**Sunday 13 October 2019**

|  |  |  |
| --- | --- | --- |
| 06:00 | **It Is Written: Who Was Desmond Doss** Religious program. | **PG** +IIWR19-024+ |

|  |  |  |
| --- | --- | --- |
| 06:30 | **Amazing Facts: Deadly Visions** Religious program. | **PG (A)**+AMFA19-041+ |

|  |  |  |
| --- | --- | --- |
| 07:00 | **Tomorrow's World: The Devil's Deadly Deceptions** Religious program. | **PG (A)**+TOMW19-041+ |

|  |  |  |
| --- | --- | --- |
| 07:30 | **Leading The Way: Counting The Wrong Stars Pt 6** Religious program. | **PG** +LWAY19-041+ |

|  |  |  |
| --- | --- | --- |
| 08:00 | **David Jeremiah: Personal Discipline** Religious program. | **PG** +DAJE19-041+ |

|  |  |  |
| --- | --- | --- |
| 08:30 | **Hour Of Power: Balem's Best Friend** Religious program. | **G** +HOOP19-041+ |

|  |  |  |
| --- | --- | --- |
| 09:00 | **Home Shopping** Shopping program. | **G** +INFO01-001+ |

|  |  |  |
| --- | --- | --- |
| 09:30 | **Mum's At The Table** Mums At The Table is the place where we share, laugh and dream together. It's a TV panel show featuring real women; smart and sassy ladies with real lives, real families, real struggles and real joy. | **PG** +MTAB01-049+ |

|  |  |  |
| --- | --- | --- |
| 10:00 | **House Of Wellness (R) ’CC’** Entertaining everybody to live a healthier life. Hosted by Luke Darcy, Rachael Finch, Jo Stanley and Luke Hines. | **PG** +HOWL03-033+ |

|  |  |  |
| --- | --- | --- |
| 11:00 | **NBC Today (R) ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-245+ |

|  |  |  |
| --- | --- | --- |
| 12:00 | **Outback Pilots (R)** The Northern Territory Police Airwing try to stay under cover and on target. | **PG** +OBPI01-008+ |

|  |  |  |
| --- | --- | --- |
| 13:00 | **Mighty Ships: USS Kentucky (R)** Climb aboard for an exclusive look at some of the coolest working vessels in the world. | **G** +MTYS03-002+ |

|  |  |  |
| --- | --- | --- |
| 14:00 | **Special: Winx IV (R) ’CC’ (2019)** On an overcast Melbourne afternoon, a heaving capacity crowd at Moonee Valley witnessed Australia's superstar mare claim one of the greatest Cox Plate victories of all time. | **PG (L)**+NFFI81-001+ |

|  |  |  |
| --- | --- | --- |
| 15:00 | **Vasili's Garden** Vasili's Gardens takes you into the backyards of everyday Australians to share organic gardening techniques and teach you how to improve your health using your own garden produce. | **PG** +VASI04-018+ |

|  |  |  |
| --- | --- | --- |
| 16:00 | **Jump Off - Life After Racing** High stakes showjumping competition showcasing over 150 Off The Track Thoroughbreds and some of the biggest horse racing and equestrian names in Australia. | **PG** +JUOF02-003+ |

|  |  |  |
| --- | --- | --- |
| 16:30 | **Escape To The Country: Worcestershire (R)** Nicki Chapman is helping a budding writer and her husband, escape urban life for a quieter one in the Worcestershire countryside. | **G** +ETTC22-063+ |

|  |  |  |
| --- | --- | --- |
| 17:30 | **Escape To The Country: Lincolnshire (R)** Each episode follows one big move, and with everything from snug, chocolate-box cottages to medieval grandeur, it's clear that everyone has their own idea about the perfect country escape.  | **G** +ETTC23-017+ |

|  |  |  |
| --- | --- | --- |
| 18:30 | **Border Security USA (R) ’CC’** A belly dancer tries to shimmy across the US border. Officers are puzzled by a man carrying a human skull. Narrated by GRANT BOWLER. | **PG** +BDUS-001+ |

|  |  |  |
| --- | --- | --- |
| 19:00 | **Border Security USA (R) ’CC’** Officers are on a man hunt in the middle of the desert and a bizarre breach shuts down an airport. | **PG** +BDUS-002+ |

|  |  |  |
| --- | --- | --- |
| 19:30 | **Border Security - Australia's Front Line (R) ’CC’** Officers are concerned by a passenger's bizarre behaviour when traces of a drug known as 'Charlie Sheen' are found. A gruesome find in the mail room may be linked to witchcraft. | **PG** +BORD-195+ |

|  |  |  |
| --- | --- | --- |
| 20:00 | **Border Security - Australia's Front Line (R) ’CC’** A young woman tries to pass as an ordinary tourist enjoying a tropical cruise but officers believe she's a cleverly disguised drug mule. Later, a rancid smell leads security to a gruesome discovery. | **PG** +BORD-197+ |

|  |  |  |
| --- | --- | --- |
| 20:30 | **David Jason: Planes, Trains And Automobiles PREMIERE**David Jason is off on the adventure of lifetime, journeying from Seattle to Los Angeles, using the best, fastest and most expensive modes of transport that America’s West Coast has to offer. | **PG** +PLTA01-001+ |

|  |  |  |
| --- | --- | --- |
| 21:30 | **Mrs. Brown's Boys: Mammy's Going (R)** Under the wrong impression that her children are planning on putting her in a nursing home, a furious Agnes sets out to persuade her children she's not going senile. | **M (L)**+MBRO2-005+ |

|  |  |  |
| --- | --- | --- |
| 22:15 | **Mrs. Brown's Boys: New Mammy (R)** With Maria about to give birth, Anges invites Hilliary out for dinner. However, the night comes to an abrupt end when Maria goes into labour - can the family get Maria to the hospital in time? | **M (L,S)**+MBRO2-006+ |

