**Sunday 16 June 2019**

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| 06:00 | **It Is Written: Investing In Eternity** Religious program. | **PG** +IIWR19-007+ |

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| 06:30 | **Amazing Facts: Is My Christianity Real? Pt. 2** Religious program. | **PG** +AMFA19-024+ |

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| 07:00 | **Tomorrow's World: Future Shocks** Religious program. | **PG** +TOMW19-024+ |

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| 07:30 | **Leading The Way: From Valley To Victory, Pt. 3 (R)** Throughout the ages, one critical way believers in Christ have deepened and strengthened their faith in Him has been by drinking deeply from Paul's epistle to the Romans. | **PG** +LWAY19-005+ |

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| 08:00 | **David Jeremiah: Slaying The Giant Of Worry** Religious program. | **PG** +DAJE19-024+ |

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| 08:30 | **Hour Of Power: Feelings Vs Action** Religious program. | **G** +HOOP19-024+ |

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| 09:00  | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 09:30 | **Mum's At The Table** Mums At The Table is the place where we share, laugh and dream together. It's a TV panel show featuring real women; smart and sassy ladies with real lives, real families, real struggles and real joy. | **PG (A)**+MTAB01-032+ |

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| 10:00 | **House Of Wellness (R) ’CC’** Entertaining everybody to live a healthier life. Hosted by Luke Darcy, Rachael Finch, Jo Stanley and Luke Hines. | **PG** +HOWL03-016+ |

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| 11:00 | **NBC Today (R) ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-143+ |

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| 12:00 | **Queensland Weekender (R) ’CC’** Lee is on a journey from the beach to the bush to compete in the outback’s toughest endurance event. | **G** +7QWE19-017+ |

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| 12:30 | **The Great Day Out (R) ’CC’** Jillian is discovering hidden treasures just over the border. Jamie Durie shows his artistic side, while radio announcer Bianca Dye shares her Great Day Out. | **G** +GDOT19-019+ |

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| 13:00 | **Vasili's Garden** Vasili's Gardens takes you into the backyards of everyday Australians to share organic gardening techniques and teach you how to improve your health using your own garden produce. | **PG** +VASI04-002+ |

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| 14:00 | **My Greek Odyssey (R) ’CC’** Peter continues his journey through Greece, visiting Epidaurus, Moni and the island of Spetses. | **PG (N)**+MYGO01-002+ |

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| 15:00 | **Mighty Ships: Oasis Of The Seas (R)** Climb aboard for an exclusive look at some of the coolest working vessels in the world. | **G** +MTYS03-001+ |

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| 16:00 | **Escape To The Country: Norfolk (R)** Sonali Shah is on the hunt for a forever-home in rural Norfolk for a retired couple who are living in Manchester. | **G** +ETTC23-063+ |

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| 17:00 | **Escape To The Country: West Somerset (R)** Denise Nurse is helping a couple of returning expats find a new home in the Somerset countryside. | **G** +ETTC22-041+ |

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| 18:00 | **Escape To The Country: Cornwall (R)** Nicki Chapman is in Cornwall, helping a couple swap their urban lives in Hertfordshire for a more peaceful life in the countryside. | **G** +ETTC22-042+ |

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| 19:00 | **Border Patrol: Korean Sex Worker (R) ’CC’** A convicted sex offender who plans to talk his way over the border; and a traveller who tries to bring a fully potted plant across the border with him. | **PG** +BDPT08-007+ |

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| 19:30 | **Border Security - Australia's Front Line (R) ’CC’** A passenger is caught with his pants down. And the mail centre finds drugs in the most bizarre places. Narrated by Grant Bowler. | **PG** +BORD-024+ |

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| 20:00 | **Border Security - Australia's Front Line (R) ’CC’** Officers believe a passenger arriving from Singapore has something to hide, and a piece of paper hidden in his shoe could provide evidence. Narrated by Grant Bowler. | **PG** +BORD-040+ |

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| 20:30 | **Mighty Trains: The Ghan (R) ’CC’** The Ghan takes passengers on a three-day, two-night journey from Adelaide in the south through the 'red center' of Australia, to Darwin in the tropical Top-End. | **PG** +MTRA01-006+ |

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| 21:30 | **Mighty Planes: Trump 757 (R)** In this episode of Mighty Planes we'll fly with Donald Trump and his flight crew on a transatlantic mission to the UK for a speech and pit-stop at his new golf course in Scotland. | **G** +MIPL2-003+ |

