**Sunday 02 February 2020**

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| 06:00 | **It Is Written: Rome And The Reformation**  Religious program. | **PG (A)**  +IIWR20-005+ |

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| 06:30 | **Home Shopping**  Shopping program. | **G**  +INFO01-001+ |

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| 07:00 | **Tomorrow's World: Who Are The End-Time Superpowers?**  Religious program. | **PG**  +TOMW20-005+ |

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| 07:30 | **Leading The Way: Saving Christianity (TV Special)**  Religious program. | **PG**  +LWAY20-005+ |

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| 08:00 | **David Jeremiah: The Hostage**  Religious program. | **PG**  +DAJE20-005+ |

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| 08:30 | **Mum's At The Table**  Mums At The Table is the place where we share, laugh and dream together. It's a TV panel show featuring real women; smart and sassy ladies with real lives, real families, real struggles and real joy. | **PG (A)**  +MTAB01-065+ |

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| 09:00 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 09:30 | **Sydney Weekender (R) ’CC’**  Mike explores the historic town of Jugiong. Karen checks out the Upper Lachlan and Taralga Wildlife Park. Erica sets sail aboard the Majestic Princess. | **G**  +7SWE26-041+ |

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| 10:00 | **The Great Day Out: Quaint Escapes (R) ’CC’**  Courtney visits a country town, south of Toowoomba, Alastair checks out the newest and healthiest foodie trend while Billy is relaxing at a luxury island escape where celebrities have stayed. | **G**  +GDOT19-050+ |

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| 10:30 | **Sport Special: 2020 Cadel Evan's Great Ocean Road Race - Elite Men ’CC’ (2020) LIVE**  The Cadel Evans Great Ocean Road Race Event will deliver cycling action and entertainment for sports fans, cycling enthusiasts, spectators, families and the local community. | +SPSP20-002+ |

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| 16:00 | **Escape To The Country: Cornwall (R)**  Nicki Chapman heads to Cornwall on a property search with a couple who have realised their dream of starting their married life together near the Cornish coast. | **G**  +ETTC24-023+ |

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| 17:00 | **Escape To The Country: Dorset (R)**  Nicki Chapman helps a happily married house hunting couple who want to buy a slice of romance for their retirement years in the Dorset countryside. | **G**  +ETTC24-024+ |

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| 18:00 | **Escape To The Country: Shropshire (R)**  Alistair Appleton is house hunting with a soon-to-be-married couple who have 470,000-pounds to start a new life in rural Shropshire. | **G**  +ETTC23-029+ |

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| 19:00 | **Border Security - Australia's Front Line (R) ’CC’**  A passenger loses his temper when suspicious contents are discovered in his bags, and immigration officers hunt down illegal workers. | **PG**  +BORD-129+ |

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| 19:30 | **Border Security - Australia's Front Line (R) ’CC’**  Officers go on a manhunt through the airport to find the accomplice of a woman suspected of smuggling drugs. | **PG**  +BORD-130+ |

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| 20:00 | **Border Security - Australia's Front Line (R) ’CC’**  A drug search of a woman takes an unexpected turn, while a suspicious box of engine parts shows a major defect. | **PG**  +BORD-131+ |

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| 20:30 | **Gold Coast Medical (R) ’CC’**  An elite young sports star faces a future without footy after a freak golfing accident, and eight-year-old Jacks thumb won't bend - and his sister has had enough. | **PG (A)**  +GMED01-009+ |

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| 21:30 | **Hospital (R) ’CC’**  Surgeons are forced to use unconventional methods to get their operations completed against the odds. | **PG (A)**  +LADW01-006+ |

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| 22:45 | **Air Crash Investigations: Scratching The Surface (R) ’CC’**  May 25, 2002. China Airlines Boeing 747 disintegrates mid-air and crashes into the Taiwan Strait, just twenty minutes after take off. | **PG**  +MDAY7-001+ |

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| 23:45 | **Border Security - Australia's Front Line (R) ’CC’**  A passenger loses his temper when suspicious contents are discovered in his bags, and immigration officers hunt down illegal workers. | **PG**  +BORD-129+ |

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| 00:15 | **Gold Coast Medical (R) ’CC’**  An elite young sports star faces a future without footy after a freak golfing accident, and eight-year-old Jacks thumb won't bend - and his sister has had enough. | **PG (A)**  +GMED01-009+ |

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| 01:30 | **Sydney Weekender (R) ’CC’**  Mike explores the historic town of Jugiong. Karen checks out the Upper Lachlan and Taralga Wildlife Park. Erica sets sail aboard the Majestic Princess. | **G**  +7SWE26-041+ |

