**Sunday 06 October 2019**

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| 06:00 | **It Is Written: Seventy Times Seven** Religious program. | **PG** +IIWR19-023+ |

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| 06:30 | **Amazing Facts: Who Is Jesus?** Religious program. | **PG** +AMFA19-040+ |

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| 07:00 | **Tomorrow's World: Who Is The Great Harlot Of Revelation?** Religious program. | **PG** +TOMW19-040+ |

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| 07:30 | **Leading The Way: Counting Stars In An Empty Sky: Counting Stars Renews Your Vision, Pt. 5** Religious program. | **PG** +LWAY19-040+ |

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| 08:00 | **David Jeremiah: Mental Focus** Religious program. | **PG** +DAJE19-040+ |

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| 08:30 | **Hour Of Power: Jacob Wrestles An Angel** Religious program. | **G** +HOOP19-040+ |

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| 09:00 | **Home Shopping** Shopping program. | **G** +INFO01-001+ |

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| 09:30 | **Mum's At The Table** Mums At The Table is the place where we share, laugh and dream together. It's a TV panel show featuring real women; smart and sassy ladies with real lives, real families, real struggles and real joy. | **PG** +MTAB01-048+ |

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| 10:00 | **House Of Wellness (R) ’CC’** Entertaining everybody to live a healthier life. Hosted by Luke Darcy, Rachael Finch, Jo Stanley and Luke Hines. | **PG** +HOWL03-032+ |

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| 11:00 | **NBC Today (R) ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-239+ |

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| 12:00 | **Outback Pilots (R)** Tony Pattrick fires up his flying machine in a desperate hunt to save his farm. | **PG** +OBPI01-007+ |

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| 13:00 | **Mighty Ships: Oasis Of The Seas (R)** Climb aboard for an exclusive look at some of the coolest working vessels in the world. | **G** +MTYS03-001+ |

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| 14:00 | **Ultimate Bowls Championship: Deer Park - Final** The Ultimate Bowls Championship is a celebration of the sport of lawn bowls. It has been designed to respect, showcase and grow the game we love. | **PG** +ULBC01-012+ |

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| 15:00 | **Vasili's Garden** Vasili's Gardens takes you into the backyards of everyday Australians to share organic gardening techniques and teach you how to improve your health using your own garden produce. | **PG** +VASI04-017+ |

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| 16:00 | **Jump Off - Life After Racing** Bringing together household names from horse racing and show jumping. This high-stakes show jumping competition showcases five teams as they battle it out for $100,000. | **PG (L)**+JUOF02-002+ |

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| 16:30 | **Escape To The Country: North Dorset (R)** Jules Hudson is helping a couple of retirees find a cosy and characterful property in the Dorset countryside . | **G** +ETTC22-062+ |

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| 17:30 | **Escape To The Country: Anglesey (R)** Each episode follows one big move, and with everything from snug, chocolate-box cottages to medieval grandeur, it's clear that everyone has their own idea about the perfect country escape. | **G** +ETTC23-016+ |

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| 18:30 | **Border Security: America's Front Line ’CC’** At JFK, officers discover cocaine concealed inside a Caribbean cocktail. A Chinese student hopes to get a pass from CBP after overstaying his visa. | **PG** +BORA01-026+ |

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| 19:00 | **Border Security: America's Front Line ’CC’** CBP questions a pair of real estate entrepreneurs bound for Florida. In Blaine, a Canadian traveller's US investments are cause for concern. | **PG** +BORA01-027+ |

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| 19:30 | **Border Security: America's Front Line ’CC’** Officers discover a traveller is driving without a license after he wound up at the border by mistake. A US resident returns from the Dominican Republic with an unusual package. | **PG** +BORA01-028+ |

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| 20:00 | **Border Security - Australia's Front Line (R) ’CC’** A bungling drug mule tries every trick to avoid being caught. An elderly gambler's luck runs out when his scam is uncovered. A delivery from Russia is suspected to be part of illegal animal trading. | **PG** +BORD-184+ |

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| 20:30 | **Border Security - Australia's Front Line (R) ’CC’** A woman returning from Vietnam claims to be unaware that she is carrying 5 kgs of illegal drugs. An old-time drug smuggler wishes to enter Australia for a holiday but officers remain suspicious. | **PG** +BORD-185+ |

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| 21:00 | **Border Security - Australia's Front Line (R) ’CC’** In Border's biggest drug bust, a shipment of narcotics is discovered in the most unlikely of places. Immigration suspect that an Indian man is trying to cross the border on a false French passport. | **PG** +BORD-188+ |

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| 21:30 | **Heathrow: Britain's Busiest Airport: Britain's Busiest Airport: Heathrow S4 Ep 6 NEW EPISODE**Britain's busiest and most famous airport opens its doors for an un-precedented look at life inside Europe's most important transport hub. | **PG** +HEAT04-006+ |

