**Sunday 25 August 2019**

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| 06:00 | **It Is Written: Lessons For All Time - The Prodigal Son**  Religious program. | **PG**  +IIWR19-017+ |

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| 06:30 | **Amazing Facts: 144,000 And The Seal Of God, Pt. 1**  Religious program. | **PG**  +AMFA19-034+ |

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| 07:00 | **Tomorrow's World: Understanding Bible Mysteries**  Religious program. | **PG (A)**  +TOMW19-034+ |

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| 07:30 | **Leading The Way: We Preach Christ**  Religious program. | **PG (A)**  +LWAY19-034+ |

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| 08:00 | **David Jeremiah: The Joy Of Responsibility**  Religious program. | **PG**  +DAJE19-034+ |

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| 08:30 | **Hour Of Power: The Power Of Working Well With Others**  Religious program. | **G**  +HOOP19-034+ |

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| 09:00 | **Home Shopping: Balance Arch Supports (A2830BAS02S2) (R)**  Shopping program. | **G**  +BDP-872+ |

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| 09:30 | **Mum's At The Table**  Mums At The Table is the place where we share, laugh and dream together. It's a TV panel show featuring real women; smart and sassy ladies with real lives, real families, real struggles and real joy. | **PG**  +MTAB01-042+ |

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| 10:00 | **House Of Wellness (R) ’CC’**  Entertaining everybody to live a healthier life. Hosted by Luke Darcy, Rachael Finch, Jo Stanley and Luke Hines. | **PG**  +HOWL03-026+ |

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| 11:00 | **NBC Today (R) ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-203+ |

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| 12:00 | **My Greek Odyssey (R) ’CC’**  Peter continues his travels on the island of Lefkada, before going on to Skorpios. | **PG**  +MYGO01-012+ |

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| 13:00 | **The Yorkshire Vet (R)**  Joining Julian Norton is his partner, fellow vet and former Herriot trainee, Peter Wright together with their dedicated team of staff at his practice, Skeldale Veterinary Centre. | **PG (A)**  +YORK01-005+ |

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| 14:00 | **Mighty Ships: Jumbo Fairplayer (R)**  Climb aboard for an exclusive look at some of the coolest working vessels in the world. | **PG**  +MTYS02-002+ |

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| 15:00 | **Vasili's Garden**  Vasili's Gardens takes you into the backyards of everyday Australians to share organic gardening techniques and teach you how to improve your health using your own garden produce. | **PG**  +VASI04-011+ |

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| 16:00 | **Escape To The Country: Yorkshire Dales (R)**  Each episode follows one big move, and with everything from snug, chocolate-box cottages to medieval grandeur, it's clear that everyone has their own idea about the perfect country escape. | **G**  +ETTC23-011+ |

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| 17:00 | **Escape To The Country: Cornwall (R)**  Alistair Appleton is helping a London couple find a new home with holiday let potential in the Cornish countryside. | **G**  +ETTC22-056+ |

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| 18:00 | **Escape To The Country: Peak District (R)**  Nicki Chapman helps a campervan loving couple with 400,000-pounds find a perfect rural property within range of the Peak District. | **G**  +ETTC23-009+ |

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| 19:00 | **Border Security - Australia's Front Line (R) ’CC’**  A cocky passenger admits to criminal behaviour, but evidence is found that will wipe the smirk off of his face. | **PG**  +BORD-133+ |

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| 19:30 | **Border Security - Australia's Front Line (R) ’CC’**  Tonight, a man is enraged when his wife denies they have any relationship. Then, a simple box of food hides a very clever secret. | **PG**  +BORD-134+ |

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| 20:00 | **Border Security - Australia's Front Line (R) ’CC’**  This week, a brazen smuggling attempt is stopped at the Border with the discovery of a hidden compartment inside a bag. Meanwhile, see how a couple from the UK start their dream holiday in chaos. Hosted by Grant Bowler. | **PG**  +BORD-135+ |

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| 20:30 | **Chris Tarrant's Extreme Railways: The Great Japanese Train Ride NEW EPISODE**  TV Presenter Chris Tarrant travels around the world to ride some of the most extreme railways that wind their way through some of the harshest terrain on Earth. | **PG**  +CTER02-005+ |

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| 21:30 | **Heathrow: Heathrow S3 Ep: 3 NEW EPISODE**  Britain's busiest and most famous airport opens its doors for an un-precedented look at life inside Europe's most important transport hub. | **PG**  +HEAT03-003+ |

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| 22:30 | **Border Security - Australia's Front Line (R) ’CC’**  A cocky passenger admits to criminal behaviour, but evidence is found that will wipe the smirk off of his face. | **PG**  +BORD-133+ |

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| 23:00 | **Border Security - Australia's Front Line (R) ’CC’**  Tonight, a man is enraged when his wife denies they have any relationship. Then, a simple box of food hides a very clever secret. | **PG**  +BORD-134+ |

