**Sunday 01 September 2019**

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| 06:00 | **NBC Today ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-209+ |

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| 07:00 | **Weekend Sunrise ’CC’**  Wake up to a better breakfast with Basil Zempilas and Monique Wright, for all the latest entertainment, news, sport and weather. | +WSUN19-035+ |

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| 10:00 | **AFL Game Day ’CC’**  Hamish McLachlan hosts the biggest names in the game for a lively look at all the weekend's action, footy news and issues. | +GAMD19-024+ |

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| 11:00 | **World's Deadliest Weather: Caught On Camera (R) ’CC’**  A holiday cruise ship sails into a Hurricane terrifying 4000 passengers as their cabins are plunged underwater. Also, a tornado bears down on two sisters, but only one of their homes survives. | **PG**  +WDWC01-003+ |

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| 12:00 | **House Of Wellness ’CC’**  Entertaining everybody to live a healthier life. Hosted by Luke Darcy, Rachael Finch, Jo Stanley and Luke Hines. | **PG**  +HOWL03-028+ |

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| 13:00 | **TBA:**  TBC | ++ |

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| 14:00 | **VFL: Elim Final: Werribee v Box Hill ’CC’**  TBC | +VAFL19-022+ |  |  |

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| 17:00 | **Seven News At 5 ’CC’**  Seven brings you the latest developments in today's top stories at home and around the world, plus sport, finance and weather updates. | +7NAF19-070+ |

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| 17:30 | **The Great Weekend ’CC’**  Jane Bunn, Brian Taylor, Jack Riewoldt and Brooke Hogan hit the road to discover the best things to see, eat and do across Victoria, to help make your weekend a 'great weekend'. | **PG**  +LWND01-009+ |

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| 18:00 | **Seven News ’CC’**  Breaking stories and news headlines from Melbourne and the rest of the state. | +7NNM19-244+ |

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| 19:00 | **Australia's Got Talent ’CC’**  Special guest and former America’s Got Talent finalist Hans joins judges Shane Jacobson, Lucy Durack, Nicole Scherzinger and Manu Feildel as Shane's Golden Buzzer recipient. | **PG**  +AGTA09-010+ |

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| 20:15 | **Sunday Night ’CC’**  Melissa Doyle leads a team of Australia's best reporters, breaking the stories that matter. | +SNIT19-031+ |

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| 21:15 | **What The Killer Did Next: Sian Roberts ’CC’**  Sian Roberts was murdered at her home by her friend Glynn Williams as they returned from a party in the early hours. Williams stabbed her to death after she confronted him about stealing her jewelery | **M (V,A)**  +WKDN01-006+ |

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| 22:15 | **Criminal Confessions: Canton, Oh ’CC’**  When a woman is found dead in her home, police aren't sure if it's an accident or a murder until they get an unexpected call, from an unexpected person. | **M (A,V)**  +CCON02-011+ |

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| 23:15 | **Autopsy USA: Chris Farley (R) ’CC’**  On December 18th 1997 Chris' body was found on the floor of his Chicago apartment, after four days of partying. He died alone aged 33. Now, Dr. Michael Hunter is taking a fresh look at his death. | **MA (D)**  +AUTU02-001+ |

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| 00:15 | **Bates Motel: Hidden (R)**  Norman learns who he can rely on as he attempts to protect his secrets; Romero struggles to find safety. | **MA**  +BATE05-004+ |

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| 01:15 | **Travel Oz: Dubai 2 - Culture (R) ’CC’**  A look at Dubai's fascinating culture, from a Bedouin camp in the desert to its history of pearl diving, cultural centres, and spice and gold souks. | **PG**  +TRAV4-009+ |

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| 02:00 | **TBA:**  TBC | ++ |

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| 03:30 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-181+ |

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| 04:00 | **Meet The Press ’CC’**  Chuck Todd interviews newsmakers from around the world. | +NBCM19-035+ |

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| 05:00 | **Seven Early News ’CC’**  Latest news, sport and weather from Australia and around the world. | +7ENN19-175+ |

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| 05:30 | **Sunrise ’CC’**  Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-175+ |