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| 22:30 | **Cop Squad NEW EPISODE**Cameras follow police officers in Cambridgeshire as they tackle criminals, who are increasingly violent and reckless. | **M (L)**+COPS01-004+ |

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| 23:30 | **Border Security - Australia's Front Line (R) ’CC’** A passenger is caught with his pants down. And the mail centre finds drugs in the most bizarre places. Narrated by Grant Bowler. | **PG** +BORD-024+ |

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| 00:00 | **Mighty Trains: The Ghan (R) ’CC’** The Ghan takes passengers on a three-day, two-night journey from Adelaide in the south through the 'red center' of Australia, to Darwin in the tropical Top-End. | **PG** +MTRA01-006+ |

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| 01:00 | **Mighty Planes: Trump 757 (R)** In this episode of Mighty Planes we'll fly with Donald Trump and his flight crew on a transatlantic mission to the UK for a speech and pit-stop at his new golf course in Scotland. | **G** +MIPL2-003+ |

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| 02:00 | **The Jump-Up Land: The Jump-Up Land (R) (1985)** Retrace the 1883 William O'Donnell expedition across some of the most rugged territory Australia has to offer. | **G** +AMS-284+ |

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| 03:00 | **House Doctor (Inside And Out) (R)** Ann Maurice embraces a new format as she attempts to overhaul a wide range of homes that have been proving tricky to sell.  | **PG** +HDIO02-001+ |

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| 04:00 | **House Doctor (Inside And Out) (R)** Ann Maurice embraces a new format as she attempts to overhaul a wide range of homes that have been proving tricky to sell.  | **G** +HDIO02-002+ |

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| 05:00 | **Vasili's Garden (R)** Vasili's Gardens takes you into the backyards of everyday Australians to share organic gardening techniques and teach you how to improve your health using your own garden produce. | **PG** +VASI04-002+ |

 **Monday 17 June 2019**

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| 06:00  | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 06:30 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. Starring:FRANK FARINA | **G** +HPR-188+ |

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| 07:00 | **Drop Dead Weird: The Health Inspector (R) ’CC’** The arrival of a health inspector sends the Champs into panic mode. | **C** +DDWE01-011+ |

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| 07:30 | **Get Clever ’CC’** An outrageous series where adventure, fun and the wonders of science are burst wide open. | **C** +GECL02-016+ |

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| 08:00 | **Pipsqueaks: Flying Birds & Animals That Jump (R) ’CC’** Follow the adventures of four furry creatures called the Pipsqueaks, who live in a huge adventure playground. They sing, dance, laugh and learn. | **P** +PIPQ-036+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G** +MIDM-050+ |

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| 09:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G** +MIDM-051+ |

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| 09:30 | **NBC Today ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCS19-024+ |

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| 10:30 | **Meet The Press (R) ’CC’** Chuck Todd interviews newsmakers from around the world. | +NBCM19-024+ |

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| 11:30 | **Australia's Best Drives (R) ’CC’** Hosted by Shane Jolley, with guest appearances by Melissa Doyle, Collette Dinnigan and more, Australia's Best Drives takes you on a journey through six of our very best touring holidays. | **PG** +BDRI01-005+ |

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| 12:00 | **Vasili's Garden (R)** Vasili's Gardens takes you into the backyards of everyday Australians to share organic gardening techniques and teach you how to improve your health using your own garden produce. | **PG** +VASI04-002+ |

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| 13:00 | **The Surgery Ship: The Surgery Ship (R) (2014)** Out on the ocean, a ship of doctors and nurses is traveling to the poorest of the poor living in West Africa. | **M (A)**+NFFI71-001+ |

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| 15:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. Starring:FRANK FARINA | **G** +HPR-188+ |

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| 15:30 | **Room For Improvement (R) ’CC’** The RFI team turn a rundown community radio station into a bright and funky workplace. | **G** +RFI2-011+ |

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| 16:00 | **ICU (R) ’CC’** Aaron needs a heart transplant to survive, but the urgent surgery means he might miss his twin sister's wedding. Will he recover in time? | **PG** +ICU-003+ |

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| 16:30 | **Air Crash Investigations: Fatal Flaw (R) ’CC’** Take a look at how disasters in the sky can be caused by the tiniest fault in the aircraft. | **PG** +MDAY6-002+ |

