**Sunday 27 January 2019**

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| 06:00 | **TBA:** TBC | ++ |

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| 06:30 | **Big Angry Fish (R)** A huge shark is harassing the guys and whatever they catch, so Nathan volunteers to fight back. | **PG** +BAFI03-012+ |

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| 07:30 | **TBA:** TBC | ++ |

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| 08:00 | **TBA:** TBC | ++ |

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| 08:30 | **TBA:** TBC | ++ |

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| 09:00 | **TBA:** TBC | ++ |

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| 09:30 | **The Fishing Show: Exmouth Trifecta And Massive Surface Lure Cod (R)** Host Nigel Webster travels around Australia, providing fishing tips and advice. | **PG** +AFNF07-006+ |

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| 10:30 | **STIHL Timbersports: Making The Cut (R)** Athletes compete in a series of wood chopping and sawing disciplines requiring athleticism, strength, precision and power. | +TIMB05-004+ |

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| 11:30 | **Rides Down Under: Workshop Wars (R)** Everything you ever wanted to know about performance cars, but didn't think to ask. Watch high performance cars rise again from the ashes. | **PG** +RIDU01-008+ |

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| 12:00 | **Pro Bull Riding - Australia: Monster Energy Grand Final (Townsville) (R)** Slap on your big hat and pull on your boots - the Professional Bull Riding circuit is circling Australia. | +PROB02-005+ |

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| 12:30 | **Inside West Coast Customs: Geek Squad (R)** West Coast Customs Geek out at NASCAR when Carl Edwards asks Ryan to design a wrap for his race car that's more chic and less geek. | **PG** +IWCC03-005+ |

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| 13:30 | **Night Thunder** Night Thunder looks at the excitement of Motorsport in Western Australia. | +PERS05-005+ |

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| 14:30 | **Counting Cars: Mustang Memories (R)** Danny is commissioned to restore a family heirloom '67 Ford Mustang. | **PG** +CCAR03-021+ |

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| 15:00 | **Doomsday Preppers: Whatever It Takes (R)** A father-son team from Alabama prepare for a global solar flare with the potential to wipe out power grids around the world. | **PG** +DOOP2-018+ |

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| 16:00 | **Fish Of The Day** Fish of the Day will take you on journey's to stunning locations, introduce you to fascinating locals, and surround you with some of the world's most amazing ocean ecology. | **PG** +FOTD02-005+ |

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| 16:30 | **Big Angry Fish** Milan and Nathan continue their mission to chase anything big that pulls hard. | **PG** +BAFI04-011+ |

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| 17:30 | **Bloopers: The Wetter The Better (R)** Take a look at the biggest blunders and laugh-out-loud moments caught on video. | **PG** +BLOP01-031+ |

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| 18:00 | **Test Cricket: Aust v Sri Lanka: Dinner Break ’CC’** Dinner break.  | +CRIC18-523+ |

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| 19:00 | **Big Bash League: Melbourne Stars v Brisbane ’CC’** Start time: 7.15pm AEDT. The Stars are set to light up the "G" when they host the Heat LIVE from the MCG, Melbourne. | +BBLC18-094+ |

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| 22:30 | **Movie: Goodfellas (R) (1990)** Exposes the fascinating, mysterious and violent world of New York's Mafia families through the life of insider Henry Hill as he rises from smalltime thug to mobster under the guidance of Jimmy Conway Starring:LORRAINE BRACCO,JOE PESCI,SAMUEL L JACKSON,RAY LIOTTA,ROBERT DE NIRO | **MA (V,D,L)**+WBFF02-076+ |

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| 01:30 | **Bloopers: New Ways To Hurt Yourself (R)** Take a look at the biggest blunders and laugh-out-loud moments caught on video. | **PG (A)**+BLOP01-032+ |

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| 02:00 | **Ax Men: Up In Flames** Jimmy Smith braves the depths of the Suwannee River for the first time in three years, but his fears may get the better of him. In the swamp, Shelby also takes on an old enemy. | **M (L)**+AXMN05-015+ |

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| 03:00 | **Night Thunder (R)** Night Thunder looks at the excitement of Motorsport in Western Australia. | +PERS05-005+ |

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| 04:00 | **Fish Of The Day (R)** Fish of the Day will take you on journey's to stunning locations, introduce you to fascinating locals, and surround you with some of the world's most amazing ocean ecology. | **PG** +FOTD02-005+ |

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| 04:30 | **Big Angry Fish (R)** Milan and Nathan continue their mission to chase anything big that pulls hard. | **PG** +BAFI04-011+ |

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| 05:30 | **Bloopers: The Wetter The Better (R)** Take a look at the biggest blunders and laugh-out-loud moments caught on video. | **PG** +BLOP01-031+ |

 **Monday 28 January 2019**

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| 06:00 | **TBA:** TBC | ++ |

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| 06:30 | **Blokesworld: Road To Burma, Pt 1 (R)** Ado and Camera 3 travel the world to prove that Blokes are the same all over the world and they all share the passions. | **PG** +BLKE06-001+ |

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| 07:00 | **NFL** The division champions battle it out in do-or-die clashes as they vie for top spot to make it to the Super Bowl. Start of play: 7am AEDT. | +NFLI18-070+ |

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| 10:00 | **America's Game: The Super Bowl Champions: 2003 New England Patriots (R)** New England and Carolina went toe-to-toe, but Tom Brady kept his cool and led the Patriots to their second NFL title in three years. | +AGSB-038+ |

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| 11:00 | **Bloopers: The Wetter The Better (R)** Take a look at the biggest blunders and laugh-out-loud moments caught on video. | **PG** +BLOP01-031+ |

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| 11:30 | **Blokesworld: Allen Berg, Pt. 1** Ado and Camera 3 travel the world to prove that Blokes are the same all over the world and they all share the same passions. | **PG** +BLKE08-023+ |

