**Sunday 15 March 2020**

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| 06:00 | **It Is Written: Great Chapters Of The Bible - Genesis 1**  Religious program. | **PG (A)**  +IIWR20-011+ |

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| 06:30 | **Home Shopping**  Shopping program. | **G**  +INFO01-001+ |

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| 07:00 | **Tomorrow's World: Peace In The Middle East?**  Religious program. | **PG**  +TOMW20-011+ |

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| 07:30 | **Leading The Way: Healthy Living In A Sick World, Pt. 1**  Religious program. | **PG**  +LWAY20-011+ |

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| 08:00 | **David Jeremiah: The Madman**  Religious program. | **PG (A)**  +DAJE20-011+ |

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| 08:30 | **Mum's At The Table**  Mums At The Table is the place where we share, laugh and dream together. It's a TV panel show featuring real women; smart and sassy ladies with real lives, real families, real struggles and real joy. | **PG**  +MTAB01-071+ |

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| 09:00 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 09:30 | **The Great Australian Doorstep (R)**  Peter and Sheree Everitt explore amazing holiday destinations. | **PG**  +GRAD11-005+ |

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| 10:00 | **House Of Wellness (R) ’CC’**  Entertaining everybody to live a healthier life. Hosted by Luke Darcy, Rachael Finch, Jo Stanley and Luke Hines. | **PG**  +HOWL04-005+ |

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| 11:00 | **NBC Today (R) ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT20-074+ |

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| 12:00 | **My Greek Odyssey (R) ’CC’**  Peter continues to show off the sights of Hydra, before travelling to the rocky island of Dokos. | **PG**  +MYGO01-004+ |

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| 13:00 | **All Clear**  The Australian Jumping Teams League is the big bash of showjumping. 10 teams battle for the richest ever showjumping purse. | **PG**  +ALCL01-004+ |

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| 14:30 | **Ultimate Bowls Championship: Moama - Final**  The Ultimate Bowls Championship is a celebration of the sport of lawn bowls. It has been designed to respect, showcase and grow the game we love. | **PG**  +ULBC01-018+ |

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| 15:30 | **The Great Australian Doorstep (R)**  Peter and Sheree Everitt explore amazing holiday destinations. | **PG**  +GRAD11-005+ |

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| 16:00 | **Escape To The Country: West Sussex (R)**  Nicki Chapman is helping a couple who want to turn their backs on London life, to fulfil their long held dream of a move to the countryside. They've set their sights on a new life in West Sussex. | **G**  +ETTC24-036+ |

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| 17:00 | **M\*A\*S\*H: Dear Sigmund (R)**  Sidney Freedman, feeling depressed, visits the 4077th to observe how they fare under the pressures of war. | **PG**  +MASH5-008+ |

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| 17:30 | **M\*A\*S\*H: Mulcahy's War (R)**  Realising his lack of understanding, Father Mulcahy accompanies Radar to an aid station where they encounter the real war first hand. | **PG**  +MASH5-009+ |

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| 18:00 | **M\*A\*S\*H: The Korean Surgeon (R)**  When Dr Syn Paik, a North Korean surgeon, arrives at the 4077th he is passed off as a South Korean by Hawkeye and B.J. | **PG**  +MASH5-010+ |

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| 18:30 | **M\*A\*S\*H: Hawkeye Get Your Gun (R)**  After 24 hours of surgery, Hawkeye and Potter venture off to a Korean hospital to lend a hand. | **PG**  +MASH5-011+ |

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| 19:00 | **Border Security - Australia's Front Line (R) ’CC’**  A man arriving from Columbia appears extremely nervous and behaves erratically when his belongings are tested. The Border Force compliance team execute a pre-dawn raid in South Australia. | **PG**  +BORD13-019+ |

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| 19:30 | **Border Security - Australia's Front Line (R) ’CC’**  In one of the most intriguing stories in the show's history, Customs zero in on a passenger arriving on a flight from Toronto. Narrated by | **PG**  +BORD-056+ |

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| 20:30 | **Air Crash Investigations: Deadly Descent (R)**  A skilled captain manages to save his crippled aircraft and everyone on board, and then it's up to investigators to track down the microscopic culprit. | **PG (A)**  +MDAY19-001+ |

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| 21:30 | **Air Crash Investigations: Flight 574: Lost (R) ’CC’**  A Boeing 747 is badly off course; the crew struggles to get the plane back on track when they are lost in a violent storm. | **PG**  +MDAY7-007+ |

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| 22:30 | **Criminal Confessions: Placentia (R) ’CC’**  A mother's only hope of finding her missing 20-year-old daughter rests in the hands of a seasoned investigator from the DA's office, who takes on her case after it's been cold for seven years. | **M (V,S)**  +CCON01-006+ |

