**Sunday 01 March 2020**

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| 06:00 | **It Is Written: Tell It To The World** Religious program. | **PG** +IIWR20-009+ |

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| 06:30 | **Home Shopping** Shopping program. | **G** +INFO01-001+ |

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| 07:00 | **Tomorrow's World: Unleash The Power Of Prophecy** Religious program. | **PG** +TOMW-801+ |

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| 07:30 | **Leading The Way: Defending A Lion: Part 4** Religious program. | **PG** +LWAY20-009+ |

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| 08:00 | **David Jeremiah: The Fingers Of God** Religious program. | **PG** +DAJE20-009+ |

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| 08:30 | **Mum's At The Table** Mums At The Table is the place where we share, laugh and dream together. It's a TV panel show featuring real women; smart and sassy ladies with real lives, real families, real struggles and real joy. | **PG** +MTAB01-069+ |

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| 09:00 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 09:30 | **The Great Australian Doorstep (R)** Peter and Sheree Everitt explore amazing holiday destinations. | **PG** +GRAD11-003+ |

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| 10:00 | **House Of Wellness (R) ’CC’** Entertaining everybody to live a healthier life. Hosted by Luke Darcy, Rachael Finch, Jo Stanley and Luke Hines. | **PG** +HOWL04-003+ |

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| 11:00 | **NBC Today (R) ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT20-060+ |

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| 12:00 | **My Greek Odyssey (R) ’CC’** Peter continues his journey through Greece, visiting Epidaurus, Moni and the island of Spetses. | **PG (N)**+MYGO01-002+ |

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| 13:00 | **All Clear** The Australian Jumping Teams League is the big bash of showjumping. 10 teams battle for the richest ever showjumping purse. | **PG** +ALCL01-002+ |

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| 14:30 | **Ultimate Bowls Championship: Moama - Semi Final 1** The Ultimate Bowls Championship is a celebration of the sport of lawn bowls. It has been designed to respect, showcase and grow the game we love. | **PG** +ULBC01-016+ |

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| 15:30 | **Travel Oz ’CC’** Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG** +TRAV4-048+ |

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| 16:00 | **Escape To The Country: East Midlands (R)** Sonali Shah is on a mission to help find a country home in the East Midlands for an eager buyer who has brought along her friendly neighbour for support. | **G** +ETTC24-031+ |

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| 17:00 | **Escape To The Country: North Yorkshire (R)** Margherita Taylor is in North Yorkshire helping a lady who want to find a country property back in her home county. | **G** +ETTC24-032+ |

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| 18:00 | **Escape To The Country: Hampshire (R)** Jonnie Irwin is on a property hunt with a couple who hope their 650,000-pound budget will afford them a more outdoor focused life in the Hampshire countryside. | **G** +ETTC23-033+ |

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| 19:00 | **Border Security - Australia's Front Line (R) ’CC’** Officers are put on high alert when an ex drug addict claims to be trafficking heroin into Australia. | **PG** +BORD13-014+ |

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| 19:30 | **Border Security - Australia's Front Line (R) ’CC’** A Chinese student is cautioned by the Australian Federal Police for carrying a large wad of cash. Customs Officers X-ray a video casing containing possible drugs. Hosted by Grant Bowler. | **PG** +BORD-005+ |

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| 20:00 | **Border Security - Australia's Front Line (R) ’CC’** The Immigration Compliance Unit receives a tip off about an illegal immigrant working in a restaurant and get more than they bargained for. | **PG** +BORD-008+ |

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| 20:30 | **Air Crash Investigations: Deadly Inclination (R) ’CC’** On 14 November 1990, Alitalia Flight 404 descends too low and crashes into the woodlands of the Stalderberg Mountain in Switzerland. 9.6 km short of the runway during final approach to Zurich Airport. | **PG (A)**+MDAY18-008+ |

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| 21:30 | **Air Crash Investigations: Operation Babylift (R) ’CC’** At the end of the Vietnam War, the U.S. army loaded orphans onto a plane to fly them to safety, but they never made it. What went wrong? | **PG** +MDAY7-005+ |

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| 22:30 | **Hospital (R)** Go behind the scenes to show the complexity of a hospital in action - including how staff are managing competing pressures and demands to ensure patients get the care they need. | **M (A)**+LADW02-004+ |

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| 23:45 | **Celebrity Botched Up Bodies (R) ’CC’** A look at some famous faces who have gone under the knife and have the scars to prove it, including reality TV star Alicia Douvall, 36, who has been dubbed Britain's most nipped and tucked woman. | **MA (A,N)**+BOTB05-003+ |

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| 00:45 | **Celebrity Botched Up Bodies (R) ’CC’** A former Miss England who nearly died of a clot caused by having her breast implants removed that led to her losing six pints of blood, and a reality TV contestant who received illegal injections. | **MA (A,N)**+BOTB05-004+ |

