**Sunday, January 10, 2016**

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| 06:00 AM | **Doc McStuffins: Day Without Cuddles / Collide-O-Scope (R) ’CC’** It's international Cuddle Day - Lambie's favorite holiday! When Doc arrives home from the science museum, she introduces a new toy, Kiara the kaleidoscope. | **G** +DSTU2-033+ |

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| 06:30 AM | **Miles From Tomorrowland: Mama Merc / Space Race ’CC’** Miles must help his family when a giant winged creature mistakes the StarJetter for its egg. Miles learns a lesson in sportsmanship when he enters the Tomorrowland Pilot of the Future race. | **G** +MFTL01-013+ |

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| 07:00 AM | **Weekend Sunrise ’CC’** Wake up to a better breakfast with Andrew O'Keefe and Monique Wright for all the latest news, sport and weather.  | +WSUN16-002+ |

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| 10:00 AM | **The Morning Show - Weekend ’CC’** Join Larry Emdur and Kylie Gillies to catch up on all the highlights from this week's program, including a variety of segments on the latest news and entertainment. | **PG** +TMSU16-002+ |

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| 11:00 AM | **Kochie's Business Builders ’CC’** The latest small business news and advice from all over Australia, starring David Koch and his team of experts. | **G** +KHBB09-015+ |

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| 11:30 AM | **I Dream Of Jeannie: My Master, The Doctor (R) ’CC’** A NASA astronaut gets into all sorts of hilarious situations when he becomes master to a genie.  | **G** +IDJ-020+ |

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| 12:00 PM | **Bewitched: Samantha Meets The Folks (R) ’CC’** A comedy series about a friendly witch married to a mere mortal.  | **G** +BWT-014+ |

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| 12:30 PM | **World's Strictest Parents: Barbados (R) ’CC’** Tonight spoilt Nicole and school dropout Nathan, go to live with the Harris's in Barbados. For a week they will be living under their strict rules. Can one week of tough love help to tame these wild teens? | **PG (A,L)**+WSP3-002+ |

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| 01:30 PM | **The Amazing Race: Full Speed Ahead, Captain! (R) ’CC’** One Team risks falling to the back of the pack after taking a break to sight-see, and Racers take a big jump when faced with a Double Dutch Detour. | **PG** +AMRC27-007+ |

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| 02:30 PM | **The Amazing Race: Krakow, I'm Going Get You (R) ’CC’** Eleven new teams began the journey of a lifetime when The Amazing Race starts its 27th trip around the world in Venice Beach, California. | **PG** +AMRC27-008+ |

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| 03:30 PM | **Better Homes And Gardens (R) ’CC’** Joh and Pete take us to Brisbane to visit a renovated Queenslander home. Dr Harry visits a diva dog. Adam and Jason combine forces for an exciting backyard makeover. Ed tries a Mediterranean classic. | **G** +BHAG21-022+ |

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| 04:30 PM | **The Long Weekender (R) ’CC’** Tim Robards and Anna Heinrich head off to Hobart and the Tasman Peninsula, where luxury and adventure come together.  | **G** +LOWE01-006+ |

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| 05:00 PM | **Seven News At 5 ’CC’** Seven brings you the latest developments in today's top stories at home and around the world, plus sport, finance and weather updates. | +7NAF16-003+ |

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| 05:30 PM | **Highway Patrol: Australia's Angriest Man (R) ’CC’** A traffic cop is used to abuse but when a Senior Constable pulls over a driver, he gets a reaction like never before. An officer stops a car with two extremelly stoned occupants - and a baby on board. | **PG (L)**+HWYP5-004+ |

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| 06:00 PM | **Seven News ’CC’** Seven News live and comprehensive coverage of breaking news and local, national and international top stories, plus Sport, Finance and Weather updates.  | +7NNM16-010+ |

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| 07:00 PM | **The Chase Australia ’CC’** It’s a hit with audiences around the globe – now the general knowledge game show with a difference lands on our shores with The Chase Australia, Hosted by Andrew O’Keefe. | **G** +CHAU02-005+ |

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| 08:00 PM | **The Force - Behind The Line (R) ’CC’** Campsie police in NSW are woken up from a quiet night patrolling when they find a car on its side in the middle of the road. With smoke coming from the car - they suspect the accident has just happened. | **PG** +TRUE8-013+ |