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| 23:30 | **Mighty Planes: Nolinor 737 (R)**  She's the "Workhorse of the North," powering through the vast Arctic region, where conditions can turn deadly in seconds. | **PG**  +MIPL03-005+ |

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| 00:30 | **Border Security - Australia's Front Line (R) ’CC’**  This week, a brazen smuggling attempt is stopped at the Border with the discovery of a hidden compartment inside a bag. Meanwhile, see how a couple from the UK start their dream holiday in chaos. Hosted by Grant Bowler. | **PG**  +BORD-135+ |

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| 01:00 | **Mighty Ships: Jumbo Fairplayer (R)**  Climb aboard for an exclusive look at some of the coolest working vessels in the world. | **PG**  +MTYS02-002+ |

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| 02:00 | **Chris Tarrant's Extreme Railways: The Great Japanese Train Ride (R)**  TV Presenter Chris Tarrant travels around the world to ride some of the most extreme railways that wind their way through some of the harshest terrain on Earth. | **PG**  +CTER02-005+ |

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| 03:00 | **Mighty Planes: Nolinor 737 (R)**  She's the "Workhorse of the North," powering through the vast Arctic region, where conditions can turn deadly in seconds. | **PG**  +MIPL03-005+ |

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| 04:00 | **My Greek Odyssey (R) ’CC’**  Peter continues his travels on the island of Lefkada, before going on to Skorpios. | **PG**  +MYGO01-012+ |

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| 05:00 | **Vasili's Garden (R)**  Vasili's Gardens takes you into the backyards of everyday Australians to share organic gardening techniques and teach you how to improve your health using your own garden produce. | **PG**  +VASI04-011+ |

**Monday 26 August 2019**

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| 06:00 | **Home Shopping: H20 HD - Free Trial (DZD228DSVTP) (R)**  Shopping program. | **PG**  +7DZD2-169+ |

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| 06:30 | **Home Shopping: Sumo Slicer (SUS69952830B) B (R)** | **G**  +TTWO01-004+ |

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| 07:00 | **News Of The Wild ’CC’**  An animal focused, factual entertainment news show bursting at the seams with animals, laughter, news and information. | **C**  +NEWI02-016+ |

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| 07:30 | **Get Clever ’CC’**  An outrageous series where adventure, fun and the wonders of science are burst wide open. | **C**  +GECL02-035+ |

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| 08:00 | **Jay's Jungle: Why Are Balls Round? (R) ’CC’**  Follows the fun adventures of Jay the Lighthouse keeper and the Jungle Crew as they sing, dance, laugh and learn. | **P**  +JAJU-041+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-079+ |

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| 09:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-080+ |

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| 09:30 | **NBC Today ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCS19-034+ |

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| 10:30 | **Meet The Press (R) ’CC’**  Chuck Todd interviews newsmakers from around the world. | +NBCM19-034+ |

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| 11:30 | **The Great Australian Doorstep (R)**  Spida takes you on a bucket list trip starting in Broome heading through the Kimberley, including a scenic flight over the Bungle Bungles. | **G**  +GRAD07-001+ |

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| 12:00 | **Vasili's Garden (R)**  Vasili's Gardens takes you into the backyards of everyday Australians to share organic gardening techniques and teach you how to improve your health using your own garden produce. | **PG**  +VASI04-011+ |

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| 13:00 | **The Chase (R) ’CC’**  Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G**  +CHSE08-003+ |

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| 14:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-079+ |

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| 14:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-080+ |

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| 15:00 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-049+ |

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| 15:30 | **Mighty Ships: Peregrino (R)**  Climb aboard for an exclusive look at some of the coolest working vessels in the world. | **PG**  +MTYS05-004+ |

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| 16:30 | **RSPCA Animal Rescue (R) ’CC’**  Tonight on RSPCA Animal Rescue, we follow three incredible cases with the emotional rescue of a Labrador, life-saving treatment for a cat and two Shetland ponies. | **G**  +ANRS2-022+ |

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| 17:00 | **Medical Emergency (R) ’CC’**  A heart attack victim receives his angiogram in a desperate attempt to save his life. Then, Paramedics bring in a man who had a petrol drum explode in his face. | **PG**  +MDEM2-001+ |

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| 17:30 | **Escape To The Country: Cumbria (R)**  Alistair Appleton joins a couple search for their first home together in the country but struggles to work out if they like the options or not. | **G**  +ETTC19-001+ |

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| 18:30 | **Bargain Hunt: Builth Wells 4 NEW EPISODE**  Natasha Raskin presents from the Royal Welsh Showground as a married couple take on two friends, with Thomas Plant and Kate Bliss providing expert advice. | **PG**  +BHUN45-011+ |

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| 19:30 | **Doc Martin: Going Bodmin (R)**  Martin applies for a job in the sleepy village of Portwenn and gets the job but soon realises he's quite different from the locals. | **PG (A)**  +DOCM-001+ |

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| 20:30 | **Foyle's War: Plan Of Attack (R) ’CC’**  DS Milner's investigation of a transportation fraud sets in motion a series of events that brings Foyle back to the force. | **M (A)**  +FOYL6-001+ |

