**Sunday 10 February 2019**

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| 06:00 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-035+ |

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| 07:00 | **Weekend Sunrise ’CC’** Wake up to a better breakfast with Basil Zempilas and Monique Wright, for all the latest entertainment, news, sport and weather. | +WSUN19-006+ |

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| 10:00 | **Morning Show - Weekend ’CC’** Join Larry Emdur and Kylie Gillies to catch up on all the highlights from this week's program, including a variety of segments on the latest news and entertainment. | **PG** +TMSU19-001+ |

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| 12:00 | **2019 Santos Tour Down Under: Men's Highlights ’CC’** A look back at some of the best moments from the 2019 Men's Santos Tour Down Under event.  | +TOUR19-016+ |

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| 13:00 | **Better Homes And Gardens (R) ’CC’** Joh, Adam, Jason, Graham and Tara help a family finish off the renovations that they began years ago. Karen makes a fennel spiced barbecue chicken salad. Dr Harry shares tips on how to keep pets cool. | **G** +BHAG24-001+ |

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| 14:00 | **Crash Investigation Unit: Mt Druitt (R) ’CC’** Follow the Crash Investigation Unit as it works through the intricate anatomy of car accidents on Australian roads - from the initial call-out to case closed. | **PG** +CIU2-007+ |

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| 14:30 | **Big Bash League: Melbourne Stars v Sydney Sixers ’CC’** Start time: 2.30pm AEDT. Things are sure to heat up in the final game of the regular BBL season as the Stars host the Sixers LIVE from The MCG. | +BBLC18-118+ |

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| 18:00 | **Seven News ’CC’** Breaking stories and news headlines from Melbourne and the rest of the state. | +7NNM19-041+ |

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| 19:00 | **My Kitchen Rules ’CC’** Teams have mixed expectations as they travel to Sydney for Josh & Austin’s Instant Restaurant. When the brutally honest brothers plate up, guests are left hangry and Manu’s just plain angry.  | **PG** +MYKR10-008+ |

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| 21:00 | **Operation: Live ’CC’ PREMIERE**A landmark event, for the first time on Australian TV, audiences go inside a legitimate operating room as actual surgery happens live. | **M (A)**+OPER01-001+ |

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| 22:15 | **Undercurrent: Real Murder Investigation (R) ’CC’ ENCORE**A true-crime series in the tradition of The Jinx and Making a Murderer. An active, unfolding investigation with twists, revelations and cliff-hangers. | **M (A,V)**+UNDR01-001+ |

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| 23:30 | **Undercurrent: Real Murder Investigation (R) ’CC’ ENCORE**A true-crime series in the tradition of The Jinx and Making a Murderer. An active, unfolding investigation with twists, revelations and cliff-hangers. | **M (A,V,L)**+UNDR01-002+ |

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| 00:30 | **Special: Behind The Blacklist: Season 6 ’CC’ (2018) PREMIERE**A special behind the scenes look at The Blacklist, ahead of its sixth season premiere.  | **M (V)**+NFFI75-001+ |

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| 01:00 | **Dr. Ken: Dicky Wexler's Last Show (R) DOUBLE EPISODE**Ken and Julie disagree over allowing a critically ill stand-up comic to perform at a benefit show. Allison has a crisis of confidence when she learns that her former patient is seeing a new therapist. | **PG (S)**+DKEN01-018+ |

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| 01:30 | **Dr. Ken: Ken's An Expert Witness (R)** Ken serves as an expert witness in a courtroom appearance that leaves many doubting his medical expertise. Dave sews a prom dress for Molly. | **PG** +DKEN01-019+ |

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| 03:00 | **TBA:** TBC | ++ |

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| 03:30 | **Harry's Practice (R) ’CC’** Dr. Harry learns to fly like a magpie... Dr Katrina meets TARA MOSS and her pet dog. | **G** +HPR-151+ |

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| 04:00 | **Meet The Press ’CC’** Chuck Todd interviews newsmakers from around the world. | +NBCM19-006+ |

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| 05:00 | **Seven Early News ’CC’** Latest news, sport and weather from Australia and around the world. | +7ENN19-030+ |

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| 05:30 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-030+ |

 **Monday 11 February 2019**

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| 06:00 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-030+ |

