**Sunday 20 October 2019**

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| 06:00 | **It Is Written: Health Care God's Way**  Religious program. | **PG**  +IIWR19-025+ |

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| 06:30 | **Amazing Facts: The Magnificent Kingdom**  Religious program. | **PG**  +AMFA19-042+ |

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| 07:00 | **Tomorrow's World: Will Jerusalem Survive?**  Religious program. | **PG (A)**  +TOMW19-042+ |

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| 07:30 | **Leading The Way: TKS 10th Anniversary**  Religious program. | **PG (A)**  +LWAY19-042+ |

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| 08:00 | **David Jeremiah: Relentless Determination**  Religious program. | **PG**  +DAJE19-042+ |

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| 08:30 | **Hour Of Power: It Must Be His Angel**  Religious program. | **G**  +HOOP19-042+ |

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| 09:00 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 09:30 | **Mum's At The Table**  Mums At The Table is the place where we share, laugh and dream together. It's a TV panel show featuring real women; smart and sassy ladies with real lives, real families, real struggles and real joy. | **PG (A)**  +MTAB01-050+ |

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| 10:00 | **House Of Wellness (R) ’CC’**  Entertaining everybody to live a healthier life. Hosted by Luke Darcy, Rachael Finch, Jo Stanley and Luke Hines. | **PG**  +HOWL03-034+ |

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| 11:00 | **NBC Today (R) ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-251+ |

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| 12:00 | **Women's Health Women in Sport Awards 2019: Women's Health Women in Sport Awards 2019 (R) ’CC’ (2019) ENCORE**  The ninth annual Women's Health Women in Sport Awards recognises the achievements of Australian women in sport over the past year, and names 2019's Sportswoman, Team, Comeback and Moment of the Year. | +AUMS75-001+ |

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| 13:30 | **Escape To The Continent (R)**  Escape to the Continent showcases gorgeous, competitively priced homes, stunning locations, cultural hot-spots, local amenities and leisure opportunities on foreign shores. | **G**  +ETCO02-015+ |

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| 15:00 | **Vasili's Garden**  Vasili's Gardens takes you into the backyards of everyday Australians to share organic gardening techniques and teach you how to improve your health using your own garden produce. | **PG**  +VASI04-019+ |

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| 16:00 | **Jump Off - Life After Racing**  High stakes showjumping competition showcasing over 150 Off The Track Thoroughbreds and some of the biggest horse racing and equestrian names in Australia. | **PG**  +JUOF02-004+ |

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| 16:30 | **Escape To The Country: North Wales (R)**  Jules Hudson is helping a pair of returning expats find their ideal country home. | **G**  +ETTC24-008+ |

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| 17:30 | **Escape To The Country: Devon (R)**  Jules Hudson is property shopping in Devon with a couple that plans to return to the county where they first met and fell in love. | **G**  +ETTC22-064+ |

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| 18:30 | **Border Security USA (R) ’CC’**  A potential disaster brews offshore with a boat of illegal immigrants and a quarantine emergency takes flight. | **PG**  +BDUS-003+ |

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| 19:00 | **Border Security USA (R) ’CC’**  A sniffer dog takes a keen interest in a car and a radiation alarm puts a border check-point on full alert. | **PG**  +BDUS-004+ |

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| 19:30 | **Border Security - Australia's Front Line (R) ’CC’**  An Australian returns from a holiday in Thailand with an illegal concealment stuffed in his underpants. Also, Officers are pushed to their limits by a Chinese man's outrageous behaviour. | **PG**  +BORD-205+ |

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| 20:00 | **Border Security - Australia's Front Line (R) ’CC’**  High Traces of Methamphetamines are detected on an American woman's luggage and officers suspect a pregnant Japanese woman is trying to courier drugs when they see something concealed in her bag. | **PG**  +BORD-208+ |

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| 20:30 | **David Jason: Planes, Trains And Automobiles NEW EPISODE**  David Jason is off on the adventure of lifetime, journeying from Seattle to Los Angeles, using the best, fastest and most expensive modes of transport that America’s West Coast has to offer. | **PG**  +PLTA01-002+ |

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| 21:30 | **Mrs. Brown's Boys: Mammy Christmas (R)**  Mrs. Brown is visited by Father Damien, who tells her that she cannot play the Virgin Mary in the church nativity play as there will not be one this year, so Agnes decides to write her own version. | **M (L)**  +MBRO3-007+ |

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| 22:15 | **Mrs. Brown's Boys: The Virgin Mammy (R)**  Agnes prepares for her unorthodox nativity play, provisionally entitled Men Are Bastards, and finds parts for all the family and their friends. But when they take to the stage, things don't exactly go to plan. | **M (L,S)**  +MBRO3-008+ |

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| 23:00 | **Border Security - Australia's Front Line (R) ’CC’**  An Australian returns from a holiday in Thailand with an illegal concealment stuffed in his underpants. Also, Officers are pushed to their limits by a Chinese man's outrageous behaviour. | **PG**  +BORD-205+ |

