**Sunday 08 December 2019**

|  |  |  |
| --- | --- | --- |
| 06:00 | **Diners, Drive-Ins And Dives: Breakfast, Brisket And Belly (R)**  Guy Fieri is traveling the country on this trip, diggin' into all kinds of dishes. In Los Angeles, a late-night spot all about breakfast with a twist, like drunken French toast. | **PG**  +DDID27-010+ |

|  |  |  |
| --- | --- | --- |
| 06:30 | **The Great Food Truck Race: Battle For The South: Sweet Home Alabama (R)**  The remaining five trucks arrive in Tuscaloosa to find Tyler Florence and pastry chef Jan Moon waiting for them with a challenge: to crack the most pecans in just 15 minutes. | **PG**  +GFTR08-003+ |

|  |  |  |
| --- | --- | --- |
| 07:30 | **Guy's Big Bite: Guy's Primo Pic-A-Nic (R)**  Give your next tailgate a fresh spin with Guy Fieri's Turkey Pic-a-nic Sandwiches, featuring juicy roasted turkey, a sweet-savory cranberry onion jam and two kinds of cheese on pretzel buns. | **PG**  +GUBB19-009+ |

|  |  |  |
| --- | --- | --- |
| 08:00 | **Taco Trip: Portland, Maine (R)**  Maine is America's biggest lobster producer, so Chef Aaron shows up hungry to try fresh lobster tacos in Portland. | **PG**  +TACO02-007+ |

|  |  |  |
| --- | --- | --- |
| 08:30 | **Iron Chef America: Morimoto vs. Bogle (R)**  Iron Chef Masaharu Morimoto faces off against New York chef Justin Bogle. | **PG**  +ICAM10-017+ |

|  |  |  |
| --- | --- | --- |
| 09:30 | **Iron Chef America: Forgione vs. Curtin (R)**  Iron Chef Marc Forgione battles young New York-based chef Nick Curtin in Kitchen Stadium. | **PG**  +ICAM10-018+ |

|  |  |  |
| --- | --- | --- |
| 10:30 | **Diners, Drive-Ins And Dives: Breakfast, Brisket And Belly (R)**  Guy Fieri is traveling the country on this trip, diggin' into all kinds of dishes. In Los Angeles, a late-night spot all about breakfast with a twist, like drunken French toast. | **PG**  +DDID27-010+ |

|  |  |  |
| --- | --- | --- |
| 11:00 | **Guy's Grocery Games: Grocery Rush (R)**  On a GGG first, Guy Fieri gives the chefs three turbo-charged games with only 15 to 20 minutes to shop, cook and plate. | **PG**  +GUGG16-001+ |

|  |  |  |
| --- | --- | --- |
| 12:00 | **Guy's Big Bite: Guy's Primo Pic-A-Nic (R)**  Give your next tailgate a fresh spin with Guy Fieri's Turkey Pic-a-nic Sandwiches, featuring juicy roasted turkey, a sweet-savory cranberry onion jam and two kinds of cheese on pretzel buns. | **PG**  +GUBB19-009+ |

|  |  |  |
| --- | --- | --- |
| 12:30 | **Taco Trip: Portland, Maine (R)**  Maine is America's biggest lobster producer, so Chef Aaron shows up hungry to try fresh lobster tacos in Portland. | **PG**  +TACO02-007+ |

|  |  |  |
| --- | --- | --- |
| 13:00 | **Pacific Island Food Revolution: Vanuatu, Pt. 2**  Join us on our Pacific cooking competition presenting some of the most delicious food on the planet. | **PG**  +PIFR01-007+ |

|  |  |  |
| --- | --- | --- |
| 14:00 | **Pacific Island Food Revolution: Samoa, Pt. 2**  Join us on our Pacific cooking competition presenting some of the most delicious food on the planet. | **PG**  +PIFR01-008+ |

|  |  |  |
| --- | --- | --- |
| 15:00 | **Guy's Big Bite: Guy's Primo Pic-A-Nic (R)**  Give your next tailgate a fresh spin with Guy Fieri's Turkey Pic-a-nic Sandwiches, featuring juicy roasted turkey, a sweet-savory cranberry onion jam and two kinds of cheese on pretzel buns. | **PG**  +GUBB19-009+ |

|  |  |  |
| --- | --- | --- |
| 15:30 | **Taco Trip: Portland, Maine (R)**  Maine is America's biggest lobster producer, so Chef Aaron shows up hungry to try fresh lobster tacos in Portland. | **PG**  +TACO02-007+ |

|  |  |  |
| --- | --- | --- |
| 16:00 | **Iron Chef America: Morimoto vs. Bogle (R)**  Iron Chef Masaharu Morimoto faces off against New York chef Justin Bogle. | **PG**  +ICAM10-017+ |

|  |  |  |
| --- | --- | --- |
| 17:00 | **Iron Chef America: Forgione vs. Curtin (R)**  Iron Chef Marc Forgione battles young New York-based chef Nick Curtin in Kitchen Stadium. | **PG**  +ICAM10-018+ |

|  |  |  |
| --- | --- | --- |
| 18:00 | **Kid's Baking Championship: Breakfast Desserts (R)**  Seven kid bakers become royal subjects to either Valerie "Queen of Pancakes" Bertinelli or Duff "King of Waffles" Goldman and must please their ruler by creating layer cakes. | **PG**  +KBAC03-006+ |

|  |  |  |
| --- | --- | --- |
| 19:00 | **Holiday Baking Championship: Ginger And Spice And Everything Nice (R)**  Eight bakers enter the kitchen to show off their traditions and baking skills on Holiday Baking Championship. | **PG**  +HOBC02-005+ |

|  |  |  |
| --- | --- | --- |
| 20:00 | **Holiday Baking Championship: World Classics (R)**  Eight bakers enter the kitchen to show off their traditions and baking skills on Holiday Baking Championship. | **PG**  +HOBC02-006+ |

|  |  |  |
| --- | --- | --- |
| 21:00 | **Special: All-Star Holiday (2015)**  We're cooking up some of our favorite holiday recipes from the kitchens of our Food Network family, including Giada De Laurentiis, Ree Drummond, Guy Fieri, Bobby Flay. Nancy Fuller, and Ina Garten. | **PG**  +FONS01-005+ |

|  |  |  |
| --- | --- | --- |
| 22:00 | **Ridiculous Cakes: Don't Mess With Texas (R)**  A cake artist crafts an impressive pinball machine cake that can actually be played. | **PG**  +RICA02-006+ |

|  |  |  |
| --- | --- | --- |
| 22:30 | **Cake Wars: Jelly Belly (R)**  It's the most colorful and flavor-filled Cake Wars battle ever, as four incredible bakers battle it out to have their cake creation as the centrepiece of a party celebrating Jelly Belly! | **PG**  +CAKW03-011+ |

|  |  |  |
| --- | --- | --- |
| 23:30 | **Kid's Baking Championship: Breakfast Desserts (R)**  Seven kid bakers become royal subjects to either Valerie "Queen of Pancakes" Bertinelli or Duff "King of Waffles" Goldman and must please their ruler by creating layer cakes. | **PG**  +KBAC03-006+ |

|  |  |  |
| --- | --- | --- |
| 00:30 | **SA Weekender (R) ’CC’**  Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. | **G**  +SAWE19-018+ |

|  |  |  |
| --- | --- | --- |
| 01:00 | **Queensland Weekender: 2019 Ep: 1 (R) ’CC’**  Kip knows the perfect spot to quench your thirst this summer, Chris beats the heat with a sunrise paddle while author Chris Adams shares some of the state's buried history. | **G**  +7QWE19-001+ |

|  |  |  |
| --- | --- | --- |
| 01:30 | **Creek To Coast (R) ’CC’**  It is a special episode of Creek to Coast, Roothy's beloved Milo is on her last hurrah before she retires to the easy days in South Australia's National Motor Museum. | **G**  +7CTC19-019+ |

|  |  |  |
| --- | --- | --- |
| 02:00 | **The Great Day Out: Great Day Out, The S3 Ep: 16 (R) ’CC’**  Luke discovers what's shaking at the Cooly Rocks On Nostalgia Festival. Nova funny man Luttsy shares his Great Day Out, while Tamsyn is on a pet friendly weekend away. | **G**  +GDOT19-016+ |

|  |  |  |
| --- | --- | --- |
| 02:30 | **Home In WA (R)**  Now in its 20th year, Home in WA showcases builders, real estate, home services and products for our home in WA. | **G**  +HIWA22-002+ |

