**Sunday 22 March 2020**

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| 06:00 | **It Is Written: Great Chapters Of The Bible - Exodus 20** Religious program. | **PG (A)**+IIWR20-012+ |

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| 06:30 | **Home Shopping** Shopping program. | **G** +INFO01-001+ |

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| 07:00 | **Tomorrow's World** Religious program. | **PG (A)**+TOMW20-012+ |

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| 07:30 | **Leading The Way: Healthy Living In A Sick World, Pt. 2** Religious program. | **PG** +LWAY20-012+ |

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| 08:00 | **David Jeremiah: The Herald** Religious program. | **PG** +DAJE20-012+ |

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| 08:30 | **Mum's At The Table** Mums At The Table is the place where we share, laugh and dream together. It's a TV panel show featuring real women; smart and sassy ladies with real lives, real families, real struggles and real joy. | **PG (A)**+MTAB01-072+ |

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| 09:00 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 09:30 | **The Great Australian Doorstep (R)** Peter and Sheree Everitt explore amazing holiday destinations. | **PG** +GRAD11-006+ |

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| 10:00 | **House Of Wellness (R) ’CC’** Entertaining everybody to live a healthier life. Hosted by Luke Darcy, Rachael Finch, Jo Stanley and Luke Hines. | **PG** +HOWL04-006+ |

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| 11:00 | **NBC Today (R) ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT20-081+ |

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| 12:00 | **My Greek Odyssey (R) ’CC’** Peter visits the seaport town of Nafplio, before travelling to Monemvasia. | **PG** +MYGO01-005+ |

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| 13:00 | **All Clear** The Australian Jumping Teams League is the big bash of showjumping. 10 teams battle for the richest ever showjumping purse. | **PG** +ALCL01-005+ |

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| 15:00 | **Escape To The Country: Lancashire (R)** Ginny's house hunting mission is to help a couple of empty nesters who want to relocate to the Lancashire countryside, putting them healthy distance from their grown up children. | **G** +ETTC24-037+ |

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| 16:00 | **Escape To The Country: North Dorset (R)** Ginny is tasked with helping a couple who want to find their forever home in the Dorset countryside. | **G** +ETTC24-038+ |

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| 17:00 | **M\*A\*S\*H: The Colonel's Horse (R)** In Colonel Potter's absence, his horse develops colic, Klinger becomes depressed and Hot Lips' appendix ruptures. | **PG** +MASH5-012+ |

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| 17:30 | **M\*A\*S\*H: Exorcism (R)** After Potter orders Radar to move a Korean spirit post believed to ward off evil spirits, things mysteriously begin to go wrong. | **PG** +MASH5-013+ |

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| 18:00 | **M\*A\*S\*H: Hawkeye's Nightmare (R)** After Hawkeye is haunted by the young age of the wounded he is treating, he sinks into depression. | **PG** +MASH5-014+ |

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| 18:30 | **M\*A\*S\*H: The Most Unforgettable Characters (R)** Radar gets accepted into a writer's school and Hawkeye and B.J pull a special prank as a gift to Frank on his birthday. | **PG** +MASH5-015+ |

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| 19:00 | **Border Security - Australia's Front Line (R) ’CC’** Go behind the scenes of Australia's customs, quarantine and immigration departments. | **PG** +BORD14-004+ |

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| 19:30 | **Border Security - Australia's Front Line (R) ’CC’** A New Zealand man has a secret and Immigration needs to find out the truth, and not all children's books have a happy ending. Narrated by GRANT BOWLER. | **PG** +BORD-062+ |

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| 20:00 | **Border Security - Australia's Front Line (R) ’CC’** A passenger's unusual behaviour has Customs wondering if he's playing games. And, officers suspect a traveller might be carrying drugs. | **PG** +BORD-068+ |

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| 20:30 | **Bushfire Wars: Valley Of Fire SEASON PREMIERE**This is the story of the men and women from the Parks and Wildlife Service in Western Australia who risk their lives to fight a scorching enemy. | **PG** +BWAR01-001+ |

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| 21:00 | **Air Crash Investigations: Death Race (R)** At a Nevada air show, a modified WW2 fighter plane nosedives into the crowd. It's one of the worst air race crashes of all time. | **PG (A)**+MDAY19-002+ |

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| 22:00 | **Air Crash Investigations: Frozen In Flight (R) ’CC’** On a bitterly cold Halloween night in 1994, a plane spins wildly before crashing into a field. Discover the fatal design flaw behind the tragedy. | **PG** +MDAY7-008+ |

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| 23:00 | **Criminal Confessions: Gainesville (R) ’CC’** After a college freshman goes missing without a trace, friends and family talk to police about his last whereabouts; those conversations, however, raise more questions than answers. | **M (A,V,L)**+CCON01-007+ |

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| 00:00 | **Bushfire Wars: Valley Of Fire (R)** This is the story of the men and women from the Parks and Wildlife Service in Western Australia who risk their lives to fight a scorching enemy. | **PG** +BWAR01-001+ |

