**Sunday 14 April 2019**

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| 06:00 | **Ten Dollar Dinners: Diner On A Dime (R)** Melissa d'Arabian whips up a comforting soup and sandwich menu in a matter of minutes. Her Almost Raw Asparagus Soup is an easy way to dress up her perfect Grilled Cheddar Cheese Sandwich. | **PG** +TEDD07-007+ |

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| 06:30 | **Diners, Drive-Ins and Dives: Cannoli, Fritters And Wings (R)** Guy Fieri's rollin' out for a festival of flavours. In Portland, Ore., the Guamanian food truck serving up righteous shrimp fritters and a unique spin on chicken salad. | **PG** +DDID18-004+ |

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| 07:00 | **Diners, Drive-Ins and Dives: Aces Of Authenticity (R)** Guy Fieri's hittin' up some joints that are authentic to the bone. | **PG** +DDID18-005+ |

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| 07:30 | **Guy's Grocery Games: Five-Star Showdown (R)** Guy Fieri transforms Flavortown into a high-end restaurant and invites four chefs for three rounds of 5-star cooking. | **PG** +GUGG16-011+ |

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| 08:30 | **Anthony Bourdain: The Layover: London (R)** A layover in London, Tony's "home away from home," means catching up with chef friends Marco Pierre White and Fergus Henderson. | **PG (A)**+TLAY01-006+ |

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| 09:30 | **Diners, Drive-Ins and Dives: Cannoli, Fritters And Wings (R)** Guy Fieri's rollin' out for a festival of flavours. In Portland, Ore., the Guamanian food truck serving up righteous shrimp fritters and a unique spin on chicken salad. | **PG** +DDID18-004+ |

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| 10:00 | **Diners, Drive-Ins and Dives: Aces Of Authenticity (R)** Guy Fieri's hittin' up some joints that are authentic to the bone. | **PG** +DDID18-005+ |

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| 10:30 | **Iron Chef America: Forgione vs. McClain (R)** Iron Chef Marc Forgione faces off against challenger Shawn McClain. | **PG** +ICAM10-022+ |

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| 11:30 | **Iron Chef America: Garces vs. Raij (R)** Iron Chef Jose Garces, paired with mixologist Tony Abou-Ganim, faces off against Chef Alexandra Raij, paired with mixologist Charlotte Voisey. | **PG** +ICAM10-023+ |

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| 12:30 | **Taco Trip: Denver (R)** Aaron travels to Denver and eats pork carnitas tacos and Gouda mash at Comida. | **PG** +TACO02-001+ |

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| 13:00 | **Big Food Truck Tip: Truckin' In The Twin Cities (R)** Andrew Zimmern travels across the US to find food truck entrepreneurs who love sharing their culinary creations with the public. | **PG** +BIFT01-001+ |

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| 13:30 | **Guy's Grocery Games: Five-Star Showdown (R)** Guy Fieri transforms Flavortown into a high-end restaurant and invites four chefs for three rounds of 5-star cooking. | **PG** +GUGG16-011+ |

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| 14:30 | **Anh Does Vietnam (R) ’CC’** Anh rents a motorcycle to explore central Vietnam and the Vietnamese fascination with Luck. After cooking up snails and meeting the mausoleum of Ho Chi Minh, Anh ends his journey helping at a local school. | **PG** +ANDV-002+ |

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| 15:30 | **Ten Dollar Dinners: Diner On A Dime (R)** Melissa d'Arabian whips up a comforting soup and sandwich menu in a matter of minutes. Her Almost Raw Asparagus Soup is an easy way to dress up her perfect Grilled Cheddar Cheese Sandwich. | **PG** +TEDD07-007+ |

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| 16:00 | **Iron Chef America: Forgione vs. McClain (R)** Iron Chef Marc Forgione faces off against challenger Shawn McClain. | **PG** +ICAM10-022+ |

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| 17:00 | **Iron Chef America: Garces vs. Raij (R)** Iron Chef Jose Garces, paired with mixologist Tony Abou-Ganim, faces off against Chef Alexandra Raij, paired with mixologist Charlotte Voisey. | **PG** +ICAM10-023+ |

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| 18:00 | **Kid's Baking Championship: Color Me Wow! (R)** Valerie Bertinelli and Duff Goldman head back to the 1960s and ask the remaining nine kid bakers to "colour them wow" with mind-blowing tie-dye cakes. | **PG** +KBAC03-004+ |

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| 19:00 | **Ridiculous Cakes: Seven-Foot Wedding Cake (R)** Alton Brown narrates this sweet reality show in which talented cake designers are tasked with creating unique and unbelievable cakes for their clients. | **PG** +RICA01-007+ |

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| 19:30 | **Cake Wars: Garfield (R)** The one and only Garfield brings his birthday smile and big appetite to Cake Wars! Four incredible cake artists compete to have their creations at the center of a party, celebrating Garfield. | **PG** +CAKW03-007+ |

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| 20:30 | **Ramsay's Kitchen Nightmares: La Parra (R) ’CC’** Gordon travels to Spain in his attempt to save La Parra Restaurant, run by a twenty-six-year-old former nightclub manager. | **MA (L)**+RAKN03-001+ |

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| 21:30 | **Cupcake Wars: America's Cup-Cake NEW EPISODE**Four cupcake makers will fight to stay afloat and win the opportunity to have their cupcakes featured at an exclusive party honouring the oldest trophy race in sports, the America's Cup. | **PG** +CUPW06-011+ |

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| 22:30 | **Outrageous Wedding Cakes Ep: 2: Outrageous Wedding Cakes Ep: 2 (2015) NEW EPISODE**Extravagant, ornate, enormous and downright outrageous wedding cakes. | **PG** +FONS02-002+ |

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| 23:30 | **Ridiculous Cakes: Seven-Foot Wedding Cake (R)** Alton Brown narrates this sweet reality show in which talented cake designers are tasked with creating unique and unbelievable cakes for their clients. | **PG** +RICA01-007+ |

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| 00:00 | **Cake Wars: Garfield (R)** The one and only Garfield brings his birthday smile and big appetite to Cake Wars! Four incredible cake artists compete to have their creations at the center of a party, celebrating Garfield. | **PG** +CAKW03-007+ |

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| 01:00 | **The Great Day Out (R) ’CC’** Laurel meets the women behind an exotic Brisbane marketplace, Alastair has Ipswich's dining scene covered and Tamsyn WAGS work for a little Wednesday Afternoon Sailing. | **G** +GDOT18-044+ |

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| 01:30 | **Creek To Coast (R) ’CC’** Andrew takes us to his slice of paradise. Paul Burt is keeping us safe on the water. Olivia has some nifty fishing hacks and Scotty is in Townsville where the mackerel are leaping from the water. | **G** +7CTC18-027+ |

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| 02:00 | **SA Weekender (R) ’CC’** Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. Presenters include Belinda Sloane, Callum Hann, Michael Keelan and Kelly Golding. | **G** +SAWE18-015+ |

