**Sunday 22 December 2019**

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| 06:00 | **It Is Written: Coping With Grief**  Religious program. | **PG (A)**  +IIWR19-034+ |

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| 06:30 | **Amazing Facts: The Hero Of Revelation, Pt. 2**  Religious program. | **PG**  +AMFA19-051+ |

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| 07:00 | **Tomorrow's World: The Problem With Christmas**  Religious program. | **PG**  +TOMW19-051+ |

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| 07:30 | **Leading The Way: The Indescribeable Christmas Gift**  Religious program. | **PG**  +LWAY19-051+ |

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| 08:00 | **David Jeremiah: Make The Season Bright 2019: Christmas On Broadway With David Jeremiah**  Religious program. | **PG**  +DAJE19-051+ |

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| 08:30 | **Hour Of Power: Openness: Hold Your Dreams Loosely**  Religious program. | **G**  +HOOP19-051+ |

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| 09:00 | **Home Shopping**  Shopping program. | **G**  +INFO01-001+ |

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| 09:30 | **Mum's At The Table**  Mums At The Table is the place where we share, laugh and dream together. It's a TV panel show featuring real women; smart and sassy ladies with real lives, real families, real struggles and real joy. | **PG (L)**  +MTAB01-059+ |

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| 10:00 | **House Of Wellness (R) ’CC’**  Entertaining everybody to live a healthier life. Hosted by Luke Darcy, Rachael Finch, Jo Stanley and Luke Hines. | **PG**  +HOWL03-040+ |

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| 11:00 | **NBC Today (R) ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-305+ |

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| 12:00 | **Escape To The Country: Yorkshire Dales (R)**  Each episode follows one big move, and with everything from snug, chocolate-box cottages to medieval grandeur, it's clear that everyone has their own idea about the perfect country escape. | **G**  +ETTC23-011+ |

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| 13:00 | **My Greek Odyssey**  Continuing Peter Maneas' goal of stepping foot on all 227 inhabited Greek islands, he takes us to a diverse mix of destinations, some frequently explored, others few have ever visited. | **PG**  +MYGO02-006+ |

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| 14:00 | **Vasili's Garden**  Vasili's Gardens takes you into the backyards of everyday Australians to share organic gardening techniques and teach you how to improve your health using your own garden produce. | **PG**  +VASI05-008+ |

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| 14:30 | **2019 Australian PGA Golf: Day 4 ’CC’ LIVE**  Aussie stars Adam Scott and Cameron Smith and 2009 British Open winner Stewart Cink headline a stellar field that’s vying to win the coveted Joe Kirkwood Trophy at Gold Coast’s Royal Pines Resort. | +APGF19-004+ |

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| 17:30 | **The Clubhouse ’CC’ LIVE**  Join Andrew Daddo live from the Australian PGA Championship with experts Paul Gow, Alison Whitaker and Grant Dodd as they look beyond the tee shots and birdies to show you the game’s different side. | +CLHO19-004+ |

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| 18:00 | **Dog Patrol (R)**  Delta team Aidan and Iko chase after offenders who broke into suburban bakery, Customs dog Waldo sniffs out drugs on the mail belt. | **PG**  +STFC07-008+ |

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| 18:30 | **Special: Woolworths' Carols In The Domain 2019 (R) ’CC’ (2019) ENCORE**  Sunrise's Kochie and Nat will be joined on stage by some of Australia’s biggest stars including crowd favourites The Wiggles, Lucy Durack, Todd McKenney and a special appearance by Santa Claus. | **PG**  +AUMS74-001+ |

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| 21:00 | **Border Patrol: Korean Sex Worker (R) ’CC’**  A convicted sex offender who plans to talk his way over the border; and a traveller who tries to bring a fully potted plant across the border with him. | **PG**  +BDPT08-007+ |

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| 21:30 | **Border Patrol: Cannabis Cultivator Jake (R) ’CC’**  They're the boys and girls in blue who keep our borders safe. You won't believe some of the things they find... or where they find them... | **PG**  +BDPT08-008+ |

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| 22:00 | **Movie: Ellipsis (2017) PREMIERE**  Details TBC. | **M (L,S)**  +BONS01-001+ |

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| 00:00 | **Last Chance Learners (R) ’CC’**  This week, our learners experience the very real danger of speeding on wet roads. David and Darren learn the benefits of map reading the hard way. Hosted by MIKE WHITNEY. | **PG**  +DLRN-004+ |

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| 00:30 | **Intolerant Cooks: Ep 8 - Yummy, Yummy, Yummy I Got Curry In My Tummy! (R)**  Join witty food intolerants as they create delicious recipes using fresh regional produce for those with food sensitivities. | **PG**  +INTC04-008+ |

