**Sunday 08 March 2020**

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| 06:00 | **It Is Written: Finishing The Reformation** Religious program. | **PG** +IIWR20-010+ |

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| 06:30 | **Home Shopping** Shopping program. | **G** +INFO01-001+ |

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| 07:00 | **Tomorrow's World: What Is The Meaning Of Life?** Religious program. | **PG** +TOMW20-009+ |

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| 07:30 | **Leading The Way: Saving Christianity** Religious program. | **PG** +LWAY20-010+ |

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| 08:00 | **David Jeremiah: The Lion King** Religious program. | **PG** +DAJE20-010+ |

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| 08:30 | **Mum's At The Table** Mums At The Table is the place where we share, laugh and dream together. It's a TV panel show featuring real women; smart and sassy ladies with real lives, real families, real struggles and real joy. | **PG** +MTAB01-070+ |

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| 09:00 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 09:30 | **The Great Australian Doorstep (R)** Peter and Sheree Everitt explore amazing holiday destinations. | **PG** +GRAD11-004+ |

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| 10:00 | **House Of Wellness (R) ’CC’** Entertaining everybody to live a healthier life. Hosted by Luke Darcy, Rachael Finch, Jo Stanley and Luke Hines. | **PG (A)**+HOWL04-004+ |

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| 11:00 | **NBC Today (R) ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT20-067+ |

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| 12:00 | **My Greek Odyssey (R) ’CC’** In this episode, Peter continues his Spetses experience, before taking in the wonders of the island of Hydra.  | **PG** +MYGO01-003+ |

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| 13:00 | **All Clear** The Australian Jumping Teams League is the big bash of showjumping. 10 teams battle for the richest ever showjumping purse. | **PG** +ALCL01-003+ |

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| 14:30 | **Ultimate Bowls Championship: Moama - Semi Final 2** The Ultimate Bowls Championship is a celebration of the sport of lawn bowls. It has been designed to respect, showcase and grow the game we love. | **PG** +ULBC01-017+ |

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| 15:30 | **My Road To Adventure: Brendan Fevola (R) ’CC’** An intimate insight into the secret holidaying lifestyle of some of Australia’s most loved celebrities. | **PG** +MRTA01-001+ |

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| 16:00 | **Escape To The Country: Rutland (R)** Margherita Taylor is in the country's smallest county helping a young mother to carve out a new country life for her family. | **G** +ETTC24-034+ |

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| 17:00 | **M\*A\*S\*H: Out Of Sight, Out Of Mind (R)** While fixing a stove that explodes, Hawkeye's face is badly burned and it is not known if he will see again. | **PG** +MASH5-004+ |

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| 17:30 | **M\*A\*S\*H: Lt. Radar O'Reilly (R)** Following an offer of promotion made by Master Sergeant Woodruff at a poker game, Radar is promoted to the rank of lieutenant. | **PG** +MASH5-005+ |

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| 18:00 | **M\*A\*S\*H: The Nurses (R)** When Hot Lips confines Nurse Baker to her quarters, little does she know that Baker's husband has arrived in the camp. | **PG** +MASH5-006+ |

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| 18:30 | **M\*A\*S\*H: The Abduction Of Margaret Houlihan (R)** After hearing that North Korean prisoners have been released in the area, everyone is upset when Margaret disappears. | **PG** +MASH5-007+ |

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| 19:00 | **Border Security - Australia's Front Line (R) ’CC’** Officers are concerned when they find drug paraphernalia in the luggage of a young Peruvian woman. An Indian man looks to be lying about his intentions while in Australia. | **PG (D)**+BORD13-016+ |

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| 19:30 | **Border Security - Australia's Front Line (R) ’CC’** A young Australian teacher returns home from a year in Japan to a meeting with the Federal Police. | **PG** +BORD-014+ |

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| 20:00 | **Border Security - Australia's Front Line (R) ’CC’** A passenger is caught with his pants down. And the mail centre finds drugs in the most bizarre places. Narrated by Grant Bowler. | **PG** +BORD-024+ |

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| 20:30 | **Air Crash Investigations: Dead Of Winter (R) ’CC’** On 15 November 1987, Continental Airlines Flight 1713 stalls and crashes off the right side of the runway shortly after taking off in a snowstorm from Stapleton International Airport in Colorado. | **PG (A)**+MDAY18-010+ |

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| 21:30 | **Air Crash Investigations: Falling Fast (R) ’CC’** August 6th, 2005. A plane plummets into the sea and triggers a massive rescue mission and multinational investigation. | **PG** +MDAY7-006+ |

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| 22:30 | **Criminal Confessions: Martin County (R) ’CC’** A devoted mother disappears into the night after tucking her daughter into bed; investigators chase down a trail of leads that include multiple suspects, culminating in a horrifying discovery. | **M (A,V)**+CCON01-005+ |

