**Sunday 29 March 2020**

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| 06:00 | **It Is Written: Great Chapters Of The Bible - Matthew 5** Religious program. | **PG (A)**+IIWR20-013+ |

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| 06:30 | **Home Shopping** Shopping program. | **G** +INFO01-001+ |

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| 07:00 | **Tomorrow's World: Seven Steps To Lasting Happiness** Religious program. | **PG (A)**+TOMW20-013+ |

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| 07:30 | **Leading The Way: Healthy Living In A Sick World, Pt. 3** Religious program. | **PG** +LWAY20-013+ |

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| 08:00 | **David Jeremiah: The Archangel** Religious program. | **PG** +DAJE20-013+ |

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| 08:30 | **Mum's At The Table** Mums At The Table is the place where we share, laugh and dream together. It's a TV panel show featuring real women; smart and sassy ladies with real lives, real families, real struggles and real joy. | **PG (A)**+MTAB01-073+ |

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| 09:00 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 09:30 | **The Great Australian Doorstep (R)** Peter and Sheree Everitt explore amazing holiday destinations. | **PG** +GRAD11-007+ |

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| 10:00 | **House Of Wellness (R) ’CC’** Entertaining everybody to live a healthier life. Hosted by Luke Darcy, Rachael Finch, Jo Stanley and Luke Hines. | **PG** +HOWL04-007+ |

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| 11:00 | **NBC Today (R) ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT20-088+ |

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| 12:00 | **My Greek Odyssey (R) ’CC’** After seeing the sites of Monemvaisa, Peter continues on to Elafonisos, before venturing to the island of Kythira. | **PG** +MYGO01-006+ |

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| 13:00 | **All Clear** The Australian Jumping Teams League is the big bash of showjumping. 10 teams battle for the richest ever showjumping purse. | **PG (L)**+ALCL01-006+ |

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| 15:00 | **Escape To The Country: North Devon (R)** Sonali Shah heads to the North Devon countryside to help a career minded couple who want a family home and start up a holiday-let business. | **G** +ETTC24-039+ |

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| 16:00 | **Escape To The Country: Shropshire (R)** Margherita Taylor is property hunting in Shropshire with a couple of keen gardeners who want to buy them a country home with ample space for them and their hot tub. | **G** +ETTC24-040+ |

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| 17:00 | **M\*A\*S\*H: 38 Across (R)** Befuddled by a crossword puzzle, Hawkeye persuades Potter to call his old friend - a whiz at puzzles - to an emergency at the 4077th. | **PG** +MASH5-016+ |

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| 17:30 | **M\*A\*S\*H: Ping Pong (R)** Cho Lin, the 4077th's ping pong champ, is conscripted to the South Korean army only to return to camp as a wounded soldier. | **PG** +MASH5-017+ |

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| 18:00 | **M\*A\*S\*H: End Run (R)** When a young sergeant who is also a talented football player arrives with severe injuries, the doctors are forced to amputate his leg. | **PG** +MASH5-018+ |

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| 18:30 | **M\*A\*S\*H: Hanky Panky (R)** Nurse Carrie Donovan receives a "Dear Jane" letter from her husband, and practically falls apart falling into B.J's arms. | **PG** +MASH5-019+ |

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| 19:00 | **Border Security - Australia's Front Line (R) ’CC’** A nervous passenger gets the attention of officers when a vile stench is detected in his luggage. A Chinese couple try to blame their children for bringing a major biosecurity risk. | **PG** +BORD13-002+ |

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| 19:30 | **Border Security - Australia's Front Line (R) ’CC’** A passenger is unhappy about being questioned and an extremely dangerous document arrives at the Mail Handling Unit. | **PG** +BORD-072+ |

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| 20:00 | **Border Security - Australia's Front Line (R) ’CC’** Customs zero in on two men from Malaysia who are behaving suspiciously. Immigration target a steel fabrication plant suspected of harbouring several illegal workers. Narrated by GRANT BOWLER. | **PG** +BORD-073+ |

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| 20:30 | **Bushfire Wars: Valley Of Fire SEASON PREMIERE**This is the story of the men and women from the Parks and Wildlife Service in Western Australia who risk their lives to fight a scorching enemy. | **PG** +BWAR01-001+ |

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| 21:00 | **Air Crash Investigations: Fatal Approach (R)** When a commuter plane crashes at Amsterdam airport, investigators determine that a minor circuitry problem sparked a cascading series of fatal errors. | **PG (A)**+MDAY19-003+ |

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| 22:00 | **Air Crash Investigations: Killer Attitude (R) ’CC’** The investigation into a commuter crash in northern Minnesota reveals a troubling pattern of abuse that led to a breakdown in human cooperation. | **PG** +MDAY17-001+ |

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| 23:00 | **Criminal Confessions: Eunice (R) ’CC’** A wife returns home to find her husband shot dead, and detectives search for the truth for two years. | **M (D,A,V,L)**+CCON01-008+ |

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| 00:00 | **Bushfire Wars: The Fire Strikes Back** This is the story of the men and women from the Parks and Wildlife Service in Western Australia who risk their lives to fight a scorching enemy. | **PG** +BWAR01-002+ |