|  |  |  |
| --- | --- | --- |
| 03:00 | **Sydney Weekender (R) ’CC’**  Mike explores the northern beaches in a luxury car, boat and accommodation. Matt visits Luna Park. Lizzy takes in a view of Antarctica from the air. Lizzy checks out Annandale. | **G**  +7SWE26-027+ |

|  |  |  |
| --- | --- | --- |
| 03:30 | **SA Weekender (R) ’CC’**  Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. | **G**  +SAWE19-018+ |

|  |  |  |
| --- | --- | --- |
| 04:00 | **Queensland Weekender: 2019 Ep: 1 (R) ’CC’**  Kip knows the perfect spot to quench your thirst this summer, Chris beats the heat with a sunrise paddle while author Chris Adams shares some of the state's buried history. | **G**  +7QWE19-001+ |

|  |  |  |
| --- | --- | --- |
| 04:30 | **Creek To Coast (R) ’CC’**  It is a special episode of Creek to Coast, Roothy's beloved Milo is on her last hurrah before she retires to the easy days in South Australia's National Motor Museum. | **G**  +7CTC19-019+ |

|  |  |  |
| --- | --- | --- |
| 05:00 | **The Great Day Out: Great Day Out, The S3 Ep: 16 (R) ’CC’**  Luke discovers what's shaking at the Cooly Rocks On Nostalgia Festival. Nova funny man Luttsy shares his Great Day Out, while Tamsyn is on a pet friendly weekend away. | **G**  +GDOT19-016+ |

|  |  |  |
| --- | --- | --- |
| 05:30 | **Home In WA (R)**  Now in its 20th year, Home in WA showcases builders, real estate, home services and products for our home in WA. | **G**  +HIWA22-002+ |

**Monday 09 December 2019**

|  |  |  |
| --- | --- | --- |
| 06:00 | **Special: All-Star Holiday (2015)**  We're cooking up some of our favorite holiday recipes from the kitchens of our Food Network family, including Giada De Laurentiis, Ree Drummond, Guy Fieri, Bobby Flay. Nancy Fuller, and Ina Garten. | **PG**  +FONS01-005+ |

|  |  |  |
| --- | --- | --- |
| 07:00 | **Ridiculous Cakes: Don't Mess With Texas (R)**  A cake artist crafts an impressive pinball machine cake that can actually be played. | **PG**  +RICA02-006+ |

|  |  |  |
| --- | --- | --- |
| 07:30 | **Holiday Baking Championship: Ginger And Spice And Everything Nice (R)**  Eight bakers enter the kitchen to show off their traditions and baking skills on Holiday Baking Championship. | **PG**  +HOBC02-005+ |

|  |  |  |
| --- | --- | --- |
| 08:30 | **Holiday Baking Championship: World Classics (R)**  Eight bakers enter the kitchen to show off their traditions and baking skills on Holiday Baking Championship. | **PG**  +HOBC02-006+ |

|  |  |  |
| --- | --- | --- |
| 09:30 | **Ridiculous Cakes: Don't Mess With Texas (R)**  A cake artist crafts an impressive pinball machine cake that can actually be played. | **PG**  +RICA02-006+ |

|  |  |  |
| --- | --- | --- |
| 10:00 | **Pacific Island Food Revolution: Vanuatu, Pt. 2 (R)**  Join us on our Pacific cooking competition presenting some of the most delicious food on the planet. | **PG**  +PIFR01-007+ |

|  |  |  |
| --- | --- | --- |
| 11:00 | **Pacific Island Food Revolution: Samoa, Pt. 2 (R)**  Join us on our Pacific cooking competition presenting some of the most delicious food on the planet. | **PG**  +PIFR01-008+ |

|  |  |  |
| --- | --- | --- |
| 12:00 | **Cake Wars: Jelly Belly (R)**  It's the most colorful and flavor-filled Cake Wars battle ever, as four incredible bakers battle it out to have their cake creation as the centrepiece of a party celebrating Jelly Belly! | **PG**  +CAKW03-011+ |

|  |  |  |
| --- | --- | --- |
| 13:00 | **Special: All-Star Holiday (2015)**  We're cooking up some of our favorite holiday recipes from the kitchens of our Food Network family, including Giada De Laurentiis, Ree Drummond, Guy Fieri, Bobby Flay. Nancy Fuller, and Ina Garten. | **PG**  +FONS01-005+ |

|  |  |  |
| --- | --- | --- |
| 14:00 | **Holiday Baking Championship: Ginger And Spice And Everything Nice (R)**  Eight bakers enter the kitchen to show off their traditions and baking skills on Holiday Baking Championship. | **PG**  +HOBC02-005+ |

|  |  |  |
| --- | --- | --- |
| 15:00 | **Holiday Baking Championship: World Classics (R)**  Eight bakers enter the kitchen to show off their traditions and baking skills on Holiday Baking Championship. | **PG**  +HOBC02-006+ |

|  |  |  |
| --- | --- | --- |
| 16:00 | **Kid's Baking Championship: Breakfast Desserts (R)**  Seven kid bakers become royal subjects to either Valerie "Queen of Pancakes" Bertinelli or Duff "King of Waffles" Goldman and must please their ruler by creating layer cakes. | **PG**  +KBAC03-006+ |

|  |  |  |
| --- | --- | --- |
| 17:00 | **Easy Chinese: Sweet Chinese (R)**  Ching-He Huang sets out to show the unseen side of Chinese cuisine - the delicious sweets. | **PG**  +EACH02-011+ |

|  |  |  |
| --- | --- | --- |
| 17:30 | **The Kitchen: Brunch Resolutions (R)**  The Kitchen kicks off the New Year with resolutions for brunch. Geoffrey Zakarian starts off with one of Spain's most popular dishes, a Brunch Tortilla. | **PG**  +TKIT15-010+ |

|  |  |  |
| --- | --- | --- |
| 18:30 | **Chopped: Chopped Champions: Battle 4, Kitchen Storm (R)**  Geared up for killer cooking and serious drama, a husband and wife are among the returning champs for the fourth round of Chopped Champions. | **PG**  +CHPD28-004+ |

|  |  |  |
| --- | --- | --- |
| 19:30 | **Christmas Special: Santa's New Ride (2016)**  Food artists continue to battle, and they must show the imaginative toys that Santa's elves come up with when left unsupervised. | **PG**  +CAKS01-003+ |

|  |  |  |
| --- | --- | --- |
| 20:30 | **Mystery Diners: Unhappy Hour (R)**  The owner of a Miami Beach hotel asks Charles and the team to investigate whether his staff are sneaking their friends into a free happy hour he offers to guests. | **PG (L,A)**  +MYSD10-007+ |

|  |  |  |
| --- | --- | --- |
| 21:00 | **Mystery Diners: Missing Links (R)**  The manager of a golf course in Hollywood, Florida, asks the team to investigate complaints about non-members playing for free. However, a bigger problem is discovered in the club's dining room. | **PG (L,A)**  +MYSD10-008+ |

|  |  |  |
| --- | --- | --- |
| 21:30 | **Hell's Kitchen USA NEW EPISODE**  Aspiring chefs arrive at Hell's Kitchen with the hope and excitement of becoming the next winner of Hell's Kitchen. | **M (L)**  +HEKI11-001+ |

|  |  |  |
| --- | --- | --- |
| 22:30 | **Hell's Kitchen USA NEW EPISODE**  Aspiring chefs arrive at Hell's Kitchen with the hope and excitement of becoming the next winner of Hell's Kitchen. | **MA (L)**  +HEKI11-002+ |

|  |  |  |
| --- | --- | --- |
| 23:30 | **Hell's Kitchen USA NEW EPISODE**  Aspiring chefs arrive at Hell's Kitchen with the hope and excitement of becoming the next winner of Hell's Kitchen. | **MA (L)**  +HEKI11-003+ |

|  |  |  |
| --- | --- | --- |
| 00:30 | **SA Weekender (R) ’CC’**  Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. | **G**  +SAWE19-019+ |

|  |  |  |
| --- | --- | --- |
| 01:00 | **Queensland Weekender: Queensland Weekender 2019 Ep: 2 (R) ’CC’**  Victoria takes a road trip through the Atherton Tablelands, where she stumbles on the enchanting town of Yungaburra. | **G**  +7QWE19-002+ |

|  |  |  |
| --- | --- | --- |
| 01:30 | **Creek To Coast: Creek To Coast 2019 Ep: 20 (R) ’CC’**  Roger is off road with a newly recruited four wheel drive adventurer. Scotty is taking a few Creek Catch members fishing, while Olivia is riding in a rust bucket, all for a good cause. | **G**  +7CTC19-020+ |