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| 02:00 | **House Calls To The Rescue (R) ’CC’**  The building and gardening teams combine to rescue a family's backyard botch-up. Plus our treasure hunter finds a fortune in old movie posters. | **G**  +HSCL-017+ |

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| 03:00 | **My Greek Odyssey (R)**  This episode sees Peter finishing up his time on Thassos, before heading to the Holiest place in Greece, Mount Athos, where 20 monasteries sit on a 300 square kilometer peninsula. | **PG**  +MYGO02-002+ |

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| 04:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-077+ |

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| 04:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-078+ |

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| 05:00 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-167+ |

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| 05:30 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

**Monday 03 February 2020**

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| 06:00 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 06:30 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 07:00 | **ZooMoo Wild Friends (R) ’CC’**  Flash is lost! Where could he be? He might be in danger! Help Owl and Piglet unravel the clues so we can find our friend, Flash, and then bring him back home, safe and sound! | **C**  +ZOMO02-061+ |

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| 07:30 | **Get Arty (R) ’CC’**  Learn some fantastic techniques for painting on clay sculptures, turn wooden blocks into magnificent monsters, or use watercolours to create a feathery artwork, in this episode of Get Arty. | **C**  +ARFA01-028+ |

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| 08:00 | **Pipsqueaks: Caterpillar & City (R) ’CC’**  Follow the adventures of four furry creatures called the Pipsqueaks, who live in a huge adventure playground. They sing, dance, laugh and learn. | **P**  +PIPQ-024+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-077+ |

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| 09:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-078+ |

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| 09:30 | **NBC Today (R) ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT20-033+ |

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| 10:30 | **Malaysia Kitchen (R)**  Alvin serves up authentic rendang beef and a luscious coconut milk pudding. Malaysian food enthusiast, Jackie M, visits the kitchen to share her recipe for delicious Cantonese rice noodle rolls. | **G**  +MKIT01-002+ |

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| 11:00 | **The Great Australian Doorstep: New Zealand Motorhome Tour (R)**  We finish our New Zealand motorhome tour with an open air double decker bus tour of Christchurch's earthquake ravaged CBD before finishing off in the breathtaking Milford Sound and Queenstown. | **PG**  +GRAD08-009+ |

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| 11:30 | **Better Homes And Gardens Summer: Summer Series (R) ’CC’**  Better Homes and Gardens Summer Series. | **G**  +BHGS16-010+ |

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| 13:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-077+ |

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| 13:30 | **TBA:** | ++ |

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| 15:30 | **Mighty Ships: Le Boreal (R)**  Climb aboard for an exclusive look at some of the coolest working vessels in the world. | **PG**  +MTYS05-003+ |

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| 16:30 | **Under The Hammer (R) ’CC’**  Rosemary and Mick are moving onto a bigger home. After a renovation and sales campaign, a storm on auction day threatens to undo it all. Then, Ian attempts to sell his mother's old and run down home. | **PG**  +UTHM2-002+ |

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| 17:00 | **The Real Seachange (R) ’CC’**  Meet David and Sue who have swapped a Sydney factory for a small vineyard. But are slim pickings enough to survive? | **G**  +RLSC-013+ |

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| 17:30 | **The Yorkshire Vet in Autumn (R)**  Set in Autumn, watch as everything from hedgehogs to squirrels come into the vets, and follow the animals getting ready for a healthy winter hibernation. | **PG (A)**  +YORK03-002+ |

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| 18:30 | **Bargain Hunt: Southwell 28 (R)**  Anita Manning presents as the hunt for bargains heads to Southwell Racecourse in Nottinghamshire. | **G**  +BHUN44-030+ |

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| 19:30 | **Doc Martin: Perish Together As Fools (R)**  Dr. Martin Ellingham is shocked to find Louisa and Aunt Joan knocking at his door before the Surgery has opened. | **PG (D)**  +DOCM4-003+ |

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| 20:30 | **The Inspector Lynley Mysteries: Playing For The Ashes (R)**  Lynley and Haver are called in to investigate the case of an arsonist who has murdered a popular cricket hero. Starring:ANDREW CLOVER,CLARE SWINBURNE,CURTIS FLOWERS,MARK BRIGHON,JOE DUTTINE,RUTH GEMMELL,PHILLIS LOGAN,NEVE MCINTOSH | **PG (A,V)**  +INLM2-001+ |

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| 22:30 | **Air Crash Investigations: Lockerbie Disaster (R) ’CC’**  On December 21, 1988, a packed passenger plane flying over the village exploded mid-air, shooting fireballs of debris onto the residents below. | **PG**  +MDAY7-002+ |