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| 02:30 | **Home In WA (R)** Home in WA showcases builders, real estate, home services and products for our homes in WA. | **G** +HIWA21-014+ |

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| 03:00 | **Queensland Weekender (R) ’CC’** Victoria is on a driving holiday along The Great Dividing Range. | **G** +7QWE18-004+ |

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| 03:30 | **Sydney Weekender (R) ’CC’** Mike visits Shoalhaven. Rose sets sail with Sydney Harbour Tall Ships. Lukes canoes in Albury. Lizzy eats out at the Junee Licorice & Chocolate Factory. Starring:ERICA DAVIS,LUKE CARROLL,LIZZY LOVETTE,MIKE WHITNEY,ROSE KELLY | **G** +7SWE25-040+ |

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| 04:00 | **The Great Day Out (R) ’CC’** Laurel meets the women behind an exotic Brisbane marketplace, Alastair has Ipswich's dining scene covered and Tamsyn WAGS work for a little Wednesday Afternoon Sailing. | **G** +GDOT18-044+ |

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| 04:30 | **Creek To Coast (R) ’CC’** Andrew takes us to his slice of paradise. Paul Burt is keeping us safe on the water. Olivia has some nifty fishing hacks and Scotty is in Townsville where the mackerel are leaping from the water. | **G** +7CTC18-027+ |

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| 05:00 | **SA Weekender (R) ’CC’** Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. Presenters include Belinda Sloane, Callum Hann, Michael Keelan and Kelly Golding. | **G** +SAWE18-015+ |

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| 05:30 | **Home In WA (R)** Home in WA showcases builders, real estate, home services and products for our homes in WA. | **G** +HIWA21-014+ |

 **Monday 15 April 2019**

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| 06:00 | **Queensland Weekender (R) ’CC’** Victoria is on a driving holiday along The Great Dividing Range. | **G** +7QWE18-004+ |

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| 06:30 | **Kid's Baking Championship: Color Me Wow! (R)** Valerie Bertinelli and Duff Goldman head back to the 1960s and ask the remaining nine kid bakers to "colour them wow" with mind-blowing tie-dye cakes. | **PG** +KBAC03-004+ |

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| 07:30 | **Cupcake Wars: America's Cup-Cake (R)** Four cupcake makers will fight to stay afloat and win the opportunity to have their cupcakes featured at an exclusive party honouring the oldest trophy race in sports, the America's Cup. | **PG** +CUPW06-011+ |

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| 08:30 | **Outrageous Wedding Cakes Ep: 2: Outrageous Wedding Cakes Ep: 2 (2015)** Extravagant, ornate, enormous and downright outrageous wedding cakes. | **PG** +FONS02-002+ |

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| 09:30 | **Cake Wars: Garfield (R)** The one and only Garfield brings his birthday smile and big appetite to Cake Wars! Four incredible cake artists compete to have their creations at the center of a party, celebrating Garfield. | **PG** +CAKW03-007+ |

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| 10:30 | **TBA:** TBC | ++ |

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| 12:00 | **Cupcake Wars: America's Cup-Cake (R)** Four cupcake makers will fight to stay afloat and win the opportunity to have their cupcakes featured at an exclusive party honouring the oldest trophy race in sports, the America's Cup. | **PG** +CUPW06-011+ |

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| 13:00 | **Kid's Baking Championship: Color Me Wow! (R)** Valerie Bertinelli and Duff Goldman head back to the 1960s and ask the remaining nine kid bakers to "colour them wow" with mind-blowing tie-dye cakes. | **PG** +KBAC03-004+ |

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| 14:00 | **Giada At Home: Ghoulish Goodies (R)** It's Halloween and Giada De Laurentiis is creating spooky treats for the kids to enjoy at her festive backyard party. | **PG** +GIHO06-006+ |

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| 14:30 | **The Kitchen: Turkey Day Tricks (R)** The Kitchen hosts give away their best Turkey Day tricks and recipes including Geoffrey Zakarian's Bone-In Turkey Breast with Lemon Caper Sauce. | **PG** +TKIT15-006+ |

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| 15:30 | **The Pioneer Woman: Kitchen Confessional: Four Seasons On The Ranch (R)** Ree Drummond is giving the lowdown on how her life and food change during the different seasons on the ranch. | **PG** +PIWO12-010+ |

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| 16:00 | **House Of Wellness (R) ’CC’** From raising your kids, to staying fit, ageing gracefully, and the A to Z of every vitamin under the sun, The House of Wellness is designed with one thing in mind - to help you live well. | **PG** +HOWL03-008+ |

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| 17:00 | **Outrageous Wedding Cakes Ep: 2: Outrageous Wedding Cakes Ep: 2 (2015)** Extravagant, ornate, enormous and downright outrageous wedding cakes. | **PG** +FONS02-002+ |

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| 18:00 | **Ridiculous Cakes: Seven-Foot Wedding Cake (R)** Alton Brown narrates this sweet reality show in which talented cake designers are tasked with creating unique and unbelievable cakes for their clients. | **PG** +RICA01-007+ |

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| 18:30 | **Chopped: The Beets Go On (R)** In the appetizer round, the chefs bake premade dough and try to figure out the best plan for including a Persian hot dog stew in their dishes. | **PG** +CHPD35-004+ |

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| 19:30 | **Kid's Baking Championship: Throwback Eclairs** The remaining eight bakers must update old school desserts like coconut cream pie or German chocolate cake into trendy "throwback" eclairs. | **PG** +KBAC03-005+ |

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| 20:30 | **Bakers vs. Fakers: Fruit Tart Upstart (R)** Can a talented home baker out-cook a professional, or do true professionals have skills that no amateur could match? | **PG** +BAFA02-001+ |

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| 21:30 | **Spring Baking Championship: Spring Colorburst (R)** The 10 bakers celebrate the bountiful fruits and bright colors of the season by making fruity, tie-dye mini cheesecakes. | **PG** +SPBC04-001+ |

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| 22:30 | **Kid's Baking Championship: Throwback Eclairs (R)** The remaining eight bakers must update old school desserts like coconut cream pie or German chocolate cake into trendy "throwback" eclairs. | **PG** +KBAC03-005+ |

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| 23:30 | **Chopped: The Beets Go On (R)** In the appetizer round, the chefs bake premade dough and try to figure out the best plan for including a Persian hot dog stew in their dishes. | **PG** +CHPD35-004+ |

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| 00:30 | **Sydney Weekender (R) ’CC’** Mike shows how you can conserve water at home. Matt goes on a road trip to the central coast. Lizzy checks out Parramatta Leagues Club. Fliss checks out fabulous food in Newcastle. Starring:ERICA DAVIS,FELICITY URQUHART,LIZZY LOVETTE,MIKE WHITNEY,MATT BASELEY | **G** +7SWE25-041+ |

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| 01:00 | **The Great Day Out (R) ’CC’** Home and Away's Sophie Dillman shares her Great Day Out while Jillian samples some of Queensland's best produce. | **G** +GDOT18-045+ |