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| 00:30 | **Dog Patrol (R)** Delta team Aidan and Iko chase after offenders who broke into suburban bakery, Customs dog Waldo sniffs out drugs on the mail belt. | **PG** +STFC07-008+ |

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| 01:00 | **Air Crash Investigations: Death Race (R)** At a Nevada air show, a modified WW2 fighter plane nosedives into the crowd. It's one of the worst air race crashes of all time. | **PG (A)**+MDAY19-002+ |

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| 02:00 | **Air Crash Investigations: Frozen In Flight (R) ’CC’** On a bitterly cold Halloween night in 1994, a plane spins wildly before crashing into a field. Discover the fatal design flaw behind the tragedy. | **PG** +MDAY7-008+ |

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| 03:00 | **My Greek Odyssey (R) ’CC’** Peter visits the seaport town of Nafplio, before travelling to Monemvasia. | **PG** +MYGO01-005+ |

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| 04:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-147+ |

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| 05:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-014+ |

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| 05:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

 **Monday 23 March 2020**

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| 06:00 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 06:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 07:00 | **Beat Bugs: Penny Lane / Birthday (R) ’CC’** When Crick feels as though no one notices him, the other Beat Bugs create a place where he can be the centre of attention. Then, it's Jay and Crick's birthday and a surprise party is in the works. | **C** +BEAT-005+ |

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| 07:30 | **The Wild Adventures of Blinky Bill: Old School / The Budgie Smuggler (R) ’CC’** Blinky Bill and his friends set out to defend their outback home and catch those who commit crimes. | **C** +BLIN01-021+ |

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| 08:00 | **Toybox: Impatient Patient (R) ’CC’** Watch the toys come alive when we open the lid to a fantasy world full of fun, music, learning and adventure! | **P** +TOYB2-056+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-147+ |

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| 09:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-148+ |

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| 09:30 | **NBC Today (R) ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT20-082+ |

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| 10:30 | **Malaysia Kitchen (R)** Alvin whips up some Nyonya-style mixed vegetables, makes a luscious steamed date and coconut pudding and expert Malaysian chef, Carol Selva Rajah shares her recipe for steamed coconut fish. | **G** +MKIT01-009+ |

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| 11:00 | **Great Australian Doorstep (R)** Spida takes his great mate Shannan Ponton to the Northern Territory to try their luck at catching the Million Dollar Fish. | **PG** +GRAD09-001+ |

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| 11:30 | **Better Homes And Gardens (R) ’CC’** Joh visits a modern villa that turns the traditional concept of a house on its head. Fast Ed makes a tiger prawn salad. Sam shows you where to get started with exercise. | **G** +BHAG26-007+ |

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| 13:00 | **My Road To Adventure: Patrick Dangerfield, Pt. 1 (R) ’CC’** An intimate insight into the secret holidaying lifestyle of some of Australia’s most loved celebrities. | **PG** +MRTA01-003+ |

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| 13:30 | **Sydney Weekender (R) ’CC’** Mike checks out what's new and what's hot in Tweed. Teigan takes in the Nepean River. Fliss checks out Avoca Surf House. | **G** +7SWE27-003+ |

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| 14:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-147+ |

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| 15:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-014+ |

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| 15:30 | **M\*A\*S\*H: The Colonel's Horse (R)** In Colonel Potter's absence, his horse develops colic, Klinger becomes depressed and Hot Lips' appendix ruptures. | **PG** +MASH5-012+ |

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| 16:00 | **M\*A\*S\*H: Exorcism (R)** After Potter orders Radar to move a Korean spirit post believed to ward off evil spirits, things mysteriously begin to go wrong. | **PG** +MASH5-013+ |

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| 16:30 | **M\*A\*S\*H: Hawkeye's Nightmare (R)** After Hawkeye is haunted by the young age of the wounded he is treating, he sinks into depression. | **PG** +MASH5-014+ |

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| 17:00 | **M\*A\*S\*H: The Most Unforgettable Characters (R)** Radar gets accepted into a writer's school and Hawkeye and B.J pull a special prank as a gift to Frank on his birthday. | **PG** +MASH5-015+ |

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| 17:30 | **Escape To The Country: Cheshire (R)** Jules Hudson joins the house search for a couple with 1.2 million pounds to spend in Cheshire's "Golden Triangle". | **G** +ETTC19-012+ |

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| 18:30 | **Bargain Hunt: Malvern Leominster 1 (R)** The Malvern Hills are alive with the sound of haggling as battle commences between a chatterbox red team and a pair of ex-banker blues. | **G** +BHUN34-001+ |

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| 19:30 | **Doc Martin: Dry Your Tears (R)** Doc Martin has to deal with the death of his Aunt Joan, demands of fatherhood, and the arrival of his Aunt Ruth. | **PG (A)**+DOCM05-002+ |

