**Sunday 06 January 2019**

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| 06:00  | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 06:30 | **Amazing Facts** Religious program. | **PG** +AMFA19-001+ |

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| 07:00 | **Tomorrow's World: Understanding Bible Mysteries** Religious program. | **PG** +TOMW19-001+ |

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| 07:30 | **Leading The Way: We Preach Christ** Religious program. | **PG** +LWAY19-001+ |

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| 08:00 | **David Jeremiah: Joseph: Overcoming Disappointments** Religious program. | **PG** +DAJE19-001+ |

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| 08:30 | **Hour Of Power: Secrecy Gives It Power** Religious program. | **G** +HOOP19-001+ |

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| 09:00  | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 09:30 | **Mum's At The Table** Mums At The Table is the place where we share, laugh and dream together. It's a TV panel show featuring real women; smart and sassy ladies with real lives, real families, real struggles and real joy.  | **PG** +MTAB01-009+ |

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| 10:00 | **House Of Wellness: Summer Special (R) ’CC’** Hosted by Ed Phillips and Zoe Marshall, with feature guests and locations that highlight living well is important but can also be fun. | **PG** +HOWL02-044+ |

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| 11:00 | **NBC Today (R) ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-005+ |

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| 12:00 | **Jump Off ’CC’** Bringing together household names from horse racing and show jumping. This high-stakes show jumping competition showcases five teams as they battle it out for $100,000. | **PG** +JUOF01-011+ |

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| 13:00 | **Malaysia Kitchen (R)** In today's episode, Alvin shares a unique tea infused rish dish and a Nyonya style stew. Veteran chef, Carol Selva Rajah visits the kitchen to make delicious fried bean curd. | **G** +MKIT01-010+ |

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| 13:30 | **Australia's Best Backyards (R) ’CC’** A crazy Bali courtyard competes with a re-claimed bush garden, complete with giant growing green giant. Jamie shows us a backyard that looks more like a 5-star resort. | **G** +ABBY2-004+ |

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| 14:00 | **House Of Wellness: Summer Special ’CC’** Hosted by Ed Phillips and Zoe Marshall, with feature guests and locations that highlight living well is important but can also be fun. | **PG** +HOWL02-045+ |

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| 15:00 | **Escape To The Country: Victorian Properties (R)** Denise Nurse looks back at some of the best Victorian properties featured in past programmes. She tours Osbourne House, Queen Victoria's own escape to the country on the Isle of Wight. | **G** +ETTC10-011+ |

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| 16:00 | **Escape To The Country: Wales (R)** Jules Hudson takes a look back at the best Welsh properties featured on past programmes. Also, he gets a guided tour of Port Merion and visits a working slate mine. | **G** +ETTC10-012+ |

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| 17:00 | **The Yorkshire Vet (R)** Vets Julian Norton and Peter Wright continue to lead the programme as they introduce us to a whole range of clients and their animals of all shapes and sizes. | **PG (A)**+YORK04-002+ |

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| 18:00 | **Dog Patrol (R)** Police dog Hades doesn't give up on the chase for a burglar, drug dog Aysa gets stuck in at Waikeria Prison, MPI Labrador Ebony sniffs out something that's just about crawling on the mail belt. | **PG** +STFC07-005+ |

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| 18:30 | **Air Rescue** A local who has fallen into the ocean is frozen in fear, refusing to let go of a rock ledge. A head on car collision leaves two tourists in trouble. A school student on a charity walk hurts her ankle. | **PG** +AIRR05-005+ |

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| 19:00 | **Motorway Patrol: One Hour Special: Motorway Runner (R)** A driver tries to escape from police, officers stop a boy racer's pink sticker scam and a driver so drunk he doesn't know he's lost a wheel. | **PG** +MOTP5-001+ |

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| 20:00 | **Coastwatch Oz: Crab Catcher (R) ’CC’** Fisheries mount a major high-tech undercover campaign to catch thieves pillaging the nets of commercial crab fishermen. Then, officers deal with a drunk flasher in Manly and shellfish thieves. | **PG (A)**+CTWA-005+ |

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| 20:30 | **Gold Coast Medical (R) ’CC’** Tonight, miracle surgery saves the smallest patient, paramedics go off road to control a confused man, and Tracy bares all for plastic surgeon Raja Sawhney to work his magic. | **M (A)**+GMED01-007+ |

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| 21:30 | **Hospital** Go behind the scenes to show the complexity of a hospital in action - including how staff are managing competing pressures and demands to ensure patients get the care they need. | **M (A)**+LADW02-002+ |

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| 22:30 | **Brit Cops (R)** Hit the streets of London with the Metropolitan Police tough guys. Drug squad officers take on the capital's drug dealers and a man armed with several knives and a machete is taken out. | **M (V,L)**+BRIC01-002+ |

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| 23:30 | **Coastwatch Oz: Crab Catcher (R) ’CC’** Fisheries mount a major high-tech undercover campaign to catch thieves pillaging the nets of commercial crab fishermen. Then, officers deal with a drunk flasher in Manly and shellfish thieves. | **PG (A)**+CTWA-005+ |