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| 01:00 | **Australia's Best Drives (R) ’CC’**  Hosted by Shane Jolley, with guest appearances by Melissa Doyle, Collette Dinnigan and more, Australia's Best Drives takes you on a journey through six of our very best touring holidays. | **PG**  +BDRI01-002+ |

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| 01:30 | **Special: Across The Soviet Union (R) (1990)**  Journey through the Soviet Union and gain an insight into the people and their way of life. Starring:ALEX WILEMAN,GREG GRAINGER | **G**  +AMS-485+ |

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| 02:30 | **My Greek Odyssey (R)**  Continuing Peter Maneas' goal of stepping foot on all 227 inhabited Greek islands, he takes us to a diverse mix of destinations, some frequently explored, others few have ever visited. | **PG**  +MYGO02-006+ |

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| 03:30 | **Vasili's Garden (R)**  Vasili's Gardens takes you into the backyards of everyday Australians to share organic gardening techniques and teach you how to improve your health using your own garden produce. | **PG**  +VASI05-008+ |

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| 04:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-017+ |

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| 04:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-018+ |

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| 05:00 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-135+ |

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| 05:30 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

**Monday 23 December 2019**

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| 06:00 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 06:30 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 07:00 | **Motown Magic: Don't Let The Joneses Get You Down / Keep On Truckin'**  Imaginative boy Ben transforms his city by bringing colourful street art to life, armed with a magic paintbrush and the classic sounds of Motown. | **C**  +MOMA01-023+ |

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| 07:30 | **Larry The Wonderpup (R)**  Go on adventures with Larry The Wonder Pup and his six-year-old owner Sasha! | **C**  +LTWP01-016+ |

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| 08:00 | **Jay's Jungle: Why Do I Have To Brush My Teeth? (R) ’CC’**  Follow the fun adventures of Jay the Lighthouse keeper and the Jungle Crew as they sing, dance, laugh and learn. | **P**  +JAJU02-061+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-017+ |

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| 09:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-018+ |

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| 09:30 | **NBC Today (R) ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCS19-051+ |

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| 10:30 | **House Calls To The Rescue (R) ’CC’**  Johanna Griggs unleashes her new team of experts to rescue home owners from their DIY disasters. The team rescue a gardener who took out a swimming pool and created a titanic disaster. | **G**  +HSCL-012+ |

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| 11:30 | **SA Weekender: SA Weekender 2018 Ep: 34 (R) ’CC’**  Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. Presenters include Belinda Sloane, Callum Hann, Michael Keelan and Kelly Golding. | **G**  +SAWE18-034+ |

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| 12:00 | **Vasili's Garden (R)**  Vasili's Gardens takes you into the backyards of everyday Australians to share organic gardening techniques and teach you how to improve your health using your own garden produce. | **PG**  +VASI05-008+ |

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| 12:30 | **Intolerant Cooks: Ep 8 - Yummy, Yummy, Yummy I Got Curry In My Tummy! (R)**  Join witty food intolerants as they create delicious recipes using fresh regional produce for those with food sensitivities. | **PG**  +INTC04-008+ |

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| 13:00 | **The Chase (R) ’CC’**  Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G**  +CHSE08-048+ |

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| 14:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-017+ |

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| 14:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-018+ |

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| 15:00 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-135+ |

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| 15:30 | **Mighty Planes: CC115 Buffalo (R) ’CC’**  When lives are in peril on Canada's West Coast, the search and rescue plane everyone counts on is the CC-115 Buffalo. | **PG**  +MIPL03-003+ |

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| 16:30 | **Last Chance Learners (R) ’CC’**  This week, our learners experience the very real danger of speeding on wet roads. David and Darren learn the benefits of map reading the hard way. Hosted by MIKE WHITNEY. | **PG**  +DLRN-004+ |

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| 17:00 | **Surf Patrol (R) ’CC’**  Lifesavers are faced with the most critical medical emergency imaginable; a young man is found floating face-down in the surf. What transpires over the next 24 minutes is compelling and heroic. | **PG**  +SPTL3-001+ |

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| 17:30 | **Escape To The Country: Somerset (R)**  Jonnie Irwin is helping a couple swap urban London life for rural Somerset. | **G**  +ETTC22-052+ |

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| 18:30 | **Bargain Hunt: Peterborough 31 NEW EPISODE**  Two teams of amateur collectors have an hour at an antiques fair in which to acquire the best bargains possible. | **PG**  +BHUN47-032+ |

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| 19:30 | **Doc Martin: The Admirer (R)**  When Aunt Joan discovers she has osteoporosis, she begins to have a relationship with someone much younger than herself. Then, Carrie Wilson sets her sights on Martin. Starring:LOUISE DELAMERE,JOSEPH MORGAN,JOHN MARQUEZ,JUSTIN SALINGER,KATHERINE PARKINSON,SELINA CADELL | **PG**  +DOCM3-004+ |

