**Sunday 15 September 2019**

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| 06:00 | **It Is Written: Beneath The Sands - Uncovering The Temple** Religious program. | **PG** +IIWR19-020+ |

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| 06:30 | **Amazing Facts: Healing, Health And Holiness, Pt. 1** Religious program. | **PG** +AMFA19-037+ |

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| 07:00 | **Tomorrow's World: The Bible: Fact Or Fiction?** Religious program. | **PG** +TOMW19-037+ |

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| 07:30 | **Leading The Way: Counting Stars When You See None: Counting Stars Gets You Back On Track, Pt. 3** Religious program. | **PG** +LWAY19-037+ |

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| 08:00 | **David Jeremiah: The Promise** Religious program. | **PG** +DAJE19-037+ |

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| 08:30 | **Hour Of Power: A Glorious Life And Death** Religious program. | **G** +HOOP19-037+ |

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| 09:00 | **Home Shopping** Shopping program. | **G** +INFO01-001+ |

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| 09:30 | **Mum's At The Table** Mums At The Table is the place where we share, laugh and dream together. It's a TV panel show featuring real women; smart and sassy ladies with real lives, real families, real struggles and real joy. | **PG** +MTAB01-045+ |

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| 10:00 | **House Of Wellness (R) ’CC’** Entertaining everybody to live a healthier life. Hosted by Luke Darcy, Rachael Finch, Jo Stanley and Luke Hines. | **PG** +HOWL03-029+ |

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| 11:00 | **NBC Today (R) ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-221+ |

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| 12:00 | **Outback Pilots (R)** Heli-duster Brett Sommerlad takes protecting crops to a whole new level. | **PG** +OBPI01-004+ |

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| 13:00 | **Mighty Ships: MV Resolution (R)** Climb aboard for an exclusive look at some of the coolest working vessels in the world. | **PG** +MTYS02-005+ |

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| 14:00 | **Ultimate Bowls Championship: Deer Park - Quarter Final 4** The Ultimate Bowls Championship is a celebration of the sport of lawn bowls. It has been designed to respect, showcase and grow the game we love. | **PG** +ULBC01-009+ |

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| 15:00 | **World Para Swimming Championships: Day 6 - Highlights** The Championships continue at the London Aquatic Centre where the Australians scheduled to compete include Timothy Hodge, Ahmed Kelly, Grant Patterson, Rick Pendleton, Liam Schluter and Matthew Levy. | **PG** +WPSW19-006+ |

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| 15:30 | **Vasili's Garden** Vasili's Gardens takes you into the backyards of everyday Australians to share organic gardening techniques and teach you how to improve your health using your own garden produce. | **PG** +VASI04-014+ |

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| 16:30 | **Escape To The Country: Somerset (R)** Nicki Chapman is house hunting with a couple of childhood sweethearts, who are seeking a rural retreat in Somerset, after living in urban Croydon all their lives. | **G** +ETTC22-059+ |

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| 17:30 | **Escape To The Country: Staffordshire (R)** Each episode follows one big move, and with everything from snug, chocolate-box cottages to medieval grandeur, it's clear that everyone has their own idea about the perfect country escape. | **G** +ETTC23-013+ |

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| 18:30 | **Border Security: America's Front Line ’CC’** JFK Airport officers' expertise in tell-tale body language pays off. In Detroit, a German rock band rolls straight into secondary. | **PG** +BORA01-014+ |

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| 19:00 | **Border Security: America's Front Line (R) ’CC’** At Detroit Metro Airport, a pregnant Chinese national has CBP asking questions. An airline security breach on the tarmac leads officers to a jet bound for Haiti. | **PG** +BORA01-021+ |

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| 19:30 | **Border Security: America's Front Line ’CC’** In Blaine, a Canadian is interviewed under oath after CBP discovers pictures of pot plants on his phone. Without the proper paperwork, it could be curtains for a Venezuelan conductor. | **PG** +BORA01-022+ |

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| 20:00 | **Border Security - Australia's Front Line (R) ’CC’** A man arrives at the airport without any clothes in his bag and only has random objects that could be the perfect hiding place for illegal goods. Officers are called to investigate a suspicious looking x-ray. Narrated by | **PG** +BORD-162+ |

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| 20:30 | **Border Security - Australia's Front Line (R) ’CC’** A body search reveals something hidden on a passenger but the concealment attempt goes horribly wrong. Then immigration officers have pulled aside an Ecuadorian national travelling on a tourist visa. | **PG** +BORD-163+ |

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| 21:00 | **Border Security - Australia's Front Line (R) ’CC’** A woman with a protruding buttocks attracts the attention of Customs and officers get to the bottom of the truth. Then a man who is carrying forbidden meat products would rather go to court than accept his fine. | **PG** +BORD-164+ |