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| 02:00 | **Ultimate Bowls Championship: Moama - Semi Final 1 (R)** The Ultimate Bowls Championship is a celebration of the sport of lawn bowls. It has been designed to respect, showcase and grow the game we love. | **PG** +ULBC01-016+ |

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| 03:00 | **My Greek Odyssey (R) ’CC’** Peter continues his journey through Greece, visiting Epidaurus, Moni and the island of Spetses. | **PG (N)**+MYGO01-002+ |

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| 04:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-117+ |

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| 05:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. Starring:FRANK FARINA | **G** +HPR-188+ |

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| 05:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

 **Monday 02 March 2020**

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| 06:00 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 06:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 07:00 | **Bottersnikes and Gumbles: A Grubby Truce / The Neverstorm (R) ’CC’** In a faraway forgotten valley, heaped with long abandoned junk, a timeless battle rages between good and evil, this is the land of Bottersnikes & Gumbles. | **C** +BSAG-016+ |

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| 07:30 | **The Wild Adventures of Blinky Bill: Mystery Ball / Freaky Frillday (R) ’CC’** A mysterious talking ball lands in Greenpatch and has the townsfolk enraptured with its wise words. Then, Jacko wakes up with a case of the jumps but Blinky's cure works a little too well. | **C** +BLIN01-006+ |

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| 08:00 | **Pipsqueaks: Everyday Wear & Shells As Homes (R) ’CC’** Follow the adventures of four furry creatures called the Pipsqueaks, who live in a huge adventure playground. They sing, dance, laugh and learn. | **P** +PIPQ-044+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-117+ |

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| 09:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-118+ |

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| 09:30 | **NBC Today (R) ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT20-061+ |

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| 10:30 | **Malaysia Kitchen (R)** Alvin whips up a robust potato curry, serves a spicy chicken in a creamy red sauce and is visited by Malaysian food enthusiast, Jackie M, to make a sago pudding with a sugary syrup. | **G** +MKIT01-006+ |

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| 11:00 | **The Great Australian Doorstep: Route 66 (R)** Sheree & Boston take you on a journey of a lifetime, the world famous mother road of USA Route 66. | **PG** +GRAD08-013+ |

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| 11:30 | **Better Homes And Gardens (R) ’CC’** Joh meets up with BMX champions Kaia and Saya Sakakibara. Adam tackles some simple DIY fixes around the home. Fast Ed makes salmon saltimbocca. Dr. Harry meets a dog that constantly goes berserk.  | **G** +BHAG26-004+ |

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| 13:00 | **The Greatest Cities In The World: New York (R)** Griff's search for the greatest cities takes him to the Big Apple. | **PG** +GRCI01-001+ |

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| 14:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-117+ |

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| 15:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. Starring:FRANK FARINA | **G** +HPR-188+ |

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| 15:30 | **Air Crash Investigations: Operation Babylift (R) ’CC’** At the end of the Vietnam War, the U.S. army loaded orphans onto a plane to fly them to safety, but they never made it. What went wrong? | **PG** +MDAY7-005+ |

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| 16:30 | **The Zoo (R) ’CC’** At Western Plains Zoo, Jasiri the lion must visit the dentist. Then, in Perth, the keepers prepare to release numbats into the wild. | **G** +ZOOT-001+ |

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| 17:00 | **Crash Investigation Unit: Redfern (R) ’CC’** Working through the intricate anatomy of a car crash, we see the fascinating aspects of an accident from the initial call-out to case-closed. | **PG** +CIU-001+ |

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| 17:30 | **Escape To The Country: Suffolk (R)** Nicki Chapman is in Suffolk helping a couple of newly-weds swap their current crowded house in the suburbs for a spacious country home. | **G** +ETTC18-012+ |

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| 18:30 | **Bargain Hunt: Kedleston 17 (R)** Presenter Eric Knowles leads the fray in the grounds of Kedleston Hall in Derbyshire, with experts Danny Sebastian and Jonathan Pratt. | **PG** +BHUN45-018+ |

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| 19:30 | **Doc Martin: Do Not Disturb (R)** Pauline finds out that the Doc is going to leave Portwenn and Bert organises a baby shower for Louisa. | **PG** +DOCM4-007+ |

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| 20:30 | **The Inspector Lynley Mysteries: In Pursuit Of The Proper Sinner (R)** Two bodies are found in the middle of a stone circle on the North Manchester Moors. One of them was the daughter of a retired police officer, who thinks the killer may have a grudge against him.  | **M (D,A,V)**+INLM3-001+ |

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| 22:30 | **Liar (R) ’CC’** Determined, Laura travels to Edinburgh to uncover the truth behind Andrew's wife's death, but finds more than she bargained for. Meanwhile, tensions between Tom and Katy reach fever pitch. | **M (A)**+LIAR01-004+ |

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| 23:30 | **Brit Cops NEW EPISODE**The Hammersmith and Fulham police arrest drunk and disorderly revellers in a bar brawl whilst also coming down hard on a suspected fraudster. | **M (D,V,L)**+BRIC02-007+ |