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| 22:00 | **Mrs. Brown's Boys: Mammy Pulls It Off (R)** After faking Grandad's death, Mrs. Brown is waiting for the insurance money, but the insurance company are suspicious. Will Agnes be able to keep Grandad out of sight or will they be caught out? | **M (L,S)**+MBRO2-001+ |

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| 22:45 | **Mrs. Brown's Boys: Mammy's Coming! (R)** Agnes is upset that her son Trevor has been called back to the missions in Africa. Meanwhile, Buster and Dermot run into trouble with an escaped lion. | **MA (L,S)**+MBRO2-002+ |

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| 23:30 | **Border Security - Australia's Front Line (R) ’CC’** A bungling drug mule tries every trick to avoid being caught. An elderly gambler's luck runs out when his scam is uncovered. A delivery from Russia is suspected to be part of illegal animal trading. | **PG** +BORD-184+ |

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| 00:00 | **Border Security - Australia's Front Line (R) ’CC’** In Border's biggest drug bust, a shipment of narcotics is discovered in the most unlikely of places. Immigration suspect that an Indian man is trying to cross the border on a false French passport. | **PG** +BORD-188+ |

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| 00:30 | **Border Security: America's Front Line (R) ’CC’** At JFK, officers discover cocaine concealed inside a Caribbean cocktail. A Chinese student hopes to get a pass from CBP after overstaying his visa. | **PG** +BORA01-026+ |

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| 01:00 | **Mighty Ships: Oasis Of The Seas (R)** Climb aboard for an exclusive look at some of the coolest working vessels in the world. | **G** +MTYS03-001+ |

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| 02:00 | **Ultimate Bowls Championship: Deer Park - Final (R)** The Ultimate Bowls Championship is a celebration of the sport of lawn bowls. It has been designed to respect, showcase and grow the game we love. | **PG** +ULBC01-012+ |

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| 03:00 | **Vasili's Garden (R)** Vasili's Gardens takes you into the backyards of everyday Australians to share organic gardening techniques and teach you how to improve your health using your own garden produce. | **PG** +VASI04-017+ |

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| 04:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-139+ |

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| 04:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-140+ |

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| 05:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-079+ |

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| 05:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

 **Monday 07 October 2019**

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| 06:00 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 06:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 07:00 | **News Of The Wild ’CC’** An animal focused, factual entertainment news show bursting at the seams with animals, laughter, news and information. | **C** +NEWI02-046+ |

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| 07:30 | **Kitty Is Not A Cat: Dancey Pants / Spook Saves Kitty (R) ’CC’** A little girl who believes she can be anything, even a cat! | **C** +KINC01-002+ |

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| 08:00 | **Jay's Jungle: Some Of My Family Look Like Me! (R) ’CC’** Follow the fun adventures of Jay the Lighthouse keeper and the Jungle Crew as they sing, dance, laugh and learn. | **P** +JAJU02-006+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-139+ |

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| 09:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-140+ |

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| 09:30 | **NBC Today (R) ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCS19-040+ |

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| 10:30 | **House Calls To The Rescue (R) ’CC’** JOHANNA GRIGGS unleashes her new team of experts to rescue home owners from their DIY disasters. | **G** +HSCL-001+ |

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| 11:30 | **The Great Australian Doorstep (R)** It's off to SA, the German haven of Harhdorf, Port Augusta, then the duo travel to the Opal Capital of the world, Coober Pedy, before an overnight pitstop in Erldunda. | **G** +GRAD07-007+ |

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| 12:00 | **Vasili's Garden (R)** Vasili's Gardens takes you into the backyards of everyday Australians to share organic gardening techniques and teach you how to improve your health using your own garden produce. | **PG** +VASI04-017+ |

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| 13:00 | **The Chase (R) ’CC’** Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G** +CHSE08-021+ |

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| 14:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-139+ |

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| 14:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-140+ |

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| 15:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-079+ |

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| 15:30 | **Mighty Ships: Akamalik (R)** Climb aboard for an exclusive look at some of the coolest working vessels in the world. | **G** +MTYS02-006+ |

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| 16:30 | **RSPCA Animal Rescue (R) ’CC’** A property on the edge of the Australian desert is overrun with sick cats. With an outbreak of disease imminent, the RSPCA must take urgent action. | **G** +ANRS4-021+ |

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| 17:00 | **Medical Emergency (R) ’CC’** A 22 year-old woman is suffering from lung failure and will need a transplant to survive. | **PG** +MDEM4-010+ |

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| 17:30 | **Escape To The Country: Norfolk (R)** Jonnie Irwin heads to Norfolk to help a businesswoman and her niece return to their family roots in the country. But, finding her the right sized house turns out to be quite a challenge. | **G** +ETTC19-031+ |

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| 18:30 | **Bargain Hunt: London 10 NEW EPISODE**Natasha Raskin Sharp is at the helm as two friends take on a married couple in Kingston upon Thames. David Harper and Christina Trevanion assist the teams. | **PG** +BHUN46-009+ |