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| 20:30 | **The Inspector Lynley Mysteries: If Wishes Were Horses (R)** A murder enquiry really hits home when Lynley discovers the deceased was once his pregnant wife's lover. Starring:BARBARA FLYNN,CHRISTOPHER FOX,GILLIAN MCCUTCHEON,PAUL COPLEY,OLIVER COTTON,JEMMA REDGRAVE,LISA PALFREY,PAUL RIDLEY | **M (V)**+INLM3-004+ |

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| 22:30 | **Gold Digger (R) ’CC’** When Julia meets a much younger man, her family wonder if his intentions are financially motivated. | **M (N,L,S)**+GODI01-001+ |

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| 23:40 | **Brit Cops NEW EPISODE**The police have to restrain a man who appears to be high on a cocktail of drink and drugs, so he can be taken to hospital. | **M (L)**+BRIC02-010+ |

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| 00:45 | **My Road To Adventure: Patrick Dangerfield, Pt. 1 (R) ’CC’** An intimate insight into the secret holidaying lifestyle of some of Australia’s most loved celebrities. | **PG** +MRTA01-003+ |

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| 01:30 | **Great Australian Doorstep (R)** Spida takes his great mate Shannan Ponton to the Northern Territory to try their luck at catching the Million Dollar Fish. | **PG** +GRAD09-001+ |

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| 02:00 | **Escape To The Country: Cheshire (R)** Jules Hudson joins the house search for a couple with 1.2 million pounds to spend in Cheshire's "Golden Triangle". | **G** +ETTC19-012+ |

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| 03:00 | **Bargain Hunt: Malvern Leominster 1 (R)** The Malvern Hills are alive with the sound of haggling as battle commences between a chatterbox red team and a pair of ex-banker blues. | **G** +BHUN34-001+ |

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| 04:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-149+ |

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| 04:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-150+ |

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| 05:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-015+ |

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| 05:30 | **Sydney Weekender (R) ’CC’** Mike checks out what's new and what's hot in Tweed. Teigan takes in the Nepean River. Fliss checks out Avoca Surf House. | **G** +7SWE27-003+ |

 **Tuesday 24 March 2020**

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| 06:00 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 06:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 07:00 | **Beat Bugs: I've Just Seen A Face / Magical Mystery Tour (R) ’CC’** After Jay sees Julia's face up close, none of his friends believe his story. Then, the Beat Bugs meet an eloquent showman grasshopper with an offer of an amazing adventure. | **C** +BEAT-006+ |

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| 07:30 | **The Wild Adventures of Blinky Bill: Dune Busters / Blinky's Birthday (R) ’CC’** Blinky Bill and his friends set out to defend their outback home and catch those who commit crimes. | **C** +BLIN01-022+ |

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| 08:00 | **Toybox: Patches Dance Off (R) ’CC’** Watch the toys come alive when we open the lid to a fantasy world full of fun, music, learning and adventure! | **P** +TOYB2-057+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-149+ |

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| 09:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-150+ |

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| 09:30 | **NBC Today (R) ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT20-083+ |

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| 12:00 | **My Road To Adventure: Patrick Dangerfield, Pt. 1 (R) ’CC’** An intimate insight into the secret holidaying lifestyle of some of Australia’s most loved celebrities. | **PG** +MRTA01-003+ |

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| 12:30 | **The Great Australian Doorstep (R)** Peter and Sheree Everitt explore amazing holiday destinations. | **PG** +GRAD11-006+ |

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| 13:00 | **Creek To Coast (R) ’CC’** Duane checks out a favourite Sunny Coast holiday park. We visit a huge digital reef. Scotty tries his luck in the creeks of the Mackay Region and Sammie puts the Isuzu D-MAX through its paces. | **G** +7CTC20-006+ |

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| 13:30 | **Weekender (R) ’CC’** Kay heads to the Vision Splendid Outback Film Festival in Winton. Laurel has a day on the green in Logan. Courtney gets crafty on the Redlands Coast and we catch up with a renowned restauranteur. | **G** +WEKN20-005+ |

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| 14:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-149+ |

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| 14:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-150+ |

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| 15:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-015+ |

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| 15:30 | **Air Crash Investigations: Flying Blind (R)** As Aeroperu Flight 603 took off, it's airspeed and altitude indicators jammed, leaving the flight crew heading for disaster. Join investigators as they examine what caused this computer malfunction. | **PG** +MDAY-006+ |

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| 16:30 | **The Zoo (R) ’CC’** A vet team is about to attempt the world's first rhino IVF. Then, keepers are anxiously waiting for Frala the gorilla to give birth. | **G** +ZOOT-004+ |

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| 17:00 | **Crash Investigation Unit: Family Tragedy (R) ’CC’** Disaster strikes as two brothers on their way home crash their high performance car into a wall at a car wash. | **PG** +CIU-004+ |

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| 17:30 | **Escape To The Country: Northamptonshire (R)** Nicki Chapman heads to sunny Northamptonshire to help a couple start their new life in the country. Will a mystery house steal the show? | **G** +ETTC19-013+ |

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| 18:30 | **Bargain Hunt: Lincoln 6 (R)** Tim and the teams head to the Lincolnshire showground, where experts David Harper and Kate Bliss help search for bargains. Then, Tim visits Lotherton Hall in West Yorkshire. | **G** +BHUN34-002+ |