|  |  |  |
| --- | --- | --- |
| 23:00 | **Border Security - Australia's Front Line (R) ’CC’** Officers are concerned by a passenger's bizarre behaviour when traces of a drug known as 'Charlie Sheen' are found. A gruesome find in the mail room may be linked to witchcraft. | **PG** +BORD-195+ |

|  |  |  |
| --- | --- | --- |
| 23:30 | **Border Security - Australia's Front Line (R) ’CC’** A young woman tries to pass as an ordinary tourist enjoying a tropical cruise but officers believe she's a cleverly disguised drug mule. Later, a rancid smell leads security to a gruesome discovery. | **PG** +BORD-197+ |

|  |  |  |
| --- | --- | --- |
| 00:00 | **Border Security USA (R) ’CC’** A belly dancer tries to shimmy across the US border. Officers are puzzled by a man carrying a human skull. Narrated by GRANT BOWLER. | **PG** +BDUS-001+ |

|  |  |  |
| --- | --- | --- |
| 00:30 | **Border Security USA (R) ’CC’** Officers are on a man hunt in the middle of the desert and a bizarre breach shuts down an airport. | **PG** +BDUS-002+ |

|  |  |  |
| --- | --- | --- |
| 01:00 | **Mighty Ships: USS Kentucky (R)** Climb aboard for an exclusive look at some of the coolest working vessels in the world. | **G** +MTYS03-002+ |

|  |  |  |
| --- | --- | --- |
| 02:00 | **David Jason: Planes, Trains And Automobiles (R)** David Jason is off on the adventure of lifetime, journeying from Seattle to Los Angeles, using the best, fastest and most expensive modes of transport that America’s West Coast has to offer. | **PG** +PLTA01-001+ |

|  |  |  |
| --- | --- | --- |
| 03:00 | **Vasili's Garden (R)** Vasili's Gardens takes you into the backyards of everyday Australians to share organic gardening techniques and teach you how to improve your health using your own garden produce. | **PG** +VASI04-018+ |

|  |  |  |
| --- | --- | --- |
| 04:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-149+ |

|  |  |  |
| --- | --- | --- |
| 04:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-150+ |

|  |  |  |
| --- | --- | --- |
| 05:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-084+ |

|  |  |  |
| --- | --- | --- |
| 05:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

 **Monday 14 October 2019**

|  |  |  |
| --- | --- | --- |
| 06:00 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

|  |  |  |
| --- | --- | --- |
| 06:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

|  |  |  |
| --- | --- | --- |
| 07:00 | **News Of The Wild ’CC’** An animal focused, factual entertainment news show bursting at the seams with animals, laughter, news and information. | **C** +NEWI02-051+ |

|  |  |  |
| --- | --- | --- |
| 07:30 | **Kitty Is Not A Cat: Calling All Cats / Family Trees (R) ’CC’** A little girl who believes she can be anything, even a cat! | **C** +KINC01-007+ |

|  |  |  |
| --- | --- | --- |
| 08:00 | **Jay's Jungle: Why Don't Animals Live In Houses? (R) ’CC’** Follow the fun adventures of Jay the Lighthouse keeper and the Jungle Crew as they sing, dance, laugh and learn. | **P** +JAJU02-011+ |

|  |  |  |
| --- | --- | --- |
| 08:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-149+ |

|  |  |  |
| --- | --- | --- |
| 09:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-150+ |

|  |  |  |
| --- | --- | --- |
| 09:30 | **NBC Today (R) ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCS19-041+ |

|  |  |  |
| --- | --- | --- |
| 10:30 | **House Calls To The Rescue (R) ’CC’** Johanna Griggs unleashes her new team of experts to rescue home owners from their DIY disasters. | **G** +HSCL-002+ |

|  |  |  |
| --- | --- | --- |
| 11:30 | **The Great Australian Doorstep (R)** The Red Centre is beckoning- luring the couple to Uluru, The Kuta Tjata, then continuing due north on the Stuart Highway to Alice Springs, Tennant Creek and Devils Marbles. | **G** +GRAD07-008+ |

|  |  |  |
| --- | --- | --- |
| 12:00 | **Vasili's Garden (R)** Vasili's Gardens takes you into the backyards of everyday Australians to share organic gardening techniques and teach you how to improve your health using your own garden produce. | **PG** +VASI04-018+ |

|  |  |  |
| --- | --- | --- |
| 13:00 | **The Chase (R) ’CC’** Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G** +CHSE08-024+ |

|  |  |  |
| --- | --- | --- |
| 14:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-149+ |

|  |  |  |
| --- | --- | --- |
| 14:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-150+ |

|  |  |  |
| --- | --- | --- |
| 15:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-084+ |

|  |  |  |
| --- | --- | --- |
| 15:30 | **Air Crash Investigations: Cutting Corners (R)** An Air Alaska flight loses its stabiliser and nose dives into the ocean with no survivors. Join investigators as they discover how maintenance errors can lead to fatal crashes. | **PG** +MDAY-005+ |

|  |  |  |
| --- | --- | --- |
| 16:30 | **RSPCA Animal Rescue (R) ’CC’** Sydney Inspectors launch a massive rescue effort to capture a number of animals trapped in the concrete labyrinth of Sydney's storm drain network, which stretches from the city's west to the ocean. | **G** +ANRS4-026+ |

|  |  |  |
| --- | --- | --- |
| 17:00 | **Medical Emergency (R) ’CC’** A stoush in the playground has put a ten-year-old boy in hospital. Then, a young woman has driven into the back of a truck. | **PG** +MDEM4-016+ |

|  |  |  |
| --- | --- | --- |
| 17:30 | **Escape To The Country: Warwickshire (R)** Nicki Chapman helps a husband and his wife who has a life changing illness find a country home. Plus, Nicki becomes the first lady to become a guest ale taster at the Alcester Court Leet. | **G** +ETTC19-036+ |