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| 19:30 | **Doc Martin: Old Dogs (R)** Elaine is away with her boyfriend, and Martin finds himself with a new receptionist, Pauline, who is Elaine's cousin. Starring:GERARD HORAN,MARGARET TYZACH,KATHERINE PARKINSON,TRISTAN STURROCK,STEWART WRIGHT,SELINA CADELL | **PG** +DOCM2-001+ |

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| 20:30 | **Foyle's War: The Eternity Ring (R)** In the post-war era, Foyle must gather intelligence in order to bolster Britain's defences and protect the foreign and economic interests of the nation. | **M (V)**+FOYL08-001+ |

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| 22:30 | **Robbie Coltrane's Critical Evidence: Resolution To Kill (R) ’CC’** A look at the case of a serial killer in London, which would lead police into a cat and mouse game with the killer and into the world of S&M and gay sex. | **MA (A,V)**+CREV01-008+ |

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| 23:30 | **Mighty Ships: Akamalik (R)** Climb aboard for an exclusive look at some of the coolest working vessels in the world. | **G** +MTYS02-006+ |

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| 00:30 | **Medical Emergency (R) ’CC’** A 22 year-old woman is suffering from lung failure and will need a transplant to survive. | **PG** +MDEM4-010+ |

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| 01:00 | **Autopsy USA: Natalie Wood (R) ’CC’** A fresh look at one of Hollywood's most enduring mysteries, the drowning death of actress Natalie Wood. | **M (A)**+AUTU01-001+ |

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| 02:00 | **Autopsy USA: Phil Hartman (R) ’CC’** Dr Michael Hunter investigates the tragic and untimely death of comedian and actor Phil Hartman.  | **MA (D,A,V)**+AUTU01-002+ |

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| 03:00 | **Bargain Hunt: London 10 (R)** Natasha Raskin Sharp is at the helm as two friends take on a married couple in Kingston upon Thames. David Harper and Christina Trevanion assist the teams. | **PG** +BHUN46-009+ |

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| 04:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-141+ |

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| 04:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-142+ |

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| 05:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-080+ |

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| 05:30 | **RSPCA Animal Rescue (R) ’CC’** A property on the edge of the Australian desert is overrun with sick cats. With an outbreak of disease imminent, the RSPCA must take urgent action. | **G** +ANRS4-021+ |

 **Tuesday 08 October 2019**

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| 06:00 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 06:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 07:00 | **News Of The Wild ’CC’** An animal focused, factual entertainment news show bursting at the seams with animals, laughter, news and information. | **C** +NEWI02-047+ |

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| 07:30 | **Kitty Is Not A Cat: All About The Bass / Gaming And Shaming (R) ’CC’** A little girl who believes she can be anything, even a cat! | **C** +KINC01-003+ |

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| 08:00 | **Jay's Jungle: I Want To Learn To Read (R) ’CC’** Follow the fun adventures of Jay the Lighthouse keeper and the Jungle Crew as they sing, dance, laugh and learn. | **P** +JAJU02-007+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-141+ |

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| 09:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-142+ |

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| 09:30 | **NBC Today (R) ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-240+ |

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| 12:00 | **Ultimate Bowls Championship: Deer Park - Final (R)** The Ultimate Bowls Championship is a celebration of the sport of lawn bowls. It has been designed to respect, showcase and grow the game we love. | **PG** +ULBC01-012+ |

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| 13:00 | **The Chase (R) ’CC’** Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G** +CHSE08-022+ |

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| 14:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-141+ |

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| 14:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-142+ |

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| 15:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-080+ |

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| 15:30 | **Air Crash Investigations: Unlocking Disaster (R)** Investigate how delays in fixing design faults caused the cargo door of a commercial flight to open mid-air, ripping a huge hole and taking out five rows of seats - and nine passengers with it. | **PG** +MDAY-001+ |

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| 16:30 | **RSPCA Animal Rescue (R) ’CC’** The RSPCA raids a rural Queensland property and discovers five neglected dogs living at what turns out to be a marijuana plantation. Police join the RSPCA in pursuing the owner for questioning. | **PG** +ANRS4-022+ |

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| 17:00 | **Medical Emergency (R) ’CC’** A barbeque chef has been engulfed in flames and a 22-year-old woman is finally ready to receive her new lungs. | **PG** +MDEM4-011+ |

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| 17:30 | **Escape To The Country: Berkshire (R)** Jules Hudson is on the trail of a property for a sporty couple who are ready to make a new start in the country. | **G** +ETTC19-032+ |

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| 18:30 | **Bargain Hunt: Wetherby 21 NEW EPISODE**Charlie Ross is in the presenting saddle as the teams race around Wetherby Racecourse with experts Paul Laidlaw and Philip Serrell. | **PG** +BHUN46-010+ |

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| 19:30 | **Pie In The Sky: Pork Pies (R)** Henry is sent to a meat factory where animal rights protesters are demonstrating against the use of veal in sausages. | **PG** +PIES5-003+ |