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| 19:30 | **Cold Case: Lovers Lane (R) ’CC’** DNA evidence reveals the wrong man has been imprisoned for the 1986 murder of beautiful 15-year-old Eve Kendall. Rush and Valens reopen the case and discover that the teen was desired by several men. | **M (V,A)**+COLC01-023+ |

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| 20:30 | **Cold Case (R) ’CC’** After new evidence clears an accused murderer during his triple homicide trial, the detectives talk to the murdered busboy's brother, who provides them with some clues. | **MA (V,D)**+COLC02-001+ |

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| 21:30 | **The Blacklist: Louis T. Steinhil SERIES RETURN**After being abducted by Katarina Rostova, Reddington finds himself alone in hostile territory unsure of who, if anyone, he can trust. Liz and the Task Force race to find him. | **M (V,A)**+BLKL07-001+ |

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| 22:30 | **The Blacklist: Louis T. Steinhil: Conclusion NEW EPISODE**Liz, Dembe and the Task Force continue to search for Red, who attempts to escape his abductors with help from a surprise ally. | **MA (V,A)**+BLKL07-002+ |

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| 23:30 | **Criminal Minds: Mixed Signals (R) ’CC’** The BAU is called to Taos, N.M., when someone targets victims' temporal lobes. | **M (V)**+CRMD13-021+ |

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| 00:30 | **Trial And Error: Bad Instincts (R) ’CC’** Josh struggles with his defense for Jesse Ray Beaumont; Dwayne enjoys his new life as a Peck. | **M (L)**+TRAE02-008+ |

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| 01:00 | **Trial And Error: A Big Break (R) ’CC’** Josh and his team continue to find themselves at dead ends in their casework until they unearth game-changing evidence with the help of Jesse Ray Beaumont. | **M (L,A)**+TRAE02-009+ |

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| 01:30 | **Trial And Error: Barcelona (R) ’CC’** As Jesse Ray Beaumont's trial begins, the team struggles to keep him under control while they discover more of Lavinia's secrets; Carol Anne discovers the baby's father's identity. | **M (A,L)**+TRAE02-010+ |

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| 02:00 | **Escape To The Country: Northamptonshire (R)** Nicki Chapman heads to sunny Northamptonshire to help a couple start their new life in the country. Will a mystery house steal the show? | **G** +ETTC19-013+ |

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| 03:00 | **Bargain Hunt: Lincoln 6 (R)** Tim and the teams head to the Lincolnshire showground, where experts David Harper and Kate Bliss help search for bargains. Then, Tim visits Lotherton Hall in West Yorkshire. | **G** +BHUN34-002+ |

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| 04:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-151+ |

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| 05:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-016+ |

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| 05:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

 **Wednesday 25 March 2020**

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| 06:00 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 06:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 07:00 | **Beat Bugs: When I'm 64 / Dr Robert (R) ’CC’** Jay gets a glimpse of what his life will be like in the future. Then, Buzz refuses to go see Dr Robert with her friends due to her fear of doctors. | **C** +BEAT-007+ |

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| 07:30 | **The Wild Adventures of Blinky Bill: Home To Roost / Superheroes (R) ’CC’** Blinky Bill and his friends set out to defend their outback home and catch those who commit crimes. | **C** +BLIN01-023+ |

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| 08:00 | **Toybox: The Big Swap (R) ’CC’** Watch the toys come alive when we open the lid to a fantasy world full of fun, music, learning and adventure! | **P** +TOYB2-058+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-151+ |

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| 09:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-152+ |

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| 09:30 | **NBC Today (R) ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT20-084+ |

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| 12:00 | **All Clear (R)** The Australian Jumping Teams League is the big bash of showjumping. 10 teams battle for the richest ever showjumping purse. | **PG** +ALCL01-005+ |

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| 14:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-151+ |

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| 14:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-152+ |

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| 15:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-016+ |

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| 15:30 | **Air Crash Investigations: Cracks In The System (R) ’CC’** What caused a part plane, part speedboat to suddenly explode mid-air? | **PG** +MDAY9-008+ |

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| 16:30 | **The Zoo (R) ’CC’** Jimiyu the giraffe plays rock star for a day as he heads to Sydney, and a baby owl must be taught to fly and hunt for food. | **G** +ZOOT-005+ |

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| 17:00 | **Crash Investigation Unit: Mystery Collision (R) ’CC’** It first appears like a simple case of a car crashing into a tree, but that is far from the truth, tonight on Crash Investigation Unit. Hosted by DAMIAN WALSHE-HOWLING. | **PG** +CIU-008+ |

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| 17:30 | **Escape To The Country: Devon/Cornwall (R)** Aled Jones helps a couple hoping to find a home with holiday let potential for 650,000 pounds in Devon. Then, Aled tours the Devon County Show. | **G** +ETTC19-014+ |

