**Sunday 19 May 2019**

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| 06:00 | **TBA:** TBC | ++ |

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| 06:30 | **Amazing Facts: Good News About Hell, Pt. 1** Religious program. | **PG** +AMFA19-020+ |

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| 07:00 | **Tomorrow's World: Sunset For Britain And America** Religious program. | **PG (A)**+TOMW19-020+ |

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| 07:30 | **Leading The Way: From Valley To Victory: Part 15** Religious program. | **PG** +LWAY19-020+ |

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| 08:00 | **David Jeremiah: SLaying the Giants Interview with Dr David Jeremiah** Religious program. | **PG** +DAJE19-020+ |

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| 08:30 | **Hour Of Power: Change Your Thoughts, Change Your World** Religious program. | **G** +HOOP19-020+ |

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| 09:00 | **TBA:** TBC | ++ |

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| 09:30 | **Mum's At The Table** Mums At The Table is the place where we share, laugh and dream together. It's a TV panel show featuring real women; smart and sassy ladies with real lives, real families, real struggles and real joy. | **PG** +MTAB01-028+ |

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| 10:00 | **House Of Wellness (R) ’CC’** Entertaining everybody to live a healthier life. Hosted by Luke Darcy, Rachael Finch, Jo Stanley and Luke Hines. | **PG** +HOWL03-012+ |

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| 11:00 | **NBC Today (R) ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-119+ |

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| 12:00 | **House Of Wellness (R) ’CC’** Entertaining everybody to live a healthier life. Hosted by Luke Darcy, Rachael Finch, Jo Stanley and Luke Hines. | **PG** +HOWL03-013+ |

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| 13:00 | **The Great Australian Doorstep (R)** Peter and Sheree Everitt explore amazing holiday destinations. | **PG** +GRAD10-013+ |

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| 13:30 | **Australia's Best Drives (R) ’CC’** Hosted by Shane Jolley, with guest appearances by Melissa Doyle, Collette Dinnigan and more, Australia's Best Drives takes you on a journey through six of our very best touring holidays. | **PG** +BDRI01-001+ |

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| 14:00 | **Ultimate Bowls Championship: Warilla - Semi Final 2** The Ultimate Bowls Championship is a celebration of the sport of lawn bowls. It has been designed to respect, showcase and grow the game we love. | **PG** +ULBC01-005+ |

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| 15:00 | **TBA:** TBC | ++ |

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| 15:30 | **TBA:** TBC | ++ |

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| 17:00 | **TBA:** TBC | ++ |

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| 18:00 | **TBA:** TBC | ++ |

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| 19:00 | **Border Patrol: Passport Scammers (R) ’CC’** They're the boys and girls in blue who keep our borders safe. You won't believe some of the things they find... or where they find them... | **PG** +BDPT08-003+ |

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| 19:30 | **Border Security - Australia's Front Line (R) ’CC’** An Australian returns from a holiday in Thailand with an illegal concealment stuffed in his underpants. Also, Officers are pushed to their limits by a Chinese man's outrageous behaviour. | **PG** +BORD-205+ |

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| 20:00 | **Border Security - Australia's Front Line (R) ’CC’** Border Force officers are left in shock when inspecting the luggage of a Vietnamese woman suspected to be involved in drugs. Later, Biosecurity try to teach a stubborn student an important lesson. | **PG** +BORD-206+ |

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| 20:30 | **Border Security - Australia's Front Line (R) ’CC’** Officers fear a cocaine user may be smuggling drugs in a dangerous place after his quick trip to South America. | **PG** +BORD-219+ |

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| 21:00 | **Motorway Patrol (R) ’CC’** There are dramatic scenes as a car catches fire, a Kiwi stag night ditches the Aussie brother-in-law to be and a car crash leads to some unusual behaviour on the side of the motorway. | **PG** +MOTP16-003+ |

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| 21:30 | **Motorway Patrol (R) ’CC’** A sniper attack on the motorway puts police on full alert and a man tries to run from police on foot but reckons without nature interfering. | **PG (L)**+MOTP16-004+ |

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| 22:00 | **Brit Cops** The cops come down hard on drunken violence, thieves and dangerous drivers. | **M (L,A)**+BRIC05-010+ |

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| 23:00 | **Border Security - Australia's Front Line (R) ’CC’** Border Force officers are left in shock when inspecting the luggage of a Vietnamese woman suspected to be involved in drugs. Later, Biosecurity try to teach a stubborn student an important lesson. | **PG** +BORD-206+ |

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| 23:30 | **Border Security - Australia's Front Line (R) ’CC’** An Australian returns from a holiday in Thailand with an illegal concealment stuffed in his underpants. Also, Officers are pushed to their limits by a Chinese man's outrageous behaviour. | **PG** +BORD-205+ |

