**Sunday 12 May 2019**

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| 06:00 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-113+ |

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| 07:00 | **Weekend Sunrise ’CC’** Wake up to a better breakfast with Basil Zempilas and Monique Wright, for all the latest entertainment, news, sport and weather. | +WSUN19-019+ |

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| 10:00 | **AFL Game Day ’CC’** Hamish McLachlan hosts the biggest names in the game for a lively look at all the weekend's action, footy news and issues. | +GAMD19-008+ |

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| 11:30 | **VFL: Rnd 6: Box Hill v Footscray ’CC’** Last year's premiers remain a formidable force and the Hawks will need to be at their best when they take on a Footscray team that shapes as one of 2019's powerhouse teams. Bounce time: 11.50am AEST. | +VAFL19-006+ |

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| 14:30 | **Sunday Soapbox ’CC’** Pre-game coverage of the AFL match. | +SOAP19-008+ |

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| 15:00 | **AFL: Rnd 8: Hawthorn v GWS ’CC’** The Hawks have not beaten GWS since 2014, but will relish the opportunity to test themselves against a talented Giants team that shapes as one of 2019's genuine contenders. Bounce time: 3.20pm AEST. | +AFLG19-088+ |

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| 18:00 | **Seven News ’CC’** Breaking stories and news headlines from Melbourne and the rest of the state. | +7NNM19-132+ |

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| 19:00 | **House Rules ’CC’** The complete transformation of Lisa and Andy's brown brick nightmare is revealed. Judges Jamie Durie, Laurence Llewelyn-Bowen and Wendy Moore decide if teams have met the all-important House Rules. | **PG** +HOSR07-009+ |

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| 20:30 | **Sunday Night ’CC’** Melissa Doyle leads a team of Australia's best reporters, breaking the stories that matter. | +SNIT19-015+ |

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| 21:30 | **Deadly Dates: Nadine (R) ’CC’** 91 million of us search for love online, but internet dating can be dangerous. With access to the victims' families and police, this series looks at real life love stories that ended in tragedy. | **M (A,V)**+SRFM01-001+ |

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| 22:30 | **Criminal Confessions: Mountain City, Tn ’CC’** A gruesome execution style double murder of a young couple shakes a small mountain community in Eastern Tennessee. | **MA (A,V)**+CCON02-001+ |

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| 23:30 | **The Blacklist: Rassvet ’CC’** Alone in a foreign country after a mission goes catastrophically wrong, Katarina Rostova goes on the run to avoid the forces trying to hunt her down. | **M (V)**+BLKL06-019+ |

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| 00:30 | **American Crime: Episode Eleven (R) ’CC’** The case comes to a close, changing the lives of those involved forever. | **M (V,L)**+AMEC-011+ |

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| 01:30 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-077+ |

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| 02:00 | **TBA:** TBC | ++ |

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| 03:30 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-165+ |

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| 04:00 | **The Great Outdoors (R) ’CC’** Take the Tom Cruise 'Top Gun' tour of San Diego. Aussies Abroad - how to live in London and not spend a fortune. | **G** +GO16-010+ |

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| 05:00 | **Seven Early News ’CC’** Latest news, sport and weather from Australia and around the world. | +7ENN19-095+ |

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| 05:30 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-095+ |

 **Monday 13 May 2019**

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| 06:00 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-095+ |

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| 09:00 | **The Morning Show ’CC’** Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics. | **PG** +TMSW19-084+ |

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| 11:30 | **Seven Morning News ’CC’** Latest news, sport and weather from Australia and around the world. | +7MNN19-089+ |

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| 14:00 | **The Daily Edition ’CC’** Catch up on all of the hottest issues from today's news and entertainment with lively discussions, interviews and crosses to newsmakers around the country. | +TDED19-077+ |

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| 15:00 | **The Chase ’CC’** Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G** +CHSE10-008+ |

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| 16:00 | **Seven News At 4 ’CC’** Breaking stories and news headlines from Melbourne and the rest of the state. | +7ANM19-095+ |

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| 17:00 | **The Chase Australia ’CC’** It's a hit with audiences around the globe - now the general knowledge game show with a difference lands on our shores with The Chase Australia. Hosted by Andrew O'Keefe. | **G** +CHAU07-100+ |

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| 18:00 | **Seven News ’CC’** Breaking stories and news headlines from Melbourne and the rest of the state. | +7NNM19-133+ |

