**Sunday, September 18, 2016**

|  |  |  |
| --- | --- | --- |
| 06:00 AM | **Rio 2016 Paralympic Games: Day 10 - Highlights ’CC’** Highlights from the mornings events include Swimming, Athletics, Road Cycling, Equestrian, and the Final of the Women’s Wheelchair Basketball. | +POLY16-210+ |

|  |  |  |
| --- | --- | --- |
| 07:00 AM | **Rio 2016 Paralympic Games: Finals Session - Day 10 ’CC’** Day 10 features the Wheelchair Basketball Gold Medal match, and a big day in Athletics with the women’s 800m, the men’s 400m, plus the 4 x 400m.  | +POLY16-310+ |

|  |  |  |
| --- | --- | --- |
| 11:00 AM | **The Davis Cup: Australia v Slovakia - Day 3 ’CC’** Australia bid to gain a place in the 16-team World Group for the 2017 Davis Cup, as we take on Slovakia for the first time ever. Live from Sydney Olympic Park Tennis Centre. | +DVCT16-006+ |

|  |  |  |
| --- | --- | --- |
| 05:00 PM | **SCU: Serious Crash Unit: Port Waikato (R) ’CC’** Join the SCU as they investigate a tragic crash where an Australian tourist is killed while on a quad bike tour. | **PG** +SCU7-003+ |

|  |  |  |
| --- | --- | --- |
| 05:30 PM | **Intolerant Cooks: Gluten Free Friends NEW EPISODE**In the community garden at Myuna Farm, Karen Martini and Richard Barassi bake mini GF carrot cakes with magical frosting, craft a tuna salad with spiced flatbread and share a GF choc-chip cookie cake. | **G** +INTC02-004+ |

|  |  |  |
| --- | --- | --- |
| 06:00 PM | **Mighty Cruise Ships: Norwegian Breakaway: The Voyage (R) ’CC’** A look at the maiden voyage of the Norwegian Breakaway. With its 29 restaurants and 22 bars, the cruise ship will travel the same route as the Titanic in 1912 - in much worse weather. | **G** +MTYS7-001+ |

|  |  |  |
| --- | --- | --- |
| 07:00 PM | **For The Love Of Dogs NEW EPISODE**With unprecedented behind the scenes access to this famous institution, For the Love of Dogs shows how sick and abused dogs are brought back to health and given a new, happier life. | **PG** +FTLD03-005+ |

|  |  |  |
| --- | --- | --- |
| 07:30 PM | **World's Most Extreme: World's Most Extreme Water Ways (R) ’CC’** Mankind has been travelling on water for centuries. As we build bigger, faster, and more often, safer vessels – the world’s rivers, oceans, seas and lakes remain the same – minefields of danger. | **PG** +WOME-006+ |

|  |  |  |
| --- | --- | --- |
| 08:30 PM | **Rio 2016 Paralympic Games: In Rio Today ’CC’** Mel McLaughlin, Lawrence Mooney and swimming gold medallist Annabelle Williams host a supercharged Paralympic catch up - featuring all the Aussie medals, interviews and victory ceremonies. | +POLY16-410+ |

|  |  |  |
| --- | --- | --- |
| 11:00 PM | **Rio 2016 Paralympic Games: Heats Sessions - Day 11 ’CC’** Day 11 features the Wheelchair Rugby gold medal game with the Steelers hopeful of being in the final. | +POLY16-111+ |

|  |  |  |
| --- | --- | --- |
| 03:30 AM | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-005+ |

|  |  |  |
| --- | --- | --- |
| 04:00 AM | **This Rugged Coast: Island Of Hidden Skulls (R)** Ben Cropp journeys through the Torres Strait to the Gulf of Carpentaria, uncovering the secrets of this area, once known as the "Straits of Terror". | **G** +TRC-006+ |

|  |  |  |
| --- | --- | --- |
| 05:00 AM | **This Rugged Coast: Mysteries Of The Nor'west (R)** Ben Cropp travels around the magnificent and little explored coast of Australia's north west, rediscovering a forgotten era in our history. | **G** +TRC-007+ |

 **Monday, September 19, 2016**

|  |  |  |
| --- | --- | --- |
| 06:00 AM | **TBA:** TBC | ++ |

|  |  |  |
| --- | --- | --- |
| 06:30 AM | **TBA:** TBC | ++ |

|  |  |  |
| --- | --- | --- |
| 07:00 AM | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-012+ |

|  |  |  |
| --- | --- | --- |
| 07:30 AM | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-013+ |

|  |  |  |
| --- | --- | --- |
| 08:00 AM | **Rio 2016 Paralympic Games: Day 11 - Highlights ’CC’** Highlights from the Marathon and the Wheelchair Rugby Final. | +POLY16-211+ |

|  |  |  |
| --- | --- | --- |
| 09:00 AM | **Rio 2016 Paralympic Games: Closing Ceremony ’CC’** The Closing Ceremony of the Rio 2016 Paralympic Games hosted by Johanna Griggs, Lawrence Money and Annabelle Williams.  | +POLY16-003+ |

|  |  |  |
| --- | --- | --- |
| 11:00 AM | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport.  | +NBCS16-038+ |

|  |  |  |
| --- | --- | --- |
| 12:00 PM | **Escape To The Country: Worcestershire (R)** Jules Hudson is in Worcestershire looking for a rural, character property with a country kitchen and a vegetable plot for under 650,000 pounds. | **G** +ETTC13-010+ |

|  |  |  |
| --- | --- | --- |
| 01:00 PM | **Lovejoy: No String (R)** Lovejoy takes you into the fascinating world of antiques to discover trickery, forgery, double-dealing, foul play, murder and sometimes, respectable people who love antiques. | **PG** +LJOY03-003+ |