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| 17:30 | **Property Ladder U.K. Revisited (R)** Follow amateur developers as they renovate their properties in the hope of making a profit. | **PG** +PLUK02-006+ |

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| 18:30 | **Bargain Hunt: Detling 31 (R)** Two teams of contestants are challenged to see who can make the biggest profit when they buy antiques at a fair then go on to sell them at auction. | **PG** +BHUN42-025+ |

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| 19:30 | **The Vicar Of Dibley: Spring (R)** Alice is busy arranging the christening for her and Hugo's new baby girl. And Geraldine gets a surprise proposition.  | **PG (S,L)**+TVOD3-003+ |

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| 20:30 | **Foyle's War: French Drop (R) ’CC’** Foyle is hoping for a new job away from Hastings when he gets caught up in the shady world of Top Secret spy organisation, the Special Operations Executive.  | **M (V)**+FOYL3-001+ |

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| 22:30 | **All Round To Mrs. Brown's (R) ’CC’** Agnes welcomes another stellar line-up of guests into the family home, including Ross Kemp and Kevin Bridges among others.  | **M (L,S)**+ARMB01-003+ |

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| 23:30 | **Air Crash Investigations: Fatal Flaw (R) ’CC’** Take a look at how disasters in the sky can be caused by the tiniest fault in the aircraft. | **PG** +MDAY6-002+ |

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| 00:30 | **ICU (R) ’CC’** Aaron needs a heart transplant to survive, but the urgent surgery means he might miss his twin sister's wedding. Will he recover in time? | **PG** +ICU-003+ |

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| 01:00 | **Bargain Hunt: Detling 31 (R)** Two teams of contestants are challenged to see who can make the biggest profit when they buy antiques at a fair then go on to sell them at auction. | **PG** +BHUN42-025+ |

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| 02:00 | **Property Ladder U.K. Revisited (R)** Follow amateur developers as they renovate their properties in the hope of making a profit. | **PG** +PLUK02-006+ |

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| 03:00 | **House Doctor (Inside And Out) (R)** Ann Maurice embraces a new format as she attempts to overhaul a wide range of homes that have been proving tricky to sell.  | **G** +HDIO01-007+ |

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| 04:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G** +MIDM-050+ |

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| 04:45 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G** +MIDM-051+ |

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| 05:30  | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

 **Tuesday 18 June 2019**

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| 06:00  | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 06:30 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. Starring:HELEN REDDY,NIKKI WEBSTER | **G** +HPR-189+ |

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| 07:00 | **Drop Dead Weird: Frankie's Opportunity (R) ’CC’** When Frankie is offered a place in a school for geniuses, the kids do their best to try and get her through the required parental interview. | **C** +DDWE01-012+ |

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| 07:30 | **Get Clever ’CC’** An outrageous series where adventure, fun and the wonders of science are burst wide open. | **C** +GECL02-017+ |

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| 08:00 | **Pipsqueaks: Bees Are Amazing & Vegetables (R) ’CC’** Follow the adventures of four furry creatures called the Pipsqueaks, who live in a huge adventure playground. They sing, dance, laugh and learn. | **P** +PIPQ-037+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G** +MIDM-052+ |

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| 09:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G** +MIDM-053+ |

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| 09:30 | **NBC Today (R) ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-144+ |

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| 12:00 | **Property Ladder U.K. Revisited (R)** Follow amateur developers as they renovate their properties in the hope of making a profit. | **PG** +PLUK02-006+ |

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| 13:00 | **House Doctor (Inside And Out) (R)** Ann Maurice embraces a new format as she attempts to overhaul a wide range of homes that have been proving tricky to sell.  | **G** +HDIO01-008+ |

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| 14:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G** +MIDM-052+ |

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| 14:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G** +MIDM-053+ |

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| 15:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. Starring:HELEN REDDY,NIKKI WEBSTER | **G** +HPR-189+ |

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| 15:30 | **Room For Improvement (R) ’CC’** The RFI team turns a dull lounge room into a spectacular showpiece. | **G** +RFI2-012+ |

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| 16:00 | **ICU (R) ’CC’** While working on a ladder, Ben falls three metres, causing a collapsed lung and a ruptured spleen. Will he survive the injuries? | **PG** +ICU-004+ |

