**Sunday 04 August 2019**

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| 06:00 | **It Is Written: Seeing The Voice Of God** Religious program. | **PG** +IIWR19-014+ |

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| 06:30 | **Amazing Facts: A Woman Rides A Beast, Pt. 1** Religious program. | **PG** +AMFA19-031+ |

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| 07:00 | **Tomorrow's World: Will You Escape The Day Of The Lord?** Religious program. | **PG** +TOMW19-031+ |

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| 07:30 | **Leading The Way: Jesus: Know Him And Live, Pt. 2** Religious program. | **PG** +LWAY19-031+ |

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| 08:00 | **David Jeremiah** Religious program. | **PG** +DAJE19-031+ |

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| 08:30 | **Hour Of Power: Letting Go Of Others** Religious program. | **G** +HOOP19-031+ |

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| 09:00 | **Home Shopping** Shopping program. | **G** +INFO01-001+ |

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| 09:30 | **Mum's At The Table** Mums At The Table is the place where we share, laugh and dream together. It's a TV panel show featuring real women; smart and sassy ladies with real lives, real families, real struggles and real joy. | **PG (A)**+MTAB01-039+ |

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| 10:00 | **House Of Wellness (R) ’CC’** Entertaining everybody to live a healthier life. Hosted by Luke Darcy, Rachael Finch, Jo Stanley and Luke Hines. | **PG** +HOWL03-023+ |

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| 11:00 | **NBC Today (R) ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-185+ |

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| 12:00 | **House Of Wellness (R) ’CC’** Entertaining everybody to live a healthier life. Hosted by Luke Darcy, Rachael Finch, Jo Stanley and Luke Hines. | **PG** +HOWL03-024+ |

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| 13:00 | **Britain's Busiest Airport: Heathrow (R) ’CC’** An aircraft gets the world's most expensive nose job, check-in staff face their toughest test of the year and ground crews rush to get a high profile flight away on time. | **PG** +HEAT02-002+ |

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| 14:00 | **Escape To The Country: West Sussex (R)** Sonali Shah is property searching in West Sussex with a couple who want their 625,000 pounds to buy them uninterrupted peace in the country. | **G** +ETTC23-068+ |

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| 15:00 | **Vasili's Garden** Vasili's Gardens takes you into the backyards of everyday Australians to share organic gardening techniques and teach you how to improve your health using your own garden produce. | **PG** +VASI04-009+ |

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| 16:00 | **Escape To The Country: Wiltshire (R)** Nicki Chapman is helping a couple to kick off their retirement in the Wiltshire countryside. | **G** +ETTC22-053+ |

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| 17:00 | **Escape To The Country: Suffolk (R)** Nicki Chapman helps a couple find a charming period property in the Suffolk countryside with a budget of 275,000. Nicki also visits historic Kentwell Hall Tudor mansion. | **G** +ETTC23-004+ |

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| 18:00 | **Mighty Ships: MV Paul R. Tregurtha (R)** Climb aboard for an exclusive look at some of the coolest working vessels in the world. | **PG** +MTYS01-005+ |

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| 19:00 | **Border Security - Australia's Front Line: C Squadron: Australia's Front Line In Afghanistan (R) ’CC’** For the first time follow Border Security as we accompany the brave soldiers of C Squadron as they embark on a tour of duty to Afghanistan. | **PG (L)**+BORD-116+ |

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| 20:00 | **Border Security - Australia's Front Line (R) ’CC’** After a detector dog reacts to a woman, she struggles to answer the officer's questions. | **PG** +BORD-119+ |

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| 20:30 | **Chris Tarrant's Extreme Railways: Crossing The Andes NEW EPISODE**TV Presenter Chris Tarrant travels around the world to ride some of the most extreme railways that wind their way through some of the harshest terrain on Earth. | **PG** +CTER02-002+ |

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| 21:30 | **Mighty Planes: Omega 707 (R)** We go behind the scenes as one of Omega's 707 Tankers takes part in FIREX - a three-day live fire operation over the deserts of Southern California. | **G** +MIPL2-001+ |

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| 22:30 | **Border Security - Australia's Front Line: C Squadron: Australia's Front Line In Afghanistan (R) ’CC’** For the first time follow Border Security as we accompany the brave soldiers of C Squadron as they embark on a tour of duty to Afghanistan. | **PG (L)**+BORD-116+ |

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| 23:30 | **Britain's Busiest Airport: Heathrow (R) ’CC’** An aircraft gets the world's most expensive nose job, check-in staff face their toughest test of the year and ground crews rush to get a high profile flight away on time. | **PG** +HEAT02-002+ |

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| 00:30 | **Border Security - Australia's Front Line (R) ’CC’** After a detector dog reacts to a woman, she struggles to answer the officer's questions. | **PG** +BORD-119+ |