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| 02:00 | **Ultimate Bowls Championship: Moama - Final (R)**  The Ultimate Bowls Championship is a celebration of the sport of lawn bowls. It has been designed to respect, showcase and grow the game we love. | **PG**  +ULBC01-018+ |

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| 03:00 | **My Greek Odyssey (R) ’CC’**  Peter continues to show off the sights of Hydra, before travelling to the rocky island of Dokos. | **PG**  +MYGO01-004+ |

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| 04:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-137+ |

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| 05:00 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-009+ |

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| 05:30 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

**Monday 16 March 2020**

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| 06:00 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 06:30 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 07:00 | **Bottersnikes and Gumbles: Rustbeard / Berry Grubfest (R) ’CC’ SEASON FINAL**  In a faraway forgotten valley, heaped with long abandoned junk, a timeless battle rages between good and evil, this is the land of Bottersnikes & Gumbles. | **C**  +BSAG-026+ |

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| 07:30 | **The Wild Adventures of Blinky Bill: The Highland Games / Gnome Mans Land (R) ’CC’**  Blinky Bill and his friends set out to defend their outback home and catch those who commit crimes. | **C**  +BLIN01-016+ |

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| 08:00 | **Toybox: Dinosaur Dress Up Party (R) ’CC’**  Watch the toys come alive when we open the lid to a fantasy world full of fun, music, learning and adventure! | **P**  +TOYB2-051+ |

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| 09:30 | **NBC Today (R) ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT20-075+ |

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| 10:30 | **Malaysia Kitchen (R)**  On today's show, Alvin makes a hearty lamb stirfry and shows you how to make claypot chicken rice. Malaysian street food extraordinaire, Jackie M drops in to make her noodles with prawn and chicken. | **G**  +MKIT01-008+ |

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| 11:00 | **The Great Australian Doorstep: Route 66 (R)**  We finish our Route 66 tour on a high, high in the Canyon region - Grand Canyon, Zion Canyon & Bryce Canyon before a quick visit to Las Vegas and finishing off in Santa Monica. | **PG**  +GRAD08-015+ |

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| 11:30 | **Better Homes And Gardens (R) ’CC’**  Joh meets up with horticulturalist Melissa King in her hometown of Warrandyte, Victoria. Adam makes a table that can be used as a chair. Karen makes skewered charred kalamari. | **G**  +BHAG26-006+ |

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| 13:00 | **My Road To Adventure: Sam Frost (R) ’CC’**  An intimate insight into the secret holidaying lifestyle of some of Australia's most loved celebrities. | **PG**  +MRTA01-002+ |

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| 13:30 | **Sydney Weekender (R) ’CC’**  Mike's giving up his day job to test out being "Keeper for the Day" at the Australian Reptile Park. Lizzy takes a walk along the Spit to Manly Scenic Walkway with Emu Trekkers. | **G**  +7SWE27-002+ |

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| 14:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-137+ |

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| 15:00 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-009+ |

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| 15:30 | **M\*A\*S\*H: Dear Sigmund (R)**  Sidney Freedman, feeling depressed, visits the 4077th to observe how they fare under the pressures of war. | **PG**  +MASH5-008+ |

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| 16:00 | **M\*A\*S\*H: Mulcahy's War (R)**  Realising his lack of understanding, Father Mulcahy accompanies Radar to an aid station where they encounter the real war first hand. | **PG**  +MASH5-009+ |

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| 16:30 | **M\*A\*S\*H: The Korean Surgeon (R)**  When Dr Syn Paik, a North Korean surgeon, arrives at the 4077th he is passed off as a South Korean by Hawkeye and B.J. | **PG**  +MASH5-010+ |

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| 17:00 | **M\*A\*S\*H: Hawkeye Get Your Gun (R)**  After 24 hours of surgery, Hawkeye and Potter venture off to a Korean hospital to lend a hand. | **PG**  +MASH5-011+ |

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| 17:30 | **Escape To The Country: Dorset (R)**  Jules Hudson goes on the house hunt in Dorset with a couple who have lived their entire married lives in separate homes, seventy miles apart. | **G**  +ETTC19-007+ |

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| 18:30 | **Bargain Hunt: Kedleston 19 (R)**  The grounds of Kedleston Hall are the venue for this episode of Bargain Hunt. | **PG**  +BHUN45-028+ |

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| 19:30 | **Doc Martin: Preserve The Romance (R)**  Martin Ellingham's plans to resume his career are put on hold with the birth of a baby; the new GP misdiagnoses a patient. | **PG (A)**  +DOCM05-001+ |