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| 00:00 | **House Of Wellness: Summer Special (R) ’CC’** Hosted by Ed Phillips and Zoe Marshall, with feature guests and locations that highlight living well is important but can also be fun. | **PG** +HOWL02-045+ |

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| 01:00 | **Brit Cops (R)** Hit the streets of London with the Metropolitan Police tough guys. Drug squad officers take on the capital's drug dealers and a man armed with several knives and a machete is taken out. | **M (V,L)**+BRIC01-002+ |

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| 02:00 | **Malaysia Kitchen (R)** In today's episode, Alvin shares a unique tea infused rish dish and a Nyonya style stew. Veteran chef, Carol Selva Rajah visits the kitchen to make delicious fried bean curd. | **G** +MKIT01-010+ |

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| 02:30 | **Australia's Best Backyards (R) ’CC’** A crazy Bali courtyard competes with a re-claimed bush garden, complete with giant growing green giant. Jamie shows us a backyard that looks more like a 5-star resort. | **G** +ABBY2-004+ |

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| 03:00 | **Special: Across The Soviet Union (R) (1990)** Journey through the Soviet Union and gain an insight into the people and their way of life. Starring:ALEX WILEMAN,GREG GRAINGER | **G** +AMS-485+ |

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| 04:00 | **Special: Survival On A Tropical Isle (R) (1992)** Follow Ben Cropp and his family as they re-enact their survival of a violent shipwreck on a stranded and uninhabited tropical island. Starring:BEN CROPP | **G** +AMS-449+ |

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| 05:00 | **Gold Coast Medical (R) ’CC’** Tonight, miracle surgery saves the smallest patient, paramedics go off road to control a confused man, and Tracy bares all for plastic surgeon Raja Sawhney to work his magic. | **M (A)**+GMED01-007+ |

 **Monday 07 January 2019**

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| 06:00  | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 06:30 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-036+ |

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| 07:00 | **Flushed (R) ’CC’ SEASON FINAL**A rip-roaring game show for kids. Two teams battle it out to determine who wins the prize and who ends up covered in PURPLE SLUDGE!  | **C** +FLSH02-025+ |

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| 07:30 | **Bottersnikes and Gumbles: Cloudy With A Chance Of Gumbles / An Earful Of Willi (R) ’CC’** In a faraway forgotten valley, heaped with long abandoned junk, a timeless battle rages between good and evil, this is the land of Bottersnikes & Gumbles. | **C** +BSAG-019+ |

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| 08:00 | **Toybox: Pirate Ned (R) ’CC’** Watch the toys come alive when we open the lid to a fantasy world full of fun, music, learning and adventure! | **P** +TOYB-036+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-219+ |

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| 09:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-220+ |

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| 09:30 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCS19-001+ |

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| 10:30 | **Meet The Press (R) ’CC’** Chuck Todd interviews newsmakers from around the world. | +NBCM19-001+ |

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| 11:30 | **Vasili's Garden: Ivan And Barbara From Gisborne (R)** Vasili's Gardens takes you into the backyards of everyday Australians to share organic gardening techniques and teach you how to improve your health using your own garden produce. | **G** +VASI01-001+ |

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| 12:00 | **The Great Outdoors (R) ’CC’** Jennifer Hawkins tries out Australia's Number One Spring Wedding destination, while 'Home and Away's', Chris Hemsworth takes us to his favourite island in Victoria. Starring:CHRIS HEMSWORTH | **G** +GO15-030+ |

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| 13:00 | **The Great Outdoors (R) ’CC’** Come star spotting in LA with 'Sunrise' Celebrity hunter Nelson Aspen, and Ernie presents one of the world's natural wonders - right at the top of Brazil. | **G** +GO15-031+ |

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| 14:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-219+ |

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| 14:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-220+ |

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| 15:00 | **Sydney Weekender (R) ’CC’** Mike goes to Montague Island. Mel take in The Star Gold Coast Magic Millions races. Sally goes on a burger-eating bonanza at Barre Grill on Bourke Street, Surry Hills. Starring:SALLY STANTON,ROSE KELLY,MEL SYMONS,MIKE WHITNEY | **G** +7SWE25-044+ |

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| 15:30 | **House Of Wellness: Summer Special (R) ’CC’** Hosted by Ed Phillips and Zoe Marshall, with feature guests and locations that highlight living well is important but can also be fun. | **PG** +HOWL02-044+ |

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| 16:30 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-036+ |

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| 17:00 | **RSPCA Animal Rescue (R) ’CC’** Inspectors attempt to subdue and help a terrier that has been tethered underneath a house. Meanwhile, the RSPCA receive an emergency call to help a pregnant cow stuck in a river. | **G** +ANRS2-003+ |

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| 17:30 | **Medical Emergency (R) ’CC’** Dramatic real life series, following the lives of the patients and staff at the Alfred Hospital Emergency and Trauma Centre in Melbourne. | **PG (A)**+MDEM-009+ |