|  |  |  |
| --- | --- | --- |
| 18:30 | **Bargain Hunt: Wetherby 22 NEW EPISODE**Charlie Ross presents from Wetherby. The reds and blues race around the antiques fair at the town's racecourse with the help of experts Paul Laidlaw and Philip Serrell. | **PG** +BHUN46-014+ |

|  |  |  |
| --- | --- | --- |
| 19:30 | **Doc Martin: In Loco (R)** Peter needs a place to stay when his mother goes to hospital. The doctor isn't too keen but Louise is busy with her candidature.  | **PG** +DOCM2-002+ |

|  |  |  |
| --- | --- | --- |
| 20:30 | **Foyle's War: The Cage (R)** In the post-war era, Foyle must gather intelligence in order to bolster Britain's defences and protect the foreign and economic interests of the nation. | **M (V)**+FOYL08-002+ |

|  |  |  |
| --- | --- | --- |
| 22:30 | **Mrs. Brown's Boys: Mammy's Break (R)** Agnes is desperate for a holiday but cannot find anyone to look after Grandad, so she tried to convince a health inspector that Grandad is going crazy. Sparks fly when Rory and Dino move into the Brown house. | **M (L)**+MBRO3-003+ |

|  |  |  |
| --- | --- | --- |
| 23:15 | **Air Crash Investigations: Cutting Corners (R)** An Air Alaska flight loses its stabiliser and nose dives into the ocean with no survivors. Join investigators as they discover how maintenance errors can lead to fatal crashes. | **PG** +MDAY-005+ |

|  |  |  |
| --- | --- | --- |
| 00:15 | **Medical Emergency (R) ’CC’** A stoush in the playground has put a ten-year-old boy in hospital. Then, a young woman has driven into the back of a truck. | **PG** +MDEM4-016+ |

|  |  |  |
| --- | --- | --- |
| 01:00 | **Foyle's War: The Cage (R)** In the post-war era, Foyle must gather intelligence in order to bolster Britain's defences and protect the foreign and economic interests of the nation. | **M (V)**+FOYL08-002+ |

|  |  |  |
| --- | --- | --- |
| 03:00 | **Bargain Hunt: Wetherby 22 (R)** Charlie Ross presents from Wetherby. The reds and blues race around the antiques fair at the town's racecourse with the help of experts Paul Laidlaw and Philip Serrell. | **PG** +BHUN46-014+ |

|  |  |  |
| --- | --- | --- |
| 04:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-151+ |

|  |  |  |
| --- | --- | --- |
| 04:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-152+ |

|  |  |  |
| --- | --- | --- |
| 05:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-085+ |

|  |  |  |
| --- | --- | --- |
| 05:30 | **RSPCA Animal Rescue (R) ’CC’** Sydney Inspectors launch a massive rescue effort to capture a number of animals trapped in the concrete labyrinth of Sydney's storm drain network, which stretches from the city's west to the ocean. | **G** +ANRS4-026+ |

 **Tuesday 15 October 2019**

|  |  |  |
| --- | --- | --- |
| 06:00 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

|  |  |  |
| --- | --- | --- |
| 06:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

|  |  |  |
| --- | --- | --- |
| 07:00 | **News Of The Wild ’CC’** An animal focused, factual entertainment news show bursting at the seams with animals, laughter, news and information. | **C** +NEWI02-052+ |

|  |  |  |
| --- | --- | --- |
| 07:30 | **Kitty Is Not A Cat: The Playhouse / Kitty Gets Jealous (R) ’CC’** A little girl who believes she can be anything, even a cat! | **C** +KINC01-008+ |

|  |  |  |
| --- | --- | --- |
| 08:00 | **Jay's Jungle: I Have Five Senses (R) ’CC’** Follow the fun adventures of Jay the Lighthouse keeper and the Jungle Crew as they sing, dance, laugh and learn. | **P** +JAJU02-012+ |

|  |  |  |
| --- | --- | --- |
| 08:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-151+ |

|  |  |  |
| --- | --- | --- |
| 09:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-152+ |

|  |  |  |
| --- | --- | --- |
| 09:30 | **NBC Today (R) ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-246+ |

|  |  |  |
| --- | --- | --- |
| 12:00 | **Helloworld (R) ’CC’** Join the all-star cast as they uncover the greatest travel experiences in the world today. | **PG** +HELW01-001+ |

|  |  |  |
| --- | --- | --- |
| 12:30 | **Creek To Coast: 2019 Ep: 32 (R) ’CC’** Andrew is smoking chicken. Duane is out being a mud slinger, while Scott is fishing off the Sunny Coast where it is a Snapper-A-Thon. | **G** +7CTC19-032+ |

|  |  |  |
| --- | --- | --- |
| 13:00 | **The Chase (R) ’CC’** Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G** +CHSE08-025+ |

|  |  |  |
| --- | --- | --- |
| 14:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-151+ |

|  |  |  |
| --- | --- | --- |
| 14:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-152+ |

|  |  |  |
| --- | --- | --- |
| 15:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-085+ |

|  |  |  |
| --- | --- | --- |
| 15:30 | **Air Crash Investigations: Flying Blind (R)** As Aeroperu Flight 603 took off, it's airspeed and altitude indicators jammed, leaving the flight crew heading for disaster. Join investigators as they examine what caused this computer malfunction. | **PG** +MDAY-006+ |

|  |  |  |
| --- | --- | --- |
| 16:30 | **Room For Improvement (R) ’CC’** The RFI team knock down a wall to create a huge lounge and home office space. | **G** +RFI2-017+ |

|  |  |  |
| --- | --- | --- |
| 17:00 | **Medical Emergency (R) ’CC’** A motorcyclist has fallen under the back of a truck and an old woman has been involved in a terrible car accident. | **PG** +MDEM4-017+ |

|  |  |  |
| --- | --- | --- |
| 17:30 | **Escape To The Country: North Cumbria (R)** Jonnie Irwin has plenty of great properties to show a couple of rambling enthusiasts set up home together for the very first time. But will the mystery house be the one for them? | **G** +ETTC19-037+ |

