**Sunday 22 September 2019**

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| 06:00 | **It Is Written: Beneath The Sands - Life In Ancient Israel**  Religious program. | **PG**  +IIWR19-021+ |

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| 06:30 | **Amazing Facts: Healing, Health And Holiness, Pt. 2**  Religious program. | **PG**  +AMFA19-038+ |

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| 07:00 | **Tomorrow's World: Why Extreme Weather?**  Religious program. | **PG**  +TOMW19-038+ |

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| 07:30 | **Leading The Way: Counting Stars When You See None: Counting Stars Turns You Into Rambo, Pt. 4**  Religious program. | **PG**  +LWAY19-038+ |

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| 08:00 | **David Jeremiah: Muscular Faith**  Religious program. | **PG**  +DAJE19-038+ |

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| 08:30 | **Hour Of Power: Building A Vision For Your Life**  Religious program. | **G**  +HOOP19-038+ |

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| 09:00 | **Home Shopping**  Shopping program. | **G**  +INFO01-001+ |

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| 09:30 | **Mum's At The Table**  Mums At The Table is the place where we share, laugh and dream together. It's a TV panel show featuring real women; smart and sassy ladies with real lives, real families, real struggles and real joy. | **PG**  +MTAB01-046+ |

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| 10:00 | **House Of Wellness (R) ’CC’**  Entertaining everybody to live a healthier life. Hosted by Luke Darcy, Rachael Finch, Jo Stanley and Luke Hines. | **PG**  +HOWL03-030+ |

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| 11:00 | **NBC Today (R) ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-227+ |

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| 12:00 | **House Of Wellness ’CC’**  Entertaining everybody to live a healthier life. Hosted by Luke Darcy, Rachael Finch, Jo Stanley and Luke Hines. | **PG**  +HOWL03-031+ |

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| 13:00 | **Mighty Ships: Akamalik (R)**  Climb aboard for an exclusive look at some of the coolest working vessels in the world. | **G**  +MTYS02-006+ |

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| 14:00 | **Ultimate Bowls Championship: Deer Park - Semi Final 1**  The Ultimate Bowls Championship is a celebration of the sport of lawn bowls. It has been designed to respect, showcase and grow the game we love. | **PG**  +ULBC01-010+ |

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| 15:00 | **Vasili's Garden**  Vasili's Gardens takes you into the backyards of everyday Australians to share organic gardening techniques and teach you how to improve your health using your own garden produce. | **PG**  +VASI04-015+ |

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| 16:00 | **Escape To The Country: Northumberland (R)**  Jules Hudson is tasked with helping a retired lecturer find some peace, tranquillity and creative inspiration in the countryside of Northumberland. | **G**  +ETTC24-004+ |

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| 17:00 | **Escape To The Country: North Yorkshire (R)**  Jules Hudson is helping a couple to find their first home together with business potential. | **G**  +ETTC22-060+ |

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| 18:00 | **Escape To The Country: Somerset (R)**  Each episode follows one big move, and with everything from snug, chocolate-box cottages to medieval grandeur, it's clear that everyone has their own idea about the perfect country escape. | **G**  +ETTC23-014+ |

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| 19:00 | **Border Security: America's Front Line ’CC’**  In New York City, a laptop belonging to a Caribbean traveller does not compute. A young Brit arrives at Detroit Metro Airport to visit an American cyber pal. | **PG**  +BORA01-017+ |

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| 19:30 | **Border Security: America's Front Line (R) ’CC’**  In Port Huron, a strong odour leads to secondary for two Americans. An officer discovers gold at Chicago O'Hare Airport. Travellers follow the letter of the law when questioned in Blaine. | **PG**  +BORA01-018+ |

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| 20:00 | **Border Security - Australia's Front Line (R) ’CC’**  It's a race against time as a patrol boat is deployed to rescue a sinking vessel crammed with people. The bizarre behaviour of an unruly passenger has Customs wondering what may be the cause. Narrated by GRANT BOWLER. | **PG**  +BORD-171+ |

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| 20:30 | **Border Security - Australia's Front Line (R) ’CC’**  A French backpacker with a suspicious scent attracts the attention of Customs' sniffer dogs. A baby faced bandit is on the run from the law. A mirror arrives in the mail concealing pallets of heroin. | **PG**  +BORD-172+ |

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| 21:00 | **Border Security - Australia's Front Line (R) ’CC’**  A busy day at Sydney Airport sees officers making a bust when a mystery bag contains a massive concealment, two suspicious travellers claim to be related and a boxer arrives ready for a fight. | **PG**  +BORD-177+ |

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| 21:30 | **Heathrow: Britain's Busiest Airport: Britain's Busiest Airport: Heathrow S4 Ep 4 NEW EPISODE**  Britain's busiest and most famous airport opens its doors for an un-precedented look at life inside Europe's most important transport hub. | **PG**  +HEAT04-004+ |