**Monday 02 September 2019**

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| 06:00 | **Sunrise ’CC’**  Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-175+ |

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| 09:00 | **The Morning Show ’CC’**  Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics. | **PG**  +TMSW19-164+ |

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| 11:30 | **Seven Morning News ’CC’**  Latest news, sport and weather from Australia and around the world. | +7MNN19-169+ |

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| 12:00 | **Midday Movie: Not With His Wife ’CC’**  A forensic accountant goes looking for the person who murdered her husband, who is an undercover FBI agent. | **M (V)**  +AETN06-041+ |

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| 14:00 | **The Daily Edition ’CC’**  Catch up on all of the hottest issues from today's news and entertainment with lively discussions, interviews and crosses to newsmakers around the country. | +TDED19-157+ |

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| 15:00 | **The Chase ’CC’**  Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G**  +CHSE08-094+ |

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| 16:00 | **Seven News At 4 ’CC’**  Breaking stories and news headlines from Melbourne and the rest of the state. | +7ANM19-175+ |

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| 17:00 | **The Chase Australia ’CC’**  It's a hit with audiences around the globe - now the general knowledge game show with a difference lands on our shores with The Chase Australia, Hosted by Andrew O'Keefe. | **G**  +CHAU08-021+ |

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| 18:00 | **Seven News ’CC’**  Breaking stories and news headlines from Melbourne and the rest of the state. | +7NNM19-245+ |

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| 19:00 | **Home And Away ’CC’**  Irene is rattled when details about her past come to light. Jasmine offers Robbo a new perspective to aid his search for Dylan. Ryder is feeling out of the loop as Raffy gives him the cold shoulder. | **PG (V,A)**  +HAAW32-052+ |

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| 19:30 | **Highway Patrol: Burning Rubber ’CC’ NEW EPISODE**  A dramatic old fashioned chase gets underway in the western suburbs of Melbourne when a woman fails to stop for police. | **PG**  +HWYP11-002+ |

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| 20:00 | **Motorbike Cops ’CC’ NEW EPISODE**  Mark and Paul cop a stream of abuse from a young P plater who’s temper gets the better of him… A young man gets busted texting a girl while driving. | **PG**  +MTCP02-002+ |

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| 20:30 | **The Rookie: The Roundup ’CC’**  Nolan, the rookies and their training officers get involved in a competition that pits them against each other; officer Lucy Chen notices officer Tim Bradford is obsessed with winning at all costs. | **M (V)**  +ROKE01-005+ |

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| 21:30 | **S.W.A.T.: Fences ’CC’**  An arrest of an illegal immigrant puts SWAT in a bad light with the people. Meanwhile the President of the Police Commission discovers Hondo and Jessica's affair. | **M (S,V)**  +SSWA01-013+ |

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| 22:30 | **The Latest: Seven News ’CC’**  Latest news, sport and weather from Australia and around the world. | +7NTL19-152+ |

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| 23:00 | **Talking Footy (R) ’CC’**  Luke Darcy, Tim Watson, Wayne Carey, Mick Warner dissect the week's AFL news and issues. | +TFOO19-024+ |

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| 00:00 | **Quantico: Kubark (R) ’CC’**  The trainees are put through a training drill that tests their stress levels while Alex tries to gather information and get close to Owen. | **M (A,V)**  +QUAN02-004+ |

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| 01:00 | **The Great Outdoors (R) ’CC’**  Tom Williams begins one of the most incredible walks on earth, to the Lost World of the Incas. | **G**  +GO17-013+ |

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| 03:30 | **TBA:**  TBC | ++ |

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| 04:00 | **NBC Today ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-210+ |

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| 05:00 | **Seven Early News ’CC’**  Latest news, sport and weather from Australia and around the world. | +7ENN19-176+ |

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| 05:30 | **Sunrise ’CC’**  Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-176+ |

**Tuesday 03 September 2019**

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| 06:00 | **Sunrise ’CC’**  Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-176+ |

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| 09:00 | **The Morning Show ’CC’**  Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics. | **PG**  +TMSW19-165+ |