|  |  |  |
| --- | --- | --- |
| 18:30 | **Bargain Hunt: Cornwall 4 NEW EPISODE**Eric Knowles presents from the Cornwall Royal Showground as two teams of couples compete to make the most profit at auction, with Ben Cooper and Caroline Hawley. | **PG** +BHUN46-015+ |

|  |  |  |
| --- | --- | --- |
| 19:30 | **The Mentalist: Pilot** Details TBC.  | **M** +TMEN01-001+ |

|  |  |  |
| --- | --- | --- |
| 20:30 | **Without A Trace: Pilot** Details TBC.  | **M** +WIAT01-001+ |

|  |  |  |
| --- | --- | --- |
| 21:30 | **Cold Case: Look Again - Pilot (R)** Details TBC.  | **M** +COLC01-001+ |

|  |  |  |
| --- | --- | --- |
| 22:30 | **TBA:**  | ++ |

|  |  |  |
| --- | --- | --- |
| 23:30 | **Air Crash Investigations: Flying Blind (R)** As Aeroperu Flight 603 took off, it's airspeed and altitude indicators jammed, leaving the flight crew heading for disaster. Join investigators as they examine what caused this computer malfunction. | **PG** +MDAY-006+ |

|  |  |  |
| --- | --- | --- |
| 00:30 | **Medical Emergency (R) ’CC’** A motorcyclist has fallen under the back of a truck and an old woman has been involved in a terrible car accident. | **PG** +MDEM4-017+ |

|  |  |  |
| --- | --- | --- |
| 01:00 | **TBA:**  | ++ |

|  |  |  |
| --- | --- | --- |
| 02:00 | **Escape To The Country: North Cumbria (R)** Jonnie Irwin has plenty of great properties to show a couple of rambling enthusiasts set up home together for the very first time. But will the mystery house be the one for them? | **G** +ETTC19-037+ |

|  |  |  |
| --- | --- | --- |
| 03:00 | **Bargain Hunt: Cornwall 4 (R)** Eric Knowles presents from the Cornwall Royal Showground as two teams of couples compete to make the most profit at auction, with Ben Cooper and Caroline Hawley. | **PG** +BHUN46-015+ |

|  |  |  |
| --- | --- | --- |
| 04:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-153+ |

|  |  |  |
| --- | --- | --- |
| 04:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-154+ |

|  |  |  |
| --- | --- | --- |
| 05:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-086+ |

|  |  |  |
| --- | --- | --- |
| 05:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

 **Wednesday 16 October 2019**

|  |  |  |
| --- | --- | --- |
| 06:00 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

|  |  |  |
| --- | --- | --- |
| 06:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

|  |  |  |
| --- | --- | --- |
| 07:00 | **News Of The Wild ’CC’** An animal focused, factual entertainment news show bursting at the seams with animals, laughter, news and information. | **C** +NEWI02-053+ |

|  |  |  |
| --- | --- | --- |
| 07:30 | **Kitty Is Not A Cat: Hired Hound / Happy Days (R) ’CC’** A little girl who believes she can be anything, even a cat! | **C** +KINC01-009+ |

|  |  |  |
| --- | --- | --- |
| 08:00 | **Jay's Jungle: My Cat Can See In The Dark (R) ’CC’** Follow the fun adventures of Jay the Lighthouse keeper and the Jungle Crew as they sing, dance, laugh and learn. | **P** +JAJU02-013+ |

|  |  |  |
| --- | --- | --- |
| 08:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-153+ |

|  |  |  |
| --- | --- | --- |
| 09:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-154+ |

|  |  |  |
| --- | --- | --- |
| 09:30 | **NBC Today (R) ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-247+ |

|  |  |  |
| --- | --- | --- |
| 12:00 | **Queensland Weekender: Queensland Weekender 2019 Ep: 33 (R) ’CC’** Lee is on the quintessential Outback adventure where he takes in the breathtaking open skies, meets the resilient locals, plus a couple cowboys along the way. | **G** +7QWE19-033+ |

|  |  |  |
| --- | --- | --- |
| 12:30 | **The Great Day Out: Great Day Out, The S3 Ep: 36 (R) ’CC’** Billy checks out Oktoberfest Brisbane. Those Two Girls from Hit 90.9 get to know Jess while getting crafty, plus Alastair takes a bug and oyster trail along the Brisbane River. | **G** +GDOT19-036+ |

|  |  |  |
| --- | --- | --- |
| 13:00 | **The Chase (R) ’CC’** Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G** +CHSE08-026+ |

|  |  |  |
| --- | --- | --- |
| 14:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-153+ |

|  |  |  |
| --- | --- | --- |
| 14:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-154+ |

|  |  |  |
| --- | --- | --- |
| 15:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-086+ |

|  |  |  |
| --- | --- | --- |
| 15:30 | **Air Crash Investigations: Blow Out (R) ’CC’** Minutes after take off, disaster strikes for a British Airways flight when the windshield is blown out along with the pilot. Join investigators as they uncover the cause of the disaster. | **PG** +MDAY2-001+ |

|  |  |  |
| --- | --- | --- |
| 16:30 | **Room For Improvement (R) ’CC’** The RFI team makeover a kids' hall with spectacular results. | **G** +RFI2-018+ |

|  |  |  |
| --- | --- | --- |
| 17:00 | **Medical Emergency (R) ’CC’** Flight paramedics retrieve an injured man in a night time rescue in the Victorian Alps and a teenager breaks his jaw in a high-speed crash. | **PG** +MDEM4-018+ |

|  |  |  |
| --- | --- | --- |
| 17:30 | **Escape To The Country: Somerset (R)** Alistair Appleton is in Somerset helping a couple find a country home. While in Somerset, Alistair achieves his long held dream of playing Wells Cathedral organ. | **G** +ETTC19-038+ |