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| 08:30 PM | **Sunday Night Movie: Total Recall (R) ’CC’ (2012)** A factory worker, Douglas Quaid, begins to suspect that he is a spy after visiting a company that provides its clients with implanted fake memories of a life they would like to have led. Starring:BILL NIGHY,BOKEEM WOODBINE,BRYAN CRANSTON,COLIN FARRELL,JESSICA BIEL,KATE BECKINSALE,JOHN CHO,WILL YUN LEE | **M (N,V,L)**+SPF17-001+ |

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| 11:00 PM | **Autopsy: The Last Days of George Best ’CC’ PREMIERE**Alongside medical testimony, this programme explores the events that led to the untimely death of Manchester United football player George Best. | **M (A,L)**+AUTO04-004+ |

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| 12:00 AM | **State of Affairs: Bellerophon (R) ’CC’** Sixty-five photos of national landmarks suddenly surface, all featuring the är rissãlah symbol. Meanwhile, a college student claiming to be an är rissãlah operative breaks into the White House. | **M (A,V)**+SOFA-007+ |

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| 01:00 AM | **Men At Work: Uncle Gibbs (R) ’CC’** Gibbs' effort to convince his nephew to attend medical school in New York City inadvertently persuades him to abandon school altogether. Milo believes that his thrift store vest is a lucky charm. | **PG** +MATW2-007+ |

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| 01:30 AM | **Travel Unravelled: High In The Sky (R) ’CC’** A snowboarding fan takes one for the team - right in the skull. A pair of hapless campers hold a bonfire on the roof of their tent. A man falls 100 feet to demonstrate why kitesurfing and Jetskis definitely do not mix. | **M** +TRUR-004+ |

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| 02:00 AM | **Home Shopping: Powerfit (A2830PWF03S) (R)** Shopping program. | **G** +BDP-463+ |

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| 02:30 AM | **Home Shopping: Flavormaster Hard Offer (DZD214CSEVP) (R)** Shopping program. | **G** +7DZD2-170+ |

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| 03:00 AM | **Home Shopping: Bambillo (A2830BAM18S) (R)** Shopping program. | **G** +BDP-499+ |

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| 03:30 AM | **Home Shopping: Power Pressure Cooker (PPCO2830A10137) (R)** Shopping program. | **G** +GSD-024+ |

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| 04:00 AM | **Meet The Press** David Gregory interviews newsmakers from around the world.  | +NBCM16-002+ |

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| 05:00 AM | **Sunrise Extra** Bringing you the best moments of your mornings with the Sunrise team.  | +SUNX16-007+ |

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| 05:30 AM | **Seven Early News ’CC’** Latest news, sport and weather from Australia and around the world.  | +7ENN16-007+ |

 **Monday, January 11, 2016**

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| 06:00 AM | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather.  | +SUNR16-007+ |

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| 09:00 AM | **The Morning Show Summer Series ’CC’** Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics. | **PG** +TMSS15-011+ |

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| 11:30 AM | **Seven Morning News ’CC’** Latest news, sport and weather from Australia and around the world.  | +7MNN16-007+ |

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| 12:00 PM | **Confessions Of A Shopaholic: Confessions Of A Shopaholic (R) ’CC’ (2009)** A college grad lands a job as a financial journalist to support her shopping addiction and falls for a wealthy entrepreneur. Starring:ISLA FISHER,HUGH DANCY,FRED ARMISEN,LESLIE BIBB,LYNN REDGRAVE,KRISTIN SCOTT THOMAS,KRYSTEN RITTER,JOHN GOODMAN,JOHN LITHGOW,JULIE HAGERTY,JOAN CUSACK,WENDIE MALICK | **PG (L)**+WDF45-006+ |

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| 02:00 PM | **The Daily Edition ’CC’** Catch up on all of the hottest issues from today's news and entertainment with lively discussions, interviews and crosses to newsmakers around the country. | +TDED16-007+ |

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| 03:00 PM | **The Chase (R) ’CC’** Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK.  | **G** +CHSE5-118+ |

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| 04:00 PM | **Seven News At 4 ’CC’** Seven brings you the latest developments in today's top stories at home and around the world, plus sport, finance and weather updates.  | +7ANM16-007+ |

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| 05:00 PM | **The Chase Australia (R) ’CC’** It’s a hit with audiences around the globe – now the general knowledge game show with a difference lands on our shores with The Chase Australia, hosted by Andrew O’Keefe. | **G** +CHAU01-061+ |

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| 06:00 PM | **Seven News ’CC’** Seven News live and comprehensive coverage of breaking news and local, national and international top stories, plus Sport, Finance and Weather updates.  | +7NNM16-011+ |