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| 00:30 | **Air Crash Investigations: Dead Of Winter (R) ’CC’** On 15 November 1987, Continental Airlines Flight 1713 stalls and crashes off the right side of the runway shortly after taking off in a snowstorm from Stapleton International Airport in Colorado. | **PG (A)**+MDAY18-010+ |

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| 01:30 | **My Road To Adventure: Brendan Fevola (R) ’CC’** An intimate insight into the secret holidaying lifestyle of some of Australia’s most loved celebrities. | **PG** +MRTA01-001+ |

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| 02:00 | **Ultimate Bowls Championship: Moama - Semi Final 2 (R)** The Ultimate Bowls Championship is a celebration of the sport of lawn bowls. It has been designed to respect, showcase and grow the game we love. | **PG** +ULBC01-017+ |

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| 03:00 | **My Greek Odyssey (R) ’CC’** In this episode, Peter continues his Spetses experience, before taking in the wonders of the island of Hydra.  | **PG** +MYGO01-003+ |

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| 04:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-127+ |

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| 05:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-004+ |

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| 05:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

 **Monday 09 March 2020**

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| 06:00 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 06:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 07:00 | **Bottersnikes and Gumbles: Eau de Gumble / Beyond Reasonable Drought (R) ’CC’** In a faraway forgotten valley, heaped with long abandoned junk, a timeless battle rages between good and evil, this is the land of Bottersnikes & Gumbles. | **C** +BSAG-021+ |

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| 07:30 | **The Wild Adventures of Blinky Bill: The Crankynator / Time Machine (R) ’CC’** Blinky unwittingly unleashes a force of horrifying cleanliness when he invites Cranky's mother to visit Greenpatch. Then, a dangerous croc is rumoured to be closing in on Greenpatch. | **C** +BLIN01-011+ |

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| 08:00 | **Toybox: Tom The Tricky Unicorn (R) ’CC’** Watch the toys come alive when we open the lid to a fantasy world full of fun, music, learning and adventure! | **P** +TOYB2-046+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-127+ |

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| 09:30 | **NBC Today (R) ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT20-068+ |

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| 10:30 | **Malaysia Kitchen (R)** Alvin shares his recipe for a tangy seafood and okra curry, dishes up some delicious noodles with mushrooms and black vinegar and is joined by veteran chef, Carol Selva Rajah. | **G** +MKIT01-007+ |

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| 11:00 | **The Great Australian Doorstep: Route 66 (R)** We continue our Route 66 tour taking in some of Americas heartland, and some of the worlds most amazing landscapes of Monument Valley and New Mexico. | **PG** +GRAD08-014+ |

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| 11:30 | **Better Homes And Gardens (R) ’CC’** Joh visits Shepherd's Ground to find out about their sustainable approach to life. Karen makes the perfect chicken ciabatta. Dr. Harry meets a fellow chook-a-holic and shares bird-keeping secrets. | **G** +BHAG26-005+ |

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| 13:00 | **My Road To Adventure: Brendan Fevola (R) ’CC’** An intimate insight into the secret holidaying lifestyle of some of Australia’s most loved celebrities. | **PG** +MRTA01-001+ |

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| 13:30 | **Sydney Weekender (R) ’CC’** Mike loads up on history, health and happy times at The Coal Loader Centre for Sustainability in Waverton. Mel visits the Vibe Hotel and takes in Chinatown and Darling Quarter. Matt heads to Penrith. | **G** +7SWE27-001+ |

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| 15:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-004+ |

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| 15:30 | **M\*A\*S\*H: Out Of Sight, Out Of Mind (R)** While fixing a stove that explodes, Hawkeye's face is badly burned and it is not known if he will see again. | **PG** +MASH5-004+ |

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| 16:00 | **M\*A\*S\*H: Lt. Radar O'Reilly (R)** Following an offer of promotion made by Master Sergeant Woodruff at a poker game, Radar is promoted to the rank of lieutenant. | **PG** +MASH5-005+ |

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| 16:30 | **M\*A\*S\*H: The Nurses (R)** When Hot Lips confines Nurse Baker to her quarters, little does she know that Baker's husband has arrived in the camp. | **PG** +MASH5-006+ |

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| 17:00 | **M\*A\*S\*H: The Abduction Of Margaret Houlihan (R)** After hearing that North Korean prisoners have been released in the area, everyone is upset when Margaret disappears. | **PG** +MASH5-007+ |

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| 17:30 | **Escape To The Country: Somerset (R)** The pressure in on as Jonnie Irwin tries to find a country home for a family of returning expats. They want to return to their Somerset roots, but will he be able to meet their exacting standards? | **G** +ETTC19-002+ |

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| 18:30 | **Bargain Hunt: Warwick 29 (R)** The bargain hunters race around the British Motor Museum in Gaydon, Warwickshire. | **PG** +BHUN45-023+ |

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| 19:30 | **Doc Martin: The Wrong Goodbye (R)** One of Bert's money-making schemes goes wrong, resulting in Louisa going into premature labour. Will the baby be alright? | **PG** +DOCM4-008+ |