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| 21:30 | **Heathrow: Britain's Busiest Airport: Britain's Busiest Airport: Heathrow S4 Ep 3 NEW EPISODE**Britain's busiest and most famous airport opens its doors for an un-precedented look at life inside Europe's most important transport hub. | **PG** +HEAT04-003+ |

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| 22:00 | **Air Crash Investigations: Cutting Corners (R)** An Air Alaska flight loses its stabiliser and nose dives into the ocean with no survivors. Join investigators as they discover how maintenance errors can lead to fatal crashes. | **PG** +MDAY-005+ |

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| 23:00 | **Border Security - Australia's Front Line (R) ’CC’** A man arrives at the airport without any clothes in his bag and only has random objects that could be the perfect hiding place for illegal goods. Officers are called to investigate a suspicious looking x-ray. Narrated by | **PG** +BORD-162+ |

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| 23:30 | **Border Security - Australia's Front Line (R) ’CC’** A body search reveals something hidden on a passenger but the concealment attempt goes horribly wrong. Then immigration officers have pulled aside an Ecuadorian national travelling on a tourist visa. | **PG** +BORD-163+ |

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| 00:00 | **Mighty Ships: MV Resolution (R)** Climb aboard for an exclusive look at some of the coolest working vessels in the world. | **PG** +MTYS02-005+ |

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| 01:00 | **Outback Pilots (R)** On a wing and prayer, David Shrimpton tackles unholy instruments and hellish winds to follow a calling into the bush. | **M (L)**+OBPI01-003+ |

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| 02:00 | **Ultimate Bowls Championship: Deer Park - Quarter Final 4 (R)** The Ultimate Bowls Championship is a celebration of the sport of lawn bowls. It has been designed to respect, showcase and grow the game we love. | **PG** +ULBC01-009+ |

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| 03:00 | **Vasili's Garden (R)** Vasili's Gardens takes you into the backyards of everyday Australians to share organic gardening techniques and teach you how to improve your health using your own garden produce. | **PG** +VASI04-014+ |

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| 04:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-109+ |

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| 04:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-110+ |

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| 05:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-064+ |

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| 05:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

 **Monday 16 September 2019**

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| 06:00 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 06:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 07:00 | **News Of The Wild ’CC’** An animal focused, factual entertainment news show bursting at the seams with animals, laughter, news and information. | **C** +NEWI02-031+ |

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| 07:30 | **Get Clever ’CC’** An outrageous series where adventure, fun and the wonders of science are burst wide open. | **C** +GECL02-050+ |

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| 08:00 | **Jay's Jungle: Imagination (R) ’CC’** Follows the fun adventures of Jay the Lighthouse keeper and the Jungle Crew as they sing, dance, laugh and learn. | **P** +JAJU-056+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-109+ |

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| 09:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-110+ |

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| 09:30 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCS19-037+ |

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| 10:30 | **Meet The Press (R) ’CC’** Chuck Todd interviews newsmakers from around the world. | +NBCM19-037+ |

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| 11:30 | **The Great Australian Doorstep (R)** Finishing up our Savannah Way odyssey, we begin the final leg in Mt Surprise with the Lava Lava Tubes and then its due East to the tourist mecca of Cairns. | **G** +GRAD07-004+ |

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| 12:00 | **Vasili's Garden (R)** Vasili's Gardens takes you into the backyards of everyday Australians to share organic gardening techniques and teach you how to improve your health using your own garden produce. | **PG** +VASI04-014+ |

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| 13:00 | **The Chase (R) ’CC’** Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G** +CHSE08-012+ |

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| 14:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-109+ |

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| 14:30 | **World Para Swimming Championships: Day 7 - Highlights** The Championships conclude at the London Aquatic Centre where the Australians listed to compete include Timothy Disken, Lakeisha Patterson, Ahmed Kelly, Katja Dedekind, Ruby Storm and Liam Schluter. | **PG** +WPSW19-007+ |

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| 15:30 | **Mighty Planes: C-5M Super Galaxy (R)** Jump on board one of the largest aircraft in the world for a record-setting mission into a war zone, crossing the Atlantic before a perilous descent into Bagram, Afghanistan. | **G** +MIPL-002+ |

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| 16:30 | **RSPCA Animal Rescue (R) ’CC’** Cats living in appalling conditions, a cow stuck in mud and seven newborn puppies have lost their mother. | **G** +ANRS4-006+ |

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| 17:00 | **Medical Emergency (R) ’CC’** Olympic hopeful Christian has heart failure and needs surgery. Narrated by Chris Gabardi. | **PG** +MDEM3-015+ |

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| 17:30 | **Escape To The Country: Hampshire (R)** Nicki Chapman joins the house hunt with a retired couple who have spent the last 2 years travelling around Britain in their caravan. Plus, Nicki visits the last working tide mill in England. | **G** +ETTC19-016+ |

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| 18:30 | **Bargain Hunt: Warwick 30 NEW EPISODE**Charlie Ross presents from the British Motor Museum in Gaydon, Warwickshire. | **PG** +BHUN45-026+ |