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| 23:30 | **Mighty Ships: Le Boreal (R)**  Climb aboard for an exclusive look at some of the coolest working vessels in the world. | **PG**  +MTYS05-003+ |

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| 00:30 | **The Real Seachange (R) ’CC’**  Meet David and Sue who have swapped a Sydney factory for a small vineyard. But are slim pickings enough to survive? | **G**  +RLSC-013+ |

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| 01:00 | **Doc Martin: Perish Together As Fools (R)**  Dr. Martin Ellingham is shocked to find Louisa and Aunt Joan knocking at his door before the Surgery has opened. | **PG (D)**  +DOCM4-003+ |

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| 02:00 | **The Yorkshire Vet in Autumn (R)**  Set in Autumn, watch as everything from hedgehogs to squirrels come into the vets, and follow the animals getting ready for a healthy winter hibernation. | **PG (A)**  +YORK03-002+ |

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| 03:00 | **Bargain Hunt: Southwell 28 (R)**  Anita Manning presents as the hunt for bargains heads to Southwell Racecourse in Nottinghamshire. | **G**  +BHUN44-030+ |

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| 04:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-079+ |

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| 04:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-080+ |

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| 05:00 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-168+ |

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| 05:30 | **Under The Hammer (R) ’CC’**  Rosemary and Mick are moving onto a bigger home. After a renovation and sales campaign, a storm on auction day threatens to undo it all. Then, Ian attempts to sell his mother's old and run down home. | **PG**  +UTHM2-002+ |

**Tuesday 04 February 2020**

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| 06:00 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 06:30 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 07:00 | **ZooMoo Wild Friends (R) ’CC’**  Flash is lost! Where could he be? He might be in danger! Help Owl and Piglet unravel the clues so we can find our friend, Flash, and then bring him back home, safe and sound! | **C**  +ZOMO02-062+ |

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| 07:30 | **Get Arty (R) ’CC’**  Adorable panda cupcakes, a fishy chalk drawing, a DIY pencil case, and inspirational artists photographer Cameron Bloom and comic book illustrator Mark Sexton. | **C**  +ARFA01-029+ |

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| 08:00 | **Pipsqueaks: Slow & Houses (R) ’CC’**  Follow the adventures of four furry creatures called the Pipsqueaks, who live in a huge adventure playground. They sing, dance, laugh and learn. | **P**  +PIPQ-025+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-079+ |

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| 09:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-080+ |

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| 09:30 | **NBC Today (R) ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT20-034+ |

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| 12:00 | **Helloworld (R) ’CC’**  Join the all-star cast as they uncover the greatest travel experiences in the world today. | **PG**  +HELW01-007+ |

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| 12:30 | **Creek To Coast: Town to Port (R) ’CC’**  Scotty is caravanning from Townville to Port Douglas, along the way meeting great people, discovering amazing food and exploring stunning locations. | **G**  +7CTC19-045+ |

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| 13:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-079+ |

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| 13:30 | **TBA:** | ++ |

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| 15:00 | **Special: Nippers Safe For Life (2020)**  We spend time on the sand with the junior surf lifesavers, better known as Nippers, who are learning big life lessons while having great fun on beautiful Queensland beaches. | **PG**  +AUMS85-001+ |

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| 15:30 | **Mighty Ships: Peregrino (R)**  Climb aboard for an exclusive look at some of the coolest working vessels in the world. | **PG**  +MTYS05-004+ |

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| 16:30 | **Under The Hammer (R) ’CC’**  Retirees Mel and Vivian want to sell their Doncaster home and travel but need a high price. Peter and Craig want to move from the city to the Central Coast but on auction day, everything goes wrong. | **PG**  +UTHM2-003+ |

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| 17:00 | **The Real Seachange (R) ’CC’**  Follow three families who are about to change their lives forever. They quit their jobs, sell their houses and risk it all for happiness. Hosted by JOHN HOWARD. | **G**  +RLSC2-001+ |

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| 17:30 | **The Yorkshire Vet in Autumn (R)**  Set in Autumn, watch as everything from hedgehogs to squirrels come into the vets, and follow the animals getting ready for a healthy winter hibernation. | **PG (A)**  +YORK03-003+ |

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| 18:30 | **Bargain Hunt: Carmarthen 32 (R)**  The bargain hunters are in west Wales at the National Botanic Gardens of Wales, with Christina Trevanion at the helm and expert assistance supplied by Richard Madley and Caroline Hawley. | **G**  +BHUN44-031+ |