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| 20:30 | **Inspector George Gently ’CC’**  A crime drama about an old-school detective trying to come to terms with a time when the lines between the police and criminals have become blurred. | **M (V,A)**  +INSP05-004+ |

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| 22:30 | **Mean Mums NEW EPISODE**  Jess is thrown into a world of know-it-all, judgmental, passive aggressive women whose primary purpose is to promote their child as the most gifted, most brilliant child ever. | **PG (A)**  +MEMU01-007+ |

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| 23:00 | **Air Crash Investigations: 9/11: The Pentagon Attacks (R) ’CC’**  On September 11th, 2001, hijackers storm the cockpit of American Airlines Flight 77 and fly the plane into the Pentagon. | **PG (A,V)**  +MDAY16-002+ |

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| 00:00 | **Mighty Planes: CC115 Buffalo (R) ’CC’**  When lives are in peril on Canada's West Coast, the search and rescue plane everyone counts on is the CC-115 Buffalo. | **PG**  +MIPL03-003+ |

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| 01:00 | **Doc Martin: The Admirer (R)**  When Aunt Joan discovers she has osteoporosis, she begins to have a relationship with someone much younger than herself. Then, Carrie Wilson sets her sights on Martin. Starring:LOUISE DELAMERE,JOSEPH MORGAN,JOHN MARQUEZ,JUSTIN SALINGER,KATHERINE PARKINSON,SELINA CADELL | **PG**  +DOCM3-004+ |

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| 02:00 | **Escape To The Country: Somerset (R)**  Jonnie Irwin is helping a couple swap urban London life for rural Somerset. | **G**  +ETTC22-052+ |

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| 03:00 | **Bargain Hunt: Peterborough 31 (R)**  Two teams of amateur collectors have an hour at an antiques fair in which to acquire the best bargains possible. | **PG**  +BHUN47-032+ |

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| 04:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-019+ |

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| 04:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-020+ |

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| 05:00 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-136+ |

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| 05:30 | **Last Chance Learners (R) ’CC’**  This week, our learners experience the very real danger of speeding on wet roads. David and Darren learn the benefits of map reading the hard way. Hosted by MIKE WHITNEY. | **PG**  +DLRN-004+ |

**Tuesday 24 December 2019**

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| 06:00 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 06:30 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 07:00 | **Motown Magic: Easy / Reach Out I'll Be There**  Imaginative boy Ben transforms his city by bringing colourful street art to life, armed with a magic paintbrush and the classic sounds of Motown. | **C**  +MOMA01-024+ |

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| 07:30 | **Larry The Wonderpup (R)**  Go on adventures with Larry The Wonder Pup and his six-year-old owner Sasha! | **C**  +LTWP01-017+ |

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| 08:00 | **Jay's Jungle: Some Fruits Grow On Trees & Some Don't (R) ’CC’**  Follow the fun adventures of Jay the Lighthouse keeper and the Jungle Crew as they sing, dance, laugh and learn. | **P**  +JAJU02-062+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-019+ |

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| 09:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-020+ |

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| 09:30 | **NBC Today (R) ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-306+ |

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| 12:00 | **Adventure All Stars (R)**  Join the team as they explore everything fun and adventurous Australia has to offer. | **PG**  +ADAS01-004+ |

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| 13:00 | **The Chase (R) ’CC’**  Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G**  +CHSE08-049+ |

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| 14:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-019+ |

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| 14:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-020+ |

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| 15:00 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-136+ |

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| 15:30 | **Mighty Planes: Super Guppy (R) ’CC’**  The NASA Super Guppy is a jerry-rigged wonder, built from parts of 1950s planes. But her cargo is anything but retro. | **PG**  +MIPL03-004+ |

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| 16:30 | **Last Chance Learners (R) ’CC’**  It's time for mother Naida to confront her paralysing fear of traffic as instructor Chris pushes her to the limit. Robert is about to take his driving test, but does he have what it takes to pass? | **PG**  +DLRN-005+ |

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| 17:00 | **Surf Patrol (R) ’CC’**  Swimmers are banned from the water at Surfers Paradise as the patrol team launches a desperate search for a missing nine-year-old girl. Hosted by Tom Williams. | **G**  +SPTL3-002+ |

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| 17:30 | **Escape To The Country: Wiltshire (R)**  Nicki Chapman is helping a couple to kick off their retirement in the Wiltshire countryside. | **G**  +ETTC22-053+ |

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| 18:30 | **Bargain Hunt: Portobello / Kingston 14 (R)**  Experts Natasha Raskin and Thomas Plant help the teams as they scour the famous street market. | **G**  +BHUN44-001+ |

