**Sunday 22 September 2019**

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| 06:00 | **It's Academic (R) ’CC’** Simon Reeve hosts all new episodes of the educational and entertaining show where schools compete to win cash and prizes. | **G** +IAC20-009+ |

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| 06:30 | **It's Academic (R) ’CC’** Simon Reeve hosts all new episodes of the educational and entertaining show where schools compete to win cash and prizes. | **G** +IAC20-010+ |

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| 07:00 | **Beat Bugs: Penny Lane / Birthday (R) ’CC’** When Crick feels as though no one notices him, the other Beat Bugs create a place where he can be the centre of attention. Then, it's Jay and Crick's birthday and a surprise party is in the works. | **G** +BEAT-005+ |

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| 07:30 | **Beat Bugs: I've Just Seen A Face / Magical Mystery Tour (R) ’CC’** After Jay sees Julia's face up close, none of his friends believe his story. Then, the Beat Bugs meet an eloquent showman grasshopper with an offer of an amazing adventure. | **G** +BEAT-006+ |

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| 08:00 | **Gamer's Guide To Pretty Much Everything: The Driving Test (R)** Professional teenage video gamer, Conor, is forced to go to high school for the first time. Coping with his new lifestyle, he focuses on friendships and visualizes life as a video game. | **PG** +GAGU01-008+ |

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| 08:30 | **Gamer's Guide To Pretty Much Everything: The Psycho Zombie Bloodbath (R)** Professional teenage video gamer, Conor, is forced to go to high school for the first time. Coping with his new lifestyle, he focuses on friendships and visualizes life as a video game. | **PG** +GAGU01-009+ |

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| 09:00 | **Lab Rats: Bionic Island: Spider Island (R) ’CC’** Douglas and Chase work together to reanimate an extinct species of sea spider. The spider escapes and puts the entire academy in jeopardy. | **PG** +LARA04-009+ |

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| 09:30 | **Lab Rats: Bionic Island: Spike vs Spikette (R) ’CC’** Bree and Chase discover that a female bionic student has a commando app like Chase. After she starts terrorising the academy, they activate Spike to subdue her. | **PG** +LARA04-010+ |

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| 10:00 | **Pickle And Peanut: Pickle The Falcon Master / Pickle Adopts A Family (R)** Jon Heder (Napoleon Dynamite) and Johnny Pemberton (21 Jump Street) are two unlikely friends, an emotional Pickle and a freewheeling Peanut. | **PG** +PNUT01-003+ |

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| 10:30 | **Pickle And Peanut: PAL-SCAN / America's Sweetboy (R)** Jon Heder (Napoleon Dynamite) and Johnny Pemberton (21 Jump Street) are two unlikely friends, an emotional Pickle and a freewheeling Peanut. | **PG** +PNUT01-004+ |

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| 11:00 | **The Amazing Race: Full Speed Ahead, Captain! (R) ’CC’** One Team risks falling to the back of the pack after taking a break to sight-see, and Racers take a big jump when faced with a Double Dutch Detour. | **PG** +AMRC27-007+ |

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| 12:00 | **The Amazing Race: Krakow, I'm Going Get You (R) ’CC’** Eleven new teams began the journey of a lifetime when The Amazing Race starts its 27th trip around the world in Venice Beach, California. | **PG** +AMRC27-008+ |

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| 13:00 | **The Amazing Race: It's Always The Quiet Ones (R) ’CC’** Eleven new teams began the journey of a lifetime when The Amazing Race starts its 27th trip around the world in Venice Beach, California.  | **PG** +AMRC27-009+ |

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| 13:50 | **The Amazing Race: Bring The Fun, Baby! (R) ’CC’** Eleven new teams began the journey of a lifetime when The Amazing Race starts its 27th trip around the world in Venice Beach, California.  | **PG** +AMRC27-010+ |

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| 14:50 | **The Amazing Race: It's Not Easy Beating Green (R) ’CC’** Eleven new teams began the journey of a lifetime when The Amazing Race starts its 27th trip around the world in Venice Beach, California.  | **PG** +AMRC27-011+ |

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| 15:50 | **The Amazing Race: We Got A Chance, Baby! (R) ’CC’** Eleven new teams began the journey of a lifetime when The Amazing Race starts its 27th trip around the world in Venice Beach, California.  | **PG** +AMRC27-012+ |

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| 16:45 | **Weird, True And Freaky: True Horror Stories (R)** Gentle giants riled, real life zombie slaves and biblical swarms out of a horror film. Each frightening tale is so extreme, it seems like a living nightmare. | **PG** +WTAF01-003+ |

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| 17:45 | **Australia's Got Talent (R) ’CC’ ENCORE**In the Semi-Final, special guest Natalie Bassingthwaighte joins judges Shane Jacobson, Lucy Durack, Nicole Scherzinger and Manu Feildel as Nicole's Golden Buzzer recipient. | **PG** +AGTA09-012+ |

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| 19:00 | **Movie: The Naked Gun From The Files Of Police Squad! (R)** Leslie Nielsen stars as Police Squad's own granite-jawed, rock-brained cop Frank Drebin, who bumbles across a mind-control scheme to assassinate Queen Elizabeth. Starring:GEORGE KENNEDY,LESLIE NIELSEN,RICARDO MONTALBAN,PRISCILLA PRESLEY | **PG (V,S)**+PAFR01-025+ |

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| 20:45 | **Movie: The Naked Gun 2 & 1/2: The Smell Of Fear (R)** Lieutenant Drebin discovers that his ex-girlfriend's new beau is involved in a plot to kidnap a scientist who advocates solar energy. Starring:GEORGE KENNEDY,LESLIE NIELSEN,PRISCILLA PRESLEY,ROBERT GOULET | **M (V,L,S)**+PAFR01-023+ |

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| 22:30 | **Quantico: Spy Games** Alex and McQuigg are tasked with protecting a Arabian prince. Meanwhile Ryan and Harry work to uncover an assassination attempt. | **M (V)**+QUAN03-004+ |

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| 23:30 | **Quantico: The Blood Of Romeo** When a physics professor at a major U.S. university steals weaponized uranium, the team scrambles to find the professor and the missing uranium before it can be used. | **M (V)**+QUAN03-005+ |

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| 00:30 | **Quantico: The Heavens Fall** The team must control a deadly situation, that may leave them scarred. | **M (V)**+QUAN03-006+ |

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| 01:30 | **Quantico: Bullet Train** The team is tasked with protecting a scientist who has developed a deadly technology that, in the wrong hands, could have devastating consequences to mankind. | **M (V)**+QUAN03-007+ |

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| 02:30 | **Quantico: Deep Cover** Alex goes undercover with an American military contractor who is believed to have struck a deadly deal with another country; but in the end, it’s Alex’s life that’s on the line. | **M (V)**+QUAN03-008+ |

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| 03:30 | **Quantico: Fear Feargach** Lives are in danger as the team protects Shelby when she reunites with someone from her past, resulting in deadly consequences. | **M (V)**+QUAN03-009+ |

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| 04:30 | **Quantico: No Place Is Home** When Owen and McQuigg learn heartbreaking news about family members, the team goes on high alert as they quickly learn nowhere is safe. | **M (V)**+QUAN03-010+ |