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| 19:30 | **Cold Case: Hubris (R) ’CC’**  A former college professor, Roy Minard, asks Rush to reopen a murder case. Minard's career ended in disgrace when he became the prime suspect in the violent murder of his student Holly Rickter. | **M (V,S)**  +COLC01-011+ |

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| 20:30 | **Without A Trace: Fallout, Pt. 2 ’CC’**  Jack's squad must determine the best course of action when Samantha is shot and possibly critically injured in a hostage situation. | **M (V)**  +WIAT01-023+ |

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| 21:30 | **Without A Trace ’CC’**  When a school bus full of students goes missing during its morning run in a wealthy district, Jack and the team suspect two troublemaking students, brothers Doug and Richard Carrol. | **M (V)**  +WIAT02-001+ |

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| 22:30 | **Criminal Confessions: Edmonton (R) ’CC’**  When a hardworking single mother with a history of heart issues is found dead, detectives assume she died of natural causes, but as the investigation progresses, it's made clear foul play was involved | **M (V,L)**  +CCON01-004+ |

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| 23:30 | **Mighty Ships: Peregrino (R)**  Climb aboard for an exclusive look at some of the coolest working vessels in the world. | **PG**  +MTYS05-004+ |

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| 00:30 | **The Real Seachange (R) ’CC’**  Follow three families who are about to change their lives forever. They quit their jobs, sell their houses and risk it all for happiness. Hosted by JOHN HOWARD. | **G**  +RLSC2-001+ |

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| 01:00 | **Auction Squad (R) ’CC’**  A faded family home soon becomes alive as the team turns a rundown front yard with a drab driveway into a garden with a soft welcoming feel. | **G**  +AUCS2-002+ |

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| 02:00 | **The Yorkshire Vet in Autumn (R)**  Set in Autumn, watch as everything from hedgehogs to squirrels come into the vets, and follow the animals getting ready for a healthy winter hibernation. | **PG (A)**  +YORK03-003+ |

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| 03:00 | **Bargain Hunt: Carmarthen 32 (R)**  The bargain hunters are in west Wales at the National Botanic Gardens of Wales, with Christina Trevanion at the helm and expert assistance supplied by Richard Madley and Caroline Hawley. | **G**  +BHUN44-031+ |

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| 04:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-081+ |

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| 05:00 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-169+ |

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| 05:30 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

**Wednesday 05 February 2020**

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| 06:00 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 06:30 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 07:00 | **ZooMoo Wild Friends (R) ’CC’**  Flash is lost! Where could he be? He might be in danger! Help Owl and Piglet unravel the clues so we can find our friend, Flash, and then bring him back home, safe and sound! | **C**  +ZOMO02-063+ |

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| 07:30 | **Get Arty (R) ’CC’**  Learn a super simple recipe for an edible flower, make your nightmares disappear by creating a beautiful dream catcher, and draw in 3D. | **C**  +ARFA01-030+ |

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| 08:00 | **Pipsqueaks: Friends & Loosing And Finding (R) ’CC’**  Follow the adventures of four furry creatures called the Pipsqueaks, who live in a huge adventure playground. They sing, dance, laugh and learn. | **P**  +PIPQ-026+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-081+ |

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| 09:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-082+ |

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| 09:30 | **NBC Today (R) ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT20-035+ |

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| 12:00 | **Queensland Weekender: Flavours of the Outback ’CC’**  Join us for a very special red dirt adventure through Queensland’s agricultural heartland. | **G**  +7QWE19-048+ |

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| 12:30 | **The Great Day Out: Quaint Escapes (R) ’CC’**  Courtney visits a country town, south of Toowoomba, Alastair checks out the newest and healthiest foodie trend while Billy is relaxing at a luxury island escape where celebrities have stayed. | **G**  +GDOT19-050+ |

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| 13:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-081+ |

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| 13:30 | **TBA:** | ++ |

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| 15:00 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-169+ |

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| 15:30 | **Mighty Ships: USS Gravely (R)**  Climb aboard for an exclusive look at some of the coolest working vessels in the world. | **PG**  +MTYS05-005+ |

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| 16:30 | **Under The Hammer (R) ’CC’**  Steve & Bernadette are expecting their second baby and need a good price so they can build their dream home. Then, it's a battle between first home buyers as Annalise and Steve bid on a home. | **PG**  +UTHM2-004+ |

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| 17:00 | **The Real Seachange (R) ’CC’**  Ian and Michele think they've discovered their Eden but when reality bites - have they got the right stuff to survive? | **G**  +RLSC2-002+ |

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| 17:30 | **The Yorkshire Vet in Autumn (R)**  Set in Autumn, watch as everything from hedgehogs to squirrels come into the vets, and follow the animals getting ready for a healthy winter hibernation. | **PG (A,S)**  +YORK03-004+ |