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| 23:30 | **Border Security - Australia's Front Line (R) ’CC’**  High Traces of Methamphetamines are detected on an American woman's luggage and officers suspect a pregnant Japanese woman is trying to courier drugs when they see something concealed in her bag. | **PG**  +BORD-208+ |

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| 00:00 | **Border Security USA (R) ’CC’**  A potential disaster brews offshore with a boat of illegal immigrants and a quarantine emergency takes flight. | **PG**  +BDUS-003+ |

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| 00:30 | **Border Security USA (R) ’CC’**  A sniffer dog takes a keen interest in a car and a radiation alarm puts a border check-point on full alert. | **PG**  +BDUS-004+ |

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| 01:00 | **David Jason: Planes, Trains And Automobiles (R)**  David Jason is off on the adventure of lifetime, journeying from Seattle to Los Angeles, using the best, fastest and most expensive modes of transport that America’s West Coast has to offer. | **PG**  +PLTA01-002+ |

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| 02:00 | **Special: Where Great Moments Are Made (R) ’CC’ (2019)**  Relive some of the greatest moments from past Victorian Spring Racing Carnivals and then look ahead to this year and beyond. Join host Jason Richardson, James Cummings, Tony McEvoy and Michelle Payne. | **PG (A)**  +NFFI83-001+ |

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| 02:30 | **The Great Australian Doorstep (R)**  Ever seen mystical thermal hot pools in the middle of the Australian Outback? We visit them right here on our doorstep in Mataranka. Then, the duo take a cruise on the iconic Katherine Gorge. | **G**  +GRAD07-009+ |

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| 03:00 | **Vasili's Garden (R)**  Vasili's Gardens takes you into the backyards of everyday Australians to share organic gardening techniques and teach you how to improve your health using your own garden produce. | **PG**  +VASI04-019+ |

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| 04:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-159+ |

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| 04:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-160+ |

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| 05:00 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-089+ |

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| 05:30 | **Home Shopping**  Shopping program. | **G**  +INFO01-001+ |

**Monday 21 October 2019**

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| 06:00 | **Home Shopping: H20 HD - Free Trial (DZD228DSVTP) (R)**  Shopping program. | **PG**  +7DZD2-169+ |

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| 06:30 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 07:00 | **News Of The Wild ’CC’**  An animal focused, factual entertainment news show bursting at the seams with animals, laughter, news and information. | **C**  +NEWI02-056+ |

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| 07:30 | **Kitty Is Not A Cat: Cats' Liberation / Ming The Magnifico (R) ’CC’**  A little girl who believes she can be anything, even a cat! | **C**  +KINC01-012+ |

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| 08:00 | **Jay's Jungle: Kangaroos Have Pouches, Tigers Don't (R) ’CC’**  Follow the fun adventures of Jay the Lighthouse keeper and the Jungle Crew as they sing, dance, laugh and learn. | **P**  +JAJU02-016+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-159+ |

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| 09:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-160+ |

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| 09:30 | **NBC Today (R) ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCS19-042+ |

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| 10:30 | **House Calls To The Rescue (R) ’CC’**  Johanna Griggs and her team rescue a sunken garden and makes sense of an outdoor BBQ area that looks like a bus shelter. | **G**  +HSCL-003+ |

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| 11:30 | **The Great Australian Doorstep (R)**  Ever seen mystical thermal hot pools in the middle of the Australian Outback? We visit them right here on our doorstep in Mataranka. Then, the duo take a cruise on the iconic Katherine Gorge. | **G**  +GRAD07-009+ |

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| 12:00 | **Vasili's Garden (R)**  Vasili's Gardens takes you into the backyards of everyday Australians to share organic gardening techniques and teach you how to improve your health using your own garden produce. | **PG**  +VASI04-019+ |

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| 13:00 | **The Chase (R) ’CC’**  Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G**  +CHSE08-027+ |

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| 14:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-159+ |

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| 14:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-160+ |

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| 15:00 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-089+ |

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| 15:30 | **Air Crash Investigations: Missing Over New York (R) ’CC’**  A flight running low on fuel ends in seventy-three fatalities. Investigators uncover the causes and inevitable outcomes of the tragedy. | **PG**  +MDAY2-006+ |

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| 16:30 | **Room For Improvement (R) ’CC’**  The team heads bush to surprise mum, dad and their five kids as a tired old farmhouse springs into twenty-first century life. | **G**  +RFI3-002+ |

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| 17:00 | **Medical Emergency (R) ’CC’**  A woman's horse tramples on her chest and a road trip to see a concert ends in the Emergency Department. | **PG**  +MDEM4-020+ |

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| 17:30 | **Escape To The Country: Somerset (R)**  Today, Nicki Chapman is helping a couple of equestrian enthusiasts swap suburban life in Farnborough, Hampshire for a new rural existence in Somerset. | **PG**  +ETTC22-001+ |

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| 18:30 | **Bargain Hunt: Detling 27 NEW EPISODE**  Charlie Ross presents from the Detling International Antiques and Collectors Fair in the county of Kent. With experts John Cameron and Nick Hall. | **PG**  +BHUN46-019+ |

