**Sunday 07 July 2019**

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| 06:00 | **NBC Today ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-161+ |

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| 07:00 | **Weekend Sunrise ’CC’**  Wake up to a better breakfast with Basil Zempilas and Monique Wright, for all the latest entertainment, news, sport and weather. | +WSUN19-027+ |

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| 10:00 | **AFL Game Day ’CC’**  Hamish McLachlan hosts the biggest names in the game for a lively look at all the weekend's action, footy news and issues. | +GAMD19-016+ |

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| 11:30 | **VFL: Rnd 13: North Melbourne v Sandringham ’CC’**  The Roos will be looking to salvage some pride after a tough season when they host Sandringham at Arden Street Oval, while the Zebras need a win to stay in the finals race. Bounce time: 11.40am AEST. | +VAFL19-014+ |

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| 14:30 | **Sunday Soapbox ’CC’**  Pre-game coverage of the AFL match. | +SOAP19-013+ |

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| 15:00 | **AFL: Rnd 16: North Melbourne v St Kilda ’CC’**  North has reignited its season under interim coach Rhyce Shaw and will be keen to keep its faint finals hopes alive against a Saints team that is also eyeing September action. Bounce time: 3.20pm AEST | +AFLG19-168+ |

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| 18:00 | **Seven News ’CC’**  Breaking stories and news headlines from Melbourne and the rest of the state. | +7NNM19-188+ |

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| 19:00 | **House Rules ’CC’**  It's a double whammy judgement day as our homeowners and judges return for the teams' second garden reveal. With a place in the grand final on the line, who will top the leaderboard? | **PG**  +HOSR07-035+ |

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| 20:30 | **Sunday Night ’CC’**  Melissa Doyle leads a team of Australia's best reporters, breaking the stories that matter. | +SNIT19-023+ |

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| 21:30 | **Million Dollar Cold Case (R) ’CC’**  Tonight, the suspicious death of a 54-year-old farmer, the mysterious disappearance and then murder of a young football star, and the cowardly and callous murder of a defenceless elderly woman. | **M (V,A)**  +MDCC01-004+ |

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| 23:00 | **Criminal Confessions: Marion County, Fl ’CC’**  Devoted mother of two, Heather Strong, disappears, leaving her two children with her estranged husband, Josh; as Josh becomes an obvious suspect, an unlikely and sinister offender emerges. | **MA (V)**  +CCON02-004+ |

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| 00:00 | **American Crime: Episode Eight (R) ’CC’**  Leyland High School mourns the loss of one of their own, while Leslie finds her job on the line in the aftermath of the tragedy. Becca makes a startling confession to Dan. | **MA (A,V)**  +AMEC02-008+ |

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| 01:00 | **Travel Oz: Australian Alps (R) ’CC’**  Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG**  +TRAV3-039+ |

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| 01:30 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-105+ |

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| 02:00 | **TBA:**  TBC | ++ |

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| 02:30 | **TBA:**  TBC | ++ |

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| 03:00 | **TBA:**  TBC | ++ |

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| 03:30 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-173+ |

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| 04:00 | **Meet The Press ’CC’**  Chuck Todd interviews newsmakers from around the world. | +NBCM19-027+ |

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| 05:00 | **Seven Early News ’CC’**  Latest news, sport and weather from Australia and around the world. | +7ENN19-135+ |

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| 05:30 | **Sunrise ’CC’**  Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-135+ |

**Monday 08 July 2019**

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| 06:00 | **Sunrise ’CC’**  Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-135+ |

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| 09:00 | **The Morning Show ’CC’**  Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics. | **PG**  +TMSW19-124+ |

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| 11:30 | **Seven Morning News ’CC’**  Latest news, sport and weather from Australia and around the world. | +7MNN19-129+ |

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| 12:00 | **Christmas In July: A Christmas Kiss (R) ’CC’ (2011)**  After a spontaneous kiss, a struggling designer ends up falling in love with her demanding boss's boyfriend as she decorates his home for a Christmas party. Starring:BRENDAN FEHR,ELISABETH ROHM,LAURA BRECKENRIDGE | **PG (S,A,L)**  +MARV02-005+ |