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| 01:30 | **Creek To Coast (R) ’CC’** Dreaming of getting away, Roger has an easy family 4WD weekend planned. Scotty is going from sooty to barra on the Burdekin Falls Dam. | **G** +7CTC18-028+ |

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| 02:00 | **SA Weekender (R) ’CC’** Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. Presenters include Belinda Sloane, Callum Hann, Michael Keelan and Kelly Golding. | **G** +SAWE18-016+ |

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| 02:30 | **Home In WA (R)** Home in WA showcases builders, real estate, home services and products for our homes in WA. | **G** +HIWA21-015+ |

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| 03:00 | **Queensland Weekender (R) ’CC’** Liz experiences one of the most scenic ways to see the Gold Coast. Plus, Curtis explores the green behind the gold on the Gold Coast. | **G** +7QWE18-005+ |

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| 03:30 | **Sydney Weekender (R) ’CC’** Mike shows how you can conserve water at home. Matt goes on a road trip to the central coast. Lizzy checks out Parramatta Leagues Club. Fliss checks out fabulous food in Newcastle. Starring:ERICA DAVIS,FELICITY URQUHART,LIZZY LOVETTE,MIKE WHITNEY,MATT BASELEY | **G** +7SWE25-041+ |

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| 04:00 | **The Great Day Out (R) ’CC’** Home and Away's Sophie Dillman shares her Great Day Out while Jillian samples some of Queensland's best produce. | **G** +GDOT18-045+ |

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| 04:30 | **Creek To Coast (R) ’CC’** Dreaming of getting away, Roger has an easy family 4WD weekend planned. Scotty is going from sooty to barra on the Burdekin Falls Dam. | **G** +7CTC18-028+ |

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| 05:00 | **SA Weekender (R) ’CC’** Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. Presenters include Belinda Sloane, Callum Hann, Michael Keelan and Kelly Golding. | **G** +SAWE18-016+ |

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| 05:30 | **Home In WA (R)** Home in WA showcases builders, real estate, home services and products for our homes in WA. | **G** +HIWA21-015+ |

 **Tuesday 16 April 2019**

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| 06:00 | **Queensland Weekender (R) ’CC’** Liz experiences one of the most scenic ways to see the Gold Coast. Plus, Curtis explores the green behind the gold on the Gold Coast. | **G** +7QWE18-005+ |

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| 06:30 | **The Pioneer Woman: Kitchen Confessional: Four Seasons On The Ranch (R)** Ree Drummond is giving the lowdown on how her life and food change during the different seasons on the ranch. | **PG** +PIWO12-010+ |

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| 07:00 | **Giada At Home: Ghoulish Goodies (R)** It's Halloween and Giada De Laurentiis is creating spooky treats for the kids to enjoy at her festive backyard party. | **PG** +GIHO06-006+ |

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| 07:30 | **The Kitchen: Turkey Day Tricks (R)** The Kitchen hosts give away their best Turkey Day tricks and recipes including Geoffrey Zakarian's Bone-In Turkey Breast with Lemon Caper Sauce. | **PG** +TKIT15-006+ |

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| 08:30 | **Spring Baking Championship: Spring Colorburst (R)** The 10 bakers celebrate the bountiful fruits and bright colors of the season by making fruity, tie-dye mini cheesecakes. | **PG** +SPBC04-001+ |

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| 09:30 | **Kid's Baking Championship: Throwback Eclairs (R)** The remaining eight bakers must update old school desserts like coconut cream pie or German chocolate cake into trendy "throwback" eclairs. | **PG** +KBAC03-005+ |

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| 10:30 | **TBA:** TBC | ++ |

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| 12:00 | **Giada At Home: Ghoulish Goodies (R)** It's Halloween and Giada De Laurentiis is creating spooky treats for the kids to enjoy at her festive backyard party. | **PG** +GIHO06-006+ |

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| 12:30 | **Bakers vs. Fakers: Fruit Tart Upstart (R)** Can a talented home baker out-cook a professional, or do true professionals have skills that no amateur could match? | **PG** +BAFA02-001+ |

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| 13:30 | **Chopped: The Beets Go On (R)** In the appetizer round, the chefs bake premade dough and try to figure out the best plan for including a Persian hot dog stew in their dishes. | **PG** +CHPD35-004+ |

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| 14:30 | **The Kitchen: Full House For The Holidays (R)** 'Tis the season to have a full house for the holidays and Jeff Mauro is ready with his crowd-pleasing Santa's Sausage and Snow Strata brunch. | **PG** +TKIT15-007+ |

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| 15:30 | **The Pioneer Woman: Four Shades Of Chocolate (R)** Ree Drummond is whipping up the most decadent chocolate treats from white chocolate all the way down to dark. | **PG** +PIWO12-011+ |

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| 16:00 | **Giada At Home: Casino Night (R)** Giada De Laurentiis and her husband Todd host a glamorous casino night party inspired by Giada's recent trip to Monte Carlo. | **PG** +GIHO06-007+ |

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| 16:30 | **Spring Baking Championship: Spring Colorburst (R)** The 10 bakers celebrate the bountiful fruits and bright colors of the season by making fruity, tie-dye mini cheesecakes. | **PG** +SPBC04-001+ |

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| 17:30 | **Bakers vs. Fakers: Fruit Tart Upstart (R)** Can a talented home baker out-cook a professional, or do true professionals have skills that no amateur could match? | **PG** +BAFA02-001+ |

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| 18:30 | **Chopped: Feel The Burn (R)** In this heated competition, the chefs make the most of fiery, spicy ingredients in the baskets. In round one, a dip made with hot sauce and a spicy piece of poultry challenge the chefs. | **PG** +CHPD35-005+ |

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| 19:30 | **Mystery Diners: Dusting For Prints** After noticing over $4,000 missing from her office safe, Keeli, owner of Fuzion in Huntington Beach, Calif., believes one of her managers is responsible.  | **PG** +MYSD09-013+ |

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| 20:00 | **Mystery Diners: Thanksgiving Thievery** Kristian, owner of Tavern on Main outside of Los Angeles, fears someone on his staff is stealing donations from his restaurant's annual Thanksgiving Food Drive. | **PG** +MYSD08-001+ |

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| 20:30 | **Restaurant: Impossible: Pie In The Sky NEW EPISODE**Chef Robert Irvine heads to Mason, Ohio to try to save Aponte's Pizzeria. Owner Tony has worked in restaurants since he was 11 years old and is a Jersey boy, complete with the attitude and edge. | **PG** +RIMP06-013+ |

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| 21:30 | **Restaurant: Impossible: Poco's On The Boulevard NEW EPISODE**Chef Robert Irvine is heading to Kansas City, Mo., to save a once flourishing family restaurant and repair the relationship between two sisters. | **PG** +RIMP05-001+ |

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| 22:30 | **Mystery Diners: Dusting For Prints (R)** After noticing over $4,000 missing from her office safe, Keeli, owner of Fuzion in Huntington Beach, Calif., believes one of her managers is responsible.  | **PG** +MYSD09-013+ |