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| 20:30 | **The Inspector Lynley Mysteries: A Traitor To Memory (R)** Lynley and Havers are caught up in a case involving a virtuoso violinist accused of murdering his own mother. Starring:DAVID BURKE,DAVID CALDER,DIANA HODDINOTT,MANDY MORE,JOHN MCGLYNN,KANANU KIRIMI,MICHAEL CULKIN,PATRICK KENNEDY,RICHARD MCCABE | **PG (A,V)**+INLM3-002+ |

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| 22:30 | **Liar (R) ’CC’** Laura's resolve to bring Andrew to justice deepens and she enlists Tom's help in her plan. However, when a deception in Laura's personal life comes to light, she is left with no one to turn to. | **M (A,V)**+LIAR01-005+ |

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| 23:30 | **Brit Cops NEW EPISODE**Hammersmith and Fulham cops are called to deal with a near riot outside a nightclub. Uniformed officers discover an abandoned cannabis factory in a very unlikely place. | **M** +BRIC02-008+ |

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| 00:30 | **Trial And Error: The Verdict (R) ’CC’** The trial is over and the verdict is finally announced. A key piece of evidence is found that answers the question, "Who killed Margaret Henderson". | **M (S)**+TRAE01-013+ |

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| 01:00 | **Trial And Error: The Suitcase (R) ’CC’** Josh Segal and Associates get their first case, defending Lavinia Peck-Foster, the eccentric first lady of East Peck, who was found with her husband Edgar's corpse in a suitcase in her trunk. | **M (V,L,S)**+TRAE02-001+ |

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| 01:30 | **My Road To Adventure: Brendan Fevola (R) ’CC’** An intimate insight into the secret holidaying lifestyle of some of Australia’s most loved celebrities. | **PG** +MRTA01-001+ |

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| 02:00 | **Escape To The Country: Somerset (R)** The pressure in on as Jonnie Irwin tries to find a country home for a family of returning expats. They want to return to their Somerset roots, but will he be able to meet their exacting standards? | **G** +ETTC19-002+ |

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| 03:00 | **Bargain Hunt: Warwick 29 (R)** The bargain hunters race around the British Motor Museum in Gaydon, Warwickshire. | **PG** +BHUN45-023+ |

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| 04:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-129+ |

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| 05:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-005+ |

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| 05:30 | **The Great Australian Doorstep: Route 66 (R)** We continue our Route 66 tour taking in some of Americas heartland, and some of the worlds most amazing landscapes of Monument Valley and New Mexico. | **PG** +GRAD08-014+ |

 **Tuesday 10 March 2020**

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| 06:00 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 06:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 07:00 | **Bottersnikes and Gumbles: Where's Willy / Better In Than Out (R) ’CC’** In a faraway forgotten valley, heaped with long abandoned junk, a timeless battle rages between good and evil, this is the land of Bottersnikes & Gumbles. | **C** +BSAG-022+ |

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| 07:30 | **The Wild Adventures of Blinky Bill: Mine For The Taking / The Escape (R) ’CC’** Blinky and Jacko search for gold on a quest to retrieve Blinky's compass. Then, Mayor Cranky's annual lecture looms and Blinky must find a way to get out of it. | **C** +BLIN01-012+ |

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| 08:00 | **Toybox: Music Mayhem (R) ’CC’** Watch the toys come alive when we open the lid to a fantasy world full of fun, music, learning and adventure! | **P** +TOYB2-047+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-129+ |

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| 09:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-130+ |

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| 09:30 | **NBC Today (R) ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT20-069+ |

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| 12:00 | **Helloworld (R) ’CC’** Join the all-star cast as they uncover the greatest travel experiences in the world today. | **PG** +HELW01-012+ |

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| 12:30 | **All Clear (R)** The Australian Jumping Teams League is the big bash of showjumping. 10 teams battle for the richest ever showjumping purse. | **PG** +ALCL01-003+ |

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| 14:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-129+ |

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| 15:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-005+ |

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| 15:30 | **Air Crash Investigations: Flying On Empty (R)** An Air Transat Airbus runs out of fuel over the Atlantic and has to glide to a power-free landing. Explore the causes that contributed to this near catastrophe. | **PG** +MDAY-004+ |

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| 16:30 | **The Zoo (R) ’CC’** Victoria the sun bear has broken her tooth, and it will take more than honey to get her to the dentist. | **G** +ZOOT-006+ |

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| 17:00 | **Crash Investigation Unit: Normanhurst (R) ’CC’** A simple journey goes horribly wrong and crash investigators struggle to secure the proof they need from a driver who refuses to speak to them. | **PG** +CIU-006+ |

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| 17:30 | **Escape To The Country: Wales (R)** Nicki Chapman heads to Gwynedd, North Wales to help an artistic couple find a home with inspiring views. | **G** +ETTC19-003+ |

