**Sunday 17 March 2019**

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| 06:00 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 06:30 | **Amazing Facts: Death Delusions**  Religious program. | **PG**  +AMFA19-011+ |

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| 07:00 | **Tomorrow's World: Who Is The Great Harlot Of Revelation?**  Religious program. | **PG (A)**  +TOMW19-011+ |

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| 07:30 | **Leading The Way: From Valley To Victory, Pt. 8**  Throughout the ages, one critical way believers in Christ have deepened and strengthened their faith in Him has been by drinking deeply from Paul's epistle to the Romans. | **PG**  +LWAY19-011+ |

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| 08:00 | **David Jeremiah: The Great Deceiver Who Seeks To Destroy**  Knowing our spiritual enemy is important and vital. | **PG**  +DAJE19-011+ |

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| 08:30 | **Hour Of Power**  Religious program. | **G**  +HOOP19-011+ |

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| 09:00 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 09:30 | **Mum's At The Table**  Mums At The Table is the place where we share, laugh and dream together. It's a TV panel show featuring real women; smart and sassy ladies with real lives, real families, real struggles and real joy. | **PG (A)**  +MTAB01-019+ |

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| 10:00 | **House Of Wellness (R) ’CC’**  Entertaining everybody to live a healthier life. Hosted by Luke Darcy, Rachael Finch, Jo Stanley and Luke Hines. | **PG**  +HOWL03-003+ |

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| 11:00 | **NBC Today (R) ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-065+ |

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| 12:00 | **Jump Off (R) ’CC’**  Bringing together household names from horse racing and show jumping. This high-stakes show jumping competition showcases five teams as they battle it out for $100,000. | **PG**  +JUOF01-006+ |

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| 13:00 | **The Great Australian Doorstep (R)**  Peter and Sheree Everitt explore amazing holiday destinations. | **PG**  +GRAD10-004+ |

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| 13:30 | **Sunshine Coast Living - To A Tee: Sunshine Coast Living - To A Tee ’CC’ (2019)**  Scotty Hillier and Katie Toney have the golden pass to four of the Sunshine Coast's best golf clubs, and they've dug up some tourist gems that you won't believe are in our own backyard. | **G**  +AUMS68-001+ |

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| 14:00 | **TBA:** | ++ |

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| 15:30 | **TBA:** | ++ |

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| 17:00 | **Escape To The Country: West Sussex (R)**  Alistair Appleton is property hunting with a couple of returning ex-pats. | **G**  +ETTC22-017+ |

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| 18:00 | **Mighty Cruise Ships: Happy Star ’CC’**  Happy Star is new and ready to lift and transport the world's heaviest industrial equipment around the world. Her first big job sees her carrying massive components for a crane-and-conveyor system. | **PG**  +MTYS08-005+ |

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| 19:00 | **Motorway Patrol Special - Lucky To Be Alive (R) (2013)**  Join officers as they encounter high speed chases, runaway dogs and drunk drivers as they patrol the motorways of New Zealand. | **PG**  +MOTS-017+ |

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| 19:30 | **Motorway Patrol: Car Inferno (R)**  Officers join the search for a missing schoolboy and a motorist accidentally sets his car alight. | **PG**  +MOTP6-006+ |

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| 20:00 | **Highway Cops (R) ’CC’**  Lights and sirens fail to get the attention of a challenged motorist, duct-tape decoration in Canterbury, and a Caravan comes a cropper outside of Whanganui | **PG**  +HPNZ03-005+ |

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| 20:30 | **Border Security - Australia's Front Line (R) ’CC’**  A passenger loses his temper when suspicious contents are discovered in his bags, and immigration officers hunt down illegal workers. | **PG**  +BORD-129+ |

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| 21:00 | **Border Security - Australia's Front Line (R) ’CC’**  Officers go on a manhunt through the airport to find the accomplice of a woman suspected of smuggling drugs. | **PG**  +BORD-130+ |

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| 21:30 | **Border Security USA (R) ’CC’**  A sniffer dog takes a keen interest in a car and a radiation alarm puts a border check-point on full alert. | **PG**  +BDUS-004+ |

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| 22:00 | **Border Security: International (R) ’CC’**  Officers discover a traveller has been on a lengthy trip abroad for a reason. Honesty is the best policy, even for an ex-con. An Alaskan-bound couple sticks to their guns. | **PG**  +BORC3-003+ |

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| 22:30 | **Border Security: International (R) ’CC’**  Every day, millions of thousands of people arrive at airport border crossings. From citizens with undeclared food to international drug smugglers, border services officers see them all. | **PG**  +BORC2-023+ |

