**Sunday 29 September 2019**

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| 06:00 | **It's Academic (R) ’CC’**  Simon Reeve hosts all new episodes of the educational and entertaining show where schools compete to win cash and prizes. | **G**  +IAC20-023+ |

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| 06:30 | **It's Academic (R) ’CC’**  Simon Reeve hosts all new episodes of the educational and entertaining show where schools compete to win cash and prizes. | **G**  +IAC20-024+ |

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| 07:00 | **Beat Bugs: Being For The Benefit Of Mr. Kite / You've Got To Hide Your Love Away (R) ’CC’**  The Beat Bugs put on a spectacular event in village to show off the legendary aerial acrobats of Mr Kite. Then, after feeling unappreciated, Walter decides to create imaginary friends. | **G**  +BEAT-009+ |

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| 07:30 | **Beat Bugs: Day Tripper / In My Life (R) ’CC’**  The Beat Bugs become stranded while trying to help Connie the Cicada. Then, it's Katter the Pillar's birthday party and the Beat Bugs are helping her celebrate. | **G**  +BEAT-010+ |

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| 08:00 | **Gamer's Guide To Pretty Much Everything: Gamer's Guide To Pretty Much Everything (R)**  Professional teenage video gamer, Conor, is forced to go to high school for the first time. Coping with his new lifestyle, he focuses on friendships and visualizes life as a video game. | **PG**  +GAGU01-001+ |

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| 08:30 | **Gamer's Guide To Pretty Much Everything: The Chair (R)**  Professional teenage video gamer, Conor, is forced to go to high school for the first time. Coping with his new lifestyle, he focuses on friendships and visualizes life as a video game. | **PG**  +GAGU01-002+ |

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| 09:00 | **Lab Rats: Bionic Island: Space Colony - Part 1 (R) ’CC’**  Donald takes everyone for a visit to "Davenportia," the first human space colony located on a remote planet in another galaxy. | **PG**  +LARA04-023+ |

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| 09:30 | **Lab Rats: Bionic Island: Space Colony - Part 2 (R) ’CC’**  Donald takes everyone for a visit to "Davenportia," the first human space colony located on a remote planet in another galaxy. | **PG**  +LARA04-024+ |

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| 10:00 | **Pickle And Peanut: Cookie Racket / Busted Arm (R)**  Jon Heder (Napoleon Dynamite) and Johnny Pemberton (21 Jump Street) are two unlikely friends, an emotional Pickle and a freewheeling Peanut. | **PG**  +PNUT01-007+ |

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| 10:30 | **Pickle And Peanut: Pigfoot / Tae Kwon Bro (R)**  Jon Heder (Napoleon Dynamite) and Johnny Pemberton (21 Jump Street) are two unlikely friends, an emotional Pickle and a freewheeling Peanut. | **PG**  +PNUT01-008+ |

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| 11:00 | **Liv And Maddie: Co-Star-A-Rooney (R)**  Liv invites her "Voltage" director and crew over for the Rooney's traditional Christmas Eve dinner but is forced to enlist Artie's help to prepare the famed meal. | **PG**  +LIVM03-004+ |

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| 11:30 | **Liv And Maddie: Haunt-A-Rooney (R)**  When Willow earns a scholarship that Maddie really wanted, the besties get into a huge fight. Then, when Joey accidentally breaks Liv's toe and tries to make things better, he ends up making it worse. | **PG**  +LIVM03-005+ |

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| 12:00 | **Special: Jabba's School Holiday Movie Special (R) ’CC’ (2019)**  Join Jason 'Jabba' Davis as he takes a look at some of the best movies for kids coming up in the school holidays. | **PG (H)**  +NFFI80-003+ |

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| 12:45 | **The Big Music Quiz (R) ’CC’**  Play along at home as two teams of celebrities face off on their knowledge of popular music in this next generation game show. Special guests Ada Nicodemou, Sam Mac and Rebel Wilson. | **PG**  +BIGM01-001+ |

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| 13:45 | **The Big Music Quiz (R) ’CC’**  Play along at home as two teams of celebrities face off on their knowledge of popular music in this next generation game show hosted by Darren McMullen. With Dave Gleeson, Ella Hooper and Giaan Rooney | **PG**  +BIGM01-002+ |

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| 14:45 | **Movie: Singin' In The Rain (R) (1952) ENCORE**  When two silent movie stars', Don Lockwood and Lina Lamont, latest movie is made into a musical a chorus girl is brought in to dub Lina's speaking and singing. Starring:JEAN HAGEN,GENE KELLY,DONALD OCONNOR,DEBBIE REYNOLDS | **G**  +WBFF03-105+ |

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| 17:00 | **Australia's Got Talent (R) ’CC’ ENCORE**  The power is in your hands as Australia decides the winner of Australia's Got Talent. Ten incredible acts will perform but only one can be crowned 2019 Champion and take home the $100,000 prize. | **PG (A)**  +AGTA09-013+ |

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| 19:00 | **Movie: The Naked Gun 33 & 1/3: The Final Insult (R)**  Frank Drebin comes out of retirement to help Police Squad infiltrate a gang of terrorists planning to detonate a bomb at the Academy Awards. Starring:ANNA NICOLE SMITH,GEORGE KENNEDY,FRED WARD,LESLIE NIELSEN,PRISCILLA PRESLEY | **PG (S)**  +PAFR01-024+ |

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| 20:30 | **Movie: Chain Reaction (1996)**  Two researchers in a green alternative energy project are put on the run when they are framed for murder and treason. Starring:KEVIN DUNN,KEANU REEVES,RACHEL WEISZ,MORGAN FREEMAN | **M (V)**  +FOXF09-018+ |

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| 22:45 | **Castle: The Nose (R) ’CC’**  When a priceless work of art is stolen and its transporter murdered, Castle and Beckett must work with the key witness to track down the painting and sniff out the killer. | **M (V)**  +CSTL08-005+ |

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| 23:45 | **Castle: Cool Boys (R) ’CC’**  Detective Slaughter returns to enlist Castle's help in solving a high-stakes robbery case. When a body is found linked to the crime, Slaughter becomes the number one suspect in the heist turned murder | **M (V)**  +CSTL08-006+ |

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| 00:45 | **Castle: The Last Seduction (R) ’CC’**  In order to hunt down the brutal murderer of a grifting seducer, Castle & Beckett must investigate New York’s elite. Meanwhile, Castle plans to surprise Beckett on their one-year wedding anniversary. | **M (V,S)**  +CSTL08-007+ |

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| 01:45 | **Quantico: Guilty (R) ’CC’**  At Quantico the NATS have a class with guest speaker Dr. Susan Langdon (guest star Anne Heche) a former agent and profiler. In the future, Alex is interrogated by a highly sophisticated FBI team. | **M (A,V)**  +QUAN01-009+ |

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| 02:45 | **Quantico: Quantico (R) ’CC’**  At Quantico, an emergency disciplinary hearing causes deep secrets to be spilled, while in the future Alex works covertly with her team to find the real bomber before her time runs out. | **M (V)**  +QUAN01-010+ |

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| 03:45 | **Quantico: Inside (R) ’CC’**  The terrorists responsible for the bombing of Grand Central Station finally reveal themselves, but instead of answers, more questions remain. | **M (A,V)**  +QUAN01-011+ |