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| 18:00 | **M\*A\*S\*H: Mail Call, Again (R)** Mail brings a letter to Frank saying his wife is divorcing him, and one to Potter telling him he's going to be a grandfather. | **PG** +MASH4-015+ |

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| 18:30 | **Bargain Hunt: Kedleston 32 (R)** Two couples search for treasure in the magnificent setting of Kedleston Hall in Derbyshire - a fair set in the 820 acres of stunning parkland that surrounds the historic hall. | **G** +BHUN36-002+ |

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| 19:30 | **Kingdom (R) ’CC’** Peter Kingdom is a compassionate solicitor whose life is overshadowed by the mysterious disappearance of his brother.  | **PG (S,A)**+KINM03-001+ |

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| 20:30 | **Prime Suspect: The Inner Circles (R) ’CC’** The brutal murder of a country club manager brings Tennison to a part of London her work rarely ever takes her -- a wealthy suburban community.  | **M (A,V)**+PSP04-002+ |

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| 22:30 | **Blue Murder: Having It All (R)** Janine investigates the murder of a cheerleading coach. Initial suspicion falls on the victim's husband, but the discovery of an affair suggests someone else may have had a motive. Starring:BELINDA EVERETT,CAROLINE QUENTIN,CEALLACH SPELLMAN,HOLLIDAY GRAINGER,IAN KELSEY,EDEN GARRITY,NICHOLAS MURCHIE,PAUL LOUGHRAN,SIOBHAN FINNERAN,SASKIA WICKHAM | **M (V)**+BLUM5-004+ |

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| 23:30 | **Medical Emergency (R) ’CC’** Dramatic real life series, following the lives of the patients and staff at the Alfred Hospital Emergency and Trauma Centre in Melbourne. | **PG (A)**+MDEM-009+ |

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| 00:00 | **Jump Off (R) ’CC’** Bringing together household names from horse racing and show jumping. This high-stakes show jumping competition showcases five teams as they battle it out for $100,000. | **PG** +JUOF01-011+ |

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| 01:00 | **House Of Wellness: Summer Special (R) ’CC’** Hosted by Ed Phillips and Zoe Marshall, with feature guests and locations that highlight living well is important but can also be fun. | **PG** +HOWL02-044+ |

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| 02:00 | **The Great Outdoors (R) ’CC’** Jennifer Hawkins tries out Australia's Number One Spring Wedding destination, while 'Home and Away's', Chris Hemsworth takes us to his favourite island in Victoria. Starring:CHRIS HEMSWORTH | **G** +GO15-030+ |

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| 03:00 | **The Great Outdoors (R) ’CC’** Come star spotting in LA with 'Sunrise' Celebrity hunter Nelson Aspen, and Ernie presents one of the world's natural wonders - right at the top of Brazil. | **G** +GO15-031+ |

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| 04:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-219+ |

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| 04:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-220+ |

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| 05:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-036+ |

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| 05:30 | **RSPCA Animal Rescue (R) ’CC’** Inspectors attempt to subdue and help a terrier that has been tethered underneath a house. Meanwhile, the RSPCA receive an emergency call to help a pregnant cow stuck in a river. | **G** +ANRS2-003+ |

 **Tuesday 08 January 2019**

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| 06:00  | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 06:30 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-037+ |

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| 07:00 | **News Of The Wild ’CC’ NEW EPISODE**An animal focused, factual entertainment news show bursting at the seams with animals, laughter, news and information.  | **C** +NEWI01-036+ |

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| 07:30 | **Bottersnikes and Gumbles: Mangled! / Boggle Boggle (R) ’CC’** In a faraway forgotten valley, heaped with long abandoned junk, a timeless battle rages between good and evil, this is the land of Bottersnikes & Gumbles. | **C** +BSAG-020+ |

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| 08:00 | **Toybox: Battery Trouble (R) ’CC’** Watch the toys come alive when we open the lid to a fantasy world full of fun, music, learning and adventure! | **P** +TOYB-037+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-221+ |

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| 09:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-222+ |

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| 09:30 | **NBC Today (R) ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-006+ |

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| 12:00 | **Mr Selfridge (R)** At Selfridge's, preparations are afoot to celebrate the 20th anniversary of the store's opening. Harry gets special permission from the council for a large-scale public parade along Oxford Street. | **PG (A)**+MRSE04-009+ |

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| 13:00 | **Mr Selfridge (R)** Mae's love life, Harry's judgement, Selfridge's and Whiteley's are now all under the spotlight of a tabloid frenzy. Serious questions about Harry's financial stability are rife. | **PG (A)**+MRSE04-010+ |

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| 14:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-221+ |

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| 14:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-222+ |

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| 15:00 | **M\*A\*S\*H: Mail Call, Again (R)** Mail brings a letter to Frank saying his wife is divorcing him, and one to Potter telling him he's going to be a grandfather. | **PG** +MASH4-015+ |

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| 15:30 | **House Calls To The Rescue (R) ’CC’** Johanna Griggs unleashes her new team of experts to rescue home owners from their DIY disasters. | **G** +HSCL-006+ |