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| 23:00 | **Mystery Diners: Thanksgiving Thievery (R)** Kristian, owner of Tavern on Main outside of Los Angeles, fears someone on his staff is stealing donations from his restaurant's annual Thanksgiving Food Drive. | **PG** +MYSD08-001+ |

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| 23:30 | **Chopped: Feel The Burn (R)** In this heated competition, the chefs make the most of fiery, spicy ingredients in the baskets. In round one, a dip made with hot sauce and a spicy piece of poultry challenge the chefs. | **PG** +CHPD35-005+ |

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| 00:30 | **Sydney Weekender (R) ’CC’** Mike checks out the best of the Tweed. Rose visits Dubbo, taking in Old Dubbo Gaol and Wellington Caves. Jack finds some great foodie spots on the Central Coast. Starring:JACK YABSLEY,ERICA DAVIS,LIZZY LOVETTE,ROSE KELLY,MIKE WHITNEY | **G** +7SWE25-042+ |

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| 01:00 | **The Great Day Out (R) ’CC’** Laurel is exploring a beautiful hinterland town, Courtney is enjoying a crafternoon, Tamsyn discovers her new favourite sport and Alastair is on a Queensland food trek. | **G** +GDOT18-046+ |

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| 01:30 | **Creek To Coast (R) ’CC’** Sammie is in the Valley of the Lakes, Luke and Cody are getting down and dirty on the Condamine River while Scotty has all the tips to keep you safe on the road when towing a caravan. | **G** +7CTC18-029+ |

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| 02:00 | **SA Weekender (R) ’CC’** Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. Presenters include Belinda Sloane, Callum Hann, Michael Keelan and Kelly Golding. | **G** +SAWE18-017+ |

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| 02:30 | **Home In WA (R)** Home in WA showcases builders, real estate, home services and products for our homes in WA. | **G** +HIWA21-016+ |

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| 03:00 | **Queensland Weekender (R) ’CC’** Bridget embarks on an adventure that takes in the best of the west. From stunning scenery and country hospitality, to a cracking outback festival. | **G** +7QWE18-006+ |

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| 03:30 | **Sydney Weekender (R) ’CC’** Mike checks out the best of the Tweed. Rose visits Dubbo, taking in Old Dubbo Gaol and Wellington Caves. Jack finds some great foodie spots on the Central Coast. Starring:JACK YABSLEY,ERICA DAVIS,LIZZY LOVETTE,ROSE KELLY,MIKE WHITNEY | **G** +7SWE25-042+ |

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| 05:00 | **SA Weekender (R) ’CC’** Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. Presenters include Belinda Sloane, Callum Hann, Michael Keelan and Kelly Golding. | **G** +SAWE18-017+ |

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| 05:30 | **Home In WA (R)** Home in WA showcases builders, real estate, home services and products for our homes in WA. | **G** +HIWA21-016+ |

 **Wednesday 17 April 2019**

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| 06:00 | **Queensland Weekender (R) ’CC’** Bridget embarks on an adventure that takes in the best of the west. From stunning scenery and country hospitality, to a cracking outback festival. | **G** +7QWE18-006+ |

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| 06:30 | **The Pioneer Woman: Four Shades Of Chocolate (R)** Ree Drummond is whipping up the most decadent chocolate treats from white chocolate all the way down to dark. | **PG** +PIWO12-011+ |

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| 07:00 | **Giada At Home: Casino Night (R)** Giada De Laurentiis and her husband Todd host a glamorous casino night party inspired by Giada's recent trip to Monte Carlo. | **PG** +GIHO06-007+ |

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| 07:30 | **The Kitchen: Full House For The Holidays (R)** 'Tis the season to have a full house for the holidays and Jeff Mauro is ready with his crowd-pleasing Santa's Sausage and Snow Strata brunch. | **PG** +TKIT15-007+ |

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| 08:30 | **Restaurant: Impossible: Pie In The Sky (R)** Chef Robert Irvine heads to Mason, Ohio to try to save Aponte's Pizzeria. Owner Tony has worked in restaurants since he was 11 years old and is a Jersey boy, complete with the attitude and edge. | **PG** +RIMP06-013+ |

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| 09:30 | **Restaurant: Impossible: Poco's On The Boulevard (R)** Chef Robert Irvine is heading to Kansas City, Mo., to save a once flourishing family restaurant and repair the relationship between two sisters. | **PG** +RIMP05-001+ |

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| 10:30 | **TBA:** TBC | ++ |

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| 12:00 | **Giada At Home: Casino Night (R)** Giada De Laurentiis and her husband Todd host a glamorous casino night party inspired by Giada's recent trip to Monte Carlo. | **PG** +GIHO06-007+ |

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| 12:30 | **Restaurant: Impossible: Pie In The Sky (R)** Chef Robert Irvine heads to Mason, Ohio to try to save Aponte's Pizzeria. Owner Tony has worked in restaurants since he was 11 years old and is a Jersey boy, complete with the attitude and edge. | **PG** +RIMP06-013+ |

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| 13:30 | **Chopped: Feel The Burn (R)** In this heated competition, the chefs make the most of fiery, spicy ingredients in the baskets. In round one, a dip made with hot sauce and a spicy piece of poultry challenge the chefs. | **PG** +CHPD35-005+ |

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| 14:30 | **The Kitchen: A Festive Family Feast (R)** The Kitchen is decking the halls for a holiday feast and Katie Lee kicks things off with her Sticky Apricot Drumsticks. | **PG** +TKIT15-008+ |

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| 15:30 | **The Pioneer Woman: Special Day (R)** Ree Drummond's daughter Paige is spending the day watching some of the younger kids, so Ree packs them some fun treats for a late-afternoon picnic. | **PG** +PIWO12-012+ |

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| 16:00 | **Giada At Home: Thanksgiving Leftovers (R)** What do you do with all the Thanksgiving leftovers? Giada De Laurentiis takes some of the traditional favorites and makes fun new twists to enjoy after the holiday. | **PG** +GIHO06-008+ |

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| 16:30 | **Restaurant: Impossible: Poco's On The Boulevard (R)** Chef Robert Irvine is heading to Kansas City, Mo., to save a once flourishing family restaurant and repair the relationship between two sisters. | **PG** +RIMP05-001+ |

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| 17:30 | **Mystery Diners: Dusting For Prints (R)** After noticing over $4,000 missing from her office safe, Keeli, owner of Fuzion in Huntington Beach, Calif., believes one of her managers is responsible.  | **PG** +MYSD09-013+ |

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| 18:00 | **Mystery Diners: Thanksgiving Thievery (R)** Kristian, owner of Tavern on Main outside of Los Angeles, fears someone on his staff is stealing donations from his restaurant's annual Thanksgiving Food Drive. | **PG** +MYSD08-001+ |

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| 18:30 | **Chopped: Comfort Zone (R)** In this special competition, the baskets are filled with enticing, soul-soothing comfort foods. | **PG** +CHPD35-006+ |

