**Sunday 19 May 2019**

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| 06:00 | **Diners, Drive-Ins and Dives: Tacos And Tots (R)**  Guy's hitting the road for joints taking childhood favorites to a gourmet level. In Denver, the old-time bar going all-out homemade on the tater tots, the pork rinds and a monster pastrami sandwich. | **PG**  +DDID17-001+ |

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| 06:30 | **My France With Manu: The Pyrenees (R) ’CC’**  Manu returns to take us on another journey through his home country exploring the streets of Paris. its delights, and even learning the Can Can. | **PG (N)**  +MANU03-001+ |

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| 07:30 | **Taco Trip: Atlanta (R)**  A trip to Atlanta includes a restaurant that offers a fusion of Mexican and Southern cooking. | **PG**  +TACO02-006+ |

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| 08:00 | **Big Food Truck Tip: Food Trucks Get Rolling In SLC (R)**  Andrew Zimmern travels across the US to find food truck entrepreneurs who love sharing their culinary creations with the public. | **PG**  +BIFT01-006+ |

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| 08:30 | **Guy's Grocery Games: Grocery Rush (R)**  On a GGG first, Guy Fieri gives the chefs three turbo-charged games with only 15 to 20 minutes to shop, cook and plate. | **PG**  +GUGG16-001+ |

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| 09:30 | **Diners, Drive-Ins and Dives: Tacos And Tots (R)**  Guy's hitting the road for joints taking childhood favorites to a gourmet level. In Denver, the old-time bar going all-out homemade on the tater tots, the pork rinds and a monster pastrami sandwich. | **PG**  +DDID17-001+ |

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| 10:00 | **Diners, Drive-Ins and Dives: Chicken, Chili And Chowder (R)**  Guy's hittin' the road for some scratch-made comfort food. In Burbank, Calif., the family-owned chili-serving spot with a name dating back a century. | **PG**  +DDID17-002+ |

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| 10:30 | **Iron Chef America: Symon Vs. Crenn (R)**  "Next Iron Chef" alum Dominique Crenn battles Iron Chef Michael Symon. | **PG**  +ICAM08-008+ |

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| 11:30 | **Iron Chef America: Flay Vs. Stone (R)**  Chef Curtis Stone takes on Iron Chef Bobby Flay in a skipjack tuna showdown. | **PG**  +ICAM08-009+ |

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| 12:30 | **Taco Trip: Atlanta (R)**  A trip to Atlanta includes a restaurant that offers a fusion of Mexican and Southern cooking. | **PG**  +TACO02-006+ |

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| 13:00 | **Big Food Truck Tip: Food Trucks Get Rolling In SLC (R)**  Andrew Zimmern travels across the US to find food truck entrepreneurs who love sharing their culinary creations with the public. | **PG**  +BIFT01-006+ |

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| 13:30 | **Guy's Grocery Games: Grocery Rush (R)**  On a GGG first, Guy Fieri gives the chefs three turbo-charged games with only 15 to 20 minutes to shop, cook and plate. | **PG**  +GUGG16-001+ |

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| 15:00 | **My France With Manu: The Pyrenees (R) ’CC’**  Manu returns to take us on another journey through his home country exploring the streets of Paris. its delights, and even learning the Can Can. | **PG (N)**  +MANU03-001+ |

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| 16:00 | **Iron Chef America: Symon Vs. Crenn (R)**  "Next Iron Chef" alum Dominique Crenn battles Iron Chef Michael Symon. | **PG**  +ICAM08-008+ |

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| 17:00 | **Iron Chef America: Flay Vs. Stone (R)**  Chef Curtis Stone takes on Iron Chef Bobby Flay in a skipjack tuna showdown. | **PG**  +ICAM08-009+ |

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| 18:00 | **Kid's Baking Championship: Molecular Kidstronomy (R)**  Using futuristic tools, the final four bakers fight for a spot in the finale with molecular gastronomy inspired desserts. Which three kids will make it through the high-tech gauntlet? | **PG**  +KBAC03-009+ |

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| 19:00 | **Ridiculous Cakes NEW EPISODE**  From a shortage of gold leaf that threatens a gravity-defying cake inspired by a floating house to a 7-foot-tall creation as fragile as china, these wedding cakes are anything but traditional. | **PG**  +RICA01-801+ |

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| 19:30 | **Cake Wars: Paddington (R) NEW EPISODE**  Paddington the Bear is onto his next adventure, bringing his old hat and battered suitcase to visit Cake Wars! | **PG**  +CAKW03-012+ |

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| 20:30 | **Ramsay's Kitchen Nightmares: The Fenwick Arms - Revisited (R) ’CC’**  Gordon returns to the Fenwick Arms, and finds that new competition is threatening the pub's survival. | **MA (L)**  +RAKN03-006+ |

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| 21:30 | **Cupcake Wars: Rock Of Ages NEW EPISODE**  Cupcake bakers vie to be featured at Broadway musicals, "Rock of Ages", premiere in Los Angeles. | **PG**  +CUPW05-005+ |

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| 22:30 | **Cake Masters: Duff's Rockin' Dockers Cake (R)**  Duff Goldman and his crew get a casual khaki makeover and fashion an amazing cake for Dockers' anniversary, complete with a giant ship, dock and San Francisco cityscape. | **PG**  +CAMA01-005+ |

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| 23:30 | **Ridiculous Cakes (R)**  From a shortage of gold leaf that threatens a gravity-defying cake inspired by a floating house to a 7-foot-tall creation as fragile as china, these wedding cakes are anything but traditional. | **PG**  +RICA01-801+ |

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| 01:00 | **Queensland Weekender (R) ’CC’**  Sammie's on a spectacular journey through the state's south-west, from surfing dunes, to desert golf and Outback Olympics. | **G**  +7QWE18-039+ |

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| 01:30 | **Creek To Coast (R) ’CC’**  Scotty is in the Hinchinbrook region with his son, Roger is getting out of trouble with new mate Jack and Olivia is taking on Rocky. | **G**  +7CTC18-020+ |

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| 02:00 | **The Great Day Out (R) ’CC’**  Laurel digs deeper into the story behind the new David Williamson play that is in town. Luke gets creative in Currumbin while Sofie has a few ideas to help you destress on the Sunshine Coast. | **G**  +GDOT18-032+ |

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| 02:30 | **Home In WA (R) ’CC’**  Home in WA showcases builders, real estate, home services and products for our homes in WA. | **G**  +HIWA21-024+ |

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| 03:00 | **Sydney Weekender (R) ’CC’**  Mike heads to Maitland, checking out its rich history and The Regents Park Mansion Retreat. Jack relives his childhood at Cirque Electriq. Lizzy goes on an outback weekender in Broken Hill. Starring:JACK YABSLEY,ERICA DAVIS,LIZZY LOVETTE,MIKE WHITNEY,MATT BASELEY | **G**  +7SWE25-027+ |

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| 03:30 | **SA Weekender (R) ’CC’**  Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. Presenters include Belinda Sloane, Callum Hann, Michael Keelan and Kelly Golding. | **G**  +SAWE18-012+ |