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| 19:30 | **Doc Martin: Blood Is Thicker (R)**  When Mark Mylow's sister, a naturopath, comes to town, Martin tries to have her consult before prescribing her concoctions. Starring:JULIA ST. JOHN,KATHERINE PARKINSON,TRISTAN STURROCK,STEWART WRIGHT,SELINA CADELL | **PG (A)**  +DOCM2-003+ |

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| 20:30 | **Foyle's War: Sunflower (R)**  In the post-war era, Foyle must gather intelligence in order to bolster Britain's defences and protect the foreign and economic interests of the nation. | **M (V)**  +FOYL08-003+ |

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| 22:30 | **Mrs. Brown's Boys: Buckin' Mammy (R) ’CC’**  Agnes reluctantly agrees to help Mark and Betty by finding out what Bono wants from Santa before hosting the family's pre-Christmas games night with Christmas Day musical finale. | **M (L)**  +MBRO3-009+ |

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| 23:15 | **Air Crash Investigations: Missing Over New York (R) ’CC’**  A flight running low on fuel ends in seventy-three fatalities. Investigators uncover the causes and inevitable outcomes of the tragedy. | **PG**  +MDAY2-006+ |

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| 00:15 | **Medical Emergency (R) ’CC’**  A woman's horse tramples on her chest and a road trip to see a concert ends in the Emergency Department. | **PG**  +MDEM4-020+ |

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| 01:00 | **Foyle's War: Sunflower (R)**  In the post-war era, Foyle must gather intelligence in order to bolster Britain's defences and protect the foreign and economic interests of the nation. | **M (V)**  +FOYL08-003+ |

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| 03:00 | **Bargain Hunt: Detling 27 (R)**  Charlie Ross presents from the Detling International Antiques and Collectors Fair in the county of Kent. With experts John Cameron and Nick Hall. | **PG**  +BHUN46-019+ |

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| 04:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-161+ |

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| 04:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-162+ |

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| 05:00 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-091+ |

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| 05:30 | **Room For Improvement (R) ’CC’**  The team heads bush to surprise mum, dad and their five kids as a tired old farmhouse springs into twenty-first century life. | **G**  +RFI3-002+ |

**Tuesday 22 October 2019**

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| 06:00 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 06:30 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 07:00 | **News Of The Wild ’CC’**  An animal focused, factual entertainment news show bursting at the seams with animals, laughter, news and information. | **C**  +NEWI02-057+ |

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| 07:30 | **Kitty Is Not A Cat: The Big House / Sour Kitty (R) ’CC’**  A little girl who believes she can be anything, even a cat! | **C**  +KINC01-013+ |

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| 08:00 | **Jay's Jungle: I Like Playing Shops (R) ’CC’**  Follow the fun adventures of Jay the Lighthouse keeper and the Jungle Crew as they sing, dance, laugh and learn. | **P**  +JAJU02-017+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-161+ |

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| 09:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-162+ |

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| 09:30 | **NBC Today (R) ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-252+ |

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| 12:00 | **Helloworld: South Africa Safari And NZ (R) ’CC’**  Join the all-star cast as they uncover the greatest travel experiences in the world today. | **PG**  +HELW01-002+ |

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| 12:30 | **Special: Where Great Moments Are Made (R) ’CC’ (2019)**  Relive some of the greatest moments from past Victorian Spring Racing Carnivals and then look ahead to this year and beyond. Join host Jason Richardson, James Cummings, Tony McEvoy and Michelle Payne. | **PG (A)**  +NFFI83-001+ |

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| 13:00 | **The Chase (R) ’CC’**  Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G**  +CHSE08-028+ |

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| 14:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-161+ |

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| 14:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-162+ |

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| 15:00 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-091+ |

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| 15:30 | **Air Crash Investigations: Air Crash Investigations: Attack Over Baghdad (R) ’CC’**  November 22, 2003 - It was supposed to be a routine "mail run", but shortly after take-off, the three man crew of the DHL A300 is thrown into the fight of their lives. | **PG**  +MDAY3-002+ |

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| 16:30 | **Room For Improvement (R) ’CC’**  An old backyard carport is magically transformed into a tropical cabana, complete with the coolest furniture and latest colours! | **G**  +RFI3-003+ |

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| 17:00 | **Medical Emergency (R) ’CC’**  A young man is viciously assaulted for doing a good deed. Then, there is only one way to find out if a five-year-old is telling fibs - and the truth will come as a big surprise. | **PG**  +MDEM5-001+ |

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| 17:30 | **Escape To The Country: Surrey (R)**  Alistair Appleton is on a rural property hunt with a couple of American ex-pats who have a generous 1 million to spend on a country, family home in Surrey. | **G**  +ETTC22-002+ |

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| 18:30 | **Bargain Hunt: Peterborough 14 NEW EPISODE**  Eric Knowles and the team are at the East of England Showground in Peterborough. The reds and blues battle it out with experts Charles Hanson and Tim Weeks. | **PG**  +BHUN46-020+ |