|  |  |  |
| --- | --- | --- |
| 02:00 | **The Great Day Out: Great Day Out, The S3 Ep: 17 (R) ’CC’**  Jess uncovers the Tweed Valley's hidden gems. Karni has found a wheelchair accessible BBQ boat. Jillian gets the adrenaline rushing at Willowbank and Tamsyn discovers what is new at The Big Pineapple. | **G**  +GDOT19-017+ |

|  |  |  |
| --- | --- | --- |
| 02:30 | **Home In WA (R)**  Now in its 20th year, Home in WA showcases builders, real estate, home services and products for our home in WA. | **G**  +HIWA22-003+ |

|  |  |  |
| --- | --- | --- |
| 03:00 | **Sydney Weekender (R) ’CC’**  Mike takes part in a French cooking class in Bungendore. Mel hits up Hervey Bay. Lizzy checks out NSW Transport at Castle Hill. Erica sets sail aboard the Majestic Princess. | **G**  +7SWE26-028+ |

|  |  |  |
| --- | --- | --- |
| 03:30 | **SA Weekender (R) ’CC’**  Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. | **G**  +SAWE19-019+ |

|  |  |  |
| --- | --- | --- |
| 04:00 | **Queensland Weekender: Queensland Weekender 2019 Ep: 2 (R) ’CC’**  Victoria takes a road trip through the Atherton Tablelands, where she stumbles on the enchanting town of Yungaburra. | **G**  +7QWE19-002+ |

|  |  |  |
| --- | --- | --- |
| 04:30 | **Creek To Coast: Creek To Coast 2019 Ep: 20 (R) ’CC’**  Roger is off road with a newly recruited four wheel drive adventurer. Scotty is taking a few Creek Catch members fishing, while Olivia is riding in a rust bucket, all for a good cause. | **G**  +7CTC19-020+ |

|  |  |  |
| --- | --- | --- |
| 05:00 | **The Great Day Out: Great Day Out, The S3 Ep: 17 (R) ’CC’**  Jess uncovers the Tweed Valley's hidden gems. Karni has found a wheelchair accessible BBQ boat. Jillian gets the adrenaline rushing at Willowbank and Tamsyn discovers what is new at The Big Pineapple. | **G**  +GDOT19-017+ |

|  |  |  |
| --- | --- | --- |
| 05:30 | **Home In WA (R)**  Now in its 20th year, Home in WA showcases builders, real estate, home services and products for our home in WA. | **G**  +HIWA22-003+ |

**Tuesday 10 December 2019**

|  |  |  |
| --- | --- | --- |
| 06:00 | **Better Homes And Gardens Summer: Summer Series (R) ’CC’**  Bring the summer season inside with our indoor and outdoor summer decorating ideas to help you take advantage of all of that summertime sunshine. | **G**  +BHGS16-003+ |

|  |  |  |
| --- | --- | --- |
| 07:30 | **The Kitchen: Brunch Resolutions (R)**  The Kitchen kicks off the New Year with resolutions for brunch. Geoffrey Zakarian starts off with one of Spain's most popular dishes, a Brunch Tortilla. | **PG**  +TKIT15-010+ |

|  |  |  |
| --- | --- | --- |
| 08:30 | **Christmas Special: Santa's New Ride (2016)**  Food artists continue to battle, and they must show the imaginative toys that Santa's elves come up with when left unsupervised. | **PG**  +CAKS01-003+ |

|  |  |  |
| --- | --- | --- |
| 09:30 | **Easy Chinese: Sweet Chinese (R)**  Ching-He Huang sets out to show the unseen side of Chinese cuisine - the delicious sweets. | **PG**  +EACH02-011+ |

|  |  |  |
| --- | --- | --- |
| 10:00 | **Mystery Diners: Unhappy Hour (R)**  The owner of a Miami Beach hotel asks Charles and the team to investigate whether his staff are sneaking their friends into a free happy hour he offers to guests. | **PG (L,A)**  +MYSD10-007+ |

|  |  |  |
| --- | --- | --- |
| 10:30 | **Mystery Diners: Missing Links (R)**  The manager of a golf course in Hollywood, Florida, asks the team to investigate complaints about non-members playing for free. However, a bigger problem is discovered in the club's dining room. | **PG (L,A)**  +MYSD10-008+ |

|  |  |  |
| --- | --- | --- |
| 11:00 | **Pacific Island Food Revolution: Vanuatu, Pt. 2 (R)**  Join us on our Pacific cooking competition presenting some of the most delicious food on the planet. | **PG**  +PIFR01-007+ |

|  |  |  |
| --- | --- | --- |
| 12:00 | **The Kitchen: Brunch Resolutions (R)**  The Kitchen kicks off the New Year with resolutions for brunch. Geoffrey Zakarian starts off with one of Spain's most popular dishes, a Brunch Tortilla. | **PG**  +TKIT15-010+ |

|  |  |  |
| --- | --- | --- |
| 13:00 | **Chopped: Chopped Champions: Battle 4, Kitchen Storm (R)**  Geared up for killer cooking and serious drama, a husband and wife are among the returning champs for the fourth round of Chopped Champions. | **PG**  +CHPD28-004+ |

|  |  |  |
| --- | --- | --- |
| 14:00 | **Easy Chinese: Sweet Chinese (R)**  Ching-He Huang sets out to show the unseen side of Chinese cuisine - the delicious sweets. | **PG**  +EACH02-011+ |

|  |  |  |
| --- | --- | --- |
| 14:30 | **Christmas Special: Santa's New Ride (2016)**  Food artists continue to battle, and they must show the imaginative toys that Santa's elves come up with when left unsupervised. | **PG**  +CAKS01-003+ |

|  |  |  |
| --- | --- | --- |
| 15:30 | **Mystery Diners: Unhappy Hour (R)**  The owner of a Miami Beach hotel asks Charles and the team to investigate whether his staff are sneaking their friends into a free happy hour he offers to guests. | **PG (L,A)**  +MYSD10-007+ |

|  |  |  |
| --- | --- | --- |
| 16:00 | **Mystery Diners: Missing Links (R)**  The manager of a golf course in Hollywood, Florida, asks the team to investigate complaints about non-members playing for free. However, a bigger problem is discovered in the club's dining room. | **PG (L,A)**  +MYSD10-008+ |

|  |  |  |
| --- | --- | --- |
| 16:30 | **The Pioneer Woman: Tequila (R)**  It's tequila all the way as Ree Drummond tests making a whole meal with a bottle of tequila. | **PG**  +PIWO13-005+ |

|  |  |  |
| --- | --- | --- |
| 17:00 | **Easy Chinese: Veggie-Love (R)**  Ching-He Huang has a goal - to make the vegetables the star of the plate. She takes a tour of restaurants with some unique vegetarian dishes. | **PG**  +EACH02-012+ |

|  |  |  |
| --- | --- | --- |
| 17:30 | **The Kitchen: Hearty And Healthy (R)**  The Kitchen is making flavorful and veggie-packed recipes. Jeff Mauro shares his Chicken Pot Pie with Butternut Squash Gravy and Katie Lee adds her Chicken Alfredo Spaghetti Squash Boats to the menu. | **PG**  +TKIT15-011+ |

|  |  |  |
| --- | --- | --- |
| 18:30 | **Chopped: Chopped Champions: Battle 5, $50,000 Pay Day (R)**  It's the $50,000 grand finale and one of the returning champs is destined to win the grand prize and considerable bragging rights! | **PG**  +CHPD28-005+ |

|  |  |  |
| --- | --- | --- |
| 19:30 | **Christmas Special: The Nutcracker (2016)**  Teams will be challenged to show how Santa's elves get in shape. Then, the teams must give the Nutcracker a modern twist. | **PG**  +CAKS01-004+ |

|  |  |  |
| --- | --- | --- |
| 20:30 | **Restaurant Impossible: Valley Inn (R)**  Chef Robert Irvine is in Palos Hills, to help save the Valley Inn restaurant. | **PG**  +RIMP04-012+ |

|  |  |  |
| --- | --- | --- |
| 21:30 | **Restaurant Impossible: Oleander Bar And Grill (R)**  Chef Robert Irvine heads to Olean, to meet Kelli and her daughter, Abby, owners of the Oleander Bar and Grill. | **PG**  +RIMP04-013+ |