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| 22:30 | **Robbie Coltrane's Critical Evidence: Time Of Death (R) ’CC’**  An examination of the case of Canadian banker Albert Walker, who murdered his business partner in England and assumed the identity. | **M (V)**  +CREV01-002+ |

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| 23:45 | **Mighty Ships: Peregrino (R)**  Climb aboard for an exclusive look at some of the coolest working vessels in the world. | **PG**  +MTYS05-004+ |

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| 01:00 | **Doc Martin: Going Bodmin (R)**  Martin applies for a job in the sleepy village of Portwenn and gets the job but soon realises he's quite different from the locals. | **PG (A)**  +DOCM-001+ |

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| 02:00 | **Foyle's War: Plan Of Attack (R) ’CC’**  DS Milner's investigation of a transportation fraud sets in motion a series of events that brings Foyle back to the force. | **M (A)**  +FOYL6-001+ |

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| 04:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-079+ |

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| 04:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-080+ |

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| 05:00 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-049+ |

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| 05:30 | **Home Shopping (R)**  Home Shopping | **G**  +NSD-015+ |

**Tuesday 27 August 2019**

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| 06:00 | **Home Shopping: Flavorstone Diamond (DZD277FSVTP) (R)**  Shopping program. | **G**  +7DZD2-197+ |

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| 06:30 | **Home Shopping: Miracle Magnetic Duster (MMD692830C) C (R)** | **G**  +TTWO01-005+ |

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| 07:00 | **News Of The Wild ’CC’**  An animal focused, factual entertainment news show bursting at the seams with animals, laughter, news and information. | **C**  +NEWI02-017+ |

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| 07:30 | **Get Clever ’CC’**  An outrageous series where adventure, fun and the wonders of science are burst wide open. | **C**  +GECL02-036+ |

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| 08:00 | **Jay's Jungle: Animal Talk (R) ’CC’**  Follows the fun adventures of Jay the Lighthouse keeper and the Jungle Crew as they sing, dance, laugh and learn. | **P**  +JAJU-042+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-081+ |

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| 09:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-082+ |

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| 09:30 | **NBC Today (R) ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-204+ |

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| 12:00 | **Queensland Weekender: Queensland Weekender 2019 Ep: 27 (R) ’CC’**  Duane explores the Great Barrier Reef from above and below. | **G**  +7QWE19-027+ |

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| 12:30 | **The Great Day Out: Great Day Out, The S3 Ep: 29 (R) ’CC’**  Billy gets a new appreciation for an old classic. Laurel luxuriates in New Farm. Jess learns the art of pasta making, while Alastair discovers a pizzeria with a difference. | **G**  +GDOT19-029+ |

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| 13:00 | **The Chase (R) ’CC’**  Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G**  +CHSE08-004+ |

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| 14:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-081+ |

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| 14:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-082+ |

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| 15:00 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-050+ |

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| 15:30 | **Mighty Ships: Emma Maersk (R)**  Climb aboard for an exclusive look at some of the coolest working vessels in the world. | **PG**  +MTYS01-002+ |

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| 16:30 | **RSPCA Animal Rescue (R) ’CC’**  A stolen wolfhound cross is found living with a suspected criminal and a fence-hopping kangaroo lands in some trouble. Narrated by ANTHONY FIELD. | **G**  +ANRS3-012+ |

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| 17:00 | **Medical Emergency (R) ’CC’**  A young man battles with life threatening injuries after a high speed, head-on collision. Then, a welder's elbow requires a full reconstruction after a devastating industrial accident. | **PG**  +MDEM2-005+ |

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| 17:30 | **Escape To The Country: Somerset (R)**  The pressure in on as Jonnie Irwin tries to find a country home for a family of returning expats. They want to return to their Somerset roots, but will he be able to meet their exacting standards? | **G**  +ETTC19-002+ |

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| 18:30 | **Bargain Hunt: Newbury 8 NEW EPISODE**  Charlie Ross is travelling along the Kennet and Avon Canal to Hungerford, where the many antique shops are the setting for today's competition. | **PG**  +BHUN45-012+ |

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| 19:30 | **Pie In The Sky: Devils On Horseback - Part 1 (R)**  Henry investigates when several murders are committed right under his nose at the stables. | **M**  +PIES4-001+ |

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| 20:30 | **Mrs. Brown's Boys: Mammy Pulls It Off (R)**  After faking Grandad's death, Mrs. Brown is waiting for the insurance money, but the insurance company are suspicious. Will Agnes be able to keep Grandad out of sight or will they be caught out? | **M (L,S)**  +MBRO2-001+ |

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| 21:15 | **Mrs. Brown's Boys: Mammy's Coming! (R)**  Agnes is upset that her son Trevor has been called back to the missions in Africa. Meanwhile, Buster and Dermot run into trouble with an escaped lion. | **MA (L,S)**  +MBRO2-002+ |

