**Sunday 11 August 2019**

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| 06:00 | **It Is Written: Dying To Live** Religious program. | **PG** +IIWR19-015+ |

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| 06:30 | **Amazing Facts: The Angry Christian** Religious program. | **PG** +AMFA19-032+ |

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| 07:00 | **Tomorrow's World: Do You Have An Immortal Soul?** Religious program. | **PG (A)**+TOMW19-032+ |

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| 07:30 | **Leading The Way: Jesus: Know Him And Live, Pt. 3** Religious program. | **PG** +LWAY19-032+ |

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| 08:00 | **David Jeremiah** Religious program. | **PG (A)**+DAJE19-032+ |

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| 08:30 | **Hour Of Power: Honesty Is Easier** Religious program. | **G** +HOOP19-032+ |

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| 09:00 | **Home Shopping** Shopping program. | **G** +INFO01-001+ |

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| 09:30 | **Mum's At The Table** Mums At The Table is the place where we share, laugh and dream together. It's a TV panel show featuring real women; smart and sassy ladies with real lives, real families, real struggles and real joy. | **PG** +MTAB01-040+ |

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| 10:00 | **House Of Wellness (R) ’CC’** Entertaining everybody to live a healthier life. Hosted by Luke Darcy, Rachael Finch, Jo Stanley and Luke Hines. | **PG (A)**+HOWL03-024+ |

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| 11:00 | **NBC Today (R) ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-191+ |

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| 12:00 | **My Greek Odyssey (R) ’CC’** Peter continues his journey and makes his way to Kefalonia, the largest of the Ionian Islands.  | **PG** +MYGO01-010+ |

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| 13:00 | **Britain's Busiest Airport: Heathrow (R) ’CC’** Gale-force winds cause chaos on the runways and in the terminals, there are emotional reunions in Arrivals, and one of Heathrow's newest staff members prepares to get his hands dirty. | **PG** +HEAT02-003+ |

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| 14:00 | **Escape To The Country: Cheshire (R)** With a budget of 400,000 pounds, Jules Hudson is house hunting with a couple who are seeking a new rural life in Cheshire. | **G** +ETTC23-069+ |

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| 15:00 | **Vasili's Garden** Vasili's Gardens takes you into the backyards of everyday Australians to share organic gardening techniques and teach you how to improve your health using your own garden produce. | **PG** +VASI04-009+ |

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| 16:00 | **Escape To The Country: Isle Of Wight (R)** Alistair Appleton is helping a couple swap city living for island life, as they property shop on the Isle of Wight. | **G** +ETTC22-054+ |

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| 17:00 | **Escape To The Country: Oxfordshire (R)** Nicki Chapman is helping a buyer who is being supported on the house-hunt by her daughter. | **G** +ETTC23-006+ |

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| 18:00 | **Mighty Ships: Resolute (R)** Climb aboard for an exclusive look at some of the coolest working vessels in the world. | **G** +MTYS01-006+ |

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| 19:00 | **Border Security - Australia's Front Line (R) ’CC’** A nervous young Aussie arrives back from Mexico and a suspicious package arrives from Bolivia. | **PG** +BORD-122+ |

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| 19:30 | **Border Security - Australia's Front Line (R) ’CC’** Officers question a man after he attempts to bribe them. Some cartoon characters reveal a sinister plan and a band's dream of a national tour starts crumbling when officers discover the true identity of their drummer. | **PG** +BORD-123+ |

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| 20:00 | **Border Security - Australia's Front Line (R) ’CC’** An Indian family claim to be on holiday but struggle to get their story straight, and a Persian rug holds a dirty secret. Narrated by Grant Bowler. | **PG** +BORD-124+ |

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| 20:30 | **Chris Tarrant's Extreme Railways: One Way Ticket To Siberia NEW EPISODE**TV Presenter Chris Tarrant travels around the world to ride some of the most extreme railways that wind their way through some of the harshest terrain on Earth. | **PG (A)**+CTER02-003+ |

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| 21:30 | **Mighty Planes: T-38 Talon (R)** This adrenaline charged episode of Mighty Planes follows three NATO airmen who push themselves and the T-38 to its limits. | **PG** +MIPL03-002+ |

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| 22:30 | **Border Security - Australia's Front Line (R) ’CC’** A nervous young Aussie arrives back from Mexico and a suspicious package arrives from Bolivia. | **PG** +BORD-122+ |