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| 16:30 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-037+ |

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| 17:00 | **RSPCA Animal Rescue (R) ’CC’** Inspector Matt French attends to a call about a dog in poor condition. It turns out to be much worse than he ever imagined. | **G** +ANRS2-004+ |

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| 17:30 | **Medical Emergency (R) ’CC’** Dramatic real life series, following the lives of the patients and staff at the Alfred Hospital Emergency and Trauma Centre in Melbourne. | **PG (A)**+MDEM-010+ |

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| 18:00 | **M\*A\*S\*H: Der Tag (R)** Potter decides Frank would be less of a pain if the others were friendlier to him, they oblige with some startling results. | **PG** +MASH4-018+ |

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| 18:30 | **Bargain Hunt: Deene Park 27 (R)** The competition is fierce at Deene Park in Northamptonshire with two married couples teaming up as husbands against wives. Meanwhile, Tim Wonnacott travels to Surrey to visit Charterhouse School. | **G** +BHUN36-003+ |

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| 19:30 | **Kingdom (R) ’CC’** Peter Kingdom is a compassionate solicitor whose life is overshadowed by the mysterious disappearance of his brother.  | **PG (D)**+KINM03-002+ |

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| 20:30 | **Prime Suspect: The Scent Of Darkness (R) ’CC’** A series of brutal sex murders disturbingly similar to the pattern of Jane Tennison's first major case leads to the awful suggestion that she may have caught the wrong man the first time. | **M (A,V)**+PSP04-003+ |

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| 22:30 | **Blue Murder: Tooth and Claw (R)** The murder of a popular vet in the hills north of Manchester leads Janine and Richard to a farming community which is reluctant to open its doors to outsiders. Starring:ANTHONY FLANAGAN,BELINDA EVERETT,CAROLINE QUENTIN,CEALLACH SPELLMAN,IAN KELSEY,EDEN GARRITY,NICHOLAS MURCHIE,PAUL LOUGHRAN,SASKIA WICKHAM,SYLVIA SYMS | **M (V)**+BLUM5-005+ |

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| 23:30 | **Medical Emergency (R) ’CC’** Dramatic real life series, following the lives of the patients and staff at the Alfred Hospital Emergency and Trauma Centre in Melbourne. | **PG (A)**+MDEM-010+ |

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| 00:00 | **Bargain Hunt: Deene Park 27 (R)** The competition is fierce at Deene Park in Northamptonshire with two married couples teaming up as husbands against wives. Meanwhile, Tim Wonnacott travels to Surrey to visit Charterhouse School. | **G** +BHUN36-003+ |

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| 01:00 | **House Calls To The Rescue (R) ’CC’** Johanna Griggs unleashes her new team of experts to rescue home owners from their DIY disasters. | **G** +HSCL-006+ |

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| 02:00 | **Special: Tombs In The Coral (R) (1988)** Ben Cropp searches amongst the coral reefs for sunken treasure, galleon cargos and legendary shipwrecks. Starring:BEN CROPP | **G** +AMS-353+ |

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| 03:00 | **Special: White Fury - The Untamed Tibet (R) (1987)** Join white water rafters who run the freezing waters of the Rhongbuk River at 5,200 metres as it plunges off the side of Mount Everest. Starring:GREG GRAINGER | **G** +AMS-370+ |

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| 04:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-221+ |

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| 05:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-037+ |

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| 05:30 | **RSPCA Animal Rescue (R) ’CC’** Inspector Matt French attends to a call about a dog in poor condition. It turns out to be much worse than he ever imagined. | **G** +ANRS2-004+ |

 **Wednesday 09 January 2019**

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| 06:00  | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 06:30 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-038+ |

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| 07:00 | **News Of The Wild ’CC’ NEW EPISODE**An animal focused, factual entertainment news show bursting at the seams with animals, laughter, news and information.  | **C** +NEWI01-037+ |

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| 07:30 | **Bottersnikes and Gumbles: Eau de Gumble / Beyond Reasonable Drought (R) ’CC’** In a faraway forgotten valley, heaped with long abandoned junk, a timeless battle rages between good and evil, this is the land of Bottersnikes & Gumbles. | **C** +BSAG-021+ |

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| 08:00 | **Toybox: Princess Tina (R) ’CC’** Watch the toys come alive when we open the lid to a fantasy world full of fun, music, learning and adventure! | **P** +TOYB-038+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-223+ |

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| 09:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-224+ |

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| 09:30 | **NBC Today (R) ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-007+ |

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| 12:00 | **The Great Outdoors (R) ’CC’** See the secret streets of London with Matt Shirvington. Three great options for staying in New Zealand - all at bargain prices. Run away and the join the circus for real. Starring:MATT SHIRVINGTON | **G** +GO15-032+ |

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| 13:00 | **The Great Outdoors: Best Of Britain (R) ’CC’** Experience 5-Star Locomotive - luxury onboard The Royal Scotsman, and Dream of finding your own Mr Darcy - take the real ' Pride and Prejudice' tour. | **G** +GO15-034+ |