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| 00:30 | **Trial And Error: Opening Statements (R) ’CC’** As the trial officially begins, Josh's strategy takes a crucial blow and Anne and Dwayne investigate why Larry's former lover, isn't on the prosecution's witness list. | **M** +TRAE01-009+ |

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| 01:00 | **Trial And Error: A Hostile Jury (R) ’CC’** Josh tries to show the hostile jury the real Larry when they visit the crime scene inside the Henderson home and Anna and Dwayne search for Margaret's missing cell phone. | **M (A)**+TRAE01-010+ |

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| 01:30 | **Helloworld: New Zealand, London And Melbourne (R) ’CC’** Join the all-star cast as they uncover the greatest travel experiences in the world today. | **PG** +HELW01-001+ |

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| 02:00 | **Escape To The Country: Suffolk (R)** Nicki Chapman is in Suffolk helping a couple of newly-weds swap their current crowded house in the suburbs for a spacious country home. | **G** +ETTC18-012+ |

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| 03:00 | **Bargain Hunt: Kedleston 17 (R)** Presenter Eric Knowles leads the fray in the grounds of Kedleston Hall in Derbyshire, with experts Danny Sebastian and Jonathan Pratt. | **PG** +BHUN45-018+ |

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| 04:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-119+ |

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| 04:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-120+ |

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| 05:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. Starring:HELEN REDDY,NIKKI WEBSTER | **G** +HPR-189+ |

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| 05:30 | **The Zoo (R) ’CC’** At Western Plains Zoo, Jasiri the lion must visit the dentist. Then, in Perth, the keepers prepare to release numbats into the wild. | **G** +ZOOT-001+ |

 **Tuesday 03 March 2020**

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| 06:00 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 06:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 07:00 | **Bottersnikes and Gumbles: Gubbo's Great Grub Grabber / The Return Of Sammi Whammi Gumble (R) ’CC’** In a faraway forgotten valley, heaped with long abandoned junk, a timeless battle rages between good and evil, this is the land of Bottersnikes & Gumbles. | **C** +BSAG-017+ |

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| 07:30 | **The Wild Adventures of Blinky Bill: Notions Eleven / Attack Of The Extra-Tree-Restrials (R) ’CC’** Blinky launches a rescue mission with a crack team of professionals when Jacko is lizard napped. Then, Blinky and Jacko set out to protect the town from mind melding aliens. | **C** +BLIN01-007+ |

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| 08:00 | **Pipsqueaks: Sleepy Animals & Animal Sounds (R) ’CC’ SEASON FINAL**Follow the adventures of four furry creatures called the Pipsqueaks, who live in a huge adventure playground. They sing, dance, laugh and learn. | **P** +PIPQ-045+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-119+ |

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| 09:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-120+ |

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| 09:30 | **NBC Today (R) ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT20-062+ |

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| 12:00 | **Helloworld (R) ’CC’** Join the all-star cast as they uncover the greatest travel experiences in the world today. | **PG** +HELW01-011+ |

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| 12:30 | **All Clear (R)** The Australian Jumping Teams League is the big bash of showjumping. 10 teams battle for the richest ever showjumping purse. | **PG** +ALCL01-002+ |

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| 14:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-119+ |

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| 15:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. Starring:HELEN REDDY,NIKKI WEBSTER | **G** +HPR-189+ |

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| 15:30 | **Air Crash Investigations: Fire On Board (R)** The pilot of Swissair Flight 111 smells smoke in the cockpit less than an hour after take-off. It's a race against time to dump duel and land. | **PG** +MDAY-003+ |

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| 16:30 | **The Zoo (R) ’CC’** Keepers prepare to deliver a giraffe's baby. Then, an Andean condor escapes during an early morning training session. | **G** +ZOOT-002+ |

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| 17:00 | **Crash Investigation Unit: Marsden Park (R) ’CC’** A family is devastated when a grandmother doesn't make it home from a night of bingo at the local club. | **PG** +CIU-002+ |

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| 17:30 | **Escape To The Country: Kent (R)** Jonnie Irwin is in Kent with today's buyers, who have very exacting tastes. With their budget of 630,000 pounds, they are focused on finding a medieval oak beamed barn with expansive living spaces. | **G** +ETTC18-013+ |

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| 18:30 | **Bargain Hunt: Ardingly 15 (R)** Eric Knowles presents from Ardingly with antiques experts Charles Hanson and Richard Madley. The teams are made up of two married couples. | **PG** +BHUN45-019+ |

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| 19:30 | **Cold Case: The Lost Soul Of Herman Hester (R) ’CC’** Stillman asks Rush and Valens to reopen the 1987 case of Philadelphia high school basketball star Herman Lester, who was stabbed to death hours after leading his team to the state championship. | **M (V)**+COLC01-017+ |

