**Sunday 13 January 2019**

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| 06:00  | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 06:30 | **Big Angry Fish (R)** It's a windy one out there, but nothing stops Milan and Nathan going fishing. | **PG** +BAFI03-002+ |

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| 07:30  | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 08:30 | **NFL** The division champions from the American Football Conference battle it out in do-or-die clashes as they vie for top spot to take on the winner of the National Football Conference in the Super Bowl. | +NFLI18-064+ |

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| 12:00 | **NFL** The division champions from the American Football Conference battle it out in do-or-die clashes as they vie for top spot to take on the winner of the National Football Conference in the Super Bowl. | +NFLI18-065+ |

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| 15:00 | **Fish Of The Day** Fish of the Day will take you on journey's to stunning locations, introduce you to fascinating locals, and surround you with some of the world's most amazing ocean ecology. | **PG** +FOTD02-004+ |

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| 15:30 | **Big Angry Fish** Milan and Nathan continue their mission to chase anything big that pulls hard. | **PG** +BAFI04-009+ |

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| 16:30 | **2019 Santos Tour Down Under: People's Choice Classic ’CC’** Not just a bike race, the Santos Tour Down Under is home to the largest Festival of Cycling in the southern hemisphere. | +TOUR19-007+ |

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| 18:30 | **Loose Screws: Heck On Wheels NEW EPISODE**The greatest inventions from the world's greatest dreamers. | **PG** +LOSC01-003+ |

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| 19:00 | **Movie: Real Steel (R) ’CC’ (2011)** Hugh Jackman stars as Charlie Kenton, in a futuristic world where robot boxing is a top sport. When he finds a discarded robot, he and his son attempt to build and train a champion. Starring:ANTHONY MACKIE,DAKOTA GOYO,HUGH JACKMAN,EVANGELINE LILLY,KEVIN DURAND | **PG (A,V)**+WDF50-001+ |

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| 21:40 | **Movie: Ted (R) ’CC’ (2012)** As the result of a childhood wish, John Bennett's teddy bear, Ted, came to life and has been by John's side ever since. But twenty seven years on, Ted proves to be a liability in John's life. Starring:GIOVANNI RIBISI,MARK WAHLBERG,JESSICA BARTH,JOEL MCHALE,PATRICK WARBURTON,MILA KUNIS,MATT WALSH,SETH MACFARLANE | **MA (L,D,S)**+NBCF27-005+ |

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| 23:50 | **Family Guy: Chap Stewie (R)** When Peter and Chris interrupt Stewie's TV time, he goes back in time to break up Peter and Lois so he's never conceived. But instead, he is reborn into a Downton Abbey-esque British household. | **M (V)**+FGUY13-021+ |

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| 00:20 | **Wicked Tuna: Money On The Line** Dave begins the last week of the season well ahead of the Pin Wheel crew. Meanwhile, Tyler works to prove himself, Paul wants to reach his goal, and Marciano tries to recover from a rough season. | **M (L)**+TUNA02-014+ |

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| 01:20 | **Fish Of The Day (R)** Fish of the Day will take you on journey's to stunning locations, introduce you to fascinating locals, and surround you with some of the world's most amazing ocean ecology. | **PG** +FOTD02-004+ |

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| 02:00 | **Big Angry Fish (R)** Milan and Nathan continue their mission to chase anything big that pulls hard. | **PG** +BAFI04-008+ |

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| 03:00 | **Ax Men: Ax Is Back** It's a new season of Ax Men and a new battle for "king of the mountain". | **M (V,L,A)**+AXMN05-001+ |

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| 04:00 | **Loose Screws: Heck On Wheels (R)** The greatest inventions from the world's greatest dreamers. | **PG** +LOSC01-003+ |

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| 04:30 | **Blokesworld: The Belgium Andler Hillclimb - Episode 1 (R)** Ado and Camera 3 travel the world to prove that Blokes are the same all over the world and they all share the passions. | **PG** +BLKE04-001+ |

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| 05:00 | **NFL** The division champions from the American Football Conference battle it out in do-or-die clashes as they vie for top spot to take on the winner of the National Football Conference in the Super Bowl. | +NFLI18-066+ |

 **Monday 14 January 2019**

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| 06:00 | **NFL** The division champions from the American Football Conference battle it out in do-or-die clashes as they vie for top spot to take on the winner of the National Football Conference in the Super Bowl. | +NFLI18-066+ |

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| 08:00 | **Blokesworld: The Belgium Andler Hillclimb - Episode 2 (R)** Ado and Camera 3 travel the world to prove that Blokes are the same all over the world and they all share the passions. | **PG** +BLKE04-002+ |

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| 08:30 | **NFL** The division champions from the American Football Conference battle it out in do-or-die clashes as they vie for top spot to take on the winner of the National Football Conference in the Super Bowl. | +NFLI18-067+ |