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| 19:00 | **Home And Away ’CC’** Reliving her past leads Jasmine to a startling realisation. Brody's hurt by Tori and Justin’s reaction to his news. Leah ponders the boundaries of her agreement with Justin. | **PG (A)**+HAAW31-186+ |

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| 19:30 | **House Rules ’CC’** Tonight on House Rules, the teams have worked hard to deliver on Lisa and Andy's Nordic inspired House Rules. But how will the Adelaide couple score their newly renovated home? | **PG** +HOSR07-010+ |

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| 21:00 | **9-1-1: Broken ’CC’** When Metro LA's 9-1-1 system is hit with a massive system-wide power outage, the call center must go old school in responding to emergencies. | **M (A)**+NINO02-014+ |

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| 22:00 | **Modern Family: Commencement ’CC’ NEW EPISODE**Cam is finally getting a chance to shine when he is asked to preside over the high school graduation ceremony at the last minute, while Jay gives the commencement address. | **PG** +MOFA10-021+ |

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| 22:30 | **Modern Family: A Year Of Birthdays ’CC’ SEASON FINAL**As the birth of Haley and Dylan's twins approaches, we take a look back at how each family member celebrated their birthdays this past year. | **PG** +MOFA10-022+ |

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| 23:00 | **The Latest: Seven News ’CC’** Latest news, sport and weather from Australia and around the world. | +7NTL19-089+ |

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| 23:30 | **Talking Footy (R) ’CC’** Luke Darcy, Tim Watson, Wayne Carey, Mick Warner dissect the week's AFL news and issues. | +TFOO19-008+ |

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| 00:30 | **Me, Myself & I: Star Wars ’CC’** Mid-life Alex is devastated when he learns that Ron showed Abby his favorite movie, Star Wars, for the first time - a moment he had been waiting for. | **PG** +MEMI01-004+ |

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| 01:00 | **Dr. Ken: Ken's Professor (R)** Old fears are resurrected when Ken has to treat his old medical school professor. | **PG** +DKEN02-019+ |

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| 01:30 | **Travel Oz: Blue Mountains Magic Festival (R) ’CC’** Greg discovers the talents of Bush Balladeers, the colour and excitement of a winter magic festival in the Blue Mountains and celebrations to mark the discovery of Australia by white settlers. | **PG** +TRAV3-002+ |

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| 04:00 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-114+ |

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| 05:00 | **Seven Early News ’CC’** Latest news, sport and weather from Australia and around the world. | +7ENN19-096+ |

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| 05:30 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-096+ |

 **Tuesday 14 May 2019**

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| 06:00 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-096+ |

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| 09:00 | **The Morning Show ’CC’** Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics. | **PG** +TMSW19-085+ |

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| 11:30 | **Seven Morning News ’CC’** Latest news, sport and weather from Australia and around the world. | +7MNN19-090+ |

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| 14:00 | **The Daily Edition ’CC’** Catch up on all of the hottest issues from today's news and entertainment with lively discussions, interviews and crosses to newsmakers around the country. | +TDED19-078+ |

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| 15:00 | **The Chase ’CC’** Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G** +CHSE10-009+ |

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| 16:00 | **Seven News At 4 ’CC’** Breaking stories and news headlines from Melbourne and the rest of the state. | +7ANM19-096+ |

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| 17:00 | **The Chase Australia ’CC’** It's a hit with audiences around the globe - now the general knowledge game show with a difference lands on our shores with The Chase Australia. Hosted by Andrew O'Keefe. | **G** +CHAU07-040+ |

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| 18:00 | **Seven News ’CC’** Breaking stories and news headlines from Melbourne and the rest of the state. | +7NNM19-134+ |

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| 19:00 | **Home And Away ’CC’** Will the Morgans get on board and support Brody in his decision? Bella frets that Raffy will blame her for Brody’s decision. Leah worries about blurring the lines with Justin. | **PG (S,A)**+HAAW31-187+ |

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| 19:30 | **House Rules ’CC’** Surfing sisters Mikaela and Eliza hand over the keys to their Margaret River region family home. Wanting a fresh start for their divorced mum, the girls have a strict set of House Rules for the teams. | **PG** +HOSR07-011+ |

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| 21:00 | **Andrew Denton: Interview ’CC’** Andrew Denton sits down with interesting, amazing people, and finds out what makes them tick.  | **M** +IVEW02-004+ |

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| 22:00 | **God Friended Me: Ready Player Two ’CC’ SERIES RETURN**Myles turns to his dad for help when he learns his latest friend suggestion was adopted after being abandoned at a church as a baby. Pria comes clean about Henry Chase. | **PG** +GFME01-012+ |