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| 01:00 | **Mighty Ships: MV Paul R. Tregurtha (R)** Climb aboard for an exclusive look at some of the coolest working vessels in the world. | **PG** +MTYS01-005+ |

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| 02:00 | **Chris Tarrant's Extreme Railways: Crossing The Andes (R)** TV Presenter Chris Tarrant travels around the world to ride some of the most extreme railways that wind their way through some of the harshest terrain on Earth. | **PG** +CTER02-002+ |

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| 03:00 | **Mighty Planes: Omega 707 (R)** We go behind the scenes as one of Omega's 707 Tankers takes part in FIREX - a three-day live fire operation over the deserts of Southern California. | **G** +MIPL2-001+ |

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| 04:00 | **Vasili's Garden (R)** Vasili's Gardens takes you into the backyards of everyday Australians to share organic gardening techniques and teach you how to improve your health using your own garden produce. | **PG** +VASI04-009+ |

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| 05:00 | **My Greek Odyssey (R) ’CC’** Peter travels to the island of Zakynthos, third largest of the Ionian Islands.  | **PG** +MYGO01-009+ |

 **Monday 05 August 2019**

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| 06:00 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 06:30 | **Home Shopping: Sumo Slicer (SUS69952830B) B** TBC  | **G** +TTWO01-004+ |

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| 07:00 | **News Of The Wild ’CC’ SEASON PREMIERE**An animal focused, factual entertainment news show bursting at the seams with animals, laughter, news and information. | **C** +NEWI02-001+ |

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| 07:30 | **Drop Dead Weird: Freaky Friday ’CC’** Three Australian siblings move to a bed and breakfast in Tubbershandy western Ireland with their Zombie parents. | **C** +DDWE02-021+ |

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| 08:00 | **Jay's Jungle: Thunder Grumbles (R) ’CC’** Follows the fun adventures of Jay the Lighthouse keeper and the Jungle Crew as they sing, dance, laugh and learn. | **P** +JAJU-026+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-049+ |

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| 09:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-050+ |

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| 09:30 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCS19-031+ |

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| 10:30 | **Meet The Press (R) ’CC’** Chuck Todd interviews newsmakers from around the world. | +NBCM19-031+ |

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| 11:30 | **Australia's Best Backyards (R) ’CC’** How one determined gardener battled her council to build the deck of her dreams. Why one family decided not to renovate their house until they did their backyard. Hosted by JAMIE DURIE. | **G** +ABBY2-008+ |

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| 12:00 | **Vasili's Garden (R)** Vasili's Gardens takes you into the backyards of everyday Australians to share organic gardening techniques and teach you how to improve your health using your own garden produce. | **PG** +VASI04-009+ |

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| 13:00 | **The Chase (R) ’CC’** Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G** +CHSE10-019+ |

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| 14:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-049+ |

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| 14:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-050+ |

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| 15:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-034+ |

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| 15:30 | **Mighty Ships: Peregrino (R)** Climb aboard for an exclusive look at some of the coolest working vessels in the world. | **PG** +MTYS05-004+ |

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| 16:30 | **RSPCA Animal Rescue (R) ’CC’** Police are called in after reports of dog abuse and a former circus pony checks in for a pedicure. Narrated by ANTHONY FIELD. | **G** +ANRS2-016+ |

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| 17:00 | **Australia's Got Talent (R) ’CC’ ENCORE**Tonight - a pint sized comedian with a big personality; an all-girl dance group communicating a powerful message, a human spider who renders the judges speechless and much more. | **PG (A)**+AGTA09-003+ |

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| 18:30 | **Bargain Hunt: Oswestry 7 (R)** Natasha Raskin presents as the hunt for bargains heads to Oswestry. Two teams of friends compete to buy three items each, hoping to make the most profit at auction. | **G** +BHUN43-028+ |

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| 19:30 | **The Vicar Of Dibley - NY 2005: The Vicar Of Dibley - NY 2005 (R) ’CC’ (2004)** Geraldine is keen to celebrate the anniversary of Live Aid, but the Church Committee is more interested in celebrating her birthday. Starring:GARY WALDHORN,JAMES FLEET,DAWN FRENCH,EMMA CHAMBERS,JOHN BLUTHAL,ROGER LLOYD-PACK,TREVOR PEACOCK | **PG (S)**+BBCS4-003+ |

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| 20:30 | **Foyle's War: Bad Blood (R) ’CC’** A top-secret experiment in biological warfare goes horribly wrong, complicating a murder investigation and threatening the life of Foyle's faithful driver, Sam. Starring:ANTHONY FLANAGAN,ANTHONY HOWELL,BEN MEYJES,CAROLINE MARTIN,JAY SIMPSON,HONEYSUCKLE WEEKS,JONAH LOTAN,PHILIP FRANKS,ROY MARSDEN,PETER SANDYS-CLARKE,MICHAEL KITCHEN,TIM DELAP,GAWN GRAINGER,KENNETH COLLEY,TOM HARPER | **M (V)**+FOYL4-002+ |