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| 12:00 | **Pro Bull Riding - Australia: Mackay (R)** Slap on your big hat and pull on your boots - the Professional Bull Riding circuit is circling Australia. | +PROB02-003+ |

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| 12:30 | **Doomsday Preppers: No Such Thing As A Fair Fight (R)** Businessman by day, prepper by night. Brent lives in fear of an electromagnetic pulse (EMP) that will make the world go dark, leaving his family of 12 with nothing. | **PG** +DOOP2-008+ |

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| 13:30 | **Blokesworld: Sydney Knife Show (R)** Ado and Camera 3 travel the world to prove that Blokes are the same all over the world and they all share the same passions. | **PG (S,L)**+BLKE08-021+ |

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| 14:00 | **Loose Screws: Heck On Wheels (R)** The greatest inventions from the world's greatest dreamers. | **PG** +LOSC01-003+ |

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| 14:30 | **Women's Big Bash League: Melbourne Stars v Sydney Sixers ’CC’** Women's Big Bash League cricket action LIVE from the MCG. Start of play: 2.50pm AEDT. | +WBBL18-039+ |

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| 18:00 | **Ice Road Truckers: The Final Ride NEW EPISODE**The historic four truck convoy faces fire and a crossing so thin, they must test the thickness themselves. After Art Burke's engine dies, he must travel back to Winnipeg with Alex Debogorski. | **PG (L)**+ICER10-010+ |

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| 19:00 | **Storage Wars: Fear And Loathing In Placentia NEW EPISODE**In Placentia, Calif., Jarrod and Brandi make a purchase that tips the scales in their favour. | **PG** +STOW05-017+ |

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| 19:30 | **American Restoration: Taking The Reins NEW EPISODE**Rick Dale and crew of loose screws at Rick's Restorations in Las Vegas restore vintage items to their original condition. | **PG** +AMER08-012+ |

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| 20:30 | **American Pickers: Best Of: Best Of The 60s NEW EPISODE**Mike and Frank look back at their best picks from the 1960s, including a meeting with Captain Kirk and a seat in the original Batmobile. | **PG** +APIC09-007+ |

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| 21:30 | **Aussie Pickers: Steptoe's Shed (R)** In Camperdown in country Victoria, the Pickers meet local auctioneer Bruce, who is known to the locals as Steptoe. | **PG** +AUSP01-007+ |

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| 22:30 | **Pawn Stars Australia (R)** A man brings in a large vintage enamel Shell sign that his wife is making him sell and Aaron couldn't be happier about it. | **PG** +PSTA01-007+ |

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| 23:00 | **Storage Wars Canada NEW EPISODE**High-stakes buyers descend upon repossessed and forgotten storage units all across Canada. | **M (L)**+STWC01-023+ |

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| 23:30 | **Hardcore Pawn: To Catch A Thief - Part 1 (R)** When jewelry is found scattered on the floor, Les think it's just a mistake. But when it happens again - and the security video system conveniently goes down he knows something is afoot. | **M** +HPWN8-012+ |

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| 00:00 | **Creek To Coast (R) ’CC’** Scotty is on the road on a 360-kilometre trip from Brisbane to Bundaberg with few must stop destinations along the way. | **G** +7CTC18-039+ |

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| 00:30 | **Ax Men: Ax Is Back (R)** It's a new season of Ax Men and a new battle for "king of the mountain". | **M (V,L,A)**+AXMN05-001+ |

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| 01:30 | **Ax Men: Damage Control** Swamp Man Shelby Stanga is hired to remove a log from private property, but complications lead to disaster. | **M (V,L)**+AXMN05-002+ |

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| 02:30 | **American Restoration: Taking The Reins (R)** Rick Dale and crew of loose screws at Rick's Restorations in Las Vegas restore vintage items to their original condition. | **PG** +AMER08-012+ |

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| 03:30 | **American Pickers: Best Of: Best Of The 60s (R)** Mike and Frank look back at their best picks from the 1960s, including a meeting with Captain Kirk and a seat in the original Batmobile. | **PG** +APIC09-007+ |

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| 04:30 | **Storage Wars Canada (R)** High-stakes buyers descend upon repossessed and forgotten storage units all across Canada. | **M (L)**+STWC01-023+ |

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| 05:00 | **Hardcore Pawn: To Catch A Thief - Part 1 (R)** When jewelry is found scattered on the floor, Les think it's just a mistake. But when it happens again - and the security video system conveniently goes down he knows something is afoot. | **M** +HPWN8-012+ |

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| 05:30 | **Storage Wars Canada (R)** High-stakes buyers descend upon repossessed and forgotten storage units all across Canada. | **M (L)**+STWC01-023+ |

 **Tuesday 15 January 2019**

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| 06:00  | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 06:30 | **Big Angry Fish (R)** Milan and Nathan are nailing big snapper, and one of them almost gets pulled overboard by a big one. | **PG** +BAFI03-003+ |

