**Sunday 24 November 2019**

|  |  |  |
| --- | --- | --- |
| 06:00 | **It Is Written: Lessons For All Time - Oil Crisis**  Religious program. | **PG**  +IIWR19-030+ |

|  |  |  |
| --- | --- | --- |
| 06:30 | **Amazing Facts: The Mystery Of The Trinity**  Religious program. | **PG (A)**  +AMFA19-047+ |

|  |  |  |
| --- | --- | --- |
| 07:00 | **Tomorrow's World: Who Changed The Sabbath To Sunday?**  Religious program. | **PG**  +TOMW19-047+ |

|  |  |  |
| --- | --- | --- |
| 07:30 | **Leading The Way: A Clash Of Kingdoms: The Rich Ruler Pt 3**  Religious program. | **PG**  +LWAY19-047+ |

|  |  |  |
| --- | --- | --- |
| 08:00 | **David Jeremiah: Everything You Need Interview With Dr. David Jeremiah (Encore)**  Religious program. | **PG**  +DAJE19-047+ |

|  |  |  |
| --- | --- | --- |
| 08:30 | **Hour Of Power: Planting Trees For Future**  Religious program. | **G**  +HOOP19-047+ |

|  |  |  |
| --- | --- | --- |
| 09:00 | **Home Shopping**  Shopping program. | **G**  +INFO01-001+ |

|  |  |  |
| --- | --- | --- |
| 09:30 | **Mum's At The Table**  Mums At The Table is the place where we share, laugh and dream together. It's a TV panel show featuring real women; smart and sassy ladies with real lives, real families, real struggles and real joy. | **PG**  +MTAB01-055+ |

|  |  |  |
| --- | --- | --- |
| 10:00 | **House Of Wellness (R) ’CC’**  Entertaining everybody to live a healthier life. Hosted by Luke Darcy, Rachael Finch, Jo Stanley and Luke Hines. | **PG (A)**  +HOWL03-038+ |

|  |  |  |
| --- | --- | --- |
| 11:00 | **NBC Today (R) ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-281+ |

|  |  |  |
| --- | --- | --- |
| 12:00 | **Neighbourhood Nightmares: Garden Nightmares - Part 2 (R) ’CC’**  This documentary explores what can go wrong in our gardens - from giant plants bursting out of greenhouses, to peacock invasions and midnight predators killing prize koi. | **PG**  +NEIN01-002+ |

|  |  |  |
| --- | --- | --- |
| 13:00 | **The Greatest Cities In The World: Rome (R)**  Griff learns how to direct traffic at one of the busiest road intersections in Europe and lands an audience with the mayor. | **PG**  +GRCI02-001+ |

|  |  |  |
| --- | --- | --- |
| 14:00 | **My Greek Odyssey**  Details TBC. | **PG**  +MYGO02-002+ |

|  |  |  |
| --- | --- | --- |
| 15:00 | **Vasili's Garden**  Vasili's Gardens takes you into the backyards of everyday Australians to share organic gardening techniques and teach you how to improve your health using your own garden produce. | **PG**  +VASI05-004+ |

|  |  |  |
| --- | --- | --- |
| 15:30 | **Intolerant Cooks: Ep 4 - A Wanted Man (R)**  Join witty food intolerants as they create delicious recipes using fresh regional produce for those with food sensitivities. | **PG**  +INTC04-004+ |

|  |  |  |
| --- | --- | --- |
| 16:00 | **Secrets Of Beautiful Gardens: Edible Gardens (R)**  An inside look at the world's most luxurious gardens. Plus, a few tips on how to build your own dream garden. | **G**  +BEUG01-007+ |

|  |  |  |
| --- | --- | --- |
| 17:00 | **Escape To The Country: Cornwall (R)**  Jules Hudson is assisting a retired couple in their bid to move to Cornwall, where they hope to get involved in the local community and volunteer for the National Coast watch Institution. | **G**  +ETTC24-013+ |

|  |  |  |
| --- | --- | --- |
| 18:00 | **Escape To The Country: North Devon (R)**  Prospective buyers find their dream home. | **G**  +ETTC22-069+ |

|  |  |  |
| --- | --- | --- |
| 19:00 | **Dog Patrol (R)**  Whanganui Delta team Jason and Farris extract a burglar from his hidey hole, drug dog Oscar alerts handler Bill to trouble at Mt Eden Prison. | **PG**  +STFC07-004+ |

|  |  |  |
| --- | --- | --- |
| 19:30 | **Border Security - Australia's Front Line (R) ’CC’**  A group of travellers arrive with an unusual story. Biosecurity officers find a dangerous concealment but things get heated when they are caught red-handed. | **PG**  +BORD13-004+ |

|  |  |  |
| --- | --- | --- |
| 20:00 | **Border Security - Australia's Front Line (R) ’CC’**  The Border Force compliance team execute a thrilling pre-dawn raid on a north Queensland farm house as they search for illegal immigrants. | **PG**  +BORD13-006+ |

|  |  |  |
| --- | --- | --- |
| 20:30 | **Border Security - Australia's Front Line (R) ’CC’**  Authorities are concerned about an erratic Chilean woman, whom they suspect is trafficking drugs. A Malaysian man's bags test positive for traces of narcotics. | **PG**  +BORD13-008+ |

|  |  |  |
| --- | --- | --- |
| 21:00 | **Border Security: International (R) ’CC’**  A street performer is caught in an escape act while, a cheeky bus passenger answers questions about his mischievous past. A German traveller is questioned over his fondness for "Crystal". | **PG**  +BORC2-002+ |

|  |  |  |
| --- | --- | --- |
| 21:30 | **Border Security: International (R) ’CC’**  A distinctive bag has officers seeing double. Three strikes and an American trio may be out and A heavily-modified truck causes concern. | **PG**  +BORC2-003+ |

|  |  |  |
| --- | --- | --- |
| 22:00 | **Border Security - Australia's Front Line (R) ’CC’**  A group of travellers arrive with an unusual story. Biosecurity officers find a dangerous concealment but things get heated when they are caught red-handed. | **PG**  +BORD13-004+ |

