**Sunday 28 April 2019**

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| 06:00 | **Ten Dollar Dinners: Saving Quarters In The French Quarter (R)**  Melissa d'Arabian serves up the flavors of New Orleans. Her Po' Boys are brimming with crispy, cornmeal-coated shrimp and tilapia, along a creamy garlic spread, lettuce, and tomatoes. | **PG**  +TEDD07-009+ |

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| 06:30 | **Diners, Drive-Ins and Dives: Comfort And Soul (R)**  Guy Fieri's hittin' up some joints that'll warm the palate and the soul. | **PG**  +DDID18-008+ |

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| 07:00 | **Diners, Drive-Ins and Dives: Pork, Pasta And Barbecue (R)**  Guy Fieri's checking out some tried and true local faves. | **PG**  +DDID18-009+ |

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| 07:30 | **Guy's Grocery Games: Budget War (R)**  Penny pinching is the name of the game as Guy Fieri challenges four chefs to budget wisely with $40 and two gruelling rounds of shopping and cooking. | **PG**  +GUGG16-013+ |

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| 08:30 | **Anthony Bourdain: The Layover: Montreal (R)**  A Montreal Layover for Tony means calling up local friends like Martin Picard to explore the city's hot spots that can't be found in any guidebook. | **PG**  +TLAY01-004+ |

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| 09:30 | **Diners, Drive-Ins and Dives: Comfort And Soul (R)**  Guy Fieri's hittin' up some joints that'll warm the palate and the soul. | **PG**  +DDID18-008+ |

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| 10:00 | **Diners, Drive-Ins and Dives: Pork, Pasta And Barbecue (R)**  Guy Fieri's checking out some tried and true local faves. | **PG**  +DDID18-009+ |

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| 10:30 | **Iron Chef America: Morimoto Vs. Marino (R)**  Chef Dena Marino from Aspen takes on Iron Chef Masaharu Morimoto. | **PG**  +ICAM08-002+ |

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| 11:30 | **Iron Chef America: Symon Vs. Fraser (R)**  Chef Neal Fraser battles Iron Chef Michael Symon. | **PG**  +ICAM08-003+ |

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| 12:30 | **Taco Trip: San Diego (R)**  San Diego is brimming with amazingly authentic Mexican food. Chef Aaron Sanchez has his work cut out for him as he eats his way through this world-class culinary destination. | **PG**  +TACO02-003+ |

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| 13:00 | **Big Food Truck Tip: Turning Up The Heat In Charleston (R)**  Andrew Zimmern travels across the US to find food truck entrepreneurs who love sharing their culinary creations with the public. | **PG**  +BIFT01-003+ |

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| 13:30 | **Guy's Grocery Games: Budget War (R)**  Penny pinching is the name of the game as Guy Fieri challenges four chefs to budget wisely with $40 and two gruelling rounds of shopping and cooking. | **PG**  +GUGG16-013+ |

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| 14:30 | **My France With Manu: Brittany - Part 2 (R) ’CC’**  Tonight, Manu makes his way through the wine region of Bordeaux, along the Dordogne river. Then, he heads to the surfing mecca of Biarritz where his sister lives and joins in a family reunion. | **PG**  +MANU-002+ |

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| 15:30 | **Ten Dollar Dinners: Saving Quarters In The French Quarter (R)**  Melissa d'Arabian serves up the flavors of New Orleans. Her Po' Boys are brimming with crispy, cornmeal-coated shrimp and tilapia, along a creamy garlic spread, lettuce, and tomatoes. | **PG**  +TEDD07-009+ |

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| 16:00 | **Iron Chef America: Morimoto Vs. Marino (R)**  Chef Dena Marino from Aspen takes on Iron Chef Masaharu Morimoto. | **PG**  +ICAM08-002+ |

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| 17:00 | **Iron Chef America: Symon Vs. Fraser (R)**  Chef Neal Fraser battles Iron Chef Michael Symon. | **PG**  +ICAM08-003+ |

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| 18:00 | **Kid's Baking Championship: Breakfast Desserts (R)**  Seven kid bakers become royal subjects to either Valerie "Queen of Pancakes" Bertinelli or Duff "King of Waffles" Goldman and must please their ruler by creating layer cakes. | **PG**  +KBAC03-006+ |

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| 19:00 | **Ridiculous Cakes: All Fired Up (R)**  Alton Brown narrates this sweet reality show in which talented cake designers are tasked with creating unique and unbelievable cakes for their clients. | **PG**  +RICA01-009+ |

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| 19:30 | **Cake Wars: Halo NEW EPISODE**  Get ready for the biggest battle the gaming world has ever seen, as four incredible bakers create action-packed cakes celebrating one of the biggest video games in the world, Halo! | **PG**  +CAKW03-009+ |

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| 20:30 | **Ramsay's Kitchen Nightmares: Rococo (R) ’CC’**  Gordon finds a chef caught in a time warp when he tackles a picturesque but largely unfrequented upmarket restaurant in King's Lynn, a traditional market town on the Norfolk coast. | **MA (L)**  +RAKN03-003+ |

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| 21:30 | **Cupcake Wars: Cowboy Cupcakes NEW EPISODE**  Bakers fight for a place at the Professional Bull Rider's awards ceremony in Las Vegas. | **PG**  +CUPW05-002+ |

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| 22:30 | **Cake Masters: Hollywood Panorama Cake (R)**  It's a Hollywood extravaganza as Duff Goldman and his team rush to create a panoramic cityscape of Tinseltown for a billion-dollar bash. | **PG**  +CAMA01-002+ |

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| 23:30 | **Ridiculous Cakes: All Fired Up (R)**  Alton Brown narrates this sweet reality show in which talented cake designers are tasked with creating unique and unbelievable cakes for their clients. | **PG**  +RICA01-009+ |

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| 01:00 | **Queensland Weekender (R) ’CC’**  Great Day Out host, Sofie Formica makes a special appearance on Queensland Weekender for an island adventure with unforgettable wildlife encounters. | **G**  +7QWE18-018+ |

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| 01:30 | **Creek To Coast (R) ’CC’**  Scotty teams up with cricket legends Geoff Marsh and Kim Hughes, and young guns Simon Mackin and Piepa Cleary to explore the boating, camping and fishing offerings in Western Australia. | **G**  +7CTC18-041+ |

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| 02:00 | **The Great Day Out (R) ’CC’**  Jess is island bound, on a new Stradbroke daytrip from Brisbane. While, Jill meets an icon in nature photography, Steve Parish. | **G**  +GDOT18-011+ |

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| 02:30 | **Home In WA (R)**  Home in WA showcases builders, real estate, home services and products for our homes in WA. | **G**  +HIWA21-003+ |

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| 03:00 | **Sydney Weekender (R) ’CC’**  Mike enjoys the Byron Bay harvest. Daniel tries out archery tag. Jason and Beck explore Hazlehurst Arts Centre. Sally dines out with MKR contestants Olga and Valeria. Starring:BECK STEVENS,DANIEL GIBSON,JASON STEVENS,ERICA DAVIS,SALLY STANTON,MIKE WHITNEY | **G**  +7SWE25-006+ |