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| 19:30 | **Pie In The Sky: In The Smoke (R)**  The Crabbes holiday in a flat owned by ex-policeman Nick Spencer. But things take a turn for the worse when Margaret finds a corpse. | **PG**  +PIES5-007+ |

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| 20:30 | **Movie: The Best Exotic Marigold Hotel (R) ’CC’ (2011)**  British retirees travel to India to take up residence in what they believe is a newly restored hotel. Starring:BILL NIGHY,MAGGIE SMITH,JUDI DENCH,TOM WILKINSON | **M (L)**  +FOXF08-003+ |

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| 23:00 | **Neighbourhood Nightmares: Garden Nightmares - Part 1 (R) ’CC’**  Bizarre infestations, audacious thefts - watch as an whole lawn is stolen in daytime and a midnight intruder enters via the cat flap, reveal how the green, green grass of home isn't always as it seems | **PG**  +NEIN01-001+ |

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| 00:00 | **Air Crash Investigations: Air Crash Investigations: Attack Over Baghdad (R) ’CC’**  November 22, 2003 - It was supposed to be a routine "mail run", but shortly after take-off, the three man crew of the DHL A300 is thrown into the fight of their lives. | **PG**  +MDAY3-002+ |

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| 01:00 | **Pie In The Sky: In The Smoke (R)**  The Crabbes holiday in a flat owned by ex-policeman Nick Spencer. But things take a turn for the worse when Margaret finds a corpse. | **PG**  +PIES5-007+ |

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| 02:00 | **Escape To The Country: Surrey (R)**  Alistair Appleton is on a rural property hunt with a couple of American ex-pats who have a generous 1 million to spend on a country, family home in Surrey. | **G**  +ETTC22-002+ |

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| 03:00 | **Bargain Hunt: Peterborough 14 (R)**  Eric Knowles and the team are at the East of England Showground in Peterborough. The reds and blues battle it out with experts Charles Hanson and Tim Weeks. | **PG**  +BHUN46-020+ |

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| 04:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-163+ |

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| 04:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-164+ |

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| 05:00 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-092+ |

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| 05:30 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

**Wednesday 23 October 2019**

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| 06:00 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 06:30 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 07:00 | **News Of The Wild ’CC’**  An animal focused, factual entertainment news show bursting at the seams with animals, laughter, news and information. | **C**  +NEWI02-058+ |

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| 07:30 | **Kitty Is Not A Cat: Safety Cat / Kitty Copy Cat (R) ’CC’**  A little girl who believes she can be anything, even a cat! | **C**  +KINC01-014+ |

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| 08:00 | **Jay's Jungle: I Like Jumping Over Waves! (R) ’CC’**  Follow the fun adventures of Jay the Lighthouse keeper and the Jungle Crew as they sing, dance, laugh and learn. | **P**  +JAJU02-018+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-163+ |

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| 09:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-164+ |

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| 09:30 | **NBC Today (R) ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-253+ |

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| 12:00 | **Queensland Weekender: Queensland Weekender 2019 Ep: 34 (R) ’CC’**  Sammie is living her best life on an epic Whitsundays adventure. Lee joins the fun at Central Queensland's biggest festival, while Chris encounters one of Magnetic Island’s best kept secrets. | **G**  +7QWE19-034+ |

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| 12:30 | **The Great Day Out: Great Day Out, The S3 Ep: 37 (R) ’CC’**  Billy is in his happy place. Tamsyn checks out what is happening at the upcoming Carrara Unicorn Festival, while Jill has some high-tech fun in Springfield. | **G**  +GDOT19-037+ |

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| 13:00 | **The Chase (R) ’CC’**  Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G**  +CHSE08-029+ |

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| 14:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-163+ |

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| 14:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-164+ |

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| 15:00 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-092+ |

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| 15:30 | **Air Crash Investigations: Air Crash Investigations: Out Of Control (R) ’CC’**  On August 12 1985, just minutes after take off from Tokyo en route to Osaka, the tail fin suddenly blows off Japan Airlines Flight 123. The plane is now out of control. | **PG**  +MDAY3-003+ |

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| 16:30 | **Room For Improvement (R) ’CC’**  Molly is a brave girl who has beaten the odds. Now the team have some big, bold and inexpensive ideas to revamp her tiny apartment! | **G**  +RFI3-004+ |

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| 17:00 | **Medical Emergency (R) ’CC’**  The Air Ambulance crew have been called to a man who has been crushed and trapped while cutting branches. | **PG (A)**  +MDEM5-002+ |

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| 17:30 | **Escape To The Country: Snowdonia (R)**  Jules Hudson is house hunting with a couple from Essex who are seeking a rural home with business potential in North Wales. | **G**  +ETTC22-003+ |

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| 18:30 | **Bargain Hunt: Westpoint 29 NEW EPISODE**  Natasha Raskin Sharp is at the helm as Bargain Hunt visits the Westpoint Arena. It's girls versus boys as they race against the clock to buy three items in 60 minutes. | **PG**  +BHUN46-021+ |

