**Sunday 24 February 2019**

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| 06:00 | **TBA:** TBC | ++ |

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| 06:30 | **Amazing Facts: The Battle Of Armageddon, Pt. 2** The word "Armageddon" appears only once in the Bible. It describes a great and final conflict between good and evil. What really is the "Battle of Armageddon"?  | **PG** +AMFA19-008+ |

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| 07:00 | **Tomorrow's World: The Biblical Holy Days, Pt. 2** Why do most professing Christians observe holidays that were never kept by Jesus and His Apostles, that are steeped in pagan traditions; and at the same time, forsake the observance of the Holy Days? | **PG** +TOMW19-008+ |

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| 07:30 | **Leading The Way: From Valley To Victory, Pt. 6** Throughout the ages, one critical way believers in Christ have deepened and strengthened their faith in Him has been by drinking deeply from Paul's epistle to the Romans. | **PG** +LWAY19-008+ |

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| 08:00 | **David Jeremiah: What Is The Greatest Commandment?** It is so simple and yet so profound: love the Lord God with all your heart, soul, mind and strength. What does that mean?  | **PG** +DAJE19-008+ |

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| 08:30 | **Hour Of Power** Religious program. | **G** +HOOP19-008+ |

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| 09:00 | **TBA:** TBC | ++ |

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| 09:30 | **Mum's At The Table** Mums At The Table is the place where we share, laugh and dream together. It's a TV panel show featuring real women; smart and sassy ladies with real lives, real families, real struggles and real joy.  | **PG** +MTAB01-016+ |

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| 10:00 | **The Great Outdoors (R) ’CC’** Join Ernie Dingo on one of the world's great journeys - The Road To Timbuktu. See the resort voted among best on earth. | **G** +GO15-003+ |

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| 11:00 | **NBC Today (R) ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-047+ |

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| 12:00 | **Jump Off (R) ’CC’** Bringing together household names from horse racing and show jumping. This high-stakes show jumping competition showcases five teams as they battle it out for $100,000. | **PG** +JUOF01-003+ |

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| 13:00 | **The Great Australian Doorstep (R)** Peter and Sheree Everitt explore amazing holiday destinations. | **PG** +GRAD10-001+ |

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| 13:30 | **Vasili's Garden** Vasili's Gardens takes you into the backyards of everyday Australians to share organic gardening techniques and teach you how to improve your health using your own garden produce. | **PG** +VASI03-048+ |

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| 14:00 | **TBA:** TBC | ++ |

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| 16:00 | **The Yorkshire Vet (R)** Joining Julian Norton is his partner, fellow vet and former Herriot trainee, Peter Wright together with their dedicated team of staff at his practice, Skeldale Veterinary Centre. | **PG (A)**+YORK01-002+ |

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| 17:00 | **Escape To The Country: East Sussex (R)** Nicki Chapman is house hunting with a young family who are looking for a new home and a new life in the East Sussex countryside. | **G** +ETTC22-012+ |

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| 18:00 | **Mighty Ships: Stena Britannica (R)** Climb aboard for an exclusive look at some of the coolest working vessels in the world. | **PG** +MTYS04-005+ |

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| 19:00 | **Motorway Patrol Special - Beyond Belief: Motorway Patrol Special - Beyond Belief (R) (2013)** A high-speed chase ends with all the occupants fleeing the scene, a driver causes an accident after falling into a diabetic coma and a smash at night leads to officers questioning all involved. | **PG** +MOTS-014+ |

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| 19:30 | **Highway Cops (R) ’CC’** A drunk speeding driver and his passenger cause havoc and headaches in Marton, a push-biker pushes his luck in Levin and an overheated engine in Canterbury puts on quite a show. | **PG** +HPNZ03-002+ |

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| 20:00 | **Border Security USA (R) ’CC’** A belly dancer tries to shimmy across the US border. Officers are puzzled by a man carrying a human skull. Narrated by GRANT BOWLER. | **PG** +BDUS-001+ |

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| 20:30 | **Border Security - Australia's Front Line (R) ’CC’** A passenger admits to using narcotics but officers make a find that he will struggle to explain. | **PG (D)**+BORD-113+ |

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| 21:00 | **Border Security - Australia's Front Line (R) ’CC’** A woman returning from Vietnam attempts to evade Customs officers. And at Quarantine a passenger shocks officials when they inspect her luggage. | **PG** +BORD-114+ |

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| 21:30 | **River Monsters: Lair Of The Giants Part 1: River Monsters: Lair Of The Giants Part 1 (R) (2012)** Jeremy Wade explores the hostile wildness of the Essequibo, Guyana's largest river and one of South Americas best kept secrets. | **PG (L,A)**+SPEC72-003+ |