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| 23:00 | **Highway Cops (R) ’CC’**  Lights and sirens fail to get the attention of a challenged motorist, duct-tape decoration in Canterbury, and a Caravan comes a cropper outside of Whanganui | **PG**  +HPNZ03-005+ |

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| 23:30 | **Border Security - Australia's Front Line (R) ’CC’**  A passenger loses his temper when suspicious contents are discovered in his bags, and immigration officers hunt down illegal workers. | **PG**  +BORD-129+ |

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| 00:00 | **The Great Australian Doorstep (R)**  Peter and Sheree Everitt explore amazing holiday destinations. | **PG**  +GRAD10-004+ |

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| 00:30 | **The Outdoor Room With Jamie Durie: Mexico (R) ’CC’**  Jamie travels to the world's most colourful nation to bring back his most vibrant makeover yet! Starring:ED HALMAGYI | **G**  +ORWJ-010+ |

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| 01:00 | **The Great Outdoors (R) ’CC’**  Stay in three different countries all just thirty minutes’ drive from the centre of town! | **PG**  +GO14-015+ |

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| 02:00 | **The Great Outdoors (R) ’CC’**  Take an exclusive look at one of the world's most famous film sets, and discover why Elvis, Sinatra and Marilyn Monroe loved Palm Springs. | **G**  +GO14-016+ |

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| 03:00 | **Jump Off (R) ’CC’**  Bringing together household names from horse racing and show jumping. This high-stakes show jumping competition showcases five teams as they battle it out for $100,000. | **PG**  +JUOF01-006+ |

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| 04:00 | **Special: The Island At The End Of The World - Shackleton's Triumph (R) ’CC’ (2002)**  A journey over and around the awesome sub-Antarctic Island of South Georgia, made famous by the legendary explorer Sir Ernest Shackleton. | **G**  +AMS2-131+ |

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| 05:00 | **Special: Heavenly Hawaii (R) (2002)**  Discover the mystery and allure of the islands of Hawaii in an expedition that embraces both culture and adventure. | **G**  +AMS2-132+ |

**Monday 18 March 2019**

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| 06:00 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 06:30 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-106+ |

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| 07:00 | **Get Arty ’CC’**  Get inspired, get creative, get arty. | **C**  +ARFA03-006+ |

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| 07:30 | **Match It (R) ’CC’**  Jack Yabsley hosts this fast-paced show where teams use cool touch-screen technology to match words and pictures to answer quiz questions, and play for the chance to become MATCH IT champions! | **C**  +MATI4-017+ |

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| 08:00 | **Toybox: Tom's Skipathon (R)**  Watch the toys come alive when we open the lid to a fantasy world full of fun, music, learning and adventure! | **P**  +TOYB2-011+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-087+ |

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| 09:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-088+ |

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| 09:30 | **NBC Today ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCS19-011+ |

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| 10:30 | **Meet The Press (R) ’CC’**  Chuck Todd interviews newsmakers from around the world. | +NBCM19-011+ |

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| 11:30 | **The Great Australian Doorstep (R)**  Peter and Sheree Everitt explore amazing holiday destinations. | **PG**  +GRAD10-004+ |

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| 12:00 | **Mighty Cruise Ships: Happy Star (R) ’CC’**  Happy Star is new and ready to lift and transport the world's heaviest industrial equipment around the world. Her first big job sees her carrying massive components for a crane-and-conveyor system. | **PG**  +MTYS08-005+ |

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| 13:00 | **The Great Outdoors: Ultimate New Zealand (R) ’CC’**  See Australia's number one destination as you've never seen it before and more! | **G**  +GO14-011+ |

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| 14:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-087+ |

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| 14:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-088+ |

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| 15:00 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-106+ |

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| 15:30 | **RSPCA Animal Rescue (R) ’CC’**  The discovery of seven flea-ridden, injured and neglected dogs confined in a prison of wire fences prompts Inspector Skye Adams to force entry at a property in Sydney's Western suburbs. | **G**  +ANRS4-013+ |

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| 16:00 | **Medical Emergency (R) ’CC’**  A military re-enactment goes very wrong, and a fifty-seven-year-old woman is kicked in the stomach by a stallion. Will she survive? | **PG**  +MDEM5-017+ |

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| 16:30 | **Air Crash Investigations: Kid In The Cockpit (R) ’CC’**  March 23, 1994, RIA Flight 593 from Moscow to Hong Kong was routine in every respect. Then, in less than five minutes, it fell from the sky. | **PG**  +MDAY3-009+ |

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| 17:30 | **Property Ladder UK: Scunthorpe NEW EPISODE**  Follow property speculators as they give advice to eager people looking to enter the property market, and rehab UK real estate in the hopes of turning profit. | **PG**  +PRLU02-010+ |