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| 20:30 | **Cold Case: Resolutions (R) ’CC’** Rush and Valens investigate a case involving the hit-and-run car accident death of Craig Cardiff on New Year's Eve 1999. | **M (V,L)**+COLC01-018+ |

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| 21:30 | **Without A Trace ’CC’** Jack and his team search for a teenage boy, Ethan Sawyer, after he disappears from his home. Ethan's parents think that their son is a happy teenager preparing for college. | **M (S,A,V)**+WIAT02-006+ |

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| 22:30 | **Criminal Minds: Annihilator (R) ’CC’** The FBI's assistant director of national security, Linda Barnes, joins the BAU as they investigate a quadruple homicide of a group of roommates in St. Louis. | **M (A,V)**+CRMD13-015+ |

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| 23:30 | **Criminal Minds: Last Gasp (R) ’CC’** Away from the watchful eye of the FBI's assistant director of national security, the BAU meets in secret to investigate an UnSub who appears to be kidnapping and photographing young women. | **M (D,A,V,S)**+CRMD13-016+ |

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| 00:30 | **Trial And Error: Unusual Suspect (R) ’CC’** After the prosecution presents its case for 28 grueling days, Josh's defense suffers a major setback. Plus, Larry forbids Josh from putting Summer on the stand. | **M (S)**+TRAE01-011+ |

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| 01:00 | **Trial And Error: The Defense Rests (R) ’CC’** Josh takes a huge gamble by putting Larry on the stand, and Larry's testimony leads to a shocking discovery that may be too difficult to overcome. | **M (A)**+TRAE01-012+ |

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| 01:30 | **Crash Investigation Unit: Marsden Park (R) ’CC’** A family is devastated when a grandmother doesn't make it home from a night of bingo at the local club. | **PG** +CIU-002+ |

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| 02:00 | **Escape To The Country: Kent (R)** Jonnie Irwin is in Kent with today's buyers, who have very exacting tastes. With their budget of 630,000 pounds, they are focused on finding a medieval oak beamed barn with expansive living spaces. | **G** +ETTC18-013+ |

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| 03:00 | **Bargain Hunt: Ardingly 15 (R)** Eric Knowles presents from Ardingly with antiques experts Charles Hanson and Richard Madley. The teams are made up of two married couples. | **PG** +BHUN45-019+ |

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| 04:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-121+ |

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| 05:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-001+ |

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| 05:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

 **Wednesday 04 March 2020**

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| 06:00 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 06:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 07:00 | **Bottersnikes and Gumbles: The Pied Tooter / In Your Dreams (R) ’CC’** In a faraway forgotten valley, heaped with long abandoned junk, a timeless battle rages between good and evil, this is the land of Bottersnikes & Gumbles. | **C** +BSAG-018+ |

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| 07:30 | **The Wild Adventures of Blinky Bill: Robert's Sound / Cloud Catchers (R) ’CC’** Blinky and Jacko embark on a treasure hunt to recover Robert's lost glasses. Then, Blinky takes to the skies on a mission to bring a raincloud back to Greenpatch. | **C** +BLIN01-008+ |

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| 08:00 | **Toybox: Magic Material (R) ’CC’** Watch the toys come alive when we open the lid to a fantasy world full of fun, music, learning and adventure! | **P** +TOYB2-043+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-121+ |

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| 09:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-122+ |

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| 09:30 | **NBC Today (R) ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT20-063+ |

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| 12:00 | **Creek To Coast (R) ’CC’** Gary brings you an Alvey exclusive, Andrew makes a delicious prawn curry, Scotty is chasing baitballs on the Sunny Coast and Roger is going bush. | **G** +7CTC20-003+ |

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| 12:30 | **Weekender (R) ’CC’** Victoria explores all the Bunya Mountains have to offer, Jess finds an indoor riverbed, Duane discovers a tasty new experience by rail and we venture into Woodford for the day. | **G** +WEKN20-002+ |

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| 13:00 | **The Greatest Cities In The World: London (R)** In his own capital, Britton Griff starts contemplating how London continuously grew from a new Roman town to Europe's single-most prominent true metropolis. | **PG** +GRCI01-002+ |

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| 14:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-121+ |

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| 14:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-122+ |

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| 15:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-001+ |

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| 15:30 | **Air Crash Investigations: Target Is Destroyed (R) ’CC’** Soviet officials admit to shooting down a passenger plane. Can investigators prevent an armed conflict? | **PG** +MDAY9-005+ |

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| 16:30 | **The Zoo (R) ’CC’** A tragic accident has led to Australia's last performing circus elephant being given to Western Plains Zoo. | **G** +ZOOT-003+ |

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| 17:00 | **Crash Investigation Unit: Kogarah (R) ’CC’** A learner driver loses control of her car and runs into a crowd of pedestrians at a bus stop in Kogarah. | **PG** +CIU-003+ |

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| 17:30 | **Escape To The Country: Dorset (R)** Nicki Chapman heads to Dorset to meet a Canadian who has her heart set on a home in the English countryside but although she seems taken with her offerings, her English husband isn't so sure. | **G** +ETTC18-014+ |