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| 22:30 | **TBA:** TBC | ++ |

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| 23:30 | **Border Security - Australia's Front Line (R) ’CC’** A passenger admits to using narcotics but officers make a find that he will struggle to explain. | **PG (D)**+BORD-113+ |

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| 00:00 | **Border Security - Australia's Front Line (R) ’CC’** A woman returning from Vietnam attempts to evade Customs officers. And at Quarantine a passenger shocks officials when they inspect her luggage. | **PG** +BORD-114+ |

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| 00:30 | **Border Security USA (R) ’CC’** A belly dancer tries to shimmy across the US border. Officers are puzzled by a man carrying a human skull. Narrated by GRANT BOWLER. | **PG** +BDUS-001+ |

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| 01:00 | **The Great Outdoors: Goes Dancing (R) ’CC’** Dance the Tango with Tom in Buenos Aires and Jennifer takes Flamenco lessons in Seville as The Great Outdoors goes dancing. | **G** +GO17-019+ |

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| 02:00 | **The Great Outdoors (R) ’CC’** See Australia's greatest sights on foot on our best walking holidays. Plus, your chance to win 1 of 60 brand new Navman GPS units. | **G** +GO17-021+ |

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| 03:00 | **Jump Off (R) ’CC’** Bringing together household names from horse racing and show jumping. This high-stakes show jumping competition showcases five teams as they battle it out for $100,000. | **PG** +JUOF01-003+ |

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| 04:00 | **Special: The Magic Of Africa (R) (1996)** A spectacular 6000km adventure across Africa with documentary-maker Greg Grainger. Starring:GREG GRAINGER | **G** +AMS-757+ |

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| 05:00 | **Special: Tiger Shark: Legendary Thug Of The Sea (R) (1995)** Ben Cropp and his team tag and track the Tiger Shark with sonar to determined its natural movements along Australia's Great Barrier Reef. Starring:BEN CROPP | **G** +AMS-750+ |

 **Monday 25 February 2019**

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| 06:00 | **TBA:** TBC | ++ |

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| 06:30 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-084+ |

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| 07:00 | **It's Academic (R) ’CC’** Simon Reeve hosts all new episodes of the educational and entertaining show where schools compete to win cash and prizes. | **C** +IAC20-033+ |

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| 07:30 | **Match It (R) ’CC’** Jack Yabsley hosts this fast-paced show where teams use cool touch-screen technology to match words and pictures to answer quiz questions, and play for the chance to become MATCH IT champions! | **C** +MATI4-002+ |

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| 08:00 | **Toybox: Time For Trouble (R) ’CC’** Watch the toys come alive when we open the lid to a fantasy world full of fun, music, learning and adventure! | **P** +TOYB-071+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-057+ |

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| 09:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-058+ |

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| 09:30 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCS19-008+ |

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| 10:30 | **Meet The Press (R) ’CC’** Chuck Todd interviews newsmakers from around the world. | +NBCM19-008+ |

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| 11:30 | **Vasili's Garden (R)** Vasili's Gardens takes you into the backyards of everyday Australians to share organic gardening techniques and teach you how to improve your health using your own garden produce. | **PG** +VASI03-048+ |

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| 12:00 | **River Monsters: Lair Of The Giants Part 1: River Monsters: Lair Of The Giants Part 1 (R) (2012)** Jeremy Wade explores the hostile wildness of the Essequibo, Guyana's largest river and one of South Americas best kept secrets. | **PG (L,A)**+SPEC72-003+ |

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| 13:00 | **The Great Outdoors (R) ’CC’** Win a trip to Paris with dinner on top of the Eiffel Tower. Plus, Jennifer Hawkins visits New Zealand's stunning Queenstown. | **G** +GO17-015+ |

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| 14:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-057+ |

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| 14:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-058+ |

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| 15:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-084+ |

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| 15:30 | **RSPCA Animal Rescue (R) ’CC’** Officers try to track down a teenager who abandoned his dogs, and a feisty possum has officers on the run. Narrated by Anthony Field. | **G** +ANRS3-018+ |

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| 16:00 | **Medical Emergency (R) ’CC’** The Air Ambulance crew have been called to a man who has been crushed and trapped while cutting branches. | **PG (A)**+MDEM5-002+ |

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| 16:30 | **Air Crash Investigations: Unlocking Disaster (R)** Investigate how delays in fixing design faults caused the cargo door of a commercial flight to open mid-air, ripping a huge hole and taking out five rows of seats - and nine passengers with it. | **PG** +MDAY-001+ |

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| 17:30 | **Property Ladder UK: Norwich** Simon and Caitlin Eisenmann are a young couple in Norwich, who want to climb the property ladder and buy the house they are currently renting. | **PG** +PRLU01-001+ |