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| 22:00 | **Mrs. Brown's Boys: iMammy (Batteries Not Included) (R)**  There's baby fever in the Brown household as a pregnant Maria prepares for motherhood, and Agnes is keen to give her new daughter-in-law her unique brand of advice about raising children. | **M (L,S)**  +MBRO2-003+ |

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| 22:45 | **Citizen Khan: It's A Khanderful Life SEASON FINAL**  In this festive episode, Mr Khan faces up to the fact that his life hasn't turned out the way he planned it. | **PG**  +CITK05-007+ |

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| 23:30 | **Escape To The Country: Somerset (R)**  The pressure in on as Jonnie Irwin tries to find a country home for a family of returning expats. They want to return to their Somerset roots, but will he be able to meet their exacting standards? | **G**  +ETTC19-002+ |

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| 00:30 | **Pie In The Sky: Devils On Horseback - Part 1 (R)**  Henry investigates when several murders are committed right under his nose at the stables. | **PG (V)**  +PIES4-001+ |

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| 01:30 | **TBA** | ++ |

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| 01:45 | **Citizen Khan: It's A Khanderful Life (R)**  In this festive episode, Mr Khan faces up to the fact that his life hasn't turned out the way he planned it. | **PG**  +CITK05-007+ |

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| 02:30 | **Bargain Hunt: Newbury 8 (R)**  Charlie Ross is travelling along the Kennet and Avon Canal to Hungerford, where the many antique shops are the setting for today's competition. | **PG**  +BHUN45-012+ |

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| 03:30 | **RSPCA Animal Rescue (R) ’CC’**  A stolen wolfhound cross is found living with a suspected criminal and a fence-hopping kangaroo lands in some trouble. Narrated by ANTHONY FIELD. | **G**  +ANRS3-012+ |

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| 04:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-081+ |

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| 04:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-082+ |

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| 05:00 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-050+ |

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| 05:30 | **Home Shopping (R)**  Home Shopping | **G**  +NSD-015+ |

**Wednesday 28 August 2019**

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| 06:00 | **Home Shopping: H20 SteamFX Pro (DZD273LSVTP) (R)**  Shopping program. | **G**  +7DZD2-194+ |

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| 06:30 | **Home Shopping: Sumo Slicer (SUS69952830B) B (R)** | **G**  +TTWO01-004+ |

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| 07:00 | **News Of The Wild ’CC’**  An animal focused, factual entertainment news show bursting at the seams with animals, laughter, news and information. | **C**  +NEWI02-018+ |

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| 07:30 | **Get Clever ’CC’**  An outrageous series where adventure, fun and the wonders of science are burst wide open. | **C**  +GECL02-037+ |

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| 08:00 | **Jay's Jungle: Telling Tales (R) ’CC’**  Follows the fun adventures of Jay the Lighthouse keeper and the Jungle Crew as they sing, dance, laugh and learn. | **P**  +JAJU-043+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-083+ |

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| 09:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-084+ |

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| 09:30 | **NBC Today (R) ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-205+ |

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| 12:00 | **Citizen Khan: Cricket (R)**  Mr Khan makes an exhibition of himself in front of a packed house at Edgbaston Cricket Ground. | **PG**  +CITK05-001+ |

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| 13:00 | **The Chase (R) ’CC’**  Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G**  +CHSE08-005+ |

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| 14:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-083+ |

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| 14:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-084+ |

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| 15:00 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-051+ |

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| 15:30 | **Mighty Ships: Wallenius Faust (R)**  Climb aboard for an exclusive look at some of the coolest working vessels in the world. | **PG**  +MTYS01-003+ |

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| 16:30 | **RSPCA Animal Rescue (R) ’CC’**  An extraordinary operation to remove wild horses from a national park requires some special help. Hosted by Anthony Field. | **G**  +ANRS3-013+ |

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| 17:00 | **Medical Emergency (R) ’CC’**  This week, Michael, a Jehovah's Witness continues to face a life-threatening decision and a meatworker arrives with horrific work injuries. | **PG**  +MDEM3-002+ |

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| 17:30 | **Escape To The Country: Wales (R)**  Nicki Chapman heads to Gwynedd, North Wales to help an artistic couple find a home with inspiring views. | **G**  +ETTC19-003+ |

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| 18:30 | **Bargain Hunt: Anglesey 12 NEW EPISODE**  Anita Manning presents as the hunt for bargains heads to the Mona Showground on Anglesey. | **PG**  +BHUN45-013+ |

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| 19:30 | **Border Security - Australia's Front Line (R) ’CC’**  Some cocky men return from Asia with dangerous contraband and play dumb when the officers find a large amount of strange pink pills in their possession. | **PG**  +BORD-136+ |

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| 20:00 | **Border Security - Australia's Front Line (R) ’CC’**  A man tells officers he travelled to Bali for fun. However, a positive drug reading may prove he had ulterior motives. Elsewhere, what is with this shampoo? It definitely won't give your hair any bounce and shine. Then, a major crime is averted when a woman simply removes her shoes. | **PG**  +BORD-137+ |