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| 11:30 | **Seven Morning News ’CC’**  Latest news, sport and weather from Australia and around the world. | +7MNN19-170+ |

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| 12:00 | **Midday Movie: I'll Be Watching ’CC’ (2018)**  After escaping the clutches of a deadly stalker, a young woman flees to a remote town where she rebuilds her life and finds the man of her dreams - until the man of her nightmares tracks her down. | **M (V,A)**  +AETN08-007+ |

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| 14:00 | **The Daily Edition ’CC’**  Catch up on all of the hottest issues from today's news and entertainment with lively discussions, interviews and crosses to newsmakers around the country. | +TDED19-158+ |

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| 15:00 | **The Chase ’CC’**  Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G**  +CHSE08-095+ |

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| 16:00 | **Seven News At 4 ’CC’**  Breaking stories and news headlines from Melbourne and the rest of the state. | +7ANM19-176+ |

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| 17:00 | **The Chase Australia ’CC’**  It's a hit with audiences around the globe - now the general knowledge game show with a difference lands on our shores with The Chase Australia, Hosted by Andrew O'Keefe. | **G**  +CHAU08-022+ |

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| 18:00 | **Seven News ’CC’**  Breaking stories and news headlines from Melbourne and the rest of the state. | +7NNM19-246+ |

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| 19:00 | **Home And Away ’CC’**  Irene struggles with her fear as the countdown to her trial begins. Raffy and Ryder challenge Bella to return to school. Ben gives Maggie reason to hope. | **PG (A)**  +HAAW32-053+ |

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| 19:30 | **Dogs Behaving (Very) Badly ’CC’**  Graeme's first port of call is Andover in Hampshire where a Manchester Terrier called Marney is taking over a woman's life. | **PG**  +DOBB01-005+ |

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| 20:30 | **The Proposal**  34-year-old county marriage celebrant Gary is looking to firm up his own wedding as eight single women try to win the gentle giant’s heart. | **M (S)**  +PROP01-002+ |

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| 21:40 | **Ramsay's 24 Hours To Hell And Back: Shanty On 19th**  Ramsay and his team work to revamp Shanty on 19th, an Allentown, Pa., restaurant that is suffering the consequences of feuds between the owner and staff. | **M**  +GRHB02-002+ |

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| 22:40 | **The Latest: Seven News ’CC’**  Latest news, sport and weather from Australia and around the world. | +7NTL19-153+ |

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| 23:10 | **Modern Family: The Help ’CC’**  When Gloria hires a too-good-to-be-true male nanny, Jay and Manny are dead set against it. Frank is in town and feeling a bit lonely recently, so Phil and Jay take him out to help get his groove back. | **PG (S)**  +MOFA05-006+ |

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| 23:40 | **The Goldbergs: Mom Trump Willow ’CC’**  After Adam decides to see "Willow" instead of spending Mother's Day with Beverly, he must find a way to get back into her good graces; Barry is tired of his status as middle child. | **PG (L)**  +GOLB06-022+ |

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| 00:10 | **Botched Up Bodies (R) ’CC’**  Meet the people whose bodies have been botched and the renowned plastics unit whose job it is to fix these problems and give these people the bums, boobs, faces and tums they've always wanted. | **MA (A)**  +BOTB04-001+ |

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| 01:05 | **Quantico: Kmforget (R) ’CC’**  At the Farm, Harry is still suspicious of Alex and Ryan, and he's determined to learn more about their plan, while Leon is recruited for a special assignment by Owen. | **M (A,V)**  +QUAN02-005+ |

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| 04:00 | **NBC Today ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-211+ |

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| 05:00 | **Seven Early News ’CC’**  Latest news, sport and weather from Australia and around the world. | +7ENN19-177+ |

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| 05:30 | **Sunrise ’CC’**  Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-177+ |

**Wednesday 04 September 2019**

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| 06:00 | **Sunrise ’CC’**  Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-177+ |

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| 09:00 | **The Morning Show ’CC’**  Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics. | **PG**  +TMSW19-166+ |

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| 11:30 | **Seven Morning News ’CC’**  Latest news, sport and weather from Australia and around the world. | +7MNN19-171+ |