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| 04:00 | **Queensland Weekender (R) ’CC’**  Sammie's on a spectacular journey through the state's south-west, from surfing dunes, to desert golf and Outback Olympics. | **G**  +7QWE18-039+ |

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| 04:30 | **Creek To Coast (R) ’CC’**  Scotty is in the Hinchinbrook region with his son, Roger is getting out of trouble with new mate Jack and Olivia is taking on Rocky. | **G**  +7CTC18-020+ |

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| 05:00 | **The Great Day Out (R) ’CC’**  Laurel digs deeper into the story behind the new David Williamson play that is in town. Luke gets creative in Currumbin while Sofie has a few ideas to help you destress on the Sunshine Coast. | **G**  +GDOT18-032+ |

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| 05:30 | **Home In WA (R) ’CC’**  Home in WA showcases builders, real estate, home services and products for our homes in WA. | **G**  +HIWA21-024+ |

**Monday 20 May 2019**

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| 06:00 | **Sydney Weekender (R) ’CC’**  Mike heads to Maitland, checking out its rich history and The Regents Park Mansion Retreat. Jack relives his childhood at Cirque Electriq. Lizzy goes on an outback weekender in Broken Hill. Starring:JACK YABSLEY,ERICA DAVIS,LIZZY LOVETTE,MIKE WHITNEY,MATT BASELEY | **G**  +7SWE25-027+ |

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| 06:30 | **Kid's Baking Championship: Molecular Kidstronomy (R)**  Using futuristic tools, the final four bakers fight for a spot in the finale with molecular gastronomy inspired desserts. Which three kids will make it through the high-tech gauntlet? | **PG**  +KBAC03-009+ |

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| 07:30 | **Cupcake Wars: Rock Of Ages (R)**  Cupcake bakers vie to be featured at Broadway musicals, "Rock of Ages", premiere in Los Angeles. | **PG**  +CUPW05-005+ |

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| 08:30 | **Cake Masters: Duff's Rockin' Dockers Cake (R)**  Duff Goldman and his crew get a casual khaki makeover and fashion an amazing cake for Dockers' anniversary, complete with a giant ship, dock and San Francisco cityscape. | **PG**  +CAMA01-005+ |

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| 09:30 | **Cake Wars: Paddington (R)**  Paddington the Bear is onto his next adventure, bringing his old hat and battered suitcase to visit Cake Wars! | **PG**  +CAKW03-012+ |

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| 10:30 | **Better Homes And Gardens (R) ’CC’**  Joh catches up with singer Conrad Sewell. Dr Harry meets Omar, an Instagram-famous cat that may be one of the biggest in the world. Adam shows you how to make your own clock. | **G**  +BHAG25-016+ |

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| 12:00 | **Cupcake Wars: Rock Of Ages (R)**  Cupcake bakers vie to be featured at Broadway musicals, "Rock of Ages", premiere in Los Angeles. | **PG**  +CUPW05-005+ |

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| 13:00 | **Kid's Baking Championship: Molecular Kidstronomy (R)**  Using futuristic tools, the final four bakers fight for a spot in the finale with molecular gastronomy inspired desserts. Which three kids will make it through the high-tech gauntlet? | **PG**  +KBAC03-009+ |

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| 14:00 | **Giada At Home**  Giada De Laurentiis shares her love for entertaining California-style. Be Giada's guest as she puts together unique meals for gatherings with friends and family. | **PG**  +GIHO05-005+ |

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| 14:30 | **The Kitchen: Poolside Party (R)**  The Kitchen is throwing a pool party with everyone's summer favorites. Katie Lee and Marcela Valladolid share new ideas for hot dog toppings, while Jeff Mauro serves up a fresh BBQ Chicken Slaw. | **PG**  +TKIT14-005+ |

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| 15:30 | **The Pioneer Woman: FAQ (R)**  Ree Drummond hosts a Pioneer Woman Q and A with answers starring a stunning Slow Cooker Mexican Soup and a healthy Killer Kale Salad. | **PG**  +PIWO13-003+ |

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| 16:00 | **House Of Wellness (R) ’CC’**  Entertaining everybody to live a healthier life. Hosted by Luke Darcy, Rachael Finch, Jo Stanley and Luke Hines. | **PG**  +HOWL03-013+ |

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| 17:00 | **Cake Masters: Duff's Rockin' Dockers Cake (R)**  Duff Goldman and his crew get a casual khaki makeover and fashion an amazing cake for Dockers' anniversary, complete with a giant ship, dock and San Francisco cityscape. | **PG**  +CAMA01-005+ |

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| 18:00 | **Ridiculous Cakes (R)**  From a shortage of gold leaf that threatens a gravity-defying cake inspired by a floating house to a 7-foot-tall creation as fragile as china, these wedding cakes are anything but traditional. | **PG**  +RICA01-801+ |

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| 18:30 | **Chopped: Grill Game (R)**  No ovens? No problem. The chefs give the grill pans a major workout in this special competition, where they must get grillin' from the get-go. | **PG**  +CHPD34-009+ |

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| 19:30 | **Kid's Baking Championship: Superhero Grand Finale NEW EPISODE**  The last three kid bakers are given five hours to create an original superhero cake and describe their superhero's powers during tasting. Who will win this last challenge and fly off with $25,000? | **PG**  +KBAC03-010+ |

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| 20:30 | **Cake Wars: Minecraft NEW EPISODE**  One of the biggest video games of all time is coming to Cake Wars - Minecraft! They're throwing a huge party to celebrate this smash hit. | **PG**  +CAKW02-004+ |

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| 21:30 | **Spring Baking Championship: Desert Desserts (R)**  The five bakers must use only agave as the sweetener in an assigned dessert; for the main heat, the bakers make succulent cakes that rival the real thing. | **PG**  +SPBC04-006+ |

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| 00:30 | **SA Weekender (R) ’CC’**  Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. Presenters include Belinda Sloane, Callum Hann, Michael Keelan and Kelly Golding. | **G**  +SAWE18-013+ |

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| 01:00 | **Queensland Weekender (R) ’CC’**  Victoria is on the ultimate eco experience. | **G**  +7QWE18-040+ |

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| 01:30 | **Creek To Coast (R) ’CC’**  Sally is in her element, Olivia uncovers the important work of the Volunteer Marine Rescue and the Coast Guard and Scotty is targeting a fish he hasn't caught in over 30 years. | **G**  +7CTC18-021+ |

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| 02:00 | **The Great Day Out (R) ’CC’**  Laurel takes a tour that offers a different perspective of Brisbane. Jess is at an adventure lovers playground while Sofie is discovering vegan alternatives in the south east. | **G**  +GDOT18-033+ |

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| 02:30 | **Home In WA (R) ’CC’**  Home in WA showcases builders, real estate, home services and products for our homes in WA. | **G**  +HIWA21-025+ |

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| 03:00 | **Sydney Weekender (R) ’CC’**  Mike checks out the NIDA Open school holiday workshop for kids. Cameron Daddo shows off his favourite places in the Northern Beaches. Sally takes to two wheels at Steps Mountain Bike Park. Starring:BECK STEVENS,CAMERON DADDO,JACK YABSLEY,ERICA DAVIS,SALLY STANTON,MIKE WHITNEY | **G**  +7SWE25-028+ |