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| 23:00 | **Border Security - Australia's Front Line (R) ’CC’** Officers question a man after he attempts to bribe them. Some cartoon characters reveal a sinister plan and a band's dream of a national tour starts crumbling when officers discover the true identity of their drummer. | **PG** +BORD-123+ |

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| 23:30 | **Britain's Busiest Airport: Heathrow (R) ’CC’** Gale-force winds cause chaos on the runways and in the terminals, there are emotional reunions in Arrivals, and one of Heathrow's newest staff members prepares to get his hands dirty. | **PG** +HEAT02-003+ |

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| 00:45 | **Mighty Ships: Resolute (R)** Climb aboard for an exclusive look at some of the coolest working vessels in the world. | **G** +MTYS01-006+ |

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| 02:00 | **Chris Tarrant's Extreme Railways: One Way Ticket To Siberia (R)** TV Presenter Chris Tarrant travels around the world to ride some of the most extreme railways that wind their way through some of the harshest terrain on Earth. | **PG (A)**+CTER02-003+ |

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| 03:00 | **Mighty Planes: T-38 Talon (R)** This adrenaline charged episode of Mighty Planes follows three NATO airmen who push themselves and the T-38 to its limits. | **PG** +MIPL03-002+ |

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| 04:00 | **Intrust Shute Shield: Qual Final: Eastwood v Eastern Suburbs** TBC  | +CLUB19-020+ |

 **Monday 12 August 2019**

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| 06:00 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 06:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 07:00 | **News Of The Wild ’CC’** An animal focused, factual entertainment news show bursting at the seams with animals, laughter, news and information. | **C** +NEWI02-006+ |

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| 07:30 | **Drop Dead Weird: Dun Dun Done! ’CC’ SEASON FINAL**Three Australian siblings move to a bed and breakfast in Tubbershandy western Ireland with their Zombie parents. | **C** +DDWE02-026+ |

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| 08:00 | **Jay's Jungle: Cooking (R) ’CC’** Follows the fun adventures of Jay the Lighthouse keeper and the Jungle Crew as they sing, dance, laugh and learn. | **P** +JAJU-031+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-059+ |

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| 09:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-060+ |

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| 09:30 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCS19-032+ |

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| 10:30 | **Meet The Press (R) ’CC’** Chuck Todd interviews newsmakers from around the world. | +NBCM19-032+ |

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| 11:30 | **Australia's Best Backyards (R) ’CC’** How one couple turned their backyard into a Thai resort, complete with a giant 3 tonne Buddha. Hosted by JAMIE DURIE. | **G** +ABBY2-009+ |

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| 12:00 | **Vasili's Garden (R)** Vasili's Gardens takes you into the backyards of everyday Australians to share organic gardening techniques and teach you how to improve your health using your own garden produce. | **PG** +VASI04-009+ |

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| 13:00 | **The Chase (R) ’CC’** Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G** +CHSE10-022+ |

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| 14:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-059+ |

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| 14:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-060+ |

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| 15:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-039+ |

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| 15:30 | **RSPCA Animal Rescue (R) ’CC’** In a special edition, inspectors and staff help the surviving animals of the devastating Victorian bushfires. Hosted by ANTHONY FIELD. | **G** +ANRS3-003+ |

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| 16:00 | **Australia's Got Talent (R) ’CC’ ENCORE**In this episode - a death defying escape act; a rapper using music to highlight youth homelessness; and an emotional performance from the biggest act to ever hit the AGT stage. | **PG (A)**+AGTA09-005+ |

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| 17:30 | **Escape To The Country: Warwickshire (R)** Alistair Appleton helps a couple leave behind the stresses of life in the capital and seek out a spiritual retreat in Warwickshire. | **G** +ETTC18-006+ |

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| 18:30 | **Bargain Hunt: Builth Wells 1 NEW EPISODE**TBC  | **PG** +BHUN45-001+ |

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| 19:30 | **Special: The Vicar Of Dibley - A Handsome Stranger (R) ’CC’ (2006)** Geraldine is fed up with Townies buying weekend cottages in the village... until she meets one of them. Could the charming, handsome Harry be Mr Right? Or is he Mr How Wrong Can You Be? | **PG (S,L)**+BBCS4-014+ |