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| 00:00 | **The Great Australian Doorstep (R)** Peter and Sheree Everitt explore amazing holiday destinations. | **PG** +GRAD10-013+ |

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| 00:30 | **Australia's Best Drives (R) ’CC’** Hosted by Shane Jolley, with guest appearances by Melissa Doyle, Collette Dinnigan and more, Australia's Best Drives takes you on a journey through six of our very best touring holidays. | **PG** +BDRI01-001+ |

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| 01:00 | **The Great Outdoors (R) ’CC’** Imagine cuddling a beautiful baby Panda it's a real living doll, and an unforgettable moment for Sophie in China. Ernie discovers a hidden jewel of the Red Centre, and enjoys dinner under the stars. | **G** +GO13-034+ |

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| 02:00 | **The Great Outdoors (R) ’CC’** Take a tour of Frances greatest gardens, Melbourne's latest attraction, journey into Africa's mystical Kalahari Desert, the Aussie postie run and visit amazing Samoa. | **G** +GO13-035+ |

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| 03:00 | **Ultimate Bowls Championship: Warilla - Semi Final 2 (R)** The Ultimate Bowls Championship is a celebration of the sport of lawn bowls. It has been designed to respect, showcase and grow the game we love. | **PG** +ULBC01-005+ |

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| 04:00 | **Special: Images Of Italy (R) (1994)** Greg Grainger takes viewers from the enchantment of the Tuscany region to the classic charm of Verona and Venice. Starring:GREG GRAINGER | **PG** +AMS-661+ |

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| 05:00 | **Special: In The Footsteps Of The Pharaohs (R) (1997)** Take a journey through Egypt, visiting remainders of the country's prolific ancient civilisation. Starring:GREG GRAINGER | **G** +AMS-855+ |

 **Monday 20 May 2019**

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| 06:00 | **TBA:** TBC | ++ |

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| 06:30 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-166+ |

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| 07:00 | **Get Arty ’CC’** Get inspired, get creative, get arty. | **C** +ARFA03-051+ |

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| 07:30 | **Match It (R) ’CC’** Jack Yabsley hosts this fast-paced show where teams use cool touch-screen technology to match words and pictures to answer quiz questions, and play for the chance to become MATCH IT champions! | **C** +MATI4-062+ |

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| 08:00 | **Pipsqueaks: Ship Ahoy & Roaring Monsters (R) ’CC’** Follow the adventures of four furry creatures called the Pipsqueaks, who live in a huge adventure playground. They sing, dance, laugh and learn. | **P** +PIPQ-016+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G** +MIDM-010+ |

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| 09:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G** +MIDM-011+ |

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| 09:30 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCS19-020+ |

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| 10:30 | **Meet The Press (R) ’CC’** Chuck Todd interviews newsmakers from around the world. | +NBCM19-020+ |

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| 11:30 | **The Great Australian Doorstep (R)** Peter and Sheree Everitt explore amazing holiday destinations. | **PG** +GRAD10-013+ |

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| 12:00 | **Ultimate Bowls Championship: Warilla - Semi Final 2 (R)** The Ultimate Bowls Championship is a celebration of the sport of lawn bowls. It has been designed to respect, showcase and grow the game we love. | **PG** +ULBC01-005+ |

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| 13:00 | **The Great Outdoors (R) ’CC’** Explore remote hillside villages, vineyards and olive groves in the beautiful Italian Riviera. It's City Slickers for real in a dude ranch for urban cowboys. | **G** +GO13-030+ |

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| 14:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G** +MIDM-010+ |

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| 15:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-166+ |

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| 15:30 | **Under The Hammer (R) ’CC’** Jules and Henrik are struggling to buy a home until Jules' father offers financial help - but with strings attached. Then, Katia juggles two auctions on the same day as she hopes to sell and buy. | **PG** +UTHM2-001+ |

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| 16:00 | **The Real Seachange (R) ’CC’** See families, couples and singles quit their jobs, sell their houses and take the biggest risk of their lives.  | **G** +RLSC-006+ |

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| 16:30 | **Air Crash Investigations: Steep Impact (R) ’CC’** A dangerous test flight may be the only way to uncover the startling truth about what brought down Atlantic Southeast Airlines Flight 2311. | **PG** +MDAY15-009+ |

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| 17:30 | **Property Ladder UK: Leatherhead / Battersea (R)** Sarah Beeny offers her expert advice to budding property developers. But will they listen? | **G** +PRLU07-001+ |

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| 18:30 | **Bargain Hunt: Belfast 17 (R)** Two teams of contestants are challenged to see who can make the biggest profit when they buy antiques at a fair then go on to sell them at auction. | **PG** +BHUN42-005+ |