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| 18:30 | **Bargain Hunt: Westpoint 15 (R)**  Two teams of contestants are challenged to see who can make the biggest profit when they buy antiques at a fair then go on to sell them at auction. | **PG**  +BHUN41-007+ |

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| 19:30 | **Doc Martin: The Tameness Of A Wolf NEW EPISODE**  Ruth has a mystery admirer who unnerves her; Louisa gets in trouble with Bert when one of her students writes about getting food poisoning at his restaurant. | **M (A)**  +DOCM06-003+ |

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| 20:30 | **Lewis: Old, Unhappy, Far-Off Things (R)**  Oxford's last-surviving all-female college is holding a Gaudy to reunite its old girls. But the evening takes a tragic turn when one of the alumna is found murdered. | **M (A,V)**  +LEWS5-004+ |

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| 22:30 | **Air Crash Investigations: Kid In The Cockpit (R) ’CC’**  March 23, 1994, RIA Flight 593 from Moscow to Hong Kong was routine in every respect. Then, in less than five minutes, it fell from the sky. | **PG**  +MDAY3-009+ |

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| 23:30 | **Cold Feet (R) ’CC’**  A surprise visitor from the past blows Pete and Jenny's world apart. | **M (A)**  +CLDF06-005+ |

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| 00:30 | **Medical Emergency (R) ’CC’**  A military re-enactment goes very wrong, and a fifty-seven-year-old woman is kicked in the stomach by a stallion. Will she survive? | **PG**  +MDEM5-017+ |

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| 01:00 | **Bargain Hunt: Westpoint 15 (R)**  Two teams of contestants are challenged to see who can make the biggest profit when they buy antiques at a fair then go on to sell them at auction. | **PG**  +BHUN41-007+ |

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| 02:00 | **The Great Outdoors: Ultimate New Zealand (R) ’CC’**  See Australia's number one destination as you've never seen it before and more! | **G**  +GO14-011+ |

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| 03:00 | **The Great Outdoors (R) ’CC’**  Join Tom Williams on an icy Arctic adventure, while Jennifer Hawkins discovers the Lost City of Atlantis in the Bahamas. | **G**  +GO14-012+ |

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| 04:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-087+ |

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| 04:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-088+ |

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| 05:00 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-106+ |

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| 05:30 | **TBA:** | ++ |

**Tuesday 19 March 2019**

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| 06:00 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 06:30 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-107+ |

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| 07:00 | **Get Arty ’CC’**  Get inspired, get creative, get arty. | **C**  +ARFA03-007+ |

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| 07:30 | **Match It (R) ’CC’**  Jack Yabsley hosts this fast-paced show where teams use cool touch-screen technology to match words and pictures to answer quiz questions, and play for the chance to become MATCH IT champions! | **C**  +MATI4-018+ |

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| 08:00 | **Toybox: There's No Place Like Home (R)**  Watch the toys come alive when we open the lid to a fantasy world full of fun, music, learning and adventure! | **P**  +TOYB2-012+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-089+ |

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| 09:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-090+ |

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| 09:30 | **NBC Today (R) ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-066+ |

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| 12:00 | **Property Ladder UK: Scunthorpe (R)**  Follow property speculators as they give advice to eager people looking to enter the property market, and rehab UK real estate in the hopes of turning profit. | **PG**  +PRLU02-010+ |

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| 13:00 | **The Great Outdoors (R) ’CC’**  Join Tom Williams on an icy Arctic adventure, while Jennifer Hawkins discovers the Lost City of Atlantis in the Bahamas. | **G**  +GO14-012+ |

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| 14:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-089+ |

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| 14:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-090+ |

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| 15:00 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-107+ |

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| 15:30 | **RSPCA Animal Rescue (R) ’CC’**  The RSPCA rescue more than 200 hundred dogs from a squalid puppy farm including a Labrador who is catatonic with fear, and a blind poodle who has spent her whole life breeding puppies. | **G**  +ANRS4-014+ |

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| 16:00 | **Medical Emergency (R) ’CC’**  A teenager's holiday in Bali ends painfully, and a patient undergoes a radical treatment to beat cancer. | **PG**  +MDEM5-018+ |

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| 16:30 | **Air Crash Investigations: Mayday: Head On Collision (R) ’CC’**  A calm trip through the Rocky Mountains ends in disaster, when a VIA Rail train slams head-on into an enormous freight train. How did the two trains wind up on the same track? | **PG**  +MDAY3-010+ |

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| 17:30 | **Property Ladder UK: Aberdare NEW EPISODE**  Follow property speculators as they give advice to eager people looking to enter the property market, and rehab UK real estate in the hopes of turning profit. | **PG**  +PRLU03-001+ |