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| 20:30 | **Air Crash Investigations: Runway Runoff NEW EPISODE**  After Continental Airlines Flight 1404 careens off the runway and crashes in flames, investigators are left to determine what was to blame. | **PG (A)**  +MDAY19-007+ |

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| 21:30 | **Air Crash Investigations: Mixed Signal (R) ’CC’**  Moments after take off, pilots of a Birgenair flight lost control of the plane and crashed into the ocean below. Join investigators as they try to determine the cause of this tragic accident. | **PG**  +MDAY5-008+ |

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| 22:30 | **Air Crash Investigations: Lethal Turn (R) ’CC’**  When an Indonesian airliner crashes in the jungle, investigators uncover a series of human errors that cost the lives of everyone on board. | **PG**  +MDAY17-005+ |

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| 23:30 | **Border Security - Australia's Front Line (R) ’CC’**  Some cocky men return from Asia with dangerous contraband and play dumb when the officers find a large amount of strange pink pills in their possession. | **PG**  +BORD-136+ |

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| 00:00 | **Border Security - Australia's Front Line (R) ’CC’**  A man tells officers he travelled to Bali for fun. However, a positive drug reading may prove he had ulterior motives. Elsewhere, what is with this shampoo? It definitely won't give your hair any bounce and shine. Then, a major crime is averted when a woman simply removes her shoes. | **PG**  +BORD-137+ |

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| 00:30 | **Medical Emergency (R) ’CC’**  This week, Michael, a Jehovah's Witness continues to face a life-threatening decision and a meatworker arrives with horrific work injuries. | **PG**  +MDEM3-002+ |

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| 01:00 | **Air Crash Investigations: Mixed Signal (R) ’CC’**  Moments after take off, pilots of a Birgenair flight lost control of the plane and crashed into the ocean below. Join investigators as they try to determine the cause of this tragic accident. | **PG**  +MDAY5-008+ |

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| 02:00 | **Air Crash Investigations: Lethal Turn (R) ’CC’**  When an Indonesian airliner crashes in the jungle, investigators uncover a series of human errors that cost the lives of everyone on board. | **PG**  +MDAY17-005+ |

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| 03:00 | **Mighty Ships: Wallenius Faust (R)**  Climb aboard for an exclusive look at some of the coolest working vessels in the world. | **PG**  +MTYS01-003+ |

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| 04:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-083+ |

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| 04:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-084+ |

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| 05:00 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-051+ |

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| 05:30 | **Home Shopping (R)**  Home Shopping | **G**  +NSD-015+ |

**Thursday 29 August 2019**

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| 06:00 | **Home Shopping: Copper Chef (DZD263PSVTP) (R)**  Shopping program. | **G**  +7DZD2-192+ |

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| 06:30 | **Home Shopping: Miracle Magnetic Duster (MMD692830C) C (R)** | **G**  +TTWO01-005+ |

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| 07:00 | **News Of The Wild ’CC’**  An animal focused, factual entertainment news show bursting at the seams with animals, laughter, news and information. | **C**  +NEWI02-019+ |

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| 07:30 | **Get Clever ’CC’**  An outrageous series where adventure, fun and the wonders of science are burst wide open. | **C**  +GECL02-038+ |

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| 08:00 | **Jay's Jungle: Autumn (R) ’CC’**  Follows the fun adventures of Jay the Lighthouse keeper and the Jungle Crew as they sing, dance, laugh and learn. | **P**  +JAJU-044+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-085+ |

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| 09:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-086+ |

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| 09:30 | **NBC Today (R) ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-206+ |

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| 12:00 | **Air Crash Investigations: Runway Runoff (R)**  After Continental Airlines Flight 1404 careens off the runway and crashes in flames, investigators are left to determine what was to blame. | **PG (A)**  +MDAY19-007+ |

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| 13:00 | **The Chase (R) ’CC’**  Four contestants go into battle against the Chaser as they try to win thousands of pounds. However, standing in the way is their common enemy, the Chaser, one of the finest quiz brains in the UK. | **G**  +CHSE07-088+ |

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| 14:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-085+ |

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| 14:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-086+ |

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| 15:00 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-052+ |

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| 15:30 | **Mighty Ships: Henry Larson (R)**  Climb aboard for an exclusive look at some of the coolest working vessels in the world. | **G**  +MTYS01-004+ |

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| 16:30 | **RSPCA Animal Rescue (R) ’CC’**  The exclusive behind-the-scenes story of Scooby, the deaf Cavalier King Charles spaniel who was trapped in a cave for five days and saved. | **G**  +ANRS3-014+ |

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| 17:00 | **Medical Emergency (R) ’CC’**  Paramedics arrive at The Alfred with a racing car driver who has been involved in an accident while defending his third Victorian title. | **PG**  +MDEM3-003+ |

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| 17:30 | **Escape To The Country: Yorkshire (R)**  Jonnie Irwin travels to Yorkshire to help find a rural home for a budget of 300,000 pounds. But there is a surprise in store for today's buyers, when one house proves too close for comfort. | **G**  +ETTC19-004+ |

