**Sunday 28 July 2019**

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| 06:00 | **Better Homes And Gardens (R) ’CC’** Pop princess Ricki-Lee takes Joh on a visit around her family home. Karen makes dried fruit salad with exotic spices. Graham goes on a tour of the Plant Society.  | **G** +BHAG25-023+ |

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| 07:00 | **Weekend Sunrise ’CC’** Wake up to a better breakfast with Basil Zempilas and Monique Wright, for all the latest entertainment, news, sport and weather. | +WSUN19-030+ |

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| 10:00 | **AFL Game Day ’CC’** Hamish McLachlan hosts the biggest names in the game for a lively look at all the weekend's action, footy news and issues. | +GAMD19-019+ |

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| 11:30 | **VFL: Rnd 17: Sandringham v Casey ’CC’** The Zebras host the Demons at Trevor Barker Beach Oval in a match where the long-time rivals will both be desperate to salvage some pride after disappointing 2019 seasons. Bounce time: 11.40am AEST | +VAFL19-016+ |

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| 14:30 | **Sunday Soapbox ’CC’** Pre-game coverage of the AFL match. | +SOAP19-016+ |

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| 15:00 | **AFL: Rnd 19: Sydney v Geelong ’CC’** The Swans' young team has rebounded from a slow start to 2019 in impressive fashion, and will relish the chance to test itself against the competition's benchmark, Geelong. Bounce time: 3.20pm AEST | +AFLG19-198+ |

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| 18:00 | **Seven News ’CC’** Breaking stories and news headlines from Melbourne and the rest of the state. | +7NNM19-209+ |

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| 19:00 | **Australia's Got Talent ’CC’ SERIES RETURN**The world's biggest entertainment show is back! Host Ricki-Lee is joined by judges Shane Jacobson, Lucy Durack, Nicole Scherzinger and Manu Feildel in the search for a new generation of superstars. | **PG (N,L,A)**+AGTA09-001+ |

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| 20:45 | **Sunday Night ’CC’** Melissa Doyle leads a team of Australia's best reporters, breaking the stories that matter. | +SNIT19-026+ |

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| 21:45 | **What The Killer Did Next: Helen Bailey ’CC’ SEASON PREMIERE**Hosted by Philip Glenister, this series examines the behaviour of killers immediately after a murder, starting with the man who killed author Helen Bailey. | **M (V,A)**+WKDN01-001+ |

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| 22:45 | **Criminal Confessions: Palestine, Tx ’CC’** A woman discovers the body of her nephew and investigators must unravel the events that led to his death, but with three viable suspects, it takes about a year to crack the case using DNA evidence. | **MA (V,A)**+CCON02-007+ |

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| 23:45 | **Heists That Shook The World: The Great Train Robbery (R) ’CC’** The heist of a Royal Mail train gave birth to a legend of a brilliantly planned and daringly executed robbery. But the truth is very different. | **M (V)**+HEIS01-002+ |

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| 00:45 | **American Crime: Episode Ten (R) ’CC’ SEASON FINAL**The parents and students of Leyland School learn their fates | **M (D,A,L,S)**+AMEC02-010+ |

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| 03:30 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-176+ |

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| 04:00 | **Meet The Press ’CC’** Chuck Todd interviews newsmakers from around the world. | +NBCM19-030+ |

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| 05:00 | **Seven Early News ’CC’** Latest news, sport and weather from Australia and around the world. | +7ENN19-150+ |

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| 05:30 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-150+ |

 **Monday 29 July 2019**

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| 06:00 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-150+ |

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| 09:00 | **The Morning Show ’CC’** Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics. | **PG** +TMSW19-139+ |

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| 11:30 | **Seven Morning News ’CC’** Latest news, sport and weather from Australia and around the world. | +7MNN19-144+ |

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| 12:00 | **Midday Movie: Talhotblond ’CC’ (2012)** Thomas meets a beautiful teenager online, with whom he engages in a nearly two-year romance over the Internet until she learns the truth about him, which leads Thomas to exact the ultimate revenge. Starring:BRANDO EATON,GARRET DILLAHUNT,LAURA SAN GIACOMO | **M (S,V)**+SPCF09-023+ |