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| 19:30 | **Border Security - Australia's Front Line (R) ’CC’**  Officers spot a traveller behaving very strangely and he acts up when he's caught out breaking the law. Also, a US citizen is detained when officers suspect he's been working unlawfully in the country | **PG**  +BORD-212+ |

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| 20:00 | **Border Security - Australia's Front Line (R) ’CC’**  Officers are on high alert when an Italian man's luggage appears to have been tampered with and they suspect they're dealing with a drug courier. | **PG**  +BORD-213+ |

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| 20:30 | **Air Crash Investigation: Special Report: Deadly Distractions NEW EPISODE**  When the rules of the cockpit are broken, unnecessary distractions can prove to have fatal consequences. | **PG**  +MDAF01-009+ |

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| 21:30 | **Air Crash Investigation: Special Report: Fire On Board NEW EPISODE**  A plane fire is one of our worst nightmares but in each of these epic tragedies, there has also been a leap towards significantly safer skies. | **PG (A)**  +MDAF01-010+ |

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| 22:30 | **Air Crash Investigations: Air Crash Investigations: Out Of Control (R) ’CC’**  On August 12 1985, just minutes after take off from Tokyo en route to Osaka, the tail fin suddenly blows off Japan Airlines Flight 123. The plane is now out of control. | **PG**  +MDAY3-003+ |

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| 23:30 | **Border Security - Australia's Front Line (R) ’CC’**  Officers spot a traveller behaving very strangely and he acts up when he's caught out breaking the law. Also, a US citizen is detained when officers suspect he's been working unlawfully in the country | **PG**  +BORD-212+ |

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| 00:00 | **Border Security - Australia's Front Line (R) ’CC’**  Officers are on high alert when an Italian man's luggage appears to have been tampered with and they suspect they're dealing with a drug courier. | **PG**  +BORD-213+ |

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| 00:30 | **Medical Emergency (R) ’CC’**  The Air Ambulance crew have been called to a man who has been crushed and trapped while cutting branches. | **PG (A)**  +MDEM5-002+ |

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| 01:00 | **Air Crash Investigation: Special Report: Fire On Board (R)**  A plane fire is one of our worst nightmares but in each of these epic tragedies, there has also been a leap towards significantly safer skies. | **PG (A)**  +MDAF01-010+ |

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| 02:00 | **Escape To The Country: Snowdonia (R)**  Jules Hudson is house hunting with a couple from Essex who are seeking a rural home with business potential in North Wales. | **G**  +ETTC22-003+ |

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| 03:00 | **Bargain Hunt: Westpoint 29 (R)**  Natasha Raskin Sharp is at the helm as Bargain Hunt visits the Westpoint Arena. It's girls versus boys as they race against the clock to buy three items in 60 minutes. | **PG**  +BHUN46-021+ |

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| 04:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-165+ |

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| 04:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-166+ |

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| 05:00 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-093+ |

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| 05:30 | **Room For Improvement (R) ’CC’**  Molly is a brave girl who has beaten the odds. Now the team have some big, bold and inexpensive ideas to revamp her tiny apartment! | **G**  +RFI3-004+ |

**Thursday 24 October 2019**

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| 06:00 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 06:30 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 07:00 | **News Of The Wild ’CC’**  An animal focused, factual entertainment news show bursting at the seams with animals, laughter, news and information. | **C**  +NEWI02-059+ |

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| 07:30 | **Kitty Is Not A Cat: Old Mother Tubbard / Sandwich Playdate (R) ’CC’**  A little girl who believes she can be anything, even a cat! | **C**  +KINC01-015+ |

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| 08:00 | **Jay's Jungle: Why Do I Get Goosebumps? (R) ’CC’**  Follow the fun adventures of Jay the Lighthouse keeper and the Jungle Crew as they sing, dance, laugh and learn. | **P**  +JAJU02-019+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-165+ |

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| 09:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-166+ |

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| 09:30 | **NBC Today (R) ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-254+ |

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| 12:00 | **Air Crash Investigation: Special Report: Deadly Distractions (R)**  When the rules of the cockpit are broken, unnecessary distractions can prove to have fatal consequences. | **PG**  +MDAF01-009+ |

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| 13:00 | **The Chase (R) ’CC’**  Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G**  +CHSE07-096+ |

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| 14:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-165+ |

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| 14:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-166+ |

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| 15:00 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-093+ |

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| 15:30 | **Air Crash Investigations: Mistaken Identity (R) ’CC’**  During a sea battle, a radar operator mistakenly identifies an approaching civilian aircraft as a hostile F-14. The plane is shot down and all 290 people on board are killed. | **PG**  +MDAY3-006+ |

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| 16:30 | **Room For Improvement (R) ’CC’**  John and Tracey have thrown in their jobs to start a Bed and Breakfast down the coast, but their sea change needs help... and fast! | **G**  +RFI3-005+ |