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| 18:30 | **Bargain Hunt: Edinburgh 24 (R)**  Thomas Plant presents from Edinburgh's Royal Highland Centre with experts Kate Bliss and Ben Cooper. | **G**  +BHUN44-032+ |

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| 19:30 | **Border Security - Australia's Front Line (R) ’CC’**  A woman goes to pieces when asked if she has drugs in her stomach, while a drawn out battle at the border for a famous artist occurs. | **PG**  +BORD-132+ |

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| 20:00 | **Border Security - Australia's Front Line (R) ’CC’**  A cocky passenger admits to criminal behaviour, but evidence is found that will wipe the smirk off of his face. | **PG**  +BORD-133+ |

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| 20:30 | **Criminal Minds: Dust And Bones (R) ’CC’**  The BAU searches for an unsub in Austin, Texas who is targeting prominent members of the community. | **M (A,V)**  +CRMD13-007+ |

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| 21:30 | **Criminal Minds: Neon Terror (R) ’CC’**  When an unsub in Miami sensationalizes his crimes by giving the local media exclusive footage, the BAU is called in to investigate. | **M (A,V)**  +CRMD13-008+ |

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| 22:30 | **Criminal Minds: Lo-Fi (R) ’CC’**  The BAU must determine if a series of random shootings are the work of a serial killer or a team of killers. | **M**  +CRMD3-020+ |

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| 23:30 | **Border Security - Australia's Front Line (R) ’CC’**  A woman goes to pieces when asked if she has drugs in her stomach, while a drawn out battle at the border for a famous artist occurs. | **PG**  +BORD-132+ |

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| 00:00 | **Border Security - Australia's Front Line (R) ’CC’**  A cocky passenger admits to criminal behaviour, but evidence is found that will wipe the smirk off of his face. | **PG**  +BORD-133+ |

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| 00:30 | **Mighty Ships: USS Gravely (R)**  Climb aboard for an exclusive look at some of the coolest working vessels in the world. | **PG**  +MTYS05-005+ |

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| 01:30 | **The Cosmetic Surgery Show (R)**  Follows one of Australia's leading Cosmetic and Dermatological Surgeons, Dr Daniel Lanzer, as he and his team perform incredible procedures. | **MA**  +CMCF02-003+ |

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| 02:00 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 02:30 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 03:00 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 03:30 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 04:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-083+ |

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| 04:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-084+ |

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| 05:00 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-170+ |

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| 05:30 | **Under The Hammer (R) ’CC’**  Steve & Bernadette are expecting their second baby and need a good price so they can build their dream home. Then, it's a battle between first home buyers as Annalise and Steve bid on a home. | **PG**  +UTHM2-004+ |

**Thursday 06 February 2020**

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| 06:00 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 06:30 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 07:00 | **ZooMoo Wild Friends (R) ’CC’**  Flash is lost! Where could he be? He might be in danger! Help Owl and Piglet unravel the clues so we can find our friend, Flash, and then bring him back home, safe and sound! | **C**  +ZOMO02-064+ |

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| 07:30 | **Get Arty (R) ’CC’**  Today, paint with cotton tips, do stop-motion animation, give your room a starry makeover, and immerse yourself in virtual Aboriginal storytelling! | **C**  +ARFA01-031+ |

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| 08:00 | **Pipsqueaks: Sleeping & Sneezing (R) ’CC’**  Follow the adventures of four furry creatures called the Pipsqueaks, who live in a huge adventure playground. They sing, dance, laugh and learn. | **P**  +PIPQ-027+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-083+ |

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| 09:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-084+ |

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| 09:30 | **NBC Today (R) ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT20-036+ |

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| 12:00 | **My Greek Odyssey (R)**  This episode sees Peter finishing up his time on Thassos, before heading to the Holiest place in Greece, Mount Athos, where 20 monasteries sit on a 300 square kilometer peninsula. | **PG**  +MYGO02-002+ |

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| 13:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-083+ |

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| 13:30 | **TBA:** | ++ |

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| 15:00 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-170+ |

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| 15:30 | **Mighty Ships: Umiak 1 (R)**  Climb aboard for an exclusive look at some of the coolest working vessels in the world. | **PG**  +MTYS05-006+ |

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| 16:30 | **Under The Hammer (R) ’CC’**  Raj is moving out of home and hopes to buy near the city. But in a hot market, his ideal home may not be possible. April and Troy have bought a country home and need their old home to sell quickly. | **PG**  +UTHM2-005+ |

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| 17:00 | **The Real Seachange (R) ’CC’**  After a disastrous opening night at his newly bought pub, Max does something crazy to win customers over. | **PG**  +RLSC2-003+ |