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| 05:30 | **TBA:** TBC | ++ |

 **Monday 23 September 2019**

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| 06:00 | **It's Academic (R) ’CC’** Simon Reeve hosts all new episodes of the educational and entertaining show where schools compete to win cash and prizes. | **G** +IAC20-011+ |

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| 06:30 | **It's Academic (R) ’CC’** Simon Reeve hosts all new episodes of the educational and entertaining show where schools compete to win cash and prizes. | **G** +IAC20-012+ |

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| 07:00 | **Gamer's Guide To Pretty Much Everything: The Prank Of The Century (R)** Professional teenage video gamer, Conor, is forced to go to high school for the first time. Coping with his new lifestyle, he focuses on friendships and visualizes life as a video game. | **PG** +GAGU01-010+ |

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| 07:30 | **Gamer's Guide To Pretty Much Everything: The Odd Couple (R)** Professional teenage video gamer, Conor, is forced to go to high school for the first time. Coping with his new lifestyle, he focuses on friendships and visualizes life as a video game. | **PG** +GAGU01-011+ |

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| 08:00 | **Lab Rats: Bionic Island: Lab Rats Vs Mighty Med (R) ’CC’** Chase is severely injured so Kaz and Oliver take him to the "Mighty Med" hospital to treat him. | **PG** +LARA04-011+ |

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| 08:30 | **Lab Rats: Bionic Island: Space Elevator (R) ’CC’** When Davenport's top scientist arrives at the academy to test his latest advance in space technology Chase feels threatened by him. | **PG** +LARA04-012+ |

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| 09:00 | **Spit It Out (R) ’CC’** An exciting, fast-paced word game that requires lateral thinking and loads of teamwork! Hosted by Elliot Spencer. | **G** +SIO2-026+ |

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| 09:30 | **Spit It Out (R) ’CC’** An exciting, fast-paced word game that requires lateral thinking and loads of teamwork! Hosted by Elliot Spencer. | **G** +SIO2-027+ |

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| 10:00 | **James Robison: Darryl And Tracy Strawberry** Religious Program. | **PG (A)**+JARO01-722+ |

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| 10:30 | **Travel Oz: Back Of Bourke (R) ’CC’** Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG** +TRAV-024+ |

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| 11:15 | **Travel Oz: Tiwi Islands (R) ’CC’** Greg explores the relaxed way of life in the Tiwi Islands as he witnesses frilled-necked lizard hunts, ceremonial dancing and art that celebrates island life. | **PG** +TRAV-025+ |

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| 12:00 | **The Muppets: Pig Girls Don't Cry (Pilot) (R) ’CC’** The Muppets return to primetime with a contemporary, documentary-style show. This series will explore the Muppets’ personal lives and relationships, both at home and at work. | **G** +MUPP01-001+ |

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| 12:30 | **The Muppets: Hostile Makeover (R) ’CC’** In an attempt to make Miss Piggy happy, Kermit sets her up with Josh Groban who fills her head with ideas on how to make Up Late with Miss Piggy better. | **G** +MUPP01-002+ |

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| 13:00 | **The Goldbergs: A Kick-Ass Risky Business Party (R) ’CC’** As Barry and Erica are enlisted to help throw a Risky Business party at Lainey's house, Murray refuses to help Adam carry on a long distance romance. | **PG** +GOLB03-001+ |

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| 13:30 | **The Goldbergs: A Chorus Lie (R) ’CC’** Beverly vows to help Adam conquer puberty and A Chorus Line. Murray worries that he's setting a bad example for Erica. | **PG** +GOLB03-002+ |

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| 14:00 | **Just Shoot Me!: A Beautiful Mind (R) ’CC’** Maya goes on a date with the office exterminator, Chris. She will be amazed at how much she actually likes him, though he is not the smartest. | **PG** +JUSM06-016+ |

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| 14:30 | **Just Shoot Me!: Educating Finch (R) ’CC’** Jack agrees to pay for tutoring because Finch isn't doing well in college. After learning his tutor is also a masseuse, Finch trades the tutoring sessions for massages. | **PG** +JUSM06-017+ |

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| 15:00 | **Weird, True And Freaky: True Horror Stories (R)** Gentle giants riled, real life zombie slaves and biblical swarms out of a horror film. Each frightening tale is so extreme, it seems like a living nightmare. | **PG** +WTAF01-003+ |

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| 16:00 | **Me, Myself & I: Pilot (R) ’CC’** A comedy which shows a man at defining moments of his life, from a 14 year old teenager, to a 40 year-old in the present day and a man trying to reinvent himself at age 65 in 2042.  | **PG (D,S)**+MEMI01-001+ |

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| 16:30 | **Me, Myself & I: The First Step (R) ’CC’** Darryl encourages mid-life Alex to get back into the dating scene following his divorce. Young Alex has trouble making friends after his embarrassing moment at the school dance. | **PG (S)**+MEMI01-002+ |

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| 17:00 | **The Goldbergs: Lainey Loves Lionel (R) ’CC’** Barry looks to Lionel Richie for inspiration in creating a Valentine's Day surprise for Lainey. Murray advises Adam to defy Beverly and see an R-rated movie, but the plan backfires. | **PG** +GOLB03-014+ |

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| 17:30 | **The Nanny: The Best Man (R)** Fran's brief affair with Maxwell's brother threatens to ruin the wedding. | **PG** +NANN05-021+ |

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| 18:00 | **The Nanny: The Wedding (R)** Superstition threatens to derail Fran and Maxwell's wedding. | **PG** +NANN05-801+ |

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| 19:00 | **M\*A\*S\*H: Mail Call, Again (R)** Mail brings a letter to Frank saying his wife is divorcing him, and one to Potter telling him he's going to be a grandfather. | **PG** +MASH4-015+ |

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| 19:30 | **The White Rabbit Project: Crazy WW2 Weapons NEW EPISODE**The team examines some of the more unorthodox weapons devised by the Allies during World War II, including estrogen doses for Hitler and dropping bat-filled bombs on Japan. | **M (A)**+WRAB01-003+ |

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| 20:30 | **Criminal Minds: Future Perfect (R) ’CC’** The BAU searches for a suspect who is obsessed with medical experiments. | **M (A,V)**+CRMD11-010+ |

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| 21:30 | **Bones: The Doll In The Derby (R)** Brennan and Booth investigate the death of a female roller derby skater whose body was dismembered. In order to get more answers, they enlist Angie to go undercover as a derby skater. | **M** +BONE8-014+ |

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| 22:30 | **Bones: The Shot In The Dark (R)** When Brennan is shot while working late at the lab, she is rushed to the hospital in critical condition. While at the hospital, she struggles with visions of her mother that defy her usual logic. | **M** +BONE8-015+ |

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| 23:30 | **Castle: PHDead (R) ’CC’** When the body of a local college fraternity student is found gruesomely murdered, Castle has to go undercover as a professor in order to gain access to the victim's world. | **M (A,V,S)**+CSTL08-003+ |

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| 00:30 | **Castle: What Lies Beneath (R) ’CC’** When Castle's idol, a famously reclusive author, turns up dead, Castle is determined to solve his hero's murder. But as he and Beckett dig deeper, they discover that truth is stranger than fiction. | **M (A,V)**+CSTL08-004+ |