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| 00:30 | **Dog Patrol (R) ’CC’** Whanganui Delta team Jason and Farris hunt for some deer poachers, Corrections drug dog Jess sniffs out trouble in the property room at Auckland Prison. | **PG** +STFC07-009+ |

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| 01:00 | **Air Crash Investigations: Fatal Approach (R)** When a commuter plane crashes at Amsterdam airport, investigators determine that a minor circuitry problem sparked a cascading series of fatal errors. | **PG (A)**+MDAY19-003+ |

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| 02:00 | **Air Crash Investigations: Killer Attitude (R) ’CC’** The investigation into a commuter crash in northern Minnesota reveals a troubling pattern of abuse that led to a breakdown in human cooperation. | **PG** +MDAY17-001+ |

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| 03:00 | **My Greek Odyssey (R) ’CC’** After seeing the sites of Monemvaisa, Peter continues on to Elafonisos, before venturing to the island of Kythira. | **PG** +MYGO01-006+ |

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| 04:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-157+ |

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| 04:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-158+ |

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| 05:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-019+ |

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| 05:30 | **Fresh TV (R)** Cooking and lifestyle show uncovering some of the best places to eat in WA. Presented by Myles Pollard and Jasmine Homer. | **G** +FRTV01-001+ |

 **Monday 30 March 2020**

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| 06:00 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 06:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 07:00 | **Beat Bugs: Day Tripper / In My Life (R) ’CC’** The Beat Bugs become stranded while trying to help Connie the Cicada. Then, it's Katter the Pillar's birthday party and the Beat Bugs are helping her celebrate. | **C** +BEAT-010+ |

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| 07:30 | **The Wild Adventures of Blinky Bill: Founders Day / Roommates (R) ’CC’ SEASON FINAL**Blinky Bill and his friends set out to defend their outback home and catch those who commit crimes. | **C** +BLIN01-026+ |

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| 08:00 | **Toybox: Fire Fighters (R) ’CC’** Watch the toys come alive when we open the lid to a fantasy world full of fun, music, learning and adventure! | **P** +TOYB2-061+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-157+ |

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| 09:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-158+ |

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| 09:30 | **NBC Today (R) ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT20-089+ |

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| 10:30 | **Malaysia Kitchen (R)** In today's episode, Alvin shares a unique tea infused rich dish and a Nyonya style stew. Veteran chef, Carol Selva Rajah visits the kitchen to make delicious fried bean curd. | **G** +MKIT01-010+ |

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| 11:00 | **Great Australian Doorstep (R)** The boys concede defeat, but the girls arrive to take in the sights of Darwin and Litchfield National Park. | **PG** +GRAD09-002+ |

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| 11:30 | **Better Homes And Gardens (R) ’CC’** Joh and Pete check out a V-shaped property with stunning views and Brazilian style. Adam shows you some DIY shortcuts. Fast Ed makes a polenta, tomato and cheese traybake.  | **G** +BHAG26-008+ |

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| 13:00 | **My Road To Adventure: Patrick Dangerfield, Pt. 2 (R) ’CC’** An intimate insight into the secret holidaying lifestyle of some of Australia's most loved celebrities. | **PG** +MRTA01-004+ |

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| 13:30 | **Sydney Weekender (R) ’CC’** Mike heads to the beautiful coastal town of Milton. Fliss visits the heritage listed village of Tilba in NSW for an insight into the local aboriginal culture. Darren goes on a kayak tour with Region X | **G** +7SWE27-004+ |

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| 14:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-157+ |

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| 15:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-019+ |

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| 15:30 | **M\*A\*S\*H: 38 Across (R)** Befuddled by a crossword puzzle, Hawkeye persuades Potter to call his old friend - a whiz at puzzles - to an emergency at the 4077th. | **PG** +MASH5-016+ |

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| 16:00 | **M\*A\*S\*H: Ping Pong (R)** Cho Lin, the 4077th's ping pong champ, is conscripted to the South Korean army only to return to camp as a wounded soldier. | **PG** +MASH5-017+ |

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| 16:30 | **M\*A\*S\*H: End Run (R)** When a young sergeant who is also a talented football player arrives with severe injuries, the doctors are forced to amputate his leg. | **PG** +MASH5-018+ |

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| 17:00 | **M\*A\*S\*H: Hanky Panky (R)** Nurse Carrie Donovan receives a "Dear Jane" letter from her husband, and practically falls apart falling into B.J's arms. | **PG** +MASH5-019+ |

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| 17:30 | **Escape To The Country: Lancashire (R)** Denise Nurse travels to Lancashire to help a family who have outgrown their London home. Away from the property search, Denise learns the secrets behind the county's most famous dish. | **G** +ETTC19-017+ |

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| 18:30 | **Bargain Hunt: Portobello Alexandra Palace 27 (R)** Teams head to Alexandra Palace - the birthplace of British television - to search for profit-making trinkets. Both teams leave their experts open-mouthed as they take control of their own hunts. | **G** +BHUN34-006+ |

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| 19:30 | **Doc Martin: Born With A Shotgun (R)** Martin's new receptionist makes a poor first impression; Louisa and Martin find sleepless nights are taking their toll. | **PG (A,V)**+DOCM05-003+ |