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| 14:00 | **The Daily Edition ’CC’**  Catch up on all of the hottest issues from today's news and entertainment with lively discussions, interviews and crosses to newsmakers around the country. | +TDED19-117+ |

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| 15:00 | **The Chase ’CC’**  Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G**  +CHSE08-062+ |

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| 16:00 | **Seven News At 4 ’CC’**  Breaking stories and news headlines from Melbourne and the rest of the state. | +7ANM19-135+ |

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| 17:00 | **The Chase Australia ’CC’**  It's a hit with audiences around the globe - now the general knowledge game show with a difference lands on our shores with The Chase Australia. Hosted by Andrew O'Keefe. | **G**  +CHAU07-084+ |

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| 18:00 | **Seven News ’CC’**  Breaking stories and news headlines from Melbourne and the rest of the state. | +7NNM19-189+ |

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| 19:00 | **Home And Away ’CC’**  Justin finally discovers the root cause of Ava's anger. Dean struggles with his Rick dilemma. Ben attempts to fulfil one of Maggie's life dreams. | **PG**  +HAAW32-004+ |

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| 19:30 | **House Rules ’CC’**  The semi-finals continue with Shayn & Carly's QLD house getting a much needed garden makeover. With a place in the grand final up for grabs, teams face their toughest challenge yet. | **PG**  +HOSR07-036+ |

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| 21:00 | **S.W.A.T.: Pamilya ’CC’ DOUBLE EPISODE**  Newcomer Jim Street jeopardizes his spot on Hondo's team. The team searches for a ruthless drug trafficker who is using immigrants as couriers. | **M (D,A,V)**  +SSWA01-003+ |

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| 22:00 | **S.W.A.T.: Radical ’CC’**  A domestic terrorists dies in an explosion and the S.W.A.T. must race to find his partner before more devices are detonated. | **M (V,A)**  +SSWA01-004+ |

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| 23:00 | **The Latest: Seven News ’CC’**  Latest news, sport and weather from Australia and around the world. | +7NTL19-121+ |

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| 23:30 | **Wimbledon 2019: Day 7 ’CC’ LIVE**  The Championships continue on the hallowed courts of Wimbledon. The world's best tennis players vie for the most prestigious Grand Slam, with immortality awaiting the winners. First ball 23:30 AEST. | +WMBL19-022+ |

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| 04:00 | **NBC Today ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-162+ |

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| 05:00 | **Seven Early News ’CC’**  Latest news, sport and weather from Australia and around the world. | +7ENN19-136+ |

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| 05:30 | **Sunrise ’CC’**  Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-136+ |

**Tuesday 09 July 2019**

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| 06:00 | **Sunrise ’CC’**  Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-136+ |

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| 09:00 | **The Morning Show ’CC’**  Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics. | **PG**  +TMSW19-125+ |

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| 11:30 | **Seven Morning News ’CC’**  Latest news, sport and weather from Australia and around the world. | +7MNN19-130+ |

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| 12:00 | **Christmas In July: A Fairytale Christmas (R) ’CC’ (2013)**  Belle secures a dream job with a hunky but grumpy client, Hunter Lowell. As his icy demeanor begins to melt, the arrival of a long-time suitor sends the holiday season into chaos. Starring:HAYLIE DUFF,NICHOLAS GONZALEZ,MARK FAMIGLIETTI,SHEREE J WILSON | **G**  +MARV02-008+ |

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| 14:00 | **The Daily Edition ’CC’**  Catch up on all of the hottest issues from today's news and entertainment with lively discussions, interviews and crosses to newsmakers around the country. | +TDED19-118+ |

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| 15:00 | **The Chase ’CC’**  Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G**  +CHSE08-063+ |

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| 16:00 | **Seven News At 4 ’CC’**  Breaking stories and news headlines from Melbourne and the rest of the state. | +7ANM19-136+ |

