**  Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. Presenters include Belinda Sloane, Callum Hann, Michael Keelan and Kelly Golding. | **G**  +SAWE18-012+ |

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| 02:30 | **Home In WA (R)**  Home in WA showcases builders, real estate, home services and products for our homes in WA. | **G**  +HIWA21-011+ |

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| 03:00 | **Queensland Weekender (R) ’CC’**  Luke and Cody tour Airlie in a red mustang. Lee has his young boys playing with real dump trucks and excavators. Plus we meet the man who built Queensland's first Batmobile. | **G**  +7QWE18-001+ |

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| 03:30 | **Sydney Weekender (R) ’CC’**  Mike visits Camden Produce Markets at Camden Town Farm and tries some of the delicious local-grown products. Jase and Beck head there to check out Ultimate Go Karts and the Alan Baker gallery. Starring:BECK STEVENS,ERICA DAVIS,MIKE WHITNEY,JASON STEVENS | **G**  +7SWE25-036+ |

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| 04:00 | **The Great Day Out (R) ’CC’**  Alastair has the difficult job of tasting Brisbane's best fish and chips. Jess gets the low-down on a new yoga craze while Sofie enjoys Brisbane's top animal encounters. | **G**  +GDOT18-041+ |

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| 04:30 | **Creek To Coast (R) ’CC’**  Olivia is up in Rocky with Women that Fish, Duane is swimming with whales, Andrew has an easy recipe and Scotty is testing his fear of heights over the Fraser Coast hidden gem, Rainbow Beach. | **G**  +7CTC18-024+ |

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| 05:00 | **SA Weekender (R) ’CC’**  Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. Presenters include Belinda Sloane, Callum Hann, Michael Keelan and Kelly Golding. | **G**  +SAWE18-012+ |

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| 05:30 | **Home In WA (R)**  Home in WA showcases builders, real estate, home services and products for our homes in WA. | **G**  +HIWA21-011+ |

**Friday 12 April 2019**

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| 06:00 | **Queensland Weekender (R) ’CC’**  Luke and Cody tour Airlie in a red mustang. Lee has his young boys playing with real dump trucks and excavators. Plus we meet the man who built Queensland's first Batmobile. | **G**  +7QWE18-001+ |

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| 06:30 | **The Pioneer Woman: For Pete's Sake (R)**  Cowboy Pete's had a long, hard summer working on the farm, so Ree Drummond is making a Tex-Mex dinner to thank him and his family. | **PG**  +PIWO12-008+ |

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| 07:00 | **Giada At Home: Jade's Sleepover (R)**  Giada De Laurentiis creates a delicious kid friendly menu for her daughter, Jade's, sleep-over party. | **PG**  +GIHO06-004+ |

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| 07:30 | **The Kitchen: Just Desserts (R)**  The Kitchen is satisfying every sweet tooth with a show full of holiday desserts, starting with Geoffrey Zakarian's Quick Caramelized Apple Tart. | **PG**  +TKIT15-004+ |

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| 08:30 | **Rachael Ray's Week In A Day: Border Bonanza (R)**  Get ready for a weeklong fiesta when Rachael shows you how to prepare five straight mouth-watering Tex-Mex meals in a single day. | **PG**  +WIAD03-006+ |

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| 09:30 | **Guy's Grocery Games: Last Judge Standing Tournament, Pt. 4 (R)**  Chefs compete for the chance of $20,000 as they are cooking inside a grocery store. | **PG**  +GUGG15-008+ |

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| 10:30 | **The Pioneer Woman: For Pete's Sake (R)**  Cowboy Pete's had a long, hard summer working on the farm, so Ree Drummond is making a Tex-Mex dinner to thank him and his family. | **PG**  +PIWO12-008+ |

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| 11:00 | **The Kitchen: Just Desserts (R)**  The Kitchen is satisfying every sweet tooth with a show full of holiday desserts, starting with Geoffrey Zakarian's Quick Caramelized Apple Tart. | **PG**  +TKIT15-004+ |

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| 12:00 | **Giada At Home: Jade's Sleepover (R)**  Giada De Laurentiis creates a delicious kid friendly menu for her daughter, Jade's, sleep-over party. | **PG**  +GIHO06-004+ |

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| 12:30 | **Guy's Grocery Games: Last Judge Standing Tournament, Pt. 4 (R)**  Chefs compete for the chance of $20,000 as they are cooking inside a grocery store. | **PG**  +GUGG15-008+ |

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| 13:30 | **Chopped: Spooked (R)**  Creepy surprises and freaky finds - the chefs are sure to be spooked by what they get in the baskets for Halloween. | **PG**  +CHPD35-002+ |