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| 20:30 | **Foyle's War: Bleak Midwinter (R) ’CC’** A young woman dies in an explosion at a munitions works in what appears to have been an accident. But when another woman is murdered Foyle starts to suspect that these two deaths are linked. Starring:ALEXANDER PERKINS,ANN BEACH,ANTHONY HOWELL,CAROLINE MARTIN,JAY SIMPSON,HONEYSUCKLE WEEKS,GAVIN BROCKER,MALI HARRIES,JOHN KANE,KATE AMBLER,RON COOK,MICHAEL KITCHEN,WILL BEER,SIAN BROOKE,MICHAEL PARKHOUSE | **M (V)**+FOYL5-001+ |

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| 22:30 | **The Investigator: A True Crime Story (R) ’CC’** After weeks of trying to get Patricia Causley to tell him what she knows about Carole's disappearance, Mark manages to get a lead and speaks with one of Patricia's ex boyfriends. | **M (A,V)**+INVE01-003+ |

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| 23:30 | **The Investigator: A True Crime Story (R) ’CC’** In this episode the investigation concludes, into the case of what really happened to Carole Packman. | **M (V)**+INVE01-004+ |

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| 00:30 | **The Investigator: A True Crime Story (R) ’CC’** An explosive four-part crime series that shows how the truth can be far more compelling than fiction. A true and gripping murder mystery is re-examined, which has baffled police for over 30 years. | **M (A,V,S)**+INVE01-001+ |

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| 01:45 | **Foyle's War: Bleak Midwinter (R) ’CC’** A young woman dies in an explosion at a munitions works in what appears to have been an accident. But when another woman is murdered Foyle starts to suspect that these two deaths are linked. Starring:ALEXANDER PERKINS,ANN BEACH,ANTHONY HOWELL,CAROLINE MARTIN,JAY SIMPSON,HONEYSUCKLE WEEKS,GAVIN BROCKER,MALI HARRIES,JOHN KANE,KATE AMBLER,RON COOK,MICHAEL KITCHEN,MICHAEL PARKHOUSE,WILL BEER,SIAN BROOKE | **M (V)**+FOYL5-001+ |

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| 04:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-059+ |

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| 04:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-060+ |

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| 05:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-039+ |

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| 05:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

 **Tuesday 13 August 2019**

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| 06:00 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 06:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 07:00 | **News Of The Wild ’CC’** An animal focused, factual entertainment news show bursting at the seams with animals, laughter, news and information. | **C** +NEWI02-007+ |

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| 07:30 | **Get Clever ’CC’ SERIES RETURN**An outrageous series where adventure, fun and the wonders of science are burst wide open. | **C** +GECL02-026+ |

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| 08:00 | **Jay's Jungle: Cooking (R) ’CC’** Follows the fun adventures of Jay the Lighthouse keeper and the Jungle Crew as they sing, dance, laugh and learn. | **P** +JAJU-032+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-061+ |

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| 09:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-062+ |

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| 09:30 | **NBC Today (R) ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-192+ |

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| 12:00 | **Special: The Vicar Of Dibley - A Handsome Stranger (R) ’CC’ (2006)** Geraldine is fed up with Townies buying weekend cottages in the village... until she meets one of them. Could the charming, handsome Harry be Mr Right? Or is he Mr How Wrong Can You Be? | **PG (S,L)**+BBCS4-014+ |

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| 13:00 | **The Chase (R) ’CC’** Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G** +CHSE10-023+ |

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| 14:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-061+ |

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| 14:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-062+ |

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| 15:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-040+ |

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| 15:30 | **Mighty Ships: Stornes (R)** Climb aboard for an exclusive look at some of the coolest working vessels in the world. | **PG** +MTYS06-004+ |

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| 16:30 | **Australia's Got Talent (R) ’CC’ ENCORE**Tonight, a former Bachelorette star channels Channing Tatum; an adrenaline-pumping display of acrobatics and a freestyle skydiving champ takes flight. | **PG** +AGTA09-006+ |

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| 17:30 | **Escape To The Country: Essex (R)** Jonnie Irwin heads to Essex to help a couple find an equestrian property. But they may have to do some lateral thinking to get the house and acreage they are after. | **G** +ETTC18-007+ |

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| 18:30 | **Bargain Hunt: Newbury 5 NEW EPISODE**TBC  | **PG** +BHUN45-002+ |

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| 19:30 | **Pie In The Sky: This Other Eden (R)** Henry investigates the theft of some valuable plants and is surprised when he finds the thief. | **PG** +PIES3-005+ |