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| 20:30 | **Movie: Mrs. Brown's Boys D'Movie (R) ’CC’ (2014)** When Agnes Brown finds her livelihood under threat from a ruthless developer, she and her family embark on a campaign to save her stall. Starring:BRENDAN OCARROLL,DERMOT ONEILL,FIONA OCARROLL,EILISH OCARROLL,JENNIFER GIBNEY,PADDY HOULIHAN,JUNE RODGERS,CONOR MOLONEY | **M (L,S)**+NBCF31-011+ |

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| 22:30 | **Mrs. Brown's Boys: iMammy (Batteries Not Included) (R)** There's baby fever in the Brown household as a pregnant Maria prepares for motherhood, and Agnes is keen to give her new daughter-in-law her unique brand of advice about raising children. | **M (L,S)**+MBRO2-003+ |

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| 23:15 | **Mrs. Brown's Boys: Super Mammy (R)** Agnes is spitting feathers after her family start making comments about her weight, so she decides to go on a diet. Meanwhile, Cathy brings her new older man home and Rory has a dilemma at work. | **MA (L)**+MBRO2-004+ |

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| 00:00 | **Air Crash Investigations: Unlocking Disaster (R)** Investigate how delays in fixing design faults caused the cargo door of a commercial flight to open mid-air, ripping a huge hole and taking out five rows of seats - and nine passengers with it. | **PG** +MDAY-001+ |

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| 01:00 | **Autopsy USA: Jim Morrison (R) ’CC’** Dr Michael Hunter re-opens the file on the death of Jim Morrison, frontman for The Doors.  | **MA (D,A)**+AUTU01-003+ |

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| 02:00 | **Autopsy USA: Donda West (R) ’CC’** Using information revealed in the autopsy report and in interviews with those who cared for before she died, Dr Michael Hunter investigates the tragic and untimely death of Donda West, mother of Kanye | **MA (A)**+AUTU01-004+ |

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| 03:00 | **Bargain Hunt: Wetherby 21 (R)** Charlie Ross is in the presenting saddle as the teams race around Wetherby Racecourse with experts Paul Laidlaw and Philip Serrell. | **PG** +BHUN46-010+ |

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| 04:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-143+ |

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| 04:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-144+ |

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| 05:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-081+ |

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| 05:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

 **Wednesday 09 October 2019**

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| 06:00 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 06:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 07:00 | **News Of The Wild ’CC’** An animal focused, factual entertainment news show bursting at the seams with animals, laughter, news and information. | **C** +NEWI02-048+ |

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| 07:30 | **Kitty Is Not A Cat: The Truth About Cats And Birds / Scared Of The Dark (R) ’CC’** A little girl who believes she can be anything, even a cat! | **C** +KINC01-004+ |

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| 08:00 | **Jay's Jungle: Why Do We Celebrate Different Things? (R) ’CC’** Follow the fun adventures of Jay the Lighthouse keeper and the Jungle Crew as they sing, dance, laugh and learn. | **P** +JAJU02-008+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-143+ |

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| 09:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-144+ |

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| 09:30 | **NBC Today (R) ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-241+ |

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| 12:00 | **Queensland Weekender: Queensland Weekender 2019 Ep: 2 (R) ’CC’** Victoria takes a road trip through the Atherton Tablelands, where she stumbles on the enchanting town of Yungaburra. | **G** +7QWE19-002+ |

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| 12:30 | **The Great Day Out: Great Day Out, The S3 Ep: 35 (R) ’CC’** Karni achieves a lifelong dream at Currumbin Beach, Billy showcases the best of Queensland fashion. Alastair heads to the hills, plus Olympian Leisel Jones shares her Great Day Out. | **G** +GDOT19-035+ |

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| 13:00 | **The Chase (R) ’CC’** Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G** +CHSE08-023+ |

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| 14:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-143+ |

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| 14:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-144+ |

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| 15:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-081+ |

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| 15:30 | **Air Crash Investigations: Racing The Storm (R)** At the height of thunderstorm season in Arkansas, American Airlines 1420 ends in disaster. Discover how the accident took place. | **PG** +MDAY-002+ |

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| 16:30 | **RSPCA Animal Rescue (R) ’CC’** The RSPCA help rescue more than twenty dogs caught inside a burning house and take them to the shelter for vet treatment. The dogs' owner, Jane collapsed trying to save her dogs and is rushed to hospital. | **G** +ANRS4-023+ |

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| 17:00 | **Medical Emergency (R) ’CC’** Paramedics are called to an overturned car where a woman's been hurt and needs to be moved fast. | **PG** +MDEM4-012+ |

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| 17:30 | **Escape To The Country: Shropshire (R)** Alistair Appleton heads to Shropshire to help a couple buy their first home together and visit Britain's first community owned farm. | **G** +ETTC19-033+ |

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| 18:30 | **Bargain Hunt: Cornwall NEW EPISODE**Eric Knowles presents from the Royal Cornwall Showground with experts Caroline Hawley and Ben Cooper. Two brothers take on a mother and daughter. | **PG** +BHUN46-011+ |