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| 04:45 | **Quantico: Alex (R) ’CC’**  Alex finds herself in the middle of a congressional hearing to testify about the terrorist bombings. While back at Quantico, a new group of NATS join Alex and her classmates, causing tension. | **M (A,V)**  +QUAN01-012+ |

**Monday 30 September 2019**

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| 06:00 | **It's Academic (R) ’CC’**  Simon Reeve hosts all new episodes of the educational and entertaining show where schools compete to win cash and prizes. | **G**  +IAC20-025+ |

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| 06:30 | **It's Academic (R) ’CC’**  Simon Reeve hosts all new episodes of the educational and entertaining show where schools compete to win cash and prizes. | **G**  +IAC20-026+ |

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| 07:00 | **Liv And Maddie: Cowbell-A-Rooney (R)**  Liv gets upset when an interview focuses on her appearance instead of her acting. She enlists her friend Kristen Bell to help her change the conversation. | **PG**  +LIVM03-006+ |

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| 07:30 | **Liv And Maddie: Meatball-A-Rooney (R)**  Liv must finish a 6th-grade project to avoid taking summer school. Joey gets Maddie to teach him how to be a jock to impress a girl. | **PG**  +LIVM03-007+ |

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| 08:00 | **Lab Rats: Bionic Island: The Vanishing - Part 1 (R) ’CC’**  The academy students suddenly vanish after receiving an operating system upgrade. The team initially blames a glitch, but realise the kids are pawns in a much bigger master plan. | **PG**  +LARA04-025+ |

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| 08:30 | **Lab Rats: Bionic Island: The Vanishing - Part 2 (R) ’CC’**  The academy students suddenly vanish after receiving an operating system upgrade. The team initially blames a glitch, but realise the kids are pawns in a much bigger master plan. | **PG**  +LARA04-026+ |

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| 09:00 | **Spit It Out (R) ’CC’**  An exciting, fast-paced word game that requires lateral thinking and loads of teamwork! Hosted by Elliot Spencer. | **G**  +SIO2-036+ |

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| 09:30 | **Spit It Out (R) ’CC’**  An exciting, fast-paced word game that requires lateral thinking and loads of teamwork! Hosted by Elliot Spencer. | **G**  +SIO2-037+ |

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| 10:00 | **James Robison**  Religious Program. | **PG**  +JARO01-727+ |

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| 10:30 | **Travel Oz: Mitchell Falls (R) ’CC’**  Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG**  +TRAV2-008+ |

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| 11:15 | **Travel Oz: Crossing The Simpson Desert (R) ’CC’**  Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG**  +TRAV2-009+ |

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| 12:00 | **The Muppets: Swine Song (R) ’CC’**  The whole crew just returned from hiatus, and everyone is rested, recharged and ready to get back to work. But when a new branding guru comes in to revamp 'Up Late', the gang rallies together. | **PG**  +MUPP01-011+ |

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| 12:30 | **The Muppets: A Tail Of Two Piggies (R) ’CC’**  When Miss Piggy suffers a wardrobe malfunction, the network is outraged, and Piggy is forced to question everything she stands for, but Kermit and the gang rally together and come to her defense. | **PG**  +MUPP01-012+ |

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| 13:00 | **The Goldbergs: A Christmas Story (R) ’CC’**  Worried that the family holiday traditions have grown stale, Beverly launches "Super Hanukkah". | **PG**  +GOLB03-010+ |

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| 13:30 | **The Goldbergs: The Tasty Boys (R) ’CC’**  As Adam and Barry team up in a rap supergroup à la the Beastie Boys, Beverly presses Murray to let her remodel their kitchen. | **PG**  +GOLB03-011+ |

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| 14:00 | **Just Shoot Me!: Halloween? Halloween! (R) ’CC’**  Nina throws a Halloween party, where Finch and Jack compete for Blush's newest cover model, Kelly. | **PG (S)**  +JUSM07-004+ |

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| 14:30 | **Just Shoot Me!: Da Sister Who Loved DiMauro (R) ’CC’**  Elliot tries to date Vicki but ends up with her sister. Jack monitors the office remotely with a 2-way A/V system. | **PG**  +JUSM07-005+ |

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| 15:00 | **Diff'rent Strokes: Santa's Helper (R)**  Arnold falls innocent victim to a beguiling street-corner Santa who has an ulterior financial motive for hiring him as a holiday "helper." | **G**  +DIFS05-012+ |

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| 15:30 | **Diff'rent Strokes: A Growing Problem (R)**  At 16, Willis thinks he's man enough and old enough to "tip" a few drinks with the guys, but Drummond's objections send Willis storming out of the house intent on proving his father wrong. | **G**  +DIFS05-013+ |

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| 16:00 | **Me, Myself & I: Field Trip (R) ’CC’**  Young Alex competes with another boy, Phil Ricozzi for Nori's attention on a field trip to the planetarium. Older Alex runs into a former business rival, Kelly Frasier. | **PG (S)**  +MEMI01-007+ |

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| 16:30 | **Special: Jabba's School Holiday Movie Special (R) ’CC’ (2019)**  Join Jason 'Jabba' Davis as he takes a look at some of the best movies for kids coming up in the school holidays. | **PG (H)**  +NFFI80-003+ |

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| 17:00 | **The Goldbergs: Wingmom (R) ’CC’**  Inspired by 'Top Gun', Barry decides to join ROTC. Convinced it will help discipline him, Murray orders the Captain to prevent Barry from quitting when the going gets tough, prompting Bev to join him. | **PG**  +GOLB03-009+ |

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| 17:30 | **The Goldbergs: A Christmas Story (R) ’CC’**  Worried that the family holiday traditions have grown stale, Beverly launches "Super Hanukkah". | **PG**  +GOLB03-010+ |

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| 18:00 | **The Nanny: Mom's The Word (R)**  Fran tells Niles and her mother about her pregnancy, but wants to tell Maxwell on her own, in a special way. | **PG**  +NANN06-007+ |

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| 18:30 | **The Nanny: Making Whoopi (R)**  Mr Sheffield is invited to be a panelist on a game show. Meanwhile, Fran decides to try different methods to become pregnant. | **PG**  +NANN06-008+ |

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| 19:00 | **M\*A\*S\*H: The Late Captain Pierce (R)**  When Hawkeye's father is notified that he's dead, he finds it's hard to get word to him or to establish that he's alive. | **PG**  +MASH4-005+ |

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| 19:30 | **The White Rabbit Project: Scam Artists NEW EPISODE**  Kari, Tory and Grant compare the activities of six big-time scammers, including a Swiss gigolo and a Ponzi scheme expert. | **M (A)**  +WRAB01-004+ |

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| 20:30 | **Criminal Minds: The Bond (R) ’CC’**  The BAU searches for a motive and an UnSub when victims are found in truck stop restrooms along highways throughout the South. | **M (A,V)**  +CRMD11-013+ |

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| 21:30 | **Bones: The Friend In Need (R)**  The Jeffersonian team investigates the remains of a 15-year-old boy. Although he was seen as intelligent with poor social skills, the team discover that he was not the innocent boy he appeared to be. | **M**  +BONE8-016+ |

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| 22:30 | **Bones: The Fact In The Fiction (R)**  When an extremely educated new intern starts working at the Jeffersonian, his enthusiastic personality challenges Brennan as he gets under her skin with his eccentric but undeniable observations. | **M**  +BONE8-017+ |