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| 03:30 | **SA Weekender (R) ’CC’**  Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. Presenters include Belinda Sloane, Callum Hann, Michael Keelan and Kelly Golding. | **G**  +SAWE18-029+ |

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| 04:00 | **Queensland Weekender (R) ’CC’**  Great Day Out host, Sofie Formica makes a special appearance on Queensland Weekender for an island adventure with unforgettable wildlife encounters. | **G**  +7QWE18-018+ |

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| 05:00 | **The Great Day Out (R) ’CC’**  Jess is island bound, on a new Stradbroke daytrip from Brisbane. While, Jill meets an icon in nature photography, Steve Parish. | **G**  +GDOT18-011+ |

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| 05:30 | **Home In WA (R)**  Home in WA showcases builders, real estate, home services and products for our homes in WA. | **G**  +HIWA21-003+ |

**Monday 29 April 2019**

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| 06:00 | **Sydney Weekender (R) ’CC’**  Mike enjoys the Byron Bay harvest. Daniel tries out archery tag. Jason and Beck explore Hazlehurst Arts Centre. Sally dines out with MKR contestants Olga and Valeria. Starring:BECK STEVENS,DANIEL GIBSON,JASON STEVENS,ERICA DAVIS,SALLY STANTON,MIKE WHITNEY | **G**  +7SWE25-006+ |

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| 06:30 | **Kid's Baking Championship: Breakfast Desserts (R)**  Seven kid bakers become royal subjects to either Valerie "Queen of Pancakes" Bertinelli or Duff "King of Waffles" Goldman and must please their ruler by creating layer cakes. | **PG**  +KBAC03-006+ |

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| 07:30 | **Cupcake Wars: Cowboy Cupcakes (R)**  Bakers fight for a place at the Professional Bull Rider's awards ceremony in Las Vegas. | **PG**  +CUPW05-002+ |

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| 08:30 | **Cake Masters: Hollywood Panorama Cake (R)**  It's a Hollywood extravaganza as Duff Goldman and his team rush to create a panoramic cityscape of Tinseltown for a billion-dollar bash. | **PG**  +CAMA01-002+ |

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| 09:30 | **Cake Wars: Halo (R)**  Get ready for the biggest battle the gaming world has ever seen, as four incredible bakers create action-packed cakes celebrating one of the biggest video games in the world, Halo! | **PG**  +CAKW03-009+ |

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| 10:30 | **TBA:** | ++ |

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| 12:00 | **Cupcake Wars: Cowboy Cupcakes (R)**  Bakers fight for a place at the Professional Bull Rider's awards ceremony in Las Vegas. | **PG**  +CUPW05-002+ |

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| 13:00 | **Kid's Baking Championship: Breakfast Desserts (R)**  Seven kid bakers become royal subjects to either Valerie "Queen of Pancakes" Bertinelli or Duff "King of Waffles" Goldman and must please their ruler by creating layer cakes. | **PG**  +KBAC03-006+ |

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| 14:00 | **Giada At Home: All Grown Up (R)**  Giada De Laurentiis makes three comforting recipes that we all know and love from our childhood, but gives each recipe a grown-up spin. | **PG**  +GIHO06-016+ |

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| 14:30 | **The Kitchen: Hit Re-Fresh (R)**  Welcome spring with fresh ingredients. Start with Geoffrey Zakarian's juicy Pork Chops with Spring Vegetables, Marcela Valladolid's Apple Peel Snacks and Jeff Mauro's Veggie Top Pesto. | **PG**  +TKIT13-003+ |

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| 15:30 | **Baked In Vermont: Grill, Baby, Grill (R)**  Gesine Prado creates some clever ways to bring baking to the grill while hosting an outdoor party to celebrate warm weather and good friends. | **PG**  +BAVE02-007+ |

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| 16:00 | **House Of Wellness (R) ’CC’**  Entertaining everybody to live a healthier life. Hosted by Luke Darcy, Rachael Finch, Jo Stanley and Luke Hines. | **PG**  +HOWL03-010+ |

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| 17:00 | **Cake Masters: Hollywood Panorama Cake (R)**  It's a Hollywood extravaganza as Duff Goldman and his team rush to create a panoramic cityscape of Tinseltown for a billion-dollar bash. | **PG**  +CAMA01-002+ |

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| 18:00 | **Ridiculous Cakes: All Fired Up (R)**  Alton Brown narrates this sweet reality show in which talented cake designers are tasked with creating unique and unbelievable cakes for their clients. | **PG**  +RICA01-009+ |

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| 18:30 | **Chopped: Espresso Express (R)**  The chefs get a jolt of energy in the first basket in the form of ground espresso, but can they quickly make coffee click with the rest of the ingredients? | **PG**  +CHPD35-014+ |

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| 19:30 | **Kid's Baking Championship: Mobile App Cookies NEW EPISODE**  The remaining six kid bakers must design and create mobile app icons out of sugar cookies and explain what each app does. | **PG**  +KBAC03-007+ |

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| 20:30 | **Cake Wars: Star Wars NEW EPISODE**  Cake Wars takes on one of the biggest adventures in the galaxy... Star Wars! The winning creation will be the front and center at a huge bash celebrating Disney's newest Star Wars video game. | **PG**  +CAKW02-001+ |

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| 21:30 | **Spring Baking Championship: A Perfect Spring Day (R)**  The eight bakers work in teams to create springtime mini pies perfect for an outdoor gathering; but are not allowed to make the same thing as their picnic partners. | **PG**  +SPBC04-003+ |

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| 23:30 | **Chopped: Espresso Express (R)**  The chefs get a jolt of energy in the first basket in the form of ground espresso, but can they quickly make coffee click with the rest of the ingredients? | **PG**  +CHPD35-014+ |

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| 00:30 | **SA Weekender (R) ’CC’**  Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. Presenters include Belinda Sloane, Callum Hann, Michael Keelan and Kelly Golding. | **G**  +SAWE18-030+ |

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| 01:00 | **Queensland Weekender (R) ’CC’**  Sammie rolls up her sleeves at a luxury retreat for foodies, Luke and Cody are on board a train through the rainforest and Curtis experiences what it's like to run away to a tropical island. | **G**  +7QWE18-019+ |

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| 01:30 | **Creek To Coast (R) ’CC’**  There is action aplenty as cricket personalities James Brayshaw, Simon O'Donnell and John Hastings show Scotty some of Victoria's best boating, camping and fishing hotspots. | **G**  +7CTC18-042+ |

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| 02:00 | **The Great Day Out (R) ’CC’**  Laurel meets the women behind an exotic Brisbane marketplace, Jill's got the need for speed, and Alastair and Sofie have Ipswich and Toowoomba's dining scenes covered. | **G**  +GDOT18-012+ |