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| 01:30 | **The Blacklist: Mr. Solomon (R) ’CC’** After Red learns that a tactical nuclear weapon is being targeted by thieves, it's a race against the clock as the task force struggles to stop them -- and prevent an imminent nuclear disaster. | **M (V)**+BLKL03-017+ |

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| 02:30 | **The Blacklist: Mr. Solomon : Conclusion (R) ’CC’** After a tragedy puts a member of the team in grave danger, the task force must rely on Red and his unconventional methods to survive. Meanwhile, Tom and Liz face an unexpected complication. | **M (V)**+BLKL03-018+ |

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| 03:30 | **The Blacklist: Cape May (R) ’CC’** A mysterious beauty on the run from unknown assailants accidentally crosses paths with Red and enlists his help to fight back against her attackers. | **M (A,V)**+BLKL03-019+ |

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| 04:30 | **The Blacklist: The Artax Network (R) ’CC’** After an unexpected loss devastates the FBI task force, they must track down their assailants; a mysterious group whose agents operate using a worldwide satellite network. | **M (D,V)**+BLKL03-020+ |

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| 05:30 | **TBA:** TBC | ++ |

 **Tuesday 24 September 2019**

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| 06:00 | **It's Academic (R) ’CC’** Simon Reeve hosts all new episodes of the educational and entertaining show where schools compete to win cash and prizes. | **G** +IAC20-013+ |

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| 06:30 | **It's Academic (R) ’CC’** Simon Reeve hosts all new episodes of the educational and entertaining show where schools compete to win cash and prizes. | **G** +IAC20-014+ |

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| 07:00 | **Gamer's Guide To Pretty Much Everything: The Longest Yard (R)** Professional teenage video gamer, Conor, is forced to go to high school for the first time. Coping with his new lifestyle, he focuses on friendships and visualizes life as a video game. | **PG** +GAGU01-012+ |

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| 07:30 | **Gamer's Guide To Pretty Much Everything: The Penpal (R)** Professional teenage video gamer, Conor, is forced to go to high school for the first time. Coping with his new lifestyle, he focuses on friendships and visualizes life as a video game. | **PG** +GAGU01-013+ |

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| 08:00 | **Lab Rats: Bionic Island: Curse Of The Screaming Skull (R) ’CC’** When Principal Perry brings back a skull from a neighbouring island, everyone is convinced it is cursed when strange things happen to those who come into contact with it. | **PG** +LARA04-013+ |

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| 08:30 | **Lab Rats: Bionic Island: One Of Us (R) ’CC’** Chase and Douglas discover that Krane implanted the bionic students with a deadly virus. Chase, Douglas and Leo desperately try to find a solution before time runs out. | **PG** +LARA04-014+ |

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| 09:00 | **Spit It Out (R) ’CC’** An exciting, fast-paced word game that requires lateral thinking and loads of teamwork! Hosted by Elliot Spencer. | **G** +SIO2-028+ |

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| 09:30 | **Spit It Out (R) ’CC’** An exciting, fast-paced word game that requires lateral thinking and loads of teamwork! Hosted by Elliot Spencer. | **G** +SIO2-029+ |

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| 10:00 | **James Robison: Margaret Feinberg** Religious Program. | **PG** +JARO01-723+ |

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| 10:30 | **Travel Oz: Spirit Of Australia (R) ’CC’** Relive some of Australia's big celebrations, meet some top Aussie characters, share their adventures, their love of music and sport and spend time with some wonderful Aussie volunteers. | **PG** +TRAV-026+ |

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| 11:15 | **Travel Oz: Tiwi Islands: Footy Fever (R) ’CC’** Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG** +TRAV2-001+ |

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| 12:00 | **The Muppets: Bear Left Then Bear Right (R) ’CC’** Fozzie takes things a bit too far when Kermit offers him advice and Nick Offerman steps in to help the gang. Also, Christina Applegate guests on 'Up Late', and brings Miss Piggy a sweet surprise. | **G** +MUPP01-003+ |

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| 12:30 | **The Muppets: Pig Out (R) ’CC’** The gang has an epic night out when they run into Ed Helms at Rowlf's Tavern and they all perform their favorite karaoke jams, but Kermit is not pleased when no one shows up to work the next day. | **G** +MUPP01-004+ |

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| 13:00 | **The Goldbergs: Jimmy 5 Is Alive (R) ’CC’** Murray attempts to help Adam transition into adulthood by building a robot, but their creative differences drive them apart, the opposite of what Murray was trying to achieve. | **PG** +GOLB03-003+ |

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| 13:30 | **Special: Jabba's School Holiday Movie Special (R) ’CC’ (2019)** Join Jason 'Jabba' Davis as he takes a look at some of the best movies for kids coming up in the school holidays.  | **PG (H)**+NFFI80-003+ |

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| 14:00 | **Just Shoot Me!: The Book Of Jack (R) ’CC’** Jack wants to write a novel but ends up using a ghostwriter. With him out of the office, Nina, Elliot, and Maya compete for power over the magazine. | **PG** +JUSM06-018+ |

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| 14:30 | **Just Shoot Me!: Blush Gets Some Therapy (R) ’CC’** The Blush staff agrees to corporate therapy after their bickering drives off a client. | **PG** +JUSM06-019+ |

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| 15:00 | **Diff'rent Strokes: Push Comes To Shove (R)** The misadventures of a rich Manhattan family who adopted the children of their late African American maid. | **G** +DIFS05-010+ |

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| 15:30 | **Diff'rent Strokes: The Executives (R)** Willis learns that even a little power in the wrong hands can be dangerous when he oversteps the bounds of his authority in his after school job at his father's office. | **G** +DIFS05-011+ |

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| 16:00 | **Me, Myself & I: The Card (R) ’CC’** Young Alex attempts to impress his crush, Nori. Mid-life Alex struggles to find the money to take his daughter on a glamping trip with her friends. Older Alex tries to make plans for his birthday. | **PG (S)**+MEMI01-003+ |

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| 16:30 | **Me, Myself & I: Star Wars (R) ’CC’** Mid-life Alex is devastated when he learns that Ron showed Abby his favorite movie, Star Wars, for the first time - a moment he had been waiting for. | **PG** +MEMI01-004+ |

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| 17:00 | **The Goldbergs: Lucky (R) ’CC’** Barry's effort to badger Murray into getting a dog backfires. Erica bans the eavesdropping Beverly from her life. | **PG** +GOLB03-007+ |

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| 17:30 | **M\*A\*S\*H: Mail Call, Again (R)** Mail brings a letter to Frank saying his wife is divorcing him, and one to Potter telling him he's going to be a grandfather. | **PG** +MASH4-015+ |

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| 18:00 | **The Nanny: The Honeymoon's Overboard (R)** As CC and Sylvia mount a search, honeymooners Fran and Maxwell try to survive after being washed up on a deserted island. | **PG** +NANN06-001+ |

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| 18:30 | **The Nanny: Fran Gets Shushed (R)** Fran is furious when Maxwell tries to keep her quiet on their first night together in their bedroom. | **PG** +NANN06-002+ |