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| 23:30 | **Castle: Mr. And Mrs. Castle (R) ’CC’**  Castle and Beckett investigate the murder of a cruise ship entertainer, only to find themselves trapped at sea with the killer. | **M (V)**  +CSTL08-008+ |

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| 00:30 | **Castle: Tone Death (R) ’CC’**  When a body is found in the theater of Martha’s latest show, Castle and Beckett’s investigation leads them into the unexpectedly dangerous world of competitive a capella. | **M (V)**  +CSTL08-009+ |

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| 01:30 | **Castle: Witness For The Prosecution (R) ’CC’**  Castle finally gets his day in court when he takes the stand as the key witness to a murder from five months ago. | **M (A,V)**  +CSTL08-010+ |

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| 02:30 | **Quantico: Clear (R) ’CC’**  The NATS learn how to source information from confidential informants. In the future, Alex and a fellow agent find themselves in a life or death situation. | **M (V)**  +QUAN01-013+ |

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| 03:30 | **Quantico: Answer (R) ’CC’**  At Quantico, the NATS team up for defensive driving lessons while tensions between Liam and Drew explode. In the future, Simon grapples with his new reality in the aftermath of what's transpired. | **M (V,A)**  +QUAN01-014+ |

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| 04:30 | **Quantico: Turn (R) ’CC’**  A terror cell tries to infiltrate Quantico, making Miranda and Liam to pay a deadly price. Later, Alex continues to get instructions from the terrorist - but this time, it's Claire's life on the line. | **M (V)**  +QUAN01-015+ |

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| 05:30 | **Me, Myself & I: Field Trip (R) ’CC’**  Young Alex competes with another boy, Phil Ricozzi for Nori's attention on a field trip to the planetarium. Older Alex runs into a former business rival, Kelly Frasier. | **PG (S)**  +MEMI01-007+ |

**Tuesday 01 October 2019**

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| 06:00 | **It's Academic (R) ’CC’**  Simon Reeve hosts all new episodes of the educational and entertaining show where schools compete to win cash and prizes. | **G**  +IAC20-027+ |

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| 06:30 | **It's Academic (R) ’CC’**  Simon Reeve hosts all new episodes of the educational and entertaining show where schools compete to win cash and prizes. | **G**  +IAC20-028+ |

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| 07:00 | **Liv And Maddie: Ask-Her-More-A-Rooney (R)**  When Parker gets bumped up a few grades, he starts attending high school with Liv, Maddie and Joey! The older siblings now have to deal with him being good at everything. | **PG**  +LIVM03-008+ |

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| 07:30 | **Liv And Maddie: Joy-To-A-Rooney (R)**  A new coach arrives to take charge of the girls' basketball team and immediately butts heads with Maddie. | **PG**  +LIVM03-009+ |

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| 08:00 | **Pickle And Peanut: Sewer Shark / Swim Lessons (R)**  Jon Heder (Napoleon Dynamite) and Johnny Pemberton (21 Jump Street) are two unlikely friends, an emotional Pickle and a freewheeling Peanut. | **PG**  +PNUT01-009+ |

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| 08:30 | **Pickle And Peanut: A Cabbage Day Miracle / Springtime For Christmas / Yellow Snow (R)**  Jon Heder (Napoleon Dynamite) and Johnny Pemberton (21 Jump Street) are two unlikely friends, an emotional Pickle and a freewheeling Peanut. | **PG**  +PNUT01-010+ |

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| 09:00 | **Spit It Out (R) ’CC’**  An exciting, fast-paced word game that requires lateral thinking and loads of teamwork! Hosted by Elliot Spencer. | **G**  +SIO2-038+ |

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| 09:30 | **Spit It Out (R) ’CC’**  An exciting, fast-paced word game that requires lateral thinking and loads of teamwork! Hosted by Elliot Spencer. | **G**  +SIO2-039+ |

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| 10:00 | **James Robison**  Religious Program. | **PG**  +JARO01-728+ |

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| 10:30 | **Travel Oz: Kimberlies: High Adventure (R) ’CC’**  Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG**  +TRAV2-010+ |

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| 11:15 | **Travel Oz: North Keeling Island: Indian Ocean Bird Haven (R) ’CC’**  Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG**  +TRAV2-011+ |

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| 12:00 | **The Muppets: Got Silk? (R) ’CC’**  Miss Piggy goes to an aerial silks class in at attempt to make new friends and Gonzo, Pepe and Rizzo fall under Pache's spell. | **G**  +MUPP01-013+ |

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| 12:30 | **The Muppets: Little Green Lie (R) ’CC’**  Sparks fly when Kermit and Miss Piggy pretend that they are back together for the sake of Kermit's impressionable nephew Robin. Pepe and Rizzo audition for a replacement wingman. | **G**  +MUPP01-014+ |

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| 13:00 | **The Goldbergs: Baio And Switch (R) ’CC’**  As Beverly promises to bring Scott Baio to Jenkintown for Hands Across America, Adam ends up with two dates to the same dance. | **PG**  +GOLB03-012+ |

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| 13:30 | **The Goldbergs: Double Dare (R) ’CC’**  A game show audition affects Adam's friendship with Emmy, while Beverly changes the course of Murray and Barry's favorite sports team. | **PG**  +GOLB03-013+ |

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| 14:00 | **Just Shoot Me!: That Burning Passion (R) ’CC’**  Maya falls for a gorgeous firefighter who happens to be Vicki's separated husband. Jealousy causes tensions between Nina and Simon. | **PG**  +JUSM07-006+ |

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| 14:30 | **Just Shoot Me!: The Write Stuff (R) ’CC’**  Finch uses sad stories from his life in college to gain sympathy from Maya. Nina redoes the pin-up shot that brought her fame. | **PG**  +JUSM07-007+ |

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| 15:00 | **Diff'rent Strokes: Parents Have Rights, Too (R)**  Drummond's plans for a quiet and private weekend "alone" don't quite work out as he had intended, when a storm sends Arnold, Willis and Kimberly home from a camping trip early. | **G**  +DIFS05-014+ |

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| 15:30 | **Diff'rent Strokes: Independent Woman (R)**  A new job and a handsome new boss add up to trouble for an innocent Kimberly when her new employer starts displaying a more than casual interest in her. | **G**  +DIFS05-015+ |

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| 16:00 | **Me, Myself & I: Home Alone (R) ’CC’**  Alex and Justin panic when they are left home alone for the first time and think someone is breaking in. Mid-life Justin notice Alex struggling and asks for his help with a new business proposition. | **PG (S,L)**  +MEMI01-008+ |

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| 16:30 | **Me, Myself & I: Thanksgiving (R) ’CC’**  Darryl and Wendy set up Alex on a blind date during Thanksgiving dinner. Also, Young Alex and Justin compete to impress Nori's brother when Nori and her brother join their family for Thanksgiving. | **PG**  +MEMI01-009+ |

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| 17:00 | **The Goldbergs: The Tasty Boys (R) ’CC’**  As Adam and Barry team up in a rap supergroup à la the Beastie Boys, Beverly presses Murray to let her remodel their kitchen. | **PG**  +GOLB03-011+ |