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| 14:00 | **The Daily Edition ’CC’** Catch up on all of the hottest issues from today's news and entertainment with lively discussions, interviews and crosses to newsmakers around the country. | +TDED19-132+ |

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| 15:00 | **The Chase ’CC’** Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK.  | **G** +CHSE08-074+ |

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| 16:00 | **Seven News At 4 ’CC’** Breaking stories and news headlines from Melbourne and the rest of the state. | +7ANM19-150+ |

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| 17:00 | **The Chase Australia ’CC’** It's a hit with audiences around the globe - now the general knowledge game show with a difference lands on our shores with The Chase Australia, Hosted by Andrew O'Keefe. | **G** +CHAU08-003+ |

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| 18:00 | **Seven News ’CC’** Breaking stories and news headlines from Melbourne and the rest of the state. | +7NNM19-210+ |

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| 19:00 | **Home And Away ’CC’** Leah agrees to err on the side of caution, but vows to fight for Irene. Jasmine and Robbo break out of the apartment. Maggie fights for Ben even when he won't. | **PG (A)**+HAAW32-022+ |

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| 19:30 | **Australia's Got Talent ’CC’** A strongman with a twist, a daredevil knife thrower, the most fun dance crew you'll ever see, a singing school girl, a world record attempt and more. Will any act be worthy of the Golden Buzzer? | **PG (N,A)**+AGTA09-002+ |

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| 20:45 | **S.W.A.T.: Homecoming ’CC’** Gang violence hits close to home for Hondo and his imprisoned friend asks him to shield his son from the aftermath. | **M (V)**+SSWA01-007+ |

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| 21:45 | **S.W.A.T.: Miracle ’CC’** The team's plans to enjoy Christmas vacation with their families and friends are put on hold when a drug cartel's cache of gold bars are stolen. | **M (V)**+SSWA01-008+ |

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| 22:45 | **The Latest: Seven News ’CC’** Latest news, sport and weather from Australia and around the world. | +7NTL19-133+ |

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| 23:15 | **Heists That Shook The World: Britain's Biggest Bank Job (R) ’CC’** Tells the incredible true stories of the world's most infamous robberies. Charting one iconic heist from start to finish through the eyes of officers, victims and even the robbers themselves. | **M (V)**+HEIS01-001+ |

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| 00:15 | **Talking Footy (R) ’CC’** Luke Darcy, Tim Watson, Wayne Carey, Mick Warner dissect the week's AFL news and issues. | +TFOO19-019+ |

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| 01:15 | **Travel Oz: Young: Cherry Festival (R) ’CC’** Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG** +TRAV3-040+ |

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| 04:00 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-180+ |

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| 05:00 | **Seven Early News ’CC’** Latest news, sport and weather from Australia and around the world. | +7ENN19-151+ |

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| 05:30 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-151+ |

 **Tuesday 30 July 2019**

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| 06:00 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-151+ |

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| 09:00 | **The Morning Show ’CC’** Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics. | **PG** +TMSW19-140+ |

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| 11:30 | **Seven Morning News ’CC’** Latest news, sport and weather from Australia and around the world. | +7MNN19-145+ |

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| 12:00 | **Special Event: Royal Edinburgh Military Tattoo 2016 (R) ’CC’ (2016)** The Royal Edinburgh Military Tattoo took over Melbourne's Etihad Stadium, and Seven's cameras were there to capture the world's greatest spectacle for a special TV event. | **G** +AUMS16-001+ |

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| 14:00 | **The Daily Edition ’CC’** Catch up on all of the hottest issues from today's news and entertainment with lively discussions, interviews and crosses to newsmakers around the country. | +TDED19-133+ |

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| 15:00 | **The Chase ’CC’** Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK.  | **G** +CHSE08-075+ |

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| 16:00 | **Seven News At 4 ’CC’** Breaking stories and news headlines from Melbourne and the rest of the state. | +7ANM19-151+ |

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| 17:00 | **The Chase Australia ’CC’** It's a hit with audiences around the globe - now the general knowledge game show with a difference lands on our shores with The Chase Australia, Hosted by Andrew O'Keefe. | **G** +CHAU08-004+ |

