**Sunday 20 January 2019**

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| 06:00 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-017+ |

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| 07:00 | **Weekend Sunrise ’CC’** Wake up to a better breakfast with Basil Zempilas and Monique Wright, for all the latest entertainment, news, sport and weather. | +WSUN19-003+ |

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| 10:00 | **2019 Santos Tour Down Under: Women's Highlights ’CC’** The highlights from the largest Festival of Cycling in the southern hemisphere. | +TOUR19-015+ |

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| 11:00 | **2019 Santos Tour Down Under: Stage 6 ’CC’** Not just a bike race, the Santos Tour Down Under is home to the largest Festival of Cycling in the southern hemisphere. | +TOUR19-006+ |

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| 16:00 | **Better Homes And Gardens (R) ’CC’** Joh and Ed cook up a smaller, fast ham that's easier to baste than a full leg. Graham gives some teracotta pots Christmas cheer. Tara gets back to basics with rustic outdoor Christmas decorations. | **G** +BHAG24-042+ |

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| 17:00 | **Seven News At 5 ’CC’** Seven brings you the latest developments in today's top stories at home and around the world, plus sport, finance and weather updates. | +7NAF19-006+ |

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| 17:30 | **Border Security - Australia's Front Line (R) ’CC’** Officers are worried that a Chinese national may be a drug trafficker when they discover her unusual movements. A South Korean student is pulled aside over undeclared cigarettes. | **PG** +BORD13-005+ |

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| 18:00 | **Seven News ’CC’**   | +7NNM19-020+ |

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| 19:00 | **Big Bash League: Sydney Sixers v Brisbane ’CC’ LIVE**Sydney Sixers take on Brisbane Heat LIVE from the SCG. Start time: 7.15pm AEDT. | +BBLC18-076+ |

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| 22:30 | **The Latest: Seven News ’CC’** Latest news, sport and weather from Australia and around the world. | +7NTL19-024+ |

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| 23:00 | **2019 Santos Tour Down Under: Event Highlights ’CC’** The highlights from the largest Festival of Cycling in the southern hemisphere. | +TOUR19-014+ |

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| 00:00 | **Dr. Ken: Ken's Physical (R) DOUBLE EPISODE**Allison informs Ken that before they can buy life insurance, she'll need a record of his latest physical. | **PG (S)**+DKEN01-012+ |

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| 00:30 | **Dr. Ken: D.K. And The Dishwasher (R)** Ken's dad arrives for a surprise visit and immediately begins to tackle tasks around the house that Ken has been avoiding. | **PG (S)**+DKEN01-013+ |

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| 01:00 | **Travel Oz: Top End (R) ’CC’** Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **G** +TRAV4-026+ |

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| 01:30 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-023+ |

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| 02:00 | **TBA:** TBC | ++ |

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| 03:00 | **TBA:** TBC | ++ |

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| 03:30 | **Harry's Practice (R) ’CC’** Five dogs go for Gold in the Canine Commonwealth Games. | **G** +HPR-148+ |

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| 04:00 | **Meet The Press ’CC’** Chuck Todd interviews newsmakers from around the world. | +NBCM19-003+ |

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| 05:00 | **Seven Early News ’CC’** Latest news, sport and weather from Australia and around the world. | +7ENN19-015+ |

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| 05:30 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-015+ |

 **Monday 21 January 2019**

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| 06:00 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-015+ |

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| 09:00 | **The Morning Show ’CC’** Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics. | **PG** +TMSW19-006+ |

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| 11:30 | **Seven Morning News ’CC’** Latest news, sport and weather from Australia and around the world. | +7MNN19-012+ |

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| 12:00 | **Midday Movie: Dancing At The Harvest Moon (R) ’CC’ (2002)** A betrayed wife, whose husband leaves her after 25 years, returns to the lake where she first fell in love and begins an affair with the son of her first love. Starring:JACQUELINE BISSET,ERIC MABIUS,NAN MARTIN,VALERIE HARPER,SUSAN ANSPACH | **PG (A,S)**+SPCF02-014+ |

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| 14:00 | **The Daily Edition ’CC’** Catch up on all of the hottest issues from today's news and entertainment with lively discussions, interviews and crosses to newsmakers around the country. | +TDED19-006+ |

