**Sunday 01 December 2019**

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| 06:00 | **Diners, Drive-Ins And Dives: College-Town Champs (R)** Guy Fieri's rolling into college towns in search of A+ cuisine. In Columbus, Ohio, a pierogi paradise dishin' out their specialties where you'd least expect it. | **PG** +DDID27-009+ |

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| 06:30 | **The Great Food Truck Race: Battle For The South: New Marching Orders (R)** The remaining six teams arrive at the Naval Air Station Pensacola in Florida to receive their next marching orders. | **PG** +GFTR08-002+ |

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| 07:30 | **Guy's Big Bite: Mojo Mahi Mahi (R)** Guy Fieri is in the kitchen with football pro Marcel Reece, cooking up an all-star meal for big appetites with little time to spare. We're talking Mojo Mahi Mahi, marinated in fresh citrus and herbs! | **PG** +GUBB19-008+ |

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| 08:00 | **Taco Trip: Atlanta (R)** A trip to Atlanta includes a restaurant that offers a fusion of Mexican and Southern cooking. | **PG** +TACO02-006+ |

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| 08:30 | **Iron Chef America: Zakarian vs. Casanova (R)** In his debut battle, Iron Chef Geoffrey Zakarian takes on Challenger Chef Victor Casanova. | **PG** +ICAM10-015+ |

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| 09:30 | **Iron Chef America: Forgione vs. Wong (R)** There are lots of tricks and treats in this sweet Halloween battle, as Iron Chef Marc Forgione is challenged by Chef Lee Anne Wong. | **PG** +ICAM10-016+ |

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| 10:30 | **Diners, Drive-Ins And Dives: College-Town Champs (R)** Guy Fieri's rolling into college towns in search of A+ cuisine. In Columbus, Ohio, a pierogi paradise dishin' out their specialties where you'd least expect it. | **PG** +DDID27-009+ |

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| 11:00 | **Guy's Grocery Games: Last Judge Standing Tournament Finale: Judgement Day (R)** Chefs compete for the chance of $20,000 as they are cooking inside a grocery store. | **PG** +GUGG15-009+ |

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| 12:00 | **Guy's Big Bite: Mojo Mahi Mahi (R)** Guy Fieri is in the kitchen with football pro Marcel Reece, cooking up an all-star meal for big appetites with little time to spare. We're talking Mojo Mahi Mahi, marinated in fresh citrus and herbs! | **PG** +GUBB19-008+ |

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| 12:30 | **Taco Trip: Atlanta (R)** A trip to Atlanta includes a restaurant that offers a fusion of Mexican and Southern cooking. | **PG** +TACO02-006+ |

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| 13:00 | **Pacific Island Food Revolution: Tonga, Pt. 2** Join us on our Pacific cooking competition presenting some of the most delicious food on the planet. | **PG** +PIFR01-005+ |

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| 14:00 | **Pacific Island Food Revolution: Fiji, Pr. 2** Join us on our Pacific cooking competition presenting some of the most delicious food on the planet. | **PG** +PIFR01-006+ |

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| 16:00 | **Iron Chef America: Zakarian vs. Casanova (R)** In his debut battle, Iron Chef Geoffrey Zakarian takes on Challenger Chef Victor Casanova. | **PG** +ICAM10-015+ |

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| 17:00 | **Iron Chef America: Forgione vs. Wong (R)** There are lots of tricks and treats in this sweet Halloween battle, as Iron Chef Marc Forgione is challenged by Chef Lee Anne Wong. | **PG** +ICAM10-016+ |

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| 18:00 | **Kid's Baking Championship: Throwback Eclairs (R)** The remaining eight bakers must update old school desserts like coconut cream pie or German chocolate cake into trendy "throwback" eclairs. | **PG** +KBAC03-005+ |

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| 19:00 | **Holiday Baking Championship: We're Nuts For The Holidays (R)** The Holiday Baking Championship kicks off as 10 competing bakers take on a nutty chocolate dessert in the first challenge and beautifully-decorated holiday pies in the main heat. | **PG** +HOBC02-001+ |

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| 20:00 | **Holiday Baking Championship: Holiday Craftiness (R)** It's time to get crafty! The remaining nine bakers attempt to amp up the visual impact of holiday baked goods as they create festive candy cane and holiday wreath desserts. | **PG** +HOBC02-002+ |

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| 21:00 | **My France With Manu: The Pyrenees - Part 2 (R) ’CC’** Manu is back in France, taking you to Pyrenees, the place where garlic meets chilli, where France meets Spain. Explore a land of medieval castles where knights battled and ladies hit their mark. | **PG** +MANU03-002+ |

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| 22:00 | **Ridiculous Cakes: It's Vegas, Baby (R)** It will take a cake artist more than luck to deliver a wedding cake worthy of the famed Vegas strip. | **PG** +RICA02-005+ |

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| 22:30 | **Cake Wars: Madeline (R)** The bravest little redhead is coming from Paris to Cake Wars! Four amazing cake artists battle to have their cake at the center of a party celebrating Madeline. | **PG** +CAKW03-010+ |

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| 23:30 | **Kid's Baking Championship: Throwback Eclairs (R)** The remaining eight bakers must update old school desserts like coconut cream pie or German chocolate cake into trendy "throwback" eclairs. | **PG** +KBAC03-005+ |

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| 00:30 | **SA Weekender (R) ’CC’** Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. | **G** +SAWE19-011+ |

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| 01:00 | **Queensland Weekender: Queensland Weekender 2019 Ep: 34 (R) ’CC’** Sammie is living her best life on an epic Whitsundays adventure. Lee joins the fun at Central Queensland's biggest festival, while Chris encounters one of Magnetic Island's best kept secrets. | **G** +7QWE19-034+ |

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| 01:30 | **Creek To Coast: Creek To Coast 2019 Ep: 12 (R) ’CC’** Creek to Coast is all things boating, camping, 4WDing, outdoor adventuring and fishing. From bush-bashing to cooking to caravanning to watersports, Creek to Coast has it all. | **G** +7CTC19-012+ |

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| 02:00 | **The Great Day Out: Great Day Out, The S3 Ep: 9 (R) ’CC’** Alastair is in Ipswich in search of the region's best produce, Billy experiences the ultimate blokes day out while Jess spends the weekend in Queensland's most southern coastal suburb. | **G** +GDOT19-009+ |

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| 02:30 | **Home In WA** Now in its 20th year, Home in WA showcases builders, real estate, home services and products for our home in WA. | **G** +HIWA22-018+ |

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| 03:00 | **Sydney Weekender (R) ’CC’** Mike explores the Clarence River on a houseboat. Candice visits Seal Rocks Lighthouse Cottage. Pete checks out wake surfing in Ballina. | **G** +7SWE26-020+ |