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| 20:30 | **The Inspector Lynley Mysteries: A Cry For Justice (R)**  An apparent suicide arouses Haver's suspicions when she discovers that the victim was about to expose an illegal adoption agency. Starring:AL WEAVER,CATHERINE MCDONOUGH,DANIEL RYAN,JENNY AGUTTER,SHAUGHAN SEYMOUR,TERENCE HARVEY,STEVEN WEBB,TIM FRANCES | **MA (A)**  +INLM3-003+ |

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| 22:30 | **Liar (R) ’CC’**  Terrified of arrest, Andrew enlists Luke's help as an alibi. But Laura Nielson won't give up easily, and the final match between the two is set to have violent consequences. | **M (A)**  +LIAR01-006+ |

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| 23:30 | **Brit Cops NEW EPISODE**  Rapid Response Teams intercept a suspected burglar carrying a bag full of booze, and catch a drunk relieving himself in the high street. | **M (D,V,L)**  +BRIC02-009+ |

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| 00:30 | **Trial And Error: A Hole In The Case (R) ’CC’**  As the trial begins, Josh and his team experience some hiccups in proving Lavinia's innocence; Carol Anne argues to test the timeline, leading them to uncover a hidden passageway on Lavinia's property | **M (S)**  +TRAE02-004+ |

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| 01:00 | **Trial And Error: A Change In The Team (R) ’CC’**  Dwayne testifies on the prosecution's behalf and dismantles the timeline they established; Lavinia pressures Josh to fire Dwayne; Dwayne redeems himself when he stumbles on a big break in the case. | **M (L,A,S)**  +TRAE02-005+ |

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| 01:30 | **My Road To Adventure: Sam Frost (R) ’CC’**  An intimate insight into the secret holidaying lifestyle of some of Australia's most loved celebrities. | **PG**  +MRTA01-002+ |

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| 02:00 | **Escape To The Country: Dorset (R)**  Jules Hudson goes on the house hunt in Dorset with a couple who have lived their entire married lives in separate homes, seventy miles apart. | **G**  +ETTC19-007+ |

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| 03:00 | **Bargain Hunt: Kedleston 19 (R)**  The grounds of Kedleston Hall are the venue for this episode of Bargain Hunt. | **PG**  +BHUN45-028+ |

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| 04:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-139+ |

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| 05:00 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-010+ |

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| 05:30 | **The Great Australian Doorstep: Route 66 (R)**  We finish our Route 66 tour on a high, high in the Canyon region - Grand Canyon, Zion Canyon & Bryce Canyon before a quick visit to Las Vegas and finishing off in Santa Monica. | **PG**  +GRAD08-015+ |

**Tuesday 17 March 2020**

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| 06:00 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 06:30 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 07:00 | **Beat Bugs: Help / Lucy In The Sky With Diamonds (R) ’CC’**  When a stubborn Jay becomes trapped in a jam jar, he has to rely on his friends to help him. Then, Crick's scientific logic is challenged as the bugs seek the help of an alternative sleep doctor. | **C**  +BEAT-001+ |

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| 07:30 | **The Wild Adventures of Blinky Bill: Blankie Bill / Born To Teach (R) ’CC’**  Blinky Bill and his friends set out to defend their outback home and catch those who commit crimes. | **C**  +BLIN01-017+ |

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| 08:00 | **Toybox: Ned's Lost Memory (R) ’CC’**  Watch the toys come alive when we open the lid to a fantasy world full of fun, music, learning and adventure! | **P**  +TOYB2-052+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-139+ |

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| 09:30 | **NBC Today (R) ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT20-076+ |

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| 12:00 | **Helloworld (R) ’CC’**  Join the all-star cast as they uncover the greatest travel experiences in the world today. | **PG**  +HELW01-013+ |

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| 12:30 | **All Clear (R)**  The Australian Jumping Teams League is the big bash of showjumping. 10 teams battle for the richest ever showjumping purse. | **PG**  +ALCL01-004+ |

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| 15:00 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-010+ |

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| 15:30 | **Air Crash Investigations: Cutting Corners (R)**  An Air Alaska flight loses its stabiliser and nose dives into the ocean with no survivors. Join investigators as they discover how maintenance errors can lead to fatal crashes. | **PG**  +MDAY-005+ |

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| 16:30 | **The Zoo (R) ’CC’**  The keepers find two chameleons that are able to turn each other green with happiness, and two male chimps compete for control. | **G**  +ZOOT2-004+ |

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| 17:00 | **Crash Investigation Unit: Rush Hour (R) ’CC’**  Normality becomes turmoil when a woman driving in peak hour is suddenly struck by a van. Hosted by DAMIAN WALSHE-HOWLING. | **PG**  +CIU-010+ |

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| 17:30 | **Escape To The Country: North Devon (R)**  Jules Hudson takes on the mammoth challenge of helping a couple find a country home, not only for themselves but also for their business, their animals and their relatives. | **G**  +ETTC19-008+ |