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| 19:30 | **Doc Martin: The Portwenn Effect (R)** Martin turns down Louisa's invitation to a dance, so she asks Mark to go instead, prompting him to approach Martin for advice. Starring:BEN MILLER,BILL THOMAS,KURTIS OBRIEN,MARY WOODVINE,JOE ABSOLOM | **PG (A)**+DOCM-004+ |

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| 20:30 | **Foyle's War: The Russian House (R) ’CC’** Tracking an escaped Russian POW at the behest of British intelligence, Foyle becomes involved in a murder investigation conducted by his former subordinate, DI Paul Milner. Starring:ANTHONY HOWELL,CHRISTOPHER GOOD,HONEYSUCKLE WEEKS,ELEANOR BRON,MICHAEL KITCHEN,TOM GOODMAN-HILL,TIM PIGOTT-SMITH | **M (V)**+FOYL7-001+ |

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| 22:30 | **Robbie Coltrane's Critical Evidence: DNA Of A Murder (R) ’CC’** A look at the case of a 78 year old rose grower who was found dead in a woodland near her home. Police were baffled for 20 years until a cold case review of the murder brought new evidence to light. | **M (V,S)**+CREV01-005+ |

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| 23:30 | **Mighty Planes: C-5M Super Galaxy (R)** Jump on board one of the largest aircraft in the world for a record-setting mission into a war zone, crossing the Atlantic before a perilous descent into Bagram, Afghanistan. | **G** +MIPL-002+ |

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| 00:30 | **Medical Emergency (R) ’CC’** Olympic hopeful Christian has heart failure and needs surgery. Narrated by Chris Gabardi. | **PG** +MDEM3-015+ |

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| 01:00 | **Foyle's War: The Russian House (R) ’CC’** Tracking an escaped Russian POW at the behest of British intelligence, Foyle becomes involved in a murder investigation conducted by his former subordinate, DI Paul Milner. Starring:ANTHONY HOWELL,CHRISTOPHER GOOD,HONEYSUCKLE WEEKS,ELEANOR BRON,MICHAEL KITCHEN,TOM GOODMAN-HILL,TIM PIGOTT-SMITH | **M (V)**+FOYL7-001+ |

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| 03:00 | **Robbie Coltrane's Critical Evidence: DNA Of A Murder (R) ’CC’** A look at the case of a 78 year old rose grower who was found dead in a woodland near her home. Police were baffled for 20 years until a cold case review of the murder brought new evidence to light. | **M (V,S)**+CREV01-005+ |

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| 04:00 | **Million Dollar Minute: Battle of the Talkbacks (R) ’CC’** It's a battle of the talkbacks as the radio hosts from 3AW test their knowledge and speed in an all-new test! Who will be crowned champion? | **G** +MIDM2-111+ |

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| 04:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-112+ |

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| 05:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-065+ |

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| 05:30 | **RSPCA Animal Rescue (R) ’CC’** Cats living in appalling conditions, a cow stuck in mud and seven newborn puppies have lost their mother. | **G** +ANRS4-006+ |

 **Tuesday 17 September 2019**

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| 06:00 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 06:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 07:00 | **News Of The Wild ’CC’** An animal focused, factual entertainment news show bursting at the seams with animals, laughter, news and information. | **C** +NEWI02-032+ |

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| 07:30 | **Get Clever ’CC’** An outrageous series where adventure, fun and the wonders of science are burst wide open. | **C** +GECL02-051+ |

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| 08:00 | **Jay's Jungle: Pet Elephant (R) ’CC’** Follows the fun adventures of Jay the Lighthouse keeper and the Jungle Crew as they sing, dance, laugh and learn. | **P** +JAJU-057+ |

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| 08:30 | **Million Dollar Minute: Battle of the Talkbacks (R) ’CC’** It's a battle of the talkbacks as the radio hosts from 3AW test their knowledge and speed in an all-new test! Who will be crowned champion? | **G** +MIDM2-111+ |

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| 09:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-112+ |

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| 09:30 | **NBC Today (R) ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-222+ |

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| 12:00 | **Ultimate Bowls Championship: Deer Park - Quarter Final 4 (R)** The Ultimate Bowls Championship is a celebration of the sport of lawn bowls. It has been designed to respect, showcase and grow the game we love. | **PG** +ULBC01-009+ |

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| 13:00 | **The Chase (R) ’CC’** Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G** +CHSE08-013+ |

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| 14:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-011+ |

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| 14:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-012+ |

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| 15:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-065+ |

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| 15:30 | **Mighty Planes: Hercules LC-130 (R)** The Hercules "Skibirds" are designed for landing and taking off in snow and ice. Jump on board as they fly to Greenland, a place that holds a world record for worst flying conditions on the planet. | **G** +MIPL-003+ |

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| 16:30 | **RSPCA Animal Rescue (R) ’CC’** A woman with 86 pets is advised to improve the conditions of her animals. And a family cat is mauled and goes into hiding. | **G** +ANRS4-007+ |