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| 03:30 | **SA Weekender (R) ’CC’** Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. | **G** +SAWE19-011+ |

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| 04:00 | **Queensland Weekender: Queensland Weekender 2019 Ep: 34 (R) ’CC’** Sammie is living her best life on an epic Whitsundays adventure. Lee joins the fun at Central Queensland's biggest festival, while Chris encounters one of Magnetic Island's best kept secrets. | **G** +7QWE19-034+ |

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| 05:00 | **The Great Day Out: Great Day Out, The S3 Ep: 9 (R) ’CC’** Alastair is in Ipswich in search of the region's best produce, Billy experiences the ultimate blokes day out while Jess spends the weekend in Queensland's most southern coastal suburb. | **G** +GDOT19-009+ |

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| 05:30 | **Home In WA (R)** Now in its 20th year, Home in WA showcases builders, real estate, home services and products for our home in WA. | **G** +HIWA22-018+ |

 **Monday 02 December 2019**

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| 06:00 | **Cake Wars: Madeline (R)** The bravest little redhead is coming from Paris to Cake Wars! Four amazing cake artists battle to have their cake at the center of a party celebrating Madeline. | **PG** +CAKW03-010+ |

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| 07:00 | **Ridiculous Cakes: It's Vegas, Baby (R)** It will take a cake artist more than luck to deliver a wedding cake worthy of the famed Vegas strip. | **PG** +RICA02-005+ |

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| 07:30 | **Holiday Baking Championship: We're Nuts For The Holidays (R)** The Holiday Baking Championship kicks off as 10 competing bakers take on a nutty chocolate dessert in the first challenge and beautifully-decorated holiday pies in the main heat. | **PG** +HOBC02-001+ |

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| 08:30 | **Holiday Baking Championship: Holiday Craftiness (R)** It's time to get crafty! The remaining nine bakers attempt to amp up the visual impact of holiday baked goods as they create festive candy cane and holiday wreath desserts. | **PG** +HOBC02-002+ |

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| 09:30 | **Ridiculous Cakes: It's Vegas, Baby (R)** It will take a cake artist more than luck to deliver a wedding cake worthy of the famed Vegas strip. | **PG** +RICA02-005+ |

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| 10:00 | **Pacific Island Food Revolution: Tonga, Pt. 2 (R)** Join us on our Pacific cooking competition presenting some of the most delicious food on the planet. | **PG** +PIFR01-005+ |

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| 11:00 | **Pacific Island Food Revolution: Fiji, Pr. 2 (R)** Join us on our Pacific cooking competition presenting some of the most delicious food on the planet. | **PG** +PIFR01-006+ |

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| 12:00 | **Cake Wars: Madeline (R)** The bravest little redhead is coming from Paris to Cake Wars! Four amazing cake artists battle to have their cake at the center of a party celebrating Madeline. | **PG** +CAKW03-010+ |

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| 13:00 | **Kid's Baking Championship: Throwback Eclairs (R)** The remaining eight bakers must update old school desserts like coconut cream pie or German chocolate cake into trendy "throwback" eclairs. | **PG** +KBAC03-005+ |

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| 15:00 | **Holiday Baking Championship: Holiday Craftiness (R)** It's time to get crafty! The remaining nine bakers attempt to amp up the visual impact of holiday baked goods as they create festive candy cane and holiday wreath desserts. | **PG** +HOBC02-002+ |

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| 16:00 | **House Of Wellness ’CC’** Entertaining everybody to live a healthier life. Hosted by Luke Darcy, Rachael Finch, Jo Stanley and Luke Hines. | **PG** +HOWL03-040+ |

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| 17:00 | **Easy Chinese: Use Your Noodle (R)** The almighty Chinese noodle gets the red-carpet treatment as Ching-He Huang explores the variety of Chinese noodles and how they are used. | **PG** +EACH02-007+ |

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| 17:30 | **The Kitchen: Friendsgiving Feast (R)** The Kitchen hosts a star-studded Friendsgiving feast with Food Network friends Ree Drummond, Eddie Jackson and Trisha Yearwood. | **PG** +TKIT15-005+ |

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| 18:30 | **Chopped: Twins For The Win (R)** Teams of twins face off in this competition, bringing twice the excitement to the kitchen! | **PG** +CHPD29-012+ |

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| 19:30 | **Cake Wars Christmas Special: Santa's Makeover (R) (2016)** Cake Wars kicks off the first of six Christmas-themed battles, as seven teams composed of a cake artist, sugar sculptor and master food carver take to the kitchen. | **PG** +CAKS01-001+ |

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| 20:30 | **Mystery Diners: Rigged Rental (R)** Steve, owner of Nashville Street Tacos and The Stillery in Nashville, believes his part-time apartment above his restaurant is being used while he's out of town.  | **PG (L,A)**+MYSD11-012+ |

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| 21:00 | **Mystery Diners: Tables Turned (R)** In this special episode of Mystery Diners, Charles Stiles and his undercover team risk it all to bust the boss. For the first time ever, the sting is conducted from inside the restaurant.  | **PG (L,A)**+MYSD11-013+ |

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| 21:30 | **Hell's Kitchen USA ’CC’ NEW EPISODE**World renowned chef Gordon Ramsay puts aspiring young chefs through rigorous cooking challenges and dinner services at his restaurant in Hollywood. | **M (L)**+HEKI12-019+ |

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| 22:30 | **Hell's Kitchen USA ’CC’ NEW EPISODE**World renowned chef Gordon Ramsay puts aspiring young chefs through rigorous cooking challenges and dinner services at his restaurant in Hollywood. | **M (L)**+HEKI12-020+ |

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| 00:30 | **SA Weekender (R) ’CC’** Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. | **G** +SAWE19-012+ |

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| 01:00 | **Queensland Weekender: Queensland Weekender 2019 Ep: 35 (R) ’CC’** Bridget delves deep into the Daintree National Park. Chris visits a mountain retreat that is authentically Japanese. Sammie meets a llama farmer and Victoria gets her heart racing on Moreton Island. | **G** +7QWE19-035+ |

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| 01:30 | **Creek To Coast: Creek To Coast 2019 Ep: 13 (R) ’CC’** Olivia discovers a magical mountain getaway. Sally shares a recipe that is packed full of goodness. Roger is in a fiery situation you never want to be in, while Scotty is exploring Yeppoon. | **G** +7CTC19-013+ |

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| 02:00 | **The Great Day Out: Great Day Out, The S3 Ep: 10 (R) ’CC’** We have the ultimate guide for school holiday fun. Laurel is on a family holiday that keeps the big kids happy while Tamsyn has found the top 10 boredom busters near Brisbane. | **G** +GDOT19-010+ |