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| 18:30 | **Bargain Hunt: Anglesey 19 (R)** Teams travel across the Menai Strait to Anglesey to hunt for those elusive bargains while Tim takes a peek at Waddesdon Manor, a nineteenth century house of treasures in Buckinghamshire. | **G** +BHUN34-003+ |

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| 19:30 | **Border Security - Australia's Front Line (R) ’CC’** A Vietnamese student is found carrying an unusual amount of mooncakes, and officers think they're loaded with an illicit substance. An Irish love rat is suspected of working while on a tourist visa. | **PG** +BORD13-001+ |

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| 20:00 | **Border Security - Australia's Front Line (R) ’CC’** A passenger's unusual behaviour has customs wondering and a Vietnamese passenger is pulled up after he is seen popping tablets in the terminal. | **PG** +BORD-069+ |

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| 20:30 | **Chris Tarrant's Extreme Railways: Alaska: Ice Train To Nowhere NEW EPISODE**Chris heads to Alaska, but his plan to travel along the Alaska Railroad does not get off to a good start in Seward, so he hitches a ride on a track inspector's car before riding a freight train. | **PG (L)**+CTER03-001+ |

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| 21:30 | **David Jason: Planes, Trains And Automobiles (R)** David Jason is off on the adventure of lifetime, journeying from Seattle to Los Angeles, using the best, fastest and most expensive modes of transport that America's West Coast has to offer. | **PG** +PLTA01-001+ |

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| 22:30 | **Inside King's Cross: The Railway (R)** Kings Cross workers and emergency services rush to help a lady who has fallen under a train, and staff deal with commuters during an underground strike. | **PG (D,V,L)**+INKC01-002+ |

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| 23:30 | **Mighty Planes: Martin Mars (R)** The Martin Mars is the world's biggest seaplane and since being converted into a water bomber and has since flown over 8000 firefighting missions. Jump on board as they embark on a 20 day mission. | **PG** +MIPL-006+ |

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| 00:30 | **Air Crash Investigations: Cracks In The System (R) ’CC’** What caused a part plane, part speedboat to suddenly explode mid-air? | **PG** +MDAY9-008+ |

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| 01:30 | **Crash Investigation Unit: Mystery Collision (R) ’CC’** It first appears like a simple case of a car crashing into a tree, but that is far from the truth, tonight on Crash Investigation Unit. Hosted by DAMIAN WALSHE-HOWLING. | **PG** +CIU-008+ |

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| 02:00 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 02:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 03:00 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 03:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 04:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-153+ |

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| 04:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-154+ |

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| 05:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-017+ |

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| 05:30 | **The Zoo (R) ’CC’** Jimiyu the giraffe plays rock star for a day as he heads to Sydney, and a baby owl must be taught to fly and hunt for food. | **G** +ZOOT-005+ |

 **Thursday 26 March 2020**

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| 06:00 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 06:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 07:00 | **Beat Bugs: Ticket To Ride / Getting Better (R) ’CC’** When the Beat Bugs build a carnival ride, only Kumi takes care of her ticket. Then, Crick builds a robot doctor to help care for his sick friends. | **C** +BEAT-008+ |

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| 07:30 | **The Wild Adventures of Blinky Bill: Homesick / Flying Circus (R) ’CC’** Blinky Bill and his friends set out to defend their outback home and catch those who commit crimes. | **C** +BLIN01-024+ |

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| 08:00 | **Toybox: The Wedding Party (R) ’CC’** Watch the toys come alive when we open the lid to a fantasy world full of fun, music, learning and adventure! | **P** +TOYB2-059+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-153+ |

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| 09:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-154+ |

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| 09:30 | **NBC Today (R) ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT20-085+ |

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| 12:00 | **My Greek Odyssey (R) ’CC’** Peter visits the seaport town of Nafplio, before travelling to Monemvasia. | **PG** +MYGO01-005+ |

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| 13:00 | **Auction Squad (R) ’CC’** The team renovate a city cottage by creating a third bedroom and adding much needed off street parking. | **G** +AUCS2-005+ |

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| 14:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-153+ |

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| 14:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-154+ |

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| 15:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-017+ |

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| 15:30 | **Mighty Planes: Martin Mars (R)** The Martin Mars is the world's biggest seaplane and since being converted into a water bomber and has since flown over 8000 firefighting missions. Jump on board as they embark on a 20 day mission. | **PG** +MIPL-006+ |

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| 16:30 | **Chris Tarrant's Extreme Railways: Alaska: Ice Train To Nowhere (R)** Chris heads to Alaska, but his plan to travel along the Alaska Railroad does not get off to a good start in Seward, so he hitches a ride on a track inspector's car before riding a freight train. | **PG (L)**+CTER03-001+ |

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| 17:30 | **Escape To The Country: Oxfordshire (R)** Jonnie Irwin helps a newly retired couple downsize to a smaller home in rural Oxfordshire and is put through his paces by the Head Coach of the world famous, Oxford University Rowing Team. | **G** +ETTC19-015+ |