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| 18:00 | **Seven News ’CC’** Breaking stories and news headlines from Melbourne and the rest of the state. | +7NNM19-211+ |

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| 19:00 | **Home And Away ’CC’** Ben turns to alcohol in the hope of drinking his woes away while Maggie searches for a solution. Robbo's optimism over the threat dissipating proves short-lived. Can Ryder face up to a work challenge? | **PG (A)**+HAAW32-023+ |

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| 19:30 | **Special Event: The All New Monty ’CC’ (2019) PREMIERE**Eight brave stars dare to bare on The All New Monty. The one night only special event features a cheeky cast of male celebrities hellbent on having a ball in the name of men's health. | +AUMS73-002+ |

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| 21:30 | **True Stories: True Stories: Ashley Coulston (R) ’CC’** Ashley Coulston was an adventurer, a person who craved attention and fame. As you'll see in this major investigation, Coulston may go down as Australia's worst-ever serial killer and rapist. | **M (V,A)**+TRUS19-007+ |

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| 22:30 | **The Latest: Seven News ’CC’** Latest news, sport and weather from Australia and around the world. | +7NTL19-134+ |

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| 23:00 | **Modern Family: Suddenly, Last Summer ’CC’** Phil and Claire try to orchestrate a kid-free week during Luke, Haley and Alex's summer activities. Cam and Mitch try to have a memorable summer. | **PG** +MOFA05-001+ |

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| 23:30 | **The Goldbergs: The Beverly Goldberg Cookbook ’CC’ NEW EPISODE**Beverly and Adam team up to do a mother-son cooking show on public access television; when Barry ruins the one college letter of recommendation he is able to get, Murray must step in to help. | **PG (L)**+GOLB06-018+ |

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| 00:00 | **Deception: Multiple Outs (R) ’CC’ DOUBLE EPISODE**The FBI works with the team to help stop the mystery woman from successfully committing one of the largest jewel heists in history. | **M (V)**+DECE01-008+ |

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| 01:00 | **Deception: Getting Away Clean (R) ’CC’** The team gets an unexpected partner; Gunter makes a discovery that will change the team members' lives forever. | **M** +DECE01-009+ |

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| 04:00 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-181+ |

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| 05:00 | **Seven Early News ’CC’** Latest news, sport and weather from Australia and around the world. | +7ENN19-152+ |

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| 05:30 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-152+ |

 **Wednesday 31 July 2019**

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| 06:00 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-152+ |

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| 09:00 | **The Morning Show ’CC’** Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics. | **PG** +TMSW19-141+ |

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| 11:30 | **Seven Morning News ’CC’** Latest news, sport and weather from Australia and around the world. | +7MNN19-146+ |

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| 12:00 | **Midday Movie: A Father's Nightmare ’CC’** A grieving widower becomes suspicious of his rebellious college-aged daughter's manipulative roommate. Starring:ANNABETH GISH,JESSICA LOWNDES,TOM STEVENS | **M (D,A,V)**+AETN06-035+ |

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| 14:00 | **The Daily Edition ’CC’** Catch up on all of the hottest issues from today's news and entertainment with lively discussions, interviews and crosses to newsmakers around the country. | +TDED19-134+ |

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| 15:00 | **The Chase ’CC’** Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK.  | **G** +CHSE08-076+ |

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| 16:00 | **Seven News At 4 ’CC’** Breaking stories and news headlines from Melbourne and the rest of the state. | +7ANM19-152+ |

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| 17:00 | **The Chase Australia ’CC’** It's a hit with audiences around the globe - now the general knowledge game show with a difference lands on our shores with The Chase Australia, Hosted by Andrew O'Keefe. | **G** +CHAU08-005+ |

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| 18:00 | **Seven News ’CC’** Breaking stories and news headlines from Melbourne and the rest of the state. | +7NNM19-212+ |

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| 19:00 | **Home And Away ’CC’** As the threat against them escalates, Robbo vows to get answers and keep a terrified Jasmine safe. Ziggy steps in to help Maggie and Ben reconcile. Justin seeks answers from Robbo about Tori's safety. | **PG (A)**+HAAW32-024+ |