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| 20:30 | **The Inspector Lynley Mysteries: In Divine Proportion (R)** Havers' returns to work and investigates a case of a young woman who has been shot dead in rural Suffolk. Starring:ADIE ALLEN,BURN GORMAN,LOUISE HICKSON,SYLVESTRA LE TOUZEL,CRAIG PARKINSON,JAMES BULLER,RODERICK SMITH,SIMON WILSON,JIMMY YUILL,RICHARD ARMITAGE | **M (A,V)**+INLM4-001+ |

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| 22:30 | **Gold Digger (R) ’CC’** Julia realises she's in love with Benjamin. Patrick and Della, who are suspicious of Benjamin, follow him and catch him in a compromising situation. Is he really who he seems? | **M (L,A)**+GODI01-002+ |

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| 23:40 | **Brit Cops NEW EPISODE**Action-packed documentary following rapid response officers, the fastest cops in Britain, as they crack down on crime.  | **M (V,L)**+BRIC03-001+ |

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| 00:45 | **My Road To Adventure: Patrick Dangerfield, Pt. 2 (R) ’CC’** An intimate insight into the secret holidaying lifestyle of some of Australia's most loved celebrities. | **PG** +MRTA01-004+ |

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| 01:30 | **Great Australian Doorstep (R)** The boys concede defeat, but the girls arrive to take in the sights of Darwin and Litchfield National Park. | **PG** +GRAD09-002+ |

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| 02:00 | **Escape To The Country: Lancashire (R)** Denise Nurse travels to Lancashire to help a family who have outgrown their London home. Away from the property search, Denise learns the secrets behind the county's most famous dish. | **G** +ETTC19-017+ |

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| 03:00 | **Bargain Hunt: Portobello Alexandra Palace 27 (R)** Teams head to Alexandra Palace - the birthplace of British television - to search for profit-making trinkets. Both teams leave their experts open-mouthed as they take control of their own hunts. | **G** +BHUN34-006+ |

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| 04:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-159+ |

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| 04:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-160+ |

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| 05:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-020+ |

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| 05:30 | **Sydney Weekender (R) ’CC’** Mike heads to the beautiful coastal town of Milton. Fliss visits the heritage listed village of Tilba in NSW for an insight into the local aboriginal culture. Darren goes on a kayak tour with Region X | **G** +7SWE27-004+ |

 **Tuesday 31 March 2020**

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| 06:00 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 06:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 07:00 | **Beat Bugs: Why Don't We Do It In The Road / The Word (R) ’CC’** When the Beat Bugs break the rules and play on the road, it's up to Walter to find his inner action hero and save his friends. Then, the Beat Bugs make a mysterious new friend named Melvin. | **C** +BEAT-011+ |

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| 07:30 | **ZooMoo Lost (R) ’CC’** Flash is lost! Where could he be? He might be in danger! Help Owl and Piglet unravel the clues so we can find our friend, Flash, and then bring him back home, safe and sound! | **C** +ZOMO01-006+ |

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| 08:00 | **Toybox: Tina's Fairy Play (R) ’CC’** Watch the toys come alive when we open the lid to a fantasy world full of fun, music, learning and adventure! | **P** +TOYB2-062+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-159+ |

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| 09:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-160+ |

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| 09:30 | **NBC Today (R) ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT20-090+ |

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| 12:00 | **My Road To Adventure: Patrick Dangerfield, Pt. 2 (R) ’CC’** An intimate insight into the secret holidaying lifestyle of some of Australia's most loved celebrities. | **PG** +MRTA01-004+ |

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| 12:30 | **The Great Australian Doorstep (R)** Peter and Sheree Everitt explore amazing holiday destinations. | **PG** +GRAD11-007+ |

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| 13:00 | **Creek To Coast (R) ’CC’** Duane ventures past Ipswich for an interesting bush trail. Sally shares a delicious prawn ravioli recipe. Roothy shows us his shed and we sit down with Seven’s meteorologist for some top weather tips. | **G** +7CTC20-007+ |

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| 13:30 | **Weekender (R) ’CC’** Victoria has the perfect guide to Newrybar. Chris tries top notch food in a tropical setting. Billy explores the kitsch side of the Gold Coast. Bridget laps it up 4WD style, plus the Birrunga gallery. | **G** +WEKN20-006+ |

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| 15:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-020+ |

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| 15:30 | **Air Crash Investigations: Blow Out (R) ’CC’** Minutes after take off, disaster strikes for a British Airways flight when the windshield is blown out along with the pilot. Join investigators as they uncover the cause of the disaster. | **PG** +MDAY2-001+ |

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| 16:30 | **The Zoo (R) ’CC’** A potentially deadly hyena birth is caught on camera, a giraffe faces a medical mystery and a baby quokka faces life as an orphan. Narrated by | **G** +ZOOT3-008+ |

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| 17:00 | **Crash Investigation Unit: Kenthurst (R) ’CC’** A 4WD runs off a dark, rural road and its driver is killed on impact but when another driver stops to help, he becomes a suspect. | **PG** +CIU2-004+ |

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| 17:30 | **Escape To The Country: Oxfordshire (R)** Jonnie Irwin helps a couple who want to leave their family home after almost thirty years. But just how far will their budget go in the expensive Oxfordshire countryside? | **G** +ETTC19-018+ |