|  |  |  |
| --- | --- | --- |
| 22:30 | **Border Security - Australia's Front Line (R) ’CC’**  The Border Force compliance team execute a thrilling pre-dawn raid on a north Queensland farm house as they search for illegal immigrants. | **PG**  +BORD13-006+ |

|  |  |  |
| --- | --- | --- |
| 23:00 | **Border Security - Australia's Front Line (R) ’CC’**  Authorities are concerned about an erratic Chilean woman, whom they suspect is trafficking drugs. A Malaysian man's bags test positive for traces of narcotics. | **PG**  +BORD13-008+ |

|  |  |  |
| --- | --- | --- |
| 23:30 | **Dog Patrol (R)**  Whanganui Delta team Jason and Farris extract a burglar from his hidey hole, drug dog Oscar alerts handler Bill to trouble at Mt Eden Prison. | **PG**  +STFC07-004+ |

|  |  |  |
| --- | --- | --- |
| 00:00 | **Room For Improvement: Collingwood - Warehouse (R) ’CC’**  Young guy in funky warehouse runs out of cash - wait till you see what the Room For Improvement team can do! | **G**  +RFI3-027+ |

|  |  |  |
| --- | --- | --- |
| 00:30 | **Intolerant Cooks: Ep 4 - A Wanted Man (R)**  Join witty food intolerants as they create delicious recipes using fresh regional produce for those with food sensitivities. | **PG**  +INTC04-004+ |

|  |  |  |
| --- | --- | --- |
| 01:00 | **The Great Australian Doorstep (R)**  We take our Go Bareboating catamaran, and hit the stunning water ways of The Whitsundays! | **G**  +GRAD07-013+ |

|  |  |  |
| --- | --- | --- |
| 01:30 | **House Of Wellness (R) ’CC’**  Entertaining everybody to live a healthier life. Hosted by Luke Darcy, Rachael Finch, Jo Stanley and Luke Hines. | **PG (A)**  +HOWL03-038+ |

|  |  |  |
| --- | --- | --- |
| 02:30 | **My Greek Odyssey (R)**  Details TBC. | **PG**  +MYGO02-002+ |

|  |  |  |
| --- | --- | --- |
| 03:30 | **Vasili's Garden (R)**  Vasili's Gardens takes you into the backyards of everyday Australians to share organic gardening techniques and teach you how to improve your health using your own garden produce. | **PG**  +VASI05-004+ |

|  |  |  |
| --- | --- | --- |
| 04:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-209+ |

|  |  |  |
| --- | --- | --- |
| 04:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-210+ |

|  |  |  |
| --- | --- | --- |
| 05:00 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-115+ |

|  |  |  |
| --- | --- | --- |
| 05:30 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

**Monday 25 November 2019**

|  |  |  |
| --- | --- | --- |
| 06:00 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

|  |  |  |
| --- | --- | --- |
| 06:30 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

|  |  |  |
| --- | --- | --- |
| 07:00 | **Motown Magic: My Girl / Mickey's Monkey**  Imaginative boy Ben transforms his city by bringing colourful street art to life, armed with a magic paintbrush and the classic sounds of Motown. | **C**  +MOMA01-003+ |

|  |  |  |
| --- | --- | --- |
| 07:30 | **Kitty Is Not A Cat: Every Thorn Has Its Rose / Survival Of The Cattest ’CC’**  A little girl who believes she can be anything, even a cat! | **C**  +KINC02-011+ |

|  |  |  |
| --- | --- | --- |
| 08:00 | **Jay's Jungle: I Love Mud (R) ’CC’**  Follow the fun adventures of Jay the Lighthouse keeper and the Jungle Crew as they sing, dance, laugh and learn. | **P**  +JAJU02-041+ |

|  |  |  |
| --- | --- | --- |
| 08:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-209+ |

|  |  |  |
| --- | --- | --- |
| 09:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-210+ |

|  |  |  |
| --- | --- | --- |
| 09:30 | **NBC Today (R) ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCS19-047+ |

|  |  |  |
| --- | --- | --- |
| 10:30 | **House Calls To The Rescue (R) ’CC’**  Jo Griggs sends the team to rescue a desperate mother trapped in a concrete jungle - by her son! Our builders also tackle a 1950's kitchen that's become a head hazard. | **G**  +HSCL-009+ |

|  |  |  |
| --- | --- | --- |
| 11:30 | **The Great Australian Doorstep (R)**  We continue our Go Bareboating Catamaran The Whitsundays adventure. Stopping into take in a hike on one of Australia's most stunning islands. | **G**  +GRAD07-014+ |

|  |  |  |
| --- | --- | --- |
| 12:00 | **Vasili's Garden (R)**  Vasili's Gardens takes you into the backyards of everyday Australians to share organic gardening techniques and teach you how to improve your health using your own garden produce. | **PG**  +VASI05-004+ |

|  |  |  |
| --- | --- | --- |
| 12:30 | **Intolerant Cooks: Ep 4 - A Wanted Man (R)**  Join witty food intolerants as they create delicious recipes using fresh regional produce for those with food sensitivities. | **PG**  +INTC04-004+ |

|  |  |  |
| --- | --- | --- |
| 13:00 | **The Chase (R) ’CC’**  Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G**  +CHSE08-042+ |

|  |  |  |
| --- | --- | --- |
| 14:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-209+ |

|  |  |  |
| --- | --- | --- |
| 14:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-210+ |

|  |  |  |
| --- | --- | --- |
| 15:00 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-115+ |

|  |  |  |
| --- | --- | --- |
| 15:30 | **Air Crash Investigations: Mixed Signal (R) ’CC’**  Moments after take off, pilots of a Birgenair flight lost control of the plane and crashed into the ocean below. Join investigators as they try to determine the cause of this tragic accident. | **PG**  +MDAY5-008+ |

|  |  |  |
| --- | --- | --- |
| 16:30 | **Room For Improvement: Collingwood - Warehouse (R) ’CC’**  Young guy in funky warehouse runs out of cash - wait till you see what the Room For Improvement team can do! | **G**  +RFI3-027+ |