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| 02:30 | **Home In WA (R)**  Home in WA showcases builders, real estate, home services and products for our homes in WA. | **G**  +HIWA21-004+ |

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| 03:00 | **Sydney Weekender (R) ’CC’**  Mike tries driving a rally car in Colo. Candice experiences the Sky Zone fun house. Mel checks out Bluesfest in Byron Bay. Matt tries some kid friendly cafes. Starring:CANDICE DIXON,ERICA DAVIS,MEL SYMONS,MIKE WHITNEY,MATT BASELEY | **G**  +7SWE25-007+ |

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| 03:30 | **SA Weekender (R) ’CC’**  Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. Presenters include Belinda Sloane, Callum Hann, Michael Keelan and Kelly Golding. | **G**  +SAWE18-030+ |

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| 04:00 | **Queensland Weekender (R) ’CC’**  Sammie rolls up her sleeves at a luxury retreat for foodies, Luke and Cody are on board a train through the rainforest and Curtis experiences what it's like to run away to a tropical island. | **G**  +7QWE18-019+ |

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| 05:30 | **Home In WA (R)**  Home in WA showcases builders, real estate, home services and products for our homes in WA. | **G**  +HIWA21-004+ |

**Tuesday 30 April 2019**

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| 06:00 | **Sydney Weekender (R) ’CC’**  Mike tries driving a rally car in Colo. Candice experiences the Sky Zone fun house. Mel checks out Bluesfest in Byron Bay. Matt tries some kid friendly cafes. Starring:CANDICE DIXON,ERICA DAVIS,MEL SYMONS,MIKE WHITNEY,MATT BASELEY | +7SWE25-007+ |

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| 06:30 | **Baked In Vermont: Grill, Baby, Grill (R)**  Gesine Prado creates some clever ways to bring baking to the grill while hosting an outdoor party to celebrate warm weather and good friends. | **PG**  +BAVE02-007+ |

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| 07:00 | **Giada At Home: All Grown Up (R)**  Giada De Laurentiis makes three comforting recipes that we all know and love from our childhood, but gives each recipe a grown-up spin. | **PG**  +GIHO06-016+ |

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| 07:30 | **The Kitchen: Hit Re-Fresh (R)**  Welcome spring with fresh ingredients. Start with Geoffrey Zakarian's juicy Pork Chops with Spring Vegetables, Marcela Valladolid's Apple Peel Snacks and Jeff Mauro's Veggie Top Pesto. | **PG**  +TKIT13-003+ |

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| 08:30 | **Cake Wars: Star Wars (R)**  Cake Wars takes on one of the biggest adventures in the galaxy... Star Wars! The winning creation will be the front and center at a huge bash celebrating Disney's newest Star Wars video game. | **PG**  +CAKW02-001+ |

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| 09:30 | **Spring Baking Championship: A Perfect Spring Day (R)**  The eight bakers work in teams to create springtime mini pies perfect for an outdoor gathering; but are not allowed to make the same thing as their picnic partners. | **PG**  +SPBC04-003+ |

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| 13:30 | **Chopped: Espresso Express (R)**  The chefs get a jolt of energy in the first basket in the form of ground espresso, but can they quickly make coffee click with the rest of the ingredients? | **PG**  +CHPD35-014+ |

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| 14:30 | **The Kitchen: What's Hot Right Now (R)**  The Kitchen is celebrating spice with Jeff Mauro's Risotto Scampi Fra Diavlo and Sunny Anderson's Easy Sunset Park Noodle Bowl. Chef and restaurateur Michael Psilakis heats up the kitchen. | **PG**  +TKIT13-004+ |

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| 15:30 | **Baked In Vermont: Picnic For Two (R)**  When the weather is nice, there's nothing that Gesine Prado and Ray enjoy more than eating outdoors under the beautiful Vermont sky. | **PG**  +BAVE02-008+ |

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| 16:00 | **Giada At Home: Giada's L.A. Vacation**  Giada De Laurentiis puts her spin on three dishes from some of Los Angeles's most popular tourist attractions. | **PG**  +GIHO06-017+ |

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| 16:30 | **Kid's Baking Championship: Mobile App Cookies (R)**  The remaining six kid bakers must design and create mobile app icons out of sugar cookies and explain what each app does. | **PG**  +KBAC03-007+ |

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| 17:30 | **Cake Wars: Star Wars (R)**  Cake Wars takes on one of the biggest adventures in the galaxy... Star Wars! The winning creation will be the front and center at a huge bash celebrating Disney's newest Star Wars video game. | **PG**  +CAKW02-001+ |

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| 18:30 | **Chopped: Amped For Ramps (R)**  The competitors find a prized member of the onion family in the first basket, ramps. But will the flavourful wild leeks play nicely with the other mandatory ingredients? | **PG**  +CHPD35-015+ |

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| 19:30 | **Mystery Diners: Missing Memorabilia (R)**  The owners of Fenders Moto Cafe and Brew Pub in Portland, Oregon, worry that employees are to blame when some of their valuable motorcycle memorabilia disappears. | **PG**  +MYSD08-004+ |

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| 20:00 | **Mystery Diners: Robbed Kabobs (R)**  After noticing a discrepancy in supplies, Ghaith and Tiffany, owners of Dar Salam in Portland, Ore., fear a new Iraqi food card that's competing with their restaurant is related to the problem. | **PG**  +MYSD08-005+ |

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| 20:30 | **Restaurant: Impossible: Rising Sun Bistro NEW EPISODE**  The French-themed Rising Sun Bistro in Kalispell, Mont., is facing a mountain of problems: A chaotic kitchen, an uninspired decor, $500,000 worth of debt and owners who can't stand each other. | **PG**  +RIMP05-004+ |

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| 21:30 | **Restaurant: Impossible: Whiskey Creek Steakhouse NEW EPISODE**  Pat and Karan, owners of the Whiskey Creek Steakhouse in Keyport, Wash., have lost nearly everything in the 20 years their restaurant has been open. | **PG**  +RIMP05-005+ |

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| 22:30 | **Mystery Diners: Missing Memorabilia (R)**  The owners of Fenders Moto Cafe and Brew Pub in Portland, Oregon, worry that employees are to blame when some of their valuable motorcycle memorabilia disappears. | **PG**  +MYSD08-004+ |

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| 00:30 | **SA Weekender (R) ’CC’**  Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. Presenters include Belinda Sloane, Callum Hann, Michael Keelan and Kelly Golding. | **G**  +SAWE18-031+ |

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| 01:00 | **Queensland Weekender (R) ’CC’**  Victoria is on the ultimate eco experience. | **G**  +7QWE18-020+ |

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| 01:30 | **Creek To Coast (R) ’CC’**  Scott visits the amazing Haggerstone Island and man does he catch fish. | **G**  +7CTC18-001+ |

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| 02:00 | **The Great Day Out (R) ’CC’**  This week, on the Great Day Out, we've got the coasts covered. Curtis McGrath seeks after dark spooky thrills in Surfers Paradise and Nathan Spurling indulges in the Sunny Coast's over-the-top treats. | **G**  +GDOT18-013+ |