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| 18:30 | **Bargain Hunt: Epsom Dorking 22 (R)** Teams trot their red and blue colours around the Epsom Racecourse Antiques and Collectables Fair. Then, Tim Wonnacott visits Petworth House to look at the extensive collection of sculptures. | **G** +BHUN34-008+ |

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| 19:30 | **Cold Case (R) ’CC’** A 60-year reunion of World War II female factory workers stirs up memories of a mysterious death. | **M (V,A)**+COLC02-002+ |

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| 20:30 | **Cold Case (R) ’CC’** After receiving a home movie in which a young woman is apparently shot and killed, Rush and Valens reopen a 1979 unsolved "Jane Doe" murder case. | **M (V,A)**+COLC02-003+ |

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| 21:30 | **The Blacklist: Les Fleurs Du Mal ’CC’ NEW EPISODE**Aram goes undercover to infiltrate a secret society of wealthy thrill-seekers whose entertainment hinges upon spectacular acts of violence. | **M (V,A)**+BLKL07-003+ |

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| 22:30 | **The Blacklist: Kuwait ’CC’ NEW EPISODE**Cooper's moral compass is tested when an officer whom he served with as a young man, long presumed to be dead, resurfaces as a POW. | **M (V)**+BLKL07-004+ |

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| 23:30 | **Criminal Minds: Believer (R) ’CC’** The team questions the credibility of a former FBI agent's bizarre account. | **MA (V)**+CRMD13-022+ |

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| 00:30 | **Air Crash Investigations: Blow Out (R) ’CC’** Minutes after take off, disaster strikes for a British Airways flight when the windshield is blown out along with the pilot. Join investigators as they uncover the cause of the disaster. | **PG** +MDAY2-001+ |

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| 01:30 | **Crash Investigation Unit: Kenthurst (R) ’CC’** A 4WD runs off a dark, rural road and its driver is killed on impact but when another driver stops to help, he becomes a suspect. | **PG** +CIU2-004+ |

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| 02:00 | **Escape To The Country: Oxfordshire (R)** Jonnie Irwin helps a couple who want to leave their family home after almost thirty years. But just how far will their budget go in the expensive Oxfordshire countryside? | **G** +ETTC19-018+ |

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| 03:00 | **Bargain Hunt: Epsom Dorking 22 (R)** Teams trot their red and blue colours around the Epsom Racecourse Antiques and Collectables Fair. Then, Tim Wonnacott visits Petworth House to look at the extensive collection of sculptures. | **G** +BHUN34-008+ |

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| 04:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-161+ |

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| 04:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-162+ |

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| 05:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-021+ |

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| 05:30 | **The Zoo (R) ’CC’** A potentially deadly hyena birth is caught on camera, a giraffe faces a medical mystery and a baby quokka faces life as an orphan. Narrated by | **G** +ZOOT3-008+ |

 **Wednesday 01 April 2020**

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| 06:00 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 06:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 07:00 | **Beat Bugs: Glass Onion / Honey Pie (R) ’CC’** The Beat Bugs are divided on what to do with a shiny new treasure. Then, the Beat Bugs recreate an old cooking show to help Granny Bee remember the recipe to her famous honey pie. | **C** +BEAT-012+ |

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| 07:30 | **ZooMoo Lost (R) ’CC’** Flash is lost! Where could he be? He might be in danger! Help Owl and Piglet unravel the clues so we can find our friend, Flash, and then bring him back home, safe and sound! | **C** +ZOMO01-007+ |

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| 08:00 | **Toybox: Mr. Popularity (R) ’CC’** Watch the toys come alive when we open the lid to a fantasy world full of fun, music, learning and adventure! | **P** +TOYB2-063+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-161+ |

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| 09:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-162+ |

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| 09:30 | **NBC Today (R) ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT20-091+ |

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| 12:00 | **All Clear (R)** The Australian Jumping Teams League is the big bash of showjumping. 10 teams battle for the richest ever showjumping purse. | **PG (L)**+ALCL01-006+ |

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| 14:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-161+ |

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| 14:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-162+ |

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| 15:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-021+ |

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| 15:30 | **Air Crash Investigations: A Wounded Bird (R) ’CC’** In 1995, shortly after take-off a loud thump damages the left propeller of a plane, forcing it to fly with one wing. Join investigators as they uncover a fatal flaw that had been covered up. | **PG** +MDAY2-002+ |

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| 16:30 | **The Zoo (R) ’CC’** A lion cub has a sore shoulder and the vets must discover why. Then, two White Rhinos are introduced and the keepers are hoping for a pregnancy. | **G** +ZOOT2-003+ |

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| 17:00 | **Crash Investigation Unit: Punchbowl (R) ’CC’** Two young P-plate drivers collide at an intersection but despite the jaw-dropping damage, they both live to tell the tale. | **PG** +CIU2-005+ |

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| 17:30 | **Escape To The Country: Carmarthenshire (R)** Jules Hudson is house hunting with a young couple who have decided to swap their life on the open seas for a slice of the Carmarthenshire countryside. | **G** +ETTC19-019+ |