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| 14:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-223+ |

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| 14:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-224+ |

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| 15:00 | **M\*A\*S\*H: Der Tag (R)** Potter decides Frank would be less of a pain if the others were friendlier to him, they oblige with some startling results. | **PG** +MASH4-018+ |

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| 15:30 | **House Calls To The Rescue (R) ’CC’** The team save a backyard from turning into the local swimming pool, rescue a couple from a desperate demolition attempt, and while the boys dig out a popular Aussie icon, Perry digs up a rare gem. | **G** +HSCL-007+ |

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| 16:30 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-038+ |

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| 17:00 | **RSPCA Animal Rescue (R) ’CC’** A goose with an injured foot is on the loose in a suburban park and it takes a team of people to capture it. And an abandoned cat with a broken leg is rescued. | **G** +ANRS2-005+ |

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| 17:30 | **Medical Emergency (R) ’CC’** Dramatic real life series, following the lives of the patients and staff at the Alfred Hospital Emergency and Trauma Centre in Melbourne. | **PG** +MDEM-011+ |

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| 18:00 | **M\*A\*S\*H: The Novocaine Mutiny (R)** Frank has Hawkeye up on charges of mutiny, for various infractions when Frank was the C.O. and Colonel Carmichael tries the case. | **PG** +MASH4-021+ |

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| 18:30 | **Bargain Hunt: Edinburgh 1 (R)** Teams head north to Edinburgh on a quest to find antiques to make a profit with at auction. Meanwhile. Tim Wonnacott heads off on a journey to the nearby home of the legendary writer Sir Walter Scott. | **G** +BHUN36-005+ |

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| 19:30 | **Pie In The Sky: Hard Cheese (R)** Henry and Detective Sergeant Cambridge investigate a Peeping Tom who harasses women involved with restaurants. | **PG** +PIES2-001+ |

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| 20:30 | **Judge John Deed: Evidence Of Harm - Part 2 Of 2 (R)** As Deed delves deeper and deeper into why Government-funded Legal Aid was withdrawn for the soldier he makes more and more sinister discoveries. Starring:JAQ CROFT,GRANT AYLWARD,JOE SHAW,NICOLA COWPER,MICHAEL EAVES,TREVOR BOWEN | **M (A)**+JJD5-004+ |

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| 21:30 | **TBA:**  | ++ |

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| 00:00 | **Bargain Hunt: Edinburgh 1 (R)** Teams head north to Edinburgh on a quest to find antiques to make a profit with at auction. Meanwhile. Tim Wonnacott heads off on a journey to the nearby home of the legendary writer Sir Walter Scott. | **G** +BHUN36-005+ |

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| 01:00 | **House Calls To The Rescue (R) ’CC’** The team save a backyard from turning into the local swimming pool, rescue a couple from a desperate demolition attempt, and while the boys dig out a popular Aussie icon, Perry digs up a rare gem. | **G** +HSCL-007+ |

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| 02:00 | **The Great Outdoors (R) ’CC’** See the secret streets of London with Matt Shirvington. Three great options for staying in New Zealand - all at bargain prices. Run away and the join the circus for real. Starring:MATT SHIRVINGTON | **G** +GO15-032+ |

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| 03:00 | **The Great Outdoors: Best Of Britain (R) ’CC’** Experience 5-Star Locomotive - luxury onboard The Royal Scotsman, and Dream of finding your own Mr Darcy - take the real ' Pride and Prejudice' tour. | **G** +GO15-034+ |

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| 04:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-223+ |

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| 04:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-224+ |

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| 05:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-038+ |

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| 05:30 | **RSPCA Animal Rescue (R) ’CC’** A goose with an injured foot is on the loose in a suburban park and it takes a team of people to capture it. And an abandoned cat with a broken leg is rescued. | **G** +ANRS2-005+ |

 **Thursday 10 January 2019**

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| 06:00  | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 06:30 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-039+ |

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| 07:00 | **It's Academic (R) ’CC’** Simon Reeve hosts all new episodes of the educational and entertaining show where schools compete to win cash and prizes. | **C** +IAC20-001+ |

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| 07:30 | **Bottersnikes and Gumbles: Where's Willy / Better In Than Out (R) ’CC’** In a faraway forgotten valley, heaped with long abandoned junk, a timeless battle rages between good and evil, this is the land of Bottersnikes & Gumbles. | **C** +BSAG-022+ |

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| 08:00 | **Toybox: Clean Up Day (R) ’CC’** Watch the toys come alive when we open the lid to a fantasy world full of fun, music, learning and adventure! | **P** +TOYB-039+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-225+ |

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| 09:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-226+ |

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| 09:30 | **NBC Today (R) ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-008+ |

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| 12:00 | **The Great Outdoors (R) ’CC’** Follow the Blue Suede footsteps of the King on our unique Elvis Trail. How to keep the kids happy - and quiet - on your next holiday, thanks to Sky Nanny. | **G** +GO15-035+ |