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| 14:30 | **The Kitchen: Friendsgiving Feast (R)**  The Kitchen hosts a star-studded Friendsgiving feast with Food Network friends Ree Drummond, Eddie Jackson and Trisha Yearwood. | **PG**  +TKIT15-005+ |

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| 15:30 | **The Pioneer Woman: Double Game Day (R)**  Ree Drummond's family is football crazy, and her and Ladd's alma maters are playing on TV, so she's preparing a game night spread. | **PG**  +PIWO12-009+ |

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| 16:00 | **Giada At Home: Diner Favorites (R)**  Giada De Laurentiis puts an elegant spin on the classic burger, fries and shakes combo. In the kitchen she creates Giada's Diner Burger with the works. | **PG**  +GIHO06-005+ |

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| 16:30 | **House Of Wellness (R) ’CC’**  Entertaining everybody to live a healthier life. Hosted by Luke Darcy, Rachael Finch, Jo Stanley and Luke Hines. | **PG**  +HOWL03-007+ |

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| 17:30 | **Rachael Ray's Week In A Day: Border Bonanza (R)**  Get ready for a weeklong fiesta when Rachael shows you how to prepare five straight mouth-watering Tex-Mex meals in a single day. | **PG**  +WIAD03-006+ |

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| 18:30 | **Chopped: Clam Clash (R)**  In the lightning-fast first round, the chefs must create appetizers in just 20 minutes from clams and a sweet dried fruit. | **PG**  +CHPD35-003+ |

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| 19:30 | **Bizarre Foods With Andrew Zimmern: Sardinia NEW EPISODE**  Andrew visits Sardinia, an island where people still live on distinctive, traditional foods unlike anything Andrew has ever tasted before. He experiences the true flavor of this unique culture. | **PG (A)**  +BIFO04-018+ |

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| 20:30 | **Food Network Star: Mash-Up Throwdown NEW EPISODE**  Rev Run challenges the finalists to mash up two different cooking styles into one dish and compete in the food world equivalent of a rap battle! In a surprise twist, two finalists are sent packing. | **PG**  +FONS12-002+ |

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| 21:30 | **Cutthroat Kitchen: You Wanna Pizza This? NEW EPISODE**  A chef gets dirty digging up their ingredients from a wacky vegetable garden. A punishment is given for trying to "phone in" during a pizza challenge. | **PG**  +CUTK04-002+ |

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| 22:30 | **Bizarre Foods With Andrew Zimmern: Sardinia (R)**  Andrew visits Sardinia, an island where people still live on distinctive, traditional foods unlike anything Andrew has ever tasted before. He experiences the true flavor of this unique culture. | **PG (A)**  +BIFO04-018+ |

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| 23:30 | **Chopped: Clam Clash (R)**  In the lightning-fast first round, the chefs must create appetizers in just 20 minutes from clams and a sweet dried fruit. | **PG**  +CHPD35-003+ |

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| 00:30 | **Sydney Weekender (R) ’CC’**  Mike finds a piece of paradise on Norfolk Island. Karen tries drag racing at Thunder 400. Beck and Jason visit a retro-inspired Chromefest 2018 at The Entrance. Starring:BECK STEVENS,JASON STEVENS,ERICA DAVIS,FELICITY URQUHART,KAREN LEDBURY,MIKE WHITNEY | **G**  +7SWE25-037+ |

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| 01:00 | **The Great Day Out (R) ’CC’**  Alastair digs deep and meets some passionate Toowoomba farmers. Sofie heads to the Great Barrier Reef while Laurel uncovers some recycled gems. | **G**  +GDOT18-042+ |

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| 01:30 | **Creek To Coast (R) ’CC’**  Scotty is doing some modelling, don't worry it's for a good cause, before wetting a line in Townsville. Bridget is all revved up in her hometown of Pittsworth and Roger has left the bitumen behind. | **G**  +7CTC18-025+ |

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| 02:00 | **SA Weekender (R) ’CC’**  Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. Presenters include Belinda Sloane, Callum Hann, Michael Keelan and Kelly Golding. | **G**  +SAWE18-013+ |

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| 02:30 | **Home In WA (R)**  Home in WA showcases builders, real estate, home services and products for our homes in WA. | **G**  +HIWA21-012+ |

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| 03:00 | **Queensland Weekender (R) ’CC’**  Join us this week on Queensland Weekender as Chris goes in search of Queensland's hottest events. | **G**  +7QWE18-002+ |

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| 03:30 | **Sydney Weekender (R) ’CC’**  Mike finds a piece of paradise on Norfolk Island. Karen tries drag racing at Thunder 400. Beck and Jason visit a retro-inspired Chromefest 2018 at The Entrance. Starring:BECK STEVENS,JASON STEVENS,ERICA DAVIS,KAREN LEDBURY,MIKE WHITNEY,FELICITY URQUHART | **G**  +7SWE25-037+ |