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| 18:30 | **Bargain Hunt: Newark 03 (R)** Teams head to Newark Antiques and Collectors Fair where they scour the grounds in an attempt to find items that make money at auction. Then, Tim visits Bowhill House in Scotland. | **G** +BHUN34-009+ |

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| 19:30 | **Border Security - Australia's Front Line (R) ’CC’** Officers suspect a Brazilian student isn't taking her visa conditions seriously. Biosecurity officers uncover an infestation of live animals with devastating potential. | **PG** +BORD13-003+ |

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| 20:00 | **Border Security - Australia's Front Line (R) ’CC’** A young Australian traveller raises suspicion. Quarantine officers are faced with a smorgasbord of undeclared Middle Eastern delights. | **PG** +BORD-074+ |

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| 20:30 | **Chris Tarrant's Extreme Railways: Night Train To Patagonia NEW EPISODE**Chris sets out from a British-built station in Buenos Aires taking the overnight train to the pampas lowlands. | **PG** +CTER03-002+ |

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| 21:30 | **David Jason: Planes, Trains And Automobiles (R)** David Jason is off on the adventure of lifetime, journeying from Seattle to Los Angeles, using the best, fastest and most expensive modes of transport that America's West Coast has to offer. | **PG** +PLTA01-002+ |

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| 22:30 | **Inside King's Cross: The Railway (R)** Network Rail take to the skies, using thermal imaging cameras to identify potential faults on the East Coast Mainline. Teams work through the night to maintain the railway track. | **PG** +INKC01-003+ |

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| 23:30 | **Mighty Planes: Omega 707 (R)** We go behind the scenes as one of Omega's 707 Tankers takes part in FIREX - a three-day live fire operation over the deserts of Southern California. | **G** +MIPL2-001+ |

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| 00:30 | **Air Crash Investigations: A Wounded Bird (R) ’CC’** In 1995, shortly after take-off a loud thump damages the left propeller of a plane, forcing it to fly with one wing. Join investigators as they uncover a fatal flaw that had been covered up. | **PG** +MDAY2-002+ |

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| 01:30 | **Crash Investigation Unit: Punchbowl (R) ’CC’** Two young P-plate drivers collide at an intersection but despite the jaw-dropping damage, they both live to tell the tale. | **PG** +CIU2-005+ |

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| 02:00 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 02:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 03:00 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 03:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 04:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-163+ |

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| 04:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-164+ |

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| 05:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-022+ |

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| 05:30 | **The Zoo (R) ’CC’** A lion cub has a sore shoulder and the vets must discover why. Then, two White Rhinos are introduced and the keepers are hoping for a pregnancy. | **G** +ZOOT2-003+ |

 **Thursday 02 April 2020**

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| 06:00 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 06:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 07:00 | **Beat Bugs: Carry That Weight / Blackbird (R) ’CC’** When the ants become homeless, Crick invites them to come and live in the village with the Beat Bugs. Then, the Beat Bugs befriend Blackbird after discovering a mutual love of daydreaming. | **C** +BEAT-013+ |

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| 07:30 | **ZooMoo Lost (R) ’CC’** Flash is lost! Where could he be? He might be in danger! Help Owl and Piglet unravel the clues so we can find our friend, Flash, and then bring him back home, safe and sound! | **C** +ZOMO01-008+ |

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| 08:00 | **Toybox: Ned's Robot Friend (R) ’CC’** Watch the toys come alive when we open the lid to a fantasy world full of fun, music, learning and adventure! | **P** +TOYB2-064+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-163+ |

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| 09:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-164+ |

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| 09:30 | **NBC Today (R) ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT20-092+ |

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| 12:00 | **My Greek Odyssey (R) ’CC’** After seeing the sites of Monemvaisa, Peter continues on to Elafonisos, before venturing to the island of Kythira. | **PG** +MYGO01-006+ |

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| 13:00 | **Auction Squad (R) ’CC’** The Auction Squad team weave their magic on a two-bedroom semi. | **G** +AUCS2-007+ |

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| 14:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-163+ |

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| 14:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-164+ |

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| 15:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-022+ |

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| 15:30 | **Mighty Planes: Omega 707 (R)** We go behind the scenes as one of Omega's 707 Tankers takes part in FIREX - a three-day live fire operation over the deserts of Southern California. | **G** +MIPL2-001+ |

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| 16:30 | **Chris Tarrant's Extreme Railways: Night Train To Patagonia (R)** Chris sets out from a British-built station in Buenos Aires taking the overnight train to the pampas lowlands. | **PG** +CTER03-002+ |

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| 17:30 | **Escape To The Country: North Devon (R)** Alistair Appleton helps a couple of young retirees find their dream home in North Devon. They are happy to take on a renovation project, but the mystery house almost leaves them speechless. | **G** +ETTC19-020+ |

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| 18:30 | **Bargain Hunt: Lincoln 31 (R)** Two teams challenge each other scouring an antiques fair for items to sell at auction. Which team will make the largest profit?  | **G** +BHUN34-010+ |

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| 19:30 | **Father Brown: The Judgement Of Man (R) ’CC’** Father Brown becomes embroiled in an audacious art heist masterminded by his adversary Flambeau, who intends to use the priest and his friends to help him settle an old score. | **M (V,A)**+FBRO03-010+ |