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| 18:30 | **Bargain Hunt: Warwick 31 (R)**  Charlie Ross is distracted by a cheeky red Austin Healey. | **PG**  +BHUN45-029+ |

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| 19:30 | **Cold Case: Maternal Instinct (R) ’CC’**  A court-appointed psychologist approaches Rush regarding a client, Sea, a troubled 17-year-old boy who's been lost in the foster care system since he witnessed the murder of his mother, Rebecca. | **M (V,A)**  +COLC01-021+ |

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| 20:30 | **Cold Case: The Plan (R) ’CC’**  Rush, Valens and Vera investigate the 1999 murder of a military academy swim coach, Nash Cavanaugh, who died in the academy's swimming pool. | **M (A,V,S)**  +COLC01-022+ |

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| 21:30 | **Without A Trace ’CC’**  Jack and the team search for a dedicated and respected firefighter who disappeared after rescuing two fellow firemen from a building engulfed in flames. | **M (V)**  +WIAT02-008+ |

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| 22:30 | **Criminal Minds: Ex Parte (R) ’CC’**  The BAU takes charge of a hostage situation at a law firm in D.C., where Matt Simmons' wife, Kristy, works. | **MA (V)**  +CRMD13-019+ |

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| 23:30 | **Criminal Minds: All You Can Eat (R) ’CC’**  The Centers for Disease Control calls on the BAU when they suspect bioterrorism is behind a series of mysterious deaths in Virginia. Garcia visits her stepbrother, to take care of a family issue. | **M (A,V)**  +CRMD13-020+ |

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| 00:30 | **Trial And Error: New Case, Old Murder (R) ’CC’**  After winning Lavinia's case, the town finally embraces Josh; Josh agonizes over whether Lavinia may have done it and tries to open an old case. | **M (A,L,S)**  +TRAE02-006+ |

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| 01:00 | **Trial And Error: A Family Affair (R) ’CC’**  With Jesse Ray Beaumont's retrial looming, the team looks into Lavinia's past to gain fresh insight into the case. | **M (D,L,S)**  +TRAE02-007+ |

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| 01:30 | **Crash Investigation Unit: Rush Hour (R) ’CC’**  Normality becomes turmoil when a woman driving in peak hour is suddenly struck by a van. Hosted by DAMIAN WALSHE-HOWLING. | **PG**  +CIU-010+ |

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| 04:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-141+ |

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| 05:00 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-011+ |

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**Wednesday 18 March 2020**

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| 06:00 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 06:30 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 07:00 | **Beat Bugs: I Am The Walrus / I'm A Loser (R) ’CC’**  Walter tells Buzz the story of how he met the Beat Bugs. Then, Morgs the stick bug becomes sick of everyone mistaking him for a stick, but realises it has more benefits than he thought. | **C**  +BEAT-002+ |

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| 07:30 | **The Wild Adventures of Blinky Bill: The Inconvenient Friend / The Font Of All Kn-Owl-Edge (R) ’CC’**  Blinky Bill and his friends set out to defend their outback home and catch those who commit crimes. | **C**  +BLIN01-018+ |

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| 08:00 | **Toybox: She Just Wants To Help (R) ’CC’**  Watch the toys come alive when we open the lid to a fantasy world full of fun, music, learning and adventure! | **P**  +TOYB2-053+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-141+ |

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| 09:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-142+ |

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| 09:30 | **NBC Today (R) ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT20-077+ |

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| 12:00 | **Creek To Coast (R) ’CC’**  Roger introduces us to Max. Chris explores the Fraser Coast. Scotty has fingermark in his sights off Mackay. Sally is cooking spring rolls and we see what lives at the bottom of the ocean. | **G**  +7CTC20-005+ |

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| 12:30 | **Weekender (R) ’CC’**  Chris explores a cafe in paradise. Sammie zips along the Scenic Rim. Kip learns some culinary skills and we go behind the scenes at Queensland Ballet. | **G**  +WEKN20-004+ |

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| 13:00 | **Fresh Escapes ’CC’**  Fresh Escapes jets off on some incredible W.A. and international adventures. Join Jessie James and Josh Catalano as they discover the tropical island of Mauritius, plus local holiday destinations. | **G**  +FRTV05-001+ |

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| 14:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-141+ |

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| 15:00 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-011+ |

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| 15:30 | **Air Crash Investigations: The Final Blow (R) ’CC’**  Pilots override a computerised plane in dangerous weather and crash it into a mountain. What was the cause of such confusion? | **PG**  +MDAY9-007+ |

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| 16:30 | **The Zoo (R) ’CC’**  Petra the Pygmy Hippo is about to give birth and a precious Brush-Tailed Rock Wallaby Joey is carefully swapped from one pouch to another. | **G**  +ZOOT2-005+ |