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| 19:30 | **Highway Patrol Special: Craziest Encounters ’CC’** We countdown the top ten craziest encounters the cops have dealt with over the past few years. From a man who’s painted his number plates green and gold, to Australia’s self-proclaimed biggest bogan. | +HWYS19-001+ |

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| 20:30 | **Movie: Wonder Woman (2017) PREMIERE**When a pilot crashes and tells of conflict in the outside world, Diana, an Amazonian warrior in training, leaves home to fight a war, discovering her full powers and true destiny. | +WBFR08-004+ |

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| 23:30 | **The Latest: Seven News ’CC’** Latest news, sport and weather from Australia and around the world. | +7NTL19-135+ |

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| 00:00 | **Life Sentence: Re-Inventing the Abbotts (R) ’CC’** Stella and Wes must defend their marriage to the INS; Peter and Ida decide to sell the house; Stella tries to help Aiden face reality. | **M (S)**+LISE01-002+ |

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| 01:00 | **Life Sentence: Clinical Trial and Error (R) ’CC’** In her new role as patient advocate, Stella suggests Sadie try the clinical trial that worked for her; one of Diego's kids gets sick while Wes is baby-sitting. | **M (A,S)**+LISE01-003+ |

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| 04:00 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-182+ |

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| 05:00 | **Seven Early News ’CC’** Latest news, sport and weather from Australia and around the world. | +7ENN19-153+ |

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| 05:30 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-153+ |

 **Thursday 01 August 2019**

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| 06:00 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-153+ |

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| 09:00 | **The Morning Show ’CC’** Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics. | **PG** +TMSW19-142+ |

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| 11:30 | **Seven Morning News ’CC’** Latest news, sport and weather from Australia and around the world. | +7MNN19-147+ |

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| 12:00 | **Midday Movie: Megachurch Murder (R) ’CC’ (2015)** After popular and charismatic megachurch leader Hamilton Spears commits suicide, his teenage daughter Hannah's life goes off the rails. Starring:CORBIN BLEU,SHANICA KNOWLES,TAMALA JONES | **M (S,A,V)**+AETN02-023+ |

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| 14:00 | **The Daily Edition ’CC’** Catch up on all of the hottest issues from today's news and entertainment with lively discussions, interviews and crosses to newsmakers around the country. | +TDED19-135+ |

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| 15:00 | **The Chase ’CC’** Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK.  | **G** +CHSE08-077+ |

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| 16:00 | **Seven News At 4 ’CC’** Breaking stories and news headlines from Melbourne and the rest of the state. | +7ANM19-153+ |

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| 17:00 | **The Chase Australia ’CC’** It's a hit with audiences around the globe - now the general knowledge game show with a difference lands on our shores with The Chase Australia, Hosted by Andrew O'Keefe. | **G** +CHAU08-006+ |

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| 18:00 | **Seven News ’CC’** Breaking stories and news headlines from Melbourne and the rest of the state. | +7NNM19-213+ |

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| 19:00 | **Home And Away ’CC’** Mackenzie attempts to reconcile with Dean. Is Ben willing to sacrifice his nest egg for freedom? Robbo will do what it takes to find answers; even if it pushes him and Jasmine to breaking point. | **PG (V)**+HAAW32-025+ |

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| 19:30 | **Home And Away ’CC’** Mackenzie tries to connect with Dean by participating in one of his hobbies. Leah tries desperately to help Irene. Raffy and Ryder go one step forward and two steps back. | **PG (V,A)**+HAAW32-026+ |

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| 20:00 | **Home And Away ’CC’** Irene continues to push away those that care about her the most. Bella stays at the beach house to support Irene but misses Colby. Roo runs interference when Raffy and Ryder refuse to work together. | **PG (V,A)**+HAAW32-027+ |

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| 20:30 | **The Front Bar ’CC’** Join Sam Pang, Mick Molloy and Andy Maher as they share a laugh about the AFL world and catch up with stars of yesteryear and today. | **M** +FBAR19-020+ |

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| 21:30 | **The Latest: Seven News ’CC’** Latest news, sport and weather from Australia and around the world. | +7NTL19-136+ |