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| 18:30 | **Bargain Hunt: Hemswell 26 (R)** Anita Manning presents from the Hemswell Antiques Centre in Lincolnshire. | **PG** +BHUN45-024+ |

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| 19:30 | **Cold Case: Late Returns (R) ’CC’** A current murder case leads Rush and Valens to reopen a cold case from 1992 involving a young woman, Vanessa Prosser, killed after leaving a political event on election night. | **M (A,V)**+COLC01-019+ |

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| 20:30 | **Cold Case: Greed (R) ’CC’** Rush and Valens reopen the 1985 murder case of Charles Danville, a wealthy stockbroker killed during a possible botched carjacking. | **M (D,V)**+COLC01-020+ |

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| 21:30 | **Without A Trace ’CC’** An unidentified young Hispanic boy is abducted from a Spanish Harlem street. Jack and the team are completely baffled when no family members come forward to look for the child. | **M (V)**+WIAT02-007+ |

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| 22:30 | **Criminal Minds: The Capilanos (R) ’CC’** The BAU is called to Oklahoma to investigate a murderous clown terrorizing the sleepy town of Guymon. | **M (A,V)**+CRMD13-017+ |

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| 23:30 | **Criminal Minds: Dance Of Love (R) ’CC’** The BAU travels to Chicago to investigate an unsub who leaves red roses on each victim. Also, Rossi gets an unexpected visit from his ex-wife, Krystall Richards. | **M (A,V)**+CRMD13-018+ |

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| 00:30 | **Trial And Error: The Timeline (R) ’CC’** When Judge Kamiltow rules that Lavinia must stand trial for the murder of her husband, Josh and the team try to poke holes in the prosecution's timeline. | **M (L)**+TRAE02-002+ |

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| 01:00 | **Trial And Error: The Murder Clock (R) ’CC’** Josh's team continues to hunt for the potential murder weapon that would seal their timeline; the case takes a turn as their search leads them to two new suspects and some shocking news about Lavinia. | **M (L,S)**+TRAE02-003+ |

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| 01:30 | **Crash Investigation Unit: Normanhurst (R) ’CC’** A simple journey goes horribly wrong and crash investigators struggle to secure the proof they need from a driver who refuses to speak to them. | **PG** +CIU-006+ |

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| 02:00 | **Escape To The Country: Wales (R)** Nicki Chapman heads to Gwynedd, North Wales to help an artistic couple find a home with inspiring views. | **G** +ETTC19-003+ |

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| 03:00 | **Bargain Hunt: Hemswell 26 (R)** Anita Manning presents from the Hemswell Antiques Centre in Lincolnshire. | **PG** +BHUN45-024+ |

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| 04:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-131+ |

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| 05:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-006+ |

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| 05:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

 **Wednesday 11 March 2020**

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| 06:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 07:00 | **Bottersnikes and Gumbles: Wise Guy / Gum Fu Gamble (R) ’CC’** In a faraway forgotten valley, heaped with long abandoned junk, a timeless battle rages between good and evil, this is the land of Bottersnikes & Gumbles. | **C** +BSAG-023+ |

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| 07:30 | **The Wild Adventures of Blinky Bill: The Pierat Queen / Recycled (R) ’CC’** Blinky Bill and his friends set out to defend their outback home and catch those who commit crimes. | **C** +BLIN01-013+ |

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| 08:00 | **Toybox: Patches First Sleepover (R) ’CC’** Watch the toys come alive when we open the lid to a fantasy world full of fun, music, learning and adventure! | **P** +TOYB2-048+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-131+ |

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| 09:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-132+ |

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| 09:30 | **NBC Today (R) ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT20-070+ |

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| 12:00 | **Creek To Coast (R) ’CC’** Sammie catches up with a caravan club making a difference. Sally has the perfect Easter camping recipe. Liz makes the most of some big swell and Scotty is chasing mud crabs in the Pumicestone Passage. | **G** +7CTC20-004+ |

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| 12:30 | **Weekender (R) ’CC’** Get ready for some Whitsunday magic with Sammie as she is explores the tropical towns of the region. | **G** +WEKN20-003+ |

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| 13:00 | **The Greatest Cities In The World: Rome (R)** Griff learns how to direct traffic at one of the busiest road intersections in Europe and lands an audience with the mayor. | **PG** +GRCI02-001+ |

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| 14:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-131+ |

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| 14:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-132+ |

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| 15:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-006+ |

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| 15:30 | **Air Crash Investigations: Cold Case (R) ’CC’** A passenger plane struggles to get airborne and crashes violently into the woods, killing 24 people. But who or what is to blame? | **PG** +MDAY9-006+ |

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| 16:30 | **The Zoo (R) ’CC’** For the first time in Australia, the birth of a baby gorilla is captured on camera - something that has never been done in the wild. | **G** +ZOOT2-001+ |

