**Sunday 21 April 2019**

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| 06:00 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-095+ |

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| 07:00 | **Weekend Sunrise ’CC’** Wake up to a better breakfast with Basil Zempilas and Monique Wright, for all the latest entertainment, news, sport and weather. | +WSUN19-016+ |

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| 10:00 | **AFL Game Day ’CC’** Hamish McLachlan hosts the biggest names in the game for a lively look at all the weekend's action, footy news and issues. | +GAMD19-005+ |

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| 11:30 | **Kochie's Business Builders ’CC’** David Koch provides practical advice to small and medium-sized business owners to help cement future growth and success. | **PG** +KHBB19-003+ |

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| 12:00 | **House Of Wellness ’CC’** Entertaining everybody to live a healthier life. Hosted by Luke Darcy, Rachael Finch, Jo Stanley and Luke Hines. | **PG** +HOWL03-009+ |

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| 13:00 | **My Greek Odyssey ’CC’** Peter visits the seaport town of Nafplio, before travelling to Monemvasia. | **PG** +MYGO01-005+ |

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| 14:00 | **VFL: Rnd 3: Coburg v Frankston ’CC’** TBC  | +VAFL19-003+ |

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| 17:00 | **Seven News At 5 ’CC’** Seven brings you the latest developments in today's top stories at home and around the world, plus sport, finance and weather updates. | +7NAF19-032+ |

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| 17:30 | **The Great Weekend ’CC’** Jane Bunn, Brian Taylor, Jack Riewoldt and Brooke Hogan hit the road to discover the best things to see, eat and do across Victoria, to help make your weekend a 'great weekend'. | **PG** +LWND01-007+ |

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| 18:00 | **Seven News ’CC’** Breaking stories and news headlines from Melbourne and the rest of the state. | +7NNM19-111+ |

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| 19:00 | **My Kitchen Rules ’CC’** In a series first, the competition will farewell three teams as the Semi-Final line-up is decided. With only one place left, no-one is feeling confident and as the pressure increases, tempers flare.  | **PG** +MYKR10-047+ |

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| 20:30 | **Sunday Night ’CC’** Melissa Doyle leads a team of Australia's best reporters, breaking the stories that matter. | +SNIT19-013+ |

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| 21:20 | **Manhunt: The Porsche Kid (R) ’CC’** As a young boy, Brett Lindsay Capper stole so many Porsche cars that the earned the nickname 'The Porsche Kid'. He became a serial offender, in and out of jail for most of his life. | **M (A,V,L)**+MAHU01-003+ |

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| 22:20 | **Andrew Denton: Interview: Rebecca Sharrock (R) ’CC’** In an extraordinary interview, Andrew meets Rebecca Sharrock, one of only 60 people in the world with Highly Superior Autobiographical Memory (HSAM) - a condition which gives her total recall. | **PG** +IVEW01-009+ |

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| 23:20 | **The Blacklist: Lady Luck ’CC’** Liz and Ressler investigate a Blacklister who offers to erase gambling debts - at a deceptively high price. Meanwhile, Dembe grows concerned as Red tests the loyalties of their business associates. | **M (V)**+BLKL06-016+ |

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| 00:20 | **American Crime: Episode Eight (R) ’CC’** Aliyah's plans to organize a march for Carter's cause results in heightened emotions. | **M (V)**+AMEC-008+ |

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| 01:20 | **Travel Oz: Lake Argyle: Diamonds (R) ’CC’** Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG** +TRAV2-012+ |

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| 02:00 | **Home Shopping: Sunshine Blade Instant Heater (A2830SIH08S) (R)** Shopping program. | **G** +BDP-805+ |

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| 02:30 | **TBA:** TBC | ++ |

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| 03:30 | **Harry's Practice: Harry's Practice S1: Ep 162 (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-162+ |

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| 04:00 | **Meet The Press ’CC’** Chuck Todd interviews newsmakers from around the world. | +NBCM19-016+ |