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| 19:30 | **The Vicar Of Dibley: Animals (R)** Geraldine plans to hold a special service of blessing in St Barnabas for all the animals of the village. | **PG** +TVOD-006+ |

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| 20:00 | **The Vicar Of Dibley: Dibley Live (R)** Geraldine sets up Radio Dibley in a bid to bring the community closer together. Starring:EDWARD HALSTED,LIZ SMITH | **PG** +TVOD2-001+ |

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| 20:30 | **Foyle's War: Fifty Ships (R) ’CC’** An American multi-millionaire, an old flame of Foyle's, and a mysterious man claiming to be a Dutch refugee, are all implicated when a dead body is discovered on a Hastings beach. Starring:AMANDA ROOT,ANTHONY HOWELL,BRYAN DICK,CLIVE MERRISON,JACK CHISSICK,HONEYSUCKLE WEEKS,GEOFFREY CHATER,GEOFFREY FRESHWATER,GUY HENRY,MALI HARRIES,PAUL FOSTER,MICHAEL KITCHEN,TOM GEORGESON,STEVEN ODONNELL,JANINE DUVITSKI,HENRY GOODMAN,MARLENE SIDAWAY,KATHRYN POGSON,NICHOLAS LE PREVOST,TIM TRELOAR,JOHN ROWE,JON RAKE,JONATHAN COY,RICHARD DURDEN,SAM REDFORD,REBECCA JOHNSON | **M (V)**+FOYL2-001+ |

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| 22:30 | **Autopsy USA: Steve McQueen (R) ’CC’** Forensic Pathologist Dr. Michael Hunter examines Steve's extensive medical records to unravel the truth surrounding his death and attempts to reveal what really happened to this iconic star.  | **M (A)**+AUTU02-008+ |

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| 23:30 | **Air Crash Investigations: Steep Impact (R) ’CC’** A dangerous test flight may be the only way to uncover the startling truth about what brought down Atlantic Southeast Airlines Flight 2311. | **PG** +MDAY15-009+ |

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| 00:30 | **The Real Seachange (R) ’CC’** See families, couples and singles quit their jobs, sell their houses and take the biggest risk of their lives.  | **G** +RLSC-006+ |

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| 01:00 | **Bargain Hunt: Belfast 17 (R)** Two teams of contestants are challenged to see who can make the biggest profit when they buy antiques at a fair then go on to sell them at auction. | **PG** +BHUN42-005+ |

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| 02:00 | **Property Ladder UK: Leatherhead / Battersea (R)** Sarah Beeny offers her expert advice to budding property developers. But will they listen? | **G** +PRLU07-001+ |

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| 03:00 | **The Great Outdoors (R) ’CC’** Explore remote hillside villages, vineyards and olive groves in the beautiful Italian Riviera. It's City Slickers for real in a dude ranch for urban cowboys. | **G** +GO13-030+ |

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| 04:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G** +MIDM-010+ |

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| 04:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G** +MIDM-011+ |

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| 05:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-166+ |

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| 05:30 | **TBA:** TBC | ++ |

 **Tuesday 21 May 2019**

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| 06:00 | **TBA:** TBC | ++ |

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| 06:30 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-167+ |

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| 07:00 | **Get Arty ’CC’** Get inspired, get creative, get arty. | +ARFA03-052+ |

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| 07:30 | **Match It (R) ’CC’** Jack Yabsley hosts this fast-paced show where teams use cool touch-screen technology to match words and pictures to answer quiz questions, and play for the chance to become MATCH IT champions! | **C** +MATI4-063+ |

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| 08:00 | **Pipsqueaks: Going To The Hairdressers & Dressing Up (R) ’CC’** Follow the adventures of four furry creatures called the Pipsqueaks, who live in a huge adventure playground. They sing, dance, laugh and learn. | **P** +PIPQ-017+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G** +MIDM-012+ |

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| 09:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G** +MIDM-013+ |

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| 09:30 | **NBC Today (R) ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-120+ |

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| 12:00 | **Property Ladder UK: Leatherhead / Battersea (R)** Sarah Beeny offers her expert advice to budding property developers. But will they listen? | **G** +PRLU07-001+ |

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| 13:00 | **The Great Outdoors (R) ’CC’** Join the real Whale Riders in a spectacular New Zealand coastal town. Check in to the Los Angeles hotel where rock stars come to party and record. | **G** +GO13-032+ |

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| 14:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G** +MIDM-012+ |

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| 14:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G** +MIDM-013+ |

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| 15:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-167+ |

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| 15:30 | **Under The Hammer (R) ’CC’** Rosemary and Mick are moving onto a bigger home. After a renovation and sales campaign, a storm on auction day threatens to undo it all. Then, Ian attempts to sell his mother's old and run down home. | **PG** +UTHM2-002+ |