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| 22:30 | **The Investigator: A True Crime Story (R) ’CC’** Mark continues looking into the disappearance of Carole and speaks with her work colleagues and friends in Canada, where Carole was reported working a year after her disappearance. | **M (L,A)**+INVE01-002+ |

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| 23:30 | **Mighty Ships: Peregrino (R)** Climb aboard for an exclusive look at some of the coolest working vessels in the world. | **PG** +MTYS05-004+ |

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| 00:30 | **Saved (R) ’CC’** A drama documentary series which tells the inspirational stories of ordinary people who woke up to what seemed like a typical day, blissfully unaware to the fact it could have been their last. | **PG (A)**+SVED01-001+ |

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| 01:30 | **RSPCA Animal Rescue (R) ’CC’** Police are called in after reports of dog abuse and a former circus pony checks in for a pedicure. Narrated by ANTHONY FIELD. | **G** +ANRS2-016+ |

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| 02:00 | **Foyle's War: Bad Blood (R) ’CC’** A top-secret experiment in biological warfare goes horribly wrong, complicating a murder investigation and threatening the life of Foyle's faithful driver, Sam. Starring:ANTHONY FLANAGAN,ANTHONY HOWELL,BEN MEYJES,CAROLINE MARTIN,JAY SIMPSON,HONEYSUCKLE WEEKS,JONAH LOTAN,PHILIP FRANKS,ROY MARSDEN,PETER SANDYS-CLARKE,MICHAEL KITCHEN,TIM DELAP,GAWN GRAINGER,KENNETH COLLEY,TOM HARPER | **M (V)**+FOYL4-002+ |

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| 04:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-049+ |

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| 04:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-050+ |

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| 05:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-034+ |

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| 05:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

 **Tuesday 06 August 2019**

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| 06:00 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 06:30 | **Home Shopping: Miracle Magnetic Duster (MMD692830C) C** TBC  | **G** +TTWO01-005+ |

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| 07:00 | **News Of The Wild ’CC’** An animal focused, factual entertainment news show bursting at the seams with animals, laughter, news and information. | **C** +NEWI02-002+ |

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| 07:30 | **Drop Dead Weird: Which Witch? ’CC’** Three Australian siblings move to a bed and breakfast in Tubbershandy western Ireland with their Zombie parents. | **C** +DDWE02-022+ |

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| 08:00 | **Jay's Jungle: Vegetable (R) ’CC’** Follows the fun adventures of Jay the Lighthouse keeper and the Jungle Crew as they sing, dance, laugh and learn. | **P** +JAJU-027+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-051+ |

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| 09:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-052+ |

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| 09:30 | **NBC Today (R) ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-186+ |

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| 12:00 | **The Windsors (R) ’CC’** A fictional comedy soap opera, following the imagined lives and loves of a family, with big comic characters loosely based on the British Royal Family. | **M (L,S)**+WIND01-001+ |

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| 12:30 | **The Windsors (R) ’CC’** While on a humanitarian mission Kate contracts Ebola forcing Wills to rush to her bedside. Beatrice and Eugenie discover that the face paint they applied for the ball doesn't come off. | **M (L,S)**+WIND01-002+ |

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| 13:00 | **The Chase (R) ’CC’** Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G** +CHSE10-020+ |

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| 14:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-051+ |

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| 14:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-052+ |

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| 15:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-035+ |

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| 15:30 | **Mighty Ships: USS Gravely (R)** Climb aboard for an exclusive look at some of the coolest working vessels in the world. | **PG** +MTYS05-005+ |

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| 16:30 | **RSPCA Animal Rescue (R) ’CC’** Tonight on RSPCA Animal Rescue, a horse is stuck in a muddy ditch, a dog is lost in a storm water canal and abandoned sheep are running wild in an industrial lot. | **G** +ANRS2-021+ |

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| 17:00 | **Medical Emergency (R) ’CC’** A heart attack victim receives his angiogram in a desperate attempt to save his life. Then, Paramedics bring in a man who had a petrol drum explode in his face. | **PG** +MDEM2-001+ |

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| 17:30 | **Australia's Got Talent (R) ’CC’ ENCORE**Tonight, an unexpected dance crew, a teen world champ setting her sights on the Olympics; superhuman brothers who are hard as nails and so much more on Australia's Got Talent.  | **PG (S,L,A)**+AGTA09-004+ |