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| 12:00 | **Yukon Gold: Fresh Start (R)** Ken and Guillaume journey over a treacherous mountain pass. Cam stresses over getting Oklahoma welder Gary into the country. Mining couple Nika and Chris have a rough start to their season. | **PG** +KLON03-001+ |

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| 13:00 | **Bid and Destroy: Muscle Car Mansion (R)** Lee owes a favour and agrees to tear down a house for much less than the going rate. But when Brian and Eric get to the property they see the house has been stripped clean of anything of value. | **PG** +BIAD-006+ |

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| 13:30 | **Inside West Coast Customs: Aqua Flash (R)** The comic book world descends on WCC when Kia and DC Entertainment tap Ryan and the crew to build two super hero inspired cars. | **PG** +IWCC04-001+ |

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| 14:30 | **Doomsday Preppers: People Become Animals (R)** The possibility of World War III is a major concern for many preppers, including former Marine Alex Dunbar, who is training a private army of German Shepherd attack dogs in San Luis, Colorado. | **PG** +DOOP2-019+ |

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| 15:30 | **My Kitchen Rules 10th Anniversary Special: My Kitchen Rules 10th Anniversary Special (R) ’CC’ (2018)** Join Manu Feildel, Pete Evans, Colin Fassnidge and some of the series' best loved and most divisive teams as we look back at the best of MKR. | **PG (L)**+AUMS55-001+ |

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| 17:00 | **Test Cricket: Aust v Sri Lanka: Test 1 - Day 5 ’CC’** Start time: 1.00pm AEDT. Australia and Sri Lanka take to the pitch on the final day in Brisbane LIVE from The Gabba, Brisbane. | +CRIC18-528+ |

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| 18:20 | **Test Cricket: Aust v Sri Lanka: Dinner Break ’CC’** Dinner break.  | +CRIC18-529+ |

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| 19:00 | **Test Cricket: Aust v Sri Lanka: Test 1 - Day 5 ’CC’** Start time: 1.00pm AEDT. Australia and Sri Lanka take to the pitch on the final day in Brisbane LIVE from The Gabba, Brisbane. | +CRIC18-530+ |

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| 21:00 | **Big Bash League: Perth v Melbourne Ren ’CC’** Start time: 9.15pm AEDT. The Scorchers will come out swinging as they fight to move up the ladder and host the Renegades LIVE from Optus Stadium, Perth. | +BBLC18-097+ |

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| 00:30 | **Ax Men: Up In Flames (R)** Jimmy Smith braves the depths of the Suwannee River for the first time in three years, but his fears may get the better of him. In the swamp, Shelby also takes on an old enemy. | **M (L)**+AXMN05-015+ |

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| 01:30 | **Yukon Gold: Fresh Start (R)** Ken and Guillaume journey over a treacherous mountain pass. Cam stresses over getting Oklahoma welder Gary into the country. Mining couple Nika and Chris have a rough start to their season. | **PG** +KLON03-001+ |

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| 02:30 | **Ax Men: Family Rivalry** At Rygaard, Gabe's two yarder sides are reunited, but the infighting that's plagued them all year is worse than ever. In Florida, the alliance between Team Buck and James Smith comes to a bitter end. | **M (L)**+AXMN05-016+ |

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| 03:30 | **Inside West Coast Customs: Aqua Flash (R)** The comic book world descends on WCC when Kia and DC Entertainment tap Ryan and the crew to build two super hero inspired cars. | **PG** +IWCC04-001+ |

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| 04:30 | **Bid and Destroy: Muscle Car Mansion (R)** Lee owes a favour and agrees to tear down a house for much less than the going rate. But when Brian and Eric get to the property they see the house has been stripped clean of anything of value. | **PG** +BIAD-006+ |

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| 05:00 | **Blokesworld: Road To Burma, Pt 2 (R)** Ado and Camera 3 travel the world to prove that Blokes are the same all over the world and they all share the passions. | **PG** +BLKE06-002+ |

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| 05:30 | **Blokesworld: Road To Burma, Pt 3 (R)** Ado and Camera 3 travel the world to prove that Blokes are the same all over the world and they all share the passions. | **PG** +BLKE06-003+ |

 **Tuesday 29 January 2019**

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| 06:00 | **TBA:** TBC | ++ |

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| 06:30 | **Hook Line And Sinker: Grand-Slam Part 1 (R)** The team set themselves the ambitious task of catching four species of billfish, from their own boat, using their own gear. There's even a detour into the world of cast netting for prawns. | **PG** +HOLS06-001+ |

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| 07:30 | **Creek To Coast ’CC’** Scotty teams up with cricket legends Geoff Marsh and Kim Hughes, and young guns Simon Mackin and Piepa Cleary to explore the boating, camping and fishing offerings in Western Australia. | **G** +7CTC18-041+ |

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| 08:00 | **Mark Berg's Fishing Addiction: Clearwater Island With James (R)** The team surprise a young man from WA who needs a heart transplant with a fishing adventure to the Northern Territory. It's a moving experience as we see this young mans fishing dreams come true. | **PG** +MBFA08-006+ |

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| 09:00 | **Adventure Angler (R)** Join Micah Adams in this high definition series featuring high adventure sports and intense fishing action. | **PG** +ADAN02-009+ |

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| 09:30 | **America's Game: The Super Bowl Champions: 2004 New England Patriots (R)** The Patriots staked their claim as the century's first dynasty and the Greatest Show on Turf, beating the Eagles for their third NFL title in four seasons. | +AGSB-039+ |

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| 10:30 | **A Football Life: Houston Oilers 1993 (R)** Entering the 1993 NFL season, the Houston Oilers were considered Super Bowl favorites. Yet instead of a run to a Super Bowl title, the 1993 season was filled with turmoil, dysfunction and heartbreak. | **PG** +FOLI-038+ |

