**Sunday 06 January 2019**

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| 06:00 | **NBC Today ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-005+ |

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| 07:00 | **Weekend Sunrise ’CC’**  Wake up to a better breakfast with Basil Zempilas and Monique Wright, for all the latest entertainment, news, sport and weather. | +WSUN19-001+ |

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| 09:30 | **Test Cricket: Australia v India: Test 4 Pre Game ’CC’**  A look ahead at day 4 of the fourth test between Australian and India. | +CRIC18-419+ |

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| 10:30 | **Test Cricket: Australia v India: Test 4 - Day 4 ’CC’**  Australia take on India live from the SCG as the hosts battle to win back the coveted Border-Gavaskar Trophy. Play starts 10:30AM AEDT. | +CRIC18-420+ |

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| 12:30 | **Test Cricket: Australia v India: The Lunch Break ’CC’**  A look at the day of play so far between Australia and India. Hosted by Bruce McAvaney. | +CRIC18-421+ |

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| 13:10 | **Test Cricket: Australia v India: Test 4 - Day 4 ’CC’**  Australia take on India live from the SCG as the hosts battle to win back the coveted Border-Gavaskar Trophy. Play starts 10:30AM AEDT. | +CRIC18-422+ |

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| 15:30 | **Test Cricket: Australia v India: Test 4 - Day 4 ’CC’**  Australia take on India live from the SCG as the hosts battle to win back the coveted Border-Gavaskar Trophy. Play starts 10:30AM AEDT. | +CRIC18-424+ |

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| 18:00 | **Seven News ’CC’**  TBC | +7NNM19-006+ |

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| 19:00 | **Big Bash League: Adelaide v Sydney Sixers ’CC’ LIVE**  TBC | +BBLC18-046+ |

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| 22:30 | **The Latest: Seven News ’CC’**  Latest news, sport and weather from Australia and around the world. | +7NTL19-016+ |

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| 23:00 | **Sunday Night ’CC’**  Melissa Doyle leads a team of Australia's best reporters, breaking the stories that matter. | +SNIT18-044+ |

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| 00:30 | **Dr. Ken: Dr. Wendi : Coming To LA (R)**  A visit from Ken's sister Wendi, a well-known doctor and TV host on a medical talk show, makes him secretly envious of her success. | **PG (A)**  +DKEN01-007+ |

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| 01:00 | **Dr. Ken: Thanksgiving Culture Clash (R)**  At Thanksgiving with both of their families, Ken accuses Allison of prioritizing her Japanese heritage over his Korean roots. | **PG (S)**  +DKEN01-008+ |

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| 01:30 | **Dr. Ken: Ken Cries Foul (R)**  Ken continues to push basketball on Dave who is more interested in a council meeting about the drought in California. | **PG (A)**  +DKEN01-009+ |

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| 03:00 | **TBA:**  TBC | ++ |

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| 03:30 | **Harry's Practice (R) ’CC’**  Dr. Harry tries to groom a dog that does not want to be groomed! | **G**  +HPR-146+ |

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| 04:00 | **Meet The Press ’CC’**  Chuck Todd interviews newsmakers from around the world. | +NBCM19-001+ |

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| 05:00 | **Seven Early News ’CC’**  Latest news, sport and weather from Australia and around the world. | +7ENN19-005+ |

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| 05:30 | **Sunrise ’CC’**  Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-005+ |

**Monday 07 January 2019**

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| 06:00 | **Sunrise ’CC’**  Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-005+ |

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| 09:30 | **Test Cricket: Australia v India: Test 4 Pre Game ’CC’**  A look ahead at day 5 of the fourth test between Australian and India. | +CRIC18-425+ |

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| 10:30 | **Test Cricket: Australia v India: Test 4 - Day 5 ’CC’**  Australia take on India live from the SCG as the hosts battle to win back the coveted Border-Gavaskar Trophy. Play starts 10:30AM AEDT. | +CRIC18-426+ |

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| 12:30 | **Test Cricket: Australia v India: The Lunch Break ’CC’**  A look at the day of play so far between Australia and India. Hosted by Bruce McAvaney. | +CRIC18-427+ |