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| 17:00 | **The Chase Australia ’CC’**  It's a hit with audiences around the globe - now the general knowledge game show with a difference lands on our shores with The Chase Australia. Hosted by Andrew O'Keefe. | **G**  +CHAU07-085+ |

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| 18:00 | **Seven News ’CC’**  Breaking stories and news headlines from Melbourne and the rest of the state. | +7NNM19-190+ |

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| 19:00 | **Home And Away ’CC’**  Mackenzie's angered as Rick calls her bluff - who will have the last laugh? Dean struggles to relax into Rick's company on the yacht. Justin and Leah work together to help Ava through her difficulties | **PG**  +HAAW32-005+ |

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| 19:30 | **House Rules ’CC’**  The semi-finals continue with Shayn & Carly's QLD house getting a much needed garden makeover. With a place in the grand final up for grabs, teams face their toughest challenge yet. | **PG**  +HOSR07-037+ |

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| 21:00 | **Andrew Denton's Interview ’CC’**  Andrew Denton sits down with interesting, amazing people, and finds out what makes them tick. | **M**  +IVEW02-012+ |

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| 22:00 | **TBA:**  TBC | ++ |

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| 23:00 | **The Latest: Seven News ’CC’**  Latest news, sport and weather from Australia and around the world. | +7NTL19-122+ |

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| 23:30 | **Wimbledon 2019: Day 8 ’CC’ LIVE**  The Championships continue on the hallowed courts of Wimbledon. The world's best tennis players vie for the most prestigious Grand Slam, with immortality awaiting the winners. First ball 23:00 AEST. | +WMBL19-025+ |

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| 04:00 | **NBC Today ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-163+ |

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| 05:00 | **Seven Early News ’CC’**  Latest news, sport and weather from Australia and around the world. | +7ENN19-137+ |

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| 05:30 | **Sunrise ’CC’**  Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-137+ |

**Wednesday 10 July 2019**

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| 06:00 | **Sunrise ’CC’**  Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-137+ |

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| 09:00 | **The Morning Show ’CC’**  Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics. | **PG**  +TMSW19-126+ |

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| 11:30 | **Seven Morning News ’CC’**  Latest news, sport and weather from Australia and around the world. | +7MNN19-131+ |

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| 12:00 | **Christmas In July: A Perfect Christmas (R) ’CC’ (2016)**  Advertising executive Holly Maddux sells perfection in her ads. But when she gets the chance at her own perfect Christmas fantasy, it turns out perfection isn't so perfect after all. Starring:CLAIRE COFFEE,GABRIELLE DENNIS,RYAN MCPARTLIN | **PG (A)**  +MARV02-021+ |

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| 14:00 | **The Daily Edition ’CC’**  Catch up on all of the hottest issues from today's news and entertainment with lively discussions, interviews and crosses to newsmakers around the country. | +TDED19-119+ |

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| 15:00 | **The Chase ’CC’**  Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G**  +CHSE08-064+ |

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| 16:00 | **Seven News At 4 ’CC’**  Breaking stories and news headlines from Melbourne and the rest of the state. | +7ANM19-137+ |

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| 17:00 | **The Chase Australia ’CC’**  It's a hit with audiences around the globe - now the general knowledge game show with a difference lands on our shores with The Chase Australia. Hosted by Andrew O'Keefe. | **G**  +CHAU07-086+ |

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| 18:00 | **Seven News ’CC’**  Breaking stories and news headlines from Melbourne and the rest of the state. | +7NNM19-191+ |

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| 19:00 | **Home And Away ’CC’**  Jasmine and Robbo are touched when Colby organises a surprise party before the wedding. Ryder quits his job at the juice bar upon receiving a better offer from Mackenzie. | **PG (A)**  +HAAW32-006+ |

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| 19:30 | **Border Security - Australia's Front Line ’CC’ NEW EPISODE**  Go behind the scenes of Australia's customs, quarantine and immigration departments. | **PG**  +BORD14-004+ |