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| 05:00 | **Seven Early News ’CC’** Latest news, sport and weather from Australia and around the world. | +7ENN19-080+ |

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| 05:30 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-080+ |

 **Monday 22 April 2019**

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| 06:00 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-080+ |

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| 10:00 | **The Morning Show ’CC’** Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics. | **PG** +TMSW19-069+ |

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| 11:30 | **Athletics: The Stawell Gift ’CC’ (2019)** Australia's richest footrace, the Stawell Gift. | +SPSP19-204+ |

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| 14:30 | **Sunday Soapbox ’CC’** Pre-game coverage of the AFL match. | +SOAP19-005+ |

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| 15:00 | **AFL: Rnd 5: Hawthorn v Geelong ’CC’** The fierce rivals have made Easter Monday one of the most compelling timeslots on the AFL calendar, with the Hawks winning last year's game with a behind in the dying seconds. Bounce time: 3.20pm AEST | +AFLG19-059+ |

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| 18:00 | **Seven News ’CC’** Breaking stories and news headlines from Melbourne and the rest of the state. | +7NNM19-112+ |

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| 19:00 | **Home And Away ’CC’** Jett is in denial. Dean saves the day as Ziggy wallows in self-pity on her birthday.  | **PG (A)**+HAAW31-168+ |

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| 19:30 | **My Kitchen Rules ’CC’** Manu and Pete are joined by Colin Fassnidge, Karen Martini, Guy Grossi and Liz Egan at the MKR Restaurant for the first Semi-Final of 2019. | **PG** +MYKR10-048+ |

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| 21:00 | **9-1-1: New Beginnings ’CC’ SERIES RETURN**Bobby meets Athena's parents, Doug insinuates himself deeper into Chimney's life, and Athena digs into a distressing 911 call. | **M** +NINO02-011+ |

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| 22:00 | **The Passage: That Never Should Have Happened To You ’CC’** Brad strikes a deal with Sykes and Richards to stay with Amy at Project NOAH, as they begin to test the virus on her. | **MA (A,H)**+TPAS01-003+ |

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| 23:00 | **The Latest: Seven News ’CC’** Latest news, sport and weather from Australia and around the world. | +7NTL19-077+ |

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| 23:30 | **Talking Footy (R) ’CC’ ENCORE**Luke Darcy, Tim Watson, Wayne Carey, Mick Warner dissect the week's AFL news and issues. | +TFOO19-005+ |

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| 00:30 | **Me, Myself & I: The First Step ’CC’** Darryl encourages mid-life Alex to get back into the dating scene following his divorce. Young Alex has trouble making friends after his embarrassing moment at the school dance. | **PG (S)**+MEMI01-002+ |

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| 01:00 | **Mistresses: Goodbye Girl (R) ’CC’ SEASON FINAL**Just as Joss gets her freedom, Harry is presented with an exciting new job opportunity that will impact a future with her. | **M (V,A)**+MSTR3-013+ |

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| 04:00 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-096+ |

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| 05:00 | **Seven Early News ’CC’** Latest news, sport and weather from Australia and around the world. | +7ENN19-081+ |

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| 05:30 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-081+ |

 **Tuesday 23 April 2019**

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| 06:00 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-081+ |

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| 09:00 | **The Morning Show ’CC’** Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics. | **PG** +TMSW19-070+ |

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| 11:30 | **Seven Morning News ’CC’** Latest news, sport and weather from Australia and around the world. | +7MNN19-075+ |

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| 13:30 | **TBA:** TBC | ++ |

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| 14:00 | **The Daily Edition ’CC’** Catch up on all of the hottest issues from today's news and entertainment with lively discussions, interviews and crosses to newsmakers around the country. | +TDED19-063+ |

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| 15:00 | **The Chase (R) ’CC’** Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G** +CHSE07-138+ |

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| 16:00 | **Seven News At 4 ’CC’** Breaking stories and news headlines from Melbourne and the rest of the state. | +7ANM19-081+ |