|  |  |  |
| --- | --- | --- |
| 18:30 | **Bargain Hunt: Oswestry 8 NEW EPISODE**Anita Manning presents from Oswestry in Shropshire, stopping off at the Izaak Walton Cottage along the way. Experts John Cameron and Thomas Plant assist the teams. | **PG** +BHUN46-016+ |

|  |  |  |
| --- | --- | --- |
| 19:30 | **Border Security - Australia's Front Line (R) ’CC’** Border Force officers are left in shock when inspecting the luggage of a Vietnamese woman suspected to be involved in drugs. Later, Biosecurity try to teach a stubborn student an important lesson. | **PG** +BORD-206+ |

|  |  |  |
| --- | --- | --- |
| 20:00 | **Border Security - Australia's Front Line (R) ’CC’** The reaction from a drug detector dog and a positive swab test has officers on high alert. An Italian man is found carrying something that may threaten Australia's biosecurity. | **PG** +BORD-207+ |

|  |  |  |
| --- | --- | --- |
| 20:30 | **Air Crash Investigation: Special Report: Missing Pieces NEW EPISODE**Three horrifying accidents capture the world's attention and in order to solve these deadly mysteries, hero investigators are pushed to the limit. | **PG (A)**+MDAF01-007+ |

|  |  |  |
| --- | --- | --- |
| 21:30 | **Air Crash Investigation: Special Report: Controversial Crashes NEW EPISODE**Safety in the sky is often determined by the quality of investigations but internal disagreements and famous victims can add to the pressure. | **PG (A)**+MDAF01-008+ |

|  |  |  |
| --- | --- | --- |
| 22:30 | **Air Crash Investigations: Blow Out (R) ’CC’** Minutes after take off, disaster strikes for a British Airways flight when the windshield is blown out along with the pilot. Join investigators as they uncover the cause of the disaster. | **PG** +MDAY2-001+ |

|  |  |  |
| --- | --- | --- |
| 23:30 | **Border Security - Australia's Front Line (R) ’CC’** Border Force officers are left in shock when inspecting the luggage of a Vietnamese woman suspected to be involved in drugs. Later, Biosecurity try to teach a stubborn student an important lesson. | **PG** +BORD-206+ |

|  |  |  |
| --- | --- | --- |
| 00:00 | **Border Security - Australia's Front Line (R) ’CC’** The reaction from a drug detector dog and a positive swab test has officers on high alert. An Italian man is found carrying something that may threaten Australia's biosecurity. | **PG** +BORD-207+ |

|  |  |  |
| --- | --- | --- |
| 00:30 | **Medical Emergency (R) ’CC’** Flight paramedics retrieve an injured man in a night time rescue in the Victorian Alps and a teenager breaks his jaw in a high-speed crash. | **PG** +MDEM4-018+ |

|  |  |  |
| --- | --- | --- |
| 01:00 | **Air Crash Investigation: Special Report: Controversial Crashes (R)** Safety in the sky is often determined by the quality of investigations but internal disagreements and famous victims can add to the pressure. | **PG (A)**+MDAF01-008+ |

|  |  |  |
| --- | --- | --- |
| 02:00 | **Escape To The Country: Somerset (R)** Alistair Appleton is in Somerset helping a couple find a country home. While in Somerset, Alistair achieves his long held dream of playing Wells Cathedral organ. | **G** +ETTC19-038+ |

|  |  |  |
| --- | --- | --- |
| 03:00 | **Bargain Hunt: Oswestry 8 (R)** Anita Manning presents from Oswestry in Shropshire, stopping off at the Izaak Walton Cottage along the way. Experts John Cameron and Thomas Plant assist the teams. | **PG** +BHUN46-016+ |

|  |  |  |
| --- | --- | --- |
| 04:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-155+ |

|  |  |  |
| --- | --- | --- |
| 04:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-156+ |

|  |  |  |
| --- | --- | --- |
| 05:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-087+ |

|  |  |  |
| --- | --- | --- |
| 05:30 | **Room For Improvement (R) ’CC’** The RFI team makeover a kids' hall with spectacular results. | **G** +RFI2-018+ |

 **Thursday 17 October 2019**

|  |  |  |
| --- | --- | --- |
| 06:00 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

|  |  |  |
| --- | --- | --- |
| 06:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

|  |  |  |
| --- | --- | --- |
| 07:00 | **News Of The Wild ’CC’** An animal focused, factual entertainment news show bursting at the seams with animals, laughter, news and information. | **C** +NEWI02-054+ |

|  |  |  |
| --- | --- | --- |
| 07:30 | **Kitty Is Not A Cat: Seven Cakes For Kitty / Kitty Gets Dumped (R) ’CC’** A little girl who believes she can be anything, even a cat! | **C** +KINC01-010+ |

|  |  |  |
| --- | --- | --- |
| 08:00 | **Jay's Jungle: Out Of Reach (R) ’CC’** Follow the fun adventures of Jay the Lighthouse keeper and the Jungle Crew as they sing, dance, laugh and learn. | **P** +JAJU02-014+ |

|  |  |  |
| --- | --- | --- |
| 08:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-155+ |

|  |  |  |
| --- | --- | --- |
| 09:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-156+ |

|  |  |  |
| --- | --- | --- |
| 09:30 | **NBC Today (R) ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-248+ |

|  |  |  |
| --- | --- | --- |
| 12:00 | **Air Crash Investigation: Special Report: Missing Pieces (R)** Three horrifying accidents capture the world's attention and in order to solve these deadly mysteries, hero investigators are pushed to the limit. | **PG (A)**+MDAF01-007+ |

|  |  |  |
| --- | --- | --- |
| 13:00 | **The Chase (R) ’CC’** Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G** +CHSE07-095+ |

|  |  |  |
| --- | --- | --- |
| 14:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-155+ |

|  |  |  |
| --- | --- | --- |
| 14:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-156+ |

|  |  |  |
| --- | --- | --- |
| 15:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-087+ |