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| 02:30 | **Home In WA (R)**  Home in WA showcases builders, real estate, home services and products for our homes in WA. | **G**  +HIWA21-005+ |

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| 03:00 | **Sydney Weekender (R) ’CC’**  This year Sydney Weekender is turning 25! And to celebrate, Mike is cruising around Sydney Harbour with Barefoot Charters. Erica is cruising down to Melbourne for the race that stops the nation! Starring:ERICA DAVIS,MIKE WHITNEY | **G**  +7SWE25-008+ |

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| 04:00 | **Queensland Weekender (R) ’CC’**  Victoria is on the ultimate eco experience. | **G**  +7QWE18-020+ |

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| 04:30 | **Creek To Coast (R) ’CC’**  Scott visits the amazing Haggerstone Island and man does he catch fish. | **G**  +7CTC18-001+ |

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| 05:00 | **The Great Day Out (R) ’CC’**  This week, on the Great Day Out, we've got the coasts covered. Curtis McGrath seeks after dark spooky thrills in Surfers Paradise and Nathan Spurling indulges in the Sunny Coast's over-the-top treats. | **G**  +GDOT18-013+ |

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| 05:30 | **Home In WA (R)**  Home in WA showcases builders, real estate, home services and products for our homes in WA. | **G**  +HIWA21-005+ |

**Wednesday 01 May 2019**

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| 06:00 | **Sydney Weekender (R) ’CC’**  This year Sydney Weekender is turning 25! And to celebrate, Mike is cruising around Sydney Harbour with Barefoot Charters. Erica is cruising down to Melbourne for the race that stops the nation! Starring:ERICA DAVIS,MIKE WHITNEY | **G**  +7SWE25-008+ |

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| 06:30 | **Baked In Vermont: Picnic For Two (R)**  When the weather is nice, there's nothing that Gesine Prado and Ray enjoy more than eating outdoors under the beautiful Vermont sky. | **PG**  +BAVE02-008+ |

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| 07:00 | **Giada At Home: Giada's L.A. Vacation (R)**  Giada De Laurentiis puts her spin on three dishes from some of Los Angeles's most popular tourist attractions. | **PG**  +GIHO06-017+ |

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| 07:30 | **The Kitchen: What's Hot Right Now (R)**  The Kitchen is celebrating spice with Jeff Mauro's Risotto Scampi Fra Diavlo and Sunny Anderson's Easy Sunset Park Noodle Bowl. Chef and restaurateur Michael Psilakis heats up the kitchen. | **PG**  +TKIT13-004+ |

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| 08:30 | **Restaurant: Impossible: Rising Sun Bistro (R)**  The French-themed Rising Sun Bistro in Kalispell, Mont., is facing a mountain of problems: A chaotic kitchen, an uninspired decor, $500,000 worth of debt and owners who can't stand each other. | **PG**  +RIMP05-004+ |

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| 09:30 | **Restaurant: Impossible: Whiskey Creek Steakhouse (R)**  Pat and Karan, owners of the Whiskey Creek Steakhouse in Keyport, Wash., have lost nearly everything in the 20 years their restaurant has been open. | **PG**  +RIMP05-005+ |

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| 10:30 | **TBA:** | ++ |

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| 12:00 | **Giada At Home: Giada's L.A. Vacation (R)**  Giada De Laurentiis puts her spin on three dishes from some of Los Angeles's most popular tourist attractions. | **PG**  +GIHO06-017+ |

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| 12:30 | **Restaurant: Impossible: Rising Sun Bistro (R)**  The French-themed Rising Sun Bistro in Kalispell, Mont., is facing a mountain of problems: A chaotic kitchen, an uninspired decor, $500,000 worth of debt and owners who can't stand each other. | **PG**  +RIMP05-004+ |

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| 13:30 | **Chopped: Amped For Ramps (R)**  The competitors find a prized member of the onion family in the first basket, ramps. But will the flavourful wild leeks play nicely with the other mandatory ingredients? | **PG**  +CHPD35-015+ |

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| 14:30 | **The Kitchen: Celebrate Good Times (R)**  The Kitchen is celebrating good times, and Katie Lee kicks off the party with Surf and Turf Skewers. Then the hosts share their summer food trend forecast, Food Network Star winner Tregaye Fraser. | **PG**  +TKIT13-005+ |

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| 15:30 | **Baked In Vermont: Campfire Bake (R)**  Gesine Prado is baking over an open flame as she and Ray help move their good friend and park ranger Agnes into her station for the season. | **PG**  +BAVE02-009+ |

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| 16:00 | **Giada At Home: Feel-Good Food (R)**  Giada makes four healthy recipes that may be low in fat and calories, but are full of amazing flavour. | **PG**  +GIHO06-018+ |

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| 16:30 | **Restaurant: Impossible: Whiskey Creek Steakhouse (R)**  Pat and Karan, owners of the Whiskey Creek Steakhouse in Keyport, Wash., have lost nearly everything in the 20 years their restaurant has been open. | **PG**  +RIMP05-005+ |

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| 17:30 | **Mystery Diners: Missing Memorabilia (R)**  The owners of Fenders Moto Cafe and Brew Pub in Portland, Oregon, worry that employees are to blame when some of their valuable motorcycle memorabilia disappears. | **PG**  +MYSD08-004+ |

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| 18:00 | **Mystery Diners: Robbed Kabobs (R)**  After noticing a discrepancy in supplies, Ghaith and Tiffany, owners of Dar Salam in Portland, Ore., fear a new Iraqi food card that's competing with their restaurant is related to the problem. | **PG**  +MYSD08-005+ |

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| 18:30 | **Chopped: True Grits (R)**  The chefs get the Southern classic grits in the first basket and race to make appetizers that deliver on flavour, but one of the competitors has major difficulties in the final seconds of the round. | **PG**  +CHPD35-016+ |

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| 19:30 | **Gordon, Gino And Fred: The Ultimate Roadtrip (R) ’CC’ DOUBLE EPISODE**  Gordon, Gino and Fred pack up their camper van once again and head off on a European adventure, but this time it's personal as each episode takes us on a tour of their cherished homelands. | **M (L)**  +GGAF01-001+ |

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| 20:30 | **Hell's Kitchen USA (R) ’CC’**  Aspiring chefs arrive at Hell's Kitchen with the hope and excitement of becoming the next winner of Hell's Kitchen. | **M (L)**  +HEKI10-017+ |

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| 21:30 | **Hell's Kitchen USA (R) ’CC’**  Aspiring chefs arrive at Hell's Kitchen with the hope and excitement of becoming the next winner of Hell's Kitchen. | **M (L)**  +HEKI10-018+ |

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| 22:30 | **Gordon, Gino And Fred: The Ultimate Roadtrip (R) ’CC’**  Gordon, Gino and Fred pack up their camper van once again and head off on a European adventure, but this time it's personal as each episode takes us on a tour of their cherished homelands. | **M (L)**  +GGAF01-001+ |