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| 16:00 | **The Real Seachange (R) ’CC’** Can Larry and Adrienne cut it as farmers? The Devlin's from Ireland run into some bad luck. | **G** +RLSC-007+ |

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| 16:30 | **Air Crash Investigations: Carnage In Sao Paulo (R) ’CC’** When a deadly disaster in Brazil leaves a Sao Paolo neighborhood in flames, investigators uncover a rare combination of split-second events that caused a crash no one thought possible. | **PG** +MDAY15-010+ |

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| 17:30 | **Property Ladder UK: Newport / Brentford (R)** Sarah Beeny offers her expert advice to budding property developers. But will they listen? | **PG** +PRLU07-002+ |

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| 18:30 | **Bargain Hunt: Edinburgh 7 (R)** Two teams of contestants are challenged to see who can make the biggest profit when they buy antiques at a fair then go on to sell them at auction. | **PG** +BHUN42-006+ |

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| 19:30 | **Rosemary & Thyme: The Italian Rapscallion (R)** The Ligurian coast of Italy is no holiday when the girls are propelled into a mystery when a woman in their party is killed. Starring:GEORGINA CHAPMAN,FELICITY DEAN,DIDO MILES,RICHARD DURDEN,SUZANNE BERTISH,TRISTAN GEMMILL,OLIVER FORD DAVIES | **PG (V)**+RAT2-007+ |

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| 20:30 | **Frankie Drake Mysteries: Whisper Sisters NEW EPISODE**After a shooting injures the young son of a friend, Frankie and Trudy's investigation leads them into the dangerous world of bootlegging. | **M (V)**+FRAD01-006+ |

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| 21:30 | **Murdoch Mysteries: Murdoch In Ragtime** Murdoch investigates the murder of Nathan Peters, a ragtime musician and renowned band-leader, who was found dead at the docks. | **M (V)**+MMYS07-010+ |

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| 22:30 | **Murdoch Mysteries: Journey To The Centre Of Toronto** Murdoch investigates a series of robberies where the thieves have dug through the the ground and into various shops or banks. | **M (A)**+MMYS07-011+ |

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| 23:30 | **Air Crash Investigations: Carnage In Sao Paulo (R) ’CC’** When a deadly disaster in Brazil leaves a Sao Paolo neighborhood in flames, investigators uncover a rare combination of split-second events that caused a crash no one thought possible. | **PG** +MDAY15-010+ |

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| 00:30 | **The Real Seachange (R) ’CC’** Can Larry and Adrienne cut it as farmers? The Devlin's from Ireland run into some bad luck. | **G** +RLSC-007+ |

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| 01:00 | **Bargain Hunt: Edinburgh 7 (R)** Two teams of contestants are challenged to see who can make the biggest profit when they buy antiques at a fair then go on to sell them at auction. | **PG** +BHUN42-006+ |

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| 02:00 | **Property Ladder UK: Newport / Brentford (R)** Sarah Beeny offers her expert advice to budding property developers. But will they listen? | **PG** +PRLU07-002+ |

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| 03:00 | **The Great Outdoors (R) ’CC’** Join the real Whale Riders in a spectacular New Zealand coastal town. Check in to the Los Angeles hotel where rock stars come to party and record. | **G** +GO13-032+ |

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| 04:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G** +MIDM-012+ |

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| 04:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G** +MIDM-013+ |

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| 05:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-167+ |

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| 05:30 | **TBA:** TBC | ++ |

 **Wednesday 22 May 2019**

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| 06:00 | **TBA:** TBC | ++ |

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| 06:30 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-168+ |

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| 07:00 | **Get Arty ’CC’** Get inspired, get creative, get arty. | **C** +ARFA03-053+ |

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| 07:30 | **Match It (R) ’CC’** Jack Yabsley hosts this fast-paced show where teams use cool touch-screen technology to match words and pictures to answer quiz questions, and play for the chance to become MATCH IT champions! | **C** +MATI4-064+ |

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| 08:00 | **Pipsqueaks: Clothes & Fit And Healthy (R) ’CC’** Follow the adventures of four furry creatures called the Pipsqueaks, who live in a huge adventure playground. They sing, dance, laugh and learn. | **P** +PIPQ-018+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G** +MIDM-014+ |

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| 09:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G** +MIDM-015+ |

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| 09:30 | **NBC Today (R) ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-121+ |

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| 12:00 | **Property Ladder UK: Newport / Brentford (R)** Sarah Beeny offers her expert advice to budding property developers. But will they listen? | **PG** +PRLU07-002+ |