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| 18:30 | **Bargain Hunt: Hexham 11 (R)**  Two teams of contestants are challenged to see who can make the biggest profit when they buy antiques at a fair then go on to sell them at auction. | **PG**  +BHUN41-008+ |

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| 19:30 | **Rosemary & Thyme: Sweet Angelica (R)**  Dying grass at the Bowden Grange Language School drags Rosemary and Laura into a mystery from the past and bitter present-day rivalry. Starring:IAN BURFIELD,JAMES WEBER BROWN,JOANNA PHILLIPS LANE,JENNA HARRISON,MICHAEL THOMAS | **PG**  +RAT-004+ |

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| 20:30 | **Crime Investigation Australia: Snowtown - The Bodies In The Barrels (R) ’CC’**  This is the shocking story of one of Australia's most evil serial killings - The Snowtown "bodies in the barrels" case. | **MA (V,D,A)**  +CRIA01-009+ |

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| 22:00 | **The Suspects - True Australian Thrillers (R) ’CC’**  Tonight, a man goes missing without a trace. A young woman's dream of a better life is shattered. And a bizarre kidnap goes horribly wrong. | **M (V,L)**  +CRLA-006+ |

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| 23:00 | **The Investigator: A True Crime Story (R) ’CC’**  An explosive four-part crime series that shows how the truth can be far more compelling than fiction. A true and gripping murder mystery is re-examined, which has baffled police for over 30 years. | **M (A,V,S)**  +INVE01-001+ |

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| 00:00 | **Air Crash Investigations: Mayday: Head On Collision (R) ’CC’**  A calm trip through the Rocky Mountains ends in disaster, when a VIA Rail train slams head-on into an enormous freight train. How did the two trains wind up on the same track? | **PG**  +MDAY3-010+ |

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| 01:00 | **Bargain Hunt: Hexham 11 (R)**  Two teams of contestants are challenged to see who can make the biggest profit when they buy antiques at a fair then go on to sell them at auction. | **PG**  +BHUN41-008+ |

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| 02:00 | **The Great Outdoors: The Great Outdoors - From Gallipoli (R) ’CC’**  Join Andrew Daddo in Anzac Cove on deeply personal mission. Take a classic tall ship adventure... right on Melbourne's doorstep and Tom hits the high point of his Artic journey of a lifetime. | **G**  +GO14-013+ |

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| 03:00 | **The Great Outdoors: World On A Plate (R) ’CC’**  It's an episode of food delights! See the world's biggest food fight in Spain, discover tasty secrets in Melbourne and more! | **G**  +GO14-014+ |

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| 04:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-089+ |

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| 04:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-090+ |

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| 05:00 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-107+ |

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| 05:30 | **TBA:** | ++ |

**Wednesday 20 March 2019**

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| 06:00 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 06:30 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-108+ |

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| 07:00 | **Get Arty ’CC’**  Get inspired, get creative, get arty. | **C**  +ARFA03-008+ |

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| 07:30 | **Match It (R) ’CC’**  Jack Yabsley hosts this fast-paced show where teams use cool touch-screen technology to match words and pictures to answer quiz questions, and play for the chance to become MATCH IT champions! | **C**  +MATI4-019+ |

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| 08:00 | **Toybox: Ned's Present (R)**  Watch the toys come alive when we open the lid to a fantasy world full of fun, music, learning and adventure! | **P**  +TOYB2-013+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-091+ |

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| 09:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-092+ |

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| 09:30 | **NBC Today (R) ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-067+ |

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| 12:00 | **Property Ladder UK: Aberdare (R)**  Follow property speculators as they give advice to eager people looking to enter the property market, and rehab UK real estate in the hopes of turning profit. | **PG**  +PRLU03-001+ |

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| 13:00 | **The Great Outdoors: The Great Outdoors - From Gallipoli (R) ’CC’**  Join Andrew Daddo in Anzac Cove on deeply personal mission. Take a classic tall ship adventure... right on Melbourne's doorstep and Tom hits the high point of his Artic journey of a lifetime. | **G**  +GO14-013+ |

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| 14:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-091+ |

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| 14:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-092+ |

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| 15:00 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-108+ |

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| 15:30 | **RSPCA Animal Rescue (R) ’CC’**  Less than a week old, a young calf mysteriously appears on a property with a mum nowhere to be found. Dehydrating rapidly, the RSPCA pull out all stops to save his life and locate his mother. | **G**  +ANRS4-015+ |

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| 16:00 | **Medical Emergency (R) ’CC’**  A woman is kicked in the face by her horse, and an eighteen-year-old girl takes a shortcut that ends in disaster. | **PG**  +MDEM5-019+ |

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| 16:30 | **Air Crash Investigations: Mayday: Collision Course (R) ’CC’**  The Greek ferry, Express Samina, smashes into a huge rock and slips beneath the waves. How could the vessel hit a rock that rises 25 meters out of the sea? | **PG**  +MDAY3-011+ |