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| 19:30 | **Restaurant Redemption: New Mandarin NEW EPISODE**Changing the face of Asian food in America one menu at a time, Ching-He Huang travels across the country to help struggling restaurants revamp their establishments. | **PG** +RERE01-002+ |

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| 20:30 | **Hell's Kitchen USA (R) ’CC’** Aspiring chefs arrive at Hell's Kitchen with the hope and excitement of becoming the next winner of Hell's Kitchen. | **M (L)**+HEKI10-013+ |

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| 21:30 | **Hell's Kitchen USA (R) ’CC’** Aspiring chefs arrive at Hell's Kitchen with the hope and excitement of becoming the next winner of Hell's Kitchen. | **MA (L)**+HEKI10-014+ |

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| 22:30 | **Restaurant Redemption: New Mandarin (R)** Changing the face of Asian food in America one menu at a time, Ching-He Huang travels across the country to help struggling restaurants revamp their establishments. | **PG** +RERE01-002+ |

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| 23:30 | **Chopped: Comfort Zone (R)** In this special competition, the baskets are filled with enticing, soul-soothing comfort foods. | **PG** +CHPD35-006+ |

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| 00:30 | **Sydney Weekender (R) ’CC’** Mike makes a splash in Coffs Harbour with Dolphin Marine Magic. Karen gets some off-roading tips from David Wilson at I-Venture Club. Rose checks out some of Sydney's best rooftop bars. Starring:ERICA DAVIS,KAREN LEDBURY,ROSE KELLY,MIKE WHITNEY,MATT BASELEY | **G** +7SWE25-043+ |

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| 01:00 | **The Great Day Out (R) ’CC’** The team is exploring the best of Brisbane. | **G** +GDOT18-047+ |

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| 01:30 | **Creek To Coast (R) ’CC’** Ever dreamt of getting away from it all, Trip In A Van show you how. Sally shares three delicious oyster recipes and Scott has tips for fishing with soft plastics. | **G** +7CTC18-030+ |

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| 02:00 | **TBA:** TBC | ++ |

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| 03:00 | **TBA:** TBC | ++ |

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| 03:30 | **TBA:** TBC | ++ |

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| 04:00 | **The Great Day Out (R) ’CC’** The team is exploring the best of Brisbane. | **G** +GDOT18-047+ |

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| 04:30 | **Creek To Coast (R) ’CC’** Ever dreamt of getting away from it all, Trip In A Van show you how. Sally shares three delicious oyster recipes and Scott has tips for fishing with soft plastics. | **G** +7CTC18-030+ |

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| 05:00 | **SA Weekender (R) ’CC’** Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. Presenters include Belinda Sloane, Callum Hann, Michael Keelan and Kelly Golding. | **G** +SAWE18-018+ |

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| 05:30 | **Home In WA (R)** Home in WA showcases builders, real estate, home services and products for our homes in WA. | **G** +HIWA21-017+ |

 **Thursday 18 April 2019**

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| 06:00 | **Queensland Weekender (R) ’CC’** Lee discovers Fraser Island's beauty spots in just one day. Plus, Liz learns about the farming behind the food we eat. | **G** +7QWE18-007+ |

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| 06:30 | **The Pioneer Woman: Special Day (R)** Ree Drummond's daughter Paige is spending the day watching some of the younger kids, so Ree packs them some fun treats for a late-afternoon picnic. | **PG** +PIWO12-012+ |

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| 07:00 | **Giada At Home: Thanksgiving Leftovers (R)** What do you do with all the Thanksgiving leftovers? Giada De Laurentiis takes some of the traditional favorites and makes fun new twists to enjoy after the holiday. | **PG** +GIHO06-008+ |

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| 07:30 | **The Kitchen: A Festive Family Feast (R)** The Kitchen is decking the halls for a holiday feast and Katie Lee kicks things off with her Sticky Apricot Drumsticks. | **PG** +TKIT15-008+ |

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| 08:30 | **Rachael Ray's Week In A Day: Diner Lovers' Week (R)** Ever look at a diner menu and just can't decide on one thing? Then sink your teeth into a whole week's worth of diner food you can make in one day. Diner Style Hot Turkey Sandwiches | **PG** +WIAD05-007+ |

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| 09:30 | **Guy's Grocery Games: Five-Star Showdown (R)** Guy Fieri transforms Flavortown into a high-end restaurant and invites four chefs for three rounds of 5-star cooking. | **PG** +GUGG16-011+ |

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| 10:30 | **The Pioneer Woman: Special Day (R)** Ree Drummond's daughter Paige is spending the day watching some of the younger kids, so Ree packs them some fun treats for a late-afternoon picnic. | **PG** +PIWO12-012+ |

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| 11:00 | **The Kitchen: Brunch Resolutions (R)** The Kitchen kicks off the New Year with resolutions for brunch. Geoffrey Zakarian starts off with one of Spain's most popular dishes, a Brunch Tortilla. | **PG** +TKIT15-010+ |

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| 12:00 | **Giada At Home: Thanksgiving Leftovers (R)** What do you do with all the Thanksgiving leftovers? Giada De Laurentiis takes some of the traditional favorites and makes fun new twists to enjoy after the holiday. | **PG** +GIHO06-008+ |

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| 12:30 | **Guy's Grocery Games: Five-Star Showdown (R)** Guy Fieri transforms Flavortown into a high-end restaurant and invites four chefs for three rounds of 5-star cooking. | **PG** +GUGG16-011+ |

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| 13:30 | **Chopped: Comfort Zone (R)** In this special competition, the baskets are filled with enticing, soul-soothing comfort foods. | **PG** +CHPD35-006+ |

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| 14:30 | **The Kitchen: Jolly Good Holiday (R)** The Kitchen is bringing good tidings and a great menu for holiday cheer. To start, Geoffrey Zakarian serves Beef Tenderloin with Jeff Mauro's Blue Cheesy Yorkshire Puddings. | **PG** +TKIT15-009+ |

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| 15:30 | **The Pioneer Woman: Feeding 101 (R)** While Ree Drummond's husband, Ladd, gives a lesson on feeding the ranch's cattle, Ree's in the kitchen cooking up three comforting make-ahead meals. | **PG** +PIWO12-013+ |

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| 16:00 | **Giada At Home: Gifts Galore** The perfect way to thank a host or hostess is with a homemade treat. Giada De Laurentiis makes a handful of easy and delicious recipes that can be taken to any party. | **PG** +GIHO06-009+ |

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| 16:30 | **Rachael Ray's Week In A Day: Diner Lovers' Week (R)** Ever look at a diner menu and just can't decide on one thing? Then sink your teeth into a whole week's worth of diner food you can make in one day. Diner Style Hot Turkey Sandwiches | **PG** +WIAD05-007+ |

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| 17:30 | **Restaurant Redemption: New Mandarin (R)** Changing the face of Asian food in America one menu at a time, Ching-He Huang travels across the country to help struggling restaurants revamp their establishments. | **PG** +RERE01-002+ |