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| 04:00 | **Queensland Weekender (R) ’CC’**  Victoria is on the ultimate eco experience. | **G**  +7QWE18-040+ |

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| 04:30 | **Creek To Coast (R) ’CC’**  Sally is in her element, Olivia uncovers the important work of the Volunteer Marine Rescue and the Coast Guard and Scotty is targeting a fish he hasn't caught in over 30 years. | **G**  +7CTC18-021+ |

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| 05:00 | **The Great Day Out (R) ’CC’**  Laurel takes a tour that offers a different perspective of Brisbane. Jess is at an adventure lovers playground while Sofie is discovering vegan alternatives in the south east. | **G**  +GDOT18-033+ |

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| 05:30 | **Home In WA (R) ’CC’**  Home in WA showcases builders, real estate, home services and products for our homes in WA. | **G**  +HIWA21-025+ |

**Tuesday 21 May 2019**

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| 06:00 | **Sydney Weekender (R) ’CC’**  Mike checks out the NIDA Open school holiday workshop for kids. Cameron Daddo shows off his favourite places in the Northern Beaches. Sally takes to two wheels at Steps Mountain Bike Park. Starring:BECK STEVENS,CAMERON DADDO,JACK YABSLEY,ERICA DAVIS,SALLY STANTON,MIKE WHITNEY | **G**  +7SWE25-028+ |

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| 06:30 | **The Pioneer Woman: FAQ (R)**  Ree Drummond hosts a Pioneer Woman Q and A with answers starring a stunning Slow Cooker Mexican Soup and a healthy Killer Kale Salad. | **PG**  +PIWO13-003+ |

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| 07:00 | **Giada At Home (R)**  Giada De Laurentiis shares her love for entertaining California-style. Be Giada's guest as she puts together unique meals for gatherings with friends and family. | **PG**  +GIHO05-005+ |

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| 07:30 | **The Kitchen: Poolside Party (R)**  The Kitchen is throwing a pool party with everyone's summer favorites. Katie Lee and Marcela Valladolid share new ideas for hot dog toppings, while Jeff Mauro serves up a fresh BBQ Chicken Slaw. | **PG**  +TKIT14-005+ |

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| 08:30 | **Cake Wars: Minecraft (R)**  One of the biggest video games of all time is coming to Cake Wars - Minecraft! They're throwing a huge party to celebrate this smash hit. | **PG**  +CAKW02-004+ |

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| 09:30 | **Spring Baking Championship: Desert Desserts (R)**  The five bakers must use only agave as the sweetener in an assigned dessert; for the main heat, the bakers make succulent cakes that rival the real thing. | **PG**  +SPBC04-006+ |

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| 13:30 | **Chopped: Grill Game (R)**  No ovens? No problem. The chefs give the grill pans a major workout in this special competition, where they must get grillin' from the get-go. | **PG**  +CHPD34-009+ |

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| 14:30 | **The Kitchen: Kids' Eats (R)**  The Kitchen is celebrating kids, starting with Sunny Anderson's kid-friendly Easy Cheesy Bacon Salisbury Steak and a snack attack with special guest and Geoffrey Zakarian's wife, Margaret Zakarian. | **PG**  +TKIT14-006+ |

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| 15:30 | **The Pioneer Woman: Market Meet-Up (R)**  Ree Drummond is opening a mercantile at her building in town, so she's throwing an on-site dinner for her girlfriends who've helped her stock the store. | **PG**  +PIWO13-004+ |

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| 16:00 | **Giada At Home**  Giada De Laurentiis makes one delicious chicken and turns it into a handful of elegant dishes that you can enjoy any night of the week. | **PG**  +GIHO05-006+ |

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| 16:30 | **Kid's Baking Championship: Superhero Grand Finale (R)**  The last three kid bakers are given five hours to create an original superhero cake and describe their superhero's powers during tasting. Who will win this last challenge and fly off with $25,000? | **PG**  +KBAC03-010+ |

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| 17:30 | **Cake Wars: Minecraft (R)**  One of the biggest video games of all time is coming to Cake Wars - Minecraft! They're throwing a huge party to celebrate this smash hit. | **PG**  +CAKW02-004+ |

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| 18:30 | **Chopped: Father's Day (R)**  Who could ask for a better teammate in the Chopped Kitchen than good ol' Dad? Four fathers join forces with their grown-up kids to make collaborative dishes and to make their families proud. | **PG**  +CHPD34-010+ |

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| 19:30 | **Mystery Diners: Deep Sea Delivery**  When Angie, the owner of Cha Cha Cha Salsaria in Honolulu, hears rumors of an unauthorized boat delivery service, she contacts Charles Stiles to investigate. | **PG**  +MYSD08-010+ |

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| 20:00 | **Mystery Diners: Hawaiian Club Crashers**  After hearing multiple complaints about non-members attending members-only dinner events, Madeleine, general manager of Hawaii Yacht Club in Honolulu, calls Charles Stiles for help. | **PG**  +MYSD08-011+ |

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| 20:30 | **Restaurant: Impossible: Caseyville Cafe NEW EPISODE**  Chef Robert Irvine quickly sees why the Caseyville Cafe in Caseyville, Ill., is failing: From the kitchen to the servers, the staff have completely overrun Diane and Robin's restaurant. | **PG**  +RIMP05-010+ |

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| 21:30 | **Restaurant: Impossible: Maniaci's Italian Bistro NEW EPISODE**  Maniaci's Italian Bistro in Mohnton, Pa., was a thriving family business that was run by Mrs. Maniaci until her death: Five years later, her three sons are running the business into the ground. | **PG**  +RIMP05-011+ |

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| 22:30 | **Mystery Diners: Deep Sea Delivery (R)**  When Angie, the owner of Cha Cha Cha Salsaria in Honolulu, hears rumors of an unauthorized boat delivery service, she contacts Charles Stiles to investigate. | **PG**  +MYSD08-010+ |

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| 00:30 | **SA Weekender (R) ’CC’**  Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. Presenters include Belinda Sloane, Callum Hann, Michael Keelan and Kelly Golding. | **G**  +SAWE18-014+ |

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| 01:00 | **Queensland Weekender (R) ’CC’**  Chris is in a region that has it all rainforest, reef, adventure and an island with more white sandy beaches than any in the Whitsundays. | **G**  +7QWE18-041+ |

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| 01:30 | **Creek To Coast (R) ’CC’**  Scott takes his good mate Nova breakfast radio presenter Ash Bradnam on a fishing trip south, from the Gold Coast to Ballina and Yamba. | **G**  +7CTC18-022+ |

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| 02:00 | **The Great Day Out (R) ’CC’**  Jess discovers a delicious antidote to fast food, we learn the benefits of a Girls Night In, swimming superstar Ariarne Titmus shares her Great Day Out while Sofie is enjoying a little island time. | **G**  +GDOT18-034+ |