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| 13:00 | **The Great Outdoors (R) ’CC’** Imagine cuddling a beautiful baby Panda it's a real living doll, and an unforgettable moment for Sophie in China. Ernie discovers a hidden jewel of the Red Centre, and enjoys dinner under the stars. | **G** +GO13-034+ |

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| 14:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G** +MIDM-014+ |

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| 14:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G** +MIDM-015+ |

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| 15:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-168+ |

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| 15:30 | **Under The Hammer (R) ’CC’** Retirees Mel and Vivian want to sell their Doncaster home and travel but need a high price. Peter and Craig want to move from the city to the Central Coast but on auction day, everything goes wrong. | **PG** +UTHM2-003+ |

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| 16:00 | **The Real Seachange (R) ’CC’** Can Larry and Adrienne cut it as farmers? The Devlin's from Ireland run into some bad luck. | **PG** +RLSC-008+ |

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| 16:30 | **Air Crash Investigations: Deadly Detail (R) ’CC’** A Boeing 737 is engulfed in flames on the tarmac, and the disaster leaves an international team of investigators with a troubling question. | **PG** +MDAY16-004+ |

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| 17:30 | **Property Ladder UK: Shere / Bethnal Green (R)** Sarah Beeny offers her expert advice to budding property developers. But will they listen? | **G** +PRLU07-003+ |

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| 18:30 | **Bargain Hunt: Stafford 9 (R)** Two teams of contestants are challenged to see who can make the biggest profit when they buy antiques at a fair then go on to sell them at auction. | **PG** +BHUN42-007+ |

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| 19:30 | **Border Security - Australia's Front Line (R) ’CC’** The reaction from a drug detector dog and a positive swab test has officers on high alert. An Italian man is found carrying something that may threaten Australia's biosecurity. | **PG** +BORD-207+ |

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| 20:00 | **Border Security - Australia's Front Line (R) ’CC’** High Traces of Methamphetamines are detected on an American woman's luggage and officers suspect a pregnant Japanese woman is trying to courier drugs when they see something concealed in her bag. | **PG** +BORD-208+ |

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| 20:30 | **Air Crash Investigations: Deadly Display ’CC’ NEW EPISODE**On 9 May 2012, an aircraft on a demonstration tour crashes into Mount Salak in the province of West Java. All 45 people on board are killed. | **PG (A)**+MDAY18-005+ |

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| 21:30 | **Air Crash Investigations: Southern Storm (R) ’CC’** Investigate the case of a commercial plane that was so damaged after flying into a severe storm that it was forced to make an emergency landing on a highway. | **PG** +MDAY5-006+ |

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| 22:30 | **Car Wars (R) ’CC’** Follow an elite police squad as they tackle car-related crimes. It is the criminal accessory of choice. Easy to steal, fun to race, useful as a getaway vehicle or to carry contraband. | **M (L)**+CWAR01-001+ |

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| 23:30 | **Air Crash Investigations: Deadly Detail (R) ’CC’** A Boeing 737 is engulfed in flames on the tarmac, and the disaster leaves an international team of investigators with a troubling question. | **PG** +MDAY16-004+ |

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| 00:30 | **The Real Seachange (R) ’CC’** Can Larry and Adrienne cut it as farmers? The Devlin's from Ireland run into some bad luck. | **PG** +RLSC-008+ |

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| 01:00 | **Bargain Hunt: Stafford 9 (R)** Two teams of contestants are challenged to see who can make the biggest profit when they buy antiques at a fair then go on to sell them at auction. | **PG** +BHUN42-007+ |

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| 03:30 | **TBA:** TBC | ++ |

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| 04:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G** +MIDM-014+ |

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| 04:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G** +MIDM-015+ |

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| 05:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-168+ |

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| 05:30 | **TBA:** TBC | ++ |

 **Thursday 23 May 2019**

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| 06:00 | **TBA:** TBC | ++ |

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| 06:30 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-169+ |

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| 07:00 | **Get Arty ’CC’** Get inspired, get creative, get arty. | **C** +ARFA03-054+ |

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| 07:30 | **Match It (R) ’CC’ SEASON FINAL**Jack Yabsley hosts this fast-paced show where teams use cool touch-screen technology to match words and pictures to answer quiz questions, and play for the chance to become MATCH IT champions! | **C** +MATI4-065+ |

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| 08:00 | **Pipsqueaks: Dwellings & Rubbish (R) ’CC’** Follow the adventures of four furry creatures called the Pipsqueaks, who live in a huge adventure playground. They sing, dance, laugh and learn. | **P** +PIPQ-019+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G** +MIDM-016+ |

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| 09:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G** +MIDM-017+ |

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| 09:30 | **NBC Today (R) ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-122+ |