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| 18:30 | **Bargain Hunt: Ardingly 16 NEW EPISODE**  Eric Knowles presents this edition with experts Charles Hanson and Richard Madley. Eric also reveals a personal antiques collection which took him 40 years to complete. | **PG**  +BHUN45-014+ |

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| 19:30 | **Father Brown: The Deadly Seal (R)**  Father Brown is told that Bishop Talbot will be assassinated. | **M (V,A)**  +FBRO03-014+ |

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| 20:30 | **A Touch Of Frost: House Calls (R)**  Detective Inspector Jack Frost is called in when a face from the past fits the frame for a series of unpleasant assaults on children in Denton. | **M (A,V)**  +TOF5-002+ |

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| 22:45 | **Mighty Ships: Henry Larson (R)**  Climb aboard for an exclusive look at some of the coolest working vessels in the world. | **G**  +MTYS01-004+ |

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| 23:45 | **Medical Emergency (R) ’CC’**  Paramedics arrive at The Alfred with a racing car driver who has been involved in an accident while defending his third Victorian title. | **PG**  +MDEM3-003+ |

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| 00:15 | **RSPCA Animal Rescue (R) ’CC’**  The exclusive behind-the-scenes story of Scooby, the deaf Cavalier King Charles spaniel who was trapped in a cave for five days and saved. | **G**  +ANRS3-014+ |

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| 00:45 | **Father Brown: The Deadly Seal (R)**  Father Brown is told that Bishop Talbot will be assassinated. | **M (V,A)**  +FBRO03-014+ |

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| 02:00 | **Escape To The Country: Yorkshire (R)**  Jonnie Irwin travels to Yorkshire to help find a rural home for a budget of 300,000 pounds. But there is a surprise in store for today's buyers, when one house proves too close for comfort. | **G**  +ETTC19-004+ |

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| 03:00 | **Bargain Hunt: Ardingly 16 (R)**  Eric Knowles presents this edition with experts Charles Hanson and Richard Madley. Eric also reveals a personal antiques collection which took him 40 years to complete. | **PG**  +BHUN45-014+ |

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| 04:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-085+ |

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| 04:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-086+ |

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| 05:00 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-052+ |

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| 05:30 | **Home Shopping (R)**  Home Shopping | **G**  +NSD-015+ |

**Friday 30 August 2019**

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| 06:00 | **Home Shopping: Flavorstone Diamond (DZD277FSVTP) (R)**  Shopping program. | **G**  +7DZD2-197+ |

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| 06:30 | **Home Shopping: Sumo Slicer (SUS69952830B) B (R)** | **G**  +TTWO01-004+ |

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| 07:00 | **News Of The Wild ’CC’**  An animal focused, factual entertainment news show bursting at the seams with animals, laughter, news and information. | **C**  +NEWI02-020+ |

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| 07:30 | **Get Clever ’CC’**  An outrageous series where adventure, fun and the wonders of science are burst wide open. | **C**  +GECL02-039+ |

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| 08:00 | **Jay's Jungle: Staying Clean (R) ’CC’**  Follows the fun adventures of Jay the Lighthouse keeper and the Jungle Crew as they sing, dance, laugh and learn. | **P**  +JAJU-045+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-087+ |

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| 09:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-088+ |

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| 09:30 | **NBC Today (R) ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-207+ |

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| 12:00 | **House Of Wellness (R) ’CC’**  Entertaining everybody to live a healthier life. Hosted by Luke Darcy, Rachael Finch, Jo Stanley and Luke Hines. | **PG**  +HOWL03-027+ |

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| 13:00 | **My Greek Odyssey (R) ’CC’**  Peter continues his travels on the island of Lefkada, before going on to Skorpios. | **PG**  +MYGO01-012+ |

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| 14:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-087+ |

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| 14:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-088+ |

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| 15:00 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-053+ |

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| 15:30 | **Mighty Ships: MV Paul R. Tregurtha (R)**  Climb aboard for an exclusive look at some of the coolest working vessels in the world. | **PG**  +MTYS01-005+ |

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| 16:30 | **RSPCA Animal Rescue (R) ’CC’**  The kindness of strangers could be hurting two goslings. Not even the fire brigade can reach Sammy the cat who has climbed 25 metres up a tree. | **G**  +ANRS3-015+ |

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| 17:00 | **Medical Emergency (R) ’CC’**  Air Ambulance paramedics respond to a code one emergency when a motorbike rider is found unconscious after a bad fall. | **PG**  +MDEM3-004+ |

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| 17:30 | **Escape To The Country: Hampshire (R)**  Alistair Appleton tackles a very expensive house search in Hampshire for a couple with 1.5 million pounds to spend. Top of the agenda is space for entertaining and room for the in- laws. | **G**  +ETTC19-005+ |