|  |  |  |
| --- | --- | --- |
| 17:00 | **Surf Patrol (R) ’CC’**  Lifesavers on dawn patrol try to prevent late-night partygoers venturing into the surf, but for one young swimmer, the warning comes too late. | **PG**  +SPTL-005+ |

|  |  |  |
| --- | --- | --- |
| 17:30 | **Escape To The Country: Scottish Highlands (R)**  Jules Hudson is property shopping with a couple of nature lovers who yearn for great views and open spaces, and they're willing to move 500 miles to the Scottish Highlands to find them. | **G**  +ETTC22-028+ |

|  |  |  |
| --- | --- | --- |
| 18:30 | **Bargain Hunt: Epsom And Dorking 11 NEW EPISODE**  Two teams of amateur collectors have an hour at an antiques fair in which to acquire the best bargains possible. | **PG**  +BHUN47-012+ |

|  |  |  |
| --- | --- | --- |
| 19:30 | **Doc Martin: Erotomania (R)**  Martin is concerned at one aspect of Mark's health. Considering his fiancee's big news, this could mean trouble in their relationship. Starring:ANGELINE BALL,KATHERINE PARKINSON,TRISTAN STURROCK,STEWART WRIGHT,SELINA CADELL | **PG**  +DOCM2-008+ |

|  |  |  |
| --- | --- | --- |
| 20:30 | **Inspector George Gently: Goodbye China (R) ’CC’**  Gently and Bacchus look into the suspicious death of Gently's old friend and ex-snout, China. | **M (A,V,L,S)**  +INSP04-002+ |

|  |  |  |
| --- | --- | --- |
| 22:30 | **Suspects (R)**  Follow DS Jack Weston, DC Charlie Steele and their senior DI Martha Bellamy of Greater London Police as they investigate hard hitting cases in their own way. | **M (A,V,L)**  +SUPT05-004+ |

|  |  |  |
| --- | --- | --- |
| 23:30 | **Air Crash Investigations: Mixed Signal (R) ’CC’**  Moments after take off, pilots of a Birgenair flight lost control of the plane and crashed into the ocean below. Join investigators as they try to determine the cause of this tragic accident. | **PG**  +MDAY5-008+ |

|  |  |  |
| --- | --- | --- |
| 00:30 | **Surf Patrol (R) ’CC’**  Lifesavers on dawn patrol try to prevent late-night partygoers venturing into the surf, but for one young swimmer, the warning comes too late. | **PG**  +SPTL-005+ |

|  |  |  |
| --- | --- | --- |
| 01:00 | **Doc Martin: Erotomania (R)**  Martin is concerned at one aspect of Mark's health. Considering his fiancee's big news, this could mean trouble in their relationship. Starring:ANGELINE BALL,KATHERINE PARKINSON,TRISTAN STURROCK,STEWART WRIGHT,SELINA CADELL | **PG**  +DOCM2-008+ |

|  |  |  |
| --- | --- | --- |
| 02:00 | **Escape To The Country: Scottish Highlands (R)**  Jules Hudson is property shopping with a couple of nature lovers who yearn for great views and open spaces, and they're willing to move 500 miles to the Scottish Highlands to find them. | **G**  +ETTC22-028+ |

|  |  |  |
| --- | --- | --- |
| 03:00 | **Bargain Hunt: Epsom And Dorking 11 (R)**  Two teams of amateur collectors have an hour at an antiques fair in which to acquire the best bargains possible. | **PG**  +BHUN47-012+ |

|  |  |  |
| --- | --- | --- |
| 04:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-211+ |

|  |  |  |
| --- | --- | --- |
| 04:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-212+ |

|  |  |  |
| --- | --- | --- |
| 05:00 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-116+ |

|  |  |  |
| --- | --- | --- |
| 05:30 | **Room For Improvement: Collingwood - Warehouse (R) ’CC’**  Young guy in funky warehouse runs out of cash - wait till you see what the Room For Improvement team can do! | **G**  +RFI3-027+ |

**Tuesday 26 November 2019**

|  |  |  |
| --- | --- | --- |
| 06:00 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

|  |  |  |
| --- | --- | --- |
| 06:30 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

|  |  |  |
| --- | --- | --- |
| 07:00 | **Motown Magic: Happy Birthday / Dancing In The Street**  Imaginative boy Ben transforms his city by bringing colourful street art to life, armed with a magic paintbrush and the classic sounds of Motown. | **C**  +MOMA01-004+ |

|  |  |  |
| --- | --- | --- |
| 07:30 | **Kitty Is Not A Cat: A Place In The Sun / General Romantic Housecall ’CC’**  A little girl who believes she can be anything, even a cat! | **C**  +KINC02-012+ |

|  |  |  |
| --- | --- | --- |
| 08:00 | **Jay's Jungle: I Like To Make Things Out Of Paper (R) ’CC’**  Follow the fun adventures of Jay the Lighthouse keeper and the Jungle Crew as they sing, dance, laugh and learn. | **P**  +JAJU02-042+ |

|  |  |  |
| --- | --- | --- |
| 08:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-211+ |

|  |  |  |
| --- | --- | --- |
| 09:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-212+ |

|  |  |  |
| --- | --- | --- |
| 09:30 | **NBC Today (R) ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-282+ |

|  |  |  |
| --- | --- | --- |
| 12:00 | **Sydney Weekender (R) ’CC’**  Mike explores the historic town of Jugiong. Karen checks out the Upper Lachlan and Taralga Wildlife Park. Erica sets sail aboard the Majestic Princess. | **G**  +7SWE26-041+ |

|  |  |  |
| --- | --- | --- |
| 12:30 | **Creek To Coast: Creek To Coast 2019 Ep: 38 (R) ’CC’**  Liz puts the pedal to the metal. Roger tweaks his engine to kick things up a gear. Chris meets the man behind Grumpy’s Shed. Fire and Emergency Services and Surf Life Savers share timely advice. | **G**  +7CTC19-038+ |

|  |  |  |
| --- | --- | --- |
| 13:00 | **The Chase (R) ’CC’**  Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G**  +CHSE08-043+ |