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| 12:00 | **Property Ladder UK: Shere / Bethnal Green (R)** Sarah Beeny offers her expert advice to budding property developers. But will they listen? | **G** +PRLU07-003+ |

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| 13:00 | **The Great Outdoors (R) ’CC’** Take a tour of Frances greatest gardens, Melbourne's latest attraction, journey into Africa's mystical Kalahari Desert, the Aussie postie run and visit amazing Samoa. | **G** +GO13-035+ |

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| 14:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G** +MIDM-016+ |

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| 14:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G** +MIDM-017+ |

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| 15:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-169+ |

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| 15:30 | **Under The Hammer ’CC’** Steve & Bernadette are expecting their second baby and need a good price so they can build their dream home. Then, it's a battle between first home buyers as Annalise and Steve bid on a home. | **PG** +UTHM2-004+ |

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| 16:00 | **The Real Seachange (R) ’CC’** Business is booming for Franco and Lella so why are they suddenly at war? | **PG** +RLSC-009+ |

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| 16:30 | **Air Crash Investigations: Dangeous Approach (R) ’CC’** When a Colorado commuter flight ends in disaster, the shocking cause will rock the entire airline industry. | **PG (D)**+MDAY16-006+ |

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| 17:30 | **Property Ladder UK: Harling / Henley NEW EPISODE**Sarah Beeny offers her expert advice to budding property developers. But will they listen? | **G** +PRLU07-004+ |

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| 18:30 | **Bargain Hunt: Malvern 15 (R)** Two teams of contestants are challenged to see who can make the biggest profit when they buy antiques at a fair then go on to sell them at auction. | **PG** +BHUN42-008+ |

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| 19:30 | **Father Brown: The Laws Of Motion (R) ’CC’** A day out at a local hill climb track ends with one of the drivers killed in a car crash. When Father Brown will not stop investigating, an infuriated Sullivan resolves to put an end to his meddling. | **M (V)**+FBRO02-010+ |

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| 20:30 | **A Touch Of Frost: Nothing To Hide (R)** Frost is faced with the death of a police informer on a racially-tense estate. Starring:ALBERT WELLING,BRUCE ALEXANDER,CAROLINE HARKER,GERARD HORAN,FELICITY MONTAGU,DAVID JASON,LINDA BASSETT,BARRY JACKSON,EWEN BREMNER,MARION BAILEY,MICHAEL FEAST,NEIL DUDGEON,DAVID MCKAIL,VIVIENNE RITCHIE,JAMES SAXON | **M (D,A)**+TOF2-003+ |

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| 22:30 | **Mighty Planes: Heroic Hercules: Mighty Planes: Heroic Hercules (2014)** Chronicling the delivery of a brand-new C130J fresh off the Lockheed Martin production line to the Little Rock Air Force base in Arkansas. | **PG** +SPEC4-322+ |

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| 23:30 | **Air Crash Investigations: Dangeous Approach (R) ’CC’** When a Colorado commuter flight ends in disaster, the shocking cause will rock the entire airline industry. | **PG (D)**+MDAY16-006+ |

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| 00:30 | **The Real Seachange (R) ’CC’** Business is booming for Franco and Lella so why are they suddenly at war? | **PG** +RLSC-009+ |

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| 01:00 | **Bargain Hunt: Malvern 15 (R)** Two teams of contestants are challenged to see who can make the biggest profit when they buy antiques at a fair then go on to sell them at auction. | **PG** +BHUN42-008+ |

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| 02:00 | **Property Ladder UK: Harling / Henley (R)** Sarah Beeny offers her expert advice to budding property developers. But will they listen? | **G** +PRLU07-004+ |

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| 03:00 | **The Great Outdoors (R) ’CC’** Take a tour of Frances greatest gardens, Melbourne's latest attraction, journey into Africa's mystical Kalahari Desert, the Aussie postie run and visit amazing Samoa. | **G** +GO13-035+ |

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| 04:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G** +MIDM-016+ |

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| 04:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G** +MIDM-017+ |

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| 05:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-169+ |

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| 05:30 | **TBA:** TBC | ++ |

 **Friday 24 May 2019**

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| 06:00 | **TBA:** TBC | ++ |

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| 06:30 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-170+ |

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| 07:00 | **Get Arty ’CC’** Get inspired, get creative, get arty. | **C** +ARFA03-055+ |

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| 07:30 | **ZooMoo Wild Friends (R) ’CC’** Flash is lost! Where could he be? He might be in danger! Help Owl and Piglet unravel the clues so we can find our friend, Flash, and then bring him back home, safe and sound! | **C** +ZOMO02-003+ |

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| 08:00 | **Pipsqueaks: Rotten & Story Making (R) ’CC’** Follow the adventures of four furry creatures called the Pipsqueaks, who live in a huge adventure playground. They sing, dance, laugh and learn. | **P** +PIPQ-020+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G** +MIDM-018+ |