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| 18:30 | **Bargain Hunt: Sawbridgeworth 2 (R)** Two teams search for bargains in the antiques centres of Sawbridgeworth in Hertfordshire. Tim Wonnacott presides and keeps a watchful eye on the red and blue teams as they look for items to take to au | **G** +BHUN37-008+ |

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| 19:30 | **Doc Martin: Ever After (R)** Mrs. Tishell's crush on Martin takes a dramatic turn when, believing him to be her child, she leaves town with baby James. | **PG (A)**+DOCM05-008+ |

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| 20:30 | **Lewis: The Mind Has Mountains (R)** When a young female student is found dead during a trial for a new Ketamine based anti-depressant, Lewis and Hathaway are called in to investigate. | **M (A,V)**+LEWS5-001+ |

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| 22:30 | **Cold Feet (R) ’CC’** Adam returns to announce his impending wedding but without the blessing of his friends could he be getting Cold Feet…? | **M (A)**+CLDF06-002+ |

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| 23:30 | **Air Crash Investigations: Unlocking Disaster (R)** Investigate how delays in fixing design faults caused the cargo door of a commercial flight to open mid-air, ripping a huge hole and taking out five rows of seats - and nine passengers with it. | **PG** +MDAY-001+ |

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| 00:30 | **Medical Emergency (R) ’CC’** The Air Ambulance crew have been called to a man who has been crushed and trapped while cutting branches. | **PG (A)**+MDEM5-002+ |

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| 01:00 | **Auction Squad (R) ’CC’** Budget renovation tips galore as a tiny 100-year-old terrace gets a 21st century face-lift. | **G** +AUCS3-006+ |

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| 02:00 | **The Great Outdoors (R) ’CC’** Great Mysteries of the World - visit Australia's UFO hotspot. Tom Williams takes a Scoobycamper to Loch Ness, home of the world's favourite monster. Starring:LEW FARKAS | **G** +GO17-014+ |

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| 03:00 | **The Great Outdoors (R) ’CC’** Win a trip to Paris with dinner on top of the Eiffel Tower. Plus, Jennifer Hawkins visits New Zealand's stunning Queenstown. | **G** +GO17-015+ |

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| 04:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-057+ |

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| 04:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-058+ |

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| 05:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-084+ |

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| 05:30 | **RSPCA Animal Rescue (R) ’CC’** Officers try to track down a teenager who abandoned his dogs, and a feisty possum has officers on the run. Narrated by Anthony Field. | **G** +ANRS3-018+ |

 **Tuesday 26 February 2019**

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| 06:00 | **TBA:** TBC | ++ |

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| 06:30 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-085+ |

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| 07:00 | **It's Academic (R) ’CC’** Simon Reeve hosts all new episodes of the educational and entertaining show where schools compete to win cash and prizes. | **C** +IAC20-034+ |

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| 07:30 | **Match It (R) ’CC’** Jack Yabsley hosts this fast-paced show where teams use cool touch-screen technology to match words and pictures to answer quiz questions, and play for the chance to become MATCH IT champions! | **C** +MATI4-003+ |

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| 08:00 | **Toybox: Fly Me To The Moon (R) ’CC’** Watch the toys come alive when we open the lid to a fantasy world full of fun, music, learning and adventure! | **P** +TOYB-072+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-059+ |

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| 09:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-060+ |

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| 09:30 | **NBC Today (R) ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-048+ |

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| 12:00 | **Property Ladder UK: Norwich (R)** Simon and Caitlin Eisenmann are a young couple in Norwich, who want to climb the property ladder and buy the house they are currently renting. | **PG** +PRLU01-001+ |

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| 13:00 | **The Great Outdoors: The Great Outdoors Goes Cruising (R) ’CC’** The Great Outdoors goes cruising with Ernie in Vanuatu, Jennifer in New Zealand and Tom in India as we show you the best for all budgets. | **G** +GO17-018+ |

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| 14:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-059+ |

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| 14:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-060+ |

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| 15:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-085+ |

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| 15:30 | **RSPCA Animal Rescue (R) ’CC’** Inspectors begin an investigation into a docked bulldog and an elderly farm owner struggles to care for her animals. | **G** +ANRS3-019+ |

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| 16:00 | **Medical Emergency (R) ’CC’** Doctor's work fast to save a 17-year-old boy who has been flown in from Echuca after impaling himself on a spiked metal fence. | **PG** +MDEM5-003+ |

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| 16:30 | **Air Crash Investigations: Racing The Storm (R)** At the height of thunderstorm season in Arkansas, American Airlines 1420 ends in disaster. Discover how the accident took place. | **PG** +MDAY-002+ |