|  |  |  |
| --- | --- | --- |
| 14:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-211+ |

|  |  |  |
| --- | --- | --- |
| 14:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-212+ |

|  |  |  |
| --- | --- | --- |
| 15:00 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-116+ |

|  |  |  |
| --- | --- | --- |
| 15:30 | **Air Crash Investigations: Fatal Distraction (R) ’CC’**  December 29, 1972. While Eastern Airlines Flight 401 was preparing to land it literally fell from the sky. | **PG**  +MDAY5-009+ |

|  |  |  |
| --- | --- | --- |
| 16:30 | **Room For Improvement: Engadine Kitchen (R) ’CC’**  Join the RFI team as they take a Jurassic kitchen into the 21st Century. Then, see all the latest gadgets for your home. | **G**  +RFI4-001+ |

|  |  |  |
| --- | --- | --- |
| 17:00 | **Surf Patrol (R) ’CC’**  In Southern Sydney, a mock rescue exercise is cut short when lifesavers receive a real-life call for help. | **G**  +SPTL-006+ |

|  |  |  |
| --- | --- | --- |
| 17:30 | **Escape To The Country: Norfolk (R)**  Jonnie Irwin is house-hunting with a couple who plan to escape the busy Bedfordshire town of Luton for the peace and quiet of the Norfolk countryside. | **G**  +ETTC22-029+ |

|  |  |  |
| --- | --- | --- |
| 18:30 | **Bargain Hunt: Ardingly 4 NEW EPISODE**  Details TBC. | **PG**  +BHUN47-013+ |

|  |  |  |
| --- | --- | --- |
| 19:30 | **Cold Case: Gleen (R) ’CC’**  Lilly investigates a 1983 murder in which a young mother was killed by a homemade bomb packed in a laundry-detergent box shortly before she was to testify in court against a man who exposed himself. | **M (V,A)**  +COLC01-002+ |

|  |  |  |
| --- | --- | --- |
| 20:30 | **Without A Trace: He Saw, She Saw ’CC’ FIRST TIME ON 7TWO**  Jack and his team are called in to find a missing woman. But when interviewing the husband and other witnesses, the detectives realize that this case may involve more than just a random kidnapping. | **M**  +WIAT01-003+ |

|  |  |  |
| --- | --- | --- |
| 21:30 | **Without A Trace: Between The Cracks ’CC’**  The agents' job is harder than usual because they must find a woman, Eve, who changes her appearance to suit whatever modeling or acting job she is seeking at the time. | **M**  +WIAT01-004+ |

|  |  |  |
| --- | --- | --- |
| 22:30 | **Air Crash Investigations: Deadly Crossroads (R) ’CC’**  Why did collision avoidance systems breakdown and cause a DHL cargo jet to collide with a passenger jet over southern Germany in July 2002? | **M (A,L)**  +MDAY2-004+ |

|  |  |  |
| --- | --- | --- |
| 23:30 | **Air Crash Investigations: Fatal Distraction (R) ’CC’**  December 29, 1972. While Eastern Airlines Flight 401 was preparing to land it literally fell from the sky. | **PG**  +MDAY5-009+ |

|  |  |  |
| --- | --- | --- |
| 00:30 | **Surf Patrol (R) ’CC’**  In Southern Sydney, a mock rescue exercise is cut short when lifesavers receive a real-life call for help. | **G**  +SPTL-006+ |

|  |  |  |
| --- | --- | --- |
| 01:00 | **Mr Selfridge (R)**  Harry's absence is noted in the press, and when Gordon talks with a journalist, he unwittingly sparks sensationalist tabloid headlines about Harry's advancing age. | **PG (A)**  +MRSE04-002+ |

|  |  |  |
| --- | --- | --- |
| 02:00 | **Escape To The Country: Norfolk (R)**  Jonnie Irwin is house-hunting with a couple who plan to escape the busy Bedfordshire town of Luton for the peace and quiet of the Norfolk countryside. | **G**  +ETTC22-029+ |

|  |  |  |
| --- | --- | --- |
| 03:00 | **Bargain Hunt: Ardingly 4 (R)**  Details TBC. | **PG**  +BHUN47-013+ |

|  |  |  |
| --- | --- | --- |
| 04:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-213+ |

|  |  |  |
| --- | --- | --- |
| 04:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-214+ |

|  |  |  |
| --- | --- | --- |
| 05:00 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-117+ |

|  |  |  |
| --- | --- | --- |
| 05:30 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

**Wednesday 27 November 2019**

|  |  |  |
| --- | --- | --- |
| 06:00 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

|  |  |  |
| --- | --- | --- |
| 06:30 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

|  |  |  |
| --- | --- | --- |
| 07:00 | **Motown Magic: Money (That's What I Want) / Master Blaster**  Imaginative boy Ben transforms his city by bringing colourful street art to life, armed with a magic paintbrush and the classic sounds of Motown. | **C**  +MOMA01-005+ |

|  |  |  |
| --- | --- | --- |
| 07:30 | **Kitty Is Not A Cat: Last Chance's Last Chance / The Catley Awards ’CC’**  A little girl who believes she can be anything, even a cat! | **C**  +KINC02-013+ |

|  |  |  |
| --- | --- | --- |
| 08:00 | **Jay's Jungle: I Dance When I'm Happy (R) ’CC’**  Follow the fun adventures of Jay the Lighthouse keeper and the Jungle Crew as they sing, dance, laugh and learn. | **P**  +JAJU02-043+ |

|  |  |  |
| --- | --- | --- |
| 08:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-213+ |

|  |  |  |
| --- | --- | --- |
| 09:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-214+ |

|  |  |  |
| --- | --- | --- |
| 09:30 | **NBC Today (R) ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-283+ |

|  |  |  |
| --- | --- | --- |
| 12:00 | **Queensland Weekender: Queensland Weekender 2019 Ep: 39 (R) ’CC’**  Join us for a very special red dirt adventure through Queensland’s agricultural heartland, taking in all the action at the Cunnamulla Fella Festival and St George Dragon Boat Races along the way. | **G**  +7QWE19-039+ |