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| 12:00 | **Midday Movie: Dead At 17 (R) ’CC’**  Two rich teenage brothers throw a party during which a stripper is accidentally killed. | **M (V,A)**  +AETN06-002+ |

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| 14:00 | **The Daily Edition ’CC’**  Catch up on all of the hottest issues from today's news and entertainment with lively discussions, interviews and crosses to newsmakers around the country. | +TDED19-159+ |

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| 15:00 | **The Chase ’CC’**  Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G**  +CHSE08-096+ |

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| 16:00 | **Seven News At 4 ’CC’**  Breaking stories and news headlines from Melbourne and the rest of the state. | +7ANM19-177+ |

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| 17:00 | **The Chase Australia ’CC’**  It's a hit with audiences around the globe - now the general knowledge game show with a difference lands on our shores with The Chase Australia, Hosted by Andrew O'Keefe. | **G**  +CHAU08-023+ |

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| 18:00 | **Seven News ’CC’**  Breaking stories and news headlines from Melbourne and the rest of the state. | +7NNM19-247+ |

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| 19:00 | **Home And Away ’CC’**  Colby causes a scene and is thrown out of court. Bella finds the courage to testify for Irene, only to come face to face with pure evil. Justin is fearful Raffy’s medical situation is deteriorating. | **PG (V,A)**  +HAAW32-054+ |

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| 19:30 | **The Celebrity Chase ’CC’**  Abbey Gelmi, Lawrenc Mooney, Yvie Jones and Pete Rowsthron compete to raise money for charity in The Celebrity Chase. | **G**  +CHAS01-003+ |

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| 20:40 | **The Front Bar ’CC’**  Join Sam Pang, Mick Molloy and Andy Maher as they share a laugh about the AFL world and catch up with stars of yesteryear and today. | **M (L)**  +FBAR19-025+ |

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| 21:40 | **The Latest: Seven News ’CC’**  Latest news, sport and weather from Australia and around the world. | +7NTL19-154+ |

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| 22:10 | **World's Most Shocking Emergency Calls ’CC’**  A young woman is murdered by her stalker, a school bookkeeper talks down a shooter and a tiger is loose in a neighbourhood. | +WMSE01-005+ |

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| 23:10 | **Surveillance Oz (R) ’CC’**  A woman risks her life on train tracks for shoes. A drunk driver sends sparks flying upon crashing his car. A Queensland family is caught on camera when they steal a prized bird from a pet store. | **PG**  +SURV3-005+ |

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| 23:40 | **Blindspot: Frequently Recurring Struggle For Existence ’CC’**  Jane's past with Shepherd and Sandstorm both helps and hurts the team's efforts to stop the sale of a device that will weaponize stolen plutonium. | **M (V)**  +BDSP04-015+ |

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| 00:40 | **Life Sentence: Our Father The Hero (R) ’CC’**  Aiden's problems grow, but he keeps the faith that Peter will keep him out of trouble; Stella struggles with not telling Aiden the truth about who really tipped of the police. | **M (A)**  +LISE01-007+ |

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| 03:30 | **TBA:**  TBC | ++ |

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| 04:00 | **NBC Today ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-212+ |

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| 05:00 | **Seven Early News ’CC’**  Latest news, sport and weather from Australia and around the world. | +7ENN19-178+ |

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| 05:30 | **Sunrise ’CC’**  Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-178+ |

**Thursday 05 September 2019**

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| 06:00 | **Sunrise ’CC’**  Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-178+ |

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| 09:00 | **The Morning Show ’CC’**  Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics. | **PG**  +TMSW19-167+ |

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| 11:30 | **Seven Morning News ’CC’**  Latest news, sport and weather from Australia and around the world. | +7MNN19-172+ |

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| 12:00 | **Midday Movie: My Life As A Dead Girl ’CC’ (2015)**  When runaway teenager Chelsea is killed by her friend Brittany's pimp, Brittany returns to what's left of the family Chelsea left years ago. Brittany does her best to get by under her new identity. | **M**  +AETN08-014+ |

