**Sunday 29 September 2019**

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| 06:00 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-233+ |

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| 07:00 | **Weekend Sunrise ’CC’** Wake up to a better breakfast with Basil Zempilas and Monique Wright, for all the latest entertainment, news, sport and weather. | +WSUN19-039+ |

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| 10:00 | **AFL Game Day ’CC’** Hamish McLachlan hosts the biggest names in the game for a lively look at all the weekend's action, footy news and issues. | +GAMD19-029+ |

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| 11:30 | **TBA:** TBC | ++ |

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| 14:30 | **T20 International Women: Australia v Sri Lanka ’CC’** The international summer of cricket opens with Australia's powerhouse women's team taking on Sri Lanka at North Sydney Oval in the first of a three match T20 series. Start time: 2.40pm AEST. | +TTWI19-001+ |

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| 17:00 | **Seven News At 5 ’CC’** Seven brings you the latest developments in today's top stories at home and around the world, plus sport, finance and weather updates. | +7NAF19-078+ |

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| 17:30 | **The Great Weekend ’CC’** Jack and Brooke eat their way through Queen Victoria Market, Jane learns the secrets of the new health drink kombucha in Fitzroy, and Brian finds a Bayside collection of unusual and rare motorbikes. | **PG** +LWND01-013+ |

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| 18:00 | **Seven News ’CC’** Breaking stories and news headlines from Melbourne and the rest of the state. | +7NNM19-272+ |

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| 19:00 | **Special Event: The All New Monty: Ladies' Night ’CC’ (2019) PREMIERE**Eight female celebrities are gearing up for the performance of their lives. In a special event, a group of brave ladies will dare to bare for women's health awareness, particularly breast cancer. | **PG (N,L,S,A)**+AUMS73-001+ |

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| 21:00 | **Secret Bridesmaids' Business ’CC’ SEASON PREMIERE**The joy of an unexpected wedding proposal brings three best friends closer than ever, until a series of secrets are uncovered, and a dangerous obsession begins to spiral out of control. | **M** +SEBB01-001+ |

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| 21:50 | **Movie: Runaway Millionaires ’CC’ (2019) PREMIERE**A New Zealand couple go on the run after $10 million is accidentally deposited into their bank account. | **M (L,A)**+FEAR01-001+ |

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| 00:00 | **Jump Off - Life After Racing (R) ENCORE**Bringing together household names from horse racing and show jumping. This high-stakes show jumping competition showcases five teams as they battle it out for $100,000. | **PG** +JUOF02-001+ |

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| 00:30 | **Quantico: Spy Games (R)** Alex and McQuigg are tasked with protecting a Arabian prince. Meanwhile Ryan and Harry work to uncover an assassination attempt. | **M (V)**+QUAN03-004+ |

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| 01:30 | **Travel Oz: Hawkesbury Cruise - Jacaranda Festival (R) ’CC’** Join Greg Grainger as he explores the Jacaranda Festival in Grafton, the Sapphire Festival in Inverell, and goes horse riding in Bingara. | **G** +TRAV4-016+ |

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| 03:00 | **TBA:** TBC | ++ |

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| 03:30 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-185+ |

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| 04:00 | **Meet The Press ’CC’** Chuck Todd interviews newsmakers from around the world. | +NBCM19-039+ |

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| 05:00 | **Seven Early News ’CC’** Latest news, sport and weather from Australia and around the world. | +7ENN19-195+ |

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| 05:30 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-195+ |

 **Monday 30 September 2019**

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| 06:00 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-195+ |

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| 09:00 | **The Morning Show ’CC’** Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics. | **PG** +TMSW19-184+ |

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| 11:30 | **Seven Morning News ’CC’** Latest news, sport and weather from Australia and around the world. | +7MNN19-189+ |

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| 12:00 | **Midday Movie: To Have And To Hold ’CC’ (2017)** Alice still can't believe that her high school crush - dashing, wealthy, successful Joe - would choose to marry her, so she willingly allows him to mold her into his deal socialite wife. | **PG** +AETN08-024+ |