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| 19:00 | **M\*A\*S\*H: The Price Of Tomato Juice (R)** Radar gets the help of Hawkeye and B.J. to procure something Colonel Potter says he's fond of, but that's hard to come by. | **PG** +MASH4-016+ |

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| 19:30 | **Picker Sisters: Motorcycles And Meat Sauce NEW EPISODE**It's back to Cajun Country where Tanya and Tracy seek out more unique pieces to transform into beautiful home decor. Back in LA, Alan struggles to understand the girls' vision. | **PG** +PICS01-003+ |

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| 20:30 | **Movie: The Amazing Spider-Man 2 (R) ’CC’ (2013)** Peter Parker runs the gauntlet as the mysterious company Oscorp sends up a slew of supervillains against him, impacting on his life. Starring:ANDREW GARFIELD,DANE DEHAAN,JAMIE FOXX,SALLY FIELD,PAUL GIAMATTI,EMMA STONE | **M (V)**+SPCF07-004+ |

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| 23:20 | **Tattoo Nightmares: Teabag Tattoo (R)** Jasmine regrets agreeing to attempt a cover-up next to a personal trainer's private area and Big Gus meets a fellow tattoo artist with a horrible tattoo. | **M (A,L)**+TATT-006+ |

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| 23:50 | **Tattoo Nightmares: Burn Baby Burn (R)** Jasmine is shocked when her client reveals a burning American flag tattoo that he wants covered. And Tommy's client wants a cover up of a tattoo that almost cost him his life. | **M (L)**+TATT-007+ |

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| 00:20 | **The Blacklist: Susan Hargrave (R) ’CC’** When Red links an elegant, powerful and extremely dangerous woman to the recent tragic events, the task force is forced to play a deadly cat and mouse game to stop her before she strikes again. | **M (V)**+BLKL03-021+ |

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| 01:20 | **The Blacklist: Alexander Kirk (R) ’CC’** The FBI task force's hunt for revenge nears its endgame. Red and the team close in on the mysterious arch-criminal responsible for recent tragic events. | **M (V)**+BLKL03-022+ |

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| 02:20 | **The Blacklist: Alexander Kirk: Conclusion (R) ’CC’** As the taskforce closes in on the person responsible for Liz's death, a shocking betrayal leaves them racing to save one of their own.  | **M (V)**+BLKL03-023+ |

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| 03:20 | **Picker Sisters: Motorcycles And Meat Sauce (R)** It's back to Cajun Country where Tanya and Tracy seek out more unique pieces to transform into beautiful home decor. Back in LA, Alan struggles to understand the girls' vision. | **PG** +PICS01-003+ |

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| 04:30 | **Movie: The Falcon In San Francisco (R) (1945)** Six murders mark the trail of a gang of silk thieves, before Falcon catches the killer. Starring:FAY HELM,RITA CORDAY,ROBERT ARMSTRONG,MYRNA DELL,TOM CONWAY,SHARYN MOFFET,EDWARD BROPHY | **PG (V)**+RKO-027+ |

 **Wednesday 25 September 2019**

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| 06:00 | **It's Academic (R) ’CC’** Simon Reeve hosts all new episodes of the educational and entertaining show where schools compete to win cash and prizes. | **G** +IAC20-015+ |

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| 06:30 | **It's Academic (R) ’CC’** Simon Reeve hosts all new episodes of the educational and entertaining show where schools compete to win cash and prizes. | **G** +IAC20-016+ |

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| 07:00 | **Gamer's Guide To Pretty Much Everything: The Asteroid Blasters (R)** Professional teenage video gamer, Conor, is forced to go to high school for the first time. Coping with his new lifestyle, he focuses on friendships and visualizes life as a video game. | **PG** +GAGU01-014+ |

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| 07:30 | **Gamer's Guide To Pretty Much Everything: The Chillerz (R)** Professional teenage video gamer, Conor, is forced to go to high school for the first time. Coping with his new lifestyle, he focuses on friendships and visualizes life as a video game. | **PG** +GAGU01-015+ |

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| 08:00 | **Lab Rats: Bionic Island: Bob Zombie (R) ’CC’** Douglas develops a new piece of technology replicating Chase's bionic intelligence and gives it to some of the other academy students, including Bob. | **PG** +LARA04-015+ |

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| 08:30 | **Lab Rats: Bionic Island: Human Eddy (R) ’CC’** Davenport gives Eddy, the smart home system, a synthetic human body and he quickly becomes a model employee working alongside Principal Perry. | **PG** +LARA04-016+ |

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| 09:00 | **Spit It Out (R) ’CC’** An exciting, fast-paced word game that requires lateral thinking and loads of teamwork! Hosted by Elliot Spencer. | **G** +SIO2-030+ |

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| 09:30 | **Spit It Out (R) ’CC’** An exciting, fast-paced word game that requires lateral thinking and loads of teamwork! Hosted by Elliot Spencer. | **G** +SIO2-031+ |

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| 10:00 | **James Robison: Sheila Walsh: What Does It Mean To Be Redeemed** Religious Program. | **PG (A)**+JARO01-724+ |

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| 10:30 | **Travel Oz: Arnhem Hunt (R) ’CC’** Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG** +TRAV2-002+ |

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| 11:15 | **Travel Oz: Arnhem: Didgeridoo (R) ’CC’** Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG** +TRAV2-003+ |

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| 12:00 | **The Muppets: Walk The Swine (R) ’CC’** Miss Piggy and Reese Witherspoon have a heated rivalry but when the two volunteer for Habitat for Humanity, their feud escalates to a new level. Meanwhile, Fozzie and his girlfriend hit a rough patch. | **G** +MUPP01-005+ |

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| 12:30 | **The Muppets: The Ex Factor (R) ’CC’** Kermit is scrambling to find the perfect birthday gift for Denise, so he turns to Miss Piggy for help. Meanwhile, Kristin Chenoweth agrees to do a gig with The Electric Mayhem. | **G** +MUPP01-006+ |

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| 13:00 | **The Goldbergs: I Caddyshacked The Pool (R) ’CC’** As Adam goes to great lengths to avoid swimming at school, jealousy prompts Barry to undermine Erica when she attempts to make the world a better place. | **PG** +GOLB03-004+ |

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| 13:30 | **The Goldbergs: Boy Barry (R) ’CC’** Murray grows a mustache, igniting a feud between Beverly and his best friend, Bill. Barry is convinced he's lost Lainey to Boy George. | **PG** +GOLB03-005+ |

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| 14:00 | **Just Shoot Me!: The Burning House (R) ’CC’** Finch produces a low-budget movie with the help of his coworkers and David Hasselhoff. Things go wrong, like a flaming bird house tragedy and Jack's scratched car.  | **PG** +JUSM06-020+ |

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| 14:30 | **Just Shoot Me!: The Bad Grandma (R) ’CC’** Elliot's grandmother offends him when she lavishes attention on Finch but ignores Elliot. | **PG** +JUSM06-021+ |

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| 15:00 | **Picker Sisters: Motorcycles And Meat Sauce (R) ENCORE**It's back to Cajun Country where Tanya and Tracy seek out more unique pieces to transform into beautiful home decor. Back in LA, Alan struggles to understand the girls' vision. | **PG** +PICS01-003+ |