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| 18:30 | **Bargain Hunt: Epsom Dorking 24 (R)** Teams comb antiques shops in the Surrey market town of Dorking while Tim Wonnacott takes a visit to Petworth House to explore its picture gallery. | **G** +BHUN34-004+ |

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| 19:30 | **Father Brown: The Truth In The Wine (R) ’CC’** Father Brown attends an open day at the vineyard Colonel Forbes-Leith runs with French viticulturist Gregoire Bisset but the wine is contaminated. | **M (V,A)**+FBRO03-009+ |

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| 20:30 | **Judge John Deed: In Defence Of Others (R)** Deed has before him a prisoner who killed a paedophile and Jo Mills argues "defence of others", which the judge resists. Nevertheless the jury find him Not Guilty. Starring:AMITA DHIRI,ANDREW WESTFIELD,DARREN DIMENNA,MARK MONERO,SYLVESTRA LE TOUZEL,TARA MORAN,TONY TIMBERLAKE,SEETA INDRANI | **M (A,V)**+JJD3-003+ |

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| 22:30 | **Jonathan Creek: The Coonskin Cap (R)** Two women have been murdered and fears are that the killer will strike again. The only clue is the shadow of a man seen. Starring:ALAN DAVIES,CAROLINE QUENTIN | **M (N,V)**+JNTC4-001+ |

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| 23:30 | **Border Patrol: Russian Working Girls (R) ’CC’** They're the boys and girls in blue who keep our borders safe. You won't believe some of the things they find-or where they find them. | **PG** +BDPT08-001+ |

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| 00:00 | **Border Patrol: Birds Nest (R) ’CC’** Stopped at the border, an exotic eastern luxury, which also happens to be a serious biosecurity risk; and a cannabis crusader's plans go up in smoke at Queenstown Airport. | **PG** +BDPT08-002+ |

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| 00:30 | **Border Patrol: Passport Scammers (R) ’CC’** They're the boys and girls in blue who keep our borders safe. You won't believe some of the things they find... or where they find them... | **PG** +BDPT08-003+ |

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| 01:00 | **Father Brown: The Truth In The Wine (R) ’CC’** Father Brown attends an open day at the vineyard Colonel Forbes-Leith runs with French viticulturist Gregoire Bisset but the wine is contaminated. | **M (V,A)**+FBRO03-009+ |

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| 02:00 | **Escape To The Country: Oxfordshire (R)** Jonnie Irwin helps a newly retired couple downsize to a smaller home in rural Oxfordshire and is put through his paces by the Head Coach of the world famous, Oxford University Rowing Team. | **G** +ETTC19-015+ |

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| 03:00 | **Bargain Hunt: Epsom Dorking 24 (R)** Teams comb antiques shops in the Surrey market town of Dorking while Tim Wonnacott takes a visit to Petworth House to explore its picture gallery. | **G** +BHUN34-004+ |

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| 04:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-155+ |

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| 04:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-156+ |

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| 05:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-018+ |

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| 05:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

 **Friday 27 March 2020**

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| 06:00 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 06:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 07:00 | **Beat Bugs: Being For The Benefit Of Mr. Kite / You've Got To Hide Your Love Away (R) ’CC’** The Beat Bugs put on a spectacular event in village to show off the legendary aerial acrobats of Mr Kite. Then, after feeling unappreciated, Walter decides to create imaginary friends. | **C** +BEAT-009+ |

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| 07:30 | **The Wild Adventures of Blinky Bill: The One / Getalong Shirt (R) ’CC’** Blinky Bill and his friends set out to defend their outback home and catch those who commit crimes. | **C** +BLIN01-025+ |

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| 08:00 | **Toybox: Sparky Stays Put (R) ’CC’** Watch the toys come alive when we open the lid to a fantasy world full of fun, music, learning and adventure! | **P** +TOYB2-060+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-155+ |

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| 09:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-156+ |

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| 09:30 | **NBC Today (R) ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT20-086+ |

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| 12:00 | **House Of Wellness (R) ’CC’** Entertaining everybody to live a healthier life. Hosted by Luke Darcy, Rachael Finch, Jo Stanley and Luke Hines. | **PG** +HOWL04-007+ |

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| 13:00 | **Auction Squad (R) ’CC’** The Auction Squad team transform a classic 1914 Queenslander home into a tropical oasis. | **G** +AUCS2-006+ |

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| 14:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-155+ |

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| 14:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-156+ |

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| 15:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-018+ |

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| 15:30 | **Border Patrol: Russian Working Girls (R) ’CC’** They're the boys and girls in blue who keep our borders safe. You won't believe some of the things they find-or where they find them. | **PG** +BDPT08-001+ |

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| 16:00 | **Border Patrol: Birds Nest (R) ’CC’** Stopped at the border, an exotic eastern luxury, which also happens to be a serious biosecurity risk; and a cannabis crusader's plans go up in smoke at Queenstown Airport. | **PG** +BDPT08-002+ |

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| 16:30 | **Border Patrol: Passport Scammers (R) ’CC’** They're the boys and girls in blue who keep our borders safe. You won't believe some of the things they find... or where they find them... | **PG** +BDPT08-003+ |