|  |  |  |
| --- | --- | --- |
| 02:00 PM | **The Great Outdoors (R) ’CC’** On the trail of the Da Vinci Code - the locations, the mystery, plus your chance to win a unique holiday just by watching our exclusive film clips. | **G** +GO15-015+ |

|  |  |  |
| --- | --- | --- |
| 03:00 PM | **The Zoo (R) ’CC’** The keepers find two chameleons that are able to turn each other green with happiness, and two male chimps compete for control. | **G** +ZOOT2-004+ |

|  |  |  |
| --- | --- | --- |
| 03:30 PM | **RSPCA Animal Rescue (R) ’CC’** RSPCA Inspectors discover 50 sick cats in one home, search for a carriage driver reported to have hit his horse and help a dog who is abandoned when its owners move house. Narrated by ANTHONY FIELD. | **G** +ANRS-010+ |

|  |  |  |
| --- | --- | --- |
| 04:00 PM | **Medical Emergency (R) ’CC’** Paramedic Pete is called to the aid of his boss, Greg, who may have broken his ribs after being hit by a car. Narrated by Chris Gabardi. | **PG** +MDEM3-016+ |

|  |  |  |
| --- | --- | --- |
| 04:30 PM | **60 Minute Makeover: Crawley, West Sussex (R)** 60 Minute Makeover returns to complete more incredible house transformations in only one hour.  | **PG** +SMM6-055+ |

|  |  |  |
| --- | --- | --- |
| 05:30 PM | **60 Minute Makeover: Bexleyheath (R)** The team has just 60 minutes to transform homes across Britain, using all their tricks of the trade to provide an instant style injection and inspire with tips and ideas for fast interior facelifts. | **PG** +SMM7-073+ |

|  |  |  |
| --- | --- | --- |
| 06:30 PM | **Bargain Hunt: Newark 29 (R)** Newark is the location today for more antique buying and selling with Tim Wonnacott and experts Jeremy Lamond and Paul Laidlaw. Then, Tim visits a stately home with a certain American heritage. | **G** +BHUN29-026+ |

|  |  |  |
| --- | --- | --- |
| 07:30 PM | **Rosemary & Thyme: And No Birds Sing (R) ’CC’** Two gardening enthusiasts find themselves caught up in a series of murder mysteries. Starring:CHRISTOPHER VILLIERS,DAVID MALLINSON,KATE GARTSIDE,ROGER ALBOROUGH,ROSALIND MARCH,OLIVIA LUMLEY,MATYELOK GIBBS,STEPHEN BOXER | **PG (V)**+RAT-001+ |

|  |  |  |
| --- | --- | --- |
| 08:30 PM | **Wallander: Faceless Killers (R) ’CC’** Wallander and his team investigate the murder of an elderly man in his farmhouse. | **M (A,V)**+WLDR02-001+ |

|  |  |  |
| --- | --- | --- |
| 10:30 PM | **Air Crash Investigations: Queens Catastrophe (R) ’CC’** When American Airlines Flight 587 crashed into Queens, New York after 9/11, it was considered an act of terror - until evidence proved otherwise. | **PG** +MDAY13-005+ |

|  |  |  |
| --- | --- | --- |
| 11:30 PM | **Bargain Hunt: Newark 29 (R)** Newark is the location today for more antique buying and selling with Tim Wonnacott and experts Jeremy Lamond and Paul Laidlaw. Then, Tim visits a stately home with a certain American heritage. | **G** +BHUN29-026+ |

|  |  |  |
| --- | --- | --- |
| 12:30 AM | **Lovejoy: No String (R)** Lovejoy takes you into the fascinating world of antiques to discover trickery, forgery, double-dealing, foul play, murder and sometimes, respectable people who love antiques. | **PG** +LJOY03-003+ |

|  |  |  |
| --- | --- | --- |
| 01:30 AM | **Dr Oz: How Glenn Close Saved Her Sister's Life ’CC’** Dr. Mehmet Oz, cardiothoracic surgeon and medical expert, hosts The Dr Oz Show, with cutting edge information on topics ranging from weight loss and nutrition to lifestyle and the latest health news. | **PG (A)**+DROZ06-077+ |

|  |  |  |
| --- | --- | --- |
| 02:30 AM | **Dr Oz: 3 Rules To Know Before You Take A Statin ’CC’** Dr. Mehmet Oz, cardiothoracic surgeon and medical expert, hosts The Dr Oz Show, with cutting edge information on topics ranging from weight loss and nutrition to lifestyle and the latest health news. | **PG** +DROZ06-076+ |

|  |  |  |
| --- | --- | --- |
| 03:30 AM | **Dr Oz: Total 10 Rapid Weight Loss Plan Halfway Point ’CC’** Dr. Mehmet Oz, cardiothoracic surgeon and medical expert, hosts The Dr Oz Show, with cutting edge information on topics ranging from weight loss and nutrition to lifestyle and the latest health news. | **PG** +DROZ06-075+ |

|  |  |  |
| --- | --- | --- |
| 04:30 AM | **This Rugged Coast: Coral Labyrinth (R)** Ben Cropp seeks out sea snakes on the Great Barrier Reef and studies them in great detail. | **G** +TRC-002+ |

|  |  |  |
| --- | --- | --- |
| 05:30 AM | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-006+ |