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| 17:00 | **Crash Investigation Unit: Jenny Franco (R) ’CC’** A night out with friends was almost Jenny Franco's last. Returning home, she had got out of a taxi and was crossing the road when she was hit by a car. | **PG (A)**+CIU-007+ |

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| 17:30 | **Escape To The Country: Yorkshire (R)** Jonnie Irwin travels to Yorkshire to help find a rural home for a budget of 300,000 pounds. But there is a surprise in store for today's buyers, when one house proves too close for comfort. | **G** +ETTC19-004+ |

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| 18:30 | **Bargain Hunt: Newark 24 (R)** Natasha Raskin presents from of Newark with experts Kate Bliss and Gary Pe. | **PG** +BHUN45-025+ |

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| 19:30 | **Border Security - Australia's Front Line (R) ’CC’** Border Force Officers patrolling off the Kimberley coast encounter several vessels who may pose a threat. Officers at the mail centre are confronted by a suspicious package. | **PG (D)**+BORD13-017+ |

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| 20:00 | **Border Security - Australia's Front Line (R) ’CC’** Officers believe a passenger arriving from Singapore has something to hide, and a piece of paper hidden in his shoe could provide evidence. Narrated by Grant Bowler. | **PG** +BORD-040+ |

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| 20:30 | **Chris Tarrant's Extreme Railways: The Great Japanese Train Ride (R)** TV Presenter Chris Tarrant travels around the world to ride some of the most extreme railways that wind their way through some of the harshest terrain on Earth. | **PG** +CTER02-005+ |

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| 21:30 | **Mighty Trains: North Rail Express (R) ’CC’** When it comes to transporting fresh fish, time and temperature control are vital, and there's no train better equipped to handle a faster and more efficient fish transport than the North Rail Express. | **PG** +MTRA01-005+ |

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| 22:30 | **The Greatest Cities In The World: Sydney (R)** Jones avoids the usual tourist traps as he searches out the quirky and unusual secrets and traditions that form the heart and soul of Sydney. | **PG** +GRCI02-002+ |

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| 23:30 | **The Greatest Cities In The World: Hong Kong (R)** Jones avoids the usual tourist traps as he searches out the quirky and unusual secrets and traditions that form the heart and soul of Hong Kong. | **PG (A)**+GRCI02-003+ |

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| 00:30 | **Air Crash Investigations: Cold Case (R) ’CC’** A passenger plane struggles to get airborne and crashes violently into the woods, killing 24 people. But who or what is to blame? | **PG** +MDAY9-006+ |

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| 01:30 | **Crash Investigation Unit: Jenny Franco (R) ’CC’** A night out with friends was almost Jenny Franco's last. Returning home, she had got out of a taxi and was crossing the road when she was hit by a car. | **PG (A)**+CIU-007+ |

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| 02:00 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 02:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 03:00 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 03:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 04:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-133+ |

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| 04:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-134+ |

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| 05:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-007+ |

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| 05:30 | **The Zoo (R) ’CC’** For the first time in Australia, the birth of a baby gorilla is captured on camera - something that has never been done in the wild. | **G** +ZOOT2-001+ |

 **Thursday 12 March 2020**

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| 06:00 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 06:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 07:00 | **Bottersnikes and Gumbles: A Gumble Too Far / Viva Le Grub (R) ’CC’** In a faraway forgotten valley, heaped with long abandoned junk, a timeless battle rages between good and evil, this is the land of Bottersnikes & Gumbles. | **C** +BSAG-024+ |

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| 07:30 | **The Wild Adventures of Blinky Bill: Dragons Tale / Kev (R) ’CC’** Blinky Bill and his friends set out to defend their outback home and catch those who commit crimes. | **C** +BLIN01-014+ |

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| 08:00 | **Toybox: Courageous Ned (R) ’CC’** Watch the toys come alive when we open the lid to a fantasy world full of fun, music, learning and adventure! | **P** +TOYB2-049+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-133+ |

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| 09:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-134+ |

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| 09:30 | **NBC Today (R) ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT20-071+ |

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| 12:00 | **My Greek Odyssey (R) ’CC’** In this episode, Peter continues his Spetses experience, before taking in the wonders of the island of Hydra.  | **PG** +MYGO01-003+ |

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| 13:00 | **The Greatest Cities In The World: Hong Kong (R)** Jones avoids the usual tourist traps as he searches out the quirky and unusual secrets and traditions that form the heart and soul of Hong Kong. | **PG (A)**+GRCI02-003+ |

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| 14:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-133+ |

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| 14:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-134+ |

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| 15:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-007+ |

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| 15:30 | **Mighty Trains: North Rail Express (R) ’CC’** When it comes to transporting fresh fish, time and temperature control are vital, and there's no train better equipped to handle a faster and more efficient fish transport than the North Rail Express. | **PG** +MTRA01-005+ |

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| 16:30 | **Chris Tarrant's Extreme Railways: The Great Japanese Train Ride (R)** TV Presenter Chris Tarrant travels around the world to ride some of the most extreme railways that wind their way through some of the harshest terrain on Earth. | **PG** +CTER02-005+ |