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| 23:30 | **Chopped: True Grits (R)**  The chefs get the Southern classic grits in the first basket and race to make appetizers that deliver on flavour, but one of the competitors has major difficulties in the final seconds of the round. | **PG**  +CHPD35-016+ |

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| 00:30 | **SA Weekender (R) ’CC’**  Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. Presenters include Belinda Sloane, Callum Hann, Michael Keelan and Kelly Golding. | **G**  +SAWE18-032+ |

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| 01:00 | **Queensland Weekender (R) ’CC’**  Lee treks through a pristine wilderness, Victoria meets some cute Sunshine Coast locals, Kip has the need for speed and Chief Executive of the RNA reveals what is takes to organise the EKKA. | **G**  +7QWE18-021+ |

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| 01:30 | **Creek To Coast (R) ’CC’**  Creek to Coast is all things boating, camping, 4WDing, outdoor adventuring and fishing. From bush-bashing to cooking to caravanning to watersports, Creek to Coast has it all. | **G**  +7CTC18-002+ |

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| 02:00 | **Home Shopping: Innovawhite Dental Cleaning Kit (A2830IDK02S) (R)**  Shopping program. | **G**  +BDP-874+ |

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| 02:30 | **Home Shopping: Eurobed (EURO2830B47904) (R)**  Shopping program. | **G**  +GSD-027+ |

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| 03:00 | **Home Shopping: Cop Cam (COPC2830A17904) (R)**  Shopping program. | **G**  +GSD-040+ |

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| 03:30 | **Home Shopping: Renovator Better Grip (A2830RBG12S) (R)**  Shopping program. | **G**  +BDP-838+ |

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| 04:00 | **Queensland Weekender (R) ’CC’**  Lee treks through a pristine wilderness, Victoria meets some cute Sunshine Coast locals, Kip has the need for speed and Chief Executive of the RNA reveals what is takes to organise the EKKA. | **G**  +7QWE18-021+ |

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| 04:30 | **Creek To Coast (R) ’CC’**  Creek to Coast is all things boating, camping, 4WDing, outdoor adventuring and fishing. From bush-bashing to cooking to caravanning to watersports, Creek to Coast has it all. | **G**  +7CTC18-002+ |

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| 05:00 | **The Great Day Out (R) ’CC’**  This week on The Great Day Out it's all about fabulous scenery, fine food and fascinating people - they're the key ingredients of Scenic Rim Eat Local Week. | **G**  +GDOT18-014+ |

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| 05:30 | **Home In WA (R)**  Home in WA showcases builders, real estate, home services and products for our homes in WA. | **G**  +HIWA21-006+ |

**Thursday 02 May 2019**

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| 06:00 | **Sydney Weekender (R) ’CC’**  Mike's cruising the Tweed River in search of lunch! Sally's pulling on her skates and checking out the latest craze to hit the ice - bubble soccer! Starring:SALLY STANTON,MIKE WHITNEY | **G**  +7SWE25-009+ |

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| 06:30 | **Baked In Vermont: Campfire Bake (R)**  Gesine Prado is baking over an open flame as she and Ray help move their good friend and park ranger Agnes into her station for the season. | **PG**  +BAVE02-009+ |

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| 07:00 | **Giada At Home: Feel-Good Food (R)**  Giada makes four healthy recipes that may be low in fat and calories, but are full of amazing flavour. | **PG**  +GIHO06-018+ |

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| 07:30 | **The Kitchen: Celebrate Good Times (R)**  The Kitchen is celebrating good times, and Katie Lee kicks off the party with Surf and Turf Skewers. Then the hosts share their summer food trend forecast, Food Network Star winner Tregaye Fraser. | **PG**  +TKIT13-005+ |

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| 08:30 | **Rachael Ray's Week In A Day: Soups, Stews And Sloppy Lous (R)**  Celebrate one of the world's great comfort foods with a week's worth of satisfying soups and stews. Potted Beef and Mushroom; Ribollita - Vegetable, Bean and Stale Bread Soup | **PG**  +WIAD05-009+ |

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| 09:30 | **Guy's Grocery Games: Budget War (R)**  Penny pinching is the name of the game as Guy Fieri challenges four chefs to budget wisely with $40 and two gruelling rounds of shopping and cooking. | **PG**  +GUGG16-013+ |

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| 10:30 | **TBA:** | ++ |

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| 12:00 | **Giada At Home: Feel-Good Food (R)**  Giada makes four healthy recipes that may be low in fat and calories, but are full of amazing flavour. | **PG**  +GIHO06-018+ |

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| 12:30 | **Guy's Grocery Games: Budget War (R)**  Penny pinching is the name of the game as Guy Fieri challenges four chefs to budget wisely with $40 and two gruelling rounds of shopping and cooking. | **PG**  +GUGG16-013+ |

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| 13:30 | **Chopped: True Grits (R)**  The chefs get the Southern classic grits in the first basket and race to make appetizers that deliver on flavour, but one of the competitors has major difficulties in the final seconds of the round. | **PG**  +CHPD35-016+ |

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| 14:30 | **The Kitchen: Toast To Mom (R)**  Celebrating Mother's Day, starting with Geoffrey Zakarian's Chamomile French Toast and Katie Lee's Mini Broccoli Quiches. Then Bloom School is in session with three new floral arrangements for mom. | **PG**  +TKIT13-006+ |

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| 15:30 | **Baked In Vermont: Vermont Country Boil (R)**  Gesine Prado's friends from down south are coming up to visit their kids attending university nearby so she's throwing a Vermont-style Low Country boil for them. | **PG**  +BAVE02-010+ |

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| 16:00 | **Giada At Home: Springtime In Italy (R)**  Giada makes a very traditional Italian Easter luncheon for her family using the fresh flavors of Italy. The menu features Italian Springtime Lamb, Artichoke Risotto and Whipped Ricotta Salad. | **PG**  +GIHO06-019+ |

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| 16:30 | **Rachael Ray's Week In A Day: Soups, Stews And Sloppy Lous (R)**  Celebrate one of the world's great comfort foods with a week's worth of satisfying soups and stews. Potted Beef and Mushroom; Ribollita - Vegetable, Bean and Stale Bread Soup | **PG**  +WIAD05-009+ |

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| 17:30 | **Restaurant Redemption: Assembly DOUBLE EPISODE**  Changing the face of Asian food in America one menu at a time, Ching-He Huang travels across the country to help struggling restaurants revamp their establishments. | **PG**  +RERE01-006+ |

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| 18:00 | **Restaurant Redemption: Tenshi Sushi**  Changing the face of Asian food in America one menu at a time, Ching-He Huang travels across the country to help struggling restaurants revamp their establishments. | **PG**  +RERE01-007+ |

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| 18:30 | **Chopped: Weird Twist (R)**  The chefs learn they'll be cooking with ingredients that are bizarre, even by Chopped standards. Something slimy and something strangely shaped are found in the first wonderfully weird basket. | **PG**  +CHPD35-017+ |