 **Tuesday, September 20, 2016**

|  |  |  |
| --- | --- | --- |
| 06:00 AM | **TBA:** TBC | ++ |

|  |  |  |
| --- | --- | --- |
| 06:30 AM | **TBA:** TBC | ++ |

|  |  |  |
| --- | --- | --- |
| 07:00 AM | **Match It (R) ’CC’** Jack Yabsley hosts this fast-paced show where teams use cool touch-screen technology to match words and pictures to answer quiz questions, and play for the chance to become MATCH IT champions! | **C** +MATI2-022+ |

|  |  |  |
| --- | --- | --- |
| 07:30 AM | **Flushed (R) ’CC’** A new game show for kids where knowledge meets strategy with hilarious, slimy fun. | **C** +FLSH-023+ |

|  |  |  |
| --- | --- | --- |
| 08:00 AM | **Toybox: Hiccups (R) ’CC’** Watch the toys come alive when we open the lid to a fantasy world full of fun, music, learning and adventure! | **P** +TOYB-042+ |

|  |  |  |
| --- | --- | --- |
| 08:30 AM | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-008+ |

|  |  |  |
| --- | --- | --- |
| 09:00 AM | **Home And Away (R) ’CC’** Teresa and Fisher reach a compromise. Angel believes Shane has been lying about Shannon. | **PG** +HAW2-803+ |

|  |  |  |
| --- | --- | --- |
| 09:30 AM | **NBC Today (R)** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport.  | +NBCT16-188+ |

|  |  |  |
| --- | --- | --- |
| 12:00 PM | **Air Crash Investigations: Queens Catastrophe (R) ’CC’** When American Airlines Flight 587 crashed into Queens, New York after 9/11, it was considered an act of terror - until evidence proved otherwise. | **PG** +MDAY13-005+ |

|  |  |  |
| --- | --- | --- |
| 01:00 PM | **Lovejoy: Angel Trousers (R)** Lovejoy takes you into the fascinating world of antiques to discover trickery, forgery, double-dealing, foul play, murder and sometimes, respectable people who love antiques. | **PG** +LJOY03-004+ |

|  |  |  |
| --- | --- | --- |
| 02:00 PM | **The Great Outdoors (R) ’CC’** Springtime in Europe, and one of the most spectacular sights on earth - the never-ending Tulip fields of Holland. Jennifer Hawkins swims with the gentle giants of the sea. | **G** +GO15-020+ |

|  |  |  |
| --- | --- | --- |
| 03:00 PM | **Nabbed (R) ’CC’** A young man runs his Mum's red sports car off the road, a boy racer caught doing burnouts claims the road is his canvas and he's creating 'art' and Police investigate a mystery crash. | **PG** +NABE-010+ |

|  |  |  |
| --- | --- | --- |
| 03:30 PM | **Crash Investigation Unit: Rush Hour (R) ’CC’** Normality becomes turmoil when a woman driving in peak hour is suddenly struck by a van. Hosted by DAMIAN WALSHE-HOWLING. | **PG** +CIU-010+ |

|  |  |  |
| --- | --- | --- |
| 04:00 PM | **Medical Emergency (R) ’CC’** Shane, a 35-year-old motorcyclist, has arrived at The Alfred with serious injuries after colliding with a bus. Narrated by Chris Gabardi. | **PG** +MDEM3-017+ |

|  |  |  |
| --- | --- | --- |
| 04:30 PM | **60 Minute Makeover: Cramlington, Northumberland (R)** 60 Minute Makeover returns to complete more incredible house transformations in only one hour.  | **PG** +SMM6-056+ |

|  |  |  |
| --- | --- | --- |
| 05:30 PM | **60 Minute Makeover: Melbourne, Essex (R)** The team has just 60 minutes to transform homes across Britain, using all their tricks of the trade to provide an instant style injection and inspire with tips and ideas for fast interior facelifts. | **PG** +SMM7-074+ |

|  |  |  |
| --- | --- | --- |
| 06:30 PM | **Bargain Hunt: Hungerford 26 (R)** Experts Colin Young and James Lewis guide their teams through the antiques shops of Hungerford in their search for bargains. | **G** +BHUN29-027+ |

|  |  |  |
| --- | --- | --- |
| 07:30 PM | **Kingdom (R)** Peter Kingdom is a compassionate solicitor whose life is overshadowed by the mysterious disappearance of his brother.  | **PG (N,A,L)**+KINM02-002+ |

|  |  |  |
| --- | --- | --- |
| 08:30 PM | **Inspector Morse: Inspector Morse: The Last Enemy (R) ’CC’** Inspector Morse is back on familiar territory, behind closed doors in the academic world of Oxford. A body is found in the canal and the only clue to its identity is a connection with a college. Starring:ALBERT WELLING,BERT PARNABY,BEATIE EDNEY,GERTAN KLAUBER,JACKIE BUCHANAN,JAMES GROUT,DEVIN MCMONAGIE,MARK TANDY,LANA MORRIS,LAURA SADLER,KEVIN WHATELY,JILL JOHNSON,PHILIP BROOMFIELD,MICHAEL ALDRIDGE,NIKKI BROOKS,PAULINE MUNRO,MICHAEL PERCIVAL,NATHAN LEWIS,TENNIEL EVANS,SIAN THOMAS,SUSANNAH HITCHING | **M (A,V)**+INM-009+ |

|  |  |  |
| --- | --- | --- |
| 10:50 PM | **The Border: Contraband Corridor NEW EPISODE**In the Rio Grande Valley, law enforcement battles to intercept the massive flow of illicit traffic moving through this prime smuggling corridor. | **PG** +TBOR6-012+ |

|  |  |  |
| --- | --- | --- |
| 11:50 PM | **Bargain Hunt: Hungerford 26 (R)** Experts Colin Young and James Lewis guide their teams through the antiques shops of Hungerford in their search for bargains. | **G** +BHUN29-027+ |