|  |  |  |
| --- | --- | --- |
| 15:30 | **Air Crash Investigations: A Wounded Bird (R) ’CC’** In 1995, shortly after take-off a loud thump damages the left propeller of a plane, forcing it to fly with one wing. Join investigators as they uncover a fatal flaw that had been covered up. | **PG** +MDAY2-002+ |

|  |  |  |
| --- | --- | --- |
| 16:30 | **Medical Emergency: Rescue Special (R) ’CC’** A special edition we join the Air Ambos as they race against time to get the critically sick and injured to hospital. | **PG** +MDEM4-021+ |

|  |  |  |
| --- | --- | --- |
| 17:30 | **Escape To The Country: Lincolnshire (R)** Jules Hudson joins a couple who want to up sticks from their caravan and find a permanent home in the country, although a sledge hammer might be required. | **G** +ETTC19-039+ |

|  |  |  |
| --- | --- | --- |
| 18:30 | **Bargain Hunt: Peterborough 13 NEW EPISODE**Eric Knowles presents from the East of England Showground in Peterborough, with experts Charles Hanson and Tim Weeks assisting the two teams. | **PG** +BHUN46-017+ |

|  |  |  |
| --- | --- | --- |
| 19:30 | **Father Brown: The Rod Of Asclepius (R) NEW EPISODE**Lady Felicia's reckless driving lands her in the next hospital bed to Mrs McCarthy. | **M (V,A)**+FBRO04-006+ |

|  |  |  |
| --- | --- | --- |
| 20:30 | **A Touch Of Frost: A Touch Of Frost - Line Of Fire - Part 1 (R)** There's little in the way of Christmas cheer for Jack Frost when a local worker plunges to his death in a mysterious accident. | **M (V)**+TOF7-001+ |

|  |  |  |
| --- | --- | --- |
| 22:15 | **Mrs. Brown's Boys: Mammy's Valentine (R)** Everyone in the Brown family has a date for Valentine's Day except Agnes. Is she too old to start internet dating? Dermot has to prove to Maria that he is still romantic and Grandad becomes addicted to Viagra. | **M (L,S)**+MBRO3-004+ |

|  |  |  |
| --- | --- | --- |
| 23:00 | **Air Crash Investigations: A Wounded Bird (R) ’CC’** In 1995, shortly after take-off a loud thump damages the left propeller of a plane, forcing it to fly with one wing. Join investigators as they uncover a fatal flaw that had been covered up. | **PG** +MDAY2-002+ |

|  |  |  |
| --- | --- | --- |
| 00:00 | **Medical Emergency: Rescue Special (R) ’CC’** A special edition we join the Air Ambos as they race against time to get the critically sick and injured to hospital. | **PG** +MDEM4-021+ |

|  |  |  |
| --- | --- | --- |
| 01:00 | **Father Brown: The Rod Of Asclepius (R)** Lady Felicia's reckless driving lands her in the next hospital bed to Mrs McCarthy. | **M (V,A)**+FBRO04-006+ |

|  |  |  |
| --- | --- | --- |
| 02:00 | **Escape To The Country: Lincolnshire (R)** Jules Hudson joins a couple who want to up sticks from their caravan and find a permanent home in the country, although a sledge hammer might be required. | **G** +ETTC19-039+ |

|  |  |  |
| --- | --- | --- |
| 03:00 | **Bargain Hunt: Peterborough 13 (R)** Eric Knowles presents from the East of England Showground in Peterborough, with experts Charles Hanson and Tim Weeks assisting the two teams. | **PG** +BHUN46-017+ |

|  |  |  |
| --- | --- | --- |
| 04:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-157+ |

|  |  |  |
| --- | --- | --- |
| 04:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-158+ |

|  |  |  |
| --- | --- | --- |
| 05:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-088+ |

|  |  |  |
| --- | --- | --- |
| 05:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

 **Friday 18 October 2019**

|  |  |  |
| --- | --- | --- |
| 06:00 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

|  |  |  |
| --- | --- | --- |
| 06:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

|  |  |  |
| --- | --- | --- |
| 07:00 | **News Of The Wild ’CC’** An animal focused, factual entertainment news show bursting at the seams with animals, laughter, news and information. | **C** +NEWI02-055+ |

|  |  |  |
| --- | --- | --- |
| 07:30 | **Kitty Is Not A Cat: Tuned In And Out / A Work Of Fact Of Fiction (R) ’CC’** A little girl who believes she can be anything, even a cat! | **C** +KINC01-011+ |

|  |  |  |
| --- | --- | --- |
| 08:00 | **Jay's Jungle: Waiting For My Turn Is Boring (R) ’CC’** Follow the fun adventures of Jay the Lighthouse keeper and the Jungle Crew as they sing, dance, laugh and learn. | **P** +JAJU02-015+ |

|  |  |  |
| --- | --- | --- |
| 08:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-157+ |

|  |  |  |
| --- | --- | --- |
| 09:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-158+ |

|  |  |  |
| --- | --- | --- |
| 09:30 | **NBC Today (R) ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-249+ |

|  |  |  |
| --- | --- | --- |
| 12:00 | **House Of Wellness (R) ’CC’** Entertaining everybody to live a healthier life. Hosted by Luke Darcy, Rachael Finch, Jo Stanley and Luke Hines. | **PG** +HOWL03-034+ |

|  |  |  |
| --- | --- | --- |
| 13:00 | **Jump Off - Life After Racing (R)** High stakes showjumping competition showcasing over 150 Off The Track Thoroughbreds and some of the biggest horse racing and equestrian names in Australia. | **PG** +JUOF02-003+ |

|  |  |  |
| --- | --- | --- |
| 13:30 | **The Great Australian Doorstep (R)** Peter and Sheree Everitt explore amazing holiday destinations. | **PG** +GRAD10-009+ |

|  |  |  |
| --- | --- | --- |
| 14:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-157+ |