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| 04:00 | **The Great Day Out (R) ’CC’**  Alastair digs deep and meets some passionate Toowoomba farmers. Sofie heads to the Great Barrier Reef while Laurel uncovers some recycled gems. | **G**  +GDOT18-042+ |

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| 04:30 | **Creek To Coast (R) ’CC’**  Scotty is doing some modelling, don't worry it's for a good cause, before wetting a line in Townsville. Bridget is all revved up in her hometown of Pittsworth and Roger has left the bitumen behind. | **G**  +7CTC18-025+ |

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| 05:00 | **SA Weekender (R) ’CC’**  Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. Presenters include Belinda Sloane, Callum Hann, Michael Keelan and Kelly Golding. | **G**  +SAWE18-013+ |

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| 05:30 | **Home In WA (R)**  Home in WA showcases builders, real estate, home services and products for our homes in WA. | **G**  +HIWA21-012+ |

**Saturday 13 April 2019**

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| 06:00 | **Rachael Ray's Week In A Day: Border Bonanza (R)**  Get ready for a weeklong fiesta when Rachael shows you how to prepare five straight mouth-watering Tex-Mex meals in a single day. | **PG**  +WIAD03-006+ |

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| 07:00 | **Guy's Grocery Games: Last Judge Standing Tournament, Pt. 4 (R)**  Chefs compete for the chance of $20,000 as they are cooking inside a grocery store. | **PG**  +GUGG15-008+ |

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| 08:00 | **The Kitchen: Friendsgiving Feast (R)**  The Kitchen hosts a star-studded Friendsgiving feast with Food Network friends Ree Drummond, Eddie Jackson and Trisha Yearwood. | **PG**  +TKIT15-005+ |

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| 09:00 | **Giada At Home: Diner Favorites (R)**  Giada De Laurentiis puts an elegant spin on the classic burger, fries and shakes combo. In the kitchen she creates Giada's Diner Burger with the works. | **PG**  +GIHO06-005+ |

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| 09:30 | **The Pioneer Woman: Double Game Day (R)**  Ree Drummond's family is football crazy, and her and Ladd's alma maters are playing on TV, so she's preparing a game night spread. | **PG**  +PIWO12-009+ |

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| 10:00 | **Cutthroat Kitchen: You Wanna Pizza This? (R)**  A chef gets dirty digging up their ingredients from a wacky vegetable garden. A punishment is given for trying to "phone in" during a pizza challenge. | **PG**  +CUTK04-002+ |

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| 11:00 | **Food Network Star: Mash-Up Throwdown (R)**  Rev Run challenges the finalists to mash up two different cooking styles into one dish and compete in the food world equivalent of a rap battle! In a surprise twist, two finalists are sent packing. | **PG**  +FONS12-002+ |

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| 12:00 | **The Pioneer Woman: Double Game Day (R)**  Ree Drummond's family is football crazy, and her and Ladd's alma maters are playing on TV, so she's preparing a game night spread. | **PG**  +PIWO12-009+ |

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| 12:30 | **Bizarre Foods With Andrew Zimmern: Sardinia (R)**  Andrew visits Sardinia, an island where people still live on distinctive, traditional foods unlike anything Andrew has ever tasted before. He experiences the true flavor of this unique culture. | **PG (A)**  +BIFO04-018+ |

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| 13:30 | **Chopped: Clam Clash (R)**  In the lightning-fast first round, the chefs must create appetizers in just 20 minutes from clams and a sweet dried fruit. | **PG**  +CHPD35-003+ |

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| 14:30 | **Food Network Star: Mash-Up Throwdown (R)**  Rev Run challenges the finalists to mash up two different cooking styles into one dish and compete in the food world equivalent of a rap battle! In a surprise twist, two finalists are sent packing. | **PG**  +FONS12-002+ |

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| 15:30 | **Cutthroat Kitchen: You Wanna Pizza This? (R)**  A chef gets dirty digging up their ingredients from a wacky vegetable garden. A punishment is given for trying to "phone in" during a pizza challenge. | **PG**  +CUTK04-002+ |

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| 16:30 | **Ten Dollar Dinners: Diner On A Dime (R)**  Melissa d'Arabian whips up a comforting soup and sandwich menu in a matter of minutes. Her Almost Raw Asparagus Soup is an easy way to dress up her perfect Grilled Cheddar Cheese Sandwich. | **PG**  +TEDD07-007+ |

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| 17:00 | **Anthony Bourdain: The Layover: London (R)**  A layover in London, Tony's "home away from home," means catching up with chef friends Marco Pierre White and Fergus Henderson. | **PG (A)**  +TLAY01-006+ |

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| 18:00 | **Taco Trip: Denver (R)**  Aaron travels to Denver and eats pork carnitas tacos and Gouda mash at Comida. | **PG**  +TACO02-001+ |