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| 18:30 | **Bargain Hunt: Lincoln 14 (R)** Eric Knowles presents as the hunt for bargains heads to Lincoln. Twin sisters take on best friends as the teams compete to buy three items that will make the most profit at auction. | **G** +BHUN43-029+ |

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| 19:30 | **Rosemary & Thyme: The Cup Of Silence (R)** Laura and Rosemary investigate two murders at an English vineyard, that not only unmasks the killer, but ensures that this year's vintage of wines will finally make it to the bottles. | **PG (V)**+RAT3-008+ |

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| 20:30 | **Murdoch Mysteries: All That Glitters DOUBLE EPISODE**Murdoch and Crabtree follow the silver boom to Northern Ontario to investigate the murder of a land surveyor. | **M (V)**+MMYS08-011+ |

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| 21:30 | **Murdoch Mysteries: The Devil Wears Whalebone** Murdoch discovers that fashion is murder when a model is killed during a protest at a designer corset show. | **M** +MMYS08-012+ |

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| 22:30 | **Citizen Khan: Scab's Parents NEW EPISODE**Mr Khan enjoys spending time with Scab and pressures Alia to marry him. | **PG (S)**+CITK05-004+ |

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| 23:15 | **Mighty Ships: USS Gravely (R)** Climb aboard for an exclusive look at some of the coolest working vessels in the world. | **PG** +MTYS05-005+ |

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| 00:15 | **Saved (R) ’CC’** A drama documentary series which tells the inspirational stories of ordinary people who woke up to what seemed like a typical day, blissfully unaware to the fact it could have been their last. | **M (A)**+SVED01-002+ |

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| 01:15 | **Bargain Hunt: Lincoln 14 (R)** Eric Knowles presents as the hunt for bargains heads to Lincoln. Twin sisters take on best friends as the teams compete to buy three items that will make the most profit at auction. | **G** +BHUN43-029+ |

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| 02:15 | **Citizen Khan: Scab's Parents (R)** Mr Khan enjoys spending time with Scab and pressures Alia to marry him. | **PG (S)**+CITK05-004+ |

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| 03:00 | **The Windsors (R) ’CC’** A fictional comedy soap opera, following the imagined lives and loves of a family, with big comic characters loosely based on the British Royal Family. | **M (L,S)**+WIND01-001+ |

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| 03:30 | **The Windsors (R) ’CC’** While on a humanitarian mission Kate contracts Ebola forcing Wills to rush to her bedside. Beatrice and Eugenie discover that the face paint they applied for the ball doesn't come off. | **M (L,S)**+WIND01-002+ |

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| 04:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-051+ |

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| 04:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-052+ |

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| 05:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-035+ |

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| 05:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

 **Wednesday 07 August 2019**

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| 06:00 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 06:30 | **Home Shopping: Sumo Slicer (SUS69952830B) B (R)** TBC  | **G** +TTWO01-004+ |

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| 07:00 | **News Of The Wild ’CC’** An animal focused, factual entertainment news show bursting at the seams with animals, laughter, news and information. | **C** +NEWI02-003+ |

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| 07:30 | **Drop Dead Weird: Haunted Hotel ’CC’** Three Australian siblings move to a bed and breakfast in Tubbershandy western Ireland with their Zombie parents. | **C** +DDWE02-023+ |

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| 08:00 | **Jay's Jungle: Seeds (R) ’CC’** Follows the fun adventures of Jay the Lighthouse keeper and the Jungle Crew as they sing, dance, laugh and learn. | **P** +JAJU-028+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-053+ |

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| 09:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-054+ |

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| 09:30 | **NBC Today (R) ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-187+ |

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| 12:00 | **The Windsors (R) ’CC’** When a stranger claims Charles is his father it throws into question who is next in line to the throne. Wills and Kate shun royal life to live in Rickmansworth. | **M (L,S)**+WIND01-003+ |

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| 12:30 | **The Windsors (R) ’CC’** Wills becomes obsessed with the Royal Variety Show, Kate is preoccupied with the Archbishop of Canterbury. Charles and Camilla try to pass as 'lefties'. Meanwhile, Harry is admitted to hospital. | **M (L,S)**+WIND01-004+ |

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| 13:00 | **The Chase (R) ’CC’** Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G** +CHSE10-021+ |

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| 14:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-053+ |

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| 14:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-054+ |

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| 15:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-036+ |

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| 15:30 | **Mighty Ships: Umiak 1 (R)** Climb aboard for an exclusive look at some of the coolest working vessels in the world. | **PG** +MTYS05-006+ |

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| 16:30 | **RSPCA Animal Rescue (R) ’CC’** Tonight on RSPCA Animal Rescue, we follow three incredible cases with the emotional rescue of a Labrador, life-saving treatment for a cat and two Shetland ponies. | **G** +ANRS2-022+ |