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| 17:30 | **Escape To The Country: Hampshire (R)** Alistair Appleton tackles a very expensive house search in Hampshire for a couple with 1.5 million pounds to spend. Top of the agenda is space for entertaining and room for the in- laws. | **G** +ETTC19-005+ |

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| 18:30 | **Bargain Hunt: Warwick 30 (R)** Charlie Ross presents from the British Motor Museum in Gaydon, Warwickshire. | **PG** +BHUN45-026+ |

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| 19:30 | **Father Brown: The Kembleford Boggart (R) ’CC’** When the father of a young writer is found dead, tension mounts against the Travellers in Kembleford. | **M (V,A)**+FBRO03-007+ |

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| 20:30 | **Judge John Deed: Lost And Found (R)** A young female solicitor asks Jo Mills if she'd run the defence of a man who was arrested and charged with attempted murder sixteen years ago, then escaped custody. | **PG (A,V)**+JJD3-001+ |

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| 22:30 | **Jonathan Creek: Miracle In Crooked Lane (R)** Why is a former sex kitten seen near a church after she has an accident and is left in a coma? An unknown man has the answer... Starring:ALAN DAVIES,CAROLINE QUENTIN | **M (S)**+JNTC3-005+ |

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| 23:30 | **Dog Patrol (R)** Palmerston North delta team Sam and Jet chase after offenders who broke into a workshop, Corrections team Nick and Ben spearhead a major operation at Rimutaka Prison. | **PG** +STFC07-006+ |

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| 00:00 | **Dog Patrol (R)** Delta team Paul and Epic track some lads who've been breaking into cars, Drug dog Oscar smells drugs on a prison visitor, MPI team Noeline and Minti find reptiles on the mail belt. | **PG** +STFC07-007+ |

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| 00:30 | **Dog Patrol (R)** Delta team Aidan and Iko chase after offenders who broke into suburban bakery, Customs dog Waldo sniffs out drugs on the mail belt. | **PG** +STFC07-008+ |

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| 01:00 | **Father Brown: The Kembleford Boggart (R) ’CC’** When the father of a young writer is found dead, tension mounts against the Travellers in Kembleford. | **M (V,A)**+FBRO03-007+ |

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| 02:00 | **Escape To The Country: Hampshire (R)** Alistair Appleton tackles a very expensive house search in Hampshire for a couple with 1.5 million pounds to spend. Top of the agenda is space for entertaining and room for the in- laws. | **G** +ETTC19-005+ |

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| 03:00 | **Bargain Hunt: Warwick 30 (R)** Charlie Ross presents from the British Motor Museum in Gaydon, Warwickshire. | **PG** +BHUN45-026+ |

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| 04:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-135+ |

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| 04:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-136+ |

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| 05:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-008+ |

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| 05:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

 **Friday 13 March 2020**

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| 06:00 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 06:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 07:00 | **Bottersnikes and Gumbles: Hair Today / The Ugly Pageant (R) ’CC’** In a faraway forgotten valley, heaped with long abandoned junk, a timeless battle rages between good and evil, this is the land of Bottersnikes & Gumbles. | **C** +BSAG-025+ |

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| 07:30 | **The Wild Adventures of Blinky Bill: Castaways / Mission Impossumable (R) ’CC’** Blinky Bill and his friends set out to defend their outback home and catch those who commit crimes. | **C** +BLIN01-015+ |

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| 08:00 | **Toybox: Garden Gnome (R) ’CC’** Watch the toys come alive when we open the lid to a fantasy world full of fun, music, learning and adventure! | **P** +TOYB2-050+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-135+ |

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| 09:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-136+ |

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| 09:30 | **NBC Today (R) ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT20-072+ |

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| 12:00 | **House Of Wellness (R) ’CC’** Entertaining everybody to live a healthier life. Hosted by Luke Darcy, Rachael Finch, Jo Stanley and Luke Hines. | **PG** +HOWL04-005+ |

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| 13:00 | **Ultimate Bowls Championship: Moama - Semi Final 2 (R)** The Ultimate Bowls Championship is a celebration of the sport of lawn bowls. It has been designed to respect, showcase and grow the game we love. | **PG** +ULBC01-017+ |

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| 14:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-135+ |

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| 14:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-136+ |

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| 15:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-008+ |

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| 15:30 | **Dog Patrol (R)** Palmerston North delta team Sam and Jet chase after offenders who broke into a workshop, Corrections team Nick and Ben spearhead a major operation at Rimutaka Prison. | **PG** +STFC07-006+ |

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| 16:00 | **Dog Patrol (R)** Delta team Paul and Epic track some lads who've been breaking into cars, Drug dog Oscar smells drugs on a prison visitor, MPI team Noeline and Minti find reptiles on the mail belt. | **PG** +STFC07-007+ |