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| 19:30 | **Border Security - Australia's Front Line (R) ’CC’** When traces of cocaine are found on the belongings of a family returning from South America one of them makes a confession. Officers suspect a Ukrainian man isn't just here for a business trip. | **PG** +BORD-190+ |

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| 20:00 | **Border Security - Australia's Front Line (R) ’CC’** Immigration detain a bus load of illegal workers but their organiser is not giving in without a fight. An Aussie is far from happy about having her bag searched and begins to mouth off.  | **PG** +BORD-193+ |

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| 20:30 | **Air Crash Investigation: Special Report: Explosive Evidence NEW EPISODE**When civilian planes become targets, innocent lives are lost but each time, a vital lesson is learned about how to better protect airliners in a war. | **PG (A)**+MDAF01-005+ |

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| 21:30 | **Air Crash Investigation: Special Report: Killer In The Cockpit? NEW EPISODE**Suicidal pilots aren't common but when they unleash their horrific plans as in these stories, the destruction inflicted is epic. | **PG (A)**+MDAF01-006+ |

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| 22:30 | **Air Crash Investigations: Racing The Storm (R)** At the height of thunderstorm season in Arkansas, American Airlines 1420 ends in disaster. Discover how the accident took place. | **PG** +MDAY-002+ |

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| 23:30 | **Border Security - Australia's Front Line (R) ’CC’** When traces of cocaine are found on the belongings of a family returning from South America one of them makes a confession. Officers suspect a Ukrainian man isn't just here for a business trip. | **PG** +BORD-190+ |

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| 00:00 | **Border Security - Australia's Front Line (R) ’CC’** Immigration detain a bus load of illegal workers but their organiser is not giving in without a fight. An Aussie is far from happy about having her bag searched and begins to mouth off.  | **PG** +BORD-193+ |

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| 00:30 | **Medical Emergency (R) ’CC’** Paramedics are called to an overturned car where a woman's been hurt and needs to be moved fast. | **PG** +MDEM4-012+ |

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| 01:00 | **Autopsy USA: Rodney King (R) ’CC’** A look at the death of Rodney King, whose beating by police officers inspires the infamous LA riots. He was found by his wife face down in his own swimming pool, despite being fit and a good swimmer.  | **MA (D,A,V)**+AUTU01-005+ |

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| 02:00 | **Autopsy USA: John Belushi (R) ’CC’** Using information revealed in John Belushi's autopsy report, Dr Michael Hunter investigates his final days and hours to reveal the cause of his death. | **MA (D)**+AUTU01-006+ |

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| 03:00 | **Bargain Hunt: Cornwall (R)** Eric Knowles presents from the Royal Cornwall Showground with experts Caroline Hawley and Ben Cooper. Two brothers take on a mother and daughter. | **PG** +BHUN46-011+ |

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| 04:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-145+ |

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| 04:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-146+ |

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| 05:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-082+ |

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| 05:30 | **RSPCA Animal Rescue (R) ’CC’** The RSPCA help rescue more than twenty dogs caught inside a burning house and take them to the shelter for vet treatment. The dogs' owner, Jane collapsed trying to save her dogs and is rushed to hospital. | **G** +ANRS4-023+ |

 **Thursday 10 October 2019**

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| 06:00 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 06:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 07:00 | **News Of The Wild ’CC’** An animal focused, factual entertainment news show bursting at the seams with animals, laughter, news and information. | **C** +NEWI02-049+ |

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| 07:30 | **Kitty Is Not A Cat: Kitty Needs A Bath / Scaredy Cats (R) ’CC’** A little girl who believes she can be anything, even a cat! | **C** +KINC01-005+ |

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| 08:00 | **Jay's Jungle: Balancing Is Very Tricky Sometimes (R) ’CC’** Follow the fun adventures of Jay the Lighthouse keeper and the Jungle Crew as they sing, dance, laugh and learn. | **P** +JAJU02-009+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-145+ |

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| 09:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-146+ |

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| 09:30 | **NBC Today (R) ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-242+ |

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| 12:00 | **Air Crash Investigation: Special Report: Explosive Evidence (R)** When civilian planes become targets, innocent lives are lost but each time, a vital lesson is learned about how to better protect airliners in a war. | **PG (A)**+MDAF01-005+ |

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| 13:00 | **The Chase (R) ’CC’** Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G** +CHSE07-094+ |

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| 14:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-145+ |

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| 14:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-146+ |

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| 15:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-082+ |

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| 15:30 | **Air Crash Investigations: Fire On Board (R)** The pilot of Swissair Flight 111 smells smoke in the cockpit less than an hour after take-off. It's a race against time to dump duel and land. | **PG** +MDAY-003+ |

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| 16:30 | **RSPCA Animal Rescue (R) ’CC’** A puppy's been badly injured in a hit and run accident and the RSPCA try to find the perpetrator. Then, an RSPCA Inspector has to devise a way to rescue a family of kittens trapped between two buildings. | **G** +ANRS4-024+ |