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| 11:30 | **Mythbusters: Brown Note / Chinese Water Torture / Blown Away (R) ’CC’** Will Adam be able to withstand subsonic frequencies, or will adult diapers be his only hope with the Brown Note? Is a constant drip of water falling on your head really unbearable torture? | **PG** +MYTH2-012+ |

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| 12:30 | **Bid and Destroy: Muscle Car Mansion (R)** Lee owes a favour and agrees to tear down a house for much less than the going rate. But when Brian and Eric get to the property they see the house has been stripped clean of anything of value. | **PG** +BIAD-006+ |

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| 13:00 | **Inside West Coast Customs: Aqua Flash (R)** The comic book world descends on WCC when Kia and DC Entertainment tap Ryan and the crew to build two super hero inspired cars. | **PG** +IWCC04-001+ |

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| 14:00 | **Doomsday Preppers: People Become Animals (R)** The possibility of World War III is a major concern for many preppers, including former Marine Alex Dunbar, who is training a private army of German Shepherd attack dogs in San Luis, Colorado. | **PG** +DOOP2-019+ |

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| 15:00 | **Bid and Destroy: Home Run House (R)** While digging through a fired damaged house, Brian and Eric strike sports gold, a bat signed by both Roger Maris and Mickey Mantle, a Bobby Orr hockey stick and a baseball signed by Babe Ruth. | **PG** +BIAD-007+ |

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| 15:30 | **Bid and Destroy: Farm House Fortune (R)** An old school house is being torn down and it's time to poke around for treasures. With time running out they stumble across what appears to be an old typewriter in a custom-made box. | **PG** +BIAD-008+ |

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| 16:00 | **Inside West Coast Customs: WCC Body Armour (R)** WCC sets out to prove that Line-X isn't for bedliners anymore. | **PG** +IWCC04-002+ |

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| 17:00 | **Doomsday Preppers: The Gates Of Hell (R)** An economic collapse could mean total chaos for the U.S. In Washington state, Steve works with a stern hand to prep his family for the potential threat. | **PG** +DOOP2-020+ |

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| 18:00 | **Storage Wars: The Hills Have Buys NEW EPISODE**The buyers hit Torrance for tough competition over only a few quality lockers. | **PG** +STOW06-002+ |

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| 18:30 | **Storage Wars: Nerds Of The Round Table NEW EPISODE**Ivy attempts to keep his winning streak alive while Darrell and Rene play mind games with each other. | **PG** +STOW06-003+ |

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| 19:00 | **Storage Wars: Operation: Intimidation NEW EPISODE**Brandi is ready to close the Long Beach store, but Jarrod is determined to save it by scoring more lockers. | **PG (S)**+STOW06-004+ |

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| 19:30 | **Highway Patrol: Ghost Rider (R) ’CC’** Police spot two motorcyclists racing each other on the streets of Epping. One pulls over but the other does a runner. A driver gets belligerent when he discovers the amount of trouble he's in. | **PG** +HWYP7-001+ |

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| 20:00 | **Beach Cops (R) ’CC’** A teenager is trapped in the Blowhole and his friends run for help. Drunks on the Corso know the law better than the police! Cops chase 2 young men who are making homemade bombs.  | **PG** +BHCP02-001+ |

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| 20:30 | **Megatruckers (R)** Jon Kelly and his team of Heavy Haulage drivers specialise in moving the biggest loads you will ever see on the road to places no-one thought they can get them to. | **M (L)**+MTRU01-010+ |

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| 21:00 | **Aussie Salvage Squad (R)** Team Salvage is towing a damaged yacht to a North Queensland boatyard. The vessel has a broken keel, no steering capacity and it’s taking on water. | **MA (L)**+SASQ01-003+ |

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| 22:00 | **Aussie Salvage Squad (R)** Team Salvage is in the middle of a major rescue. But things are not looking good. Their winch tank retriever is bogged, their salvage Ute is bogged and that’s just the start of their troubles. | **M (L)**+SASQ01-004+ |

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| 23:00 | **World's Deadliest Weather: Caught On Camera (R) ’CC’** A man films deadly tornado flattens his own home as it destroys every single house a small Illinois town. A freak storm at a Belgian music festival leaves revellers trapped inside a flattened marquee. | **PG (A)**+WDWC01-007+ |

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| 00:00 | **Ax Men: Family Rivalry (R)** At Rygaard, Gabe's two yarder sides are reunited, but the infighting that's plagued them all year is worse than ever. In Florida, the alliance between Team Buck and James Smith comes to a bitter end. | **M (L)**+AXMN05-016+ |

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| 01:00 | **Inside West Coast Customs: WCC Body Armour (R)** WCC sets out to prove that Line-X isn't for bedliners anymore. | **PG** +IWCC04-002+ |

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| 02:00 | **Ax Men: Swamp Gold** While on a night mission, Shelby finds something that could lead to a bigger payday than he's ever seen. In Washington, Craig and Wayne plot a prank to teach Dave a lesson. | **M (L)**+AXMN05-017+ |

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| 03:00 | **Bid and Destroy: Home Run House (R)** While digging through a fired damaged house, Brian and Eric strike sports gold, a bat signed by both Roger Maris and Mickey Mantle, a Bobby Orr hockey stick and a baseball signed by Babe Ruth. | **PG** +BIAD-007+ |

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| 03:30 | **Bid and Destroy: Farm House Fortune (R)** An old school house is being torn down and it's time to poke around for treasures. With time running out they stumble across what appears to be an old typewriter in a custom-made box. | **PG** +BIAD-008+ |

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| 04:00 | **Storage Wars: The Hills Have Buys (R)** The buyers hit Torrance for tough competition over only a few quality lockers. | **PG** +STOW06-002+ |

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| 04:30 | **Storage Wars: Nerds Of The Round Table (R)** Ivy attempts to keep his winning streak alive while Darrell and Rene play mind games with each other. | **PG** +STOW06-003+ |