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| 16:30 | **Air Crash Investigations: Who's Flying the Plane? (R) ’CC’** It's a complicated relationship between a pilot and his aircraft and when it doesn't work perfectly, disaster can strike in an instant. | **PG** +MDAY6-003+ |

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| 17:30 | **Property Ladder U.K. Revisited (R)** Follow amateur developers as they renovate their properties in the hope of making a profit. | **PG** +PLUK07-001+ |

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| 18:30 | **Bargain Hunt: Newbury 27 (R)** Two teams of contestants are challenged to see who can make the biggest profit when they buy antiques at a fair then go on to sell them at auction. | **PG** +BHUN42-026+ |

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| 19:30 | **Rosemary & Thyme: The Seeds Of Time (R)** Rosemary and Laura investigate the death of a South American man, whose death is connected to mysterious seeds. | **PG (V)**+RAT3-002+ |

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| 20:30 | **Frankie Drake Mysteries: Anastasia NEW EPISODE**Frankie is hired to confirm the identity of a young woman claiming to be a Russian princess and protect her from those who want her dead. | **M (V)**+FRAD01-010+ |

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| 21:30 | **Murdoch Mysteries: The Death Of Dr. Ogden** When Julia Ogden's father passes away, she uncovers an unexpected truth behind his death - and his life. | **M (A,V)**+MMYS07-018+ |

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| 22:30 | **Murdoch Mysteries: Glory Days (R)** Murdoch joins forces with legendary lawman Bat Masterson to hunt for Butch Cassidy and the Sundance Kid. | **M (V)**+MMYS08-001+ |

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| 23:30 | **Air Crash Investigations: Who's Flying the Plane? (R) ’CC’** It's a complicated relationship between a pilot and his aircraft and when it doesn't work perfectly, disaster can strike in an instant. | **PG** +MDAY6-003+ |

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| 00:30 | **ICU (R) ’CC’** While working on a ladder, Ben falls three metres, causing a collapsed lung and a ruptured spleen. Will he survive the injuries? | **PG** +ICU-004+ |

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| 01:00 | **Bargain Hunt: Newbury 27 (R)** Two teams of contestants are challenged to see who can make the biggest profit when they buy antiques at a fair then go on to sell them at auction. | **PG** +BHUN42-026+ |

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| 02:00 | **Property Ladder U.K. Revisited (R)** Follow amateur developers as they renovate their properties in the hope of making a profit. | **PG** +PLUK07-001+ |

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| 03:00 | **House Doctor (Inside And Out) (R)** Ann Maurice embraces a new format as she attempts to overhaul a wide range of homes that have been proving tricky to sell.  | **G** +HDIO01-008+ |

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| 04:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G** +MIDM-052+ |

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| 05:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. Starring:HELEN REDDY,NIKKI WEBSTER | **G** +HPR-189+ |

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| 05:30  | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

 **Wednesday 19 June 2019**

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| 06:00  | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 06:30 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-001+ |

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| 07:00 | **Drop Dead Weird: The Zombie Spectacular (R) ’CC’** A zombie party is a perfect excuse for Mum and Dad to appear normal and spend time with the whole family. | **C** +DDWE01-013+ |

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| 07:30 | **Get Clever ’CC’** An outrageous series where adventure, fun and the wonders of science are burst wide open. | **C** +GECL02-018+ |

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| 08:00 | **Pipsqueaks: Trip To Doctor & Amazing Birds (R) ’CC’** Follow the adventures of four furry creatures called the Pipsqueaks, who live in a huge adventure playground. They sing, dance, laugh and learn. | **P** +PIPQ-038+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G** +MIDM-054+ |

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| 09:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G** +MIDM-055+ |

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| 09:30 | **NBC Today (R) ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-145+ |

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| 12:00 | **Property Ladder U.K. Revisited (R)** Follow amateur developers as they renovate their properties in the hope of making a profit. | **PG** +PLUK07-001+ |

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| 13:00 | **House Doctor (Inside And Out) (R)** Ann Maurice embraces a new format as she attempts to overhaul a wide range of homes that have been proving tricky to sell.  | **PG** +HDIO02-001+ |

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| 14:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G** +MIDM-054+ |

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| 15:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-001+ |

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| 15:30 | **Room For Improvement (R) ’CC’** Scott McGregor and the RFI team turn a drab basement and kitchen into a bright entertaining room with a Mexican theme. | **G** +RFI2-013+ |