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| 23:00 | **The Latest: Seven News ’CC’** Latest news, sport and weather from Australia and around the world. | +7NTL19-090+ |

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| 23:30 | **The Goldbergs: The Living Room: A 100% True Story ’CC’ NEW EPISODE**Barry realizes that as a future doctor he should be more concerned about Murray's health, so he enlists the Jenkintown Posse and Coach Mellor to help get his father in shape. | **PG (L)**+GOLB06-008+ |

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| 00:00 | **Cosmetic Coffee: Brazilian Buttocks (R)** Follows one of Australia's leading Cosmetic and Dermatological Surgeons, Dr Daniel Lanzer, as he and his team perform incredible procedures on over 20 Aussie patients. | **M (A)**+CMCF01-009+ |

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| 00:30 | **Astronaut Wives Club: Retroattitude (R)** It's Scott Carpenter's turn to go up, and Rene receives the opportunity to tell her own story in LIFE Magazine. | **M (S)**+ASWC-003+ |

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| 01:30 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-078+ |

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| 04:00 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-115+ |

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| 05:00 | **Seven Early News ’CC’** Latest news, sport and weather from Australia and around the world. | +7ENN19-097+ |

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| 05:30 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-097+ |

 **Wednesday 15 May 2019**

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| 06:00 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-097+ |

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| 09:00 | **The Morning Show ’CC’** Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics. | **PG** +TMSW19-086+ |

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| 11:30 | **Seven Morning News ’CC’** Latest news, sport and weather from Australia and around the world. | +7MNN19-091+ |

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| 14:00 | **The Daily Edition ’CC’** Catch up on all of the hottest issues from today's news and entertainment with lively discussions, interviews and crosses to newsmakers around the country. | +TDED19-079+ |

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| 15:00 | **The Chase ’CC’** Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G** +CHSE10-010+ |

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| 16:00 | **Seven News At 4 ’CC’** Breaking stories and news headlines from Melbourne and the rest of the state. | +7ANM19-097+ |

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| 17:00 | **The Chase Australia ’CC’** It's a hit with audiences around the globe - now the general knowledge game show with a difference lands on our shores with The Chase Australia, Hosted by Andrew O'Keefe. | **G** +CHAU08-001+ |

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| 18:00 | **Seven News ’CC’** Breaking stories and news headlines from Melbourne and the rest of the state. | +7NNM19-135+ |

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| 19:00 | **Home And Away ’CC’** Bella proves to be a challenge for everyone. Have Leah and Justin ruined their friendship for good? | **PG (A)**+HAAW31-188+ |

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| 19:30 | **House Rules ’CC’** Teams are under the pump transforming Mikaela and Eliza's family home. Which team will win the early reveal challenge? | **PG** +HOSR07-012+ |

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| 21:00 | **The Bay ’CC’** When main suspect Nick goes missing, Lisa is concerned about Sean's possible involvement. The discovery of a key piece of evidence provokes a number of new theories. | **M (D,V,L)**+TBAY01-003+ |

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| 22:00 | **Criminal Minds: Sick And Evil ’CC’ NEW EPISODE**The BAU leads the investigation into a string of murders taking place in supposedly haunted houses in Lewiston, Maine. | **M (A,V)**+CRMD14-014+ |

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| 23:00 | **The Latest: Seven News ’CC’** Latest news, sport and weather from Australia and around the world. | +7NTL19-091+ |

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| 23:30 | **Blindspot: Hella Duplicitous ’CC’ SERIES RETURN**The team learns that Jane is slowly dying from being poisoned, but they don't know Remi is back; one of the symptoms of the poisoning - hallucinations - has her seeing Roman. | **M (V)**+BDSP04-001+ |

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| 00:30 | **The Catch: The Bad Girl (R) ’CC’** The AVI team digs deep into Margot's past to uncover the truth about who is set on destroying the Kensington Firm. | **M (V)**+CATC02-005+ |

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| 01:30 | **Travel Oz: Afghan Willie (R) ’CC’** This week, Greg meets the camel man of outback Australia, Afghan Willie, a hardy character who uses a camel train to explore much of Australia. | **PG** +TRAV3-003+ |

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| 04:00 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-116+ |

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| 05:00 | **Seven Early News ’CC’** Latest news, sport and weather from Australia and around the world. | +7ENN19-098+ |

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| 05:30 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-098+ |

 **Thursday 16 May 2019**

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| 06:00 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-098+ |

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| 09:00 | **The Morning Show ’CC’** Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics. | **PG** +TMSW19-087+ |