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| 20:30 | **Judge John Deed: Defence Of The Realm (R)** Deed's fellow judges turn against him for his indiscretion with a Claimant. He is temporarily exiled to lecture at the University of Warwick. Guest starring JOHN SESSIONS. Starring:ANDREW GREENOUGH,FIONA CAREW,PETER YAPP,SEAN FRANCIS,SANDRA JAMES-YOUNG,STUART ORGAN,EWAN BAILEY | **M (V)**+JJD3-004+ |

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| 22:30 | **Jonathan Creek: Angel Hair (R)** Jonathan Creek has to explain how a girl who has just had a full set of hair cut off can have grown it all back in 48 hours. Starring:ALAN DAVIES,CAROLINE QUENTIN | **M (V,S)**+JNTC4-002+ |

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| 23:45 | **Border Patrol: American Medicinal Cannabis (R) ’CC’** An American traveller who fails to realise that his medicinal cannabis prescription isn't valid outside of the US is stopped at the border. | **PG (D)**+BDPT08-005+ |

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| 00:15 | **Border Patrol: Empty Body Packer (R) ’CC’** A barista arriving from Hong Kong with very suspicious plans is sniffed out by a Customs drug dog. And high-risk plant material at the International mail centre poses a biosecurity risk. | **PG** +BDPT08-006+ |

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| 00:45 | **Father Brown: The Judgement Of Man (R) ’CC’** Father Brown becomes embroiled in an audacious art heist masterminded by his adversary Flambeau, who intends to use the priest and his friends to help him settle an old score. | **M (V,A)**+FBRO03-010+ |

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| 02:00 | **Escape To The Country: North Devon (R)** Alistair Appleton helps a couple of young retirees find their dream home in North Devon. They are happy to take on a renovation project, but the mystery house almost leaves them speechless. | **G** +ETTC19-020+ |

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| 03:00 | **Bargain Hunt: Lincoln 31 (R)** Two teams challenge each other scouring an antiques fair for items to sell at auction. Which team will make the largest profit?  | **G** +BHUN34-010+ |

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| 04:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-165+ |

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| 04:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G** +MIDM-001+ |

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| 05:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-023+ |

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| 05:30 | **One Road (R)** A road trippers delight! A mixture of tourism and lifestyle in our own backyard. | **G** +ONRD01-001+ |

 **Friday 03 April 2020**

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| 06:00 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 06:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 07:00 | **Beat Bugs: Yellow Submarine / I Call Your Name (R) ’CC’ SEASON FINAL**The Beat Bugs go on a magical underwater journey in a yellow submarine. Then, when Jay and Walter get in a fight, Kumi and Crick's plan to get them back together turns disastrous. | **C** +BEAT-014+ |

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| 07:30 | **ZooMoo Lost (R) ’CC’** Flash is lost! Where could he be? He might be in danger! Help Owl and Piglet unravel the clues so we can find our friend, Flash, and then bring him back home, safe and sound! | **C** +ZOMO01-009+ |

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| 08:00 | **Toybox: Chair With A View (R) ’CC’** Watch the toys come alive when we open the lid to a fantasy world full of fun, music, learning and adventure! | **P** +TOYB2-065+ |

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| 08:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-165+ |

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| 09:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G** +MIDM-001+ |

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| 09:30 | **NBC Today (R) ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT20-093+ |

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| 12:00 | **House Of Wellness (R) ’CC’** Entertaining everybody to live a healthier life. Hosted by Luke Darcy, Rachael Finch, Jo Stanley and Luke Hines. | **PG** +HOWL04-008+ |

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| 13:00 | **Auction Squad (R) ’CC’** The Auction Squad team dramatically transform a two-bedroom weatherboard cottage. | **G** +AUCS2-008+ |

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| 14:00 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? Hosted by Simon Reeve. | **G** +MIDM4-165+ |

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| 14:30 | **Million Dollar Minute (R) ’CC’** Million Dollar Minute is a battle of general knowledge, where every correct answer is a step closer to the ultimate test: Can one person, in one minute, win one million dollars? | **G** +MIDM-001+ |

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| 15:00 | **Harry's Practice (R) ’CC’** Join Dr Harry Cooper and Dr Katrina Warren for everything you need to know about animals. | **G** +HPR-023+ |

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| 15:30 | **Border Patrol: Body Packer Widow (R) ’CC’** Turtles are discovered at the Ports of Auckland; and some Aussie promo girls arrive at Queenstown airport with containers full of unidentified white powders. | **PG** +BDPT08-004+ |

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| 16:00 | **Border Patrol: American Medicinal Cannabis (R) ’CC’** An American traveller who fails to realise that his medicinal cannabis prescription isn't valid outside of the US is stopped at the border. | **PG (D)**+BDPT08-005+ |

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| 16:30 | **Border Patrol: Empty Body Packer (R) ’CC’** A barista arriving from Hong Kong with very suspicious plans is sniffed out by a Customs drug dog. And high-risk plant material at the International mail centre poses a biosecurity risk. | **PG** +BDPT08-006+ |

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| 17:00 | **Crash Investigation Unit: Mt Druitt (R) ’CC’** Follow the Crash Investigation Unit as it works through the intricate anatomy of car accidents on Australian roads - from the initial call-out to case closed. | **PG** +CIU2-007+ |