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| 07:00 PM | **Border Security - Australia's Front Line (R) ’CC’** Customs discover a concealment of white powder in the belongings of a nervous passenger. And Quarantine are on the run when two Chinese passengers try to smuggle a concealment out the exit. Narrated by GRANT BOWLER. | **PG** +BORD-169+ |

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| 07:30 PM | **Sport Special: FAST4 Tennis** FAST4 Tennis is back, bigger and better than ever, with Australia vs. The World. | +SPSP16-001+ |

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| 10:30 PM | **Marvel's Agents Of S.H.I.E.L.D.: Closure ’CC’** Ward’s campaign for revenge brings the S.H.I.E.L.D. team to their knees, and Coulson proves he will do anything to settle the score. | **M (V)**+MAOS03-009+ |

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| 11:30 PM | **Special: Death Row: Inside Indiana State Prison - Part 2 (R) ’CC’ (2012)** Inside Indiana State Prison, 12 men are waiting to be executed. Sir Trevor McDonald gains rare access to one of America's most notorious maximum-security prisons and meets the killers awaiting their ill fate. Starring:SIR TREVOR MCDONALD | **M (A)**+SPEC4-266+ |

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| 12:30 AM | **Titanic (R) ’CC’** This highly anticipated mini-series marks the 100th anniversary of the sinking of the Titanic with the extraordinary re-telling of the doomed voyage which saw the death of 1517 passengers.  | **M** +TITN-003+ |

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| 01:30 AM | **Travel Unravelled: Animal Attraction (R) ’CC’** Tempers flare when vacationers nearly torch their rental home. A very big lizard lets loose in a hotel pool. Destination weddings prove that some marriages are just doomed from the start. | **M** +TRUR-005+ |

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| 02:00 AM | **Home Shopping: Powerfit (A2830PWF03S) (R)** Shopping program. | **G** +BDP-463+ |

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| 02:30 AM | **Home Shopping: Nopalea (NOPA130315C) (R)** Home Shopping | **PG** +EMCO-010+ |

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| 03:00 AM | **Home Shopping: Flavorstone LF (DZD209FSEVP) (R)** Shopping program. | **PG** +7DZD2-155+ |

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| 03:30 AM | **Home Shopping: Romancing The 60's (A2830R6002S) (R)** Shopping program. | **G** +BDP-503+ |

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| 04:00 AM | **NBC Today** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport.  | +NBCT16-008+ |

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| 05:00 AM | **Sunrise Extra** Bringing you the best moments of your mornings with the Sunrise team.  | +SUNX16-008+ |

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| 05:30 AM | **Seven Early News ’CC’** Latest news, sport and weather from Australia and around the world.  | +7ENN16-008+ |

 **Tuesday, January 12, 2016**

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| 06:00 AM | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather.  | +SUNR16-008+ |

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| 09:00 AM | **The Morning Show Summer Series ’CC’** Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics. | **PG** +TMSS15-012+ |

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| 11:30 AM | **Seven Morning News ’CC’** Latest news, sport and weather from Australia and around the world.  | +7MNN16-008+ |

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| 12:00 PM | **Midday Movie: Beverly Hills Chihuahua 3 (R) ’CC’ (2012)** When Papi & co move into a luxurious hotel, his youngest pup Rosa feels neglected and he must show her how special she is. Starring:BRIANA LANE,GEORGE LOPEZ,ERIN CAHILL,LACEY CHABERT,MARCUS COLOMA,KAY PANABAKER,ODETTE ANNABLE | **G** +WDF51-013+ |

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| 02:00 PM | **The Daily Edition ’CC’** Catch up on all of the hottest issues from today's news and entertainment with lively discussions, interviews and crosses to newsmakers around the country. | +TDED16-008+ |

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| 03:00 PM | **The Chase (R) ’CC’** Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK.  | **G** +CHSE5-119+ |

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| 04:00 PM | **Seven News At 4 ’CC’** Seven brings you the latest developments in today's top stories at home and around the world, plus sport, finance and weather updates.  | +7ANM16-008+ |

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| 05:00 PM | **The Chase Australia (R) ’CC’** It’s a hit with audiences around the globe – now the general knowledge game show with a difference lands on our shores with The Chase Australia, hosted by Andrew O’Keefe. | **G** +CHAU01-023+ |

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| 06:00 PM | **Seven News ’CC’** Seven News live and comprehensive coverage of breaking news and local, national and international top stories, plus Sport, Finance and Weather updates.  | +7NNM16-012+ |

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| 07:00 PM | **Border Security - Australia's Front Line (R) ’CC’** An agitated passenger becomes enraged at being searched. But positive drug readings have Customs concerned. Quarantine officers catch a Chinese couple disposing of a high-risk item. Narrated by GRANT BOWLER. | **PG** +BORD-170+ |