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| 07:30 | **Creek To Coast (R) ’CC’** Scotty is on the road on a 360-kilometre trip from Brisbane to Bundaberg with few must stop destinations along the way. | **G** +7CTC18-039+ |

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| 08:00 | **Mark Berg's Fishing Addiction (R)** Fishing expert Mark Berg visits some of the best fishing destinations around. Chasing a wide variety of fish, Mark is always hoping to capture a new species or develop a new technique. | **PG** +MBFA07-006+ |

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| 09:00 | **Adventure Angler (R)** Join Micah Adams in this high definition series featuring high adventure sports and intense fishing action. | **PG** +ADAN02-002+ |

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| 09:30 | **A Football Life: Randall Cunningham (R)** A Football Life continues with Randall Cunningham. The documentary features sitdown interviews with Cunningham and those who know him well, including his wife Felicity, former teammates and coaches. | **PG** +FOLI-032+ |

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| 10:30 | **MXTV (R)** MXTV is Australia's favourite dirt bike TV show and the choice and voice of dirt bike riders across the country. | **PG** +MXTV02-009+ |

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| 11:00 | **Inside West Coast Customs: Spy Optics - Not Your Grandparents RV (R)** Looking good and doing it in style is what West Coast Customs and Spy Optics are known for, now Ryan and his team turn an RV fit for a grandma into a VIP lounge fit for pro snowboarder Louie Vito. | **PG** +IWCC-006+ |

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| 12:00 | **2019 Santos Tour Down Under: Stage 1 ’CC’** Not just a bike race, the Santos Tour Down Under is home to the largest Festival of Cycling in the southern hemisphere. | +TOUR19-001+ |

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| 15:30 | **American Restoration: Taking The Reins (R)** Rick Dale and crew of loose screws at Rick's Restorations in Las Vegas restore vintage items to their original condition. | **PG** +AMER08-012+ |

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| 16:30 | **Bloopers: Cat Fight** Take a look at the biggest blunders and laugh-out-loud moments caught on video. | **PG** +BLOP01-025+ |

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| 17:00 | **Doomsday Preppers: Prepared Not Scared (R)** Brian Smith has big plans for the end of the world. The father of 12 is preparing for a total collapse of the U.S. monetary system and fears that the world's food supply will become scarce. | **PG** +DOOP2-009+ |

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| 18:00 | **Ice Road Truckers: The Ice Is Right NEW EPISODE**The ice is right? After two short seasons, the drivers are ready for what is forecast to be a cold and busy winter. | **PG (L)**+ICER11-001+ |

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| 19:00 | **Storage Wars: Barry's Angels NEW EPISODE**Barry arrives with two auction angels, and they turn his frown upside down... with a visit from wrestling legend Rowdy Roddy Piper. | **PG** +STOW05-010+ |

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| 19:30 | **Motorway Patrol Special - The Quick And The Dead: Motorway Patrol Special - The Quick And The Dead (R) (2013)** Join officers as they encounter high speed chases, runaway dogs and drunk drivers as they patrol the motorways of New Zealand. | **PG** +MOTS-011+ |

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| 20:30 | **Megatruckers (R)** Jon Kelly and his team of Heavy Haulage drivers specialise in moving the biggest loads you will ever see on the road to places no-one thought they can get them to. | **M (L)**+MTRU01-008+ |

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| 21:00 | **Outback Pilots (R)** The Northern Territory Police Airwing try to stay under cover and on target. | **PG** +OBPI01-008+ |

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| 22:00 | **World's Deadliest Weather: Caught On Camera (R) ’CC’** The massive Nepal earthquake triggers an avalanche wiping out Everest base camp and mud slides burying whole villages. In Missouri a family BBQ is destroyed by a deadly tornado. | **M (L)**+WDWC01-005+ |

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| 23:00 | **Australia's Deadliest (R) ’CC’** A surfer’s leg is mauled by a deadly shark, while a boy is bitten by one of Australia’s most venomous snakes, and young man suffers excruciating pain after he treads on a venomous stonefish. | **PG** +WLDC-008+ |

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| 23:30 | **Australia's Deadliest (R) ’CC’** Three people suffer venomous bites from three very different Australian creatures that can kill in minutes – a Box Jellyfish, a Red-Bellied Black snake and a Redback spider.  | **PG** +WLDC-009+ |

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| 00:00 | **Ax Men: Damage Control (R)** Swamp Man Shelby Stanga is hired to remove a log from private property, but complications lead to disaster. | **M (V,L)**+AXMN05-002+ |

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| 01:00 | **Inside West Coast Customs: Spy Optics - Not Your Grandparents RV (R)** Looking good and doing it in style is what West Coast Customs and Spy Optics are known for, now Ryan and his team turn an RV fit for a grandma into a VIP lounge fit for pro snowboarder Louie Vito. | **PG** +IWCC-006+ |