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| 18:30 | **Big Food Truck Tip: Truckin' In The Twin Cities NEW EPISODE**  Andrew Zimmern travels across the US to find food truck entrepreneurs who love sharing their culinary creations with the public. | **PG**  +BIFT01-001+ |

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| 19:00 | **Anh Does Vietnam (R) ’CC’**  Anh rents a motorcycle to explore central Vietnam and the Vietnamese fascination with Luck. After cooking up snails and meeting the mausoleum of Ho Chi Minh, Anh ends his journey helping at a local school. | **PG**  +ANDV-002+ |

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| 20:00 | **Iron Chef America: Forgione vs. McClain NEW EPISODE**  Iron Chef Marc Forgione faces off against challenger Shawn McClain. | **PG**  +ICAM10-022+ |

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| 21:00 | **Iron Chef America: Garces vs. Raij NEW EPISODE**  Iron Chef Jose Garces, paired with mixologist Tony Abou-Ganim, faces off against Chef Alexandra Raij, paired with mixologist Charlotte Voisey. | **PG**  +ICAM10-023+ |

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| 22:00 | **Diners, Drive-Ins and Dives: Cannoli, Fritters And Wings**  Guy Fieri's rollin' out for a festival of flavours. In Portland, Ore., the Guamanian food truck serving up righteous shrimp fritters and a unique spin on chicken salad. | **PG**  +DDID18-004+ |

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| 22:30 | **Diners, Drive-Ins and Dives: Aces Of Authenticity**  Guy Fieri's hittin' up some joints that are authentic to the bone. | **PG**  +DDID18-005+ |

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| 23:00 | **Guy's Grocery Games: Five-Star Showdown**  Guy Fieri transforms Flavortown into a high-end restaurant and invites four chefs for three rounds of 5-star cooking. | **PG**  +GUGG16-011+ |

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| 00:00 | **Taco Trip: Denver (R)**  Aaron travels to Denver and eats pork carnitas tacos and Gouda mash at Comida. | **PG**  +TACO02-001+ |

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| 00:30 | **Big Food Truck Tip: Truckin' In The Twin Cities (R)**  Andrew Zimmern travels across the US to find food truck entrepreneurs who love sharing their culinary creations with the public. | **PG**  +BIFT01-001+ |

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| 01:00 | **The Great Day Out (R) ’CC’**  Alastair gets a taste of the south east's newest night markets and Sofie is back in paradise. | **G**  +GDOT18-043+ |

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| 01:30 | **Creek To Coast (R) ’CC’**  Olivia is having her perfect day on Fraser Island. Jess is camping in Byron Bay. Andrew shares a delicious fish taco recipe and Scotty is at his favourite part of the world, Lucinda. | **G**  +7CTC18-026+ |

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| 02:00 | **SA Weekender (R) ’CC’**  Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. Presenters include Belinda Sloane, Callum Hann, Michael Keelan and Kelly Golding. | **G**  +SAWE18-014+ |

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| 02:30 | **Home In WA (R)**  Home in WA showcases builders, real estate, home services and products for our homes in WA. | **G**  +HIWA21-013+ |

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| 03:00 | **Queensland Weekender (R) ’CC’**  This week Liz Cantor has the ultimate surprise for her husband's birthday, a tandem skydive. Bridget heads to the tropics to one of the event cities for the 2018 Commonwealth Games. | **G**  +7QWE18-003+ |

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| 03:30 | **Sydney Weekender (R) ’CC’**  Mike packs his car and hits the road headed for Gerringong. Fliss goes behind the scenes to check out the hit musical, Jersey Boys. Jason and Beck look at what's on offer at the Lakes Festival. Starring:BECK STEVENS,JASON STEVENS,ERICA DAVIS,FELICITY URQUHART,LEA WILSON,MIKE WHITNEY | **G**  +7SWE25-038+ |

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| 04:00 | **The Great Day Out (R) ’CC’**  Alastair gets a taste of the south east's newest night markets and Sofie is back in paradise. | **G**  +GDOT18-043+ |

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| 04:30 | **Creek To Coast (R) ’CC’**  Olivia is having her perfect day on Fraser Island. Jess is camping in Byron Bay. Andrew shares a delicious fish taco recipe and Scotty is at his favourite part of the world, Lucinda. | **G**  +7CTC18-026+ |

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| 05:00 | **SA Weekender (R) ’CC’**  Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. Presenters include Belinda Sloane, Callum Hann, Michael Keelan and Kelly Golding. | **G**  +SAWE18-014+ |

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| 05:30 | **Home In WA (R)**  Home in WA showcases builders, real estate, home services and products for our homes in WA. | **G**  +HIWA21-013+ |