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| 18:30 | **Bargain Hunt: Newark 21 NEW EPISODE**  Natasha Raskin presents from Newark in Nottinghamshire. Experts Kate Bliss and Gary Pe are on hand to help out two teams of married couples. | **PG**  +BHUN45-015+ |

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| 19:30 | **Border Security: America's Front Line (R) ’CC’**  An inside smuggling job is suspected at JFK Airport. Food couriers could be carriers. In Detroit, a wrong turn separates some buds. | **PG**  +BORA01-008+ |

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| 20:00 | **Border Security: America's Front Line (R) ’CC’**  An officer peels back a resistant traveller's luggage. There are no mistaken identities in the JFK Mail Facility. In Detroit, an impatient shopper makes a date with destiny. | **PG**  +BORA01-009+ |

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| 20:30 | **Selling Houses Australia: Kenthurst (R) ’CC’**  A series which follows property owners who are having trouble selling their homes. Tonight, a disco-inspired country estate which is coloured pink and purple is given a much-needed makeover. | **G**  +SEHO07-002+ |

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| 21:30 | **Australia's Amazing Homes: Urban Castles (R)**  Follows three renowned home experts on their quest to find Australia's most stylish and breathtaking homes. | **PG**  +AMAH01-007+ |

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| 22:30 | **Escape To The Continent (R)**  Escape to the Continent showcases gorgeous, competitively priced homes, stunning locations, cultural hot-spots, local amenities and leisure opportunities on foreign shores. | **G**  +ETCO02-011+ |

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| 23:45 | **Bargain Hunt: Newark 21 (R)**  Natasha Raskin presents from Newark in Nottinghamshire. Experts Kate Bliss and Gary Pe are on hand to help out two teams of married couples. | **PG**  +BHUN45-015+ |

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| 00:45 | **Escape To The Country: Hampshire (R)**  Alistair Appleton tackles a very expensive house search in Hampshire for a couple with 1.5 million pounds to spend. Top of the agenda is space for entertaining and room for the in- laws. | **G**  +ETTC19-005+ |

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| 01:45 | **Escape To The Continent (R)**  Escape to the Continent showcases gorgeous, competitively priced homes, stunning locations, cultural hot-spots, local amenities and leisure opportunities on foreign shores. | **G**  +ETCO02-011+ |

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| 03:00 | **Medical Emergency (R) ’CC’**  Air Ambulance paramedics respond to a code one emergency when a motorbike rider is found unconscious after a bad fall. | **PG**  +MDEM3-004+ |

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| 03:30 | **RSPCA Animal Rescue (R) ’CC’**  The kindness of strangers could be hurting two goslings. Not even the fire brigade can reach Sammy the cat who has climbed 25 metres up a tree. | **G**  +ANRS3-015+ |

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| 04:00 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-087+ |

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| 04:30 | **Million Dollar Minute (R) ’CC’**  Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G**  +MIDM2-088+ |

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| 05:00 | **Harry's Practice (R) ’CC’**  Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G**  +HPR-053+ |

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| 05:30 | **Home Shopping (R)**  Home Shopping | **G**  +NSD-015+ |

**Saturday 31 August 2019**

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| 06:00 | **Home Shopping: H20 SteamFX Pro (DZD273LSVTP) (R)**  Shopping program. | **G**  +7DZD2-194+ |

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| 06:30 | **Home Shopping: H20 HD - Free Trial (DZD228DSVTP) (R)**  Shopping program. | **PG**  +7DZD2-169+ |

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| 07:00 | **Home Shopping: Gotham Steel Smokeless Grill (GOTG2830B17904) (R)**  Shopping program. | **G**  +GSD-035+ |

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| 07:30 | **Home Shopping: Copper Chef (DZD263PSVTP) (R)**  Shopping program. | **G**  +7DZD2-192+ |

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| 08:00 | **Travel Oz: Nevada (R) ’CC’**  Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **G**  +TRAV4-018+ |

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| 08:45 | **Travel Oz: Healthy Reef (R) ’CC’**  Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **G**  +TRAV4-019+ |

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| 09:30 | **NBC Today (R) ’CC’**  International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT19-208+ |

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| 11:30 | **Vasili's Garden (R)**  Vasili's Gardens takes you into the backyards of everyday Australians to share organic gardening techniques and teach you how to improve your health using your own garden produce. | **PG**  +VASI04-011+ |

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| 12:30 | **Auction Squad (R) ’CC’**  The squad are battling heatstroke and wallpaper that just won't budge. | **G**  +AUCS4-023+ |

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| 13:30 | **The Great Australian Doorstep (R)**  Peter and Sheree Everitt explore amazing holiday destinations. | **PG**  +GRAD10-002+ |

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| 14:00 | **SA Weekender (R) ’CC’**  Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. | **G**  +SAWE19-003+ |

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| 14:30 | **Sydney Weekender (R) ’CC’**  Mike checks out Lightning Ridge. Lizzy discovers the vibrant shopping of Orange. Erica stops by NRMA Bathurst Panorama Holiday Park to check out this historic town and its growing foodie scene. | **G**  +7SWE26-029+ |