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| 17:30 | **Property Ladder UK: Tooley Street** Jill and Steve bought their two bedroom council flat in Bermondsey after living there for some years. Unable to sell the flat for three years, they plan to refurbish and let the property. | **PG** +PRLU01-002+ |

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| 18:30 | **Bargain Hunt: Newark 6 (R)** Tim Wonnacott and two teams of bargain hunters comb Newark Antiques Fair in their quest for profit. The teams are given guidance by experts Chris Gower and Anita Manning. | **G** +BHUN37-009+ |

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| 19:30 | **Jonathan Creek: Time Waits For Norman (R)** Can a man be in two places at the same time? Apparently Norman Stangerson can... How is that he is in New York in a meeting, and spilling coffee in Britain at the same time? Even more baffling is how can he arrive home, after hundreds of witnesses saw him die? Starring:ALAN DAVIES,CAROLINE QUENTIN | **M (S)**+JNTC2-002+ |

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| 20:30 | **Crime Investigation Australia: Most Infamous: The Family Murders (R) ’CC’** The torture, mutilation and murder of six young men in South Australia led to speculation about a group of depraved killers dubbed 'The Family'. Only one man has ever been convicted in the case. | **MA (V,A)**+CIAU01-008+ |

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| 22:00 | **TBA:** TBC | ++ |

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| 23:00 | **Crimes That Shook The World: Suffolk Strangler (R) ’CC’** A look at the hunt for the Suffolk Strangler, who murdered five prostitutes in the Ipswich area during 2006, leading to the largest manhunt since the Yorkshire Ripper. | **MA (D,A,V)**+CTSW02-008+ |

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| 00:00 | **Air Crash Investigations: Racing The Storm (R)** At the height of thunderstorm season in Arkansas, American Airlines 1420 ends in disaster. Discover how the accident took place. | **PG** +MDAY-002+ |

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| 01:00 | **Auction Squad (R) ’CC’** An inner city cottage goes from frumpy to funky with a wild kitchen makeover. | **G** +AUCS3-007+ |

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| 02:00 | **The Great Outdoors (R) ’CC’** Jennifer Hawkins shows where to shop, eat and stay in Hong Kong, including the latest bargain hotspots for fashion and exclusive labels. | **G** +GO17-017+ |

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| 03:00 | **The Great Outdoors: The Great Outdoors Goes Cruising (R) ’CC’** The Great Outdoors goes cruising with Ernie in Vanuatu, Jennifer in New Zealand and Tom in India as we show you the best for all budgets. | **G** +GO17-018+ |

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| 04:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-059+ |

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| 04:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-060+ |

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| 05:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-085+ |

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| 05:30 | **RSPCA Animal Rescue (R) ’CC’** Inspectors begin an investigation into a docked bulldog and an elderly farm owner struggles to care for her animals. | **G** +ANRS3-019+ |

 **Wednesday 27 February 2019**

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| 06:00 | **TBA:** TBC | ++ |

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| 06:30 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-086+ |

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| 07:00 | **It's Academic (R) ’CC’** Simon Reeve hosts all new episodes of the educational and entertaining show where schools compete to win cash and prizes. | **C** +IAC20-035+ |

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| 07:30 | **Match It (R) ’CC’** Jack Yabsley hosts this fast-paced show where teams use cool touch-screen technology to match words and pictures to answer quiz questions, and play for the chance to become MATCH IT champions! | **C** +MATI4-004+ |

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| 08:00 | **Toybox: Aliens (R) ’CC’** Watch the toys come alive when we open the lid to a fantasy world full of fun, music, learning and adventure! | **P** +TOYB-073+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-061+ |

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| 09:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-062+ |

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| 09:30 | **NBC Today (R) ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-049+ |

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| 12:00 | **Property Ladder UK: Tooley Street (R)** Jill and Steve bought their two bedroom council flat in Bermondsey after living there for some years. Unable to sell the flat for three years, they plan to refurbish and let the property. | **PG** +PRLU01-002+ |

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| 13:00 | **The Great Outdoors (R) ’CC’** See Australia's greatest sights on foot on our best walking holidays. Plus, your chance to win 1 of 60 brand new Navman GPS units. | **G** +GO17-021+ |

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| 14:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-061+ |

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| 14:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-062+ |

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| 15:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-086+ |

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| 15:30 | **RSPCA Animal Rescue (R) ’CC’** The RSPCA and police are called in to subdue some dangerous dogs and a family pet is rushed to the shelter for emergency treatment. | **G** +ANRS3-020+ |

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| 16:00 | **Medical Emergency (R) ’CC’** A 37-year-old man has had a massive heart attack and now his only hope is a heart transplant and a cyclist has come off his bike and can't move. | **PG** +MDEM5-004+ |