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| 19:30 | **Ramsay's 24 Hours To Hell And Back: Shermans (R) ’CC’**  Gordon is in Mississippi to save Sherman's, a family-owned fine dining restaurant. With declining food quality and fewer customers, the owners are on the verge of losing the restaurant and their home. | **M (L)**  +GRHB01-004+ |

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| 20:30 | **Ramsay's Kitchen Nightmares: Oscar's (R) ’CC’**  Gordon visits Oscar's, which on the surface looks ideal but is run by a mother in son who constantly bicker, and are losing thousands of pounds each week. | **MA (L)**  +RAKN02-006+ |

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| 21:30 | **Ramsay's Kitchen Nightmares: The Sandgate (R) ’CC’**  Tonight, Gordon travels to The Sandgate Hotel, run by first-time restauranteurs. The head chef is on the brink of a nervous breakdown, cooking for four restaurants in different styles. | **M (L)**  +RAKN02-007+ |

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| 22:30 | **Ramsay's 24 Hours To Hell And Back: Shermans (R) ’CC’**  Gordon is in Mississippi to save Sherman's, a family-owned fine dining restaurant. With declining food quality and fewer customers, the owners are on the verge of losing the restaurant and their home. | **M (L)**  +GRHB01-004+ |

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| 23:30 | **Chopped: Weird Twist (R)**  The chefs learn they'll be cooking with ingredients that are bizarre, even by Chopped standards. Something slimy and something strangely shaped are found in the first wonderfully weird basket. | **PG**  +CHPD35-017+ |

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| 00:30 | **SA Weekender (R) ’CC’**  Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. Presenters include Belinda Sloane, Callum Hann, Michael Keelan and Kelly Golding. | **G**  +SAWE18-033+ |

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| 01:00 | **Queensland Weekender (R) ’CC’**  Kay is on an epic journey across the Gulf Savannah. It's remote, remarkable and full of surprises. | **G**  +7QWE18-022+ |

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| 01:30 | **Creek To Coast (R) ’CC’**  Andrew is on stunning Fraser Island and it's catch and cook-off time. Roger joins country Queenslanders for the Doin' it for Dolly Charity Rodeo. While, Scotty is on the hunt for one metre barra. | **G**  +7CTC18-003+ |

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| 02:00 | **The Great Day Out (R) ’CC’**  Blair uncovers secret museums; Jess explores Ipswich in an unconventional way and Kendall Gilding shares her great day out. | **G**  +GDOT18-015+ |

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| 02:30 | **Home In WA (R)**  Home in WA showcases builders, real estate, home services and products for our homes in WA. | **G**  +HIWA21-007+ |

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| 03:00 | **Sydney Weekender (R) ’CC’**  Mike gets a sneak peek at Vivid Sydney 2018. Lizzy heads to South West Rocks, soaking up the local history. Luke previews the Caravan Camping Holiday Supershow. Starring:ERICA DAVIS,LUKE CARROLL,LIZZY LOVETTE,MEL SYMONS,MIKE WHITNEY | **G**  +7SWE25-010+ |

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| 03:30 | **SA Weekender (R) ’CC’**  Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. Presenters include Belinda Sloane, Callum Hann, Michael Keelan and Kelly Golding. | **G**  +SAWE18-033+ |

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| 04:00 | **Queensland Weekender (R) ’CC’**  Kay is on an epic journey across the Gulf Savannah. It's remote, remarkable and full of surprises. | **G**  +7QWE18-022+ |

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| 04:30 | **Creek To Coast (R) ’CC’**  Andrew is on stunning Fraser Island and it's catch and cook-off time. Roger joins country Queenslanders for the Doin' it for Dolly Charity Rodeo. While, Scotty is on the hunt for one metre barra. | **G**  +7CTC18-003+ |

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| 05:00 | **The Great Day Out (R) ’CC’**  Blair uncovers secret museums; Jess explores Ipswich in an unconventional way and Kendall Gilding shares her great day out. | **G**  +GDOT18-015+ |

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| 05:30 | **Home In WA (R)**  Home in WA showcases builders, real estate, home services and products for our homes in WA. | **G**  +HIWA21-007+ |

**Friday 03 May 2019**

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| 06:00 | **Sydney Weekender (R) ’CC’**  Mike gets a sneak peek at Vivid Sydney 2018. Lizzy heads to South West Rocks, soaking up the local history. Luke previews the Caravan Camping Holiday Supershow. Starring:ERICA DAVIS,LUKE CARROLL,LIZZY LOVETTE,MEL SYMONS,MIKE WHITNEY | **G**  +7SWE25-010+ |

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| 06:30 | **Baked In Vermont: Vermont Country Boil (R)**  Gesine Prado's friends from down south are coming up to visit their kids attending university nearby so she's throwing a Vermont-style Low Country boil for them. | **PG**  +BAVE02-010+ |

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| 07:00 | **Giada At Home: Springtime In Italy (R)**  Giada makes a very traditional Italian Easter luncheon for her family using the fresh flavors of Italy. The menu features Italian Springtime Lamb, Artichoke Risotto and Whipped Ricotta Salad. | **PG**  +GIHO06-019+ |

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| 07:30 | **The Kitchen: Toast To Mom (R)**  Celebrating Mother's Day, starting with Geoffrey Zakarian's Chamomile French Toast and Katie Lee's Mini Broccoli Quiches. Then Bloom School is in session with three new floral arrangements for mom. | **PG**  +TKIT13-006+ |

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| 08:30 | **Rachael Ray's Week In A Day: Back To The Grind**  Rachael proves that ground meat can do so much more than burgers. | **PG**  +WIAD03-009+ |

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| 09:30 | **Guy's Grocery Games: Pizza Masters (R)**  It's sur-pie-val of the fittest when four dough throwers compete in a pizza playoff. | **PG**  +GUGG15-002+ |

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| 10:30 | **TBA:** | ++ |

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| 12:00 | **Giada At Home: Springtime In Italy (R)**  Giada makes a very traditional Italian Easter luncheon for her family using the fresh flavors of Italy. The menu features Italian Springtime Lamb, Artichoke Risotto and Whipped Ricotta Salad. | **PG**  +GIHO06-019+ |

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| 12:30 | **Guy's Grocery Games: Pizza Masters (R)**  It's sur-pie-val of the fittest when four dough throwers compete in a pizza playoff. | **PG**  +GUGG15-002+ |

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| 13:30 | **Chopped: Weird Twist (R)**  The chefs learn they'll be cooking with ingredients that are bizarre, even by Chopped standards. Something slimy and something strangely shaped are found in the first wonderfully weird basket. | **PG**  +CHPD35-017+ |

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| 14:30 | **The Kitchen: Fresh New Flavors (R)**  Exploring new flavors, starting with Sunny Anderson's Bruschetta Burger and Katie Lee's Barbecue Salmon Cobb Salad. Creating fresh, seasonal dishes is easy with a Field Guide to Greens. | **PG**  +TKIT13-007+ |