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| 02:30 | **Home In WA (R) ’CC’**  Home in WA showcases builders, real estate, home services and products for our homes in WA. | **G**  +HIWA21-001+ |

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| 03:00 | **Sydney Weekender (R) ’CC’**  Mike flies high with iFly Down Under at Penrith Panthers. Teigan visits the Nepean River. Matt tries axe throwing in Penrith. Starring:ERICA DAVIS,FELICITY URQUHART,MIKE WHITNEY,TEIGAN NASH,MATT BASELEY | **G**  +7SWE25-029+ |

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| 03:30 | **SA Weekender (R) ’CC’**  Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. Presenters include Belinda Sloane, Callum Hann, Michael Keelan and Kelly Golding. | **G**  +SAWE18-014+ |

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| 04:00 | **Queensland Weekender (R) ’CC’**  Chris is in a region that has it all rainforest, reef, adventure and an island with more white sandy beaches than any in the Whitsundays. | **G**  +7QWE18-041+ |

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| 04:30 | **Creek To Coast (R) ’CC’**  Scott takes his good mate Nova breakfast radio presenter Ash Bradnam on a fishing trip south, from the Gold Coast to Ballina and Yamba. | **G**  +7CTC18-022+ |

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| 05:00 | **The Great Day Out (R) ’CC’**  Jess discovers a delicious antidote to fast food, we learn the benefits of a Girls Night In, swimming superstar Ariarne Titmus shares her Great Day Out while Sofie is enjoying a little island time. | **G**  +GDOT18-034+ |

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| 05:30 | **Home In WA (R) ’CC’**  Home in WA showcases builders, real estate, home services and products for our homes in WA. | **G**  +HIWA21-001+ |

**Wednesday 22 May 2019**

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| 06:00 | **Sydney Weekender (R) ’CC’**  Mike flies high with iFly Down Under at Penrith Panthers. Teigan visits the Nepean River. Matt tries axe throwing in Penrith. Starring:ERICA DAVIS,FELICITY URQUHART,MIKE WHITNEY,TEIGAN NASH,MATT BASELEY | **G**  +7SWE25-029+ |

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| 06:30 | **The Pioneer Woman: Market Meet-Up (R)**  Ree Drummond is opening a mercantile at her building in town, so she's throwing an on-site dinner for her girlfriends who've helped her stock the store. | **PG**  +PIWO13-004+ |

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| 07:00 | **Giada At Home (R)**  Giada De Laurentiis makes one delicious chicken and turns it into a handful of elegant dishes that you can enjoy any night of the week. | **PG**  +GIHO05-006+ |

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| 07:30 | **The Kitchen: Kids' Eats (R)**  The Kitchen is celebrating kids, starting with Sunny Anderson's kid-friendly Easy Cheesy Bacon Salisbury Steak and a snack attack with special guest and Geoffrey Zakarian's wife, Margaret Zakarian. | **PG**  +TKIT14-006+ |

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| 08:30 | **Restaurant: Impossible: Caseyville Cafe (R)**  Chef Robert Irvine quickly sees why the Caseyville Cafe in Caseyville, Ill., is failing: From the kitchen to the servers, the staff have completely overrun Diane and Robin's restaurant. | **PG**  +RIMP05-010+ |

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| 09:30 | **Restaurant: Impossible: Maniaci's Italian Bistro (R)**  Maniaci's Italian Bistro in Mohnton, Pa., was a thriving family business that was run by Mrs. Maniaci until her death: Five years later, her three sons are running the business into the ground. | **PG**  +RIMP05-011+ |

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| 10:30 | **The Pioneer Woman: Market Meet-Up (R)**  Ree Drummond is opening a mercantile at her building in town, so she's throwing an on-site dinner for her girlfriends who've helped her stock the store. | **PG**  +PIWO13-004+ |

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| 11:00 | **The Kitchen: Kids' Eats (R)**  The Kitchen is celebrating kids, starting with Sunny Anderson's kid-friendly Easy Cheesy Bacon Salisbury Steak and a snack attack with special guest and Geoffrey Zakarian's wife, Margaret Zakarian. | **PG**  +TKIT14-006+ |

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| 12:00 | **Giada At Home (R)**  Giada De Laurentiis makes one delicious chicken and turns it into a handful of elegant dishes that you can enjoy any night of the week. | **PG**  +GIHO05-006+ |

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| 12:30 | **Restaurant: Impossible: Caseyville Cafe (R)**  Chef Robert Irvine quickly sees why the Caseyville Cafe in Caseyville, Ill., is failing: From the kitchen to the servers, the staff have completely overrun Diane and Robin's restaurant. | **PG**  +RIMP05-010+ |

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| 13:30 | **Chopped: Father's Day (R)**  Who could ask for a better teammate in the Chopped Kitchen than good ol' Dad? Four fathers join forces with their grown-up kids to make collaborative dishes and to make their families proud. | **PG**  +CHPD34-010+ |

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| 14:30 | **The Kitchen: Summer Sendoff (R)**  Geoffrey Zakarian starts off with his Grilled Lobster and Shrimp Tacos, then Marcela Valladolid and Jeff Mauro show different ways to make summer favorites last all year round. | **PG**  +TKIT14-007+ |

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| 15:30 | **The Pioneer Woman: Tequila (R)**  It's tequila all the way as Ree Drummond tests making a whole meal with a bottle of tequila. | **PG**  +PIWO13-005+ |

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| 16:00 | **Giada At Home**  Giada De Laurentiis puts her spin on traditional bar food with a fun game day menu. | **PG**  +GIHO05-007+ |

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| 16:30 | **Restaurant: Impossible: Maniaci's Italian Bistro (R)**  Maniaci's Italian Bistro in Mohnton, Pa., was a thriving family business that was run by Mrs. Maniaci until her death: Five years later, her three sons are running the business into the ground. | **PG**  +RIMP05-011+ |

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| 17:30 | **Mystery Diners: Deep Sea Delivery (R)**  When Angie, the owner of Cha Cha Cha Salsaria in Honolulu, hears rumors of an unauthorized boat delivery service, she contacts Charles Stiles to investigate. | **PG**  +MYSD08-010+ |

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| 18:00 | **Mystery Diners: Hawaiian Club Crashers (R)**  After hearing multiple complaints about non-members attending members-only dinner events, Madeleine, general manager of Hawaii Yacht Club in Honolulu, calls Charles Stiles for help. | **PG**  +MYSD08-011+ |

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| 18:30 | **Chopped: Got Your Goat? (R)**  The chefs race to figure out what to do with a seafood product and some boozy veggies in the first round. | **PG**  +CHPD34-011+ |

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| 19:30 | **Restaurant: Impossible: Up In Smoke (R)**  Five years ago, Lisette and Steve purchased the Mill Creek BBQ Restaurant. He'll have just two days to change the barbecue from boring to bold. | **PG**  +RIMP08-001+ |

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| 20:30 | **Hell's Kitchen USA NEW EPISODE**  Ramsay uses a unique recipe challenge to strengthen team communication. The teams work together to prepare a dinner service with special guests, including TV host Wendy Williams. | **MA (L)**  +HEKI13-003+ |