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| 17:00 | **The Chase Australia (R) ’CC’** It's a hit with audiences around the globe - now the general knowledge game show with a difference lands on our shores with The Chase Australia, Hosted by Andrew O'Keefe. | **G** +CHAU05-139+ |

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| 18:00 | **Seven News ’CC’** Breaking stories and news headlines from Melbourne and the rest of the state. | +7NNM19-113+ |

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| 19:00 | **Home And Away ’CC’** Ziggy feels humiliated. Jett struggles to navigate a wheelchair for the first time. Willow is rattled as she realises how much Dean cares for Ziggy.  | **PG (S,A)**+HAAW31-169+ |

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| 19:30 | **My Kitchen Rules ’CC’** The pressure of Semi-Finals is at an all-time high, but so is the food and the smallest of mistakes could cost. Join Manu and Pete, alongside numerous guests, as the Grand Final line-up is decided. | **PG** +MYKR10-049+ |

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| 21:00 | **Andrew Denton: Interview ’CC’ SERIES RETURN**Andrew Denton returns to Seven for a second series of surprising, funny and often moving conversations with a new crop of amazing humans. | **M** +IVEW02-001+ |

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| 22:00 | **The Resident: Stuck As Foretold ’CC’** When the hospital has a severe blood shortage, Conrad must try every avenue to save a patient's life. Nic receives devastating news and is left worrying about her sister's health. | **M** +RESI02-021+ |

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| 23:00 | **The Latest: Seven News ’CC’** Latest news, sport and weather from Australia and around the world. | +7NTL19-078+ |

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| 23:30 | **The Goldbergs: RAD! ’CC’ NEW EPISODE**Erica's dreams come true when she lands a job at the new karaoke bar in town. Erica turns to Beverly for help bringing in more customers.  | **PG (L)**+GOLB06-003+ |

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| 00:00 | **Cosmetic Coffee: Lips And Lipo And Laser (R)** Follows one of Australia's leading Cosmetic and Dermatological Surgeons, Dr Daniel Lanzer, as he and his team perform incredible procedures on over 20 Aussie patients. | **M (A)**+CMCF01-006+ |

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| 00:30 | **Dr. Ken: Ken And The Basketball Star (R) DOUBLE EPISODE**Ken's diagnosis jeopardises a high school basketball star's future. Allison falls in love with Pat's coffee. | **PG** +DKEN02-015+ |

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| 01:00 | **Dr. Ken: A Dr. Ken Valentine's Day (R)** Watching their kids handle Valentine's Day prompts Allison to question how she's chosen to celebrate with Ken. | **PG** +DKEN02-016+ |

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| 01:30 | **Travel Oz: Cocos Malays (R) ’CC’** Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG** +TRAV2-013+ |

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| 04:00 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-097+ |

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| 05:00 | **Seven Early News ’CC’** Latest news, sport and weather from Australia and around the world. | +7ENN19-082+ |

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| 05:30 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-082+ |

 **Wednesday 24 April 2019**

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| 06:00 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-082+ |

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| 09:00 | **The Morning Show ’CC’** Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics. | **PG** +TMSW19-071+ |

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| 11:30 | **Seven Morning News ’CC’** Latest news, sport and weather from Australia and around the world. | +7MNN19-076+ |

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| 14:00 | **The Daily Edition ’CC’** Catch up on all of the hottest issues from today's news and entertainment with lively discussions, interviews and crosses to newsmakers around the country. | +TDED19-064+ |

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| 15:00 | **The Chase (R) ’CC’** Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G** +CHSE07-139+ |

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| 16:00 | **Seven News At 4 ’CC’** Breaking stories and news headlines from Melbourne and the rest of the state. | +7ANM19-082+ |

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| 17:00 | **The Chase Australia (R) ’CC’** It's a hit with audiences around the globe - now the general knowledge game show with a difference lands on our shores with The Chase Australia, Hosted by Andrew O'Keefe. | **G** +CHAU05-140+ |