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| 16:30 | **Air Crash Investigations: Fire On Board (R)** The pilot of Swissair Flight 111 smells smoke in the cockpit less than an hour after take-off. It's a race against time to dump duel and land. | **PG** +MDAY-003+ |

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| 17:30 | **Property Ladder UK: Tonbridge** Terry and Sarah Rich first stepped foot onto the property ladder in the late Eighties with a semi-detached cottage in Tonbridge, Kent. | **PG** +PRLU01-003+ |

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| 18:30 | **Bargain Hunt: Norfolk 24 (R)** Two teams head out into the fields of the Norfolk showground in an attempt to unearth three treasures in sixty minutes with three hundred pounds. Meanwhile, Tim Wonnacott finds a sweet little oriental | **G** +BHUN37-010+ |

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| 19:30 | **Pie In The Sky: The Mild Bunch (R)** Ian and Henry hunt the Coverly sisters, mistresses of multiple cheque fraud. | **PG** +PIES2-008+ |

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| 20:30 | **Foyle's War: High Castle (R) ’CC’** Foyle is drawn into the world of corrupt Nazi businessmen when a University Professor is found brutally murdered in a London park. | **M (V)**+FOYL09-001+ |

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| 22:30 | **Mighty Cruise Ships: Hawk (R) ’CC’** The Hawk has to sink before she swims in order to transport one of the world's largest oil drilling rigs halfway around the world. | **PG** +MTYS08-001+ |

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| 23:30 | **Air Crash Investigations: Fire On Board (R)** The pilot of Swissair Flight 111 smells smoke in the cockpit less than an hour after take-off. It's a race against time to dump duel and land. | **PG** +MDAY-003+ |

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| 00:30 | **Medical Emergency (R) ’CC’** A 37-year-old man has had a massive heart attack and now his only hope is a heart transplant and a cyclist has come off his bike and can't move. | **PG (A)**+MDEM5-004+ |

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| 01:00 | **Auction Squad (R) ’CC’** Auction Squad steps in to makeover the inside and outside of properties to maximise potential and return top dollar to the owners. | **G** +AUCS3-008+ |

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| 03:30 | **TBA:** TBC | ++ |

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| 04:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-061+ |

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| 04:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-062+ |

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| 05:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-086+ |

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| 05:30 | **RSPCA Animal Rescue (R) ’CC’** The RSPCA and police are called in to subdue some dangerous dogs and a family pet is rushed to the shelter for emergency treatment. | **G** +ANRS3-020+ |

 **Thursday 28 February 2019**

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| 06:00 | **TBA:** TBC | ++ |

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| 06:30 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-087+ |

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| 07:00 | **It's Academic (R) ’CC’** Simon Reeve hosts all new episodes of the educational and entertaining show where schools compete to win cash and prizes. | **C** +IAC20-036+ |

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| 07:30 | **Match It (R) ’CC’** Jack Yabsley hosts this fast-paced show where teams use cool touch-screen technology to match words and pictures to answer quiz questions, and play for the chance to become MATCH IT champions! | **C** +MATI4-005+ |

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| 08:00 | **Toybox: Flower Power (R) ’CC’** Watch the toys come alive when we open the lid to a fantasy world full of fun, music, learning and adventure! | **P** +TOYB-074+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-063+ |

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| 09:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-064+ |

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| 09:30 | **NBC Today (R) ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-050+ |

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| 12:00 | **Property Ladder UK: Tonbridge (R)** Terry and Sarah Rich first stepped foot onto the property ladder in the late Eighties with a semi-detached cottage in Tonbridge, Kent. | **PG** +PRLU01-003+ |

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| 13:00 | **The Great Outdoors (R) ’CC’** Join Tom Williams and Shelley Craft for all the action from the Winter Olympics City of Torino. Victoria's Secret - the luxury Lodge you will never want to leave. | **G** +GO15-002+ |

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| 14:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-063+ |

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| 14:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-064+ |

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| 15:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-087+ |

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| 15:30 | **RSPCA Animal Rescue (R) ’CC’** Tonight, an urgent rescue operation is launched to save a dog on a deserted island and the race is on to keep a lost cat alive. | **G** +ANRS4-001+ |

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| 16:00 | **Medical Emergency (R) ’CC’** Heart transplant patient Simon is about to get a second chance at life. A man has a creepy crawly in his ear and his nurse has a spider phobia. | **PG** +MDEM5-005+ |

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| 16:30 | **Air Crash Investigations: Flying On Empty (R)** An Air Transat Airbus runs out of fuel over the Atlantic and has to glide to a power-free landing. Explore the causes that contributed to this near catastrophe. | **PG** +MDAY-004+ |

