**Sunday, August 14, 2016**

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| 06:00 AM | **Rio 2016 Olympic Games: Day 8 - Morning ’CC’ LIVE**Live Olympic action. Today from Rio, track cycling finals will take place, including women’s team pursuit, women’s keirin and men’s sprint. | +OLY116-208+ |

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| 09:00 AM | **Rio 2016 Olympic Games: Day 8 - Day ’CC’ LIVE**Live from Rio, another huge day of swimming and athletics, including the men’s long jump final, women’s 100m and the men’s 10,000m final. Also, the Campbell sisters compete in the 50m freestyle. | +OLY116-308+ |

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| 02:00 PM | **Rio 2016 Olympic Games: Day 8 - Highlights ’CC’** Host Kylie Gillies recaps a day of Olympic competition that included plenty of Australians and gold medal moments. | +OLY116-408+ |

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| 05:30 PM | **Sydney Weekender ’CC’** Mike and Sophie check out Norfolk Island. Sophie looks at Hill Goat Farm, while Mike tests different modes of transport across eighty kilometeres of its roads.  | **G** +7SWE23-029+ |

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| 06:00 PM | **Seven News ’CC’** Live and comprehensive coverage of breaking news and local, national and international top stories, plus Sport, Finance and Weather updates and all the latest from the Olympic Games. | +7NNS16-227+ |

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| 07:00 PM | **In Rio Today ’CC’ LIVE**Host Hamish McLachlan shares all the golden moments and Australian performances each day of the Rio 2016 Olympic Games - every Aussie medal, every reaction, every unmissable moment. | +OLY116-508+ |

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| 09:00 PM | **Rio 2016 Olympic Games: Day 9 - In Rio Today / Evening ’CC’ LIVE**Host Hamish McLachlan gears up for a day of Olympic action. 10,500 athletes are chasing 306 gold medals across the 16 days of competition in Rio de Janeiro.  | +OLY116-609+ |

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| 10:30 PM | **Rio 2016 Olympic Games: Day 9 - Late Night ’CC’ LIVE**As Rio wakes up, Olympic competition kicks straight into gear. Who will be crowned an Olympic Champion today? Today sees more athletic action take place. Hosted by Mel McLaughlin. | +OLY116-709+ |

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| 12:00 AM | **Rio 2016 Olympic Games: Day 9 - Overnight ’CC’ LIVE**Overnight action from Rio, hosted by Mel McLaughlin and Todd Woodbridge. Includes coverage of equestrian, Australia vs Greece in water polo and sailing.  | +OLY116-109+ |

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| 05:30 AM | **Sunrise ’CC’** Australia’s only breakfast TV show with live coverage of Olympic Games as they happen and all the big medal wins. Plus, a full wrap up of the Olympic action from overnight and when Aussies strike gold | +SUNR16-162+ |

 **Monday, August 15, 2016**

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| 06:00 AM | **Sunrise’CC’** Australia’s only breakfast TV show with live coverage of Olympic Games as they happen and all the big medal wins. Plus, a full wrap up of the Olympic action from overnight and when Aussies strike gold | +SUNR16-162+ |

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| 09:00 AM | **Rio 2016 Olympic Games: Day 9 - Day ’CC’ LIVE**Live coverage from Rio. Athletics events today include the men’s and women's finals, as well as the men's pole vault finals. Beach volleyball will also take place. | +OLY116-309+ |

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| 02:00 PM | **Rio 2016 Olympic Games: Day 9 - Highlights ’CC’** Host Kylie Gillies recaps a day of Olympic competition that included plenty of Australians and gold medal moments  | +OLY116-409+ |

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| 05:00 PM | **The Chase Australia ’CC’** It’s a hit with audiences around the globe – now the general knowledge game show with a difference lands on our shores with The Chase Australia, Hosted by Andrew O’Keefe. | **G** +CHAU03-057+ |

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| 06:00 PM | **Seven News ’CC’** Live and comprehensive coverage of breaking news and local, national and international top stories, plus Sport, Finance and Weather updates and all the latest from the Olympic Games. | +7NNS16-228+ |

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| 07:00 PM | **In Rio Today ’CC’ LIVE**Host Hamish McLachlan shares all the golden moments and Australian performances each day of the Rio 2016 Olympic Games - every Aussie medal, every reaction, every unmissable moment. | +OLY116-509+ |

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| 09:00 PM | **Rio 2016 Olympic Games: Day 10 - In Rio Today / Evening ’CC’ LIVE**Host Hamish McLachlan gears up for a day of Olympic action. 10,500 athletes are chasing 306 gold medals across the 16 days of competition in Rio de Janeiro. Includes live action. | +OLY116-610+ |