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| 20:30 | **Mrs. Brown's Boys: Mammy's Merchandise (R)** With Dermot and Maria's wedding just weeks away, the Brown household is in crisis, as Dermot and his mother can't agree on who should be his best man on the big day. | **M (L)**+MBRO-003+ |

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| 21:15 | **Mrs. Brown's Boys: Mammy Rides Again (R)** It's the week of Dermot's fiancee Maria's hen party and Agnes Brown and her friend Winnie are excited about going... until daughter Cathy tells them they are not invited because they are too old. | **MA (L)**+MBRO-004+ |

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| 22:00 | **Murdoch Mysteries: The Devil Wears Whalebone** Murdoch discovers that fashion is murder when a model is killed during a protest at a designer corset show. | **M** +MMYS08-012+ |

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| 23:00 | **Citizen Khan: Alia's University NEW EPISODE**Mr Khan has to drop his daughter Alia off for her first day at university - in Scotland. | **PG** +CITK05-005+ |

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| 23:45 | **The Investigator: A True Crime Story (R) ’CC’** Mark continues looking into the disappearance of Carole and speaks with her work colleagues and friends in Canada, where Carole was reported working a year after her disappearance. | **M (L,A)**+INVE01-002+ |

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| 00:45 | **The Investigator: A True Crime Story (R) ’CC’** After weeks of trying to get Patricia Causley to tell him what she knows about Carole's disappearance, Mark manages to get a lead and speaks with one of Patricia's ex boyfriends. | **M (A,V)**+INVE01-003+ |

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| 01:45 | **The Investigator: A True Crime Story (R) ’CC’** In this episode the investigation concludes, into the case of what really happened to Carole Packman. | **M (V)**+INVE01-004+ |

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| 02:45 | **Citizen Khan: Alia's University (R)** Mr Khan has to drop his daughter Alia off for her first day at university - in Scotland. | **PG** +CITK05-005+ |

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| 03:30 | **RSPCA Animal Rescue (R) ’CC’** Vets hope acupuncture and remedial massage will help a pup in pain. Cairns inspectors hit the bullseye. Hosted by ANTHONY FIELD. | **G** +ANRS3-004+ |

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| 04:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-061+ |

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| 05:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-040+ |

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| 05:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

 **Wednesday 14 August 2019**

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| 06:00 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 06:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 07:00 | **News Of The Wild ’CC’** An animal focused, factual entertainment news show bursting at the seams with animals, laughter, news and information. | **C** +NEWI02-008+ |

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| 07:30 | **Get Clever ’CC’** An outrageous series where adventure, fun and the wonders of science are burst wide open. | **C** +GECL02-027+ |

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| 08:00 | **Jay's Jungle: Feeling Happy (R) ’CC’** Follows the fun adventures of Jay the Lighthouse keeper and the Jungle Crew as they sing, dance, laugh and learn. | **P** +JAJU-033+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-063+ |

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| 09:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-064+ |

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| 09:30 | **NBC Today (R) ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-193+ |

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| 12:00 | **TBA:** TBC | ++ |

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| 13:00 | **The Chase (R) ’CC’** Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G** +CHSE10-024+ |

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| 14:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-063+ |

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| 15:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-041+ |

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| 15:30 | **Mighty Ships: Northern Eagle (R)** Climb aboard for an exclusive look at some of the coolest working vessels in the world. | **PG** +MTYS06-005+ |

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| 16:30 | **RSPCA Animal Rescue (R) ’CC’** Vets hope acupuncture and remedial massage will help a pup in pain. Cairns inspectors hit the bullseye. Hosted by ANTHONY FIELD. | **G** +ANRS3-004+ |

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| 17:00 | **Medical Emergency (R) ’CC’** Doctors perform a live kidney transplant, while Kevin's extraordinary act of generosity changes the life of his seventeen-year-old step-daughter. | **PG** +MDEM2-008+ |

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| 17:30 | **Escape To The Country: Essex (R)** Jules Hudson is in Essex, helping a couple of sisters find a quirky home with a big character to match their own. | **G** +ETTC18-008+ |

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| 18:30 | **Bargain Hunt: Anglesey 9 NEW EPISODE**TBC  | **PG** +BHUN45-003+ |

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| 19:30 | **Border Security - Australia's Front Line (R) ’CC’** Officers inspect a package and are amazed at the lengths people will go to smuggle contraband. | **PG** +BORD-125+ |