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| 17:00 | **Crash Investigation Unit: Not My Time To Go (R) ’CC’**  Young lives are changed forever on a busy stretch of freeway after a crash so startling it baffles even investigators. | **PG**  +CIU2-001+ |

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| 17:30 | **Escape To The Country: Worcestershire (R)**  Alistair Appleton joins a couple who have been travelling the world and helps them find a home with B&B potential in the Malvern Hills. | **G**  +ETTC19-009+ |

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| 18:30 | **Bargain Hunt: Hemswell 28 (R)**  Eric Knowles presents from the grounds of Kedleston Hall in Derbyshire. | **PG**  +BHUN45-030+ |

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| 19:30 | **Border Security - Australia's Front Line (R) ’CC’**  A nervous man alarms officers. Two Brazilian men claim to be best friends but officers suspect it's a cover for illegal activity. A huge amount of prohibited food shocks Bio Security. | **PG**  +BORD13-020+ |

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| 20:00 | **Border Security - Australia's Front Line (R) ’CC’**  A man's nervous behaviour has everyone on edge. Another passenger claims he's been poisoned. Is he telling the truth or has an internal drug concealment ruptured? | **PG**  +BORD-067+ |

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| 20:30 | **Chris Tarrant's Extreme Railways: The Railway That Created Canada (R)**  TV Presenter Chris Tarrant travels around the world to ride some of the most extreme railways that wind their way through some of the harshest terrain on Earth. | **PG (A)**  +CTER02-006+ |

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| 21:30 | **Mighty Trains: The Ghan (R) ’CC’**  The Ghan takes passengers on a three-day, two-night journey from Adelaide in the south through the 'red center' of Australia, to Darwin in the tropical Top-End. | **PG**  +MTRA01-006+ |

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| 22:30 | **Inside King's Cross: The Railway (R)**  It's a day of disruption as a train loses power on the East Coast Mainline. Network Rail staff struggle to free customers trapped in an elevator, and a team in London deal with a broken train. | **M (L)**  +INKC01-001+ |

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| 23:30 | **Mighty Planes: Airbus A380 (R)**  Take flight on the Airbus A380's maiden journey from Frankfurt, Germany to San Francisco as they try to win over customers and maximize profits. | **G**  +MIPL-005+ |

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| 00:30 | **Air Crash Investigations: The Final Blow (R) ’CC’**  Pilots override a computerised plane in dangerous weather and crash it into a mountain. What was the cause of such confusion? | **PG**  +MDAY9-007+ |

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| 01:30 | **Crash Investigation Unit: Not My Time To Go (R) ’CC’**  Young lives are changed forever on a busy stretch of freeway after a crash so startling it baffles even investigators. | **PG**  +CIU2-001+ |

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| 02:00 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 02:30 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 03:00 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 03:30 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 04:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-143+ |

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| 04:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-144+ |

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| 05:00 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-012+ |

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| 05:30 | **The Zoo (R) ’CC’**  Petra the Pygmy Hippo is about to give birth and a precious Brush-Tailed Rock Wallaby Joey is carefully swapped from one pouch to another. | **G**  +ZOOT2-005+ |

**Thursday 19 March 2020**

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| 06:00 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 06:30 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 07:00 | **Beat Bugs: Come Together / Rain (R) ’CC’**  When the Beat Bugs can't agree on whose house to play in, Crick builds an amazing tree house that everyone can enjoy. Then, Buzz learns you can make any situation fun...even rain! | **C**  +BEAT-003+ |

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| 07:30 | **The Wild Adventures of Blinky Bill: The Winged Koala / Bewere The Moon (R) ’CC’**  Blinky Bill and his friends set out to defend their outback home and catch those who commit crimes. | **C**  +BLIN01-019+ |

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| 08:00 | **Toybox: Ned's Silly Switch (R) ’CC’**  Watch the toys come alive when we open the lid to a fantasy world full of fun, music, learning and adventure! | **P**  +TOYB2-054+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-143+ |

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| 09:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-144+ |

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| 09:30 | **NBC Today (R) ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT20-078+ |

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| 12:00 | **My Greek Odyssey (R) ’CC’**  Peter continues to show off the sights of Hydra, before travelling to the rocky island of Dokos. | **PG**  +MYGO01-004+ |

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| 13:00 | **Fresh Escapes ’CC’**  Fresh Escapes jets off on some incredible adventures. Join Jessie James and Josh Catalano as they discover the Cocos Islands, as well as local holiday destinations. | **G**  +FRTV05-002+ |

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| 14:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-143+ |

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| 14:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-144+ |

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| 15:00 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-012+ |