|  |  |  |
| --- | --- | --- |
| 12:50 AM | **Lovejoy: Angel Trousers (R)** Lovejoy takes you into the fascinating world of antiques to discover trickery, forgery, double-dealing, foul play, murder and sometimes, respectable people who love antiques. | **PG** +LJOY03-004+ |

|  |  |  |
| --- | --- | --- |
| 01:50 AM | **Dr Oz: Woman Dead For 45 Minutes Says She's Glimpsed The Other Side ’CC’** Dr. Mehmet Oz, cardiothoracic surgeon and medical expert, hosts The Dr Oz Show, with cutting edge information on topics ranging from weight loss and nutrition to lifestyle and the latest health news. | **PG (A)**+DROZ06-074+ |

|  |  |  |
| --- | --- | --- |
| 02:50 AM | **Dr Oz: 10 Minute Remedies For Your Back Pain ’CC’** Dr. Mehmet Oz, cardiothoracic surgeon and medical expert, hosts The Dr Oz Show, with cutting edge information on topics ranging from weight loss and nutrition to lifestyle and the latest health news. | **PG** +DROZ06-073+ |

|  |  |  |
| --- | --- | --- |
| 03:50 AM | **Dr Oz: The Anti-Aging Plan To Look And Feel Like A 10 ’CC’** Dr. Mehmet Oz, cardiothoracic surgeon and medical expert, hosts The Dr Oz Show, with cutting edge information on topics ranging from weight loss and nutrition to lifestyle and the latest health news. | **PG** +DROZ06-072+ |

|  |  |  |
| --- | --- | --- |
| 05:00 AM | **This Rugged Coast: Night Prowlers Of The Reef (R)** Ben Cropp explores the fascinating and rarely seen world of the coral reef at night. | **G** +TRC-003+ |

 **Wednesday, September 21, 2016**

|  |  |  |
| --- | --- | --- |
| 06:00 AM | **TBA:** TBC | ++ |

|  |  |  |
| --- | --- | --- |
| 06:30 AM | **TBA:** TBC | ++ |

|  |  |  |
| --- | --- | --- |
| 07:00 AM | **Match It (R) ’CC’** Jack Yabsley hosts this fast-paced show where teams use cool touch-screen technology to match words and pictures to answer quiz questions, and play for the chance to become MATCH IT champions! | **C** +MATI2-023+ |

|  |  |  |
| --- | --- | --- |
| 07:30 AM | **Flushed (R) ’CC’** A new game show for kids where knowledge meets strategy with hilarious, slimy fun. | **C** +FLSH-024+ |

|  |  |  |
| --- | --- | --- |
| 08:00 AM | **Toybox: Magic In The Air (R) ’CC’** Watch the toys come alive when we open the lid to a fantasy world full of fun, music, learning and adventure! | **P** +TOYB-043+ |

|  |  |  |
| --- | --- | --- |
| 08:30 AM | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-009+ |

|  |  |  |
| --- | --- | --- |
| 09:00 AM | **Home And Away (R) ’CC’** O'Reilly thinks Marilyn has the hots for him. Angel is devastated when Shannon tells her that she slept with Shane. | **PG** +HAW2-804+ |

|  |  |  |
| --- | --- | --- |
| 09:30 AM | **NBC Today (R)** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport.  | +NBCT16-189+ |

|  |  |  |
| --- | --- | --- |
| 12:00 PM | **The Border: Contraband Corridor (R)** In the Rio Grande Valley, law enforcement battles to intercept the massive flow of illicit traffic moving through this prime smuggling corridor. | **PG** +TBOR6-012+ |

|  |  |  |
| --- | --- | --- |
| 01:00 PM | **Lovejoy: Ben In The Bronze (R)** Lovejoy takes you into the fascinating world of antiques to discover trickery, forgery, double-dealing, foul play, murder and sometimes, respectable people who love antiques. | **PG** +LJOY03-005+ |

|  |  |  |
| --- | --- | --- |
| 02:00 PM | **The Great Outdoors: Ultimate Shopping Holidays (R) ’CC’** The world's new Number One Shopping paradise and Melbourne's latest and greatest shopping secrets. | **G** +GO15-017+ |

|  |  |  |
| --- | --- | --- |
| 03:00 PM | **Cook Me The Money: Manchester NEW EPISODE**Three teams get the chance to live their dream for one day when they create a menu, prepare the food and try to get as many people as possible to pay for their plate. | **PG** +CMTM-010+ |

|  |  |  |
| --- | --- | --- |
| 04:00 PM | **Medical Emergency (R) ’CC’** This week, Dom returns to The Alfred to receive devastating news while Shane remains in surgery. Narrated by Chris Gabardi. | **PG** +MDEM3-018+ |

|  |  |  |
| --- | --- | --- |
| 04:30 PM | **60 Minute Makeover: Kinghorn, Fife (R)** 60 Minute Makeover returns to complete more incredible house transformations in only one hour.  | **PG** +SMM6-057+ |

|  |  |  |
| --- | --- | --- |
| 05:30 PM | **60 Minute Makeover: Stanmore (R)** The team has just 60 minutes to transform homes across Britain, using all their tricks of the trade to provide an instant style injection and inspire with tips and ideas for fast interior facelifts. | **PG** +SMM7-075+ |

|  |  |  |
| --- | --- | --- |
| 06:30 PM | **Bargain Hunt: Peterborough 21 (R)** Love is in the air as two couples go head to head in today's friendly competition to find the best buys. | **G** +BHUN29-028+ |