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| 15:30 | **Barefoot Contessa: Training Day Dinner**  The East Hampton ambulance volunteers meet once a month for a cookout to feed its 50 volunteers and Ina's pitching in with the help of local chef Joe Realmuto from Townline BBQ. | **PG**  +BARE07-001+ |

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| 16:00 | **Giada At Home: Recipe Swap (R)**  Giada De Laurentiis makes Spicy Citrus Popcorn to snack on in the kitchen, and then Aunt Raffy shows up and teaches Giada one of her favorite recipes, Quinoa and Ceci Soup. | **PG**  +GIHO06-020+ |

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| 16:30 | **House Of Wellness (R) ’CC’**  Entertaining everybody to live a healthier life. Hosted by Luke Darcy, Rachael Finch, Jo Stanley and Luke Hines. | **PG**  +HOWL03-010+ |

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| 17:30 | **Rachael Ray's Week In A Day: Back To The Grind (R)**  Rachael proves that ground meat can do so much more than burgers. | **PG**  +WIAD03-009+ |

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| 18:30 | **Chopped: Gimme Gator (R)**  Strange incarnations of everyday ingredients, black garlic and coconut vinegar, challenge the chefs in the appetizer round. | **PG**  +CHPD35-018+ |

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| 19:30 | **Bizarre Foods With Andrew Zimmern: Indonesia NEW EPISODE**  Andrew visits Indonesia, a tropical paradise where modern life is still influenced by ancient rituals, and food is at the core of centuries old traditions. | **PG (A)**  +BIFO04-021+ |

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| 20:30 | **Mystery Diners: Street Vendor Violation (R)**  After noticing lacklustre dinner sales and a dip in bottle service, Freddy and Abdi of Supperclub in Los Angeles contact Charles Stiles for help. | **PG (L,A)**  +MYSD11-001+ |

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| 21:00 | **Mystery Diners: From Russia Without Love (R)**  Before investing his life savings in a new Russian restaurant, an aspiring restaurateur asks Charles Stiles to investigate the Russian chef he plans to go into business with. | **PG (L,A)**  +MYSD11-002+ |

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| 21:30 | **Cutthroat Kitchen: Welcome To The Jungle NEW EPISODE**  A jungle torch is used to cook a dish, and an oversized fondue pot leads to a giant mess. | **PG**  +CUTK04-005+ |

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| 22:30 | **Bizarre Foods With Andrew Zimmern: Indonesia (R)**  Andrew visits Indonesia, a tropical paradise where modern life is still influenced by ancient rituals, and food is at the core of centuries old traditions. | **PG (A)**  +BIFO04-021+ |

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| 23:30 | **Chopped: Gimme Gator (R)**  Strange incarnations of everyday ingredients, black garlic and coconut vinegar, challenge the chefs in the appetizer round. | **PG**  +CHPD35-018+ |

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| 00:30 | **SA Weekender (R) ’CC’**  Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. Presenters include Belinda Sloane, Callum Hann, Michael Keelan and Kelly Golding. | **G**  +SAWE18-034+ |

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| 01:00 | **Queensland Weekender (R) ’CC’**  Kip has the place for a winter bushwalk, Luke and Cody are exploring the coast by rail and Lee is welcoming the whales to Straddie. | **G**  +7QWE18-023+ |

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| 01:30 | **Creek To Coast (R) ’CC’**  Liz is on guard with the Coast Guard. Roger is gearing up for Easter and Scotty is in the Gladstone Region looking for the ABC of fish, Bream, Cod and A big one. | **G**  +7CTC18-004+ |

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| 02:00 | **The Great Day Out (R) ’CC’**  Queensland Country Music singer Micks shares her Great Day Out, Jess has got the low down on a much-loved family festival and Sofie is off on her next dog friendly adventure. | **G**  +GDOT18-016+ |

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| 02:30 | **Home In WA (R)**  Home in WA showcases builders, real estate, home services and products for our homes in WA. | **G**  +HIWA21-008+ |

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| 03:00 | **Sydney Weekender (R) ’CC’**  Mike heads to the Snowy Mountains and tries fly fishing at Eucumbene Trout Farm. Rose visits Whistler in Canada. Pete spends a day in Manly, having breakfast at The Pantry and a meal at Sunset Sabi. Starring:ERICA DAVIS,PETE WELLS,ROSE JACOBS,MIKE WHITNEY | **G**  +7SWE25-011+ |

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| 03:30 | **SA Weekender (R) ’CC’**  Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. Presenters include Belinda Sloane, Callum Hann, Michael Keelan and Kelly Golding. | **G**  +SAWE18-034+ |

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| 04:00 | **Queensland Weekender (R) ’CC’**  Kip has the place for a winter bushwalk, Luke and Cody are exploring the coast by rail and Lee is welcoming the whales to Straddie. | **G**  +7QWE18-023+ |

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| 04:30 | **Creek To Coast (R) ’CC’**  Liz is on guard with the Coast Guard. Roger is gearing up for Easter and Scotty is in the Gladstone Region looking for the ABC of fish, Bream, Cod and A big one. | **G**  +7CTC18-004+ |

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| 05:00 | **The Great Day Out (R) ’CC’**  Queensland Country Music singer Micks shares her Great Day Out, Jess has got the low down on a much-loved family festival and Sofie is off on her next dog friendly adventure. | **G**  +GDOT18-016+ |

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| 05:30 | **Home In WA (R)**  Home in WA showcases builders, real estate, home services and products for our homes in WA. | **G**  +HIWA21-008+ |

**Saturday 04 May 2019**

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| 06:00 | **Rachael Ray's Week In A Day: Back To The Grind (R)**  Rachael proves that ground meat can do so much more than burgers. | **PG**  +WIAD03-009+ |

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| 07:00 | **Guy's Grocery Games: Pizza Masters (R)**  It's sur-pie-val of the fittest when four dough throwers compete in a pizza playoff. | **PG**  +GUGG15-002+ |

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| 08:00 | **The Kitchen: Fresh New Flavors (R)**  Exploring new flavors, starting with Sunny Anderson's Bruschetta Burger and Katie Lee's Barbecue Salmon Cobb Salad. Creating fresh, seasonal dishes is easy with a Field Guide to Greens. | **PG**  +TKIT13-007+ |

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| 09:00 | **Barefoot Contessa: Training Day Dinner (R)**  The East Hampton ambulance volunteers meet once a month for a cookout to feed its 50 volunteers and Ina's pitching in with the help of local chef Joe Realmuto from Townline BBQ. | **PG**  +BARE07-001+ |

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| 09:30 | **Giada At Home: Springtime In Italy (R)**  Giada makes a very traditional Italian Easter luncheon for her family using the fresh flavors of Italy. The menu features Italian Springtime Lamb, Artichoke Risotto and Whipped Ricotta Salad. | **PG**  +GIHO06-019+ |