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| 02:30 | **Home In WA** Now in its 20th year, Home in WA showcases builders, real estate, home services and products for our home in WA. | **G** +HIWA22-019+ |

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| 03:00 | **Sydney Weekender (R) ’CC’** Mike visits Bellingen. Mel heads to the Whitsundays to check out the newly-renovated Daydream Island Resort. Karen visits a chocolate factory. Jack visits two old English style pubs.  | **G** +7SWE26-021+ |

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| 03:30 | **SA Weekender (R) ’CC’** Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. | **G** +SAWE19-012+ |

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| 04:00 | **Queensland Weekender: Queensland Weekender 2019 Ep: 35 (R) ’CC’** Bridget delves deep into the Daintree National Park. Chris visits a mountain retreat that is authentically Japanese. Sammie meets a llama farmer and Victoria gets her heart racing on Moreton Island. | **G** +7QWE19-035+ |

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| 04:30 | **Creek To Coast: Creek To Coast 2019 Ep: 13 (R) ’CC’** Olivia discovers a magical mountain getaway. Sally shares a recipe that is packed full of goodness. Roger is in a fiery situation you never want to be in, while Scotty is exploring Yeppoon. | **G** +7CTC19-013+ |

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| 05:00 | **The Great Day Out: Great Day Out, The S3 Ep: 10 (R) ’CC’** We have the ultimate guide for school holiday fun. Laurel is on a family holiday that keeps the big kids happy while Tamsyn has found the top 10 boredom busters near Brisbane. | **G** +GDOT19-010+ |

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| 05:30 | **Home In WA (R)** Now in its 20th year, Home in WA showcases builders, real estate, home services and products for our home in WA. | **G** +HIWA22-019+ |

 **Tuesday 03 December 2019**

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| 06:00 | **Better Homes And Gardens (R) ’CC’** Joh, Tara, Adam, Graham and Jason join up to bring Christmas cheer to a bnunch of kids who all attend children's grief counselling. Dr Harry visits Australian Working Dog Rescue.  | +BHAG25-044+ |

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| 07:30 | **The Kitchen: Friendsgiving Feast (R)** The Kitchen hosts a star-studded Friendsgiving feast with Food Network friends Ree Drummond, Eddie Jackson and Trisha Yearwood. | **PG** +TKIT15-005+ |

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| 08:30 | **Cake Wars Christmas Special: Santa's Makeover (R) (2016)** Cake Wars kicks off the first of six Christmas-themed battles, as seven teams composed of a cake artist, sugar sculptor and master food carver take to the kitchen. | **PG** +CAKS01-001+ |

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| 09:30 | **Easy Chinese: Use Your Noodle (R)** The almighty Chinese noodle gets the red-carpet treatment as Ching-He Huang explores the variety of Chinese noodles and how they are used. | **PG** +EACH02-007+ |

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| 10:00 | **Mystery Diners: Rigged Rental (R)** Steve, owner of Nashville Street Tacos and The Stillery in Nashville, believes his part-time apartment above his restaurant is being used while he's out of town.  | **PG (L,A)**+MYSD11-012+ |

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| 10:30 | **Mystery Diners: Tables Turned (R)** In this special episode of Mystery Diners, Charles Stiles and his undercover team risk it all to bust the boss. For the first time ever, the sting is conducted from inside the restaurant.  | **PG (L,A)**+MYSD11-013+ |

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| 11:00 | **Pacific Island Food Revolution: Tonga, Pt. 2 (R)** Join us on our Pacific cooking competition presenting some of the most delicious food on the planet. | **PG** +PIFR01-005+ |

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| 13:00 | **Chopped: Twins For The Win (R)** Teams of twins face off in this competition, bringing twice the excitement to the kitchen! | **PG** +CHPD29-012+ |

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| 16:30 | **The Pioneer Woman: Oh, Baby (R)** There's a new baby on the ranch, so Ree Drummond is taking a trip down memory lane and preparing a new-mom care package full of dishes she was given and plenty of pampering goodies. | **PG** +PIWO13-001+ |

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| 17:00 | **Easy Chinese: The Chinese Like It Hotter (R)** When it comes to spicy food, Chinese food is often not thought of as being part of the conversation. Ching-He Huang wants to change this perception. | **PG** +EACH02-008+ |

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| 17:30 | **The Kitchen: Turkey Day Tricks (R)** The Kitchen hosts give away their best Turkey Day tricks and recipes including Geoffrey Zakarian's Bone-In Turkey Breast with Lemon Caper Sauce. | **PG** +TKIT15-006+ |

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| 18:30 | **Chopped: Naan The Wiser (R)** A serious time management issue in the first-round featuring naan and blood sausages gets one of the competitors in trouble as the last seconds tick away. | **PG** +CHPD29-013+ |

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| 19:30 | **Cake Wars Christmas Special: How The Grinch Stole Christmas (R) (2016)** The six remaining teams made up of a cake artist, sugar sculptor and master food carver return to battle to celebrate the 50th anniversary of How the Grinch Stole Christmas. | **PG** +CAKS01-002+ |

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| 20:30 | **Restaurant Impossible: Paliani's Restaurant (R)** Chef Robert Irvine travels to Burton, Michigan. | **PG** +RIMP04-008+ |

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| 21:30 | **Restaurant Impossible: Michele's (R)** Of all the owners Chef Robert Irvine has worked with, none may have been more unprepared than Michele and Andy, owners of Michele's, who purchased their restaurant at an auction on a whim. | **PG** +RIMP04-009+ |

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| 22:30 | **Mystery Diners: Partner Problems (R)** A former client contacting Charles, for help, determining if he should invest in a failing California restaurant.  | **PG (L,A)**+MYSD10-001+ |

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| 23:00 | **Mystery Diners: Art Show Sting (R)** After noticing numerous discrepancies with the catering company she uses to cater her art shows, Patricia contacts Mystery Diners for help. | **PG (L,A)**+MYSD10-002+ |

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| 23:30 | **Chopped: Naan The Wiser (R)** A serious time management issue in the first-round featuring naan and blood sausages gets one of the competitors in trouble as the last seconds tick away. | **PG** +CHPD29-013+ |

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| 00:30 | **SA Weekender (R) ’CC’** Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. | **G** +SAWE19-013+ |

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| 01:00 | **Queensland Weekender: Queensland Weekender 2019 Ep: 36 (R) ’CC’** Bridget unwinds at Cape Tribulation. Victoria is on an unforgettable indigenous experience near Cooktown. Mel witnesses the legendary Cirque Du Soleil and Liz visits Noosa. | **G** +7QWE19-036+ |