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| 00:00 | **Hannibal: And The Woman Clothed With The Sun ... (R) ’CC’** The search for serial killer Francis Dolarhyde heats up as Will delves into dangerous territory. He envisions himself in Dolarhyde's psyche and contacts Hannibal Lecter for help profiling the killer. | **MA (V)**+HANI03-009+ |

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| 01:00 | **Travel Oz: Childers (R) ’CC’** Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG** +TRAV3-041+ |

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| 01:30 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-108+ |

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| 04:00 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-183+ |

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| 05:00 | **Seven Early News ’CC’** Latest news, sport and weather from Australia and around the world. | +7ENN19-154+ |

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| 05:30 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-154+ |

 **Friday 02 August 2019**

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| 06:00 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-154+ |

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| 09:00 | **The Morning Show ’CC’** Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics. | **PG** +TMSW19-143+ |

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| 11:30 | **Seven Morning News ’CC’** Latest news, sport and weather from Australia and around the world. | +7MNN19-148+ |

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| 12:00 | **Midday Movie: Restless Virgins (R) ’CC’ (2013)** The film follows Emily who discovers five senior members of the lacrosse team made a sex tape with a classmate. Starring:CHARLIE CARVER,MAX LLOYD-JONES,VANESSA MARANO | **M (D,A,S)**+AETN02-030+ |

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| 14:00 | **The Daily Edition ’CC’** Catch up on all of the hottest issues from today's news and entertainment with lively discussions, interviews and crosses to newsmakers around the country. | +TDED19-136+ |

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| 15:00 | **The Chase (R) ’CC’** Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G** +CHSE07-010+ |

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| 16:00 | **Seven News At 4 ’CC’** Breaking stories and news headlines from Melbourne and the rest of the state. | +7ANM19-154+ |

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| 17:00 | **The Chase Australia ’CC’** It's a hit with audiences around the globe - now the general knowledge game show with a difference lands on our shores with The Chase Australia, Hosted by Andrew O'Keefe. | **G** +CHAU06-027+ |

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| 18:00 | **Seven News ’CC’** Breaking stories and news headlines from Melbourne and the rest of the state. | +7NNM19-214+ |

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| 19:00 | **Better Homes And Gardens ’CC’** Homes and gardens come alive in this lifestyle show packed full of home decorating tips, recipes, craft ideas, DIY projects and how tos. | **G** +BHAG25-027+ |

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| 19:30 | **AFL: Rnd 20: North Melbourne v Hawthorn ’CC’ LIVE**TBC  | +AFLG19-201+ |

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| 22:30 | **AFL Post Game ’CC’ LIVE**Post-game discussion and interviews. | +AFPG19-047+ |

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| 23:30 | **Armchair Experts** Let's debate and celebrate! Join our Armchair Experts on their sofa as we talk about the highlights, post-game wrap ups and all things footy. | **M** +ARMC19-020+ |

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| 00:00 | **TBA:** TBC | ++ |

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| 01:00 | **The Goldbergs: Wingmom (R) ’CC’** Inspired by 'Top Gun', Barry decides to join ROTC. Convinced it will help discipline him, Murray orders the Captain to prevent Barry from quitting when the going gets tough, prompting Bev to join him. | **PG** +GOLB03-009+ |

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| 01:30 | **Travel Oz: Heroes Of Australia (R) ’CC’** Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG** +TRAV3-043+ |

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| 04:00 | **The Great Outdoors (R) ’CC’** Guest reporter TODD WOODBRIDGE goes behind the scenes in the remarkable life of wartime Nazi fighter Sir Winston Churchill. | **G** +GO16-026+ |

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| 05:00 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-184+ |

 **Saturday 03 August 2019**

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| 06:00 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-184+ |

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| 07:00 | **Weekend Sunrise ’CC’** Wake up to a better breakfast with Basil Zempilas and Monique Wright, for all the latest entertainment, news, sport and weather. | +SSUN19-031+ |

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| 10:00 | **The Morning Show - Weekend ’CC’** Join Larry Emdur and Kylie Gillies to catch up on all the highlights from this week's program, including a variety of segments on the latest news and entertainment. | **PG** +TMSA19-026+ |