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| 19:30 | **Cold Case: Love Conquers Al (R) ’CC’**  Lilly gets a cocky new partner, Scotty Valens, just as she reopens a 1981 homicide involving a 16-year-old female track star who was fatally shot. | **M (V)**  +COLC01-006+ |

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| 20:30 | **Without A Trace: Underground Railroad ’CC’**  Jack and the team search for a pregnant woman, Kathy Dobson, who disappeared from a hospital before being told that she has serious complications. | **M (V,A)**  +WIAT01-012+ |

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| 21:30 | **Without A Trace: Hang Onto Me ’CC’**  Jack is distraught and defensive when Chet whose son has been missing for 6 years, decides to search for him on his own because he thinks Jack has given up hope of finding him. | **M (D,V,A)**  +WIAT01-013+ |

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| 22:30 | **Mean Mums NEW EPISODE**  Jess is thrown into a world of know-it-all, judgmental, passive aggressive women whose primary purpose is to promote their child as the most gifted, most brilliant child ever. | **PG (A)**  +MEMU01-008+ |

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| 23:00 | **Air Crash Investigations: Disaster At Tenerife (R) ’CC’**  Two 747s collide on the tarmac in Tenerife in what remains the single deadliest aviation accident of all time. | **PG**  +MDAY16-003+ |

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| 00:00 | **Mighty Planes: Super Guppy (R) ’CC’**  The NASA Super Guppy is a jerry-rigged wonder, built from parts of 1950s planes. But her cargo is anything but retro. | **PG**  +MIPL03-004+ |

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| 01:00 | **Surf Patrol (R) ’CC’**  Swimmers are banned from the water at Surfers Paradise as the patrol team launches a desperate search for a missing nine-year-old girl. Hosted by Tom Williams. | **G**  +SPTL3-002+ |

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| 01:30 | **Last Chance Learners (R) ’CC’**  It's time for mother Naida to confront her paralysing fear of traffic as instructor Chris pushes her to the limit. Robert is about to take his driving test, but does he have what it takes to pass? | **PG**  +DLRN-005+ |

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| 02:00 | **Escape To The Country: Wiltshire (R)**  Nicki Chapman is helping a couple to kick off their retirement in the Wiltshire countryside. | **G**  +ETTC22-053+ |

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| 03:00 | **Bargain Hunt: Portobello / Kingston 14 (R)**  Experts Natasha Raskin and Thomas Plant help the teams as they scour the famous street market. | **G**  +BHUN44-001+ |

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| 04:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-021+ |

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| 04:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-022+ |

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| 05:00 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-137+ |

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| 05:30 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

**Wednesday 25 December 2019**

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| 06:00 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 06:30 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 07:00 | **Motown Magic**  Imaginative boy Ben transforms his city by bringing colourful street art to life, armed with a magic paintbrush and the classic sounds of Motown. | **C**  +MOMA01-025+ |

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| 07:30 | **Larry The Wonderpup (R) SEASON FINAL**  Go on adventures with Larry The Wonder Pup and his six-year-old owner Sasha! | **C**  +LTWP01-018+ |

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| 08:00 | **Jay's Jungle: Animals Can Do Amazing Things (R) ’CC’**  Follow the fun adventures of Jay the Lighthouse keeper and the Jungle Crew as they sing, dance, laugh and learn. | **P**  +JAJU02-063+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-021+ |

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| 09:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-022+ |

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| 09:30 | **NBC Today (R) ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-307+ |

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| 12:00 | **Queensland Weekender: Queensland Weekender 2019 Ep: 2 (R) ’CC’**  Victoria takes a road trip through the Atherton Tablelands, where she stumbles on the enchanting town of Yungaburra. | **G**  +7QWE19-002+ |

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| 12:30 | **The Great Day Out: Great Day Out, The S3 Ep: 41 (R) ’CC’**  Laurel and her mum get nostalgic in the City of Ipswich. Jess takes an art class where you BYO baby. Jillian discovers a farm full of Christmas trees and we catch up with Dan Anstey from Hit 90.9. | **G**  +GDOT19-041+ |

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| 13:00 | **The Chase (R) ’CC’**  Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G**  +CHSE08-050+ |

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| 14:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-021+ |

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| 14:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-022+ |

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| 15:00 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-137+ |

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| 15:30 | **Mighty Planes: Nolinor 737 (R) ’CC’**  She's the "Workhorse of the North," powering through the vast Arctic region, where conditions can turn deadly in seconds. | **PG**  +MIPL03-005+ |

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| 16:30 | **Last Chance Learners (R) ’CC’**  The learners worst nightmares will become a reality as they are tested by an extreme night hazard challenge. | **PG**  +DLRN-006+ |

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| 17:00 | **Surf Patrol (R) ’CC’**  Lifesavers respond to reports of a peeping tom in a toilet block. Then, a teenage beachgoer is reported missing. | **G**  +SPTL3-003+ |