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| 18:30 | **Bargain Hunt: Hemswell 25 (R)** Anita Manning presents from the Hemswell Antiques Centre in Lincolnshire. | **PG** +BHUN45-020+ |

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| 19:30 | **Border Security - Australia's Front Line (R) ’CC’** A young Australian seems to be up to something illegal and a Chinese couple are potentially hiding something that could have devastating consequences. | **PG** +BORD13-015+ |

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| 20:00 | **Border Security - Australia's Front Line (R) ’CC’** A passenger lays his cards on the table, while customs check a sixty thousand dollar Ferrari that's hidden contents may be worth a lot more. | **PG** +BORD-010+ |

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| 20:30 | **Chris Tarrant's Extreme Railways: Slow Train To Guantanamo Bay (R)** TV Presenter Chris Tarrant travels around the world to ride some of the most extreme railways that wind their way through some of the harshest terrain on Earth. | **PG** +CTER02-004+ |

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| 21:30 | **Mighty Trains: White Pass And Yukon (R) ’CC’** The White Pass and Yukon route was built in 1869 to take miners and supplies to the Klondike gold fields, and was the world's first containerized freight railway. | **PG** +MTRA01-004+ |

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| 22:30 | **The Greatest Cities In The World: Rome (R)** Griff learns how to direct traffic at one of the busiest road intersections in Europe and lands an audience with the mayor. | **PG** +GRCI02-001+ |

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| 23:30 | **Mighty Planes: MD DC-10 ORBIS (R)** Follow the world's only eye hospital with wings as it attempts to reach Mongolia, a mission plagued by a series of setbacks that threaten to derail the trip entirely. | **PG** +MIPL-004+ |

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| 00:30 | **Air Crash Investigations: Target Is Destroyed (R) ’CC’** Soviet officials admit to shooting down a passenger plane. Can investigators prevent an armed conflict? | **PG** +MDAY9-005+ |

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| 01:30 | **Crash Investigation Unit: Kogarah (R) ’CC’** A learner driver loses control of her car and runs into a crowd of pedestrians at a bus stop in Kogarah. | **PG** +CIU-003+ |

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| 02:00 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 02:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 03:00 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 03:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 04:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-123+ |

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| 04:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-124+ |

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| 05:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-002+ |

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| 05:30 | **The Zoo (R) ’CC’** A tragic accident has led to Australia's last performing circus elephant being given to Western Plains Zoo. | **G** +ZOOT-003+ |

 **Thursday 05 March 2020**

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| 06:00 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 06:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 07:00 | **Bottersnikes and Gumbles: Cloudy With A Chance Of Gumbles / An Earful Of Willi (R) ’CC’** In a faraway forgotten valley, heaped with long abandoned junk, a timeless battle rages between good and evil, this is the land of Bottersnikes & Gumbles. | **C** +BSAG-019+ |

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| 07:30 | **The Wild Adventures of Blinky Bill: The Ultimate Prey / Box World (R) ’CC’** Blinky and Jacko decide to amp up the annual class bush survival walk. Then, Blinky and Jacko are transported to an imaginary land called Box World. | **C** +BLIN01-009+ |

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| 08:00 | **Toybox: Tina Wins (R) ’CC’** Watch the toys come alive when we open the lid to a fantasy world full of fun, music, learning and adventure! | **P** +TOYB2-044+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-123+ |

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| 09:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-124+ |

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| 09:30 | **NBC Today (R) ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT20-064+ |

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| 12:00 | **My Greek Odyssey (R) ’CC’** Peter continues his journey through Greece, visiting Epidaurus, Moni and the island of Spetses. | **PG (N)**+MYGO01-002+ |

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| 13:00 | **The Greatest Cities In The World: Paris (R)** Griff is in the French capital, object of great chauvinistic pride and vanity. | **PG** +GRCI01-003+ |

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| 14:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-123+ |

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| 14:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-124+ |

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| 15:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-002+ |

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| 15:30 | **Mighty Trains: White Pass And Yukon (R) ’CC’** The White Pass and Yukon route was built in 1869 to take miners and supplies to the Klondike gold fields, and was the world's first containerized freight railway. | **PG** +MTRA01-004+ |

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| 16:30 | **Mighty Planes: MD DC-10 ORBIS (R)** Follow the world's only eye hospital with wings as it attempts to reach Mongolia, a mission plagued by a series of setbacks that threaten to derail the trip entirely. | **PG** +MIPL-004+ |

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| 17:30 | **Escape To The Country: Cornwall (R)** Jonnie Irwin heads to Cornwall to help a couple find some free-range living with enough land for their 2 horses, 2 dogs and new lamas. | **G** +ETTC18-015+ |

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| 18:30 | **Bargain Hunt: Newark 23 (R)** Natasha Raskin presents from Newark in Nottinghamshire with Kate Bliss and Gary Pe. | **PG** +BHUN45-021+ |