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| 16:30 | **Dog Patrol (R)** Delta team Aidan and Iko chase after offenders who broke into suburban bakery, Customs dog Waldo sniffs out drugs on the mail belt. | **PG** +STFC07-008+ |

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| 17:00 | **Crash Investigation Unit: BMX Boy (R) ’CC’** A young family is devastated when a father is hit by a truck while riding his bicycle. Could this horrific incident have been avoided? | **PG** +CIU-009+ |

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| 17:30 | **Escape To The Country: Lincolnshire (R)** Aled Jones helps some young newlyweds hoping to buy their first home in Lincolnshire. | **G** +ETTC19-006+ |

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| 18:30 | **Bargain Hunt: Hemswell 27 (R)** Anita Manning is in charge as a father and daughter take on a mother and daughter. | **PG** +BHUN45-027+ |

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| 19:30 | **Heathrow: Heathrow S3 Ep: 1 (R)** Britain's busiest and most famous airport opens its doors for an un-precedented look at life inside Europe's most important transport hub. | **PG** +HEAT03-001+ |

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| 20:30 | **Billy Connolly: Journey To The Edge Of The World (R)** Billy Connolly gets the chance of a lifetime to explore a part of the Arctic seen by few before when he travels through Canada. | **PG** +BCJ-003+ |

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| 21:30 | **Martin Clunes: Islands Of Australia (R) ’CC’** Tonight, Martin discovers creatures magical and colourful off Muiron, traditional food and football in Tiwi and in the Abrolhos sees the site of one of the grisliest tales in Australian history.  | **PG** +ISOA01-002+ |

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| 22:30 | **Selling Houses Australia: Monterey (R) ’CC’** A single mother of three children, who has experienced some recent hardships, attempts to sell her home. | **G** +SEHO07-011+ |

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| 23:30 | **Selling Houses Australia: Greenwich (R) ’CC’** A woman whose home has views of Sydney Harbour finds difficulty selling her home, once buyers find out the sinister secret behind the cupboard door. | **G** +SEHO07-012+ |

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| 00:30 | **Helloworld (R) ’CC’** Join the all-star cast as they uncover the greatest travel experiences in the world today. | **PG** +HELW01-012+ |

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| 01:00 | **Dog Patrol (R)** Palmerston North delta team Sam and Jet chase after offenders who broke into a workshop, Corrections team Nick and Ben spearhead a major operation at Rimutaka Prison. | **PG** +STFC07-006+ |

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| 01:30 | **Dog Patrol (R)** Delta team Paul and Epic track some lads who've been breaking into cars, Drug dog Oscar smells drugs on a prison visitor, MPI team Noeline and Minti find reptiles on the mail belt. | **PG** +STFC07-007+ |

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| 02:00 | **Escape To The Country: Lincolnshire (R)** Aled Jones helps some young newlyweds hoping to buy their first home in Lincolnshire. | **G** +ETTC19-006+ |

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| 03:15 | **Bargain Hunt: Hemswell 27 (R)** Anita Manning is in charge as a father and daughter take on a mother and daughter. | **PG** +BHUN45-027+ |

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| 04:30 | **Crash Investigation Unit: BMX Boy (R) ’CC’** A young family is devastated when a father is hit by a truck while riding his bicycle. Could this horrific incident have been avoided? | **PG** +CIU-009+ |

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| 05:00 | **Ultimate Bowls Championship: Moama - Semi Final 2 (R)** The Ultimate Bowls Championship is a celebration of the sport of lawn bowls. It has been designed to respect, showcase and grow the game we love. | **PG** +ULBC01-017+ |

 **Saturday 14 March 2020**

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| 06:00 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 06:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 07:00 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 07:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 08:00 | **Travel Oz: Whitsunday Sailing (R) ’CC’** Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG** +TRAV-016+ |

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| 08:45 | **Travel Oz: Cradle Mountain (R) ’CC’** Greg Grainger heads off to explore the Tasmanian wilderness region while the two Tims attend a Sing-Song in the highlands of New Guinea. | **PG** +TRAV3-014+ |

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| 09:30 | **NBC Today (R) ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT20-073+ |

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| 11:30 | **The Great Australian Doorstep: Route 66 (R)** We finish our Route 66 tour on a high, high in the Canyon region - Grand Canyon, Zion Canyon & Bryce Canyon before a quick visit to Las Vegas and finishing off in Santa Monica. | **PG** +GRAD08-015+ |

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| 12:00 | **Malaysia Kitchen (R)** Alvin shares his recipe for a tangy seafood and okra curry, dishes up some delicious noodles with mushrooms and black vinegar and is joined by veteran chef, Carol Selva Rajah. | **G** +MKIT01-007+ |

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| 12:30 | **TBA:**  | ++ |

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| 14:00 | **Sydney Weekender (R) ’CC’** Mike's giving up his day job to test out being "Keeper for the Day" at the Australian Reptile Park. Lizzy takes a walk along the Spit to Manly Scenic Walkway with Emu Trekkers. | **G** +7SWE27-002+ |