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| 07:30 PM | **The Big Bang Theory: The Indecision Amalgamation / The Relationship Diremption ’CC’** While Penny and Raj face difficult life decisions, Amy helps Sheldon through the greater hell of choosing a new gaming system. Later, Penny helps Sheldon cope after he "breaks up" with String Theory. | **PG** +BBTH07-710+ |

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| 08:30 PM | **Ramsay's Costa Del Nightmares: Le Deck (R) ’CC’** Gordon Ramsay visits some of Europe's holiday hotspots, meeting Brits abroad struggling with restaurants in crisis. Starring:GORDON RAMSAY | **M (L)**+RCDN-002+ |

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| 09:30 PM | **Ramsay's Hotel Hell: Applegate River Lodge (R) ’CC’** Gordon Ramsay travels across the US to fix some of its most horrendous hotels, troubled inns and struggling resorts. He will endure hotels at their worst, all so unsuspecting guests don't have to. Starring:GORDON RAMSAY | **M (D,L)**+HELL02-003+ |

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| 10:30 PM | **Chicago Fire: Spartacus ’CC’ SEASON FINAL**Casey puts his life on the line and digs deeper into the shady dealings of Jack Nesbitt. | **M** +CHIF3-023+ |

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| 11:30 PM | **Blindspot: Evil Handmade Instrument (R) ’CC’ ENCORE**In the thrilling midseason finale, the team goes after a ring of sleeper spies that have just been activated, and race to stop a slew of assassinations. | **M (V)**+BDSP01-010+ |

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| 12:30 AM | **Happy Endings: No-Ho-Ho (R) ’CC’** The gang is shocked to discover that Jane is really a Christmas baby and has been lying about her birthday this whole time because she hated being overshadowed by the holiday. Starring:ANDREW FRIEDMAN,JANELL WINKLER,JASON BERGER,E.J. CALLAHAN,KENZO LEE,NICK ZANO | **PG** +HPEN3-007+ |

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| 01:00 AM | **Happy Endings: Fowl Play/Date (R) ’CC’** After Brad and Penny accidentally break Alex's beloved childhood memento, they try to glue it back together. Meanwhile, Jane and Dave try a little too hard to find a match for Max. Starring:BILLY BECK,JUSTIN LOUIS BALDONI,TOM CHRISTENSEN | **PG** +HPEN3-008+ |

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| 01:30 AM | **Happy Endings: Ordinary Extraordinary Love (R) ’CC’** When a hot young pop star stops in and buys a dress at Alex's store, Penny helps Alex turns it into a press opportunity...but not all publicity is necessarily good publicity. | **PG** +HPEN3-009+ |

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| 02:00 AM | **Home Shopping: Bambillo (A2830BAM18S) (R)** Shopping program. | **G** +BDP-499+ |

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| 02:30 AM | **Home Shopping: H20 HD - Free Trial (DZD228DSEVP) (R)** Shopping program. | **PG** +7DZD2-167+ |

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| 03:00 AM | **Home Shopping: Twist-A-Saw (A2830TWS04S) (R)** Shopping program. | **G** +BDP-489+ |

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| 03:30 AM | **Home Shopping: Hurricane Spin Mop (HMOP2830C10956) (R)** Shopping program. | **PG** +GSD-025+ |

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| 04:00 AM | **NBC Today** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport.  | +NBCT16-009+ |

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| 05:00 AM | **Sunrise Extra** Bringing you the best moments of your mornings with the Sunrise team.  | +SUNX16-009+ |

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| 05:30 AM | **Seven Early News ’CC’** Latest news, sport and weather from Australia and around the world.  | +7ENN16-009+ |

 **Wednesday, January 13, 2016**

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| 06:00 AM | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather.  | +SUNR16-009+ |

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| 09:00 AM | **The Morning Show Summer Series ’CC’** Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics. | **PG** +TMSS15-013+ |

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| 11:30 AM | **Seven Morning News ’CC’** Latest news, sport and weather from Australia and around the world.  | +7MNN16-009+ |

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| 12:00 PM | **Judy Moody and the Not Bummer Summer: Judy Moody and the Not Bummer Summer (R) ’CC’ (2011)** Third grader Judy Moody sets out to have the most thrilling summer of her life. Starring:HEATHER GRAHAM,JORDANA BEATTY,PRESTON BAILEY,PARRIS MOSTELLER | **PG (V,L)**+NBCF25-012+ |