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| 14:00 | **The Daily Edition ’CC’** Catch up on all of the hottest issues from today's news and entertainment with lively discussions, interviews and crosses to newsmakers around the country. | +TDED19-177+ |

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| 15:00 | **The Chase ’CC’** Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK.  | **G** +CHSE08-110+ |

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| 16:00 | **Seven News At 4 ’CC’** Breaking stories and news headlines from Melbourne and the rest of the state. | +7ANM19-195+ |

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| 17:00 | **The Chase Australia ’CC’** It's a hit with audiences around the globe - now the general knowledge game show with a difference lands on our shores with The Chase Australia, Hosted by Andrew O'Keefe. | **G** +CHAU08-037+ |

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| 18:00 | **Seven News ’CC’** Breaking stories and news headlines from Melbourne and the rest of the state. | +7NNM19-273+ |

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| 19:00 | **Home And Away ’CC’** Willow and Dean struggle to make a vengeful Bella see sense. Justin intervenes when Ava is caught between her parents separation. Alex helps a nervous Mason on his first day at the hospital. | **PG (V,A)**+HAAW32-076+ |

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| 19:30 | **The Real Dirty Dancing ’CC’ SEASON PREMIERE**Eight Aussie celebrities travel to the original Kellerman’s Resort film location to undergo an immersive Dirty Dancing experience, recreating memorable movie moments and dance routines. | **PG (A)**+TRDD01-001+ |

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| 21:00 | **Secret Bridesmaids' Business ’CC’** Saskia and Alex go to extreme lengths to conceal damning lies from the past while Olivia wrestles with her life-threatening secret. | **M (O,S,V,A)**+SEBB01-002+ |

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| 21:50 | **S.W.A.T.: Payback ’CC’** Hondo and team go on a citywide search for a kidnapped heiress. Mumford announces he's get married for the fourth time setting off alarm bells within the team. | **M** +SSWA01-016+ |

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| 22:50 | **The Latest: Seven News ’CC’** Latest news, sport and weather from Australia and around the world. | +7NTL19-168+ |

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| 23:20 | **Crazy On A Plane (R) ’CC’** This series features some of the craziest things passengers witness when catching a plane, from a man intimidating passengers and crew mid-flight to how Team GB handle baggage hell. | **M (L)**+CAFE01-001+ |

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| 00:20 | **Quantico: Cleopatra (R) ’CC’** The recruits are schooled in the art of seduction, which Alex sees as a perfect opportunity to get closer to Owen, but will it threaten her relationship with Ryan? | **M (A,V)**+QUAN02-009+ |

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| 01:20 | **Travel Oz: Western Victoria (R) ’CC’** Prepare for sheep, wheat and treats as Greg explores Western Victoria. Join him as he visits the amazing stick shed in Murtoa and gets a close view of the wildlife and historic towns.  | **G** +TRAV4-017+ |

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| 04:00 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-234+ |

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| 05:00 | **Seven Early News ’CC’** Latest news, sport and weather from Australia and around the world. | +7ENN19-196+ |

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| 05:30 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-196+ |

 **Tuesday 01 October 2019**

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| 06:00 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-196+ |

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| 09:00 | **The Morning Show ’CC’** Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics. | **PG** +TMSW19-185+ |

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| 11:30 | **Seven Morning News ’CC’** Latest news, sport and weather from Australia and around the world. | +7MNN19-190+ |

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| 12:00 | **TBA:** TBC | ++ |

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| 13:30 | **Border Security - Australia's Front Line (R) ’CC’** In Border's biggest drug bust, a shipment of narcotics is discovered in the most unlikely of places. Immigration suspect that an Indian man is trying to cross the border on a false French passport. | **PG** +BORD-188+ |

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| 14:00 | **The Daily Edition ’CC’** Catch up on all of the hottest issues from today's news and entertainment with lively discussions, interviews and crosses to newsmakers around the country. | +TDED19-178+ |