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| 10:00 | **Cutthroat Kitchen: Welcome To The Jungle (R)**  A jungle torch is used to cook a dish, and an oversized fondue pot leads to a giant mess. | **PG**  +CUTK04-005+ |

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| 11:00 | **Food Network Star: Motorsports Tailgating**  Chef Robert Irvine shows his love of NASCAR and the inevitable tailgating that comes along with it as he challenges the finalists to create a dish worthy of a world-class tailgate party! | **PG**  +FONS12-005+ |

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| 12:00 | **Giada At Home: Springtime In Italy (R)**  Giada makes a very traditional Italian Easter luncheon for her family using the fresh flavors of Italy. The menu features Italian Springtime Lamb, Artichoke Risotto and Whipped Ricotta Salad. | **PG**  +GIHO06-019+ |

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| 12:30 | **Bizarre Foods With Andrew Zimmern: Indonesia (R)**  Andrew visits Indonesia, a tropical paradise where modern life is still influenced by ancient rituals, and food is at the core of centuries old traditions. | **PG (A)**  +BIFO04-021+ |

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| 13:30 | **Chopped: Gimme Gator (R)**  Strange incarnations of everyday ingredients, black garlic and coconut vinegar, challenge the chefs in the appetizer round. | **PG**  +CHPD35-018+ |

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| 14:30 | **Food Network Star: Motorsports Tailgating (R)**  Chef Robert Irvine shows his love of NASCAR and the inevitable tailgating that comes along with it as he challenges the finalists to create a dish worthy of a world-class tailgate party! | **PG**  +FONS12-005+ |

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| 15:30 | **Cutthroat Kitchen: Welcome To The Jungle (R)**  A jungle torch is used to cook a dish, and an oversized fondue pot leads to a giant mess. | **PG**  +CUTK04-005+ |

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| 16:30 | **Ten Dollar Dinners: Swine And Dine (R)**  Melissa d'Arabian makes a crowd-pleasing Southern meal that stays pleasingly under budget. | **PG**  +TEDD07-010+ |

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| 17:00 | **Anthony Bourdain: The Layover: Rome (R)**  Tony has just over 30 hours to explore the Eternal City. He sets off on a whirlwind tour, from the banks of the Tiber River to deep into the crooked ancient alleyways. | **PG (L)**  +TLAY01-007+ |

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| 18:00 | **Mystery Diners: Street Vendor Violation (R)**  After noticing lacklustre dinner sales and a dip in bottle service, Freddy and Abdi of Supperclub in Los Angeles contact Charles Stiles for help. | **PG (L,A)**  +MYSD11-001+ |

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| 18:30 | **Mystery Diners: From Russia Without Love (R)**  Before investing his life savings in a new Russian restaurant, an aspiring restaurateur asks Charles Stiles to investigate the Russian chef he plans to go into business with. | **PG (L,A)**  +MYSD11-002+ |

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| 19:00 | **My France With Manu: The Rhone Valley (R) ’CC’**  Manu returns to take us on another journey through his home country. Beginning in the French Alps, he goes mountain biking before heading to Lyon to learn boat jousting and to try the local cuisine. | **PG**  +MANU2-001+ |

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| 20:00 | **Iron Chef America: Morimoto Vs. Chauhan NEW EPISODE**  Chicago chef Maneet Chauhan enters Kitchen Stadium to challenge Iron Chef Masaharu Morimoto. | **PG**  +ICAM08-004+ |

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| 21:00 | **Iron Chef America: Symon Vs. Vetri NEW EPISODE**  Chef Marc Vetri of Vetri Italian restaurant takes on Iron Chef Symon. | **PG**  +ICAM08-005+ |

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| 22:00 | **Diners, Drive-Ins and Dives: South Of The Border**  Guy Fieri's headed south of the border to Cabo San Lucas, Mexico. | **PG**  +DDID18-010+ |

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| 22:30 | **Diners, Drive-Ins and Dives: Tennessee Holiday Traditions**  Guy Fieri's digging into the unique holiday traditions in Tennessee. | **PG**  +DDID18-011+ |

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| 23:00 | **Guy's Grocery Games: Frozen Food Fight**  Flavortown has frozen over. Guy Fieri puts four talented chefs through three rounds of shopping and cooking from the frozen foods section. | **PG**  +GUGG16-014+ |

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| 00:00 | **Taco Trip: Las Vegas (R)**  Aaron searches for the tastiest tacos Las Vegas has to offer and finds 'KoMex', which features a fusion of Korean and Mexican flavours. | **PG**  +TACO02-004+ |

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| 00:30 | **Big Food Truck Tip: Mobile Mashup In Memphis**  Andrew Zimmern travels across the US to find food truck entrepreneurs who love sharing their culinary creations with the public. | **PG**  +BIFT01-004+ |

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| 01:00 | **Queensland Weekender (R) ’CC’**  Kip makes some fascinating discoveries, Olivia heads offshore, Liz is on her babymoon and Lee is embarking on an incredible walk in the Whitsundays. | **G**  +7QWE18-024+ |

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| 01:30 | **Creek To Coast (R) ’CC’**  The competition is on between Luke and Cody as they fight for the best catch of the day. Roger shares his passion for Landcruisers. Sally has all the tricks for cooking a whole fish. | **G**  +7CTC18-005+ |

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| 02:00 | **The Great Day Out (R) ’CC’**  Blair's playing pilot, athlete Tamsyn Lewis shares her Great Day Out and Jess has a great school holiday idea. | **G**  +GDOT18-017+ |

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| 02:30 | **Home In WA (R)**  Home in WA showcases builders, real estate, home services and products for our homes in WA. | **G**  +HIWA21-009+ |

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| 03:00 | **Sydney Weekender (R) ’CC’**  Mike goes to Moree, where he learns how to grow a pair of jeans and visits the Artesian Aquatic Centre. Rose continues her trip in Canada. Sally eats at two of the hottest Sydney Scandi restaurants. | **G**  +7SWE25-012+ |

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| 03:30 | **SA Weekender (R) ’CC’**  Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. Presenters include Belinda Sloane, Callum Hann, Michael Keelan and Kelly Golding. | **G**  +SAWE18-035+ |

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| 04:00 | **Queensland Weekender (R) ’CC’**  Kip makes some fascinating discoveries, Olivia heads offshore, Liz is on her babymoon and Lee is embarking on an incredible walk in the Whitsundays. | **G**  +7QWE18-024+ |

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| 04:30 | **Creek To Coast (R) ’CC’**  The competition is on between Luke and Cody as they fight for the best catch of the day. Roger shares his passion for Landcruisers. Sally has all the tricks for cooking a whole fish. | **G**  +7CTC18-005+ |

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| 05:00 | **The Great Day Out (R) ’CC’**  Blair's playing pilot, athlete Tamsyn Lewis shares her Great Day Out and Jess has a great school holiday idea. | **G**  +GDOT18-017+ |

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| 05:30 | **Home In WA (R)**  Home in WA showcases builders, real estate, home services and products for our homes in WA. | **G**  +HIWA21-009+ |