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| 22:00 | **Jonah PREMIERE**  TBC | **M (L,A)**  +JONH01-001+ |

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| 00:00 | **Quantico: The Art Of War**  TBC | **M (V)**  +QUAN03-011+ |

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| 01:00 | **Quantico: Ghosts**  TBC | **M**  +QUAN03-012+ |

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| 02:00 | **Quantico: Who Are You?**  TBC | **M (V)**  +QUAN03-013+ |

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| 03:00 | **Vasili's Garden (R)**  Vasili's Gardens takes you into the backyards of everyday Australians to share organic gardening techniques and teach you how to improve your health using your own garden produce. | **PG**  +VASI04-015+ |

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| 04:00 | **Ultimate Bowls Championship: Deer Park - Semi Final 1 (R)**  The Ultimate Bowls Championship is a celebration of the sport of lawn bowls. It has been designed to respect, showcase and grow the game we love. | **PG**  +ULBC01-010+ |

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| 05:00 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-069+ |

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| 05:30 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

**Monday 23 September 2019**

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| 06:00 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 06:30 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 07:00 | **News Of The Wild ’CC’**  An animal focused, factual entertainment news show bursting at the seams with animals, laughter, news and information. | **C**  +NEWI02-036+ |

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| 07:30 | **Get Clever ’CC’**  An outrageous series where adventure, fun and the wonders of science are burst wide open. | **C**  +GECL02-055+ |

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| 08:00 | **Jay's Jungle: Being Silly (R) ’CC’**  Follows the fun adventures of Jay the Lighthouse keeper and the Jungle Crew as they sing, dance, laugh and learn. | **P**  +JAJU-061+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-119+ |

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| 09:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-120+ |

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| 09:30 | **NBC Today ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCS19-038+ |

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| 10:30 | **Meet The Press (R) ’CC’**  Chuck Todd interviews newsmakers from around the world. | +NBCM19-038+ |

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| 11:30 | **The Great Australian Doorstep (R)**  We take a look at some of the best islands around Australia in a 3 minute special. Fraser Island, Moreton Island, Elliot Island and across the ditch to White Island in New Zealand. | **G**  +GRAD07-005+ |

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| 12:00 | **Vasili's Garden (R)**  Vasili's Gardens takes you into the backyards of everyday Australians to share organic gardening techniques and teach you how to improve your health using your own garden produce. | **PG**  +VASI04-015+ |

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| 13:00 | **The Chase (R) ’CC’**  Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G**  +CHSE08-015+ |

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| 14:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-119+ |

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| 14:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-120+ |

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| 15:00 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-069+ |

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| 15:30 | **Mighty Ships: Hawk (R) ’CC’**  The Hawk has to sink before she swims in order to transport one of the world's largest oil drilling rigs halfway around the world. | **PG**  +MTYS08-001+ |

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| 16:30 | **RSPCA Animal Rescue (R) ’CC’**  Two neglected security guard dogs propel one of the largest court battles in Australian RSPCA history. Hosted by Anthony Field. | **G**  +ANRS4-011+ |

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| 17:00 | **Medical Emergency (R) ’CC’**  New Zealand firefighter Barry is rushed to the Alfred after sustaining burns to his head and face while tackling Victoria's bushfire season. | **PG**  +MDEM3-020+ |

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| 17:30 | **Escape To The Country: Isle Of Wight (R)**  Jonnie Irwin helps a couple and their autistic son, find a home on the Isle of Wight. Then, Jonnie gets a taste of one of the islands biggest exports at the UK's largest garlic farm. | **G**  +ETTC19-021+ |

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| 18:30 | **Bargain Hunt: Kedleston 20 NEW EPISODE**  Eric Knowles presents from the grounds of Kedleston Hall in Derbyshire with experts Danny Sebastian and Jonathan Pratt. | **PG**  +BHUN45-031+ |

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| 19:30 | **Doc Martin: Of All The Harbours In All The Towns (R)**  Martin discovers one of Joan's old flames has a life-threatening heart condition, presenting him with a difficult decision. Starring:ADAM JESSOP,JOE ABSOLOM,JOHN ALDERTON,MICHAEL ATTWELL,STEPHANIE LEONIDAS | **PG**  +DOCM-005+ |

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| 20:30 | **Foyle's War: Killing Time (R) ’CC’**  Foyle goes head to head against the might of the US army, as racial prejudices erupt when a local girl is murdered and the finger of suspicion points to a black GI at the US military base. Starring:ADAM JAMES,ANDREW HAWKINS,CHARLOTTE RILEY,GARY CARR,HONEYSUCKLE WEEKS,JOHN SHARIAN,SAM SPRUELL,NICHOLAS GLEAVES,NICHOLAS SHAW,NICK DUNNING,OBI ABILI,MICHAEL KITCHEN,MAX BROWN,NEIL MCCAUL,ZOE TELFORD | **M (A,V)**  +FOYL7-002+ |