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| 15:00 | **Creek To Coast: Creek To Coast 2019 Ep: 27 (R) ’CC’**  Creek to Coast is all things boating, camping, 4WDing, outdoor adventuring and fishing. From bush-bashing to cooking to caravanning to watersports, Creek to Coast has it all. | **G**  +7CTC19-027+ |

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| 15:30 | **Queensland Weekender: Queensland Weekender 2019 Ep: 28 ’CC’**  From day tripping to the reef, relaxing at a cool city restaurant, or watching a fiery outback sunset, Queensland Weekender will inspire you to make the most of a weekend in our beautiful State. | **G**  +7QWE19-028+ |

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| 16:00 | **The Great Day Out: Great Day Out, The S3 Ep: 30 ’CC’**  The Great Day Out is people, places and friendly faces; it is at the very heart of Queensland and special guest celebrities will invite you along on their Great Day Out. | **G**  +GDOT19-030+ |

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| 16:30 | **RSPCA Animal Rescue (R) ’CC’**  A stolen wolfhound cross is found living with a suspected criminal and a fence-hopping kangaroo lands in some trouble. Narrated by ANTHONY FIELD. | **G**  +ANRS3-012+ |

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| 17:00 | **The Yorkshire Vet (R)**  Joining Julian Norton is his partner, fellow vet and former Herriot trainee, Peter Wright together with their dedicated team of staff at his practice, Skeldale Veterinary Centre. | **PG (A)**  +YORK01-006+ |

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| 18:00 | **Special: Harry And Meghan: Royal Rebels (R) ’CC’ (2018)**  Harry and Meghan have proven themselves to be an unconventional royal couple. Through revealing interviews and exclusive insider stories, the secrets and traditions of a royal wedding are exposed. | **PG**  +SPEC78-001+ |

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| 19:00 | **Special: Diana, Our Mother: Her Life And Legacy (R) ’CC’ (2017)**  An intimate and heartfelt portrait that sheds new light on Diana's life and legacy through the testimony of those who knew her best: her friends, family and most of all, her sons. | **PG (A)**  +SPEC53-001+ |

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| 20:30 | **Escape To The Country: Dorset NEW EPISODE**  A series which helps prospective buyers find their dream home in the country. | **G**  +ETTC24-001+ |

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| 21:30 | **Escape To The Country: Shropshire (R)**  Nicki Chapman is helping a music composer realise her dream of escaping suburbia for the Shropshire countryside. | **G**  +ETTC22-057+ |

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| 22:30 | **Escape To The Country: South Wales (R)**  Jules Hudson is in South Wales with a couple who have a 350,000-pound budget to buy a 'forever' home in the country. | **G**  +ETTC23-010+ |

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| 23:30 | **The Yorkshire Vet (R)**  Joining Julian Norton is his partner, fellow vet and former Herriot trainee, Peter Wright together with their dedicated team of staff at his practice, Skeldale Veterinary Centre. | **PG (A)**  +YORK01-006+ |

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| 00:30 | **The Great Australian Doorstep (R)**  Peter and Sheree Everitt explore amazing holiday destinations. | **PG**  +GRAD10-002+ |

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| 01:00 | **SA Weekender ’CC’**  Showcasing the best South Australian destinations, attractions and experiences every Sunday afternoon. | **G**  +SAWE19-025+ |

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| 01:30 | **Sydney Weekender (R) ’CC’**  Mike checks out Lightning Ridge. Lizzy discovers the vibrant shopping of Orange. Erica stops by NRMA Bathurst Panorama Holiday Park to check out this historic town and its growing foodie scene. | **G**  +7SWE26-029+ |

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| 02:00 | **Creek To Coast: Creek To Coast 2019 Ep: 27 (R) ’CC’**  Creek to Coast is all things boating, camping, 4WDing, outdoor adventuring and fishing. From bush-bashing to cooking to caravanning to watersports, Creek to Coast has it all. | **G**  +7CTC19-027+ |

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| 02:30 | **Queensland Weekender: Queensland Weekender 2019 Ep: 28 (R) ’CC’**  From day tripping to the reef, relaxing at a cool city restaurant, or watching a fiery outback sunset, Queensland Weekender will inspire you to make the most of a weekend in our beautiful State. | **G**  +7QWE19-028+ |

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| 03:00 | **The Great Day Out: Great Day Out, The S3 Ep: 30 (R) ’CC’**  The Great Day Out is people, places and friendly faces; it is at the very heart of Queensland and special guest celebrities will invite you along on their Great Day Out. | **G**  +GDOT19-030+ |

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| 03:30 | **Auction Squad (R) ’CC’**  The squad are battling heatstroke and wallpaper that just won't budge. | **G**  +AUCS4-023+ |

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| 04:30 | **Travel Oz: Nevada (R) ’CC’**  Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **G**  +TRAV4-018+ |

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| 05:15 | **Travel Oz: Healthy Reef (R) ’CC’**  Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **G**  +TRAV4-019+ |