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| 17:00 | **Medical Emergency (R) ’CC’** Paramedic Pete is called to the aid of his boss, Greg, who may have broken his ribs after being hit by a car. Narrated by Chris Gabardi. | **PG** +MDEM3-016+ |

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| 17:30 | **Escape To The Country: Lancashire (R)** Denise Nurse travels to Lancashire to help a family who have outgrown their London home. Away from the property search, Denise learns the secrets behind the county's most famous dish. | **G** +ETTC19-017+ |

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| 18:30 | **Bargain Hunt: Hemswell 27 NEW EPISODE**Anita Manning is in charge as a father and daughter take on a mother and daughter. | **PG** +BHUN45-027+ |

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| 19:30 | **Pie In The Sky: New Leaf (R)** Fisher allocates Henry to guard Sasha Wilkes, due to testify against her gangster husband. | **PG (D,V)**+PIES4-004+ |

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| 20:30 | **Mrs. Brown's Boys: Mammy? (R)** Rory and Dino have a bust-up and Mark and Betty announce their imminent departure to Australia. Meanwhile, Agnes's children suspect one of them might be adopted. | **M (L,S)**+MBRO3-005+ |

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| 21:15 | **Mrs. Brown's Boys: Mammy Swings (R)** Wedding mania descends on the Brown household as the family prepare for Rory and Dino's big day. Agnes is looking forward to the wedding, until she meets their overbearing celebrity wedding planner. | **M (L,S)**+MBRO3-006+ |

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| 22:00 | **Mrs. Brown's Boys: Mammy Christmas (R)** Mrs. Brown is visited by Father Damien, who tells her that she cannot play the Virgin Mary in the church nativity play as there will not be one this year, so Agnes decides to write her own version. | **M (L)**+MBRO3-007+ |

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| 22:45 | **Mrs. Brown's Boys: The Virgin Mammy (R)** Agnes prepares for her unorthodox nativity play, provisionally entitled Men Are Bastards, and finds parts for all the family and their friends. But when they take to the stage, things don't exactly go to plan. | **M (L,S)**+MBRO3-008+ |

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| 23:30 | **Autopsy: The Last Hours Of Heath Ledger (R) ’CC’** Using the evidence of his post-mortem exam, together with the testimony of friends and colleagues, Dr Jason Payne James investigates the final hours of Heath Ledger. | **MA (D,A)**+AUTO05-002+ |

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| 00:30 | **Mighty Planes: Hercules LC-130 (R)** The Hercules "Skibirds" are designed for landing and taking off in snow and ice. Jump on board as they fly to Greenland, a place that holds a world record for worst flying conditions on the planet. | **G** +MIPL-003+ |

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| 01:30 | **Medical Emergency (R) ’CC’** Paramedic Pete is called to the aid of his boss, Greg, who may have broken his ribs after being hit by a car. Narrated by Chris Gabardi. | **PG** +MDEM3-016+ |

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| 02:00 | **Escape To The Country: Lancashire (R)** Denise Nurse travels to Lancashire to help a family who have outgrown their London home. Away from the property search, Denise learns the secrets behind the county's most famous dish. | **G** +ETTC19-017+ |

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| 03:00 | **Bargain Hunt: Hemswell 27 (R)** Anita Manning is in charge as a father and daughter take on a mother and daughter. | **PG** +BHUN45-027+ |

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| 04:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-113+ |

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| 04:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-114+ |

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| 05:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-066+ |

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| 05:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

 **Wednesday 18 September 2019**

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| 06:00 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 06:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 07:00 | **News Of The Wild ’CC’** An animal focused, factual entertainment news show bursting at the seams with animals, laughter, news and information. | **C** +NEWI02-033+ |

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| 07:30 | **Get Clever ’CC’** An outrageous series where adventure, fun and the wonders of science are burst wide open. | **C** +GECL02-052+ |

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| 08:00 | **Jay's Jungle: Hot Weather (R) ’CC’** Follows the fun adventures of Jay the Lighthouse keeper and the Jungle Crew as they sing, dance, laugh and learn. | **P** +JAJU-058+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-113+ |

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| 09:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-114+ |

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| 09:30 | **NBC Today (R) ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-223+ |

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| 12:00 | **Queensland Weekender: Queensland Weekender 2019 Ep: 30 (R) ’CC’** From day tripping to the reef, relaxing at a cool city restaurant, or watching a fiery outback sunset, Queensland Weekender will inspire you to make the most of a weekend in our beautiful State. | **G** +7QWE19-030+ |

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| 12:30 | **The Great Day Out: Great Day Out, The S3 Ep: 32 (R) ’CC’** The Great Day Out is people, places and friendly faces; it is at the very heart of Queensland and special guest celebrities will invite you along on their Great Day Out. | **G** +GDOT19-032+ |