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| 02:00 PM | **The Daily Edition ’CC’** Catch up on all of the hottest issues from today's news and entertainment with lively discussions, interviews and crosses to newsmakers around the country. | +TDED16-009+ |

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| 03:00 PM | **The Chase (R) ’CC’** Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G** +CHSE4-001+ |

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| 04:00 PM | **Seven News At 4 ’CC’** Seven brings you the latest developments in today's top stories at home and around the world, plus sport, finance and weather updates.  | +7ANM16-009+ |

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| 05:00 PM | **The Chase Australia (R) ’CC’** It’s a hit with audiences around the globe – now the general knowledge game show with a difference lands on our shores with The Chase Australia, hosted by Andrew O’Keefe. | **G** +CHAU01-012+ |

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| 06:00 PM | **Seven News ’CC’** Seven News live and comprehensive coverage of breaking news and local, national and international top stories, plus Sport, Finance and Weather updates.  | +7NNM16-013+ |

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| 07:00 PM | **The Chase Australia ’CC’** It’s a hit with audiences around the globe – now the general knowledge game show with a difference lands on our shores with The Chase Australia, Hosted by Andrew O’Keefe. | **G** +CHAU02-006+ |

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| 08:00 PM | **Highway Patrol: Tazer Blazer (R) ’CC’** A man does a runner from a routine intercept and an officer gets to the scene of a smash to learn that the driver is someone she knows all too well. A man is found wandering on a dangerous road. | **PG** +HWYP6-006+ |

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| 08:30 PM | **Criminal Minds: Broken / Carbon Copy (R) ’CC’** Follow an elite team of FBI profilers who analyze the country's most twisted criminal minds, anticipating their next moves before they strike again. | **M (A,V,S)**+CRMD8-734+ |

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| 10:30 PM | **Marvel's Agents Of S.H.I.E.L.D.: Maveth ’CC’ SEASON FINAL**S.H.I.E.L.D. and Hydra go head-to-head in a battle that will change Coulson's world forever. While Daisy and her team of Inhumans fight to keep Hydra at bay, Coulson and Fitz take the ultimate risk. | **M (V)**+MAOS03-010+ |

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| 11:30 PM | **Grimm: Headache ’CC’** While Nick, Hank, and Wu track down the Jack the Ripper killer, Juliette finalizes her relationship with Kenneth and sets a deadly trap for Kelly Burkhardt. | **MA (V,H)**+GRIM4-021+ |

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| 12:30 AM | **Men At Work: The Gibbs-Orcism (R) ’CC’ DOUBLE EPISODE**The discovery that his new girlfriend has a past with Milo and Gibbs gives Tyler some disturbing - and mood killing - visions. Neal and Amy struggle with a wedding anniversary curse. | **M** +MATW2-008+ |

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| 01:00 AM | **Men At Work: Long Distance Tyler (R) ’CC’** Tyler is faced with having a long distance relationship when his girlfriend moves to Brooklyn. Gibbs and Milo compete to date the same woman. | **M** +MATW2-009+ |

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| 01:30 AM | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-036+ |

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| 02:00 AM | **Home Shopping: Powerfit (A2830PWF03S) (R)** Shopping program. | **G** +BDP-463+ |

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| 02:30 AM | **Home Shopping: Nopalea (NOPA130315C) (R)** Home Shopping | **PG** +EMCO-010+ |

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| 03:00 AM | **Home Shopping: Power Pressure Cooker (PPCO2830A10137) (R)** Shopping program. | **G** +GSD-024+ |

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| 03:30 AM | **Home Shopping: Bambillo (A2830BAM18S) (R)** Shopping program. | **G** +BDP-499+ |

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| 04:00 AM | **NBC Today** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport.  | +NBCT16-010+ |

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| 05:00 AM | **Sunrise Extra** Bringing you the best moments of your mornings with the Sunrise team.  | +SUNX16-010+ |

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| 05:30 AM | **Seven Early News ’CC’** Latest news, sport and weather from Australia and around the world.  | +7ENN16-010+ |

 **Thursday, January 14, 2016**

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| 06:00 AM | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather.  | +SUNR16-010+ |

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| 09:00 AM | **The Morning Show Summer Series ’CC’** Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics. | **PG** +TMSS15-014+ |

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| 11:30 AM | **Seven Morning News ’CC’** Latest news, sport and weather from Australia and around the world.  | +7MNN16-010+ |