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| 16:00 | **Me, Myself & I: Family Tree (R) ’CC’** When Mid-life Alex helps his Abby with a family tree project, he's tempted to find his biological father. Young Alex must perform at Ron's family reunion talent show. | **PG** +MEMI01-005+ |

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| 16:30 | **Me, Myself & I: New Job (R) ’CC’** Mid-life Alex contemplates accepting a new job offer and leaving his partnership with Darryl. Young Alex works with Darryl on an invention for a school convention; Older Alex meets Eleanor's fiance. | **PG** +MEMI01-006+ |

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| 17:00 | **The Goldbergs: In Conclusion, Thanksgiving (R) ’CC’** When Adam discovers his dad's soft spot for the song "Cat's in the Cradle", Beverly exploits it to get Murray to invite his grouchy dad to Thanksgiving dinner. | **PG** +GOLB03-008+ |

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| 17:30 | **M\*A\*S\*H: The Price Of Tomato Juice (R)** Radar gets the help of Hawkeye and B.J. to procure something Colonel Potter says he's fond of, but that's hard to come by. | **PG** +MASH4-016+ |

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| 18:00 | **The Nanny: Once A Secretary, Always A Secretary (R)** After Maxwell refers to Fran as the nanny on TV, she finds herself torn between her roles as nanny and wife. | **PG** +NANN06-003+ |

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| 18:30 | **The Nanny: Sara's Parents (R)** The parents of Maxwell's late wife contest Fran's adoption of the children. | **PG** +NANN06-004+ |

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| 19:00 | **M\*A\*S\*H: Dear Ma (R)** Radar writes home to his mother, as Hawkeye conducts the camp foot inspection. And, Colonel Potter gets some shrapnel in his backside. | **PG** +MASH4-017+ |

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| 19:30 | **M\*A\*S\*H: Der Tag (R)** Potter decides Frank would be less of a pain if the others were friendlier to him, they oblige with some startling results. | **PG** +MASH4-018+ |

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| 20:00 | **M\*A\*S\*H: Hawkeye (R)** Hawkeye is injured in a jeep accident and, aware he has a concussion, babbles to a Korean family to keep himself awake. | **PG** +MASH4-019+ |

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| 20:30 | **Movie: The Five Year Engagement (R) ’CC’ (2014)** One year after meeting, Tom proposes to his girlfriend, Violet, but unexpected events continually keep tripping them up as they look to walk down the aisle together. Starring:CHRIS PRATT,JASON SEGAL,JACKI WEAVER,EMILY BLUNT,ALISON BRIE,DAKOTA JOHNSON | **M (S,L)**+NBCF28-005+ |

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| 23:00 | **Tattoo Nightmares: Don't Call It A Tramp Stamp (R)** Big Gus tries to help a young mother put her dark criminal past behind her. And Jasmine takes on a horrible tribal done by a famous Rockstar that is ruining her client's life. | **M (S,L)**+TATT-008+ |

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| 23:30 | **Tattoo Nightmares: Satanic Schoolgirl (R)** Tommy tries to save a Catholic schoolgirl with a pentagram on her back and Gus takes on a shockingly obscene tattoo across a gangster's stomach. | **M (L,S)**+TATT2-001+ |

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| 00:00 | **Quantico: Run (R) ’CC’** A diverse group of trainees has arrived at the FBI Quantico Base. They're the best, brightest and most vetted, but one of them is suspected of masterminding the biggest attack on New York since 9/11. | **M (A,V)**+QUAN01-001+ |

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| 01:00 | **Quantico: America (R) ’CC’** Alex is on the run and must outsmart Liam and his team to get into her apartment for anything that could help clear her name. | **M** +QUAN01-002+ |

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| 02:00 | **Quantico: Cover (R) ’CC’** Alex finally receives information about her father and his FBI past, but in the future it's her mother, Sita, who plays a key role when Liam convinces her to participate in a press conference. | **M (V)**+QUAN01-003+ |

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| 03:00 | **Quantico: Kill (R) ’CC’** At Quantico, the recruits take part in a hostage rescue training exercise that leaves Alex questioning whether she should quit; in the future, she finds possible evidence pointing to a classmate. | **M (V)**+QUAN01-004+ |

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| 04:00 | **Movie: Having Wonderful Time (R) (1938)** A light-hearted comedy about a young New York girl who falls in love at a summer camp. Starring:GINGER ROGERS,EVE ARDEN,LEE BOWMAN,LUCILLE BALL,RED SKELTON,PEGGY CONKLIN,DOUGLAS FAIRBANKS JR | **G** +RKO-049+ |

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| 05:30 | **Fresh TV: Best Of Fresh TV (R) ’CC’** Cooking and lifestyle show uncovering some of the best places to eat in WA. Presented by Myes Pollard and Jasmine Homer. | **G** +FRTV02-015+ |

 **Thursday 26 September 2019**

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| 06:00 | **It's Academic (R) ’CC’** Simon Reeve hosts all new episodes of the educational and entertaining show where schools compete to win cash and prizes. | **G** +IAC20-017+ |

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| 06:30 | **It's Academic (R) ’CC’** Simon Reeve hosts all new episodes of the educational and entertaining show where schools compete to win cash and prizes. | **G** +IAC20-018+ |

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| 07:00 | **Gamer's Guide To Pretty Much Everything: The Incident (R)** Professional teenage video gamer, Conor, is forced to go to high school for the first time. Coping with his new lifestyle, he focuses on friendships and visualizes life as a video game. | **PG** +GAGU01-016+ |

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| 07:30 | **Gamer's Guide To Pretty Much Everything: The Cabin (R)** Professional teenage video gamer, Conor, is forced to go to high school for the first time. Coping with his new lifestyle, he focuses on friendships and visualizes life as a video game. | **PG** +GAGU01-017+ |

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| 08:00 | **Lab Rats: Bionic Island: Bionic Action Hero - Part 1 (R) ’CC’** Douglas reveals that a former colleague is a movie director and wants to make a movie based on Adam, Bree and Chase. | **PG** +LARA04-017+ |

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| 08:30 | **Lab Rats: Bionic Island: Bionic Action Hero - Part 2 (R) ’CC’** Douglas reveals that a former colleague is a movie director and wants to make a movie based on Adam, Bree and Chase. | **PG** +LARA04-018+ |

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| 09:00 | **Spit It Out (R) ’CC’** An exciting, fast-paced word game that requires lateral thinking and loads of teamwork! Hosted by Elliot Spencer. | **G** +SIO2-032+ |

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| 09:30 | **Spit It Out (R) ’CC’** An exciting, fast-paced word game that requires lateral thinking and loads of teamwork! Hosted by Elliot Spencer. | **G** +SIO2-033+ |

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| 10:00 | **James Robison: Chris And Emily Norton** Religious Program. | **PG (A)**+JARO01-725+ |

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| 10:30 | **Travel Oz: Arnhemland: Garma (R) ’CC’** Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG** +TRAV2-004+ |

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| 11:15 | **Travel Oz: Broome: Pearls (R) ’CC’** Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG** +TRAV2-005+ |