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| 11:30 | **Seven Morning News ’CC’** Latest news, sport and weather from Australia and around the world. | +7MNN19-092+ |

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| 13:30 | **TBA:** TBC | ++ |

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| 14:00 | **The Daily Edition ’CC’** Catch up on all of the hottest issues from today's news and entertainment with lively discussions, interviews and crosses to newsmakers around the country. | +TDED19-080+ |

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| 15:00 | **The Chase (R) ’CC’** Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G** +CHSE07-146+ |

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| 16:00 | **Seven News At 4 ’CC’** Breaking stories and news headlines from Melbourne and the rest of the state. | +7ANM19-098+ |

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| 17:00 | **The Chase Australia ’CC’** It's a hit with audiences around the globe - now the general knowledge game show with a difference lands on our shores with The Chase Australia, Hosted by Andrew O'Keefe. | **G** +CHAU08-002+ |

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| 18:00 | **Seven News ’CC’** Breaking stories and news headlines from Melbourne and the rest of the state. | +7NNM19-136+ |

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| 19:00 | **Home And Away ’CC’** Everyone struggles to deal with Bella’s out of control antics. The bomb shell that is Lustin spreads through the Bay. Alf returns. | **PG (S)**+HAAW31-189+ |

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| 19:30 | **Home And Away ’CC’** Colby finally makes a significant breakthrough with Bella. What is Alf hiding from Roo? Mason places his whole future in jeopardy. | **PG (D)**+HAAW31-190+ |

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| 20:00 | **Home And Away ’CC’** Roo struggles to deal with the fact that Alf and Martha are back together. Will Mason be charged with drug trafficking. Dean supports Ziggy as she begins the car restoration project. | **PG (D,A)**+HAAW31-191+ |

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| 20:30 | **The Front Bar ’CC’** Join Sam Pang, Mick Molloy and Andy Maher as they share a laugh about the AFL world and catch up with stars of yesteryear and today. | **M** +FBAR19-009+ |

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| 21:30 | **Britain's Got Talent ’CC’** With no shortage of variety or talent, the judging panel will be surprised, charmed and moved to tears by a whole host of acts whilst looking for 2019's winning performance. | **PG** +BRGT13-003+ |

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| 22:45 | **The Latest: Seven News ’CC’** Latest news, sport and weather from Australia and around the world. | +7NTL19-092+ |

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| 23:15 | **Andrew Denton: Interview: Casey Donovan (R) ’CC’ ENCORE**This week, Andrew interviews Australian singer Casey Donovan.  | **M (A,L)**+IVEW02-002+ |

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| 00:15 | **The Player: The Norseman (R) ’CC’** Alex tries to keep a serial killer inspired by Norse mythology from striking again, but ends up placing his teenage niece in danger. Johnson looks to stop an FBI investigation into the House. | **M (V)**+PLAY01-006+ |

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| 01:15 | **Travel Oz: The Great Barrier Reef (R) ’CC’** Follow researchers studying coral growth on the reef, marine biologists releasing turtle hatchlings and meet the acknowledged master mariner of the reef. | **PG** +TRAV3-004+ |

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| 04:00 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-117+ |

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| 05:00 | **Seven Early News ’CC’** Latest news, sport and weather from Australia and around the world. | +7ENN19-099+ |

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| 05:30 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-099+ |

 **Friday 17 May 2019**

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| 06:00 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-099+ |

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| 09:00 | **The Morning Show ’CC’** Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics. | **PG** +TMSW19-088+ |

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| 11:30 | **Seven Morning News ’CC’** Latest news, sport and weather from Australia and around the world. | +7MNN19-093+ |

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| 12:00 | **Midday Movie: She Made Them Do It ’CC’ (2013)** The true story of convicted felon Sarah Pender who has been found guilty of masterminding a double murder. | **M (S,V,L)**+AETN03-023+ |

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| 14:00 | **The Daily Edition ’CC’** Catch up on all of the hottest issues from today's news and entertainment with lively discussions, interviews and crosses to newsmakers around the country. | +TDED19-081+ |

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| 15:00 | **The Chase (R) ’CC’** Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G** +CHSE07-147+ |

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| 16:00 | **Seven News At 4 ’CC’** Breaking stories and news headlines from Melbourne and the rest of the state. | +7ANM19-099+ |

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| 17:00 | **The Chase Australia ’CC’** It's a hit with audiences around the globe - now the general knowledge game show with a difference lands on our shores with The Chase Australia, Hosted by Andrew O'Keefe. | **G** +CHAU05-055+ |