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| 20:00 | **Border Security - Australia's Front Line (R) ’CC’** A strange bulge on a passenger's body raises suspicions. Then, there's a major problem with a shipment of cosmetics. Narrated by Grant Bowler. | **PG** +BORD-126+ |

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| 20:30 | **Air Crash Investigations: Deadly Pitch NEW EPISODE**A cargo plane crashes just moments after taking off from Miami, and it will take an anonymous tip to determine what went wrong. | **PG (A)**+MDAY19-005+ |

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| 21:30 | **Air Crash Investigations: Ocean Landing (R) ’CC’** On 23 November, 1996, Ethiopian Airlines Flight 961 was hijacked by three Ethiopians seeking political asylum. | **PG** +MDAY3-013+ |

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| 22:30 | **Air Crash Investigations: Turning Point (R) ’CC’** When Air China Flight 129 crashes miles from a South Korean runway, investigators uncover a troubling contradiction and deadly confusion in the cockpit. | **PG** +MDAY17-003+ |

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| 23:30 | **Border Security - Australia's Front Line (R) ’CC’** Officers inspect a package and are amazed at the lengths people will go to smuggle contraband. | **PG** +BORD-125+ |

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| 00:00 | **Border Security - Australia's Front Line (R) ’CC’** A strange bulge on a passenger's body raises suspicions. Then, there's a major problem with a shipment of cosmetics. Narrated by Grant Bowler. | **PG** +BORD-126+ |

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| 00:30 | **Medical Emergency (R) ’CC’** Doctors perform a live kidney transplant, while Kevin's extraordinary act of generosity changes the life of his seventeen-year-old step-daughter. | **PG** +MDEM2-008+ |

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| 01:00 | **Air Crash Investigations: Ocean Landing (R) ’CC’** On 23 November, 1996, Ethiopian Airlines Flight 961 was hijacked by three Ethiopians seeking political asylum. | **PG** +MDAY3-013+ |

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| 02:00 | **Air Crash Investigations: Turning Point (R) ’CC’** When Air China Flight 129 crashes miles from a South Korean runway, investigators uncover a troubling contradiction and deadly confusion in the cockpit. | **PG** +MDAY17-003+ |

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| 03:00 | **Mighty Ships: Stornes (R)** Climb aboard for an exclusive look at some of the coolest working vessels in the world. | **PG** +MTYS06-004+ |

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| 04:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-063+ |

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| 04:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-064+ |

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| 05:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-041+ |

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| 05:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

 **Thursday 15 August 2019**

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| 06:00 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 06:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 07:00 | **News Of The Wild ’CC’** An animal focused, factual entertainment news show bursting at the seams with animals, laughter, news and information. | **C** +NEWI02-009+ |

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| 07:30 | **Get Clever ’CC’** An outrageous series where adventure, fun and the wonders of science are burst wide open. | **C** +GECL02-028+ |

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| 08:00 | **Jay's Jungle: Clouds (R) ’CC’** Follows the fun adventures of Jay the Lighthouse keeper and the Jungle Crew as they sing, dance, laugh and learn. | **P** +JAJU-034+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-065+ |

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| 09:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-066+ |

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| 09:30 | **NBC Today (R) ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-194+ |

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| 12:00 | **Air Crash Investigations: Deadly Pitch (R)** A cargo plane crashes just moments after taking off from Miami, and it will take an anonymous tip to determine what went wrong. | **PG (A)**+MDAY19-005+ |

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| 13:00 | **The Chase (R) ’CC’** Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G** +CHSE07-086+ |

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| 14:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-065+ |

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| 14:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-066+ |

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| 15:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-042+ |

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| 15:30 | **Mighty Ships: Neptune (R)** Climb aboard for an exclusive look at some of the coolest working vessels in the world. | **PG** +MTYS06-006+ |

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| 16:30 | **RSPCA Animal Rescue (R) ’CC’** Inspectors wonder what happened to Leo the hero dog. An Irish wolfhound needs some love after a car accident. Hosted by ANTHONY FIELD. | **G** +ANRS3-005+ |

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| 17:00 | **Medical Emergency (R) ’CC’** Doctors complete the final stages of Kylie's live kidney transplant. Then, a plasterer is admitted with a shattered ankle after a horrific workplace accident. | **PG** +MDEM2-009+ |

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| 17:30 | **Escape To The Country: Cumbria (R)** Denise Nurse heads to Cumbria to help a couple move back to their homeland but can she meet their grand aspirations? | **G** +ETTC18-009+ |