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| 18:00 | **Seven News ’CC’** Breaking stories and news headlines from Melbourne and the rest of the state. | +7NNM19-114+ |

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| 19:00 | **AFL: Rnd 6: Richmond v Melbourne ’CC’ LIVE**The Tigers and Demons are looking to build their own tradition on ANZAC Day eve, and with both teams among this year's flag contenders this game could go down to the wire. Bounce time: 7.35pm AEST | +AFLG19-061+ |

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| 22:00 | **AFL Post Game ’CC’ LIVE**Post-game discussion and interviews. | +AFPG19-015+ |

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| 23:00 | **The Latest: Seven News ’CC’** Latest news, sport and weather from Australia and around the world. | +7NTL19-079+ |

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| 23:30 | **Home And Away (R) ’CC’ ENCORE**Colby makes a startling discovery about Willow. Concern for Ziggy sends Dean off the rails. An explosive confrontation pushes Brody and Simone into new territory. | **PG (S)**+HAAW31-170+ |

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| 00:00 | **The Catch: The Hammer (R) ’CC’** The AVI team takes on a difficult and unlikely client being hunted by a sharpshooting assassin. Meanwhile, Alice struggles to keep Tommy out of trouble as Rhys and Ben are tempted by old tricks. | **M (V)**+CATC02-002+ |

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| 01:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-066+ |

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| 01:30 | **Travel Oz: Sailing To Mawson's Antarctica (R) ’CC’** Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG** +TRAV2-014+ |

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| 04:00 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-098+ |

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| 04:45 | **Seven News Special: Currumbin Dawn Service ’CC’ (2019) LIVE**Live coverage of the Anzac Day Currumbin dawn service. | +7NSP19-008+ |

 **Thursday 25 April 2019**

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| 06:15 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-083+ |

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| 10:00 | **The Morning Show ’CC’** Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics. | **PG** +TMSW19-072+ |

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| 11:30 | **Seven Morning News ’CC’** Latest news, sport and weather from Australia and around the world. | +7MNN19-077+ |

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| 12:00 | **Seasons Of Love: Seasons Of Love (R) ’CC’ (2014)** Kyla and Amir's new romance is thrown for a loop when Amir's father suddenly passes away and Kyla's ex, Miles, comes back into the picture. | **PG (S,A)**+AETN02-031+ |

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| 14:00 | **AFL Pre-Game ’CC’** A look ahead at today's AFL games. | +AFLP19-006+ |

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| 15:00 | **AFL: Rnd 6: Essendon v Collingwood ’CC’** Ladder positions mean little when the Bombers & Magpies clash on ANZAC Day, with upsets par for the course when the rivals honour our service men & women, past and present. Bounce time: 3.20pm AEST | +AFLG19-062+ |

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| 18:00 | **Seven News ’CC’** Breaking stories and news headlines from Melbourne and the rest of the state. | +7NNM19-115+ |

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| 19:00 | **Home And Away ’CC’** Brody and Simone take a big step forward in their relationship. Colby recruits Raffy and Ryder to keep Bella company. How much longer can Leah and Justin continue their secret rendezvous?  | **PG (S)**+HAAW31-171+ |

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| 19:30 | **Home And Away ’CC’** Is Raffy onto Justin and Leah? Could Leah and Justin ever be more than friends with benefits? Maggie agonises over the part she played in Ziggy’s marriage breakdown. | **PG (S)**+HAAW31-172+ |

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| 20:00 | **Home And Away ’CC’** Tori makes a decision regarding Robbo. Is Justin developing feelings for Leah? Jett's mood crashes after an exercise session with Mason. | **PG (S)**+HAAW31-173+ |

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| 20:30 | **The Front Bar ’CC’** Join Sam Pang, Mick Molloy and Andy Maher as they share a laugh about the AFL world and catch up with stars of yesteryear and today. | **M** +FBAR19-006+ |