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| 17:00 | **Crash Investigation Unit: Driving Lesson (R) ’CC’** The crash investigation unit are called after a car has ploughed into a power pole before colliding with a tree sixty metres away. | **PG** +CIU2-002+ |

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| 17:30 | **Escape To The Country: Hampshire (R)** Nicki Chapman joins the house hunt with a retired couple who have spent the last 2 years travelling around Britain in their caravan. Plus, Nicki visits the last working tide mill in England. | **G** +ETTC19-016+ |

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| 18:30 | **Bargain Hunt: Leominster 10 (R)** Teams head to the antiques shops of Leominster in Herefordshire while Tim Wonnacott visits Chastleton House, a little-known Jacobean manor house nestled in the beautiful Cotswolds. | **G** +BHUN34-005+ |

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| 19:30 | **Heathrow: Heathrow S3 Ep: 3 (R)** Britain's busiest and most famous airport opens its doors for an un-precedented look at life inside Europe's most important transport hub. | **PG** +HEAT03-003+ |

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| 20:30 | **Billy Connolly's Tracks Across America (R) ’CC’** Billy begins in Chicago, before stopping at Minnesota State fair and an oil boomtown in North Dakota. He'll yodel with cowboys and see Montana's answer to Glasgow, before his journey's end in Seattle. | **PG (S,L)**+BTAA01-001+ |

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| 21:30 | **Martin Clunes: Islands Of America (R) ’CC’** Martin Clunes embarks on an epic journey around the coast of America to discover what life is like on the surrounding islands. | **PG** +MCIA01-001+ |

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| 22:30 | **Walking Through History: Frontline Dorset (R)** Tony's walk takes him back to 1940 when Dorset became the unlikely front line in the war against Hitler. | **PG** +WALK01-001+ |

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| 23:30 | **The House That 100K Built: Alistair And Karen (R)** Alistair and Karen hope that building a family home in County Antrim, Northern Ireland, could be the key to a mortgage-free life. | **G** +HOTB03-001+ |

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| 00:45 | **My Road To Adventure: Patrick Dangerfield, Pt. 1 (R) ’CC’** An intimate insight into the secret holidaying lifestyle of some of Australia’s most loved celebrities. | **PG** +MRTA01-003+ |

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| 01:15 | **Border Patrol: Russian Working Girls (R) ’CC’** They're the boys and girls in blue who keep our borders safe. You won't believe some of the things they find-or where they find them. | **PG** +BDPT08-001+ |

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| 02:00 | **Escape To The Country: Hampshire (R)** Nicki Chapman joins the house hunt with a retired couple who have spent the last 2 years travelling around Britain in their caravan. Plus, Nicki visits the last working tide mill in England. | **G** +ETTC19-016+ |

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| 03:00 | **Bargain Hunt: Leominster 10 (R)** Teams head to the antiques shops of Leominster in Herefordshire while Tim Wonnacott visits Chastleton House, a little-known Jacobean manor house nestled in the beautiful Cotswolds. | **G** +BHUN34-005+ |

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| 04:00 | **Walking Through History: Frontline Dorset (R)** Tony's walk takes him back to 1940 when Dorset became the unlikely front line in the war against Hitler. | **PG** +WALK01-001+ |

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| 05:00 | **House Of Wellness (R) ’CC’** Entertaining everybody to live a healthier life. Hosted by Luke Darcy, Rachael Finch, Jo Stanley and Luke Hines. | **PG** +HOWL04-007+ |

 **Saturday 28 March 2020**

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| 06:00 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 06:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 07:00 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 07:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 08:00 | **Travel Oz: Uluru & Noosa (R) ’CC’** Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG** +TRAV-018+ |

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| 08:45 | **Travel Oz: Mogo Bushrangers (R) ’CC’** See bushrangers and gold rush towns in the NSW town of Mogo, very close encounters with exotic wildlife, a very green property in outback Western Australia and the wine growing district of Griffith. | **PG** +TRAV3-017+ |

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| 09:30 | **NBC Today (R) ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT20-087+ |

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| 11:30 | **Great Australian Doorstep (R)** The boys concede defeat, but the girls arrive to take in the sights of Darwin and Litchfield National Park. | **PG** +GRAD09-002+ |

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| 12:00 | **Malaysia Kitchen (R)** Alvin whips up some Nyonya-style mixed vegetables, makes a luscious steamed date and coconut pudding and expert Malaysian chef, Carol Selva Rajah shares her recipe for steamed coconut fish. | **G** +MKIT01-009+ |

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| 12:30 | **The Zoo (R) ’CC’** Vets attempt to get an elephant pregnant with science alone. Then, Brooke the leopard seal needs to move to a new home. | **G** +ZOOT2-002+ |

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| 13:00 | **AFL Women's: Rnd 8: Carlton v Fremantle ’CC’ LIVE**Finals positions could be on the line when these two Conference B powerhouses meet at Marvel Stadium, with the Blues and Dockers both hell-bent on securing a top-three finish. Bounce time: 1.10pm AEDT | +AFLW20-054+ |