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| 12:00 | **House Of Wellness ’CC’** Entertaining everybody to live a healthier life. Hosted by Luke Darcy, Rachael Finch, Jo Stanley and Luke Hines. | **PG** +HOWL03-024+ |

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| 13:00 | **Bricks & Clicks (R) ’CC’** Kochie's Business Builders transforms six local brick and mortar retailers into global online brands. They've been selected for an intensive course about how to take their businesses digital. | **G** +BRIK01-003+ |

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| 13:30 | **Crash Investigation Unit: Left For Dead (R) ’CC’** A sleepy suburban street becomes a crime scene leaving a young man with life threatening injuries and an offender on the run. | **PG** +CIU2-003+ |

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| 14:00 | **TBA:** TBC | ++ |

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| 16:00 | **Better Homes And Gardens (R) ’CC’** Joh visits a woman who is converting an old truck into an apartment on wheels. Adam shows you how to make a foldaway work bench for the garage. Ed makes some healthy Hainanese chicken. | **G** +BHAG24-018+ |

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| 17:00 | **Seven News At 5 ’CC’** Seven brings you the latest developments in today's top stories at home and around the world, plus sport, finance and weather updates. | +7NAF19-061+ |

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| 17:30 | **Border Security - Australia's Front Line (R) ’CC’** When a woman pushes away a sniffer dog officers hone in on what she has stuffed in her undies. A young man's past is exposed and two passengers will say just about anything to get out of a fine. | **PG** +BORD-182+ |

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| 18:00 | **Seven News ’CC’** Breaking stories and news headlines from Melbourne and the rest of the state. | +7NNM19-215+ |

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| 18:30 | **The Kick ’CC’ LIVE**Footy's biggest personalities and current stars join Nat Edwards, Richo, Campbell Brown, Byron Cooke, and Jacqui Felgate for all the latest news and highlights of the weekend's AFL action. | +TKIC19-020+ |

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| 19:00 | **AFL: Rnd 20: Melbourne v Richmond ’CC’ LIVE**TBC  | +AFLG19-205+ |

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| 22:00 | **AFL Post Game ’CC’ LIVE**Post-game discussion and interviews. | +AFPG19-048+ |

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| 23:00 | **S.W.A.T.: Pamilya (R) ’CC’ ENCORE**Newcomer Jim Street jeopardizes his spot on Hondo's team. The team searches for a ruthless drug trafficker who is using immigrants as couriers. | **M (D,A,V)**+SSWA01-003+ |

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| 00:00 | **The Real O'Neals: The Real Wedding (R) DOUBLE EPISODE**Kenny auditions for the school play and Eileen volunteers to help out. | **M (S,A)**+REAL01-009+ |

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| 00:30 | **The Real O'Neals: The Real Retreat (R)** When Jimmy is named Faith Leader for the weekend at the Catholic Youth Retreat, a jealous Kenny takes on his older brother's role as ring leader of the bad kids. | **M (A)**+REAL01-010+ |

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| 01:00 | **Harry's Practice: Baby Animals Special (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-109+ |

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| 01:30 | **Travel Oz: Cairns (R) ’CC’** Today, see the iconic Great Barrier Reef, the Cairns Indigenous Art Fair and other adventures on Australia's Mid North Coast such as Dorrigo Freefall and Skydiving simulation, Xtreme Velocity. | **PG** +TRAV4-001+ |

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| 04:00 | **Sons And Daughters (R) ’CC’ DOUBLE EPISODE**Wayne plots to take away Alison's one and only lifeline. Meanwhile, an unexpected visitor thows Janice's life into turmoil. Starring:NORMIE ROWE | **PG** +SAD-969+ |

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| 04:30 | **Sons And Daughters (R) ’CC’** Wayne's plans are about to blow up in his face. An unexpected visitor to the mansion throws Janice's life in turmoil. | **PG** +SAD-970+ |

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| 05:00 | **House Of Wellness (R) ’CC’ ENCORE**Entertaining everybody to live a healthier life. Hosted by Luke Darcy, Rachael Finch, Jo Stanley and Luke Hines. | **PG** +HOWL03-023+ |