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| 13:00 | **The Chase (R) ’CC’** Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G** +CHSE08-014+ |

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| 14:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-013+ |

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| 14:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-014+ |

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| 15:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-066+ |

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| 15:30 | **Mighty Planes: MD DC-10 ORBIS (R)** Follow the world's only eye hospital with wings as it attempts to reach Mongolia, a mission plagued by a series of setbacks that threaten to derail the trip entirely. | **PG** +MIPL-004+ |

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| 16:30 | **RSPCA Animal Rescue (R) ’CC’** A shy stray Staffy, a virus threatens a cat refuge and Police ask the RSPCA to inspect a trailer load of goats. Hosted by Anthony Field. | **G** +ANRS4-008+ |

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| 17:00 | **Medical Emergency (R) ’CC’** Shane, a 35-year-old motorcyclist, has arrived at The Alfred with serious injuries after colliding with a bus. Narrated by Chris Gabardi. | **PG** +MDEM3-017+ |

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| 17:30 | **Escape To The Country: Oxfordshire (R)** Jonnie Irwin helps a couple who want to leave their family home after almost thirty years. But just how far will their budget go in the expensive Oxfordshire countryside? | **G** +ETTC19-018+ |

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| 18:30 | **Bargain Hunt: Kedleston 19 NEW EPISODE**The grounds of Kedleston Hall are the venue for this episode of Bargain Hunt. | **PG** +BHUN45-028+ |

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| 19:30 | **Border Security - Australia's Front Line (R) ’CC’** A 'cool customer' is unshaken by the positive drug readings from his suitcase. But Customs suspect there is something sinister concealed in the bag. Biosecurity discover an odd concoction in the bag of a traveller. | **PG** +BORD-167+ |

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| 20:00 | **Border Security - Australia's Front Line (R) ’CC’** A man is caught red handed by Customs. He tries to palm the blame off on his travelling companion, but are they working together? An immigration raid targets illegal workers when they swoop on a taxi rank. | **PG** +BORD-168+ |

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| 20:30 | **Air Crash Investigations: Slam Dunk NEW EPISODE**The charred wreckage of a turboprop leaves little for investigators to work with. That is, until the cockpit voice recorder reveals the smoking gun. | **PG** +MDAY19-010+ |

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| 21:30 | **Air Crash Investigations: Murder In The Skies: Germanwings Flight 9525 (R) ’CC’** When Germanwings Flight 9525 crashes in the French Alps, investigators are faced with a sinister explanation that's almost beyond belief. | **PG (A)**+MDAY16-007+ |

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| 22:30 | **Air Crash Investigations: Terror Over Egypt (R) ’CC’** A plane carrying Russian tourists crashes into the Sinai Desert, and though a terrorist group claims responsibility it will take clever detective work to figure out what really happened to the flight. | **PG** +MDAY17-008+ |

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| 23:30 | **Border Security - Australia's Front Line (R) ’CC’** A 'cool customer' is unshaken by the positive drug readings from his suitcase. But Customs suspect there is something sinister concealed in the bag. Biosecurity discover an odd concoction in the bag of a traveller. | **PG** +BORD-167+ |

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| 00:00 | **Border Security - Australia's Front Line (R) ’CC’** A man is caught red handed by Customs. He tries to palm the blame off on his travelling companion, but are they working together? An immigration raid targets illegal workers when they swoop on a taxi rank. | **PG** +BORD-168+ |

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| 00:30 | **Medical Emergency (R) ’CC’** Shane, a 35-year-old motorcyclist, has arrived at The Alfred with serious injuries after colliding with a bus. Narrated by Chris Gabardi. | **PG** +MDEM3-017+ |

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| 01:00 | **Air Crash Investigations: Murder In The Skies: Germanwings Flight 9525 (R) ’CC’** When Germanwings Flight 9525 crashes in the French Alps, investigators are faced with a sinister explanation that's almost beyond belief. | **PG (A)**+MDAY16-007+ |

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| 02:00 | **Air Crash Investigations: Terror Over Egypt (R) ’CC’** A plane carrying Russian tourists crashes into the Sinai Desert, and though a terrorist group claims responsibility it will take clever detective work to figure out what really happened to the flight. | **PG** +MDAY17-008+ |

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| 03:00 | **Mighty Planes: MD DC-10 ORBIS (R)** Follow the world's only eye hospital with wings as it attempts to reach Mongolia, a mission plagued by a series of setbacks that threaten to derail the trip entirely. | **PG** +MIPL-004+ |

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| 04:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-115+ |

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| 04:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-116+ |

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| 05:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-067+ |

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| 05:30 | **RSPCA Animal Rescue (R) ’CC’** A shy stray Staffy, a virus threatens a cat refuge and Police ask the RSPCA to inspect a trailer load of goats. Hosted by Anthony Field. | **G** +ANRS4-008+ |