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| 05:00 | **Storage Wars: Operation: Intimidation (R)** Brandi is ready to close the Long Beach store, but Jarrod is determined to save it by scoring more lockers. | **PG (S)**+STOW06-004+ |

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| 05:30 | **Blokesworld: Road To Burma, Pt 4 (R)** Ado and Camera 3 travel the world to prove that Blokes are the same all over the world and they all share the passions. | **PG** +BLKE06-004+ |

 **Wednesday 30 January 2019**

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| 06:00 | **TBA:** TBC | ++ |

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| 06:30 | **Hook Line And Sinker: Grand-Slam Part 2 (R)** The Hook, Line and Sinker, Marlin Express rolls on and this time to a freakish double hookup on Blue Marlin, all without a cameraman in sight! Plus, more from Australia's favourite boat restoration. | **PG** +HOLS06-002+ |

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| 07:30 | **My Fishing Place: Ashford (R)** The My Fishing Place boys Dazza, Kezza and Big Red head down to Northern New South Wales to chase the great Australian freshwater sportfish, the mighty Murray Cod. | **PG** +MYFI01-004+ |

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| 08:00 | **Mark Berg's Fishing Addiction: PCB With John - Part 1 (R)** The team head to the very remote Princess Charlotte Bay in far North Queensland with volunteer rural fire fighter, John Capes. The fishing paradise has an amazing variety of species available. | **PG** +MBFA08-007+ |

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| 09:00 | **Adventure Angler: Nomad - Part 1 (R)** Join Micah Adams in this high definition series featuring high adventure sports and intense fishing action. | **PG** +ADAN02-010+ |

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| 09:30 | **America's Game: The Super Bowl Champions: 2005 Pittsburgh Steelers (R)** An inspired performance by wideout Hines Ward and big plays by lesser names carried the Steelers to victory over the Seahawks Their fifth NFL title a fitting end to a historic out-of-town playoff run. | +AGSB-040+ |

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| 10:30 | **A Football Life: Vince Lombardi (PT1) (R)** He is best known as the head coach of the Green Bay Packers during the 1960s. Lombardi is considered by many to be one of the best and most successful coaches in NFL history. | **PG** +FOLI-039+ |

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| 11:30 | **Mythbusters: Cement Mixup / Salsa Escape (R) ’CC’** Adam and Jamie go head to head in a madcap Mexican jailbreak as they taste-test the theory of the Salsa Escape. Can you use dynamite to remove cement build-up from a mixer's barrel? | **PG** +MYTH2-013+ |

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| 12:30 | **Bid and Destroy: Home Run House (R)** While digging through a fired damaged house, Brian and Eric strike sports gold, a bat signed by both Roger Maris and Mickey Mantle, a Bobby Orr hockey stick and a baseball signed by Babe Ruth. | **PG** +BIAD-007+ |

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| 13:00 | **Bid and Destroy: Farm House Fortune (R)** An old school house is being torn down and it's time to poke around for treasures. With time running out they stumble across what appears to be an old typewriter in a custom-made box. | **PG** +BIAD-008+ |

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| 13:30 | **Storage Wars: The Hills Have Buys (R)** The buyers hit Torrance for tough competition over only a few quality lockers. | **PG** +STOW06-002+ |

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| 14:00 | **Storage Wars: Nerds Of The Round Table (R)** Ivy attempts to keep his winning streak alive while Darrell and Rene play mind games with each other. | **PG** +STOW06-003+ |

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| 14:30 | **Storage Wars: Operation: Intimidation (R)** Brandi is ready to close the Long Beach store, but Jarrod is determined to save it by scoring more lockers. | **PG (S)**+STOW06-004+ |

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| 15:00 | **Doomsday Preppers: The Gates Of Hell (R)** An economic collapse could mean total chaos for the U.S. In Washington state, Steve works with a stern hand to prep his family for the potential threat. | **PG** +DOOP2-020+ |

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| 16:00 | **Inside West Coast Customs: South Of The Border Buses (R)** It's time to head south of the Boarder for this build. The Ohana Group has challenged WCC to create the ultimate Taco and Margarita buses. | **PG** +IWCC04-003+ |

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| 17:00 | **Doomsday Preppers: Don't Betray The Colony (R)** Some preppers believe in safety in numbers -- as is the case for Jeff Mann, who leads "the Colony," a community of 25 preppers unified with the single purpose of surviving doomsday.  | **PG** +DOOP2-021+ |

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| 18:00 | **Storage Wars: The Return Of King Of Montebello NEW EPISODE**Jarrod and Brandi split up and only time will tell if it's for good. Ivy has hired a new employee to run his shop, but will it help him or hurt him? | **PG** +STOW06-005+ |

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| 18:30 | **Storage Wars: For A Good Time, Call Ivy NEW EPISODE**Darrell is up to his old tricks again, but it's Ivy who ends up pranking the competition while Rene and Casey space out.  | **PG** +STOW06-006+ |

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| 19:00 | **Storage Wars: LBC U LTR NEW EPISODE**Ivy is racing against time to score a locker and get home; otherwise, he'll be in the doghouse. | **PG (S)**+STOW06-007+ |

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| 19:30 | **The Simpsons: Pranksta Rap** After sneaking off to a rap concert, Bart fakes his own kidnapping...and inadvertently implicates Milhouse's father in the "crime." | **PG** +SIMP16-009+ |

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| 20:00 | **The Simpsons: There's Something About Marrying** When tourists shun Springfield, the town legalizes gay marriage in hopes of reversing the dire economic slowdown...and Homer makes money by becoming an ordained minister. | **PG** +SIMP16-010+ |

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| 20:30 | **Futurama: Fear Of A Bot Planet FIRST TIME ON 7MATE**Fry and Lela find themselves trapped on a planet ruled by human-hating robots. | **PG (A,V,L)**+FUTR01-005+ |