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| 12:00 | **The Muppets: Pig's In A Blanket (R) ’CC’** Kermit is feeling the pressure at work and is forced to go to a private Yoga retreat where he runs into a stressed out Jason Bateman. Scooter is left to run the show and things go from bad to worse. | **G** +MUPP01-007+ |

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| 12:30 | **The Muppets: Too Hot To Handler (R) ’CC’** Scooter books his long time TV crush, Chelsea Handler, who really heats things up both on 'Up Late' and in Scooter's personal life. | **G** +MUPP01-008+ |

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| 13:00 | **The Goldbergs: Couples Costume (R) ’CC’** Adam skips trick-or-treating to take his girlfriend to a haunted house. Beverly attempts to teach Adam a lesson about the dangers of Halloween, but her plan backfires. | **PG** +GOLB03-006+ |

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| 13:30 | **The Goldbergs: Lucky (R) ’CC’** Barry's effort to badger Murray into getting a dog backfires. Erica bans the eavesdropping Beverly from her life. | **PG** +GOLB03-007+ |

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| 14:00 | **Just Shoot Me!: The Boys In The Band (R) ’CC’** Finch's fellow band member, Greg, asks Nina out. She's mortified when she finds out they have an air band with imaginary instruments. | **PG** +JUSM06-022+ |

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| 14:30 | **Just Shoot Me!: Guess Who's Coming To Blush (R) ’CC’** Jack hires a woman off the street to run the desk, but the staff thinks it's just because Jack wants to seduce her.  | **PG** +JUSM07-001+ |

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| 15:00 | **Special: Jabba's School Holiday Movie Special (R) ’CC’ (2019)** Join Jason 'Jabba' Davis as he takes a look at some of the best movies for kids coming up in the school holidays.  | **PG (H)**+NFFI80-003+ |

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| 15:40 | **Diff'rent Strokes: The Peacemaker (R)** Willis' personal safety is in jeopardy when his noble attempt to mediate a feud between rival gangs backfires, forcing him to take a drastic step to insure his protection -- purchasing a handgun. | **G** +DIFS05-005+ |

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| 16:15 | **M\*A\*S\*H: Dear Ma (R)** Radar writes home to his mother, as Hawkeye conducts the camp foot inspection. And, Colonel Potter gets some shrapnel in his backside. | **PG** +MASH4-017+ |

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| 16:50 | **M\*A\*S\*H: Der Tag (R)** Potter decides Frank would be less of a pain if the others were friendlier to him, they oblige with some startling results. | **PG** +MASH4-018+ |

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| 17:25 | **M\*A\*S\*H: Hawkeye (R)** Hawkeye is injured in a jeep accident and, aware he has a concussion, babbles to a Korean family to keep himself awake. | **PG** +MASH4-019+ |

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| 18:00 | **The Nanny: Maggie's Boyfriend (R)** Fran couldn't be happier with Maggie's rich, handsome, Jewish, model boyfriend. But when they decide to move in together, Maxwell wants Fran to put her foot down. | **PG** +NANN06-005+ |

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| 18:30 | **The Nanny: I'm Pregnant (R)** Maggie thinks she is pregnant and confides in Fran, but doesn't want Fran to tell Mr Sheffield unless she's completely sure. | **PG** +NANN06-006+ |

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| 19:00 | **M\*A\*S\*H: Some 38th Parallels (R)** Frank tries to distinguish himself by selling the camp garbage, but it's Hawkeye who finds a use for it. | **PG** +MASH4-020+ |

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| 19:30 | **M\*A\*S\*H: The Novocaine Mutiny (R)** Frank has Hawkeye up on charges of mutiny, for various infractions when Frank was the C.O. and Colonel Carmichael tries the case. | **PG** +MASH4-021+ |

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| 20:00 | **M\*A\*S\*H: Smilin' Jack (R)** The 4077th turns up a sick helicopter pilot, 'Smilin' Jack, who doesn't want to quit, and a twice-wounded GI who does. | **PG** +MASH4-022+ |

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| 20:30 | **Criminal Minds: Entropy (R) ’CC’** The BAU implements an elaborate strategy to try and take down the "Dirty Dozen" hitmen ring, with Reid playing a central role. | **M (A,V)**+CRMD11-011+ |

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| 21:30 | **Criminal Minds: Drive (R) ’CC’** When bodies are discovered in public places throughout Boston, the BAU investigates whether a taxi or ride-share service the victims used before their deaths could lead the team to the UnSub. | **MA (V,A)**+CRMD11-012+ |

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| 22:30 | **Criminal Minds: About Face (R) ’CC’** The BAU must find a murderer who posts "Missing" fliers of his victims before he kidnaps and kills them. | **M** +CRMD3-006+ |

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| 23:30 | **The Blacklist: Gaia (R) ’CC’** Red sends the Task Force after an eco-terrorist who's creating industrial accidents in order to expose looming environmental dangers. | **MA (V)**+BLKL04-004+ |

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| 00:30 | **Quantico: Found (R) ’CC’** The trainees leave campus for the first time while undergoing their first undercover assignment. In the future, Alex decides to tell her side of the story and sits down for her first public interview. | **M (V,S)**+QUAN01-005+ |

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| 01:30 | **Quantico: God (R) ’CC’** The NATs learn surveillance by putting it into practice with Miranda and her troubled son, Charlie. In the future, Alex is helped when she tries to hack into an FBI computer. | **M (S)**+QUAN01-006+ |

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| 02:30 | **Quantico: Go (R) ’CC’** The recruits are tested on everything they know in an explosive midterm exam. In the future, Alex finds Nimah and Raina who provide more questions than answers as she tries to clear her name. | **M (V)**+QUAN01-007+ |

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| 03:30 | **Quantico: Over (R) ’CC’** FBI computers are hacked, giving Alex evidence to clear her name. Meanwhile, time ticks away as a second bomb is in play. | **M (V)**+QUAN01-008+ |

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| 04:30 | **M\*A\*S\*H: Some 38th Parallels (R)** Frank tries to distinguish himself by selling the camp garbage, but it's Hawkeye who finds a use for it. | **PG** +MASH4-020+ |

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| 05:00 | **M\*A\*S\*H: The Novocaine Mutiny (R)** Frank has Hawkeye up on charges of mutiny, for various infractions when Frank was the C.O. and Colonel Carmichael tries the case. | **PG** +MASH4-021+ |

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| 05:30 | **M\*A\*S\*H: Smilin' Jack (R)** The 4077th turns up a sick helicopter pilot, 'Smilin' Jack, who doesn't want to quit, and a twice-wounded GI who does. | **PG** +MASH4-022+ |

 **Friday 27 September 2019**

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| 06:00 | **It's Academic (R) ’CC’** Simon Reeve hosts all new episodes of the educational and entertaining show where schools compete to win cash and prizes. | **G** +IAC20-019+ |

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| 06:30 | **It's Academic (R) ’CC’** Simon Reeve hosts all new episodes of the educational and entertaining show where schools compete to win cash and prizes. | **G** +IAC20-020+ |