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| 09:00 | **The Morning Show ’CC’** Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics. | **PG** +TMSW19-018+ |

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| 11:30 | **Seven Morning News ’CC’** Latest news, sport and weather from Australia and around the world. | +7MNN19-024+ |

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| 12:00 | **TBA:** TBC | ++ |

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| 14:00 | **The Daily Edition ’CC’** Catch up on all of the hottest issues from today's news and entertainment with lively discussions, interviews and crosses to newsmakers around the country. | +TDED19-014+ |

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| 15:00 | **The Chase ’CC’** Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G** +CHSE09-001+ |

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| 16:00 | **Seven News At 4 ’CC’** Breaking stories and news headlines from Melbourne and the rest of the state. | +7ANM19-030+ |

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| 17:00 | **The Chase Australia ’CC’** It's a hit with audiences around the globe - now the general knowledge game show with a difference lands on our shores with The Chase Australia. Hosted by Andrew O'Keefe. | **G** +CHAU07-007+ |

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| 18:00 | **Seven News ’CC’** Breaking stories and news headlines from Melbourne and the rest of the state. | +7NNM19-042+ |

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| 19:00 | **My Kitchen Rules ’CC’** The power to send our first team home is in the hands of eight new teams as Group 2 become guests and jury at the all-new MKR Restaurant. Whose MKR dream will end tonight? | **PG (L)**+MYKR10-009+ |

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| 21:00 | **Instant Hotel ’CC’ SERIES RETURN**Get set to journey across Australia on a holiday like no other because there are no hotels and motels - only Aussies turning their homes into Instant Hotels. | **PG** +MYIH02-001+ |

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| 22:30 | **The Latest: Seven News ’CC’** Latest news, sport and weather from Australia and around the world. | +7NTL19-036+ |

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| 23:00 | **Undercurrent: Real Murder Investigation (R) ’CC’ ENCORE**A true-crime series in the tradition of The Jinx and Making a Murderer. An active, unfolding investigation with twists, revelations and cliff-hangers. | **M (A,V,L)**+UNDR01-002+ |

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| 00:00 | **Mistresses: Odd Couples (R) ’CC’** Karen receives a house call from Alec after her medical procedure proves to be more painful than expected. Paul's past transgressions continue to haunt April. | **M** +MSTR3-003+ |

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| 01:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-039+ |

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| 01:30 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-040+ |

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| 04:00 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-036+ |

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| 05:00 | **Seven Early News ’CC’** Latest news, sport and weather from Australia and around the world. | +7ENN19-031+ |

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| 05:30 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-031+ |

 **Tuesday 12 February 2019**

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| 06:00 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-031+ |

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| 09:00 | **The Morning Show ’CC’** Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics. | **PG** +TMSW19-019+ |

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| 11:30 | **Seven Morning News ’CC’** Latest news, sport and weather from Australia and around the world. | +7MNN19-025+ |

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| 12:00 | **TBA:** TBC | ++ |

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| 14:00 | **The Daily Edition ’CC’** Catch up on all of the hottest issues from today's news and entertainment with lively discussions, interviews and crosses to newsmakers around the country. | +TDED19-015+ |

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| 15:00 | **The Chase ’CC’** Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G** +CHSE09-002+ |

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| 16:00 | **Seven News At 4 ’CC’** Breaking stories and news headlines from Melbourne and the rest of the state. | +7ANM19-031+ |

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| 17:00 | **The Chase Australia ’CC’** It's a hit with audiences around the globe - now the general knowledge game show with a difference lands on our shores with The Chase Australia. Hosted by Andrew O'Keefe. | **G** +CHAU07-008+ |

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| 18:00 | **Seven News ’CC’** Breaking stories and news headlines from Melbourne and the rest of the state. | +7NNM19-043+ |

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| 19:00 | **My Kitchen Rules ’CC’** MKR's biggest fans host the biggest night ever, which includes two MKR firsts. | **PG** +MYKR10-010+ |

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| 21:00 | **The Good Doctor: Faces ’CC’** Dr. Andrews tries to convince a grieving family to donate their teenage daughter's face to another young girl whose face was horribly disfigured in an accident. | **M** +GOOD02-014+ |