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| 21:00 | **Futurama: A Fishful Of Dollars FIRST TIME ON 7MATE**Fry discovers that a small amount of money left in his old bank account has accumulated into a fortune. But his nostalgia for anchovies in particular puts him at odds with an evil oil tycoon. | **PG (A,V,L)**+FUTR01-006+ |

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| 21:30 | **Family Guy: Brian Goes Back To College (R)** Brian goes back to college to get his Degree, and Peter and his friends form their own version of The A-Team. W | **PG (A,V)**+FGUY5-005+ |

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| 22:00 | **Family Guy: The Courtship Of Stewie's Father (R)** Peter tries to bond with Stewie by taking him to Disney World, Peter brown-noses his boss, and Herbert gets Chris to repay a debt by having him do chores around the house. W | **PG (A,S,V)**+FGUY5-006+ |

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| 22:30 | **American Dad: Dope & Faith (R)** Stan prays for a friend and thinks God sent him one, but he turns out to be an atheist. W | **M** +ADAD4-003+ |

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| 23:00 | **American Dad: Big Trouble In Little Langley (R)** When Francine's adopted parents stop by for an unannounced stay, Stan is furious that they refuse to assimilate to his "man of the house" ways. W | **M** +ADAD4-004+ |

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| 23:30 | **Tattoo Nightmares: Pinup Problems (R)** Jasmine tries to cover tribal flames and put a prank in the past while Tommy works on super fan with a busted pinup but his fix runs into major problems. | **M (A,L)**+TATT-003+ |

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| 00:00 | **Black-ish: All Groan Up** When Zoey gets into several colleges around the country, Dre and Bow begin feeling worried and sentimental. | **PG (A)**+BLKI03-021+ |

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| 00:30 | **Ax Men: Swamp Gold (R)** While on a night mission, Shelby finds something that could lead to a bigger payday than he's ever seen. In Washington, Craig and Wayne plot a prank to teach Dave a lesson. | **M (L)**+AXMN05-017+ |

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| 01:30 | **Storage Wars: The Return Of King Of Montebello (R)** Jarrod and Brandi split up and only time will tell if it's for good. Ivy has hired a new employee to run his shop, but will it help him or hurt him? | **PG** +STOW06-005+ |

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| 02:00 | **TBA:** TBC | ++ |

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| 03:30 | **TBA:** TBC | ++ |

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| 04:00 | **Ax Men: Up In Smoke** The final race to be King of the Mountain is in full swing. In the swamp, Shelby's chasing buried gold in Lake Ponchartrain. In Florida, a surprising end to the log-off forces Sudden Death. | **M (L)**+AXMN05-018+ |

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| 05:00 | **Storage Wars: For A Good Time, Call Ivy (R)** Darrell is up to his old tricks again, but it's Ivy who ends up pranking the competition while Rene and Casey space out.  | **PG** +STOW06-006+ |

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| 05:30 | **Storage Wars: LBC U LTR (R)** Ivy is racing against time to score a locker and get home; otherwise, he'll be in the doghouse. | **PG (S)**+STOW06-007+ |

 **Thursday 31 January 2019**

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| 06:00 | **TBA:** TBC | ++ |

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| 06:30 | **Hook Line And Sinker: Grand-Slam Part 3 (R)** The quest for four species of billfish from the East Coast of Australia continues, this time Black Marlin is on the hit list as well as an ill-timed bucks party! | **PG** +HOLS06-003+ |

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| 07:30 | **Creek To Coast (R) ’CC’** Queensland's ultimate outdoor adventure show, featuring the very latest in camping, cruising, fishing and four-wheel-driving. | **G** +7CTC17-007+ |

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| 08:00 | **Mark Berg's Fishing Addiction: PCB With John - Part 2 (R)** The Princess Charlotte Bay trip continues with our Fishing Addiction winner, John Cates. John has only a few more fish to catch to take home the $5000 worth of gear from Daiwa. | **PG** +MBFA08-008+ |

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| 09:00 | **Adventure Angler (R)** Join Micah Adams in this high definition series featuring high adventure sports and intense fishing action. | **PG** +ADAN02-012+ |

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| 09:30 | **America's Game: The Super Bowl Champions: 2006 Indianapolis Colts (R)** Payton Manning leads this Colts team to a Super Bowl win over the hard hitting Chicago Bears, 29-17. | +AGSB-041+ |

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| 10:30 | **A Football Life: Vince Lombardi (PT2) (R)** He is best known as the head coach of the Green Bay Packers during the 1960s. Lombardi is considered by many to be one of the best and most successful coaches in NFL history. | **PG** +FOLI-040+ |

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| 11:30 | **Mythbusters: Drive Shaft Pole Vault / Exploding Latrine (R) ’CC’** Can a person receive third-degree burns if he or she lights a cigarette inside a port-a-potty? Will a broken drive shaft on the front of a car cause it to pole vault if it hits a pothole? | **PG** +MYTH2-014+ |

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| 12:30 | **Storage Wars: The Return Of King Of Montebello (R)** Jarrod and Brandi split up and only time will tell if it's for good. Ivy has hired a new employee to run his shop, but will it help him or hurt him? | **PG** +STOW06-005+ |

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| 13:00 | **Storage Wars: For A Good Time, Call Ivy (R)** Darrell is up to his old tricks again, but it's Ivy who ends up pranking the competition while Rene and Casey space out.  | **PG** +STOW06-006+ |

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| 13:30 | **Storage Wars: LBC U LTR (R)** Ivy is racing against time to score a locker and get home; otherwise, he'll be in the doghouse. | **PG (S)**+STOW06-007+ |

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| 14:00 | **The Simpsons: Pranksta Rap (R)** After sneaking off to a rap concert, Bart fakes his own kidnapping...and inadvertently implicates Milhouse's father in the "crime." | **PG** +SIMP16-009+ |