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| 17:00 | **Medical Emergency (R) ’CC’**  Doctor's work fast to save a 17-year-old boy who has been flown in from Echuca after impaling himself on a spiked metal fence. | **PG**  +MDEM5-003+ |

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| 17:30 | **Escape To The Country: Suffolk (R)**  Jonnie Irwin is helping a couple of busy Londoners find a home, business and slower pace of life in the Suffolk countryside. | **G**  +ETTC22-004+ |

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| 18:30 | **Bargain Hunt: Topsham 15 NEW EPISODE**  The Bargain Hunters are at the Quayside Antiques centre in Topsham near Exeter. Natasha Raskin Sharp presents with experts Danny Sebastian and Gary Pe on hand. | **PG**  +BHUN46-022+ |

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| 19:30 | **Father Brown: The Missing Man ’CC’ NEW EPISODE**  Airman Ned LeBroc returns after eight years away, allegedly as a spy, only to discover his wife Meg, assuming he was dead, is marrying his brother Geoffrey. | **M (V,A)**  +FBRO04-007+ |

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| 20:30 | **A Touch Of Frost: A Touch Of Frost - Line Of Fire - Part 2 (R)**  Time is fast running out and Frost is no nearer to discovering how Tim Fox was killed and the power station killings continues. | **M (V)**  +TOF7-002+ |

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| 22:10 | **Mrs. Brown's Boys: Who's A Pretty Mammy? (R) ’CC’**  Agnes is determined that, despite his parents' wishes, grandson Bono will not be attending the infamous local primary. But she's also got her annual New Year's Eve party on her mind. | **M (L)**  +MBRO3-010+ |

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| 23:00 | **Air Crash Investigations: Mistaken Identity (R) ’CC’**  During a sea battle, a radar operator mistakenly identifies an approaching civilian aircraft as a hostile F-14. The plane is shot down and all 290 people on board are killed. | **PG**  +MDAY3-006+ |

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| 00:00 | **Medical Emergency (R) ’CC’**  Doctor's work fast to save a 17-year-old boy who has been flown in from Echuca after impaling himself on a spiked metal fence. | **PG**  +MDEM5-003+ |

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| 00:30 | **Room For Improvement (R) ’CC’**  John and Tracey have thrown in their jobs to start a Bed and Breakfast down the coast, but their sea change needs help... and fast! | **G**  +RFI3-005+ |

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| 01:00 | **Father Brown: The Missing Man (R) ’CC’**  Airman Ned LeBroc returns after eight years away, allegedly as a spy, only to discover his wife Meg, assuming he was dead, is marrying his brother Geoffrey. | **M (V,A)**  +FBRO04-007+ |

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| 02:00 | **Escape To The Country: Suffolk (R)**  Jonnie Irwin is helping a couple of busy Londoners find a home, business and slower pace of life in the Suffolk countryside. | **G**  +ETTC22-004+ |

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| 03:00 | **Bargain Hunt: Topsham 15 (R)**  The Bargain Hunters are at the Quayside Antiques centre in Topsham near Exeter. Natasha Raskin Sharp presents with experts Danny Sebastian and Gary Pe on hand. | **PG**  +BHUN46-022+ |

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| 04:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-167+ |

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| 04:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-168+ |

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| 05:00 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-094+ |

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| 05:30 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

**Friday 25 October 2019**

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| 06:00 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 06:30 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 07:00 | **News Of The Wild ’CC’**  An animal focused, factual entertainment news show bursting at the seams with animals, laughter, news and information. | **C**  +NEWI02-060+ |

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| 07:30 | **Kitty Is Not A Cat: The Future Is Feline / School For Cats (R) ’CC’**  A little girl who believes she can be anything, even a cat! | **C**  +KINC01-016+ |

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| 08:00 | **Jay's Jungle: Why Do I Get Hiccups? (R) ’CC’**  Follow the fun adventures of Jay the Lighthouse keeper and the Jungle Crew as they sing, dance, laugh and learn. | **P**  +JAJU02-020+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-167+ |

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| 09:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-168+ |

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| 09:30 | **NBC Today (R) ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-255+ |

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| 12:00 | **House Of Wellness (R) ’CC’**  Entertaining everybody to live a healthier life. Hosted by Luke Darcy, Rachael Finch, Jo Stanley and Luke Hines. | **PG**  +HOWL03-035+ |

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| 13:00 | **Jump Off - Life After Racing (R)**  High stakes showjumping competition showcasing over 150 Off The Track Thoroughbreds and some of the biggest horse racing and equestrian names in Australia. | **PG**  +JUOF02-004+ |

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| 13:30 | **The Great Australian Doorstep (R)**  Peter and Sheree Everitt explore amazing holiday destinations. | **PG**  +GRAD10-010+ |

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| 14:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-167+ |

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| 14:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-168+ |

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| 15:00 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-094+ |

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| 15:30 | **Air Crash Investigations: Helicopter Down (R) ’CC’**  January 19, 1995, sixteen oil rig workers' and two pilots' lives hang in the balance when their Super Puma helicopter is struck by lightning in a storm. | **PG**  +MDAY3-007+ |