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| 22:30 | **Robbie Coltrane's Critical Evidence: The Body In The Suitcase (R) ’CC’**  A look at the case of a human torso that was discovered in a suitcase during routine maintenance work on a Birmingham canal. | **M (V)**  +CREV01-006+ |

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| 23:30 | **Mighty Ships: Hawk (R) ’CC’**  The Hawk has to sink before she swims in order to transport one of the world's largest oil drilling rigs halfway around the world. | **PG**  +MTYS08-001+ |

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| 00:30 | **Medical Emergency (R) ’CC’**  New Zealand firefighter Barry is rushed to the Alfred after sustaining burns to his head and face while tackling Victoria's bushfire season. | **PG**  +MDEM3-020+ |

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| 01:00 | **Foyle's War: Killing Time (R) ’CC’**  Foyle goes head to head against the might of the US army, as racial prejudices erupt when a local girl is murdered and the finger of suspicion points to a black GI at the US military base. Starring:ADAM JAMES,ANDREW HAWKINS,CHARLOTTE RILEY,GARY CARR,HONEYSUCKLE WEEKS,JOHN SHARIAN,SAM SPRUELL,NICHOLAS GLEAVES,NICHOLAS SHAW,NICK DUNNING,OBI ABILI,MICHAEL KITCHEN,MAX BROWN,NEIL MCCAUL,ZOE TELFORD | **M (A,V)**  +FOYL7-002+ |

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| 03:00 | **Robbie Coltrane's Critical Evidence: The Body In The Suitcase (R) ’CC’**  A look at the case of a human torso that was discovered in a suitcase during routine maintenance work on a Birmingham canal. | **M (V)**  +CREV01-006+ |

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| 04:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-121+ |

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| 04:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-122+ |

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| 05:00 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-070+ |

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| 05:30 | **RSPCA Animal Rescue (R) ’CC’**  Two neglected security guard dogs propel one of the largest court battles in Australian RSPCA history. Hosted by Anthony Field. | **G**  +ANRS4-011+ |

**Tuesday 24 September 2019**

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| 06:00 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 06:30 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 07:00 | **News Of The Wild ’CC’**  An animal focused, factual entertainment news show bursting at the seams with animals, laughter, news and information. | **C**  +NEWI02-037+ |

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| 07:30 | **Get Clever ’CC’**  An outrageous series where adventure, fun and the wonders of science are burst wide open. | **C**  +GECL02-056+ |

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| 08:00 | **Jay's Jungle: Why Can't I Do That? (R) ’CC’**  Follows the fun adventures of Jay the Lighthouse keeper and the Jungle Crew as they sing, dance, laugh and learn. | **P**  +JAJU-062+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-121+ |

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| 09:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-122+ |

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| 09:30 | **NBC Today (R) ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-228+ |

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| 12:00 | **Ultimate Bowls Championship: Deer Park - Semi Final 1 (R)**  The Ultimate Bowls Championship is a celebration of the sport of lawn bowls. It has been designed to respect, showcase and grow the game we love. | **PG**  +ULBC01-010+ |

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| 13:00 | **The Chase (R) ’CC’**  Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G**  +CHSE08-016+ |

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| 14:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-121+ |

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| 14:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-122+ |

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| 15:00 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-070+ |

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| 15:30 | **Mighty Ships: Algoma Equinox (R) ’CC’**  Algoma Equinox is built to haul more cargo faster, using less fuel than other Lakers. Tonight, her crew scrambles to transport grain from one end of the world's largest inland waterway to the other. | **PG**  +MTYS08-002+ |

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| 16:30 | **RSPCA Animal Rescue (R) ’CC’**  The RSPCA launch an investigation to find the person responsible for deliberately hurting a family's cat as vets rush to save its life. Starring:KATE MILLS,TRAVIS COOPER | **G**  +ANRS4-012+ |

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| 17:00 | **Medical Emergency (R) ’CC’**  A teenager with suspected spinal injuries is faced with the reality that he may never walk again. | **PG**  +MDEM4-001+ |

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| 17:30 | **Escape To The Country: Llyn Peninsula (R)**  Nicki Chapman serves up some eye catching properties to a couple who want a country home with enough land to house a host of animals. | **G**  +ETTC19-022+ |

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| 18:30 | **Bargain Hunt: Warwick 32 NEW EPISODE**  Anita Manning presents Bargain Hunt from The British Motor Museum in Warwickshire, with experts Philip Serrell and Richard Madley. | **PG**  +BHUN45-032+ |