|  |  |  |
| --- | --- | --- |
| 22:30 | **Mystery Diners: History Mystery (R)**  The owner of "Old Vinings Inn", a historical restaurant in Atlanta, asks Charles and the team to investigate whether Civil War tours are taking place, without his permission. | **PG (L,A)**  +MYSD10-009+ |

|  |  |  |
| --- | --- | --- |
| 23:00 | **Mystery Diners: Red Ink (R)**  A drop in food and tattoo sales at the "Anchor Bar and Tattoo" in Atlanta is investigated by Charles and the team. | **PG (L,A)**  +MYSD10-010+ |

|  |  |  |
| --- | --- | --- |
| 23:30 | **The Nutcracker: The Nutcracker (2016)**  Teams will be challenged to show how Santa's elves get in shape. Then, the teams must give the Nutcracker a modern twist. | **PG**  +CAKS01-004+ |

|  |  |  |
| --- | --- | --- |
| 00:30 | **SA Weekender (R) ’CC’**  Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. | **G**  +SAWE19-020+ |

|  |  |  |
| --- | --- | --- |
| 01:00 | **Queensland Weekender: Queensland Weekender 2019 Ep: 3 (R) ’CC’**  Luke and Cody are giving you a taste of the ultimate outback adventure, Mel sets sail in the Whitsundays while Lee is soaring over Rainbow Beach. | **G**  +7QWE19-003+ |

|  |  |  |
| --- | --- | --- |
| 01:30 | **Creek To Coast: Creek To Coast 2019 Ep: 21 (R) ’CC’**  Join Roger on a four-wheel drive adventure that he has dreamt of doing his whole life. It is the ultimate Creek to Coast voyage covering two river systems, the Southern Ocean and 2000 kilometres. | **G**  +7CTC19-021+ |

|  |  |  |
| --- | --- | --- |
| 02:00 | **The Great Day Out: Great Day Out, The S3 Ep: 18 (R) ’CC’**  Winter time is Eat Local Week time in the Scenic Rim. So this week is all about food. Jess visits a sixth generation dairy farm, while Alastair gets a taste of a few of the Eat Local Week events. | **G**  +GDOT19-018+ |

|  |  |  |
| --- | --- | --- |
| 02:30 | **Home In WA (R)**  Now in its 20th year, Home in WA showcases builders, real estate, home services and products for our home in WA. | **G**  +HIWA22-004+ |

|  |  |  |
| --- | --- | --- |
| 03:00 | **Sydney Weekender (R) ’CC’**  Mike checks out Lightning Ridge. Lizzy discovers the vibrant shopping of Orange. Erica stops by NRMA Bathurst Panorama Holiday Park to check out this historic town and its growing foodie scene. | **G**  +7SWE26-029+ |

|  |  |  |
| --- | --- | --- |
| 03:30 | **SA Weekender (R) ’CC’**  Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. | **G**  +SAWE19-020+ |

|  |  |  |
| --- | --- | --- |
| 04:00 | **Queensland Weekender: Queensland Weekender 2019 Ep: 3 (R) ’CC’**  Luke and Cody are giving you a taste of the ultimate outback adventure, Mel sets sail in the Whitsundays while Lee is soaring over Rainbow Beach. | **G**  +7QWE19-003+ |

|  |  |  |
| --- | --- | --- |
| 04:30 | **Creek To Coast: Creek To Coast 2019 Ep: 21 (R) ’CC’**  Join Roger on a four-wheel drive adventure that he has dreamt of doing his whole life. It is the ultimate Creek to Coast voyage covering two river systems, the Southern Ocean and 2000 kilometres. | **G**  +7CTC19-021+ |

|  |  |  |
| --- | --- | --- |
| 05:00 | **The Great Day Out: Great Day Out, The S3 Ep: 18 (R) ’CC’**  Winter time is Eat Local Week time in the Scenic Rim. So this week is all about food. Jess visits a sixth generation dairy farm, while Alastair gets a taste of a few of the Eat Local Week events. | **G**  +GDOT19-018+ |

|  |  |  |
| --- | --- | --- |
| 05:30 | **Home In WA (R)**  Now in its 20th year, Home in WA showcases builders, real estate, home services and products for our home in WA. | **G**  +HIWA22-004+ |

**Wednesday 11 December 2019**

|  |  |  |
| --- | --- | --- |
| 06:00 | **Restaurant Impossible: Valley Inn (R)**  Chef Robert Irvine is in Palos Hills, to help save the Valley Inn restaurant. | **PG**  +RIMP04-012+ |

|  |  |  |
| --- | --- | --- |
| 07:00 | **The Pioneer Woman: Tequila (R)**  It's tequila all the way as Ree Drummond tests making a whole meal with a bottle of tequila. | **PG**  +PIWO13-005+ |

|  |  |  |
| --- | --- | --- |
| 07:30 | **The Kitchen: Hearty And Healthy (R)**  The Kitchen is making flavorful and veggie-packed recipes. Jeff Mauro shares his Chicken Pot Pie with Butternut Squash Gravy and Katie Lee adds her Chicken Alfredo Spaghetti Squash Boats to the menu. | **PG**  +TKIT15-011+ |

|  |  |  |
| --- | --- | --- |
| 08:30 | **Christmas Special: The Nutcracker (2016)**  Teams will be challenged to show how Santa's elves get in shape. Then, the teams must give the Nutcracker a modern twist. | **PG**  +CAKS01-004+ |

|  |  |  |
| --- | --- | --- |
| 09:30 | **Easy Chinese: Veggie-Love (R)**  Ching-He Huang has a goal - to make the vegetables the star of the plate. She takes a tour of restaurants with some unique vegetarian dishes. | **PG**  +EACH02-012+ |

|  |  |  |
| --- | --- | --- |
| 10:00 | **Restaurant Impossible: Valley Inn (R)**  Chef Robert Irvine is in Palos Hills, to help save the Valley Inn restaurant. | **PG**  +RIMP04-012+ |

|  |  |  |
| --- | --- | --- |
| 11:00 | **Restaurant Impossible: Oleander Bar And Grill (R)**  Chef Robert Irvine heads to Olean, to meet Kelli and her daughter, Abby, owners of the Oleander Bar and Grill. | **PG**  +RIMP04-013+ |

|  |  |  |
| --- | --- | --- |
| 12:00 | **The Kitchen: Hearty And Healthy (R)**  The Kitchen is making flavorful and veggie-packed recipes. Jeff Mauro shares his Chicken Pot Pie with Butternut Squash Gravy and Katie Lee adds her Chicken Alfredo Spaghetti Squash Boats to the menu. | **PG**  +TKIT15-011+ |

|  |  |  |
| --- | --- | --- |
| 13:00 | **Chopped: Chopped Champions: Battle 5, $50,000 Pay Day (R)**  It's the $50,000 grand finale and one of the returning champs is destined to win the grand prize and considerable bragging rights! | **PG**  +CHPD28-005+ |

|  |  |  |
| --- | --- | --- |
| 14:00 | **Easy Chinese: Veggie-Love (R)**  Ching-He Huang has a goal - to make the vegetables the star of the plate. She takes a tour of restaurants with some unique vegetarian dishes. | **PG**  +EACH02-012+ |

|  |  |  |
| --- | --- | --- |
| 14:30 | **Christmas Special: The Nutcracker (2016)**  Teams will be challenged to show how Santa's elves get in shape. Then, the teams must give the Nutcracker a modern twist. | **PG**  +CAKS01-004+ |

|  |  |  |
| --- | --- | --- |
| 15:30 | **Mystery Diners: History Mystery (R)**  The owner of "Old Vinings Inn", a historical restaurant in Atlanta, asks Charles and the team to investigate whether Civil War tours are taking place, without his permission. | **PG (L,A)**  +MYSD10-009+ |

|  |  |  |
| --- | --- | --- |
| 16:00 | **Mystery Diners: Red Ink (R)**  A drop in food and tattoo sales at the "Anchor Bar and Tattoo" in Atlanta is investigated by Charles and the team. | **PG (L,A)**  +MYSD10-010+ |

|  |  |  |
| --- | --- | --- |
| 16:30 | **The Pioneer Woman: Mom's Day (R)**  It's a fun day of treats for Mom - while Ladd and the kids wash her truck. | **PG**  +PIWO13-006+ |

|  |  |  |
| --- | --- | --- |
| 17:00 | **Easy Chinese: A Day In Chinatown (R)**  Ching-He Huang explores the rich Chinese culture found in Manhattan's Chinatown, including ping pong, tai chi and a dim sum house and classic food carts. | **PG**  +EACH02-013+ |