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| 14:00 | **The Daily Edition ’CC’**  Catch up on all of the hottest issues from today's news and entertainment with lively discussions, interviews and crosses to newsmakers around the country. | +TDED19-160+ |

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| 15:00 | **The Chase ’CC’**  Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G**  +CHSE08-097+ |

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| 16:00 | **Seven News At 4 ’CC’**  Breaking stories and news headlines from Melbourne and the rest of the state. | +7ANM19-178+ |

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| 17:00 | **The Chase Australia ’CC’**  It's a hit with audiences around the globe - now the general knowledge game show with a difference lands on our shores with The Chase Australia, Hosted by Andrew O'Keefe. | **G**  +CHAU08-024+ |

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| 18:00 | **Seven News ’CC’**  Breaking stories and news headlines from Melbourne and the rest of the state. | +7NNM19-248+ |

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| 19:00 | **Home And Away ’CC’**  Bella finds confidence to speak her truth in court to Tommy. Will Irene find peace once her court case is finalised? A frustrated Ben reaches breaking point and begins fighting for his freedom. | **PG (V,A)**  +HAAW32-055+ |

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| 19:30 | **AFL: Elim Final: West Coast v Essendon ’CC’ LIVE**  TBC | +AFLG19-242+ |

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| 23:00 | **AFL Post Game ’CC’ LIVE**  Post-game discussion and interviews. | +AFPG19-056+ |

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| 00:00 | **Home And Away (R) ’CC’ ENCORE**  Robbo is running out of places to look for Dylan Carter. The pressure mounts on Dean to tell Karen the truth about Mackenzie. A militant Teresa causes trouble for Irene. | **PG (V,A)**  +HAAW32-056+ |

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| 00:30 | **Home And Away (R) ’CC’ ENCORE**  After a massive fight Dean and Karen reconcile through an unlikely source. Maggie is relieved when Ben’s ready to talk. Roo keeps pushing Ryder to go to university. | **PG (V,A)**  +HAAW32-057+ |

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| 01:00 | **Grandfathered: Edie's 2 Dads (R)**  When Gerald can't make it in time for Edie's interview at the most elite pre-school in the area, Jimmy steps in to help out. | **PG**  +GRAN01-005+ |

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| 01:30 | **Grandfathered: My Amal (R)**  In a quest to find his own Amal Clooney, Jimmy goes out with Sara’s co-worker, but when she is not impressed with his smooth moves, Jimmy turns to Sara for pointers. | **PG**  +GRAN01-006+ |

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| 03:00 | **TBA:**  TBC | ++ |

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| 04:00 | **NBC Today ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-213+ |

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| 05:00 | **Seven Early News ’CC’**  Latest news, sport and weather from Australia and around the world. | +7ENN19-179+ |

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| 05:30 | **Sunrise ’CC’**  Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-179+ |

**Friday 06 September 2019**

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| 06:00 | **Sunrise ’CC’**  Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-179+ |

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| 09:00 | **The Morning Show ’CC’**  Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics. | **PG**  +TMSW19-168+ |

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| 11:30 | **Seven Morning News ’CC’**  Latest news, sport and weather from Australia and around the world. | +7MNN19-173+ |

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| 12:00 | **Midday Movie: The Wrong Teacher ’CC’ (2018)**  Successful teacher and author Charlotte Hansen has a one-night stand with a younger man, Chris. She later finds out that he is 18 years old and a student at her high school. | **M**  +AETN08-030+ |

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| 14:00 | **The Daily Edition ’CC’**  Catch up on all of the hottest issues from today's news and entertainment with lively discussions, interviews and crosses to newsmakers around the country. | +TDED19-161+ |

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| 15:00 | **The Chase (R) ’CC’**  Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G**  +CHSE07-015+ |

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| 16:00 | **Seven News At 4 ’CC’**  Breaking stories and news headlines from Melbourne and the rest of the state. | +7ANM19-179+ |

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| 17:00 | **The Chase Australia ’CC’**  It's a hit with audiences around the globe - now the general knowledge game show with a difference lands on our shores with The Chase Australia, Hosted by Andrew O'Keefe. | **G**  +CHAU03-060+ |