 **Thursday 19 September 2019**

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| 06:00 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 06:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 07:00 | **News Of The Wild ’CC’** An animal focused, factual entertainment news show bursting at the seams with animals, laughter, news and information. | **C** +NEWI02-034+ |

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| 07:30 | **Get Clever ’CC’** An outrageous series where adventure, fun and the wonders of science are burst wide open. | **C** +GECL02-053+ |

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| 08:00 | **Jay's Jungle: Friends (R) ’CC’** Follows the fun adventures of Jay the Lighthouse keeper and the Jungle Crew as they sing, dance, laugh and learn. | **P** +JAJU-059+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-115+ |

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| 09:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-116+ |

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| 09:30 | **NBC Today (R) ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-224+ |

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| 12:00 | **Air Crash Investigations: Slam Dunk (R)** The charred wreckage of a turboprop leaves little for investigators to work with. That is, until the cockpit voice recorder reveals the smoking gun. | **PG** +MDAY19-010+ |

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| 13:00 | **The Chase (R) ’CC’** Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G** +CHSE07-091+ |

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| 14:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-015+ |

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| 14:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-016+ |

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| 15:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-067+ |

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| 15:30 | **Mighty Planes: Airbus A380 (R)** Take flight on the Airbus A380's maiden journey from Frankfurt, Germany to San Francisco as they try to win over customers and maximize profits. | **G** +MIPL-005+ |

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| 16:30 | **RSPCA Animal Rescue (R) ’CC’** A dog is brought in paralysed and vets suspect he has been bitten by a snake. And two possums being illegally kept as domestic pets. | **G** +ANRS4-009+ |

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| 17:00 | **Medical Emergency (R) ’CC’** This week, Dom returns to The Alfred to receive devastating news while Shane remains in surgery. Narrated by Chris Gabardi. | **PG** +MDEM3-018+ |

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| 17:30 | **Escape To The Country: Carmarthenshire (R)** Jules Hudson is house hunting with a young couple who have decided to swap their life on the open seas for a slice of the Carmarthenshire countryside. | **G** +ETTC19-019+ |

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| 18:30 | **Bargain Hunt: Warwick 31 NEW EPISODE**Charlie Ross is distracted by a cheeky red Austin Healey. | **PG** +BHUN45-029+ |

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| 19:30 | **Father Brown: The Brewer's Daughter (R) NEW EPISODE**Sid is engaged with an heiress arrested for her father's murder. | **M** +FBRO04-002+ |

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| 20:30 | **A Touch Of Frost: A Touch Of Frost - The Appendix Man (R)** Jack Frost investigates how fingerprints found at a murder scene belong to a man who drowned a year ago. Starring:KATE MCENERY,PETER KELLY | **M (A,V)**+TOF6-701+ |

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| 22:45 | **Mighty Planes: Airbus A380 (R)** Take flight on the Airbus A380's maiden journey from Frankfurt, Germany to San Francisco as they try to win over customers and maximize profits. | **G** +MIPL-005+ |

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| 23:45 | **Medical Emergency (R) ’CC’** This week, Dom returns to The Alfred to receive devastating news while Shane remains in surgery. Narrated by Chris Gabardi. | **PG** +MDEM3-018+ |

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| 00:15 | **RSPCA Animal Rescue (R) ’CC’** A dog is brought in paralysed and vets suspect he has been bitten by a snake. And two possums being illegally kept as domestic pets. | **G** +ANRS4-009+ |

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| 00:45 | **Father Brown: The Brewer's Daughter (R)** Sid is engaged with an heiress arrested for her father's murder. | **M** +FBRO04-002+ |

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| 02:00 | **Escape To The Country: Carmarthenshire (R)** Jules Hudson is house hunting with a young couple who have decided to swap their life on the open seas for a slice of the Carmarthenshire countryside. | **G** +ETTC19-019+ |

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| 03:00 | **Bargain Hunt: Warwick 31 (R)** Charlie Ross is distracted by a cheeky red Austin Healey. | **PG** +BHUN45-029+ |

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| 04:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-117+ |

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| 04:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-118+ |

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| 05:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-068+ |

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| 05:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

 **Friday 20 September 2019**

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| 06:00 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 06:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 07:00 | **News Of The Wild ’CC’** An animal focused, factual entertainment news show bursting at the seams with animals, laughter, news and information. | **C** +NEWI02-035+ |

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| 07:30 | **Get Clever ’CC’** An outrageous series where adventure, fun and the wonders of science are burst wide open. | **C** +GECL02-054+ |

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| 08:00 | **Jay's Jungle: World's Biggest Animals (R) ’CC’** Follows the fun adventures of Jay the Lighthouse keeper and the Jungle Crew as they sing, dance, laugh and learn. | **P** +JAJU-060+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-117+ |

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| 09:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-118+ |

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| 09:30 | **NBC Today (R) ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-225+ |

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| 12:00 | **House Of Wellness (R) ’CC’** Entertaining everybody to live a healthier life. Hosted by Luke Darcy, Rachael Finch, Jo Stanley and Luke Hines. | **PG** +HOWL03-030+ |