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| 18:30 | **Chopped: Waffles For The Win (R)** The judges have a pressing matter to discuss with four lucky chefs: waffles. | **PG** +CHPD35-007+ |

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| 19:30 | **Ramsay's 24 Hours To Hell And Back: Old Coffee Pot (R) ’CC’** Gordon travels to The Old Coffee Pot, a Cajun restaurant in New Orleans. After intense investigation and surveillance, Ramsay and his team find that the restaurant's staff lack major accountability. | **M (L)**+GRHB01-002+ |

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| 20:30 | **Ramsay's Kitchen Nightmares: D Place (R) ’CC’** The venue for tonight is D-Place in Chelmsford, run by Mexican-born Israel and his English partner Tara. The plastic food is dire and boomerangs back from the dining room as soon as it's cooked. | **MA (L)**+RAKN02-002+ |

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| 21:30 | **Ramsay's Kitchen Nightmares: Momma Cherri's (R) ’CC’** Gordon visits an intimate forty-seater restaurant, a stone's throw from Brighton's sea front. Owner Charita, produces a menu of irresistibly unique classics from the Deep South, but with no customers. | **M (L)**+RAKN02-003+ |

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| 22:30 | **Ramsay's 24 Hours To Hell And Back: Bella Gianna's (R) ’CC’** Gordon helps struggling restaurants across the country in his state-of-the-art mobile kitchen and command center, Hell On Wheels. He has just 24 hours to help turn the restaurants around. | **MA (L)**+GRHB01-001+ |

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| 23:30 | **Chopped: Waffles For The Win (R)** The judges have a pressing matter to discuss with four lucky chefs: waffles. | **PG** +CHPD35-007+ |

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| 00:30 | **Sydney Weekender (R) ’CC’** Mike goes to Montague Island. Mel take in The Star Gold Coast Magic Millions races. Sally goes on a burger-eating bonanza at Barre Grill on Bourke Street, Surry Hills. Starring:SALLY STANTON,ROSE KELLY,MIKE WHITNEY,MEL SYMONS | **G** +7SWE25-044+ |

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| 01:00 | **The Great Day Out (R) ’CC’** Jill meets the inspiring Li Cunxin, better known as Mao's Last Dancer. Laurel tries her hand at the new sport of axe throwing. Plus, Commonwealth Games diver Dom Bedggood shares his Great Day Out. | **G** +GDOT18-001+ |

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| 01:30 | **Creek To Coast (R) ’CC’** It is flattie season, which means Scotty is fishing. Roger is doing his part for drought relief. Olivia helps get your tackle box looking tip top and Andrew adds his own twist to coconut prawns. | **G** +7CTC18-031+ |

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| 02:00 | **SA Weekender (R) ’CC’** Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. Presenters include Belinda Sloane, Callum Hann, Michael Keelan and Kelly Golding. | **G** +SAWE18-019+ |

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| 02:30 | **Home In WA (R)** Home in WA showcases builders, real estate, home services and products for our homes in WA. | **G** +HIWA21-018+ |

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| 03:00 | **Queensland Weekender (R) ’CC’** Kip visits the biggest country and roots festival down under. Lee is going under the sea for the first time, Curtis is soaring over the Sunshine Coast, plus we meet the King of Wings. | **G** +7QWE18-008+ |

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| 03:30 | **Sydney Weekender (R) ’CC’** Mike goes to Montague Island. Mel take in The Star Gold Coast Magic Millions races. Sally goes on a burger-eating bonanza at Barre Grill on Bourke Street, Surry Hills. Starring:SALLY STANTON,ROSE KELLY,MIKE WHITNEY,MEL SYMONS | **G** +7SWE25-044+ |

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| 04:00 | **The Great Day Out (R) ’CC’** Jill meets the inspiring Li Cunxin, better known as Mao's Last Dancer. Laurel tries her hand at the new sport of axe throwing. Plus, Commonwealth Games diver Dom Bedggood shares his Great Day Out. | **G** +GDOT18-001+ |

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| 04:30 | **Creek To Coast (R) ’CC’** It is flattie season, which means Scotty is fishing. Roger is doing his part for drought relief. Olivia helps get your tackle box looking tip top and Andrew adds his own twist to coconut prawns. | **G** +7CTC18-031+ |

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| 05:00 | **SA Weekender (R) ’CC’** Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. Presenters include Belinda Sloane, Callum Hann, Michael Keelan and Kelly Golding. | **G** +SAWE18-019+ |

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| 05:30 | **Home In WA (R)** Home in WA showcases builders, real estate, home services and products for our homes in WA. | **G** +HIWA21-018+ |

 **Friday 19 April 2019**

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| 06:00 | **Queensland Weekender (R) ’CC’** Kip visits the biggest country and roots festival down under. Lee is going under the sea for the first time, Curtis is soaring over the Sunshine Coast, plus we meet the King of Wings. | +7QWE18-008+ |

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| 06:30 | **The Pioneer Woman: Feeding 101 (R)** While Ree Drummond's husband, Ladd, gives a lesson on feeding the ranch's cattle, Ree's in the kitchen cooking up three comforting make-ahead meals. | **PG** +PIWO12-013+ |

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| 07:00 | **Giada At Home: Gifts Galore (R)** The perfect way to thank a host or hostess is with a homemade treat. Giada De Laurentiis makes a handful of easy and delicious recipes that can be taken to any party. | **PG** +GIHO06-009+ |

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| 07:30 | **The Kitchen: Jolly Good Holiday (R)** The Kitchen is bringing good tidings and a great menu for holiday cheer. To start, Geoffrey Zakarian serves Beef Tenderloin with Jeff Mauro's Blue Cheesy Yorkshire Puddings. | **PG** +TKIT15-009+ |

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| 08:30 | **Rachael Ray's Week In A Day: Fall In Love With Fall (R)** All the autumn flavors you love come together for a week's worth of meals that your whole family will fall for. | **PG** +WIAD03-007+ |

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| 09:30 | **Guy's Grocery Games: Last Judge Standing Tournament Finale: Judgement Day (R)** Chefs compete for the chance of $20,000 as they are cooking inside a grocery store. | **PG** +GUGG15-009+ |

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| 10:30 | **The Pioneer Woman: Feeding 101 (R)** While Ree Drummond's husband, Ladd, gives a lesson on feeding the ranch's cattle, Ree's in the kitchen cooking up three comforting make-ahead meals. | **PG** +PIWO12-013+ |

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| 11:00 | **The Kitchen: Jolly Good Holiday (R)** The Kitchen is bringing good tidings and a great menu for holiday cheer. To start, Geoffrey Zakarian serves Beef Tenderloin with Jeff Mauro's Blue Cheesy Yorkshire Puddings. | **PG** +TKIT15-009+ |

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| 12:00 | **Giada At Home: Gifts Galore (R)** The perfect way to thank a host or hostess is with a homemade treat. Giada De Laurentiis makes a handful of easy and delicious recipes that can be taken to any party. | **PG** +GIHO06-009+ |