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| 15:00 | **The Chase (R) ’CC’** Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G** +CHSE07-099+ |

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| 16:00 | **Seven News At 4 ’CC’**   | +7ANM19-015+ |

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| 17:00 | **The Chase Australia (R) ’CC’** It's a hit with audiences around the globe - now the general knowledge game show with a difference lands on our shores with The Chase Australia, Hosted by Andrew O'Keefe. | **G** +CHAU05-117+ |

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| 18:00 | **Seven News ’CC’**   | +7NNM19-021+ |

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| 19:00 | **Big Bash League: Adelaide v Hobart ’CC’ LIVE**Start time: 7.15pm AEDT. Rashid Khan and the fast-bowling Strikers aim to put a stop to the rampaging Hurricanes LIVE from Adelaide Oval. | +BBLC18-079+ |

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| 22:30 | **The Latest: Seven News ’CC’** Latest news, sport and weather from Australia and around the world. | +7NTL19-025+ |

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| 23:00 | **The Goldbergs: Spaceballs ’CC’ NEW EPISODE**Adam tries to start a Mel Brooks club after he sees the movie Spaceballs"; Jackie mistakes his club advertisement for political satire and puts it in the school paper. | **PG** +GOLB05-021+ |

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| 23:30 | **The Goldbergs: Let's Val Kilmer This Car ’CC’ NEW EPISODE**When Lainey moves back to town, Barry asks her to the prom; Erica tells Murray she has made a final decision about her future in college. | **PG** +GOLB05-022+ |

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| 00:00 | **Astronaut Wives Club: Landing (R) SEASON FINAL**It's 1969, and Apollo 11's historic moon landing is cause for worldwide celebration and a high point for the Astro-families. | **PG (V,A)**+ASWC-010+ |

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| 01:00 | **Travel Oz: Uluru (R) ’CC’** Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **G** +TRAV4-027+ |

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| 01:30 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-024+ |

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| 04:00 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-018+ |

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| 05:00 | **Seven Early News ’CC’** Latest news, sport and weather from Australia and around the world. | +7ENN19-016+ |

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| 05:30 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-016+ |

 **Tuesday 22 January 2019**

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| 06:00 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-016+ |

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| 09:00 | **The Morning Show ’CC’** Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics. | **PG** +TMSW19-007+ |

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| 11:30 | **Seven Morning News ’CC’** Latest news, sport and weather from Australia and around the world. | +7MNN19-013+ |

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| 12:00 | **Midday Movie: Ike: Countdown To D-Day (R) ’CC’ (2004)** A study of the days leading up to the Normandy invasion through the eyes of Eisenhower and Winston Churchill. Starring:GERALD MCRANEY,JAMES REMAR,IAN MUNE,TOM SELLECK,TIMOTHY BOTTOMS | **PG (A,L)**+SPCF02-026+ |

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| 14:00 | **The Daily Edition ’CC’** Catch up on all of the hottest issues from today's news and entertainment with lively discussions, interviews and crosses to newsmakers around the country. | +TDED19-007+ |

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| 15:00 | **The Chase (R) ’CC’** Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G** +CHSE07-100+ |

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| 16:00 | **Seven News At 4 ’CC’**   | +7ANM19-016+ |

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| 17:00 | **The Chase Australia (R) ’CC’** It's a hit with audiences around the globe - now the general knowledge game show with a difference lands on our shores with The Chase Australia, Hosted by Andrew O'Keefe. | **G** +CHAU05-122+ |

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| 18:00 | **Seven News ’CC’**   | +7NNM19-022+ |

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| 19:00 | **Big Bash League: Sydney Thunder v Melbourne Ren ’CC’ LIVE**Start time: 7.15pm AEDT. You don't want to miss a single ball as the big-hitting Thunder host the Renegades LIVE from Spotless Stadium, Sydney. | +BBLC18-082+ |

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| 22:30 | **The Latest: Seven News ’CC’** Latest news, sport and weather from Australia and around the world. | +7NTL19-026+ |

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| 23:00 | **Special: The Illusionists ’CC’ (2015) PREMIERE**A showcase of some of the greatest magic tricks the world has ever seen.  | **PG (A)**+SPEC19-001+ |