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| 18:00 | **Seven News ’CC’**  Breaking stories and news headlines from Melbourne and the rest of the state. | +7NNM19-249+ |

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| 19:00 | **Better Homes And Gardens ’CC’**  Homes and gardens come alive in this lifestyle show packed full of home decorating tips, recipes, craft ideas, DIY projects and how tos. | **G**  +BHAG25-032+ |

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| 19:30 | **AFL: Qual Final: Geelong v Collingwood ’CC’ LIVE**  TBC | +AFLG19-240+ |

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| 22:30 | **AFL Post Game ’CC’ LIVE**  Post-game discussion and interviews. | +AFPG19-057+ |

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| 23:30 | **Armchair Experts**  Brownlow Medallist Adam Cooney and AFL Super Fan Cam Luke bring you their unique and interactive analysis from the week in footy. | **M**  +ARMC19-025+ |

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| 00:00 | **Movie: Alone With A Stranger (R) ’CC’ (1999)**  A jealous man plans to destroy his twin brother, going after his money, power and even his gorgeous wife. Starring:ALEXANDRA LEE,ALEKSANDRA VUJCIC,BARBARA NIVEN,CHRISTOPHER KRIESA,DAVID SELBERG,ELLEN DUBIN,FREDERIK CAVALLY,LORI NEW,PRISCILLA BARNES,PETER LIAPIS,MINDY COHN,NIA PEEPLES,WILLIAM R. MOSES,SCOTTY COX | **M (V,L)**  +WILF-053+ |

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| 04:00 | **The Great Outdoors (R) ’CC’**  Great Mysteries of the World - visit Australia's UFO hotspot. Tom Williams takes a Scoobycamper to Loch Ness, home of the world's favourite monster. Starring:LEW FARKAS | **G**  +GO17-014+ |

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| 05:00 | **NBC Today ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-214+ |

**Saturday 07 September 2019**

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| 06:00 | **NBC Today ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-214+ |

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| 07:00 | **Weekend Sunrise ’CC’**  Wake up to a better breakfast with Basil Zempilas and Monique Wright, for all the latest entertainment, news, sport and weather. | +SSUN19-036+ |

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| 10:00 | **The Morning Show - Weekend ’CC’**  Join Larry Emdur and Kylie Gillies to catch up on all the highlights from this week's program, including a variety of segments on the latest news and entertainment. | **PG**  +TMSA19-031+ |

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| 11:30 | **VFL ’CC’**  TBC | +VAFL19-023+ |

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| 14:30 | **AFL Pre-Game: AFL Pre-Game 2019 Ep: 7 ’CC’**  A look ahead at today's AFL games. | +AFLP19-007+ |

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| 15:00 | **AFL: Elim Final: GWS v Western Bulldogs ’CC’**  TBC | +AFLG19-243+ |

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| 18:00 | **Seven News ’CC’**  Breaking stories and news headlines from Melbourne and the rest of the state. | +7NNM19-250+ |

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| 18:30 | **AFL: Qual Final: Brisbane v Richmond ’CC’ LIVE**  TBC | +AFLG19-241+ |

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| 22:00 | **AFL Post Game ’CC’ LIVE**  Post-game discussion and interviews. | +AFPG19-058+ |

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| 01:00 | **Training Day: Apocalypse Now (R) ’CC’**  The LAPD assigns heroic cop Kyle Craig to pose as Frank Rourke's trainee to spy on him and report his questionable methods. They form an uneasy alliance that changes their lives. | **M (D,V)**  +TRDA01-001+ |

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| 03:30 | **TBA:**  TBC | ++ |

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| 04:00 | **The Great Outdoors (R) ’CC’**  Jennifer Hawkins visits New Zealand's stunning Queenstown. Tom Williams climbs onboard the Endeavour, an exact replica of Captain Cook's ship for an adventure anyone can try. | **G**  +GO17-015+ |

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| 05:00 | **House Of Wellness (R) ’CC’ ENCORE**  Entertaining everybody to live a healthier life. Hosted by Luke Darcy, Rachael Finch, Jo Stanley and Luke Hines. | **PG**  +HOWL03-028+ |