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| 17:30 | **Property Ladder UK: Macclesfield NEW EPISODE**  Follow property speculators as they give advice to eager people looking to enter the property market, and rehab UK real estate in the hopes of turning profit. | **PG**  +PRLU03-002+ |

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| 18:30 | **Bargain Hunt: Lincoln 4 (R)**  Two teams of contestants are challenged to see who can make the biggest profit when they buy antiques at a fair then go on to sell them at auction. | **PG**  +BHUN41-009+ |

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| 19:30 | **Pie In The Sky: Money Talks (R)**  Henry leads a stake-out of a pizza parlour, whose delivery drivers are suspected of robbing customers. | **PG**  +PIES3-001+ |

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| 20:30 | **Foyle's War: The German Woman (R) ’CC’**  When the German wife of a rich landowner is murdered and an innocent couple are interned amid a growing cloud of uncertainty, Detective Foyle's investigation is anything but routine. | **M (A)**  +FOYL-001+ |

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| 22:30 | **Mighty Cruise Ships: Happy Star (R) ’CC’**  Happy Star is new and ready to lift and transport the world's heaviest industrial equipment around the world. Her first big job sees her carrying massive components for a crane-and-conveyor system. | **PG**  +MTYS08-005+ |

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| 23:30 | **Air Crash Investigations: Mayday: Collision Course (R) ’CC’**  The Greek ferry, Express Samina, smashes into a huge rock and slips beneath the waves. How could the vessel hit a rock that rises 25 meters out of the sea? | **PG**  +MDAY3-011+ |

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| 00:30 | **Medical Emergency (R) ’CC’**  A woman is kicked in the face by her horse, and an eighteen-year-old girl takes a shortcut that ends in disaster. | **PG**  +MDEM5-019+ |

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| 01:00 | **Bargain Hunt: Lincoln 4 (R)**  Two teams of contestants are challenged to see who can make the biggest profit when they buy antiques at a fair then go on to sell them at auction. | **PG**  +BHUN41-009+ |

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| 02:00 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 04:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-091+ |

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| 04:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-092+ |

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| 05:00 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-108+ |

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| 05:30 | **TBA:** | ++ |

**Thursday 21 March 2019**

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| 06:00 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 06:30 | **Harry's Practice: Baby Animals Special (R) ’CC’**  DR HARRY COOPER examines a baby wallaby, and DR KATRINA WARREN shows basic commands to teach your puppy. | **G**  +HPR-109+ |

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| 07:00 | **Get Arty ’CC’**  Get inspired, get creative, get arty. | **C**  +ARFA03-009+ |

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| 07:30 | **Match It (R) ’CC’**  Jack Yabsley hosts this fast-paced show where teams use cool touch-screen technology to match words and pictures to answer quiz questions, and play for the chance to become MATCH IT champions! | **C**  +MATI4-020+ |

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| 08:00 | **Toybox: Tina & Queenie (R)**  Watch the toys come alive when we open the lid to a fantasy world full of fun, music, learning and adventure! | **P**  +TOYB2-014+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-093+ |

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| 09:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-094+ |

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| 09:30 | **NBC Today (R) ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-068+ |

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| 12:00 | **Property Ladder UK: Macclesfield (R)**  Follow property speculators as they give advice to eager people looking to enter the property market, and rehab UK real estate in the hopes of turning profit. | **PG**  +PRLU03-002+ |

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| 13:00 | **The Great Outdoors: World On A Plate (R) ’CC’**  It's an episode of food delights! See the world's biggest food fight in Spain, discover tasty secrets in Melbourne and more! | **G**  +GO14-014+ |

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| 14:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-093+ |

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| 14:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-094+ |

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| 15:00 | **Harry's Practice: Baby Animals Special (R) ’CC’**  DR HARRY COOPER examines a baby wallaby, and DR KATRINA WARREN shows basic commands to teach your puppy. | **G**  +HPR-109+ |

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| 15:30 | **RSPCA Animal Rescue (R) ’CC’**  The RSPCA organise a massive operation to give 200 damaged and neglected dogs rescued from a puppy farm a new chance of life. The results are extraordinary. | **G**  +ANRS4-016+ |

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| 16:00 | **Medical Emergency (R) ’CC’**  A man is stabbed multiple times with screwdriver over a simple business transaction. Will the doctors be able to save his life? | **PG**  +MDEM5-020+ |

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| 16:30 | **Air Crash Investigations: Mayday: Runaway Train (R) ’CC’**  One of the largest train disasters in US history. A freight train rumbling through the calm suburb of San Bernardino, California, derails and crashes, destroying homes and taking lives. | **PG**  +MDAY3-012+ |