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| 02:00 | **Ax Men: No Pain, No Gain** Jimmy Smith is smitten with his new assistant, while rivals Uncle Buck and Swilley push their equipment to the breaking point. | **M (L)**+AXMN05-003+ |

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| 03:00 | **Bloopers: Cat Fight (R)** Take a look at the biggest blunders and laugh-out-loud moments caught on video. | **PG** +BLOP01-025+ |

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| 03:30 | **Storage Wars: Barry's Angels (R)** Barry arrives with two auction angels, and they turn his frown upside down... with a visit from wrestling legend Rowdy Roddy Piper. | **PG** +STOW05-010+ |

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| 04:00 | **Ice Road Truckers: The Ice Is Right (R)** The ice is right? After two short seasons, the drivers are ready for what is forecast to be a cold and busy winter. | **M (L)**+ICER11-001+ |

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| 05:00 | **Blokesworld: The Belgium Andler Hillclimb - Episode 3 (R)** Ado and Camera 3 travel the world to prove that Blokes are the same all over the world and they all share the passions. | **PG** +BLKE04-003+ |

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| 05:30 | **Blokesworld: The Belgium Andler Hillclimb - Episode 4 (R)** Ado and Camera 3 travel the world to prove that Blokes are the same all over the world and they all share the passions. | **PG** +BLKE04-004+ |

 **Wednesday 16 January 2019**

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| 06:00  | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 06:30 | **Big Angry Fish (R)** Nathan has gone solo with his fly rod and the big snapper in the shallows better look out! | **PG** +BAFI03-004+ |

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| 07:30 | **My Fishing Place: East Alligator Part 2 (R)** The 3 brothers from My Fishing Place continue their adventure in top end trying to catch the elusive meter Barra only to find they hook a beast that is a lot bigger than expected. | **PG** +MYFI01-002+ |

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| 08:00 | **Mark Berg's Fishing Addiction (R)** Fishing expert Mark Berg visits some of the best fishing destinations around. Chasing a wide variety of fish, Mark is always hoping to capture a new species or develop a new technique. | **PG** +MBFA07-007+ |

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| 09:00 | **River To Reef (R)** The boys continue their fishing; and we are joined by Malki from Lonestar Winches with some wise advice. Theo is gaining on Dean is their challenge. | **PG** +RITR01-006+ |

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| 09:30 | **America's Game: The Super Bowl Champions: 1999 St. Louis Rams (R)** Kurt Warner was his usual stellar self as the Rams hung on to beat the Titans in the Super Bowl. Ranks #19 of the greatest Super Bowl champions all time. | +AGSB-034+ |

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| 10:30 | **MXTV (R)** MXTV is Australia's favourite dirt bike TV show and the choice and voice of dirt bike riders across the country. | **PG** +MXTV02-010+ |

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| 11:00 | **Inside West Coast Customs: Monster Cable Tron - This Is Not A Game! (R)** West Coast Customs steps into the future by transforming and Audi R8 into a Tron inspired super car to be unveiled at CES. | **PG** +IWCC-007+ |

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| 12:00 | **2019 Santos Tour Down Under: Stage 2 ’CC’** Not just a bike race, the Santos Tour Down Under is home to the largest Festival of Cycling in the southern hemisphere. | +TOUR19-002+ |

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| 16:00 | **Motorway Patrol Special - The Quick And The Dead: Motorway Patrol Special - The Quick And The Dead (R) (2013)** Join officers as they encounter high speed chases, runaway dogs and drunk drivers as they patrol the motorways of New Zealand. | **PG** +MOTS-011+ |

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| 17:00 | **Doomsday Preppers: In The Hurt Locker (R)** Not all preppers are relying on their nuclear family to survive the end of time; to some, creating a tight-knit community of like-minded individuals is the difference between death and survival. | **PG** +DOOP2-010+ |

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| 18:00 | **Ice Road Truckers: Jackknife Jeopardy NEW EPISODE**Having jackknifed her truck, Lisa Kelly must find a way to fix a broken clutch and get back on the road. Ice road legend Alex Debogorski tests a patch of thin ice and gets more cold than he bargained. | **PG (L)**+ICER11-002+ |

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| 19:00 | **Storage Wars: The French Job NEW EPISODE**The buyers head to beautiful Laguna Niguel, CA. Jarrod and Brandi find some toys, and Jarrod tries to battle a world champion. | **PG** +STOW05-011+ |

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| 19:30 | **The Simpsons: Treehouse Of Horror XV** Ned gains the power to foresee people's deaths; Maggie is shrunk inside a vitamin capsule and swallowed.  | **M (D,V)**+SIMP16-001+ |

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| 20:00 | **The Simpsons: All's Fair In Oven War** Homer buys Marge a new kitchen, and Marge likes cooking in the new kitchen so much she attends the Ovenfresh Bakeoff. | **PG** +SIMP16-002+ |