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| 19:30 | **Pie In The Sky: Breaking Bread (R)**  Fisher changes the police catering to a mass production company, and Henry investigates after some acts of sabotage against the firm. | **PG**  +PIES4-005+ |

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| 20:30 | **Mrs. Brown's Boys: Buckin' Mammy (R) ’CC’**  Agnes reluctantly agrees to help Mark and Betty by finding out what Bono wants from Santa before hosting the family's pre-Christmas games night with Christmas Day musical finale. | **M (L)**  +MBRO3-009+ |

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| 21:15 | **Mrs. Brown's Boys: Who's A Pretty Mammy? (R) ’CC’**  Agnes is determined that, despite his parents' wishes, grandson Bono will not be attending the infamous local primary. But she's also got her annual New Year's Eve party on her mind. | **M (L)**  +MBRO3-010+ |

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| 22:00 | **Mrs. Brown's Boys: Mammy's Tickled Pink (R)**  Christmas is approaching and Agnes mistakenly learns the wrong secret about Cathy, leading to a comedy of errors. Rory announces he is getting plastic surgery. | **M (L,S)**  +MBRO3-011+ |

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| 22:45 | **Mrs. Brown's Boys: Mammy's Gamble (R)**  After a spate of burglaries in Finglas, Agnes asks Buster to fit a new alarm system. Unfortunately the system does more harm than good. Agnes faces old rival Hillary in a poker final. | **M (L,S)**  +MBRO3-012+ |

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| 23:30 | **Autopsy: The Last Hours Of Joan Rivers (R) ’CC’**  Dr Jason Payne James investigates the last days of Joan Rivers, who passed away after a routine, low-risk cosmetic surgery procedure went tragically wrong. | **MA (A)**  +AUTO05-003+ |

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| 00:30 | **Mighty Ships: Algoma Equinox (R) ’CC’**  Algoma Equinox is built to haul more cargo faster, using less fuel than other Lakers. Tonight, her crew scrambles to transport grain from one end of the world's largest inland waterway to the other. | **PG**  +MTYS08-002+ |

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| 01:30 | **Medical Emergency (R) ’CC’**  A teenager with suspected spinal injuries is faced with the reality that he may never walk again. | **PG**  +MDEM4-001+ |

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| 02:00 | **Escape To The Country: Llyn Peninsula (R)**  Nicki Chapman serves up some eye catching properties to a couple who want a country home with enough land to house a host of animals. | **G**  +ETTC19-022+ |

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| 03:00 | **Bargain Hunt: Warwick 32 (R)**  Anita Manning presents Bargain Hunt from The British Motor Museum in Warwickshire, with experts Philip Serrell and Richard Madley. | **PG**  +BHUN45-032+ |

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| 04:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-123+ |

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| 04:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-124+ |

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| 05:00 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-071+ |

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| 05:30 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

**Wednesday 25 September 2019**

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| 06:00 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 06:30 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 07:00 | **News Of The Wild ’CC’**  An animal focused, factual entertainment news show bursting at the seams with animals, laughter, news and information. | **C**  +NEWI02-038+ |

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| 07:30 | **Get Clever ’CC’**  An outrageous series where adventure, fun and the wonders of science are burst wide open. | **C**  +GECL02-057+ |

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| 08:00 | **Jay's Jungle: Springtime (R) ’CC’**  Follows the fun adventures of Jay the Lighthouse keeper and the Jungle Crew as they sing, dance, laugh and learn. | **P**  +JAJU-063+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-123+ |

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| 09:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-124+ |

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| 09:30 | **NBC Today (R) ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-229+ |

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| 12:00 | **Queensland Weekender: Queensland Weekender 2019 Ep: 31 ’CC’**  From day tripping to the reef, relaxing at a cool city restaurant, or watching a fiery outback sunset, Queensland Weekender will inspire you to make the most of a weekend in our beautiful State. | **G**  +7QWE19-031+ |

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| 12:30 | **The Great Day Out: Great Day Out, The S3 Ep: 33 (R) ’CC’**  The Great Day Out is people, places and friendly faces; it is at the very heart of Queensland and special guest celebrities will invite you along on their Great Day Out. | **G**  +GDOT19-033+ |

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| 13:00 | **The Chase (R) ’CC’**  Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G**  +CHSE08-017+ |

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| 14:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-123+ |

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| 14:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-124+ |

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| 15:00 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-071+ |

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| 15:30 | **Mighty Ships: Maersk Interceptor (R) ’CC’**  The Maersk Interceptor is the largest rig of its kind. On her first job, the crew is challenged by high stakes and tough decisions required to survive the biggest storm in decades. | **PG**  +MTYS08-004+ |