|  |  |  |
| --- | --- | --- |
| 07:30 PM | **Doc Martin: Blood Is Thicker (R) ’CC’** When Mark Mylow's sister, a naturopath, comes to town, Martin tries to have her consult before prescribing her concoctions. Starring:JULIA ST. JOHN,KATHERINE PARKINSON,TRISTAN STURROCK,STEWART WRIGHT,SELINA CADELL | **PG (A)**+DOCM2-003+ |

|  |  |  |
| --- | --- | --- |
| 08:30 PM | **Lewis: Whom The Gods Would Destroy (R) ’CC’** When an Oxford graduate is found dead near his rundown house-boat, the University's prominent figures become suspects. Starring:ADRIAN RAWLINS,ANNA MASSEY,CRISPIN REDMAN,DIANA PAYAN,MARTYN WHITBY,RICHARD DILLANE,NICOLA REDMOND,SASHA BEHAR | **M (D,V)**+LEWS-001+ |

|  |  |  |
| --- | --- | --- |
| 10:30 PM | **Waking The Dead: Care Part 1 NEW EPISODE**When the Cold Case squad learn that a recently murdered woman is Claire Somers, a seven year-old girl was abducted 25 years ago, they unveil a shocking portrait of life in the 1980s care system. | **MA (V,A)**+WAKD09-003+ |

|  |  |  |
| --- | --- | --- |
| 11:45 PM | **Bargain Hunt: Peterborough 21 (R)** Love is in the air as two couples go head to head in today's friendly competition to find the best buys. | **G** +BHUN29-028+ |

|  |  |  |
| --- | --- | --- |
| 12:45 AM | **Lovejoy: Ben In The Bronze (R)** Lovejoy takes you into the fascinating world of antiques to discover trickery, forgery, double-dealing, foul play, murder and sometimes, respectable people who love antiques. | **PG** +LJOY03-005+ |

|  |  |  |
| --- | --- | --- |
| 02:00 AM | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

|  |  |  |
| --- | --- | --- |
| 02:30 AM | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

|  |  |  |
| --- | --- | --- |
| 03:00 AM | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

|  |  |  |
| --- | --- | --- |
| 03:30 AM | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

|  |  |  |
| --- | --- | --- |
| 04:00 AM | **Dr Oz: Total 10 Rapid Weight Loss Plan ’CC’** Dr. Mehmet Oz, cardiothoracic surgeon and medical expert, hosts The Dr Oz Show, with cutting edge information on topics ranging from weight loss and nutrition to lifestyle and the latest health news. | **PG** +DROZ06-071+ |

|  |  |  |
| --- | --- | --- |
| 05:00 AM | **This Rugged Coast: Coral Sea (R)** Sharks are the most feared creatures of the sea. See a remarkable man who attracts sharks and dares to feed them by hand. | **G** +TRC-004+ |

 **Thursday, September 22, 2016**

|  |  |  |
| --- | --- | --- |
| 06:00 AM | **TBA:** TBC | ++ |

|  |  |  |
| --- | --- | --- |
| 06:30 AM | **TBA:** TBC | ++ |

|  |  |  |
| --- | --- | --- |
| 07:00 AM | **Match It (R) ’CC’** Jack Yabsley hosts this fast-paced show where teams use cool touch-screen technology to match words and pictures to answer quiz questions, and play for the chance to become MATCH IT champions! | **C** +MATI2-024+ |

|  |  |  |
| --- | --- | --- |
| 07:30 AM | **Flushed (R) ’CC’** A new game show for kids where knowledge meets strategy with hilarious, slimy fun. | **C** +FLSH-025+ |

|  |  |  |
| --- | --- | --- |
| 08:00 AM | **Toybox: Cat Nap (R) ’CC’** Watch the toys come alive when we open the lid to a fantasy world full of fun, music, learning and adventure! | **P** +TOYB-044+ |

|  |  |  |
| --- | --- | --- |
| 08:30 AM | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-010+ |

|  |  |  |
| --- | --- | --- |
| 09:00 AM | **Home And Away (R) ’CC’** Shane arrives in time to see Angel's plane take off. Alf is shocked at what he finds when he peeks inside Ailsa's journal. | **PG** +HAW2-805+ |

|  |  |  |
| --- | --- | --- |
| 09:30 AM | **NBC Today (R)** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport.  | +NBCT16-190+ |

|  |  |  |
| --- | --- | --- |
| 12:00 PM | **Doc Martin: Blood Is Thicker (R) ’CC’** When Mark Mylow's sister, a naturopath, comes to town, Martin tries to have her consult before prescribing her concoctions. Starring:JULIA ST. JOHN,KATHERINE PARKINSON,TRISTAN STURROCK,STEWART WRIGHT,SELINA CADELL | **PG (A)**+DOCM2-003+ |

|  |  |  |
| --- | --- | --- |
| 01:00 PM | **Lovejoy: Eric Of Arabia (R)** Lovejoy takes you into the fascinating world of antiques to discover trickery, forgery, double-dealing, foul play, murder and sometimes, respectable people who love antiques. | **PG** +LJOY03-006+ |

|  |  |  |
| --- | --- | --- |
| 02:00 PM | **The Great Outdoors (R) ’CC’** The world's biggest cruise ship, a 5-star train trip in Africa, Australia's seafood capital, 'Venice of the East', Tasmania's amazing 'Air Walk' and a wallet-friendly park for the family. | **G** +GO15-018+ |

|  |  |  |
| --- | --- | --- |
| 03:00 PM | **Property Ladder: Tony & Joey (R)** Brothers Tony and Joey take a giant gamble when they buy 3 properties to renovate. With fulltime work schedules in LA, the brothers have committed to the remodel of a two- bedroom condo 250kms away. | **PG** +PROL-010+ |