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| 21:30 | **Modern Family: Yes-Woman ’CC’ NEW EPISODE**In an effort to be less negative, Claire inadvertently approves of Luke's new relationship with someone from his work. | **PG** +MOFA10-019+ |

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| 22:00 | **Modern Family: Can't Elope ’CC’ NEW EPISODE**Haley and Dylan's plan to quietly elope before the babies are born doesn't go as smoothly as they had hoped. | **PG** +MOFA10-020+ |

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| 22:30 | **The Latest: Seven News ’CC’** Latest news, sport and weather from Australia and around the world. | +7NTL19-080+ |

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| 23:00 | **Autopsy USA: James Dean ’CC’ NEW EPISODE**The mystery behind James Dean's fatal crash in an automobile is examined. | **M (V,A)**+AUTU03-012+ |

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| 00:00 | **Special Event: Best Of The Special Olympics World Games (2019) PREMIERE**A look back at some of the greatest moments from this year's Special Olympics. | **PG** +SOWG19-001+ |

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| 03:00 | **TBA:** TBC | ++ |

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| 03:30 | **TBA:** TBC | ++ |

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| 04:00 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-099+ |

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| 05:00 | **Seven Early News ’CC’** Latest news, sport and weather from Australia and around the world. | +7ENN19-084+ |

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| 05:30 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-084+ |

 **Friday 26 April 2019**

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| 06:00 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-084+ |

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| 09:00 | **The Morning Show ’CC’** Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics. | **PG** +TMSW19-073+ |

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| 11:30 | **Seven Morning News ’CC’** Latest news, sport and weather from Australia and around the world. | +7MNN19-078+ |

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| 12:00 | **Trip To Bountiful: Trip To Bountiful (R) ’CC’ (2014)** Carrie Watts begrudgingly lives with her busy, overprotective son, Ludie, and pretentious daughter-in-law, Jessie Mae. | **G** +AETN03-025+ |

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| 14:00 | **The Daily Edition ’CC’** Catch up on all of the hottest issues from today's news and entertainment with lively discussions, interviews and crosses to newsmakers around the country. | +TDED19-066+ |

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| 15:00 | **The Chase (R) ’CC’** Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G** +CHSE07-141+ |

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| 16:00 | **Seven News At 4 ’CC’** Breaking stories and news headlines from Melbourne and the rest of the state. | +7ANM19-084+ |

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| 17:00 | **The Chase Australia (R) ’CC’** It's a hit with audiences around the globe - now the general knowledge game show with a difference lands on our shores with The Chase Australia, Hosted by Andrew O'Keefe. | **G** +CHAU05-233+ |

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| 18:00 | **Seven News ’CC’** Breaking stories and news headlines from Melbourne and the rest of the state. | +7NNM19-116+ |

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| 19:00 | **Better Homes And Gardens ’CC’** TBC  | **G** +BHAG25-013+ |

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| 19:30 | **AFL: Rnd 6: Port Adelaide v North Melbourne ’CC’ LIVE**The Power have won their past four clashes against North, but the Roos are a proud team, and Jared Polec and Jasper Pittard will be keen to do well against their former team. Bounce time: 7.20pm ACST. | +AFLG19-063+ |

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| 22:30 | **AFL Post Game ’CC’ LIVE**Post-game discussion and interviews. | +AFPG19-016+ |

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| 23:30 | **TBA:** TBC | ++ |

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| 00:30 | **Scandal: That's My Girl (R) ’CC’ SEASON FINAL**Cyrus is presented with damaging information that could alter the presidential race entirely. | **M (V)**+SCAN05-021+ |

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| 01:30 | **Travel Oz: Macquarie Island: Wildlife Paradise (R) ’CC’** Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG** +TRAV2-015+ |

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| 02:00 | **TBA:** TBC | ++ |

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| 02:30 | **TBA:** TBC | ++ |

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| 03:00 | **TBA:** TBC | ++ |

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| 03:30 | **TBA:** TBC | ++ |

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| 04:00 | **The Great Outdoors (R) ’CC’** Our 600th show! Featuring the scariest moments, the strangest meals, brushes with fame and heartfelt memories. | **G** +GO16-007+ |