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| 15:00 | **The Chase ’CC’** Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK.  | **G** +CHSE08-111+ |

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| 16:00 | **Seven News At 4 ’CC’** Breaking stories and news headlines from Melbourne and the rest of the state. | +7ANM19-196+ |

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| 17:00 | **The Chase Australia ’CC’** It's a hit with audiences around the globe - now the general knowledge game show with a difference lands on our shores with The Chase Australia, Hosted by Andrew O'Keefe. | **G** +CHAU08-038+ |

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| 18:00 | **Seven News ’CC’** Breaking stories and news headlines from Melbourne and the rest of the state. | +7NNM19-274+ |

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| 19:00 | **Home And Away ’CC’** Justin and Leah take Ava camping with an ulterior motif. Blake offers Ryder an opportunity but he’s faced with a moral dilemma. Robbo uses his prisoner for leverage. | **PG (V,A)**+HAAW32-077+ |

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| 19:30 | **The Real Dirty Dancing ’CC’** As eight Aussie celebrities continue their Dirty Dancing experience, it’s time for the ladies to let their inhabitations go in a bid to be the ultimate ‘Baby’. | **PG** +TRDD01-002+ |

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| 21:00 | **Secret Bridesmaids' Business ’CC’** As Melanie fights for her marriage in the wake of her affair, Olivia rebounds from her failed engagement with a charming stranger, and an impetuous misstep of Saskia’s catches up with her. | **M (V,L,S)**+SEBB01-003+ |

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| 21:50 | **The Proposal ’CC’** Free spirited Peter is looking for his one true love amongst eight competitive beauties. Will his mother approve, or will she convince him to leave without putting a ring on it? | **PG (A)**+PROP01-005+ |

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| 23:00 | **The Latest: Seven News ’CC’** Latest news, sport and weather from Australia and around the world. | +7NTL19-169+ |

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| 23:30 | **Blindspot: The Gang Gets Gone ’CC’ SEASON FINAL**The team sets out on an international mission to stop an attack from spreading; Madeline attempts to turn the tables as internal conflict threatens relationships within the team. | **M (V)**+BDSP04-022+ |

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| 00:30 | **Movie: The Spectacular Now (R) ’CC’ (2013)** A heavy-drinking high school senior begins dating a bookish teenager, after waking up on her lawn. Starring:BRIE LARSON,KYLE CHANDLER,MARY ELIZABETH WINSTEAD,SHAILENE WOODLEY,MILES TELLER | **M (S,A,L)**+WDFC53-007+ |

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| 03:30 | **TBA:** TBC | ++ |

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| 04:00 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-235+ |

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| 05:00 | **Seven Early News ’CC’** Latest news, sport and weather from Australia and around the world. | +7ENN19-197+ |

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| 05:30 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-197+ |

 **Wednesday 02 October 2019**

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| 06:00 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-197+ |

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| 09:00 | **The Morning Show ’CC’** Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics. | **PG** +TMSW19-186+ |

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| 11:30 | **Seven Morning News ’CC’** Latest news, sport and weather from Australia and around the world. | +7MNN19-191+ |

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| 12:00 | **Midday Movie: Two Against Time ’CC’ (2002)** A recently divorced mother of two struggles to keep her family together in the face of tragedy. | **PG (D,A)**+SPCF09-025+ |

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| 14:00 | **T20 International Women: Australia v Sri Lanka ’CC’** Australia plays Sri Lanka in the final match of a three-game T20 series at North Sydney Oval, which marks the start of a busy summer for the No.1 ranked Aussies. Start time: 2.10pm AEST | +TTWI19-005+ |

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| 17:00 | **The Chase Australia ’CC’** It's a hit with audiences around the globe - now the general knowledge game show with a difference lands on our shores with The Chase Australia, Hosted by Andrew O'Keefe. | **G** +CHAU08-039+ |

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| 18:00 | **Seven News ’CC’** Breaking stories and news headlines from Melbourne and the rest of the state. | +7NNM19-275+ |