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| 17:30 | **M\*A\*S\*H: The Late Captain Pierce (R)**  When Hawkeye's father is notified that he's dead, he finds it's hard to get word to him or to establish that he's alive. | **PG**  +MASH4-005+ |

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| 18:00 | **The Nanny: Oh, Say, Can You Ski? (R)**  Maxwell invites Fran on a trip to meet the President. | **PG**  +NANN06-009+ |

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| 18:30 | **The Nanny: The Hanukkah Story (R)**  Fran is excited about celebrating her first Hanukkah with her new husband and family. | **PG**  +NANN06-010+ |

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| 19:00 | **M\*A\*S\*H: The Gun (R)**  When a colonel's prized gun disappears, Hawkeye and B.J. play a hunch and bluff Frank into returning it. | **PG**  +MASH4-014+ |

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| 19:30 | **Picker Sisters: Don't Be A Pecky Head NEW EPISODE**  Tracy and Tanya brave the swamps of Mississippi and discover a slew of gems, including a vintage Harley Davidson that they hope will become a piece worthy of the coolest customer. | **PG**  +PICS01-004+ |

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| 20:00 | **Picker Sisters: Pickin' For Peanuts NEW EPISODE**  Tracy and Tanya delve back into the South and find inspiration everywhere they turn, including the eclectic garden of a sculptor and an unused grain silo. | **PG**  +PICS01-006+ |

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| 20:30 | **Movie: Horrible Bosses (R) ’CC’**  Three friends conspire to murder their awful bosses when they realize they are standing in the way of their happiness. Starring:CHARLIE DAY,JASON BATEMAN,JASON SUDEIKIS,JAMIE FOXX,KEVIN SPACEY,JENNIFER ANISTON | **M (O,L,V,S)**  +WBFF01-026+ |

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| 22:30 | **Movie: Dude, Where's My Car? (R) (2000)**  Two potheads wake up after a night of partying and cannot remember where they parked their car. Starring:ASHTON KUTCHER,HAL SPARKS,MARLA SOKOLOFF,KRISTY SWANSON,JENNIFER GARNER,SEANN WILLIAM SCOTT | **M (D,L,S)**  +FOXF08-022+ |

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| 00:15 | **Quantico: Clue (R) ’CC’**  At Quantico, the NATS are given a training exercise that hits too close to home for Shelby. Later, Alex finds an unlikely ally in Hannah, as she tries to stop the terrorist from striking again. | **M (V)**  +QUAN01-016+ |

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| 01:15 | **Quantico: Care (R) ’CC’**  At Quantico, the NATS assignment is to learn about human trafficking when Liam and Miranda challenge them to cross the U.S./Canada border without passports. Meanwhile, Simon continues to help Alex. | **M (V)**  +QUAN01-017+ |

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| 02:15 | **Quantico: Soon (R) ’CC’**  At Quantico, the NATS look into each other's background to determine who gets high-level security clearance. In the future, Alex contacts Claire Haas in order to find her missing friends. | **M (D,V)**  +QUAN01-018+ |

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| 03:15 | **Quantico: Fast (R) ’CC’**  The NATS meet representatives from various FBI branches to help them decide their future paths. In the future, Alex continues to search for the terrorist, and discovers some familiar faces. | **M (D,V)**  +QUAN01-019+ |

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| 04:15 | **Picker Sisters: Don't Be A Pecky Head (R)**  Tracy and Tanya brave the swamps of Mississippi and discover a slew of gems, including a vintage Harley Davidson that they hope will become a piece worthy of the coolest customer. | **PG**  +PICS01-004+ |

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| 05:00 | **Me, Myself & I: Home Alone (R) ’CC’**  Alex and Justin panic when they are left home alone for the first time and think someone is breaking in. Mid-life Justin notice Alex struggling and asks for his help with a new business proposition. | **PG (S,L)**  +MEMI01-008+ |

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| 05:30 | **Me, Myself & I: Thanksgiving (R) ’CC’**  Darryl and Wendy set up Alex on a blind date during Thanksgiving dinner. Also, Young Alex and Justin compete to impress Nori's brother when Nori and her brother join their family for Thanksgiving. | **PG**  +MEMI01-009+ |

**Wednesday 02 October 2019**

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| 06:00 | **It's Academic (R) ’CC’**  Simon Reeve hosts all new episodes of the educational and entertaining show where schools compete to win cash and prizes. | **G**  +IAC20-029+ |

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| 06:30 | **It's Academic (R) ’CC’**  Simon Reeve hosts all new episodes of the educational and entertaining show where schools compete to win cash and prizes. | **G**  +IAC20-030+ |

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| 07:00 | **Liv And Maddie: Ridgewood-A-Rooney (R)**  Josh makes up a reason to spend time with Maddie. Meanwhile, Joey and Parker believe the Voltage set is haunted! | **PG**  +LIVM03-010+ |

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| 07:30 | **Liv And Maddie: Vive-La-Ronney (R)**  Maddie enlists Liv's help to build a giant Paulie Porcupine head for the Homecoming parade, but Joey and Parker accidentally destroy it while playing around with a stunt-prop from Liv's TV show. | **PG**  +LIVM03-013+ |

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| 08:00 | **Pickle And Peanut: Bee Colony / The Goose's Juice (R)**  Jon Heder (Napoleon Dynamite) and Johnny Pemberton (21 Jump Street) are two unlikely friends, an emotional Pickle and a freewheeling Peanut. | **PG**  +PNUT01-011+ |

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| 08:30 | **Pickle And Peanut: Wizfest / Gym Rats (R)**  Jon Heder (Napoleon Dynamite) and Johnny Pemberton (21 Jump Street) are two unlikely friends, an emotional Pickle and a freewheeling Peanut. | **PG**  +PNUT01-012+ |

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| 09:00 | **Spit It Out (R) ’CC’**  An exciting, fast-paced word game that requires lateral thinking and loads of teamwork! Hosted by Elliot Spencer. | **G**  +SIO2-040+ |

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| 09:30 | **Spit It Out (R) ’CC’**  An exciting, fast-paced word game that requires lateral thinking and loads of teamwork! Hosted by Elliot Spencer. | **G**  +SIO2-041+ |

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| 10:00 | **James Robison**  Religious Program. | **PG**  +JARO01-729+ |

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| 10:30 | **Travel Oz: Lake Argyle: Diamonds (R) ’CC’**  Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG**  +TRAV2-012+ |

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| 11:15 | **Travel Oz: Cocos Malays (R) ’CC’**  Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG**  +TRAV2-013+ |

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| 12:00 | **The Muppets: Generally Inhospitable (R) ’CC’**  When Miss Piggy breaks her leg rehearsing a dance number, Kermit gathers the crew and they broadcast 'Up Late' from the hospital. Rizzo, Pepe and Yolanda find creative ways to keep Pache occupied. | **G**  +MUPP01-015+ |

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| 12:30 | **The Muppets: Because...Love (R) ’CC’**  After her stint in the hospital, Miss Piggy and Kermit reevaluate their relationship, and Kermit turns to Jack White for advice. | **G**  +MUPP01-016+ |

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| 13:00 | **Special: Jabba's School Holiday Movie Special (R) ’CC’ (2019)**  Join Jason 'Jabba' Davis as he takes a look at some of the best movies for kids coming up in the school holidays. | **PG (H)**  +NFFI80-003+ |