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| 17:30 | **Property Ladder UK: Market Harborough NEW EPISODE**  Follow property speculators as they give advice to eager people looking to enter the property market, and rehab UK real estate in the hopes of turning profit. | **PG**  +PRLU03-003+ |

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| 18:30 | **Bargain Hunt: Newark 7 (R)**  Two teams of contestants are challenged to see who can make the biggest profit when they buy antiques at a fair then go on to sell them at auction. | **PG**  +BHUN41-010+ |

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| 19:30 | **Father Brown: The Ghost In The Machine (R) ’CC’**  Charlotte McKinley asks Father Brown to exorcise her house, which she believes is haunted by the ghost of her sister Elspeth, who disappeared nine years earlier. | **M (V)**  +FBRO02-001+ |

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| 20:30 | **Murdoch Mysteries: Twisted Sisters (R)**  A series of violent drowning deaths of university-educated unmarried career women leads Murdoch to suspect sexist and racist motives. | **M**  +MMYS06-010+ |

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| 21:30 | **Murdoch Mysteries: Lovers In A Murderous Time (R)**  Detective Murdoch and Julia find themselves at odds when a delusional woman becomes the prime suspect in the violent stabbing of her gambling fiance. | **M (V)**  +MMYS06-011+ |

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| 22:30 | **Murdoch Mysteries (R)**  One of the conspirators running a fixed dog fighting competition is murdered and the drunkard who is the prime suspect happens to be Murdoch's estranged father. | **M (V,S)**  +MMYS01-006+ |

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| 23:30 | **Air Crash Investigations: Mayday: Runaway Train (R) ’CC’**  One of the largest train disasters in US history. A freight train rumbling through the calm suburb of San Bernardino, California, derails and crashes, destroying homes and taking lives. | **PG**  +MDAY3-012+ |

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| 00:30 | **Medical Emergency (R) ’CC’**  A man is stabbed multiple times with screwdriver over a simple business transaction. Will the doctors be able to save his life? | **PG**  +MDEM5-020+ |

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| 01:00 | **Bargain Hunt: Newark 7 (R)**  Two teams of contestants are challenged to see who can make the biggest profit when they buy antiques at a fair then go on to sell them at auction. | **PG**  +BHUN41-010+ |

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| 02:00 | **The Great Outdoors (R) ’CC’**  Explore a giant crater also home to Africa's most amazing wildlife and Jennifer Hawkins boards the Queen Mary, now a floating haunted hotel. | **G**  +GO14-017+ |

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| 03:00 | **The Great Outdoors: Miss Universe Special (R) ’CC’**  Join Jennifer Hawkins in Bangkok on the night she hands over her Crown to a new Miss Universe. Take a dog sled to Alaska's wild frontier and discover a hidden holiday spot before word gets out. | **G**  +GO14-018+ |

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| 04:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-093+ |

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| 04:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-094+ |

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| 05:00 | **Harry's Practice: Baby Animals Special (R) ’CC’**  DR HARRY COOPER examines a baby wallaby, and DR KATRINA WARREN shows basic commands to teach your puppy. | **G**  +HPR-109+ |

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| 05:30 | **TBA:** | ++ |

**Friday 22 March 2019**

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| 06:00 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 06:30 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-110+ |

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| 07:00 | **Get Arty ’CC’**  Get inspired, get creative, get arty. | **C**  +ARFA03-010+ |

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| 07:30 | **Match It (R) ’CC’**  Jack Yabsley hosts this fast-paced show where teams use cool touch-screen technology to match words and pictures to answer quiz questions, and play for the chance to become MATCH IT champions! | **C**  +MATI4-021+ |

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| 08:00 | **Toybox: Sherlock Tom (R)**  Watch the toys come alive when we open the lid to a fantasy world full of fun, music, learning and adventure! | **P**  +TOYB2-015+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-095+ |

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| 09:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-096+ |

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| 09:30 | **NBC Today (R) ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-069+ |

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| 12:00 | **House Of Wellness (R) ’CC’**  Entertaining everybody to live a healthier life. Hosted by Luke Darcy, Rachael Finch, Jo Stanley and Luke Hines. | **PG**  +HOWL03-004+ |

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| 13:00 | **The Great Outdoors (R) ’CC’**  Stay in three different countries all just thirty minutes’ drive from the centre of town! | **PG**  +GO14-015+ |

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| 14:00 | **TBA:** | ++ |

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| 14:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-096+ |

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| 15:00 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-110+ |

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| 15:30 | **RSPCA Animal Rescue (R) ’CC’**  In VIC, the RSPCA is investigating a YouTube video, where a parrot is being taken for a hell-ride on the windscreen wipers of a car. Plus, an attempt to rescue a cat who is buried under fallen bricks. | **G**  +ANRS4-017+ |