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| 17:30 | **The Yorkshire Vet in Autumn (R)**  Set in Autumn, watch as everything from hedgehogs to squirrels come into the vets, and follow the animals getting ready for a healthy winter hibernation. | **PG (A)**  +YORK03-005+ |

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| 18:30 | **Bargain Hunt: Builth Wells 1 (R)**  Natasha Raskin presents as the hunt for bargains heads to the Royal Welsh Showground in Builth Wells. | **PG**  +BHUN45-001+ |

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| 19:30 | **Father Brown: The Curse Of Amenhotep (R) ’CC’**  Father Brown and Lady Felicia are visiting a museum owned by her Egyptologist friend Sir Raleigh Beresford, who has just married the much younger Caterina. | **M (V,A)**  +FBRO03-002+ |

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| 20:30 | **Judge John Deed: Everyone's Child (R)**  Deed hears the case of a 15 year old who is refusing a heart transplant because of the use of animals in drug testing. When the boy's condition worsens Deed must make a life changing ruling. Starring:MARK WOMACK,SAMANTHA JANUS,NICHOLAS HOULT | **M (V)**  +JJD2-004+ |

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| 22:30 | **Jonathan Creek: Mother Redcap (R)**  When a judge receives a death threat he gets round the clock protection. Still, he is killed, so how did the killer get past the police? Starring:ALAN DAVIES,CAROLINE QUENTIN | **M (N,V)**  +JNTC2-006+ |

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| 23:30 | **Mighty Ships: Umiak 1 (R)**  Climb aboard for an exclusive look at some of the coolest working vessels in the world. | **PG**  +MTYS05-006+ |

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| 00:30 | **The Cosmetic Surgery Show (R)**  Follows one of Australia's leading Cosmetic and Dermatological Surgeons, Dr Daniel Lanzer, as he and his team perform incredible procedures. | **MA**  +CMCF02-003+ |

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| 01:00 | **Father Brown: The Curse Of Amenhotep (R) ’CC’**  Father Brown and Lady Felicia are visiting a museum owned by her Egyptologist friend Sir Raleigh Beresford, who has just married the much younger Caterina. | **M (V,A)**  +FBRO03-002+ |

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| 02:00 | **The Yorkshire Vet in Autumn (R)**  Set in Autumn, watch as everything from hedgehogs to squirrels come into the vets, and follow the animals getting ready for a healthy winter hibernation. | **PG (A)**  +YORK03-005+ |

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| 03:00 | **Bargain Hunt: Builth Wells 1 (R)**  Natasha Raskin presents as the hunt for bargains heads to the Royal Welsh Showground in Builth Wells. | **PG**  +BHUN45-001+ |

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| 04:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-085+ |

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| 04:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-086+ |

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| 05:00 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-171+ |

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| 05:30 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

**Friday 07 February 2020**

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| 06:00 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 06:30 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 07:00 | **ZooMoo Wild Friends (R) ’CC’ SEASON FINAL**  Flash is lost! Where could he be? He might be in danger! Help Owl and Piglet unravel the clues so we can find our friend, Flash, and then bring him back home, safe and sound! | **C**  +ZOMO02-065+ |

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| 07:30 | **Get Arty (R) ’CC’**  Today on Get Arty, make your own tattoos, do giraffey face paint, weave plants into fashion, and do some starry, starry nail art! | **C**  +ARFA01-032+ |

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| 08:00 | **Pipsqueaks: Mouths & What Has Spots (R) ’CC’**  Follow the adventures of four furry creatures called the Pipsqueaks, who live in a huge adventure playground. They sing, dance, laugh and learn. | **P**  +PIPQ-028+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-085+ |

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| 09:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-086+ |

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| 09:30 | **NBC Today (R) ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT20-037+ |

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| 12:00 | **The Zoo (R) ’CC’**  A panda is about to become a first-time mum. Then, an electrical storm leaves a flying fox orphaned, while an orangutan faces a cancer scare. | **G**  +ZOOT3-006+ |

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| 12:30 | **The Zoo (R) ’CC’**  Bush rats overrun an exclusive Sydney suburb, an elderly black rhino loses her appetite and an oryx suffers an identity crisis. Narrated by | **G**  +ZOOT3-007+ |

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| 13:00 | **Auction Squad (R) ’CC’**  The team restore a gracious old semi back to its former federation glory. | **G**  +AUCS2-004+ |

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| 14:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-085+ |

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| 14:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-086+ |

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| 15:00 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-171+ |