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| 09:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G** +MIDM-019+ |

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| 09:30 | **NBC Today (R) ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-123+ |

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| 12:00 | **House Of Wellness (R) ’CC’** Entertaining everybody to live a healthier life. Hosted by Luke Darcy, Rachael Finch, Jo Stanley and Luke Hines. | **PG** +HOWL03-013+ |

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| 13:00 | **Ultimate Bowls Championship: Warilla - Semi Final 2 (R)** The Ultimate Bowls Championship is a celebration of the sport of lawn bowls. It has been designed to respect, showcase and grow the game we love. | **PG** +ULBC01-005+ |

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| 14:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G** +MIDM-018+ |

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| 14:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G** +MIDM-019+ |

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| 15:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-170+ |

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| 15:30 | **Under The Hammer (R) ’CC’** Raj is moving out of home and hopes to buy near the city. But in a hot market, his ideal home may not be possible. April and Troy have bought a country home and need their old home to sell quickly. | **PG** +UTHM2-005+ |

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| 16:00 | **The Real Seachange (R) ’CC’** See families, couples and singles quit their jobs, sell their houses and take the biggest risk of their lives. | **PG** +RLSC-010+ |

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| 16:30 | **Air Crash Investigations: Deadly Solution (R) ’CC’** The captain of AirAsia Flight 8501 overrides the computer's instructions, and his impromptu fix leads to a deadly stall over the Java Sea. | **PG** +MDAY16-009+ |

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| 17:30 | **Property Ladder UK: Broadstairs / Thetford NEW EPISODE**Sarah Beeny offers her expert advice to budding property developers. But will they listen? | **G** +PRLU07-005+ |

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| 18:30 | **Bargain Hunt: Belfast 20 (R)** Two teams of contestants are challenged to see who can make the biggest profit when they buy antiques at a fair then go on to sell them at auction. | **PG** +BHUN42-009+ |

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| 19:30 | **Better Homes And Gardens (R) ’CC’** TBC  | **G** +BHAG25-017+ |

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| 20:30 | **Martin Clunes: Islands Of Australia (R) ’CC’** On the last leg of his voyage Martin visits islands along the south coast playing cowboys in Mundoo, picking up a penguin on Phillip Island and finding sympathy with a devil on Tasmania's Maria island | **PG** +ISOA01-003+ |

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| 21:30 | **Charlie Luxton's Homes By The Sea: Northumberland NEW EPISODE**Charlie Luxton visits Craster Tower and Bamburgh Castle in Northumberland. | **PG** +HOBS01-006+ |

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| 22:30 | **Building The Dream: Cumbria NEW EPISODE**Charlie Luxton heads to Cumbria, where Andy and Amy have set their hearts on self-building a huge four-bedroom home with a farmhouse feel. But is the job too big for them? | **G** +BUTD01-025+ |

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| 23:30 | **Air Crash Investigations: Deadly Solution (R) ’CC’** The captain of AirAsia Flight 8501 overrides the computer's instructions, and his impromptu fix leads to a deadly stall over the Java Sea. | **PG** +MDAY16-009+ |

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| 00:30 | **The Real Seachange (R) ’CC’** See families, couples and singles quit their jobs, sell their houses and take the biggest risk of their lives. | **PG** +RLSC-010+ |

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| 01:00 | **Bargain Hunt: Belfast 20 (R)** Two teams of contestants are challenged to see who can make the biggest profit when they buy antiques at a fair then go on to sell them at auction. | **PG** +BHUN42-009+ |

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| 02:00 | **Property Ladder UK: Broadstairs / Thetford (R)** Sarah Beeny offers her expert advice to budding property developers. But will they listen? | **G** +PRLU07-005+ |

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| 03:00 | **The Great Outdoors (R) ’CC’** The New Orleans Mississippi Steam-Boat cruise, Australia's latest outback resort, Sri Lanka's Ancient Wonder, Norway's fjords, bushranger Ned Kelly, and the great turtle hatching. | **G** +GO13-036+ |

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| 04:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G** +MIDM-018+ |

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| 04:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G** +MIDM-019+ |

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| 05:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-170+ |

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| 05:30 | **TBA:** TBC | ++ |

 **Saturday 25 May 2019**

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| 06:00 | **TBA:** TBC | ++ |

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| 07:00 | **TBA:** TBC | ++ |

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| 07:30 | **TBA:** TBC | ++ |

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| 08:00 | **Travel Oz: Hamilton Island (R) ’CC’** Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG** +TRAV3-035+ |

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| 08:45 | **Travel Oz: Mary Mackillop (R) ’CC’** Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG** +TRAV3-036+ |