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| 15:30 | **Mighty Trains: The Ghan (R) ’CC’**  The Ghan takes passengers on a three-day, two-night journey from Adelaide in the south through the 'red center' of Australia, to Darwin in the tropical Top-End. | **PG**  +MTRA01-006+ |

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| 16:30 | **Mighty Planes: Airbus A380 (R)**  Take flight on the Airbus A380's maiden journey from Frankfurt, Germany to San Francisco as they try to win over customers and maximize profits. | **G**  +MIPL-005+ |

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| 17:30 | **Escape To The Country: Rutland (R)**  Jules Hudson helps a couple move from their London pad to England's smallest county and they've got very exacting expectations. | **G**  +ETTC19-010+ |

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| 18:30 | **Bargain Hunt: Kedleston 20 (R)**  Eric Knowles presents from the grounds of Kedleston Hall in Derbyshire with experts Danny Sebastian and Jonathan Pratt. | **PG**  +BHUN45-031+ |

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| 19:30 | **Father Brown: The Lair Of The Libertines (R) ’CC’**  Father Brown and his friends find themselves stranded at a hotel with a group of hedonists. | **M (V,A)**  +FBRO03-008+ |

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| 20:30 | **Judge John Deed: Above The Law (R)**  Menace and intimidation fill the air in Deed's court when three young men are charged with shooting a rival gang member. Starring:CATHERINE HARVEY,ISRAEL ADURAMO,PHOEBE THOMAS,RACHEL SPRY,MICHAEL OBIORA,OTTO GVASALIA,VICTORIA CARLING,STEPHEN GREIF,TONY MARSHALL | **M (V)**  +JJD3-002+ |

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| 22:30 | **Jonathan Creek: The Three Gamblers (R)**  A man of evil is "disposed" of with the help of six bullets, but has his corpse come back to life with revenge on its mind? Starring:ALAN DAVIES,CAROLINE QUENTIN | **M (V)**  +JNTC3-006+ |

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| 23:30 | **Dog Patrol (R)**  Whanganui Delta team Jason and Farris hunt for some deer poachers, Corrections drug dog Jess sniffs out trouble in the property room at Auckland Prison. | **PG**  +STFC07-009+ |

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| 00:00 | **Dog Patrol (R)**  Whanganui Delta team Jason and Farris find neighbours at war with firearms, Customs drug dog Waldo sniffs out a Frenchman at Auckland Airport. | **PG**  +STFC07-010+ |

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| 00:30 | **The Zoo (R) ’CC’**  Witness the extraordinary birth of two snow leopards and Rigo a Silverback Gorilla is heading to the dentist. | **G**  +ZOOT3-001+ |

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| 01:00 | **Father Brown: The Lair Of The Libertines (R) ’CC’**  Father Brown and his friends find themselves stranded at a hotel with a group of hedonists. | **M (V,A)**  +FBRO03-008+ |

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| 02:00 | **Escape To The Country: Rutland (R)**  Jules Hudson helps a couple move from their London pad to England's smallest county and they've got very exacting expectations. | **G**  +ETTC19-010+ |

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| 03:00 | **Bargain Hunt: Kedleston 20 (R)**  Eric Knowles presents from the grounds of Kedleston Hall in Derbyshire with experts Danny Sebastian and Jonathan Pratt. | **PG**  +BHUN45-031+ |

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| 04:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-145+ |

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| 04:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-146+ |

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| 05:00 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-013+ |

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| 05:30 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

**Friday 20 March 2020**

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| 06:00 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 06:30 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 07:00 | **Beat Bugs: Good Day Sunshine / Sun King (R) ’CC’**  The bugs have to find a way of getting Mr Sun back before the whole village freezes! Then, Buzz goes on a journey of self-discovery to find she has the greatest talent of all. | **C**  +BEAT-004+ |

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| 07:30 | **The Wild Adventures of Blinky Bill: Mum Vs Cranky / Curse Of The Double Curse (R) ’CC’**  Blinky Bill and his friends set out to defend their outback home and catch those who commit crimes. | **C**  +BLIN01-020+ |

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| 08:00 | **Toybox: Tom's Super Station (R) ’CC’**  Watch the toys come alive when we open the lid to a fantasy world full of fun, music, learning and adventure! | **P**  +TOYB2-055+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-145+ |

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| 09:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-146+ |

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| 09:30 | **NBC Today (R) ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT20-079+ |

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| 12:00 | **House Of Wellness (R) ’CC’**  Entertaining everybody to live a healthier life. Hosted by Luke Darcy, Rachael Finch, Jo Stanley and Luke Hines. | **PG**  +HOWL04-006+ |

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| 13:00 | **Ultimate Bowls Championship: Moama - Final (R)**  The Ultimate Bowls Championship is a celebration of the sport of lawn bowls. It has been designed to respect, showcase and grow the game we love. | **PG**  +ULBC01-018+ |