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| 13:30 | **The Goldbergs: Lainey Loves Lionel (R) ’CC’**  Barry looks to Lionel Richie for inspiration in creating a Valentine's Day surprise for Lainey. Murray advises Adam to defy Beverly and see an R-rated movie, but the plan backfires. | **PG**  +GOLB03-014+ |

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| 14:00 | **Just Shoot Me!: It's Raining Babies (R) ’CC’**  Finch masterminds a confrontation between Vicki and Nina, leaving them with revenge on their minds when they discover the truth. | **PG**  +JUSM07-008+ |

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| 14:30 | **Just Shoot Me!: Watch Your Backdraft (R) ’CC’**  Finch wants a reserved parking space, but Elliott uncovers the plan and seeks to foil it. Nina makes Maya's new romance the subject of office gossip. | **PG**  +JUSM07-009+ |

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| 15:00 | **Picker Sisters: Don't Be A Pecky Head (R) ENCORE**  Tracy and Tanya brave the swamps of Mississippi and discover a slew of gems, including a vintage Harley Davidson that they hope will become a piece worthy of the coolest customer. | **PG**  +PICS01-004+ |

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| 15:30 | **Picker Sisters: Pickin' For Peanuts (R) ENCORE**  Tracy and Tanya delve back into the South and find inspiration everywhere they turn, including the eclectic garden of a sculptor and an unused grain silo. | **PG**  +PICS01-006+ |

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| 16:00 | **Me, Myself & I: Video Games (R) ’CC’**  Young Alex and Justin secretly play with their Nintendo game system their parents got them for Christmas ahead of the holiday and accidentally break it. | **PG (S)**  +MEMI01-010+ |

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| 16:30 | **Me, Myself & I: Phil Ricozzi (R) ’CC’**  Alex deals with his arch-nemesis, Phil Ricozzi across the three stages of his life. After Young Alex breaks up Phil and Nori, he is challenged to a fight. | **PG**  +MEMI01-011+ |

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| 17:00 | **The Goldbergs: Weird Al (R) ’CC’**  Adam's plan to use a concert to reignite his relationship with Dana backfires. Barry and Erica worry that Murray is depressed. | **PG**  +GOLB03-015+ |

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| 17:30 | **M\*A\*S\*H: The Gun (R)**  When a colonel's prized gun disappears, Hawkeye and B.J. play a hunch and bluff Frank into returning it. | **PG**  +MASH4-014+ |

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| 18:00 | **The Nanny: The In-Law Who Came Forever (R)**  After Aunt Freida buys her parent's apartment and evicts them, the Fines move into the Sheffield mansion. | **PG**  +NANN06-011+ |

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| 18:30 | **The Nanny: The Fran In The Mirror (R)**  While Maxwell is away, Fran invests $1 million with his old college chum. | **PG**  +NANN06-012+ |

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| 19:00 | **M\*A\*S\*H: The More I See You (R)**  Hawkeye is reunited with a woman he thought was out of his life forever, but who never altogether leaves. | **PG**  +MASH4-023+ |

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| 19:30 | **M\*A\*S\*H: Deluge (R)**  A sudden deluge of wounded at the 4077th is followed by a fire and a rainstorm which makes matters difficult for the staff. | **PG**  +MASH4-024+ |

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| 20:00 | **M\*A\*S\*H: The Interview (R)**  A stateside television correspondent interviews the M\*A\*S\*H personnel. | **PG**  +MASH4-025+ |

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| 20:30 | **Movie: The Bucket List (R) ’CC’**  Two terminally ill men escape from a cancer ward and head off on a road trip with a wish list of to-dos before they die. Starring:ALFONSO FREEMAN,JACK NICHOLSON,MORGAN FREEMAN,SEAN HAYES,ROB MORROW,BEVERLY TODD | **M (L,A)**  +WBFF01-005+ |

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| 22:30 | **Movie: Terms of Endearment (R)**  Follows hard-to-please Aurora looking for love and her daughter's family problems. Starring:DANNY DEVITO,JACK NICHOLSON,DEBRA WINGER,JOHN LITHGOW,JEFF DANIELS,SHIRLEY MACLAINE | **M (A,L)**  +PAFR01-033+ |

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| 01:15 | **Quantico: Drive (R) ’CC’**  The NATS are dispatched to various field offices where Alex and Ryan find themselves working a case. In the future, Alex doesn't know who to trust after finding new information about the man she loves | **M (V)**  +QUAN01-020+ |

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| 02:15 | **Quantico: Closure (R) ’CC’**  The NATS are excited that graduation is near as they prepare to leave Quantico. Later, Alex learns someone she cared about is not who they seemed, as she finds herself at the heart of another attack. | **M (V)**  +QUAN01-021+ |

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| 03:15 | **Quantico: Yes (R) ’CC’**  It's graduation day for the NATS of Quantico, while, in the future, Alex and her team find themselves head-to-head with the terrorist. | **M (V)**  +QUAN01-022+ |

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| 04:15 | **Special: Jabba's School Holiday Movie Special (R) ’CC’ (2019)**  Join Jason 'Jabba' Davis as he takes a look at some of the best movies for kids coming up in the school holidays. | **PG (H)**  +NFFI80-003+ |

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| 05:00 | **Me, Myself & I: Video Games (R) ’CC’**  Young Alex and Justin secretly play with their Nintendo game system their parents got them for Christmas ahead of the holiday and accidentally break it. | **PG (S)**  +MEMI01-010+ |

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| 05:30 | **Me, Myself & I: Phil Ricozzi (R) ’CC’**  Alex deals with his arch-nemesis, Phil Ricozzi across the three stages of his life. After Young Alex breaks up Phil and Nori, he is challenged to a fight. | **PG**  +MEMI01-011+ |

**Thursday 03 October 2019**

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| 06:00 | **It's Academic (R) ’CC’**  Simon Reeve hosts all new episodes of the educational and entertaining show where schools compete to win cash and prizes. | **G**  +IAC20-031+ |

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| 06:30 | **It's Academic (R) ’CC’**  Simon Reeve hosts all new episodes of the educational and entertaining show where schools compete to win cash and prizes. | **G**  +IAC20-032+ |

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| 07:00 | **Liv And Maddie: Dream-A-Rooney (R)**  Maddie and Diggie try to "out-fun" each other at a local music festival as Liv tries to help Andie get over her breakup. | **PG**  +LIVM03-014+ |

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| 07:30 | **Liv And Maddie: Home-Run-A-Rooney (R)**  Maddie and Josh go on their first date. Liv and Holden try to help Parker pass his show choir class. | **PG**  +LIVM03-015+ |

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| 08:00 | **Pickle And Peanut: 90s Adventure Bear / Parking Lot Carnival (R)**  Jon Heder (Napoleon Dynamite) and Johnny Pemberton (21 Jump Street) are two unlikely friends, an emotional Pickle and a freewheeling Peanut. | **PG**  +PNUT01-013+ |

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| 08:30 | **Pickle And Peanut: Volcano / Bike Jumper (R)**  Jon Heder (Napoleon Dynamite) and Johnny Pemberton (21 Jump Street) are two unlikely friends, an emotional Pickle and a freewheeling Peanut. | **PG**  +PNUT01-014+ |