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| 13:00 | **The Great Outdoors (R) ’CC’** Why Backpacking is "in" for Baby Boomers. Ernie takes us on Australia's best driving holiday across the Savannah Way. | **G** +GO15-036+ |

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| 14:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-225+ |

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| 14:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-226+ |

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| 15:00 | **M\*A\*S\*H: The Novocaine Mutiny (R)** Frank has Hawkeye up on charges of mutiny, for various infractions when Frank was the C.O. and Colonel Carmichael tries the case. | **PG** +MASH4-021+ |

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| 15:30 | **House Calls To The Rescue (R) ’CC’** JOHANNA GRIGGS unleashes her new team of experts to rescue home owners from their DIY disasters. | **G** +HSCL-001+ |

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| 16:30 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-039+ |

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| 17:00 | **RSPCA Animal Rescue (R) ’CC’** The RSPCA steps in to re-home an ostrich who has spent his whole life living in the backyard of a motel in suburban Sydney. Narrated by ANTHONY FIELD. | **G** +ANRS2-006+ |

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| 17:30 | **Medical Emergency (R) ’CC’** Dramatic real life series, following the lives of the patients and staff at the Alfred Hospital Emergency and Trauma Centre in Melbourne. | **PG** +MDEM-012+ |

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| 18:00 | **M\*A\*S\*H: Deluge (R)** A sudden deluge of wounded at the 4077th is followed by a fire and a rainstorm which makes matters difficult for the staff. | **PG** +MASH4-024+ |

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| 18:30 | **Bargain Hunt: Wetherby 15 (R)** Tim Wonnacott and the Bargain Hunt team head to Wetherby Racecourse in West Yorkshire where two ex-servicemen take on a pair of scuba divers.  | **G** +BHUN36-006+ |

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| 19:30 | **Pie In The Sky: Brown Bread (R)** A customer is found dead in Pie in the Sky's toilet but when the emergency services arrive his corpse has gone. | **PG** +PIES2-002+ |

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| 20:30 | **Murdoch Mysteries: Evil Eye Of Egypt** When Detective Murdoch investigates a series of deaths linked to an exhibition of Egyptian antiquities, Constable Crabtree is convinced a mummy's curse is to blame. | **M (V)**+MMYS05-003+ |

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| 21:30 | **Murdoch Mysteries: War On Terror** While investigating an explosion, Detective Murdoch infiltrates an anarchist group lead by American labour organizer Emma Goldman. | **M (V)**+MMYS05-004+ |

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| 22:30 | **Houdini & Doyle: The Monsters Of The Nethermoor (R)** After a terrifying encounter with otherworldly beings, a man awakes in a field claiming that the aliens have abducted his wife. | **M (V)**+HADO01-006+ |

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| 23:30 | **Medical Emergency (R) ’CC’** Dramatic real life series, following the lives of the patients and staff at the Alfred Hospital Emergency and Trauma Centre in Melbourne. | **PG** +MDEM-012+ |

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| 00:00 | **Bargain Hunt: Wetherby 15 (R)** Tim Wonnacott and the Bargain Hunt team head to Wetherby Racecourse in West Yorkshire where two ex-servicemen take on a pair of scuba divers.  | **G** +BHUN36-006+ |

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| 01:00 | **House Calls To The Rescue (R) ’CC’** JOHANNA GRIGGS unleashes her new team of experts to rescue home owners from their DIY disasters. | **G** +HSCL-001+ |

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| 02:00 | **The Great Outdoors (R) ’CC’** Follow the Blue Suede footsteps of the King on our unique Elvis Trail. How to keep the kids happy - and quiet - on your next holiday, thanks to Sky Nanny. | **G** +GO15-035+ |

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| 03:00 | **The Great Outdoors (R) ’CC’** Why Backpacking is "in" for Baby Boomers. Ernie takes us on Australia's best driving holiday across the Savannah Way. | **G** +GO15-036+ |

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| 04:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-225+ |

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| 04:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-226+ |

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| 05:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-039+ |

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| 05:30 | **RSPCA Animal Rescue (R) ’CC’** The RSPCA steps in to re-home an ostrich who has spent his whole life living in the backyard of a motel in suburban Sydney. Narrated by ANTHONY FIELD. | **G** +ANRS2-006+ |

 **Friday 11 January 2019**

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| 06:00  | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 06:30 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-040+ |

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| 07:00 | **It's Academic (R) ’CC’** Simon Reeve hosts all new episodes of the educational and entertaining show where schools compete to win cash and prizes. | **C** +IAC20-002+ |

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| 07:30 | **Bottersnikes and Gumbles: Wise Guy / Gum Fu Gamble (R) ’CC’** In a faraway forgotten valley, heaped with long abandoned junk, a timeless battle rages between good and evil, this is the land of Bottersnikes & Gumbles. | **C** +BSAG-023+ |

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| 08:00 | **Toybox: Tom's Treasure Hunt (R) ’CC’** Watch the toys come alive when we open the lid to a fantasy world full of fun, music, learning and adventure! | **P** +TOYB-040+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-227+ |