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| 09:30 | **NBC Today (R) ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-124+ |

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| 11:30 | **Ultimate Bowls Championship: Warilla - Semi Final 2 (R)** The Ultimate Bowls Championship is a celebration of the sport of lawn bowls. It has been designed to respect, showcase and grow the game we love. | **PG** +ULBC01-005+ |

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| 12:30 | **The Great Outdoors (R) ’CC’** The New Orleans Mississippi Steam-Boat cruise, Australia's latest outback resort, Sri Lanka's Ancient Wonder, Norway's fjords, bushranger Ned Kelly, and the great turtle hatching. | **G** +GO13-036+ |

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| 13:30 | **Sydney Weekender (R) ’CC’** Mike visits a Mudgee property that has artist-inspiring scenery. Simone checks out Featherdale Wildlife Park. Mel stays at Elements of Byron, a five-star resort. Andrew Daddo eats at Manly Greenhouse. | **G** +7SWE26-014+ |

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| 14:00 | **Seven's Horse Racing: Kingsford Smith Cup ’CC’** The Queensland Winter Racing Carnival continues at Eagle Farm Racecourse on May 25, when the focus will be on the Group 1 Kingsford Smith Cup, a weight-for-age 1300m race for prizemoney of $700,000. | +SHRC19-015+ |

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| 17:00 | **The Great Australian Doorstep** Peter and Sheree Everitt explore amazing holiday destinations. | **PG** +GRAD10-014+ |

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| 17:30 | **Mighty Planes: Heroic Hercules: Mighty Planes: Heroic Hercules (R) (2014)** Chronicling the delivery of a brand-new C130J fresh off the Lockheed Martin production line to the Little Rock Air Force base in Arkansas. | **PG** +SPEC4-322+ |

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| 18:30 | **The Yorkshire Vet In Spring NEW EPISODE**Joining Julian Norton is his partner, fellow vet and former Herriot trainee, Peter Wright together with their dedicated team of staff at his practice, Skeldale Veterinary Centre. | **PG (A,S)**+YORK02-009+ |

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| 19:30 | **Mighty Cruise Ships: MSC Divina (R) ’CC’** MSC Divina is divine - all marble and mirrors, with dramatic lighting and Swarovski crystal staircases. The ship cruises the Caribbean in a style more often associated with ships one-quarter its size. | **G** +MCRU02-006+ |

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| 20:30 | **Escape To The Country: Derbyshire NEW EPISODE**Nicki Chapman is house hunting in Derbyshire with a couple who have a budget of 380k to find their dream rural home. | **G** +ETTC23-061+ |

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| 21:30 | **Escape To The Country: Monmouthshire (R)** Jules Hudson is helping a couple who dream of returning to the Welsh countryside. | **G** +ETTC22-037+ |

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| 22:30 | **Escape To The Country: Yorkshire (R)** Nicki Chapman is in the North Yorkshire countryside helping a father and daughter team search for a new rural home.  | **G** +ETTC22-038+ |

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| 23:30 | **The Yorkshire Vet In Spring (R)** Joining Julian Norton is his partner, fellow vet and former Herriot trainee, Peter Wright together with their dedicated team of staff at his practice, Skeldale Veterinary Centre. | **PG (A,S)**+YORK02-009+ |

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| 00:30 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-166+ |

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| 01:00 | **Sydney Weekender (R) ’CC’** Mike visits a Mudgee property that has artist-inspiring scenery. Simone checks out Featherdale Wildlife Park. Mel stays at Elements of Byron, a five-star resort. Andrew Daddo eats at Manly Greenhouse. | **G** +7SWE26-014+ |

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| 01:30 | **The Great Australian Doorstep (R)** Peter and Sheree Everitt explore amazing holiday destinations. | **PG** +GRAD10-014+ |

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| 02:00 | **Queensland Weekender ’CC’** From day tripping to the reef, relaxing at a cool city restaurant, or watching a fiery outback sunset, Queensland Weekender will inspire you to make the most of a weekend in our beautiful State. | **G** +7QWE19-015+ |

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| 02:30 | **The Great Day Out ’CC’** The Great Day Out is people, places and friendly faces; it is at the very heart of Queensland and special guest celebrities will invite you along on their Great Day Out. | **G** +GDOT19-016+ |

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| 03:00 | **Creek To Coast (R) ’CC’** Creek to Coast is all things boating, camping, 4WDing, outdoor adventuring and fishing. From bush-bashing to cooking to caravanning to watersports, Creek to Coast has it all. | **G** +7CTC19-014+ |

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| 03:30 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-171+ |

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| 04:00 | **Intrust Shute Shield** TBC  | +CLUB19-008+ |