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| 17:30 | **Escape To The Country: Isle Of Wight (R)**  Alistair Appleton is helping a couple swap city living for island life, as they property shop on the Isle of Wight. | **G**  +ETTC22-054+ |

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| 18:30 | **Bargain Hunt: Deene Park 25 (R)**  Experts Kate Bateman and Thomas Plant help a pair of teachers and two murder mystery actors. | **G**  +BHUN44-002+ |

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| 19:30 | **Border Security - Australia's Front Line (R) ’CC’**  An Italian man may want to clown around illegally and a German passenger's nervous behaviour raises alarm. | **PG**  +BORD-106+ |

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| 20:00 | **Border Security - Australia's Front Line (R) ’CC’**  One pair of boots, two women and several drug readings. A high-tech mission to combat serious threats in our northern waters. | **PG**  +BORD-108+ |

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| 20:30 | **Air Crash Investigations: Murder In The Skies: Germanwings Flight 9525 (R) ’CC’**  When Germanwings Flight 9525 crashes in the French Alps, investigators are faced with a sinister explanation that's almost beyond belief. | **PG (A)**  +MDAY16-007+ |

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| 21:30 | **Movie: Three Wise Cousins (2016) PREMIERE**  Details TBC. | **PG (A)**  +MADM02-002+ |

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| 23:30 | **Border Security - Australia's Front Line (R) ’CC’**  An Italian man may want to clown around illegally and a German passenger's nervous behaviour raises alarm. | **PG**  +BORD-106+ |

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| 00:00 | **Border Security - Australia's Front Line (R) ’CC’**  One pair of boots, two women and several drug readings. A high-tech mission to combat serious threats in our northern waters. | **PG**  +BORD-108+ |

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| 00:30 | **Mighty Planes: Nolinor 737 (R) ’CC’**  She's the "Workhorse of the North," powering through the vast Arctic region, where conditions can turn deadly in seconds. | **PG**  +MIPL03-005+ |

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| 01:30 | **Surf Patrol (R) ’CC’**  Lifesavers respond to reports of a peeping tom in a toilet block. Then, a teenage beachgoer is reported missing. | **G**  +SPTL3-003+ |

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| 02:00 | **Escape To The Country: Isle Of Wight (R)**  Alistair Appleton is helping a couple swap city living for island life, as they property shop on the Isle of Wight. | **G**  +ETTC22-054+ |

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| 03:00 | **Bargain Hunt: Deene Park 25 (R)**  Experts Kate Bateman and Thomas Plant help a pair of teachers and two murder mystery actors. | **G**  +BHUN44-002+ |

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| 04:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-023+ |

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| 04:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-024+ |

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| 05:00 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-139+ |

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| 05:30 | **Last Chance Learners (R) ’CC’**  The learners worst nightmares will become a reality as they are tested by an extreme night hazard challenge. | **PG**  +DLRN-006+ |

**Thursday 26 December 2019**

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| 06:00 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 06:30 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 07:00 | **Motown Magic: Higher Ground / Living For The City SEASON FINAL**  Imaginative boy Ben transforms his city by bringing colourful street art to life, armed with a magic paintbrush and the classic sounds of Motown. | **C**  +MOMA01-026+ |

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| 07:30 | **Get Arty (R) ’CC’**  Personalise your phone cover, create a beautiful floating lantern and meet surf Photographer Joel Coleman, all that and more on Get Arty. | **C**  +ARFA01-001+ |

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| 08:00 | **Jay's Jungle: I Have Lots of Different Friends (R) ’CC’**  Follow the fun adventures of Jay the Lighthouse keeper and the Jungle Crew as they sing, dance, laugh and learn. | **P**  +JAJU02-064+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-023+ |

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| 09:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-024+ |

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| 09:30 | **NBC Today (R) ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-308+ |

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| 12:00 | **My Greek Odyssey (R)**  Continuing Peter Maneas' goal of stepping foot on all 227 inhabited Greek islands, he takes us to a diverse mix of destinations, some frequently explored, others few have ever visited. | **PG**  +MYGO02-006+ |

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| 13:00 | **Mr Selfridge (R)**  Harry is delighted to be causing ripples of excitement throughout London as the public gathers to watch the filming of a silent movie on the ground floor of Selfridge's. | **PG (S,A)**  +MRSE04-005+ |

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| 14:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-023+ |

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| 14:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-024+ |

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| 15:00 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-139+ |

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| 15:30 | **Mighty Planes: Best Of Mighty Planes (R) ’CC’**  These are the mightiest of mighty planes - aviation's biggest, fastest, strongest, and most innovative aircraft on the planet. | **PG**  +MIPL03-006+ |