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| 17:00 | **Medical Emergency (R) ’CC’** A young girl has been crushed by her 600-kilogram horse and a man loses consciousness and runs into a parked car. | **PG** +MDEM4-013+ |

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| 17:30 | **Escape To The Country: Somerset (R)** Nicki Chapman joins a couple to help them start the next chapter of their lives in the country in Somerset in a home they can renovate. | **G** +ETTC19-034+ |

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| 18:30 | **Bargain Hunt: Oswestry 7 NEW EPISODE**The teams are at an antiques fair at the Oswestry Showground in Shropshire today. | **PG** +BHUN46-012+ |

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| 19:30 | **Father Brown: The Daughter Of Autolycus (R) NEW EPISODE**Father Brown must help Flambeau in stealing the Pope's gift to the Queen. | **M (V)**+FBRO04-005+ |

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| 20:30 | **A Touch Of Frost: A Touch Of Frost - Keys To The Car (R)** Frost is called upon by Superintendent Mullett to investigate the theft of his friend's car by a local drug dealer. Starring:HETTY BAYNES,TONY SMEE,MANOUK VAN DER MEULEN,MELANIE THAW | **PG (A)**+TOF6-006+ |

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| 22:45 | **Mrs. Brown's Boys: Mammy's Gamble (R)** After a spate of burglaries in Finglas, Agnes asks Buster to fit a new alarm system. Unfortunately the system does more harm than good. Agnes faces old rival Hillary in a poker final. | **M (L,S)**+MBRO3-012+ |

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| 23:30 | **Air Crash Investigations: Fire On Board (R)** The pilot of Swissair Flight 111 smells smoke in the cockpit less than an hour after take-off. It's a race against time to dump duel and land. | **PG** +MDAY-003+ |

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| 00:30 | **Medical Emergency (R) ’CC’** A young girl has been crushed by her 600-kilogram horse and a man loses consciousness and runs into a parked car. | **PG** +MDEM4-013+ |

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| 01:00 | **Autopsy USA: Jimi Hendrix (R) ’CC’** Medical Examiner Dr. Michael Hunter re-examines Jimi Hendrix's death to cut through claim and counter claims and, using the medical evidence, determines precisely how he died. | **M (D,A)**+AUTU01-007+ |

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| 02:00 | **Autopsy USA: Maurice Gibb (R) ’CC’** According to witnesses, Maurice Gibb's death came out of nowhere. So why he went from healthy to dead in 4 days is a mystery. Dr Michael Hunter investigates the forensic evidence around the death. | **MA (D)**+AUTU01-008+ |

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| 03:00 | **Bargain Hunt: Oswestry 7 (R)** The teams are at an antiques fair at the Oswestry Showground in Shropshire today. | **PG** +BHUN46-012+ |

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| 04:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-147+ |

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| 04:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-148+ |

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| 05:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-083+ |

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| 05:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

 **Friday 11 October 2019**

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| 06:00 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 06:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 07:00 | **News Of The Wild ’CC’** An animal focused, factual entertainment news show bursting at the seams with animals, laughter, news and information. | **C** +NEWI02-050+ |

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| 07:30 | **Kitty Is Not A Cat: Cats And Cash / Queen Of The Jungle (R) ’CC’** A little girl who believes she can be anything, even a cat! | **C** +KINC01-006+ |

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| 08:00 | **Jay's Jungle: I Love Getting Letters (R) ’CC’** Follow the fun adventures of Jay the Lighthouse keeper and the Jungle Crew as they sing, dance, laugh and learn. | **P** +JAJU02-010+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-147+ |

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| 09:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-148+ |

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| 09:30 | **NBC Today (R) ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-243+ |

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| 12:00 | **House Of Wellness (R) ’CC’** Entertaining everybody to live a healthier life. Hosted by Luke Darcy, Rachael Finch, Jo Stanley and Luke Hines. | **PG** +HOWL03-033+ |

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| 13:00 | **Jump Off - Life After Racing (R)** Bringing together household names from horse racing and show jumping. This high-stakes show jumping competition showcases five teams as they battle it out for $100,000. | +JUOF02-002+ |

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| 13:30 | **TBA:** TBC | ++ |

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| 14:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-147+ |

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| 14:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-148+ |

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| 15:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-083+ |

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| 15:30 | **Air Crash Investigations: Flying On Empty (R)** An Air Transat Airbus runs out of fuel over the Atlantic and has to glide to a power-free landing. Explore the causes that contributed to this near catastrophe. | **PG** +MDAY-004+ |

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| 16:30 | **RSPCA Animal Rescue (R) ’CC’** A tropical flea plague threatens to kill two vulnerable puppies. But the RSPCA's attempt to help them is interrupted by an angry relative of their owner. | **PG** +ANRS4-025+ |