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| 16:00 | **Surf Patrol (R) ’CC’**  A fine Summer's day in Surfer's Paradise has drawn thousands to the beach, but their fun is cut short when a seven-year-old boy goes missing. | **G**  +SPTL-001+ |

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| 16:30 | **Air Crash Investigations: Ocean Landing (R) ’CC’**  On 23 November, 1996, Ethiopian Airlines Flight 961 was hijacked by three Ethiopians seeking political asylum. | **PG**  +MDAY3-013+ |

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| 17:30 | **Property Ladder UK: Caterham NEW EPISODE**  Follow property speculators as they give advice to eager people looking to enter the property market, and rehab UK real estate in the hopes of turning profit. | **PG**  +PRLU03-004+ |

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| 18:30 | **Bargain Hunt: Westpoint 17 (R)**  Two teams of contestants are challenged to see who can make the biggest profit when they buy antiques at a fair then go on to sell them at auction. | **PG**  +BHUN41-011+ |

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| 19:30 | **Border Security: International (R) ’CC’**  The Customs Marine Unit suspect a vessel heading toward Alaska is carrying weapons. Officers discover a suspicious trucker from Alabama hasn't locked his cargo. A bus passenger is found with drugs. | **PG**  +BORC2-021+ |

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| 20:00 | **Border Security: International (R) ’CC’**  A sniffer dog raids a car suspected of carrying drugs. A British citizen claims to be returning to Canada in the hope of reconciling with his partner but his story doesn't convince officers. | **PG**  +BORC2-022+ |

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| 20:30 | **Special Presentation: Olivia Newton-John: Hopelessly Devoted To You (R) ’CC’ (2017)**  This two-part biopic takes you on a rich and colourful ride, charting Olivia's astonishing personal life and trailblazing persona through one of the world's toughest industries. | **PG (A)**  +OLNJ01-001+ |

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| 22:30 | **Special Presentation: Olivia Newton-John: Hopelessly Devoted To You (R) ’CC’ (2017)**  After the success of Grease and Xanadu, Olivia contends with the birth of her daughter, a battle with breast cancer and the disappearance of her boyfriend - all playing out in the eye of the media. | **PG (A)**  +OLNJ01-002+ |

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| 00:30 | **Surf Patrol (R) ’CC’**  A fine Summer's day in Surfer's Paradise has drawn thousands to the beach, but their fun is cut short when a seven-year-old boy goes missing. | **G**  +SPTL-001+ |

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| 01:00 | **Bargain Hunt: Westpoint 17 (R)**  Two teams of contestants are challenged to see who can make the biggest profit when they buy antiques at a fair then go on to sell them at auction. | **PG**  +BHUN41-011+ |

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| 02:00 | **The Great Outdoors (R) ’CC’**  Join John Farnham on his family holiday in Canada's stunning ski fields and a great Australian train journey aboard the Pichi Richi railway. Starring:JOHN FARNHAM | **G**  +GO14-019+ |

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| 03:00 | **The Great Outdoors (R) ’CC’**  Come onboard Australia's most luxurious cruise liner with rock legend Alice Cooper who shows us his hometown Phoenix, Arizona. | **G**  +GO14-021+ |

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| 04:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-095+ |

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| 04:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-096+ |

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| 05:00 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-110+ |

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| 05:30 | **TBA:** | ++ |

**Saturday 23 March 2019**

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| 06:00 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 08:00 | **Travel Oz: Strahan 2 (R) ’CC’**  Greg explores Tasmania's isolated and stunningly beautiful wild west coast, visits a mountain to rival Uluru in Western Australia and meets the date farmer of outback Queensland. | **PG**  +TRAV3-015+ |

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| 08:45 | **Travel Oz: Mogo Bushrangers (R) ’CC’**  See bushrangers and gold rush towns in the NSW town of Mogo, very close encounters with exotic wildlife, a very green property in outback Western Australia and the wine growing district of Griffith. | **PG**  +TRAV3-017+ |

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| 09:30 | **NBC Today (R) ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-070+ |

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| 11:30 | **Lifesaving World Championships**  The largest international lifesaving sport competition brings thousands of lifesavers, officials and supporters from around the globe to the Australian shore. | **PG**  +LWSC18-002+ |

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| 12:30 | **Harry's Practice: Baby Animal Special (R) ’CC’**  Dr Katrina looks at the do's and don'ts of bringing home a new puppy or kitten, Dr Chris has a visit from DENI HINES in the surgery, and Dr Harry checks out a Budgie with 49 babies. | **G**  +HPR-190+ |