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| 13:00 | **The Great Australian Doorstep (R)** Peter and Sheree Everitt explore amazing holiday destinations. | **PG** +GRAD10-003+ |

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| 13:30 | **The Great Australian Doorstep (R)** Peter and Sheree Everitt explore amazing holiday destinations. | **PG** +GRAD10-004+ |

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| 14:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-017+ |

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| 14:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-018+ |

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| 15:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-068+ |

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| 15:30 | **Mighty Planes: Martin Mars (R)** The Martin Mars is the world's biggest seaplane and since being converted into a water bomber and has since flown over 8000 firefighting missions. Jump on board as they embark on a 20 day mission. | **PG** +MIPL-006+ |

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| 16:30 | **RSPCA Animal Rescue (R) ’CC’** An inspector unravels the intriguing case of a maltese terrier found abandoned at a vacant suburban property. | **G** +ANRS4-010+ |

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| 17:00 | **Medical Emergency (R) ’CC’** Air paramedics rush to the aid of an amateur motorbike racer, who has crashed after doing speeds over 200 km/ph. Narrated by Chris Gabardi. | **PG** +MDEM3-019+ |

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| 17:30 | **Escape To The Country: North Devon (R)** Alistair Appleton helps a couple of young retirees find their dream home in North Devon. They are happy to take on a renovation project, but the mystery house almost leaves them speechless. | **G** +ETTC19-020+ |

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| 18:30 | **Bargain Hunt: Hemswell 28 NEW EPISODE**Eric Knowles presents from the grounds of Kedleston Hall in Derbyshire. | **PG** +BHUN45-030+ |

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| 19:30 | **Better Homes And Gardens ’CC’** Homes and gardens come alive in this lifestyle show packed full of home decorating tips, recipes, craft ideas, DIY projects and how tos. | **G** +BHAG25-034+ |

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| 20:30 | **Selling Houses Australia: Gladstone Park (R) ’CC’** After a man buys a less than successful bowling alley, he attempts to sell his own home to cover the debts. | **G** +SEHO07-005+ |

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| 21:30 | **Selling Houses Australia: Mudgee (R) ’CC’** A couple who are planning to have a baby via IVF attempt to sell their Mudgee home to fund the treatment. | **G** +SEHO07-006+ |

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| 22:30 | **Escape To The Continent (R)** Escape to the Continent showcases gorgeous, competitively priced homes, stunning locations, cultural hot-spots, local amenities and leisure opportunities on foreign shores. | **G** +ETCO02-014+ |

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| 23:45 | **Mighty Planes: Martin Mars (R)** The Martin Mars is the world's biggest seaplane and since being converted into a water bomber and has since flown over 8000 firefighting missions. Jump on board as they embark on a 20 day mission. | **PG** +MIPL-006+ |

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| 00:45 | **Border Security: America's Front Line (R) ’CC’** At Detroit Metro Airport, a traveller minding manners may need to mind his story instead. The Chicago canine unit knows smugglers don't play games. | **PG** +BORA01-015+ |

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| 01:15 | **Border Security: America's Front Line (R) ’CC’** In Buffalo, officers suspect a fertilizer salesman may be cultivating a lie. A Canadian crosses the Ambassador Bridge in Detroit by mistake, and her bag of medicinal marijuana may cost her. | **PG** +BORA01-016+ |

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| 01:45 | **Medical Emergency (R) ’CC’** Air paramedics rush to the aid of an amateur motorbike racer, who has crashed after doing speeds over 200 km/ph. Narrated by Chris Gabardi. | **PG** +MDEM3-019+ |

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| 02:15 | **RSPCA Animal Rescue (R) ’CC’** An inspector unravels the intriguing case of a maltese terrier found abandoned at a vacant suburban property. | **G** +ANRS4-010+ |

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| 02:45 | **Escape To The Continent (R)** Escape to the Continent showcases gorgeous, competitively priced homes, stunning locations, cultural hot-spots, local amenities and leisure opportunities on foreign shores. | **G** +ETCO02-014+ |

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| 04:00 | **Escape To The Country: North Devon (R)** Alistair Appleton helps a couple of young retirees find their dream home in North Devon. They are happy to take on a renovation project, but the mystery house almost leaves them speechless. | **G** +ETTC19-020+ |

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| 05:00 | **Bargain Hunt: Hemswell 28 (R)** Eric Knowles presents from the grounds of Kedleston Hall in Derbyshire. | **PG** +BHUN45-030+ |

 **Saturday 21 September 2019**

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| 06:00 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 06:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 07:00 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 07:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 08:00 | **Travel Oz: From Tigers To Bilbys (R) ’CC’** Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG** +TRAV4-024+ |

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| 08:45 | **Travel Oz: Outback NSW (R) ’CC’** Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG** +TRAV4-025+ |