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| 00:00 | **The Catch: The Package (R) ’CC’** Ben agrees to help Rhys with one of their biggest cons to date: to break Leah Wells out of FBI custody. Meanwhile, Sophie asks Alice and the AVI team to help a friend get out of a very bad contract. | **M (V,S)**+CATC01-008+ |

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| 01:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-025+ |

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| 01:30 | **Travel Oz: Newell Highway (R) ’CC’** Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG** +TRAV4-028+ |

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| 04:00 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-019+ |

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| 05:00 | **Seven Early News ’CC’** Latest news, sport and weather from Australia and around the world. | +7ENN19-017+ |

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| 05:30 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-017+ |

 **Wednesday 23 January 2019**

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| 06:00 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-017+ |

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| 09:00 | **The Morning Show ’CC’** Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics. | **PG** +TMSW19-008+ |

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| 11:30 | **Seven Morning News ’CC’** Latest news, sport and weather from Australia and around the world. | +7MNN19-014+ |

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| 12:00 | **Movie: Pleasantville (R)** Two 1990s teenagers find themselves in a 1950s sitcom where their influence begins to profoundly change that complacent world. Starring:JOAN ALLEN,JEFF DANIELS,REESE WITHERSPOON,PAUL WALKER,WILLIAM H MACY,TOBEY MAGUIRE | **PG (S,L)**+WBFF01-035+ |

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| 14:30 | **Big Bash League: Melbourne Stars v Adelaide ’CC’ LIVE**Start time: 3.00pm AEDT. The Stars and the Strikers descend on country Victoria as Glenn Maxwell's boys take on the Strikers LIVE from Moe, Victoria. | +BBLC18-085+ |

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| 18:00 | **Seven News ’CC’**   | +7NNM19-023+ |

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| 19:00 | **Big Bash League: Sydney Sixers v Hobart ’CC’ LIVE**Start time: 7.15pm AEDT. The Sixers are hungry to even the score after a five wicket loss in their last meeting as they take on the Hurricanes LIVE from the SCG, Sydney. | +BBLC18-088+ |

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| 22:30 | **The Latest: Seven News ’CC’** Latest news, sport and weather from Australia and around the world. | +7NTL19-027+ |

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| 23:00 | **Killer Tapes: The Gameshow Serial Killer (R) ’CC’** This episode reveals the extraordinary game of cat and mouse that Pembrokeshire detectives waged against a man they suspected had brutally murdered at least four people. | **M (V,L)**+POTA01-003+ |

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| 00:00 | **Quantico: Drive (R) ’CC’** The NATS are dispatched to various field offices where Alex and Ryan find themselves working a case. In the future, Alex doesn't know who to trust after finding new information about the man she loves Starring:AUNJANUE ELLIS,JAKE MCLAUGHLIN,JOSH HOPKINS,JOHANNA BRADDY,PRIYANKA CHOPRA,ROGERS FAMILY,YASMINE AL MASRI | **M (V)**+QUAN01-020+ |

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| 01:00 | **Travel Oz: Canola Trail (R) ’CC’** Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG** +TRAV4-029+ |

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| 01:30 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-026+ |

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| 04:00 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-020+ |

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| 05:00 | **Seven Early News ’CC’** Latest news, sport and weather from Australia and around the world. | +7ENN19-018+ |

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| 05:30 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-018+ |

 **Thursday 24 January 2019**

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| 06:00 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-018+ |

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| 09:00 | **The Morning Show ’CC’** Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics. | **PG** +TMSW19-009+ |

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| 11:30 | **Seven Morning News ’CC’** Latest news, sport and weather from Australia and around the world. | +7MNN19-015+ |

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| 12:00 | **Better Homes And Gardens Summer (R) ’CC’** Joh, Karen and Jason team up to show you the best of Europe, from train journeys and wine in France to castles in Germany. Also Dr Harry meets some amazing Canadian wildlife. | **G** +BHGS13-007+ |

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| 13:00 | **Test Cricket: Aust v Sri Lanka: Pre Game ’CC’** A look ahead at day 1 of the fifth test between Australian and Sri Lanka. | +CRIC18-501+ |