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| 15:30 | **Mighty Ships: Crystal Serenity (R)**  Climb aboard for an exclusive look at some of the coolest working vessels in the world. | **PG**  +MTYS06-001+ |

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| 16:30 | **Under The Hammer (R) ’CC’**  Sue has already received a pre-auction offer for her home but must decide whether to accept it or gamble at auction. Elsewhere, a seller is a no show at auction time causing bidders to leave. | **PG**  +UTHM2-006+ |

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| 17:00 | **The Real Seachange (R) ’CC’**  It's opening day at the Boardwalk Restaurant but there's already dissent in the ranks. | **G**  +RLSC2-004+ |

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| 17:30 | **The Yorkshire Vet in Autumn (R)**  Set in Autumn, watch as everything from hedgehogs to squirrels come into the vets, and follow the animals getting ready for a healthy winter hibernation. | **PG (A)**  +YORK03-006+ |

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| 18:30 | **Bargain Hunt: Newbury 5 (R)**  Charlie Ross presents as the hunt for bargains heads to Newbury Showground in Berkshire. | **PG**  +BHUN45-002+ |

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| 19:30 | **Pie In The Sky: Black Pudding (R)**  In addition to sorting out a feud between John and Steve, Henry answers a distress call from his culinary idol. | **PG**  +PIES2-006+ |

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| 20:30 | **Martin Clunes: Horsepower: Martin Clunes: Horsepower (R) (2009)**  Martin Clunes journey continues as he visits Italy's beautiful medieval city of Siena and the nomadic mountains of Kazakhstan in Central Asia. Starring:AIDEN COLEMAN,ALAN LARSEN,MARTIN CLUNES,MAJOR SIMON ROBINSON,VENETIA WILLIAMS | **PG**  +ITVS-002+ |

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| 21:30 | **Tales From The Coast With Robson Green: Pembrokeshire (R) ’CC’**  Join Robson Green as he explores the shores of Britain, on a journey to find out just what it is that makes the coast so special and how Britain has been defined by its relationship with the sea. | **PG**  +TALE01-002+ |

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| 22:30 | **Selling Houses Australia: Inherited Queenslander (R) ’CC’**  Two brothers who have inherited a house attempt to sell it in order to avoid a big capital gains tax bill. | **G**  +SEHO05-008+ |

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| 23:30 | **Pie In The Sky: Black Pudding (R)**  In addition to sorting out a feud between John and Steve, Henry answers a distress call from his culinary idol. | **PG**  +PIES2-006+ |

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| 00:30 | **Mighty Ships: Crystal Serenity (R)**  Climb aboard for an exclusive look at some of the coolest working vessels in the world. | **PG**  +MTYS06-001+ |

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| 01:45 | **The Yorkshire Vet in Autumn (R)**  Set in Autumn, watch as everything from hedgehogs to squirrels come into the vets, and follow the animals getting ready for a healthy winter hibernation. | **PG (A)**  +YORK03-006+ |

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| 03:00 | **Bargain Hunt: Newbury 5 (R)**  Charlie Ross presents as the hunt for bargains heads to Newbury Showground in Berkshire. | **PG**  +BHUN45-002+ |

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| 04:00 | **Under The Hammer (R) ’CC’**  Sue has already received a pre-auction offer for her home but must decide whether to accept it or gamble at auction. Elsewhere, a seller is a no show at auction time causing bidders to leave. | **PG**  +UTHM2-006+ |

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| 04:30 | **The Cosmetic Surgery Show (R)**  Follows one of Australia's leading Cosmetic and Dermatological Surgeons, Dr Daniel Lanzer, as he and his team perform incredible procedures. | **MA**  +CMCF02-003+ |

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| 05:00 | **Auction Squad (R) ’CC’**  The team restore a gracious old semi back to its former federation glory. | **G**  +AUCS2-004+ |

**Saturday 08 February 2020**

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| 06:00 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 06:30 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 07:00 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 07:30 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 08:00 | **Travel Oz: Lord Howe Island & Perth (R) ’CC’**  Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG**  +TRAV-011+ |

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| 08:45 | **Travel Oz: Crave (R) ’CC’**  This week, Greg heads to Sydney to celebrate a month-long festival known as CRAVE which includes Fiestas on Darling Harbour, island hopping, a comedy island and breakfast on the Sydney Harbour Bridge. | **PG**  +TRAV3-009+ |

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| 09:30 | **NBC Today (R) ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT20-038+ |

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| 11:30 | **The Great Australian Doorstep: Cairns (R)**  Far North Queensland never disappoints, so join us as we take you around Cairns and the Great Barrier Reef. | **PG**  +GRAD08-010+ |