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| 20:00 | **The Force - Behind The Line (R) ’CC’**  Officers execute a warrant on a mortgage broker suspected of supplying fraudulent home loans. Police suspect homeowners are engaged in the illegal manufacture of methamphetamine. | **PG**  +TRUE9-016+ |

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| 20:30 | **The Super Switch ’CC’ DOUBLE EPISODE**  It's halfway through the experiment, and on their last day in the Northern Territory Marcus and Romina are taking some time away from the group to try and fix their relationship. | **M (L,S)**  +SYSW03-007+ |

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| 21:30 | **The Super Switch ’CC’**  The couples are ready to tackle the next part of the experiment and relationship experts waste no time in setting the task - to buy the perfect gift for their real-life partners with a budget of $100. | **M (L,S)**  +SYSW03-008+ |

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| 22:30 | **The Latest: Seven News ’CC’**  Latest news, sport and weather from Australia and around the world. | +7NTL19-123+ |

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| 23:00 | **Wimbledon 2019: Day 9 ’CC’ LIVE**  The Championships continue on the hallowed courts of Wimbledon. The world's best tennis players vie for the most prestigious Grand Slam, with immortality awaiting the winners. First ball 23:00 AEST. | +WMBL19-028+ |

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| 04:00 | **NBC Today ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-164+ |

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| 05:00 | **Seven Early News ’CC’**  Latest news, sport and weather from Australia and around the world. | +7ENN19-138+ |

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| 05:30 | **Sunrise ’CC’**  Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-138+ |

**Thursday 11 July 2019**

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| 06:00 | **Sunrise ’CC’**  Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-138+ |

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| 09:00 | **The Morning Show ’CC’**  Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics. | **PG**  +TMSW19-127+ |

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| 11:30 | **Seven Morning News ’CC’**  Latest news, sport and weather from Australia and around the world. | +7MNN19-132+ |

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| 12:00 | **Christmas In July: Back To Christmas (R) ’CC’ (2014)**  A woman travels back one year in time to the Christmas before her broken engagement and tries to repair what went wrong. She discovers that this is a challenging undertaking. Starring:GLORIA LORING,MICHAEL MUHNEY,KELLY OVERTON | **PG (A,L)**  +MARV02-003+ |

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| 14:00 | **The Daily Edition ’CC’**  Catch up on all of the hottest issues from today's news and entertainment with lively discussions, interviews and crosses to newsmakers around the country. | +TDED19-120+ |

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| 15:00 | **The Chase ’CC’**  Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G**  +CHSE08-065+ |

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| 16:00 | **Seven News At 4 ’CC’**  Breaking stories and news headlines from Melbourne and the rest of the state. | +7ANM19-138+ |

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| 17:00 | **The Chase Australia ’CC’**  It's a hit with audiences around the globe - now the general knowledge game show with a difference lands on our shores with The Chase Australia. Hosted by Andrew O'Keefe. | **G**  +CHAU07-087+ |

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| 18:00 | **Seven News ’CC’**  Breaking stories and news headlines from Melbourne and the rest of the state. | +7NNM19-192+ |

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| 19:00 | **Home And Away ’CC’**  Tommy invites Bella to a photography exhibition in the city. Robbo picks up on Jasmine's low mood and calls her on it. Raffy is feeling sidelined when Ryder is busy with his new job. | **PG (A)**  +HAAW32-007+ |

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| 19:30 | **Home And Away ’CC’**  Will Tommy stand Bella up? Robbo offers to track down Jasmine's father. Tori's anxious about having to meet Robbo's parents. | **PG (S,A)**  +HAAW32-008+ |

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| 20:00 | **Home And Away ’CC’**  Jasmine and Robbo's wedding day is finally here! Will Bella ditch the wedding to meet Tommy?Lance receives a mysterious phone call. | **PG (A)**  +HAAW32-009+ |