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| 12:00 PM | **Midday Movie: Spooky Buddies (R) ’CC’ (2011)** In a race against the Howlloween Hound, the Buddies and their new friends, Pip, Zelda, Rodney and Skip must stop Warlock the Magician - and save the world from his dastardly deeds. Starring:AMEKO EKS MASS CARROLL,HARDY GATLIN,DIEDRICH BADER,JENNIFER ELISE COX,MAX CHARLES,TUCKER ALBRIZZI | **G** +WDF49-001+ |

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| 02:00 PM | **The Daily Edition ’CC’** Catch up on all of the hottest issues from today's news and entertainment with lively discussions, interviews and crosses to newsmakers around the country. | +TDED16-010+ |

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| 03:00 PM | **The Chase (R) ’CC’** Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G** +CHSE4-002+ |

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| 04:00 PM | **Seven News At 4 ’CC’** Seven brings you the latest developments in today's top stories at home and around the world, plus sport, finance and weather updates.  | +7ANM16-010+ |

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| 05:00 PM | **The Chase Australia (R) ’CC’** It’s a hit with audiences around the globe – now the general knowledge game show with a difference lands on our shores with The Chase Australia, hosted by Andrew O’Keefe. | **G** +CHAU01-036+ |

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| 06:00 PM | **Seven News ’CC’** Seven News live and comprehensive coverage of breaking news and local, national and international top stories, plus Sport, Finance and Weather updates.  | +7NNM16-014+ |

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| 07:00 PM | **Air Rescue ’CC’ SEASON FINAL**See the action as it happens through the eyes of a core cast of rescuers from the Westpac Rescue Helicopter Service as they enter the lives of ordinary Australians in need. | **PG** +AIRR03-006+ |

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| 07:30 PM | **Special: Cats Make You Laugh Out Loud (R) ’CC’** The web and our furry friends go hand in hand like nothing else. This show celebrates the amazing wealth of talented, funny and at times weird animals (and their owners) to be found on the internet. | **PG** +MLOL01-002+ |

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| 08:30 PM | **The Big Bang Theory: The Locomotive Manipulation / The Table Polarization ’CC’ DOUBLE EPISODE**Love is in the air when Amy convinces Sheldon to join her for a romantic weekend in Napa Valley to celebrate Valentine's Day. Later, Howard is offered a chance to return to space again. | **PG** +BBTH07-708+ |

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| 09:30 PM | **The Goldbergs: The Darryl Dawkins Dance / Cowboy Country ’CC’ DOUBLE EPISODE**As the Sadie Hawkins dance approaches, Erica asks Beverly to help find Barry a date to keep him away from Lainey. Later, as Adam tries to impress Dana, Murray must get approval from Barry’s girlfriend | **PG** +GOLB2-706+ |

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| 10:30 PM | **Special: I'm A Teenage Grandmother (R) ’CC’ (2013)** With her teeth falling out and wrinkles of an old woman, 15-year-old Zara has been robbed of her childhood by a rare condiditon. Join her as she sets off to Texas for controversial surgery to give her a normal life. | **PG (A)**+SPEC4-279+ |

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| 11:30 PM | **Grimm: Cry Havoc ’CC’ SEASON FINAL**Nick goes after Kenneth and Juliette, and Trubel, Hank, Monroe, and Wu lend a hand. Meanwhile, Diana meets her grandfather, and Renard looks for someone to blame on the Ripper murders. | **MA (V)**+GRIM4-022+ |

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| 12:30 AM | **The Mole (R) ’CC’** The eight remaining contestants meet at Sydney's iconic Cronulla beach, with Shura waiting for them, not on the famous stretch of sand, but on an outdoor ice rink for the game Mole On Ice. Hosted by SHURA TAFT. | **PG** +MOLE6-010+ |

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| 01:30 AM | **Travel Unravelled: Performance Anxiety (R) ’CC’** Cruise ship passengers learn what "rocking the boat" really means. Fishermen demonstrate why their sport isn't really all that relaxing. A sexy Spring breaker gets the mechanical bull ride of her life. | **M** +TRUR-006+ |

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| 02:00 AM | **Home Shopping: Bambillo (A2830BAM18S) (R)** Shopping program. | **G** +BDP-499+ |

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| 02:30 AM | **Home Shopping: Flavormaster Hard Offer (DZD214CSEVP) (R)** Shopping program. | **G** +7DZD2-170+ |

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| 03:00 AM | **Home Shopping: Romancing The 60's (A2830R6002S) (R)** Shopping program. | **G** +BDP-503+ |

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| 03:30 AM | **Home Shopping: Powerfit (A2830PWF03S) (R)** Shopping program. | **G** +BDP-463+ |

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| 04:00 AM | **NBC Today** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport.  | +NBCT16-011+ |