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| 22:00 | **The Resident: Virtually Impossible ’CC’** Conrad, Kit, Mina and the Raptor work to save the life of a med student in need of a triple-organ transplant, drawing Bell back to the OR for one of the Chastain's riskiest surgeries yet. | **M (A,D)**+RESI02-013+ |

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| 23:00 | **The Latest: Seven News ’CC’** Latest news, sport and weather from Australia and around the world. | +7NTL19-037+ |

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| 23:30 | **The Family: All The Livelong Day (R) ’CC’** In dramatic flashbacks we find out about Adam's return to Red Pines, which plays out against the emotional backdrop of Willa's long-held secrets and lies. | **M (A,V)**+FAMI01-007+ |

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| 00:30 | **Botched Up Bodies (R) ’CC’ SEASON FINAL**Follow the top surgeons as they set about repairing the damage done with botched cosmetic surgery.  | **MA (A)**+BOTB3-004+ |

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| 01:30 | **Travel Oz: Christmas Island & Norfolk Island (R) ’CC’** Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG** +TRAV-001+ |

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| 04:00 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-037+ |

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| 05:00 | **Seven Early News ’CC’** Latest news, sport and weather from Australia and around the world. | +7ENN19-032+ |

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| 05:30 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-032+ |

 **Wednesday 13 February 2019**

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| 06:00 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-032+ |

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| 09:00 | **The Morning Show ’CC’** Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics. | **PG** +TMSW19-020+ |

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| 11:30 | **Seven Morning News ’CC’** Latest news, sport and weather from Australia and around the world. | +7MNN19-026+ |

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| 14:00 | **The Daily Edition ’CC’** Catch up on all of the hottest issues from today's news and entertainment with lively discussions, interviews and crosses to newsmakers around the country. | +TDED19-016+ |

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| 15:00 | **The Chase ’CC’** Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G** +CHSE09-003+ |

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| 16:00 | **Seven News At 4 ’CC’** Breaking stories and news headlines from Melbourne and the rest of the state. | +7ANM19-032+ |

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| 17:00 | **The Chase Australia ’CC’** It's a hit with audiences around the globe - now the general knowledge game show with a difference lands on our shores with The Chase Australia. Hosted by Andrew O'Keefe. | **G** +CHAU07-061+ |

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| 18:00 | **Seven News ’CC’** Breaking stories and news headlines from Melbourne and the rest of the state. | +7NNM19-044+ |

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| 19:00 | **My Kitchen Rules ’CC’** Victor and G host a unique dinner party. Will their fusion food cause confusion? | +MYKR10-011+ |

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| 21:00 | **Undercurrent: Real Murder Investigation ’CC’** A true-crime series in the tradition of The Jinx and Making a Murderer. An active, unfolding investigation with twists, revelations and cliff-hangers. | **M (D,A,V,L)**+UNDR01-003+ |

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| 22:00 | **Criminal Minds: Broken Wing ’CC’** A professor from Lewis' past tips off the BAU to an alarming number of overdose deaths of patients who just completed rehab. | **M (D,V,A)**+CRMD14-009+ |

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| 23:00 | **The Latest: Seven News ’CC’** Latest news, sport and weather from Australia and around the world. | +7NTL19-038+ |

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| 23:30 | **The Family: Sweet Jane (R) ’CC’** Claire wrestles with the emotional ramifications of Willa's scheming. Meanwhile, Nina observes that Adam disappears every night from his home and sets out to track down his mysterious destination. | **M (A,V)**+FAMI01-008+ |

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| 00:30 | **Marvel's Agent Carter (R)** In 1946, Peggy Carter is now a secretary for the Strategic Scientific Reserve. Howard Stark asks her for help when the country believes that he is selling deadly weapons to their enemies. | **M (V)**+MACA01-001+ |

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| 01:30 | **Travel Oz: Torres Strait, Falls Creek & Norfolk Island (R) ’CC’** Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG** +TRAV-003+ |

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| 04:00 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-038+ |

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| 05:00 | **Seven Early News ’CC’** Latest news, sport and weather from Australia and around the world. | +7ENN19-033+ |

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| 05:30 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-033+ |

 **Thursday 14 February 2019**

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| 06:00 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-033+ |

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| 09:00 | **The Morning Show ’CC’** Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics. | **PG** +TMSW19-021+ |