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| 09:30 | **NBC Today (R) ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-226+ |

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| 11:30 | **Vasili's Garden (R)** Vasili's Gardens takes you into the backyards of everyday Australians to share organic gardening techniques and teach you how to improve your health using your own garden produce. | **PG** +VASI04-014+ |

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| 12:30 | **Ultimate Bowls Championship: Deer Park - Quarter Final 4 (R)** The Ultimate Bowls Championship is a celebration of the sport of lawn bowls. It has been designed to respect, showcase and grow the game we love. | **PG** +ULBC01-009+ |

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| 13:30 | **The Great Australian Doorstep (R)** Peter and Sheree Everitt explore amazing holiday destinations. | **PG** +GRAD10-005+ |

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| 14:00 | **SA Weekender (R) ’CC’** Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. | **G** +SAWE19-005+ |

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| 14:30 | **Seven's Horse Racing: Caulfield: Rupert Clarke Stakes Day, Randwick: George Main Stakes (R) ’CC’ LIVE**Spring racing heats up in Sydney and Melbourne on a day featuring the prestigious Group 1 George Main Stakes over 1600m at Randwick and the Group 1 Sir Rupert Clarke Stakes over 1400m at Caulfield. | +SHRC19-021+ |

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| 17:00 | **The Great Day Out: Great Day Out, The S3 Ep: 33 (R) ’CC’** The Great Day Out is people, places and friendly faces; it is at the very heart of Queensland and special guest celebrities will invite you along on their Great Day Out. | **G** +GDOT19-033+ |

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| 17:30 | **The Yorkshire Vet In Spring (R)** Joining Julian Norton is his partner, fellow vet and former Herriot trainee, Peter Wright together with their dedicated team of staff at his practice, Skeldale Veterinary Centre. | **PG (A)**+YORK02-003+ |

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| 18:30 | **Walking Through History: Frontline Dorset (R)** Tony's walk takes him back to 1940 when Dorset became the unlikely front line in the war against Hitler. | **PG** +WALK01-001+ |

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| 19:30 | **Secrets Of Beautiful Gardens SEASON PREMIERE**  | **G** +BEUG01-001+ |

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| 20:30 | **Escape To The Country: Northumberland NEW EPISODE**Jules Hudson is tasked with helping a retired lecturer find some peace, tranquillity and creative inspiration in the countryside of Northumberland. | **G** +ETTC24-004+ |

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| 21:30 | **Escape To The Country: North Yorkshire (R)** Jules Hudson is helping a couple to find their first home together with business potential. | **G** +ETTC22-060+ |

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| 22:30 | **Escape To The Country: Somerset (R)** Each episode follows one big move, and with everything from snug, chocolate-box cottages to medieval grandeur, it's clear that everyone has their own idea about the perfect country escape. | **G** +ETTC23-014+ |

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| 23:30 | **Walking Through History: Frontline Dorset (R)** Tony's walk takes him back to 1940 when Dorset became the unlikely front line in the war against Hitler. | **PG** +WALK01-001+ |

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| 00:30 | **The Yorkshire Vet In Spring (R)** Joining Julian Norton is his partner, fellow vet and former Herriot trainee, Peter Wright together with their dedicated team of staff at his practice, Skeldale Veterinary Centre. | **PG (A)**+YORK02-003+ |

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| 01:30 | **The Great Australian Doorstep (R)** Peter and Sheree Everitt explore amazing holiday destinations. | **PG** +GRAD10-005+ |

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| 02:00 | **SA Weekender (R) ’CC’** Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. | **G** +SAWE19-005+ |

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| 02:30 | **Sydney Weekender (R) ’CC’** Mike gets a sneak preview of the Caravan Camping Lifestyle Expo. Fliss visits Cross Park. Lizzy checks out some great dining in Watson's Bay.  | **G** +7SWE26-032+ |

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| 03:00 | **Creek To Coast: Creek To Coast 2019 Ep: 30 (R) ’CC’** Creek to Coast is all things boating, camping, 4WDing, outdoor adventuring and fishing. From bush-bashing to cooking to caravanning to watersports, Creek to Coast has it all. | **G** +7CTC19-030+ |

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| 03:30 | **Queensland Weekender (R) ’CC’** From day tripping to the reef, relaxing at a cool city restaurant, or watching a fiery outback sunset, Queensland Weekender will inspire you to make the most of a weekend in our beautiful State. | **G** +7QWE19-031+ |

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| 04:00 | **The Great Day Out: Great Day Out, The S3 Ep: 33 (R) ’CC’** The Great Day Out is people, places and friendly faces; it is at the very heart of Queensland and special guest celebrities will invite you along on their Great Day Out. | **G** +GDOT19-033+ |

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| 04:30 | **Travel Oz: From Tigers To Bilbys (R) ’CC’** Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG** +TRAV4-024+ |

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| 05:15 | **Travel Oz: Outback NSW (R) ’CC’** Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG** +TRAV4-025+ |