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| 10:30 PM | **Rio 2016 Olympic Games: Day 10 - Late Night ’CC’ LIVE**Live from Rio, hosted by Mel McLaughlin and Todd Woodbridge. All the action from athletics- including the women’s 200m with Aussie Ella Nelson. | +OLY116-710+ |

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| 12:00 AM | **Rio 2016 Olympic Games: Day 10 - Overnight ’CC’ LIVE**Live from Rio. Athletics action continues. Also covered are the hockey women's quarter finals, equestrian, diving and gymnastics. | +OLY116-110+ |

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| 05:30 AM | **Sunrise ’CC’** Australia’s only breakfast TV show with live coverage of Olympic Games as they happen and all the big medal wins. Plus, a full wrap up of the Olympic action from overnight and when Aussies strike gold | +SUNR16-163+ |

 **Tuesday, August 16, 2016**

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| 06:00 AM | **Sunrise’CC’** Australia’s only breakfast TV show with live coverage of Olympic Games as they happen and all the big medal wins. Plus, a full wrap up of the Olympic action from overnight and when Aussies strike gold | +SUNR16-163+ |

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| 09:00 AM | **Rio 2016 Olympic Games: Day 10 - Day ’CC’ LIVE**Live action from Rio. Today's athletics including the men’s 800m final, women’s 400m final, men’s pole vault final, women’s 400m hurdles, women’s discus and beach volleyball. | +OLY116-310+ |

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| 02:00 PM | **Rio 2016 Olympic Games: Day 10 - Highlights ’CC’** Host Kylie Gillies recaps a day of Olympic competition that included plenty of Australians and gold medal moments.  | +OLY116-410+ |

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| 05:00 PM | **The Chase Australia ’CC’** It’s a hit with audiences around the globe – now the general knowledge game show with a difference lands on our shores with The Chase Australia, Hosted by Andrew O’Keefe. | **G** +CHAU03-058+ |

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| 06:00 PM | **Seven News ’CC’** Live and comprehensive coverage of breaking news and local, national and international top stories, plus Sport, Finance and Weather updates and all the latest from the Olympic Games. | +7NNS16-229+ |

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| 07:00 PM | **In Rio Today ’CC’ LIVE**Host Hamish McLachlan shares all the golden moments and Australian performances each day of the Rio 2016 Olympic Games - every Aussie medal, every reaction, every unmissable moment. | +OLY116-510+ |

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| 09:00 PM | **Rio 2016 Olympic Games: Day 11 - In Rio Today / Evening ’CC’ LIVE**Host Hamish McLachlan gears up for a day of Olympic action. 10,500 athletes are chasing 306 gold medals across the 16 days of competition in Rio de Janeiro. Includes live action. | +OLY116-611+ |

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| 10:30 PM | **Rio 2016 Olympic Games: Day 11 - Late Night ’CC’ LIVE**Live from the Rio Olympics. Today's athletics including the men's 200m with Aussie Alex Hartmann and 100m hurdles with Michelle Jenneke. | +OLY116-711+ |

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| 12:00 AM | **Rio 2016 Olympic Games: Day 11 - Overnight ’CC’ LIVE**Live from Rio. Events include men’s hockey semi finals and basketball women's quarter finals. | +OLY116-111+ |

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| 05:30 AM | **Sunrise ’CC’** Australia’s only breakfast TV show with live coverage of Olympic Games as they happen and all the big medal wins. Plus, a full wrap up of the Olympic action from overnight and when Aussies strike gold | +SUNR16-164+ |

 **Wednesday, August 17, 2016**

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| 06:00 AM | **Sunrise ’CC’** Australia’s only breakfast TV show with live coverage of Olympic Games as they happen and all the big medal wins. Plus, a full wrap up of the Olympic action from overnight and when Aussies strike gold | +SUNR16-164+ |

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| 09:00 AM | **Rio 2016 Olympic Games: Day 11 - Day ’CC’ LIVE**Live action from Rio. Today's athletics events include the men's high jump final, long jump, javelin and running.  | +OLY116-311+ |

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| 02:00 PM | **Rio 2016 Olympic Games: Day 11 - Highlights ’CC’** Host Kylie Gillies recaps a day of Olympic competition that included plenty of Australians and gold medal moments.  | +OLY116-411+ |

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| 05:00 PM | **The Chase Australia ’CC’** It’s a hit with audiences around the globe – now the general knowledge game show with a difference lands on our shores with The Chase Australia, Hosted by Andrew O’Keefe. | **G** +CHAU03-059+ |