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| 21:30 | **Hell's Kitchen USA NEW EPISODE**  The teams have just 20 minutes to prepare breakfast for culinary school graduates and their guests. While the winning team goes to San Francisco to meet chef Dominique Chen. | **MA (L)**  +HEKI13-004+ |

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| 22:30 | **Restaurant: Impossible: Up In Smoke (R)**  Five years ago, Lisette and Steve purchased the Mill Creek BBQ Restaurant. He'll have just two days to change the barbecue from boring to bold. | **PG**  +RIMP08-001+ |

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| 23:30 | **Chopped: Got Your Goat? (R)**  The chefs race to figure out what to do with a seafood product and some boozy veggies in the first round. | **PG**  +CHPD34-011+ |

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| 00:30 | **SA Weekender (R) ’CC’**  Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. Presenters include Belinda Sloane, Callum Hann, Michael Keelan and Kelly Golding. | **G**  +SAWE18-015+ |

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| 01:00 | **Queensland Weekender (R) ’CC’**  Olivia heads offshore, Lee explores Australia's most stunning stretch of sand by horseback while Bridget visits an island that is like something out of Jurassic Park. | **G**  +7QWE18-042+ |

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| 01:30 | **Creek To Coast (R) ’CC’**  Olivia is in Rockhampton, a town full of mad keen fishers. Billy is getting down and dirty and Scott is pulling in big ones with mate Andrew. | **G**  +7CTC18-023+ |

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| 03:30 | **TBA:**  TBC | ++ |

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| 04:00 | **Queensland Weekender (R) ’CC’**  Olivia heads offshore, Lee explores Australia's most stunning stretch of sand by horseback while Bridget visits an island that is like something out of Jurassic Park. | **G**  +7QWE18-042+ |

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| 04:30 | **Creek To Coast (R) ’CC’**  Olivia is in Rockhampton, a town full of mad keen fishers. Billy is getting down and dirty and Scott is pulling in big ones with mate Andrew. | **G**  +7CTC18-023+ |

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| 05:00 | **The Great Day Out (R) ’CC’**  Sofie is on a self-guided adventure following one of Queensland's Big Sky Country Drive itineraries. | **G**  +GDOT18-035+ |

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| 05:30 | **Home In WA (R) ’CC’**  Home in WA showcases builders, real estate, home services and products for our homes in WA. | **G**  +HIWA21-002+ |

**Thursday 23 May 2019**

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| 06:00 | **Sydney Weekender (R) ’CC’**  Mike heads to Milton on the South Coast. Matt joins Merrick Watts for a day at Lake Parramatta. Rose goes to Antarctica. Starring:ERICA DAVIS,LIZZY LOVETTE,ROSE JACOBS,MIKE WHITNEY,MERRICK WATTS,MATT BASELEY | **G**  +7SWE25-030+ |

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| 06:30 | **The Pioneer Woman: Tequila (R)**  It's tequila all the way as Ree Drummond tests making a whole meal with a bottle of tequila. | **PG**  +PIWO13-005+ |

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| 07:00 | **Giada At Home (R)**  Giada De Laurentiis puts her spin on traditional bar food with a fun game day menu. | **PG**  +GIHO05-007+ |

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| 07:30 | **The Kitchen: Summer Sendoff (R)**  Geoffrey Zakarian starts off with his Grilled Lobster and Shrimp Tacos, then Marcela Valladolid and Jeff Mauro show different ways to make summer favorites last all year round. | **PG**  +TKIT14-007+ |

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| 08:30 | **The Great Food Truck Race: Battle For The South: New Marching Orders (R)**  The remaining six teams arrive at the Naval Air Station Pensacola in Florida to receive their next marching orders. | **PG**  +GFTR08-002+ |

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| 09:30 | **Restaurant Redemption: Flame Asian Tapas**  Changing the face of Asian food in America one menu at a time, Ching-He Huang travels across the country to help struggling restaurants revamp their establishments. | **PG**  +RERE01-008+ |

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| 10:00 | **Restaurant Redemption: Crimson**  Changing the face of Asian food in America one menu at a time, Ching-He Huang travels across the country to help struggling restaurants revamp their establishments. | **PG**  +RERE01-011+ |

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| 10:30 | **The Pioneer Woman: Tequila (R)**  It's tequila all the way as Ree Drummond tests making a whole meal with a bottle of tequila. | **PG**  +PIWO13-005+ |

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| 11:00 | **The Kitchen: Summer Sendoff (R)**  Geoffrey Zakarian starts off with his Grilled Lobster and Shrimp Tacos, then Marcela Valladolid and Jeff Mauro show different ways to make summer favorites last all year round. | **PG**  +TKIT14-007+ |

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| 12:00 | **Giada At Home (R)**  Giada De Laurentiis puts her spin on traditional bar food with a fun game day menu. | **PG**  +GIHO05-007+ |

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| 12:30 | **Restaurant Redemption: Flame Asian Tapas (R)**  Changing the face of Asian food in America one menu at a time, Ching-He Huang travels across the country to help struggling restaurants revamp their establishments. | **PG**  +RERE01-008+ |

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| 13:00 | **Restaurant Redemption: Crimson (R)**  Changing the face of Asian food in America one menu at a time, Ching-He Huang travels across the country to help struggling restaurants revamp their establishments. | **PG**  +RERE01-011+ |

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| 13:30 | **Chopped: Got Your Goat? (R)**  The chefs race to figure out what to do with a seafood product and some boozy veggies in the first round. | **PG**  +CHPD34-011+ |

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| 14:30 | **The Kitchen: Hot New Tricks (R)**  The Kitchen shares the hottest new tips and tricks for summer cooking with Jeff Mauro's BBQ Beer Can Burger and Katie Lee's Gnocchi Pesto Pasta Salad. | **PG**  +TKIT14-008+ |

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| 15:30 | **The Pioneer Woman: Mom's Day (R)**  It's a fun day of treats for Mom - while Ladd and the kids wash her truck. | **PG**  +PIWO13-006+ |

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| 16:00 | **Giada At Home**  It's all about indulgence as Giada De Laurentiis prepares a decadent menu. Italy meets pure comfort with three delicious recipes. | **PG**  +GIHO05-008+ |

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| 16:30 | **Restaurant Redemption: Flame Asian Tapas (R)**  Changing the face of Asian food in America one menu at a time, Ching-He Huang travels across the country to help struggling restaurants revamp their establishments. | **PG**  +RERE01-008+ |

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| 17:00 | **Restaurant Redemption: Crimson (R)**  Changing the face of Asian food in America one menu at a time, Ching-He Huang travels across the country to help struggling restaurants revamp their establishments. | **PG**  +RERE01-011+ |

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| 17:30 | **Restaurant: Impossible: Up In Smoke (R)**  Five years ago, Lisette and Steve purchased the Mill Creek BBQ Restaurant. He'll have just two days to change the barbecue from boring to bold. | **PG**  +RIMP08-001+ |

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| 18:30 | **Chopped: Bangin' Backyard Cookout (R)**  The chefs imagine they're making a memorable meal for a backyard party in this cookout competition. | **PG**  +CHPD34-012+ |