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| 09:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-228+ |

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| 09:30 | **NBC Today (R) ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-009+ |

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| 12:00 | **House Of Wellness: Summer Special (R) ’CC’** Hosted by Ed Phillips and Zoe Marshall, with feature guests and locations that highlight living well is important but can also be fun. | **PG** +HOWL02-045+ |

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| 13:00 | **Australia's Amazing Homes: Vintage Twist (R)** Follows three renowned home experts on their quest to find Australia's most stylish and breathtaking homes. | **PG** +AMAH01-002+ |

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| 14:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-227+ |

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| 14:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-228+ |

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| 15:00 | **M\*A\*S\*H: Deluge (R)** A sudden deluge of wounded at the 4077th is followed by a fire and a rainstorm which makes matters difficult for the staff. | **PG** +MASH4-024+ |

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| 15:30 | **House Calls To The Rescue (R) ’CC’** Jo Griggs sends the team to rescue a desperate mother trapped in a concrete jungle - by her son! Our builders also tackle a 1950's kitchen that's become a head hazard. | **G** +HSCL-009+ |

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| 16:30 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-040+ |

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| 17:00 | **RSPCA Animal Rescue (R) ’CC’** A kelpie is having trouble looking after her young pups, so the RSPCA in Sydney steps in to give her some relief. Narrated by ANTHONY FIELD. | **G** +ANRS2-007+ |

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| 17:30 | **Medical Emergency (R) ’CC’** Dramatic real life series, following the lives of the staff at The Alfred Hospital Emergency and Trauma Centre in Melbourne. | **PG** +MDEM-013+ |

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| 18:00 | **M\*A\*S\*H: Out Of Sight, Out Of Mind (R)** While fixing a stove that explodes, Hawkeye's face is badly burned and it is not known if he will see again. | **PG** +MASH5-004+ |

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| 18:30 | **Bargain Hunt: Lincoln 20 (R)** Teams head to the Cathedral city of Lincoln to hunt for bargains. Meanwhile, Tim Wonnacott takes time out to talk timepieces. | **G** +BHUN36-007+ |

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| 19:30 | **TBA:**  | ++ |

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| 20:30 | **Selling Houses Australia: Railway Cottage (R) ’CC’** A man tries to sell his home, located just three meters away from railway tracks in Heathcote. | **G** +SEHO05-002+ |

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| 21:30 | **Honey I Bought The House: Sutton Coldfield NEW EPISODE**Property series in which first-time buyers are given 15,000 pounds and three weeks to secure a deposit. | **PG** +HBTH02-004+ |

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| 22:30 | **Peter Andre's 60 Minute Makeover: Gravesend NEW EPISODE**The team has just 60 minutes to transform homes, using all their tricks of the trade to provide an instant style injection and inspire with tips and ideas for fast interior facelifts. | **PG** +SMM12-014+ |

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| 23:30 | **Medical Emergency (R) ’CC’** Dramatic real life series, following the lives of the staff at The Alfred Hospital Emergency and Trauma Centre in Melbourne. | **PG** +MDEM-013+ |

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| 00:00 | **Bargain Hunt: Lincoln 20 (R)** Teams head to the Cathedral city of Lincoln to hunt for bargains. Meanwhile, Tim Wonnacott takes time out to talk timepieces. | **G** +BHUN36-007+ |

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| 01:00 | **House Calls To The Rescue (R) ’CC’** Jo Griggs sends the team to rescue a desperate mother trapped in a concrete jungle - by her son! Our builders also tackle a 1950's kitchen that's become a head hazard. | **G** +HSCL-009+ |

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| 02:00 | **House Of Wellness: Summer Special (R) ’CC’** Hosted by Ed Phillips and Zoe Marshall, with feature guests and locations that highlight living well is important but can also be fun. | **PG** +HOWL02-045+ |

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| 03:00 | **Australia's Amazing Homes: Vintage Twist (R)** Follows three renowned home experts on their quest to find Australia's most stylish and breathtaking homes. | **PG** +AMAH01-002+ |

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| 04:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-227+ |

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| 04:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars?  | **G** +MIDM2-228+ |

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| 05:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-040+ |

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| 05:30 | **RSPCA Animal Rescue (R) ’CC’** A kelpie is having trouble looking after her young pups, so the RSPCA in Sydney steps in to give her some relief. Narrated by ANTHONY FIELD. | **G** +ANRS2-007+ |

 **Saturday 12 January 2019**

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| 06:00  | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 08:00 | **Travel Oz: Mertz Glacier Antartic (R) ’CC’** Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG** +TRAV2-019+ |

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| 08:45 | **Travel Oz: Capertee (R) ’CC’** Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG** +TRAV2-020+ |

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| 09:30 | **NBC Today (R) ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-010+ |

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| 11:30 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-041+ |

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| 12:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-042+ |

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| 12:30 | **Selling Houses Australia: Railway Cottage (R) ’CC’** A man tries to sell his home, located just three meters away from railway tracks in Heathcote. | **G** +SEHO05-002+ |