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| 18:00 | **Seven News ’CC’** Breaking stories and news headlines from Melbourne and the rest of the state. | +7NNM19-137+ |

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| 19:00 | **Better Homes And Gardens ’CC’** TBC  | **G** +BHAG25-016+ |

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| 19:30 | **Friday Night Countdown ’CC’ LIVE**A lead-up to the Friday night AFL match. | +FNCD19-009+ |

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| 20:00 | **AFL: Rnd 9: West Coast v Melbourne ’CC’ LIVE**The Eagles belted the Demons at Optus Stadium in last year's preliminary final, but the Dees will take confidence from winning the teams' only other clash at the Perth venue. Bounce time: 8.10pm AEST | +AFLG19-091+ |

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| 23:00 | **AFL Post Game ’CC’ LIVE**Post-game discussion and interviews. | +AFPG19-022+ |

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| 00:00 | **The Player: A House Is Not A Home (R) ’CC’** Alex races to stop a demolitions expert from taking revenge on the bank that foreclosed on his home. Cassandra finds new information about Ginny's whereabouts. | **M (V)**+PLAY01-007+ |

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| 01:00 | **Travel Oz: Bilby Release (R) ’CC’** This week, Greg Grainger follows the highly endangered Bilby story, from a captive breeding program to a release. | **PG** +TRAV3-005+ |

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| 01:30 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-079+ |

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| 02:00 | **TBA:** TBC | ++ |

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| 04:00 | **The Great Outdoors (R) ’CC’** SHOPPING HOLIDAYS SPECIAL - Join us to find out where to grab the best bargains in the world. | **G** +GO16-011+ |

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| 05:00 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-118+ |

 **Saturday 18 May 2019**

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| 06:00 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-118+ |

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| 07:00 | **Weekend Sunrise ’CC’** Wake up to a better breakfast with Basil Zempilas and Monique Wright, for all the latest entertainment, news, sport and weather. | +SSUN19-020+ |

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| 10:00 | **The Morning Show - Weekend ’CC’** Join Larry Emdur and Kylie Gillies to catch up on all the highlights from this week's program, including a variety of segments on the latest news and entertainment. | **PG** +TMSA19-015+ |

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| 12:00 | **House Of Wellness ’CC’** Entertaining everybody to live a healthier life. Hosted by Luke Darcy, Rachael Finch, Jo Stanley and Luke Hines. | **PG** +HOWL03-013+ |

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| 14:30 | **TBA:** TBC | ++ |

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| 16:00 | **Better Homes And Gardens (R) ’CC’** Joh, Tara, Jason, Graham and Adam team up to do a surprise home makeover for a woman who lost her husband while serving in Afghanistan. Karen makes roast leg of lamb with garlic and rosemary. | **G** +BHAG24-010+ |

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| 17:00 | **Seven News: Federal Election 2019: Australia Decides ’CC’ (2019) LIVE**Join Seven News with special live coverage of the 2019 Federal Election.  | +7NSP19-011+ |

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| 18:00 | **Seven News ’CC’** Breaking stories and news headlines from Melbourne and the rest of the state. | +7NNM19-138+ |

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| 18:30 | **Seven News: Federal Election 2019: Australia Decides ’CC’ (2019) LIVE**Join Seven News with special live coverage of the 2019 Federal Election.  | +7NSP19-012+ |

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| 23:00 | **Movie: The Theory Of Everything (R) ’CC’ (2014)** A look at the life of the famous physicist Stephen Hawking and Jane Wilde, the arts student he fell in love with whilst studying at Cambridge. Starring:CHARLIE COX,HARRY LLOYD,DAVID THEWLIS,EMILY WATSON,EDDIE REDMAYNE,FELICITY JONES,MAXINE PEAKE,TOM PRIOR,SIMON MCBURNEY | **PG (A)**+NBCF31-009+ |

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| 01:30 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-073+ |

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| 04:00 | **Sons And Daughters (R) ’CC’ DOUBLE EPISODE**Fiona has to face a heart- breaking decision. | **PG** +SAD-947+ |

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| 04:30 | **Sons And Daughters (R) ’CC’** Beryl shocks Craig with a surprise decision. | **PG** +SAD-948+ |

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| 05:00 | **House Of Wellness (R) ’CC’ ENCORE**Entertaining everybody to live a healthier life. Hosted by Luke Darcy, Rachael Finch, Jo Stanley and Luke Hines. | **PG** +HOWL03-012+ |