|  |  |  |
| --- | --- | --- |
| 12:30 | **The Great Day Out: Great Day Out, The S3 Ep: 42 (R) ’CC’**  Alastair checks out the newly opened Adina Hotel. Laurel enjoys a good old fashioned trip to the country. Jillian explores an Albion precinct and Billy is exploring the Tweed Valley on a boat cruise. | **G**  +GDOT19-042+ |

|  |  |  |
| --- | --- | --- |
| 13:00 | **The Chase (R) ’CC’**  Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G**  +CHSE08-044+ |

|  |  |  |
| --- | --- | --- |
| 14:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-213+ |

|  |  |  |
| --- | --- | --- |
| 14:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-214+ |

|  |  |  |
| --- | --- | --- |
| 15:00 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-117+ |

|  |  |  |
| --- | --- | --- |
| 15:30 | **Air Crash Investigations: Phantom Strike (R) ’CC’**  Investigate how a sleek $25 million business jet on its maiden voyage managed to collide mid air with a Boeing 737, leading to criminal charges and an unprecedented crisis in Brazilian aviation. | **PG**  +MDAY5-010+ |

|  |  |  |
| --- | --- | --- |
| 16:30 | **Room For Improvement (R) ’CC’**  See top design tips as we transform a messy rumpus room into an affordable home theatre for the entire family. | **G**  +RFI4-002+ |

|  |  |  |
| --- | --- | --- |
| 17:00 | **Surf Patrol (R) ’CC’**  A group of novice surfers from Korea create chaos for lifesavers on patrol. Elsewhere, a teenager loses consciousness during her surf rescue exam. Then, a mysterious shape is spotted, causing alarm for beachgoers. | **G**  +SPTL-007+ |

|  |  |  |
| --- | --- | --- |
| 17:30 | **Escape To The Country: North Wales (R)**  Sonali Shah is helping a couple ditch their busy lives beside the English seaside and embark on a quieter life in rural North Wales. | **G**  +ETTC22-030+ |

|  |  |  |
| --- | --- | --- |
| 18:30 | **Bargain Hunt: Lincoln 8 NEW EPISODE**  Details TBC. | **PG**  +BHUN47-014+ |

|  |  |  |
| --- | --- | --- |
| 19:30 | **Border Security - Australia's Front Line (R) ’CC’**  Go behind-the-scenes of our Immigration Customs and Quarantine departments. | **PG**  +BORD13-013+ |

|  |  |  |
| --- | --- | --- |
| 20:00 | **Border Security - Australia's Front Line (R) ’CC’**  A drug detector dog leads officers to three Taiwanese students and the discovery of an inhumane substance in their possession. A Chinese passenger is caught red handed with concerning animal parts. | **PG**  +BORD13-007+ |

|  |  |  |
| --- | --- | --- |
| 20:30 | **Air Crash Investigation: Special Report: Radio Silence NEW EPISODE**  Radio silence between pilots and air traffic controllers can mean many different things, but only the physical evidence can reveal the true story. Three cases send investigators hunting for answers. | **PG**  +MDAF02-009+ |

|  |  |  |
| --- | --- | --- |
| 21:30 | **Air Crash Investigation: Special Report: Design Flaws SEASON FINAL**  Drawing the attention of the entire world, three fatal design flaws put air crash investigators in a storm of controversy. | **PG (A)**  +MDAF02-010+ |

|  |  |  |
| --- | --- | --- |
| 22:30 | **Air Crash Investigations: Phantom Strike (R) ’CC’**  Investigate how a sleek $25 million business jet on its maiden voyage managed to collide mid air with a Boeing 737, leading to criminal charges and an unprecedented crisis in Brazilian aviation. | **PG**  +MDAY5-010+ |

|  |  |  |
| --- | --- | --- |
| 23:30 | **Border Security - Australia's Front Line (R) ’CC’**  Go behind-the-scenes of our Immigration Customs and Quarantine departments. | **PG**  +BORD13-013+ |

|  |  |  |
| --- | --- | --- |
| 00:00 | **Border Security - Australia's Front Line (R) ’CC’**  A drug detector dog leads officers to three Taiwanese students and the discovery of an inhumane substance in their possession. A Chinese passenger is caught red handed with concerning animal parts. | **PG**  +BORD13-007+ |

|  |  |  |
| --- | --- | --- |
| 00:30 | **Surf Patrol (R) ’CC’**  A group of novice surfers from Korea create chaos for lifesavers on patrol. Elsewhere, a teenager loses consciousness during her surf rescue exam. Then, a mysterious shape is spotted, causing alarm for beachgoers. | **G**  +SPTL-007+ |

|  |  |  |
| --- | --- | --- |
| 01:00 | **Air Crash Investigation: Special Report: Design Flaws (R)**  Drawing the attention of the entire world, three fatal design flaws put air crash investigators in a storm of controversy. | **PG (A)**  +MDAF02-010+ |

|  |  |  |
| --- | --- | --- |
| 02:00 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

|  |  |  |
| --- | --- | --- |
| 02:30 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

|  |  |  |
| --- | --- | --- |
| 03:00 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

|  |  |  |
| --- | --- | --- |
| 03:30 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

|  |  |  |
| --- | --- | --- |
| 04:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-215+ |

|  |  |  |
| --- | --- | --- |
| 04:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-216+ |

|  |  |  |
| --- | --- | --- |
| 05:00 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-118+ |

|  |  |  |
| --- | --- | --- |
| 05:30 | **Room For Improvement (R) ’CC’**  See top design tips as we transform a messy rumpus room into an affordable home theatre for the entire family. | **G**  +RFI4-002+ |