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| 06:00 PM | **Seven News ’CC’** Live and comprehensive coverage of breaking news and local, national and international top stories, plus Sport, Finance and Weather updates and all the latest from the Olympic Games. | +7NNS16-230+ |

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| 07:00 PM | **In Rio Today ’CC’ LIVE**Host Hamish McLachlan shares all the golden moments and Australian performances each day of the Rio 2016 Olympic Games - every Aussie medal, every reaction, every unmissable moment. | +OLY116-511+ |

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| 09:00 PM | **Rio 2016 Olympic Games: Day 12 - In Rio Today / Evening ’CC’ LIVE**Host Hamish McLachlan gears up for a day of Olympic action. 10,500 athletes are chasing 306 gold medals across the 16 days of competition in Rio de Janeiro. Includes live action. | +OLY116-612+ |

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| 10:30 PM | **Rio 2016 Olympic Games: Day 12 - Late Night ’CC’ LIVE**Live from Rio. Aussie Cedric Dubler in the decathlon, men's 5,000m and women's 800m. | +OLY116-712+ |

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| 12:00 AM | **Rio 2016 Olympic Games: Day 12 - Overnight ’CC’ LIVE**Live from Rio. Aussie duo Mat Belcher and Will Ryan in men's 470 gold medal race. Melissa Wu and Brittany O'Brien will compete in diving. | +OLY116-112+ |

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| 05:30 AM | **Sunrise ’CC’** Australia’s only breakfast TV show with live coverage of Olympic Games as they happen and all the big medal wins. Plus, a full wrap up of the Olympic action from overnight and when Aussies strike gold | +SUNR16-165+ |

 **Thursday, August 18, 2016**

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| 06:00 AM | **Sunrise ’CC’** Australia’s only breakfast TV show with live coverage of Olympic Games as they happen and all the big medal wins. Plus, a full wrap up of the Olympic action from overnight and when Aussies strike gold | +SUNR16-165+ |

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| 09:00 AM | **Rio 2016 Olympic Games: Day 12 - Day ’CC’ LIVE**Live from Rio. Today's action includes the women’s 100m hurdles finals, men’s 200m semifinals and the women’s 200m final,as well as the indoor volleyball quarterfinals. | +OLY116-312+ |

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| 02:00 PM | **Rio 2016 Olympic Games: Day 12 - Highlights ’CC’** Host Kylie Gillies recaps a day of Olympic competition that included plenty of Australians and gold medal moments.  | +OLY116-412+ |

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| 05:00 PM | **The Chase Australia ’CC’** It’s a hit with audiences around the globe – now the general knowledge game show with a difference lands on our shores with The Chase Australia, Hosted by Andrew O’Keefe. | **G** +CHAU03-060+ |

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| 06:00 PM | **Seven News ’CC’** Live and comprehensive coverage of breaking news and local, national and international top stories, plus Sport, Finance and Weather updates and all the latest from the Olympic Games. | +7NNS16-231+ |

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| 07:00 PM | **In Rio Today ’CC’ LIVE**Host Hamish McLachlan shares all the golden moments and Australian performances each day of the Rio 2016 Olympic Games - every Aussie medal, every reaction, every unmissable moment. | +OLY116-512+ |

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| 09:00 PM | **Rio 2016 Olympic Games: Day 13 - In Rio Today / Evening ’CC’ LIVE**Host Hamish McLachlan gears up for a day of Olympic action. 10,500 athletes are chasing 306 gold medals across the 16 days of competition in Rio de Janeiro. Includes live action. | +OLY116-613+ |

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| 10:30 PM | **Rio 2016 Olympic Games: Day 13 - Late Night ’CC’ LIVE**Live Olympic coverage from Rio. Includes the canoe sprint and women's high jump.  | +OLY116-713+ |

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| 12:00 AM | **Rio 2016 Olympic Games: Day 13 - Overnight ’CC’ LIVE**Live Olympic action from Rio. Athletics events include, the 4x100m relays, as well as the men’s triathlon from Fort Copacabana with Australians Aaron Royle, Ryan Bailie and Ryan Fisher.. | +OLY116-113+ |

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| 05:30 AM | **Sunrise ’CC’** Australia’s only breakfast TV show with live coverage of Olympic Games as they happen and all the big medal wins. Plus, a full wrap up of the Olympic action from overnight and when Aussies strike gold | +SUNR16-166+ |

 **Friday, August 19, 2016**

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| 06:00 AM | **Sunrise ’CC’** Australia’s only breakfast TV show with live coverage of Olympic Games as they happen and all the big medal wins. Plus, a full wrap up of the Olympic action from overnight and when Aussies strike gold | +SUNR16-166+ |