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| 16:30 | **RSPCA Animal Rescue (R) ’CC’**  The discovery of seven flea-ridden, injured and neglected dogs confined in a prison of wire fences prompts Inspector Skye Adams to force entry at a property in Sydney's Western suburbs. | **G**  +ANRS4-013+ |

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| 17:00 | **Medical Emergency (R) ’CC’**  Daniel requires urgent surgery on his broken back if he is ever to walk again. Narrated by Chris Gabardi. | **PG**  +MDEM4-002+ |

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| 17:30 | **Escape To The Country: Wiltshire (R)**  Alistair Appleton travels to Wiltshire to help find a country home for a couple with 600,000 pounds to spend. | **G**  +ETTC19-023+ |

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| 18:30 | **Bargain Hunt: Children In Need (Special) NEW EPISODE**  In this very special edition of the show, the Bargain Hunt team are hoping to make some profits for Pudsey and for Children in Need. | **PG**  +BHUN46-001+ |

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| 19:30 | **Border Security - Australia's Front Line (R) ’CC’**  Go behind-the-scenes of our Immigration Customs and Quarantine departments. | **PG**  +BORD-174+ |

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| 20:00 | **Border Security - Australia's Front Line (R) ’CC’**  A woman who's just had her breasts enhanced on holidays is caught carrying vials of drugs. An unsuspecting passenger has a run-in with a relentless officer. Officers find an animal's head in the mail. | **PG**  +BORD-175+ |

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| 20:30 | **Air Crash Investigation: Special Report: Communication Breakdown NEW EPISODE**  A look at how failures in communication lead to disasters. United Express Flight 5925, Garuda Indonesia Flight 152, and the Tenerife airport disaster are the incidents that are looked into. | **PG (A)**  +MDAF01-001+ |

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| 21:30 | **Air Crash Investigation: Special Report: Bad Attitude** | **PG**  +MDAF01-002+ |

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| 22:30 | **Air Crash Investigations: Deadly Discussions (R) ’CC’**  The crash of LAPA Flight 3142 leaves an entire nation stunned, but nothing prepares Argentinians for the staggering blunder that caused it. | **PG**  +MDAY17-009+ |

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| 23:30 | **Border Security - Australia's Front Line (R) ’CC’**  Go behind-the-scenes of our Immigration Customs and Quarantine departments. | **PG**  +BORD-174+ |

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| 00:00 | **Border Security - Australia's Front Line (R) ’CC’**  A woman who's just had her breasts enhanced on holidays is caught carrying vials of drugs. An unsuspecting passenger has a run-in with a relentless officer. Officers find an animal's head in the mail. | **PG**  +BORD-175+ |

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| 00:30 | **Medical Emergency (R) ’CC’**  Daniel requires urgent surgery on his broken back if he is ever to walk again. Narrated by Chris Gabardi. | **PG**  +MDEM4-002+ |

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| 01:00 | **Air Crash Investigation: Special Report: Bad Attitude (R)** | **PG**  +MDAF01-002+ |

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| 02:00 | **Air Crash Investigations: Deadly Discussions (R) ’CC’**  The crash of LAPA Flight 3142 leaves an entire nation stunned, but nothing prepares Argentinians for the staggering blunder that caused it. | **PG**  +MDAY17-009+ |

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| 03:00 | **Mighty Ships: Maersk Interceptor (R) ’CC’**  The Maersk Interceptor is the largest rig of its kind. On her first job, the crew is challenged by high stakes and tough decisions required to survive the biggest storm in decades. | **PG**  +MTYS08-004+ |

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| 04:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-125+ |

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| 04:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-126+ |

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| 05:00 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-072+ |

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| 05:30 | **RSPCA Animal Rescue (R) ’CC’**  The discovery of seven flea-ridden, injured and neglected dogs confined in a prison of wire fences prompts Inspector Skye Adams to force entry at a property in Sydney's Western suburbs. | **G**  +ANRS4-013+ |

**Thursday 26 September 2019**

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| 06:00 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 06:30 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 07:00 | **News Of The Wild ’CC’**  An animal focused, factual entertainment news show bursting at the seams with animals, laughter, news and information. | **C**  +NEWI02-039+ |

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| 07:30 | **Get Clever ’CC’**  An outrageous series where adventure, fun and the wonders of science are burst wide open. | **C**  +GECL02-058+ |

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| 08:00 | **Jay's Jungle: Feeling Sick Is No Fun (R) ’CC’**  Follows the fun adventures of Jay the Lighthouse keeper and the Jungle Crew as they sing, dance, laugh and learn. | **P**  +JAJU-064+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-125+ |

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| 09:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-126+ |

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| 09:30 | **NBC Today (R) ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-230+ |

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| 12:00 | **Air Crash Investigation: Special Report: Communication Breakdown (R)**  A look at how failures in communication lead to disasters. United Express Flight 5925, Garuda Indonesia Flight 152, and the Tenerife airport disaster are the incidents that are looked into. | **PG (A)**  +MDAF01-001+ |