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| 09:00 | **Spit It Out (R) ’CC’**  An exciting, fast-paced word game that requires lateral thinking and loads of teamwork! Hosted by Elliot Spencer. | **G**  +SIO2-042+ |

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| 09:30 | **Spit It Out (R) ’CC’**  An exciting, fast-paced word game that requires lateral thinking and loads of teamwork! Hosted by Elliot Spencer. | **G**  +SIO2-043+ |

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| 10:00 | **James Robison**  Religious Program. | **PG**  +JARO01-730+ |

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| 10:30 | **Travel Oz: Sailing To Mawson's Antarctica (R) ’CC’**  Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG**  +TRAV2-014+ |

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| 11:15 | **Travel Oz: Macquarie Island: Wildlife Paradise (R) ’CC’**  Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG**  +TRAV2-015+ |

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| 12:00 | **Scrubs: Our First Day Of School (R)**  J.D., Turk, Dr. Cox, Dr. Kelso and Intern Denise return to Sacred Heart to teach med school. | **PG (S)**  +SCRB9-001+ |

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| 12:30 | **Scrubs: Our Drunk Friend (R)**  Lucy learns her first lesson in being a doctor, when she connects with an alcoholic patient whom Dr. Cox wants out of the hospital. | **PG**  +SCRB9-002+ |

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| 13:00 | **The Goldbergs: Weird Al (R) ’CC’**  Adam's plan to use a concert to reignite his relationship with Dana backfires. Barry and Erica worry that Murray is depressed. | **PG**  +GOLB03-015+ |

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| 13:30 | **The Goldbergs: Edward 'Eddie The Eagle' Edwards (R) ’CC’**  As Barry loses his standing as a champion athlete at school, Murray refuses to let Beverly help out at the furniture store. | **PG**  +GOLB03-016+ |

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| 14:00 | **Just Shoot Me!: Pictures Of Lily (R) ’CC’**  A former fashion model finds herself puzzled by Finch's behavior. Jack bonds with Nina's boyfriend, a rock 'n roll musician. | **PG**  +JUSM07-010+ |

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| 14:30 | **Just Shoot Me!: The Comedy Stylings Of Rivers & Red (R) ’CC’**  Dennis' father takes a job as Jack's chauffeur. Elliott tries to get revenge against an insult comic who's made him his latest target. | **PG**  +JUSM07-011+ |

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| 15:10 | **Diff'rent Strokes: The Bicycle Man - Part One (R)**  Unaware that he's being lured into the trap of a child molester, Arnold eagerly agrees to perform a simple task in return for an overly generous reward from a "friendly" neighborhood merchant. | **G**  +DIFS05-016+ |

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| 15:40 | **Diff'rent Strokes: The Bicycle Man - Part Two (R)**  Arnold and Dudley's "friendship" with a local merchant reaches a dangerous turning point when, unbeknownst to the boys, the man, who is actually a child molester, is about to make his move. | **G**  +DIFS05-017+ |

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| 16:15 | **M\*A\*S\*H: The More I See You (R)**  Hawkeye is reunited with a woman he thought was out of his life forever, but who never altogether leaves. | **PG**  +MASH4-023+ |

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| 16:50 | **M\*A\*S\*H: Deluge (R)**  A sudden deluge of wounded at the 4077th is followed by a fire and a rainstorm which makes matters difficult for the staff. | **PG**  +MASH4-024+ |

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| 17:25 | **M\*A\*S\*H: The Interview (R)**  A stateside television correspondent interviews the M\*A\*S\*H personnel. | **PG**  +MASH4-025+ |

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| 18:00 | **The Nanny: The Yummy Mummy (R)**  Fran visits universities with Brighton, but the other students find Fran attractive and make inappropriate comments. | **PG**  +NANN06-013+ |

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| 18:30 | **The Nanny: California Here We Come (R)**  Maxwell is asked to turn one of his plays into a sitcom, and the Sheffields might be moving to California. | **PG**  +NANN06-014+ |

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| 19:00 | **M\*A\*S\*H: Bug Out - Part 1 (R)**  After a rumour grows out of proportion, the 4077th moves out, assured that the Chinese are about to attack. | **PG**  +MASH5-001+ |

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| 19:30 | **M\*A\*S\*H: Bug Out - Part 2 (R)**  Hawkeye, B.J and Hot Lips strengthen their friendships and respect for each other as they face the Chinese onslaught. Starring:MIKE FARRELL | **PG**  +MASH5-002+ |

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| 20:00 | **M\*A\*S\*H: Margaret's Engagement (R)**  On leave in Tokyo, Margaret holds the camp in suspense until she returns with the news of her engagement to Donald Penobscott. | **PG**  +MASH5-003+ |

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| 20:30 | **Criminal Minds: Hostage (R) ’CC’**  When an 18-year-old girl escapes from a suburban home where she was held captive for years with two other women, the BAU searches for the Unsub who kidnapped them. | **M (A,V)**  +CRMD11-014+ |

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| 21:30 | **Criminal Minds: A Badge And A Gun (R) ’CC’**  The BAU searches Los Angeles after the team discovers security footage that shows an UnSub being invited into victims’ homes. | **M (A,V)**  +CRMD11-015+ |

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| 22:30 | **Criminal Minds: Identity (R) ’CC’**  Three women are abducted and murdered and when a fourth disappears, the BAU investigate. | **M (A,V)**  +CRMD3-007+ |

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| 23:30 | **The Blacklist: The Lindquist Concern (R) ’CC’**  As Liz trails Red to Geneva in search of Kirk, the Task Force goes after a shady organization that is killing promising inventors to keep their new technologies off the market. | **MA (V)**  +BLKL04-005+ |

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| 00:30 | **Scrubs: Our First Day Of School (R)**  J.D., Turk, Dr. Cox, Dr. Kelso and Intern Denise return to Sacred Heart to teach med school. | **PG (S)**  +SCRB9-001+ |

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| 01:00 | **Scrubs: Our Drunk Friend (R)**  Lucy learns her first lesson in being a doctor, when she connects with an alcoholic patient whom Dr. Cox wants out of the hospital. | **PG**  +SCRB9-002+ |

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| 01:30 | **M\*A\*S\*H: Bug Out - Part 1 (R)**  After a rumour grows out of proportion, the 4077th moves out, assured that the Chinese are about to attack. | **PG**  +MASH5-001+ |

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| 02:00 | **M\*A\*S\*H: Bug Out - Part 2 (R)**  Hawkeye, B.J and Hot Lips strengthen their friendships and respect for each other as they face the Chinese onslaught. Starring:MIKE FARRELL | **PG**  +MASH5-002+ |

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| 02:30 | **M\*A\*S\*H: Margaret's Engagement (R)**  On leave in Tokyo, Margaret holds the camp in suspense until she returns with the news of her engagement to Donald Penobscott. | **PG**  +MASH5-003+ |

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| 03:00 | **Movie: Honeymoon (R) (1947)**  A romantic comedy about an American GI with a three day pass who misses his fiancee in Mexico for their wedding. Starring:GRANT MITCHELL,GENE LOCKHART,GUY MADISON,FRANCHOT TONE,LINA ROMAY,SHIRLEY TEMPLE | **G**  +RKO-050+ |