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| 19:00 | **Home And Away ’CC’** Robbo comes face to face with his family’s killer. Jasmine puts her fears for Robbo aside to help Tori. Ryder refuses to help Blake, but Blake has a more sinister plan. | **PG (V,S,A)**+HAAW32-078+ |

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| 19:30 | **Bride & Prejudice - The Forbidden Weddings ’CC’ SERIES RETURN**Explosive relationship series Bride & Prejudice: The Forbidden Weddings features five couples all dreaming of a fairy-tale wedding, but one thing stands in their way: disapproving family. | **PG (D,L,A)**+BAPA03-001+ |

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| 21:00 | **Britain's Got Talent - The Champions ’CC’** The competition rolls on, as acts from all over the world compete to prove who is the best of the best.  | **PG** +BTCH01-004+ |

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| 23:00 | **The Latest: Seven News ’CC’** Latest news, sport and weather from Australia and around the world. | +7NTL19-170+ |

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| 23:30 | **TBA:** TBC | ++ |

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| 00:30 | **Life Sentence: Frisky Business (R) ’CC’** Stella is given the opportunity to help plan an event for the hospital; which touches a nerve for Dr. Grant. Aiden spends money without consulting Wes. | **M** +LISE01-011+ |

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| 01:30 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-112+ |

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| 04:00 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-236+ |

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| 05:00 | **Seven Early News ’CC’** Latest news, sport and weather from Australia and around the world. | +7ENN19-198+ |

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| 05:30 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-198+ |

 **Thursday 03 October 2019**

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| 06:00 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-198+ |

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| 09:00 | **The Morning Show ’CC’** Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics. | **PG** +TMSW19-187+ |

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| 11:30 | **Seven Morning News ’CC’** Latest news, sport and weather from Australia and around the world. | +7MNN19-192+ |

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| 13:00 | **TBA:** TBC | ++ |

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| 14:00 | **The Daily Edition ’CC’** Catch up on all of the hottest issues from today's news and entertainment with lively discussions, interviews and crosses to newsmakers around the country. | +TDED19-179+ |

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| 15:00 | **The Chase ’CC’** Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK.  | **G** +CHSE08-113+ |

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| 16:00 | **Seven News At 4 ’CC’** Breaking stories and news headlines from Melbourne and the rest of the state. | +7ANM19-198+ |

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| 17:00 | **The Chase Australia ’CC’** It's a hit with audiences around the globe - now the general knowledge game show with a difference lands on our shores with The Chase Australia. Hosted by Andrew O'Keefe. | **G** +CHAU07-091+ |

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| 18:00 | **Seven News ’CC’** Breaking stories and news headlines from Melbourne and the rest of the state. | +7NNM19-276+ |

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| 19:00 | **Home And Away ’CC’** A very big moment for Tori. Ryder man’s up to tell Maggie the truth.  | **PG (V,A)**+HAAW32-079+ |

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| 19:30 | **Bride & Prejudice - The Forbidden Weddings ’CC’** Couples attend their first group therapy where they watch confronting videos of their parents' objections to their partners. The couples then get to know each other at their first dinner party. | **PG (D,L,A)**+BAPA03-002+ |

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| 21:00 | **Movie: Kingsman: The Secret Service (R) ’CC’ (2014)** A super-secret spy organization recruits an unrefined but promising street kid into the agency's ultra-competitive training program, just as a global threat emerges from a twisted tech genius. Starring:COLIN FIRTH,MARK STRONG,SAMUEL L. JACKSON,MICHAEL CAINE,TARON EGERTON,SOPHIE COOKSON,SOFIA BOUTELLA | **MA (V,L)**+FOXF02-022+ |

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| 23:30 | **The Latest: Seven News ’CC’** Latest news, sport and weather from Australia and around the world. | +7NTL19-171+ |

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| 00:00 | **Trial And Error: The Case Gets Big (R) ’CC’ DOUBLE EPISODE**Josh's boss, Mr. Mankiewicz, reveals a hole in his case. Meanwhile, Larry takes matters into his own hands, with deadly consequences. | **M (S)**+TRAE01-007+ |