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| 07:00 | **Gamer's Guide To Pretty Much Everything: The Super Kart (R)** Professional teenage video gamer, Conor, is forced to go to high school for the first time. Coping with his new lifestyle, he focuses on friendships and visualizes life as a video game. | **PG** +GAGU01-018+ |

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| 07:30 | **Gamer's Guide To Pretty Much Everything: The Rock Band (R)** Professional teenage video gamer, Conor, is forced to go to high school for the first time. Coping with his new lifestyle, he focuses on friendships and visualizes life as a video game. | **PG** +GAGU01-019+ |

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| 08:00 | **Lab Rats: Bionic Island: Lab Rats : On The Edge - Part 1 (R) ’CC’** When the president awards Adam, Bree and Chase for their heroics, Leo feels left out and forms his own team. | **PG** +LARA04-019+ |

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| 08:30 | **Lab Rats: Bionic Island: Lab Rats : On The Edge - Part 2 (R) ’CC’** When the president awards Adam, Bree and Chase for their heroics, Leo feels left out and forms his own team. | **PG** +LARA04-020+ |

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| 09:00 | **Spit It Out (R) ’CC’** An exciting, fast-paced word game that requires lateral thinking and loads of teamwork! Hosted by Elliot Spencer. | **G** +SIO2-034+ |

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| 09:30 | **Spit It Out (R) ’CC’** An exciting, fast-paced word game that requires lateral thinking and loads of teamwork! Hosted by Elliot Spencer. | **G** +SIO2-035+ |

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| 10:00 | **James Robison: Sheila Walsh With Paul De Jong #1** Religious Program. | **PG (A)**+JARO01-726+ |

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| 10:30 | **Travel Oz: Horizontal Waterfalls (R) ’CC’** Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG** +TRAV2-006+ |

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| 11:15 | **Travel Oz: Cape Leveque: Mud Crabbing (R) ’CC’** Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG** +TRAV2-007+ |

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| 12:00 | **The Muppets: Going, Going, Gonzo (R) ’CC’** After a show-stopping duet with Miss Piggy on 'Up Late with Miss Piggy', Joseph Gordon-Levitt joins Scooter, Pepe and the gang for poker night; and Dave Grohl challenges Animal to a drum-off. | **G** +MUPP01-009+ |

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| 12:30 | **The Muppets: Single All The Way (R) ’CC’** The gang is preparing for the annual 'Up Late' live Christmas special with, special guest Mindy Kaling. | **G** +MUPP01-010+ |

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| 13:00 | **The Goldbergs: In Conclusion, Thanksgiving (R) ’CC’** When Adam discovers his dad's soft spot for the song "Cat's in the Cradle", Beverly exploits it to get Murray to invite his grouchy dad to Thanksgiving dinner. | **PG** +GOLB03-008+ |

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| 13:30 | **The Goldbergs: Wingmom (R) ’CC’** Inspired by 'Top Gun', Barry decides to join ROTC. Convinced it will help discipline him, Murray orders the Captain to prevent Barry from quitting when the going gets tough, prompting Bev to join him. | **PG** +GOLB03-009+ |

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| 14:00 | **Just Shoot Me!: Mr. Jealousy (R) ’CC’** Finch is scared about Jack liking Vicki, so he sets her up to look bad, but he's not sure when she'll get him back. | **PG** +JUSM07-002+ |

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| 14:30 | **Just Shoot Me!: Nina And The Rocker (R) ’CC’** A legendary rocker comes to the magazine for an interview. Nina claims to be the inspiration for one of his songs, "Nina in the Cantina", because they had a moment years ago. | **PG** +JUSM07-003+ |

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| 15:00 | **Diff'rent Strokes: Substitute Teacher (R)** Arnold and his buddies fabricate a "little white lie" in an attempt to get rid of an overly-conscientious substitute teacher. | **G** +DIFS05-006+ |

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| 15:30 | **Lab Rats: Bionic Island: Ultimate Tailgate Challenge (R) ’CC’** When Tasha gets everyone except Perry tickets to the big college football game, Perry creates mayhem. | **PG** +LARA04-021+ |

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| 16:00 | **Lab Rats: Bionic Island: And Then There Were Four (R) ’CC’** Everyone is shocked when Douglas introduces a fourth bionic sibling named Daniel who's been living a normal life with an adopted family. | **PG** +LARA04-022+ |

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| 16:30 | **Special: Jabba's School Holiday Movie Special (R) ’CC’ (2019)** Join Jason 'Jabba' Davis as he takes a look at some of the best movies for kids coming up in the school holidays.  | **PG (H)**+NFFI80-003+ |

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| 17:00 | **Movie: Surf's Up (R) (2007)** Cody Maverick is a penguin who has a passion for surfing. Hitching a ride to Pen Gu Island, Cody and his chicken friend Joe attempt to participate in the Big Z Memorial Surf Off. Starring:JAMES WOODS,DIEDRICH BADER,KELLY SLATER,JON HEDER,ZOOEY DESCHANEL,SHIA LABEOUF,JEFF BRIDGES,MARIO CANTONE | **G** +SPF16-004+ |

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| 18:45 | **Movie: Planes (R) (2013)** Dusty is a cropdusting plane who dreams of competing in a famous aerial race but he is hopelessly afraid of heights. With some help from his friends , Dusty sets off to make his dreams come true. Starring:ANTHONY EDWARDS,BRAD GARRETT,CEDRIC ENTERTAINER, THE,DANE COOK,JOHN CLEESE,JULIA LOUIS-DREYFUS,PRIYANKA CHOPRA,VAL KILMER,TERI HATCHER,STACY KEACH | **PG (A)**+WDF52-012+ |

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| 20:30 | **Movie: The Aviator (R) (2004)** After inheriting his father's machine tool company, the young Howard Hughes discovers he can combine his passions, flying, moviemaking and women, by moving to Hollywood. Starring:ALEC BALDWIN,ALAN ALDA,CATE BLANCHETT,IAN HOLM,LEONARDO DICAPRIO,JUDE LAW,KATE BECKINSALE,JOHN C REILLY,GWEN STEFANI,FRANCES CONROY | **M (L,A)**+WBFF03-004+ |

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| 00:00 | **Movie: Total Stranger (R) ’CC’ (1999)** The compelling tale of a landlady who rents a room to a young woman only to find that she has invited a dangerous adversary into her domain. Starring:DAN LAURIA,JAY PAULSON,EDDIE JONES,LINDSEY CROUSE,KAREN LUDWIG,PAIGE MOSS,ZOE MCLELLAN,JAY THOMAS | **M (S,V)**+WILF-050+ |

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| 01:50 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 02:20 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 02:50 | **Movie: Behind The Rising Sun (R) (1943)** A Japanese War Lord plans to enslave the world. Starring:J.CARROL NAISH,GEORGE GIVOT,DON DOUGLAS,ROBERT RYAN,TOM NEAL,MARGO MARGO,GLORIA HOLDEN | **PG (A,V)**+RKO-009+ |

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| 04:30 | **Movie: The Falcon's Adventure (R) (1946)** The Falcon uncovers a vicious plot to steal a formula for making synthetic diamonds. Starring:CAROL FORMAN,IAN WOLFE,EDWARD S. BROPHY,ROBERT WARWICK,TOM CONWAY,STEVE BRODIE,MADGE MEREDITH,MYRNA DELL | **PG (V)**+RKO-032+ |