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| 17:30 | **Escape To The Country: Isle Of Wight (R)** Jonnie Irwin helps a couple and their autistic son, find a home on the Isle of Wight. Then, Jonnie gets a taste of one of the islands biggest exports at the UK's largest garlic farm. | **G** +ETTC19-021+ |

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| 18:30 | **Bargain Hunt: Malvern Leominster 4 (R)** Two computer boffins in red battle it out with two horse-riding ladies in blue in Leominster's antique shops. Then, Tim heads to Chastleton House, a Jacobean country house in Oxfordshire. | **G** +BHUN34-011+ |

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| 19:30 | **Heathrow: Britain's Busiest Airport: Britain's Busiest Airport: Heathrow S4 Ep 1 (R)** Britain's busiest and most famous airport opens its doors for an un-precedented look at life inside Europe's most important transport hub. | **PG** +HEAT04-001+ |

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| 20:00 | **Heathrow: Britain's Busiest Airport: Britain's Busiest Airport: Heathrow S4 Ep 2 (R)** Britain's busiest and most famous airport opens its doors for an un-precedented look at life inside Europe's most important transport hub. | **PG** +HEAT04-002+ |

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| 20:30 | **Billy Connolly's Tracks Across America (R) ’CC’** Billy meets farmer Tom, a veg grower turned organic cannabis producer before heading to California to see elephant seals. Next up it's the deserts of Arizona with a former nuclear missile silo. | **M (D)**+BTAA01-002+ |

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| 21:30 | **Martin Clunes: Islands Of America (R) ’CC’** Martin's travels take him 1500 miles to the San Juan Islands in Washington State, just off America's North West Pacific coast. There are over 100 islands, mostly uninhabited.  | **PG (D,A)**+MCIA01-002+ |

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| 22:30 | **Walking Through History: The Birth Of Industry (R)** Tony Robinson walks through some of Britain's most historic landscapes in search of the richest stories from the country's past. | **PG** +WALK01-002+ |

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| 23:30 | **The House That 100K Built: Derek And Christine (R)** Despite retiring, Derek and Christine have no intention of slowing down. They want to move from Huddersfield to the south east of England but simply can't afford the house prices. | **G** +HOTB03-002+ |

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| 00:45 | **My Road To Adventure: Patrick Dangerfield, Pt. 2 (R) ’CC’** An intimate insight into the secret holidaying lifestyle of some of Australia's most loved celebrities. | **PG** +MRTA01-004+ |

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| 01:15 | **Border Patrol: Body Packer Widow (R) ’CC’** Turtles are discovered at the Ports of Auckland; and some Aussie promo girls arrive at Queenstown airport with containers full of unidentified white powders. | **PG** +BDPT08-004+ |

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| 02:00 | **Escape To The Country: Isle Of Wight (R)** Jonnie Irwin helps a couple and their autistic son, find a home on the Isle of Wight. Then, Jonnie gets a taste of one of the islands biggest exports at the UK's largest garlic farm. | **G** +ETTC19-021+ |

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| 03:00 | **Bargain Hunt: Malvern Leominster 4 (R)** Two computer boffins in red battle it out with two horse-riding ladies in blue in Leominster's antique shops. Then, Tim heads to Chastleton House, a Jacobean country house in Oxfordshire. | **G** +BHUN34-011+ |

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| 04:00 | **Walking Through History: The Birth Of Industry (R)** Tony Robinson walks through some of Britain's most historic landscapes in search of the richest stories from the country's past. | **PG** +WALK01-002+ |

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| 05:00 | **House Of Wellness (R) ’CC’** Entertaining everybody to live a healthier life. Hosted by Luke Darcy, Rachael Finch, Jo Stanley and Luke Hines. | **PG** +HOWL04-008+ |

 **Saturday 04 April 2020**

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| 06:00 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 06:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 07:00 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 07:30 | **Home Shopping (R)** Shopping program. | **G** +INFO01-001+ |

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| 08:00 | **Travel Oz: Tumut & Alice Springs (R) ’CC’** Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG** +TRAV-019+ |

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| 08:45 | **Travel Oz: Festivals (R) ’CC’** Today, travel to some of Australia's most loved festivals, celebrating the seasons, culture, music and the bizarre. | **PG** +TRAV3-018+ |

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| 09:30 | **NBC Today (R) ’CC’** International news and weather including interviews with newsmakers in the world of politics, business, media, entertainment and sport. | +NBCT20-094+ |

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| 11:30 | **Great Australian Doorstep (R)** Sheree and Jules go rogue in Darwin and hit the Adelaide River in search of the biggest jumping croc in the NT. | **PG** +GRAD09-003+ |

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| 12:00 | **Malaysia Kitchen (R)** In today's episode, Alvin shares a unique tea infused rich dish and a Nyonya style stew. Veteran chef, Carol Selva Rajah visits the kitchen to make delicious fried bean curd. | **G** +MKIT01-010+ |

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| 12:30 | **Walking Through History: The Birth Of Industry (R)** Tony Robinson walks through some of Britain's most historic landscapes in search of the richest stories from the country's past. | **PG** +WALK01-002+ |