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| 14:00 | **Test Cricket: Aust v Sri Lanka: Test 1 - Day 1 ’CC’ LIVE**Start time: 1.00pm AEDT. The summer of cricket continues as the Aussies take on Sri Lanka LIVE from The Gabba, Brisbane. | +CRIC18-502+ |

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| 16:20 | **Test Cricket: Aust v Sri Lanka: Test 1 - Day 1 ’CC’ LIVE**Start time: 1.00pm AEDT. The summer of cricket continues as the Aussies take on Sri Lanka LIVE from The Gabba, Brisbane. | +CRIC18-504+ |

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| 18:00 | **Seven News ’CC’**   | +7NNM19-024+ |

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| 19:00 | **Test Cricket: Aust v Sri Lanka: Test 1 - Day 1 ’CC’ LIVE**Start time: 1.00pm AEDT. The summer of cricket continues as the Aussies take on Sri Lanka LIVE from The Gabba, Brisbane. | +CRIC18-506+ |

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| 21:30 | **Big Bash League: Perth v Sydney Thunder ’CC’ LIVE**Start time: 8.40pm AEDT. Can Ashton Turner's Scorchers capitalise on a home-ground advantage when they host an in form Thunder line-up LIVE from Optus Stadium, Perth. | +BBLC18-091+ |

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| 01:00 | **Grey's Anatomy: Four Seasons In One Day ’CC’** Jo finally faces her estranged, abusive husband Paul Stadler, while Grey Sloan continues to work with the FBI after a hacker has compromised the hospital's computer system. | **M (A,V,S)**+GREY14-009+ |

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| 03:30 | **TBA:** TBC | ++ |

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| 04:00 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-021+ |

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| 05:00 | **Seven Early News ’CC’** Latest news, sport and weather from Australia and around the world. | +7ENN19-019+ |

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| 05:30 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-019+ |

 **Friday 25 January 2019**

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| 06:00 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-019+ |

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| 09:00 | **The Morning Show ’CC’** Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics. | **PG** +TMSW19-010+ |

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| 11:30 | **Seven Morning News ’CC’** Latest news, sport and weather from Australia and around the world. | +7MNN19-016+ |

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| 12:00 | **Better Homes and Gardens Summer (R) ’CC’** Joh and Clive show the ins and outs of adding pre-fab extensions to your home. Adam makes a bed that looks like a bulldozer. Karen makes barbecue pork and fennel sausage with salad.  | **G** +BHGS15-004+ |

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| 13:00 | **Test Cricket: Aust v Sri Lanka: Pre Game ’CC’** A look ahead at day 2 of the fifth test between Australian and Sri Lanka. | +CRIC18-507+ |

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| 14:00 | **Test Cricket: Aust v Sri Lanka: Test 1 - Day 2 ’CC’ LIVE**Start time: 1.00pm AEDT. Things are set to heat up between Australia and Sri Lanka on day two LIVE from The Gabba, Brisbane. | +CRIC18-508+ |

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| 16:20 | **Test Cricket: Aust v Sri Lanka: Test 1 - Day 2 ’CC’ LIVE**Start time: 1.00pm AEDT. Things are set to heat up between Australia and Sri Lanka on day two LIVE from The Gabba, Brisbane. | +CRIC18-510+ |

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| 18:00 | **Seven News ’CC’**   | +7NNM19-025+ |

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| 19:00 | **Test Cricket: Aust v Sri Lanka: Test 1 - Day 2 ’CC’ LIVE**Start time: 1.00pm AEDT. Things are set to heat up between Australia and Sri Lanka on day two LIVE from The Gabba, Brisbane. | +CRIC18-512+ |

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| 21:30 | **Movie: U.S. Marshals (R) ’CC’ (1998)** U.S. Marshal Samuel Gerard and his team of Marshals are assigned to track down Sheridan, who has been accused of a double-murder. Starring:JOE PANTOLIANO,ROBERT DOWNEY JR.,WESLEY SNIPES,TOMMY LEE JONES | **M (V,L)**+WBFF03-122+ |

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| 00:10 | **Grey's Anatomy: Personal Jesus ’CC’** A young boy is admitted to Grey Sloan Memorial and his case has a profound impact on the doctors. Also, April is faced with a surprising patient, and Jo continues to deal with her estranged husband. | **M (A,V,S)**+GREY14-010+ |