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| 20:30 | **The Front Bar ’CC’**  Join Sam Pang, Mick Molloy and Andy Maher as they share a laugh about the AFL world and catch up with stars of yesteryear and today. | **M**  +FBAR19-017+ |

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| 21:45 | **Britain's Got Talent: Semi Final 4 ’CC’**  The contestants show the judges that they have what it takes to reach the finale of Britain's Got Talent. | **PG**  +BRGT13-012+ |

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| 23:45 | **The Latest: Seven News ’CC’**  Latest news, sport and weather from Australia and around the world. | +7NTL19-124+ |

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| 00:15 | **Wimbledon 2019: Day 10 ’CC’ LIVE**  The Championships continue on the hallowed courts of Wimbledon. The world's best tennis players vie for the most prestigious Grand Slam, with immortality awaiting the winners. First ball 12:15am AEST. | +WMBL19-031+ |

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| 04:00 | **NBC Today ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-165+ |

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| 05:00 | **Seven Early News ’CC’**  Latest news, sport and weather from Australia and around the world. | +7ENN19-139+ |

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| 05:30 | **Sunrise ’CC’**  Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-139+ |

**Friday 12 July 2019**

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| 06:00 | **Sunrise ’CC’**  Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-139+ |

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| 09:00 | **The Morning Show ’CC’**  Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics. | **PG**  +TMSW19-128+ |

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| 11:30 | **Seven Morning News ’CC’**  Latest news, sport and weather from Australia and around the world. | +7MNN19-133+ |

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| 12:00 | **Christmas In July: Christmas With Holly (R) ’CC’ (2012)**  Traumatised by her mother's death, six year old girl Holly stops talking, but is cared for by her three uncles. The story unfolds for all of them as they find the importance of family. Starring:ADAM BALDWIN,LUCY GALLINA,MAURALEA AUSTIN,SEAN FARIS,CATHERINE BERUBE,JOSIE GALLINA,NAOMI BLACKHALL-BUTLER | **G**  +WDF51-008+ |

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| 14:00 | **The Daily Edition ’CC’**  Catch up on all of the hottest issues from today's news and entertainment with lively discussions, interviews and crosses to newsmakers around the country. | +TDED19-121+ |

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| 15:00 | **The Chase ’CC’**  Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G**  +CHSE07-007+ |

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| 16:00 | **Seven News At 4 ’CC’**  Breaking stories and news headlines from Melbourne and the rest of the state. | +7ANM19-139+ |

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| 17:00 | **The Chase Australia ’CC’**  It's a hit with audiences around the globe - now the general knowledge game show with a difference lands on our shores with The Chase Australia, Hosted by Andrew O'Keefe. | **G**  +CHAU05-258+ |

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| 18:00 | **Seven News ’CC’**  Breaking stories and news headlines from Melbourne and the rest of the state. | +7NNM19-193+ |

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| 19:00 | **Better Homes And Gardens ’CC’**  Joh and Pete take a tour of Cornerstone House. Karen makes chicken noodle soup. Ed makes vanille brie mousse with strawberries. Tara shows you how to make a teacup holder and iPad stand. | **G**  +BHAG25-024+ |

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| 19:30 | **Friday Night Countdown ’CC’**  A lead-up to the Friday night AFL match. | +FNCD19-017+ |

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| 20:00 | **AFL: Rnd 17: West Coast v Collingwood ’CC’ LIVE**  The Eagles convincingly won the Grand Final rematch at the MCG in round three, so the Magpies will be hell-bent on finally exacting revenge when they travel to Optus Stadium. Bounce time: 8.10pm AEST. | +AFLG19-171+ |

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| 23:00 | **AFL Post Game ’CC’ LIVE**  Post-game discussion and interviews. | +AFPG19-041+ |

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| 00:00 | **Wimbledon 2019: Day 11 (R) ’CC’ LIVE**  The Championships continue on the hallowed grass courts of Wimbledon. The world's greatest tennis players vie for the most prestigious Grand Slam, with immortality awaiting the winners. | +WMBL19-034+ |