|  |  |  |
| --- | --- | --- |
| 04:00 PM | **Medical Emergency (R) ’CC’** Air paramedics rush to the aid of an amateur motorbike racer, who has crashed after doing speeds over 200 km/ph. Narrated by Chris Gabardi. | **PG** +MDEM3-019+ |

|  |  |  |
| --- | --- | --- |
| 04:30 PM | **60 Minute Makeover: Langtoft, Peterborough (R)** 60 Minute Makeover returns to complete more incredible house transformations in only one hour.  | **PG** +SMM6-058+ |

|  |  |  |
| --- | --- | --- |
| 05:30 PM | **60 Minute Makeover: Orpington (R)** The team has just 60 minutes to transform homes across Britain, using all their tricks of the trade to provide an instant style injection and inspire with tips and ideas for fast interior facelifts. | **PG** +SMM7-076+ |

|  |  |  |
| --- | --- | --- |
| 06:30 PM | **Bargain Hunt: Cheltenham 27 (R)** Experts James Lewis and Colin Young are under starter's orders to help their teams find the best buys at an antiques fair. | **G** +BHUN29-029+ |

|  |  |  |
| --- | --- | --- |
| 07:30 PM | **Father Brown: The Hammer Of God SEASON PREMIERE**When an ungodly man is murdered at the unveiling of a new church clock, Father Brown must find the killer before an innocent woman is sent to the gallows. | **M (V,S)**+FBRO01-001+ |

|  |  |  |
| --- | --- | --- |
| 08:30 PM | **Murdoch Mysteries: Monsieur Murdoch / Dead End Street NEW EPISODE**Murdoch teams up with a brilliant French detective to solve a case. Then, Murdoch happens across a detailed model of a streetscape that inadvertently depicts a murder scene. | **M (V,S)**+MMYS04-703+ |

|  |  |  |
| --- | --- | --- |
| 10:30 PM | **Some Mothers Do 'ave 'em: Have A Break, Take A Husband (R) ’CC’** When Frank and Betty are off for a second honeymoon, things work out a better than on their first, until they reach the hotel. Starring:CYRIL SHAPS,JOHN CAESAR,NEIL MC CARTHY | **PG** +SMHE-004+ |

|  |  |  |
| --- | --- | --- |
| 11:00 PM | **One Foot In The Grave: I'll Retire to Bedlam (R) ’CC’** A day of bad luck for Victor ends even worse when his greates horror becomes a reality: a day baby-sitting Iris' kids. Starring. | **PG** +ONFG-004+ |

|  |  |  |
| --- | --- | --- |
| 11:45 PM | **Bargain Hunt: Cheltenham 27 (R)** Experts James Lewis and Colin Young are under starter's orders to help their teams find the best buys at an antiques fair. | **G** +BHUN29-029+ |

|  |  |  |
| --- | --- | --- |
| 12:45 AM | **Psychic TV Ep: 1: Psychic TV Ep: 1 (2016)** Psychic TV has some of the most respected psychics in the world. Allowing us to provide you with a truly unique insight and global experience. | **M** +PSYC01-001+ |

|  |  |  |
| --- | --- | --- |
| 03:45 AM | **Lovejoy: Eric Of Arabia (R)** Lovejoy takes you into the fascinating world of antiques to discover trickery, forgery, double-dealing, foul play, murder and sometimes, respectable people who love antiques. | **PG** +LJOY03-006+ |

|  |  |  |
| --- | --- | --- |
| 05:00 AM | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-009+ |

|  |  |  |
| --- | --- | --- |
| 05:30 AM | **TBA:** TBC | ++ |

 **Friday, September 23, 2016**

|  |  |  |
| --- | --- | --- |
| 06:00 AM | **TBA:** TBC | ++ |

|  |  |  |
| --- | --- | --- |
| 06:30 AM | **TBA:** TBC | ++ |

|  |  |  |
| --- | --- | --- |
| 07:00 AM | **Match It (R) ’CC’** Jack Yabsley hosts this fast-paced show where teams use cool touch-screen technology to match words and pictures to answer quiz questions, and play for the chance to become MATCH IT champions! | **C** +MATI2-025+ |

|  |  |  |
| --- | --- | --- |
| 07:30 AM | **Flushed (R) ’CC’ SEASON FINAL**A new game show for kids where knowledge meets strategy with hilarious, slimy fun. | **C** +FLSH-026+ |

|  |  |  |
| --- | --- | --- |
| 08:00 AM | **Toybox: Underwater World (R) ’CC’** Watch the toys come alive when we open the lid to a fantasy world full of fun, music, learning and adventure! | **P** +TOYB-045+ |

|  |  |  |
| --- | --- | --- |
| 08:30 AM | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-011+ |

|  |  |  |
| --- | --- | --- |
| 09:00 AM | **Home And Away (R) ’CC’** A plane is reported to have gone down with Angel, Dylan and Teresa onboard. Shannon admits to having made up her affair with Shane. | **PG** +HAW2-806+ |

|  |  |  |
| --- | --- | --- |
| 09:30 AM | **NBC Today (R)** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport.  | +NBCT16-191+ |

|  |  |  |
| --- | --- | --- |
| 12:00 PM | **Better Homes And Gardens (R) ’CC’** Joh, Adam and Jason combine forces to help a young couple sell their home, after making some inexpensive changes. Fast Ed makes sour cream cup cakes. Graham shows how to make garden mulch. | **G** +BHAG21-035+ |

|  |  |  |
| --- | --- | --- |
| 01:00 PM | **Lovejoy: Scotch On The Rocks (R)** Lovejoy takes you into the fascinating world of antiques to discover trickery, forgery, double-dealing, foul play, murder and sometimes, respectable people who love antiques. | **PG** +LJOY03-007+ |