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| 01:30 | **Creek To Coast: Creek To Coast 2019 Ep: 14 (R) ’CC’** Chris discovers some Fraser Coast gems. Sally has a one pot wonder, while Scotty has the story on 4 mile beach. | **G** +7CTC19-014+ |

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| 02:00 | **The Great Day Out: Great Day Out, The S3 Ep: 11 (R) ’CC’** We have school holiday ideas for kids of all ages. Plus we find out what MKR's Andy and Ruby like to do when they are not sweating up a storm in the kitchen. | **G** +GDOT19-011+ |

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| 02:30 | **Home In WA** Now in its 20th year, Home in WA showcases builders, real estate, home services and products for our home in WA. | **G** +HIWA22-020+ |

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| 03:00 | **Sydney Weekender (R) ’CC’** Mike heads to Kiama for the HARS Aviation Museum, Kiama Coast walk and more. Matt checks out Centennial Park Wild Play Garden. Karen visits a chocolate factory.  | **G** +7SWE26-022+ |

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| 05:00 | **The Great Day Out: Great Day Out, The S3 Ep: 11 (R) ’CC’** We have school holiday ideas for kids of all ages. Plus we find out what MKR's Andy and Ruby like to do when they are not sweating up a storm in the kitchen. | **G** +GDOT19-011+ |

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| 05:30 | **Home In WA (R)** Now in its 20th year, Home in WA showcases builders, real estate, home services and products for our home in WA. | **G** +HIWA22-020+ |

 **Wednesday 04 December 2019**

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| 06:00 | **Restaurant Impossible: Paliani's Restaurant (R)** Chef Robert Irvine travels to Burton, Michigan. | **PG** +RIMP04-008+ |

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| 07:00 | **The Pioneer Woman: Oh, Baby (R)** There's a new baby on the ranch, so Ree Drummond is taking a trip down memory lane and preparing a new-mom care package full of dishes she was given and plenty of pampering goodies. | **PG** +PIWO13-001+ |

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| 07:30 | **The Kitchen: Turkey Day Tricks (R)** The Kitchen hosts give away their best Turkey Day tricks and recipes including Geoffrey Zakarian's Bone-In Turkey Breast with Lemon Caper Sauce. | **PG** +TKIT15-006+ |

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| 08:30 | **Restaurant Impossible: Michele's (R)** Of all the owners Chef Robert Irvine has worked with, none may have been more unprepared than Michele and Andy, owners of Michele's, who purchased their restaurant at an auction on a whim. | **PG** +RIMP04-009+ |

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| 09:30 | **Easy Chinese: The Chinese Like It Hotter (R)** When it comes to spicy food, Chinese food is often not thought of as being part of the conversation. Ching-He Huang wants to change this perception. | **PG** +EACH02-008+ |

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| 10:00 | **Guy's Grocery Games: Spice City (R)** Flavortown turns into Spice City when four chefs who like their food with some heat fight for the title of Spice Master. | **PG** +GUGG15-001+ |

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| 11:00 | **Restaurant Impossible: Paliani's Restaurant (R)** Chef Robert Irvine travels to Burton, Michigan. | **PG** +RIMP04-008+ |

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| 12:00 | **The Kitchen: Turkey Day Tricks (R)** The Kitchen hosts give away their best Turkey Day tricks and recipes including Geoffrey Zakarian's Bone-In Turkey Breast with Lemon Caper Sauce. | **PG** +TKIT15-006+ |

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| 13:00 | **Chopped: Naan The Wiser (R)** A serious time management issue in the first-round featuring naan and blood sausages gets one of the competitors in trouble as the last seconds tick away. | **PG** +CHPD29-013+ |

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| 14:00 | **Easy Chinese: The Chinese Like It Hotter (R)** When it comes to spicy food, Chinese food is often not thought of as being part of the conversation. Ching-He Huang wants to change this perception. | **PG** +EACH02-008+ |

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| 14:30 | **Restaurant Impossible: Michele's (R)** Of all the owners Chef Robert Irvine has worked with, none may have been more unprepared than Michele and Andy, owners of Michele's, who purchased their restaurant at an auction on a whim. | **PG** +RIMP04-009+ |

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| 15:30 | **Cake Wars Christmas Special: How The Grinch Stole Christmas (R) (2016)** The six remaining teams made up of a cake artist, sugar sculptor and master food carver return to battle to celebrate the 50th anniversary of How the Grinch Stole Christmas. | **PG** +CAKS01-002+ |

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| 16:30 | **The Pioneer Woman: A Tale Of Four Lunches (R)** Ree Drummond's whipping up four legendary lunches, from crowd pleasers to solo pleasures. | **PG** +PIWO13-002+ |

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| 17:00 | **Easy Chinese: Fusion Super Stars (R)** Ching-He Huang sees how superstar chefs have incorporated their favourite elements of Chinese cuisine into their restaurant's menu. | **PG** +EACH02-009+ |

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| 17:30 | **The Kitchen: Full House For The Holidays (R)** Tis the season to have a full house for the holidays and Jeff Mauro is ready with his crowd-pleasing Santa's Sausage and Snow Strata brunch. | **PG** +TKIT15-007+ |

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| 18:30 | **Chopped: Chopped Champions: Battle 1, Best Of The Best (R)** Returning winners, daunting baskets, killer pressure - it must be Chopped Champions! The five-part tournament kicks off with a stellar group of defending champs. | **PG** +CHPD28-001+ |

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| 19:30 | **Restaurant Impossible: Maple Tree Cafe (R)** Chef Robert Irvine heads to Las Vegas to help 26-year-old Ashley save the Maple Tree Cafe. | **PG** +RIMP04-010+ |

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| 20:30 | **Ramsay's Kitchen Nightmares: Momma Cherri's (R) ’CC’** Gordon visits an intimate forty-seater restaurant, a stone's throw from Brighton's sea front. Owner Charita, produces a menu of irresistibly unique classics from the Deep South, but with no customers. | **M (L)**+RAKN02-003+ |

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| 21:30 | **Mystery Diners: Young Blood (R)** Charles and his team investigate when the owner of "Harvey's Steakhouse" in Huntington Beach, California, notices a dip in older customers, leading to a discovery of unauthorized events. | **PG (L,A)**+MYSD10-003+ |

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| 22:00 | **Mystery Diners: Backdoor Bootlegging (R)** Charles and his team uncover a large-scale bootlegging operation at "Weiland Brewery" in Los Angeles. | **PG (L,A)**+MYSD10-004+ |

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| 22:30 | **Restaurant Impossible: Maple Tree Cafe (R)** Chef Robert Irvine heads to Las Vegas to help 26-year-old Ashley save the Maple Tree Cafe. | **PG** +RIMP04-010+ |