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| 18:30 | **Bargain Hunt: Builth Wells 2 NEW EPISODE**TBC  | **PG** +BHUN45-004+ |

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| 19:30 | **Father Brown: The Standing Stones (R)** A death at a stone circle leads Father Brown to conclude that dark forces are at work. | **M (V,A)**+FBRO03-012+ |

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| 20:30 | **A Touch Of Frost: Deep Waters (R)** Frost is determined to make two suspects confess after a vicious knife attack. Starring:AMERJIT DEU,BILL STEWART,BRUCE ALEXANDER,GEORGE THOMPSON,GILLIAN BEAN,JAY SIMPSON,IAN CURTIS,DARREN LEWIS,DAVID JASON,MARTIN WALSH,MATT BARDOCK,KATRINA LEVON,JOHN LYONS,JONATHON HYDE,RACHEL LUMBERG,PAUL MORIARTY,PAL ALEXANDE,STUART BARREN,STEPHANIE TURNER,CHARLOTTE BELLAMY,FRANCIS MAGEE,JIM SHEPLY,SIMON COATES,TAMZIN MALLESON,PETER NEEDHAM | **M (A,V)**+TOF4-005+ |

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| 22:45 | **Mighty Ships: Northern Eagle (R)** Climb aboard for an exclusive look at some of the coolest working vessels in the world. | **PG** +MTYS06-005+ |

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| 23:45 | **Medical Emergency (R) ’CC’** Doctors complete the final stages of Kylie's live kidney transplant. Then, a plasterer is admitted with a shattered ankle after a horrific workplace accident. | **PG** +MDEM2-009+ |

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| 00:15 | **RSPCA Animal Rescue (R) ’CC’** Inspectors wonder what happened to Leo the hero dog. An Irish wolfhound needs some love after a car accident. Hosted by ANTHONY FIELD. | **G** +ANRS3-005+ |

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| 00:45 | **Father Brown: The Standing Stones (R)** A death at a stone circle leads Father Brown to conclude that dark forces are at work. | **M (V,A)**+FBRO03-012+ |

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| 02:00 | **Escape To The Country: Cumbria (R)** Denise Nurse heads to Cumbria to help a couple move back to their homeland but can she meet their grand aspirations? | **G** +ETTC18-009+ |

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| 03:00 | **Bargain Hunt: Builth Wells 2 (R)** TBC  | **PG** +BHUN45-004+ |

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| 04:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-065+ |

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| 04:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-066+ |

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| 05:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-042+ |

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| 05:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

 **Friday 16 August 2019**

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| 06:00 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 06:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 07:00 | **News Of The Wild ’CC’** An animal focused, factual entertainment news show bursting at the seams with animals, laughter, news and information. | **C** +NEWI02-010+ |

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| 07:30 | **Get Clever ’CC’** An outrageous series where adventure, fun and the wonders of science are burst wide open. | **C** +GECL02-029+ |

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| 08:00 | **Jay's Jungle: Imaginative Play (R) ’CC’** Follows the fun adventures of Jay the Lighthouse keeper and the Jungle Crew as they sing, dance, laugh and learn. | **P** +JAJU-035+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-067+ |

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| 09:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-068+ |

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| 09:30 | **NBC Today (R) ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-195+ |

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| 12:00 | **House Of Wellness (R) ’CC’** Entertaining everybody to live a healthier life. Hosted by Luke Darcy, Rachael Finch, Jo Stanley and Luke Hines. | **PG** +HOWL03-025+ |

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| 13:00 | **My Greek Odyssey (R) ’CC’** Peter continues his journey and makes his way to Kefalonia, the largest of the Ionian Islands.  | **PG** +MYGO01-010+ |

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| 14:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-067+ |

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| 14:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-068+ |

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| 15:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-043+ |

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| 15:30 | **Mighty Ships: Algoma Equinox (R) ’CC’** Algoma Equinox is built to haul more cargo faster, using less fuel than other Lakers. Tonight, her crew scrambles to transport grain from one end of the world's largest inland waterway to the other. | **PG** +MTYS08-002+ |

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| 16:30 | **RSPCA Animal Rescue (R) ’CC’** Inspectors investigate the illegal tail docking of a litter of Doberman pups. And inspectors attend to a distressed dog wedged in a fence. | **G** +ANRS3-006+ |