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| 17:30 | **Property Ladder UK: Plaistow** As an actor Stuart needs to generate a second income to support himself between jobs. Having made a small amount of money on his last home, he has decided to try his hand at property developing. | **PG** +PRLU01-004+ |

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| 18:30 | **Bargain Hunt: Westpoint 11 (R)** Tim Wonnacott and the teams head to Devon to find antiques and collectables to be sold at auction.  | **G** +BHUN37-011+ |

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| 19:30 | **Father Brown: The Face Of Death (R)** After a murder at the Kembleford charity treasure hunt, general suspicion falls upon a bereaved man who wants revenge. However, Father Brown is determined to prove the man's innocence. | **M (V)**+FBRO01-008+ |

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| 20:30 | **Murdoch Mysteries: A Study In Sherlock** When Murdoch pursues a murderous gang of armed robbers, his prime suspect is a man claiming to be Sherlock Holmes. | **M (V)**+MMYS06-004+ |

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| 21:30 | **Murdoch Mysteries: Murdoch Au Naturel (R)** Murdoch enlists some revealing detective work while investigating a murder at a nudist community. | **M (N,V)**+MMYS06-005+ |

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| 22:30 | **Murdoch Mysteries (R)** Black professional boxer Amos Robinson is supposed to throw a fight to a local Toronto favorite but knocks him out instead and is murdered before the night is out. | **M** +MMYS01-003+ |

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| 23:30 | **Air Crash Investigations: Flying On Empty (R)** An Air Transat Airbus runs out of fuel over the Atlantic and has to glide to a power-free landing. Explore the causes that contributed to this near catastrophe. | **PG** +MDAY-004+ |

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| 00:30 | **Medical Emergency (R) ’CC’** Heart transplant patient Simon is about to get a second chance at life. A man has a creepy crawly in his ear and his nurse has a spider phobia. | **PG** +MDEM5-005+ |

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| 01:00 | **Auction Squad (R) ’CC’** We all dream of a place on the coast, now the team tackle an ordinary house in a sleepy village. | **G** +AUCS3-009+ |

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| 02:00 | **The Great Outdoors (R) ’CC’** Visit the home of the summer movie block buster Narnia. The stranger than fiction sanctuary where you can cuddle Tigers and not get eaten. | **G** +GO15-001+ |

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| 03:00 | **The Great Outdoors (R) ’CC’** Join Tom Williams and Shelley Craft for all the action from the Winter Olympics City of Torino. Victoria's Secret - the luxury Lodge you will never want to leave. | **G** +GO15-002+ |

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| 04:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-063+ |

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| 04:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-064+ |

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| 05:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-087+ |

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| 05:30 | **RSPCA Animal Rescue (R) ’CC’** Tonight, an urgent rescue operation is launched to save a dog on a deserted island and the race is on to keep a lost cat alive. | **G** +ANRS4-001+ |

 **Friday 01 March 2019**

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| 06:00 | **TBA:** TBC | ++ |

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| 06:30 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-088+ |

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| 07:00 | **It's Academic (R) ’CC’** Simon Reeve hosts all new episodes of the educational and entertaining show where schools compete to win cash and prizes. | **C** +IAC20-037+ |

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| 07:30 | **Match It (R) ’CC’** Jack Yabsley hosts this fast-paced show where teams use cool touch-screen technology to match words and pictures to answer quiz questions, and play for the chance to become MATCH IT champions! | **C** +MATI4-006+ |

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| 08:00 | **Toybox: Planet Give & Take (R) ’CC’** Watch the toys come alive when we open the lid to a fantasy world full of fun, music, learning and adventure! | **P** +TOYB-075+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-065+ |

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| 09:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-066+ |

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| 09:30 | **NBC Today (R) ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-051+ |

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| 12:00 | **House Of Wellness (R) ’CC’** Hosted by Ed Phillips and Zoe Marshall, with feature guests and locations that highlight living well is important but can also be fun. | **PG** +HOWL03-001+ |

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| 13:00 | **The Great Outdoors (R) ’CC’** Unforgettable India and the blue city of Jodhpur - THE spot to find affordable treasures. Take a tour of Tasmania's bloomin' best gardens. | **G** +GO15-004+ |

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| 14:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-065+ |

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| 14:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-066+ |

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| 15:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-088+ |

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| 15:30 | **RSPCA Animal Rescue (R) ’CC’** An extraordinary transformation for a neglected poodle, a pony is trapped down a hole and a fruit bat is entangled in a palm tree. | **G** +ANRS4-002+ |

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| 16:00 | **Medical Emergency (R) ’CC’** A power station worker plummets thirty meters and suffers serious injuries. Then, a little girl uncovers a hidden danger in the river. | **PG** +MDEM5-006+ |