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| 12:00 | **The Great Day Out: Hidden Gems ’CC’**  Jillian uncovers all that is new the West End art scene, Tamsyn enjoys a solar powered canoe ride through paradise while Laurel uncovers a few hidden gems on a daytrip. | **G**  +GDOT19-051+ |

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| 12:30 | **Seven's Horse Racing: Inglis Millennium Day ’CC’ LIVE**  Details TBC. | +SHRC20-003+ |

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| 17:00 | **Building The Dream: Scotland (R)**  Charlie's heading to Scotland to meet Pete and Jen Chumley, who are building a five bedroom family home in rural Perthshire for them and children Niamh and Miles. | **G**  +BUTD01-006+ |

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| 18:00 | **Helloworld ’CC’ NEW EPISODE**  Join the all-star cast as they uncover the greatest travel experiences in the world today. | **PG**  +HELW01-008+ |

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| 18:30 | **The Yorkshire Vet (R)**  Joining Julian Norton is his partner, fellow vet and former Herriot trainee, Peter Wright together with their dedicated team of staff at his practice, Skeldale Veterinary Centre. | **PG (A)**  +YORK01-004+ |

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| 19:30 | **The Yorkshire Vet NEW EPISODE**  Joining Julian Norton is his partner, fellow vet and former Herriot trainee, Peter Wright together with their dedicated team of staff at his practice, Skeldale Veterinary Centre. | **PG (A)**  +YORK06-008+ |

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| 20:30 | **Escape To The Country: Welsh Borders NEW EPISODE**  Margherita Taylor helps a house searching couple who want to make a much yearned for leap to a country life on the Welsh borders. | **G**  +ETTC24-025+ |

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| 21:30 | **Escape To The Country: Worcestershire NEW EPISODE**  Jules Hudson is on a house hunting mission in South Worcestershire with a young couple who have just got engaged and are looking for their first joint house purchase. | **G**  +ETTC24-026+ |

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| 22:30 | **Escape To The Country: Devon (R)**  Jonnie Irwin is tasked with helping a nomadic couple find their sixteenth home. They have 500,000-pounds to find a picturesque property near the Devon coast. | **G**  +ETTC23-030+ |

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| 23:30 | **Honey I Bought The House: Francesca And Alex**  Couples are given a £15,000 deposit to get them on the property ladder. The only catch is they are separated immediately and one has three weeks to secure a property - or they lose the money. | **PG (L)**  +HBTH01-005+ |

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| 00:30 | **Escape To The Country: Welsh Borders (R)**  Margherita Taylor helps a house searching couple who want to make a much yearned for leap to a country life on the Welsh borders. | **G**  +ETTC24-025+ |

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| 01:30 | **The Great Australian Doorstep: Cairns (R)**  Far North Queensland never disappoints, so join us as we take you around Cairns and the Great Barrier Reef. | **PG**  +GRAD08-010+ |

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| 02:00 | **Malaysia Kitchen (R)**  Alvin serves up authentic rendang beef and a luscious coconut milk pudding. Malaysian food enthusiast, Jackie M, visits the kitchen to share her recipe for delicious Cantonese rice noodle rolls. | **G**  +MKIT01-002+ |

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| 02:30 | **SA Weekender: Book Them Out ’CC’**  Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. | **G**  +SAWE19-039+ |

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| 03:00 | **Creek To Coast: South Australia Road Trip (R) ’CC’**  Scotty and Olivia tick off South Australia's must catch on this extraordinary fishing trip to Port Lincoln. If you love fishing you are going to love this episode. | **G**  +7CTC19-046+ |

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| 03:30 | **Queensland Weekender: Queensland Weekender 2019 Ep: 22 (R) ’CC’**  Chris is on a winter escape in the hills above Kenilworth. Liz is on the iconic Mary Valley Rattler. While Lee is aboard the Koala express, en route to Lone Pine Koala Sanctuary. | **G**  +7QWE19-022+ |

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| 04:00 | **The Great Day Out: Hidden Gems (R) ’CC’**  Jillian uncovers all that is new the West End art scene, Tamsyn enjoys a solar powered canoe ride through paradise while Laurel uncovers a few hidden gems on a daytrip. | **G**  +GDOT19-051+ |

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| 04:30 | **Travel Oz: Lord Howe Island & Perth (R) ’CC’**  Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG**  +TRAV-011+ |

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| 05:15 | **Travel Oz: Crave (R) ’CC’**  This week, Greg heads to Sydney to celebrate a month-long festival known as CRAVE which includes Fiestas on Darling Harbour, island hopping, a comedy island and breakfast on the Sydney Harbour Bridge. | **PG**  +TRAV3-009+ |