|  |  |  |
| --- | --- | --- |
| 14:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-158+ |

|  |  |  |
| --- | --- | --- |
| 15:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-088+ |

|  |  |  |
| --- | --- | --- |
| 15:30 | **Air Crash Investigations: Lost (R) ’CC’** Despite a sophisticated navigation system, a flight is 12 miles off course and crashes with only four survivors. | **PG (L)**+MDAY2-005+ |

|  |  |  |
| --- | --- | --- |
| 16:30 | **Room For Improvement (R) ’CC’** Scott McGregor and the RFI team surprise a household when they install a $40,000 kitchen for less than $7500. | **G** +RFI3-001+ |

|  |  |  |
| --- | --- | --- |
| 17:00 | **Medical Emergency (R) ’CC’** A man goes to his GP and discovers that his life is in danger. Then, a schoolgirl's hiking trip ends in a dramatic rescue. | **PG** +MDEM4-019+ |

|  |  |  |
| --- | --- | --- |
| 17:30 | **Escape To The Country: Sussex (R)** Jonnie Irwin heads to West Sussex to help a couple in need of a new home in the countryside. During his journey, Jonnie hits the mountain bike trail in England's newest National Park, the South Downs. | **G** +ETTC19-040+ |

|  |  |  |
| --- | --- | --- |
| 18:30 | **Bargain Hunt: Wetherby 23 NEW EPISODE**Charlie Ross presents from an antiques fair at Wetherby Racecourse. Experts Paul Laidlaw and Philip Serrell are helping the reds and blues to hopefully make a profit at auction in Darlington. | **PG** +BHUN46-018+ |

|  |  |  |
| --- | --- | --- |
| 19:30 | **Better Homes And Gardens (R) ’CC’** Homes and gardens come alive in this lifestyle show packed full of home decorating tips, recipes, craft ideas, DIY projects and how tos. | **G** +BHAG25-038+ |

|  |  |  |
| --- | --- | --- |
| 20:30 | **Bancroft (R) ’CC’** A dark thriller centering on Detective Superintendent Elizabeth Bancroft, a female detective with an explosive secret. | **M (A,V,L)**+BANC01-701+ |

|  |  |  |
| --- | --- | --- |
| 22:30 | **Mrs. Brown's Boys: Mammy? (R)** Rory and Dino have a bust-up and Mark and Betty announce their imminent departure to Australia. Meanwhile, Agnes's children suspect one of them might be adopted. | **M (L,S)**+MBRO3-005+ |

|  |  |  |
| --- | --- | --- |
| 23:15 | **Mrs. Brown's Boys: Mammy Swings (R)** Wedding mania descends on the Brown household as the family prepare for Rory and Dino's big day. Agnes is looking forward to the wedding, until she meets their overbearing celebrity wedding planner. | **M (L,S)**+MBRO3-006+ |

|  |  |  |
| --- | --- | --- |
| 00:00 | **Air Crash Investigations: Lost (R) ’CC’** Despite a sophisticated navigation system, a flight is 12 miles off course and crashes with only four survivors. | **PG (L)**+MDAY2-005+ |

|  |  |  |
| --- | --- | --- |
| 01:00 | **Pie In The Sky: Return Match (R)** When Henry gets unexpected help to solve a series of thefts, he is suspicious of how they came to know of the crimes. | **PG** +PIES5-005+ |

|  |  |  |
| --- | --- | --- |
| 02:00 | **Escape To The Country: Sussex (R)** Jonnie Irwin heads to West Sussex to help a couple in need of a new home in the countryside. During his journey, Jonnie hits the mountain bike trail in England's newest National Park, the South Downs. | **G** +ETTC19-040+ |

|  |  |  |
| --- | --- | --- |
| 03:00 | **Bargain Hunt: Wetherby 23 (R)** Charlie Ross presents from an antiques fair at Wetherby Racecourse. Experts Paul Laidlaw and Philip Serrell are helping the reds and blues to hopefully make a profit at auction in Darlington. | **PG** +BHUN46-018+ |

|  |  |  |
| --- | --- | --- |
| 04:00 | **House Of Wellness (R) ’CC’** Entertaining everybody to live a healthier life. Hosted by Luke Darcy, Rachael Finch, Jo Stanley and Luke Hines. | **PG** +HOWL03-034+ |

|  |  |  |
| --- | --- | --- |
| 05:00 | **Jump Off - Life After Racing (R)** High stakes showjumping competition showcasing over 150 Off The Track Thoroughbreds and some of the biggest horse racing and equestrian names in Australia. | **PG** +JUOF02-003+ |

|  |  |  |
| --- | --- | --- |
| 05:30 | **Room For Improvement (R) ’CC’** Scott McGregor and the RFI team surprise a household when they install a $40,000 kitchen for less than $7500. | **G** +RFI3-001+ |

 **Saturday 19 October 2019**

|  |  |  |
| --- | --- | --- |
| 06:00 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

|  |  |  |
| --- | --- | --- |
| 06:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

|  |  |  |
| --- | --- | --- |
| 07:00 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

|  |  |  |
| --- | --- | --- |
| 07:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

|  |  |  |
| --- | --- | --- |
| 08:00 | **Travel Oz: Royal Flying Doctor Service (R) ’CC’** Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG** +TRAV4-032+ |

|  |  |  |
| --- | --- | --- |
| 08:45 | **Travel Oz: Sichuan (R) ’CC’** Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG** +TRAV4-033+ |

|  |  |  |
| --- | --- | --- |
| 09:30 | **NBC Today (R) ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-250+ |

|  |  |  |
| --- | --- | --- |
| 11:30 | **Vasili's Garden (R)** Vasili's Gardens takes you into the backyards of everyday Australians to share organic gardening techniques and teach you how to improve your health using your own garden produce. | **PG** +VASI04-018+ |

|  |  |  |
| --- | --- | --- |
| 12:30 | **International Swimming League: Event 2 - Highlights** International swimming league highlights. | +ISWL19-002+ |