|  |  |  |
| --- | --- | --- |
| 17:30 | **The Kitchen: Flavors That Whisk You Away (R)**  The gang takes a tropical trip and Katie Lee begins with her Slow Cooker Hawaiian Pulled Pork, then Jeff Mauro serves up a crispy Hash Brown Crusted Halibut. | **PG**  +TKIT15-012+ |

|  |  |  |
| --- | --- | --- |
| 18:30 | **Chopped: Cinco De Mayo Fiesta (R)**  Four cooks are surprised by a Cinco de Mayo theme, and in the first basket, they must grapple with a green pie and a big fish fillet. | **PG**  +CHPD28-006+ |

|  |  |  |
| --- | --- | --- |
| 19:30 | **Restaurant: Impossible: Bring Mama Back (R)**  Chef Robert Irvine has just two days to address trust issues, frozen food in the kitchen and finances that aren't adding up if there's any chance of restoring this restaurant to its former glory. | **PG**  +RIMP07-001+ |

|  |  |  |
| --- | --- | --- |
| 20:30 | **Ramsay's Kitchen Nightmares: The Sandgate (R) ’CC’**  Tonight, Gordon travels to The Sandgate Hotel, run by first-time restauranteurs. The head chef is on the brink of a nervous breakdown, cooking for four restaurants in different styles. | **M (L)**  +RAKN02-007+ |

|  |  |  |
| --- | --- | --- |
| 21:30 | **Mystery Diners: Tour Bust (R)**  The father-son owners of "Star Cafe" and "Star Coaches" in Atlanta, worry about missing food in their kitchen and a rise in fuel expenses on their tour buses. | **PG (L,A)**  +MYSD10-011+ |

|  |  |  |
| --- | --- | --- |
| 22:00 | **Mystery Diners: Skating On Thin Ice (R)**  After noticing missing food and merchandise, the owners of "Epic Rollertainment" in Murrieta, California, contact Charles Stiles for help. | **PG (L,A)**  +MYSD10-012+ |

|  |  |  |
| --- | --- | --- |
| 22:30 | **Restaurant: Impossible: Bring Mama Back (R)**  Chef Robert Irvine has just two days to address trust issues, frozen food in the kitchen and finances that aren't adding up if there's any chance of restoring this restaurant to its former glory. | **PG**  +RIMP07-001+ |

|  |  |  |
| --- | --- | --- |
| 23:30 | **Mystery Diners: Tour Bust (R)**  The father-son owners of "Star Cafe" and "Star Coaches" in Atlanta, worry about missing food in their kitchen and a rise in fuel expenses on their tour buses. | **PG (L,A)**  +MYSD10-011+ |

|  |  |  |
| --- | --- | --- |
| 00:00 | **Mystery Diners: Skating On Thin Ice (R)**  After noticing missing food and merchandise, the owners of "Epic Rollertainment" in Murrieta, California, contact Charles Stiles for help. | **PG (L,A)**  +MYSD10-012+ |

|  |  |  |
| --- | --- | --- |
| 00:30 | **SA Weekender (R) ’CC’**  Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. | **G**  +SAWE19-021+ |

|  |  |  |
| --- | --- | --- |
| 01:00 | **Queensland Weekender: Queensland Weekender 2019 Ep: 4 (R) ’CC’**  Kip learns how to sail from the best, Luke and Cody are travelling to Cairns. Mel relives the days of the drive-in while Victoria is hitting the road for a family holiday. | **G**  +7QWE19-004+ |

|  |  |  |
| --- | --- | --- |
| 01:30 | **Creek To Coast: Creek To Coast 2019 Ep: 22 (R) ’CC’**  Sammie takes an exotic trip close to home. Roothy checks out a shed of many men. Chris Parsons catches up with a couple of Fraser Island legends, while Scotty is in the Whitsundays. | **G**  +7CTC19-022+ |

|  |  |  |
| --- | --- | --- |
| 02:00 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

|  |  |  |
| --- | --- | --- |
| 04:00 | **Queensland Weekender: Queensland Weekender 2019 Ep: 4 (R) ’CC’**  Kip learns how to sail from the best, Luke and Cody are travelling to Cairns. Mel relives the days of the drive-in while Victoria is hitting the road for a family holiday. | **G**  +7QWE19-004+ |

|  |  |  |
| --- | --- | --- |
| 04:30 | **Creek To Coast: Creek To Coast 2019 Ep: 22 (R) ’CC’**  Sammie takes an exotic trip close to home. Roothy checks out a shed of many men. Chris Parsons catches up with a couple of Fraser Island legends, while Scotty is in the Whitsundays. | **G**  +7CTC19-022+ |

|  |  |  |
| --- | --- | --- |
| 05:00 | **The Great Day Out: Great Day Out, The S3 Ep: 19 (R) ’CC’**  Jillian is discovering hidden treasures just over the border. Jamie Durie shows his artistic side, while radio announcer Bianca Dye shares her Great Day Out. | **G**  +GDOT19-019+ |

|  |  |  |
| --- | --- | --- |
| 05:30 | **Home In WA (R)**  Now in its 20th year, Home in WA showcases builders, real estate, home services and products for our home in WA. | **G**  +HIWA22-005+ |

**Thursday 12 December 2019**

|  |  |  |
| --- | --- | --- |
| 06:00 | **Pacific Island Food Revolution: Vanuatu, Pt. 2 (R)**  Join us on our Pacific cooking competition presenting some of the most delicious food on the planet. | **PG**  +PIFR01-007+ |

|  |  |  |
| --- | --- | --- |
| 07:00 | **The Pioneer Woman: Mom's Day (R)**  It's a fun day of treats for Mom - while Ladd and the kids wash her truck. | **PG**  +PIWO13-006+ |

|  |  |  |
| --- | --- | --- |
| 07:30 | **The Kitchen: Flavors That Whisk You Away (R)**  The gang takes a tropical trip and Katie Lee begins with her Slow Cooker Hawaiian Pulled Pork, then Jeff Mauro serves up a crispy Hash Brown Crusted Halibut. | **PG**  +TKIT15-012+ |

|  |  |  |
| --- | --- | --- |
| 08:30 | **Guy's Grocery Games: Clash Of The Classics (R)**  Guy Fieri turns back the clocks and throws back to the dishes we all grew up on. | **PG**  +GUGG15-004+ |

|  |  |  |
| --- | --- | --- |
| 09:30 | **Easy Chinese: A Day In Chinatown (R)**  Ching-He Huang explores the rich Chinese culture found in Manhattan's Chinatown, including ping pong, tai chi and a dim sum house and classic food carts. | **PG**  +EACH02-013+ |

|  |  |  |
| --- | --- | --- |
| 10:00 | **Pacific Island Food Revolution: Vanuatu, Pt. 2 (R)**  Join us on our Pacific cooking competition presenting some of the most delicious food on the planet. | **PG**  +PIFR01-007+ |

|  |  |  |
| --- | --- | --- |
| 11:00 | **Pacific Island Food Revolution: Samoa, Pt. 2 (R)**  Join us on our Pacific cooking competition presenting some of the most delicious food on the planet. | **PG**  +PIFR01-008+ |

|  |  |  |
| --- | --- | --- |
| 12:00 | **The Kitchen: Flavors That Whisk You Away (R)**  The gang takes a tropical trip and Katie Lee begins with her Slow Cooker Hawaiian Pulled Pork, then Jeff Mauro serves up a crispy Hash Brown Crusted Halibut. | **PG**  +TKIT15-012+ |

|  |  |  |
| --- | --- | --- |
| 13:00 | **Chopped: Cinco De Mayo Fiesta (R)**  Four cooks are surprised by a Cinco de Mayo theme, and in the first basket, they must grapple with a green pie and a big fish fillet. | **PG**  +CHPD28-006+ |

|  |  |  |
| --- | --- | --- |
| 14:00 | **Easy Chinese: A Day In Chinatown (R)**  Ching-He Huang explores the rich Chinese culture found in Manhattan's Chinatown, including ping pong, tai chi and a dim sum house and classic food carts. | **PG**  +EACH02-013+ |

|  |  |  |
| --- | --- | --- |
| 14:30 | **Restaurant: Impossible: Bring Mama Back (R)**  Chef Robert Irvine has just two days to address trust issues, frozen food in the kitchen and finances that aren't adding up if there's any chance of restoring this restaurant to its former glory. | **PG**  +RIMP07-001+ |