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| 16:30 | **Room For Improvement (R) ’CC’**  Don't miss the biggest cash-back ever, as the team creates a little magic for a big-hearted Aussie Mum. | **G**  +RFI3-006+ |

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| 17:00 | **Medical Emergency (R) ’CC’**  A 37-year-old man has had a massive heart attack and now his only hope is a heart transplant and a cyclist has come off his bike and can't move. | **PG**  +MDEM5-004+ |

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| 17:30 | **Escape To The Country: Oxfordshire (R)**  Nicki Chapman is hoping to find a young family their first home together, so they can move from rented accommodation near Gatwick Airport to the peace of the Oxfordshire countryside. | **G**  +ETTC22-005+ |

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| 18:30 | **Bargain Hunt: Detling 28 NEW EPISODE**  Charlie Ross presents from the Detling International Antiques and Collectors Fair in Kent. Helping out the teams are experts Raj Bisram and Richard Madley. | **PG**  +BHUN46-023+ |

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| 19:30 | **Pie In The Sky: Smelling Of Roses (R)**  Henry is intrigued when Fisher seems obsessed with arresting a tyre exporter. | **PG**  +PIES5-008+ |

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| 20:30 | **Bancroft (R) ’CC’**  Bancroft is faced with a startling blast from the past which brings the events from 1990 back to the surface. Katherine and Anya make a determined push to get to the bottom of the Laura Fraser case. | **M (V,L,S)**  +BANC01-702+ |

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| 22:30 | **Mrs. Brown's Boys: Mammy's Tickled Pink (R)**  Christmas is approaching and Agnes mistakenly learns the wrong secret about Cathy, leading to a comedy of errors. Rory announces he is getting plastic surgery. | **M (L,S)**  +MBRO3-011+ |

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| 23:15 | **Mrs. Brown's Boys: Mammy's Gamble (R)**  After a spate of burglaries in Finglas, Agnes asks Buster to fit a new alarm system. Unfortunately the system does more harm than good. Agnes faces old rival Hillary in a poker final. | **M (L,S)**  +MBRO3-012+ |

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| 00:00 | **Air Crash Investigations: Helicopter Down (R) ’CC’**  January 19, 1995, sixteen oil rig workers' and two pilots' lives hang in the balance when their Super Puma helicopter is struck by lightning in a storm. | **PG**  +MDAY3-007+ |

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| 01:00 | **Pie In The Sky: Smelling Of Roses (R)**  Henry is intrigued when Fisher seems obsessed with arresting a tyre exporter. | **PG**  +PIES5-008+ |

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| 02:00 | **Escape To The Country: Oxfordshire (R)**  Nicki Chapman is hoping to find a young family their first home together, so they can move from rented accommodation near Gatwick Airport to the peace of the Oxfordshire countryside. | **G**  +ETTC22-005+ |

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| 03:00 | **Bargain Hunt: Detling 28 (R)**  Charlie Ross presents from the Detling International Antiques and Collectors Fair in Kent. Helping out the teams are experts Raj Bisram and Richard Madley. | **PG**  +BHUN46-023+ |

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| 04:00 | **House Of Wellness (R) ’CC’**  Entertaining everybody to live a healthier life. Hosted by Luke Darcy, Rachael Finch, Jo Stanley and Luke Hines. | **PG**  +HOWL03-035+ |

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| 05:00 | **Jump Off - Life After Racing (R)**  High stakes showjumping competition showcasing over 150 Off The Track Thoroughbreds and some of the biggest horse racing and equestrian names in Australia. | **PG**  +JUOF02-004+ |

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| 05:30 | **Room For Improvement (R) ’CC’**  Don't miss the biggest cash-back ever, as the team creates a little magic for a big-hearted Aussie Mum. | **G**  +RFI3-006+ |

**Saturday 26 October 2019**

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| 06:00 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 06:30 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 07:00 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 07:30 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 08:00 | **Travel Oz: Game Fishing (R) ’CC’**  Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG**  +TRAV4-034+ |

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| 08:45 | **Travel Oz: Miracle Of Mae Sai (R) ’CC’**  Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG**  +TRAV4-035+ |

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| 09:30 | **NBC Today (R) ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-256+ |

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| 11:30 | **Vasili's Garden (R)**  Vasili's Gardens takes you into the backyards of everyday Australians to share organic gardening techniques and teach you how to improve your health using your own garden produce. | **PG**  +VASI04-019+ |

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| 12:30 | **International Swimming League: Event 3 - Highlights**  International swimming league highlights. | +ISWL19-003+ |

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| 14:00 | **SA Weekender: SA Weekender 2019 Ep: 29 ’CC’**  Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. | **G**  +SAWE19-029+ |

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| 14:30 | **Sydney Weekender (R) ’CC’**  Mike is in Canberra for the Caravan Camping Lifestyle Expo. Mel checks out Cirque Du Soleil. Andrew Daddo heads to Walcha for The Freak Show Festival of Motorcycles. | **G**  +7SWE26-037+ |