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| 04:00 | **The Great Outdoors (R) ’CC’**  City Homicide star DANIEL MACPHERSON shows off his favourite spots in Melbourne. Jennifer Hawkins spends one night in Bangkok, the perfect stopover to shop and save. Starring:DANIEL MACPHERSON | **G**  +GO16-022+ |

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| 05:00 | **NBC Today ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-166+ |

**Saturday 13 July 2019**

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| 06:00 | **NBC Today ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-166+ |

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| 07:00 | **Weekend Sunrise ’CC’**  Wake up to a better breakfast with Basil Zempilas and Monique Wright, for all the latest entertainment, news, sport and weather. | +SSUN19-028+ |

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| 10:00 | **The Morning Show - Weekend ’CC’**  Join Larry Emdur and Kylie Gillies to catch up on all the highlights from this week's program, including a variety of segments on the latest news and entertainment. | **PG**  +TMSA19-023+ |

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| 12:00 | **House Of Wellness ’CC’**  Entertaining everybody to live a healthier life. Hosted by Luke Darcy, Rachael Finch, Jo Stanley and Luke Hines. | **PG**  +HOWL03-021+ |

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| 13:00 | **TBA:**  TBC | ++ |

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| 14:30 | **TBA:**  TBC | ++ |

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| 16:00 | **Better Homes And Gardens (R) ’CC’**  Joh and Pete visit a home that has moved their garden from the back to the middle of their house. Sarah Leslie shows some easy cash-saving ideas. Jason creates funky wall art using succulents. Starring:SARAH LESLIE | **G**  +BHAG24-015+ |

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| 17:00 | **Seven News At 5 ’CC’**  Seven brings you the latest developments in today's top stories at home and around the world, plus sport, finance and weather updates. | +7NAF19-055+ |

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| 17:30 | **Border Security - Australia's Front Line (R) ’CC’**  Customs suspect two men who have arrived separately may be connected somehow. An aggressive passenger turns nasty forcing officers to take dramatic action. A suspicious parcel is found by officers. | **PG**  +BORD-176+ |

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| 18:00 | **Seven News ’CC’**  Breaking stories and news headlines from Melbourne and the rest of the state. | +7NNM19-194+ |

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| 18:30 | **The Kick ’CC’ LIVE**  Footy's biggest personalities and current stars join Nat Edwards, Richo, Campbell Brown, Byron Cooke, and Jacqui Felgate for all the latest news and highlights of the weekend's AFL action. | +TKIC19-017+ |

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| 19:00 | **AFL: Rnd 17: Geelong v St Kilda ’CC’ LIVE**  Taking on the Cats at their GMHBA Stadium home is the AFL's toughest assignment in 2019, however the Saints have improved dramatically this year and will relish the challenge. Bounce time: 7.25pm AEST | +AFLG19-176+ |

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| 22:00 | **AFL Post Game ’CC’ LIVE**  Post-game discussion and interviews. | +AFPG19-042+ |

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| 22:45 | **Wimbledon 2019: Ladies Final ’CC’ LIVE**  The Championships continue on the hallowed courts of Wimbledon. The world's best tennis players vie for the most prestigious Grand Slam, with immortality awaiting the winners. First ball 23:15 AEST. | +WMBL19-036+ |

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| 04:00 | **Sons And Daughters (R) ’CC’ DOUBLE EPISODE**  Caroline makes a final decision about her unborn baby. Starring:NORMIE ROWE | **PG**  +SAD-963+ |

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| 04:30 | **Sons And Daughters (R) ’CC’**  Andy gets the biggest shock of his life. Wayne gets set to spring the trap on Alison. | **PG**  +SAD-964+ |

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| 05:00 | **House Of Wellness (R) ’CC’ ENCORE**  Entertaining everybody to live a healthier life. Hosted by Luke Darcy, Rachael Finch, Jo Stanley and Luke Hines. | **PG**  +HOWL03-020+ |