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| 05:00 AM | **Sunrise Extra** Bringing you the best moments of your mornings with the Sunrise team.  | +SUNX16-011+ |

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| 05:30 AM | **Seven Early News ’CC’** Latest news, sport and weather from Australia and around the world.  | +7ENN16-011+ |

 **Friday, January 15, 2016**

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| 06:00 AM | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather.  | +SUNR16-011+ |

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| 09:00 AM | **The Morning Show Summer Series ’CC’** Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics. | **PG** +TMSS15-015+ |

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| 11:30 AM | **Seven Morning News ’CC’** Latest news, sport and weather from Australia and around the world.  | +7MNN16-011+ |

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| 12:00 PM | **Midday Movie: Volcano: Fire On The Mountain (R) ’CC’ (1997)** A scientist must convince his boss and the residents of the community that a nearby volcano is about to erupt. Starring:APRIL TELEK,BRIAN KERWIN,COLIN CUNNINGHAM,CYNTHIA GIBB,DAN CORTESE,DON S. DAVIS,LYNDA BOYD,JONATHAN WALKER,WILLIAM DEVRY | **PG (A,V)**+WILF-017+ |

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| 02:00 PM | **The Daily Edition ’CC’** Catch up on all of the hottest issues from today's news and entertainment with lively discussions, interviews and crosses to newsmakers around the country. | +TDED16-011+ |

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| 03:00 PM | **The Chase (R) ’CC’** Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G** +CHSE4-003+ |

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| 04:00 PM | **Seven News At 4 ’CC’** Seven brings you the latest developments in today's top stories at home and around the world, plus sport, finance and weather updates.  | +7ANM16-011+ |

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| 05:00 PM | **The Chase Australia (R) ’CC’** It’s a hit with audiences around the globe – now the general knowledge game show with a difference lands on our shores with The Chase Australia, hosted by Andrew O’Keefe. | **G** +CHAU01-063+ |

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| 06:00 PM | **Seven News ’CC’** Seven News live and comprehensive coverage of breaking news and local, national and international top stories, plus Sport, Finance and Weather updates.  | +7NNM16-015+ |

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| 07:00 PM | **Better Homes And Gardens Summer ’CC’ SEASON FINAL**Johnny Ruffo takes Joh on a tour of WA. Karen makes a Maltese-inspired Spiced Beef Rice. dr Harry visits Weribee Zoo to see guardian dogs in action. | **G** +BHGS12-011+ |

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| 08:30 PM | **Friday Night Movie: Think Like A Man ’CC’ (2012) PREMIERE**Four friends conspire to turn the tables on their women when they discover the ladies have been using Steve Harvey's relationship advice against them. Starring:GABRIELLE UNION,KEVIN HART,MICHAEL EALY,MEAGAN GOOD,TARAJI P. HENSON | **M (D,L,S)**+SPCF01-005+ |

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| 11:05 PM | **Friday Late Movie: At Any Price ’CC’ (2013)** In the world of modern agriculture, a father wants his rebellious son Dean to help expand his family’s farming empire. However, Dean has his sights set on becoming a professional race car driver. Starring:CHELCIE ROSS,CLANCY BROWN,HEATHER GRAHAM,DENNIS QUAID,KIM DICKENS,ZAC EFRON | **MA (S,V)**+WDFC53-001+ |

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| 01:20 AM | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-037+ |

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| 02:00 AM | **Home Shopping: NutriInfusion (A2830NTI25S) (R)** Shopping program. | **G** +BDP-485+ |

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| 02:30 AM | **Home Shopping: Nopalea (NOPA130315C) (R)** Home Shopping | **PG** +EMCO-010+ |

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| 03:00 AM | **Home Shopping: Hurricane Spin Mop (HMOP2830C10956) (R)** Shopping program. | **PG** +GSD-025+ |

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| 03:30 AM | **Home Shopping: Powerfit (A2830PWF03S) (R)** Shopping program. | **G** +BDP-463+ |

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| 04:00 AM | **NBC Today (R)** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport.  | +NBCT16-012+ |

 **Saturday, January 16, 2016**

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| 06:00 AM | **Saturday Disney ’CC’** Your favourite Disney shows along with lots of entertainment and fun. | **G** +7SDC16-003+ |

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| 07:00 AM | **Weekend Sunrise ’CC’** Wake up to a better breakfast with Andrew O'Keefe and Monique Wright for all the latest news, sport and weather.  | +SSUN16-003+ |