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| 19:30 | **Father Brown: The Upcott Fraternity (R) ’CC’** Whilst Father Brown is visiting the Upcott seminary for trainee priests, young student Thomas Potts confesses to him that the recent drowning of his friend Douglas Hitchens was no accident. | **M (V,A)**+FBRO03-006+ |

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| 20:30 | **Judge John Deed: Economic Imperative (R)** A single mother pursues a case against a mobile phone company for causing her terminal brain tumour. Can Deed discover who is trying to frame him in time?  | **M (A)**+JJD2-008+ |

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| 22:30 | **Jonathan Creek: Ghost's Forge (R)** Maddy's former colleague Mimi investigates a mystery at a house called Ghost's Forge, but can she do it without Jonathan Creek's help? Starring:ALAN DAVIES,CAROLINE QUENTIN | **M (S)**+JNTC3-004+ |

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| 23:30 | **Dog Patrol (R)** Police dog Iko takes his handler Aidan chasing after both youths on a paranormal encounter, an unhappy camper is sniffed out by drug dog Oscar at Mt Eden prison. | **PG** +STFC07-003+ |

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| 00:00 | **Dog Patrol (R)** Whanganui Delta team Jason and Farris extract a burglar from his hidey hole, drug dog Oscar alerts handler Bill to trouble at Mt Eden Prison. | **PG** +STFC07-004+ |

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| 00:30 | **Dog Patrol (R)** Police dog Hades doesn't give up on the chase for a burglar, drug dog Aysa gets stuck in at Waikeria Prison, MPI Labrador Ebony sniffs out something that's just about crawling on the mail belt. | **PG** +STFC07-005+ |

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| 01:00 | **Father Brown: The Upcott Fraternity (R) ’CC’** Whilst Father Brown is visiting the Upcott seminary for trainee priests, young student Thomas Potts confesses to him that the recent drowning of his friend Douglas Hitchens was no accident. | **M (V,A)**+FBRO03-006+ |

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| 02:00 | **Escape To The Country: Cornwall (R)** Jonnie Irwin heads to Cornwall to help a couple find some free-range living with enough land for their 2 horses, 2 dogs and new lamas. | **G** +ETTC18-015+ |

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| 03:00 | **Bargain Hunt: Newark 23 (R)** Natasha Raskin presents from Newark in Nottinghamshire with Kate Bliss and Gary Pe. | **PG** +BHUN45-021+ |

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| 04:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-125+ |

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| 04:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-126+ |

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| 05:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-003+ |

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| 05:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

 **Friday 06 March 2020**

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| 06:00 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 06:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 07:00 | **Bottersnikes and Gumbles: Mangled! / Boggle Boggle (R) ’CC’** In a faraway forgotten valley, heaped with long abandoned junk, a timeless battle rages between good and evil, this is the land of Bottersnikes & Gumbles. | **C** +BSAG-020+ |

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| 07:30 | **The Wild Adventures of Blinky Bill: Crazy Golf / Outbreak Into Song (R) ’CC’** Blinky invents a game so fantastic that Mayor Cranky bans everyone but himself from playing. Then, when a catchy tune causes mayhem and spreads through Greenpatch. | **C** +BLIN01-010+ |

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| 08:00 | **Toybox: The Butterfly (R) ’CC’** Watch the toys come alive when we open the lid to a fantasy world full of fun, music, learning and adventure! | **P** +TOYB2-045+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-125+ |

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| 09:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-126+ |

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| 09:30 | **NBC Today (R) ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT20-065+ |

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| 12:00 | **House Of Wellness (R) ’CC’** Entertaining everybody to live a healthier life. Hosted by Luke Darcy, Rachael Finch, Jo Stanley and Luke Hines. | **PG** +HOWL04-004+ |

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| 13:00 | **Ultimate Bowls Championship: Moama - Semi Final 1 (R)** The Ultimate Bowls Championship is a celebration of the sport of lawn bowls. It has been designed to respect, showcase and grow the game we love. | **PG** +ULBC01-016+ |

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| 14:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-125+ |

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| 14:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-126+ |

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| 15:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-003+ |

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| 15:30 | **Dog Patrol (R)** Police dog Iko takes his handler Aidan chasing after both youths on a paranormal encounter, an unhappy camper is sniffed out by drug dog Oscar at Mt Eden prison. | **PG** +STFC07-003+ |

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| 16:00 | **Dog Patrol (R)** Whanganui Delta team Jason and Farris extract a burglar from his hidey hole, drug dog Oscar alerts handler Bill to trouble at Mt Eden Prison. | **PG** +STFC07-004+ |

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| 16:30 | **Dog Patrol (R)** Police dog Hades doesn't give up on the chase for a burglar, drug dog Aysa gets stuck in at Waikeria Prison, MPI Labrador Ebony sniffs out something that's just about crawling on the mail belt. | **PG** +STFC07-005+ |