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| 23:30 | **Chopped: Chopped Champions: Battle 1, Best Of The Best (R)** Returning winners, daunting baskets, killer pressure - it must be Chopped Champions! The five-part tournament kicks off with a stellar group of defending champs. | **PG** +CHPD28-001+ |

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| 00:30 | **SA Weekender (R) ’CC’** Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. | **G** +SAWE19-014+ |

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| 01:00 | **Queensland Weekender: Queensland Weekender 2019 Ep: 37 (R) ’CC’** Chris witnesses an incredible nature experience just outside of Bundaberg. Lee has an adrenaline pumping day with a Brisbane Heat star, plus discover vegan and gluten free donuts. | **G** +7QWE19-037+ |

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| 01:30 | **Creek To Coast: Creek To Coast 2019 Ep: 15 (R) ’CC’** Scotty is caravanning from Townville to Port Douglas, along the way meeting great people, discovering amazing food and exploring stunning locations. | **G** +7CTC19-015+ |

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| 02:00 | **Home Shopping**  | ++ |

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| 04:00 | **Queensland Weekender: Queensland Weekender 2019 Ep: 37 (R) ’CC’** Chris witnesses an incredible nature experience just outside of Bundaberg. Lee has an adrenaline pumping day with a Brisbane Heat star, plus discover vegan and gluten free donuts. | **G** +7QWE19-037+ |

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| 04:30 | **Creek To Coast: Creek To Coast 2019 Ep: 15 (R) ’CC’** Scotty is caravanning from Townville to Port Douglas, along the way meeting great people, discovering amazing food and exploring stunning locations. | **G** +7CTC19-015+ |

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| 05:00 | **The Great Day Out: Great Day Out, The S3 Ep: 12 (R) ’CC’** In this special episode we explore the real impacts of the Gold Coast Commonwealth Games, one year on. | **G** +GDOT19-012+ |

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| 05:30 | **Home In WA** Now in its 20th year, Home in WA showcases builders, real estate, home services and products for our home in WA. | **G** +HIWA22-021+ |

 **Thursday 05 December 2019**

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| 06:00 | **Pacific Island Food Revolution: Tonga, Pt. 2 (R)** Join us on our Pacific cooking competition presenting some of the most delicious food on the planet. | **PG** +PIFR01-005+ |

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| 07:00 | **The Pioneer Woman: A Tale Of Four Lunches (R)** Ree Drummond's whipping up four legendary lunches, from crowd pleasers to solo pleasures. | **PG** +PIWO13-002+ |

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| 07:30 | **The Kitchen: Full House For The Holidays (R)** Tis the season to have a full house for the holidays and Jeff Mauro is ready with his crowd-pleasing Santa's Sausage and Snow Strata brunch. | **PG** +TKIT15-007+ |

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| 08:30 | **Pacific Island Food Revolution: Fiji, Pr. 2 (R)** Join us on our Pacific cooking competition presenting some of the most delicious food on the planet. | **PG** +PIFR01-006+ |

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| 09:30 | **Easy Chinese: Fusion Super Stars (R)** Ching-He Huang sees how superstar chefs have incorporated their favourite elements of Chinese cuisine into their restaurant's menu. | **PG** +EACH02-009+ |

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| 10:00 | **Guy's Grocery Games: Pizza Masters (R)** It's sur-pie-val of the fittest when four dough throwers compete in a pizza playoff. | **PG** +GUGG15-002+ |

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| 11:00 | **Mystery Diners: Young Blood (R)** Charles and his team investigate when the owner of "Harvey's Steakhouse" in Huntington Beach, California, notices a dip in older customers, leading to a discovery of unauthorized events. | **PG (L,A)**+MYSD10-003+ |

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| 11:30 | **Mystery Diners: Backdoor Bootlegging (R)** Charles and his team uncover a large-scale bootlegging operation at "Weiland Brewery" in Los Angeles. | **PG (L,A)**+MYSD10-004+ |

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| 12:00 | **The Kitchen: Full House For The Holidays (R)** Tis the season to have a full house for the holidays and Jeff Mauro is ready with his crowd-pleasing Santa's Sausage and Snow Strata brunch. | **PG** +TKIT15-007+ |

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| 13:00 | **Chopped: Chopped Champions: Battle 1, Best Of The Best (R)** Returning winners, daunting baskets, killer pressure - it must be Chopped Champions! The five-part tournament kicks off with a stellar group of defending champs. | **PG** +CHPD28-001+ |

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| 14:00 | **Easy Chinese: Fusion Super Stars (R)** Ching-He Huang sees how superstar chefs have incorporated their favourite elements of Chinese cuisine into their restaurant's menu. | **PG** +EACH02-009+ |

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| 14:30 | **Restaurant Impossible: Maple Tree Cafe (R)** Chef Robert Irvine heads to Las Vegas to help 26-year-old Ashley save the Maple Tree Cafe. | **PG** +RIMP04-010+ |

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| 15:30 | **Mystery Diners: Young Blood (R)** Charles and his team investigate when the owner of "Harvey's Steakhouse" in Huntington Beach, California, notices a dip in older customers, leading to a discovery of unauthorized events. | **PG (L,A)**+MYSD10-003+ |

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| 16:00 | **Mystery Diners: Backdoor Bootlegging (R)** Charles and his team uncover a large-scale bootlegging operation at "Weiland Brewery" in Los Angeles. | **PG (L,A)**+MYSD10-004+ |

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| 16:30 | **The Pioneer Woman: FAQ (R)** Ree Drummond hosts a Pioneer Woman Q and A with answers starring a stunning Slow Cooker Mexican Soup and a healthy Killer Kale Salad. | **PG** +PIWO13-003+ |

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| 17:00 | **Easy Chinese: Exploring Chinese-American Classics (R)** Ching-He Huang explores Americans' favorite Chinese food and how it differs from the Chinese cuisine found in China. | **PG** +EACH02-010+ |

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| 17:30 | **The Kitchen: A Festive Family Feast (R)** The Kitchen is decking the halls for a holiday feast and Katie Lee kicks things off with her Sticky Apricot Drumsticks. | **PG** +TKIT15-008+ |

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| 18:30 | **Chopped: Chopped Champions: Battle 2, Fighting Shape (R)** A lively group of returning winners are revved up for more Chopped Champions drama and excitement, but when the first basket features deceptively simple sausage and cabbage, will they choke or shine? | **PG** +CHPD28-002+ |

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| 19:30 | **Ramsay's Kitchen Nightmares USA: Bella Luna (R) ’CC’** Bella Luna's future looks especially grim due to chef Gianfranco's lack of real experience in the kitchen, combined with his mother's refusal to acknowledge the restaurant's flaws. | **M (L)**+KNUS07-009+ |