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| 14:30 | **The Simpsons: There's Something About Marrying (R)** When tourists shun Springfield, the town legalizes gay marriage in hopes of reversing the dire economic slowdown...and Homer makes money by becoming an ordained minister. | **PG** +SIMP16-010+ |

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| 15:00 | **Futurama: Fear Of A Bot Planet (R)** Fry and Lela find themselves trapped on a planet ruled by human-hating robots. | **PG (A,V,L)**+FUTR01-005+ |

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| 15:30 | **Futurama: A Fishful Of Dollars (R)** Fry discovers that a small amount of money left in his old bank account has accumulated into a fortune. But his nostalgia for anchovies in particular puts him at odds with an evil oil tycoon. | **PG (A,V,L)**+FUTR01-006+ |

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| 16:00 | **Inside West Coast Customs: Attack Of The Monster Kids (R)** From homeless to hip-hop stars, Chi Towns finest have seen it all. But when Monster Cable pulls Ryan in to help build them a new van to travel in, they're really given something to dance about. | **PG** +IWCC04-004+ |

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| 17:00 | **Doomsday Preppers: Lone Wolves And Lovers (R)** Think you've got what it takes to survive the end of days? NGC will study the full spectrum of prepper types, from lone wolves to full-fledged neighborhood networks.  | **PG** +DOOP2-022+ |

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| 18:00 | **Storage Wars: Nuthin' But A 'G' Thang Rene NEW EPISODE**Rene and Casey plan to buy big and fill their truck, no matter the cost. Gossip surrounds Jarrod and Brandi's Long Beach store. Will it be too much of a distraction to overcome? | **PG** +STOW06-008+ |

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| 18:30 | **Storage Wars: Boom Goes The Dynamite? NEW EPISODE**The buyers head to Rene's territory in hopes of schooling him on his own turf. | **PG** +STOW06-009+ |

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| 19:00 | **Storage Wars: Zen Masters Of The Universe NEW EPISODE**Rene is being groomed to take over the competition, while Ivy learns a lesson that changes his tune about locker buying. | **PG** +STOW06-010+ |

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| 19:30 | **The Simpsons: On A Clear Day I Can't See My Sister** After Bart torments his sister during a school field trip, Lisa gets a restraining order; and Homer takes a job as a greeter at a local mega-store. | **PG** +SIMP16-011+ |

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| 20:00 | **The Simpsons: Goo Goo Gai Pan** Homer pretends to be Selma's husband when Selma travels to China to adopt a baby. | **PG** +SIMP16-012+ |

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| 20:30 | **Movie: Knowing (R) ’CC’ (2009)** When a time capsule revealing a cryptic sequence of numbers is revealed, it is up to one man to discover its meaning and save humanity. Starring:ADRIENNE PICKERING,ALAN HOPGOOD,CHANDLER CANTERBURY,D.G. MALONEY,LARA ROBINSON,ROSE BYRNE,NICOLAS CAGE,NADIA TOWNSEND | **M (H,V)**+ICNF15-002+ |

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| 23:00 | **World's Toughest Cops: Jamaica (Kingston)** Rival gangs have turned parts of the Jamaican capital of Kingston into hostile war zones. Trapped in the middle, trying to stop Kingston descending into all out civil war, are the Police.  | **M (V)**+WOTC01-008+ |

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| 00:00 | **Ax Men: Up In Smoke (R)** The final race to be King of the Mountain is in full swing. In the swamp, Shelby's chasing buried gold in Lake Ponchartrain. In Florida, a surprising end to the log-off forces Sudden Death. | **M (L)**+AXMN05-018+ |

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| 01:00 | **Inside West Coast Customs: Attack Of The Monster Kids (R)** From homeless to hip-hop stars, Chi Towns finest have seen it all. But when Monster Cable pulls Ryan in to help build them a new van to travel in, they're really given something to dance about. | **PG** +IWCC04-004+ |

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| 02:00 | **Ax Men: Betting It All** From Alaska to Florida, one of the toughest seasons on record is almost over. At Papac, pushing hard pushes Joe to his breaking point, while at Rygaard, Dave has officially worn out his welcome. | **M (L)**+AXMN05-019+ |

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| 03:00 | **Storage Wars: Nuthin' But A 'G' Thang Rene (R)** Rene and Casey plan to buy big and fill their truck, no matter the cost. Gossip surrounds Jarrod and Brandi's Long Beach store. Will it be too much of a distraction to overcome? | **PG** +STOW06-008+ |

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| 03:30 | **Storage Wars: Boom Goes The Dynamite? (R)** The buyers head to Rene's territory in hopes of schooling him on his own turf. | **PG** +STOW06-009+ |

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| 04:00 | **World's Toughest Cops: Jamaica (Kingston) (R)** Rival gangs have turned parts of the Jamaican capital of Kingston into hostile war zones. Trapped in the middle, trying to stop Kingston descending into all out civil war, are the Police.  | **M (V)**+WOTC01-008+ |

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| 05:00 | **Storage Wars: Zen Masters Of The Universe (R)** Rene is being groomed to take over the competition, while Ivy learns a lesson that changes his tune about locker buying. | **PG** +STOW06-010+ |

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| 05:30 | **Blokesworld: Road To Burma, Pt 5 (R)** Ado and Camera 3 travel the world to prove that Blokes are the same all over the world and they all share the passions. | **PG** +BLKE06-005+ |

 **Friday 01 February 2019**

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| 06:00 | **TBA:** TBC | ++ |

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| 06:30 | **Hook Line And Sinker: Grand-Slam Part 4 (R)** The HLS Billfish Grand-Slam travels first to NSW in pursuit of Striped Marlin and then deep into the Southern Ocean to complete the task against the strongest fish that swims. | **PG** +HOLS06-004+ |

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| 07:30 | **Creek To Coast (R) ’CC’** Queensland's ultimate outdoor adventure show, featuring the very latest in camping, cruising, fishing and four-wheel-driving. | **G** +7CTC17-008+ |