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| 09:00 AM | **Rio 2016 Olympic Games: Day 13 - Day ’CC’ LIVE**Live action from Rio. Today's athletics include the men’s 200m final and women’s javelin final, as well as the men’s beach volleyball gold medal match.  | +OLY116-313+ |

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| 02:00 PM | **Rio 2016 Olympic Games: Day 13 - Highlights ’CC’** Host Kylie Gillies recaps a day of Olympic competition that included plenty of Australians and gold medal moments.  | +OLY116-413+ |

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| 05:00 PM | **The Chase Australia ’CC’** It’s a hit with audiences around the globe – now the general knowledge game show with a difference lands on our shores with The Chase Australia, hosted by Andrew O’Keefe. | **G** +CHAU01-038+ |

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| 06:00 PM | **Seven News ’CC’** Live and comprehensive coverage of breaking news and local, national and international top stories, plus Sport, Finance and Weather updates and all the latest from the Olympic Games. | +7NNS16-232+ |

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| 07:00 PM | **In Rio Today ’CC’ LIVE**Host Hamish McLachlan shares all the golden moments and Australian performances each day of the Rio 2016 Olympic Games - every Aussie medal, every reaction, every unmissable moment. | +OLY116-513+ |

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| 09:00 PM | **Rio 2016 Olympic Games: Day 14 - In Rio Today / Evening ’CC’ LIVE**Host Hamish McLachlan gears up for a day of Olympic action. 10,500 athletes are chasing 306 gold medals across the 16 days of competition in Rio de Janeiro. Includes live action. | +OLY116-614+ |

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| 10:30 PM | **Rio 2016 Olympic Games: Day 14 - Late Night ’CC’ LIVE**Live Olympic coverage from Rio. Includes the men’s 50km walk race and canoe sprint. | +OLY116-714+ |

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| 12:00 AM | **Rio 2016 Olympic Games: Day 14 - Overnight ’CC’ LIVE**Live from Rio. Today, the men’s 50km walk continues. Also includes the women’s hockey bronze medal match, BMX finals- and the women’s 20km race walk with Australians Rachel Tallent and Regan Lamble.  | +OLY116-114+ |

 **Saturday, August 20, 2016**

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| 06:00 AM | **Rio 2016 Olympic Games: Day 14 - Morning ’CC’ LIVE**Live Olympic action from Rio de Janeiro featuring Australian athletes and gold medal events hosted by Jim Wilson.  | +OLY116-214+ |

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| 09:00 AM | **Rio 2016 Olympic Games: Day 14 - Day ’CC’ LIVE**Live action from Rio. Athletics coverage includes the men’s 4x100m relay final and the 4x400m relay. The men's indoor volleyball semi-finals will also take place.  | +OLY116-314+ |

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| 01:30 PM | **Rio 2016 Olympic Games: Day 14 - Highlights ’CC’** Host Kylie Gillies recaps a day of Olympic competition that included plenty of Australians and gold medal moments.  | +OLY116-414+ |

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| 05:30 PM | **Border Security - Australia's Front Line (R) ’CC’** The contents of a parcel that a passenger has brought has Quarantine completely baffled. Then, why is a passenger trying to sweet talk his way into the country? Narrated by Grant Bowler. | **PG** +BORD-047+ |

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| 06:00 PM | **Seven News ’CC’** Live and comprehensive coverage of breaking news and local, national and international top stories, plus Sport, Finance and Weather updates and all the latest from the Olympic Games. | +7NNS16-233+ |

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| 07:00 PM | **In Rio Today ’CC’ LIVE**Host Hamish McLachlan shares all the golden moments and Australian performances each day of the Rio 2016 Olympic Games - every Aussie medal, every reaction, every unmissable moment. | +OLY116-514+ |

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| 09:00 PM | **Rio 2016 Olympic Games: Day 15 - In Rio Today / Evening ’CC’ LIVE**Host Hamish McLachlan gears up for a day of Olympic action. 10,500 athletes are chasing 306 gold medals across the 16 days of competition in Rio de Janeiro. Includes live action. | +OLY116-615+ |

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| 10:30 PM | **Rio 2016 Olympic Games: Day 15 - Late Night ’CC’ LIVE**Live action from Rio. Includes the canoe sprint finals and rhythmic gymnastics. | +OLY116-715+ |

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| 12:00 AM | **Rio 2016 Olympic Games: Day 15 - Overnight ’CC’ LIVE**Live from Rio.Includes the women's triathlon, women’s basketball gold medal match, as well as diving, men’s football and modern pentathlon. | +OLY116-115+ |