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| 20:30 | **Futurama: Space Pilot 3000** A down-on-his-luck pizza delivery guy is accidentally frozen on New Year's Eve 1999, and wakes up in 2999. | **PG (A,V,L)**+FUTR01-001+ |

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| 21:00 | **Futurama: The Series Has Landed** For the crew's first mission, they must make a delivery to the moon, which is now home to a cheesy amusement park. | **PG (A,V,L)**+FUTR01-002+ |

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| 21:30 | **Family Guy: Peter's Got Woods (R)** A jealous Peter befriends actor James Woods after Brian falls for an attractive African-American teacher. Starring:JAMES WOODS | **PG (A,L)**+FGUY5-001+ |

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| 22:00 | **Family Guy: The Perfect Castaway (R)** Peter and his friends are shipwrecked on an island and given up for dead; when Peter returns home he discovers that Lois and Brian have gotten married. W | **M** +FGUY5-002+ |

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| 22:30 | **American Dad: Next Of Pin (R)** Stan and Steve bond over bowling. | **M (A,V)**+ADAD12-021+ |

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| 23:00 | **American Dad: Standard Deviation (R)** Stan must beat Bullock in a DJ battle to avoid a suicide mission. | **M (D,A,V)**+ADAD12-022+ |

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| 23:30 | **Tattoo Nightmares: Butt Pirate (R)** A client hopes Gus can design a pirate to cover his Vegas mistake and Jasmine struggles to make a tribal art tatt a distant memory for her client. | **M (A,L)**+TATT-001+ |

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| 00:00 | **Black-ish: Richard Youngsta** Dre is excited about doing a campaign with a popular rap star but becomes conflicted when Bow and Ruby provide feedback suggesting it plays on stereotypes. | **PG** +BLKI03-019+ |

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| 00:30 | **Ax Men: No Pain, No Gain (R)** Jimmy Smith is smitten with his new assistant, while rivals Uncle Buck and Swilley push their equipment to the breaking point. | **M (L)**+AXMN05-003+ |

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| 01:30 | **Inside West Coast Customs: Monster Cable Tron - This Is Not A Game! (R)** West Coast Customs steps into the future by transforming and Audi R8 into a Tron inspired super car to be unveiled at CES. | **PG** +IWCC-007+ |

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| 02:30 | **Ax Men: Hell Hole** At Papac Alaska, the site is turned upside down when the yarder operator walks off in the middle of the day. | **M (L)**+AXMN05-004+ |

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| 03:30 | **Storage Wars: The French Job (R)** The buyers head to beautiful Laguna Niguel, CA. Jarrod and Brandi find some toys, and Jarrod tries to battle a world champion. | **PG** +STOW05-011+ |

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| 04:00 | **American Dad: Next Of Pin (R)** Stan and Steve bond over bowling. | **M (A,V)**+ADAD12-021+ |

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| 04:30 | **American Dad: Standard Deviation (R)** Stan must beat Bullock in a DJ battle to avoid a suicide mission. | **M (D,A,V)**+ADAD12-022+ |

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| 05:00 | **Tattoo Nightmares: Butt Pirate (R)** A client hopes Gus can design a pirate to cover his Vegas mistake and Jasmine struggles to make a tribal art tatt a distant memory for her client. | **M (A,L)**+TATT-001+ |

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| 05:30 | **Blokesworld: Vegas And Lemons, Pt 1 (R)** Ado and Camera 3 travel the world to prove that Blokes are the same all over the world and they all share the passions. | **PG** +BLKE05-001+ |

 **Thursday 17 January 2019**

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| 06:00  | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 06:30 | **Big Angry Fish (R)** Milan is in Coromandel looking for big kingfish and the place does not disappoint! | **PG** +BAFI03-005+ |

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| 07:30 | **Creek To Coast (R) ’CC’** Queensland's ultimate outdoor adventure show, featuring the very latest in camping, cruising, fishing and four-wheel-driving. | **G** +7CTC17-003+ |

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| 08:00 | **Mark Berg's Fishing Addiction (R)** Fishing expert Mark Berg visits some of the best fishing destinations around. Chasing a wide variety of fish, Mark is always hoping to capture a new species or develop a new technique. | **PG** +MBFA07-008+ |

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| 09:00 | **Adventure Angler: Bream Roadtrip - Part 1 (R)** Join Micah Adams in this high definition series featuring high adventure sports and intense fishing action. | **PG** +ADAN02-003+ |

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| 09:30 | **A Football Life: Cris Carter (R)** A Football Life continues with a profile of wide receiver Cris Carter. The special chronicles Carter’s journey from the streets of Ohio to his induction into the Pro Football Hall of Fame. | **PG** +FOLI-033+ |

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| 10:30 | **MXTV (R)** MXTV is Australia's favourite dirt bike TV show and the choice and voice of dirt bike riders across the country. | **PG** +MXTV02-011+ |