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| 17:00 | **Medical Emergency (R) ’CC’** Paramedics are on a Code One callout to a motorcycle accident and a young woman suffers from life-threatening, flesh-eating bacteria. | **PG** +MDEM4-014+ |

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| 17:30 | **Escape To The Country: Derbyshire (R)** Jules Hudson joins the house hunt in Derbyshire to help a couple and their 3 year old daughter find a country home. Plus, Jules joins in rehearsals with a local digger dance troop. | **G** +ETTC19-035+ |

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| 18:30 | **Bargain Hunt: London 12 NEW EPISODE**Two teams hunt for antiques to try to make a profit at auction. Natasha Raskin Sharp is at the helm as two friends take on a couple at Spitalfields Market in London. | **PG** +BHUN46-013+ |

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| 19:30 | **Pie In The Sky: Cutting The Mustard (R)** Henry and his team are called to a boarding school where a boy's beating up and the selling of Ecstasy create an interesting case. | **PG** +PIES5-004+ |

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| 20:30 | **Manhunt (R) ’CC’** Based on the true story of a murder investigation that kept the people of Britain on the edge their seats and defined a detective's career.  | **M (V,L)**+MANH01-001+ |

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| 21:30 | **Manhunt (R) ’CC’** A Police Constable tells Sutton about a statement a woman gave on another murder - that man also has a white van. They do surveillance on Levi and charge his house to arrest him, but he isn't there. | **M (V,L)**+MANH01-002+ |

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| 22:30 | **Manhunt (R) ’CC’** After arresting Bellfield, Sutton realizes he only has 72 hours to tie him to three murders and an attempted murder. He has to get other departments to co-operate with his or they can't win the case. | **M (V,L)**+MANH01-003+ |

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| 23:30 | **Mrs. Brown's Boys: Buckin' Mammy (R) ’CC’** Agnes reluctantly agrees to help Mark and Betty by finding out what Bono wants from Santa before hosting the family's pre-Christmas games night with Christmas Day musical finale. | **M (L)**+MBRO3-009+ |

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| 00:15 | **Medical Emergency (R) ’CC’** Paramedics are on a Code One callout to a motorcycle accident and a young woman suffers from life-threatening, flesh-eating bacteria. | **PG** +MDEM4-014+ |

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| 00:45 | **Autopsy USA: Notorious BIG (R) ’CC’** Famous rapper Notorious B.I.G was gunned down on the streets of Los Angeles. Using information from autopsy and police files, Dr Michael Hunter investigates the motive and the identity of the killer.  | **M (D,V)**+AUTU01-009+ |

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| 02:00 | **Autopsy USA: Don Cornelius (R) ’CC’** Medical Examiner Dr Michael Hunter is taking a fresh look at the death of Soul Train creator Don Cornelius, an icon who inspired generations. | **MA (D,A)**+AUTU01-010+ |

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| 03:00 | **Air Crash Investigations: Flying On Empty (R)** An Air Transat Airbus runs out of fuel over the Atlantic and has to glide to a power-free landing. Explore the causes that contributed to this near catastrophe. | **PG** +MDAY-004+ |

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| 04:00 | **Escape To The Country: Derbyshire (R)** Jules Hudson joins the house hunt in Derbyshire to help a couple and their 3 year old daughter find a country home. Plus, Jules joins in rehearsals with a local digger dance troop. | **G** +ETTC19-035+ |

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| 05:00 | **Bargain Hunt: London 12 (R)** Two teams hunt for antiques to try to make a profit at auction. Natasha Raskin Sharp is at the helm as two friends take on a couple at Spitalfields Market in London. | **PG** +BHUN46-013+ |

 **Saturday 12 October 2019**

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| 06:00 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 06:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 07:00 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 07:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 08:00 | **Travel Oz: Riverina (R) ’CC’** Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG** +TRAV4-030+ |

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| 08:45 | **Travel Oz (R) ’CC’** Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG** +TRAV4-031+ |

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| 09:30 | **NBC Today (R) ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-244+ |

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| 11:30 | **Vasili's Garden (R)** Vasili's Gardens takes you into the backyards of everyday Australians to share organic gardening techniques and teach you how to improve your health using your own garden produce. | **PG** +VASI04-017+ |

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| 12:30 | **House Calls To The Rescue (R) ’CC’** JOHANNA GRIGGS unleashes her new team of experts to rescue home owners from their DIY disasters. | **G** +HSCL-001+ |

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| 13:30 | **The Great Australian Doorstep (R)** Peter and Sheree Everitt explore amazing holiday destinations. | **PG** +GRAD10-008+ |

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| 14:00 | **SA Weekender: SA Weekender 2019 Ep: 30 ’CC’** Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. | **G** +SAWE19-030+ |

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| 14:30 | **Sydney Weekender (R) ’CC’** Mike visits Boomerang Beach in the Great Lakes region. Candice checks out Nielsen Park. Lizzy goes off road in the Isuzu M-UX on a tour of Stockton Dunes. | **G** +7SWE26-035+ |