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| 04:30 | **Movie: The Saint's Vacation (R) (1941)**  The Saint must stop a valuable secret from falling into the wrong hands. Starring:CECIL PARKER,GORDON MC LEOD,HUGH SINCLAIR,LEUEEN MC GRATH,SALLY GRAY | **PG (V)**  +RKO-091+ |

**Friday 04 October 2019**

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| 06:00 | **It's Academic (R) ’CC’**  Simon Reeve hosts all new episodes of the educational and entertaining show where schools compete to win cash and prizes. | **G**  +IAC20-033+ |

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| 06:30 | **It's Academic (R) ’CC’**  Simon Reeve hosts all new episodes of the educational and entertaining show where schools compete to win cash and prizes. | **G**  +IAC20-034+ |

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| 07:00 | **Liv And Maddie: Scoop-A-Rooney (R)**  A reporter mistakes Maddie for Liv while she's on a date with Josh. Maddie doesn't want Diggie to hear the news from the press, so she asks Liv to play along. | **PG**  +LIVM03-016+ |

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| 07:30 | **Liv And Maddie: Choose-A-Rooney (R)**  With Diggie's return, Maddie is torn between him and Josh. Meanwhile, Liv is asked to plan a wedding in under a week when Gemma and Johnny Nimbus decide to get married. | **PG**  +LIVM03-017+ |

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| 08:00 | **Pickle And Peanut: Australians (R)**  Jon Heder (Napoleon Dynamite) and Johnny Pemberton (21 Jump Street) are two unlikely friends, an emotional Pickle and a freewheeling Peanut. | **PG**  +PNUT01-015+ |

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| 08:30 | **Pickle And Peanut: Francine / Cell Phone Tree (R)**  Jon Heder (Napoleon Dynamite) and Johnny Pemberton (21 Jump Street) are two unlikely friends, an emotional Pickle and a freewheeling Peanut. | **PG**  +PNUT01-016+ |

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| 09:00 | **Spit It Out (R) ’CC’**  An exciting, fast-paced word game that requires lateral thinking and loads of teamwork! Hosted by Elliot Spencer. | **G**  +SIO2-044+ |

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| 09:30 | **Spit It Out (R) ’CC’**  An exciting, fast-paced word game that requires lateral thinking and loads of teamwork! Hosted by Elliot Spencer. | **G**  +SIO2-045+ |

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| 10:00 | **James Robison**  Religious Program. | **PG**  +JARO01-731+ |

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| 10:30 | **Travel Oz: Coco Islands: Dugongs, Clams, Paradise Island (R) ’CC’**  Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG**  +TRAV2-016+ |

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| 11:15 | **Travel Oz: Antartica: Mawson's Hut (R) ’CC’**  Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG**  +TRAV2-017+ |

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| 12:00 | **Scrubs: Our Role Models (R)**  J.D. learns a lesson in teaching, when Dr. Cox and Lucy reverse their roles of teacher and student. | **PG**  +SCRB9-003+ |

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| 12:30 | **Scrubs: Our Histories (R)**  J.D. and Turk have time to party when their wives are out of town and Dr. Kelso tries to say farewell to Ted and Gooch. | **PG**  +SCRB9-004+ |

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| 13:00 | **The Goldbergs: The Dirty Dancing Dance (R) ’CC’**  Beverly helps Erica plan a 'Dirty Dancing' themed dance at school, only to turn on Erica when she realizes it may be inappropriate. Meanwhile, Murray tries to learn dancing with Adam with little luck. | **PG**  +GOLB03-017+ |

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| 13:30 | **The Goldbergs: 12 Tapes For A Penny (R) ’CC’**  Adam sets out to defraud a record club, but Erica gets the blame. Barry looks to win the respect of his girlfriend's dad. | **PG**  +GOLB03-018+ |

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| 14:00 | **Just Shoot Me!: The Talented Mr Finch (R) ’CC’**  Finch forgets to tell Jack about an important meeting with foreign clients, so he assumes Jack's identity and attempts to close a deal without Jack's knowledge. | **PG**  +JUSM07-012+ |

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| 14:30 | **Just Shoot Me!: There's Something About Allison (R) ’CC’**  Finch's old buddy Bert - now a transsexual named Brandy - joins Finch as a couple at their high school reunion in order for Finch to arrive with a beautiful blonde. | **PG (A,S)**  +JUSM07-013+ |

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| 15:10 | **Special: Jabba's School Holiday Movie Special (R) ’CC’ (2019)**  Join Jason 'Jabba' Davis as he takes a look at some of the best movies for kids coming up in the school holidays. | **PG (H)**  +NFFI80-003+ |

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| 15:40 | **Liv and Maddie: Grandma-A-Rooney (R)**  Grandma Janice shows up to present Liv with an award, but something just doesn't feel right. Meanwhile, Joey invites three girls over to watch the "Lover's Comet". | **G**  +LIVM2-023+ |

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| 16:10 | **Liv and Maddie: Repeat-A-Rooney (R)**  Liv must finish a 6th-grade project to avoid taking summer school. Joey gets Maddie to teach him how to be a jock to impress a girl. | **G**  +LIVM2-024+ |

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| 16:40 | **Liv And Maddie: SPARF-A-Rooney (R)**  As the whole family waits to find out if Maddie and Diggie reunite, Liv gets a call from her manager telling her she landed a coveted role in a new TV show, "Voltage". | **PG**  +LIVM03-001+ |

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| 17:10 | **Movie: Cloud 9 (R) ’CC’ (2014)**  A snowboarder takes lessons from a former champion, inspiring him to reach for the stars once again. Starring:ANDREW CALDWELL,CARLON JEFFERY,DOVE CAMERON,LUKE BENWARD,KIERSEY CLEMONS,MIKE C MANNING,DILLON LANE | **G**  +WDFC54-001+ |

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| 19:00 | **Movie: Planes: Fire And Rescue (R) ’CC’ (2014)**  Dusty, the famous racing airplane, learns that his engine is damaged, so he must shift gears and find a new career. Starring:BRAD GARRETT,DANE COOK,ED HARRIS,JULIE BOWEN,WES STUDI,TERI HATCHER,STACY KEACH | **G**  +WDFC53-015+ |

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| 20:30 | **Movie: Pitch Perfect (R) ’CC’ (2012)**  Beca, a freshman at Barden University, is coaxed into joining The Bellas, the all-girls acapella group. But before they take on their competition, The Bellas must revamp their repertoire. Starring:ADAM DEVINE,ALEXIS KNAPP,ANNA CAMP,ANNA KENDRICK,BEN PLATT,BRITTANY SNOW,ESTER DEAN,REBEL WILSON,SKYLAR ASTIN | **PG (D,S,L)**  +NBCF27-006+ |

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| 22:45 | **Movie: I Love You, Man (R)**  A man gets engaged to the girl of his dreams but has not a single guy friend to be his Best Man until he meets the ultimate dude. Starring:ANDY SAMBERG,JASON SEGEL,RASHIDA JONES,PAUL RUDD | **MA (L,S)**  +PAFR01-014+ |

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| 01:00 | **Scrubs: Our Role Models (R)**  J.D. learns a lesson in teaching, when Dr. Cox and Lucy reverse their roles of teacher and student. | **PG**  +SCRB9-003+ |

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| 01:30 | **Scrubs: Our Histories (R)**  J.D. and Turk have time to party when their wives are out of town and Dr. Kelso tries to say farewell to Ted and Gooch. | **PG**  +SCRB9-004+ |