**Thursday 28 November 2019**

|  |  |  |
| --- | --- | --- |
| 06:00 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

|  |  |  |
| --- | --- | --- |
| 06:30 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

|  |  |  |
| --- | --- | --- |
| 07:00 | **Motown Magic: I Can't Help Myself (Sugar Pie Honey Bunch) / Don't You Worry 'Bout A Thing**  Imaginative boy Ben transforms his city by bringing colourful street art to life, armed with a magic paintbrush and the classic sounds of Motown. | **C**  +MOMA01-006+ |

|  |  |  |
| --- | --- | --- |
| 07:30 | **Kitty Is Not A Cat: Kittenman / Unboxing Kitty ’CC’**  A little girl who believes she can be anything, even a cat! | **C**  +KINC02-014+ |

|  |  |  |
| --- | --- | --- |
| 08:00 | **Jay's Jungle: Why Do I Keep Growing? (R) ’CC’**  Follow the fun adventures of Jay the Lighthouse keeper and the Jungle Crew as they sing, dance, laugh and learn. | **P**  +JAJU02-044+ |

|  |  |  |
| --- | --- | --- |
| 08:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-215+ |

|  |  |  |
| --- | --- | --- |
| 09:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-216+ |

|  |  |  |
| --- | --- | --- |
| 09:30 | **NBC Today (R) ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-284+ |

|  |  |  |
| --- | --- | --- |
| 12:00 | **My Greek Odyssey (R)**  Details TBC. | **PG**  +MYGO02-002+ |

|  |  |  |
| --- | --- | --- |
| 13:00 | **Mr Selfridge (R)**  It's been 20 years since Selfridge's first opened, and the store is still going strong. As Selfridge's invests in a bold new technology department, Harry prepares to unveil his London legacy. | **PG (V)**  +MRSE04-001+ |

|  |  |  |
| --- | --- | --- |
| 14:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-215+ |

|  |  |  |
| --- | --- | --- |
| 14:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-216+ |

|  |  |  |
| --- | --- | --- |
| 15:00 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-118+ |

|  |  |  |
| --- | --- | --- |
| 15:30 | **TBA:** | ++ |

|  |  |  |
| --- | --- | --- |
| 16:30 | **Room For Improvement (R) ’CC’**  This week, the RFI team creates the ultimate teenagers retreat as our team creates a sexy self-contained flat packed with gadgets galore. | **G**  +RFI4-003+ |

|  |  |  |
| --- | --- | --- |
| 17:00 | **Surf Patrol (R) ’CC’**  Lifesavers in northern NSW are on high alert when an influx of sharks close in on the shore. | **G**  +SPTL-008+ |

|  |  |  |
| --- | --- | --- |
| 17:30 | **Escape To The Country: Devon (R)**  Jules Hudson is house hunting with two sisters who dream of escaping their urban homes and moving to the Devon countryside. | **G**  +ETTC22-031+ |

|  |  |  |
| --- | --- | --- |
| 18:30 | **Bargain Hunt: Epsom And Dorking 12 NEW EPISODE**  Details TBC. | **PG**  +BHUN47-015+ |

|  |  |  |
| --- | --- | --- |
| 19:30 | **Father Brown: The Flying Stars (R) ’CC’**  Father Brown becomes embroiled with a theatrical family when he discovers that a supposed tragic drowning was actually murder. | **M (V)**  +FBRO01-002+ |

|  |  |  |
| --- | --- | --- |
| 20:30 | **A Touch Of Frost: Hidden Truth (R)**  A near-fatal shooting in a suburban home begins a spiralling series of frightening events for Frost. Starring:BRUCE ALEXANDER,CAROLINE HARKER,LEAGH CONWELL,JOHN LYONS,ROBERT GLENISTER,SOPHIE STANTON | **M (A,V)**  +TOF10-001+ |

|  |  |  |
| --- | --- | --- |
| 22:45 | **TBA:** | ++ |

|  |  |  |
| --- | --- | --- |
| 23:45 | **Surf Patrol (R) ’CC’**  Lifesavers in northern NSW are on high alert when an influx of sharks close in on the shore. | **G**  +SPTL-008+ |

|  |  |  |
| --- | --- | --- |
| 00:15 | **Room For Improvement (R) ’CC’**  This week, the RFI team creates the ultimate teenagers retreat as our team creates a sexy self-contained flat packed with gadgets galore. | **G**  +RFI4-003+ |

|  |  |  |
| --- | --- | --- |
| 00:45 | **Father Brown: The Flying Stars (R) ’CC’**  Father Brown becomes embroiled with a theatrical family when he discovers that a supposed tragic drowning was actually murder. | **M (V)**  +FBRO01-002+ |

|  |  |  |
| --- | --- | --- |
| 02:00 | **Escape To The Country: Devon (R)**  Jules Hudson is house hunting with two sisters who dream of escaping their urban homes and moving to the Devon countryside. | **G**  +ETTC22-031+ |

|  |  |  |
| --- | --- | --- |
| 03:00 | **Bargain Hunt: Epsom And Dorking 12 (R)**  Details TBC. | **PG**  +BHUN47-015+ |

|  |  |  |
| --- | --- | --- |
| 04:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-217+ |

|  |  |  |
| --- | --- | --- |
| 04:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-218+ |

|  |  |  |
| --- | --- | --- |
| 05:00 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-119+ |

|  |  |  |
| --- | --- | --- |
| 05:30 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

**Friday 29 November 2019**

|  |  |  |
| --- | --- | --- |
| 06:00 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

|  |  |  |
| --- | --- | --- |
| 06:30 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

|  |  |  |
| --- | --- | --- |
| 07:00 | **Motown Magic: Ben / (Love Is Like A) Heatwave**  Imaginative boy Ben transforms his city by bringing colourful street art to life, armed with a magic paintbrush and the classic sounds of Motown. | **C**  +MOMA01-007+ |

|  |  |  |
| --- | --- | --- |
| 07:30 | **Kitty Is Not A Cat: Sibling Rivalry / Dog Whistling ’CC’ SEASON FINAL**  A little girl who believes she can be anything, even a cat! | **C**  +KINC02-015+ |

|  |  |  |
| --- | --- | --- |
| 08:00 | **Jay's Jungle: I Can Talk With My Hands (R) ’CC’**  Follow the fun adventures of Jay the Lighthouse keeper and the Jungle Crew as they sing, dance, laugh and learn. | **P**  +JAJU02-045+ |

|  |  |  |
| --- | --- | --- |
| 08:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-217+ |