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| 14:30 | **The Great Australian Doorstep** Peter and Sheree Everitt explore amazing holiday destinations. | **PG** +GRAD11-005+ |

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| 15:00 | **Creek To Coast (R) ’CC’** Creek to Coast is all things boating, camping, 4WDing, outdoor adventuring and fishing. From bush-bashing to cooking to caravanning to watersports, Creek to Coast has it all. | **G** +7CTC20-005+ |

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| 15:30 | **Weekender ’CC’** Whether it is day tripping to the reef, watching a fiery outback sunset, or brunch at a cool city cafe, Weekender will inspire you to make the most of your precious break. | **G** +WEKN20-004+ |

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| 16:00 | **Honey I Bought The House: Ramsgate (R)** Property series in which first-time buyers are given 15,000 pounds and three weeks to secure a deposit. | **PG** +HBTH02-001+ |

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| 17:00 | **Building The Dream: Gloucestershire 1 (R)** Charlie heads to Gloucestershire and gets stuck in to an eco-build on the banks of the Severn. | **G** +BUTD01-014+ |

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| 18:00 | **Helloworld ’CC’ NEW EPISODE**Join the all-star cast as they uncover the greatest travel experiences in the world today. | **PG** +HELW01-013+ |

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| 18:30 | **The Yorkshire Vet In Spring (R)** Joining Julian Norton is his partner, fellow vet and former Herriot trainee, Peter Wright together with their dedicated team of staff at his practice, Skeldale Veterinary Centre. | **PG (A)**+YORK02-003+ |

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| 19:30 | **The Yorkshire Vet NEW EPISODE**Joining Julian Norton is his partner, fellow vet and former Herriot trainee, Peter Wright together with their dedicated team of staff at his practice, Skeldale Veterinary Centre. | **PG (A,S)**+YORK07-005+ |

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| 20:30 | **Escape To The Country: Oxfordshire NEW EPISODE**Jules Hudson is house hunting with couple who want to start a new life in the Oxfordshire countryside, closer to loved ones. | **G** +ETTC24-035+ |

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| 21:30 | **Escape To The Country: West Sussex NEW EPISODE**Nicki Chapman is helping a couple who want to turn their backs on London life, to fulfil their long held dream of a move to the countryside. They've set their sights on a new life in West Sussex. | **G** +ETTC24-036+ |

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| 22:30 | **Escape To The Country: North Somerset (R)** Alistair Appleton is in North Somerset with a couple who have 700,000-pounds to purchase their very first home together in the countryside. | **G** +ETTC23-035+ |

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| 23:30 | **Honey I Bought The House: Ramsgate (R)** Property series in which first-time buyers are given 15,000 pounds and three weeks to secure a deposit. | **PG** +HBTH02-001+ |

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| 00:30 | **Escape To The Country: Oxfordshire (R)** Jules Hudson is house hunting with couple who want to start a new life in the Oxfordshire countryside, closer to loved ones. | **G** +ETTC24-035+ |

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| 01:30 | **The Great Australian Doorstep (R)** Peter and Sheree Everitt explore amazing holiday destinations. | **PG** +GRAD11-005+ |

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| 02:00 | **Creek To Coast (R) ’CC’** Creek to Coast is all things boating, camping, 4WDing, outdoor adventuring and fishing. From bush-bashing to cooking to caravanning to watersports, Creek to Coast has it all. | **G** +7CTC20-005+ |

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| 02:30 | **Weekender (R) ’CC’** Whether it is day tripping to the reef, watching a fiery outback sunset, or brunch at a cool city cafe, Weekender will inspire you to make the most of your precious break. | **G** +WEKN20-004+ |

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| 03:00 | **Queensland Weekender: Queensland Weekender 2019 Ep: 27 (R) ’CC’** Duane explores the Great Barrier Reef from above and below. | **G** +7QWE19-027+ |

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| 03:30 | **Malaysia Kitchen (R)** Alvin shares his recipe for a tangy seafood and okra curry, dishes up some delicious noodles with mushrooms and black vinegar and is joined by veteran chef, Carol Selva Rajah. | **G** +MKIT01-007+ |

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| 04:00 | **The Great Australian Doorstep: Route 66 (R)** We finish our Route 66 tour on a high, high in the Canyon region - Grand Canyon, Zion Canyon & Bryce Canyon before a quick visit to Las Vegas and finishing off in Santa Monica. | **PG** +GRAD08-015+ |

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| 04:30 | **Travel Oz: Whitsunday Sailing (R) ’CC’** Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG** +TRAV-016+ |

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| 05:15 | **Travel Oz: Cradle Mountain (R) ’CC’** Greg Grainger heads off to explore the Tasmanian wilderness region while the two Tims attend a Sing-Song in the highlands of New Guinea. | **PG** +TRAV3-014+ |