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| 14:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-145+ |

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| 14:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-146+ |

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| 15:00 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-013+ |

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| 15:30 | **Dog Patrol (R)**  Whanganui Delta team Jason and Farris hunt for some deer poachers, Corrections drug dog Jess sniffs out trouble in the property room at Auckland Prison. | **PG**  +STFC07-009+ |

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| 16:00 | **Dog Patrol (R)**  Whanganui Delta team Jason and Farris find neighbours at war with firearms, Customs drug dog Waldo sniffs out a Frenchman at Auckland Airport. | **PG**  +STFC07-010+ |

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| 16:30 | **The Zoo (R) ’CC’**  A lion must undergo a world-first operation. Meanwhile, an orphaned flying fox meets his new mum. | **G**  +ZOOT3-002+ |

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| 17:00 | **Crash Investigation Unit: Left For Dead (R) ’CC’**  A sleepy suburban street becomes a crime scene leaving a young man with life threatening injuries and an offender on the run. | **PG**  +CIU2-003+ |

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| 17:30 | **Escape To The Country: Yorkshire Dales (R)**  Nicki Chapman searches for a rural home in the Yorkshire Dales and learns about the efforts to protect the local bumble bee population along the way. | **G**  +ETTC19-011+ |

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| 18:30 | **Bargain Hunt: Warwick 32 (R)**  Anita Manning presents Bargain Hunt from The British Motor Museum in Warwickshire, with experts Philip Serrell and Richard Madley. | **PG**  +BHUN45-032+ |

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| 19:30 | **Heathrow: Heathrow S3 Ep: 2 (R)**  Britain's busiest and most famous airport opens its doors for an un-precedented look at life inside Europe's most important transport hub. | **PG**  +HEAT03-002+ |

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| 20:30 | **Billy Connolly: Journey To The Edge Of The World (R)**  On the final leg of the tour, Billy travels through the Yukon and British Columbia, meeting the hardy people who thrive in such remote areas. | **PG**  +BCJ-004+ |

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| 21:30 | **Martin Clunes: Islands Of Australia (R) ’CC’**  On the last leg of his voyage Martin visits islands along the south coast playing cowboys in Mundoo, picking up a penguin on Phillip Island and finding sympathy with a devil on Tasmania's Maria island | **PG**  +ISOA01-003+ |

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| 22:30 | **Selling Houses Australia: Alexandra Pub Special (R) ’CC’**  A couple who bought a country pub find that they now have to sell lit, after running the business takes a physical, emotional and financial toll. | **PG**  +SEHO07-013+ |

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| 23:30 | **Selling Houses Australia: Frankston (R) ’CC’**  Dealing with the dead is all in a day's work for Sean Dylan, so when this gravedigger spotted a weatherboard house opposite Frankston cemetery he loved the location. | **G**  +SEHO06-001+ |

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| 00:30 | **Helloworld (R) ’CC’**  Join the all-star cast as they uncover the greatest travel experiences in the world today. | **PG**  +HELW01-013+ |

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| 01:00 | **Dog Patrol (R)**  Whanganui Delta team Jason and Farris hunt for some deer poachers, Corrections drug dog Jess sniffs out trouble in the property room at Auckland Prison. | **PG**  +STFC07-009+ |

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| 01:30 | **Dog Patrol (R)**  Whanganui Delta team Jason and Farris find neighbours at war with firearms, Customs drug dog Waldo sniffs out a Frenchman at Auckland Airport. | **PG**  +STFC07-010+ |

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| 02:00 | **Escape To The Country: Yorkshire Dales (R)**  Nicki Chapman searches for a rural home in the Yorkshire Dales and learns about the efforts to protect the local bumble bee population along the way. | **G**  +ETTC19-011+ |

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| 03:15 | **Bargain Hunt: Warwick 32 (R)**  Anita Manning presents Bargain Hunt from The British Motor Museum in Warwickshire, with experts Philip Serrell and Richard Madley. | **PG**  +BHUN45-032+ |

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| 04:30 | **Crash Investigation Unit: Left For Dead (R) ’CC’**  A sleepy suburban street becomes a crime scene leaving a young man with life threatening injuries and an offender on the run. | **PG**  +CIU2-003+ |

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| 05:00 | **Ultimate Bowls Championship: Moama - Final (R)**  The Ultimate Bowls Championship is a celebration of the sport of lawn bowls. It has been designed to respect, showcase and grow the game we love. | **PG**  +ULBC01-018+ |

**Saturday 21 March 2020**

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| 06:00 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 06:30 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 07:00 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 07:30 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 08:00 | **Travel Oz: Gondwana Rainforests (R) ’CC’**  Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG**  +TRAV-017+ |