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| 16:00 | **ICU (R) ’CC’** A mother of three has a brain aneurysm whilst driving. Will the doctors be able to save her life? | **PG** +ICU-005+ |

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| 16:30 | **Air Crash Investigations: System Breakdown (R) ’CC’** In-depth analysis of five aviation disasters reveals the steps taken to modernise communication in the skies - and avert further catastrophes. | **PG** +MDAY6-004+ |

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| 17:30 | **Property Ladder U.K. Revisited NEW EPISODE**Follow amateur developers as they renovate their properties in the hope of making a profit. | **PG** +PLUK07-002+ |

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| 18:30 | **Bargain Hunt: Oswestry 23 (R)** Two teams of contestants are challenged to see who can make the biggest profit when they buy antiques at a fair then go on to sell them at auction. | **PG** +BHUN42-027+ |

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| 19:30 | **Border Security - Australia's Front Line (R) ’CC’** A New Zealand man has a secret and Immigration needs to find out the truth, and not all children's books have a happy ending. Narrated by GRANT BOWLER. | **PG** +BORD-062+ |

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| 20:00 | **Border Security - Australia's Front Line (R) ’CC’** A man's nervous behaviour has everyone on edge. Another passenger claims he's been poisoned. Is he telling the truth or has an internal drug concealment ruptured? | **PG** +BORD-067+ |

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| 20:30 | **Air Crash Investigations: Dead Of Winter ’CC’ NEW EPISODE**On 15 November 1987, Continental Airlines Flight 1713 stalls and crashes off the right side of the runway shortly after taking off in a snowstorm from Stapleton International Airport in Colorado. | **PG (A)**+MDAY18-010+ |

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| 21:30 | **Air Crash Investigations: Aloha - Hanging By A Thread (R) ’CC’** In April 1998, a short island hop from Maui to Honolulu quickly turns into a nightmare for Aloha Airlines Flight 243. | **PG** +MDAY3-001+ |

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| 22:30 | **Air Crash Investigations: System Breakdown (R) ’CC’** In-depth analysis of five aviation disasters reveals the steps taken to modernise communication in the skies - and avert further catastrophes. | **PG** +MDAY6-004+ |

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| 23:30 | **Autopsy USA: Natalie Wood (R) ’CC’** A fresh look at one of Hollywood’s most enduring mysteries, the drowning death of actress Natalie Wood.  | **M (A)**+AUTU01-001+ |

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| 00:30 | **ICU (R) ’CC’** A mother of three has a brain aneurysm whilst driving. Will the doctors be able to save her life? | **PG** +ICU-005+ |

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| 01:00 | **Bargain Hunt: Oswestry 23 (R)** Two teams of contestants are challenged to see who can make the biggest profit when they buy antiques at a fair then go on to sell them at auction. | **PG** +BHUN42-027+ |

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| 02:00  | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 04:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G** +MIDM-054+ |

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| 04:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G** +MIDM-055+ |

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| 05:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-001+ |

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| 05:30  | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

 **Thursday 20 June 2019**

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| 06:00  | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 06:30 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-002+ |

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| 07:00 | **Drop Dead Weird: The Big Storm (R) ’CC’** Everyone in Tubbershandy must pull together to make it through a record-breaking storm. | **C** +DDWE01-014+ |

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| 07:30 | **Get Clever ’CC’** An outrageous series where adventure, fun and the wonders of science are burst wide open. | **C** +GECL02-019+ |

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| 08:00 | **Pipsqueaks: Animals That Roar & Communication (R) ’CC’** Follow the adventures of four furry creatures called the Pipsqueaks, who live in a huge adventure playground. They sing, dance, laugh and learn. | **P** +PIPQ-039+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G** +MIDM-056+ |

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| 09:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G** +MIDM-057+ |

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| 09:30 | **NBC Today (R) ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-146+ |

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| 12:00 | **Property Ladder U.K. Revisited (R)** Follow amateur developers as they renovate their properties in the hope of making a profit. | **PG** +PLUK07-002+ |

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| 13:00 | **House Doctor (Inside And Out) (R)** Ann Maurice embraces a new format as she attempts to overhaul a wide range of homes that have been proving tricky to sell.  | **G** +HDIO02-002+ |

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| 14:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G** +MIDM-056+ |

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| 14:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G** +MIDM-057+ |

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| 15:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-002+ |