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| 17:00 | **Crash Investigation Unit: Tunnel (R) ’CC’** Investigators face a seven-car pile-up in a busy underground tunnel during peak hour, tonight on CRASH INVESTIGATION UNIT. | **PG** +CIU-005+ |

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| 17:30 | **Escape To The Country: Cumbria (R)** Alistair Appleton joins a couple search for their first home together in the country but struggles to work out if they like the options or not. | **G** +ETTC19-001+ |

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| 18:30 | **Bargain Hunt: Kedleston 18 (R)** Eric Knowles presents from Kedleston Hall, with Danny Sebastian and Jonathan Pratt. | **PG** +BHUN45-022+ |

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| 19:30 | **Pie In The Sky: Lemon Twist (R)** Pie in the Sky does a roaring trade after a rave review. Fisher considers quitting his job. | **PG** +PIES2-010+ |

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| 20:30 | **Billy Connolly: Journey To The Edge Of The World (R)** Billy Connolly continues his entertaining journey travelling from the Atlantic to the Pacific by way of the fabled North West Passage. | **PG** +BCJ-002+ |

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| 21:30 | **Martin Clunes: Islands Of Australia (R) ’CC’** Star of TV series Doc Martin, Martin Clunes, is on a quest to discover the islands of Australia. In this episode, he will visit Norfolk Island, Lord Howe Island and Restoration Island. | **PG** +ISOA01-001+ |

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| 22:30 | **Selling Houses Australia: Selby (R) ’CC’** A family seeks to renovate and sell their multi-level pole home, after one of them develops severe rheumatoid arthritis. | **G** +SEHO07-009+ |

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| 23:30 | **Selling Houses Australia: Grays Point (R) ’CC’** A couple who built their own home attempt to sell it. However, it's only partially complete, and they're trying to sell without an agent. | **G** +SEHO07-010+ |

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| 00:30 | **Helloworld (R) ’CC’** Join the all-star cast as they uncover the greatest travel experiences in the world today. | **PG** +HELW01-011+ |

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| 01:00 | **Dog Patrol (R)** Police dog Iko takes his handler Aidan chasing after both youths on a paranormal encounter, an unhappy camper is sniffed out by drug dog Oscar at Mt Eden prison. | **PG** +STFC07-003+ |

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| 01:30 | **Dog Patrol (R)** Whanganui Delta team Jason and Farris extract a burglar from his hidey hole, drug dog Oscar alerts handler Bill to trouble at Mt Eden Prison. | **PG** +STFC07-004+ |

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| 02:00 | **Escape To The Country: Cumbria (R)** Alistair Appleton joins a couple search for their first home together in the country but struggles to work out if they like the options or not. | **G** +ETTC19-001+ |

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| 03:15 | **Bargain Hunt: Kedleston 18 (R)** Eric Knowles presents from Kedleston Hall, with Danny Sebastian and Jonathan Pratt. | **PG** +BHUN45-022+ |

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| 04:30 | **Crash Investigation Unit: Tunnel (R) ’CC’** Investigators face a seven-car pile-up in a busy underground tunnel during peak hour, tonight on CRASH INVESTIGATION UNIT. | **PG** +CIU-005+ |

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| 05:00 | **Ultimate Bowls Championship: Moama - Semi Final 1 (R)** The Ultimate Bowls Championship is a celebration of the sport of lawn bowls. It has been designed to respect, showcase and grow the game we love. | **PG** +ULBC01-016+ |

 **Saturday 07 March 2020**

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| 06:00 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 06:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 07:00 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 07:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 08:00 | **Travel Oz: Lightening Ridge Easter Festival (R) ’CC’** Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG** +TRAV-015+ |

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| 08:45 | **Travel Oz (R) ’CC’** Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG** +TRAV4-048+ |

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| 09:30 | **NBC Today (R) ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT20-066+ |

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| 11:30 | **The Great Australian Doorstep: Route 66 (R)** We continue our Route 66 tour taking in some of Americas heartland, and some of the worlds most amazing landscapes of Monument Valley and New Mexico. | **PG** +GRAD08-014+ |

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| 12:00 | **Malaysia Kitchen (R)** Alvin whips up a robust potato curry, serves a spicy chicken in a creamy red sauce and is visited by Malaysian food enthusiast, Jackie M, to make a sago pudding with a sugary syrup. | **G** +MKIT01-006+ |

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| 12:30 | **TBA:**  | ++ |

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| 14:00 | **Sydney Weekender (R) ’CC’** Mike loads up on history, health and happy times at The Coal Loader Centre for Sustainability in Waverton. Mel visits the Vibe Hotel and takes in Chinatown and Darling Quarter. Matt heads to Penrith. | **G** +7SWE27-001+ |

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| 14:30 | **The Great Australian Doorstep** Peter and Sheree Everitt explore amazing holiday destinations. | **PG** +GRAD11-004+ |