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| 17:00 | **Medical Emergency (R) ’CC’** Doctors reconstruct Chris's ankle in emergency surgery. Meanwhile, a young boy is treated for burns when cap gun ammunition explodes in his pocket. Then, paramedics treat a stabbed victim at the scene of a violent robbery. | **PG** +MDEM2-010+ |

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| 17:30 | **Escape To The Country: Shropshire (R)** Nicki Chapman is property hunting in Shropshire with a couple who need an outbuilding to house a private museum for their 700 pieces of World War II memorabilia. | **G** +ETTC18-010+ |

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| 18:30 | **Bargain Hunt: Anglesey 10 NEW EPISODE**TBC  | **PG** +BHUN45-005+ |

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| 19:30 | **Better Homes And Gardens (R) ’CC’** Homes and gardens come alive in this lifestyle show packed full of home decorating tips, recipes, craft ideas, DIY projects and how tos. | **G** +BHAG25-029+ |

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| 20:30 | **Martin Clunes: Islands Of America ’CC’ NEW EPISODE**Martin arrives in New York for the final leg of his journey to explore Manhattan Island, and its world famous Empire State Building, and nearby Ellis Island.  | **M (L)**+MCIA01-004+ |

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| 21:30 | **Australia's Amazing Homes: Incredible Conversions (R)** Follows three renowned home experts on their quest to find Australia's most stylish and breathtaking homes. | **PG** +AMAH01-005+ |

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| 22:30 | **Escape To The Continent (R)** Escape to the Continent showcases gorgeous, competitively priced homes, stunning locations, cultural hot-spots, local amenities and leisure opportunities on foreign shores. | **G** +ETCO02-009+ |

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| 23:45 | **Bargain Hunt: Anglesey 10 (R)** TBC  | **PG** +BHUN45-005+ |

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| 00:45 | **Escape To The Country: Shropshire (R)** Nicki Chapman is property hunting in Shropshire with a couple who need an outbuilding to house a private museum for their 700 pieces of World War II memorabilia. | **G** +ETTC18-010+ |

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| 01:45 | **Escape To The Continent (R)** Escape to the Continent showcases gorgeous, competitively priced homes, stunning locations, cultural hot-spots, local amenities and leisure opportunities on foreign shores. | **G** +ETCO02-009+ |

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| 03:00 | **Medical Emergency (R) ’CC’** Doctors reconstruct Chris's ankle in emergency surgery. Meanwhile, a young boy is treated for burns when cap gun ammunition explodes in his pocket. Then, paramedics treat a stabbed victim at the scene of a violent robbery. | **PG** +MDEM2-010+ |

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| 03:30 | **RSPCA Animal Rescue (R) ’CC’** Inspectors investigate the illegal tail docking of a litter of Doberman pups. And inspectors attend to a distressed dog wedged in a fence. | **G** +ANRS3-006+ |

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| 04:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-067+ |

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| 04:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-068+ |

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| 05:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-043+ |

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| 05:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

 **Saturday 17 August 2019**

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| 06:00 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 06:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 07:00 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 07:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 08:00 | **Travel Oz: Dubai 3 - Events (R) ’CC’** Dubai's rich events calendar is on display in this episode, from the world's richest horse race, its international film festival, and JazzFest, with performances by Sting, Katy Perry and more. | **PG** +TRAV4-010+ |

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| 08:45 | **Travel Oz: Blue Mountains - Forbes (R) ’CC’** Check out the top ten attractions in the blue mountains, from the artists retreat in hill end to the illuminate light show in Bathurst. | **G** +TRAV4-015+ |

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| 09:30 | **NBC Today (R) ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-196+ |

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| 11:30 | **Vasili's Garden (R)** Vasili's Gardens takes you into the backyards of everyday Australians to share organic gardening techniques and teach you how to improve your health using your own garden produce. | **PG** +VASI04-009+ |

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| 12:30 | **Auction Squad (R) ’CC’** Creating a great new tropical garden using the old plants you already have, plus how to discover the secret wasted space in your home. | **G** +AUCS4-021+ |

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| 13:30 | **Australia's Best Backyards (R) ’CC’** How one couple turned their backyard into a Thai resort, complete with a giant 3 tonne Buddha. Hosted by JAMIE DURIE. | **G** +ABBY2-009+ |

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| 14:00 | **SA Weekender (R) ’CC’** Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. | **G** +SAWE19-002+ |