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| 05:00 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-100+ |

 **Saturday 27 April 2019**

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| 06:00 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-100+ |

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| 07:00 | **Weekend Sunrise ’CC’** Wake up to a better breakfast with Basil Zempilas and Monique Wright, for all the latest entertainment, news, sport and weather. | +SSUN19-017+ |

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| 10:00 | **The Morning Show - Weekend ’CC’** Join Larry Emdur and Kylie Gillies to catch up on all the highlights from this week's program, including a variety of segments on the latest news and entertainment. | **PG** +TMSA19-012+ |

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| 12:00 | **House Of Wellness (R) ’CC’** Entertaining everybody to live a healthier life. Hosted by Luke Darcy, Rachael Finch, Jo Stanley and Luke Hines. | **PG** +HOWL03-009+ |

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| 13:00 | **Kochie's Business Builders ’CC’** David Koch provides practical advice to small and medium-sized business owners to help cement future growth and success. | **PG** +KHBB19-004+ |

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| 13:30 | **Armistice: Armistice (R) (2019)** TBC  | **PG** +AUMS70-001+ |

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| 15:00 | **TBA:** TBC | ++ |

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| 16:30 | **Crash Investigation Unit: Tunnel (R) ’CC’** Investigators face a seven-car pile-up in a busy underground tunnel during peak hour, tonight on CRASH INVESTIGATION UNIT. | **PG** +CIU-005+ |

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| 17:00 | **Seven News At 5 ’CC’** Seven brings you the latest developments in today's top stories at home and around the world, plus sport, finance and weather updates. | +7NAF19-033+ |

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| 17:30 | **Border Security - Australia's Front Line (R) ’CC’** A Malaysian man says he's here for a holiday but officers suspect he's here to work. Also, A shipment of water looks to be loaded with an illicit substance. | **PG** +BORD-224+ |

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| 18:00 | **Seven News ’CC’** Breaking stories and news headlines from Melbourne and the rest of the state. | +7NNM19-117+ |

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| 19:00 | **The Kick ’CC’ LIVE**Footy's biggest personalities and current stars join Nat Edwards, Richo, Campbell Brown, Byron Cooke, and Jacqui Felgate for all the latest news and highlights of the weekend's AFL action. | +TKIC19-006+ |

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| 20:00 | **AFL: Rnd 6: Fremantle v Western Bulldogs ’CC’ LIVE**The Dockers have won seven of their past eight games against the Bulldogs, but Luke Beveridge's team looks to have rediscovered the spirit that carried it to the 2016 flag. Bounce time: 6.10pm AWST | +AFLG19-067+ |

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| 23:00 | **AFL Post Game ’CC’ LIVE**Post-game discussion and interviews. | +AFPG19-017+ |

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| 00:00 | **Movie: Breaking The Surface (R) ’CC’ (1996)** The real-life story of Olympic diver Greg Louganis who went through a difficult adolescence, only to emerge as a world-class diver. Starring:AKI ALEONG,BRUCE WEITZ,MARIO LOPEZ,MEGAN LEITCH,ROSEMARY DUNSMORE,PATRICK DAVID,MICHAEL MURPHY,JEFFREY MEEK | **M (A,V)**+WILF-011+ |

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| 03:30 | **TBA:** TBC | ++ |

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| 04:00 | **Sons And Daughters (R) ’CC’ DOUBLE EPISODE**Alison uses a psychic link to turn the tables on Pamela. | **PG** +SAD-941+ |

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| 04:30 | **Sons And Daughters (R) ’CC’** Michael gives Pamela new ammunition in her fight to win Nick. | **PG** +SAD-942+ |

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| 05:00 | **House Of Wellness (R) ’CC’** Entertaining everybody to live a healthier life. Hosted by Luke Darcy, Rachael Finch, Jo Stanley and Luke Hines. | **PG** +HOWL03-009+ |