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| 01:05 | **Grey's Anatomy: (Don't Fear) The Reaper ’CC’** The stress of managing the hospital and coming to terms with Ben's decision to become a Seattle firefighter pushes Bailey to her limits. | **M (A)**+GREY14-011+ |

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| 04:00 | **The Great Outdoors (R) ’CC’** Tom Williams begins one of the most incredible walks on earth, to the Lost World of the Incas. | **G** +GO17-013+ |

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| 05:00 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-022+ |

 **Saturday 26 January 2019**

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| 06:00 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-022+ |

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| 07:00 | **Weekend Sunrise ’CC’** Wake up to a better breakfast with Basil Zempilas and Monique Wright, for all the latest entertainment, news, sport and weather. | +SSUN19-004+ |

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| 10:00 | **Women's Big Bash League: Final: TBA v TBA ’CC’ LIVE**  | +WBBL18-042+ |

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| 11:40 | **Women's Big Bash League: Final: TBA v TBA ’CC’ LIVE**  | +WBBL18-043+ |

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| 13:00 | **Test Cricket: Aust v Sri Lanka: Pre Game ’CC’** A look ahead at day 3 of the fifth test between Australian and Sri Lanka. | +CRIC18-513+ |

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| 14:00 | **Test Cricket: Aust v Sri Lanka: Test 1 - Day 3 ’CC’ LIVE**Start time: 1.00pm AEDT. The battle continues on day three as the Aussies host Sri Lanka LIVE from The Gabba, Brisbane. | +CRIC18-514+ |

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| 16:20 | **Test Cricket: Aust v Sri Lanka: Test 1 - Day 3 ’CC’ LIVE**Start time: 1.00pm AEDT. The battle continues on day three as the Aussies host Sri Lanka LIVE from The Gabba, Brisbane. | +CRIC18-516+ |

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| 18:00 | **Seven News ’CC’**   | +7NNM19-026+ |

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| 19:00 | **Test Cricket: Aust v Sri Lanka: Test 1 - Day 3 ’CC’ LIVE**Start time: 1.00pm AEDT. The battle continues on day three as the Aussies host Sri Lanka LIVE from The Gabba, Brisbane. | +CRIC18-518+ |

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| 21:30 | **Movie: Morgan ’CC’ (2016) PREMIERE**A corporate troubleshooter is sent to a remote, top-secret location, where she is to investigate and evaluate a terrifying accident. | **MA (V)**+FOXF06-009+ |

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| 23:30 | **Hooked On The Look (R) ’CC’** Adopted sisters Charm and Brittani keep it in the family when it comes to their surgery. Their dad is a cosmetic surgeon, and as well as giving the pair regular Botox, he performed their boob jobs. | **M (A)**+HOTL01-004+ |

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| 00:00 | **Grey's Anatomy: Harder, Better, Faster, Stronger ’CC’ DOUBLE EPISODE**April is in charge of the new Grey Sloan Surgical Innovation Contest, and the doctors are eager to start their projects. Also, Catherine's old friend has a shocking idea for Catherine and Jackson. | **M (A,S)**+GREY14-012+ |

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| 01:00 | **Grey's Anatomy: You Really Got A Hold On Me (R) ’CC’** When Seattle firefighters Ben Warren and Andy Herrera head to Grey Sloan after rescuing two boys that are injured in a house fire, Andy's skills are tested. | **M (A)**+GREY14-013+ |

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| 02:00 | **TBA:** TBC | ++ |

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| 02:30 | **TBA:** TBC | ++ |

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| 03:00 | **TBA:** TBC | ++ |

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| 03:30 | **TBA:** TBC | ++ |

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| 04:00 | **Sons And Daughters (R) ’CC’ DOUBLE EPISODE**Who is the mysterious man in Susan's life? Beryl's defence gets an unexpected shot in the arm. | **PG** +SAD-915+ |

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| 04:30 | **Sons And Daughters (R) ’CC’** The identity of Wayne's would- be killer is revealed. | **PG** +SAD-916+ |

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| 05:00 | **House Of Wellness: Summer Special (R) ’CC’ ENCORE**Hosted by Ed Phillips and Zoe Marshall, with feature guests and locations that highlight living well is important but can also be fun. | **PG** +HOWL02-046+ |