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| 16:30 | **Last Chance Learners (R) ’CC’**  Simone tests her instructor's patience as she continues to struggle with the basics. It's crunch time for Isabel as she refuses to drive a manual car. | **PG**  +DLRN-007+ |

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| 17:00 | **Surf Patrol (R) ’CC’**  Lifesavers at Manly have a medical mystery on their hands, and on the Gold Coast, there is another deadly visitor, but it is not in the surf. | **G**  +SPTL3-004+ |

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| 17:30 | **Escape To The Country: Hertfordshire (R)**  Jules Hudson is house hunting with a newly-wed couple that plan to escape London life for the more rural surrounds of Hertfordshire. | **G**  +ETTC22-055+ |

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| 18:30 | **Bargain Hunt: Leominster / Hay 5 (R)**  Natasha Raskin presents as the hunt for bargains heads to Leominster. Couples compete to buy three items that will hopefully make a profit at auction. | **G**  +BHUN44-003+ |

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| 19:30 | **Father Brown: The Bride Of Christ (R) ’CC’**  When two nuns die in mysterious circumstances at St Agnes convent, Father Brown investigates with the aid of Sister Boniface, an eager young fan of detective novels. | **M (V)**  +FBRO01-006+ |

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| 20:30 | **Judge John Deed: Judge John Deed: Duty Of Care (R)**  Jo Mills QC is prosecuting a manslaughter case involving the manager and foreman of a building site, following the death of a young man crushed by a falling wall on his first day at work. | **M (A)**  +JJD-002+ |

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| 22:30 | **Air Crash Investigations: Deadly Detail (R) ’CC’**  A Boeing 737 is engulfed in flames on the tarmac, and the disaster leaves an international team of investigators with a troubling question. | **PG**  +MDAY16-004+ |

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| 23:30 | **Mighty Planes: Best Of Mighty Planes (R) ’CC’**  These are the mightiest of mighty planes - aviation's biggest, fastest, strongest, and most innovative aircraft on the planet. | **PG**  +MIPL03-006+ |

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| 00:30 | **Surf Patrol (R) ’CC’**  Lifesavers at Manly have a medical mystery on their hands, and on the Gold Coast, there is another deadly visitor, but it is not in the surf. | **G**  +SPTL3-004+ |

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| 01:00 | **Father Brown: The Bride Of Christ (R) ’CC’**  When two nuns die in mysterious circumstances at St Agnes convent, Father Brown investigates with the aid of Sister Boniface, an eager young fan of detective novels. | **M (V)**  +FBRO01-006+ |

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| 02:00 | **Escape To The Country: Hertfordshire (R)**  Jules Hudson is house hunting with a newly-wed couple that plan to escape London life for the more rural surrounds of Hertfordshire. | **G**  +ETTC22-055+ |

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| 03:00 | **Bargain Hunt: Leominster / Hay 5 (R)**  Natasha Raskin presents as the hunt for bargains heads to Leominster. Couples compete to buy three items that will hopefully make a profit at auction. | **G**  +BHUN44-003+ |

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| 04:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-025+ |

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| 04:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-026+ |

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| 05:00 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-140+ |

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| 05:30 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

**Friday 27 December 2019**

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| 06:00 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 06:30 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 07:00 | **ZooMoo Wild Friends (R) ’CC’**  Flash is lost! Where could he be? He might be in danger! Help Owl and Piglet unravel the clues so we can find our friend, Flash, and then bring him back home, safe and sound! | **C**  +ZOMO02-035+ |

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| 07:30 | **Get Arty (R) ’CC’**  Glow in the dark chalk, robots made from recycled bottles and meet glass blowing artist Keith Rowe, all that and more on Get Arty. | **C**  +ARFA01-002+ |

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| 08:00 | **Jay's Jungle: I Love To Dress Up As Different Characters (R) ’CC’ SEASON FINAL**  Follow the fun adventures of Jay the Lighthouse keeper and the Jungle Crew as they sing, dance, laugh and learn. | **P**  +JAJU02-065+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-025+ |

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| 09:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-026+ |

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| 09:30 | **NBC Today (R) ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-309+ |

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| 12:00 | **House Of Wellness (R) ’CC’**  Entertaining everybody to live a healthier life. Hosted by Luke Darcy, Rachael Finch, Jo Stanley and Luke Hines. | **PG**  +HOWL03-040+ |

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| 13:00 | **Mr Selfridge (R)**  Everyone is reeling from the assault on the store, especially Harry. D'ancona continues to pile on the pressure: Harry must pay his debts within days or else suffer more consequences. | **PG (V,S,A)**  +MRSE04-006+ |

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| 14:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-025+ |

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| 14:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G**  +MIDM4-026+ |

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| 15:00 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-140+ |