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| 15:00 | **Creek To Coast (R) ’CC’** Creek to Coast is all things boating, camping, 4WDing, outdoor adventuring and fishing. From bush-bashing to cooking to caravanning to watersports, Creek to Coast has it all. | **G** +7CTC19-032+ |

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| 15:30 | **Queensland Weekender: Queensland Weekender 2019 Ep: 33 ’CC’** From day tripping to the reef, relaxing at a cool city restaurant, or watching a fiery outback sunset, Queensland Weekender will inspire you to make the most of a weekend in our beautiful State. | **G** +7QWE19-033+ |

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| 16:00 | **The Great Day Out: Great Day Out, The S3 Ep: 36 ’CC’** The Great Day Out is people, places and friendly faces; it is at the very heart of Queensland and special guest celebrities will invite you along on their Great Day Out. | **G** +GDOT19-036+ |

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| 16:30 | **Paddington Station 24/7 (R)** Go behind the scenes of Paddington, one of the most famous railway stations in the world and one of the UK's busiest transport hubs. | **PG** +PAST01-004+ |

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| 17:30 | **Seven's Horse Racing: Randwick: Spring Champion Stakes Day; Caulfield: Caulfield Guineas (R) ’CC’ LIVE**On one of Spring Racing's most prestigious days, Caulfield hosts four Group 1 races headlined by the $2 million Caulfield Guineas, while Royal Randwick hosts the $1 million Spring Champion Stakes. | +SHRC19-024+ |

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| 18:00 | **Helloworld ’CC’ SEASON PREMIERE**Join the all-star cast as they uncover the greatest travel experiences in the world today. | **PG** +HELW01-001+ |

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| 18:30 | **Walking Through History: Battle In The Glens (R)** Tony Robinson walks through some of Britain's most historic landscapes in search of the richest stories from the country's past. | **PG** +WALK01-004+ |

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| 19:30 | **Secrets Of Beautiful Gardens SEASON PREMIERE**An inside look at the world's most luxurious gardens. Plus, a few tips on how to build your own dream garden. | **G** +BEUG01-001+ |

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| 20:30 | **Escape To The Country: North Devon NEW EPISODE**Ginny Buckley joins in the search for a rural home in North Devon and land for animals is top of the wish list. | **G** +ETTC24-007+ |

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| 21:30 | **Escape To The Country: Worcestershire (R)** Nicki Chapman is helping a budding writer and her husband, escape urban life for a quieter one in the Worcestershire countryside. | **G** +ETTC22-063+ |

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| 22:30 | **Escape To The Country: Lincolnshire (R)** Each episode follows one big move, and with everything from snug, chocolate-box cottages to medieval grandeur, it's clear that everyone has their own idea about the perfect country escape.  | **G** +ETTC23-017+ |

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| 23:30 | **Walking Through History: Battle In The Glens (R)** Tony Robinson walks through some of Britain's most historic landscapes in search of the richest stories from the country's past. | **PG** +WALK01-004+ |

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| 00:30 | **Special: Winx IV (R) ’CC’ (2019)** On an overcast Melbourne afternoon, a heaving capacity crowd at Moonee Valley witnessed Australia’s superstar mare claim one of the greatest Cox Plate victories of all time. | **PG (L)**+NFFI81-001+ |

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| 01:30 | **The Great Australian Doorstep (R)** Peter and Sheree Everitt explore amazing holiday destinations. | **PG** +GRAD10-008+ |

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| 02:00 | **SA Weekender: SA Weekender 2019 Ep: 30 (R) ’CC’** Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. | **G** +SAWE19-030+ |

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| 02:30 | **Sydney Weekender (R) ’CC’** Mike visits Boomerang Beach in the Great Lakes region. Candice checks out Nielsen Park. Lizzy goes off road in the Isuzu M-UX on a tour of Stockton Dunes. | **G** +7SWE26-035+ |

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| 03:00 | **Creek To Coast (R) ’CC’** Creek to Coast is all things boating, camping, 4WDing, outdoor adventuring and fishing. From bush-bashing to cooking to caravanning to watersports, Creek to Coast has it all. | **G** +7CTC19-032+ |

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| 03:30 | **Queensland Weekender: Queensland Weekender 2019 Ep: 5 (R) ’CC’** Mel explores Australia's greatest natural asset the Great Barrier Reef, Luke and Cody are aboard the train to nowhere while Bridget is on a coffee crawl. | **G** +7QWE19-005+ |

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| 04:00 | **The Great Day Out: Great Day Out, The S3 Ep: 36 (R) ’CC’** The Great Day Out is people, places and friendly faces; it is at the very heart of Queensland and special guest celebrities will invite you along on their Great Day Out. | **G** +GDOT19-036+ |

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| 04:30 | **Travel Oz: Riverina (R) ’CC’** Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG** +TRAV4-030+ |

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| 05:15 | **Travel Oz (R) ’CC’** Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG** +TRAV4-031+ |