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| 11:30 | **Seven Morning News ’CC’** Latest news, sport and weather from Australia and around the world. | +7MNN19-027+ |

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| 12:00 | **TBA:** TBC | ++ |

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| 14:00 | **The Daily Edition ’CC’** Catch up on all of the hottest issues from today's news and entertainment with lively discussions, interviews and crosses to newsmakers around the country. | +TDED19-017+ |

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| 15:00 | **The Chase ’CC’** Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G** +CHSE07-114+ |

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| 16:00 | **Seven News At 4 ’CC’** Breaking stories and news headlines from Melbourne and the rest of the state. | +7ANM19-033+ |

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| 17:00 | **The Chase Australia ’CC’** It's a hit with audiences around the globe - now the general knowledge game show with a difference lands on our shores with The Chase Australia. Hosted by Andrew O'Keefe. | **G** +CHAU07-009+ |

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| 18:00 | **Seven News ’CC’** Breaking stories and news headlines from Melbourne and the rest of the state. | +7NNM19-045+ |

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| 19:00 | **Big Bash League: Pre-Game: Semi Final 1 ’CC’ LIVE**  | +BBLC18-203+ |

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| 19:30 | **Big Bash League: Semi Final 1: TBA v TBA ’CC’ LIVE**  | +BBLC18-121+ |

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| 23:00 | **The Latest: Seven News ’CC’** Latest news, sport and weather from Australia and around the world. | +7NTL19-039+ |

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| 23:30 | **The Family: Betta Male (R) ’CC’** Detective Nina Meyer searches for clues about Adam's history as she watches his therapy sessions, while a guilty Claire attempts to keep a furtive eye on Ben after Hank's dressing-down. | **M (V)**+FAMI01-009+ |

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| 00:30 | **Powerless: Sinking Day (R)** When Van's incompetence costs the team a client, Emily hopes to make a deal with the people of Atlantis and Van's father sets him on a path of redemption. | **PG (S,V)**+POWE01-003+ |

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| 01:00 | **Powerless: Emily Dates A Henchman (R)** After being urged by her team, Emily sets her sights on the dating world but unknowingly falls for one of the Riddler's henchmen. | **M (V,S)**+POWE01-004+ |

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| 01:30 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-044+ |

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| 04:00 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-039+ |

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| 05:00 | **Seven Early News ’CC’** Latest news, sport and weather from Australia and around the world. | +7ENN19-034+ |

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| 05:30 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-034+ |

 **Friday 15 February 2019**

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| 06:00 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-034+ |

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| 09:00 | **The Morning Show ’CC’** Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics. | **PG** +TMSW19-022+ |

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| 11:30 | **Seven Morning News ’CC’** Latest news, sport and weather from Australia and around the world. | +7MNN19-028+ |

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| 12:00 | **TBA:** TBC | ++ |

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| 14:00 | **The Daily Edition ’CC’** Catch up on all of the hottest issues from today's news and entertainment with lively discussions, interviews and crosses to newsmakers around the country. | +TDED19-018+ |

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| 15:00 | **The Chase ’CC’** Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G** +CHSE07-115+ |

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| 16:00 | **Seven News At 4 ’CC’** Breaking stories and news headlines from Melbourne and the rest of the state. | +7ANM19-034+ |

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| 17:00 | **The Chase Australia ’CC’** It's a hit with audiences around the globe - now the general knowledge game show with a difference lands on our shores with The Chase Australia, Hosted by Andrew O'Keefe. | **G** +CHAU05-222+ |

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| 18:00 | **Seven News ’CC’** Breaking stories and news headlines from Melbourne and the rest of the state. | +7NNM19-046+ |

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| 19:00 | **Better Homes And Gardens ’CC’** Joh and Pete check out a space-saving home that refines the art of the Tetris puzzle. Adam visits a blacksmith. Karen makes rustic salsa verde with seared ocean trout. | **G** +BHAG25-003+ |

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| 19:30 | **Big Bash League: Semi Final 2: TBA v TBA ’CC’ LIVE**  | +BBLC18-124+ |

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| 23:00 | **TBA:** TBC | ++ |