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| 20:30 | **Ramsay's Kitchen Nightmares USA: Revisted (R) ’CC’** Revisit some of their favorite restaurants including La Galleria 33 in Boston, the Olde Hitching Post, and Prohibition Gastropub. | **M (L)**+KNUS07-010+ |

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| 21:30 | **Ramsay's Kitchen Nightmares: La Riviera (R) ’CC’** Gordon visits La Riveria, a French restaurant staffed by Michelin star chefs. While head chef Loic is hungry for success, he's arrogant, the food's pretentious and the locals aren't biting.  | **MA (L)**+RAKN02-004+ |

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| 22:30 | **Ramsay's Kitchen Nightmares: Clubway 41 (R) ’CC’** Gordon tries to help the struggling Clubway 41 restaurant, which has bizarre dishes on its menu, ranging from tomato and cointreau soup to pork with brie, nectarine and whiskey sauce. | **M (L)**+RAKN02-005+ |

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| 23:30 | **Chopped: Chopped Champions: Battle 2, Fighting Shape (R)** A lively group of returning winners are revved up for more Chopped Champions drama and excitement, but when the first basket features deceptively simple sausage and cabbage, will they choke or shine? | **PG** +CHPD28-002+ |

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| 00:30 | **SA Weekender (R) ’CC’** Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. | **G** +SAWE19-015+ |

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| 01:00 | **Queensland Weekender: Queensland Weekender 2019 Ep: 38 (R) ’CC’** For the past 34 years, the Queensland Tourism Awards have been showcasing the best of the best across the state. Today we reveal this year’s gold award winners. | **G** +7QWE19-038+ |

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| 01:30 | **Creek To Coast: Creek To Coast 2019 Ep: 16 (R) ’CC’** Roger has his pedal to the metal. Olivia is swimming with seals. Sally is on the road and in the kitchen, while Scotty is aboard the Big T in South Australia learning to pole tuna. | **G** +7CTC19-016+ |

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| 02:00 | **The Great Day Out: Great Day Out, The S3 Ep: 13 (R) ’CC’** From perfect Surfers Paradise activities to upcoming music events and the coolest places to eat and drink we have the best of the Gold Coast covered this week. | **G** +GDOT19-013+ |

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| 02:30 | **Home In WA** Now in its 20th year, Home in WA showcases builders, real estate, home services and products for our home in WA. | **G** +HIWA22-022+ |

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| 03:00 | **Sydney Weekender (R) ’CC’** Mike heads to Oberon to do some truffle hunting. Mel checks out the Airlie Beach Music Festival.Fliss checks out a new dining precinct in Gosford. | **G** +7SWE26-024+ |

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| 03:30 | **SA Weekender (R) ’CC’** Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. | **G** +SAWE19-015+ |

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| 04:00 | **Queensland Weekender: Queensland Weekender 2019 Ep: 38 (R) ’CC’** For the past 34 years, the Queensland Tourism Awards have been showcasing the best of the best across the state. Today we reveal this year’s gold award winners. | **G** +7QWE19-038+ |

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| 04:30 | **Creek To Coast: Creek To Coast 2019 Ep: 16 (R) ’CC’** Roger has his pedal to the metal. Olivia is swimming with seals. Sally is on the road and in the kitchen, while Scotty is aboard the Big T in South Australia learning to pole tuna. | **G** +7CTC19-016+ |

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| 05:00 | **The Great Day Out: Great Day Out, The S3 Ep: 13 (R) ’CC’** From perfect Surfers Paradise activities to upcoming music events and the coolest places to eat and drink we have the best of the Gold Coast covered this week. | **G** +GDOT19-013+ |

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| 05:30 | **Home In WA (R)** Now in its 20th year, Home in WA showcases builders, real estate, home services and products for our home in WA. | **G** +HIWA22-022+ |

 **Friday 06 December 2019**

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| 06:00 | **Pacific Island Food Revolution: Fiji, Pr. 2 (R)** Join us on our Pacific cooking competition presenting some of the most delicious food on the planet. | **PG** +PIFR01-006+ |

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| 07:00 | **The Pioneer Woman: FAQ (R)** Ree Drummond hosts a Pioneer Woman Q and A with answers starring a stunning Slow Cooker Mexican Soup and a healthy Killer Kale Salad. | **PG** +PIWO13-003+ |

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| 07:30 | **The Kitchen: A Festive Family Feast (R)** The Kitchen is decking the halls for a holiday feast and Katie Lee kicks things off with her Sticky Apricot Drumsticks. | **PG** +TKIT15-008+ |

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| 08:30 | **Iron Chef America: Symon Vs. Vetri (R)** Chef Marc Vetri of Vetri Italian restaurant takes on Iron Chef Symon. | **PG** +ICAM08-005+ |

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| 09:30 | **Easy Chinese: Exploring Chinese-American Classics (R)** Ching-He Huang explores Americans' favorite Chinese food and how it differs from the Chinese cuisine found in China. | **PG** +EACH02-010+ |

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| 10:00 | **Guy's Grocery Games: One Shop Showdown (R)** Four thrifty chefs are given only one five-minute shop and $60 to buy all the groceries to last them the entire competition. | **PG** +GUGG15-003+ |

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| 11:00 | **Iron Chef America: Symon Vs. Vetri (R)** Chef Marc Vetri of Vetri Italian restaurant takes on Iron Chef Symon. | **PG** +ICAM08-005+ |

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| 12:00 | **The Kitchen: A Festive Family Feast (R)** The Kitchen is decking the halls for a holiday feast and Katie Lee kicks things off with her Sticky Apricot Drumsticks. | **PG** +TKIT15-008+ |

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| 13:00 | **Chopped: Chopped Champions: Battle 2, Fighting Shape (R)** A lively group of returning winners are revved up for more Chopped Champions drama and excitement, but when the first basket features deceptively simple sausage and cabbage, will they choke or shine? | **PG** +CHPD28-002+ |

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| 14:00 | **Easy Chinese: Exploring Chinese-American Classics (R)** Ching-He Huang explores Americans' favorite Chinese food and how it differs from the Chinese cuisine found in China. | **PG** +EACH02-010+ |

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| 14:30 | **Pacific Island Food Revolution: Fiji, Pr. 2 (R)** Join us on our Pacific cooking competition presenting some of the most delicious food on the planet. | **PG** +PIFR01-006+ |

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| 15:30 | **Iron Chef America: Symon Vs. Vetri (R)** Chef Marc Vetri of Vetri Italian restaurant takes on Iron Chef Symon. | **PG** +ICAM08-005+ |