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| 17:00 | **Medical Emergency (R) ’CC’** A young man battles with life threatening injuries after a high speed, head-on collision. Then, a welder's elbow requires a full reconstruction after a devastating industrial accident. | **PG** +MDEM2-005+ |

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| 17:30 | **Building The Dream: Devon (R)** Charlie helps some turkey farmers who are desperate to finally put a proper roof over their kids' heads. Does their budget match their architectural ambition? | **G** +BUTD01-030+ |

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| 18:30 | **Bargain Hunt: Oswestry 8 (R)** Natasha Raskin presents as the hunt for bargains heads to Oswestry. A team of brothers competes with a couple to buy three items, with each team hoping to make the most profit at auction. | **G** +BHUN43-030+ |

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| 19:30 | **Air Crash Investigations: Free Fall (R) ’CC’** On 7 October 2008, Qantas Flight 72 suffers a pair of sudden uncommanded pitch-down manoeuvres during a flight from Singapore Changi Airport to Perth Airport. The aircraft makes an emergency landing. | **PG (A)**+MDAY18-007+ |

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| 20:30 | **Air Crash Investigations: Borderline Tactics NEW EPISODE**Experts uncover something startling that threatens cargo pilots worldwide when they investigate the crash of a US plane at Guantanamo Bay. | **PG (A)**+MDAY19-004+ |

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| 21:30 | **Air Crash Investigations: Kid In The Cockpit (R) ’CC’** March 23, 1994, RIA Flight 593 from Moscow to Hong Kong was routine in every respect. Then, in less than five minutes, it fell from the sky. | **PG** +MDAY3-009+ |

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| 22:30 | **Saved (R) ’CC’** A drama documentary series which tells the inspirational stories of ordinary people who woke up to what seemed like a typical day, blissfully unaware to the fact it could have been their last. | **M (V,A)**+SVED01-004+ |

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| 23:30 | **Mighty Ships: Umiak 1 (R)** Climb aboard for an exclusive look at some of the coolest working vessels in the world. | **PG** +MTYS05-006+ |

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| 00:30 | **Saved (R) ’CC’** A drama documentary series which tells the inspirational stories of ordinary people who woke up to what seemed like a typical day, blissfully unaware to the fact it could have been their last. | **PG (A)**+SVED01-003+ |

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| 01:45 | **Air Crash Investigations: Kid In The Cockpit (R) ’CC’** March 23, 1994, RIA Flight 593 from Moscow to Hong Kong was routine in every respect. Then, in less than five minutes, it fell from the sky. | **PG** +MDAY3-009+ |

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| 03:00 | **The Windsors (R) ’CC’** When a stranger claims Charles is his father it throws into question who is next in line to the throne. Wills and Kate shun royal life to live in Rickmansworth. | **M (L,S)**+WIND01-003+ |

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| 03:30 | **The Windsors (R) ’CC’** Wills becomes obsessed with the Royal Variety Show, Kate is preoccupied with the Archbishop of Canterbury. Charles and Camilla try to pass as 'lefties'. Meanwhile, Harry is admitted to hospital. | **M (L,S)**+WIND01-004+ |

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| 04:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-053+ |

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| 04:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-054+ |

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| 05:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-036+ |

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| 05:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

 **Thursday 08 August 2019**

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| 06:00 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 06:30 | **Home Shopping: Miracle Magnetic Duster (MMD692830C) C (R)** TBC  | **G** +TTWO01-005+ |

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| 07:00 | **News Of The Wild ’CC’** An animal focused, factual entertainment news show bursting at the seams with animals, laughter, news and information. | **C** +NEWI02-004+ |

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| 07:30 | **Drop Dead Weird: The Tubbershandy Cowboy ’CC’** Three Australian siblings move to a bed and breakfast in Tubbershandy western Ireland with their Zombie parents. | **C** +DDWE02-024+ |

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| 08:00 | **Jay's Jungle: Winter (R) ’CC’** Follows the fun adventures of Jay the Lighthouse keeper and the Jungle Crew as they sing, dance, laugh and learn. | **P** +JAJU-029+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-055+ |

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| 09:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-056+ |

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| 09:30 | **NBC Today (R) ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-188+ |

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| 12:00 | **The Windsors (R) ’CC’** A disillusioned Wills leads calls for a referendum on the abolition of the monarchy, splitting the older and younger members of the family. | **M (L,S)**+WIND01-005+ |

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| 12:30 | **The Windsors (R) ’CC’** Following the result of the vote to abolish the monarchy Wills tries to save his family, and the nation, as President George Osborne imposes austerity on the country. | **M (V,L,S)**+WIND01-006+ |

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| 13:00 | **The Chase (R) ’CC’** Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G** +CHSE07-085+ |