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| 13:00 | **The Chase (R) ’CC’**  Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G**  +CHSE07-092+ |

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| 14:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-125+ |

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| 14:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-126+ |

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| 15:00 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-072+ |

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| 15:30 | **Mighty Ships: Happy Star (R) ’CC’**  Happy Star is new and ready to lift and transport the world's heaviest industrial equipment around the world. Her first big job sees her carrying massive components for a crane-and-conveyor system. | **PG**  +MTYS08-005+ |

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| 16:30 | **RSPCA Animal Rescue (R) ’CC’**  The RSPCA rescue more than 200 hundred dogs from a squalid puppy farm including a Labrador who is catatonic with fear, and a blind poodle who has spent her whole life breeding puppies. | **G**  +ANRS4-014+ |

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| 17:00 | **Medical Emergency (R) ’CC’**  A motorcycling accident could mean the end of a season or even a career. Narrated by Chris Gabardi. | **PG**  +MDEM4-003+ |

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| 17:30 | **Escape To The Country: Lancashire (R)**  Denise Nurse helps a newly engaged couple from London find their dream home. While there, Denise visits a family business in Morecambe Bay that has been potting shrimps for over 200 years. | **G**  +ETTC19-024+ |

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| 18:30 | **Bargain Hunt: Detling 25 NEW EPISODE**  Charlie Ross hosts a festive edition of the antiques series at Detling in Kent. Raj Bisram and Richard Madley assist the two teams, while Charlie also visits Leeds Castle. | **PG**  +BHUN46-002+ |

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| 19:30 | **Father Brown: The Hangman's Demise (R) NEW EPISODE**  Father Brown investigates the murder of a former hangman. | **M (V,A)**  +FBRO04-003+ |

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| 20:30 | **A Touch Of Frost: A Touch Of Frost - Private Lives (R)**  Jack Frost teams up with an obnoxious, chain-smoking colleague to investigate a seemingly straightforward hit-and-run incident. Starring:JEROME WILLIS | **PG (A)**  +TOF6-702+ |

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| 22:45 | **Mighty Ships: Happy Star (R) ’CC’**  Happy Star is new and ready to lift and transport the world's heaviest industrial equipment around the world. Her first big job sees her carrying massive components for a crane-and-conveyor system. | **PG**  +MTYS08-005+ |

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| 23:45 | **Medical Emergency (R) ’CC’**  A motorcycling accident could mean the end of a season or even a career. Narrated by Chris Gabardi. | **PG**  +MDEM4-003+ |

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| 00:15 | **RSPCA Animal Rescue (R) ’CC’**  The RSPCA rescue more than 200 hundred dogs from a squalid puppy farm including a Labrador who is catatonic with fear, and a blind poodle who has spent her whole life breeding puppies. | **G**  +ANRS4-014+ |

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| 00:45 | **Father Brown: The Hangman's Demise (R)**  Father Brown investigates the murder of a former hangman. | **M (V,A)**  +FBRO04-003+ |

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| 02:00 | **Escape To The Country: Lancashire (R)**  Denise Nurse helps a newly engaged couple from London find their dream home. While there, Denise visits a family business in Morecambe Bay that has been potting shrimps for over 200 years. | **G**  +ETTC19-024+ |

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| 03:00 | **Bargain Hunt: Detling 25 (R)**  Charlie Ross hosts a festive edition of the antiques series at Detling in Kent. Raj Bisram and Richard Madley assist the two teams, while Charlie also visits Leeds Castle. | **PG**  +BHUN46-002+ |

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| 04:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-127+ |

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| 04:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-128+ |

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| 05:00 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-073+ |

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| 05:30 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

**Friday 27 September 2019**

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| 06:00 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 06:30 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 07:00 | **News Of The Wild ’CC’**  An animal focused, factual entertainment news show bursting at the seams with animals, laughter, news and information. | **C**  +NEWI02-040+ |

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| 07:30 | **Get Clever ’CC’**  An outrageous series where adventure, fun and the wonders of science are burst wide open. | **C**  +GECL02-059+ |

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| 08:00 | **Jay's Jungle: Paper Comes From (R) ’CC’**  Follows the fun adventures of Jay the Lighthouse keeper and the Jungle Crew as they sing, dance, laugh and learn. | **P**  +JAJU-065+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-127+ |

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| 09:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-128+ |

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| 09:30 | **NBC Today (R) ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-231+ |

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| 12:00 | **House Of Wellness (R) ’CC’**  Entertaining everybody to live a healthier life. Hosted by Luke Darcy, Rachael Finch, Jo Stanley and Luke Hines. | **PG**  +HOWL03-031+ |