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| 00:30 | **Trial And Error: A Change In Defense (R) ’CC’** Josh's boss creates turmoil when he takes over the case. Meanwhile, when Mankiewicz suggests Larry plead insanity, Josh and Carol Anne Keane try to convince Larry to stand trial. | **M (A)**+TRAE01-008+ |

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| 01:00 | **Grandfathered: Baby Model (R)** After Edie is scouted by a modeling agency, Vanessa and Jimmy collude and get Edie involved in baby modeling. | **PG (S)**+GRAN01-012+ |

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| 01:30 | **Travel Oz: Nevada (R) ’CC’** Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **G** +TRAV4-018+ |

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| 03:30 | **TBA:** TBC | ++ |

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| 04:00 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-237+ |

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| 05:00 | **Seven Early News ’CC’** Latest news, sport and weather from Australia and around the world. | +7ENN19-199+ |

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| 05:30 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-199+ |

 **Friday 04 October 2019**

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| 06:00 | **Sunrise ’CC’** Wake up to a better breakfast with Samantha Armytage and David Koch for all the latest news, sport and weather. | +SUNR19-199+ |

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| 09:00 | **The Morning Show ’CC’** Join Larry Emdur and Kylie Gillies each morning for a variety of segments on the latest news, entertainment and other hot topics. | **PG** +TMSW19-188+ |

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| 11:30 | **Seven Morning News ’CC’** Latest news, sport and weather from Australia and around the world. | +7MNN19-193+ |

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| 12:00 | **Midday Movie: Harry And Meghan: Becoming Royal (R) ’CC’ (2019)** Pulling back the curtain to reveal the untold joys and challenges of life inside the Royal Family during their pivotal first year of marriage. | **PG (A)**+AETN07-001+ |

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| 14:00 | **The Daily Edition ’CC’** Catch up on all of the hottest issues from today's news and entertainment with lively discussions, interviews and crosses to newsmakers around the country. | +TDED19-180+ |

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| 15:00 | **The Chase (R) ’CC’** Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G** +CHSE07-119+ |

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| 16:00 | **Seven News At 4 ’CC’** Breaking stories and news headlines from Melbourne and the rest of the state. | +7ANM19-199+ |

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| 17:00 | **The Chase Australia ’CC’** It's a hit with audiences around the globe - now the general knowledge game show with a difference lands on our shores with The Chase Australia, Hosted by Andrew O'Keefe. | **G** +CHAU05-250+ |

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| 18:00 | **Seven News ’CC’** Breaking stories and news headlines from Melbourne and the rest of the state. | +7NNM19-277+ |

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| 19:00 | **Better Homes And Gardens ’CC’** Homes and gardens come alive in this lifestyle show packed full of home decorating tips, recipes, craft ideas, DIY projects and how tos. | **G** +BHAG25-036+ |

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| 20:30 | **TBA:** TBC | ++ |

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| 22:00 | **TBA:** TBC | ++ |

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| 23:30 | **Ramsay's 24 Hours To Hell And Back: Old Coffee Pot (R) ’CC’** Gordon travels to The Old Coffee Pot, a Cajun restaurant in New Orleans. After intense investigation and surveillance, Ramsay and his team find that the restaurant's staff lack major accountability. | **M (L)**+GRHB01-002+ |

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| 00:30 | **Training Day: Sunset (R) ’CC’** Frank and Holly's worlds collide when several of her call girls go missing, leading the SIS to investigate an eccentric, reclusive Hollywood producer. | **M (V)**+TRDA01-010+ |

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| 01:30 | **Travel Oz: Healthy Reef (R) ’CC’** Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **G** +TRAV4-019+ |

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| 02:00 | **TBA:** TBC | ++ |

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| 02:30 | **TBA:** TBC | ++ |

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| 03:00 | **TBA:** TBC | ++ |

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| 03:30 | **TBA:** TBC | ++ |