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| 11:00 | **Inside West Coast Customs: OX - Baja Or Bust (R)** Jeff "Ox" Kargola turns out insane tricks on his motorbike, but now West Coast Customs will trick out his truck as they race to the finish line just in time for the Baja 1000. | **PG** +IWCC-008+ |

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| 12:00 | **2019 Santos Tour Down Under: Stage 3 ’CC’** Not just a bike race, the Santos Tour Down Under is home to the largest Festival of Cycling in the southern hemisphere. | +TOUR19-003+ |

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| 16:00 | **The Simpsons: Treehouse Of Horror XV (R)** Ned gains the power to foresee people's deaths; Maggie is shrunk inside a vitamin capsule and swallowed.  | +SIMP16-001+ |

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| 16:30 | **The Simpsons: All's Fair In Oven War (R)** Homer buys Marge a new kitchen, and Marge likes cooking in the new kitchen so much she attends the Ovenfresh Bakeoff. | **PG** +SIMP16-002+ |

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| 17:00 | **Doomsday Preppers: Prepper's Paradise (R)** Doomsday Preppers visits the household of Amanda Bobbin, who began prepping after being warned in her sleep of imminent danger. | **PG** +DOOP2-011+ |

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| 18:00 | **Ice Road Truckers: Helter Melter NEW EPISODE**A sudden early season warm up threatens to derail the season just after it began. Art Burke finds himself in deep washouts and some of the slickest (and scariest) roads he's ever seen.  | **PG (L)**+ICER11-003+ |

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| 19:00 | **Storage Wars: That's My Jerry! NEW EPISODE**The buyers head straight into Compton, CA. Jarrod gets a new nickname, and finds something he used to collect... kind of. | **PG** +STOW05-012+ |

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| 19:30 | **The Simpsons: Sleeping With The Enemy** Marge becomes a mother figure for Nelson. | **PG** +SIMP16-003+ |

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| 20:00 | **The Simpsons: She Used To Be My Girl** Marge becomes jealous when Lisa begins idolising her old high school friend, Chloe Talbot, a famous reporter. | **PG** +SIMP16-004+ |

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| 20:30 | **Movie: Rush Hour (R) ’CC’** Two cops team up to get back a kidnapped daughter. Starring:CHRIS TUCKER,JACKIE CHAN,ELIZABETH PENA,TZI MA,TOM WILKINSON,KEN LEUNG | **M (V)**+WBFF01-040+ |

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| 22:35 | **Movie: Bad Neighbours (R) ’CC’ (2014)** A young couple suffering from arrested development are forced to live next to a fraternity house after the birth of their newborn baby. Starring:CHRISTOPHER MINTZ-PLASSE,LISA KUDROW,ROSE BYRNE,SETH ROGEN,ZAC EFRON,DAVE FRANCO | **MA (D,S,N,L)**+NBCR30-001+ |

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| 00:40 | **Ax Men: Hell Hole (R)** At Papac Alaska, the site is turned upside down when the yarder operator walks off in the middle of the day. | **M (L)**+AXMN05-004+ |

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| 01:35 | **Inside West Coast Customs: OX - Baja Or Bust (R)** Jeff "Ox" Kargola turns out insane tricks on his motorbike, but now West Coast Customs will trick out his truck as they race to the finish line just in time for the Baja 1000. | **PG** +IWCC-008+ |

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| 02:35 | **Ax Men: Cowboy Up** Start-up outfit Big Gun Logging hits a snag as their deadline approaches. In Florida, Buck & Swilley make a run for the lead in the Log-Off while Jimmy deals with a crew crisis. | **M (V)**+AXMN05-005+ |

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| 03:30 | **Storage Wars: That's My Jerry! (R)** The buyers head straight into Compton, CA. Jarrod gets a new nickname, and finds something he used to collect... kind of. | **PG** +STOW05-012+ |

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| 04:00 | **The Simpsons: Sleeping With The Enemy (R)** Marge becomes a mother figure for Nelson. | **PG** +SIMP16-003+ |

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| 04:30 | **World's Most Amazing Videos (R)** World's most amazing videos features incredible, true-life stories of people who faced their most desperate hour - and lived to tell about it. | **M (A,V)**+WMAV01-001+ |

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| 05:30 | **Blokesworld: Vegas And Lemons, Pt 2 (R)** Ado and Camera 3 travel the world to prove that Blokes are the same all over the world and they all share the passions. | **PG** +BLKE05-002+ |

 **Friday 18 January 2019**

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| 06:00  | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 06:30 | **Big Angry Fish (R)** Milan and Nathan are on a tour through the Bay of Plenty - and there's fish life everywhere they go. | **PG** +BAFI03-006+ |

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| 07:30 | **Creek To Coast (R) ’CC’** Queensland's ultimate outdoor adventure show, featuring the very latest in camping, cruising, fishing and four-wheel-driving. | **G** +7CTC17-004+ |