|  |  |  |
| --- | --- | --- |
| 02:00 PM | **The Great Outdoors (R) ’CC’** World Cup Tour - it's 2006's biggest sporting event and Andrew Daddo takes you on an insider's tour, plus your chance to win tickets to see the Socceroos in action. | **G** +GO15-019+ |

|  |  |  |
| --- | --- | --- |
| 03:00 PM | **Australia's Best Backyards (R) ’CC’** The wait is over as tonight Jamie Durie makes a surprise house call to the winner of Australia's Best Backyards. Hosted by JAMIE DURIE. | **G** +ABBY2-010+ |

|  |  |  |
| --- | --- | --- |
| 03:30 PM | **The Outdoor Room With Jamie Durie: UK (R) ’CC’** Jamie Durie travels to England where he seeks inspiration in transforming a young family's backyard in Melbourne into an English style garden. Starring:JOSH CLUTTERBUCK,KATE CLUTTERBUCK,TOM KIME | **G** +ORWJ-002+ |

|  |  |  |
| --- | --- | --- |
| 04:00 PM | **Medical Emergency (R) ’CC’** New Zealand firefighter Barry is rushed to the Alfred after sustaining burns to his head and face while tackling Victoria's bushfire season. | **PG** +MDEM3-020+ |

|  |  |  |
| --- | --- | --- |
| 04:30 PM | **60 Minute Makeover: Preston, Lancashire (R)** 60 Minute Makeover returns to complete more incredible house transformations in only one hour.  | **PG** +SMM6-059+ |

|  |  |  |
| --- | --- | --- |
| 05:30 PM | **60 Minute Makeover: Wallington (R)** The team has just 60 minutes to transform homes across Britain, using all their tricks of the trade to provide an instant style injection and inspire with tips and ideas for fast interior facelifts. | **PG** +SMM7-077+ |

|  |  |  |
| --- | --- | --- |
| 06:30 PM | **Bargain Hunt: Newark 31 (R)** Tonight, it's a battle between two wives and their husbands. Tim Wonnacott plus experts Jeremy Lamond and Paul Laidlaw might have to act as marriage counsellors! | **G** +BHUN29-030+ |

|  |  |  |
| --- | --- | --- |
| 07:30 PM | **Better Homes and Gardens (R) ’CC’** Joh and Pete visit an inner-city Melbourne home at the cutting edge of sustainable design. Graham and Adam help a loyal fan restore her orchid collection and veggie patch.  | **G** +BHAG22-032+ |

|  |  |  |
| --- | --- | --- |
| 08:30 PM | **Escape To The Country: Bedfordshire (R)** Alistair Appleton goes rural property shopping in Bedfordshire with a couple buying their first house together - but there is also a teenager and a menagerie of pets to factor in. | **G** +ETTC20-015+ |

|  |  |  |
| --- | --- | --- |
| 09:30 PM | **Escape To The Country: Cornwall (R)** Alistair Appleton goes house hunting in Cornwall with a couple who want a new country home with holiday lets. Plus Alistair visits Cornwall's only underground slate mine. | **G** +ETTC19-049+ |

|  |  |  |
| --- | --- | --- |
| 10:30 PM | **Best Houses Australia NEW EPISODE**Join author and host Gary Takle on a quest to discover what really makes a house work. Explore some of the most exciting and stunning houses in the country and meet the professionals who create them. | **G** +BHOZ05-010+ |

|  |  |  |
| --- | --- | --- |
| 11:00 PM | **Cook Me The Money: Nantwich (R)** Three teams get the chance to live their dream for one day when they create a menu, prepare the food and try to get as many people as possible to pay for their plate. | **PG** +CMTM-006+ |

|  |  |  |
| --- | --- | --- |
| 12:00 AM | **Australia's Best Backyards (R) ’CC’** The wait is over as tonight Jamie Durie makes a surprise house call to the winner of Australia's Best Backyards. Hosted by JAMIE DURIE. | **G** +ABBY2-010+ |

|  |  |  |
| --- | --- | --- |
| 12:30 AM | **Psychic TV Ep: 2: Psychic TV Ep: 2 (2016)** Psychic TV has some of the most respected psychics in the world. Allowing us to provide you with a truly unique insight and global experience.  | **M** +PSYC01-002+ |

|  |  |  |
| --- | --- | --- |
| 03:30 AM | **Lovejoy: Scotch On The Rocks (R)** Lovejoy takes you into the fascinating world of antiques to discover trickery, forgery, double-dealing, foul play, murder and sometimes, respectable people who love antiques. | **PG** +LJOY03-007+ |

|  |  |  |
| --- | --- | --- |
| 04:30 AM | **Escape To The Country: Bedfordshire (R)** Alistair Appleton goes rural property shopping in Bedfordshire with a couple buying their first house together - but there is also a teenager and a menagerie of pets to factor in. | **G** +ETTC20-015+ |

|  |  |  |
| --- | --- | --- |
| 05:30 AM | **TBA:** TBC | ++ |

 **Saturday, September 24, 2016**

|  |  |  |
| --- | --- | --- |
| 06:00 AM | **TBA:** TBC | ++ |

|  |  |  |
| --- | --- | --- |
| 06:30 AM | **TBA:** TBC | ++ |

|  |  |  |
| --- | --- | --- |
| 07:00 AM | **TBA:** TBC | ++ |

|  |  |  |
| --- | --- | --- |
| 07:30 AM | **TBA:** TBC | ++ |

|  |  |  |
| --- | --- | --- |
| 08:00 AM | **Room For Improvement (R) ’CC’** The gang turns a partly renovated bedroom/ensuite into a spectacular modern show piece. | **G** +RFI3-011+ |