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| 15:30 | **Mighty Ships: M/V Becrux (R)**  Climb aboard for an exclusive look at some of the coolest working vessels in the world. | **PG (A)**  +MTYS01-001+ |

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| 16:30 | **Last Chance Learners (R) ’CC’**  Follow ten of Australia's worst drivers as they attempt to pass their driving test. | **PG**  +DLRN-008+ |

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| 17:00 | **Escape To The Country: Cornwall (R)**  Alistair Appleton is helping a London couple find a new home with holiday let potential in the Cornish countryside. | **G**  +ETTC22-056+ |

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| 18:00 | **Bargain Hunt: Portobello / Kingston 13 (R)**  With Charlie Ross at the helm, our teams scour London's Portobello Road in pursuit of profits. | **G**  +BHUN44-004+ |

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| 19:00 | **Better Homes And Gardens Summer: Summer Series ’CC’**  Karen cooks special fried rice with duck. Ed makes gluten free bread. Tara shows how to make wall jewellery. Dr Harry takes a look at llama therapy. | **G**  +BHGS16-007+ |

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| 20:30 | **Dogs Behaving (Very) Badly (R) ’CC’**  Graeme helps a five-month-old rescued puppy that has turned on the family that took him in. Then, Graeme helps a puppy who is a relentless thief. Later, he faces two notorious mini Schnauzers. | **PG (A)**  +DOBB01-003+ |

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| 21:30 | **The Secret Life Of Dogs (R) ’CC’**  This ground breaking series explores the huge diversity of dogs by separating them into three distinct tribes – man’s best friend, workers and family. | **G**  +SLOD02-003+ |

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| 22:30 | **The House That 100K Built: Derek And Christine (R)**  Despite retiring, Derek and Christine have no intention of slowing down. They want to move from Huddersfield to the south east of England but simply can't afford the house prices. | **G**  +HOTB03-002+ |

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| 23:45 | **Pie In The Sky: Hard Cheese (R)**  Henry and Detective Sergeant Cambridge investigate a Peeping Tom who harasses women involved with restaurants. | **PG**  +PIES2-001+ |

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| 00:45 | **Mighty Ships: M/V Becrux (R)**  Climb aboard for an exclusive look at some of the coolest working vessels in the world. | **PG (A)**  +MTYS01-001+ |

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| 02:00 | **Escape To The Country: Cornwall (R)**  Alistair Appleton is helping a London couple find a new home with holiday let potential in the Cornish countryside. | **G**  +ETTC22-056+ |

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| 03:00 | **Bargain Hunt: Portobello / Kingston 13 (R)**  With Charlie Ross at the helm, our teams scour London's Portobello Road in pursuit of profits. | **G**  +BHUN44-004+ |

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| 04:00 | **Special: Across The Soviet Union (R) (1990)**  Journey through the Soviet Union and gain an insight into the people and their way of life. Starring:ALEX WILEMAN,GREG GRAINGER | **G**  +AMS-485+ |

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| 05:00 | **Australia's Best Drives (R) ’CC’**  Hosted by Shane Jolley, with guest appearances by Melissa Doyle, Collette Dinnigan and more, Australia's Best Drives takes you on a journey through six of our very best touring holidays. | **PG**  +BDRI01-002+ |

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| 05:30 | **Last Chance Learners (R) ’CC’**  Follow ten of Australia's worst drivers as they attempt to pass their driving test. | **PG**  +DLRN-008+ |

**Saturday 28 December 2019**

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| 06:00 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 06:30 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 07:00 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 07:30 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

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| 08:00 | **Travel Oz: Barrier Reef & Cairns (R) ’CC’**  Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG**  +TRAV-004+ |

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| 08:45 | **Travel Oz: Afghan Willie (R) ’CC’**  This week, Greg meets the camel man of outback Australia, Afghan Willie, a hardy character who uses a camel train to explore much of Australia. | **PG**  +TRAV3-003+ |

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| 09:30 | **NBC Today (R) ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-310+ |

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| 11:30 | **House Calls To The Rescue (R) ’CC’**  Johanna Griggs unleashes her new team of experts to rescue home owners from their DIY disasters. The team rescue a gardener who took out a swimming pool and created a titanic disaster. | **G**  +HSCL-012+ |

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| 12:30 | **International Swimming League**  International swimming league. | +ISWL19-022+ |

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| 14:00 | **Adventure All Stars**  Join the team as they explore everything fun and adventurous Australia has to offer. | **PG**  +ADAS01-005+ |

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| 15:00 | **The Great Australian Doorstep: Australian Motorhome Tour (R)**  In the finale of the Lets Go Motorhome Tour, we leave Katherine Gorge and head into the remarkable Kakadu National Park before ending in Darwin. | **PG**  +GRAD08-004+ |