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| 08:00 | **Mark Berg's Fishing Addiction (R)** Fishing expert Mark Berg visits some of the best fishing destinations around. Chasing a wide variety of fish, Mark is always hoping to capture a new species or develop a new technique. | **PG** +MBFA07-009+ |

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| 09:00 | **River To Reef (R)** The peace and quiet of Tamboon contrasts to the sudden enthusiasm of a king fish bonanza in New Zealand. Can Dean win the car versus boat challenge in this final run to the line? | **PG** +RITR01-007+ |

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| 09:30 | **NFL This Week** Host Mark Chapman alongside former Giants defensive back Jason Bell and two-time Super Bowl champion Osi Umenyiora dissect the latest American football action from the NFL season. | +NFLT18-018+ |

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| 10:30 | **Adventure Ride (R)** The BMW GS Safari has been a monumental challenge for 180 riders. The last day is supposed to be an easy one, but unexpected challenges soon change that! | **PG** +ADVR01-005+ |

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| 11:00 | **Inside West Coast Customs: Best Buy/Discovery - Hot Dog Hero (R)** The team decks out a sizzlin' hot-dog cart and surprises a heroic food vendor who stood watch outside the Discovery Channel headquarters during a life threatening hostage crisis. | **PG** +IWCC-009+ |

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| 12:00 | **2019 Santos Tour Down Under: Stage 4 ’CC’** Not just a bike race, the Santos Tour Down Under is home to the largest Festival of Cycling in the southern hemisphere. | +TOUR19-004+ |

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| 15:30 | **Storage Wars: That's My Jerry! (R)** The buyers head straight into Compton, CA. Jarrod gets a new nickname, and finds something he used to collect... kind of. | **PG** +STOW05-012+ |

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| 16:00 | **The Simpsons: She Used To Be My Girl (R)** Marge becomes jealous when Lisa begins idolising her old high school friend, Chloe Talbot, a famous reporter. | **PG** +SIMP16-004+ |

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| 16:30 | **Doomsday Preppers: Solutions Not Problems (R)** Prepping for an economic collapse, Jeff is converting a decommissioned missile silo into the perfect bug-out getaway. | **PG** +DOOP2-012+ |

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| 17:30 | **Ice Road Truckers: Meltdown Blues NEW EPISODE**After rising temperatures close the ice roads the drivers are stranded and praying for a freeze. But once a blast of arctic air reopens the ice roads it's time to put the pedal to the metal.  | **PG (L)**+ICER11-004+ |

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| 18:30 | **Movie: Here Comes The Boom (R) ’CC’ (2012)** Biology teacher Scott Voss (Kevin James) takes up fighting in mixed martial arts matches in order to raise money to save the music program at his school. Starring:HENRY WINKLER,GREG GERMANN,SALMA HAYEK,JOE ROGAN,KEVIN JAMES | **PG (V,S,L)**+SPCF01-003+ |

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| 20:35 | **Movie: Rush Hour 2 ’CC’ (2001)** While vacationing together in Hong Kong, detectives Carter and Lee investigate when a bomb explodes in the American embassy, killing two secret agents on the trail of a ring of smugglers. Starring:ALAN KING,CHRIS TUCKER,HARRIS YULIN,JACKIE CHAN,ROSELYN SANCHEZ,ZHANG ZIYI,JOHN LONE | **M (V,S)**+WBFF03-103+ |

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| 22:35 | **Movie: Chronicle (R) (2012)** Three high school friends gain superpowers after making an incredible discovery underground.  | **M (V)**+FOXF08-007+ |

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| 00:25 | **Ax Men: Cowboy Up (R)** Start-up outfit Big Gun Logging hits a snag as their deadline approaches. In Florida, Buck & Swilley make a run for the lead in the Log-Off while Jimmy deals with a crew crisis. | **M (V)**+AXMN05-005+ |

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| 01:25 | **Blokesworld: Vegas And Lemons, Pt 3 (R)** Ado and Camera 3 travel the world to prove that Blokes are the same all over the world and they all share the passions. | **PG** +BLKE05-003+ |

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| 02:00 | **Ax Men: Fists Of Fury** It's a fight to the death between Shelby Stanga and a massive standing tree. At Rygaard, the bad blood between Dave and Fernando boils over. | **M (L)**+AXMN05-006+ |

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| 03:00 | **TBA:**  | ++ |

 **Saturday 19 January 2019**

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| 06:00 | **My Fishing Place (R)** Dazza and Big Red take the kids out on Somerset Dam with Steve Otto, to chase some Big Bass. | **PG** +MYFI03-005+ |

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| 06:30 | **My Fishing Place (R)** Dazza and Big Red stay local for some quality saltwater fishing, casting from the beach and out in the bay. | **PG** +MYFI03-006+ |