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| 13:10 | **Test Cricket: Australia v India: Test 4 - Day 5 ’CC’**  Australia take on India live from the SCG as the hosts battle to win back the coveted Border-Gavaskar Trophy. Play starts 10:30AM AEDT. | +CRIC18-428+ |

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| 15:30 | **Test Cricket: Australia v India: Test 4 - Day 5 ’CC’**  Australia take on India live from the SCG as the hosts battle to win back the coveted Border-Gavaskar Trophy. Play starts 10:30AM AEDT. | +CRIC18-430+ |

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| 18:00 | **Seven News ’CC’**  TBC | +7NNM19-007+ |

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| 19:00 | **Big Bash League: Melbourne Ren v Hobart ’CC’ LIVE**  TBC | +BBLC18-049+ |

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| 22:30 | **The Latest: Seven News ’CC’**  Latest news, sport and weather from Australia and around the world. | +7NTL19-017+ |

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| 23:00 | **The Goldbergs: Colors ’CC’ NEW EPISODE**  Barry tries to break up Beverly's group of friends, which results in a turf war over the backyard; Adam's attempts to trick Murray into loving theater backfire. | **PG**  +GOLB05-017+ |

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| 23:30 | **The Goldbergs: MTV Spring Break ’CC’ NEW EPISODE**  Hoping to get the true spring break experience, Erica and Barry visit Pops in Florida; Adam gets a surprising reaction when he tells his parents the truth. | **PG**  +GOLB05-018+ |

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| 00:00 | **Astronaut Wives Club: Abort (R)**  Betty Grissom faces the grim reality that her husband, Gus, is gone. | +ASWC-008+ |

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| 01:00 | **Travel Oz: Blue Mountains - Forbes (R) ’CC’**  Check out the top ten attractions in the blue mountains, from the artists retreat in hill end to the illuminate light show in Bathurst. | **G**  +TRAV4-015+ |

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| 01:30 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-016+ |

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| 03:30 | **TBA:**  TBC | ++ |

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| 04:00 | **NBC Today ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-006+ |

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| 05:00 | **Seven Early News ’CC’**  Latest news, sport and weather from Australia and around the world. | +7ENN19-006+ |

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| 05:30 | **Sunrise ’CC’**  Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-006+ |

**Tuesday 08 January 2019**

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| 06:00 | **Sunrise ’CC’**  Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-006+ |

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| 09:00 | **The Morning Show Summer Series ’CC’**  Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics. | **PG**  +TMSS18-005+ |

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| 11:30 | **Seven Morning News ’CC’**  Latest news, sport and weather from Australia and around the world. | +7MNN19-003+ |

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| 12:00 | **Better Homes And Gardens Summer (R) ’CC’**  Joh and Karen go on a European road trip. Fast Ed travels through Vietnam and Cambodia, cooking traditional recipes along the way. Dr Harry takes in the wildlife of Canada. | **G**  +BHGS14-006+ |

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| 13:30 | **Women's Big Bash League: Sydney Thunder v Melbourne Renegades ’CC’**  Women's Big Bash League cricket action. | +WBBL18-035+ |

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| 17:00 | **The Chase Australia (R) ’CC’**  It's a hit with audiences around the globe - now the general knowledge game show with a difference lands on our shores with The Chase Australia, Hosted by Andrew O'Keefe. | **G**  +CHAU05-054+ |

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| 18:00 | **Seven News ’CC’**  TBC | +7NNM19-008+ |

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| 19:00 | **Big Bash League: Sydney Thunder v Brisbane ’CC’ LIVE**  TBC | +BBLC18-052+ |

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| 22:30 | **The Latest: Seven News ’CC’**  Latest news, sport and weather from Australia and around the world. | +7NTL19-018+ |

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| 23:00 | **World's Deadliest Weather: Caught On Camera (R) ’CC’**  Car and truck drivers flee the biggest tornado ever recorded as it crosses the highway outside El Reno. Big wave surfer Andrew Cotton is almost killed when he attempts to ride a 60 foot wave. | **PG**  +WDWC01-009+ |