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| 10:00 AM | **The Morning Show - Weekend ’CC’** Join Larry Emdur and Kylie Gillies to catch up on all the highlights from this week's program, including a variety of segments on the latest news and entertainment. | **PG** +TMSA16-003+ |

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| 12:00 PM | **Saturday Afternoon Movie: Shark Water ’CC’ (2008)** Filmmaker Rob Stewart, seeks to deflate current attitudes about sharks, and exposes how the shark-hunting industry. Starring:BORIS WORM,ERICH RITTER,ROB STEWART,PATRICK MOORE,PAUL WATSON | **PG (V,L)**+WDF44-008+ |

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| 02:00 PM | **The Amazing Race: It's Always The Quiet Ones (R) ’CC’** Eleven new teams began the journey of a lifetime when The Amazing Race starts its 27th trip around the world in Venice Beach, California.  | **PG** +AMRC27-009+ |

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| 03:00 PM | **The Amazing Race: Bring The Fun, Baby! (R) ’CC’** Eleven new teams began the journey of a lifetime when The Amazing Race starts its 27th trip around the world in Venice Beach, California.  | **PG** +AMRC27-010+ |

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| 04:00 PM | **Air Crash Investigations: Missing Over New York (R) ’CC’** A flight running low on fuel ends in seventy-three fatalities. Investigators uncover the causes and inevitable outcomes of the tragedy. | **PG** +MDAY2-006+ |

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| 05:00 PM | **Seven News At 5 ’CC’** Seven brings you the latest developments in today's top stories at home and around the world, plus sport, finance and weather updates. | +7NAF16-004+ |

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| 05:30 PM | **Melbourne Weekender** Join Cameron Ling and the team as they show you the latest dining experiences, events and family fun the city has to offer. Plus, see the great weekend escapes you can enjoy across Victoria. | **G** +MELW15-031+ |

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| 06:00 PM | **Seven News ’CC’** Seven News live and comprehensive coverage of breaking news and local, national and international top stories, plus Sport, Finance and Weather updates.  | +7NNM16-016+ |

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| 07:00 PM | **Family Movie: Princess Diaries 2 - Royal Engagement (R) ’CC’ (2004)** In this sequel, Mia learns she very suddenly must take the crown as Queen but as princesses must be married before being crowned, Mia's in for a parade of suitors, one after the other Starring:ANNE HATHAWAY,CHRIS PINE,HEATHER MATARAZZO,HECTOR ELIZONDO,JULIE ANDREWS,JOHN RHYS-DAVIES | **G** +WDFR14-004+ |

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| 09:20 PM | **Saturday Night Movie: Ghostbusters II (R) ’CC’ (1989)** The discovery of a massive river of ectoplasm and a resurgence of spectral activity allows the staff of Ghostbusters to revive the business. Starring:ANNIE POTTS,BILL MURRAY,DAN AYKROYD,HAROLD RAMIS,ERNIE HUDSON,RICK MORANIS,SIGOURNEY WEAVER | **PG (H,L,V)**+SPF6-007+ |

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| 11:35 PM | **The Goldbergs: Livin On A Prayer (R) ’CC’** When Murray's high school free throw record is broken, he attends a banquet as the guest of honor. Elsewhere at home, Barry decides to throw a party where he quickly loses the spotlight. | **PG** +GOLB-023+ |

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| 12:00 AM | **State of Affairs: Ghosts (R) ’CC’** A top CIA analyst is tasked daily with briefing the President of the United States on the biggest international crises facing the country, while attempting to solve her fiancee's murder mystery. | **M (V)**+SOFA-008+ |

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| 01:00 AM | **Travel Unravelled: Ready For My Close-Up (R) ’CC’** A series of unexpected travel disasters provoke violent laughter. An octopus films one of our segments for us. A Carnivale dancer's wardrobe malfunction puts Janet Jackson to shame. | **M** +TRUR-007+ |

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| 01:30 AM | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-038+ |

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| 02:00 AM | **Home Shopping** Shopping program. | **G** +INFO01-001+ |

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| 02:30 AM | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 03:00 AM | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 03:30 AM | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 04:00 AM | **It Is Written: The Hand That Guides The Future (R)** Religious program. | **PG** +IIW11-020+ |

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| 04:30 AM | **Sons And Daughters (R) ’CC’** There are serious consequences when the colonel's health takes a turn for the worse. Adam refuses to accept that he's lost Leigh for good. | **PG** +SAD-681+ |

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| 05:00 AM | **Dr Oz: Hot Flash R/X ’CC’** Get answers to your health questions from Dr Oz and other leading doctors, hospitals, associations and authors.  | **PG** +DROZ5-024+ |