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| 19:30 | **Ramsay's 24 Hours To Hell And Back: Patrick Molloys (R) ’CC’**  Gordon Ramsay visits Patrick Molloy's, a family-owned restaurant and bar that is located on the Hermosa Beach pier in California. | +GRHB01-007+ |

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| 20:30 | **Ramsay's Kitchen Nightmares USA: La Galleria 33 - Part 2 (R) ’CC’**  Chef Ramsay found that the owners of La Galleria 33 drink and smoke on the job, and the food is no better. Can he save this downtrodden Italian restaurant? Starring:GORDON RAMSAY | **M (L)**  +KNUS06-002+ |

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| 21:30 | **Ramsay's Kitchen Nightmares USA: Mama Maria (R) ’CC’**  Chef Ramsay heads to Brooklyn, New York, to save a 55-year-old restaurant that has fallen to the wayside after the death of its owner's father. Starring:GORDON RAMSAY | **M (L)**  +KNUS06-003+ |

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| 22:30 | **Ramsay's 24 Hours To Hell And Back: Patrick Molloys (R) ’CC’**  Gordon Ramsay visits Patrick Molloy's, a family-owned restaurant and bar that is located on the Hermosa Beach pier in California. | **MA (L)**  +GRHB01-007+ |

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| 23:30 | **Chopped: Bangin' Backyard Cookout (R)**  The chefs imagine they're making a memorable meal for a backyard party in this cookout competition. | **PG**  +CHPD34-012+ |

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| 00:30 | **The Great Food Truck Race: Battle For The South: New Marching Orders (R)**  The remaining six teams arrive at the Naval Air Station Pensacola in Florida to receive their next marching orders. | **PG**  +GFTR08-002+ |

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| 01:30 | **Creek To Coast (R) ’CC’**  Olivia is up in Rocky with Women that Fish, Duane is swimming with whales, Andrew has an easy recipe and Scotty is testing his fear of heights over the Fraser Coast hidden gem, Rainbow Beach. | **G**  +7CTC18-024+ |

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| 02:00 | **The Great Day Out (R) ’CC’**  Jill unleashes her creative side. Laurel is in a town, rich in history. Paralympic swimmer Karni Liddell shares her Great Day Out, while Sofie is visiting some innovative and passionate producers. | **G**  +GDOT18-036+ |

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| 02:30 | **Home In WA (R) ’CC’**  Home in WA showcases builders, real estate, home services and products for our homes in WA. | **G**  +HIWA21-003+ |

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| 03:00 | **Sydney Weekender (R) ’CC’**  Mike checks out the highlights of the Hawkesbury region. Fliss enjoys the marvels of Mulgoa. Lea is in explorer mode in the Blue Mountains. Rose uncovers two dining destinations in the Blue Mountains. Starring:ERICA DAVIS,FELICITY URQUHART,LEA WILSON,ROSE JACKSON,MIKE WHITNEY | **G**  +7SWE25-031+ |

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| 03:30 | **SA Weekender (R) ’CC’**  Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. Presenters include Belinda Sloane, Callum Hann, Michael Keelan and Kelly Golding. | **G**  +SAWE18-016+ |

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| 04:00 | **Queensland Weekender (R) ’CC’**  Bridget is on a journey through tropical north Queensland in celebration of Indigenous culture. | **G**  +7QWE18-043+ |

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| 04:30 | **Creek To Coast (R) ’CC’**  Olivia is up in Rocky with Women that Fish, Duane is swimming with whales, Andrew has an easy recipe and Scotty is testing his fear of heights over the Fraser Coast hidden gem, Rainbow Beach. | **G**  +7CTC18-024+ |

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| 05:00 | **The Great Day Out (R) ’CC’**  Jill unleashes her creative side. Laurel is in a town, rich in history. Paralympic swimmer Karni Liddell shares her Great Day Out, while Sofie is visiting some innovative and passionate producers. | **G**  +GDOT18-036+ |

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| 05:30 | **Home In WA (R) ’CC’**  Home in WA showcases builders, real estate, home services and products for our homes in WA. | **G**  +HIWA21-003+ |

**Friday 24 May 2019**

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| 06:00 | **Sydney Weekender (R) ’CC’**  Mike checks out the highlights of the Hawkesbury region. Fliss enjoys the marvels of Mulgoa. Lea is in explorer mode in the Blue Mountains. Rose uncovers two dining destinations in the Blue Mountains. Starring:ERICA DAVIS,FELICITY URQUHART,LEA WILSON,ROSE JACKSON,MIKE WHITNEY | **G**  +7SWE25-031+ |

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| 06:30 | **The Pioneer Woman: Mom's Day (R)**  It's a fun day of treats for Mom - while Ladd and the kids wash her truck. | **PG**  +PIWO13-006+ |

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| 07:00 | **Giada At Home (R)**  It's all about indulgence as Giada De Laurentiis prepares a decadent menu. Italy meets pure comfort with three delicious recipes. | **PG**  +GIHO05-008+ |

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| 07:30 | **The Kitchen: Hot New Tricks (R)**  The Kitchen shares the hottest new tips and tricks for summer cooking with Jeff Mauro's BBQ Beer Can Burger and Katie Lee's Gnocchi Pesto Pasta Salad. | **PG**  +TKIT14-008+ |

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| 08:30 | **Rachael Ray's Week In A Day: Italian Comfort (R)**  Five soul-soothing Italian comfort food dishes that'll help you beat the holiday stress. | **PG**  +WIAD05-002+ |

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| 09:30 | **Guy's Grocery Games: Last Judge Standing Tournament, Pt. 1 (R)**  Chefs compete for the chance of $20,000 as they are cooking inside a grocery store. | **PG**  +GUGG15-005+ |

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| 10:30 | **The Pioneer Woman: Mom's Day (R)**  It's a fun day of treats for Mom - while Ladd and the kids wash her truck. | **PG**  +PIWO13-006+ |

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| 11:00 | **The Kitchen: Hot New Tricks (R)**  The Kitchen shares the hottest new tips and tricks for summer cooking with Jeff Mauro's BBQ Beer Can Burger and Katie Lee's Gnocchi Pesto Pasta Salad. | **PG**  +TKIT14-008+ |

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| 12:00 | **Giada At Home (R)**  It's all about indulgence as Giada De Laurentiis prepares a decadent menu. Italy meets pure comfort with three delicious recipes. | **PG**  +GIHO05-008+ |

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| 12:30 | **Guy's Grocery Games: Last Judge Standing Tournament, Pt. 1 (R)**  Chefs compete for the chance of $20,000 as they are cooking inside a grocery store. | **PG**  +GUGG15-005+ |

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| 13:30 | **Chopped: Bangin' Backyard Cookout (R)**  The chefs imagine they're making a memorable meal for a backyard party in this cookout competition. | **PG**  +CHPD34-012+ |

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| 14:30 | **The Kitchen: Fast And Flavorful (R)**  Fall into autumn with The Kitchen's fast and flavorful recipes. Marcela Valladolid's Mexican Chorizo Meatloaf is her twist on one of Food Network's most searched-for dishes. | **PG**  +TKIT14-009+ |