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| 16:30 | **House Of Wellness (R) ’CC’** Entertaining everybody to live a healthier life. Hosted by Luke Darcy, Rachael Finch, Jo Stanley and Luke Hines. | **PG** +HOWL03-040+ |

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| 17:30 | **The Kitchen: Jolly Good Holiday (R)** The Kitchen is bringing good tidings and a great menu for holiday cheer. To start, Geoffrey Zakarian serves Beef Tenderloin with Jeff Mauro's Blue Cheesy Yorkshire Puddings. | **PG** +TKIT15-009+ |

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| 18:30 | **Chopped: Chopped Champions: Battle 3, Chefs In Control (R)** Four returning champs are ready to give it all they've got, and in the appetizer round, they must endure a hard-to-melt candy and a difficult-to-prep veggie. | **PG** +CHPD28-003+ |

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| 19:30 | **Holiday Baking Championship: Stuffing Is The Best Part (R)** The eight remaining bakers begin by making their best holiday whoopie pies that evoke a randomly-assigned theme of turkey, pumpkin, Pilgrims or fall foliage. | **PG** +HOBC02-003+ |

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| 20:30 | **Holiday Baking Championship: Thanksgiving's Just Around The Corner (R)** The seven remaining bakers get creative with Thanksgiving-inspired desserts, and in the first round, their sweets feature canned cranberry sauce. | **PG** +HOBC02-004+ |

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| 21:30 | **Mystery Diners: Extracurricular Activities (R)** A Florida cooking academy is investigated, because the owners are worried that their instructors are going off curriculum. | **PG (L,A)**+MYSD10-005+ |

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| 22:00 | **Mystery Diners: Hamburger Burglar (R)** The owners of "Latin House" in Miami worry that someone, at their off-site warehouse, is giving away the recipes to their award-winning burgers. | **PG (L,A)**+MYSD10-006+ |

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| 22:30 | **Restaurant Impossible: Whistle Stop (R)** Chef Robert Irvine's latest mission introduces him to the Whistle Stop in Hot Springs. | **PG** +RIMP04-011+ |

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| 23:30 | **Chopped: Chopped Champions: Battle 3, Chefs In Control (R)** Four returning champs are ready to give it all they've got, and in the appetizer round, they must endure a hard-to-melt candy and a difficult-to-prep veggie. | **PG** +CHPD28-003+ |

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| 00:30 | **SA Weekender (R) ’CC’** Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. | **G** +SAWE19-016+ |

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| 01:00 | **Queensland Weekender: Queensland Weekender 2019 Ep: 39 (R) ’CC’** Join us for a very special red dirt adventure through Queensland’s agricultural heartland, taking in all the action at the Cunnamulla Fella Festival and St George Dragon Boat Races along the way. | **G** +7QWE19-039+ |

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| 01:30 | **Creek To Coast: Creek To Coast 2019 Ep: 17 (R) ’CC’** Scotty and Olivia tick off South Australia's must catch on this extraordinary fishing trip to Port Lincoln. If you love fishing you are going to love this episode. | **G** +7CTC19-017+ |

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| 02:00 | **The Great Day Out: Great Day Out, The S3 Ep: 14 (R) ’CC’** The Great Day Out is people, places and friendly faces; it is at the very heart of Queensland and special guest celebrities will invite you along on their Great Day Out. | **G** +GDOT19-014+ |

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| 02:30 | **Home In WA** Now in its 20th year, Home in WA showcases builders, real estate, home services and products for our home in WA. | **G** +HIWA22-023+ |

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| 03:00 | **Sydney Weekender (R) ’CC’** Mike makes a splash at the Sydney International Boat Show. Mel heads to the Whitsundays to check out the Daydream Island Resort. Lizzy checks out Tumut.  | **G** +7SWE26-025+ |

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| 03:30 | **SA Weekender (R) ’CC’** Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. | **G** +SAWE19-016+ |

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| 04:00 | **Queensland Weekender: Queensland Weekender 2019 Ep: 39 (R) ’CC’** Join us for a very special red dirt adventure through Queensland’s agricultural heartland, taking in all the action at the Cunnamulla Fella Festival and St George Dragon Boat Races along the way. | **G** +7QWE19-039+ |

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| 04:30 | **Creek To Coast: Creek To Coast 2019 Ep: 17 (R) ’CC’** Scotty and Olivia tick off South Australia's must catch on this extraordinary fishing trip to Port Lincoln. If you love fishing you are going to love this episode. | **G** +7CTC19-017+ |

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| 05:00 | **The Great Day Out: Great Day Out, The S3 Ep: 14 (R) ’CC’** The Great Day Out is people, places and friendly faces; it is at the very heart of Queensland and special guest celebrities will invite you along on their Great Day Out. | **G** +GDOT19-014+ |

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| 05:30 | **Home In WA (R)** Now in its 20th year, Home in WA showcases builders, real estate, home services and products for our home in WA. | **G** +HIWA22-023+ |

 **Saturday 07 December 2019**

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| 06:00 | **Carnival Cravings With Anthony Anderson: Ooey-Gooey Golden State (R)** Anthony Anderson is in Sacramento, for the county fair, where he finds cowboys aplenty and enough carnival treats to feed the whole Golden State. | **PG** +CRAV01-002+ |

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| 06:30 | **Better Homes And Gardens (R) ’CC’** Joh, Tara, Adam, Graham and Jason join up to bring Christmas cheer to a bnunch of kids who all attend children's grief counselling. Dr Harry visits Australian Working Dog Rescue.  | **G** +BHAG25-044+ |

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| 08:00 | **The Great Food Truck Race: Battle For The South: Sweet Home Alabama (R)** The remaining five trucks arrive in Tuscaloosa to find Tyler Florence and pastry chef Jan Moon waiting for them with a challenge: to crack the most pecans in just 15 minutes. | **PG** +GFTR08-003+ |

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| 09:00 | **Taco Trip: Atlanta (R)** A trip to Atlanta includes a restaurant that offers a fusion of Mexican and Southern cooking. | **PG** +TACO02-006+ |

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| 09:30 | **Carnival Cravings With Anthony Anderson: Ooey-Gooey Golden State (R)** Anthony Anderson is in Sacramento, for the county fair, where he finds cowboys aplenty and enough carnival treats to feed the whole Golden State. | **PG** +CRAV01-002+ |

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| 10:00 | **Holiday Baking Championship: Stuffing Is The Best Part (R)** The eight remaining bakers begin by making their best holiday whoopie pies that evoke a randomly-assigned theme of turkey, pumpkin, Pilgrims or fall foliage. | **PG** +HOBC02-003+ |

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| 11:00 | **Holiday Baking Championship: Thanksgiving's Just Around The Corner (R)** The seven remaining bakers get creative with Thanksgiving-inspired desserts, and in the first round, their sweets feature canned cranberry sauce. | **PG** +HOBC02-004+ |