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| 00:00 | **The Catch: The Benefactor (R) ’CC’**  The AVI team takes on a new client, a female captain in the army, who is being harassed by her colleagues. Meanwhile, Alice makes a play on Ben that could put her in some very serious danger. | **M (S,V)**  +CATC01-006+ |

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| 01:00 | **Travel Oz: Hawkesbury Cruise - Jacaranda Festival (R) ’CC’**  Join Greg Grainger as he explores the Jacaranda Festival in Grafton, the Sapphire Festival in Inverell, and goes horse riding in Bingara. | **G**  +TRAV4-016+ |

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| 01:30 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-017+ |

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| 04:00 | **NBC Today ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-007+ |

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| 05:00 | **Seven Early News ’CC’**  Latest news, sport and weather from Australia and around the world. | +7ENN19-007+ |

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| 05:30 | **Sunrise ’CC’**  Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-007+ |

**Wednesday 09 January 2019**

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| 06:00 | **Sunrise ’CC’**  Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-007+ |

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| 09:00 | **The Morning Show Summer Series ’CC’**  Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics. | **PG**  +TMSS18-006+ |

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| 11:30 | **Seven Morning News ’CC’**  Latest news, sport and weather from Australia and around the world. | +7MNN19-004+ |

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| 12:00 | **Midday Movie: Confessions Of A Young Bride (R) ’CC’ (2005)**  As a young woman plans her dream wedding she realizes she might not be walking down the aisle with the right person. | **PG (S,L)**  +SPCF02-013+ |

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| 14:00 | **Better Homes And Gardens Summer (R) ’CC’**  Jo meets up with Bindi Irwin for a special tour of Australia Zoo. Dr Harry visits Trowunna Wildlife Park, who are helping to save the Tasmanian Devil. Adam checks out a kids fitness course. | **G**  +BHGS13-004+ |

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| 15:00 | **The Chase (R) ’CC’**  Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G**  +CHSE07-091+ |

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| 16:00 | **Seven News At 4 ’CC’**  TBC | +7ANM19-007+ |

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| 17:00 | **The Chase Australia (R) ’CC’**  It's a hit with audiences around the globe - now the general knowledge game show with a difference lands on our shores with The Chase Australia, Hosted by Andrew O'Keefe. | **G**  +CHAU05-086+ |

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| 18:00 | **Seven News ’CC’**  TBC | +7NNM19-009+ |

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| 19:00 | **Big Bash League: Melbourne Stars v Perth ’CC’ LIVE**  Start time: 7.15pm AEDT. The Stars are gunning for hometown glory as they take on the Scorchers quicks LIVE from The MCG, Melbourne. | +BBLC18-055+ |

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| 22:30 | **The Latest: Seven News ’CC’**  Latest news, sport and weather from Australia and around the world. | +7NTL19-019+ |

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| 23:00 | **Killer Tapes: Who Killed Sharon Birchwood (R) ’CC’**  A 52 year old woman, with no enemies and no criminal connections is found brutally murdered in her own home in the rural English suburbs. | **M (A,V)**  +POTA01-002+ |

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| 00:00 | **Quantico: Soon (R) ’CC’**  At Quantico, the NATs look into each other’s background to determine who gets high-level security clearance. In the future, Alex contacts Claire Haas in order to find her missing friends. Starring:AUNJANUE ELLIS,JAKE MCLAUGHLIN,JOSH HOPKINS,JOHANNA BRADDY,PRIYANKA CHOPRA,ROGERS FAMILY,YASMINE AL MASRI | **M (D,V)**  +QUAN01-018+ |

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| 01:00 | **Travel Oz: Western Victoria (R) ’CC’**  Prepare for sheep, wheat and treats as Greg explores Western Victoria. Join him as he visits the amazing stick shed in Murtoa and gets a close view of the wildlife and historic towns. | **G**  +TRAV4-017+ |

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| 01:30 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-018+ |

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| 04:00 | **NBC Today ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-008+ |

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| 05:00 | **Seven Early News ’CC’**  Latest news, sport and weather from Australia and around the world. | +7ENN19-008+ |

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| 05:30 | **Sunrise ’CC’**  Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-008+ |

**Thursday 10 January 2019**

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| 06:00 | **Sunrise ’CC’**  Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-008+ |