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| 07:00 | **Mark Berg's Fishing Addiction (R)** Fishing expert Mark Berg visits some of the best fishing destinations around. Chasing a wide variety of fish, Mark is always hoping to capture a new species or develop a new technique. | **PG** +MBFA07-010+ |

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| 08:00  | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 09:00 | **Adventure Angler: Bream Tour - Part 2 (R)** Join Micah Adams in this high definition series featuring high adventure sports and intense fishing action. | **PG** +ADAN02-004+ |

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| 09:30 | **Inside West Coast Customs: Best Buy/Discovery - Hot Dog Hero (R)** The team decks out a sizzlin' hot-dog cart and surprises a heroic food vendor who stood watch outside the Discovery Channel headquarters during a life threatening hostage crisis. | **PG** +IWCC-009+ |

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| 10:30 | **Doomsday Preppers: Solutions Not Problems (R)** Prepping for an economic collapse, Jeff is converting a decommissioned missile silo into the perfect bug-out getaway. | **PG** +DOOP2-012+ |

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| 11:30 | **Counting Cars: Get Your Kicks (R)** Danny takes on a Route 66-inspired Chevy for the famed highway's biggest fan. | **PG** +CCAR03-009+ |

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| 12:00 | **2019 Santos Tour Down Under: Stage 5 ’CC’** Not just a bike race, the Santos Tour Down Under is home to the largest Festival of Cycling in the southern hemisphere. | +TOUR19-005+ |

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| 16:30 | **Counting Cars: Horseplay (R)** A high wire performer wants Danny to build a bike to commemorate his career and the records he has broken. | **PG** +CCAR03-010+ |

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| 17:00 | **Bloopers: Bears : Nature's Sharks** Take a look at the biggest blunders and laugh-out-loud moments caught on video. | **PG** +BLOP01-026+ |

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| 17:30 | **Bloopers: Rise Against Gravity (R)** Take a look at the biggest blunders and laugh-out-loud moments caught on video. | **PG** +BLOP01-027+ |

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| 18:00 | **Restoration Garage: The Italian Job (R)** A dented '69 Alfa Romeo becomes a great excuse for a cosmetic overhaul while the guys play the name game with a bouncing '61 Econoline. | **PG** +RGAR01-007+ |

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| 19:00 | **Movie: Airplane! (AKA - Flying High) (R)** A man afraid to fly must ensure that a plane lands safely after the pilots become sick. Starring:LESLIE NIELSEN,LLOYD BRIDGES,JULIE HAGERTY,ROBERT STACK,ROBERT HAYS | **PG (V,L,A)**+PAFR01-001+ |

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| 21:00 | **Movie: Shaft (R)** New York City police detective John Shaft goes on a personal mission to make sure the son of a real estate tycoon is brought to justice after a racially-motivated murder. Starring:CHRISTIAN BALE,JEFFREY WRIGHT,VANESSA WILLIAMS,TONI COLLETTE,SAMUEL L. JACKSON | **MA (V,L)**+PAFR01-030+ |

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| 23:05 | **World's Toughest Cops: Kosovo (R)** Join the toughest cops in Kosovo as they protect and serve their communities and lay down the law on the gangs who terrorise the innocent. | **M (A,V)**+WOTC01-004+ |

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| 00:05 | **Ax Men: Fists Of Fury (R)** It's a fight to the death between Shelby Stanga and a massive standing tree. At Rygaard, the bad blood between Dave and Fernando boils over. | **M (L)**+AXMN05-006+ |

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| 01:00 | **Counting Cars: Get Your Kicks (R)** Danny takes on a Route 66-inspired Chevy for the famed highway's biggest fan. | **PG** +CCAR03-009+ |

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| 01:30 | **Counting Cars: Horseplay (R)** A high wire performer wants Danny to build a bike to commemorate his career and the records he has broken. | **PG** +CCAR03-010+ |

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| 02:00 | **Bloopers: Bears : Nature's Sharks (R)** Take a look at the biggest blunders and laugh-out-loud moments caught on video. | **PG** +BLOP01-026+ |

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| 02:30 | **Bloopers: Rise Against Gravity (R)** Take a look at the biggest blunders and laugh-out-loud moments caught on video. | **PG** +BLOP01-027+ |

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| 03:00 | **Ax Men: Wake-Up Call** Shelby Stanga takes his newest assistant loggin' and froggin'. In Montana, young Siderius cutter Travis earns his stripes when he's forced into a deadly situation. | **M (L)**+AXMN05-007+ |

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| 04:00 | **Restoration Garage: The Italian Job (R)** A dented '69 Alfa Romeo becomes a great excuse for a cosmetic overhaul while the guys play the name game with a bouncing '61 Econoline. | **PG** +RGAR01-007+ |

|  |  |  |
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| 05:00 | **World's Toughest Cops: Kosovo (R)** Join the toughest cops in Kosovo as they protect and serve their communities and lay down the law on the gangs who terrorise the innocent. | **M (A,V)**+WOTC01-004+ |