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| 12:00 | **Taco Trip: Atlanta (R)** A trip to Atlanta includes a restaurant that offers a fusion of Mexican and Southern cooking. | **PG** +TACO02-006+ |

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| 12:30 | **Chopped: Chopped Champions: Battle 3, Chefs In Control (R)** Four returning champs are ready to give it all they've got, and in the appetizer round, they must endure a hard-to-melt candy and a difficult-to-prep veggie. | **PG** +CHPD28-003+ |

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| 13:30 | **The Great Food Truck Race: Battle For The South: Sweet Home Alabama (R)** The remaining five trucks arrive in Tuscaloosa to find Tyler Florence and pastry chef Jan Moon waiting for them with a challenge: to crack the most pecans in just 15 minutes. | **PG** +GFTR08-003+ |

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| 14:30 | **Carnival Cravings With Anthony Anderson: Ooey-Gooey Golden State (R)** Anthony Anderson is in Sacramento, for the county fair, where he finds cowboys aplenty and enough carnival treats to feed the whole Golden State. | **PG** +CRAV01-002+ |

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| 15:00 | **Taco Trip: Atlanta (R)** A trip to Atlanta includes a restaurant that offers a fusion of Mexican and Southern cooking. | **PG** +TACO02-006+ |

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| 15:30 | **Beach Eats USA: Boardwalk Bites (R)** America's boardwalks are calling out to Curtis Stone and he heads to Venice Beach. Virginia Beach, and Key West to find the most delicious boardwalk bites. | **PG** +BEEA01-002+ |

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| 16:00 | **Mystery Diners: Extracurricular Activities (R)** A Florida cooking academy is investigated, because the owners are worried that their instructors are going off curriculum. | **PG (L,A)**+MYSD10-005+ |

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| 16:30 | **Mystery Diners: Hamburger Burglar (R)** The owners of "Latin House" in Miami worry that someone, at their off-site warehouse, is giving away the recipes to their award-winning burgers. | **PG (L,A)**+MYSD10-006+ |

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| 17:00 | **Holiday Baking Championship: Stuffing Is The Best Part (R)** The eight remaining bakers begin by making their best holiday whoopie pies that evoke a randomly-assigned theme of turkey, pumpkin, Pilgrims or fall foliage. | **PG** +HOBC02-003+ |

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| 18:00 | **Holiday Baking Championship: Thanksgiving's Just Around The Corner (R)** The seven remaining bakers get creative with Thanksgiving-inspired desserts, and in the first round, their sweets feature canned cranberry sauce. | **PG** +HOBC02-004+ |

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| 19:00 | **Christmas Special: Christmas Cookie Challenge (2015)** In this Christmas Cookie Challenge hosted by Jonathan Bennett, five confident and daring bakers compete to prove their holiday cookie-making skills. | **PG** +FONS01-001+ |

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| 20:00 | **Cake Wars Christmas Special: Santa's Makeover (R) (2016)** Cake Wars kicks off the first of six Christmas-themed battles, as seven teams composed of a cake artist, sugar sculptor and master food carver take to the kitchen. | **PG** +CAKS01-001+ |

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| 21:00 | **Cake Wars Christmas Special: How The Grinch Stole Christmas (R) (2016)** The six remaining teams made up of a cake artist, sugar sculptor and master food carver return to battle to celebrate the 50th anniversary of How the Grinch Stole Christmas. | **PG** +CAKS01-002+ |

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| 22:00 | **Ramsay's Kitchen Nightmares: Oscar's (R) ’CC’** Gordon visits Oscar's, which on the surface looks ideal but is run by a mother in son who constantly bicker, and are losing thousands of pounds each week.  | **MA (L)**+RAKN02-006+ |

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| 23:00 | **Beach Eats USA: Boardwalk Bites (R)** America's boardwalks are calling out to Curtis Stone and he heads to Venice Beach. Virginia Beach, and Key West to find the most delicious boardwalk bites. | **PG** +BEEA01-002+ |

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| 23:30 | **Christmas Special: Christmas Cookie Challenge (2015)** In this Christmas Cookie Challenge hosted by Jonathan Bennett, five confident and daring bakers compete to prove their holiday cookie-making skills. | **PG** +FONS01-001+ |

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| 00:30 | **SA Weekender (R) ’CC’** Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. | **G** +SAWE19-017+ |

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| 01:00 | **Queensland Weekender: Queensland Weekender 2019 Ep: 40 (R) ’CC’** The red dirt adventure through Queensland’s agricultural heartland continues as we explore Thallon, Bollon, Wallam Creek and meet a local Nindigully artist. | **G** +7QWE19-040+ |

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| 01:30 | **Creek To Coast: Creek To Coast 2019 Ep: 18 (R) ’CC’** Olivia continues her South Australian odyssey. Andrew whips up whiting on a Weber. Liz is mucking about on the water, while Scotty surprises the winner of the BCF Facebook competition. | **G** +7CTC19-018+ |

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| 02:00 | **The Great Day Out: Great Day Out, The S3 Ep: 15 (R) ’CC’** Today the team is tasting their way around Queensland. | **G** +GDOT19-015+ |

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| 02:30 | **Home In WA (R)** Now in its 20th year, Home in WA showcases builders, real estate, home services and products for our home in WA. | **G** +HIWA22-001+ |

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| 03:00 | **Sydney Weekender (R) ’CC’** Mike hits the road for the Southern Highlands. Karen checks out Muriel's Wedding -The Musical. Erica finds an art lovers quintessential getaway in Canberra. | **G** +7SWE26-026+ |

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| 03:30 | **SA Weekender (R) ’CC’** Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. | **G** +SAWE19-017+ |

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| 04:00 | **Queensland Weekender: Queensland Weekender 2019 Ep: 40 (R) ’CC’** The red dirt adventure through Queensland’s agricultural heartland continues as we explore Thallon, Bollon, Wallam Creek and meet a local Nindigully artist. | **G** +7QWE19-040+ |

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| 04:30 | **Creek To Coast: Creek To Coast 2019 Ep: 18 (R) ’CC’** Olivia continues her South Australian odyssey. Andrew whips up whiting on a Weber. Liz is mucking about on the water, while Scotty surprises the winner of the BCF Facebook competition. | **G** +7CTC19-018+ |

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| 05:00 | **The Great Day Out: Great Day Out, The S3 Ep: 15 (R) ’CC’** Today the team is tasting their way around Queensland. | **G** +GDOT19-015+ |

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| 05:30 | **Home In WA (R)** Now in its 20th year, Home in WA showcases builders, real estate, home services and products for our home in WA. | **G** +HIWA22-001+ |