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| 09:00 | **The Morning Show Summer Series ’CC’**  Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics. | **PG**  +TMSS18-007+ |

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| 11:30 | **Seven Morning News ’CC’**  Latest news, sport and weather from Australia and around the world. | +7MNN19-005+ |

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| 12:00 | **Better Homes And Gardens Summer (R) ’CC’**  Joh and Karen go on a road trip to the Yarra Valley. Graham and Adam help a single mum create a perfect cottage garden. Fats Ed makes a Turkish Lamb Roast. | **G**  +BHGS13-005+ |

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| 13:30 | **Women's Big Bash League: Brisbane Heat v Melbourne Stars ’CC’**  Start time: 1.50pm AEDT. There will be plenty of excitement in the air when the Heat host the Renegades as both teams fight to climb their way to the top of the ladder LIVE from The Gabba, Brisbane. | +WBBL18-037+ |

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| 17:00 | **The Chase Australia (R) ’CC’**  It's a hit with audiences around the globe - now the general knowledge game show with a difference lands on our shores with The Chase Australia, Hosted by Andrew O'Keefe. | **G**  +CHAU05-114+ |

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| 18:00 | **Seven News ’CC’**  TBC | +7NNM19-010+ |

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| 19:00 | **Big Bash League: Brisbane v Melbourne Ren ’CC’ LIVE**  TBC | +BBLC18-058+ |

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| 22:30 | **The Latest: Seven News ’CC’**  Latest news, sport and weather from Australia and around the world. | +7NTL19-020+ |

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| 23:00 | **Ramsay's Hotel Hell: Towns Inn - Part 2 (R) ’CC’**  Gordon is back in Harpers Ferry. With an owner who is living in the past, Gordon must perform one of the biggest personal and hotel makeovers he's ever tackled. | **M (L)**  +HELL03-004+ |

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| 00:00 | **Grey's Anatomy: Ain't That A Kick In The Head ’CC’**  Amelia confronts a difficult situation, while Meredith deals with the fallout from her conversation with Nathan. Maggie finds herself at an awkward family dinner, and Jackson receives big news. | **M (A,S)**  +GREY14-004+ |

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| 01:00 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-019+ |

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| 01:30 | **Travel Oz: Nevada (R) ’CC’**  Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **G**  +TRAV4-018+ |

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| 03:30 | **TBA:**  TBC | ++ |

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| 04:00 | **NBC Today ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-009+ |

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| 05:00 | **Seven Early News ’CC’**  Latest news, sport and weather from Australia and around the world. | +7ENN19-009+ |

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| 05:30 | **Sunrise ’CC’**  Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-009+ |

**Friday 11 January 2019**

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| 06:00 | **Sunrise ’CC’**  Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-009+ |

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| 09:00 | **The Morning Show Summer Series ’CC’**  Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics. | **PG**  +TMSS18-008+ |

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| 11:30 | **Seven Morning News ’CC’**  Latest news, sport and weather from Australia and around the world. | +7MNN19-006+ |

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| 12:00 | **Midday Movie: Living Proof (R) ’CC’ (2008)**  Dr. Dennis Slamon develops a revolutionary medication that he believes will cure breast cancer, but when funding for his research is cut he is forced to seek new means to make his cure a reality. | **PG (S,A,L)**  +SPCF02-032+ |

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| 14:00 | **Better Homes And Gardens Summer (R) ’CC’**  Joh and Pete look at a concrete home inspired by the owner's Mexican heritage. Adam makes a Jungle-Book inspired cubby house. Karen and Fast Ed go on a Kimberley cooking adventure. | **G**  +BHGS13-006+ |

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| 15:00 | **The Chase (R) ’CC’**  Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G**  +CHSE07-093+ |

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| 16:00 | **Seven News At 4 ’CC’**  TBC | +7ANM19-009+ |

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| 17:00 | **The Chase Australia (R) ’CC’**  It's a hit with audiences around the globe - now the general knowledge game show with a difference lands on our shores with The Chase Australia, Hosted by Andrew O'Keefe. | **G**  +CHAU05-118+ |

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| 18:00 | **Seven News ’CC’**  TBC | +7NNM19-011+ |