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| 12:30 | **Guy's Grocery Games: Last Judge Standing Tournament Finale: Judgement Day (R)** Chefs compete for the chance of $20,000 as they are cooking inside a grocery store. | **PG** +GUGG15-009+ |

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| 13:30 | **Chopped: Waffles For The Win (R)** The judges have a pressing matter to discuss with four lucky chefs: waffles. | **PG** +CHPD35-007+ |

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| 14:30 | **The Kitchen: Brunch Resolutions (R)** The Kitchen kicks off the New Year with resolutions for brunch. Geoffrey Zakarian starts off with one of Spain's most popular dishes, a Brunch Tortilla. | **PG** +TKIT15-010+ |

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| 15:30 | **Baked In Vermont: Make Ahead, Bake Ahead (R)** Gesine Prado is sharing her tips and tricks for stocking a freezer full of baked goodies ready to go in a pinch. | **PG** +BAVE02-001+ |

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| 16:00 | **Giada At Home: Christmas Brunch** Nothing is better on Christmas morning than an amazing festive brunch. Giada De Laurentiis and her Aunt Raffy create a menu that's savory, sweet and sure to please this holiday season. | **PG** +GIHO06-010+ |

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| 16:30 | **House Of Wellness (R) ’CC’** From raising your kids, to staying fit, ageing gracefully, and the A to Z of every vitamin under the sun, The House of Wellness is designed with one thing in mind - to help you live well. | **PG** +HOWL03-008+ |

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| 17:30 | **Rachael Ray's Week In A Day: Fall In Love With Fall (R)** All the autumn flavors you love come together for a week's worth of meals that your whole family will fall for. | **PG** +WIAD03-007+ |

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| 18:30 | **Chopped: Pie Jinks (R)** The chefs get news that the judges will be expecting three courses of flaky, perfect pies.  | **PG** +CHPD35-008+ |

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| 19:30 | **Bizarre Foods With Andrew Zimmern: Fez, Morocco NEW EPISODE**It's a menu from the Middle Ages as Andrew heads to Fez, Morocco. He tastes traditional Moroccan foods, including a dish made with camel ribs, meat pies made with pigeons and preserved meat. | **PG (A)**+BIFO04-019+ |

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| 20:30 | **Food Network Star: Show Promos NEW EPISODE**The finalists pair up to shoot a promo for their version of a show called "Family Road Trip!" Whether their destination is camping, the state fair or even Grandma's house. | **PG** +FONS12-003+ |

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| 21:30 | **Cutthroat Kitchen: Big Trouble In Little Chinese Chicken Salad NEW EPISODE**Cooking tools get swapped out for a set of golf clubs. Other sabotages involve Chinese chicken salad and donuts dunked in coffee. | **PG** +CUTK04-003+ |

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| 22:30 | **Bizarre Foods With Andrew Zimmern: Fez, Morocco (R)** It's a menu from the Middle Ages as Andrew heads to Fez, Morocco. He tastes traditional Moroccan foods, including a dish made with camel ribs, meat pies made with pigeons and preserved meat. | **PG (A)**+BIFO04-019+ |

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| 23:30 | **Chopped: Pie Jinks (R)** The chefs get news that the judges will be expecting three courses of flaky, perfect pies.  | **PG** +CHPD35-008+ |

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| 00:30 | **Sydney Weekender (R) ’CC’** Mike cruises around Sydney Harbour with Barefoot Charters. Mel heads to Scenic World and stays at the Hydro Majestic in the Blue Mountains. Lizzy heads to the Australian Reptile Park. | **G** +7SWE25-045+ |

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| 01:00 | **The Great Day Out (R) ’CC’** This week on the Great Day Out, Al's scouting out Brisbane's best brunch. Gold Medallist Shannon Parry shares her Great Day Out and Sofie gets active at Noosa. | **G** +GDOT18-002+ |

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| 01:30 | **Creek To Coast (R) ’CC’** Scotty is on the road on a 360-kilometre trip and it is all about 'B'. He is travelling from Brisbane to Bundaberg, checking out the beaches, Bundy and beautiful places. | **G** +7CTC18-032+ |

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| 02:00 | **SA Weekender (R) ’CC’** Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. Presenters include Belinda Sloane, Callum Hann, Michael Keelan and Kelly Golding. | **G** +SAWE18-020+ |

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| 02:30 | **Home In WA (R)** Home in WA showcases builders, real estate, home services and products for our homes in WA. | **G** +HIWA21-019+ |

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| 03:00 | **Queensland Weekender (R) ’CC’** Lee puts his new dive ticket into practice and meets the Warriors of the Reef. | **G** +7QWE18-009+ |

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| 03:30 | **Sydney Weekender (R) ’CC’** Mike cruises around Sydney Harbour with Barefoot Charters. Mel heads to Scenic World and stays at the Hydro Majestic in the Blue Mountains. Lizzy heads to the Australian Reptile Park. | **G** +7SWE25-045+ |

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| 04:00 | **The Great Day Out (R) ’CC’** This week on the Great Day Out, Al's scouting out Brisbane's best brunch. Gold Medallist Shannon Parry shares her Great Day Out and Sofie gets active at Noosa. | **G** +GDOT18-002+ |

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| 04:30 | **Creek To Coast (R) ’CC’** Scotty is on the road on a 360-kilometre trip and it is all about 'B'. He is travelling from Brisbane to Bundaberg, checking out the beaches, Bundy and beautiful places. | **G** +7CTC18-032+ |

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| 05:00 | **SA Weekender (R) ’CC’** Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. Presenters include Belinda Sloane, Callum Hann, Michael Keelan and Kelly Golding. | **G** +SAWE18-020+ |

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| 05:30 | **Home In WA (R)** Home in WA showcases builders, real estate, home services and products for our homes in WA. | **G** +HIWA21-019+ |

 **Saturday 20 April 2019**

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| 06:00 | **Rachael Ray's Week In A Day: Fall In Love With Fall (R)** All the autumn flavors you love come together for a week's worth of meals that your whole family will fall for. | **PG** +WIAD03-007+ |

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| 07:00 | **Guy's Grocery Games: Last Judge Standing Tournament Finale: Judgement Day (R)** Chefs compete for the chance of $20,000 as they are cooking inside a grocery store. | **PG** +GUGG15-009+ |

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| 08:00 | **The Kitchen: Brunch Resolutions (R)** The Kitchen kicks off the New Year with resolutions for brunch. Geoffrey Zakarian starts off with one of Spain's most popular dishes, a Brunch Tortilla. | **PG** +TKIT15-010+ |

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| 09:00 | **Baked In Vermont: Make Ahead, Bake Ahead (R)** Gesine Prado is sharing her tips and tricks for stocking a freezer full of baked goodies ready to go in a pinch. | **PG** +BAVE02-001+ |