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| 15:00 | **The Great Australian Doorstep** Peter and Sheree Everitt explore amazing holiday destinations. | **PG** +GRAD11-007+ |

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| 15:30 | **Weekender ’CC’** Whether it is day tripping to the reef, watching a fiery outback sunset, or brunch at a cool city cafe, Weekender will inspire you to make the most of your precious break. | **G** +WEKN20-006+ |

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| 16:00 | **Honey I Bought The House: Birmingham (R)** Property series in which first-time buyers are given 15,000 pounds and three weeks to secure a deposit. | **PG** +HBTH02-003+ |

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| 17:00 | **Seven's Horse Racing: Tancred Stakes Day, Bendigo Mile ’CC’ LIVE**The Autumn Carnival action continues with another big day of racing that’s highlighted by the $1.5 million Group 1 Tancred Stakes over 2400m at Rosehill Gardens and the Golden Mile at Bendigo. | +SHRC20-009+ |

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| 17:30 | **Creek To Coast (R) ’CC’** Creek to Coast is all things boating, camping, 4WDing, outdoor adventuring and fishing. From bush-bashing to cooking to caravanning to watersports, Creek to Coast has it all. | **G** +7CTC20-007+ |

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| 18:00 | **Helloworld ’CC’** Join the all-star cast as they uncover the greatest travel experiences in the world today. | **PG** +HELW01-015+ |

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| 18:30 | **The Yorkshire Vet In Spring (R)** Joining Julian Norton is his partner, fellow vet and former Herriot trainee, Peter Wright together with their dedicated team of staff at his practice, Skeldale Veterinary Centre. | **PG (A,L)**+YORK02-005+ |

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| 19:30 | **The Yorkshire Vet NEW EPISODE**Joining Julian Norton is his partner, fellow vet and former Herriot trainee, Peter Wright together with their dedicated team of staff at his practice, Skeldale Veterinary Centre. | **PG (A)**+YORK07-007+ |

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| 20:30 | **Escape To The Country: North Devon NEW EPISODE**Sonali Shah heads to the North Devon countryside to help a career minded couple who want a family home and start up a holiday-let business. | **G** +ETTC24-039+ |

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| 21:30 | **Escape To The Country: Shropshire NEW EPISODE**Margherita Taylor is property hunting in Shropshire with a couple of keen gardeners who want to buy them a country home with ample space for them and their hot tub. | **G** +ETTC24-040+ |

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| 22:30 | **Escape To The Country: Dorset (R)** Nicki Chapman is helping a fun loving couple who have 400 000 pounds to fulfil their dream of moving to Dorset. | **G** +ETTC23-037+ |

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| 23:30 | **Honey I Bought The House: Birmingham (R)** Property series in which first-time buyers are given 15,000 pounds and three weeks to secure a deposit. | **PG** +HBTH02-003+ |

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| 00:30 | **Escape To The Country: North Devon (R)** Sonali Shah heads to the North Devon countryside to help a career minded couple who want a family home and start up a holiday-let business. | **G** +ETTC24-039+ |

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| 01:30 | **The Great Australian Doorstep (R)** Peter and Sheree Everitt explore amazing holiday destinations. | **PG** +GRAD11-007+ |

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| 02:00 | **Creek To Coast (R) ’CC’** Creek to Coast is all things boating, camping, 4WDing, outdoor adventuring and fishing. From bush-bashing to cooking to caravanning to watersports, Creek to Coast has it all. | **G** +7CTC20-007+ |

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| 02:30 | **Weekender (R) ’CC’** Whether it is day tripping to the reef, watching a fiery outback sunset, or brunch at a cool city cafe, Weekender will inspire you to make the most of your precious break. | **G** +WEKN20-006+ |

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| 03:00 | **Queensland Weekender: Queensland Weekender 2019 Ep: 29 (R) ’CC’** Victoria is in the heart of sugar cane country to celebrate the harvest season. It is a blaze of wonderful events from picnics in the vines to opera by the lake. | **G** +7QWE19-029+ |

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| 03:30 | **Malaysia Kitchen (R)** Alvin whips up some Nyonya-style mixed vegetables, makes a luscious steamed date and coconut pudding and expert Malaysian chef, Carol Selva Rajah shares her recipe for steamed coconut fish. | **G** +MKIT01-009+ |

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| 04:00 | **Great Australian Doorstep (R)** The boys concede defeat, but the girls arrive to take in the sights of Darwin and Litchfield National Park. | **PG** +GRAD09-002+ |

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| 04:30 | **Travel Oz: Uluru & Noosa (R) ’CC’** Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG** +TRAV-018+ |

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| 05:15 | **Travel Oz: Mogo Bushrangers (R) ’CC’** See bushrangers and gold rush towns in the NSW town of Mogo, very close encounters with exotic wildlife, a very green property in outback Western Australia and the wine growing district of Griffith. | **PG** +TRAV3-017+ |