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| 15:30 | **Room For Improvement (R) ’CC’** Join Scott McGregor and the RFI team as they surprise honeymooners when they return home to a beautifully renovated bedroom and en-suite. | **G** +RFI2-014+ |

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| 16:00 | **ICU (R) ’CC’** After being punched at a party, Tim arrives at the Alfred with serious head injuries and major swelling to his brain. Will he survive? | **PG (A)**+ICU-006+ |

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| 16:30 | **Air Crash Investigations: Cruel Skies (R) ’CC’** Follow the essential work of the US Aviation Weather Centre, which plays a vital role in protecting planes from potentially lethal weather. | **PG** +MDAY6-005+ |

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| 17:30 | **Property Ladder U.K. Revisited NEW EPISODE**Follow amateur developers as they renovate their properties in the hope of making a profit. | **PG** +PLUK07-003+ |

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| 18:30 | **Bargain Hunt: Builth Wells 3 (R)** Two teams of contestants are challenged to see who can make the biggest profit when they buy antiques at a fair then go on to sell them at auction. | **PG** +BHUN42-028+ |

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| 19:30 | **Father Brown: The Sign Of The Broken Sword (R)** A murder at the local army barracks using a legendary broken sword leads Father Brown to investigate another death at Dunkirk some 13 years earlier. | **M (V,A)**+FBRO03-004+ |

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| 20:30 | **A Touch Of Frost: Dead Male One (R)** Frost is called out to investigate two incidents. The first is the discovery of a body, dressed only in a hospital operating gown, found floating in the river. The second occurs when a young footballer, Denton's up-and-coming star player, collapses in the dressing room.  | **PG (D,V,A)**+TOF3-003+ |

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| 22:30 | **Air Crash Investigations: Cruel Skies (R) ’CC’** Follow the essential work of the US Aviation Weather Centre, which plays a vital role in protecting planes from potentially lethal weather. | **PG** +MDAY6-005+ |

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| 23:30 | **Mighty Ships: Oasis Of The Seas (R)** Climb aboard for an exclusive look at some of the coolest working vessels in the world. | **G** +MTYS03-001+ |

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| 00:30 | **ICU (R) ’CC’** After being punched at a party, Tim arrives at the Alfred with serious head injuries and major swelling to his brain. Will he survive? | **PG (A)**+ICU-006+ |

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| 01:00 | **Bargain Hunt: Builth Wells 3 (R)** Two teams of contestants are challenged to see who can make the biggest profit when they buy antiques at a fair then go on to sell them at auction. | **PG** +BHUN42-028+ |

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| 02:00 | **Property Ladder U.K. Revisited (R)** Follow amateur developers as they renovate their properties in the hope of making a profit. | **PG** +PLUK07-003+ |

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| 03:00 | **House Doctor (Inside And Out) (R)** Ann Maurice embraces a new format as she attempts to overhaul a wide range of homes that have been proving tricky to sell.  | **G** +HDIO02-002+ |

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| 04:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G** +MIDM-056+ |

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| 04:45 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G** +MIDM-057+ |

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| 05:30  | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

 **Friday 21 June 2019**

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| 06:00  | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 06:30 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-003+ |

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| 07:00 | **Drop Dead Weird: Mum Loses Her Head (R) ’CC’** Mum accidentally leaves her head at Tubbershandy Secondary School. | **C** +DDWE01-015+ |

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| 07:30 | **Get Clever ’CC’** An outrageous series where adventure, fun and the wonders of science are burst wide open. | **C** +GECL02-020+ |

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| 08:00 | **Pipsqueaks: Ballet & Wind (R) ’CC’** Follow the adventures of four furry creatures called the Pipsqueaks, who live in a huge adventure playground. They sing, dance, laugh and learn. | **P** +PIPQ-040+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G** +MIDM-058+ |

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| 09:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G** +MIDM-059+ |

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| 09:30 | **NBC Today (R) ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-147+ |

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| 12:00 | **House Of Wellness (R) ’CC’** Entertaining everybody to live a healthier life. Hosted by Luke Darcy, Rachael Finch, Jo Stanley and Luke Hines. | **PG** +HOWL03-017+ |

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| 13:00 | **House Doctor (Inside And Out) (R)** Ann Maurice embraces a new format as she attempts to overhaul a wide range of homes that have been proving tricky to sell.  | **G** +HDIO02-003+ |

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| 14:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G** +MIDM-058+ |