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| 08:45 | **Travel Oz: Strahan 2 (R) ’CC’**  Greg explores Tasmania's isolated and stunningly beautiful wild west coast, visits a mountain to rival Uluru in Western Australia and meets the date farmer of outback Queensland. | **PG**  +TRAV3-015+ |

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| 09:30 | **NBC Today (R) ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT20-080+ |

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| 11:30 | **Great Australian Doorstep (R)**  Spida takes his great mate Shannan Ponton to the Northern Territory to try their luck at catching the Million Dollar Fish. | **PG**  +GRAD09-001+ |

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| 12:00 | **Malaysia Kitchen (R)**  On today's show, Alvin makes a hearty lamb stirfry and shows you how to make claypot chicken rice. Malaysian street food extraordinaire, Jackie M drops in to make her noodles with prawn and chicken. | **G**  +MKIT01-008+ |

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| 12:30 | **TBA:** | ++ |

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| 14:00 | **Sydney Weekender (R) ’CC’**  Mike checks out what's new and what's hot in Tweed. Teigan takes in the Nepean River. Fliss checks out Avoca Surf House. | **G**  +7SWE27-003+ |

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| 14:30 | **The Great Australian Doorstep**  Peter and Sheree Everitt explore amazing holiday destinations. | **PG**  +GRAD11-006+ |

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| 15:00 | **TBA:** | ++ |

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| 17:00 | **TBA:** | ++ |

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| 19:00 | **TBA:** | ++ |

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| 19:30 | **The Yorkshire Vet NEW EPISODE**  Joining Julian Norton is his partner, fellow vet and former Herriot trainee, Peter Wright together with their dedicated team of staff at his practice, Skeldale Veterinary Centre. | **PG (A)**  +YORK07-006+ |

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| 20:30 | **Escape To The Country: Lancashire NEW EPISODE**  Ginny's house hunting mission is to help a couple of empty nesters who want to relocate to the Lancashire countryside, putting them healthy distance from their grown up children. | **G**  +ETTC24-037+ |

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| 21:30 | **Escape To The Country: North Dorset NEW EPISODE**  Ginny is tasked with helping a couple who want to find their forever home in the Dorset countryside. | **G**  +ETTC24-038+ |

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| 22:30 | **Escape To The Country: Cornwall (R)**  Jonnie Irwin travels to Cornwall to help a horse loving mother find rural respite with a 465,000-pound budget. | **G**  +ETTC23-036+ |

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| 23:30 | **Honey I Bought The House: Bolton (R)**  Property series in which first-time buyers are given 15,000 pounds and three weeks to secure a deposit. | **PG**  +HBTH02-002+ |

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| 00:30 | **Escape To The Country: Lancashire (R)**  Ginny's house hunting mission is to help a couple of empty nesters who want to relocate to the Lancashire countryside, putting them healthy distance from their grown up children. | **G**  +ETTC24-037+ |

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| 01:30 | **The Great Australian Doorstep (R)**  Peter and Sheree Everitt explore amazing holiday destinations. | **PG**  +GRAD11-006+ |

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| 02:00 | **Creek To Coast (R) ’CC’**  Creek to Coast is all things boating, camping, 4WDing, outdoor adventuring and fishing. From bush-bashing to cooking to caravanning to watersports, Creek to Coast has it all. | **G**  +7CTC20-006+ |

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| 02:30 | **Weekender ’CC’**  Whether it is day tripping to the reef, watching a fiery outback sunset, or brunch at a cool city cafe, Weekender will inspire you to make the most of your precious break. | **G**  +WEKN20-005+ |

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| 03:00 | **Queensland Weekender: Queensland Weekender 2019 Ep: 28 (R) ’CC’**  Mel is experiencing the Fraser Coast Humpback playground both on and in the water. Liz explores a holiday home, while Victoria has the perfect combo of adventure and indulgence for a girls' trip. | **G**  +7QWE19-028+ |

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| 03:30 | **Malaysia Kitchen (R)**  On today's show, Alvin makes a hearty lamb stirfry and shows you how to make claypot chicken rice. Malaysian street food extraordinaire, Jackie M drops in to make her noodles with prawn and chicken. | **G**  +MKIT01-008+ |

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| 04:00 | **Great Australian Doorstep (R)**  Spida takes his great mate Shannan Ponton to the Northern Territory to try their luck at catching the Million Dollar Fish. | **PG**  +GRAD09-001+ |

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| 04:30 | **Travel Oz: Gondwana Rainforests (R) ’CC’**  Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG**  +TRAV-017+ |

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| 05:15 | **Travel Oz: Strahan 2 (R) ’CC’**  Greg explores Tasmania's isolated and stunningly beautiful wild west coast, visits a mountain to rival Uluru in Western Australia and meets the date farmer of outback Queensland. | **PG**  +TRAV3-015+ |