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| 14:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-055+ |

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| 14:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-056+ |

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| 15:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-037+ |

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| 15:30 | **Mighty Ships: USS New York (R)** Climb aboard for an exclusive look at some of the coolest working vessels in the world. | **PG** +MTYS06-002+ |

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| 16:30 | **RSPCA Animal Rescue (R) ’CC’** Tonight inspectors try their hand at traffic control when a truckload of cattle are let loose on a busy freeway. | **G** +ANRS3-001+ |

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| 17:00 | **Medical Emergency (R) ’CC’** Doctors complete the final and most crucial stage of Darren's elbow reconstruction. Then, a cruise ship makes an unexpected stop in Melbourne with eight passengers in need of hospital treatment. | **PG** +MDEM2-006+ |

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| 17:30 | **Escape To The Country: Powys (R)** Jules Hudson heads to Powys, Mid Wales, to help a self employed couple seek out a more relaxed lifestyle. | **G** +ETTC18-001+ |

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| 18:30 | **Bargain Hunt: Lincoln 15 (R)** Paul Laidlaw is at the helm as the hunt for bargains heads to Lincoln. | **G** +BHUN43-031+ |

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| 19:30 | **Father Brown: The Time Machine (R)** Father Brown visits Jacob, who has a new invention - a time machine. | **M (V,A)**+FBRO03-011+ |

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| 20:30 | **A Touch Of Frost: The Things We Do For Love (R)** The savage murder of a young physiotherapist sends Frost in pursuit of the names in her electronic organiser. Starring:BELINDA SINCLAIR,BRUCE ALEXANDER,JAN GRAVESON,GLYN GRAIN,IAN MERCER,DAVID GOODERSON,DAVID JASON,MAGGIE SHEVLIN,JOHN LYONS,JOANNE WOOTTON,NIGEL HARRISON,PAUL MORIARTY,NORMAN MILLS,MICHAEL KITCHEN,STUART BARREN,TIM BARKER,GEORGE THOMPSON,LILL ROUGHLEY,JOHN WEBBER,KACEY AINSWORTH,NEIL STUKE,LORRAINE SASS,SALLY ROGERS,MALCOLM TERRIS,SARA STEVENS,DAN ARMOUR,DAVID RYALL | **M (V)**+TOF4-004+ |

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| 22:45 | **Mighty Ships: USS New York (R)** Climb aboard for an exclusive look at some of the coolest working vessels in the world. | **PG** +MTYS06-002+ |

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| 23:45 | **Saved (R) ’CC’** A drama documentary series which tells the inspirational stories of ordinary people who woke up to what seemed like a typical day, blissfully unaware to the fact it could have been their last. | **M (V,A)**+SVED01-004+ |

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| 00:45 | **Father Brown: The Time Machine (R)** Father Brown visits Jacob, who has a new invention - a time machine. | **M (V,A)**+FBRO03-011+ |

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| 02:00 | **Medical Emergency (R) ’CC’** Doctors complete the final and most crucial stage of Darren's elbow reconstruction. Then, a cruise ship makes an unexpected stop in Melbourne with eight passengers in need of hospital treatment. | **PG** +MDEM2-006+ |

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| 02:30 | **RSPCA Animal Rescue (R) ’CC’** Tonight on RSPCA Animal Rescue, we follow three incredible cases with the emotional rescue of a Labrador, life-saving treatment for a cat and two Shetland ponies. | **G** +ANRS2-022+ |

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| 03:00 | **The Windsors (R) ’CC’** A disillusioned Wills leads calls for a referendum on the abolition of the monarchy, splitting the older and younger members of the family. | **M (L,S)**+WIND01-005+ |

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| 03:30 | **The Windsors (R) ’CC’** Following the result of the vote to abolish the monarchy Wills tries to save his family, and the nation, as President George Osborne imposes austerity on the country. | **M (V,L,S)**+WIND01-006+ |

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| 04:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-055+ |

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| 04:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-056+ |

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| 05:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-037+ |

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| 05:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

 **Friday 09 August 2019**

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| 06:00 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 06:30 | **Home Shopping: Sumo Slicer (SUS69952830B) B (R)** TBC  | **G** +TTWO01-004+ |

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| 07:00 | **News Of The Wild ’CC’** An animal focused, factual entertainment news show bursting at the seams with animals, laughter, news and information. | **C** +NEWI02-005+ |

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| 07:30 | **Drop Dead Weird: Date Night ’CC’** Three Australian siblings move to a bed and breakfast in Tubbershandy western Ireland with their Zombie parents. | **C** +DDWE02-025+ |

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| 08:00 | **Jay's Jungle: Sleep (R) ’CC’** Follows the fun adventures of Jay the Lighthouse keeper and the Jungle Crew as they sing, dance, laugh and learn. | **P** +JAJU-030+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-057+ |