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| 14:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G** +MIDM-059+ |

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| 15:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-003+ |

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| 15:30 | **Room For Improvement (R) ’CC’** Scott McGregor and the RFI team turn a warehouse garage into a sitting area with an industrial theme. | **G** +RFI2-015+ |

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| 16:00 | **ICU (R) ’CC’** Laila is admitted to the ICU with a tumour the size of a tennis ball in her throat. Will she survive the operation? | **PG (A)**+ICU-007+ |

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| 16:30 | **Air Crash Investigations: Scratching The Surface (R) ’CC’** May 25, 2002. China Airlines Boeing 747 disintegrates mid-air and crashes into the Taiwan Strait, just twenty minutes after take off. | **PG** +MDAY7-001+ |

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| 17:30 | **Property Ladder U.K. Revisited NEW EPISODE**Follow amateur developers as they renovate their properties in the hope of making a profit. | **PG** +PLUK07-004+ |

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| 18:30 | **Bargain Hunt: Newbury 28 (R)** Two teams of contestants are challenged to see who can make the biggest profit when they buy antiques at a fair then go on to sell them at auction. | **PG** +BHUN42-029+ |

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| 19:30 | **Border Security: International (R) ’CC’** Toronto airport officers discover a suspicious bag with a fake baggage tag. Meanwhile, a box full of critters lands in the mail centre. | **PG** +BORC3-022+ |

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| 20:00 | **Border Security: International (R) ’CC’** A Russian dissident's complicated past raises many questions. Officers wonder why a Korean tourist would bring his CV and school diplomas on a vacation. A music producer hopes his Canadian client sings the same tune. | **PG** +BORC-010+ |

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| 20:30 | **Escape To The Continent (R)** Escape to the Continent showcases gorgeous, competitively priced homes, stunning locations, cultural hot-spots, local amenities and leisure opportunities on foreign shores. | **G** +ETCO02-003+ |

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| 21:30 | **Charlie Luxton's Homes By The Sea: North Yorkshire NEW EPISODE**Follow Charlie Luxton on a quest to find the finest, quirkiest, most spectacular and truly unusual homes that can be found on Britain's beautiful coastline. | **PG** +HOBS02-002+ |

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| 22:30 | **Building The Dream: Wiltshire NEW EPISODE**Charlie helps first-time self-builders Vince and Jackie Macey to create a super-sustainable, three-bedroom house. | **G** +BUTD01-029+ |

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| 23:30 | **Air Crash Investigations: Scratching The Surface (R) ’CC’** May 25, 2002. China Airlines Boeing 747 disintegrates mid-air and crashes into the Taiwan Strait, just twenty minutes after take off. | **PG** +MDAY7-001+ |

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| 00:30 | **ICU (R) ’CC’** Laila is admitted to the ICU with a tumour the size of a tennis ball in her throat. Will she survive the operation? | **PG (A)**+ICU-007+ |

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| 01:00 | **Bargain Hunt: Newbury 28 (R)** Two teams of contestants are challenged to see who can make the biggest profit when they buy antiques at a fair then go on to sell them at auction. | **PG** +BHUN42-029+ |

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| 02:00 | **Property Ladder U.K. Revisited (R)** Follow amateur developers as they renovate their properties in the hope of making a profit. | **PG** +PLUK07-004+ |

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| 03:00 | **House Doctor (Inside And Out) (R)** Ann Maurice embraces a new format as she attempts to overhaul a wide range of homes that have been proving tricky to sell.  | **G** +HDIO02-003+ |

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| 04:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G** +MIDM-058+ |

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| 04:45 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G** +MIDM-059+ |

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| 05:30  | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

 **Saturday 22 June 2019**

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| 06:00  | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 08:00 | **Travel Oz: Heroes Of Australia (R) ’CC’** Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG** +TRAV3-043+ |

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| 08:45 | **Travel Oz: Cairns (R) ’CC’** Today, see the iconic Great Barrier Reef, the Cairns Indigenous Art Fair and other adventures on Australia's Mid North Coast such as Dorrigo Freefall and Skydiving simulation, Xtreme Velocity. | **PG** +TRAV4-001+ |

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| 09:30 | **NBC Today (R) ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-148+ |

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| 11:30 | **Vasili's Garden (R)** Vasili's Gardens takes you into the backyards of everyday Australians to share organic gardening techniques and teach you how to improve your health using your own garden produce. | **PG** +VASI04-002+ |