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| 15:00 | **Creek To Coast: Creek To Coast 2019 Ep: 34 (R) ’CC’**  Creek to Coast is all things boating, camping, 4WDing, outdoor adventuring and fishing. From bush-bashing to cooking to caravanning to watersports, Creek to Coast has it all. | **G**  +7CTC19-034+ |

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| 15:30 | **Queensland Weekender: Queensland Weekender 2019 Ep: 35 (R) ’CC’**  From day tripping to the reef, relaxing at a cool city restaurant, or watching a fiery outback sunset, Queensland Weekender will inspire you to make the most of a weekend in our beautiful State. | **G**  +7QWE19-035+ |

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| 16:00 | **The Great Day Out: Great Day Out, The S3 Ep: 38 ’CC’**  The Great Day Out is people, places and friendly faces; it is at the very heart of Queensland and special guest celebrities will invite you along on their Great Day Out. | **G**  +GDOT19-038+ |

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| 16:30 | **Paddington Station 24/7 (R)**  Go behind the scenes of Paddington, one of the most famous railway stations in the world and one of the UK's busiest transport hubs. | **PG (A)**  +PAST01-006+ |

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| 17:30 | **Seven's Horse Racing: Moonee Valley: Cox Plate, Randwick: Bondi Stakes Day (R) ’CC’ LIVE**  Moonee Valley hosts Australia's premier weight-for-age race, the Cox Plate, whose past winners include some all-time racing greats, while the Bondi Stakes headlines a big day's racing at Randwick. | +SHRC19-026+ |

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| 18:00 | **Helloworld ’CC’ NEW EPISODE**  Join the all-star cast as they uncover the greatest travel experiences in the world today. | **PG**  +HELW01-003+ |

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| 18:30 | **QE2: The World's Greatest Cruise Ship (R) ’CC’**  To keep the QE2 afloat financially, its owners came up with an innovative way to keep passengers spending, by installing shops and a casino, an idea that has been replicated countless times since. | **PG**  +QECS01-002+ |

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| 19:30 | **Secrets Of Beautiful Gardens: Challenging Landscapes NEW EPISODE**  An inside look at the world's most luxurious gardens. Plus, a few tips on how to build your own dream garden. | **G**  +BEUG01-003+ |

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| 20:30 | **Escape To The Country: Cornwall NEW EPISODE**  A couple from Essex who are about to marry one another for the second time! Ginny Buckley is helping them find the perfect home in Cornwall where they can make a fresh start together. | **G**  +ETTC24-009+ |

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| 21:30 | **Escape To The Country: Gloucestershire (R)**  Prospective buyers find their dream home. | **G**  +ETTC22-065+ |

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| 22:30 | **Escape To The Continent (R)**  Escape to the Continent showcases gorgeous, competitively priced homes, stunning locations, cultural hot-spots, local amenities and leisure opportunities on foreign shores. | **G**  +ETCO02-015+ |

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| 23:45 | **Secrets Of Beautiful Gardens: Challenging Landscapes (R)**  An inside look at the world's most luxurious gardens. Plus, a few tips on how to build your own dream garden. | **G**  +BEUG01-003+ |

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| 00:45 | **Escape To The Country: Cornwall (R)**  A couple from Essex who are about to marry one another for the second time! Ginny Buckley is helping them find the perfect home in Cornwall where they can make a fresh start together. | **G**  +ETTC24-009+ |

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| 02:00 | **SA Weekender: SA Weekender 2019 Ep: 29 (R) ’CC’**  Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. | **G**  +SAWE19-029+ |

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| 02:30 | **Sydney Weekender (R) ’CC’**  Mike is in Canberra for the Caravan Camping Lifestyle Expo. Mel checks out Cirque Du Soleil. Andrew Daddo heads to Walcha for The Freak Show Festival of Motorcycles. | **G**  +7SWE26-037+ |

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| 03:00 | **Creek To Coast: Creek To Coast 2019 Ep: 34 (R) ’CC’**  Creek to Coast is all things boating, camping, 4WDing, outdoor adventuring and fishing. From bush-bashing to cooking to caravanning to watersports, Creek to Coast has it all. | **G**  +7CTC19-034+ |

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| 03:30 | **Queensland Weekender: Queensland Weekender 2019 Ep: 7 (R) ’CC’**  Kay is staying at a wilderness campground with creature comforts, Chris explores kid heaven at Treasure Island on the Gold Coast while Bridget is feeding lambs, milking cows and riding horses. | **G**  +7QWE19-007+ |

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| 04:00 | **The Great Day Out: Great Day Out, The S3 Ep: 38 (R) ’CC’**  The Great Day Out is people, places and friendly faces; it is at the very heart of Queensland and special guest celebrities will invite you along on their Great Day Out. | **G**  +GDOT19-038+ |

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| 04:30 | **Travel Oz: Game Fishing (R) ’CC’**  Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG**  +TRAV4-034+ |

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| 05:15 | **Travel Oz: Miracle Of Mae Sai (R) ’CC’**  Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG**  +TRAV4-035+ |