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| 13:00 | **The Great Australian Doorstep (R)**  Peter and Sheree Everitt explore amazing holiday destinations. | **PG**  +GRAD10-005+ |

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| 13:30 | **The Great Australian Doorstep (R)**  Peter and Sheree Everitt explore amazing holiday destinations. | **PG**  +GRAD10-006+ |

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| 14:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-127+ |

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| 14:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-128+ |

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| 15:00 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-073+ |

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| 15:30 | **Mighty Ships: HDMS Peter Willemoes (R) ’CC’**  HDMS Peter Willemoes is the pride of the Royal Danish Navy. On this voyage, the ship and crew undertake the most intense battle training exercise ever seen on Mighty Ships. | **PG**  +MTYS08-006+ |

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| 16:30 | **RSPCA Animal Rescue (R) ’CC’**  Less than a week old, a young calf mysteriously appears on a property with a mum nowhere to be found. Dehydrating rapidly, the RSPCA pull out all stops to save his life and locate his mother. | **G**  +ANRS4-015+ |

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| 17:00 | **Medical Emergency (R) ’CC’**  An elderly woman suffers head injuries, and a semi-trailer crash could result in the loss of a leg. Narrated by Chris Gabardi. | **PG**  +MDEM4-004+ |

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| 17:30 | **Escape To The Country: Powys (R)**  Jules Hudson helps a couple find a new home in the county of Powys in Wales and explores the Brecon Beacons National Park to see how conservationists are attempting to revitalise the area. | **G**  +ETTC19-025+ |

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| 18:30 | **Bargain Hunt: Detling 26 NEW EPISODE**  Charlie Ross hosts a festive edition of the antiques series from Detling in Kent. John Cameron and Nick Hall assist the two teams, while Charlie also visits Leeds Castle. | **PG**  +BHUN46-003+ |

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| 19:30 | **Border Security: America's Front Line ’CC’**  CBP questions a Canadian attempting to enter the US with three of his American family members. An officer has no time for a Swiss traveller's watch declaration. | **PG**  +BORA01-023+ |

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| 20:00 | **Border Security: America's Front Line ’CC’**  A Nicaraguan traveller wants to visit his American girlfriend but CBP is concerned he may not leave. In Blaine, a traveller's plan to start an e-vape venture may go up in smoke. | **PG**  +BORA01-024+ |

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| 20:30 | **Little Boy Blue (R) ’CC’**  Based on a true story that shocked a nation, this powerful two-part factual drama centres on the devastating impact on a city of an innocent child’s murder amid a wave of gang violence. | **M (A,V,L)**  +LIBB01-701+ |

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| 22:30 | **Escape To The Continent (R)**  Escape to the Continent showcases gorgeous, competitively priced homes, stunning locations, cultural hot-spots, local amenities and leisure opportunities on foreign shores. | **G**  +ETCO02-015+ |

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| 23:45 | **Mighty Ships: HDMS Peter Willemoes (R) ’CC’**  HDMS Peter Willemoes is the pride of the Royal Danish Navy. On this voyage, the ship and crew undertake the most intense battle training exercise ever seen on Mighty Ships. | **PG**  +MTYS08-006+ |

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| 00:45 | **Border Security: America's Front Line (R) ’CC’**  In New York City, a laptop belonging to a Caribbean traveller does not compute. A young Brit arrives at Detroit Metro Airport to visit an American cyber pal. | **PG**  +BORA01-017+ |

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| 01:15 | **Border Security: America's Front Line (R) ’CC’**  In Port Huron, a strong odour leads to secondary for two Americans. An officer discovers gold at Chicago O'Hare Airport. Travellers follow the letter of the law when questioned in Blaine. | **PG**  +BORA01-018+ |

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| 01:45 | **Medical Emergency (R) ’CC’**  An elderly woman suffers head injuries, and a semi-trailer crash could result in the loss of a leg. Narrated by Chris Gabardi. | **PG**  +MDEM4-004+ |

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| 02:15 | **RSPCA Animal Rescue (R) ’CC’**  Less than a week old, a young calf mysteriously appears on a property with a mum nowhere to be found. Dehydrating rapidly, the RSPCA pull out all stops to save his life and locate his mother. | **G**  +ANRS4-015+ |

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| 02:45 | **Escape To The Continent (R)**  Escape to the Continent showcases gorgeous, competitively priced homes, stunning locations, cultural hot-spots, local amenities and leisure opportunities on foreign shores. | **G**  +ETCO02-014+ |

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| 04:00 | **Escape To The Country: Powys (R)**  Jules Hudson helps a couple find a new home in the county of Powys in Wales and explores the Brecon Beacons National Park to see how conservationists are attempting to revitalise the area. | **G**  +ETTC19-025+ |