 **Saturday 28 September 2019**

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| 06:00 | **It's Academic (R) ’CC’** Simon Reeve hosts all new episodes of the educational and entertaining show where schools compete to win cash and prizes. | **G** +IAC20-021+ |

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| 06:30 | **It's Academic (R) ’CC’** Simon Reeve hosts all new episodes of the educational and entertaining show where schools compete to win cash and prizes. | **G** +IAC20-022+ |

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| 07:00 | **Beat Bugs: When I'm 64 / Dr Robert (R) ’CC’** Jay gets a glimpse of what his life will be like in the future. Then, Buzz refuses to go see Dr Robert with her friends due to her fear of doctors. | **G** +BEAT-007+ |

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| 07:30 | **Beat Bugs: Ticket To Ride / Getting Better (R) ’CC’** When the Beat Bugs build a carnival ride, only Kumi takes care of her ticket. Then, Crick builds a robot doctor to help care for his sick friends. | **G** +BEAT-008+ |

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| 08:00 | **Gamer's Guide To Pretty Much Everything: The Goat (R)** Professional teenage video gamer, Conor, is forced to go to high school for the first time. Coping with his new lifestyle, he focuses on friendships and visualizes life as a video game. | **PG** +GAGU01-020+ |

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| 08:30 | **Gamer's Guide To Pretty Much Everything: The Escape Room (R)** Professional teenage video gamer, Conor, is forced to go to high school for the first time. Coping with his new lifestyle, he focuses on friendships and visualizes life as a video game. | **PG** +GAGU01-021+ |

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| 09:00 | **Lab Rats: Bionic Island: Ultimate Tailgate Challenge (R) ’CC’** When Tasha gets everyone except Perry tickets to the big college football game, Perry creates mayhem. | **PG** +LARA04-021+ |

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| 09:30 | **Lab Rats: Bionic Island: And Then There Were Four (R) ’CC’** Everyone is shocked when Douglas introduces a fourth bionic sibling named Daniel who's been living a normal life with an adopted family. | **PG** +LARA04-022+ |

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| 10:00 | **Pickle And Peanut: Gory Agnes / Haunted Couch (R)** Jon Heder (Napoleon Dynamite) and Johnny Pemberton (21 Jump Street) are two unlikely friends, an emotional Pickle and a freewheeling Peanut. | **PG** +PNUT01-005+ |

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| 10:30 | **Pickle And Peanut: Body Spray / Luxury Car Service (R)** Jon Heder (Napoleon Dynamite) and Johnny Pemberton (21 Jump Street) are two unlikely friends, an emotional Pickle and a freewheeling Peanut. | **PG** +PNUT01-006+ |

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| 11:00 | **Liv And Maddie: SPARF-A-Rooney (R)** As the whole family waits to find out if Maddie and Diggie reunite, Liv gets a call from her manager telling her she landed a coveted role in a new TV show, "Voltage". | **PG** +LIVM03-001+ |

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| 11:30 | **Liv And Maddie: Voltage-A-Rooney (R)** Liv tries to help her new co-star Josh feel more comfortable in Stevens Point while the rest of the school prepares for Cowbell Week, a Stevens Point tradition. | **PG** +LIVM03-003+ |

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| 12:00 | **Good Times: Stomach Mumps (R)** Counciller Fred Davis brings his very refined niece to meet Florida who learns that they are rivals for a job driving the school bus. | **PG** +GTM6-006+ |

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| 12:30 | **The Muppets: Little Green Lie (R) ’CC’** Sparks fly when Kermit and Miss Piggy pretend that they are back together for the sake of Kermit's impressionable nephew Robin. Pepe and Rizzo audition for a replacement wingman. | **G** +MUPP01-014+ |

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| 13:00 | **The Muppets: Generally Inhospitable (R) ’CC’** When Miss Piggy breaks her leg rehearsing a dance number, Kermit gathers the crew and they broadcast 'Up Late' from the hospital. Rizzo, Pepe and Yolanda find creative ways to keep Pache occupied. | **G** +MUPP01-015+ |

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| 13:30 | **The Muppets: Because...Love (R) ’CC’** After her stint in the hospital, Miss Piggy and Kermit reevaluate their relationship, and Kermit turns to Jack White for advice. | **G** +MUPP01-016+ |

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| 14:00 | **Special: Jabba's School Holiday Movie Special (R) ’CC’ (2019)** Join Jason 'Jabba' Davis as he takes a look at some of the best movies for kids coming up in the school holidays.  | **PG (H)**+NFFI80-003+ |

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| 14:30 | **Bringing Sexy Back: Paula (R) ’CC’** Former swim suit model and Mother, Paula has spent all her energy on her family and in the process, has gained over 20 kilograms. Will Paula lose the extra weight in time for the big reveal? | **PG** +BRSB-006+ |

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| 15:45 | **Back With The Ex (R) ’CC’** After spending a week together, the couples trade houses. How far will they go to please their partner? Alarm bells ring in North Carolina. Will the day to day drive a wedge between Peter and Diane? | **PG (L,S)**+BAWE01-005+ |

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| 17:00 | **TBA:** TBC | ++ |

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| 19:00 | **Movie: Singin' In The Rain (1952)** When two silent movie stars', Don Lockwood and Lina Lamont, latest movie is made into a musical a chorus girl is brought in to dub Lina's speaking and singing. Starring:JEAN HAGEN,GENE KELLY,DONALD OCONNOR,DEBBIE REYNOLDS | **G** +WBFF03-105+ |

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| 21:15 | **Movie: Casablanca (R) (1942)** In Casablanca during World War II, a cynical American expatriate encounters a former lover, with unforeseen complications. Starring:CLAUDE RAINS,S.Z. SAKALL,PETER LORRE,SYDNEY GREENSTREET,PAUL HENREID,CONRAD VEIDT,INGRID BERGMAN,DOOLEY WILSON,HUMPHREY BOGART | **PG (A)**+WBFF03-017+ |

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| 23:30 | **Movie: Across The Universe (R) ’CC’** A love story about a British boy and an American girl set against the backdrop of the social upheaval of the 1960s. Starring:EVAN RACHEL WOOD,JIM STURGESS,JOE ANDERSON | **M (D,N,V,L)**+SPCF06-001+ |

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| 02:10 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 02:40 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 03:10 | **Movie: The Yellow Canary (R) (1944)** A socialite suspected of being a Nazi sympathiser is really a British spy. Starring:ALBERT LIEVEN,ANNA NEAGLE,MARGARET RUTHERFORD,RICHARD GREENE,VALENTINE DYALL | **PG (V)**+RKO-124+ |

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| 05:00 | **Fresh TV: Best Of Fresh TV (R) ’CC’** Cooking and lifestyle show uncovering some of the best places to eat in WA. Presented by Myes Pollard and Jasmine Homer. | **G** +FRTV02-016+ |

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| 05:30 | **Special: Jabba's School Holiday Movie Special (R) ’CC’ (2019)** Join Jason 'Jabba' Davis as he takes a look at some of the best movies for kids coming up in the school holidays.  | **PG (H)**+NFFI80-003+ |