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| 15:30 | **SA Weekender (R) ’CC’**  Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. | **G**  +SAWE19-034+ |

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| 16:00 | **Creek To Coast: Creek To Coast 2019 Ep: 43 ’CC’**  Roger is taking trusty old Dolly, 1984 Landcruiser Ute, on a trip he has wanted to do for a very long time. | **G**  +7CTC19-043+ |

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| 16:30 | **Queensland Weekender: Queensland Weekender 2019 Ep: 43 ’CC’**  Lee is on the quintessential Outback adventure where he takes in the breathtaking open skies, meets the resilient locals, plus a couple cowboys along the way. | **G**  +7QWE19-043+ |

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| 17:00 | **The Great Day Out: Great Day Out, The S3 Ep: 45 ’CC’**  Today the team is tasting their way around Queensland. | **G**  +GDOT19-045+ |

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| 17:30 | **Dogs Behaving (Very) Badly (R) ’CC’**  Graeme helps a five-month-old rescued puppy that has turned on the family that took him in. Then, Graeme helps a puppy who is a relentless thief. Later, he faces two notorious mini Schnauzers. | **PG (A)**  +DOBB01-003+ |

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| 18:30 | **The Yorkshire Vet: A Five-Legged Lamb And Other Curious Creatures (R)**  Joining Julian Norton is his partner, fellow vet and former Herriot trainee, Peter Wright together with their dedicated team of staff at his practice, Skeldale Veterinary Centre. | **PG (A)**  +YORK05-002+ |

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| 19:30 | **The Yorkshire Vet NEW EPISODE**  Joining Julian Norton is his partner, fellow vet and former Herriot trainee, Peter Wright together with their dedicated team of staff at his practice, Skeldale Veterinary Centre. | **PG (A,S)**  +YORK06-002+ |

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| 20:30 | **Escape To The Country: Cornwall NEW EPISODE**  Nicki Chapman is tasked with helping a rural property shopper who wants to buy her ideal country home in North Wales and has drafted in her best friend for moral support. | **G**  +ETTC24-018+ |

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| 21:30 | **Escape To The Country: Devon (R)**  Each episode follows one big move, and with everything from snug, chocolate-box cottages to medieval grandeur, it's clear that everyone has their own idea about the perfect country escape. | **G**  +ETTC23-019+ |

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| 22:30 | **Escape To The Country: Dorset (R)**  Each episode follows one big move, and with everything from snug, chocolate-box cottages to medieval grandeur, it's clear that everyone has their own idea about the perfect country escape. | **G**  +ETTC23-020+ |

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| 23:30 | **The Yorkshire Vet: A Five-Legged Lamb And Other Curious Creatures (R)**  Joining Julian Norton is his partner, fellow vet and former Herriot trainee, Peter Wright together with their dedicated team of staff at his practice, Skeldale Veterinary Centre. | **PG (A)**  +YORK05-002+ |

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| 00:30 | **The Yorkshire Vet (R)**  Joining Julian Norton is his partner, fellow vet and former Herriot trainee, Peter Wright together with their dedicated team of staff at his practice, Skeldale Veterinary Centre. | **PG (A,S)**  +YORK06-002+ |

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| 01:30 | **Escape To The Country: Cornwall (R)**  Nicki Chapman is tasked with helping a rural property shopper who wants to buy her ideal country home in North Wales and has drafted in her best friend for moral support. | **G**  +ETTC24-018+ |

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| 02:30 | **SA Weekender (R) ’CC’**  Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. | **G**  +SAWE19-034+ |

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| 03:00 | **Creek To Coast: Creek To Coast 2019 Ep: 40 (R) ’CC’**  Creek to Coast with Caravanning Queensland is travelling west of the Divide, exploring Charleville, Cunnamulla, St George, Goondiwindi and Stanthorpe. Discovering great stays, eats and sights. | **G**  +7CTC19-040+ |

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| 03:30 | **Queensland Weekender: Queensland Weekender 2019 Ep: 16 (R) ’CC’**  Victoria is on a unique cruise on the Endeavour River in Cooktown. Chris explores the Fraser Coast and its many family friendly offerings, while Bridget is heading west to country town Miles. | **G**  +7QWE19-016+ |

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| 04:00 | **The Great Day Out: Great Day Out, The S3 Ep: 45 (R) ’CC’**  Today the team is tasting their way around Queensland. | **G**  +GDOT19-045+ |

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| 04:30 | **Travel Oz: Barrier Reef & Cairns (R) ’CC’**  Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG**  +TRAV-004+ |

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| 05:15 | **Travel Oz: Afghan Willie (R) ’CC’**  This week, Greg meets the camel man of outback Australia, Afghan Willie, a hardy character who uses a camel train to explore much of Australia. | **PG**  +TRAV3-003+ |