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| 15:00 | **Creek To Coast (R) ’CC’** Creek to Coast is all things boating, camping, 4WDing, outdoor adventuring and fishing. From bush-bashing to cooking to caravanning to watersports, Creek to Coast has it all. | **G** +7CTC20-004+ |

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| 15:30 | **Weekender ’CC’** Whether it is day tripping to the reef, watching a fiery outback sunset, or brunch at a cool city cafe, Weekender will inspire you to make the most of your precious break.  | **G** +WEKN20-003+ |

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| 16:00 | **Honey I Bought The House: Chris And Charley (Pilot)** Couples are given a £15,000 deposit to get them on the property ladder. The only catch is they are separated immediately and one has three weeks to secure a property - or they lose the money. | **PG (L)**+HBTH01-009+ |

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| 17:00 | **Seven's Horse Racing: Flemington - Australian Cup, Royal Randwick Guineas ’CC’ LIVE**There's Group 1 action aplenty as the Autumn Racing Carnival hots up with $1.5 million Australian Cup over 2000m at Flemington and the $1 million Royal Randwick Guineas over 1600m for three-year-olds. | +SHRC20-006+ |

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| 17:30 | **My Road To Adventure: Sam Frost (R) ’CC’** An intimate insight into the secret holidaying lifestyle of some of Australia's most loved celebrities. | **PG** +MRTA01-002+ |

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| 18:00 | **Helloworld ’CC’ NEW EPISODE**Join the all-star cast as they uncover the greatest travel experiences in the world today. | **PG** +HELW01-012+ |

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| 18:30 | **The Yorkshire Vet In Spring (R)** Joining Julian Norton is his partner, fellow vet and former Herriot trainee, Peter Wright together with their dedicated team of staff at his practice, Skeldale Veterinary Centre. | **PG (A)**+YORK02-002+ |

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| 19:30 | **The Yorkshire Vet NEW EPISODE**Joining Julian Norton is his partner, fellow vet and former Herriot trainee, Peter Wright together with their dedicated team of staff at his practice, Skeldale Veterinary Centre. | **PG (A)**+YORK07-004+ |

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| 20:30 | **Escape To The Country: Dorset NEW EPISODE**Jonnie Irwin is house hunting in Dorset with couple who have realised their dream of retiring in the country. | **G** +ETTC24-033+ |

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| 21:30 | **Escape To The Country: Rutland NEW EPISODE**Margherita Taylor is in the country's smallest county helping a young mother to carve out a new country life for her family. | **G** +ETTC24-034+ |

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| 22:30 | **Escape To The Country: Monmouthshire (R)** Jules Hudson is on a property hunting mission in Monmouthshire with two returning expats and their two young daughters who are seeking a rural family home. | **G** +ETTC23-034+ |

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| 23:30 | **Honey I Bought The House: Chris And Charley (Pilot) (R)** Couples are given a £15,000 deposit to get them on the property ladder. The only catch is they are separated immediately and one has three weeks to secure a property - or they lose the money. | **PG (L)**+HBTH01-009+ |

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| 00:30 | **Escape To The Country: Dorset (R)** Jonnie Irwin is house hunting in Dorset with couple who have realised their dream of retiring in the country. | **G** +ETTC24-033+ |

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| 01:30 | **The Great Australian Doorstep (R)** Peter and Sheree Everitt explore amazing holiday destinations. | **PG** +GRAD11-004+ |

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| 02:00 | **Creek To Coast (R) ’CC’** Creek to Coast is all things boating, camping, 4WDing, outdoor adventuring and fishing. From bush-bashing to cooking to caravanning to watersports, Creek to Coast has it all. | **G** +7CTC20-004+ |

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| 02:30 | **Weekender (R) ’CC’** Whether it is day tripping to the reef, watching a fiery outback sunset, or brunch at a cool city cafe, Weekender will inspire you to make the most of your precious break.  | **G** +WEKN20-003+ |

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| 03:00 | **Queensland Weekender: Queensland Weekender 2019 Ep: 26 (R) ’CC’** Sammie is on the beautiful Capricorn Coast exploring the rainforest and uncovering the natural wonders of the southern end of the Great Barrier Reef. | **G** +7QWE19-026+ |

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| 03:30 | **Malaysia Kitchen (R)** Alvin whips up a robust potato curry, serves a spicy chicken in a creamy red sauce and is visited by Malaysian food enthusiast, Jackie M, to make a sago pudding with a sugary syrup. | **G** +MKIT01-006+ |

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| 04:00 | **The Great Australian Doorstep: Route 66 (R)** We continue our Route 66 tour taking in some of Americas heartland, and some of the worlds most amazing landscapes of Monument Valley and New Mexico. | **PG** +GRAD08-014+ |

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| 04:30 | **Travel Oz: Lightening Ridge Easter Festival (R) ’CC’** Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG** +TRAV-015+ |

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| 05:15 | **Travel Oz (R) ’CC’** Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG** +TRAV4-048+ |