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| 08:00 | **Mark Berg's Fishing Addiction: Albany Island With Shane (R)** The team head to Albany Island with Shane Hendrick from Melbourne. They explore the east coast of Cape York, chasing everything from Spaniards to Barramundi in this spectacular wilderness. | **PG** +MBFA08-009+ |

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| 09:00 | **Adventure Angler: Cape York Jet Ski (R)** Join Micah Adams in this high definition series featuring high adventure sports and intense fishing action. | **PG** +ADAN03-001+ |

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| 09:30 | **NFL This Week** Host Mark Chapman alongside former Giants defensive back Jason Bell and two-time Super Bowl champion Osi Umenyiora dissect the latest American football action from the NFL season. | +NFLT18-021+ |

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| 10:30 | **A Football Life: Tiki & Ronde Barber (R)** Tiki was drafted by the New York Giants in the second round of the 1997 NFL Draft, while the Tampa Bay Buccaneers selected Ronde Barber in the third round. The brothers played in the NFL for years. | **PG** +FOLI-041+ |

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| 11:30 | **Mythbusters: Toy Car Race-Off / Buttered Toast / Yawning Is Contagious (R) ’CC’** Can a yawn, like a cold, truly be caught? Does toast really fall buttered-side down? Could a toy car beat a real car in a gravity slope race? | **PG** +MYTH2-015+ |

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| 12:30 | **Inside West Coast Customs: Attack Of The Monster Kids (R)** From homeless to hip-hop stars, Chi Towns finest have seen it all. But when Monster Cable pulls Ryan in to help build them a new van to travel in, they're really given something to dance about. | **PG** +IWCC04-004+ |

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| 13:30 | **Doomsday Preppers: Lone Wolves And Lovers (R)** Think you've got what it takes to survive the end of days? NGC will study the full spectrum of prepper types, from lone wolves to full-fledged neighborhood networks.  | **PG** +DOOP2-022+ |

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| 14:30 | **The Simpsons: On A Clear Day I Can't See My Sister (R)** After Bart torments his sister during a school field trip, Lisa gets a restraining order; and Homer takes a job as a greeter at a local mega-store. | **PG** +SIMP16-011+ |

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| 15:00 | **The Simpsons: Goo Goo Gai Pan (R)** Homer pretends to be Selma's husband when Selma travels to China to adopt a baby. | **PG** +SIMP16-012+ |

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| 15:30 | **Storage Wars: Nuthin' But A 'G' Thang Rene (R)** Rene and Casey plan to buy big and fill their truck, no matter the cost. Gossip surrounds Jarrod and Brandi's Long Beach store. Will it be too much of a distraction to overcome? | **PG** +STOW06-008+ |

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| 16:00 | **Storage Wars: Boom Goes The Dynamite? (R)** The buyers head to Rene's territory in hopes of schooling him on his own turf. | **PG** +STOW06-009+ |

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| 16:30 | **Inside West Coast Customs: Technoliner (R)** West Coast Customs will create the Technoliner - Old school styling meets tech. It's WCC's biggest build yet. | **PG** +IWCC04-005+ |

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| 17:30 | **Bloopers: New Ways To Hurt Yourself (R)** Take a look at the biggest blunders and laugh-out-loud moments caught on video. | **PG (A)**+BLOP01-032+ |

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| 18:00 | **Storage Wars: Zen Masters Of The Universe (R)** Rene is being groomed to take over the competition, while Ivy learns a lesson that changes his tune about locker buying. | **PG** +STOW06-010+ |

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| 18:30 | **Movie: Little Man (R) (2006)** Posing as an abandoned toddler, a very small fugitive from the law tricks a couple into taking him in. Starring:BRITTANY DANIEL,MARLON WAYANS,KERRY WASHINGTON,JOHN WITHERSPOON,TRACY MORGAN,SHAWN WAYANS | **PG (V,S,L)**+SPF16-017+ |

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| 20:30 | **Movie: White Men Can't Jump (R) (1992)** Two basketball hustlers are set to clean out every chump on the courts, including each other. | **M (L)**+FOXF01-026+ |

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| 22:55 | **Movie: Stewardess School (R)** The adventures of one class of attendants as they work their way through school, graduate and then end up working at flaky, funny Stromboli Airlines. Starring:BRETT CULLEN,DON MOST,DENNIS BURKLEY,MARY CADORETTE,JUDY LANDERS,SANDAHL BERGMAN,WENDIE JO SPERBER | **M (D,N,S)**+SPCF06-011+ |

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| 00:55 | **Inside West Coast Customs: Technoliner (R)** West Coast Customs will create the Technoliner - Old school styling meets tech. It's WCC's biggest build yet. | **PG** +IWCC04-005+ |

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| 01:55 | **Ax Men: The Ax Stops Here** Who will be crowned King of the Mountain? While Papac battles to bring their yarder operator back from the brink, Craig Rygaard forces Gabe to choose between him and Dave. | **M (L)**+AXMN05-020+ |

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| 03:00 | **NFL (R)** The division champions battle it out in do-or-die clashes as they vie for top spot to make it to the Super Bowl. Start of play: 7am AEDT. | +NFLI18-070+ |

 **Saturday 02 February 2019**

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| 06:00 | **My Fishing Place: Emmaville (R)** After a trip up north is cancelled, the My Fishing Place boys, Dazza, Kezza and Big Red head back to Northern New South Wales and final catch themselves some decent Murray Cod! | **PG** +MYFI01-005+ |

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| 06:30 | **My Fishing Place: Mini Mini NT (R)** The My Fishing Place boys, Dazza, Kezza and Big Red head north again to the beautiful Mini Mini system and catch themselves some seriously angry Barramundi and several other prime target species. | **PG** +MYFI01-006+ |

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| 07:00 | **Mark Berg's Fishing Addiction: Best Of (R)** Relive the best moments of the season, from the epic surprises through to the massive fish caught and of course the celebrations of a record number of winners taking home the $5000 worth of gear. | **PG** +MBFA08-010+ |