|  |  |  |
| --- | --- | --- |
| 15:30 | **Mystery Diners: Tour Bust (R)**  The father-son owners of "Star Cafe" and "Star Coaches" in Atlanta, worry about missing food in their kitchen and a rise in fuel expenses on their tour buses. | **PG (L,A)**  +MYSD10-011+ |

|  |  |  |
| --- | --- | --- |
| 16:00 | **Mystery Diners: Skating On Thin Ice (R)**  After noticing missing food and merchandise, the owners of "Epic Rollertainment" in Murrieta, California, contact Charles Stiles for help. | **PG (L,A)**  +MYSD10-012+ |

|  |  |  |
| --- | --- | --- |
| 16:30 | **The Pioneer Woman: Kit And Caboodle (R)**  Ree Drummond's knocking out four fabulous get-ahead meal kits, portioned, prepped and ready to go. | **PG**  +PIWO13-007+ |

|  |  |  |
| --- | --- | --- |
| 17:00 | **The Grill Dads: Big Eats For The Kid At Heart (R)**  The Grill Dads kick off their delicious road adventure by going on the hunt for over-the-versions of food their kids absolutely love. | **PG**  +GRIL01-001+ |

|  |  |  |
| --- | --- | --- |
| 17:30 | **The Kitchen: Dining On A Dime (R)**  The Kitchen hosts are sharing tips for money-saving meals and dollar-stretching deals, starting with Sunny Anderson's Meat N' Potatoes Bundt Loaf. | **PG**  +TKIT15-013+ |

|  |  |  |
| --- | --- | --- |
| 18:30 | **Chopped: San Franchopco (R)**  Four chefs from the same city throw down in the Chopped Kitchen to find out who's the best in town! | **PG**  +CHPD28-007+ |

|  |  |  |
| --- | --- | --- |
| 19:30 | **Ramsay's Kitchen Nightmares: The Glass House (R) ’CC’**  Gordon travels to The Glass House Restaurant, where orders in the kitchen are mixed up, food's not cooked properly and the customers are complaining. | **M (L)**  +RAKN01-002+ |

|  |  |  |
| --- | --- | --- |
| 20:30 | **Ramsay's Kitchen Nightmares: The Glass House - Revisited (R) ’CC’**  Gordon returns to the Glass House. A few months on, there have been some departures. Who is in charge of the kitchen now? And, more importantly, is Ramsay's Caesar salad still on the menu? | **MA (L)**  +RAKN01-005+ |

|  |  |  |
| --- | --- | --- |
| 21:30 | **Ramsay's Kitchen Nightmares: La Gondola (R) ’CC’**  Gordon visits La Gondola, an Italian restaurant bogged down by dated cuisine, bad net curtains and no customers. | **M (L)**  +RAKN02-008+ |

|  |  |  |
| --- | --- | --- |
| 22:30 | **Ramsay's Kitchen Nightmares: Momma Cherri's - Revisited (R) ’CC’**  Gordon revisits Momma Cherri's Restaurant. While customers are flooding in, owner Charita finds herself beset with new problems, including how to control her staff. | **M (L)**  +RAKN02-009+ |

|  |  |  |
| --- | --- | --- |
| 23:30 | **Chopped: San Franchopco (R)**  Four chefs from the same city throw down in the Chopped Kitchen to find out who's the best in town! | **PG**  +CHPD28-007+ |

|  |  |  |
| --- | --- | --- |
| 00:30 | **SA Weekender (R) ’CC’**  Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. | **G**  +SAWE19-022+ |

|  |  |  |
| --- | --- | --- |
| 01:00 | **Queensland Weekender: Queensland Weekender 2019 Ep: 5 (R) ’CC’**  Mel explores Australia's greatest natural asset the Great Barrier Reef, Luke and Cody are aboard the train to nowhere while Bridget is on a coffee crawl. | **G**  +7QWE19-005+ |

|  |  |  |
| --- | --- | --- |
| 01:30 | **Creek To Coast: Creek To Coast 2019 Ep: 23 (R) ’CC’**  Remote, untouched reef and fish that have never seen a lure, join Scotty on the fishing adventure of a lifetime. Five days in the middle of the coral sea on a 72-foot fishing boat. | **G**  +7CTC19-023+ |

|  |  |  |
| --- | --- | --- |
| 02:00 | **The Great Day Out: Great Day Out, The S3 Ep: 20 (R) ’CC’**  School holidays are just around the corner and the team have ideas to keep the kids active, healthy and entertained. | **G**  +GDOT19-020+ |

|  |  |  |
| --- | --- | --- |
| 02:30 | **Home In WA (R)**  Now in its 20th year, Home in WA showcases builders, real estate, home services and products for our home in WA. | **G**  +HIWA22-006+ |

|  |  |  |
| --- | --- | --- |
| 03:00 | **Sydney Weekender (R) ’CC’**  Mike loads up on history, health and happy times at The Coal Loader Centre for Sustainability in Waverton. Lizzy explores Gondwana Rainforests. Darren visits Kangaroo Valley for some camping. | **G**  +7SWE26-031+ |

|  |  |  |
| --- | --- | --- |
| 03:30 | **SA Weekender (R) ’CC’**  Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. | **G**  +SAWE19-022+ |

|  |  |  |
| --- | --- | --- |
| 04:00 | **Queensland Weekender: Queensland Weekender 2019 Ep: 5 (R) ’CC’**  Mel explores Australia's greatest natural asset the Great Barrier Reef, Luke and Cody are aboard the train to nowhere while Bridget is on a coffee crawl. | **G**  +7QWE19-005+ |

|  |  |  |
| --- | --- | --- |
| 04:30 | **Creek To Coast: Creek To Coast 2019 Ep: 23 (R) ’CC’**  Remote, untouched reef and fish that have never seen a lure, join Scotty on the fishing adventure of a lifetime. Five days in the middle of the coral sea on a 72-foot fishing boat. | **G**  +7CTC19-023+ |

|  |  |  |
| --- | --- | --- |
| 05:00 | **The Great Day Out: Great Day Out, The S3 Ep: 20 (R) ’CC’**  School holidays are just around the corner and the team have ideas to keep the kids active, healthy and entertained. | **G**  +GDOT19-020+ |

|  |  |  |
| --- | --- | --- |
| 05:30 | **Home In WA (R)**  Now in its 20th year, Home in WA showcases builders, real estate, home services and products for our home in WA. | **G**  +HIWA22-006+ |

**Friday 13 December 2019**

|  |  |  |
| --- | --- | --- |
| 06:00 | **Pacific Island Food Revolution: Samoa, Pt. 2 (R)**  Join us on our Pacific cooking competition presenting some of the most delicious food on the planet. | **PG**  +PIFR01-008+ |

|  |  |  |
| --- | --- | --- |
| 07:00 | **The Pioneer Woman: Kit And Caboodle (R)**  Ree Drummond's knocking out four fabulous get-ahead meal kits, portioned, prepped and ready to go. | **PG**  +PIWO13-007+ |

|  |  |  |
| --- | --- | --- |
| 07:30 | **The Kitchen: Dining On A Dime (R)**  The Kitchen hosts are sharing tips for money-saving meals and dollar-stretching deals, starting with Sunny Anderson's Meat N' Potatoes Bundt Loaf. | **PG**  +TKIT15-013+ |

|  |  |  |
| --- | --- | --- |
| 08:30 | **Guy's Grocery Games: Last Judge Standing Tournament, Pt. 1 (R)**  Chefs compete for the chance of $20,000 as they are cooking inside a grocery store. | **PG**  +GUGG15-005+ |

|  |  |  |
| --- | --- | --- |
| 09:30 | **The Grill Dads: Big Eats For The Kid At Heart (R)**  The Grill Dads kick off their delicious road adventure by going on the hunt for over-the-versions of food their kids absolutely love. | **PG**  +GRIL01-001+ |

|  |  |  |
| --- | --- | --- |
| 10:00 | **Iron Chef America: Morimoto Vs. Sedlar (R)**  Morimoto versus Zakarian, whose cuisine will reign supreme? | **PG**  +ICAM08-006+ |

|  |  |  |
| --- | --- | --- |
| 11:00 | **Iron Chef America: Morimoto Vs. Cohen (R)**  New York-based vegetarian chef Amanda Cohen takes on Iron Chef Masaharu Morimoto. | **PG**  +ICAM08-007+ |

|  |  |  |
| --- | --- | --- |
| 12:00 | **The Kitchen: Dining On A Dime (R)**  The Kitchen hosts are sharing tips for money-saving meals and dollar-stretching deals, starting with Sunny Anderson's Meat N' Potatoes Bundt Loaf. | **PG**  +TKIT15-013+ |