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| 04:00 | **The Great Outdoors (R) ’CC’** Stunning Spain, where ancient villages come alive in a unique tour. Sail the Canadian islands where Killer Whales rule the waters. | **G** +GO14-005+ |

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| 05:00 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-238+ |

 **Saturday 05 October 2019**

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| 06:00 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-238+ |

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| 07:00 | **Weekend Sunrise ’CC’** Wake up to a better breakfast with Basil Zempilas and Monique Wright, for all the latest entertainment, news, sport and weather. | +SSUN19-040+ |

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| 10:00 | **The Morning Show - Weekend ’CC’** Join Larry Emdur and Kylie Gillies to catch up on all the highlights from this week's program, including a variety of segments on the latest news and entertainment. | **PG** +TMSA19-034+ |

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| 12:00 | **Seven's Horse Racing: Randwick: Epsom Handicap Day; Flemington: Turnbull Stakes Day ’CC’** A big day of racing at Royal Randwick includes three Group 1 races headlined by the $1 million Epsom Handicap over 1600m, while at Flemington the Group 1 Turnbull Stakes over 2000m is the highlight. | +SHRC19-023+ |

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| 17:00 | **Seven News At 5 ’CC’** Seven brings you the latest developments in today's top stories at home and around the world, plus sport, finance and weather updates. | +7NAF19-079+ |

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| 17:30 | **Border Security - Australia's Front Line (R) ’CC’** An Australian returns from a holiday in Thailand with an illegal concealment stuffed in his underpants. Also, Officers are pushed to their limits by a Chinese man's outrageous behaviour. | **PG** +BORD-205+ |

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| 18:00 | **Seven News ’CC’** Breaking stories and news headlines from Melbourne and the rest of the state. | +7NNM19-278+ |

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| 19:00 | **Movie: Harry Potter And The Chamber Of Secrets (R) ’CC’ (2002)** As their second year at Hogwarts begins, Harry Potter and his friends find themselves facing new challenges and dangers at the wizarding school. Starring:ALAN RICKMAN,DANIEL RADCLIFFE,EMMA WATSON,MAGGIE SMITH,RICHARD HARRIS,ROBBIE COLTRANE,RUPERT GRINT | **PG (H,V)**+WBFF02-027+ |

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| 22:10 | **Movie: Charlie's Angels (R) ’CC’ (2000)** Three beautiful women who work for the mysterious Charlie, use their skills as detectives to find a kidnapped computer genius and keep his discovery out of the wrong hands. Starring:BILL MURRAY,CAMERON DIAZ,DREW BARRYMORE,LUKE WILSON,LL COOL J,LUCY LIU,KELLY LYNCH,SAM ROCKWELL,MATT LEBLANC,TIM CURRY,TOM GREEN,CRISPIN GLOVER | **PG (V,S,L)**+SPF15-006+ |

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| 00:10 | **Training Day: Tunnel Vision (R) ’CC’ DOUBLE EPISODE**The hunt for a suspected terrorist takes an emotional toll on Kyle who is convinced that he encountered the suspect during his service in Afghanistan. | **M (V)**+TRDA01-011+ |

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| 01:05 | **Training Day: Elegy Part 1 (R) ’CC’** Kyle's trust in Frank is shattered when he learns that Frank has been lying to him about the circumstances surrounding his father's death. | **M (V)**+TRDA01-012+ |

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| 03:00 | **TBA:** TBC | ++ |

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| 03:30 | **TBA:** TBC | ++ |

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| 04:00 | **The Great Outdoors: Australia On Sale (R) ’CC’** Don't miss your chance for a great holiday at 50% off. Thousands of bargains in every state, from family friendly resorts, five-star luxury Spas, beachcombing and driving the roof of Australia. | **G** +GO14-006+ |

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| 05:00 | **House Of Wellness (R) ’CC’** Entertaining everybody to live a healthier life. Hosted by Luke Darcy, Rachael Finch, Jo Stanley and Luke Hines. | **PG** +HOWL03-032+ |