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| 13:30 | **Billy Connolly's Tracks Across America (R) ’CC’** Billy meets farmer Tom, a veg grower turned organic cannabis producer before heading to California to see elephant seals. Next up it's the deserts of Arizona with a former nuclear missile silo. | +BTAA01-002+ |

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| 14:30 | **The Great Australian Doorstep** Peter and Sheree Everitt explore amazing holiday destinations. | **PG** +GRAD11-008+ |

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| 15:00 | **Creek To Coast (R) ’CC’** Creek to Coast is all things boating, camping, 4WDing, outdoor adventuring and fishing. From bush-bashing to cooking to caravanning to watersports, Creek to Coast has it all. | **G** +7CTC20-008+ |

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| 15:30 | **Weekender ’CC’** Whether it is day tripping to the reef, watching a fiery outback sunset, or brunch at a cool city cafe, Weekender will inspire you to make the most of your precious break. | **G** +WEKN20-007+ |

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| 16:00 | **TBA:**  | ++ |

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| 16:30 | **Honey I Bought The House: Sutton Coldfield (R)** Property series in which first-time buyers are given 15,000 pounds and three weeks to secure a deposit. | **PG** +HBTH02-004+ |

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| 17:30 | **Seven's Horse Racing: Randwick: The Championships, Caulfield Race Day (R) ’CC’ LIVE**Day one of The Championships at Randwick includes the $3 million Doncaster Mile, $2.5 million TJ Smith Stakes and Australian Derby, while Caulfield hosts the Galilee Series Final and Anniversary Vase. | +SHRC20-011+ |

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| 18:00 | **Border Security - Australia's Front Line (R) ’CC’** An Indian family claim to be on holiday but struggle to get their story straight, and a Persian rug holds a dirty secret. Narrated by Grant Bowler. | **PG** +BORD-124+ |

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| 18:30 | **The Yorkshire Vet In Spring (R)** Joining Julian Norton is his partner, fellow vet and former Herriot trainee, Peter Wright together with their dedicated team of staff at his practice, Skeldale Veterinary Centre. | **PG (A,L)**+YORK02-006+ |

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| 19:30 | **The Yorkshire Vet NEW EPISODE**Joining Julian Norton is his partner, fellow vet and former Herriot trainee, Peter Wright together with their dedicated team of staff at his practice, Skeldale Veterinary Centre. | **PG (A,O)**+YORK07-008+ |

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| 20:30 | **Escape To The Country: North Cornwall NEW EPISODE**Ginny Buckley is on a house hunting mission to help a couple find a country home in North Cornwall to retire to. | **G** +ETTC24-041+ |

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| 21:30 | **Escape To The Country: South Wales NEW EPISODE**Today, Jonnie Irwin is house hunting in the South Wales countryside with an itinerant couple who want find a rural retreat close to their growing grandchildren. | **G** +ETTC24-042+ |

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| 22:30 | **Escape To The Country: Wiltshire (R)** Jonnie Irwin goes property hunting with a couple of new grandparents who have a budget of 800,000 pounds to buy a rural home in Wiltshire close to family. | **G** +ETTC23-038+ |

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| 23:30 | **Honey I Bought The House: Sutton Coldfield (R)** Property series in which first-time buyers are given 15,000 pounds and three weeks to secure a deposit. | **PG** +HBTH02-004+ |

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| 00:30 | **Escape To The Country: North Cornwall (R)** Ginny Buckley is on a house hunting mission to help a couple find a country home in North Cornwall to retire to. | **G** +ETTC24-041+ |

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| 01:30 | **The Great Australian Doorstep (R)** Peter and Sheree Everitt explore amazing holiday destinations. | **PG** +GRAD11-008+ |

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| 02:00 | **The Yorkshire Vet (R)** Joining Julian Norton is his partner, fellow vet and former Herriot trainee, Peter Wright together with their dedicated team of staff at his practice, Skeldale Veterinary Centre. | **PG (A,O)**+YORK07-008+ |

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| 03:00 | **Queensland Weekender: Queensland Weekender 2019 Ep: 30 (R) ’CC’** From day tripping to the reef, relaxing at a cool city restaurant, or watching a fiery outback sunset, Queensland Weekender will inspire you to make the most of a weekend in our beautiful State. | **G** +7QWE19-030+ |

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| 03:30 | **Malaysia Kitchen (R)** In today's episode, Alvin shares a unique tea infused rich dish and a Nyonya style stew. Veteran chef, Carol Selva Rajah visits the kitchen to make delicious fried bean curd. | **G** +MKIT01-010+ |

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| 04:00 | **Great Australian Doorstep (R)** Sheree and Jules go rogue in Darwin and hit the Adelaide River in search of the biggest jumping croc in the NT. | **PG** +GRAD09-003+ |

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| 04:30 | **Travel Oz: Tumut & Alice Springs (R) ’CC’** Join Greg Grainger as he explores the most breathtaking scenery, unique cultures and amazing wildlife around Australia. | **PG** +TRAV-019+ |

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| 05:15 | **Travel Oz: Festivals (R) ’CC’** Today, travel to some of Australia's most loved festivals, celebrating the seasons, culture, music and the bizarre. | **PG** +TRAV3-018+ |