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| 09:30 | **Giada At Home: Christmas Brunch (R)** Nothing is better on Christmas morning than an amazing festive brunch. Giada De Laurentiis and her Aunt Raffy create a menu that's savory, sweet and sure to please this holiday season. | **PG** +GIHO06-010+ |

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| 10:00 | **Cutthroat Kitchen: Big Trouble In Little Chinese Chicken Salad (R)** Cooking tools get swapped out for a set of golf clubs. Other sabotages involve Chinese chicken salad and donuts dunked in coffee. | **PG** +CUTK04-003+ |

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| 11:00 | **Food Network Star: Show Promos (R)** The finalists pair up to shoot a promo for their version of a show called "Family Road Trip!" Whether their destination is camping, the state fair or even Grandma's house. | **PG** +FONS12-003+ |

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| 12:00 | **Giada At Home: Christmas Brunch (R)** Nothing is better on Christmas morning than an amazing festive brunch. Giada De Laurentiis and her Aunt Raffy create a menu that's savory, sweet and sure to please this holiday season. | **PG** +GIHO06-010+ |

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| 12:30 | **Bizarre Foods With Andrew Zimmern: Fez, Morocco (R)** It's a menu from the Middle Ages as Andrew heads to Fez, Morocco. He tastes traditional Moroccan foods, including a dish made with camel ribs, meat pies made with pigeons and preserved meat. | **PG (A)**+BIFO04-019+ |

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| 13:30 | **Chopped: Pie Jinks (R)** The chefs get news that the judges will be expecting three courses of flaky, perfect pies.  | **PG** +CHPD35-008+ |

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| 14:30 | **Food Network Star: Show Promos (R)** The finalists pair up to shoot a promo for their version of a show called "Family Road Trip!" Whether their destination is camping, the state fair or even Grandma's house. | **PG** +FONS12-003+ |

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| 15:30 | **Cutthroat Kitchen: Big Trouble In Little Chinese Chicken Salad (R)** Cooking tools get swapped out for a set of golf clubs. Other sabotages involve Chinese chicken salad and donuts dunked in coffee. | **PG** +CUTK04-003+ |

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| 16:30 | **Ten Dollar Dinners: Catch Of The Day Cookout (R)** Melissa d'Arabian takes grilling beyond steaks and burgers with a light fish menu. | **PG** +TEDD07-008+ |

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| 17:00 | **Anthony Bourdain: The Layover: Hong Kong (R)** Tony finds himself on a 48-hour layover in the fast-paced, fascinating city of Hong Kong... in the middle of summer. | **PG (L)**+TLAY01-003+ |

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| 18:00 | **Taco Trip: El Paso (R)** Aaron returns to his hometown of El Paso to check out what is new and delicious in the food scene. | **PG** +TACO02-002+ |

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| 18:30 | **Big Food Truck Tip: Birmingham's Southern Fried Food Trucks NEW EPISODE**Andrew Zimmern travels across the US to find food truck entrepreneurs who love sharing their culinary creations with the public. | **PG** +BIFT01-002+ |

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| 19:00 | **My France With Manu: Brittany (R) ’CC’** Manu Feildel takes us home to the French province of Brittany and shares his story. He visits his mother in Guidel, relives his first apprenticeship and cooks with his Uncle at his charcuterie. | **PG** +MANU-001+ |

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| 20:00 | **Iron Chef America: Zakarian vs. Ferraro NEW EPISODE**Iron Chef Geoffrey Zakarian faces off against challenger Michael Ferraro. | **PG** +ICAM10-024+ |

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| 21:00 | **Iron Chef America: Flay Vs. Greenspan NEW EPISODE**Chef Eric Greenspan enters Kitchen Stadium to challenge Iron Chef Bobby Flay. | **PG** +ICAM08-001+ |

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| 22:00 | **Diners, Drive-Ins and Dives: Sammies And Stew** Guy Fieri's diggin' into some super sandwiches and savoury stew. | **PG** +DDID18-006+ |

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| 22:30 | **Diners, Drive-Ins and Dives: All Kinds Of Gobble Gobble** Guy Fieri's gettin' a variety of Thanksgiving tastes and treasures. | **PG** +DDID18-007+ |

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| 23:00 | **Guy's Grocery Games: No-Shop Showdown** For the first time in GGG history, none of the competing chefs get to shop for their ingredients. | **PG** +GUGG16-012+ |

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| 00:00 | **Taco Trip: El Paso (R)** Aaron returns to his hometown of El Paso to check out what is new and delicious in the food scene. | **PG** +TACO02-002+ |

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| 00:30 | **Big Food Truck Tip: Birmingham's Southern Fried Food Trucks (R)** Andrew Zimmern travels across the US to find food truck entrepreneurs who love sharing their culinary creations with the public. | **PG** +BIFT01-002+ |

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| 01:00 | **The Great Day Out (R) ’CC’** Sofie discovers some new activities on gorgeous Moreton Island. Alastair is high above Ipswich in search of the region's best produce. Commonwealth Games swimmer Emma McKeon shares her Great Day Out. | **G** +GDOT18-003+ |

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| 01:30 | **Creek To Coast (R) ’CC’** Sally has tips for buying a boat and where to take it this summer. Olivia has another hack for you while Andrew is cooking up an easy and tasty coconut curry. | **G** +7CTC18-033+ |

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| 02:00 | **SA Weekender (R) ’CC’** Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. Presenters include Belinda Sloane, Callum Hann, Michael Keelan and Kelly Golding. | **G** +SAWE18-021+ |

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| 02:30 | **Home In WA (R)** Home in WA showcases builders, real estate, home services and products for our homes in WA. | **G** +HIWA21-020+ |

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| 03:00 | **Queensland Weekender (R) ’CC’** Bridget visits an island that is like something out of Jurassic Park, Liz enjoys a thrill ride of a different kind, Curtis swaps the rolling 'blue' for rolling 'green' and Duane learns how to fly. | **G** +7QWE18-010+ |

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| 03:30 | **Sydney Weekender (R) ’CC’** Sydney Weekender travels around Sydney and throughout New South Wales to explore the best places to stay, eat and play, and to help you make the most of your weekend. | **G** +7SWE25-046+ |

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| 04:00 | **The Great Day Out (R) ’CC’** Sofie discovers some new activities on gorgeous Moreton Island. Alastair is high above Ipswich in search of the region's best produce. Commonwealth Games swimmer Emma McKeon shares her Great Day Out. | **G** +GDOT18-003+ |

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| 04:30 | **Creek To Coast (R) ’CC’** Sally has tips for buying a boat and where to take it this summer. Olivia has another hack for you while Andrew is cooking up an easy and tasty coconut curry. | **G** +7CTC18-033+ |

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| 05:00 | **SA Weekender (R) ’CC’** Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. Presenters include Belinda Sloane, Callum Hann, Michael Keelan and Kelly Golding. | **G** +SAWE18-021+ |

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| 05:30 | **Home In WA (R)** Home in WA showcases builders, real estate, home services and products for our homes in WA. | **G** +HIWA21-020+ |