|  |  |  |
| --- | --- | --- |
| 09:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-218+ |

|  |  |  |
| --- | --- | --- |
| 09:30 | **NBC Today (R) ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-285+ |

|  |  |  |
| --- | --- | --- |
| 12:00 | **House Of Wellness (R) ’CC’**  Entertaining everybody to live a healthier life. Hosted by Luke Darcy, Rachael Finch, Jo Stanley and Luke Hines. | **PG (A)**  +HOWL03-038+ |

|  |  |  |
| --- | --- | --- |
| 13:00 | **Mr Selfridge (R)**  Harry's absence is noted in the press, and when Gordon talks with a journalist, he unwittingly sparks sensationalist tabloid headlines about Harry's advancing age. | **PG (A)**  +MRSE04-002+ |

|  |  |  |
| --- | --- | --- |
| 14:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-217+ |

|  |  |  |
| --- | --- | --- |
| 14:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-218+ |

|  |  |  |
| --- | --- | --- |
| 15:00 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-119+ |

|  |  |  |
| --- | --- | --- |
| 15:30 | **TBA:** | ++ |

|  |  |  |
| --- | --- | --- |
| 16:30 | **Room For Improvement (R) ’CC’**  A sports-mad son gets a cool new bedroom. Then, his mum gets a shock with a stylish outdoor entertaining zone. | **G**  +RFI4-004+ |

|  |  |  |
| --- | --- | --- |
| 17:00 | **Surf Patrol (R) ’CC’**  When a Japanese tourist in Surfers Paradise finds herself in trouble, a local man comes to her aid, but he too ends up needing help! | **G**  +SPTL-009+ |

|  |  |  |
| --- | --- | --- |
| 17:30 | **Escape To The Country: Lincolnshire (R)**  Nicki Chapman is helping a couple leave the busy town of Hull to find a home in rural Lincolnshire with B&B potential. | **G**  +ETTC22-032+ |

|  |  |  |
| --- | --- | --- |
| 18:30 | **Bargain Hunt: Malvern And Leominster 16 NEW EPISODE**  Details TBC. | **PG**  +BHUN47-016+ |

|  |  |  |
| --- | --- | --- |
| 19:30 | **Special: Charles: 50 Years A Prince (2019) PREMIERE**  This insightful documentary commemorates HRH Prince Charles' enduring tenure as Prince of Wales. | **PG**  +SPEC94-001+ |

|  |  |  |
| --- | --- | --- |
| 20:30 | **Lewis: The Lions Of Nemea (R) ’CC’**  After Lewis returns to his old job, the team are swept up in the investigation of the American classics student Rose Anderson's brutal murder, which yields only secrets and murky motives. | **M (V)**  +LEWS8-002+ |

|  |  |  |
| --- | --- | --- |
| 22:30 | **Air Crash Investigations: Fight For Your Life (R) ’CC’**  On April 7, 1994 the crew of the Federal Express DC-10 freighter would face a horrifying and violent mid-air attack from an off duty FedEx employee who had planned to kill them and crash the plane. | **M**  +MDAY3-004+ |

|  |  |  |
| --- | --- | --- |
| 23:30 | **TBA:** | ++ |

|  |  |  |
| --- | --- | --- |
| 00:30 | **Surf Patrol (R) ’CC’**  When a Japanese tourist in Surfers Paradise finds herself in trouble, a local man comes to her aid, but he too ends up needing help! | **G**  +SPTL-009+ |

|  |  |  |
| --- | --- | --- |
| 01:00 | **TBA:** | ++ |

|  |  |  |
| --- | --- | --- |
| 02:00 | **Escape To The Country: Lincolnshire (R)**  Nicki Chapman is helping a couple leave the busy town of Hull to find a home in rural Lincolnshire with B&B potential. | **G**  +ETTC22-032+ |

|  |  |  |
| --- | --- | --- |
| 03:00 | **Bargain Hunt: Malvern And Leominster 16 (R)**  Details TBC. | **PG**  +BHUN47-016+ |

|  |  |  |
| --- | --- | --- |
| 04:00 | **House Of Wellness (R) ’CC’**  Entertaining everybody to live a healthier life. Hosted by Luke Darcy, Rachael Finch, Jo Stanley and Luke Hines. | **PG (A)**  +HOWL03-038+ |

|  |  |  |
| --- | --- | --- |
| 05:00 | **One Road (R)**  A road trippers delight! A mixture of tourism and lifestyle in our own backyard. | **G**  +ONRD01-001+ |

|  |  |  |
| --- | --- | --- |
| 05:30 | **Room For Improvement (R) ’CC’**  A sports-mad son gets a cool new bedroom. Then, his mum gets a shock with a stylish outdoor entertaining zone. | **G**  +RFI4-004+ |

**Saturday 30 November 2019**

|  |  |  |
| --- | --- | --- |
| 06:00 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

|  |  |  |
| --- | --- | --- |
| 06:30 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

|  |  |  |
| --- | --- | --- |
| 07:00 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

|  |  |  |
| --- | --- | --- |
| 07:30 | **Home Shopping (R)**  Shopping program. | **G**  +INFO01-001+ |

|  |  |  |
| --- | --- | --- |
| 08:00 | **Travel Oz: Shaanxi Province, China (R) ’CC’**  Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG**  +TRAV4-037+ |

|  |  |  |
| --- | --- | --- |
| 08:45 | **Travel Oz (R) ’CC’**  Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **G**  +TRAV4-043+ |

|  |  |  |
| --- | --- | --- |
| 09:30 | **NBC Today (R) ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-286+ |

|  |  |  |
| --- | --- | --- |
| 11:30 | **House Calls To The Rescue (R) ’CC’**  Jo Griggs sends the team to rescue a desperate mother trapped in a concrete jungle - by her son! Our builders also tackle a 1950's kitchen that's become a head hazard. | **G**  +HSCL-009+ |

|  |  |  |
| --- | --- | --- |
| 12:30 | **International Swimming League: Europe Derby - Highlights**  Europe Derby highlights. | +ISWL19-006+ |