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| 14:30 | **Sydney Weekender (R) ’CC’** Mike hits the road for the Southern Highlands. Karen checks out Muriel's Wedding -The Musical. Erica finds an art lovers quintessential getaway in Canberra. | **G** +7SWE26-026+ |

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| 15:00 | **Creek To Coast (R) ’CC’** Creek to Coast is all things boating, camping, 4WDing, outdoor adventuring and fishing. From bush-bashing to cooking to caravanning to watersports, Creek to Coast has it all. | **G** +7CTC19-025+ |

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| 15:30 | **Queensland Weekender ’CC’** From day tripping to the reef, relaxing at a cool city restaurant, or watching a fiery outback sunset, Queensland Weekender will inspire you to make the most of a weekend in our beautiful State. | **G** +7QWE19-026+ |

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| 16:00 | **The Great Day Out ’CC’** The Great Day Out is people, places and friendly faces; it is at the very heart of Queensland and special guest celebrities will invite you along on their Great Day Out. | **G** +GDOT19-028+ |

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| 16:30 | **RSPCA Animal Rescue (R) ’CC’** A kitten unexpectedly becomes a car crash test subject. And vets make an interesting discovery about a rescued possum. Narrated by ANTHONY FIELD. | **G** +ANRS3-007+ |

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| 17:00 | **Australia's Got Talent (R) ’CC’ ENCORE**In this episode - a death defying escape act; a rapper using music to highlight youth homelessness; and an emotional performance from the biggest act to ever hit the AGT stage. | **PG (A)**+AGTA09-005+ |

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| 18:30 | **Australia's Got Talent (R) ’CC’ ENCORE**Tonight, a former Bachelorette star channels Channing Tatum; an adrenaline-pumping display of acrobatics and a freestyle skydiving champ takes flight. | **PG** +AGTA09-006+ |

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| 19:30 | **Special: Diana: A Love Affair (R) ’CC’ (2017)** To millions of people, Diana was more than a princess – she was a superstar. Now the story of the love affair between people and princess is told by those who witnessed this unique phenomenon. | **PG (A)**+SPEC57-001+ |

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| 20:30 | **Escape To The Country: Herefordshire NEW EPISODE**Ginny Buckley helps a couple with 500,000 pounds find a country home in rural Herefordshire. | **G** +ETTC23-070+ |

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| 21:30 | **Escape To The Country: Hertfordshire (R)** Jules Hudson is house hunting with a newly-wed couple that plan to escape London life for the more rural surrounds of Hertfordshire.  | **G** +ETTC22-055+ |

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| 22:30 | **Escape To The Country: North Somerset (R)** Jonnie Irwin is in rural North Somerset, property shopping with a budget of 500,000-pounds for an engaged couple in the throes of planning their wedding. | **G** +ETTC23-008+ |

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| 23:30 | **The Yorkshire Vet (R)** Joining Julian Norton is his partner, fellow vet and former Herriot trainee, Peter Wright together with their dedicated team of staff at his practice, Skeldale Veterinary Centre. | **PG (A)**+YORK01-004+ |

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| 00:30 | **SA Weekender (R) ’CC’** Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. | **G** +SAWE19-002+ |

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| 01:00 | **Sydney Weekender (R) ’CC’** Mike hits the road for the Southern Highlands. Karen checks out Muriel's Wedding -The Musical. Erica finds an art lovers quintessential getaway in Canberra. | **G** +7SWE26-026+ |

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| 01:30 | **Creek To Coast (R) ’CC’** Creek to Coast is all things boating, camping, 4WDing, outdoor adventuring and fishing. From bush-bashing to cooking to caravanning to watersports, Creek to Coast has it all. | **G** +7CTC19-025+ |

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| 02:00 | **Queensland Weekender (R) ’CC’** From day tripping to the reef, relaxing at a cool city restaurant, or watching a fiery outback sunset, Queensland Weekender will inspire you to make the most of a weekend in our beautiful State. | **G** +7QWE19-026+ |

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| 02:30 | **The Great Day Out (R) ’CC’** The Great Day Out is people, places and friendly faces; it is at the very heart of Queensland and special guest celebrities will invite you along on their Great Day Out. | **G** +GDOT19-028+ |

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| 03:00 | **Auction Squad (R) ’CC’** Creating a great new tropical garden using the old plants you already have, plus how to discover the secret wasted space in your home. | **G** +AUCS4-021+ |

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| 04:00 | **Intrust Shute Shield** TBC  | +CLUB19-021+ |