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| 02:00 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 02:30 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 03:00 | **Movie: Little Jungle Boy (R) (1971)**  The story of a twelve year-old boy who grows up in the jungle with animals but is kidnapped and taken to Singapore. Starring:AMID DAUB,HAMZAH HAUSSEIN,HARIFF MEBAN,DOLLAH SARAWAK,LESLIE BERYMAN,MAHMUB HARAHAP,MIKE DORSEY,NICKI HUEN,NOEL FERRIER,MICHAEL PATE,WILLIE FENNELL,RAHMAN RAHMIND | **G**  +SMIS-041+ |

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| 04:30 | **Movie: The Gay Falcon (R) (1941)**  Amateur sleuth and ladies' man, the Falcon, is called in to break up a phony jewellery insurance scam. Starring:ALLEN JENKINS,ANNE HUNTER,ARTHUR SHIELDS,GEORGE SANDERS,GLADYS COOPER,EDWARD S.BROPHY,WENDY BARRIE,TURHAN BEY | **PG (V)**  +RKO-041+ |

**Saturday 05 October 2019**

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| 06:00 | **It's Academic (R) ’CC’**  Simon Reeve hosts all new episodes of the educational and entertaining show where schools compete to win cash and prizes. | **G**  +IAC20-035+ |

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| 06:30 | **It's Academic (R) ’CC’**  Simon Reeve hosts all new episodes of the educational and entertaining show where schools compete to win cash and prizes. | **G**  +IAC20-036+ |

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| 07:00 | **Beat Bugs: Why Don't We Do It In The Road / The Word (R) ’CC’**  When the Beat Bugs break the rules and play on the road, it's up to Walter to find his inner action hero and save his friends. Then, the Beat Bugs make a mysterious new friend named Melvin. | **G**  +BEAT-011+ |

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| 07:30 | **Beat Bugs: Glass Onion / Honey Pie (R) ’CC’**  The Beat Bugs are divided on what to do with a shiny new treasure. Then, the Beat Bugs recreate an old cooking show to help Granny Bee remember the recipe to her famous honey pie. | **G**  +BEAT-012+ |

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| 08:00 | **Gamer's Guide To Pretty Much Everything: The Gaming Club (R)**  Professional teenage video gamer, Conor, is forced to go to high school for the first time. Coping with his new lifestyle, he focuses on friendships and visualizes life as a video game. | **PG**  +GAGU01-003+ |

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| 08:30 | **Gamer's Guide To Pretty Much Everything: Puddin' Party (R)**  Professional teenage video gamer, Conor, is forced to go to high school for the first time. Coping with his new lifestyle, he focuses on friendships and visualizes life as a video game. | **PG**  +GAGU01-004+ |

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| 09:00 | **Pickle And Peanut: Sneaky Patty Sleepover / Baby Tooth (R)**  Jon Heder (Napoleon Dynamite) and Johnny Pemberton (21 Jump Street) are two unlikely friends, an emotional Pickle and a freewheeling Peanut. | **PG**  +PNUT01-017+ |

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| 09:30 | **Pickle And Peanut: Bats / Movie Camp Out (R)**  Jon Heder (Napoleon Dynamite) and Johnny Pemberton (21 Jump Street) are two unlikely friends, an emotional Pickle and a freewheeling Peanut. | **PG**  +PNUT01-018+ |

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| 10:00 | **Lab Rats: Bionic Island: Bionic Rebellion - Part 1 (R) ’CC’**  Chase, Adam, Bree and Leo discover that a confidante has secretly formed an evil rebellion to exact revenge for his father's death by killing Davenport, leading to a bionic battle of good versus evil. | **PG**  +LARA04-001+ |

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| 10:30 | **Lab Rats: Bionic Island: Bionic Rebellion - Part 2 (R) ’CC’**  Chase, Adam, Bree and Leo discover that a confidante has secretly formed an evil rebellion to exact revenge for his father's death by killing Davenport, leading to a bionic battle of good versus evil. | **PG**  +LARA04-002+ |

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| 11:00 | **Liv And Maddie: Friend-A-Rooney (R)**  Liv is not too happy when Joey lands a part on "Voltage". Meanwhile, when Karen finds out that Andie's dad, Mr. Bustamante, disapproves of Dump Truck, they team up to change his mind. | **PG**  +LIVM03-018+ |

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| 11:30 | **Liv And Maddie: SkyVolt-A-Rooney (R)**  Liv finds out that Voltage plans to leave Stevens Point for Los Angeles and must decide to move with the show or stay in Wisconsin with Maddie. | **PG**  +LIVM03-019+ |

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| 12:00 | **Special: Jabba's School Holiday Movie Special (R) ’CC’ (2019)**  Join Jason 'Jabba' Davis as he takes a look at some of the best movies for kids coming up in the school holidays. | **PG (H)**  +NFFI80-003+ |

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| 12:30 | **Bringing Sexy Back: Dimity & Verity (R) ’CC’**  Follows the amazing transformations of ordinary Aussies as they get the chance to reinvent themselves and make a change for the better. | **PG**  +BRSB-007+ |

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| 13:45 | **Back With The Ex (R) ’CC’**  The couples go on a trip of a lifetime, their last chance to get back the spark before they make their final decision. Can they find love again, or will their past problems be too much to overcome? | **PG (L)**  +BAWE01-006+ |

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| 15:00 | **The Amazing Race: We're Coming For You, Phil (R) ’CC’**  The Amazing Race returns this season with a race unlike any before. In a brand new twist, all 22 Racers are complete strangers who will meet on the starting line. | **PG**  +AMRC29-001+ |

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| 16:00 | **The Amazing Race: Scared Spitless (R) ’CC’**  The Amazing Race returns this season with a race unlike any before. In a brand new twist, all 22 Racers are complete strangers who will meet on the starting line. | **PG**  +AMRC29-002+ |

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| 17:00 | **TBA:**  TBC | ++ |

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| 22:00 | **TBA:**  TBC | ++ |

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| 23:00 | **TBA:**  TBC | ++ |

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| 00:00 | **Scrubs: Our Mysteries (R)**  Lucy has problems taking blood from patients, while J.D. still wants to get Dr. Cox's approval. | **PG**  +SCRB9-005+ |

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| 00:30 | **Scrubs: Our New Girl-Bro (R)**  An exhausted Lucy turns to Elliot for guidance, while Turk needs a new best friend since J.D. left. | **PG**  +SCRB9-006+ |

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| 01:00 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 01:30 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |
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| 03:00 | **Movie: Great Day (R) (1946)**  Follows the part played by women charity workers in the small village of Denley during the war years. Starring:ISABEL JEANS,ERIC PORTMAN,FLORA ROBSON,PHILIP FRIEND,WALTER FITZGERALD,SHEILA SIM | **PG (A)**  +RKO-047+ |

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| 04:45 | **Movie: The Saint Strikes Back (R) (1939)**  The Saint helps the daughter of a police inspector clear her father's name and catch the thieves who framed him. Starring:BARRY FITZGERALD,GEORGE SANDERS,EDWARD GARGAN,JEROME COWAN,JONATHAN HALE,NEIL HAMILTON,WENDY BARRIE | **PG (V)**  +RKO-089+ |