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| 13:30 | **Sydney Weekender (R) ’CC’** Mike cruises around Sydney Harbour with Barefoot Charters. Mel heads to Scenic World and stays at the Hydro Majestic in the Blue Mountains. Lizzy heads to the Australian Reptile Park.  | **G** +7SWE25-045+ |

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| 14:00 | **The Great Australian Doorstep: Australian Motorhome Tour (R)** We continue our Outback Lets Go Motorhome Tour starting in Port August where the Ocean meets the Outback and head up to the iconic Coober Pedy and finish off in Uluru Ayers Rock. | **PG** +GRAD08-002+ |

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| 14:30 | **Vasili's Garden: Martin, Nadder And Adnan From Gladstone Park (R)** Vasili's Gardens takes you into the backyards of everyday Australians to share organic gardening techniques and teach you how to improve your health using your own garden produce. | **PG** +VASI01-002+ |

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| 15:00 | **Queensland Weekender (R) ’CC’** Chris is in a region that has it all rainforest, reef, adventure and an island with more white sandy beaches than any in the Whitsundays. | **G** +7QWE18-041+ |

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| 15:30 | **The Great Day Out ’CC’** Laurel meets the women behind an exotic Brisbane marketplace, Alastair has Ipswich's dining scene covered and Tamsyn WAGS work for a little Wednesday Afternoon Sailing. | **G** +GDOT18-044+ |

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| 16:00 | **Creek To Coast ’CC’** Scotty is on the road on a 360-kilometre trip from Brisbane to Bundaberg with few must stop destinations along the way. | **G** +7CTC18-039+ |

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| 16:30 | **Home In WA (R)** Home in WA showcases builders, real estate, home services and products for our homes in WA. | **G** +HIWA21-002+ |

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| 17:00 | **Crash Investigation Unit: Not My Time To Go (R) ’CC’** Young lives are changed forever on a busy stretch of freeway after a crash so startling it baffles even investigators. | **PG** +CIU2-001+ |

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| 17:30 | **TBA:**  | ++ |

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| 18:00 | **TBA:**  | ++ |

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| 18:30 | **Air Crash Investigations: Phantom Strike (R)** Investigate how a sleek $25 million business jet on its maiden voyage managed to collide mid air with a Boeing 737, leading to criminal charges and an unprecedented crisis in Brazilian aviation. | **PG** +MDAY5-010+ |

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| 19:30 | **The Yorkshire Vet (R)** Vets Julian Norton and Peter Wright continue to lead the programme as they introduce us to a whole range of clients and their animals of all shapes and sizes. | **PG (A)**+YORK04-003+ |

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| 20:30 | **Escape To The Country: Lavender / Norfolk (R)** Jules Hudson visits Norfolk to help a couple in search of a character property with feature fireplaces and a garden suitable for raising chickens and pigs. | **G** +ETTC10-015+ |

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| 21:30 | **Escape To The Country: Industrial Conversions (R)** Jules Hudson takes a look back through the archives at the best industrial conversions featured on past programmes. | **G** +ETTC10-014+ |

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| 22:30 | **Escape To The Country: Browns / Herefordshire (R)** Tim Vincent is in Herefordshire, helping a couple from Peterborough who are desperate to move to the country. | **G** +ETTC10-016+ |

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| 23:30 | **Air Crash Investigations: Fatal Distraction (R)** December 29, 1972. While Eastern Airlines Flight 401 was preparing to land it literally fell from the sky. | **PG** +MDAY5-009+ |

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| 00:30 | **Air Crash Investigations: Phantom Strike (R)** Investigate how a sleek $25 million business jet on its maiden voyage managed to collide mid air with a Boeing 737, leading to criminal charges and an unprecedented crisis in Brazilian aviation. | **PG** +MDAY5-010+ |

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| 01:30 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-041+ |

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| 02:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-042+ |

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| 02:30 | **Sydney Weekender (R) ’CC’** Mike cruises around Sydney Harbour with Barefoot Charters. Mel heads to Scenic World and stays at the Hydro Majestic in the Blue Mountains. Lizzy heads to the Australian Reptile Park.  | **G** +7SWE25-045+ |

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| 03:00 | **The Great Australian Doorstep: Australian Motorhome Tour (R)** We continue our Outback Lets Go Motorhome Tour starting in Port August where the Ocean meets the Outback and head up to the iconic Coober Pedy and finish off in Uluru Ayers Rock. | **PG** +GRAD08-002+ |

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| 03:30 | **Special: Where The Volcanoes Roared (R) (1988)** Roger Climpson takes a look at Victoria's central highlands, the site of goldfields and 'roaring towns' in the last century. Starring:ROGER CLIMPSON | **G** +AMS-411+ |

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| 04:30 | **Travel Oz: Mertz Glacier Antartic (R) ’CC’** Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG** +TRAV2-019+ |

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| 05:15 | **Travel Oz: Capertee (R) ’CC’** Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG** +TRAV2-020+ |