|  |  |  |
| --- | --- | --- |
| 08:30 AM | **Travel Oz: Antartica: Mawson's Hut (R) ’CC’** Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG** +TRAV2-017+ |

|  |  |  |
| --- | --- | --- |
| 09:15 AM | **Travel Oz: Antartica: West Of Mawson's Hut (R) ’CC’** Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG** +TRAV2-018+ |

|  |  |  |
| --- | --- | --- |
| 10:00 AM | **The Travel Bug: South Coast Of NSW NEW EPISODE**The Travel Bug is taking viewers far and wide!  | **G** +TRBG06-001+ |

|  |  |  |
| --- | --- | --- |
| 11:00 AM | **Home In WA ’CC’ NEW EPISODE**Home in WA showcases builders, real estate, home services and products for our homes in WA. | **G** +HIWA19-016+ |

|  |  |  |
| --- | --- | --- |
| 11:30 AM | **Great South East ’CC’ NEW EPISODE**Explore leisure and recreation in South East Queensland. | **G** +GSTH16-031+ |

|  |  |  |
| --- | --- | --- |
| 12:00 PM | **Creek To Coast ’CC’ NEW EPISODE**Queensland's ultimate outdoor adventure show, featuring the very latest in camping, cruising, fishing and four-wheel-driving. | **G** +7CTC16-027+ |

|  |  |  |
| --- | --- | --- |
| 12:30 PM | **Queensland Weekender ’CC’ NEW EPISODE**Dean Miller and his team cover the length and breadth of Queensland with great suggestions for weekends, short breaks and holidays. | **G** +7QWE16-030+ |

|  |  |  |
| --- | --- | --- |
| 01:00 PM | **WA Weekender ’CC’ NEW EPISODE**WA Weekender showcases the best of WA and is packed full of ideas to fit every weekend. Be inspired by fascinating stories with everything from helpful hints to finding out where to take your family. | **G** +WAWE03-029+ |

|  |  |  |
| --- | --- | --- |
| 01:30 PM | **Sydney Weekender (R) ’CC’** Mike checks out Symbio Wildlife Park. Lizzy meets the producers, farmers and foodies of Robertson in the Southern Highlands. Jback get a sneek peak at the upcoming Lane Cove Coffee Carnevale. | **G** +7SWE23-032+ |

|  |  |  |
| --- | --- | --- |
| 02:00 PM | **Seven's Horse Racing: Rosehill - Golden Pendant Day / Caulfield - Underwood Stakes Day** Saturday afternoon racing heads to Rosehill and Caulfield. | +SHRC16-020+ |

|  |  |  |
| --- | --- | --- |
| 05:30 PM | **Anthony Bourdain: No Reservations: Austin (R) NEW EPISODE**Tony dives into Austin during the South by Southwest music festival. | **PG (D)**+NORE08-011+ |

|  |  |  |
| --- | --- | --- |
| 06:30 PM | **Islands On The Edge NEW EPISODE**Scotland’s Hebrides are Europe’s final frontier against the Atlantic Ocean. This landmark wildlife series introduces an unforgettable wild animal cast struggling to survive on the Islands on the Edge. | **PG** +IOTE-001+ |

|  |  |  |
| --- | --- | --- |
| 07:30 PM | **Hairy Bikers' Northern Exposure NEW EPISODE**The Hairy Bikers are back on the road doing what they love most – biking and cooking. Dave Myers and Si King set off on a proper road-trip, their most ambitious and personal journey yet. | **PG** +HBNE01-001+ |

|  |  |  |
| --- | --- | --- |
| 08:30 PM | **Escape To The Country: Shropshire (R)** Jules Hudson goes property hunting in Shropshire with a couple in search of a rural hideaway. On the way, he discovers the softer side of Shropshire's industrial heritage. | **G** +ETTC20-016+ |

|  |  |  |
| --- | --- | --- |
| 09:30 PM | **Selling Houses Australia: Drummoyne (R) ’CC’** A couple try to make their real-estate agent parents sell their home, which backs onto a six-lane highway. | **G** +SEHO07-008+ |

|  |  |  |
| --- | --- | --- |
| 10:30 PM | **To Build Or Not To Build: William And Velia NEW EPISODE**William Guthrie’s dream to build his own home near Middlesbrough is proving to be a nightmare for his reluctant wife Velia. | **G** +TBNB2-014+ |

|  |  |  |
| --- | --- | --- |
| 11:30 PM | **Best Houses Australia (R) NEW EPISODE**Join author and host Gary Takle on a quest to discover what really makes a house work. Explore some of the most exciting and stunning houses in the country and meet the professionals who create them. | **G** +BHOZ05-010+ |

|  |  |  |
| --- | --- | --- |
| 12:00 AM | **Anthony Bourdain: No Reservations: Austin (R)** Tony dives into Austin during the South by Southwest music festival. | **PG (D)**+NORE08-011+ |

|  |  |  |
| --- | --- | --- |
| 01:00 AM | **Psychic TV Ep: 3: Psychic TV Ep: 3 (2016)** Psychic TV has some of the most respected psychics in the world. Allowing us to provide you with a truly unique insight and global experience. | **M** +PSYC01-003+ |

|  |  |  |
| --- | --- | --- |
| 04:00 AM | **Travel Oz: Antartica: Mawson's Hut (R) ’CC’** Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG** +TRAV2-017+ |

|  |  |  |
| --- | --- | --- |
| 04:45 AM | **Travel Oz: Antartica: West Of Mawson's Hut (R) ’CC’** Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG** +TRAV2-018+ |

|  |  |  |
| --- | --- | --- |
| 05:30 AM | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-011+ |