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| 15:30 | **The Pioneer Woman: Kit And Caboodle (R)**  Ree Drummond's knocking out four fabulous get-ahead meal kits, portioned, prepped and ready to go. | **PG**  +PIWO13-007+ |

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| 16:00 | **Giada At Home**  Giada De Laurentiis shows her love of all things chocolate with a chocolate-inspired menu. | **PG**  +GIHO05-009+ |

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| 16:30 | **House Of Wellness (R) ’CC’**  Entertaining everybody to live a healthier life. Hosted by Luke Darcy, Rachael Finch, Jo Stanley and Luke Hines. | **PG**  +HOWL03-013+ |

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| 17:30 | **Rachael Ray's Week In A Day: 4 Star Diner (R)**  Your favourite greasy spoon classics become a week's worth of upscale dinners you can make in one day. | **PG**  +WIAD03-001+ |

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| 18:30 | **Chopped: Greater Tater (R)**  The chefs learn that their competition has a potato theme, with spuds of some kind in every basket. The chefs must incorporate two tater products into their Canadian bacon appetizers. | **PG**  +CHPD34-013+ |

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| 19:30 | **Bizarre Foods With Andrew Zimmern: Embassy Row (R)**  Andrew's taking a food tour around the world without ever leaving our nation's capitol. He's making stops at some of the foreign embassies in Washington, D.C. | **PG (A)**  +BIFO04-001+ |

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| 20:30 | **Mystery Diners: Vicious Valets (R)**  After hearing complaints about her valet service, Kitty of Breuckelen Colony in Brooklyn contacts Charles Stiles for help. Mystery Diners Daniel and Jamie go undercover. | **PG (L,A)**  +MYSD11-007+ |

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| 21:00 | **Mystery Diners: Venue Vandals (R)**  Concerned about vandalism at his new restaurant location, which is currently under construction, Manny of the Spanish Potato Grill in Brick, N.J. reaches out to Mystery Diners for help. | **PG (L,A)**  +MYSD11-008+ |

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| 21:30 | **Cutthroat Kitchen: The Eggs-Orcist NEW EPISODE**  One chef must make a lobster roll, using a roll submerged in a lobster tank. Also, an unusual chocolate platter is presented during a cake challenge. | **PG**  +CUTK04-008+ |

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| 22:30 | **Bizarre Foods With Andrew Zimmern: Embassy Row (R)**  Andrew's taking a food tour around the world without ever leaving our nation's capitol. He's making stops at some of the foreign embassies in Washington, D.C. | **PG (A)**  +BIFO04-001+ |

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| 23:30 | **Chopped: Greater Tater (R)**  The chefs learn that their competition has a potato theme, with spuds of some kind in every basket. The chefs must incorporate two tater products into their Canadian bacon appetizers. | **PG**  +CHPD34-013+ |

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| 00:30 | **SA Weekender (R) ’CC’**  Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. Presenters include Belinda Sloane, Callum Hann, Michael Keelan and Kelly Golding. | **G**  +SAWE18-017+ |

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| 01:00 | **Queensland Weekender (R) ’CC’**  Chris is on a luxury coach tour like no other. From sandstone gorges to reef wonders, it is proof that good times never get old. | **G**  +7QWE18-044+ |

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| 01:30 | **Creek To Coast (R) ’CC’**  Scotty is doing some modelling, don't worry it's for a good cause, before wetting a line in Townsville. Bridget is all revved up in her hometown of Pittsworth and Roger has left the bitumen behind. | **G**  +7CTC18-025+ |

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| 02:00 | **The Great Day Out (R) ’CC’**  Laurel checks out Queensland's first library of things, Courtney enjoys some old-fashioned fun at The Ginger Factory while Sofie is in paradise, just off the coast of Brisbane. | **G**  +GDOT18-037+ |

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| 02:30 | **Home In WA (R) ’CC’**  Home in WA showcases builders, real estate, home services and products for our homes in WA. | **G**  +HIWA21-004+ |

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| 03:00 | **Sydney Weekender (R) ’CC’**  Mike goes to Cowra to preview the Cherry Blossom Festival. Jack checks out The Sausage Factory in Dulwich Hill. Lizzy heads to Broken Hill and Silverton. Starring:JACK YABSLEY,ERICA DAVIS,LIZZY LOVETTE,SALLY STANTON,MIKE WHITNEY | **G**  +7SWE25-032+ |

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| 03:30 | **SA Weekender (R) ’CC’**  Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. Presenters include Belinda Sloane, Callum Hann, Michael Keelan and Kelly Golding. | **G**  +SAWE18-017+ |

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| 04:00 | **Queensland Weekender (R) ’CC’**  Chris is on a luxury coach tour like no other. From sandstone gorges to reef wonders, it is proof that good times never get old. | **G**  +7QWE18-044+ |

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| 04:30 | **Creek To Coast (R) ’CC’**  Scotty is doing some modelling, don't worry it's for a good cause, before wetting a line in Townsville. Bridget is all revved up in her hometown of Pittsworth and Roger has left the bitumen behind. | **G**  +7CTC18-025+ |

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| 05:00 | **The Great Day Out (R) ’CC’**  Laurel checks out Queensland's first library of things, Courtney enjoys some old-fashioned fun at The Ginger Factory while Sofie is in paradise, just off the coast of Brisbane. | **G**  +GDOT18-037+ |

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| 05:30 | **Home In WA (R) ’CC’**  Home in WA showcases builders, real estate, home services and products for our homes in WA. | **G**  +HIWA21-004+ |

**Saturday 25 May 2019**

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| 06:00 | **Rachael Ray's Week In A Day: 4 Star Diner (R)**  Your favourite greasy spoon classics become a week's worth of upscale dinners you can make in one day. | **PG**  +WIAD03-001+ |

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| 07:00 | **Guy's Grocery Games: Last Judge Standing Tournament, Pt. 1 (R)**  Chefs compete for the chance of $20,000 as they are cooking inside a grocery store. | **PG**  +GUGG15-005+ |

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| 08:00 | **The Kitchen: Fast And Flavorful (R)**  Fall into autumn with The Kitchen's fast and flavorful recipes. Marcela Valladolid's Mexican Chorizo Meatloaf is her twist on one of Food Network's most searched-for dishes. | **PG**  +TKIT14-009+ |

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| 09:00 | **The Pioneer Woman: Kit And Caboodle (R)**  Ree Drummond's knocking out four fabulous get-ahead meal kits, portioned, prepped and ready to go. | **PG**  +PIWO13-007+ |

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| 09:30 | **Giada At Home (R)**  Giada De Laurentiis shows her love of all things chocolate with a chocolate-inspired menu. | **PG**  +GIHO05-009+ |

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| 10:00 | **Cutthroat Kitchen: The Eggs-Orcist (R)**  One chef must make a lobster roll, using a roll submerged in a lobster tank. Also, an unusual chocolate platter is presented during a cake challenge. | **PG**  +CUTK04-008+ |