|  |  |  |
| --- | --- | --- |
| 13:00 | **Chopped: San Franchopco (R)**  Four chefs from the same city throw down in the Chopped Kitchen to find out who's the best in town! | **PG**  +CHPD28-007+ |

|  |  |  |
| --- | --- | --- |
| 14:00 | **The Grill Dads: Big Eats For The Kid At Heart (R)**  The Grill Dads kick off their delicious road adventure by going on the hunt for over-the-versions of food their kids absolutely love. | **PG**  +GRIL01-001+ |

|  |  |  |
| --- | --- | --- |
| 14:30 | **Pacific Island Food Revolution: Samoa, Pt. 2 (R)**  Join us on our Pacific cooking competition presenting some of the most delicious food on the planet. | **PG**  +PIFR01-008+ |

|  |  |  |
| --- | --- | --- |
| 15:30 | **Iron Chef America: Morimoto Vs. Sedlar (R)**  Morimoto versus Zakarian, whose cuisine will reign supreme? | **PG**  +ICAM08-006+ |

|  |  |  |
| --- | --- | --- |
| 16:30 | **Iron Chef America: Morimoto Vs. Cohen (R)**  New York-based vegetarian chef Amanda Cohen takes on Iron Chef Masaharu Morimoto. | **PG**  +ICAM08-007+ |

|  |  |  |
| --- | --- | --- |
| 17:30 | **The Kitchen: Grillin' And Chillin' (R)**  The Kitchen is grillin' and chillin' for summer. Marcela Valladolid kicks off a triple-threat meal with her Grilled Adobo Rubbed Chicken. | **PG**  +TKIT14-001+ |

|  |  |  |
| --- | --- | --- |
| 18:30 | **Chopped: Tortellini Trials (R)**  It's trying times in the appetizer round when the chefs aren't sure how to creatively use the pasta from the basket. | **PG**  +CHPD28-008+ |

|  |  |  |
| --- | --- | --- |
| 19:30 | **Holiday Baking Championship: Ginger And Spice And Everything Nice (R)**  Eight bakers enter the kitchen to show off their traditions and baking skills on Holiday Baking Championship. | **PG**  +HOBC02-005+ |

|  |  |  |
| --- | --- | --- |
| 20:30 | **Holiday Baking Championship: World Classics (R)**  Eight bakers enter the kitchen to show off their traditions and baking skills on Holiday Baking Championship. | **PG**  +HOBC02-006+ |

|  |  |  |
| --- | --- | --- |
| 21:30 | **Mystery Diners: Drive-Thru Drama (R)**  A drop-in customer seems suspicious to the owner of "B'Man Teriyaki and Burgers" in Pasadena, California, prompting him to call in Charles Stiles and his team. | **PG (L,A)**  +MYSD10-013+ |

|  |  |  |
| --- | --- | --- |
| 22:00 | **Mystery Diners: Street Vendor Violation (R)**  After noticing lacklustre dinner sales and a dip in bottle service, Freddy and Abdi of Supperclub in Los Angeles contact Charles Stiles for help. | **PG (L,A)**  +MYSD11-001+ |

|  |  |  |
| --- | --- | --- |
| 22:30 | **Restaurant: Impossible: Feathers Fly (R)**  Chef Robert Irvine ruffles quite a few feathers when he goes to Kokomo, Ind., to help the Duncan family save their 33-year-old business, Ducky's Family Restaurant. | **PG**  +RIMP07-002+ |

|  |  |  |
| --- | --- | --- |
| 23:30 | **Mystery Diners: Drive-Thru Drama (R)**  A drop-in customer seems suspicious to the owner of "B'Man Teriyaki and Burgers" in Pasadena, California, prompting him to call in Charles Stiles and his team. | **PG (L,A)**  +MYSD10-013+ |

|  |  |  |
| --- | --- | --- |
| 00:00 | **Mystery Diners: Street Vendor Violation (R)**  After noticing lacklustre dinner sales and a dip in bottle service, Freddy and Abdi of Supperclub in Los Angeles contact Charles Stiles for help. | **PG (L,A)**  +MYSD11-001+ |

|  |  |  |
| --- | --- | --- |
| 00:30 | **SA Weekender (R) ’CC’**  Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. | **G**  +SAWE19-023+ |

|  |  |  |
| --- | --- | --- |
| 01:00 | **Queensland Weekender: Queensland Weekender 2019 Ep: 6 (R) ’CC’**  Lee is getting set for a sunset abseil while Kip explores the Conondale National Park with one of his best mates. Chris is off to discover a magical retreat in the heart of the country. | **G**  +7QWE19-006+ |

|  |  |  |
| --- | --- | --- |
| 01:30 | **Creek To Coast: Creek To Coast 2019 Ep: 24 (R) ’CC’**  Liz is powering on water without an engine. Scotty has a mini me, who will be the better fishermen and Olivia sets off for a perfect day on Fraser Island. | **G**  +7CTC19-024+ |

|  |  |  |
| --- | --- | --- |
| 02:00 | **The Great Day Out: Great Day Out, The S3 Ep: 21 (R) ’CC’**  Courtney has outdoor holiday ideas for young nature lovers. Billy is learning science in a surprising spot, while Tamsyn has school holiday activities that will keep the kids entertained for hours. | **G**  +GDOT19-021+ |

|  |  |  |
| --- | --- | --- |
| 02:30 | **Home In WA (R)**  Now in its 20th year, Home in WA showcases builders, real estate, home services and products for our home in WA. | **G**  +HIWA22-007+ |

|  |  |  |
| --- | --- | --- |
| 03:00 | **Sydney Weekender (R) ’CC’**  Mike gets a sneak preview of the Caravan Camping Lifestyle Expo. Fliss visits Cross Park. Lizzy checks out some great dining in Watson's Bay. | **G**  +7SWE26-032+ |

|  |  |  |
| --- | --- | --- |
| 03:30 | **SA Weekender (R) ’CC’**  Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. | **G**  +SAWE19-023+ |

|  |  |  |
| --- | --- | --- |
| 04:00 | **Queensland Weekender: Queensland Weekender 2019 Ep: 6 (R) ’CC’**  Lee is getting set for a sunset abseil while Kip explores the Conondale National Park with one of his best mates. Chris is off to discover a magical retreat in the heart of the country. | **G**  +7QWE19-006+ |

|  |  |  |
| --- | --- | --- |
| 04:30 | **Creek To Coast: Creek To Coast 2019 Ep: 24 (R) ’CC’**  Liz is powering on water without an engine. Scotty has a mini me, who will be the better fishermen and Olivia sets off for a perfect day on Fraser Island. | **G**  +7CTC19-024+ |

|  |  |  |
| --- | --- | --- |
| 05:00 | **The Great Day Out: Great Day Out, The S3 Ep: 21 (R) ’CC’**  Courtney has outdoor holiday ideas for young nature lovers. Billy is learning science in a surprising spot, while Tamsyn has school holiday activities that will keep the kids entertained for hours. | **G**  +GDOT19-021+ |

|  |  |  |
| --- | --- | --- |
| 05:30 | **Home In WA (R)**  Now in its 20th year, Home in WA showcases builders, real estate, home services and products for our home in WA. | **G**  +HIWA22-007+ |