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| 00:30 | **Grey's Anatomy: Hold Back The River (R) ’CC’** Amelia, Koracick and DeLuca perform a risky, groundbreaking procedure using ultrasound waves to remove a young patient's brain tumor. | **M (A,S)**+GREY14-018+ |

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| 01:30 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-043+ |

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| 04:00 | **The Great Outdoors: The Great Outdoors Goes Cruising (R) ’CC’** The Great Outdoors goes cruising with Ernie in Vanuatu, Jennifer in New Zealand and Tom in India as we show you the best for all budgets. | **G** +GO17-018+ |

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| 05:00 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-040+ |

 **Saturday 16 February 2019**

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| 06:00 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-040+ |

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| 07:00 | **Weekend Sunrise ’CC’** Wake up to a better breakfast with Basil Zempilas and Monique Wright, for all the latest entertainment, news, sport and weather. | +SSUN19-007+ |

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| 10:00 | **The Morning Show - Weekend ’CC’** Join Larry Emdur and Kylie Gillies to catch up on all the highlights from this week's program, including a variety of segments on the latest news and entertainment. | **PG** +TMSA19-002+ |

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| 12:30 | **Seven's Horse Racing: Flemington - Lightning Stakes, Randwick: Apollo Stakes ’CC’** Start time: 12.00pm AEDT. A bevy of champion horses take to the track for the Apollo Stakes and Lightning Stakes LIVE from The Royal Randwick Racecourse and Flemington Racecourse. | +SHRC19-002+ |

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| 17:00 | **Seven News At 5 ’CC’** Seven brings you the latest developments in today's top stories at home and around the world, plus sport, finance and weather updates. | +7NAF19-013+ |

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| 17:30 | **Border Security - Australia's Front Line (R) ’CC’** An Australian returns from a holiday in Thailand with an illegal concealment stuffed in his underpants. Also, Officers are pushed to their limits by a Chinese man's outrageous behaviour. | **PG** +BORD-205+ |

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| 18:00 | **Seven News ’CC’** Breaking stories and news headlines from Melbourne and the rest of the state. | +7NNM19-047+ |

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| 19:00 | **Movie: The Day After Tomorrow (R) ’CC’ (2003)** When an ice-age threatens the world, a climatologist tries to figure out a way to save humanity and get to his young son in New York. Starring:JAY SANDERS,JAKE GYLLENHAAL,EMMY ROSSUM,DENNIS QUAID,SELA WARD,DASH MIHOK | **PG (A,L)**+FOXF01-008+ |

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| 21:30 | **Movie: 10 Cloverfield Lane (R) ’CC’ (2016)** After getting in a car accident, a woman is held in a shelter with two men, who claim the outside world is affected by a widespread chemical attack. Starring:MARY ELIZABETH WINSTEAD,JOHN GOODMAN,SUZANNE CRYER,JOHN GALLAGHER JR. | **M (V,L,A)**+PAFF02-001+ |

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| 23:30 | **The Goldbergs: Boy Barry (R) ’CC’** Murray grows a mustache, igniting a feud between Beverly and his best friend, Bill. Barry is convinced he's lost Lainey to Boy George. | **PG** +GOLB03-005+ |

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| 00:00 | **Grey's Anatomy: Beautiful Dreamer ’CC’** An agent from ICE shows up at Grey Sloan in search of an employee who may be working in the U.S. under DACA. | **M (A)**+GREY14-019+ |

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| 01:00 | **Grey's Anatomy: Judgement Day (R) ’CC’** Catherine reveals some shocking details to Jackson about his grandfather's past; and Jo steps in mid-operation on a major surgery after Bailey and Meredith are down for the count. | **M (D,A)**+GREY14-020+ |

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| 04:00 | **Sons And Daughters (R) ’CC’ DOUBLE EPISODE**Debbie and Craig find history repeats itself. Wayne spells out his terms to Susan. Starring:JARED ROBINSON,SHANNON KENNY | **PG** +SAD-921+ |

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| 04:30 | **Sons And Daughters (R) ’CC’** Susan finds she has a high price to pay for Beryl's freedom. Pamela starts her climb back to money and success. | **PG** +SAD-922+ |

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| 05:00 | **The Great Outdoors (R) ’CC’** Journey into the heartland of the world's most amazing an animal sanctuary - Africa's unforgettable Serengeti. | **G** +GO14-004+ |