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| 16:30 | **Air Crash Investigations: Cutting Corners (R)** An Air Alaska flight loses its stabiliser and nose dives into the ocean with no survivors. Join investigators as they discover how maintenance errors can lead to fatal crashes. | **PG** +MDAY-005+ |

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| 17:30 | **Property Ladder UK: Chiswick** Melanie Bradley works in the media but decided a year ago to try property development. She has only developed one property before she took on this flat in Chiswick, West London. | **PG** +PRLU01-005+ |

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| 18:30 | **Bargain Hunt: Norfolk 25 (R)** Teams head to Norfolk, hunting for interesting items to sell at auction with experts Caroline Hawley and Thomas Plant providing invaluable help and advice.  | **G** +BHUN37-012+ |

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| 19:30 | **Border Security: International (R) ’CC’** A young woman's Jamaican holiday ends in a cell. A father and son have loads of ammo, but no gun. The Vessel Search Unit finds a suspect sailor on a US tug. | **PG** +BORC2-015+ |

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| 20:00 | **Border Security: International (R) ’CC’** Every day, millions of thousands of people arrive at airport border crossings. From citizens with undeclared food to international drug smugglers, border services officers see them all. | **PG** +BORC2-016+ |

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| 20:30 | **Selling Houses Australia: Frankston (R) ’CC’** Dealing with the dead is all in a day's work for Sean Dylan, so when this gravedigger spotted a weatherboard house opposite Frankston cemetery he loved the location. | **G** +SEHO06-001+ |

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| 21:30 | **Selling Houses Australia: Wollongong (R) ’CC’** Rhonda's quiet world was shattered when a multi-story unit block was constructed next door. The overbearing unit block is turning buyers off, but how can you make a multi-story giant disappear? | **G** +SEHO06-002+ |

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| 22:30 | **Property Ladder UK: Burgh Heath NEW EPISODE**Follow amateur developers as they renovate their properties in the hope of making a profit. Presenter Sarah Beeny draws on her decade of experience to offer advice. | **PG** +PRLU05-001+ |

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| 23:30 | **Air Crash Investigations: Cutting Corners (R)** An Air Alaska flight loses its stabiliser and nose dives into the ocean with no survivors. Join investigators as they discover how maintenance errors can lead to fatal crashes. | **PG** +MDAY-005+ |

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| 00:30 | **Medical Emergency (R) ’CC’** A power station worker plummets thirty meters and suffers serious injuries. Then, a little girl uncovers a hidden danger in the river. | **PG** +MDEM5-006+ |

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| 01:00 | **Auction Squad (R) ’CC’** The Auction Squad dish up some great tips on making your front-yard score top points for street appeal. | **G** +AUCS3-010+ |

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| 02:00 | **The Great Outdoors (R) ’CC’** Join Ernie Dingo on one of the world's great journeys - The Road To Timbuktu. See the resort voted among best on earth. | **G** +GO15-003+ |

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| 03:00 | **The Great Outdoors (R) ’CC’** Unforgettable India and the blue city of Jodhpur - THE spot to find affordable treasures. Take a tour of Tasmania's bloomin' best gardens. | **G** +GO15-004+ |

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| 04:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-065+ |

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| 04:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-066+ |

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| 05:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-088+ |

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| 05:30 | **RSPCA Animal Rescue (R) ’CC’** An extraordinary transformation for a neglected poodle, a pony is trapped down a hole and a fruit bat is entangled in a palm tree. | **G** +ANRS4-002+ |

 **Saturday 02 March 2019**

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| 06:00 | **TBA:** TBC | ++ |

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| 07:30 | **TBA:** TBC | ++ |

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| 08:00 | **Travel Oz: Crave (R) ’CC’** This week, Greg heads to Sydney to celebrate a month-long festival known as CRAVE which includes Fiestas on Darling Harbour, island hopping, a comedy island and breakfast on the Sydney Harbour Bridge. | **PG** +TRAV3-009+ |

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| 08:45 | **Travel Oz: Sporting (R) ’CC’** Join Greg Grainger to take a look at Australian sport, from blow-carting across the beaches of tropical North Queensland to rafting the white waters of an inland river. | **PG** +TRAV3-010+ |

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| 09:30 | **NBC Today (R) ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-052+ |

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| 11:30 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-089+ |

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| 12:00 | **TBA:** TBC | ++ |

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| 13:30 | **Sydney Weekender (R) ’CC’** Mike explores Orange. Dean heads to Balmoral Beach to try foil serving. Mel visits Alice Springs to check out some gorgeous locations. Starring:DEAN CROPP,ERICA DAVIS,SALLY STANTON,MEL SYMONS,MIKE WHITNEY | **G** +7SWE26-002+ |