**Saturday 14 December 2019**

|  |  |  |
| --- | --- | --- |
| 06:00 | **Carnival Cravings With Anthony Anderson: Deep-Fried Rockies (R)**  Anthony Anderson heads to heart of the Rockies for some mountain-sized carnival fun at Parker Days in Parker, Colo. | **PG**  +CRAV01-003+ |

|  |  |  |
| --- | --- | --- |
| 06:30 | **Better Homes And Gardens Summer: Summer Series (R) ’CC’**  Bring the summer season inside with our indoor and outdoor summer decorating ideas to help you take advantage of all of that summertime sunshine. | **G**  +BHGS16-003+ |

|  |  |  |
| --- | --- | --- |
| 08:00 | **The Great Food Truck Race: Battle For The South: Hot Chicken In The City (R)**  Tyler Florence has a surprise for the four remaining food truck teams: a taste of the Nashville's famous hot chicken, prepared by Nashville native and owner of restaurant 400 Degrees, Aqui Hines. | **PG**  +GFTR08-004+ |

|  |  |  |
| --- | --- | --- |
| 09:00 | **Taco Trip: Portland, Maine (R)**  Maine is America's biggest lobster producer, so Chef Aaron shows up hungry to try fresh lobster tacos in Portland. | **PG**  +TACO02-007+ |

|  |  |  |
| --- | --- | --- |
| 09:30 | **Carnival Cravings With Anthony Anderson: Deep-Fried Rockies (R)**  Anthony Anderson heads to heart of the Rockies for some mountain-sized carnival fun at Parker Days in Parker, Colo. | **PG**  +CRAV01-003+ |

|  |  |  |
| --- | --- | --- |
| 10:00 | **Holiday Baking Championship: Ginger And Spice And Everything Nice (R)**  Eight bakers enter the kitchen to show off their traditions and baking skills on Holiday Baking Championship. | **PG**  +HOBC02-005+ |

|  |  |  |
| --- | --- | --- |
| 11:00 | **Holiday Baking Championship: World Classics (R)**  Eight bakers enter the kitchen to show off their traditions and baking skills on Holiday Baking Championship. | **PG**  +HOBC02-006+ |

|  |  |  |
| --- | --- | --- |
| 12:00 | **Taco Trip: Portland, Maine (R)**  Maine is America's biggest lobster producer, so Chef Aaron shows up hungry to try fresh lobster tacos in Portland. | **PG**  +TACO02-007+ |

|  |  |  |
| --- | --- | --- |
| 12:30 | **Chopped: Tortellini Trials (R)**  It's trying times in the appetizer round when the chefs aren't sure how to creatively use the pasta from the basket. | **PG**  +CHPD28-008+ |

|  |  |  |
| --- | --- | --- |
| 13:30 | **The Great Food Truck Race: Battle For The South: Hot Chicken In The City (R)**  Tyler Florence has a surprise for the four remaining food truck teams: a taste of the Nashville's famous hot chicken, prepared by Nashville native and owner of restaurant 400 Degrees, Aqui Hines. | **PG**  +GFTR08-004+ |

|  |  |  |
| --- | --- | --- |
| 14:30 | **Carnival Cravings With Anthony Anderson: Deep-Fried Rockies (R)**  Anthony Anderson heads to heart of the Rockies for some mountain-sized carnival fun at Parker Days in Parker, Colo. | **PG**  +CRAV01-003+ |

|  |  |  |
| --- | --- | --- |
| 15:00 | **Restaurant: Impossible: Feathers Fly (R)**  Chef Robert Irvine ruffles quite a few feathers when he goes to Kokomo, Ind., to help the Duncan family save their 33-year-old business, Ducky's Family Restaurant. | **PG**  +RIMP07-002+ |

|  |  |  |
| --- | --- | --- |
| 16:00 | **Mystery Diners: Drive-Thru Drama (R)**  A drop-in customer seems suspicious to the owner of "B'Man Teriyaki and Burgers" in Pasadena, California, prompting him to call in Charles Stiles and his team. | **PG (L,A)**  +MYSD10-013+ |

|  |  |  |
| --- | --- | --- |
| 16:30 | **Mystery Diners: Street Vendor Violation (R)**  After noticing lacklustre dinner sales and a dip in bottle service, Freddy and Abdi of Supperclub in Los Angeles contact Charles Stiles for help. | **PG (L,A)**  +MYSD11-001+ |

|  |  |  |
| --- | --- | --- |
| 17:00 | **Holiday Baking Championship: Ginger And Spice And Everything Nice (R)**  Eight bakers enter the kitchen to show off their traditions and baking skills on Holiday Baking Championship. | **PG**  +HOBC02-005+ |

|  |  |  |
| --- | --- | --- |
| 18:00 | **Holiday Baking Championship: World Classics (R)**  Eight bakers enter the kitchen to show off their traditions and baking skills on Holiday Baking Championship. | **PG**  +HOBC02-006+ |

|  |  |  |
| --- | --- | --- |
| 19:00 | **Christmas Special: Christmas Cookie Challenge 2 (2016)**  Christmas Cookie Challenge special hosted by Alison Sweeney, five bold and creative bakers compete to prove their holiday cookie-making skills. | **PG**  +FONS01-002+ |

|  |  |  |
| --- | --- | --- |
| 20:00 | **Christmas Special: Santa's New Ride (2016)**  Food artists continue to battle, and they must show the imaginative toys that Santa's elves come up with when left unsupervised. | **PG**  +CAKS01-003+ |

|  |  |  |
| --- | --- | --- |
| 21:00 | **Christmas Special: The Nutcracker (2016)**  Teams will be challenged to show how Santa's elves get in shape. Then, the teams must give the Nutcracker a modern twist. | **PG**  +CAKS01-004+ |

|  |  |  |
| --- | --- | --- |
| 22:00 | **Ramsay's Kitchen Nightmares: La Riviera - Revisited (R) ’CC’**  Gordon returns to La Riviera. The restaurant has met with more success since his first visit, but will chef Loic continue to resist French frills and achieve his ambition of a Michelin star? | **M (L)**  +RAKN02-010+ |

|  |  |  |
| --- | --- | --- |
| 23:00 | **Restaurant: Impossible: His Way Or The Highway (R)**  The Windsor 75 in Windsor, Conn., is just seven years old, but is filled with problems - including an outdated decor, five different menus and an overworked staff. | **PG**  +RIMP07-003+ |

|  |  |  |
| --- | --- | --- |
| 00:00 | **Sydney Weekender (R) ’CC’**  Mike explores Narooma. Darren goes on a kayak tour with Region X in Bateman's Bay. Fliss visits Mogo Zoo. | **G**  +7SWE26-033+ |

|  |  |  |
| --- | --- | --- |
| 00:30 | **SA Weekender (R) ’CC’**  Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. | **G**  +SAWE19-024+ |

|  |  |  |
| --- | --- | --- |
| 01:00 | **Queensland Weekender: Queensland Weekender 2019 Ep: 7 (R) ’CC’**  Kay is staying at a wilderness campground with creature comforts, Chris explores kid heaven at Treasure Island on the Gold Coast while Bridget is feeding lambs, milking cows and riding horses. | **G**  +7QWE19-007+ |

|  |  |  |
| --- | --- | --- |
| 01:30 | **Creek To Coast: Creek To Coast 2019 Ep: 25 (R) ’CC’**  Olivia heads up the cape to bring you all the action from this year's Weipa Fishing Classic. A vibrant town with wonderful people and of course plenty of fish. | **G**  +7CTC19-025+ |

|  |  |  |
| --- | --- | --- |
| 02:00 | **The Great Day Out: Great Day Out, The S3 Ep: 22 (R) ’CC’**  Alastair shares an inner city secret. Jillian embarks on an unforgettable steam train journey, while Luke has a petite taste of Brisbane's French Festival. | **G**  +GDOT19-022+ |

|  |  |  |
| --- | --- | --- |
| 02:30 | **Home In WA (R)**  Now in its 20th year, Home in WA showcases builders, real estate, home services and products for our home in WA. | **G**  +HIWA22-008+ |

|  |  |  |
| --- | --- | --- |
| 03:00 | **Sydney Weekender (R) ’CC’**  Mike explores Narooma. Darren goes on a kayak tour with Region X in Bateman's Bay. Fliss visits Mogo Zoo. | **G**  +7SWE26-033+ |

|  |  |  |
| --- | --- | --- |
| 03:30 | **SA Weekender (R) ’CC’**  Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. | **G**  +SAWE19-024+ |

|  |  |  |
| --- | --- | --- |
| 04:00 | **Queensland Weekender: Queensland Weekender 2019 Ep: 7 (R) ’CC’**  Kay is staying at a wilderness campground with creature comforts, Chris explores kid heaven at Treasure Island on the Gold Coast while Bridget is feeding lambs, milking cows and riding horses. | **G**  +7QWE19-007+ |

|  |  |  |
| --- | --- | --- |
| 04:30 | **Creek To Coast: Creek To Coast 2019 Ep: 25 (R) ’CC’**  Olivia heads up the cape to bring you all the action from this year's Weipa Fishing Classic. A vibrant town with wonderful people and of course plenty of fish. | **G**  +7CTC19-025+ |

|  |  |  |
| --- | --- | --- |
| 05:00 | **The Great Day Out: Great Day Out, The S3 Ep: 22 (R) ’CC’**  Alastair shares an inner city secret. Jillian embarks on an unforgettable steam train journey, while Luke has a petite taste of Brisbane's French Festival. | **G**  +GDOT19-022+ |

|  |  |  |
| --- | --- | --- |
| 05:30 | **Home In WA (R)**  Now in its 20th year, Home in WA showcases builders, real estate, home services and products for our home in WA. | **G**  +HIWA22-008+ |