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| 08:00 | **TBA:** TBC | ++ |

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| 08:30 | **TBA:** TBC | ++ |

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| 09:00 | **Mythbusters: Cooling A Six Pack / Buster Rebuild / Ancient Electricity (R) ’CC’** The MythBusters use ice, water, refrigerators, freezers and fire to test the fastest way to cool a six-pack. Then the team builds a new crash- test dummy ... and drops it 60 feet from a crane. | **PG** +MYTH2-016+ |

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| 10:00 | **Yukon Gold: Game Changer (R)** Cam gambles on an expensive new water cannon. A broken part on his sluice plant slows Karl's progress. Ken and Guillaume's first gold test is a dud. | **PG** +KLON03-002+ |

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| 11:00 | **Yukon Gold: Under Pressure (R)** Chris and Nika butt heads while moving to a new cut. Cam struggles with machine failures and contaminated fuel. Ken and Guillaume's mining plans nearly go up in flames. | **PG (L)**+KLON03-004+ |

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| 12:00 | **STIHL Timbersports: The STIHL Timbersports Australian Champion Is Crowned** Athletes compete in a series of wood chopping and sawing disciplines requiring athleticism, strength, precision and power. | +TIMB05-005+ |

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| 13:00 | **Blokesworld: Allen Berg, Pt. 1 (R)** Ado and Camera 3 travel the world to prove that Blokes are the same all over the world and they all share the same passions. | **PG** +BLKE08-023+ |

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| 13:30 | **Bloopers: New Ways To Hurt Yourself (R)** Take a look at the biggest blunders and laugh-out-loud moments caught on video. | **PG (A)**+BLOP01-032+ |

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| 14:00 | **Inside West Coast Customs: Technoliner (R)** West Coast Customs will create the Technoliner - Old school styling meets tech. It's WCC's biggest build yet. | **PG** +IWCC04-005+ |

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| 15:00 | **Rides Down Under: Workshop Wars** Everything you ever wanted to know about performance cars, but didn't think to ask. Watch high performance cars rise again from the ashes. | **PG** +RIDU01-009+ |

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| 15:30 | **Pro Bull Riding - Australia: Melbourne** Slap on your big hat and pull on your boots - the Professional Bull Riding circuit is circling Australia. | +PROB02-006+ |

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| 16:00 | **Sports Event: Bathurst 12 Hour - Top 10 Shootout ’CC’ (2019)** Start time 4.00pm AEDT. The motor racing season is set to start with a bang as stars including Craig Lowndes, Garth Tander and Jamie Whincup take to the track for the Bathurst Top 10 Shootout. | +SPSP19-001+ |

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| 17:00 | **Inside West Coast Customs: Chris Brown's First Love (R)** You only have one first love, and for Chris Brown it's his 2004 Lamborgini. But this R&B sensation can't be seen driving last years whip, so he's asked Ryan to update his baby into something new.  | **PG** +IWCC04-006+ |

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| 18:00 | **Loose Screws: Fully Loaded NEW EPISODE**The greatest inventions from the world's greatest dreamers. | **PG** +LOSC01-004+ |

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| 18:30 | **Loose Screws: You Want A Piece Of Me?** The greatest inventions from the world's greatest dreamers. | **PG** +LOSC01-005+ |

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| 19:00 | **Movie: National Treasure (R) ’CC’ (2004)** A treasure-seeker embarks on a quest to track down a chest hidden by America's Founding Fathers. Will he locate it before the FBI? Starring:CHRISTOPHER PLUMMER,HARVEY KEITEL,DIANE KRUGER,JON VOIGHT,NICOLAS CAGE,SEAN BEAN,JUSTIN BARTHA | **PG (V)**+WDFR16-008+ |

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| 21:40 | **Movie: The Da Vinci Code (R) ’CC’ (2006)** Tom Hanks stars as Robert Langdon, a symbologist who investigates a murder inside the Louvre and clues in Da Vinci paintings that lead to the discovery of a religious mystery. Starring:ALFRED MOLINA,AUDREY TAUTOU,IAN MCKELLEN,JURGEN PROCHNOW,TOM HANKS,PAUL BETTANY,JEAN RENO,JEAN-PIERRE MARIELLE,JEAN-YVES BERTELOOT | **M (A,V)**+SPF14-007+ |

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| 00:40 | **Inside West Coast Customs: Chris Brown's First Love (R)** You only have one first love, and for Chris Brown it's his 2004 Lamborgini. But this R&B sensation can't be seen driving last years whip, so he's asked Ryan to update his baby into something new.  | **PG** +IWCC04-006+ |

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| 01:35 | **NFL (R)** From training camp, to the regular season, through the playoffs and then the Conference Championship. The road was hard, the struggle was real, and now the ultimate pinnacle, the Super Bowl. | +NFLI18-059+ |

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| 03:00 | **Yukon Gold: Game Changer (R)** Cam gambles on an expensive new water cannon. A broken part on his sluice plant slows Karl's progress. Ken and Guillaume's first gold test is a dud. | **PG** +KLON03-002+ |

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| 04:00 | **Yukon Gold: Time Crunch (R)** Cam and his crew rush to start sluicing Donovan cut. Karl comes up with a clever way to motivate his crew. Chris and Nika's operation is halted by a sluice plant breakdown. | **M (L)**+KLON03-003+ |

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| 05:00 | **Loose Screws: You Want A Piece Of Me? (R)** The greatest inventions from the world's greatest dreamers. | **PG** +LOSC01-005+ |

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| 05:30 | **Sports Event: Bathurst 12 Hour Event ’CC’ (2019)** Australia's International Endurance has grown to become one of the 'must win' events on the global GT schedule, with 12 hours of tough racing on Mt Panorama. Start time: 5.30am AEDT. | +SPSP19-002+ |