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| 14:00 | **The Great Australian Doorstep** Peter and Sheree Everitt explore amazing holiday destinations. | **PG** +GRAD10-002+ |

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| 14:30 | **Vasili's Garden (R)** Vasili's Gardens takes you into the backyards of everyday Australians to share organic gardening techniques and teach you how to improve your health using your own garden produce. | **PG** +VASI03-048+ |

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| 15:00 | **Queensland Weekender ’CC’** From day tripping to the reef, relaxing at a cool city restaurant, or watching a fiery outback sunset, Queensland Weekender will inspire you to make the most of a weekend in our beautiful State. | **G** +7QWE19-003+ |

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| 15:30 | **The Great Day Out ’CC’** The Great Day Out is people, places and friendly faces; it is at the very heart of Queensland and special guest celebrities will invite you along on their Great Day Out. | **G** +GDOT19-004+ |

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| 16:00 | **SA Weekender** Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. | +SAWE19-003+ |

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| 16:30 | **Nigel Marven's Cruise Ship Adventures (R)** Join Nigel Marven as he reveals for the first time another dimension to cruise ship voyages, introducing passengers and crew to extraordinary creatures in well-known tourist destinations. | **G** +SHIP01-003+ |

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| 17:30 | **Air Crash Investigations: High Rise Catastrophe (R) ’CC’** When El Al Flight 1862 slices into a 10-storey building in suburban Amsterdam, the investigation reveals a potentially lethal problem threatening every 747 in the sky. | **PG** +MDAY15-003+ |

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| 18:30 | **Air Crash Investigations: Fatal Delivery (R) ’CC’** High above the Persian Gulf, the two-man crew of a UPS cargo jet is faced with a life-threatening emergency as their cockpit fills with smoke. | **PG** +MDAY15-004+ |

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| 19:30 | **The Yorkshire Vet NEW EPISODE**Joining Julian Norton is his partner, fellow vet and former Herriot trainee, Peter Wright together with their dedicated team of staff at his practice, Skeldale Veterinary Centre. | **PG (A)**+YORK01-003+ |

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| 20:30 | **Escape To The Country: Suffolk NEW EPISODE**Sonali Shah is property shopping with a couple from Essex who have a 400,000 pound budget to find some rural respite in the Suffolk countryside. | **G** +ETTC23-049+ |

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| 21:30 | **Escape To The Country: Devon (R)** Jonnie Irwin takes on the challenging task of finding a home in rural Devon for three generations of one family. | **G** +ETTC22-013+ |

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| 22:30 | **Escape To The Country: Cornwall (R)** Jules Hudson is helping a recently retired couple relocate to the Cornwall countryside in order to be closer to their daughter and family. | **G** +ETTC22-014+ |

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| 23:30 | **Air Crash Investigations: High Rise Catastrophe (R) ’CC’** When El Al Flight 1862 slices into a 10-storey building in suburban Amsterdam, the investigation reveals a potentially lethal problem threatening every 747 in the sky. | **PG** +MDAY15-003+ |

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| 00:30 | **Air Crash Investigations: Fatal Delivery (R) ’CC’** High above the Persian Gulf, the two-man crew of a UPS cargo jet is faced with a life-threatening emergency as their cockpit fills with smoke. | **PG** +MDAY15-004+ |

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| 01:30 | **The Great Australian Doorstep (R)** Peter and Sheree Everitt explore amazing holiday destinations. | **PG** +GRAD10-002+ |

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| 02:00 | **Queensland Weekender (R) ’CC’** From day tripping to the reef, relaxing at a cool city restaurant, or watching a fiery outback sunset, Queensland Weekender will inspire you to make the most of a weekend in our beautiful State. | **G** +7QWE19-003+ |

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| 02:30 | **The Great Day Out (R) ’CC’** The Great Day Out is people, places and friendly faces; it is at the very heart of Queensland and special guest celebrities will invite you along on their Great Day Out. | **G** +GDOT19-004+ |

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| 03:00 | **SA Weekender (R) ’CC’** Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. Presenters include Belinda Sloane, Callum Hann, Michael Keelan and Kelly Golding. | **G** +SAWE18-003+ |

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| 03:30 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-089+ |

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| 04:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-091+ |

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| 04:30 | **Travel Oz: Crave (R) ’CC’** This week, Greg heads to Sydney to celebrate a month-long festival known as CRAVE which includes Fiestas on Darling Harbour, island hopping, a comedy island and breakfast on the Sydney Harbour Bridge. | **PG** +TRAV3-009+ |

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| 05:15 | **Travel Oz: Sporting (R) ’CC’** Join Greg Grainger to take a look at Australian sport, from blow-carting across the beaches of tropical North Queensland to rafting the white waters of an inland river. | **PG** +TRAV3-010+ |