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| 09:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-058+ |

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| 09:30 | **NBC Today (R) ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-189+ |

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| 12:00 | **House Of Wellness (R) ’CC’** Entertaining everybody to live a healthier life. Hosted by Luke Darcy, Rachael Finch, Jo Stanley and Luke Hines. | **PG** +HOWL03-024+ |

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| 13:00 | **My Greek Odyssey (R) ’CC’** Peter travels to the island of Zakynthos, third largest of the Ionian Islands.  | **PG** +MYGO01-009+ |

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| 14:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-057+ |

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| 14:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-058+ |

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| 15:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-038+ |

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| 15:30 | **Mighty Ships: USNS Grasp (R)** Climb aboard for an exclusive look at some of the coolest working vessels in the world. | **PG** +MTYS06-003+ |

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| 16:30 | **RSPCA Animal Rescue (R) ’CC’** Inspectors find more neglected animals in the care of a known offender and a kangaroo refuses to budge. | **G** +ANRS3-002+ |

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| 17:00 | **Medical Emergency (R) ’CC’** A truck driver is flown to The Alfred after a horrific car accident. Then, a step-father prepares to donate a kidney to his seventeen-year-old step-daughter. | **PG** +MDEM2-007+ |

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| 17:30 | **Escape To The Country: Herefordshire (R)** Nicki Chapman is in Herefordshire property shopping with a couple who dream of owning a period black and white cottage with bags of curb appeal. | **G** +ETTC18-002+ |

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| 18:30 | **Bargain Hunt: Lincoln 16 (R)** Paul Laidlaw presents as the hunt for bargains heads to Lincoln. A father and daughter take on a mother and daughter as the teams compete to buy three items that will make the most profit at auction. | **G** +BHUN43-032+ |

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| 19:30 | **Better Homes And Gardens (R) ’CC’** Homes and gardens come alive in this lifestyle show packed full of home decorating tips, recipes, craft ideas, DIY projects and how tos. | **G** +BHAG25-028+ |

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| 20:30 | **Martin Clunes: Islands Of America ’CC’ NEW EPISODE**The colourful Caribbean island of Puerto Rico, America's third largest island, and the only one where Spanish is the main language is Martin's next stop on his island odyssey. | **PG** +MCIA01-003+ |

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| 21:30 | **Australia's Amazing Homes: Little Gems (R)** Follows three renowned home experts on their quest to find Australia's most stylish and breathtaking homes. | **PG** +AMAH01-004+ |

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| 22:30 | **Escape To The Continent (R)** Escape to the Continent showcases gorgeous, competitively priced homes, stunning locations, cultural hot-spots, local amenities and leisure opportunities on foreign shores. | **G** +ETCO02-008+ |

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| 23:45 | **Mighty Ships: USNS Grasp (R)** Climb aboard for an exclusive look at some of the coolest working vessels in the world. | **PG** +MTYS06-003+ |

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| 00:45 | **Medical Emergency (R) ’CC’** A truck driver is flown to The Alfred after a horrific car accident. Then, a step-father prepares to donate a kidney to his seventeen-year-old step-daughter. | **PG** +MDEM2-007+ |

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| 01:15 | **RSPCA Animal Rescue (R) ’CC’** Tonight inspectors try their hand at traffic control when a truckload of cattle are let loose on a busy freeway. | **G** +ANRS3-001+ |

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| 01:45 | **Escape To The Country: Herefordshire (R)** Nicki Chapman is in Herefordshire property shopping with a couple who dream of owning a period black and white cottage with bags of curb appeal. | **G** +ETTC18-002+ |

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| 02:45 | **Escape To The Continent (R)** Escape to the Continent showcases gorgeous, competitively priced homes, stunning locations, cultural hot-spots, local amenities and leisure opportunities on foreign shores. | **G** +ETCO02-008+ |

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| 04:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-057+ |

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| 04:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-058+ |

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| 05:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-038+ |

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| 05:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

 **Saturday 10 August 2019**

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| 06:00 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 06:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 07:00 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 07:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 08:00 | **Travel Oz: Whitsundays (R) ’CC’** This episode shows what it's like sleeping on the Great Barrier Reef, as well as picking tomatoes, Segway riding and muddy mini four wheel driving on the Whitsunday Islands. | **G** +TRAV4-013+ |

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| 08:45 | **Travel Oz: Sunshine Coast (R) ’CC’** On the Sunshine Coast, Greg looks at the botanical gardens and food trail in Maleny, and swims with whales. There's also some kayaking, bike riding and 4-wheel driving to be had. | **G** +TRAV4-014+ |

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| 09:30 | **NBC Today (R) ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-190+ |