|  |  |  |
| --- | --- | --- |
| 14:00 | **Vasili's Garden (R)**  Vasili's Gardens takes you into the backyards of everyday Australians to share organic gardening techniques and teach you how to improve your health using your own garden produce. | **PG**  +VASI05-004+ |

|  |  |  |
| --- | --- | --- |
| 14:30 | **SA Weekender (R) ’CC’**  Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. | **G**  +SAWE19-007+ |

|  |  |  |
| --- | --- | --- |
| 15:00 | **The Great Australian Doorstep (R)**  Peter and Sheree Everitt explore amazing holiday destinations. | **PG**  +GRAD10-015+ |

|  |  |  |
| --- | --- | --- |
| 15:30 | **Creek To Coast: Creek To Coast 2018 Ep: 43 (R) ’CC’**  Scott takes his good mate Nova breakfast radio presenter Ash Bradnam on a fishing trip south, from the Gold Coast to Ballina and Yamba. | **G**  +7CTC18-043+ |

|  |  |  |
| --- | --- | --- |
| 16:00 | **Queensland Weekender: Queensland Weekender 2019 Ep: 40 ’CC’**  From day tripping to the reef, relaxing at a cool city restaurant, or watching a fiery outback sunset, Queensland Weekender will inspire you to make the most of a weekend in our beautiful State. | **G**  +7QWE19-040+ |

|  |  |  |
| --- | --- | --- |
| 16:30 | **The Great Day Out: Great Day Out, The S3 Ep: 43 ’CC’**  The Great Day Out is people, places and friendly faces; it is at the very heart of Queensland and special guest celebrities will invite you along on their Great Day Out. | **G**  +GDOT19-043+ |

|  |  |  |
| --- | --- | --- |
| 17:00 | **The Zoo (R) ’CC’**  A tragic accident has led to Australia's last performing circus elephant being given to Western Plains Zoo. | **G**  +ZOOT-003+ |

|  |  |  |
| --- | --- | --- |
| 17:30 | **Neighbourhood Nightmares: Neighbourhood Nightmares (R) ’CC’**  This documentary explores the changing face of the nightmare neighbour- from the resident who attacks you on YouTube, to neighbours who will buy up your front lawn without you knowing it. | **PG (L)**  +NEIN01-003+ |

|  |  |  |
| --- | --- | --- |
| 18:30 | **The Greatest Cities In The World: Sydney (R)**  Jones avoids the usual tourist traps as he searches out the quirky and unusual secrets and traditions that form the heart and soul of Sydney. | **PG**  +GRCI02-002+ |

|  |  |  |
| --- | --- | --- |
| 19:30 | **Secrets Of Beautiful Gardens: Urban Jungle NEW EPISODE**  An inside look at the world's most luxurious gardens. Plus, a few tips on how to build your own dream garden. | **G**  +BEUG01-008+ |

|  |  |  |
| --- | --- | --- |
| 20:30 | **Escape To The Country: Welsh Borders NEW EPISODE**  A super active and self-employed couple now have desires a new rural backdrop for their married life and business. Jules Hudson is helping them find that base in the Welsh Borders. | **G**  +ETTC24-014+ |

|  |  |  |
| --- | --- | --- |
| 21:30 | **Escape To The Country: North Wales (R)**  Prospective buyers find their dream home. | **G**  +ETTC22-070+ |

|  |  |  |
| --- | --- | --- |
| 22:30 | **Escape To The Country: Cornwall (R)**  Prospective buyers find their dream home. | **G**  +ETTC22-071+ |

|  |  |  |
| --- | --- | --- |
| 23:30 | **Secrets Of Beautiful Gardens: Urban Jungle (R)**  An inside look at the world's most luxurious gardens. Plus, a few tips on how to build your own dream garden. | **G**  +BEUG01-008+ |

|  |  |  |
| --- | --- | --- |
| 00:30 | **Escape To The Country: Welsh Borders (R)**  A super active and self-employed couple now have desires a new rural backdrop for their married life and business. Jules Hudson is helping them find that base in the Welsh Borders. | **G**  +ETTC24-014+ |

|  |  |  |
| --- | --- | --- |
| 01:30 | **The Great Australian Doorstep (R)**  Peter and Sheree Everitt explore amazing holiday destinations. | **PG**  +GRAD10-015+ |

|  |  |  |
| --- | --- | --- |
| 02:00 | **SA Weekender (R) ’CC’**  Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. | **G**  +SAWE19-007+ |

|  |  |  |
| --- | --- | --- |
| 02:30 | **Sydney Weekender ’CC’**  Mike heads to the Snowy Mountains. Lizzy explores the stunning scenery of Gondwana Rainforests. Aussie cricketer Lisa Sthalekar heads out with Scott Hillier to wrangle some Sydney Kingfish. | **G**  +7SWE26-042+ |

|  |  |  |
| --- | --- | --- |
| 03:00 | **Creek To Coast: Creek To Coast 2018 Ep: 43 (R) ’CC’**  Scott takes his good mate Nova breakfast radio presenter Ash Bradnam on a fishing trip south, from the Gold Coast to Ballina and Yamba. | **G**  +7CTC18-043+ |

|  |  |  |
| --- | --- | --- |
| 03:30 | **Queensland Weekender: Queensland Weekender 2019 Ep: 12 (R) ’CC’**  Duane is rafting the Barron River rapids, Victoria has a hands on wildlife experience while Lee is floating high above the clouds. | **G**  +7QWE19-012+ |

|  |  |  |
| --- | --- | --- |
| 04:00 | **The Great Day Out: Great Day Out, The S3 Ep: 43 (R) ’CC’**  The Great Day Out is people, places and friendly faces; it is at the very heart of Queensland and special guest celebrities will invite you along on their Great Day Out. | **G**  +GDOT19-043+ |

|  |  |  |
| --- | --- | --- |
| 04:30 | **Travel Oz: Shaanxi Province, China (R) ’CC’**  Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG**  +TRAV4-037+ |

|  |  |  |
| --- | --- | --- |
| 05:15 | **Travel Oz (R) ’CC’**  Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **G**  +TRAV4-043+ |