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| 05:00 | **Bargain Hunt: Detling 26 (R)**  Charlie Ross hosts a festive edition of the antiques series from Detling in Kent. John Cameron and Nick Hall assist the two teams, while Charlie also visits Leeds Castle. | **PG**  +BHUN46-003+ |

**Saturday 28 September 2019**

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| 06:00 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 06:30 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 07:00 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 07:30 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 08:00 | **Travel Oz: Top End (R) ’CC’**  Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **G**  +TRAV4-026+ |

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| 08:45 | **Travel Oz: Uluru (R) ’CC’**  Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **G**  +TRAV4-027+ |

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| 09:30 | **NBC Today ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-232+ |

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| 11:30 | **TBA:**  TBC | ++ |

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| 12:00 | **Seven's Horse Racing: Rosehill - Golden Rose Day; Mornington ’CC’ LIVE**  Everest Carnival's opening day at Rosehill Gardens is highlighted by the $1 million Golden Rose Stakes, a Group 1 race over 1400m for three-year-olds, while Mornington hosts AFL Grand Final Race Day. | +SHRC19-022+ |

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| 17:00 | **The Great Day Out: Great Day Out, The S3 Ep: 34 ’CC’**  The Great Day Out is people, places and friendly faces; it is at the very heart of Queensland and special guest celebrities will invite you along on their Great Day Out. | **G**  +GDOT19-034+ |

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| 17:30 | **The Yorkshire Vet In Spring (R)**  Joining Julian Norton is his partner, fellow vet and former Herriot trainee, Peter Wright together with their dedicated team of staff at his practice, Skeldale Veterinary Centre. | **PG (A)**  +YORK02-003+ |

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| 18:30 | **Walking Through History: The Birth Of Industry (R)**  Tony Robinson walks through some of Britain's most historic landscapes in search of the richest stories from the country's past. | **PG**  +WALK01-002+ |

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| 19:30 | **Selling Houses Australia: Railway Cottage (R) ’CC’ NEW EPISODE**  A man tries to sell his home, located just three meters away from railway tracks in Heathcote. | **G**  +SEHO05-002+ |

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| 20:30 | **Escape To The Country: Northumberland (R) NEW EPISODE**  Jules Hudson is tasked with helping a retired lecturer find some peace, tranquillity and creative inspiration in the countryside of Northumberland. | **G**  +ETTC24-004+ |

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| 21:30 | **Escape To The Country: North Yorkshire (R)**  Jules Hudson is helping a couple to find their first home together with business potential. | **G**  +ETTC22-060+ |

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| 22:30 | **Escape To The Country: Suffolk (R)**  Each episode follows one big move, and with everything from snug, chocolate-box cottages to medieval grandeur, it's clear that everyone has their own idea about the perfect country escape. | **G**  +ETTC23-015+ |

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| 23:30 | **Walking Through History: The Birth Of Industry (R)**  Tony Robinson walks through some of Britain's most historic landscapes in search of the richest stories from the country's past. | **PG**  +WALK01-002+ |

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| 00:30 | **TBA:**  TBC | ++ |

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| 01:00 | **The Yorkshire Vet In Spring (R)**  Joining Julian Norton is his partner, fellow vet and former Herriot trainee, Peter Wright together with their dedicated team of staff at his practice, Skeldale Veterinary Centre. | **PG (A,L)**  +YORK02-004+ |

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| 02:00 | **The Great Australian Doorstep (R)**  Peter and Sheree Everitt explore amazing holiday destinations. | **PG**  +GRAD10-006+ |

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| 02:30 | **Sydney Weekender (R) ’CC’**  Mike explores Narooma. Darren goes on a kayak tour with Region X in Bateman's Bay. Fliss visits Mogo Zoo. | **G**  +7SWE26-033+ |

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| 03:00 | **Creek To Coast: Creek To Coast 2019 Ep: 31 (R) ’CC’**  Creek to Coast is all things boating, camping, 4WDing, outdoor adventuring and fishing. From bush-bashing to cooking to caravanning to watersports, Creek to Coast has it all. | **G**  +7CTC19-031+ |

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| 03:30 | **Queensland Weekender (R) ’CC’**  Luke and Cody are giving you a taste of the ultimate outback adventure, Mel sets sail in the Whitsundays while Lee is soaring over Rainbow Beach. | **G**  +7QWE19-003+ |

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| 04:00 | **The Great Day Out: Great Day Out, The S3 Ep: 34 (R) ’CC’**  The Great Day Out is people, places and friendly faces; it is at the very heart of Queensland and special guest celebrities will invite you along on their Great Day Out. | **G**  +GDOT19-034+ |

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| 04:30 | **Travel Oz: Top End (R) ’CC’**  Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **G**  +TRAV4-026+ |

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| 05:15 | **Travel Oz: Uluru (R) ’CC’**  Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **G**  +TRAV4-027+ |