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| 13:30 | **TBA:** | ++ |

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| 14:00 | **The Great Australian Doorstep**  Peter and Sheree Everitt explore amazing holiday destinations. | **PG**  +GRAD10-005+ |

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| 14:30 | **Sydney Weekender (R) ’CC’**  Mike heads to Port Stephens for adventure on the sand and sea, with Sand Dune Adventures and Moonshadow Cruises. Teigan learns to surf at Bondi. Erica checks out glamping and more in Forster. | **G**  +7SWE26-005+ |

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| 15:00 | **Queensland Weekender ’CC’**  From day tripping to the reef, relaxing at a cool city restaurant, or watching a fiery outback sunset, Queensland Weekender will inspire you to make the most of a weekend in our beautiful State. | **G**  +7QWE19-006+ |

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| 15:30 | **The Great Day Out ’CC’**  The Great Day Out is people, places and friendly faces; it is at the very heart of Queensland and special guest celebrities will invite you along on their Great Day Out. | **G**  +GDOT19-007+ |

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| 16:00 | **Mighty Ships: Le Boreal (R)**  Climb aboard for an exclusive look at some of the coolest working vessels in the world. | **PG**  +MTYS05-003+ |

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| 17:00 | **Air Crash Investigations: Steep Impact (R) ’CC’**  A dangerous test flight may be the only way to uncover the startling truth about what brought down Atlantic Southeast Airlines Flight 2311. | **PG**  +MDAY15-009+ |

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| 18:00 | **Air Crash Investigations: Carnage In Sao Paulo (R) ’CC’**  When a deadly disaster in Brazil leaves a Sao Paolo neighborhood in flames, investigators uncover a rare combination of split-second events that caused a crash no one thought possible. | **PG**  +MDAY15-010+ |

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| 19:00 | **Movie: Maleficent (R) ’CC’ (2014)**  As a beautiful young woman of pure heart, Maleficent, has an idyllic life in a forest kingdom but a terrible betrayal hardens her heart and twists her into a creature bent on revenge. Starring:ANGELINA JOLIE,IMELDA STAUNTON,ELLE FANNING,JUNO TEMPLE,SAM RILEY,SHARLTO COPLEY,BRENTON THWAITES,ISOBELLE MOLLOY,VIVIENNE MARCHELINE JOLIE | **PG (A,V)**  +WDFC53-013+ |

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| 21:00 | **Movie: Die Hard 2 (R) ’CC’ (1990)**  John McClane attempts to avert disaster as rogue military operatives seize control of Dulles International Airport in Washington, D.C. Starring:BONNIE BEDELIA,BRUCE WILLIS,FRANCO NERO,REGINALD VELJOHNSON,WILLIAM ATHERTON,WILLIAM SADLER | **M (V,L)**  +FOXF08-015+ |

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| 23:30 | **Air Crash Investigations: Steep Impact (R) ’CC’**  A dangerous test flight may be the only way to uncover the startling truth about what brought down Atlantic Southeast Airlines Flight 2311. | **PG**  +MDAY15-009+ |

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| 00:30 | **Air Crash Investigations: Carnage In Sao Paulo (R) ’CC’**  When a deadly disaster in Brazil leaves a Sao Paolo neighborhood in flames, investigators uncover a rare combination of split-second events that caused a crash no one thought possible. | **PG**  +MDAY15-010+ |

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| 01:30 | **The Great Australian Doorstep (R)**  Peter and Sheree Everitt explore amazing holiday destinations. | **PG**  +GRAD10-005+ |

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| 02:00 | **Queensland Weekender (R) ’CC’**  From day tripping to the reef, relaxing at a cool city restaurant, or watching a fiery outback sunset, Queensland Weekender will inspire you to make the most of a weekend in our beautiful State. | **G**  +7QWE19-006+ |

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| 02:30 | **The Great Day Out (R) ’CC’**  The Great Day Out is people, places and friendly faces; it is at the very heart of Queensland and special guest celebrities will invite you along on their Great Day Out. | **G**  +GDOT19-007+ |

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| 03:00 | **SA Weekender**  Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. | **G**  +SAWE19-006+ |

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| 03:30 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-111+ |

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| 04:00 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-112+ |

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| 04:30 | **Travel Oz: Strahan 2 (R) ’CC’**  Greg explores Tasmania's isolated and stunningly beautiful wild west coast, visits a mountain to rival Uluru in Western Australia and meets the date farmer of outback Queensland. | **PG**  +TRAV3-015+ |

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| 05:15 | **Travel Oz: Mogo Bushrangers (R) ’CC’**  See bushrangers and gold rush towns in the NSW town of Mogo, very close encounters with exotic wildlife, a very green property in outback Western Australia and the wine growing district of Griffith. | **PG**  +TRAV3-017+ |