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| 11:30 | **Vasili's Garden (R)** Vasili's Gardens takes you into the backyards of everyday Australians to share organic gardening techniques and teach you how to improve your health using your own garden produce. | **PG** +VASI04-009+ |

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| 12:30 | **Auction Squad (R) ’CC’** This cute little house is screaming out Supersize Me! See how easy it is to double your living space. | **G** +AUCS4-020+ |

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| 13:30 | **SA Weekender ’CC’** Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. | **G** +SAWE19-023+ |

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| 14:00 | **Sydney Weekender (R) ’CC’** Mike makes a splash at the Sydney International Boat Show. Mel heads to the Whitsundays to check out the Daydream Island Resort. Lizzy checks out Tumut.  | **G** +7SWE26-025+ |

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| 14:30 | **Creek To Coast (R) ’CC’** Creek to Coast is all things boating, camping, 4WDing, outdoor adventuring and fishing. From bush-bashing to cooking to caravanning to watersports, Creek to Coast has it all. | **G** +7CTC19-024+ |

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| 15:00 | **Queensland Weekender ’CC’** From day tripping to the reef, relaxing at a cool city restaurant, or watching a fiery outback sunset, Queensland Weekender will inspire you to make the most of a weekend in our beautiful State. | **G** +7QWE19-025+ |

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| 15:30 | **The Great Day Out ’CC’** The Great Day Out is people, places and friendly faces; it is at the very heart of Queensland and special guest celebrities will invite you along on their Great Day Out. | **G** +GDOT19-027+ |

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| 16:00 | **Australia's Got Talent (R) ’CC’ ENCORE**Tonight - a pint sized comedian with a big personality; an all-girl dance group communicating a powerful message, a human spider who renders the judges speechless and much more. | **PG (A)**+AGTA09-003+ |

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| 17:30 | **Australia's Got Talent (R) ’CC’ ENCORE**Tonight, an unexpected dance crew, a teen world champ setting her sights on the Olympics; superhuman brothers who are hard as nails and so much more on Australia's Got Talent.  | **PG (S,L,A)**+AGTA09-004+ |

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| 18:30 | **The Story Of The Royals (R) ’CC’** Back in the present, viewers join this year's Royal Wedding spectators, ranging from devoted royal watchers, to communities around the world that will soon see a more radically relatable royal image. | **PG (S,A)**+SOTR01-002+ |

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| 20:30 | **Escape To The Country: Cheshire NEW EPISODE**With a budget of 400,000 pounds, Jules Hudson is house hunting with a couple who are seeking a new rural life in Cheshire. | **G** +ETTC23-069+ |

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| 21:30 | **Escape To The Country: Isle Of Wight (R)** Alistair Appleton is helping a couple swap city living for island life, as they property shop on the Isle of Wight. | **G** +ETTC22-054+ |

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| 22:30 | **Escape To The Country: Oxfordshire (R)** Nicki Chapman is helping a buyer who is being supported on the house-hunt by her daughter. | **G** +ETTC23-006+ |

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| 23:30 | **The Yorkshire Vet (R)** Joining Julian Norton is his partner, fellow vet and former Herriot trainee, Peter Wright together with their dedicated team of staff at his practice, Skeldale Veterinary Centre. | **PG (A)**+YORK01-003+ |

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| 00:30 | **SA Weekender (R) ’CC’** Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. | **G** +SAWE19-023+ |

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| 01:00 | **Sydney Weekender (R) ’CC’** Mike makes a splash at the Sydney International Boat Show. Mel heads to the Whitsundays to check out the Daydream Island Resort. Lizzy checks out Tumut.  | **G** +7SWE26-025+ |

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| 01:30 | **Creek To Coast (R) ’CC’** Creek to Coast is all things boating, camping, 4WDing, outdoor adventuring and fishing. From bush-bashing to cooking to caravanning to watersports, Creek to Coast has it all. | **G** +7CTC19-024+ |

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| 02:00 | **Queensland Weekender (R) ’CC’** From day tripping to the reef, relaxing at a cool city restaurant, or watching a fiery outback sunset, Queensland Weekender will inspire you to make the most of a weekend in our beautiful State. | **G** +7QWE19-025+ |

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| 02:30 | **The Great Day Out (R) ’CC’** The Great Day Out is people, places and friendly faces; it is at the very heart of Queensland and special guest celebrities will invite you along on their Great Day Out. | **G** +GDOT19-027+ |

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| 03:00 | **The Yorkshire Vet (R)** Joining Julian Norton is his partner, fellow vet and former Herriot trainee, Peter Wright together with their dedicated team of staff at his practice, Skeldale Veterinary Centre. | **PG (A)**+YORK01-003+ |

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| 04:00 | **Intrust Shute Shield** TBC  | +CLUB19-019+ |