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| 19:00 | **Better Homes and Gardens Summer ’CC’**  Joh, Adam and Jason compete to see who can build a flatpack the fastest. Karen makes salted caramel with mango and ginger. Fast Ed heads to Coffs Harbour on a foodie tour. | **G**  +BHGS15-006+ |

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| 20:30 | **TBA:**  TBC | ++ |

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| 23:10 | **Special: The Nation's Favourite Elton John Song (R) ’CC’ (2017)**  Elton John talks to David Walliams about an extraordinary career. In a top 20 countdown Elton reveals how his classic songs came about, which culminates with the song that is the nation's favourite. | **M (A)**  +SPEC67-001+ |

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| 00:40 | **Grey's Anatomy: Danger Zone ’CC’**  In a flashback to Iraq in 2007, the events leading up to Megan's kidnapping are revealed. In present day, Owen and Megan hash out old wounds. | **M (A)**  +GREY14-005+ |

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| 03:30 | **TBA:**  TBC | ++ |

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| 04:00 | **The Great Outdoors: Wonders Of The World (R) ’CC’**  Tom Williams sees the Grand Canyon by chopper, Jennifer Hawkins experiences the awesome power of Victoria Falls. | **G**  +GO17-009+ |

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| 05:00 | **NBC Today ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-010+ |

**Saturday 12 January 2019**

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| 06:00 | **NBC Today ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-010+ |

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| 07:00 | **Weekend Sunrise ’CC’**  Wake up to a better breakfast with Basil Zempilas and Monique Wright, for all the latest entertainment, news, sport and weather. | +SSUN19-002+ |

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| 10:00 | **The Morning Show Summer Series ’CC’**  Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics. | **PG**  +TMSS18-009+ |

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| 12:00 | **Travel Oz (R) ’CC’**  Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG**  +TRAV4-031+ |

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| 12:30 | **Seven's Horse Racing: Magic Millions ’CC’**  Start time 12.30pm AEDT. Featuring fillies, fast-finishes and fashions aplenty, you don't want to miss the pinnacle of the Queensland Summer Racing Carnival LIVE from Gold Coast Turf Club, Gold Coast. | +SHRC19-001+ |

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| 17:30 | **Border Security - Australia's Front Line (R) ’CC’**  In Border's biggest drug bust, a shipment of narcotics is discovered in the most unlikely of places. Immigration suspect that an Indian man is trying to cross the border on a false French passport. | **PG**  +BORD-188+ |

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| 18:00 | **Seven News ’CC’**  TBC | +7NNM19-012+ |

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| 19:00 | **TBA:**  TBC | ++ |

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| 21:00 | **TBA:**  TBC | ++ |

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| 00:00 | **Grey's Anatomy: Come On Down To My Boat, Baby ’CC’ DOUBLE EPISODE**  Jackson decides he needs some time off and invites the guys to join him on a day out at sea, while Arizona, April and Maggie treat a woman who is hiding a deadly secret. | **M (A,V,S)**  +GREY14-006+ |

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| 01:00 | **Grey's Anatomy: Who Lives, Who Dies, Who Tells Your Story ’CC’**  After a roller coaster car falls off the track at the county fair, the doctors at Grey Sloan tend to patients who spark memories about ghosts from their past. | **M (A)**  +GREY14-007+ |

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| 02:00 | **TBA:**  TBC | ++ |

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| 02:30 | **TBA:**  TBC | ++ |

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| 03:00 | **TBA:**  TBC | ++ |

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| 03:30 | **TBA:**  TBC | ++ |

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| 04:00 | **Sons And Daughters (R) ’CC’ DOUBLE EPISODE**  Debbie devises a plan to see that justice is done at the carwash. | **PG**  +SAD-911+ |

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| 04:30 | **Sons And Daughters (R) ’CC’**  Beryl's last ditch attempt to prove her innocence results in a shocking revelation. | **PG**  +SAD-912+ |

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| 05:00 | **House Of Wellness: Summer Special (R) ’CC’ ENCORE**  Hosted by Ed Phillips and Zoe Marshall, with feature guests and locations that highlight living well is important but can also be fun. | **PG**  +HOWL02-044+ |