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| 11:00 | **Food Network Star: Guilty Pleasures Dinner**  The finalists join forces to create a five-course meal composed of nothing but indulgent, over-the-top, guilty pleasure dishes. Each finalist gives a presentation of their course. | **PG**  +FONS12-008+ |

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| 12:00 | **Giada At Home (R)**  Giada De Laurentiis shows her love of all things chocolate with a chocolate-inspired menu. | **PG**  +GIHO05-009+ |

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| 12:30 | **The Pioneer Woman: Kit And Caboodle (R)**  Ree Drummond's knocking out four fabulous get-ahead meal kits, portioned, prepped and ready to go. | **PG**  +PIWO13-007+ |

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| 13:00 | **Chopped: Greater Tater (R)**  The chefs learn that their competition has a potato theme, with spuds of some kind in every basket. The chefs must incorporate two tater products into their Canadian bacon appetizers. | **PG**  +CHPD34-013+ |

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| 14:00 | **Food Network Star: Guilty Pleasures Dinner (R)**  The finalists join forces to create a five-course meal composed of nothing but indulgent, over-the-top, guilty pleasure dishes. Each finalist gives a presentation of their course. | **PG**  +FONS12-008+ |

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| 15:00 | **Cutthroat Kitchen: The Eggs-Orcist (R)**  One chef must make a lobster roll, using a roll submerged in a lobster tank. Also, an unusual chocolate platter is presented during a cake challenge. | **PG**  +CUTK04-008+ |

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| 16:00 | **Bizarre Foods With Andrew Zimmern: Embassy Row (R)**  Andrew's taking a food tour around the world without ever leaving our nation's capitol. He's making stops at some of the foreign embassies in Washington, D.C. | **PG (A)**  +BIFO04-001+ |

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| 17:00 | **Better Homes And Gardens (R) ’CC’**  Joh catches up with singer Conrad Sewell. Dr Harry meets Omar, an Instagram-famous cat that may be one of the biggest in the world. Adam shows you how to make your own clock. | +BHAG25-016+ |

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| 18:00 | **Mystery Diners: Vicious Valets (R)**  After hearing complaints about her valet service, Kitty of Breuckelen Colony in Brooklyn contacts Charles Stiles for help. Mystery Diners Daniel and Jamie go undercover. | **PG (L,A)**  +MYSD11-007+ |

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| 18:30 | **Mystery Diners: Venue Vandals (R)**  Concerned about vandalism at his new restaurant location, which is currently under construction, Manny of the Spanish Potato Grill in Brick, N.J. reaches out to Mystery Diners for help. | **PG (L,A)**  +MYSD11-008+ |

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| 19:00 | **My France With Manu: The Pyrenees - Part 2 (R) ’CC’**  Manu is back in France, taking you to Pyrenees, the place where garlic meets chilli, where France meets Spain. Explore a land of medieval castles where knights battled and ladies hit their mark. | **PG**  +MANU03-002+ |

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| 20:00 | **Iron Chef America: Morimoto Vs. Zakarian NEW EPISODE**  A culinary battle between New York chef Geoffrey Zakarian and Iron Chef Masaharu Morimoto. | **PG**  +ICAM08-010+ |

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| 21:00 | **Iron Chef America: Flay Vs. Smith NEW EPISODE**  Food Network star Michael Smith battles Iron Chef Bobby Flay in Kitchen Stadium. | **PG**  +ICAM08-011+ |

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| 22:00 | **Diners, Drive-Ins and Dives: Dynamic Duos**  Guy's checkin' out the combos that make some local hangouts a hit. In Denver, the double-duty corner bar smoking pork for its biscuits and topping pizzas with the bounty of the county. | **PG**  +DDID17-003+ |

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| 22:30 | **Diners, Drive-Ins and Dives: Traditional Gone Wild**  Guy's digging into some dishes like mama made, if she had a wild imagination. In Philadelphia, a very special guest hits the kitchen with Guy for fried PB&Js and tacos. | **PG**  +DDID17-004+ |

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| 23:00 | **Taco Trip: Portland, Maine (R)**  Maine is America's biggest lobster producer, so Chef Aaron shows up hungry to try fresh lobster tacos in Portland. | **PG**  +TACO02-007+ |

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| 23:30 | **Anthony Bourdain: The Layover: San Francisco (R)**  Tony finds himself in San Francisco, a city known by vegan and vegetarian lovers alike. He discovers that San Francisco is actually where you can get a great meal of raw juicy meat for under $20. | **M**  +TLAY01-010+ |

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| 00:30 | **SA Weekender (R) ’CC’**  Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. Presenters include Belinda Sloane, Callum Hann, Michael Keelan and Kelly Golding. | **G**  +SAWE18-018+ |

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| 01:00 | **Queensland Weekender (R) ’CC’**  Kay is on an epic journey across the Gulf Savannah. It's remote, remarkable and full of surprises. | **G**  +7QWE18-045+ |

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| 01:30 | **Creek To Coast (R) ’CC’**  Olivia is having her perfect day on Fraser Island. Jess is camping in Byron Bay. Andrew shares a delicious fish taco recipe and Scotty is at his favourite part of the world, Lucinda. | **G**  +7CTC18-026+ |

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| 02:00 | **The Great Day Out (R) ’CC’**  Jillian enjoys a foodie trail on the Redlands Coast, 7NEWS sports presenter Ben Davis shares his Great Day Out while Courtney heads bush for a different take on a music festival. | **G**  +GDOT18-038+ |

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| 02:30 | **Home In WA (R) ’CC’**  Home in WA showcases builders, real estate, home services and products for our homes in WA. | **G**  +HIWA21-005+ |

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| 03:00 | **Sydney Weekender (R) ’CC’**  Mike heads to Norfolk Island. Karen discovers that green is the new black, after dining at two eateries in Sydney's Eastern suburbs which set the scene with green Erica visits Broome. Starring:ERICA DAVIS,KAREN LEDBURY,PETE WELLS,MIKE WHITNEY,TEIGAN NASH | **G**  +7SWE25-033+ |

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| 03:30 | **SA Weekender (R) ’CC’**  Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. Presenters include Belinda Sloane, Callum Hann, Michael Keelan and Kelly Golding. | **G**  +SAWE18-018+ |

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| 04:00 | **Queensland Weekender (R) ’CC’**  Kay is on an epic journey across the Gulf Savannah. It's remote, remarkable and full of surprises. | **G**  +7QWE18-045+ |

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| 04:30 | **Creek To Coast (R) ’CC’**  Olivia is having her perfect day on Fraser Island. Jess is camping in Byron Bay. Andrew shares a delicious fish taco recipe and Scotty is at his favourite part of the world, Lucinda. | **G**  +7CTC18-026+ |

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| 05:00 | **The Great Day Out (R) ’CC’**  Jillian enjoys a foodie trail on the Redlands Coast, 7NEWS sports presenter Ben Davis shares his Great Day Out while Courtney heads bush for a different take on a music festival. | **G**  +GDOT18-038+ |

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| 05:30 | **Home In WA (R) ’CC’**  Home in WA showcases builders, real estate, home services and products for our homes in WA. | **G**  +HIWA21-005+ |