|  |  |  |
| --- | --- | --- |
| 14:00 | **SA Weekender ’CC’** Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. | **G** +SAWE19-028+ |

|  |  |  |
| --- | --- | --- |
| 14:30 | **Sydney Weekender (R) ’CC’** Mike explores the Canola Trail. Lizzy checks out Little Tradies. Jack gets the adrenaline pumping at Glenworth Valley.  | **G** +7SWE26-036+ |

|  |  |  |
| --- | --- | --- |
| 15:00 | **Creek To Coast: Creek To Coast 2019 Ep: 33 (R) ’CC’** Creek to Coast is all things boating, camping, 4WDing, outdoor adventuring and fishing. From bush-bashing to cooking to caravanning to watersports, Creek to Coast has it all. | **G** +7CTC19-033+ |

|  |  |  |
| --- | --- | --- |
| 15:30 | **Queensland Weekender: Queensland Weekender 2019 Ep: 34 ’CC’** From day tripping to the reef, relaxing at a cool city restaurant, or watching a fiery outback sunset, Queensland Weekender will inspire you to make the most of a weekend in our beautiful State. | **G** +7QWE19-034+ |

|  |  |  |
| --- | --- | --- |
| 16:00 | **The Great Day Out: Great Day Out, The S3 Ep: 37 ’CC’** The Great Day Out is people, places and friendly faces; it is at the very heart of Queensland and special guest celebrities will invite you along on their Great Day Out. | **G** +GDOT19-037+ |

|  |  |  |
| --- | --- | --- |
| 16:30 | **Paddington Station 24/7 (R)** Go behind the scenes of Paddington, one of the most famous railway stations in the world and one of the UK's busiest transport hubs. | **PG** +PAST01-005+ |

|  |  |  |
| --- | --- | --- |
| 17:30 | **Seven's Horse Racing: Caulfield Cup; Randwick - The Everest (R) ’CC’ LIVE**Billed as the world's richest race on turf, The Everest features 12 of the best sprinters duelling over 1200m at Randwick for $14 million, while Melbourne hosts the iconic Caulfield Cup over 2400m. | +SHRC19-025+ |

|  |  |  |
| --- | --- | --- |
| 18:00 | **Helloworld ’CC’ NEW EPISODE**Join the all-star cast as they uncover the greatest travel experiences in the world today. | **PG** +HELW01-002+ |

|  |  |  |
| --- | --- | --- |
| 18:30 | **QE2: The World's Greatest Cruise Ship (R) ’CC’** Featuring interviews with the QE2's crew and workers who built her, cameras reveal the story behind the strikes and looting epidemics that almost saw the end of the ship before it was even finished. | **PG** +QECS01-001+ |

|  |  |  |
| --- | --- | --- |
| 19:30 | **Secrets Of Beautiful Gardens NEW EPISODE**Step inside stunning gardens inspired by the boundless beauty of Asia. | **G** +BEUG01-002+ |

|  |  |  |
| --- | --- | --- |
| 20:30 | **Escape To The Country: North Wales NEW EPISODE**Jules Hudson is helping a pair of returning expats find their ideal country home. | **G** +ETTC24-008+ |

|  |  |  |
| --- | --- | --- |
| 21:30 | **Escape To The Country: Devon (R)** Jules Hudson is property shopping in Devon with a couple that plans to return to the county where they first met and fell in love. | **G** +ETTC22-064+ |

|  |  |  |
| --- | --- | --- |
| 22:30 | **Escape To The Continent (R)** Escape to the Continent showcases gorgeous, competitively priced homes, stunning locations, cultural hot-spots, local amenities and leisure opportunities on foreign shores. | **G** +ETCO02-015+ |

|  |  |  |
| --- | --- | --- |
| 23:45 | **Secrets Of Beautiful Gardens (R)** Step inside stunning gardens inspired by the boundless beauty of Asia. | **G** +BEUG01-002+ |

|  |  |  |
| --- | --- | --- |
| 00:45 | **Escape To The Country: North Wales (R)** Jules Hudson is helping a pair of returning expats find their ideal country home. | **G** +ETTC24-008+ |

|  |  |  |
| --- | --- | --- |
| 02:00 | **SA Weekender (R) ’CC’** Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. | **G** +SAWE19-028+ |

|  |  |  |
| --- | --- | --- |
| 02:30 | **Sydney Weekender (R) ’CC’** Mike explores the Canola Trail. Lizzy checks out Little Tradies. Jack gets the adrenaline pumping at Glenworth Valley.  | **G** +7SWE26-036+ |

|  |  |  |
| --- | --- | --- |
| 03:00 | **Creek To Coast: Creek To Coast 2019 Ep: 33 (R) ’CC’** Creek to Coast is all things boating, camping, 4WDing, outdoor adventuring and fishing. From bush-bashing to cooking to caravanning to watersports, Creek to Coast has it all. | **G** +7CTC19-033+ |

|  |  |  |
| --- | --- | --- |
| 03:30 | **Queensland Weekender: Queensland Weekender 2019 Ep: 6 (R) ’CC’** Lee is getting set for a sunset abseil while Kip explores the Conondale National Park with one of his best mates. Chris is off to discover a magical retreat in the heart of the country. | **G** +7QWE19-006+ |

|  |  |  |
| --- | --- | --- |
| 04:00 | **The Great Day Out: Great Day Out, The S3 Ep: 37 (R) ’CC’** The Great Day Out is people, places and friendly faces; it is at the very heart of Queensland and special guest celebrities will invite you along on their Great Day Out. | **G** +GDOT19-037+ |

|  |  |  |
| --- | --- | --- |
| 04:30 | **Travel Oz: Royal Flying Doctor Service (R) ’CC’** Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG** +TRAV4-032+ |

|  |  |  |
| --- | --- | --- |
| 05:15 | **Travel Oz: Sichuan (R) ’CC’** Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG** +TRAV4-033+ |