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| 12:30 | **House Doctor (Inside And Out) (R)** Ann Maurice embraces a new format as she attempts to overhaul a wide range of homes that have been proving tricky to sell. | **G** +HDIO02-004+ |

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| 13:30 | **Australia's Best Backyards (R) ’CC’** JAMIE DURIE explores a tropical paradise near Brisbane, and the plant compared to a Porsche. | **G** +ABBY2-002+ |

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| 14:00 | **SA Weekender ’CC’** Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. | **G** +SAWE19-017+ |

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| 14:30 | **Sydney Weekender (R) ’CC’** Mike discovers how old meets new in Armidale. Rose visits Pocket City Farms in Camperdown. Karen checks out the Sydney Dance Company's Open Class Program.  | **G** +7SWE26-018+ |

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| 15:00 | **Intrust Shute Shield** Details TBC.  | +CLUB19-012+ |

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| 17:00 | **Creek To Coast (R) ’CC’** Creek to Coast is all things boating, camping, 4WDing, outdoor adventuring and fishing. From bush-bashing to cooking to caravanning to watersports, Creek to Coast has it all. | **G** +7CTC19-017+ |

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| 17:30 | **Charlie Luxton's Homes By The Sea: North Yorkshire (R)** Follow Charlie Luxton on a quest to find the finest, quirkiest, most spectacular and truly unusual homes that can be found on Britain's beautiful coastline. | **PG** +HOBS02-002+ |

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| 18:30 | **The Yorkshire Vet: Episode 3 (R)** Joining Julian Norton is his partner, fellow vet and former Herriot trainee, Peter Wright together with their dedicated team of staff at his practice, Skeldale Veterinary Centre. | **PG (A)**+YORK05-003+ |

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| 19:30 | **Mighty Ships: Crystal Serenity (R)** Climb aboard for an exclusive look at some of the coolest working vessels in the world. | **PG** +MTYS06-001+ |

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| 20:30 | **Escape To The Country: Gloucestershire NEW EPISODE**Looking to put their family first, Ginny Buckley takes a couple from Harrogate on a property search in Gloucestershire with a budget of 650,000 pounds. | **G** +ETTC23-064+ |

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| 21:30 | **Escape To The Country: Cambridgeshire (R)** Jonnie Irwin is helping a couple of music lovers who are planning a rural relocation. | **G** +ETTC22-043+ |

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| 22:30 | **Escape To The Country: Herefordshire (R)** Jules Hudson is helping a multi-lingual couple seek a translation to a more rural setting in the Herefordshire countryside. | **G** +ETTC22-044+ |

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| 23:30 | **The Yorkshire Vet: Episode 3 (R)** Joining Julian Norton is his partner, fellow vet and former Herriot trainee, Peter Wright together with their dedicated team of staff at his practice, Skeldale Veterinary Centre. | **PG (A)**+YORK05-003+ |

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| 00:30 | **Sydney Weekender (R) ’CC’** Mike discovers how old meets new in Armidale. Rose visits Pocket City Farms in Camperdown. Karen checks out the Sydney Dance Company's Open Class Program.  | **G** +7SWE26-018+ |

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| 01:00 | **Creek To Coast (R) ’CC’** Creek to Coast is all things boating, camping, 4WDing, outdoor adventuring and fishing. From bush-bashing to cooking to caravanning to watersports, Creek to Coast has it all. | **G** +7CTC19-017+ |

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| 01:30 | **Queensland Weekender ’CC’** From day tripping to the reef, relaxing at a cool city restaurant, or watching a fiery outback sunset, Queensland Weekender will inspire you to make the most of a weekend in our beautiful State. | **G** +7QWE19-018+ |

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| 02:00 | **The Great Day Out ’CC’** The Great Day Out is people, places and friendly faces; it is at the very heart of Queensland and special guest celebrities will invite you along on their Great Day Out. | **G** +GDOT19-020+ |

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| 02:30 | **SA Weekender (R) ’CC’** Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. | **G** +SAWE19-017+ |

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| 03:00 | **House Doctor (Inside And Out) (R)** Ann Maurice embraces a new format as she attempts to overhaul a wide range of homes that have been proving tricky to sell. | **G** +HDIO02-004+ |

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| 04:00 | **Intrust Shute Shield (R)** Details TBC.  | +CLUB19-012+ |